



# The atmospheric chemistry of indoor environments

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Through air inhalation, dust ingestion and dermal exposure, the indoor environment plays an important role in controlling human chemical exposure. Indoor emissions and chemistry can also have direct impacts on the quality of outdoor air. And so, it is important to have a strong fundamental knowledge of the chemical processes that occur in indoor environments. This review article summarizes our understanding of the indoor chemistry field. Using a molecular perspective, it addresses primarily the new advances that have occurred in the past decade or so and upon developments in our understanding of multiphase partitioning and reactions. A primary goal of the article is to contrast indoor chemistry to that which occurs outdoors, which we know to be a strongly gas-phase, oxidant-driven system in which substantial oxidative aging of gases and aerosol particles occurs. By contrast, indoor environments are dark, gas-phase oxidant concentrations are relatively low, and due to air exchange, only short times are available for reactive processing of gaseous and particle constituents. However, important gas–surface partitioning and reactive multiphase chemistry occur in the large surface reservoirs that prevail in all indoor environments. These interactions not only play a crucial role in controlling the composition of indoor surfaces but also the surrounding gases and aerosol particles, thus affecting human chemical exposure. There are rich research opportunities available if the advanced measurement and modeling tools of the outdoor atmospheric chemistry community continue to be brought indoors.

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### Environmental significance

Humans increasingly spend much of their time indoors and so it is important to understand at a fundamental level the factors that control our chemical exposure in indoor environments. This exposure may arise by breathing airborne particles or by direct uptake of chemicals through the skin. This review article takes an atmospheric chemistry perspective to summarize recent advances in our understanding of the different partitioning and reactive processes that occur indoors, contrasting the behavior with that which occurs outdoors. Particularly important in controlling the chemical state of the indoor environment, and our pollutant exposure, is the chemistry involved in the interplay of molecules moving between surfaces, the gas phase, and particles.

## 1. Introduction

Humans spend most of their time indoors. This is increasingly true as the global population becomes more urban. The built environment is also changing, with rising wealth leading to a higher prevalence of air conditioning and heating. As well, as climate change progresses there is the need to minimize air exchange with the outdoors to make air-handling processes more energy efficient. This may lead to increases in human exposure to the indoor chemical environment.<sup>1</sup> In particular, little is known about how the dynamic multiphase chemistry that occurs indoors affects exposure *via* inhalation of contaminated aerosol particles, or by sorption through the skin or contact with contaminated surfaces.<sup>2</sup>

Needing to understand the factors that determine exposure, the field of indoor chemistry addresses the chemical processes

that occur in the air, aerosol particles, and surface reservoirs of the indoor environments. General research questions include: do gas-phase chemicals infiltrating from outdoors or emitted indoors partition to surfaces or particles, or are they flushed outdoors instead? When transient events occur, what are the timescales for air–particle–surface exchange? And, in which phase do chemical contaminants predominantly reside? Are molecules chemically transformed indoors, *via* oxidative or other mechanisms? What are the reaction products, and to what phase do they partition? What are the roles of humans and building practices in indoor chemistry?

Indoor chemistry can be viewed as a subset of the larger atmospheric chemistry discipline, which has traditionally explored the chemical diversity of different atmospheric environments, starting with the stratosphere and urban regions but now extending to rural, polar, forested and marine settings. However, the mainstream atmospheric chemistry community has traditionally paid much less attention to the chemistry of indoor environments than to outdoor settings, largely leaving

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this domain to the building science and persistent organic pollutant communities.

There is much to be gained if the modeling and measurement techniques used in outdoor environments are brought indoors.<sup>3,4</sup> In particular, although public agencies regulate outdoor air quality, indoor air quality is largely unregulated despite our need to understand all the mechanisms by which we receive our chemical exposure. For example, why do negative health outcomes correlate with the particulate mass loading of outdoor air whereas we do most of our breathing indoors? What is the connection to indoor air exposure?<sup>5,6</sup> Do indoor aerosol loadings scale with outdoor values, and to what degree is the chemical composition of indoor aerosol particles modulated when they infiltrate from outdoors? Another issue is that there is clear evidence that emissions of chemical consumer products and indoor cooking have a direct impact on outdoor air.<sup>7,8</sup> What chemistry occurs with these compounds before they are transported outdoors? There are many similar issues that the outdoor atmospheric chemistry community with expertise on short-lived and reactive species can help address.

The goal of this article is to assess our understanding of indoor chemistry from an atmospheric chemistry perspective. It is distinguished from past reviews and feature articles on the subject<sup>9-16</sup> by focusing largely on new insights and findings from the past decade or so of research and by presenting a molecular-based perspective. The article starts with a brief introduction to indoor environments and chemical sources, followed by summaries of our current understanding of indoor oxidants and reactive processes in the gas phase. The largest sections of the paper address the many recent studies of multiphase chemistry, defined as the collection of non-reactive partitioning and reactive processes that occur between gases, aerosol particles and surfaces.<sup>17</sup> The article then concludes by contrasting the chemistry of indoor and outdoor environments, and by presenting directions for future research. It is hoped that this article will be useful to atmospheric chemists who are interested in addressing chemistry that occurs indoors. However, the article is also written for scientists and engineers working on the built environment, environmental chemistry, and human exposure to chemical contaminants.

Finally, much of the work in the field of indoor chemistry has been performed in built environments characteristic of the industrially developed world. While many of the processes described in the article will be fundamental to any indoor environment, it is nevertheless important to emphasize that some indoor chemistry of particular importance to industrially developing countries – for example, the chemistry associated with the use of inefficient cookstoves – is not addressed in this article.

## 2. The physical nature of the indoor environment

Despite being highly heterogeneous in function and form, indoor spaces have common features of importance to indoor atmospheric chemistry. To start, the building structure acts as a transport barrier that inhibits flow to and from outdoors. Yet, when the doors and windows are closed, and with no mechanical ventilation system operating, there is nevertheless infiltration of air through leaky walls and windows. In a multi-unit dwelling, there is also air exchange between neighbouring units.<sup>18</sup> The air exchange is driven by pressure gradients across the building, arising from wind or differential heating. A typical residence time for indoor air is on the order of an hour or two, with a lot of variability. For example, in a wide survey of US residences the median air exchange rate has been reported to be  $0.5 \text{ h}^{-1}$ , with a standard deviation of  $0.9 \text{ h}^{-1}$ .<sup>19</sup> As well, there can be different mixing zones within indoor spaces. Rapid mixing may occur intrazonally within one indoor compartment, such as the floor of a multi-level house, but interzonal mixing with the rest of the house may be slower.<sup>20,21</sup> Fig. 1 is an illustration of well-defined mixing rates within three different compartments within a residence, as measured using simultaneous release and fast timescale measurement of multiple tracers (deuterated alkenes) within the house.<sup>20</sup>

A second common feature is the very high surface-area-to-volume ratio ( $S/V$ ) of indoor spaces, on the order of  $3 \text{ m}^{-1}$ .<sup>22</sup> Calculated by considering only macroscopic surface areas, this is a lower limit to the value at the microscopic scale given that surfaces may be porous or rough. As well, building materials, furnishings and paint may have sufficiently low viscosity or high



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Fig. 1 Volumetric flow rates ( $Q$ ) within different spaces (crawl space, living space, attic) during different times and seasons in a house as determined using continuous measurements of conservative tracers, *i.e.* molecules released indoors that were not naturally present and do not react rapidly or partition strongly to surfaces. The long blue arrow indicates a direct transport route from the crawl space to the attic.<sup>20</sup> Reproduced with permission of the publisher from Liu *et al.*, *Indoor Air*, 2018, 28, 572–584.

porosity that molecules can diffuse into them.<sup>23,24</sup> As described in Section 6b, these surface reservoirs drive important non-reactive partitioning processes and reactive chemistry. In particular, many volatile species in outdoor environments instead exhibit semivolatile behavior indoors by partitioning to the surfaces.

Third, indoor photon fluxes are significantly lower than outdoors, especially for ultraviolet light.<sup>25,26</sup> Indeed, the human eye has a remarkable ability to adapt to low light levels. Fig. 2 presents average spectral irradiances from 290 to 750 nm for a number of settings in Toronto in July at roughly 1.5 m height from the floor: (i) after sunset in the middle of a semi-detached townhouse kitchen illuminated with ceiling halogen lights ('kitchen'), (ii) 16:00 in the middle (*i.e.* 3 m away from a window) of a laboratory illuminated with both fluorescent strip lighting and with large (2.9 m<sup>2</sup> each) north-facing windows ('room B'), (iii) 12:00 in a meeting room with large (2.9 m<sup>2</sup> each) south-facing windows at 1 m and 3 m distances from a window ('room A'). As well, the irradiance for outside sunlight is included for comparison. The blackbody spectra from the halogen kitchen lights provide only 0.65 W m<sup>-2</sup> illumination and there is no ultraviolet light, whereas the Sun provides 600 W m<sup>-2</sup> and significant UV. The mid-day spectra in the laboratory and meeting room are superpositions of the light from the fluorescent bulbs and solar radiation that has passed through the windows. These locations are brighter than the kitchen but

their photon fluxes are still much lower than outdoors. In particular, the total irradiance very close to a south-facing window is only 12 W m<sup>-2</sup>, and that value quickly drops to 2.5 W m<sup>-2</sup> two meters further into the room. The light intensity and spectra are strongly dependent on the transmission efficiency of sunlight through the glass, glass cleanliness, time of day, number of windows present, distance from the window, outside cloudiness and types of indoor lights.<sup>25–27</sup>

Fourth, unlike outdoors, indoor temperature and relative humidity are frequently controlled and wet deposition does not occur. Exceptions are in the kitchen during cooking and in bathrooms during showering. Even without heating or cooling systems, the temperature and relative humidity variations indoors are frequently smaller than those outdoors.

Finally, a common feature in all indoor environments is the presence of humans. Not only are our activities, such as cooking and cleaning, important but humans also have direct effects through their emissions and *via* multiphase chemistry that occurs on clothing and skin.<sup>28</sup> These effects can be pronounced in heavily populated settings.<sup>29–32</sup>

### 3. Sources of indoor chemical constituents

Primary chemical sources are those emitted indoors or that infiltrate from outdoors whereas secondary sources arise from





Fig. 2 Irradiance measurements conducted in different indoor settings in Toronto in July, using a Black Comet, Stellar Net Inc. spectral radiometer. Measurements were made in room A 1 m or 3 m away from a south-facing window at noon (light blue and red), in room B 3 m away from a north-facing window at 4 pm (orange), and a kitchen with halogen bulbs after sunset. The spectra show the average irradiances measured with the spectral radiometer facing six different directions (up, down, front, back, left and right). The number in the bracket is the total irradiance between 290 and 750 nm. The sunlight values are the clear-sky outdoor solar irradiance for July in Toronto at noon local time, 300 DU ozone, 0.1 surface albedo (NCAR TUV model, [http://cprm.acom.ucar.edu/Models/TUV/Interactive\\_TUV/](http://cprm.acom.ucar.edu/Models/TUV/Interactive_TUV/)). Note that average irradiance is plotted, not actinic flux.

reactive chemistry occurring indoors. Secondary sources<sup>45</sup> are discussed in Sections 5 and 6c. Examples of some primary sources include emissions from:

- Building materials and furnishings: a wide range of volatile organic compounds (VOCs) including formaldehyde, terpenes, small carboxylic acids, and alcohols from insulation, resins, wood, paint, carpet, upholstery, other furnishings.<sup>33–38</sup>
- Food and cooking: triglycerides, fatty acids, proteinaceous material, terpenes, ethanol.<sup>39–41</sup>
- Cleaning products: terpenes, chlorinated molecules, acetic acid, ammonia.<sup>42–46</sup>
- Humans: ammonia, amino acids, small VOCs such as isoprene and lactic acid, unsaturated oils such as squalene, triglycerides, and fatty acids, personal care products such as siloxanes.<sup>29–31,47–51</sup>
- Microbes: VOCs.<sup>52</sup>
- Consumer products: phthalates and many others, including volatile chemical products (VCPs).<sup>53</sup>
- Combustion activities such as cigarette smoking, gas stoves, candle/incense burning: carbonaceous aerosol with black carbon and organic carbon components, VOCs, reactive nitrogen oxides (NO<sub>x</sub>), nitrous acid (HONO), isocyanic acid (HNCO).<sup>54–56</sup>

As well, species that infiltrate from outdoors include ozone, NO<sub>x</sub>, and numerous aerosol components, such as those in photochemical smog and mineral dust.

Many molecules have multiple sources. Reactive nitrogen oxides such as nitric oxide (NO) and nitrogen dioxide (NO<sub>2</sub>) can have elevated mixing ratios indoors compared to outdoors when a gas stove is in operation.<sup>57–59</sup> However, when there are no indoor combustion sources, the net flow of NO<sub>x</sub> (*i.e.* NO + NO<sub>2</sub>) will be from the polluted outdoor environment.<sup>60</sup> HONO can also be formed from gas stoves, giving mixing ratios of 10's of ppb in some cases.<sup>21,59,61</sup> However, even in the absence of combustion, reactive mechanisms (see Section 6c) can give rise to HONO mixing ratios in residential settings that are typically a few ppb, at least an order of magnitude higher than outside. Similarly, many VOCs have much higher mixing ratios indoors than outdoors, such as the monoterpenes which have multiple sources such as plants, specific foods and fragrances, organic cleaning fluids, tobacco, and cannabis.<sup>62</sup> Indeed, terpene mixing ratios can be very high, with values in the ppb to 10's of ppb range routinely reported.<sup>63,64</sup>

Sources can be either sustained or episodic, as demonstrated recently in a house where human activities demonstrated highly transient signals whereas release from building materials, such as from decaying wood, was more sustained.<sup>38</sup>

## 4. Indoor oxidants

Oxidants react with more chemically reduced molecules in a thermodynamically favorable manner. In the outdoor



atmosphere, the major oxidants – O<sub>3</sub>, OH, NO<sub>3</sub> and Cl – are only present because of the input of energy from the Sun; OH, NO<sub>3</sub> and Cl are radicals whereas O<sub>3</sub> has radical character. In particular, OH and NO<sub>3</sub> are formed in the presence of ozone, but ozone is usually not generated in the dark. With low light levels indoors, the rate of oxidant production in indoor environments is generally much smaller than outdoors.<sup>65</sup>

Ozone is viewed as the major gas-phase oxidant in indoor environments, transported inside after being photochemically generated in the outdoor troposphere.<sup>65–68</sup> Indoor mixing ratios are typically 0.1 to 0.8 of outdoor mixing ratios, with lower values observed in less well-ventilated spaces.<sup>67,69</sup> The fraction of outdoor ambient ozone that makes its way through walls and windows (*i.e.* the penetration factor) is on the order of 0.8.<sup>70</sup> Low indoor mixing ratios (*i.e.* as low as a few ppb) are indicative of efficient reaction with indoor surfaces, and to a lesser degree *via* gas-phase reactions. There is little generation of ozone indoors, aside from localized sources near some photocopying machines and air purifiers.<sup>71–73</sup> Ozone generators are also sold as air purifiers, whose use should be avoided.

The gas-phase OH radical is too short lived to be transported from outdoors. Its major indoor sources are ozonolysis reactions of alkenes, such as terpenes, which can lead to OH formation in the dark.<sup>74–76</sup> OH is generated by the unimolecular decay of excited Criegee intermediates that form from decomposition of primary ozonides.<sup>77</sup> As well, the photolysis of HONO can also occur to form OH, particularly when direct sunlight is present.<sup>78,79</sup> OH concentrations are on the order of 10<sup>5</sup> molecules per cm<sup>3</sup> in most indoor settings,<sup>32,74,80</sup> whereas concentrations of 10<sup>6</sup>–10<sup>7</sup> molecules per cm<sup>3</sup> have been reported *via* photolysis of HONO in sunlit air or *via* the use of cleaning agents close to the inlet of the OH detector.<sup>78,81</sup>

NO<sub>3</sub> is formed by the reaction of NO<sub>2</sub> with ozone.<sup>82</sup> It is an important outdoor oxidant during the night but not during the day because it is readily photolyzed. Indoors, the gas-phase photolytic lifetime of NO<sub>3</sub> will be long (*e.g.* >10<sup>4</sup> s in an art gallery)<sup>32</sup> but low ozone mixing ratios and short residence times can lead to unfavorable formation conditions. Given its high reactivity, its deposition velocity to indoor surfaces is likely very high, at least as large as that of ozone, but has not been measured in genuine indoor settings. The only report of indoor gas-phase NO<sub>3</sub> is from a study where ozone was artificially added to a house, to increase the NO<sub>3</sub> formation rate.<sup>83</sup> As well, there has been a study of the sum of NO<sub>3</sub> and N<sub>2</sub>O<sub>5</sub> in an office.<sup>84</sup>

Hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) and chlorine cleaning agents are used episodically. High mixing ratios of H<sub>2</sub>O<sub>2</sub> and ultraviolet light are employed in some hospitals to remove drug-resistant infectious agents.<sup>85</sup> Similarly, chlorine dioxide (OClO) has been used to disinfect mold-ridden environments, for example houses that were flooded after Hurricane Katrina.<sup>86</sup> These are specialized situations, hopefully without humans present. Moreover, chlorine bleach is a widely used anti-microbial cleaning agent. When used to wash surfaces, the solution releases a large number of chlorinated species to the air,<sup>45,87</sup> including high mixing ratios of HOCl as well as Cl<sub>2</sub>, ClNO<sub>2</sub>, NCl<sub>3</sub>, NH<sub>2</sub>Cl, NHCl<sub>2</sub> and chlorinated organics such as CHCl<sub>3</sub>. With indoor illumination, HOCl and Cl<sub>2</sub> can photolyze into

reactive OH and Cl radicals.<sup>45</sup> There is also the potential for chlorinated gas release with the use of other chlorinated cleaning materials, as in dishwashers.<sup>42,44</sup>

## 5. Gas-phase chemistry

The short air residence time and low oxidant levels limit the degree to which the lifetimes of gas-phase molecules are controlled by gas-phase oxidants. This was recently demonstrated, for example, in an indoor museum setting.<sup>32</sup> To illustrate, a molecule such as nicotine, which reacts with the OH radical at close to the gas-kinetic collision rate constant of  $\approx 10^{-10}$  cm<sup>3</sup> per molecule per s,<sup>88</sup> has a lifetime of over a day if OH is at 10<sup>5</sup> molecules per cm<sup>3</sup>. This is much longer than typical residence times and so only a small fraction will be oxidized before it is mixed outdoors. Similarly, many monoterpenes react with ozone with rate constants of  $\approx 10^{-16}$  cm<sup>3</sup> per molecule per s.<sup>89,90</sup> Indoor ozone mixing ratios can be as low as 5 ppb (10<sup>11</sup> molecules per cm<sup>3</sup>), in which case the lifetimes of these terpenes are also much longer than the air residence time. There are some exceptions to these generalizations. For example, some terpenes react an order of magnitude faster than assumed above.<sup>90</sup> Also, with high HONO or HOCl concentrations, the OH concentrations can rise for short periods to 10<sup>6</sup>–10<sup>7</sup> molecules per cm<sup>3</sup> provided there is enough sunlight present.<sup>45,78</sup> However, the impact on the overall VOC lifetimes is usually constrained by the small volume of indoor air that is sufficiently bright to drive this level of radical production.

Even if gas-phase chemistry does not normally dominate the fate of most VOCs, important gas-phase chemistry nevertheless occurs including substantial radical cycling and organic nitrate formation.<sup>74</sup> As well, secondary organic aerosol (SOA) formation can occur by gas-phase oxidation of a variety of precursors, including monoterpenes,<sup>91–94</sup> unsaturated compounds arising from skin<sup>95,96</sup> and cooking oils,<sup>97–99</sup> and cigarette smoke.<sup>100</sup> For the most part indoor SOA is not the major component of indoor aerosol but its importance rises in special circumstances when ozone levels are high and the air exchange rate is low.<sup>101,102</sup> Episodic events of very high precursor concentrations, such as washing with a terpene-based cleaner or cigarette smoking are also able to promote ultrafine particle formation. In the case of cigarette smoking, new particle formation would occur from the high loading of gas-phase precursors, despite there being a large condensation sink for condensable vapors.<sup>100</sup>

SOA formation is promoted by gas-phase autoxidation mechanisms.<sup>103–105</sup> This mechanism is initiated by organic radical formation, which is then followed by multiple sequential steps of O<sub>2</sub> addition and isomerization to form hydroperoxy functional groups. Autoxidation generally requires low radical oxidant concentrations, as present indoors, so that radical-radical reactions do not terminate the intramolecular isomerization reactions that lead to the formation of highly oxygenated products. As well, NO<sub>x</sub> levels should be low. Highly functionalized products tend to form rapidly, sometimes on the second timescale,<sup>104</sup> after oxidation by OH or ozone.

Gas-phase radical chemistry with NO<sub>3</sub> radicals may also lead to important products. NO<sub>3</sub> addition reactions with terpenes are



a major source of SOA in the outdoor environment,<sup>106</sup> but similar chemistry has not yet been reported indoors. As well, H-atom-abstraction reactions involving NO<sub>3</sub> may be an important indoor source of HNO<sub>3</sub> in addition to the multiphase hydrolysis of N<sub>2</sub>O<sub>5</sub>.<sup>16</sup> In general, the chemistry of NO<sub>3</sub> and N<sub>2</sub>O<sub>5</sub> are coupled through an equilibrium with NO<sub>2</sub>.

Gas-phase photochemistry primarily occurs in directly sunlit volumes, and more slowly with some indoor light sources. Photolysis of O<sub>3</sub> to form O(<sup>1</sup>D) and then OH is unimportant given the lack of ultraviolet light close to 300 nm. Similarly, the low OH concentrations and long photolytic lifetime for NO<sub>2</sub> make photochemical production rates of ozone generally negligible. As mentioned above, some oxidant precursors, such as HONO, H<sub>2</sub>O<sub>2</sub> and formaldehyde (HCHO) may photolyze in specific situations, forming radicals<sup>78,79</sup> at a rate slower than outside and dependent on the spectrum of the indoor light sources.<sup>26,27</sup> The light intensity falls off linearly with distance for strip lighting and as the reciprocal of distance squared for point sources, so the radical production will be highly spatially localized. Finally, Cl<sub>2</sub>, released from bleach washing, is easily photolyzed with indoor light leading to the production of Cl atoms that will efficiently react with most VOCs.<sup>45</sup> Using indoor lights, rapid photolysis of Cl<sub>2</sub> (and perhaps HOCl) of the products of the dark reaction between Cl<sub>2</sub>/HOCl and limonene were shown to produce a high yield of ultrafine particles.<sup>107</sup>

## 6. Multiphase processes

### (a) The nature of indoor surfaces and aerosol particles

Very high indoor surface area-to-volume ratios (typically 3 m<sup>-1</sup>)<sup>22</sup> differentiate indoor from outdoor environments. By comparison, the outdoor planetary boundary layer has *S/V* values of 10<sup>-3</sup> m<sup>-1</sup> to 10<sup>-2</sup> m<sup>-1</sup> for boundary layer heights of 1000 m and 100 m, when considering the ground geometric surface area. Overall, there is much more condensed-phase area and volume available for multiphase chemistry in indoor surfaces whereas partitioning to aerosol particles is more important in an outdoor environment. Collectively, the accessible volumes of the building materials and furnishings, the gas-surface interface, and the organic- and water-rich surface films described below are referred to as *surface reservoirs*, or sometimes simply *surfaces*.

The chemical and physical properties of indoor surfaces are highly heterogeneous. Some building materials are porous, such as wallboard or upholstery, and others are impervious, such as glass or stone. Many building materials, such as paint,<sup>23,24</sup> have sufficiently low viscosity that molecules can diffuse into and out of them over environmentally relevant timescales. To add additional complexity, all building material and furnishings surfaces are coated with chemical constituents that have accumulated either by gas or particle deposition. The presence of such nm-thick films is well documented.<sup>108-110</sup> It is predicted that the growth rate of these organic films is on the order of roughly a few nm per month,<sup>111,112</sup> consistent with experiments conducted by exposing clean substrates to genuine indoor air over a period up to a year long.<sup>110</sup> Chemical analyses of films developing on windows have identified suites of

carboxylic acids, dicarboxylic acids, aromatic acids and alkanes.<sup>109</sup> However, there is likely significantly more chemical complexity present given the numerous indoor sources and that multiphase processing occurs. The chemical complexity in the deposited organic film substrates is probably analogous to that of SOA.

Condensed-phase water molecules are present in surface reservoirs in a variety of forms,<sup>113</sup> with measurements of roughly 10<sup>-6</sup> g cm<sup>-2</sup> present on surfaces in a house.<sup>114</sup> It is well known that water sorbs to the interfaces of typical indoor materials, such as metal oxides (*e.g.* silica) with roughly a couple of monolayers of water present at a relative humidity of 50%. The average thickness grows as the relative humidity increases.<sup>115-117</sup> Other hygroscopic indoor materials also have adsorbed water, such as gypsum (*i.e.* interior of wallboard)<sup>118</sup> and cellulose (*e.g.* in cotton fabrics).<sup>119</sup> Water may also diffuse into organic matrices, such as paint,<sup>120</sup> which will affect their viscosity. The proton activity (*i.e.* pH) of surface reservoir water, either sorbed into weakly polar or hygroscopic surface reservoirs, is not well known. Given the high concentrations of ammonia in indoor environments (10's of ppb or higher)<sup>121</sup> as well as the presence of some alkaline building materials such as concrete, the pH may be considerably higher than outdoor aerosol particles.

Multiphase reactions and partitioning also occur with skin and clothing of humans. Skin oil is reactive, being composed of a wide array of unsaturated compounds, including fatty acids, triglycerides, sterols, and squalene.<sup>122,123</sup> Skin flakes and oil are shed sufficiently rapidly, at the rate of 10's to 100's of mg per hour per human,<sup>124,125</sup> that squalene and cholesterol can be important components of indoor dust.<sup>126</sup> Cholesterol can also arise from meat cooking.<sup>126</sup>

Indoor aerosol particles have their sources either indoors or outdoors. As described in Section 5, SOA can form indoors, mostly *via* ozone oxidation of terpenes and cooking/skin oils. Other indoor particle sources arise *via* combustion processes. A gas stove or burning candle greatly increases the number density of ultrafine particles,<sup>127,128</sup> whereas cooking and smoking lead to the aerosol mass loading being substantially higher.<sup>129,130</sup> Another common source of indoor particles is *via* mechanical processes, such as humans walking or air flow, which leads to the generation and/or resuspension of large particles such as dust, carpet fibres, *etc.*<sup>131,132</sup> In the absence of *in situ* particle production, the major source of indoor particulate matter (PM) is infiltration of outdoor aerosol particles through walls and windows. This leads to PM mass loadings being typically lower than those outdoors.<sup>133</sup> The infiltration factors of outside aerosol particles are size dependent, as are their indoor deposition rates.<sup>134,135</sup>

### (b) Multiphase partitioning

Many studies have been conducted in test chambers filled with a wide range of representative indoor materials. Using substances such as carpet, wallboard, acrylic and glass, they have illustrated the propensity for gas-phase molecules to partition to indoor surface reservoirs.<sup>136-140</sup> The decay to steady state while sorption occurs is monitored after the gas-phase



molecules are injected into a static chamber, or desorption can be studied after exposure ceases. Alternatively, the breakthrough of molecules through a chamber containing indoor surface materials can be monitored. Specific chemical interactions have been highlighted, such as the ability of polar compounds to sorb to wallboard and non-polar compounds to carpet.<sup>137</sup> Recent work has focused, for example, on partitioning of contaminants to clothing.<sup>141</sup> In all of these cases and in the partitioning discussion below, the processes being described occur in the absence of chemical reactions. Multiphase reactions are discussed in Section 6c.

**Partitioning in genuine indoor environments.** There are only a few partitioning studies in genuine indoor spaces. For example, in one project, the sorption and desorption of small VOCs to furnishings in a model room and to residential rooms were demonstrated, after a pulse of the compounds was added.<sup>142,143</sup> Significant surface uptake occurred for species like terpenes and large aromatics. In another study, the decay time back to steady state after elevated levels of HONO were emitted from a residential gas stove into a townhouse were modeled best by accounting for non-reactive partitioning to a surface reservoir.<sup>21</sup> Finally, in a number of homes and daycare centers, tight correlations were demonstrated between gas-phase mixing ratios and concentrations in surface wipes for a wide range of semi-volatile organic contaminants, when scaled by the octanol-air partition coefficient.<sup>2</sup> This finding implies dynamic gas-surface partitioning between the gas and the contaminants in the surface reservoirs.

The temporal responses of gas-phase species to enhanced-ventilation (usually by opening doors and windows) within genuine indoor spaces have also been monitored.<sup>21,144,145</sup> Gas-phase mixing ratios of most gas phase species (*i.e.* VOCs, HONO, NH<sub>3</sub>) drop significantly upon enhanced ventilation because the outdoor air is typically cleaner than that indoors, and the mixing ratios then rebound to their previous steady state values upon closing the doors and windows. The rebound

effect is indicative of a source of these molecules from a labile surface reservoir. An example is shown in Fig. 3 for HONO and HCOOH, whose mixing ratios rapidly rebound with the same time constant after a house no longer experiences enhanced-ventilation. In another example, repeated enhanced-ventilation experiments in a house demonstrated this rebound effect on each experiment.<sup>145</sup> This indicates that the surface reservoirs are large, with much more material sorbed to these reservoirs than in the gas phase.

The environmental significance of this rebound phenomenon is that the positive effects of short-term ventilation to flush out a house or apartment are likely less than anticipated because many gas-phase species rapidly assume their pre-ventilation mixing ratios after the enhanced ventilation ceases. This is illustrated by the third-hand smoke phenomenon,<sup>146–148</sup> where the smell of cigarette smoke lingers long after many full air exchanges. The lingering is due to the large pool of semi-volatile material sorbed to surface reservoirs. Similarly, it is likely that there are residual effects arising from semi-volatile material residing on surfaces after cooking and cleaning.

Other partitioning effects on the indoor environment arise with air conditioning, which typically cycles on and off. For air passing over the cool cooling coils, there can be significant phase change if liquid water is present. This effect has been demonstrated by measurements of the temporal behavior of water-soluble organic gases, such as formic and acetic acid, whose gas-phase mixing ratios decreased when air conditioning cycled on.<sup>149</sup>

**Partitioning timescales.** The diffusion times for molecules through thin surface films are fast, *i.e.* roughly a second for 10 nm-thick films if the diffusion constants are 10<sup>-12</sup> cm<sup>2</sup> s<sup>-1</sup>. The diffusion coefficients for many organic substrates, such as the components of cooking oil, are much larger than this limit.<sup>150</sup> Only highly viscous materials associated with semi-solids will lead to diffusion times longer than a second for a film this thick.<sup>151</sup> It is not known if multiphase oxidative processing can lead to oxygenated films this viscous. Outdoors, such large diffusion constraints only arise at low temperatures or at very low relative humidity, for highly oxygenated molecules.<sup>151</sup> Similarly, the desorption timescale for molecules adsorbed *via* a combination of van der Waals forces or H-bonding are also expected to be quite short for many small, semi-volatile molecules. For example, limonene binds strongly to silica with an adsorption enthalpy of -55 kJ mol<sup>-1</sup>, but the desorption timescale for individual molecules is calculated to nevertheless be on the order of 10's of microseconds.<sup>152</sup>

The diffusion timescales of sorbed molecules deep within a building material may be longer. For example, paint can be formulated to be sufficiently porous to permit air exchange with the interior spaces in the walls and ceilings.<sup>23</sup> The diffusion coefficients for a range of species with C\* saturation concentrations (*i.e.* vapor pressures) of between 10<sup>9</sup> and 10<sup>6</sup> μg m<sup>-3</sup> are between 10<sup>-7</sup> and 10<sup>-8.5</sup> cm<sup>2</sup> s<sup>-1</sup>.<sup>24</sup> Dried paint thickness is on the order of 50 μm.<sup>153</sup> Thus, the diffusion times through a full paint layer are on the order of an hour. This is slower than for thin surface films but still sufficiently rapid that sorbed molecules may respond to changing ventilation conditions.

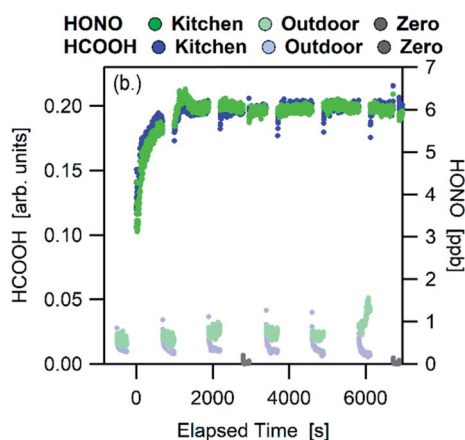


Fig. 3 Rapid response of gas-phase HONO (green points) and HCOOH (blue points) in a house kitchen after enhanced-ventilation ceases at 0 seconds.<sup>21</sup> Reprinted with permission from D. Collins *et al.*, *Environ. Sci. Technol.*, 2018, 52, 12419–12427. Copyright 2018 American Chemical Society.



Mass transfer timescales may be even longer, as with diffusion out of viscous or porous media such as vinyl flooring or concrete.<sup>137,154</sup> Very low volatility compounds, such as the large phthalate plasticizers or PBDE flame retardants,<sup>140,155</sup> will also slowly volatilize. As well, there may be semivolatile species in enclosed spaces within a structure, such as associated with insulation in a wall cavity,<sup>156</sup> that exchange with the larger volume of indoor air on a slower timescale.

**Aerosol partitioning.** In addition to surface reservoirs, aerosol particles are also an important medium into which indoor chemical constituents can partition, although with very much lower total volumes than in the surface reservoirs. For example, for a room with  $10 \mu\text{g m}^{-3}$  aerosol loading and  $S/V = 3 \text{ m}^{-1}$ , surface films 10 nm thick have more than 3 orders of magnitude higher volumes. The effective partitioning volumes of building materials and furnishings are much larger still.<sup>157</sup> Nevertheless, the partitioning of semivolatile molecules from indoor surface reservoirs through the air to the particle is an important human exposure pathway if the particles are inhaled. Given this coupling, it is important to understand the composition of interacting surface reservoirs and aerosol particles.

As an example, some third-hand smoke constituents<sup>146-148,158</sup> that sorb to indoor surfaces are sufficiently volatile that they affect the mass loading and composition of aerosol particles, *via* surface-to-gas-to-particle exchange. The dynamics of this process have been demonstrated in a university building impacted by nearby smokers.<sup>146</sup> It was observed that the organonitrogen component of aerosol particles was much higher indoors than outdoors in the summer but not the winter (see Fig. 4). It was inferred that acid-base interactions between acidic particles and basic third-hand smoke components occur only in deliquesced aqueous particles which are present in the

summer, but not in the winter when particles had effloresced. This partitioning behavior was confirmed in a Teflon chamber whose walls were coated with deposited smoke materials.<sup>158</sup> Partitioning from the walls of organonitrogen molecules to seed particles occurred with liquid ammonium sulfate particles but not with solid particles. As well, it was demonstrated that there is a hydrocarbon-like component of third-hand smoke that participates in surface-to-gas-to-particle partitioning processes.

Aerosol mass spectrometry measurements have also demonstrated the chemical modification of infiltrating aerosol particles, such as the loss of semi-volatile organics and nitrate when aerosol warms upon coming indoors.<sup>159</sup> As well, there is potential for high relative humidity in HVAC systems to change the oxidation state of the particles through aqueous phase chemistry.

**Equilibrium partitioning models.** The importance of equilibrium partitioning of semi-volatile organic compounds between the gas phase, particles and organic films has been modeled in depth.<sup>160</sup> In particular, it was shown that the timescales for partitioning with aerosol particles are far shorter than with surface films, and that the most strongly sorbed compounds can persist for months if their only loss mechanism is *via* air exchange. As well, equilibrium partitioning models of this type do an excellent job at matching to observations of SVOC human exposure, *via* dermal wipe studies. One point that has been made in the literature is the large amount of partitioning that occurs to surfaces, as compared to particles.<sup>157</sup>

To expand on this prior work,<sup>157,160</sup> Fig. 5 presents two dimensional thermodynamic partitioning model predictions. The model assumes simultaneous equilibria between the gas phase and specified volumes of two surface reservoirs, one polar and one weakly polar.<sup>145,161</sup> Non-reactive interactions involving

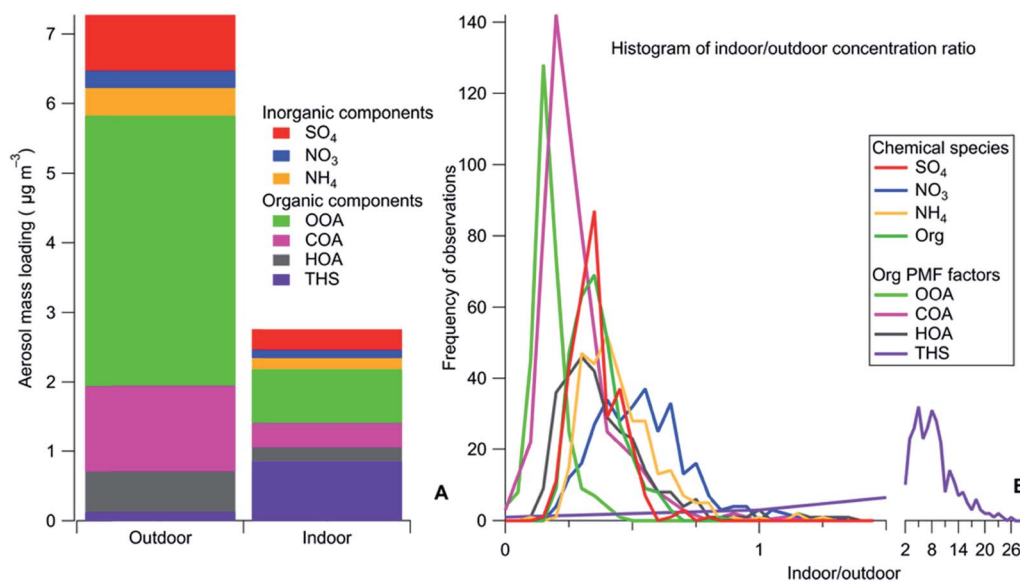


Fig. 4 Mass loadings for different aerosol particle components in a university building impacted by third-hand smoke (THS), which is seen to have much a higher indoor/outdoor ratio than all other components.<sup>146</sup> Reprinted from Decarlo *et al.*, *Sci. Adv.*, 2018, 4, eaap8368. © The Authors, some rights reserved; exclusive licensee American Association for the Advancement of Science. Distributed under a Creative Commons Attribution NonCommercial License 4.0 (CC BY-NC) <http://creativecommons.org/licenses/by-nc/4.0/>.







**Fig. 5** Two-dimensional phase partitioning plots for common atmospheric molecules. Species in the red region reside largely in the gas phase, whereas those in the blue and green regions are predicted to reside in the polar and weakly-polar reservoirs, respectively. The solid boundaries and dotted boundaries represent 50 : 50 and 90 : 10 partitioning, respectively. Acid–base effects are considered in the polar reservoir as they would occur in water. Non-dissociating molecules are indicated by white circles, acids by red circles and bases by blue circles. (a) is for outdoor polluted conditions, with the equivalent of  $100 \mu\text{g m}^{-3}$  of both polar (pH 3) and weakly-polar aerosol mass loading. (b) represents conditions for 50 nm-thick water (*i.e.* polar, assumed pH 7) and organic (*i.e.* weakly polar) films in an indoor space of  $S/V = 3 \text{ m}^{-1}$ . (c) represents conditions for  $100\times$  larger surface reservoir volumes than those in (b), to model partitioning into building materials and furnishings. Chemical names are labeled in (a), with HONO, HNCO, D5, BaP, DBP, DEHP representing nitrous acid, isocyanic acid, decamethylcyclopentasiloxane, benzo[a]pyrene, dibutyl phthalate, and bis(2-ethylhexyl)phthalate, respectively. The physical chemical properties are from literature.<sup>160,162–166</sup> The locations of the acidic and basic chemicals change in (b) and (c) from (a) due to different assumed polar phase pH values. The same model has been applied to understand observations of gas–surface partitioning in a house.<sup>145</sup>

significant H-bonding occur in the polar reservoir. Although the model assumes the polar reservoir is liquid water, these interactions more likely occur in thin water-rich films present on building materials or furnishings, and within the building materials themselves, such as with hydrated wallboard. Acid–base effects are treated as they occur in liquid water. Likewise, the weakly polar reservoir is modeled by liquid octanol, to represent the interactions within the less polar, more organic-rich surface reservoir components. Molecules are placed within the 2D-partitioning space plot based on their octanol–air ( $K_{\text{oa}}$ ) and water–air ( $K_{\text{wa}}$ ) partitioning constants, which indicate whether they are predicted to reside predominantly in the gas phase, or in one of the two surface reservoirs. Despite its simplicity, this model provides a valuable conceptual framework by which to view indoor gas–surface partitioning.

Fig. 5a presents predictions for a wide range of compounds with different physical properties under polluted outdoor conditions with high aerosol mass loading of both polar (pH 3) and weakly-polar aerosol components. Except for the least volatile or most basic species, the compounds reside in the gas phase. By contrast, Fig. 5b assumes partitioning to surface films (50 nm-depth), one organic-rich (*i.e.* weakly polar) and one water-rich (*i.e.* polar, pH 7). Many species that were in the gas phase under outdoor conditions now exhibit semi-volatile behavior close to the boundaries between the gas phase and the surface film reservoirs. Fig. 5c presents results for polar and weakly-polar reservoir volumes 100 times larger, to conceptually illustrate the potential to partition to large effective volumes within the building materials and furnishings. For example, paint layers are about 1000 times thicker than the films assumed in Fig. 5b.<sup>153</sup> This plot illustrates that most chemical constituents in an indoor environment largely partition to the condensed-phase surface reservoirs. Even the monoterpenes lie close to the boundary between the gas-phase and the weakly

polar, organic reservoir. A more accurate model that better characterizes the chemical properties and sizes of the surface reservoirs is needed.

### (c) Multiphase reactions

In addition to thermodynamic partitioning, chemical reactions also occur with constituents of surface reservoirs. These transformations may proceed *via* heterogeneous chemistry with gas-phase oxidants or photochemistry, or involve only condensed-phase species.

For heterogeneous uptake of species X from the gas phase, the uptake is expressed in terms of a deposition velocity ( $v_{\text{D}}$ ) which is the proportionality constant between flux to a surface ( $F_{\text{X}}$ ) and the gas phase concentration of X ( $[X]$ ):<sup>167</sup>

$$F_{\text{X}} = v_{\text{D}} \times [X] \quad (1)$$

The magnitude of the deposition velocity is determined by the efficiency with which molecules can undergo gas-phase mass transfer from the room (*i.e.* beyond the fluid dynamical boundary layer alongside a surface) and by the efficiency of uptake to the surface.<sup>167</sup> The surface uptake efficiency (or uptake coefficient,  $\gamma$ ) is the fraction of collisions with the surface of a gas-phase molecule that leads to loss from the gas phase. In the sections below, the uptake is driven by reactive processes on the surface. However, uptake can also occur *via* non-reactive partitioning, as described above in Section 6b.

When the surface is reactive ( $\gamma$  roughly  $10^{-4}$  or larger), the deposition velocity is independent of the uptake coefficient because mass transfer through the laminar boundary layer adjacent to the surface is rate limiting. This is illustrated in Fig. 6 which expresses calculated values for the ozone deposition velocity to carpet as a function of both the uptake coefficient and the velocity of air at the surface ( $u^*$ ).<sup>167</sup> Conversely,





Fig. 6 Modelled dependence of the deposition velocity on the reaction probability (or reactive uptake coefficient,  $\gamma$ ). The calculations are performed for the uptake of ozone to carpet.<sup>167</sup> Republished with permission of Elsevier Science and Technology Journals, from G. C. Morrison and W. W. Nazaroff, *Atmos. Environ.*, 2002, **36**, 1749–1756; permission conveyed through Copyright Clearance Center, Inc.

when the uptake coefficient is low, the surface chemistry is rate-limiting and  $v_D$  scales linearly with  $\gamma$ .

**Ozone.** Ozone uptake by surfaces is by far the best studied heterogeneous reaction, because ozone deposition velocities are frequently high<sup>168</sup> and there is ample ozone available *via* infiltration from outside. Ozone mixing ratios can be only a few ppb but this does not mean that ozone heterogeneous chemistry is unimportant. Conversely, indoor mixing ratios are low because ozone multiphase reactivity is so high, giving rise to substantial oxidative processing of surface reservoir constituents. For example, multiphase loss represented 67% of the total ozone sink in an art gallery.<sup>32</sup>

Studies of ozone uptake have focussed on a wide range of indoor materials.<sup>168</sup> Known to be reactive are carpet,<sup>169,170</sup> clothing and fabric,<sup>170–172</sup> some green building materials,<sup>173</sup> human hair, cooking oil and skin oil substituents,<sup>174–177</sup> insulation materials,<sup>156</sup> and ventilation filters and ducts.<sup>178–180</sup> A general observation is that carbonyls, especially aldehydes, are formed in high yield as a result of the reactive uptake. This effect is shown in Fig. 7 where it is seen that oxygenated VOCs rise and the ozone concentrations drop by a factor of two when two people enter a test chamber.<sup>175</sup> The emissions of carbonyls occur not only under ambient ozone conditions but also when very high mixing ratios of ozone are used for indoor disinfection,<sup>181</sup> with emissions occurring from some materials (*e.g.* fibreboard) long after the disinfection period is over. Studies of the time-dependent reactivity of select materials yield variable results, with some surfaces becoming gradually less reactive to ozone. For example, duct systems exposed to ambient ozone levels became less reactive over a 10 day exposure period,<sup>178</sup> new carpets are known to be more reactive than old carpets,<sup>182</sup> and some building materials such as ceiling tile and painted drywall also lose reactivity with time.<sup>183</sup> By contrast, kitchen countertops were shown in a multiple home study extending over two years to remain consistently reactive.<sup>182</sup> This is probably because of the constant addition of cooking oils to such surfaces. As well,



Fig. 7 The mixing ratios of ozone and two carbonyls (6-MHO (6-methyl-5-hepten-2-one) and 4-OPA (4-oxopentanal)) when two individuals enter a test chamber at 10:00.<sup>175</sup> Reproduced with permission of the publisher from Wisthaler and Weschler, *Proc. Natl. Acad. Sci. U. S. A.*, 2009, **107**, 6568–6575.

addition of other reactive materials such as skin oils and flakes, essential oils, and cleaning agents may sustain the reactivity of some surfaces. Lastly, work has been done to assess the utility of different materials for engineered, passive removal of ozone.<sup>184</sup>

The ozone deposition velocity is large for two reasons. First, on solid inorganic surfaces such as mineral dust, ozone decomposes to form molecular oxygen.<sup>185</sup> The surfaces deactivate with high ozone exposure, but some degree of the reactivity regenerates with time. This mechanism is the chemical rationale behind commercial products that catalytically remove ozone from indoor air, using ceramic and metal oxide surfaces. More importantly, the electrophilic nature of ozone also makes it reactive with unsaturated carbon–carbon bonds that are present in a wide range of molecules that partition to surface reservoirs, such as the components of skin oil and cooking oils (squalene, unsaturated triglycerides, cholesterol),<sup>175,176,186–190</sup> and terpenoid compounds, especially polar compounds such as terpineol.<sup>191–195</sup>

Olefinic ozonolysis proceeds *via* formation of a primary ozonide (see Fig. 8), formed by the  $\pi$ -electrons in a carbon–carbon double bond covalently bonding with unpaired electron density at the terminal oxygen atoms of an ozone molecule.<sup>196</sup> The primary ozonide then decomposes to form a Criegee biradical intermediate and a carbonyl,<sup>197</sup> which frequently is volatile. Gas-phase Criegee intermediates are formed with considerable internal energy which can lead to OH radical formation,<sup>77</sup> but it is possible that OH does not form in the condensed phase because the Criegee intermediate internal energy will be rapidly dissipated to the surrounding medium. The stabilized Criegee intermediates isomerize to carboxylic



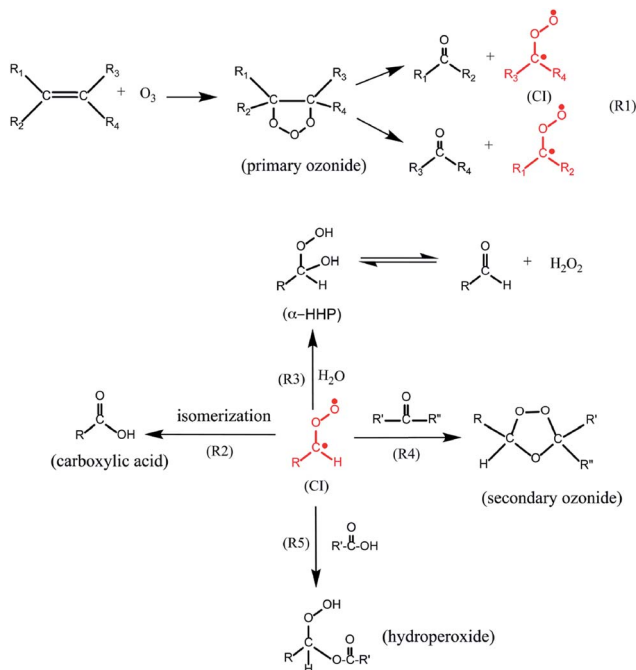


Fig. 8 Reaction mechanism for ozonolysis reactions of olefins.<sup>187</sup> Reprinted with permission from S. Zhou *et al.*, *Environ. Sci. Technol.*, 2016, 50, 11688–11697. Copyright 2016 American Chemical Society.

acids, react with carbonyls to form secondary ozonides,<sup>177,198</sup> and combine with carboxylic acids to form hydroperoxide esters.<sup>199,200</sup> The water content of the surface affects the product distribution because Criegee intermediates can also react with water to form  $\alpha$ -hydroxyhydroperoxides.<sup>200</sup> This will lower the product yields at high relative humidity of secondary ozonides and hydroperoxide esters and increase the formation of volatile carbonyls relative to their yields under dry conditions.<sup>177,201</sup> In the aqueous phase,  $\alpha$ -hydroxyhydroperoxides decompose to carbonyls and hydrogen peroxide,<sup>202</sup> but whether this occurs on surfaces under sub-saturated conditions is not known. Despite affecting the product distributions, enhanced relative humidity has no effect on the loss rate of ozone with unsaturated oils, such as oleic acid, triolein and squalene.<sup>177,187,203</sup> Recently, aspects of this complexity have been added into models of multiphase oxidation processes occurring in the indoor environment, such as the oxidation of unsaturated lipids in skin oil and the formation of associated carbonyls<sup>204</sup> and in soiled clothing.<sup>205</sup>

Ozone also reacts heterogeneously with many other electron-rich substrates, such as condensed-phase polycyclic aromatic hydrocarbons (PAHs) and nicotine.<sup>206–210</sup> These pollutants can arise from incomplete combustion processes, such as candle burning, cooking stove operation, and smoking. Both the PAHs and their oxidation products can be mutagenic and carcinogenic,<sup>90</sup> and they have sufficiently low volatility that they largely partition to indoor surface reservoirs and particles. An important environmental fate in outdoor environments is *via* heterogeneous oxidation with ozone, which proceeds faster for PAHs sorbed to aerosol particles than when those molecules are

in the gas phase.<sup>209</sup> Few studies have targeted PAH multiphase reactivity under indoor conditions, however one recent indoor study demonstrated that ozone heterogeneously functionalizes benzo[a]pyrene (BaP) into epoxides and epoxy diols.<sup>211</sup> The epoxydiol BaP product is highly carcinogenic and known to be formed biochemically in the body's cytochrome P450 enzyme complex. Its environmental consequences when generated by multiphase ozonolysis chemistry have not been evaluated.

The multiphase ozonolysis kinetics of PAHs in organic matrices can only be quantitatively modeled by taking into consideration the effects of phase separation and organic viscosity. For example, the reactivity of BaP in secondary organic aerosol material is enhanced at high relative humidity because the viscosity of the organic matrix is reduced.<sup>210</sup> Also, although BaP is fully soluble in cooking oil, its oxygenated ozonolysis reaction products phase separate from the reactants and cooking oil, forming a more viscous reaction medium.<sup>212</sup> By preventing the BaP from reacting with incoming ozone molecules, residual BaP is left on the surface even though all the BaP would have reacted away had the solution remained well mixed. Such complex interactions need to be fully understood to arrive at a quantitative description of multiphase reactivity on indoor surfaces and aerosol particles.

It is also known through water treatment studies that ozone is reactive with many other classes of compounds, including proteins and amino acids.<sup>213</sup> However, there have not been studies of their heterogeneous reactivity under indoor conditions.

**Nitrogen oxides.** In addition to ozone, the heterogeneous reactivity of  $\text{NO}_2$  can also be high, with deposition velocities reported for a wide range of indoor materials.<sup>168</sup> An important reactive sink for  $\text{NO}_2$  is the water-mediated disproportionation of  $\text{NO}_2$  to form HONO and  $\text{HNO}_3$ .<sup>214</sup> This reaction may be one of the largest secondary sources of HONO in indoor environments, in addition to large primary sources from combustion activities such as the use of natural and propane gas stoves.<sup>21,59,61</sup> The uptake of  $\text{NO}_2$  proceeds on many surfaces, with evidence that the HONO and  $\text{HNO}_3$  products may either reside on the surface or else be liberated to the gas phase, depending on the conditions. The reaction kinetics are complex, usually first order in both  $\text{NO}_2$  and  $\text{H}_2\text{O}$ , but depending on surface and light level.<sup>215</sup> Although likely proceeding for relatively high  $\text{NO}_2$  mixing ratio conditions *via* the  $\text{N}_2\text{O}_4$  intermediate,<sup>214</sup> there is evidence that  $\text{NO}_2$  uptake can also proceed *via* other mechanisms, including either the abstraction of weakly bound H-atoms or electron transfer to form nitrite on electron-rich soot and aromatic surfaces.<sup>216,217</sup> Although HONO is present at high mixing ratios indoors, frequently in the 5 to 10 ppb level or even higher when cooking is occurring,<sup>21,59,218</sup> its heterogeneous reactivity with organic molecules is not well known. For example, one important fate pathway is to react with third-hand smoke constituents, such as nicotine, leading to the formation of carcinogenic condensed-phase nitrosamines.<sup>219</sup>

There have been no studies of the heterogeneous reactivity of  $\text{NO}_3$  radicals which target indoor conditions, although a number of fundamental studies have demonstrated that  $\text{NO}_3$  is a more selective surface oxidant than  $\text{OH}$ .<sup>220–222</sup> For example,



it adds efficiently to carbon–carbon double bonds and it abstracts the hydrogen atom from aldehydic functional groups. Unlike OH, it reacts slowly with saturated compounds, such as alkanes.

**Hydroxyl radical.** By contrast to  $\text{NO}_3$ , the OH radical experiences heterogeneous reactions in an efficient, non-selective manner with most organic molecules,<sup>223</sup> leading to functionalization and eventual fragmentation *via* carbon–carbon bond breakage, *i.e.* high OH exposures can lead to net volatilization of an organic substrate.<sup>224,225</sup> However, it is possible that OH exposures in genuine environments will not lead to net volatilization of indoor organic films, given that the films are always growing and the low OH concentrations.<sup>111</sup>

There has only been one uptake experiment of genuine indoor films that demonstrated oxidative loss of phthalates and carboxylic acids, with OH concentrations two-to-three orders of magnitude larger than those in the indoor environment.<sup>226</sup> Extrapolation to indoor conditions indicated that this process may be an important fate pathway for these condensed-phase molecules on the week-to-month timescale. The heterogeneous uptake of OH was observed to be faster than predicted using standard dry deposition models.<sup>226</sup> A recent modeling study of indoor boundary layer chemistry demonstrated that the flux of short-lived species to a wall surface will indeed be enhanced by chemical generation of those species within the fluid dynamical boundary layer adjacent to the surface.<sup>227</sup>

**HOCl,  $\text{Cl}_2$ , OClO,  $\text{H}_2\text{O}_2$ .** HOCl,  $\text{Cl}_2$ , OClO and  $\text{H}_2\text{O}_2$  are strong oxidants that can be present at very high mixing ratios under specific situations (see Section 4). From both biochemistry and water treatment studies, it is known that HOCl is a highly reactive molecule in aqueous solutions, reacting with carbon–carbon double bonds to form chlorohydrins, with thiols to sometimes form disulfide bonds, and with reduced nitrogen functional groups to form chloramines.<sup>228</sup> In a laboratory in which the floor was washed with chlorine bleach solution, gas-phase HOCl decayed at a rate faster than air exchange, regardless of whether there was light in the room or not.<sup>45</sup> This was presumably due to heterogeneous reactivity of HOCl with a range of molecules present on the laboratory room surfaces. In support, HOCl was shown to heterogeneously react in an efficient manner with components of skin oil, specifically squalene and oleic acid, leading to the formation of high molecular weight chlorine-containing condensed-phase products.<sup>229</sup>  $\text{Cl}_2$  is also a reactive compound which can add to carbon–carbon double bonds to form di-chlorides. For liquid squalene, the reaction is slower than that of HOCl.<sup>229,230</sup> Together, HOCl and  $\text{Cl}_2$  react in the dark with terpenes such as limonene, probably *via* a surface reaction.<sup>107</sup>

Although used at very high mixing ratios in hospitals as a disinfecting agent, there are no studies of  $\text{H}_2\text{O}_2$  heterogeneous reactions motivated by potential indoor chemistry. However,  $\text{H}_2\text{O}_2$  is a well-known oxidant in cloud droplets, reacting with  $\text{SO}_2$  to form sulfate and with aldehydes to form  $\alpha$ -hydroxyhydroperoxides.<sup>231</sup> It is unknown whether such reactions occur with the very high  $\text{H}_2\text{O}_2$  mixing ratios used in the hospital disinfection scenarios. Lastly, the detailed multiphase chemistry of OClO has not been extensively studied.<sup>86</sup>

**Photochemistry.** A large amount of work has been performed on condensed-phase photochemistry,<sup>232</sup> although largely from a perspective of outdoor chemistry. Similar processes undoubtedly occur in indoor environments, albeit much more slowly than outdoors unless the surfaces or particles are in direct sunlight. In this context, the inner surfaces of glass windows are of special importance as a potential site for chemical processing. For example, PAHs, such as perylene, are known to photodegrade when adsorbed onto silica under sunlight conditions.<sup>233</sup> Other surfaces that might experience faster photochemical transformations will be very close to light fixtures, such as the backsplash of an illuminated kitchen side wall.

Photochemical degradation can occur *via* many direct mechanisms. One especially active chromophore is the carbonyl functional group. For example, there was observed to be light-enhanced release of benzaldehyde and other VOCs from a lacquer-coated particle board, probably *via* Norrish type I reactions that involve carbon–carbon bond breakage from photoinitiators such as 1-phenyl-2-hydroxy-2-methyl-propane-1-one.<sup>234</sup> As well, functionalized aromatic compounds absorb in the near UV and visible parts of the spectrum, potentially promoting photochemistry.

There has been a lot of recent research into indirect condensed-phase photochemistry. For example, nitrate photolysis can lead to the formation of condensed-phase OH radicals, as well as the formation of  $\text{NO}_x$  and HONO.<sup>232</sup> As well, reactions can proceed *via* photosensitized processes, such as the photoconversion of a ground singlet state to an excited triplet state of a photosensitizer, such as benzophenone.<sup>235</sup> The triplet state can then undergo a suite of reactions, such as by the oxidation of electron-rich species and by electron transfer. For example,  $\text{NO}_2^-$  (and HONO) forms on surfaces in the presence of good photosensitizers and reducing agents, as are present in many complex organic substrates.<sup>215</sup>

One particularly good photooxidation agent widely present indoors is rutile ( $\text{TiO}_2$ ), a common whitening agent added to paint.<sup>236–240</sup> Under realistic indoor conditions with substrates of white paint on glass in a chamber, there was significant loss of gas-phase  $\text{NO}_2$  under illumination, but only moderate to no effects were observed for the degradation of a variety of VOCs.<sup>239</sup> In another experiment on painted glass surfaces where nitrate had been deposited, common indoor lights sources were shown to photodecompose nitrate into gaseous  $\text{NO}_x$  molecules.<sup>238</sup> As well,  $\text{H}_2\text{O}_2$  and  $\text{O}_3$  experience greater loss with light and higher contents of  $\text{TiO}_2$  in the reaction substrates.<sup>241,242</sup> Finally, there is very complex photochemistry that occurs when oxygenated organics, such as gallic acid or oxalic acid, are mixed with iron-containing substrates.<sup>243,244</sup> Overall, the degree to which such condensed-phase photosensitized reactions proceed indoors is not known, nor which molecules are the most important photosensitizing agents.

**Hydrolysis reactions.** Complex organic reactions occur in surface reservoirs. This was illustrated above by the diverse set of reaction products that arise *via* the Criegee intermediate formed by ozonolysis of olefinic compounds (Fig. 8). Hydrolysis



reactions are another example, where organic esters hydrolyze to form alcohols and acids. This has been demonstrated by the degradation of phthalate plasticizers, such as the release of 2-ethyl-1-hexanol from the hydrolysis of diethylhexylphthalate and *n*-butanol from the hydrolysis of *n*-butylphthalate.<sup>15,245,246</sup> The rates of the hydrolysis depend on the furnishings and building materials, and the relative humidity/water content of the substrate.<sup>247</sup> In particular, ester hydrolysis is faster under basic conditions, as may prevail with concrete substrates. For example, polyvinylchloride floor coverings (PVC) contain phthalate and adipate plasticizers that can hydrolyze to form small alcohols, particularly if the floor materials are laid on a concrete (*i.e.* alkaline) substrate that has not fully dried. Another example of hydrolysis reactions are those that occur with urea formaldehyde resins and glues that are used in many processed wood products, such as particle and fiber boards.<sup>35</sup> These materials steadily release formaldehyde, with the emission rates higher at higher relative humidity.<sup>248</sup>

## 7. Summary

### (a) Contrasting the indoor and outdoor environments

This article has demonstrated that there are significant differences in the chemistry that occurs in indoor and outdoor environments, as outlined below.

**Humans.** One of the major differences is the impact of humans.<sup>28</sup> As Fig. 9 illustrates, our cooking and cleaning practices can lead to transient emissions of specific compounds, such as terpenoids and chlorinated molecules, which superimpose themselves upon more steady emissions from building materials and furnishings. As well, we are active indoors opening and closing windows and doors, and stirring up particles from the ground as we move. Overall, the impacts of humans have been not as well documented as those from the buildings themselves because their transient nature is hard to capture. As well, human skin and soiled clothing are important sinks for ozone and sources of VOCs.<sup>175,176,249</sup> These VOCs can lead to SOA formation.<sup>96</sup> Other recent studies have shown how soiled clothing protects us from gas-phase oxidants but can also enhance dermal exposure to chemical pollutants.<sup>141,205,250,251</sup>

**Residence time, light and oxidant levels.** Also different from outdoors is the short, roughly hour-long residence time of indoor air, and the lower concentrations of gas-phase oxidants and light. This sets a constraint on the extent of photochemical and oxidative aging of gases and aerosol particles that can occur. As a result, the composition of indoor air strongly reflects the profile of the emissions from building materials, furnishings, humans and their activities. This is analogous to how measurements in a dynamically stable outdoor atmosphere, as in a forest or city street canyon during the night or early morning, strongly reflect the local emissions. Likewise, the indoor photochemical conditions are analogous to those that prevail outdoors at dusk or dawn when the solar irradiance is low and there is essentially no ultraviolet light present.

**Surfaces.** Another distinguishing feature is the very large indoor *S/V* ratio, so that substantial surface reservoirs participate in gas-surface partitioning. Outdoors, the gas phase composition frequently drives the composition of the aerosol particles. The tables are turned in the indoor atmosphere, where most chemical constituents reside in the massive surface reservoirs, rather than in the gas phase. Many molecules that exhibit volatile behavior outdoors act in a semi-volatile manner indoors.

Reactive multiphase chemistry occurs in both indoor and outdoor environments. One crucial difference is that this chemistry occurs largely on macroscopic surfaces indoors, such as the many reactions that lead to high deposition velocities for ozone. In the outdoor atmosphere, dry deposition of species like ozone is certainly important but so too is aerosol multiphase chemistry such as  $N_2O_5$  hydrolysis, halogen recycling, and organic aerosol heterogeneous oxidation. Given the short time for aerosol particle-gas interactions, these reactive aerosol processes are of less importance indoors. Conversely, there is a lot of time – up to months or years – for multiphase chemistry to occur in indoor surface reservoirs.

### (b) Future directions

Recent advances have arisen from the application of fast-time-response instrumentation with low detection limits, such as on-line mass spectrometry instruments that sample gases and aerosol particles, and spectroscopic instruments that can monitor reactive intermediates.<sup>3,21,29,32,38,56,105,121,252</sup> It is now possible to study how the indoor environment dynamically responds to transient behavior indoors, as during window or door opening, cleaning, cooking, or changing human occupancy. Research questions include: what is the timescale for the lingering chemical effects of humans after they leave an indoor space, or after cooking stops? How quickly does gas-surface partitioning revert to steady state after a short period of enhanced ventilation? What are the time scales over which third-hand smoke impacts the composition of gases and particles in the air? Can a room be flushed clean of contaminants in a reasonable timescale? Can the formation of highly oxygenated molecules that arise through auto-oxidation be observed in real-time, for example after the lights are turned on



Fig. 9 Humans and indoor activities.



indoors?<sup>205</sup> Overall, we need to better understand how human behavior couples to the indoor environment.<sup>253</sup>

The characterization of the different surface reservoirs and aerosol particles that are present indoors is an exciting challenge. Whereas particle size distributions have been widely reported and analyzed,<sup>254</sup> real-time measurements of indoor particle composition have only recently started. However, online aerosol mass spectrometers are limited in their ability to measure the composition of particles below roughly 100 nm diameter, nor do they have much molecular specificity.<sup>255</sup> New online analytical methods, such as the extractive electrospray source for aerosol mass spectrometry,<sup>256</sup> promise to have major impacts on our understanding of indoor aerosol composition.

Surface reservoirs both in and on building materials and furnishings need to be better characterized. The surface science community has extensively studied the chemical properties of the interfaces of many of these materials (*e.g.* silica, gypsum, stainless steel, granite) but much less is known about less refractory substances such as wood, upholstery components, and insulation materials. To what degree do these materials outgas and sorb gas-phase molecules, and on what timescales? Moreover, it is likely that the interfaces of all these surface materials are not pristine having been chemically aged by gas and particle deposition soon after construction or placement in an indoor environment. The physical and chemical characteristics of the layers of sorbed chemicals need to be understood, in addition to the properties of the underlying materials. It is notable that no real-time measurements of indoor surface composition have been reported in genuine indoor species. This is needed to follow the dynamics of surface composition change and to assess the semi-volatile species that will not be present if indoor surface samples are taken back to the lab for analysis.

There are many fundamental questions to explore, such as the degree to which the chemical aging that arises indoors drives all surfaces to have the same physical and chemical characteristics. In particular, do all surfaces contain an organic film that masks the interface of the underlying building material to some degree? Even though not all surfaces will age at the same rate, some homogenization of the upper layers of surfaces will simplify the multiphase processes that need to be modeled. Modern surface science analytical techniques permit detailed measurements of specific molecules, functional groups, hygroscopicity, morphology, and homogeneity. Particularly promising are techniques such as direct analysis in real-time mass spectrometry<sup>257,258</sup> and atomic force microscopy photo-thermal infrared spectroscopic analysis<sup>259</sup> that provide detailed characterization of surface composition.

With the enormous heterogeneity of indoor spaces, indoor chemistry models have to be tested against measurements in a wide range of environments, to assess the degree to which their predictions are quantitatively accurate and transferable. A modeling consortium has been formed with a hierarchical approach to the development of indoor modeling,<sup>4</sup> an approach that is already providing insights into fundamental interactions of gases with building materials<sup>152,260</sup> and the heterogeneous chemistry that occurs when ozone interacts with within skin

oils and clothing.<sup>204,205</sup> This approach is required because detailed processes at the molecular level can not be directly incorporated into models that capture air motions using computational fluid dynamics. Condensed-phase molecular dynamics models can inform the fundamental chemistry that is incorporated into multilayer numerical models that capture both partitioning and reactive processes. As well, box models with detailed gas-phase oxidation chemistry and photochemistry<sup>74</sup> can develop parameterizations of key processes for inclusion in computational fluid dynamics simulations.

The multiphase modeling community is moving to couple gas-phase models to multi-layer condensed-phase models.<sup>261</sup> As well, predictions of the physical state of condensed-phase substrates will arise. In particular, semi-empirical models arising from the aerosol chemistry community can now predict organic viscosity and the tendency towards inorganic-organic and liquid-liquid phase separation of different chemical mixtures as a function of temperature and relative humidity.<sup>262–265</sup> These modeling methods should be directly transferable to studies of indoor surface films. The information needed to drive these models includes the ratio of condensed-phase inorganic salts to organic materials, and the functional groups present in the organics. Knowledge of the thickness of the organic films is important too, to know whether a bulk description is relevant or whether quantum-level interactions with the interface of the underlying building material need to be described.

Coupled modeling and measurement studies will also be needed to further assess the impacts that indoor environments have on outdoor air quality. A recent study illustrated that volatile consumer products, many of which are used indoors, in Los Angeles now match the ozone-forming potential of traffic-related VOC emissions.<sup>7</sup> Similar effects may arise in highly congested cities with little biogenic VOC input. It is important to determine the extent to which semivolatile compounds in indoor environments are removed before being emitted to the outdoor environment.

Motivated by our need to understand the extent and mechanisms of human contaminant exposure, the future is rich for the continued application of modern techniques in atmospheric chemistry to study the indoor chemical environment. This work will build upon the pioneering studies conducted over many decades within the indoor chemistry and building science communities. The intent of this review has been to show the highly dynamic nature of the field, illustrating many new opportunities for future research.

## Conflicts of interest

There are no conflicts to declare.

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