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2024, 12, 11156Drug-delivery and biological activity in
colorectal cancer of a supramolecular
porous material assembled from heptameric
chromium-copper-adenine entities†Sandra Mena-Gutiérrez, ^{id}^a Ekain Maiza-Razkin, ^a Jon Pascual-Colino, ^{id}^{ab}
Marcos J. Araúzo-Bravo, ^{id}^{cde} Garikoitz Beobide, ^{ab} Oscar Castillo, ^{id}^{*ab}
Ainara Castellanos-Rubio, ^{cfg} Daniela Gerovska, ^{id}^d Antonio Luque ^{id}^{*ab} and
Sonia Pérez-Yáñez ^{id}^{ab}

The therapeutic application of drugs often faces challenges due to non-specific distribution, inadequate dosification and degradation, which limits their efficacy. Two primary strategies are employed to overcome these issues: the use of derivatives of the active substances and incorporation of those into porous materials. The latter, involving materials such as zeolites, metal-organic frameworks (MOFs), and hydrogels, has shown promising results in protecting the active ingredients from degradation and enabling a controlled release. This study focuses on supramolecular metal-organic frameworks (SMOFs), which leverage supra-molecular interactions for enhanced pore size control. $[\text{Cu}_6\text{Cr}(\mu\text{-adeninato-}\kappa\text{N3}:\kappa\text{N9})_6(\mu_3\text{-OH})_6(\mu\text{-OH}_2)_6](\text{SO}_4)_{1.5}\cdot n\text{H}_2\text{O}$ (**Cu6Cr**) was chosen for its flexible porous structure, water-stability, and paramagnetic properties. Magnetic sustentation studies showed that this compound was able to capture several drug molecules: 5-fluorouracil (5-FU), 5-aminosalicylic acid (5-ASA), 4-aminosalicylic acid (4-ASA) and theophylline (THEO). Their release follows a pseudo-first-order kinetics with desorption half-lives ranging from 2.2 to 4.7 hours. In this sense, a novel approach is proposed using bulkier raffinose and cholesterol as pore-blocking molecules. Cholesterol exhibited the best performance as a blocking molecule increasing the desorption half-life up to 8.2 hours. Cytotoxicity and RNA-seq transcriptomic assays carried out on human colorectal cancer cell cultures showed, on one hand, that the **Cu6Cr** porous material exhibits a proliferative effect, probably coming from the over-expression of MIR1248 and SUMO2 genes, and on the other hand, that there is a delay in the emergence of the cytotoxicity of 5-FU as expected for a slower release.

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1. Introduction

The use of drugs to treat diseases remains an area requiring ongoing development and improvement, as their distribution often lacks specificity, which hinders reaching the therapeutic target fully and limits their practical application.¹ Despite demonstrating efficacy in *in vitro* experiments, certain active ingredients may encounter degradation or distribution issues when translated into real treatments.² Two main strategies have been proposed to address this challenge. The first option involves using derivatives of the active substance, which can facilitate its release upon degradation in the body.³ However, this approach is limited due to the unique development required for each active substance, variable chemical conditions within the body, or the involvement of symbiont bacteria. Therefore, an extensively researched second option involves incorporating the active substance into a porous material,⁴ which not only prevents its degradation but also enables a controlled release.

^a Departamento de Química Orgánica e Inorgánica, Facultad de Ciencia y Tecnología, Universidad del País Vasco/Euskal Herriko Unibertsitatea, UPV/EHU, Apartado 644, E-48080 Bilbao, Spain. E-mail: oscar.castillo@ehu.eus, antonio.luque@ehu.eus

^b BCMaterials, Basque Center for Materials, Applications and Nanostructures, UPV/EHU Science Park, E-48940 Leioa, Spain

^c IKERBASQUE, Basque Foundation for Science, E-48011, Bilbao, Spain

^d Computational Biology and Systems Biomedicine Research Group, Biogipuzkoa Health Research Institute, Donostia, Spain

^e Department of Cell Biology and Histology, Faculty of Medicine and Nursing, University of Basque Country (UPV/EHU), Spain

^f Biobizkaia Research Institute, E-480903 Barakaldo, Bizkaia, Spain

^g Departamento de Genética, Antropología Física y Fisiología Animal, UPV-EHU, E-48940 Leioa, Bizkaia, Spain

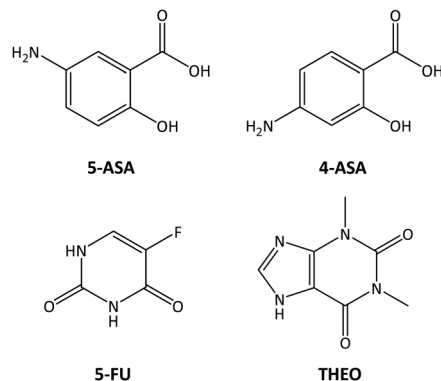
† Electronic supplementary information (ESI) available. See DOI: <https://doi.org/10.1039/d4tb01521e>



Adsorbent materials employed for this purpose include zeolites,^{5,6} MOFs,^{7,8} and hydrogels,⁹ which also have diverse applications beyond drug delivery^{7,10,11} and have been the subject of extensive research over the last few decades. In this study, we focus on SMOFs, a variant of MOFs where supramolecular interactions replace covalent bonds connecting adjacent clusters.¹² The utilization of these materials is increasingly successful due to the regularity and flexibility of their pore size, offering better control over both adsorption and controlled drug release.¹³ SMOFs provide some properties that are not so common for MOFs such as structural flexibility, adaptability to the guest molecules and reversible solubilization/recrystallization under mild conditions. These features can also have an impact in many areas, including photocatalytic production of H₂ as reported by Tian *et al.*¹⁴ Supramolecular interactions also play a key role in creating supramolecular nanovalves by functionalizing the external surface of a particle with linear molecules that are supramolecularly bound to cyclodextrin or cyclodextrin-like molecules as gate keepers.¹⁵ A clear example of the latter is the stimuli-responsive supramolecular delivery systems (SDSS) based on pillararenes for tumor therapy.¹⁶

This paper employs a previously reported material with formula [Cu₆Cr(μ-adeninato-κN3:κN9)₆(μ₃-OH)₆(μ-OH₂)₆](SO₄)_{1.5}·*n*H₂O¹⁷ (**Cu6Cr**) which is a porous, water-stable, and insoluble compound exhibiting paramagnetic behaviour at room temperature due to its metal centers. The room temperature paramagnetism of this compound allows us to quantify drug adsorption and release using a technique also developed by our research group.^{13,18,19} This technique employs a magnetic field to attract the paramagnetic particles to the pole of an electromagnet. The critical magnetic field value, at which the particles are detached from the electromagnet, correlates with the amount of adsorbate within the material. It is worth mentioning that in one of our previous works where we used compounds related to **Cu6Cr**, they showed a significant ability to capture small molecules, including various drugs, and to deliver them, which underscored the potential of these types of compounds.¹³ However, the release of the drug molecules was still too fast for these materials to constitute an efficient drug delivery system. Therefore, this study will provide a new approach to slow down the drug release rates. To illustrate this approach, the drugs shown in Scheme 1 have been selected. 5-ASA is utilized in managing inflammatory bowel diseases such as ulcerative colitis and Crohn's disease.²⁰ 4-ASA is a drug for the treatment of tuberculosis.²¹ 5-FU is an antimetabolite medication primarily employed in the treatment of colorectal cancer.²² THEO is used as a bronchodilator in the treatment of asthma and chronic obstructive pulmonary disease (COPD).²³

Herein, we found that the **Cu6Cr** compound presents good adsorption capacities for these drug molecules but a kinetic release profile that needs to be slowed down to get a more controlled and less abrupt drug delivery. The release kinetics of a specific molecule depends on its shape and size but also on the complex interactions taking place between the molecule and the carrier and between the molecules themselves.^{24,25} Therefore, achieving the desired release kinetics remains a challenge in many cases. Several strategies have been developed to slow



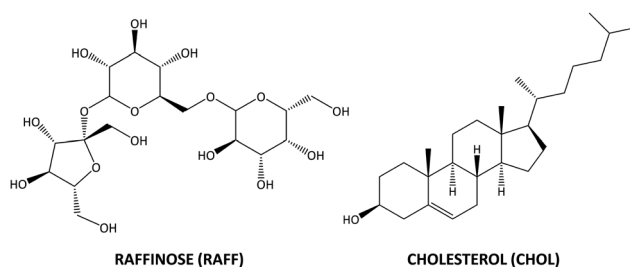
Scheme 1 Drugs used in the adsorption procedures.

down the release kinetics,²⁶ including coating particles with degradable polymers,²⁷ chemically modifying pore openings to create stimuli-sensitive porous cages,²⁸ or using swellable hydrogels.²⁹ Our study employs a novel approach in which a second molecule is employed in addition to the loaded drug molecule to block the particle's external pore aperture and delay the release of the drug, an approach previously employed for other types of molecules.³⁰ The key to the success of this approach is the careful selection of this second molecule, as it needs to be small enough to interact with the particle's external aperture of the pores but big enough to prevent it from getting deep into the pore channels. In addition, it should present a chemical affinity for the surface of the porous material. All in all, raffinose (RAFF), a hydrophilic and soluble compound, and cholesterol (CHOL), a hydrophobic and highly insoluble lipid, are tested for this role of the goalkeeper of the particle's external pore aperture (Scheme 2). Additionally, the biocompatibility of **Cu6Cr** porous material is tested using cytotoxicity and RNA-seq transcriptomics assays carried out on human colorectal cancer cell cultures. It is worth noting that the underlying cellular mechanisms that are behind the effect this class of materials (MOFs and SMOFs) produces on the cells are still rarely explored³¹ and using transcriptomic analysis allows us to monitor the drug effects by interrogating all the genes of the genome.

2. Experimental section

2.1. Chemicals

The following reagents were used for the preparation of the **Cu6Cr** compound: copper(II) sulfate pentahydrate (Sigma-Aldrich, ≥98%), chromium(III) potassium sulfate dodecahydrate



Scheme 2 Molecules used for slowing down the release capacity.





core connected to six outer copper(II) metal centers through μ_3 -hydroxido bridges in a radial and planar arrangement (Fig. 1a).¹⁷ The external copper atoms are connected by water molecules and bidentate μ - $\kappa N3:\kappa N9$ adeninato ligands.^{13,36} In the crystal structure, each heptameric cation is surrounded by four other ones and held together by adeninato-adeninato offset face-to-face π - π stacking interactions (Fig. 1b). The sulphate counterions are anchored to each cationic entity by means of hydrogen bonds involving the water and hydroxido coordination sites as donors (Fig. 1c). This supramolecular assembling leads to a three-dimensional network of interconnected pores (Table S1 and Fig. S2, ESI†) with a total volume of 4509 Å³ which represents *ca.* 50% of the volume of the crystallographic unit cell (Fig. 1d). The walls of these pores are essentially lined by the exocyclic amino group and the non-coordinated N sites of the adeninato ligands together with the oxygen atoms of the sulphate anion. The pores of the as-prepared compound are filled by the crystallization water molecules.

3.2. Drug sorption and delivery capacity

The viability of **Cu6Cr** as a controlled drug delivery system has been tested by incorporating various pharmaceutically active molecules such as the antitumour 5-FU, the antibiotics 4-ASA and 5-ASA, and the bronchodilator THEO. The drug loadings were carried out from an aqueous solution and monitored by a magnetic sustentation technique that enables to monitor in-solution sorption processes.^{13,18} This method allowed the amount of guest molecules incorporated in the cavities of **Cu6Cr** to be determined using its intrinsic room temperature paramagnetism. The procedure is based on the determination of the critical magnetic field (H) required to keep the particles of this material attached to the poles of a magnet, which correlates with the loaded mass percentage. The greater the deviation from the critical magnetic value of the pristine material, the greater the

mass of the trapped guest molecules. Unlike classical quantification methods (¹H-NMR, ultraviolet-visible (UV-vis) spectroscopy or chromatography), this technique enables the *in situ* analysis of sorption values and also tests the adsorption of not completely soluble analytes, as many drugs are, in aqueous media.

The magnetic sustentation method requires a calibration curve for the adsorbent, which usually implies determining the adsorption of the calibration standards by any other technique, ¹H-NMR in this work.

The calibration samples were prepared using three soluble molecules: benzyl alcohol (BnOH), propan-2-ol (i-PrOH), and glucose (GLU) in addition to the data corresponding to the pristine **Cu6Cr**. The procedure consisted of placing 50 mg of **Cu6Cr** and 50 mg of the adsorptive molecules in 2 mL of water (deionized water for the magnetic sustentation measurements and deuterated water for the ¹H-NMR data acquisition) and shaking at a rotatory mixer the resulting mixture for one day at 30 °C. Magnetic sustentation measurements were performed in deionized water to determine the critical magnetic field for the **adsorbate@Cu6Cr** particles. Simultaneously, the amount of loaded adsorbate in terms of mass percentage was calculated from the ¹H-NMR spectra of the initial and final deuterated aqueous solution resulting from the adsorption process. To do this, ¹H-NMR data acquisition was performed with 1 mL of deuterated water and 100 μ L of a 5% solution of *tert*-butanol (*t*-BuOH) (Fig. S4–S6, ESI†) was added as an internal standard. Representing the data of the adsorbed mass percentage against the critical magnetic field, a linear relationship must be observed, as shown in Fig. 2.

After the calibration line was obtained, the loaded mass percentage for the rest of the molecules, drugs included, was calculated from the interpolation of their critical magnetic field value on this line.

The obtained adsorption values for each drug molecule seem to correlate with the size (Fig. S11, ESI†) of their aromatic system. Those containing a single ring have higher adsorption mass percentages (38–45%) under these conditions than THEO (32%), which contains fused hexagonal and pentagonal rings (Scheme 1).

In addition to determining the adsorption capacity of **Cu6Cr** with respect to these drug molecules, desorption kinetic studies were performed for all of them in water at 35 °C (Fig. 3). In this sense, the critical magnetic field was measured every hour during the first 4 h, then measurements were taken every two hours until the tenth hour and finally at 24 and 48 h. After each measurement, the aqueous medium was replaced with fresh deionized water. The time-dependent desorption curves seem to follow a pseudo-first-order kinetic, at least during the first stages of desorption (the first 4 hours). The kinetic constant and the derived desorption half-life for each drug molecule are shown in the insets of Fig. 3. The desorption half-lives range between 2.2 and 4.7 h but no clear correlation with the molecular size is observed in this case.

3.3. Slowing the desorption kinetics

The above-obtained desorption kinetics could be still too fast for some potential applications related to the controlled release

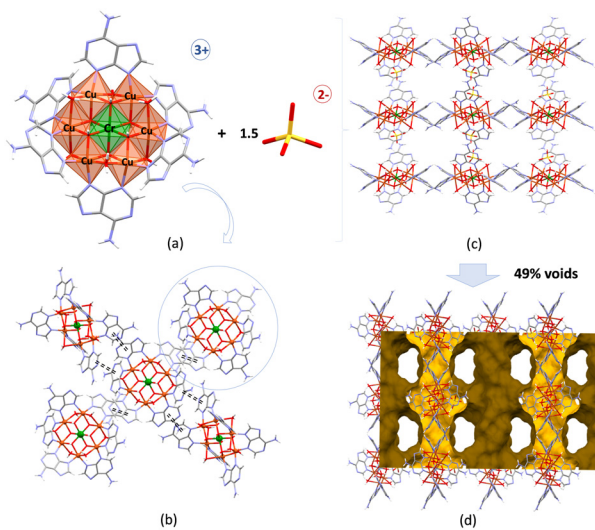


Fig. 1 (a) The structural units of **Cu6Cr**, (b) supramolecular interactions between cationic entities, (c) crystal packing of the **Cu6Cr** compound and (d) schematic representation of the voids in the crystalline building.



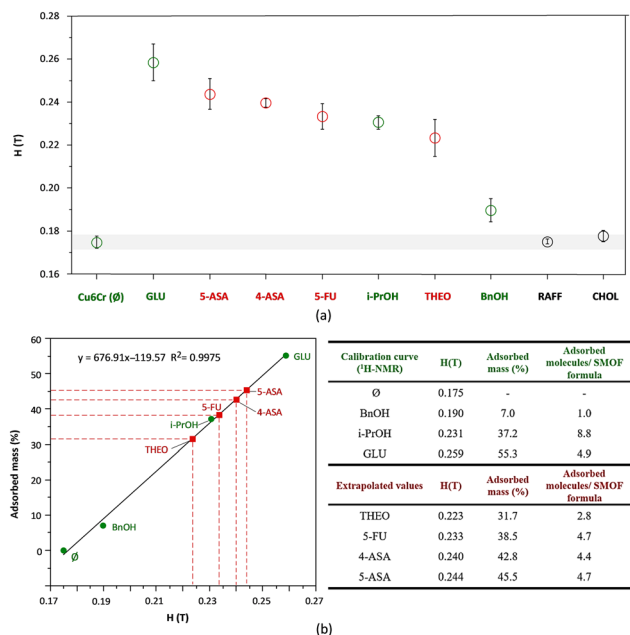


Fig. 2 (a) Critical magnetic field for each sample and (b) linear dependence of adsorbed mass (%) versus critical magnetic field. Calibration curve was obtained by $^1\text{H-NMR}$ spectroscopy for BnOH, i-PrOH, and GLU (green circles). The adsorbed mass values for the selected drug molecules (red squares) were extrapolated from the calibration curve. Ø represents the pristine **Cu6Cr** sample.

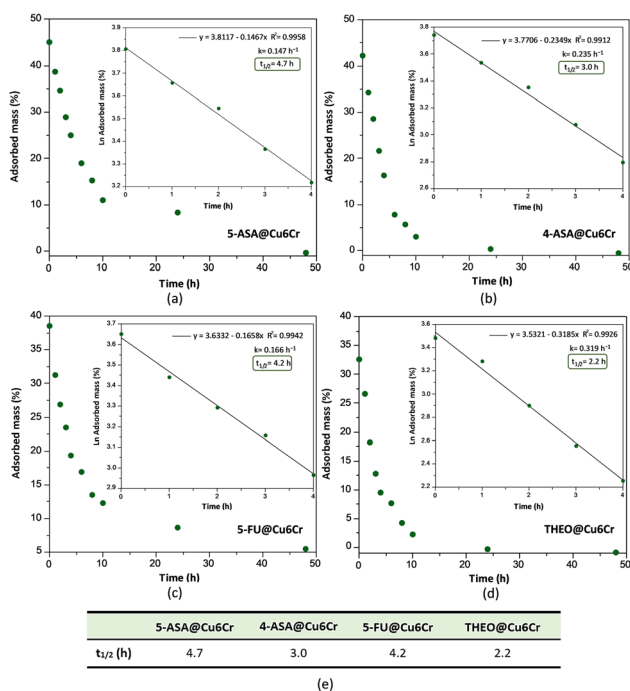


Fig. 3 Kinetic desorption curves in water at 35 °C for (a) **5-ASA@Cu6Cr**, (b) **4-ASA@Cu6Cr**, (c) **5-FU@Cu6Cr** and (d) **THEO@Cu6Cr**. Inset: Fitting to first-order kinetics considering the first 4 h of the desorption process. (e) $t_{1/2}$ values.

of the drug molecules. Therefore, at this point, we started looking for a method that could slow down the intrinsic

desorption rate of these **drug@Cu6Cr** samples. Although there are different strategies that can be used to modify the desorption process, in this work, we aimed to use a new approach that can be described, using an analogy, as “tap in the bottle”. The goal of this approach is to identify molecules that are small enough to interact with the outer particle apertures of the pores, but large enough to prevent their diffusion into the inner particle pore system (Fig. 4). The magnetic sustentation technique is very helpful in this task, because the molecules that are more likely to act as a cap should present a critical magnetic field which is just above the value for the pristine porous material. Of all the possible candidate molecules, those with a biocompatible nature are the most interesting ones. Raffinose (RAFF), a natural trisaccharide, and cholesterol (CHOL) provided the most promising results for this purpose.

These two molecules (with van der Waals dimensions of 440 and 420 Å³ for raffinose and cholesterol, respectively) are relatively large (Fig. S12, ESI†) to diffuse through the pore system of the material (with pore apertures of 4.6 and 6.3 Å of diameter). Therefore, they will only be adsorbed at the near-surface level, which explains the only slight increase in the critical magnetic field. Despite their similarities in size, raffinose and cholesterol differ chemically. Raffinose is a highly hydrophilic molecule that is highly soluble in water, while cholesterol is hydrophobic and relatively insoluble in water. This different chemical nature will probably affect their discharge from the blocked pore entrance where they are stacked. Of all the adsorbed drugs, we have used 5-FU for this study because of its wide use as an antitumour agent. The experimental procedure to accomplish this “tap in a bottle” approach consisted of two stages. In the first stage, the porous matrix was loaded with 5-FU at 30 °C for 24 hours, as previously explained (**5-FU@Cu6Cr**). In the second stage, the supernatant solution was removed, and 2 mL of a 0.04 M aqueous solution of raffinose or 2 mL of a saturated solution of cholesterol were added and stirred for 1 h at 30 °C. The critical magnetic field was measured at the end of both stages not observing any

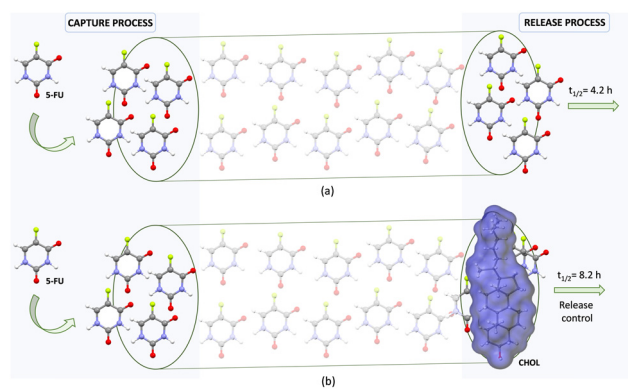


Fig. 4 (a) Schematic representation of the capture and release processes without a capping molecule and (b) using cholesterol as a release controller of the “tap in a bottle” approach.



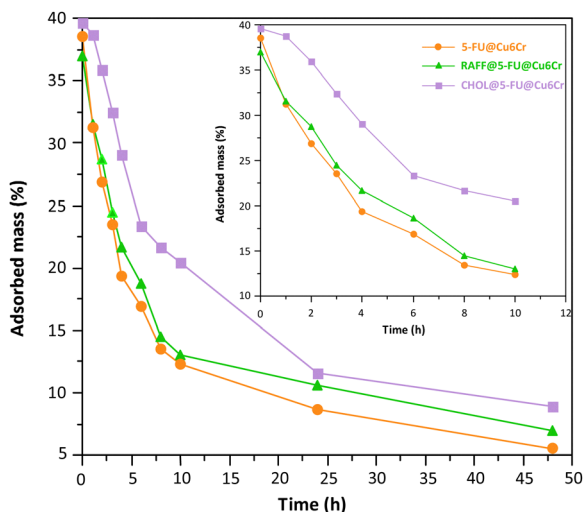


Fig. 5 Desorption isotherms in aqueous solution of the samples of 5-FU@Cu6Cr, RAFF@5-FU@Cu6Cr and CHOL@5-FU@Cu6Cr. For the sake of clarity, the inset graphic shows the desorption curves for the initial 10 h.

significant change between both values. The latter indicates that 5-FU has not been released during the second stage.

The desorption kinetics were measured for the resulting samples (RAFF@5-FU@Cu6Cr and CHOL@5-FU@Cu6Cr), observing a delay in the release kinetic (Fig. 5). In the case of the raffinose-blocked sample, the $t_{1/2}$ value slightly increases from 4.2 h to 5.2 h. However, the cholesterol-blocked sample shows a qualitatively different behaviour. There is a 1 h induction time during which there is no significant release of the captured mass. Later, the previously explained pseudo-first order desorption kinetic is followed with a $t_{1/2}$ value of 7.2 h. This behaviour is attributed to the presence of a layer of cholesterol covering the external surface of the particles, because of its hydrophobicity, which would be responsible for the observed induction time. This coating is added to the “tap in a bottle” effect that would be responsible for the observed smaller desorption kinetic constant. Consequently, the time required for the release of half of the 5-FU drug content is the sum of the induction time (1 h) and the desorption kinetic $t_{1/2}$ (7.2 h), a total of 8.2 h (Fig. 6).

3.4. Cytotoxicity and RNA-seq transcriptomic analysis

The porous substrate can present biological activity by itself and, prior to any drug delivery study on a cell culture, it is necessary to ensure which is the contribution of the substrate. For this purpose, cytotoxicity and transcriptomic (Fig. S13 and S14, ESI†) studies have been carried out on cultured cells exposed to the porous substrate (2 $\mu\text{g}/100 \mu\text{L}$). Interestingly, the porous substrate shows a positive proliferative effect on the growth of the human colorectal cancer line HCT116 (ATCC-CCL247), despite the copper and chromium content. A similar proliferative effect has also been reported in the literature for analogous copper(II) only heptameric entities based on the 7-azaindole ligand instead of adenine.³⁷ As this behaviour is very interesting, it was decided to conduct whole genome

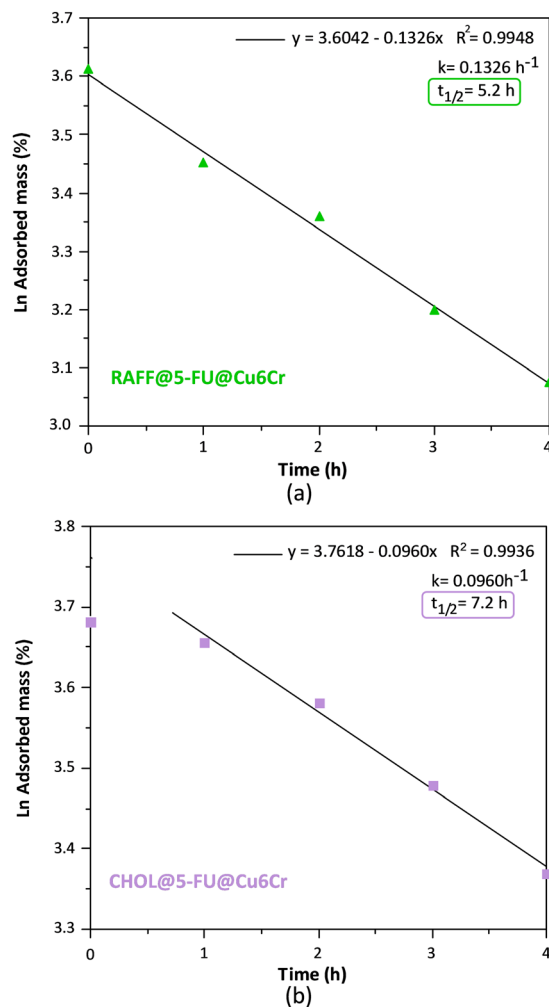


Fig. 6 Plots of the fit to the first-order kinetics considering the first 4 h of the desorption process of the samples (a) RAFF@5-FU@Cu6Cr and (b) CHOL@5-FU@Cu6Cr.

transcriptomic studies. The comparison between the NT (non-treated) cells and the cells cultured in the presence of Cu6Cr does not show major differences (Fig. 7). However, a careful analysis of the more overexpressed genes: MIR1248 (“microRNA 1248”; FC = 3.9; $p = 0.005$) and SUMO2 (“small ubiquitin-like modifier 2”; FC = 3.6; $p = 0.016$) can provide some light on the reason for the greater proliferation rate observed in the Cu6Cr cultured cells. MIR1248 is a member of the microRNAs (miRNAs) which are short (20–24 nt) non-coding RNAs that are involved in the post-transcriptional regulation of gene expression. MIR1248 has been identified as having the potential to be used as a novel therapeutic target for wound healing in diabetes mellitus patients by restoring the wound-healing ability of diabetics human adipose-derived stem cells.³⁸ SUMO2 gene codifies a ubiquitin-like protein that can be covalently attached to proteins as a monomer or as a lysine-linked polymer. This post-translational modification on lysine residues of proteins plays a crucial role in a number of cellular processes such as nuclear transport, DNA replication and repair, mitosis and signal transduction.³⁹ Therefore, both



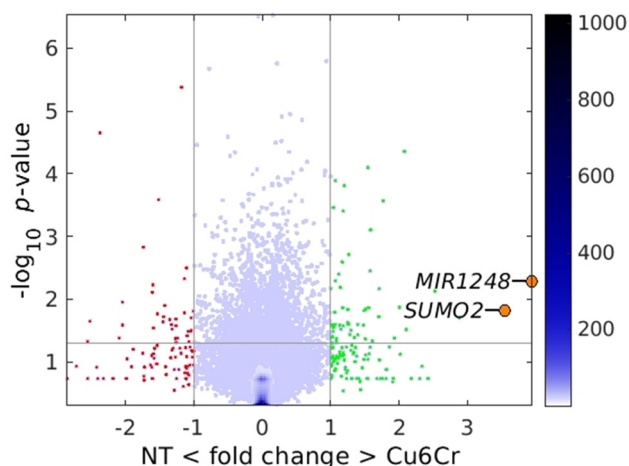


Fig. 7 Pairwise volcano plot for **Cu6Cr** cultured cells vs. the non-treated cultured cells (NT).

overexpressed genes can have a role in the observed increased proliferation rate of the colon cancer-human cells.

Finally, we conducted a study analysing the effect of the slower release of the cancer treatment drug 5-FU on cell cultivars. Prior to this study, the **5-FU@Cu6Cr**, **RAFF@5-FU@Cu6Cr**, and **CHOL@5-FU@Cu6Cr** samples were purified from any remaining particles of the highly insoluble 5-FU. The room temperature paramagnetism of the SMOF enabled us to purify the sample by using the magnetic sustentation phenomenon to retain the **5-FU@Cu6Cr** particles and remove the excess 5-FU present as diamagnetic particles. Pure samples of **Cu6Cr** and 5-FU were also tested for comparison. Cytotoxicity tests

were conducted on all the aforementioned compounds. The results indicate (Fig. 8) a delay in the appearance of the cytotoxic effect, following the same order observed during desorption kinetic studies. The effect with the cytotoxic 5-FU drug alone is seen at 24 h, with the relative growth lying below the basal cell culture, but if you load it on the porous substrate (**5-FU@Cu6Cr**), this effect is delayed till 72 h. Blocking the external pores with raffinose (**RAFF@5-FU@Cu6Cr**) does not make a great change. The effect is only observable till 72 h, although the decrease in the cell growth with respect to the basal cell culture is not so notorious as with 5-FU alone. Finally, when using cholesterol (**CHOL@5-FU@Cu6Cr**), the cytotoxic effect only becomes evident after 84 h.

4. Conclusions

This work clearly illustrates the capacities of the supramolecular porous materials as drug delivery platforms with controllable release kinetics. Usually, these materials are not mechanically strong enough to withstand the removal of the solvent molecules located inside their pores, but they can be chemically very robust, as in the case of the **Cu6Cr** heptameric compound. This porous material retains its porosity while in water behaving as an efficient adsorbent material. The great amount of drug molecules and the more conventional molecules employed to generate the calibration line for the magnetic sustentation technique is evidence of this fact. Another feature common within the supramolecular porous materials, especially notorious in this material in which the crystal structure is sustained by π -stacking interactions, is their flexible nature. Since a previous work, we already knew that this compound can reversibly transit from a collapsed, non-porous and almost amorphous state when it is removed from the mother liquid to the crystalline, porous, open structure when exposed again to a humidity-saturated atmosphere or immersed in water. However, in this work, it has become clear that this structural flexibility also allows the crystal structure to change upon the incorporation of different molecules, especially the bigger ones, into its pores (as inferred from their powder X-ray diffraction patterns).

This latter feature is extremely interesting because the flexibility of the supramolecular structure also means that this material can also accommodate, to some extent, molecules that are slightly greater than the pore aperture. These molecules are probably going to be trapped at the outer part of the channel system because of the distortion their presence generates on the supramolecular structure and the presence of narrower windows in the pore system that hinders the diffusion of these molecules. All in all, this class of relatively big molecules with chemical affinity towards the porous material can be employed to cap or deter the release of the molecules that have gone deeper into the channel system. The latter can also be understood as a means to slow the delivery of the adsorbate molecules which can be very interesting when translating it to the field of drug delivery systems. Furthermore, the above-detailed features that these bigger/capping molecules should have imply that their adsorbed amount necessarily must be very small.

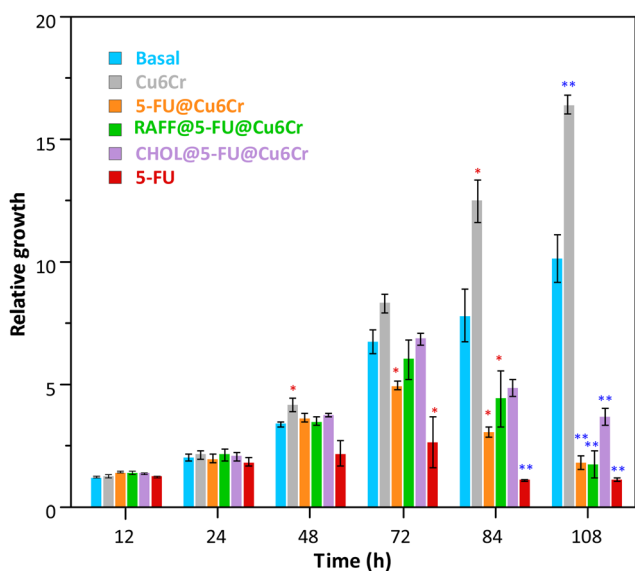


Fig. 8 Relative growth of the HCT116 cells measured with crystal violet at different time points. Cells were grown under basal conditions or after the different compounds were added. Data represent the mean and standard error of at least 4 independent experiments. * $p < 0.05$ (red); ** $p < 0.01$ (blue) calculated by two-tail, paired Student's t test against the basal condition.



Fortunately, the magnetic sustentation technique provides an easy way to detect them: candidate molecules are those whose adsorption amounts are so low that their critical magnetic field is just slightly above the uncertainty range of the neat porous material. In this case, to test this hypothesis and to ensure the biocompatibility of the developed drug delivery system, two biomolecules were selected: raffinose trisaccharide and cholesterol. Raffinose is very soluble in water while cholesterol has a very limited solubility. The best capping molecule, as shown by the 5-FU drug release kinetic studies, is cholesterol that combines a relatively big size and a great tendency to interact with the outer pores of the porous material because of its dislike towards water. It is worth mentioning that the biocompatibility of the so-generated 5-FU drug delivery system does not seem to be negatively affected by the presence of copper and chromium as components of the porous material. Instead of that, a proliferative effect has been observed on HCT116 colon cancer cell line cytotoxicity studies which seems to be corroborated by the overexpression of MIR1248 and SUMO2 genes.

In the near future, we aim to extrapolate this approach of controlling the release of drug molecules by means of external capping molecules for some other flexible supramolecular porous materials but also for more rigid MOF analogues to check the impact the structural flexibility has on the viability of this approach. If these future works corroborate that this new approach for controlling the desorption rate is broadly applicable to different porous materials, drugs and blocking molecules, it could imply a significant breakthrough in the drug delivery technologies.

Author contributions

The manuscript was written through the contributions of all authors that gave approval to the final version. S. M.-G. performed the experiments and with J. P.-C. prepared the manuscript and the supplementary information. E. M.-R. performed and analysed the magnetic sustentation experiments. O. C., A. L., G. B. and S. P.-Y. designed the experiments and contributed to formal analysis. A. C. R., D. G. and M. J. A.-B. performed and analysed the biological assays. O. C. and A. L. contributed to funding acquisition, project administration, supervision, and writing – review and editing.

Data availability

Supporting data associated with this work area are included in the ESI.† The transcriptomic data discussed in this publication have been deposited in NCBI's Gene Expression Omnibus (GEO)⁴⁰ and are accessible through GEO Series accession number GSE271345 (<https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE271345>).

Conflicts of interest

There are no conflicts to declare.

Acknowledgements

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