Lab on a Chip

DROPLAY: laser writing of functional patterns within biological microdroplet displays†

Chi Long Chan,[a] Guido Bolognesi,[a] Archis Bhandarkar,[b] Mark S. Friddin,[a] Nicholas J. Brooks,[a] John M. Seddon,[a] Robert V. Law,[a] Laura M. C. Barter[a] and Oscar Ces*[a]

In this study, we introduce an optofluidic method for the rapid construction of large-area cell-sized droplet assemblies with user-defined, re-writable, two-dimensional patterns of functional droplets. Light responsive water-in-oil droplets capable of releasing fluorescent dye molecules upon exposure were generated and self-assembled into arrays inside a microfluidic device. This biological architecture was exploited by the scanning laser of a confocal microscope to 'write' user defined patterns of differentiated (fluorescent) droplets in a network of originally undifferentiated (non-fluorescent) droplets. As a result, long lasting images were produced on a droplet fabric with droplets acting as pixels of a biological monitor, which can be erased and re-written on-demand. Regio-specific light-induced droplet differentiation within a large population of droplets provides a new paradigm for the rapid construction of bio-synthetic systems with potential as tissue mimics and biological display materials.

Introduction

Surfactant coated droplets, encapsulating purified biochemical components, have been adopted as cell-sized microreactors capable of mimicking the biological responses of intracellular circuits and showing cell-like self-organised behaviours (*e.g.* oscillations, bistability, *etc.*).[1] Furthermore, surfactant coated droplet assemblies have been extensively used for diagnostic and screening applications (*e.g.* digital PCR,[2] single cell analysis[3] *etc.*), molecular transport studies[4] and synthesis of advanced materials (*e.g.* photonic crystals[5]). By replacing surfactants with lipids, 2D and 3D water-in-oil droplet assemblies have also been used for the manufacturing of tissue-like materials and bio-inspired functional devices.[6–9]

3D aqueous microdroplet networks are typically formed by either i) droplet self-assembly in microfluidic devices or ii) assisted assembly *via* individual droplet manipulation. Spatial confinement and capillary forces can be effectively used to direct the self-assembly of emulsion droplets in well-defined 3D networks within microfluidic devices with accurate control over droplet position and content together with high-throughput performance.[10,11] However, such accurate control has only been demonstrated for droplet assemblies with a limited area (namely, no more than three droplets in

the network width and depth directions).[10] Even though 3D large-area multi-layered droplet networks can be self-assembled within a microfluidic device,[12] at present no method exists for addressing the content of pre-selected subsets of droplets in these self-assembled large-area networks. This currently limits the complexity of the network topology attainable through microfluidics. Higher levels of network complexity can be achieved when the droplet assembly is constructed by placing individual droplets in pre-defined geometrical configurations *via* a printing nozzle,[13] magnetically-driven beads[14] or optical tweezers.[15] Such assembly methods, however, are relatively slow compared to the microfluidic approaches since droplets are handled one at a time and the desired collective functions (*e.g.* biochemical reactions, content release, *etc.*) may begin before the network is fully assembled.[13] Booth *et al.*[16] have recently introduced a clever solution to the latter problem by regulating the activation of the designed functions of a 3D printed droplet network (*e.g.* cell-free protein expression, intra-droplet electrical communication) through an external light trigger.

In this paper, we introduce an alternative route for the formation of 3D surfactant coated droplet networks, that are not based upon droplet interface bilayers, and use an optofluidic approach, which combines the fast generation and high-throughput capabilities afforded by microfluidic fabrication and the high levels of network complexity of the assisted-assembly methods. This new strategy builds upon robust microfluidic approaches[12,17] to produce self-assembled large-area highly packed multi-layered arrays of undifferentiated droplets where the size and contents of each droplet is

[a] *Department of Chemistry, Imperial College London, London, UK.*
E-mail: o.ces@imperial.ac.uk
[b] *Department of Biological Engineering, Massachusetts Institute of Technology, USA*
† Electronic supplementary information (ESI) available. See DOI: 10.1039/c6lc01219a

identical. In our proof-of-concept study, the aqueous droplets contain fluorescent dye molecules caged to a photolabile protecting group, which prevents the molecules from fluorescing. Subsequently, selected groups of droplets can be differentiated into 'specialised' droplets by activating their content upon exposure to light, thereby leading to the production of uncaged dye molecules. As a result, 2D complex shaped patterns of activated (fluorescent) droplets could be written into the droplet fabric by using a steerable laser beam as a 'pen' and the 3D droplet assembly as a microdroplet display – we hence named this technique DROPLAY. The design of our system prevents cross-talk between adjacent droplets leading to biological images with regio-specific lifetimes exceeding 30 minutes. Moreover, we also show that these patterns can be subsequently erased and re-written on-demand. The proposed light responsive mechanism was selected for demonstration purposes and it can be replaced with other mechanisms through the appropriate selection of the undifferentiated droplet contents and the properties of the activating laser beam.

Experimental

The microfluidic platform

CMNB-caged fluorescein, DMSO, Span 80 and hexadecane oil were purchased from Sigma Aldrich and used as supplied. Microdroplets of an aqueous solution of 2.4 mM CMNB-caged fluorescein and 8% v/v DMSO were produced in a hexadecane and 3% w/v Span 80 solution by means of a glass microfluidic device (Dolomite 3200137) with a cross-junction 14 μm in width and 17 μm in depth. The chosen surfactant concentration assured low droplet coalescence rates and thus high droplet network stability. Higher values of concentrations were also tested but they resulted in the formation of opaque surfactant aggregates in the continuous phase which interfered with the laser-writing process. Syringe pumps (Aladdin-2000 WPI) were used to supply the droplet generator chip with the aqueous and oil phases. The flow rates of the dispersed and continuous phases were set to $Q_c = 1$ μL min^{-1} and $Q_d = 3$ μL min^{-1}, respectively. The resulting droplet diameter was 13.5 ± 0.5 μm. After generation, droplets were transferred and stored in a separate homemade microfluidic chip with an observation chamber, which consisted of a long shallow channel 5 cm in length. This device was obtained by sandwiching a laser-cut acrylic film (Weatherall) between a pre-drilled microscope glass slide and a cover slip, joined together by double sided adhesive (3M). The high Young modulus of the glass slides assured that the rectangular cross-section of the microfluidic chamber did not deform under the effect of pressure even for chamber width/depth ratio up to 30. FEP tubing (Dolomite 3200063) was used to connect the syringes and the microfluidic devices. After droplet network formation, the flow in the observation chamber chip was stopped by using two-way microfluidic valves (Upchurch P-732) fitted at the inlet and outlet of the device.

The optical set-ups

Characterisation and optimisation of microfluidic droplet generation were conducted on an inverted microscope (Olympus IX-81) equipped with a 5× 0.15 NA and 10× 0.3 NA objectives and a CCD camera (Q-Imaging Retiga EXi fast). Both fluorescence imaging and laser writing operations were performed on an inverted confocal laser scanning microscope (Zeiss LSM-510) fitted with a 10× 0.3 NA objective and a CCD camera (Zeiss AxioCam HRm). The spatially selective activation of droplet patterns was achieved by using the region and bleaching functions of the confocal microscope (see ESI†). These functions allow the user to draw regions in the objective field of view and to expose these regions to the chosen laser source. In our experiments, a diode laser (30 mW @ λ = 405 nm) was used for activating the droplets whereas an argon laser (30 mW @ λ = 488 nm) was used for exciting the fluorescein dye released in those droplets. To erase the image, the whole display was exposed to the excitation laser at full power. New patterns were subsequently re-written by performing additional passes with the activating laser as described.

Results

Microfluidic generation of droplet assembly and light-induced droplet differentiation

A commercially available microfluidic cross-junction device was used to generate monodisperse aqueous droplets about 1 pL in volume, containing fluorescein bis-(5-carboxymethoxy-2-nitrobenzyl) ether, dipotassium salt (CMNB-caged fluorescein), in a hexadecane solution. The CMNB groups prevent the dye molecules from fluorescing, but upon exposure to a laser beam at the appropriate wavelength, uncaged fluorescein molecules can be produced. Span 80 surfactant was added to the oil phase for stabilising droplets against coalescence. Any other surfactant or lipid molecules, which accomplish the same functions, can potentially be used. After formation, droplets were transferred into a separate downstream observation chamber chip, consisting of a long shallow channel 5 cm in length and 200 μm in depth (Fig. 1a). The density contrast between the two phases caused the droplet sedimentation and accumulation at the bottom wall of the observation channel. As a result, the droplets stacked into multiple layer assemblies, thereby forming 3D droplet networks (Fig. 1a – insets). These networks self-assembled while being simultaneously advected by the oil phase flow in the observation channel. By testing chamber chips with varying widths (i.e. 2 mm, 4 mm and 6 mm), we observed that the droplet self-assembly was not affected by this parameter and the droplet networks always extended over the full width of the channel. After stopping the flow in the observation channel by means of microfluidic valves, the laser beam was used to scan through the network in x and y directions to activate droplets in user-defined regions, as shown schematically in Fig. 1a. The depth of focus of the laser beam was much larger than the channel depth so that all layers of the 3D droplet networks were

Fig. 1 a) Schematic of the working principle of the DROPLAY technique. After generation in a flow focusing junction (FFJ) chip, droplets are transferred to an observation chamber (OC) chip where they self-assemble into highly-packed multiple layer arrays. 2D patterns of light-activated droplets are written on the droplet assembly by scanning a laser beam in the x–y directions. The long depth of field of the laser beam allows for uniform droplet activation throughout the depth of the network. b) Brightfield micrograph of a droplet network before activation. c) Fluorescent micrograph of the same network in panel b after activation. The solid line in panel b) shows the contour of the user-defined region of the droplet network exposed to light. The scale bars are 100 μm.

simultaneously exposed to the activating laser, as exemplified in inset of Fig. 1a. A brightfield micrograph of a 3D droplet network before activation and a fluorescence micrograph after activation are shown in Fig. 1b and c respectively. By directing the laser beam within the region defined by the solid line in Fig. 1b, a 2D pattern of fluorescent droplets, displaying the acronym 'IC', was obtained. It is worth noting that single-layer 2D droplet assemblies could be generated *via* the same approach by using observation chamber chips of 30 μm in depth (data not shown). However, 3D assemblies minimise the empty gaps between adjacent droplets, which occur in 2D architectures due to random packing defects. Therefore, to reduce the area of these inactive ('dark') regions of the display, 3D droplet assemblies were preferred to 2D ones.

Many experimental studies have elucidated how droplet formation in cross-junction devices is governed by many parameters such as the flow rates,[18] interfacial tension,[19] the channel geometry[20] and wettability,[21] as well as the surfactant concentration.[22] By exploring this parameter space, we identified the liquid flow rates and surfactant concentration leading to the formation of stable and highly packed multiple layer droplet assemblies in our microfluidic platform. These networks showed high stability against coalescence and ab-

sence of large empty gaps between neighbouring droplets (see top inset of Fig. 1a). As shown in Fig. 1b and c, the generated multiscale droplet fabric provided a good spatial resolution for the light-written patterns as well as full activation (no gaps) of the selected regions.

Light activation mechanism

The uncaging of CMNB-caged fluorescein was used as the light sensitive mechanism which enabled the differentiation of pre-defined droplet patterns in the networks. A schematic of this reaction is shown in Fig. 2a. Fluorescein is a common fluorescent dye with an excitation wavelength around 488 nm. In the caged form, two CMNB groups (the caging groups) are bonded to the fluorescein molecule to prevent fluorescence emission. Upon exposure to a high intensity light source at wavelengths near 350 nm, the bonds between the two CMNB groups and fluorescein break, releasing the dye molecules and hence allowing emission at the fluorescein excitation wavelength. It is worth mentioning that only a fraction of the uncaged fluorescein, encapsulated in the droplets, reacts upon exposure, the total concentration of the reaction product depending on the activating laser intensity. Fig. 2b shows the droplet differentiation pathways, based on this light-induced fluorescence response mechanism. Initially, all droplets contain the same amount of caged dye (panel 1). By scanning the activating laser beam (405 nm) through the sample, the uncaged dye is produced only within the exposed droplets, remaining confined therein (panel 2). Upon sample illumination at the fluorescein excitation wavelength (488 nm), the activated droplets fluoresce (panel 3) whereas the non-exposed ones do not (panel 2′ and 3′). Both droplet activation and fluorescence imaging were performed in a laser scanning confocal microscope, equipped with two laser sources. The first laser beam (wavelength λ = 405 nm) was used as a laser pen on a droplet display by creating desired patterns through the uncaging of dye molecules. More specifically, the bleaching function of the microscope software allowed the user to direct the activating light beam at fixed power level (*i.e.* 30 mW) on well-defined regions having arbitrary complex shapes. The uncaging of fluorescein dye was hence induced only within the pre-selected regions, the reaction yield increasing with the electromagnetic energy delivered by the activating laser beam. For high-density droplet networks, each droplet effectively acted as a pixel of a fluorescent display by retaining the uncaged dye and producing reasonably stable and long lasting fluorescence image as illustrated in Fig. 1b. As a further level of control, the fluorescence intensity of subsets of activated pixels could also be adjusted by scanning the activating laser over the selected regions several times, thereby increasing the local concentration of released dye. The second laser (wavelength λ = 488 nm) was used for imaging the created patterns by illuminating the entire field of view and exciting the uncaged dye in the activated droplets. The wavelength of this laser source was chosen well above the activation wavelength in order to
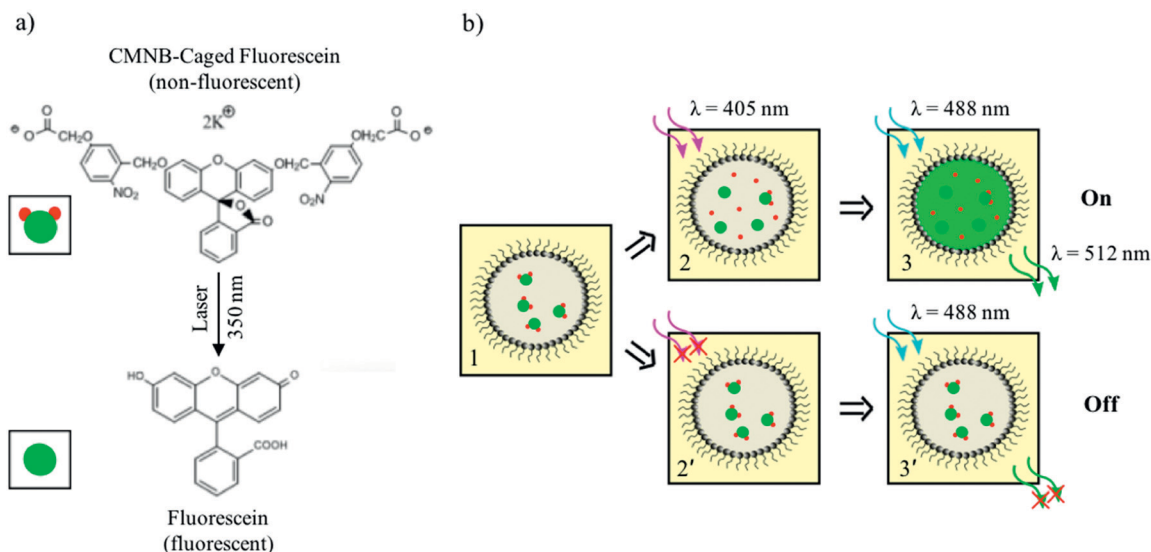
Fig. 2 a) Reaction scheme for uncaging the CMNB-caged fluorescein dye molecule. b) Illustration of the light-induced droplet differentiation pathways. In undifferentiated droplets (1) the fluorescein molecules (green circles) are bound to the CMNB groups (red circles). Exposing the droplets to the activating laser source at 405 nm causes the uncaging of the fluorescein molecules within the droplet (2) which can hence fluoresce (3) upon excitation at 488 nm. Conversely, a non-activated droplet (2′) does not fluoresce when exposed to the excitation laser beam (3′).

prevent accidental removal of CMNB groups during imaging. A power level of 11 mW was used for the excitation beam so that the effects of dye photobleaching were negligible.

Creation of user-defined patterns

Fig. 3 shows some examples of the complex patterns achieved by the DROPLAY technique. The patterns displaying alphabetical letters (Fig. 3a and c) were obtained by selecting the photo-activated regions of interest as a combination of simple geometrical shapes (*e.g.* rectangles, sphere, ellipse, *etc.*). More complex patterns (Fig. 3b) could be achieved by manually drawing the regions of interest through the microscope software. Since the multiscale microdroplet fabric extended seamlessly for few cm across the length and few mm across the width of the observation chamber, several patterns could be created within the same sample. The control over the intensity of the fluorescent signal *via* the regulation of the activating laser exposure is demonstrated in Fig. 3c, where two patterns with the same shape but different intensity levels are displayed. It is worth mentioning that, occasionally, for patterns exposed to the same amount of light-activation energy the resulting fluorescence intensity might be slightly inhomogeneous in space. This might be due to either local defects of the droplet assembly or to unavoidable imperfections in the optical system.

To characterise the kinetics of the activation mechanisms, we analysed the display fluorescence intensity $I(t)$ after multiple exposures to the activating laser beam at fixed intensity. To this end, we define the relative intensity parameter

$$\varepsilon = \frac{I(t) - I(t_0)}{I_{eq} - I(t_0)},$$

where I_{eq} is the fluorescence intensity achieved after completion of the uncaging reaction initiated at time t_0. The parameter ε quantifies the extent of the reaction and increases from zero at the beginning of the reaction to 1 at the end. Fig. 3d shows the average intensity value I against time for an activated region about 100 μm × 100 μm in size (see insets), which was exposed to the activating laser beam at times t = 0, 10, 20 min. The constant average intensity of an un-exposed area of the display is also shown. The fast response of the light-sensitive display is demonstrated by the fact that the uncaged dye release (*i.e.* $\varepsilon > 0$) occurs immediately after laser activation and the parameter ε reaches 50% within a minute and 90% within five minutes from the exposure. In our experiments, no photobleaching of the uncaged dye molecules were observed during sample imaging (data shown in ESI†).

The spatial resolution of the DROPLAY technique was quantified by analysing the fluorescence intensity profile of the activated regions. Fig. 4a shows the intensity profile for a rectangular pattern (see inset), averaged over the longitudinal direction *y*. For droplets sitting at the boundaries of the activated area, only a fraction of their volume was exposed to the activating laser beam. As a result, a lower amount of uncaged fluorescein reacted and the corresponding fluorescent intensity was intermediate between those of fully-activated and non-activated droplets. This resulted in the formation of a transition region in the intensity profile (shaded area in Fig. 4a) whose width Δ is a measure of the spatial resolution of the laser-writing technique. The detailed procedure for the calculation of Δ is discussed in the ESI.† The variation of spatial resolution Δ over time is plotted in Fig. 4b. It is not surprising that the initial value of Δ is very close to the droplet mean diameter (dashed line in Fig. 4b), which ultimately determines the display resolution.

As shown in the insets of Fig. 4b, the overall shape of an activated region was maintained after 30 minutes from the exposure, even though a slight blurring of the pattern edges

Fig. 3 a–c) Examples of activated droplet patterns obtained by the DROPLAY technique. The activated areas of the droplet assemblies were selected with the region function of the confocal microscope software. Alphabetical letters (a and c) were obtained by using a combination of simple geometrical shapes (rectangles, ellipses, *etc.*), whereas complex shaped patterns (b), such as a bat, a volcano and a dragon, were produced by manually drawing these shapes. d) The normalised fluorescence intensity (black) averaged over a square region exposed to the activating laser at time $t = 0$, 10, 20 min together with the average intensity (red) of an un-exposed region. The images of the activated square patterns are shown in the insets. (The scale bars are 100 μm).

Fig. 4 Intensity profile a) of the activated pattern (inset) averaged along the direction y. The width Δ of the transition region (grey area) is a measure of the spatial resolution of the DROPLAY technique. The parameter Δ is approximately equal to the mean droplet diameter (dashed line in panel b) and slightly increases over the time due to the slow leakage of caged fluorescein across adjacent droplets. Scale bar is 50 μm.

(*i.e.* higher values of Δ) was observed. Occasionally, the parameter Δ almost doubled after 30 minutes from activation (see ESI†). Further experiments (see ESI†) suggested that this weak blurring effect might be due to the slow leakage of the uncaged dye across adjacent droplets *via* the continuous oil phase. The leakage is likely mediated by the Span 80 surfactant as also reported in other studies.[4,23] Nevertheless, this slight blurring of the activated regions, observed for our model system on a time scale of tens of minutes, does not affect the validity of the proposed method. If one had to prevent the blurring of the pattern boundaries over prolonged times (*i.e.* hours), the use of additives in the dispersed phase such as sodium chloride, Bovine Serum Albumin (BSA) and sugar[24] would have to be considered.

Erasing and re-writing of user-defined patterns

The ability to erase and re-write an image using the DROPLAY technique is demonstrated in Fig. 5. The droplet display (Fig. 5a) was patterned (Fig. 5b) using the laser as described. At this point all of the droplets in the display were exposed to the excitation laser which served to bleach the dis-

play and erase the pattern (Fig. 5c). By using the maximum available power level of the excitation laser (*i.e.* 30 mW), the erasing process was completed after 10 minutes of continuous exposure. In this configuration, the background signal of the whole display returns to a similar state to when the first laser activation was performed (Fig. 5e). The display 'fall time' (*i.e.* the time required to switch off the activated pixels) could be shortened by using laser sources with higher power. With a homogenous background signal across the display, excess caged dye can be released by additional laser passes and the droplet display is subsequently re-written (Fig. 5d and e). In principle this process can be repeated several times since only a fraction of the caged fluorescein reacts upon exposure to the activating laser. This capability in combination with the temporal control of droplet activation adds an additional layer of functionality to the DROPLAY technique, enabling single or multiple patterns to be constructed, modified, enhanced, erased and re-written in predefined time sequences.

Discussion

The use of microfluidic approaches for the formation of self-assembled droplet networks offers several significant

advantages such as accurate control over droplet size and composition, high throughput and fast construction of large droplet assemblies. The appropriate combination of surfactant concentration, channel depth and fluidic flow rates enables the formation of lattices of thousands of droplets in a close packed arrangement on a time scale of few minutes. As a consequence, the microfluidic methods outperform – in terms of fabrication speed – any assembling approach based on individual droplet manipulation. Previously, microfluidic fast assembly of large-area multi-layered droplet lattices came at the expense of a lack of control over droplet positioning and content. However, such control is essential for the formation of assemblies made of two or more droplet populations with distinct properties (*e.g.* composition, function, *etc.*). We overcome this limitation by introducing a light-controlled droplet differentiation step so that complex patterns of activated droplets could be created, erased or re-written in few minutes within droplet assemblies originally consisting of identical droplets. Despite the ease of implementation of our laser-writing technique, in this study the user-defined droplet patterns were restricted to 2D geometries. More sophisticated laser scanning techniques (*e.g.* adaptive optics) could be considered to enable the formation of activated regions with controllable 3D geometries.

Our proof of concept work demonstrates an innovative optofluidic approach for the construction and spatial activation of re-writable centimetre-sized 3D assemblies of micronscale droplets. As the field of bottom-up synthetic biology continues to develop, the construction of biological materials operating across multiple length scales is crucial to unlocking applications ranging from large scale biosensors, display monitors based on biological components, artificial tissues that can sense and respond to their environment and regio-specific delivery systems. To this end, 2D and 3D assemblies of lipid-coated water-in-oil microdroplets have been demonstrated as a promising platform for the construction of prototissues and micro-/nano-devices exhibiting collective functional behaviours. In our model system, Span 80 surfactant was used for the microfluidic emulsification and droplet self-assembly processes but the same results could be achieved by replacing the surfactant with lipids, as demonstrated by previous work from our group[10,11,25] and others.[26,27] In this context, several recent studies have proposed light stimulus as the preferred external trigger to initiate and regulate functions and activities in lipid-based artificial cell systems,[16,28–32] including membrane pore formation and gene expression. Bio-compatibility, efficiency, great flexibility, fast and accurate control over spatial and temporal distributions are some of the key advantages of using light sources as an external trigger for biological and chemical systems. Furthermore, the properties of light (*e.g.* frequency, power, intensity distribution, *etc.*) can be easily tuned in order to trigger the desired response from the examined biochemical systems, which can also be re-addressed at will either to enhance, erase or to re-activate targets of interest.

The emergence of these light-activated approaches in bottom-up synthetic biology demonstrates the huge potential impact that our technique has in the field by enabling the regio-specific light activation of desired responses in bioinspired artificial systems based on large-area droplet assemblies. By carefully selecting the photo-chemical reaction for droplet activation, the differentiation of droplet assemblies into sub-populations with varying concentrations of reaction products could be applied for high-throughput screening of biochemical reaction conditions, for barcoding as well as for highlighting those droplets where the reaction of interest (*e.g.* protein expression) has successfully occurred. Light-induced patterning of large-area droplet fabrics have also significant potential for use in manufacturing of artificial tissues with spatio-temporal control over contents and functions as well as biosensing applications for detection and amplification of biological signals.

Fig. 5 Starting with a blank display (a), multiple patterns of activated droplets could be written (b), erased (c) and re-written (d) by alternating the use of the activating laser for pattern formation and excitation laser for pattern removal *via* photobleaching. The histogram of normalised intensities (e) – averaged over the activated regions – shows that after photobleaching the pixel intensity is reduced almost to its initial value.

Conclusions

In summary, DROPLAY is a novel optofluidic technique for the formation of user-defined, re-writable, light-activated patterns on a large-area multiscale biological display. Complex

shaped patterns of activated droplets can be written, erased and re-written in a spatio-temporally controlled manner onto droplet fabrics with the latter acting as a fluorescent monitor. The proposed method also enables control of the intensity level of the activated areas, which is analogous to the regulation of the pixel shades of grey in a monochromatic LCD monitor. The ease of implementation of our technique, which relies on commercial instrumentation such as a microfluidic droplet generator and a laser scanning confocal microscope, will facilitate the adoption of DROPLAY to a wide range of applications, including large scale biosensors, biological displays and artificial tissues.

Acknowledgements

References

1 H. W. H. van Roekel, B. J. H. M. Rosier, L. H. H. Meijer, P. A. J. Hilbers, A. J. Markvoort, W. T. S. Huck and T. F. A. de Greef, *Chem. Soc. Rev.*, 2015, **44**, 7465–7483.

2 A. C. Hatch, J. S. Fisher, A. R. Tovar, A. T. Hsieh, R. Lin, S. L. Pentoney, D. L. Yang and A. P. Lee, *Lab Chip*, 2011, **11**, 3838.

3 A. R. Abate, K. Ahn, A. C. Rowat, C. Baret, M. Marquez, A. M. Klibanov, A. D. Grif, D. A. Weitz and G. A. L. Aga, *Proc. Natl. Acad. Sci. U. S. A.*, 2010, **107**, 6550.

4 Y. Bai, X. He, D. Liu, S. N. Patil, D. Bratton, A. Huebner, F. Hollfelder, C. Abell and W. T. S. Huck, *Lab Chip*, 2010, **10**, 1281–1285.

5 S. H. Kim, S. J. Jeon, G. R. Yi, C. J. Heo, J. H. Choi and S. M. Yang, *Adv. Mater.*, 2008, **20**, 1649–1655.

6 H. Bayley, B. Cronin, A. Heron, M. A. Holden, W. L. Hwang, R. Syeda, J. Thompson and M. Wallace, *Mol. BioSyst.*, 2008, **4**, 1191–1208.

7 M. A. Holden, D. Needham and H. Bayley, *J. Am. Chem. Soc.*, 2007, **129**, 8650–8655.

8 G. Maglia, A. J. Heron, W. L. Hwang, M. A. Holden, E. Mikhailova, Q. Li, S. Cheley and H. Bayley, *Nat. Nanotechnol.*, 2009, **4**, 437–440.

9 G. Villar, A. J. Heron and H. Bayley, *Nat. Nanotechnol.*, 2011, **6**, 803–808.

10 C. E. Stanley, K. S. Elvira, X. Z. Niu, A. D. Gee, O. Ces, J. B. Edel and A. J. Demello, *Chem. Commun.*, 2010, **46** 1620–1622.

11 Y. Elani, A. J. Demello, X. Niu and O. Ces, *Lab Chip*, 2012, **12**, 3514–3520.

12 L. Shui, E. Stefan Kooij, D. Wijnperlé, A. van den Berg and J. C. T. Eijkel, *Soft Matter*, 2009, **5**, 2708.

13 G. Villar, A. D. Graham and H. Bayley, *Science*, 2013, **340**, 48–52.

14 T. Wauer, H. Gerlach, S. Mantri, J. Hill, H. Bayley and K. T. Sapra, *ACS Nano*, 2014, **8**, 771–779.

15 M. S. Friddin, G. Bolognesi, Y. Elani, N. J. Brooks, R. V. Law, J. M. Seddon, M. A. A. Neil and O. Ces, *Soft Matter*, 2016, **12**, 7731–7734.

16 M. J. Booth, V. R. Schild, A. D. Graham, S. N. Olof and H. Bayley, Light-activated communication in synthetic tissues, *Sci. Adv.*, 2016, **2**, e1600056.

17 J. Wang, M. Jin, T. He, G. Zhou and L. Shui, *Micromachines*, 2015, **6**, 1331–1345.

18 E. K. Tan and L. L. Chan, *Acta Neurol. Scand.*, 2006, **113**, 350–352.

19 T. Cubaud and T. G. Mason, Capillary threads and viscous droplets in square microchannels, *Phys. Fluids*, 2008, **20**, 053302.

20 W. Lee, L. M. Walker and S. L. Anna, *Phys. Fluids*, 2009, **21**, 32103.

21 W. Li, Z. Nie, H. Zhang, C. Paquet, M. Seo, P. Garstecki and E. Kumacheva, *Langmuir*, 2007, **23**, 8010–8014.

22 J.-C. Baret, F. Kleinschmidt, A. El Harrak and A. D. Griffiths, *Langmuir*, 2009, **25**, 6088–6093.

23 P. A. Sandoz, A. J. Chung, W. M. Weaver and D. Di Carlo, *Langmuir*, 2014, **30**, 6637–6643.

24 K. Short, P. Gruner, B. Riechers, B. Semin, J. Lim, A. Johnston and J. C. Baret, Controlling molecular transport in minimal emulsions, *Nat. Commun.*, 2016, DOI: 10.1038/ncomms10392.

25 P. Carreras, R. V. Law, N. Brooks, J. M. Seddon and O. Ces, Microfluidic generation of droplet interface bilayer networks incorporating real-time size sorting in linear and non-linear configurations, *Biomicrofluidics*, 2014, **8**, 054113.

26 S. Thutupalli, S. Herminghaus and R. Seemann, *Soft Matter*, 2010, **10**.

27 P. H. King, G. Jones, H. Morgan, M. R. R. de Planque and K.-P. Zauner, *Lab Chip*, 2014, **14**, 722–729.

28 A. Yavlovich, B. Smith, K. Gupta, R. Blumenthal and A. Puri, *Mol. Membr. Biol.*, 2010, **27**, 364–381.

29 S. Punnamaraju, H. You and A. J. Steckl, *Langmuir*, 2012, **28**, 7657–7664.

30 A. Diguet, M. Yanagisawa, Y. J. Liu, E. Brun, S. Abadie, S. Rudiuk and D. Baigl, *J. Am. Chem. Soc.*, 2012, **134**, 4898–4904.

31 D. Miller, P. J. Booth, J. M. Seddon, R. H. Templer, R. V. Law, R. Woscholski, O. Ces and L. M. C. Barter, *J. R. Soc., Interface*, 2013, **10**, 20130496.

32 S. Ma, T. Ogata, S. Kim, K. Kanie, A. Muramatsu and S. Kurihara, Photo-Responsive Properties of Phospholipid Vesicles Including Azobenzene-Containing Amphiphilic Phosphates, *Trans. Mater. Res. Soc. Jpn.*, 2015, **40**, 153–158.