



**Toward Point-of-Care Diagnostics with Consumer Electronic Devices: The Expanding Role of Nanoparticles**

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# Toward Point-of-Care Diagnostics with Consumer Electronic Devices: The Expanding Role of Nanoparticles

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## Abstract

There is a critical need for point-of-care (POC) diagnostics in health care and a parallel need for similar point-of-need (PON) diagnostics in other sectors. Such technology could have a profoundly positive impact on health, wellness and quality-of-life in both the developed and developing worlds. This very active area of research is converging with another very active area of research—the biomedical applications of nanotechnology—with exciting outcomes. In this review, we describe how nanoparticles facilitate the use of mass-produced consumer electronic devices for POC/PON diagnostic applications. We first highlight the growing need for POC diagnostics; provide a brief overview of clinical tests, biomarkers and lateral flow assays; describe the amenability of consumer electronic devices to POC/PON diagnostics; and summarize the attractive properties of nanoparticle materials in these contexts. Devices of interest include cell phones, smartphones, wearable technology, other CMOS imaging devices, scanners, optical drives/disc players, and strip readers. We continue to describe how nanoparticles can enable and enhance the readout of diagnostic assays with these consumer electronic devices using illustrative examples from the literature. The most utilized nanoparticles include gold nanoparticles, carbon nanoparticles, quantum dots, upconversion nanoparticles, polymer or silica nanoparticle composites with other materials, and viral nanoparticles. Given that assays combining the foregoing nanoparticles with consumer electronic devices have almost exclusively utilized optical readout, we further assess the potential for developing nanoparticle-

32 based electrochemical assays with readout through either a smartphone or personal blood glucose  
33 meter (for non-glucose biomarkers). The review concludes with our perspective on future  
34 research and development in this area, including the role nanoparticles may play in facilitating  
35 the emergence of the smartphone as a leading personal health care device.

36

### 37 **List of Abbreviations**

38	25(OH)D <sub>3</sub>	25-hydroxyvitamin D
39	AChE	Acetylcholinesterase
40	A555	Alexa Fluor 555
41	ASV	Anodic stripping voltammetry
42	ATB <sub>1</sub>	Aflatoxin B <sub>1</sub>
43	Au NP	Gold nanoparticle
44	BRCA1/2	Breast cancer susceptibility gene 1/2
45	BRD	Blu-Ray disc
46	BSA	Bovine serum albumin
47	CAA	Circulating anodic antigen
48	CCD	Charge-coupled device
49	CD	Compact disc
50	CFU	Colony-forming unit
51	CIS	Contact image sensor
52	CMOS	Complementary metal-oxide-semiconductor
53	CRP	C-reactive protein
54	DNA	Deoxyribonucleic acid
55	dpi	Dots per inch
56	DPSS	Diode-pumped solid-state
57	DVD	Digital video disc
58	ELISA	Enzyme-linked immunosorbent assay
59	FDA	U.S. Food and Drug Administration
60	FRET	Fluorescence resonance energy transfer
61	GDP	Gross domestic product
62	hCG	Human chorionic gonadotropin
63	HIV	Human immunodeficiency virus
64	HRP	Horseradish peroxidase
65	ISO	International Standards Organization
66	LAMP	Loop-mediated amplification
67	LED	Light emitting diode
68	LFA	Lateral flow assay
69	LFIA	Lateral flow immunochromatographic assay
70	LFS	Lateral flow strip
71	LOD	Limit of detection
72	LTE	Long-term evolution wireless network
73	NASBA	Nucleic acid sequence-based amplification
74	NESA	Nicking endonuclease signal amplification

75	NIDA	National Institute of Drug Abuse
76	NIR	Near-infrared
77	NP	Nanoparticle
78	ODR	Optical darkness ratio
79	PCR	Polymerase chain reaction
80	Pdot	Polymer dots
81	<i>PfHRP2</i>	<i>Plasmodium falciparum</i> histidine-rich protein 2
82	PIF	Parity inner failures
83	PL	Photoluminescence
84	PMT	Photomultiplier tube
85	POC	Point-of-care
86	PON	Point-of-need
87	PSA	Prostate specific antigen
88	QD	Quantum dot
89	RCA	Rolling circle amplification
90	RCSB	Research Collaboratory for Structural Bioinformatics
91	RGB	Red-green-blue
92	RNA	Ribonucleic acid
93	SMART	Signal mediated amplification of RNA technology
94	SPR	Surface plasmon resonance
95	TCP	3,5,6-trichloropyridinol
96	TMB	3,3',5,5'-tetramethylbenzidine
97	TMPFP	Tetra-meso-fluorophenylporphine
98	UCNP	Upconversion nanoparticle
99	USB	Universal serial bus
100	UV(A)	Ultraviolet (A)
101	VNP	Viral nanoparticle

102

## 103 **1. Introduction**

104

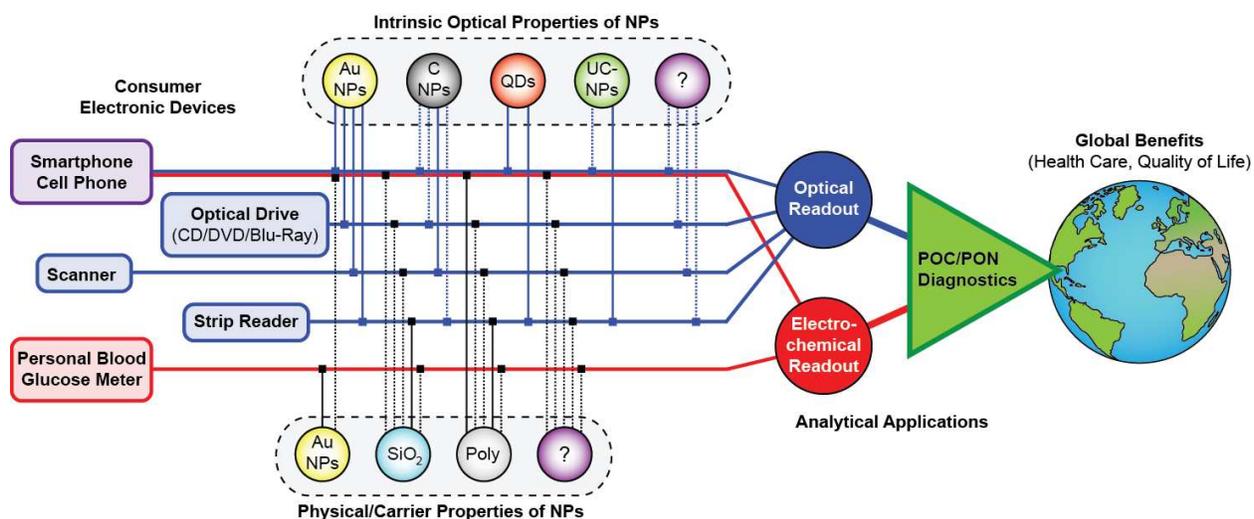
105 Over the past decade, a rapidly growing trend has been the design of portable, low-cost bioassays  
106 that use consumer electronic devices such as smartphones, digital cameras, scanners, and  
107 CD/DVD/Blu-Ray disc players for quantitative readout of results. This trend is a new twist on an  
108 older concept embodied by many strip reader devices, which, although not a consumer product  
109 *per se*, can provide low-cost and portable readout of assays. The overarching objective of this  
110 research is to enable a full range of point-of-care (POC) diagnostic tests that can improve the  
111 efficiency and accessibility of health care globally, and eventually help realize personalized  
112 medicine.<sup>1, 2</sup> The technical strategies used to address POC applications are often transferable  
113 between health care and other sectors that stand to benefit from rapid on-site or field testing; for  
114 example, environment, agriculture/aquaculture, food and water quality assurance, and public

115 safety and security, where such tests tend to be referred to as “point-of-need” (PON). Another  
116 important trend over the past decade has been the application of nanotechnology to problems of  
117 biomedical and analytical importance, where the unique properties of nanoparticles can increase  
118 efficacy of therapies, improve analytical figures of merit in assays, and provide new  
119 opportunities for research and development.<sup>3-13</sup> Not surprisingly, the above trends are converging  
120 with exciting outcomes.

121  
122 The general development and applications of POC/PON devices have been widely reviewed,<sup>14, 15</sup>  
123 including assays for specific classes of analyte (*e.g.*, microbes,<sup>16</sup> cancer biomarkers,<sup>17</sup> toxins<sup>18</sup>),  
124 specific analysis formats (*e.g.*, paper-based assays and devices,<sup>19-23</sup> lateral flow assays,<sup>24</sup> lab-on-  
125 a-chip<sup>25-27</sup> and centrifugal microfluidic devices<sup>25-27</sup>), specific readout devices (*e.g.*, scanners,<sup>28</sup>  
126 CD/DVD<sup>29</sup> and Blu-Ray<sup>30</sup> drives, smartphones<sup>1, 31-33</sup>), and specialized areas of development  
127 (*e.g.*, paper-based assays with nanoparticles,<sup>1, 31-33</sup> immunoassays with nanoparticles,<sup>34</sup> and  
128 microfluidic assays with gold nanoparticles<sup>35</sup>). In this review, we broadly discuss the  
129 convergence of consumer electronic devices with nanoparticle materials for the development of  
130 assays and diagnostics that are amenable to POC/PON settings. Figure 1 is a graphical overview  
131 of the main content. The devices of interest include the aforementioned smartphones, digital  
132 cameras, scanners, CD/DVD and Blu-Ray disc players, as well as strip readers and, to a limited  
133 extent, blood glucose meters. Nanoparticles of interest include gold nanoparticles, quantum dots,  
134 upconversion nanoparticles, silica and polymer nanoparticle composites, viral nanoparticles, and  
135 carbon nanoparticles—all of which lend themselves to optical readout. To address important  
136 concepts that recur throughout our review of the state of the art, we first summarize the need for  
137 POC/PON diagnostics, provide a cursory overview of clinical diagnostic targets and lateral flow  
138 assays, and describe the prospective utility of consumer electronic devices and the opportune  
139 properties of the foregoing nanoparticle materials. We then outline the operating principles of  
140 each consumer electronic device, including new developments in their analytical application, and  
141 review examples of assays and diagnostics that combine nanoparticles with those devices,  
142 highlighting important connections between device or assay capabilities and nanoparticle  
143 properties. The extensive library of nanoparticles that are currently available offers remarkable  
144 choice in selecting materials that can maximize the analytical performance of assays with

145 consumer electronic devices, providing exciting opportunities for current and long-term societal  
 146 impact in the context of POC/PON assays and diagnostics.

147



148

149 **Figure 1.** Graphical representation of the main content of this review, illustrating the convergence of  
 150 consumer electronic devices and nanoparticles for POC/PON diagnostics.

151

## 152 2. Concepts

153

### 154 2.1 The Need for Point-of-Care Diagnostics

155 The aim of POC diagnostic technology is to provide robust, portable, reliable, rapid, inexpensive  
 156 and simple testing of clinical biomarkers and other analytes. Minimization of the size, cost and  
 157 operational complexity of the analysis method and instrumentation is integral to this goal, but  
 158 achieving the best possible analytical figures of merit is not. Rather, it is sufficient to achieve  
 159 figures of merit that satisfy clinically relevant thresholds and ranges of analyte. It should also be  
 160 possible to easily transport and store consumables and devices (if any) at points of care without  
 161 loss of function. Both the U.S. Food and Drug Administration and the World Health  
 162 Organization have recommended criteria for POC diagnostics.<sup>36-38</sup>

163

164 POC diagnostic tests are needed in both developed and developing countries, where the current  
 165 models of health care delivery are unsustainable, albeit for different reasons. In developed  
 166 countries, advanced diagnostic technologies and services are readily available through  
 167 centralized laboratories that can be accessed by the public, typically at the direction of physicians  
 168 or during hospital stays. The demands on these services and their cost are such that the health

169 care expenditures in developed countries are a growing fiscal burden, amounting to 7–9% of the  
170 gross domestic product (GDP) for G7 nations in 2012, with a projected increase to an average of  
171 11% for advanced economies by 2050.<sup>39, 40</sup> Moreover, rural areas and remote areas of developed  
172 countries tend to be underserved compared to urban centres. Travel to urban centres for  
173 medical testing creates extra stress for patients and adds further costs; for example, in 2010-  
174 2011, the northern territory of Nunavut, Canada (pop. 33 000), had more than \$72M in health  
175 care costs that were associated with travel and out-of-territory services.<sup>41</sup> An array of POC  
176 diagnostic technologies that are sufficiently simple, rapid, reliable and economical to be  
177 deployed in a physician's office or in patient's homes would be a tremendous step toward  
178 increasing the efficiency of health care in developed countries.

179  
180 In developing countries, the problem of accessibility to health care is greatly exacerbated, where  
181 large populations may have little or no access to even the basic health services of the developed  
182 world due to financial limitations, a shortage of skilled personnel, and a lack of infrastructure.<sup>36</sup>  
183 The lack of infrastructure is not only with respect to biomedical and clinical equipment, but may  
184 also include running water, refrigeration and electricity. In addition to basic medical tests and  
185 screening for chronic disease, affordable test kits for infectious diseases can be a life-saving  
186 intervention in many developing countries, where millions die every year due to inadequate  
187 diagnosis and these tests could help prevent epidemics from turning into pandemics.<sup>36</sup>  
188 Considering PON testing, rapid and low-cost methods of analysis for food safety and water  
189 quality, counterfeit medicine, and veterinary testing are also needed.<sup>20</sup> Foodborne illnesses are a  
190 direct result of ingestion of food contaminated with pathogens such as *Salmonella*, *E. coli*  
191 *O157:H7*, and cholera, the latter of which affects 3–5 million people and kills more than 100 000  
192 each year.<sup>42</sup> Non-existent protocols for water testing in rural areas also remains a major health  
193 issue associated with diarrheal diseases.<sup>43, 44</sup> Contamination of drinking water supplies with  
194 heavy metals (from industrial and mining production; *e.g.* mercury from gold mining),  
195 agricultural pesticides and fertilizers, sewage, and other wastewater contaminants poses both  
196 short-term and long-term health hazards. An estimated 50% of hospital patients worldwide suffer  
197 from illness associated with contaminated water.<sup>45</sup> PON diagnostic tests for food and water  
198 quality, and for early detection and screening of infectious disease, can improve life expectancy,  
199 shorten recovery times and reduce treatment costs.<sup>36, 46</sup>

200

201 **2.2 Clinical Tests and Biomarkers**

202 To develop a comprehensive array of POC tests, it is necessary to detect a wide range of  
203 biomarkers and analytes with often disparate technical requirements. Ideally, these tests would  
204 use a common technology for quantitative readout, and would be able to directly analyze blood,  
205 urine, sputum, saliva, and sweat samples—all with little or no user intervention and  
206 straightforward readout of results. Most current clinical diagnostics do not meet these criteria.

207

208 Common classes of analytes in clinical diagnostics include blood gases (*e.g.*, O<sub>2</sub>, CO<sub>2</sub>), pH,  
209 electrolytes (*e.g.*, Ca<sup>2+</sup>, Mg<sup>2+</sup>, Na<sup>+</sup>, K<sup>+</sup>, Cl<sup>-</sup>), transport proteins (*e.g.*, lipoproteins, ceruloplasmin,  
210 transferrin, haptoglobin, haemoglobin), metabolites (*e.g.*, glucose, creatinine, urea, lactate),  
211 enzymes (*e.g.*, creatine phosphokinase, alkaline phosphatase, aspartate/alanine  
212 aminotransferase), vitamins (*e.g.*, beta-carotene; vitamins A, B12, C and 25-hydroxyvitamin D),  
213 hormones (*e.g.*, thyroid stimulating, follicle stimulating, testosterone, estrogen), cytokines (*e.g.*,  
214 interleukins; tumour necrosis factor), therapeutic drugs (*e.g.*, digoxin, perhexiline, cyclosporine,  
215 tacrolimus), drugs of abuse (*e.g.*, amphetamines, barbiturates, benzodiazepines, cannabinoids,  
216 opiates), cardiac and inflammatory markers (*e.g.*, C-reactive protein, troponin I, myoglobin),  
217 genes (*e.g.*, BRCA1 and BRCA2 breast cancer genes), and infectious agents and pathogens (*e.g.*,  
218 influenza, measles). Conventional laboratory procedures for assaying these analytes are often  
219 complex. Sample processing can be labourious and require specialized training, and the analyses  
220 often utilize instrumentation that is expensive, non-portable, and operated by skilled technicians;  
221 for example, spectrophotometric, electrochemical and chromatographic measurements,  
222 molecular biology techniques, cell culture and counting, among many other methods.<sup>47</sup> Notable  
223 exceptions to the above are lateral flow assays, which are much more amenable to POC  
224 applications, as described in Section 2.3.

225

226 The above classes of analyte can be reduced to three basic groups that can address most  
227 diagnostic needs: proteins, nucleic acids, and small molecules.

228

229 Proteins, whether enzymes, antibodies, certain hormones, cytokines, or otherwise, are frequent  
230 targets of POC diagnostics. The RCSB protein databank lists > 100 000 entries from various

231 species,<sup>48</sup> and more than 18 000 or 92% of gene-encoded human proteins have been catalogued,  
232 as well as many proteins from pseudogenes and non-coding RNA.<sup>49-52</sup> Depending on the target,  
233 protein biomarker concentrations typically range from picomolar to micromolar in bodily fluids.  
234 In the case of enzymes, their activity may also be of interest in addition to their concentration, in  
235 which case a product of that enzymatic activity is measured. When concentration is of interest,  
236 the biorecognition elements that are the basis for protein-targeting assays are usually antibodies,  
237 aptamers, or ligands that selectively bind to the target protein. Certainly, the standard format for  
238 protein detection is an immunoassay such as an enzyme-linked immunosorbent assay (ELISA),  
239 which has been one of the most prominent clinical laboratory tests over the past 20 years. As  
240 biorecognition elements, antibodies have remained indispensable because of their specificity and  
241 affinity but have several potential drawbacks, including limited stability, batch-to-batch  
242 variability, and high production costs. In many ways, aptamers are preferable biorecognition  
243 elements for POC/PON assays because they are more robust and more economically produced,<sup>53</sup>  
244 <sup>54</sup> however, aptamers that have affinity comparable to antibodies are not yet known for many  
245 target proteins.

246  
247 Nucleic acid assays are increasingly important for the diagnosis of disease, identification of  
248 pathogens, and identification of genetic conditions and predispositions. Genes can be useful  
249 biomarkers for organisms and their physiology, and are sometimes preferable biomarkers over  
250 the proteins that they encode. Many thousands of genomes from eukaryotes, prokaryotes and  
251 viruses have been completely or partially sequenced,<sup>55</sup> including the estimated 19 000 protein-  
252 coding human genes.<sup>56</sup> The analysis of DNA and RNA directly from bodily fluids is limited by  
253 its very small amount (*e.g.*,  $10^2$ – $10^{11}$  copies per 1 mL of blood), necessitating multiple  
254 preparatory steps prior to analysis (*e.g.*, extraction, purification and amplification).  
255 Conventionally, polymerase chain reaction (PCR) is used for amplification of DNA. The  
256 thermocycling inherent to this process is not ideal for POC/PON applications, although  
257 computer-based thermocycling is possible.<sup>57</sup> Alternatively, there are now amplification  
258 techniques that do not require thermocycling and may thus be more compatible with POC/PON  
259 applications. As reviewed recently,<sup>58</sup> these isothermal techniques include loop-mediated  
260 amplification (LAMP), rolling circle amplification (RCA), nucleic acid sequence-based  
261 amplification (NASBA), signal mediated amplification of RNA technology (SMART), nicking

262 endonuclease signal amplification (NESA), and several others. Synthetic oligonucleotides that  
263 are complementary to the sequence of target genes are typically used as biorecognition elements,  
264 and are robust and relatively inexpensive.

265  
266 The most common small molecule targets for diagnostics are metabolites such as hormones,  
267 vitamins, amino acids, sugars, and other small organic molecules. The Human Metabolome  
268 Database lists *ca.* 42 000 entries,<sup>59, 60</sup> and many of these can serve as indicators of disease.  
269 Similar to proteins, some metabolites are found at high concentrations (> 1 mM), at low  
270 concentrations (< 1 nM), and concentrations in between. The most common biorecognition  
271 element for metabolites are antibodies, although the small size and similar chemical structures of  
272 these analytes often yield limited sensitivity and specificity, including cross-reactivity, that  
273 makes immunoassay-based detection challenging. Aptamers are again promising alternatives to  
274 antibodies in these assays, but are still limited by the number of aptamers available and their  
275 affinity for their small molecule targets.

276  
277 Another diagnostic test of interest is the detection of specific cell types and microorganisms; for  
278 example, pathogens that cause disease. Six common types of pathogens include viruses, bacteria,  
279 fungi, prions, protozoans and parasites. Infectious diseases contribute to more than 95% of all  
280 death in developing countries, and include human immunodeficiency virus (HIV), malaria  
281 (*Plasmodium* parasite), tuberculosis (*Mycobacterium tuberculosis*), and hepatitis A/B virus.<sup>61</sup>  
282 Moreover, at the time of writing, the worst recorded *Ebola* virus outbreak in history has infected  
283 >8 000 people and killed more than 5 000 people, mostly in West Africa.<sup>62</sup> Although pathogen  
284 outbreaks in the developed world are relatively rare and generally minor, there are nonetheless  
285 recurring instances of contamination of food with *Salmonella*, *Staphylococcus aureus*, *Listeria*  
286 *monocytogenes* and *E.coli* O157:H7 pathogens.<sup>63, 64</sup> The gold standard methods for detecting  
287 pathogens are culture-based assays that provide good sensitivity and selectivity, but require long  
288 incubation times that limit rapid responses to outbreaks.<sup>65</sup> An alternative strategy for more rapid  
289 analysis is to target protein, nucleic acid, and small molecule biomarkers that are pathogen  
290 specific.

291

292 The above discussion on health-related targets for diagnostics is by no means comprehensive,  
293 and there is also significant demand for molecular diagnostic tests beyond health care. For  
294 example, public service employees are often tested for illegal recreational drugs, and elite  
295 athletes are tested for performance-enhancing substances. Many heavy metals and small  
296 molecules such as pesticides and other toxic pollutants are important targets in environmental  
297 analysis,<sup>66</sup> while rapid monitoring and diagnostic tests are also valuable tools for biofuel  
298 production and other non-health areas of the biotechnology sector.<sup>67, 68</sup> Many of the approaches  
299 and challenges described for health-related diagnostics are equally applicable to these other  
300 sectors, and *vice versa*.

301

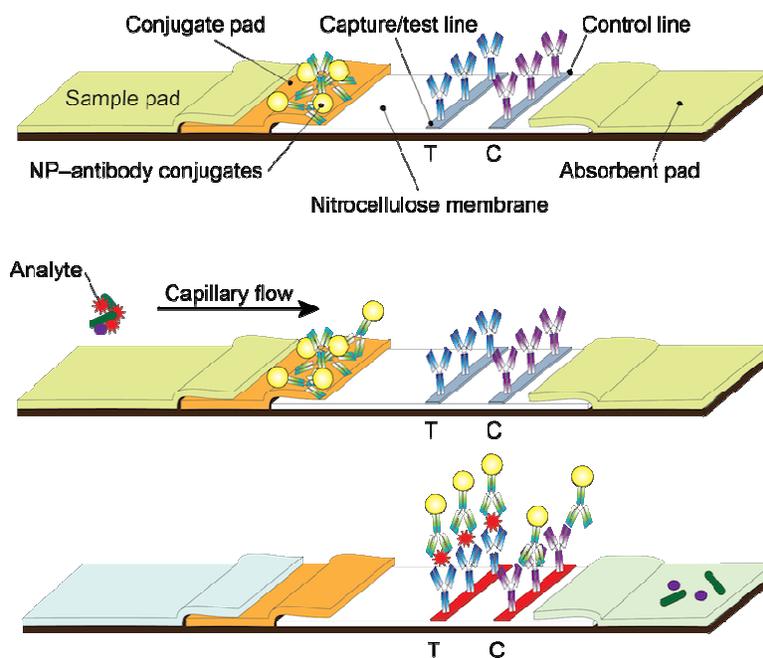
### 302 **2.3 Lateral Flow Assays**

303 Lateral flow assays have been one of the most successful and POC-amenable formats since the  
304 introduction of lateral flow immunochromatographic assays in 1988 by Unipath.<sup>69</sup> This format  
305 combines concepts from paper chromatography and immunosorbent assays. It frequently does  
306 not require the additional washing steps of the latter and typically needs only ~0.1 mL of sample.  
307 LFA devices are suitable for the direct analysis of blood samples as plasma components are  
308 separated from blood cells within minutes, and are also suitable for the analysis of urine and  
309 other bodily fluids. Routinely used, commercially available POC immunochromatographic tests  
310 include those for pregnancy (human chorionic gonadotropin level) and ovulation; infectious  
311 diseases (*e.g.*, malaria, influenza, HIV); drugs of abuse (*e.g.*, NIDA-5 panel for cannabinoids,  
312 cocaine, amphetamines, opiates and phencyclidine); and cardiac biomarkers (*e.g.*, troponin I,  
313 creatine kinase-MB, myoglobin).

314

315 Lateral flow immunochromatographic assay strips consist of a sample application pad, a  
316 conjugate pad, a membrane (*e.g.*, nitrocellulose, cellulose), and an absorbent pad, as shown in  
317 Figure 2.<sup>18, 20, 70</sup> Reporter antibodies conjugated with a contrast-providing reagent (dye-stained  
318 latex beads originally<sup>71</sup>) are deposited but not immobilized on the conjugate pad. A fluid sample  
319 is applied to the sample pad and wicks down the length of the test strip. As the sample passes  
320 through the conjugate pad, the contrast reagent-reporter antibody conjugates bind to the target  
321 analyte. Further along the strip, the target analyte also binds to capture antibodies immobilized in  
322 the test zone, resulting in retention of the contrast label. Colour imparted to the test zone by the

323 contrast label indicates the presence of target analyte in the sample. A control zone also tends to  
 324 be included on the membrane, and this zone contains antibodies that bind to the reporter  
 325 antibody. The absorbent pad ensures steady wicking of the sample fluid along the test strip.  
 326 Many variations of this general assay design are possible; common variations include  
 327 substitution of antibodies with other biorecognition elements, or the use of a competitive assay  
 328 format rather than a sandwich assay format.  
 329



330  
 331 **Figure 2.** Basic design of a lateral flow immunochromatographic assay (LFIA). The device comprises a  
 332 sample pad, conjugate pad, detection zone with test (T) and control (C) lines, and an absorbent pad. The  
 333 sample containing analyte is added to the sample pad and drawn towards absorbent pad by capillary  
 334 action. NP-antibody conjugates bind to analyte (antigen) present in the sample and are captured on the  
 335 test line, whereas NP-antibody conjugates that have not bound antigen are captured on the control line.  
 336

337 Although dye-stained latex beads are still used to generate contrast in lateral flow assays, many  
 338 commercial assays now use gold nanoparticles, and additional nanoparticle materials have been  
 339 investigated as contrast reagents in research toward new or improved diagnostics. There is also  
 340 an increasing demand for quantitative rather than qualitative results from lateral flow assays, and  
 341 this quantitation is often possible through analysis of digital images instead of simple visual  
 342 inspection. Lateral flow assays feature prominently in Section 3, where recent research is  
 343 reviewed. For brevity in that section, we define three abbreviations related to this assay concept:

344 the general method, a lateral flow assay (LFA); the most common variant, a lateral flow  
345 immunochromatographic assay (LFIA); and the device itself, a lateral flow strip (LFS).

346

#### 347 **2.4 Utility of Consumer Electronic Devices**

348 Whether in the developed world or the developing world, modern consumer electronic devices  
349 can help address challenges in POC/PON testing in three principal ways: (i) lower equipment  
350 and infrastructure costs; (ii) miniaturization and portability; and (iii) data processing, storage and  
351 communication. The most common devices, which include scanners, CD/DVD and Blu-Ray  
352 players, web cams, cell phones and smartphones, offer the foregoing benefits to different degrees  
353 and have different suitability for the developed world *versus* the developing world.

354

355 In the developed world, all of the above devices share the benefit of low cost, which arises from  
356 their mass production and a highly competitive marketplace. Prices typically range from \$10–  
357 \$1000 depending on the device and much of the developed world already owns one or more of  
358 these devices. In the United States, for example, ownership statistics are 80% for DVD/Blu-Ray  
359 players, 64% for laptop computers, 57% for desktop computers, 45% for cell phones, and 62%  
360 for a smartphone (2013 data).<sup>72</sup> In the developing world, one wishes to discuss cost in terms of  
361 cents rather than dollars; however, it must be recognized that the main role of consumer  
362 electronic devices in a POC/PON test will be quantitative readout and data handling, and these  
363 devices remain among the best candidates for establishing a frontline of health care  
364 infrastructure, particularly if the corresponding consumables for diagnostic tests cost pennies and  
365 also support qualitative assessment when these devices are not available. Moreover, these  
366 devices are not beyond the reach of the developing world as some people in these countries have  
367 easier access to mobile phone technology than they do to clean water.<sup>73</sup>

368

369 From a technical perspective, scanners offer large-area colour imaging with reproducible  
370 positioning and illumination. Many current models of scanners are compact, support wireless  
371 communication, and can be fully operated *via* a USB connection to a laptop or notebook  
372 computer. Disc players are common household items and optical drives are widely available as  
373 built-in or peripheral components of laptop/notebook computers. Discs also offer a substrate for  
374 arraying assay zones (*e.g.*, microarray format) and integrating microfluidic channels, while disc

375 players and drives offer optical readout and spinning motion that provides a centripetal force  
376 suitable for driving fluid flow. Cell phones, and later smartphones (the distinction being that  
377 smartphones have an operating system), have undergone remarkable technological growth over  
378 the last two decades. The first cell phone, the Motorola DynaTAC, became commercially  
379 available in 1984. It weighed 790 g and was 25 cm in length with a price of \$4 000 (*ca.* \$10 000  
380 in 2014 dollars).<sup>74</sup> The current generation of smartphones, such as the best-selling Samsung  
381 Galaxy and Apple iPhone models, offer immensely greater capabilities at a fraction of the price  
382 and a fraction of the size (\$600–\$1000, 130 g). These capabilities include high-quality built-in  
383 cameras, multiple modes of wireless communication (*e.g.*, WiFi<sup>®</sup>, Bluetooth, LTE), global  
384 positioning systems, security features, excellent data storage capacity, processing and graphics  
385 power to support software applications (apps), and many hours of battery life.

386  
387 In the context of POC/PON diagnostics, smartphones are leading candidates to fulfil the role of  
388 computers in modern laboratory instrumentation, with lower cost and greater portability than  
389 notebook/laptop computers (which have built-in webcams and similar wireless connectivity).  
390 Furthermore, although a POC/PON test may be simple enough for a minimally skilled technician  
391 or unskilled person to conduct, determining a diagnosis or prognosis from test results may not  
392 always be as straightforward. Smartphone apps can potentially automate sample logging and data  
393 processing, and store or send results for subsequent interpretation by medical professionals or  
394 other highly-skilled personnel, whether locally or across the world. Importantly, these devices  
395 are also globally ubiquitous with 1.5 billion mobile telecommunications subscribers in the  
396 developed world and 5.4 billion in the developing world,<sup>75</sup> albeit that the latter are primarily cell  
397 phone users rather than smartphone users.

398  
399 **2.5 Optical Properties of Nanoparticles**

400 While consumer electronics can provide a means of assay readout, these devices cannot generate  
401 the readout signal or contrast themselves. These signals must come from selective recognition  
402 chemistry that is directly or indirectly coupled to a physical process that generates a measurable  
403 output. Nanoparticles (NPs) can be used for the generation of these signals and provide  
404 enhancements or advantages over molecular reagents. By definition, NPs are particles that are  
405 less than 100 nm in their largest dimension,<sup>76</sup> although here we stretch the definition to include

406 particles with dimensions of hundreds of nanometers. The small size and molecule-like diffusion  
407 of NPs is complemented by large surface area-to-volume ratios, interfaces that can be further  
408 functionalized, and, in the case of many NP materials, size-dependent properties that are either  
409 not observed with their bulk analogues or are significantly enhanced. Table 1 briefly summarizes  
410 the key features of some NP materials that are currently used in POC/PON diagnostics or which  
411 are promising candidates for future use. Given the nature of the consumer electronic devices  
412 described above—in particular their optoelectronic features—we limit the present discussion to  
413 optically active NP materials and briefly discuss other NP materials in Section 4.

414

415 <<Refer to end of document for Table 1>>

416

417 From the standpoint of optical diagnostics, there are many NP materials of interest. At present,  
418 the three most common materials are gold NPs (Au NPs), quantum dots (QDs), and lanthanide-  
419 based upconversion nanoparticles (UCNPs).

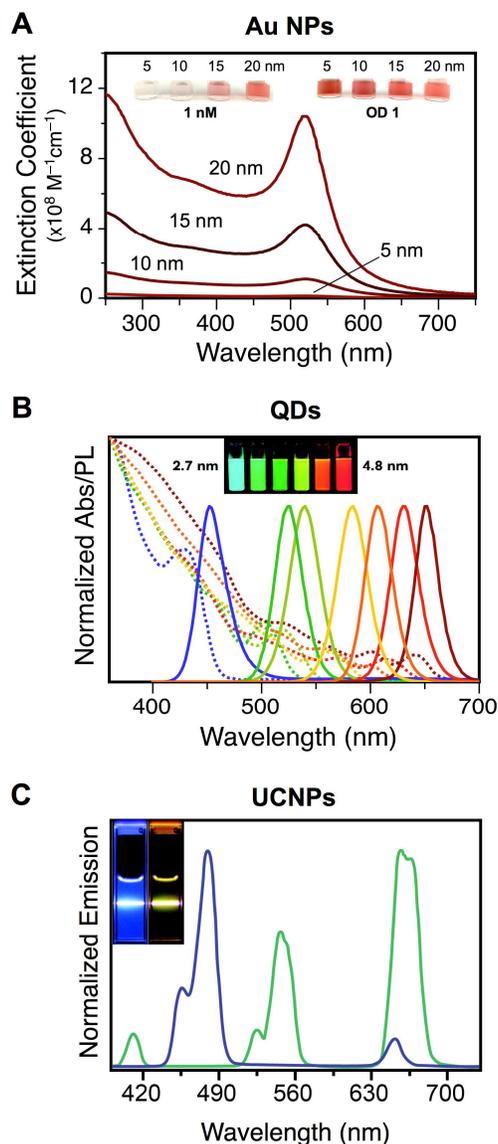
420

421 Au NPs have plasmon bands in their UV-visible absorption spectrum and exhibit strong light  
422 scattering that increases with increasing NP size (Figure 3A).<sup>3, 5, 77</sup> These properties manifest as  
423 an intense red colour for assay readout with sensitivity that typically exceeds that of dyes and  
424 other materials. Although this red colouration can be seen by the naked eye and provide  
425 sufficient sensitivity for many assays, limits of detection (LOD) can be improved by orders of  
426 magnitude with signal amplification strategies such as silver enhancement, which increase the  
427 optical contrast of the test zone. The silver enhancement strategy was popularized by Mirkin and  
428 coworkers<sup>78</sup> and relies on the reductive deposition of silver on Au NPs, thereby increasing the  
429 nanoparticle size and extinction coefficient, darkening their macroscopic appearance on a white  
430 background. The first and compelling demonstration of this strategy was the detection of 50 fM  
431 of target DNA with scanner readout.<sup>78</sup> Silver enhancement remains commonplace for POC  
432 diagnostic assays with scanners, as well as other consumer electronic devices. Alternatively,  
433 amorphous carbon NPs appear black and, like silver-enhanced Au NPs, provide high contrast  
434 under white-light illumination.<sup>79</sup>

435

436 QDs exhibit bright, size-dependent photoluminescence (PL) that is easily excited and can be  
437 tuned across a wide spectral range (Figure 3B).<sup>6-8</sup> The optical properties of QDs are generally  
438 considered to be superior to those of fluorescent dyes: their light absorption is much stronger and  
439 more spectrally broad, and their emission is much more spectrally narrow and resistant to  
440 photobleaching. Lanthanide-based upconversion nanoparticles (UCNPs) convert near-infrared  
441 (NIR) excitation into visible emission, the colour of which depends on their composition (Figure  
442 3C).<sup>10-12</sup> Upconversion is not possible with fluorescent dyes. With both QDs and UCNPs, their  
443 light emission against a dark background provides contrast for assay readout. Further properties  
444 of QDs and UCNPs that make them advantageous for POC/PON assays with consumer  
445 electronics, and in comparison to fluorescent dyes and other materials, are described in the  
446 context of specific examples in Section 3. More generally, the benefits of fluorescence detection  
447 in POC/PON assays include potentially greater sensitivity and lower LODs, potentially greater  
448 tolerance of sample colouration, and new possibilities for multiplexed analyses. The trade-off is  
449 that fluorescence measurements are somewhat more technically demanding, requiring an  
450 excitation light source and readout against a dark background (*i.e.*, exclusion of ambient light).  
451 Fortunately, POC/PON-amenable light sources are widely available (see Section 3.1) and 3D  
452 printing provides a convenient means of producing light-blocking enclosures or attachments for  
453 smartphones or other complementary-metal-oxide-semiconductor (CMOS) image sensor devices.

454  
455 Other NP materials that are of interest in context of POC/PON diagnostics are silica NPs<sup>80-82</sup> and  
456 polymer NPs.<sup>83, 84</sup> However, in contrast to the preceding materials, it is their physical properties  
457 that are of interest rather than their optical properties. These NPs, which can have dimensions of  
458 hundreds of nanometers, can serve as carriers of molecules or smaller NPs that provide contrast  
459 (*e.g.*, Au NPs, QDs, UCNPs). Viral NPs and genome-free virus-like NPs (collectively, VNPs)  
460 can also serve as carriers of contrast reagents, with the benefit of being monodisperse, tailorable  
461 through genetic engineering and chemical functionalization, and producible at a large scale.<sup>85, 86</sup>  
462 Analogous to the original use of latex beads as a carrier for dye molecules, the concept is that  
463 many NP contrast reagents can be associated with a single binding event even though there will  
464 be no more than one carrier particle per binding event, resulting in greater sensitivity.  
465



466

467 **Figure 3. (A)** Size-dependent molar extinction coefficient of Au NPs as a function of wavelength. The  
 468 inset photographs show solutions of 5, 10, 15 and 20 nm Au NPs at 1 nM concentration and with an  
 469 optical density of 1 (ca. 90, 10, 3, and 1 nM concentrations for 5, 10, 15 and 20 nm Au NPs, respectively).  
 470 **(B)** Size/composition-tunable absorbance and emission of CdSe/ZnS and CdSeS/ZnS QDs. The inset  
 471 photograph shows samples of different sizes of CdSe/ZnS QDs under UVA (365 nm) illumination.  
 472 Photograph reprinted with permission from ref.<sup>87</sup> Copyright 2011 American Chemical Society.  
 473 **(C)** Upconversion emission spectra of NaYF<sub>4</sub>:Yb/Tm (20/0.2 mol %; blue line) and NaYF<sub>4</sub>:Yb/Er (18/2 mol  
 474 %; green line) nanoparticles. The inset photographs show samples of these nanoparticles under 980 nm  
 475 excitation with a diode laser (600 mW). Adopted with permission from ref.<sup>88</sup> Copyright 2008 American  
 476 Chemical Society.

477

478

479 Several other optically-active NP materials are known and, to our knowledge, have yet to be  
480 utilized for POC/PON assays with consumer electronic devices. For example, carbon  
481 nanotubes,<sup>89, 90</sup> graphene oxide,<sup>91, 92</sup> carbon dots,<sup>93, 94</sup> and nanodiamonds<sup>95, 96</sup> exhibit PL that can  
482 be useful for biological imaging and assays; however, it is not clear that the characteristics of this  
483 PL (*e.g.*, brightness, spectral range of absorption and emission) is well-suited to readout with  
484 consumer electronic devices. On the other hand, semiconducting polymer nanoparticles (Pdots)<sup>97</sup>  
485 have exceptionally bright PL that is certainly promising for readout with consumer electronic  
486 devices, and the lack of examples to date is likely a product of the novelty of the materials.  
487 Beyond optical properties, many NP materials also have magnetic or electrochemical properties  
488 that are of interest. These materials are not considered in this review, with the exception of  
489 briefly revisiting electroactive NP materials in Section 4. It should also be noted that NP  
490 materials are utilized in POC/PON assays as bioconjugates. The preparation and characterization  
491 of these bioconjugates, while not discussed here, is critically important to assay development and  
492 non-trivial. Recent reviews have addressed methods available for both the bioconjugation of  
493 NPs<sup>98</sup> and the characterization of those bioconjugates.<sup>99</sup>

494  
495

### 496 **3. Bioassays with Consumer Electronics and NPs**

497

498 This section describes consumer electronic components and devices that are being actively  
499 developed as platforms for readout of POC/PON diagnostics and assays. Light-emitting  
500 electronic components, which are common to all of the assays considered, are first reviewed,  
501 then, for each consumer electronic device, the basic design elements and functional principles  
502 underlying its utility as a readout platform are described, followed by examples of assays that use  
503 that device in combination with NPs for readout of results. We have strived to provide many  
504 representative examples; however, the text is not exhaustive and we apologize to researchers  
505 whose valuable contributions we have unintentionally overlooked.

506

#### 507 **3.1 Light Sources**

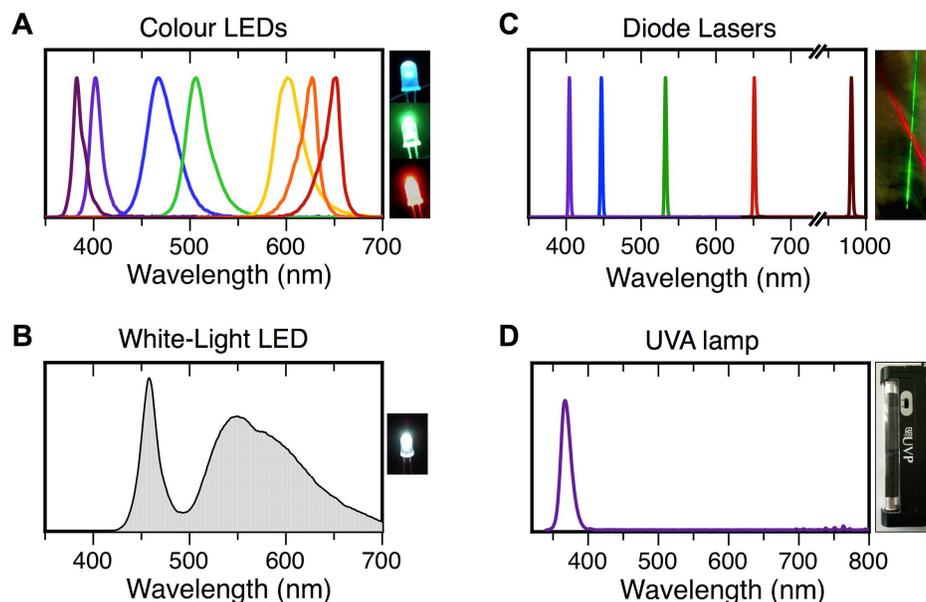
508 As will be seen, common light sources for POC/PON assays with NPs include white or coloured  
509 light-emitting diodes (LEDs), laser diodes and, to a lesser extent, hand-held ultraviolet (UV)  
510 lamps or “black lights.” These light sources permeate the developed world and are available low

511 price points. LEDs are ubiquitous as indicator lights and display backlights in electronic devices,  
512 in traffic signals and signage, and in both decorative and ambient lighting products. Laser diodes  
513 are critical components of optical drives/disc players, printers, barcode scanners, manufacturing  
514 technology, telecommunication systems, and are also used in medicine and dentistry. Hand-held  
515 UV lamps that emit long-wavelength UVA light have been traditionally used for forgery  
516 detection (*e.g.*, monetary bills, documents) but are gradually being replaced by LEDs that emit in  
517 the same spectral range. All of these light sources can be battery-operated for extended periods,  
518 which is a critical consideration for use in POC/PON applications.

519  
520 Of the above light sources, LEDs are the most economical (\$0.01–\$1.00 typical) and the most  
521 amenable to miniaturization (millimetre dimensions). LEDs usually have low operating voltages  
522 (3–5 V) and low power consumption ( $\sim 10^{-3}$ – $10^{-2}$  W), although higher-power LEDs ( $>10^{-1}$  W)  
523 are available at greater cost than noted above. Low-cost, low-power LEDs are the most relevant  
524 to POC/PON applications. The emission from an LED is incoherent and distributed over a  
525 relatively wide angular range. Its peak emission wavelength, which may be in the UV, visible or  
526 infrared region of the spectrum, is determined by the semiconductor composition of the diode.  
527 Spectral full-widths-at-half-maxima (FWHM) are typically in the range of *ca.* 15–50 nm.  
528 Representative examples of some low-cost LED spectra are shown in Figure 4A. Whereas colour  
529 LEDs (particularly blue and UV wavelengths) are well-suited to readout of photoluminescence,  
530 white-light LEDs are well-suited to colourimetric readout. Most white-light LEDs are actually  
531 blue LEDs with a phosphor coating that has broadband emission in the green-red region of the  
532 spectrum, as shown in Figure 4B. Colourimetric readout is also possible with a combination of  
533 red, green and blue LEDs.

534  
535 Diode lasers provide more intense illumination than LEDs and have coherent, monochromatic  
536 emission (FWHM  $< 1$  nm). From the perspective of POC/PON applications, laser diodes of the  
537 type found in laser pointers ( $\sim 10^{-3}$  W) and optical disc drives and players ( $\sim 10^{-1}$  W) are the most  
538 relevant. Figure 4C shows the emission from laser diodes that are commonly used for excitation  
539 of photoluminescence, including violet (405 nm), blue (447 nm), green (532 nm), red (650 nm)  
540 and infrared (980 nm) wavelengths. Note that many green laser diodes are actually infrared laser  
541 diodes that have been frequency doubled and fitted with an IR-blocking filter (DPSS lasers).

542  
 543 Hand-held, battery-operated UVA lights are another light source that is potentially suitable for  
 544 POC/PON applications. These sources are low-pressure mercury discharge lamps where a  
 545 phosphor converts the 254 nm emission from mercury to 365 nm emission from the lamp. A  
 546 coating on the quartz tube absorbs any visible light. Power consumption is typically on the order  
 547 of a few watts. The principal benefit of these sources is that relatively large areas can be  
 548 illuminated with spectrally narrow light (FWHM  $\sim$ 15 nm, Figure 4D). Although “mini” or “pen”  
 549 lamps are commercially available, UVA lights are less amenable to miniaturization than LEDs or  
 550 diode lasers.  
 551



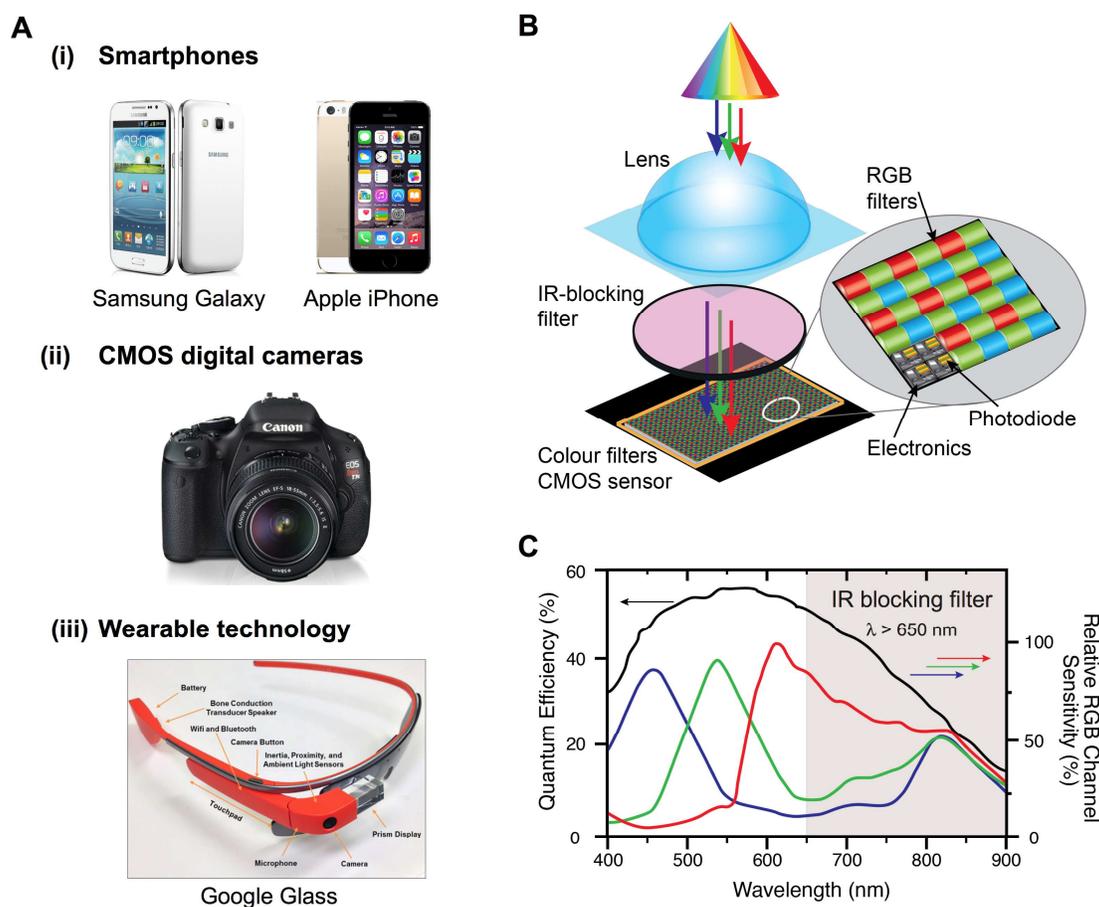
552  
 553 **Figure 4.** Emission spectra of commercial light sources well-suited to POC/PON diagnostics: **(A)** various  
 554 colour LEDs emitting in UV-visible region of the spectrum; **(B)** white-light LED; **(C)** five common  
 555 wavelengths of laser diodes (the FWHM  $>$  1 nm is a measurement artefact); and **(D)** and a UVA lamp or  
 556 “black light.”

557  
 558  
 559 **3.2 CMOS Image Sensors: Digital Cameras to Smartphones**

560  
 561 **3.2.1 Technology**

562 Modern CMOS image sensors are compact, provide high image quality, and are widely  
 563 incorporated into consumer devices such as cell phone and smartphone cameras; webcams;

564 wearable technology (e.g., Google Glass, Sony's SmartEyeglass); and digital cameras for  
 565 traditional photography, hobbies (e.g., Raspberry Pi), and recreational activities (e.g., GoPro). A  
 566 selection of these devices are shown in Figure 5A. CMOS technology has also permeated  
 567 scientific research in the form of microscopy cameras. The primary advantages of CMOS sensors  
 568 over charge-coupled device (CCD) sensors are full integration of circuitry (which is more  
 569 amenable to miniaturization), lower power consumption, and faster frame rates. Originally, these  
 570 advantages were at the expense of image quality; however, improvements in fabrication  
 571 technology and consumer demands for increasing performance from their mobile devices have  
 572 driven the advancement of CMOS technology to its current pinnacle.  
 573

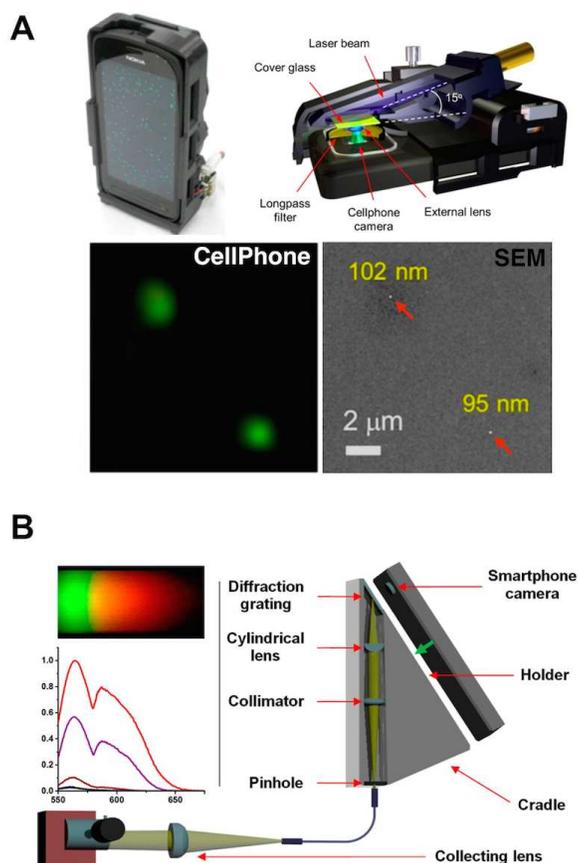


574  
 575 **Figure 5.** (A) Examples of consumer electronic devices equipped with CMOS cameras: (i) smartphones;  
 576 (ii) digital cameras; and (iii) wearable devices. The image in (iii) is reproduced with permission from ref.<sup>100</sup>.  
 577 Copyright 2014 American Chemical Society. (B) Simplified schematic of a CMOS image sensor.  
 578 (C) Spectral sensitivity of a typical CMOS image sensor without (black) and with RGB colour filters  
 579 (coloured lines). The typical blocking region of an IR filter is also shown.

580  
581 As shown in Figure 5B, a CMOS image sensor has two main optical components: a pixel sensor  
582 array and optical filters for colour transmission (*e.g.*, Bayer filter) and blocking UV and IR light.  
583 Millions of pixels capture light and convert that light into a voltage proportional to its intensity,  
584 where each pixel has its own amplification and digitization circuitry. CMOS sensors have  
585 wavelength-dependent sensitivity between *ca.* 380–1100 nm, as shown in Figure 5C. Colour  
586 information is obtained by superimposing an array of bandpass filters that transmit either blue,  
587 green or red light on the pixel array. The most common filter pattern is the “Bayer mosaic,”  
588 which is a repetitive  $2 \times 2$  grid with one red filter, two green filters, and one blue filter per four  
589 pixels. This ratio of filters was designed to mimic the human eye’s greater sensitivity to green  
590 light.<sup>101</sup> IR and UV filters can be added to block unwanted wavelengths of light from outside the  
591 visible spectrum. Electronics and demosaicing algorithms convert the pixel signals into digital  
592 colour images.

593  
594 **3.2.2 Growing Analytical Applications**  
595 CMOS-based cameras, especially those in smartphones, have emerged as promising tools for  
596 health care and bioanalysis over the past few years. Numerous smartphone apps and accessories  
597 have become available to assist the general public with basic health monitoring; for example,  
598 heart rate,<sup>102, 103</sup> blood pressure,<sup>102</sup> body mass index,<sup>102</sup> and detection of ear infections<sup>104</sup> and  
599 potential skin cancer.<sup>105, 106</sup> Initial evidence suggests that smartphone technology can support  
600 better health outcomes, as demonstrated with apps that promote physical activity and weight  
601 loss.<sup>107, 108</sup> Smartphone imaging has also been investigated as a POC/PON readout platform for  
602 molecular diagnostics such as immunoassays,<sup>109-111</sup> nucleic acid hybridization assays,<sup>112</sup> and  
603 colorimetric assays for cholesterol,<sup>113</sup> food allergens,<sup>114</sup> enzymes<sup>115</sup> and various urinary, salivary  
604 and sweat biomarkers.<sup>116, 117</sup> Digital images acquired with a smartphone camera can be analysed  
605 to extract quantitative information, most frequently in terms of the grayscale or RGB colour  
606 intensities for pixels of interest. These analyses can be done with computer-based image analysis  
607 software designed for either scientific research or consumer use (*e.g.*, Adobe Photoshop),  
608 including freely available software (*e.g.*, ImageJ), as well as smartphone apps.  
609

610 Analytical and biological applications of cell phone and smartphone cameras also go beyond  
 611 macroscopic digital photography. For example, when these cameras are combined with  
 612 additional optics, they can be used for dark-field and bright-field microscopy of cells.<sup>118</sup> Imaging  
 613 of a single fluorescent polystyrene NP (100 nm diameter) has also been demonstrated by the  
 614 Ozcan Laboratory using a smartphone (Nokia PureView 808).<sup>119</sup> The phone was equipped with a  
 615 high-resolution CMOS sensor (41 MP) and utilized oversampling technology (*i.e.*, pixel binning)  
 616 that enabled capture of five times more light than a typical zoom camera. A compact attachment  
 617 to the phone was fabricated using 3D printing technology; it integrated a 405 nm laser diode  
 618 excitation source (75 mW) powered by three 1.5V batteries (AAA size), a longpass filter to  
 619 remove scattered excitation light, a 2× magnification lens, and optomechanics for focus  
 620 adjustment (Figure 6A).  
 621



622  
 623 **Figure 6. (A)** Cell phone-based fluorescence imaging of individual NPs and viruses: (i) Front view of the  
 624 smartphone microscope and a schematic diagram of its components; (ii) Images of 100 nm fluorescent  
 625 NPs acquired with the cell phone show excellent agreement with SEM images. Adapted with permission  
 626 from ref.<sup>119</sup> Copyright 2013 American Chemical Society. **(B)** Attachment that enables use of a smartphone

627 as a spectrophotometer for fluorescence emission measurements. The key component is a transmission  
628 diffraction grating. Reprinted with permission from ref.<sup>120</sup> Copyright 2014 American Chemical Society.

629

630

631 Smartphone cameras can also be used as spectrographs.<sup>121</sup> As an example, the Cunningham  
632 Laboratory developed a simple transmission grating interface for a smartphone camera  
633 (iPhone 4) that enabled acquisition of full fluorescence emission spectra (Figure 6B).<sup>120</sup> The  
634 diffraction grating (1200 lines/mm) dispersed fluorescence excited with a green diode laser  
635 pointer onto the camera. Due to built-in UV and IR blocking filters, the smartphone camera-  
636 spectrophotometer was sensitive over the spectral range *ca.* 400–700 nm with a spectral  
637 dispersion of ~0.3 nm/pixel. Tests with a molecular beacon assay for microRNA demonstrated a  
638 LOD of 1.3 pM, which was superior to a 3.6 nM LOD obtained with a conventional  
639 spectrofluorimeter. The observed enhancement was a combined effect of the greater quantum  
640 efficiency of the CMOS sensor in the smartphone *versus* the photomultiplier tube (PMT) in the  
641 spectrofluorimeter (40% *vs.* 12%, not accounting for PMT amplification), as well as a more than  
642 30 000-fold increase in excitation efficiency. The latter was a result of the greater output power  
643 of the diode laser source (~300 mW) *versus* the xenon lamp in the spectrofluorimeter (10  $\mu$ W),  
644 and a more than 300-fold smaller illumination volume with laser excitation. The Dana  
645 Laboratory has demonstrated that a smartphone camera can also be integrated into a confocal  
646 Raman system for detection of the surface enhanced Raman scattering spectrum from ethanol.<sup>122</sup>  
647 Raman spectra were acquired with green laser excitation (532 nm, 10 mW) by placing a  
648 collimator and transmission grating in front of the camera sensor, which had overall sensitivity  
649 comparable to CCD and PMT detectors. Observation of blinking events from single molecules  
650 diffusing in and out of hot spots on a silver nano-island plasmonic substrate were observed with  
651 the smartphone at 30 fps video recording.

652

653 Smartphones can also serve as platforms for surface plasmon resonance (SPR)-based assays.  
654 Preechaburana *et al.* designed a disposable device that used a smartphone (iPhone 4) display  
655 screen as a light source and used its user-facing camera to measure reflectivity.<sup>123</sup> The SPR  
656 coupler was made from polydimethylsiloxane (PDMS) and epoxy to gently adhere to the phone's  
657 screen, which in turn displayed a guide for alignment with a red rectangle that provided  
658 illumination. Image acquisition was done using a custom app that allowed for control of

659 exposure time and ISO number (*i.e.*, sensitivity level to light). This platform was able to detect  
660  $\beta_2$  microglobulin ( $\beta_2$ M), a biomarker for cancer, kidney disease and inflammatory disease, over a  
661 clinically relevant range of concentrations with an LOD of  $0.1 \mu\text{g mL}^{-1}$ .

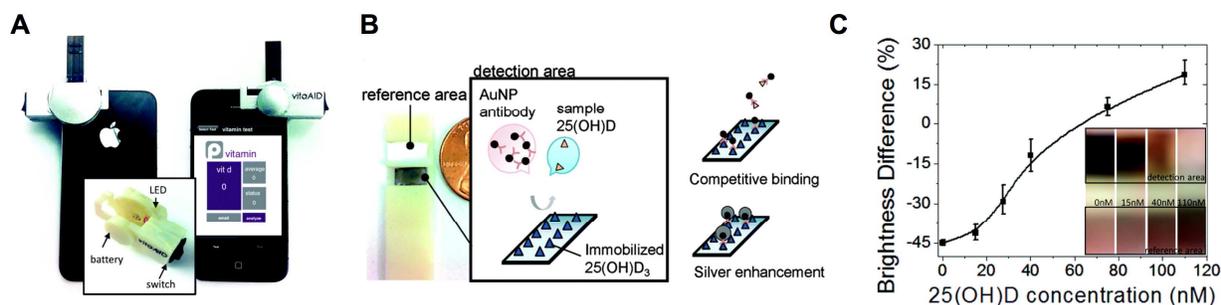
662  
663 In addition to cell phones and smartphones, CMOS-based digital imaging assays run the gamut  
664 of technology from conventional digital cameras to new wearable devices. For example, Deiss *et*  
665 *al.* recently developed low-cost, portable paper-based culture devices for the analysis of  
666 antimicrobial susceptibility using a digital photography camera (Canon EOS Rebel T3i) for  
667 readout,<sup>124</sup> whereas the Ozcan Laboratory demonstrated the use of Google Glass for readout of  
668 LFS immunoassay results, identification of sample codes, and transmission, analysis and storage  
669 of the results using hands-free voice operation.<sup>100</sup>

670  
671 Many of the CMOS-imaging assays that are being developed utilize a growing array of NP  
672 materials. To date, the most common materials include Au NPs for colourimetric detection, as  
673 was the case for the Google Glass example noted above, as well as QDs and UCNPs for  
674 fluorescence detection. Several examples of assays that utilize consumer CMOS-imaging devices  
675 for readout of NP labels are described in the following sections.

676  
677 **3.2.3 Assays with Au NPs**

678 Recently, the Erickson Laboratory developed a competitive direct-antigen immunoassay for the  
679 detection of vitamin D with smartphone (Apple iPhone) readout.<sup>125</sup> Serum concentrations of 25-  
680 hydroxyvitamin D ( $25(\text{OH})\text{D}_3$ ) are routinely used in clinical settings to evaluate vitamin D  
681 deficiency ( $< 50 \text{ nM}$ ). A  $25(\text{OH})\text{D}_3$  derivative was immobilized on a solid substrate and Au NP  
682 conjugates of anti- $25(\text{OH})\text{D}_3$  antibodies were added to serum-extracted samples on this substrate  
683 (Figure 7). Competitive binding of antibody between the immobilized  $25(\text{OH})\text{D}_3$  derivative and  
684 the  $25(\text{OH})\text{D}_3$  native to the serum sample determined the number of Au NPs bound to the  
685 substrate. After 6 h of incubation and subsequent silver enhancement, detection and reference  
686 areas on the substrate were imaged with the smartphone, where the relative brightness of these  
687 areas in images was used for quantitation and accounted for variations in exposure time between  
688 different measurements. Assay results showed good correlation with a standard ELISA assay.<sup>125</sup>  
689 Lu *et al.* demonstrated the detection of human IgG with silver-enhancement of Au NPs within

690 microfluidic channels.<sup>126</sup> The microfluidic chip was assembled with a polystyrene substrate  
 691 suitable for the adsorption of antibodies and a PDMS top layer with embedded channels. Post-  
 692 assay images were acquired with a cell phone camera (Sony-Ericsson K790C) and converted to  
 693 8-bit grayscale images with computer software. Mean pixel values within the immunoassay  
 694 zones were used for quantitation of human IgG over the range 0–4 ng mL<sup>-1</sup>.<sup>126</sup>  
 695

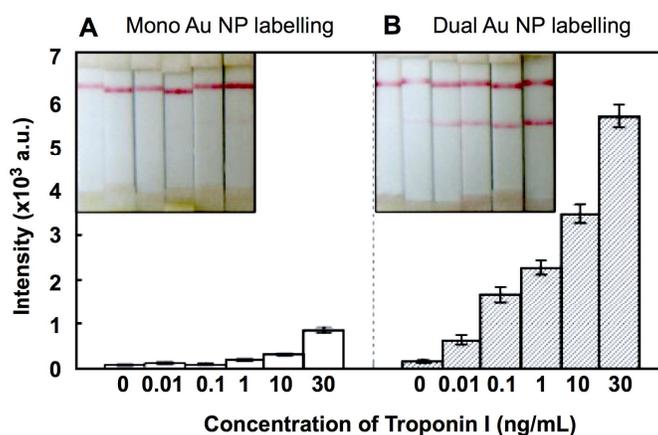


696  
 697 **Figure 7.** Smartphone-based assay for vitamin D. **(A)** Photograph of an iPhone fitted with an attachment  
 698 used to acquire colour images as part of a competitive immunoassay for detection of vitamin D. **(B)**  
 699 Competitive immunoassay format and silver enhancement for signal amplification. **(C)** Data was analysed  
 700 as an intensity difference between a detection area and a reference area. The inset shows representative  
 701 colour images after silver enhancement. Adapted from ref.<sup>125</sup> with permission from The Royal Society of  
 702 Chemistry.  
 703

704 In addition to silver enhancement of Au NPs, gold enhancement of Au NPs is a means of signal  
 705 amplification. An example of this procedure is described in Section 3.3.2; however, an  
 706 interesting variation was reported by the Brennan Laboratory as part of a colourimetric assay for  
 707 the detection of paraoxon, a neurotoxic agent associated with parathion, a potent pesticide.<sup>127</sup> A  
 708 paper test strip was modified with a sol-gel with co-entrapped Au NP seeds (3 nm) and  
 709 acetylcholine esterase (AChE). Samples for paraoxon detection were spiked with a Au(III) salt  
 710 and acetylcholine. In the absence of paraoxon, the turnover of acetylcholine by AChE produced  
 711 thiocholine, which then reduced the Au(III), resulting in growth of the seed Au NPs and  
 712 evolution of the characteristic deeper red colour of larger Au NPs. As an AChE-inhibitor,  
 713 increasing amounts of paraoxon between 0.5  $\mu$ M–1 mM slowed this process, resulting in a less  
 714 colour change, the intensity of which was quantified from analysis of digital camera images.  
 715

716 As an alternative to silver enhancement, Choi *et al.* achieved up to 100-fold signal amplification  
 717 by using a two-step detection method with two sizes of Au NP in a LFA for troponin I with

718 digital imaging readout.<sup>128</sup> Initially, Au NPs conjugated with both anti-troponin I antibody and  
 719 bovine serum albumin (BSA) were used as reporters that bound to analyte captured in the test  
 720 zone. Subsequently, Au NPs conjugated with anti-BSA antibodies bound to the first set of  
 721 reporters and were retained in the test zone. Staggered delivery of these two reporters was  
 722 achieved by staggering their starting positions on the LFS. LFA results were obtained from  
 723 digital camera images that were processed in software to extract colour intensities of the test  
 724 lines, or with a sophisticated automated strip reader system (see Section 3.5.1 for strip reader  
 725 assays). The size of the Au NP in each reporter conjugate was an important determinant of  
 726 sensitivity, where optimum results (LOD of 0.01 ng mL<sup>-1</sup> in 10 min) were obtained for 10 nm Au  
 727 NPs with anti-troponin I and 40 nm Au NPs with anti-BSA (Figure 8). The method was suitable  
 728 for assaying troponin I in patient serum samples over the range 0.10–14.27 ng mL<sup>-1</sup>, where the  
 729 cut-off value for the diagnosis of myocardial infarction is 0.1 ng mL<sup>-1</sup>.  
 730



731  
 732 **Figure 8.** Lateral flow immunoassay for the detection of troponin I. **(A)** Conventional detection format with  
 733 Au NP (10 nm)-antibody conjugates. **(B)** Enhancement of the sensitivity of the assay by using a two-step  
 734 method with two different sizes of Au NP (10 nm and 40 nm). Adapted with permission from ref.<sup>128</sup>  
 735 Copyright 2010 Elsevier.

736  
 737 Yet another approach to improving the sensitivity of a LFA was taken by Chiu *et al.*,<sup>129</sup> who  
 738 designed a multilayered paper well for delivery of sample to a LFS with pre-concentration of  
 739 analyte. The conventional sample pad was replaced with this well (a stack of nine 8 × 10 mm<sup>2</sup>  
 740 laser-cut strips of fibre glass) and the sample was added as part of a mixed aqueous two-phase  
 741 system (ATP).<sup>129</sup> Phase separation occurred as the ATP solution flowed through the well,

742 resulting in pre-concentration of the analyte in the leading, smaller-volume phase with a 10-fold  
743 improvement in the LOD for immunochromatographic detection of transferrin. Dextran-coated  
744 Au NPs conjugated with anti-transferrin antibodies were used as reporters, with readout from  
745 digital camera images (Canon EOS 1000D) after a 10 min assay time.

746

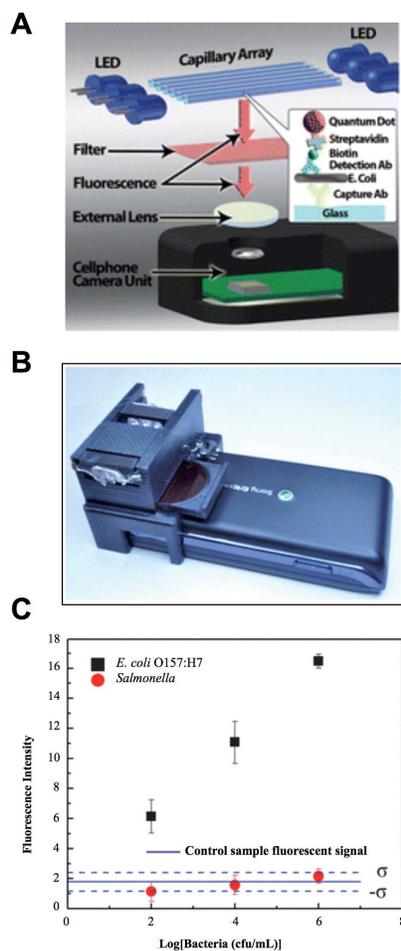
747

### 748 **3.2.4 Quantum Dots**

749 Among fluorescent NP materials, QDs are among the best suited for POC/PON assay formats. In  
750 addition to their aforementioned brightness (see Section 2.5), the spectrally broad absorption of  
751 QDs permits the straightforward use of relatively broadband excitation sources (e.g., LEDs)  
752 without high background in emission measurements. One of the earliest studies to recognize  
753 these advantages was by Sapsford *et al.*, who built a microchip detection platform for QD-based  
754 assays with an electroluminescent strip light source and a cooled CCD camera for measurement  
755 of QD PL.<sup>130</sup> Cell phones and smartphones, which have many advantages over CCD cameras  
756 (including cost), have since been used for readout of QD PL in assays with LED excitation  
757 sources. The Ozcan Laboratory utilized QDs as fluorescent labels for the detection of  
758 *Escherichia coli* O157:7 (*E. coli*) using cell phone imaging (Sony Ericsson U10i Aino).<sup>131</sup> The  
759 inner surface of glass capillaries was used as a solid support for the immobilization of anti-*E.*  
760 *coli* antibodies. The capillaries were placed in a custom-built cell phone attachment that  
761 accommodated two sets of UV LEDs for excitation of the red-emitting QDs and a suitable  
762 longpass filter to isolate QD emission (Figure 9). *E. coli* were detected in a sandwich  
763 immunoassay with biotinylated secondary antibody and streptavidin-coated QDs. The LOD in  
764 buffer and milk samples was *ca.* 5–10 CFU mL<sup>-1</sup> with good specificity.

765

766

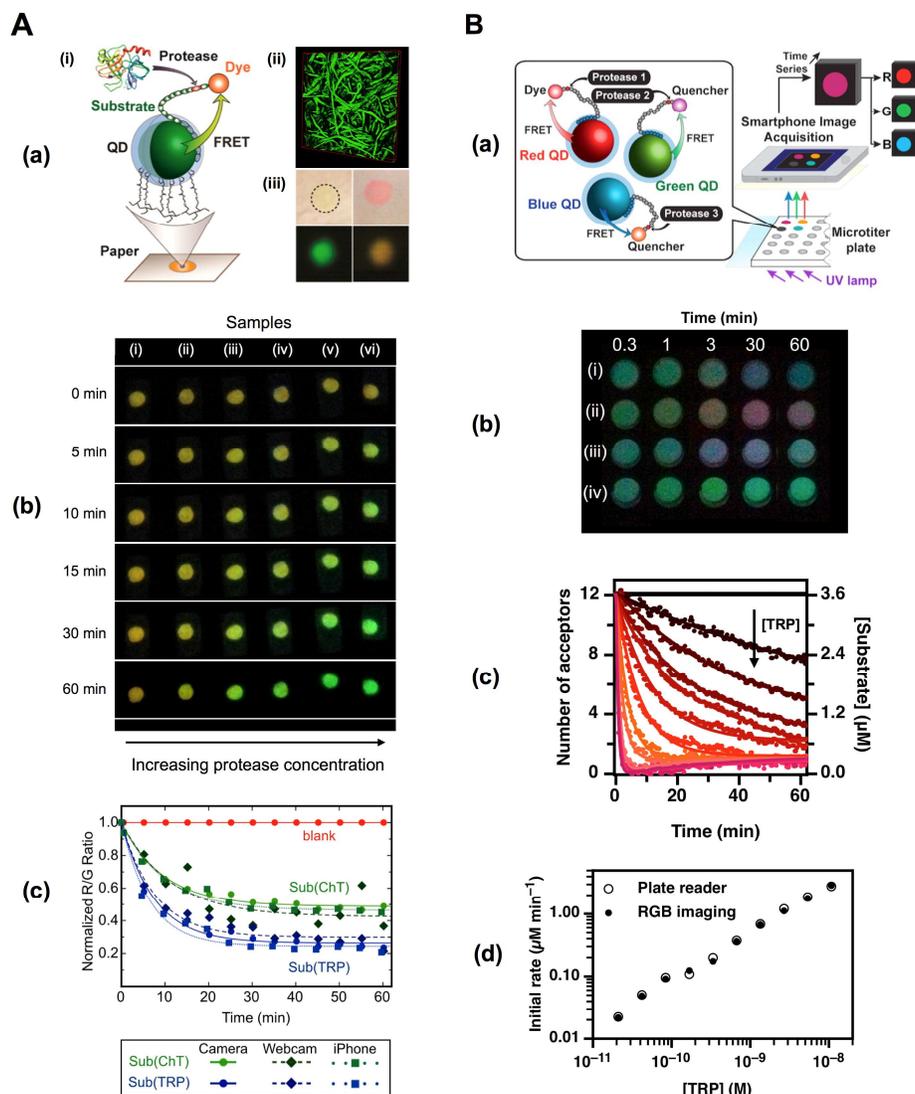


767  
 768 **Figure 9.** Smartphone-based detection of *E. coli* using QDs as labels in a sandwich immunoassay.  
 769 **(A)** Schematic and **(B)** photograph of a cell phone fitted with an attachment for fluorescence detection.  
 770 The attachment housed LED excitation sources, a longpass filter, and a lens to image a parallel array of  
 771 10 capillary tubes that were modified with capture antibodies for the immunoassay. **(C)** The specificity of  
 772 immunoassay for *E. coli* O157:H7 was demonstrated against *Salmonella* contaminated samples. Adapted  
 773 from ref.<sup>131</sup> with permission from The Royal Society of Chemistry.  
 774

775 Another advantage of QDs is their spectrally narrow emission, which permits direct use of the  
 776 built-in colour filters of CMOS image sensors for ratiometric detection and spectral  
 777 multiplexing. Ratiometric detection is ideal for POC/PON applications because of its relative  
 778 insensitivity to variations in excitation intensity and emission detection efficiency, which may be  
 779 inherent to low-cost components, battery operation, and inconsistencies in the distance and  
 780 relative orientation between the light source, sample and CMOS sensor. The Algar Laboratory  
 781 demonstrated Förster resonance energy transfer (FRET) assays with QDs and smartphone  
 782 imaging, including heterogeneous paper-based assays with array-based multiplexing<sup>132</sup> and

783 homogenous assays with spectral multiplexing.<sup>133</sup> Both assays utilized trypsin, chymotrypsin,  
784 and enterokinase as model analytes for assaying proteolytic activity. In the heterogeneous assay  
785 format,<sup>132</sup> green-emitting CdSeS/ZnS QDs were immobilized on a paper substrate and  
786 conjugated with Alexa Fluor 555 (A555)-labelled peptide substrates with recognition sites for the  
787 proteases of interest. The QD and A555 formed a donor-acceptor pair for FRET, where, upon  
788 excitation with a violet LED, QD and A555 emission were measured in the green and red  
789 channels of images acquired with a CMOS image sensor (see Figure 10A). Disruption of FRET  
790 by proteolytic activity was tracked by changes in the ratio of red/green channel intensities.  
791 Consistent results were obtained between a low-cost digital camera (Moticam 1), an off-the-shelf  
792 webcam (Logitech C270), and a smartphone (iPhone 4S). Use of these CMOS devices was  
793 facilitated by enhancement of FRET within the paper matrix,<sup>134</sup> in addition to the brightness and  
794 spectrally narrow emission of the QDs, the latter of which permitted measurement of A555  
795 emission in the red channel without crosstalk from QD emission. In the homogenous assay  
796 format,<sup>133</sup> all three colour channels of a smartphone camera were utilized by matching the  
797 channels to QDs that had emission in the blue, green and red regions of the spectrum (Figure  
798 10B).<sup>133</sup> The narrow emission of the QDs minimized crosstalk. Three-plex assays for proteolytic  
799 activity were demonstrated by forming FRET pairs between the blue-, green- and red-emitting  
800 QDs and QSY35 quencher, QSY9 quencher and Alexa Fluor 647, respectively. Samples in clear-  
801 bottomed microtiter plate wells were illuminated with a battery-powered UVA lamp (4 W) and  
802 time-lapse images were acquired with a smartphone app. The rate of change in the intensity of  
803 each RGB channel was correlated with a particular protease concentration, where it was possible  
804 to detect less than 20 pM of protease under optimum conditions.

805



806

807 **Figure 10. (A)** Paper-based, ratiometric QD-FRET assay for the detection of protease activity. (i) Assay  
 808 format: (a) Immobilized QDs conjugated with dye-labelled peptide substrates on a paper test strip;  
 809 (ii) confocal PL image of QDs immobilized on cellulose paper fibres; (iii) photographs of paper substrates  
 810 modified with QDs (left) and QD-peptide-dye conjugates (right), taken under white light (top) and UVA  
 811 illumination (bottom). (b) Time-lapse images of changes in test strip PL with different concentrations of  
 812 protease solution (i-vi). Test strip PL changes from yellow to green with loss of FRET. Images were  
 813 recorded with a smartphone camera under violet LED illumination. (c) The red/green (R/G) ratio from  
 814 those images permits quantitative tracking of proteolysis. Comparable results were obtained between a  
 815 digital camera, webcam and smartphone. Adapted with permission from ref.<sup>132</sup> Copyright 2013 American  
 816 Chemical Society. **(B)** Multiplexed homogeneous assay for protease activity with QDs and FRET.  
 817 (a) Schematic of the assay design. (b) Colour images of blue-, green- and red-emitting QD-peptide  
 818 conjugates with exposure to different amounts of three proteases (i-iv). (c) Progress curves for different  
 819 concentrations of a protease obtained from RGB image readout. (d) Comparison of initial proteolytic rates  
 820 for replicate assays with smartphone (RGB imaging) readout versus a conventional fluorescence plate  
 821 reader. Adapted with permission from ref.<sup>133</sup> Copyright 2013 American Chemical Society.  
 822

823 In the above examples, QDs excelled in readout configurations where most fluorescent dyes  
824 would have fared poorly: the spectrally narrow absorption band and small Stokes shift of dyes is  
825 not ideal for unmodified excitation from an LED, nor is their typically lower brightness, and  
826 their spectrally broader emission would generate crosstalk between the RGB colour channels in  
827 smartphone images.

828

### 829 3.2.5 Phosphorescent NPs

830 Juntunen *et al.* evaluated polystyrene NPs carrying phosphorescent europium(III) chelates as  
831 labels for the LFA detection of prostate specific antigen (PSA) and streptavidin-biotin  
832 interactions, and compared these two model assays to analogous Au NP-LFA assays.<sup>135</sup> The  
833 phosphorescence-based assays exhibited between 7–300-fold greater sensitivity than the Au NP  
834 labels, albeit with the caveat of using different readout systems. Phosphorescence imaging was  
835 done with UV lamp (6 W) excitation and a digital camera (Canon PowerShot SX130; 15 s  
836 exposure time) with a suitable bandpass filter, whereas optical density measurements for Au NP  
837 LFAs were done with a flatbed scanner (CanoScan 9900F; see Section 3.3 for scanner-based  
838 assays). The digital camera imaging of phosphorescent NPs was also compared with  
839 measurements using a filter-based plate reader system equipped with a xenon lamp and PMT  
840 detector (PerkinElmer Victor X4). Given that europium chelates have emission lifetimes on the  
841 order of  $10^{-4}$  s, both prompt emission and time-gated emission measurements were possible with  
842 the plate reader. The advantage of time-gating is the ability to reject short-lived ( $< 10^{-6}$  s)  
843 background from assay substrates or sample matrices. Unsurprisingly, the time-gated plate  
844 reader measurements with phosphorescent NP labels provided the lowest LOD ( $0.02 \text{ ng mL}^{-1}$   
845 streptavidin), followed by non-time-gated plate reader measurements ( $0.03 \text{ ng mL}^{-1}$ ) and digital  
846 camera imaging ( $2.2 \text{ ng mL}^{-1}$ ). The Au NP LFA had the least favourable LOD ( $6.1 \text{ ng mL}^{-1}$ ).

847

## 848 3.3 Scanners

### 849 3.3.1 Technology

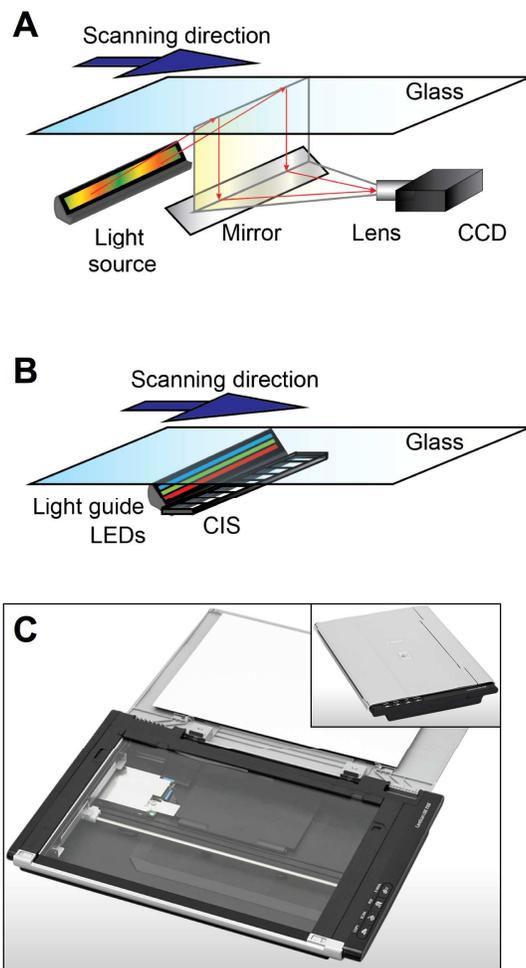
850 Scanners can create digital images with a large field of view ( $> 600 \text{ cm}^2$ ), good resolution ( $\geq 600$   
851 dpi), and a wide range of optical density (0–4). Imaging is done with either CCD sensor or  
852 contact image sensor (CIS) technologies (Figure 11). CCD-based scanners are equipped with  
853 white light illumination and a demagnifying lens to focus the entire field of view onto the image

854 sensor, which comprises three linear arrays of CCD elements sensitive to red, green and blue  
855 light. The CIS image sensor is a linear array of photodiodes that is located next to the bottom  
856 surface of the glass imaging surface. The illumination system is a combination of red, green and  
857 blue LEDs, which avoids the need for optical filters. Although this configuration does not require  
858 demagnification, it has a much shorter depth of field (*ca.* 100  $\mu\text{m}$ ) than CCD sensors. CIS-based  
859 scanners have become a *de facto* standard for most office and consumer settings because of their  
860 smaller size, greater robustness, lower cost, and lower power consumption when compared to  
861 CCD-based scanners.

862

863 The flatbed scanner was one of the first consumer electronic devices to be used for the readout of  
864 bioassays. Scanners have been extensively utilized for quantification of LFAs with Au NP labels,  
865 both without<sup>136-140</sup> and with<sup>141, 142</sup> silver staining, as well as assays with colloidal carbon NPs<sup>143-</sup>  
866 <sup>146</sup> and viral NPs<sup>147</sup> labels. Examples of these assays are described below.

867



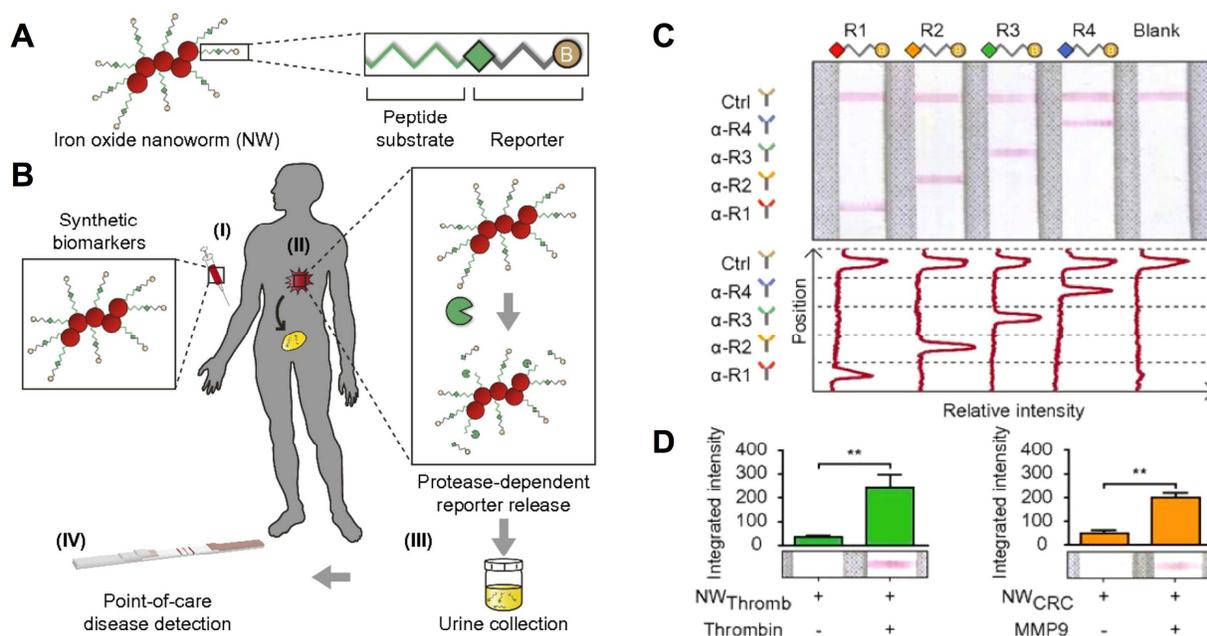
868  
 869 **Figure 11.** Simplified schematic of the main optical components in **(A)** CCD and **(B)** CIS scanners.  
 870 **(C)** Example of commercially available USB-operated scanner (Canon CanoScan LiDE 700f).  
 871

### 872 3.3.2 Au NPs

873 Increasing amounts of Au NPs and silver-enhanced Au NPs appear progressively darker in  
 874 grayscale images from scanners. Although this readout platform remains popular after more than  
 875 a decade, there are indications its use will diminish with increased use of smartphone imaging.  
 876

877 Recently, Warren *et al.* developed a detection platform for non-communicable diseases (*e.g.*,  
 878 stroke, heart disease, cancer) using synthetic biomarkers for enzyme activity and LFA-based  
 879 urinalysis with scanner readout.<sup>136</sup> Protease-sensitive NPs were constructed by conjugating  
 880 peptide substrate-biotinylated ligand chimeras to iron oxide nanoworms known to have long  
 881 circulation times *in vivo*. Following injection into mice, hydrolysis of peptide substrates by

882 upregulated proteases released the biotinylated ligands *in vivo* with subsequent excretion in  
 883 urine. Urine was analyzed with a LFIA that had anti-ligand capture antibodies and used Au NP-  
 884 streptavidin conjugates as reporters, allowing for multiplexed detection of proteolytic activity  
 885 associated with thrombosis (thrombin) and colorectal cancer (matrix metalloproteinase-9), as  
 886 shown in Figure 12. To account for the variations in analyte concentration in urine due to host  
 887 and environmental factors, the authors also included an internal standard in their assay.  
 888 Quantitative analysis of LFIA results from scanned images (Epson V330 Photo scanner)  
 889 provided an LOD of 1 nM with a dynamic range of 1–7 nM. The authors also noted a good  
 890 correlation between scanner images and smartphone images (Samsung Galaxy Nexus).<sup>136</sup>  
 891



892  
 893 **Figure 12.** Assay for cancer biomarkers with protease-sensitive iron oxide nanoworms (NWs).  
 894 (A) Nanoworms are conjugated with peptide substrates for thrombin and matrix metalloproteinase-9  
 895 (MMP9). (B) The nanoworms are administered through (i) intravenous injection to (ii) measure proteolytic  
 896 activity *in vivo*. Reporters released by proteolytic activity are (iii) excreted in urine and analysed by (iv)  
 897 LFIA. (C) Spatially multiplexed LFIA to detect reporters spiked in mouse urine. The positions of  
 898 immobilized capture antibodies are indicated. (D) *In vitro* assays for thrombin (left) and MMP9 (right) in  
 899 spiked mouse urine samples. The graphs show the test line intensities without (–) and with (+) protease.  
 900 Full assays depicted in panel B were done with mouse models. Adapted from ref.<sup>136</sup> Copyright 2014 the  
 901 original authors.

902

903

904 Some other notable examples of scanometric LFAs with Au NP reporters include work by Gong  
905 *et al.* on a “lab-in-a-pen” device that contained a lancet for direct drawing of blood from a finger  
906 prick and clinical detection of Hepatitis B biomarkers,<sup>137</sup> and LFAs demonstrated by Anfossi *et*  
907 *al.* for the detection of fumonisins<sup>139</sup> and aflatoxins<sup>140</sup> in corn and cereal samples, using portable  
908 USB-powered scanners (CanoScan LiDE 200 and OpticSlim 500). The Juncker Laboratory has  
909 also reported the use of a USB-scanner (CanoScan LiDE 700; Figure 10C) for readout of Au NP-  
910 based immunochromatographic assays developed on cotton thread rather than a conventional  
911 LFS.<sup>138</sup> C-reactive protein (CRP), a cardiac biomarker, was detected in buffer and serum with an  
912 LOD of *ca.* 10 ng mL<sup>-1</sup>, where the clinically relevant cut-off for CRP detection is 3 µg mL<sup>-1</sup>.  
913 Multiplexed detection of CRP, leptin, and osteopontin within 20 min was also demonstrated  
914 with the thread format and scanometric readout.<sup>138</sup>

915  
916 Similar to smartphone imaging, the detection of low-abundance analytes with Au NPs and a  
917 scanner may require a signal amplification strategy such as silver enhancement. Such was the  
918 approach in a LFA for detection of amplified HIV-1 RNA for assessment of viral load.<sup>141</sup> In this  
919 study by Rohrman *et al.*, Au NP-oligonucleotide conjugates were used as reporters and an  
920 extensive range of parameters were optimized, including Au NPs size (50–60 nm was optimal  
921 from a 15–80 nm range). Interestingly, the authors found that gold enhancement of Au NPs  
922 provided a larger improvement in signal-to-noise ratio than silver enhancement (25% vs. 15%)  
923 by providing lower background. Under optimum conditions, and using scanner imaging (Epson  
924 Perfection V500 Photo scanner) for readout, the LOD for plasmid RNA was 9.5 log<sub>10</sub> copies  
925 with a linear dynamic range from 10.5 log<sub>10</sub>–13 log<sub>10</sub> copies.<sup>141</sup> Similarly, the Yu Laboratory has  
926 utilized silver enhancement for scanometric assays with hairpin oligonucleotide probes  
927 immobilized on polycarbonate substrates.<sup>142</sup> In this format, one terminus of a hairpin probe was  
928 attached to the substrate while the other was biotinylated but inaccessible to streptavidin due to  
929 its proximity to the substrate surface. Depending on its sequence and design, the hairpin probe  
930 opened in response to a target DNA sequence, thrombin, or Hg<sup>2+</sup> ions. Au NP-streptavidin  
931 conjugates then bound to the distal biotin, were silver enhanced, and read out as grayscale  
932 intensities using a scanner (Microtek). Detection limits for the three targets were between 1–10  
933 nM.<sup>142</sup>

934

### 935 3.3.3 Colloidal Carbon NPs

936 Amorphous carbon black NPs are easily synthesized, inexpensive materials that offer high  
937 contrast for imaging LFAs on white paper. A major challenge with this NP is its high tendency  
938 for aggregation, particularly during the drying step needed for preparation of the conjugate pad  
939 of a LFA. Nevertheless, LFS immunoassays have been demonstrated for detection of  
940 erythropoietin,<sup>143</sup> a glycoprotein hormone that regulates production of red blood cells. The LFS  
941 were imaged using a scanner (Epson) set to produce in 16-bit grayscale images that were  
942 analyzed in software. The LOD was 1.2 fM, which was two orders of magnitude lower than the  
943 corresponding ELISA.<sup>143</sup> In another LFA, methiocarb pesticide in surface water was detectable  
944 down to 0.5 ng mL<sup>-1</sup> within 10 min using 120 nm amorphous carbon NP-antibody conjugates.<sup>144</sup>  
945 The LFS were scanned in grayscale mode (Epson Perfection V700 Photo scanner) and the test  
946 line intensities were analyzed in software. Scanner readout was also used for the detection of  
947 carbohydrate-deficient isoforms of transferrin with a LFS that incorporated affinity- or ion-  
948 exchange-based removal of unwanted isoforms prior to immunochromatographic detection with  
949 colloidal carbon-antibody conjugates as reporters.<sup>145</sup>

950  
951 Linares *et al.* designed model dot blot assays with biotin-streptavidin binding to compare the  
952 performance of Au NPs, silver-enhanced Au NPs, blue latex beads, and carbon NPs.<sup>146</sup> The  
953 carbon NPs provided the best LOD (0.01 µg mL<sup>-1</sup>), followed by silver-enhanced Au NPs (0.1 µg  
954 mL<sup>-1</sup>), Au NPs (1.0 µg mL<sup>-1</sup>), and latex beads (1.0 mg mL<sup>-1</sup>). Dot blots were scanned (Hewlett-  
955 Packard 3800 Scanjet) and the images processed in software by splitting into RGB colour  
956 channels. The channel with the most intensity was converted into an 8-bit grayscale image for  
957 quantification. Although carbon NPs significantly improved assay sensitivity, these materials  
958 have limited colloidal stability and lack of functional groups on the surface, the latter of which  
959 stipulates the preparation of bioconjugates through non-specific adsorption. A drawback of this  
960 approach is that it does not permit control over the orientation of antibodies, which can result in  
961 non-trivial loss of binding activity.<sup>79</sup>

962

### 963 3.3.4 Viral NPs

964 Although the major focus of research on VNPs is their use as delivery vehicles for drugs and  
965 contrast agents,<sup>148</sup> VNPs have also been utilized as carriers for labels in assays. Adhikari *et al.*

966 designed a LFA-ELISA for the detection of MS2 bacteriophage using bacteriophage M13 VNPs  
967 that were modified with horseradish peroxidase (HRP) and target-specific antibodies.<sup>147</sup>  
968 Quantification of MS2 relied on the generation of blue colour with turnover of 3,3',5,5'-  
969 tetramethylbenzidine (TMB) by HRP. An LOD of  $10^4$  pfu mL<sup>-1</sup> was possible with scanner  
970 readout (Epson V600 color scanner) and image analysis in software. This LOD was 1000-fold  
971 better than the LOD for an LFA with Au NP labels.

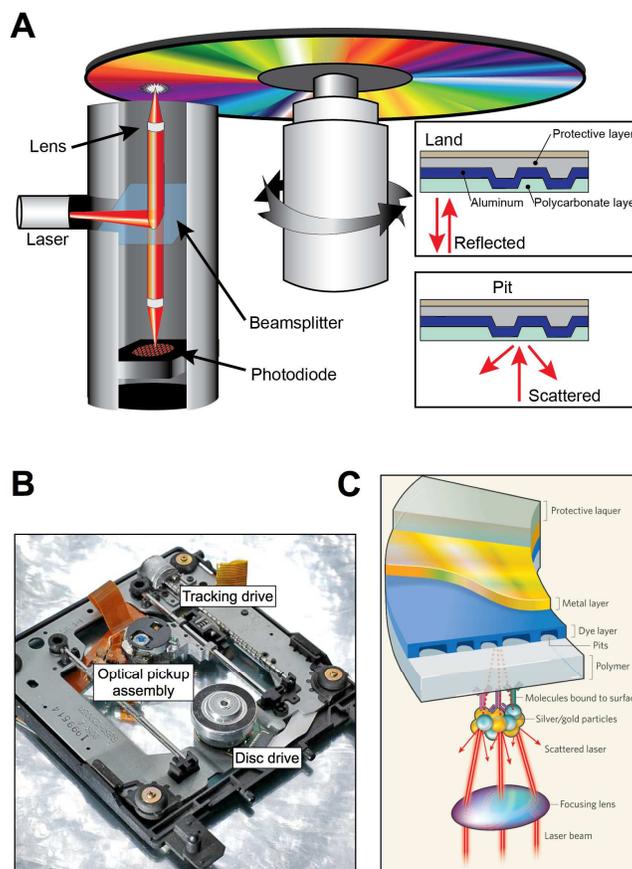
972

### 973 **3.4 Optical Disc Drives**

#### 974 **3.4.1 Technology**

975 Optical disc drives, colloquially known as CD, DVD and Blu-Ray Disc (BRD) players and  
976 writers, read information using a diode laser and photodiode. With the aid of a tracking drive and  
977 a disc drive, the laser beam scans the surface of the disc in a spiral pattern, from the centre  
978 outwards, as the disc spins. Discs comprise a polymer substrate with tracks of “pits” and “lands”  
979 coated with a reflective layer of metal and an additional layer of polycarbonate. The laser beam  
980 is reflected from lands and detected by the photodiode (Figure 13A) resulting in a digital 1 bit.  
981 Laser light reflected from pits does not reach the photodiode and generates a digital 0 bit. The  
982 primary difference between CD, DVD, and BRD players is the wavelength of the laser used and  
983 the consequences it has on the storage capacities of the corresponding discs. CD drives use near-  
984 infrared lasers (780 nm), DVD drives use red lasers (650 nm), and BRD drives use violet (405  
985 nm) lasers. Shorter wavelengths of light can be focused to a smaller diameter spot, permitting  
986 greater resolution and use of smaller pits and lands for higher data densities. The primary  
987 mechanical components (Figure 13B) are standard between the different drive types.

988



989  
 990 **Figure 13.** (A) Simple schematic illustrating readout of a CD/DVD/BRD in an optical drive.  
 991 (B) Photograph of the primary mechanical components of an optical drive (adapted from Wikipedia).  
 992 (C) Readout principle of binding assay on a disc: Au NPs bound to the disc through selective binding  
 993 events are silver enhanced to form larger particles that scatter the laser beam, which alters the digital  
 994 readout of the disc. Panel C reprinted with permission from ref.<sup>149</sup> Copyright Macmillan Publishers Ltd:  
 995 Nature 2008.

996  
 997 As recently reviewed,<sup>150, 151</sup> the use of CDs/DVDs for centrifugal microfluidics has been an  
 998 active area of research for many years. Despite significant progress in the field, particularly with  
 999 respect to biomedical diagnostics, there are only a few commercialized products. One example is  
 1000 a commercial centrifugal device developed by Abaxis that requires only a 100  $\mu\text{L}$  blood sample  
 1001 to perform a range of medical tests in a multiplexed format, including measurement of important  
 1002 electrolytes and metabolites, and biomarkers for hepatic, renal, and liver function.<sup>152</sup> The data is  
 1003 acquired with a special readout instrument that acts as a spectrophotometer, incorporating a  
 1004 xenon flash lamp, optics, and photodetector for absorbance measurements of colourimetric

1005 indicators at nine different wavelengths. Despite the convenience and sample-to-answer assay  
1006 format, the instrument cost (\$16 500) and the cost of test cartridges (\$30-40 each) remains a  
1007 potential barrier to widespread use, particularly in low-resource settings.

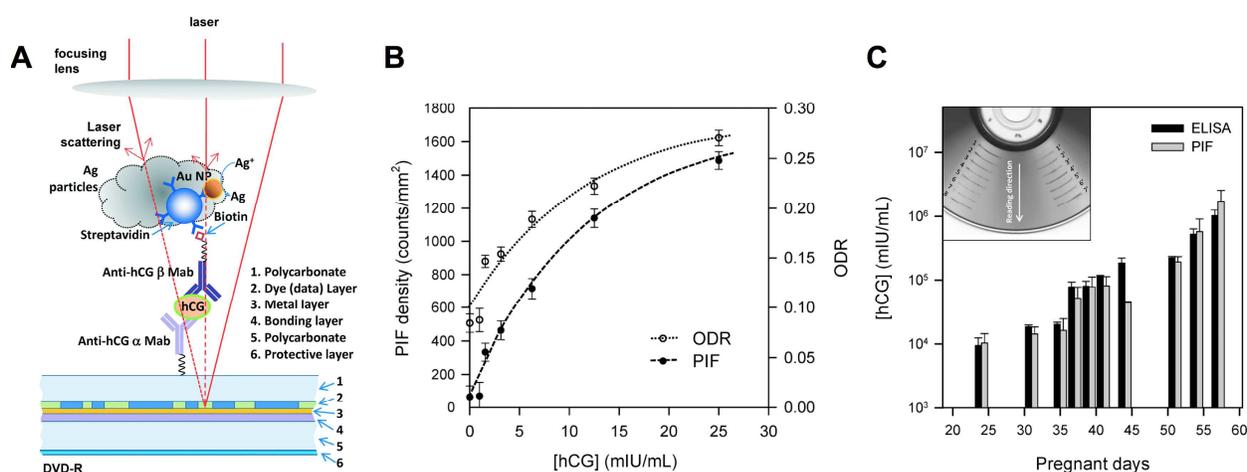
1008  
1009 Digital discs are inexpensive, and their polycarbonate surface can be exploited as a substrate for  
1010 array-based assays through simple surface chemistry modifications using UV/ozone treatment<sup>153</sup>  
1011 or through physisorption without pretreatment.<sup>154</sup> The readout of disc-based assays can be done  
1012 with custom hardware modifications of commercial optical drives,<sup>155</sup> or with off-the-shelf  
1013 CD/DVD/BRD players or computer optical drives. For POC/PON applications, off-the-shelf  
1014 units are much more accessible and cost effective. For readout, objects with a size greater than  
1015 one-quarter the laser wavelength can disrupt its reflection (Figure 13C), and the Yu Laboratory  
1016 has found that these disruptions can be converted into quantitative information by running freely  
1017 available disc-diagnostic software.<sup>29</sup> The error distribution trends are reproducible between  
1018 different software programs and different optical drives.<sup>156</sup> An alternative approach for readout,  
1019 described by the Maquieira Laboratory, extracts binary code from the disc using custom  
1020 hardware and software.<sup>157, 158</sup> Signals from the disc player photodetector are digitized and  
1021 deconvolved into an image, where the image optical density is proportional to analyte  
1022 concentration.<sup>157, 159</sup>

1023

### 1024 **3.4.2 Au NPs**

1025 The abovementioned readout strategies for CD/DVD drive assays have been used to monitor  
1026 streptavidin-biotin binding,<sup>160</sup> for DNA hybridization assays<sup>156</sup> and immunoassays,<sup>157, 161</sup> and for  
1027 assaying metal ions.<sup>162</sup> Recently, BRD optical drives have also been used for readout of biotin-  
1028 streptavidin interactions,<sup>163</sup> competitive immunoassays and DNA hybridization assays.<sup>154, 164</sup>  
1029 Silver-enhanced Au NPs were used as reporters in each of the foregoing assays because  
1030 disruption of the laser beam during disc scanning occurs to a greater extent with larger objects.  
1031 For example, the Yu Laboratory demonstrated CD-based DNA hybridization assays and  
1032 immunoassays for human IgG (see Figure 13) with LODs of 25 nM and 25 ng mL<sup>-1</sup>,  
1033 respectively.<sup>156</sup> Most recently, these researchers reported a quantitative disc-based assay with  
1034 performance comparable to a standard ELISA using human chorionic gonadotropin (hCG) as a  
1035 model biomarker (Figure 14).<sup>164</sup> A DVD was modified with a multichannel PDMS plate, and

1036 sandwich assays were done in the channels with Au NPs as reporters. Following silver  
 1037 enhancement, hCG concentrations were determined from readout in terms of error distributions  
 1038 (PIF) obtained from an optical drive and disc quality software, or from readout in terms of  
 1039 optical darkness ratio (ODR) obtained from scanner images (Epson Perfection 1250). The 1.5  
 1040 mIU mL<sup>-1</sup> LOD was comparable to a standard ELISA test, and there was good correlation  
 1041 between disc assay results and ELISA results for urine samples from pregnant women.<sup>164</sup> The  
 1042 Maquieira Laboratory has demonstrated a DVD-based assay for multiplexed detection of  
 1043 atrazine, chlorpyrifos, metolachlor, sulfathiazole, and tetracycline with LODs in the range 0.10–  
 1044 0.37 µg L<sup>-1</sup> and dynamic ranges over two orders of magnitude.<sup>157</sup> These researchers also  
 1045 developed a BRD-based assay for microcystine LR, a naturally occurring toxin, with an LOD of  
 1046 0.4 µg L<sup>-1</sup>, a dynamic range between 0.12–2.00 µg L<sup>-1</sup>, and a total assay time of 60 min.<sup>154</sup>  
 1047



1048  
 1049 **Figure 14.** DVD-based assay for hCG: **(A)** Illustration of the assay format and scatter of the laser beam  
 1050 by silver-enhanced Au NPs; **(B)** calibration curve for hCG in terms of disc error distribution (PIF; optical  
 1051 drive readout) and optical darkness ratio (ODR; scanner readout); **(C)** Comparison of urine hCG levels  
 1052 measured with the DVD-based assay and a standard ELISA for a pregnant woman. The inset in panel C  
 1053 shows a photograph of the DVD with PDMS sample channels. Adapted from ref.<sup>164</sup> with permission from  
 1054 The Royal Society of Chemistry.

1055  
 1056  
 1057 To the best of our knowledge, silver-enhanced Au NPs are the only NP materials to have been  
 1058 used as a reporter for optical disc-based assays to date. Among the other NP materials discussed  
 1059 in this review, carbon black NPs would presumably be the most suitable alternative to metallic

1060 NPs, as they would provide the optical density to modulate reflection of the laser beam used for  
1061 readout.

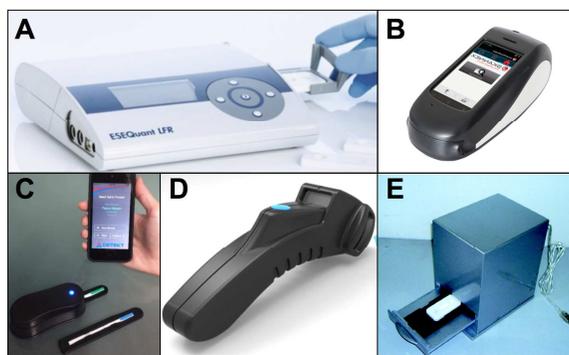
1062

### 1063 3.5 Strip Readers

#### 1064 3.5.1 Technology

1065 Strip readers are commercially available or custom-built instruments for readout of LFA strips.  
1066 These instruments are either hand-held or have a small bench-top footprint, as shown in Figure  
1067 15. Although not mainstream consumer devices, they are designed with the intention of being  
1068 retailed at relatively low cost and with wide distribution, and their operation is conceptually  
1069 similar to those for scanners and CMOS camera devices. Light sources for optical readout are  
1070 typically white light LEDs for readout of colourimetric labels such as Au NPs, coloured latex  
1071 NPs, and carbon NPs; coloured LEDs or laser diodes for fluorescent dyes and QDs; or low-  
1072 power NIR lasers ( $\sim 1$  W)<sup>165</sup> for UCNPs. There are several commercial manufacturers of strip  
1073 readers (*e.g.*, Qiagen, Scannex, LRE, BD Diagnostics, Unison Biotech, and many others) with  
1074 prices ranging from a few hundred dollars to a few thousand dollars.

1075



1076

1077 **Figure 15.** Examples of commercial strip readers from (A) Qiagen (ESE Quant), (B) Scannex,  
1078 (C) iDetect, (D) DCN Diagnostics, and (E) Shanghai Kinbio Tech (DT1030).

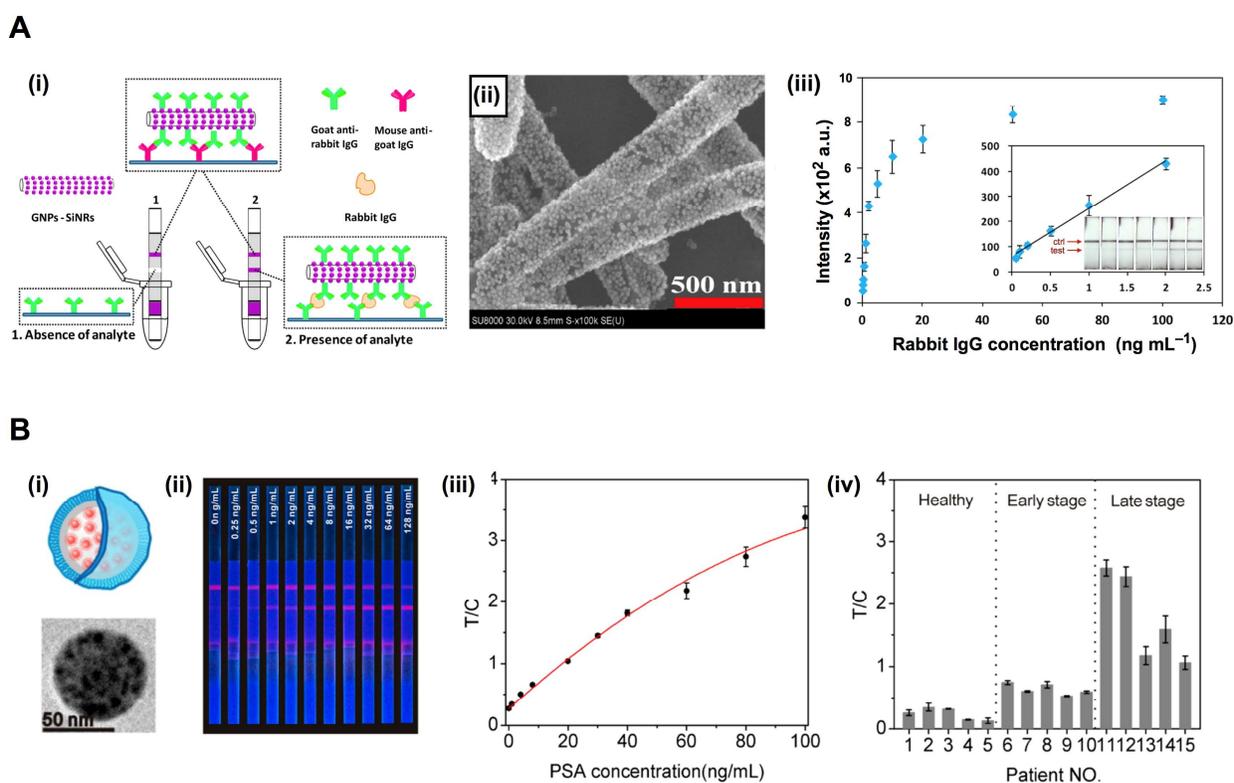
1079

#### 1080 3.5.2 Au NPs

1081 The value of Au NPs as reporters in strip reader assays is analogous to their value in scanometric  
1082 and disc-based assays: the Au NPs provide a high degree of optical contrast through modulation  
1083 of reflected light intensity. As with the other assay formats, silver enhancement can improve  
1084 assay sensitivity; however, an alternative strategy with similar gains has been demonstrated in  
1085 strip reader assays. This alternative strategy entails the use of nanocomposite labels that have

1086 many Au NPs attached to a larger NP scaffold, effectively increasing the net extinction  
 1087 coefficient per label. As an example, Xu *et al.* recently demonstrated improved sensitivity for  
 1088 LFIA with Au NP-decorated silica nanorods as labels for the detection of rabbit IgG as a model  
 1089 protein (Figure 16A).<sup>166</sup> The large surface area of the silica nanorods (3.4  $\mu\text{m}$  length, 200 nm  
 1090 diameter) was modified with both Au NPs (17 nm diameter; final density of  $\sim 10^4$  per nanorod)  
 1091 and antibodies (optimum density of  $\sim 10^4$  per nanorod). The LOD with the Au NP-silica nanorod  
 1092 composite labels was found to be  $0.01 \text{ ng mL}^{-1}$ , whereas Au NP labels alone could not detect  $1.0$   
 1093  $\text{ng mL}^{-1}$  rabbit IgG.

1094



1095  
 1096 **Figure 16. (A)** LFIA for IgG that uses silica nanorods functionalized with  $\sim 10^4$  Au NPs for signal  
 1097 amplification: (i) assay design; (ii) SEM image of the Au NP-modified silica nanorods; (iii) signal from a  
 1098 strip reader correlates with LFA test line colour intensity. Reprinted with permission from ref.<sup>166</sup> Copyright  
 1099 2014 American Chemical Society. **(B)** LFIA for prostate specific antigen (PSA) that uses polymer NP-  
 1100 encapsulated QDs for signal amplification: (i) illustration and SEM image of polymer NP-encapsulated  
 1101 QDs; (ii) Image of LFSS under UV illumination with visible red PL from the QDs; (iii) calibration curve for  
 1102 (iv) detection of PSA in clinical serum samples. Reprinted with permission from ref.<sup>167</sup> Copyright 2014  
 1103 American Chemical Society.

1104

1105 Another method of improving LFA sensitivity with strip readers (Cozart, SpinReact) was  
1106 demonstrated by the Merkoçi Laboratory. An array of hydrophobic wax pillars was printed along  
1107 a nitrocellulose membrane to produce delays and pseudoturbulence in the microcapillary flow,  
1108 yielding three-fold more sensitive detection of HIgG than analogous LFAs without pillars.<sup>168</sup> Au  
1109 NP-immunoconjugates were used as reporters.

1110  
1111 In addition to LFIA, Au NPs have been used as reporters in aptamer-based LFAs that use  
1112 portable strip readers for readout. Xu *et al.* utilized two thrombin-binding aptamers to construct a  
1113 sandwich LFA for thrombin.<sup>169</sup> The test zone of the LFS was modified with streptavidin and  
1114 biotinylated primary aptamer, and Au NPs were modified with secondary aptamers. In the  
1115 presence of thrombin, Au NPs were retained in the test zone and quantified using a portable strip  
1116 reader (DT1030, Shanghai Kinbio Tech). The LOD was 2.5 nM with an assay time of 10 min  
1117 and a dynamic range of 5–100 nM. These analytical figures of merit are comparable to LFIA.  
1118 Detection of thrombin in spiked human serum samples was also possible, but with much less  
1119 favourable figures of merit (LOD 0.6  $\mu$ M; dynamic range 1–60  $\mu$ M).<sup>169</sup> Au NPs have also been  
1120 used as reporters in an oligonucleotide-based LFA for Hg<sup>2+</sup> detection that exploits toehold  
1121 binding and Exonuclease III (ExoIII)-assisted signal amplification.<sup>170</sup> A hairpin DNA probe  
1122 containing a thymine-thymine (T-T) mismatch in a toehold domain served as a specific  
1123 recognition element for Hg<sup>2+</sup> ions, leading to opening of the hairpin and subsequent ExoIII  
1124 activity.<sup>170</sup> A product oligonucleotide fragment was then assayed on a LFS with Au NP-  
1125 oligonucleotide conjugates as reporters, permitting indirect detection of Hg<sup>2+</sup> with a strip reader  
1126 (DT1030) and an LOD of 1 pM. For the analysis of environmental water samples, the results  
1127 from the LFA agreed with an inductively coupled plasma mass spectrometry assay within  
1128  $\leq 7.6\%$ . Although the shelf-life of LFS was at least 6 months, the ExoIII enzyme is typically  
1129 stored at  $-20\text{ }^{\circ}\text{C}$  and may not be amenable to low-resource or out-of-lab settings.

1130  
1131 Undoubtedly, there are many other examples of LFA that use Au NPs as reporters, whether with  
1132 strip readers or other readout devices. Indeed, Au NPs have become the label of choice for  
1133 LFIA and are widely used in commercial tests.

1134  
1135

### 1136 3.5.3 Quantum Dots

1137 Strip reader assays with QDs are conceptually similar to their smartphone counterparts, where a  
1138 LFS is illuminated with excitation light and the QD PL intensity is measured using a  
1139 photodetector and an appropriate spectral filter. The drawback of strip readers that do not include  
1140 CMOS sensors with a built-in RGB filter is their lack of suitability for spectral multiplexing.

1141  
1142 Zou *et al.* have used QD as labels in a LFIA to detect 3,5,6-trichloropyridinol (TCP), a  
1143 biomarker for exposure to chlorpyrifos insecticide, in rat plasma.<sup>171</sup> Red-emitting QDs were  
1144 conjugated with a TCP derivative, and these QD-TCP conjugates were spotted on the conjugate  
1145 pad. Upon LFS development, these conjugates competed with TCP in the sample for binding to  
1146 capture antibodies in the test zone. The PL intensity in the test zone was measured with a  
1147 portable strip reader (ESE-Quant FLUO). The LOD was  $1 \text{ ng mL}^{-1}$  ( $\sim 5 \text{ nM}$ ) with an assay time  
1148 of 15 min.<sup>171</sup> Similarly, Li *et al.* combined a LFA with QD labels for detection of nitrated  
1149 ceruloplasmin, an important biomarker for cardiovascular disease, lung cancer, and stress  
1150 response to smoking.<sup>172</sup> Yellow-emitting QDs were conjugated with anti-nitrotyrosine and the  
1151 test line was modified with polyclonal anti-human ceruloplasmin antibodies. The LOD was  $1 \text{ ng}$   
1152  $\text{mL}^{-1}$  for buffer samples and  $8 \text{ ng mL}^{-1}$  for spiked human serum samples with a 10 min assay  
1153 time. Beyond immunochromatographic LFS assays, Wang *et al.* utilized red-emitting QDs as  
1154 reporters in an aptamer-based LFA for the detection of ochratoxin A with an LOD of  $1.9 \text{ ng mL}^{-1}$   
1155 and an assay time of 10 min.<sup>173</sup>

1156  
1157 Similar to the concept of modifying a larger NP scaffold with many Au NPs, a strategy to  
1158 increase the sensitivity of assays with QD reporters is to use a larger polymeric NP as a carrier  
1159 for multiple QDs. For example, to improve the sensitivity of a LFIA for prostate specific antigen  
1160 (PSA), Li *et al.* encapsulated red-emitting CdSe/CdS/Cd<sub>x</sub>Zn<sub>1-x</sub>S/ZnS QDs into amphiphilic  
1161 triblock copolymer NPs of two different sizes (68 nm or 130 nm diameter).<sup>167</sup> The signal-to-  
1162 background ratio was better for the smaller polymer NPs because they exhibited less non-  
1163 specific adsorption. The QD-doped polymer NPs (quantum yield 55%, LOD  $0.33 \text{ ng mL}^{-1}$ )  
1164 provided a 12-fold better LOD than individual thiocarboxylic acid-coated QDs (quantum yield  
1165 38%, LOD  $3.87 \text{ ng mL}^{-1}$ ) and were suitable for assaying clinical serum samples (Figure 16B).  
1166 The LOD was sufficient for detection of early-stage prostate cancer where PSA concentrations

1167 are 4–10 ng mL<sup>-1</sup> (*cf.* normal values of 0.5–2 ng mL<sup>-1</sup>). In this case, the strip reader was custom  
1168 built around a 405 nm diode laser and a fibre-optic spectrometer.<sup>167</sup> In another example, Ren *et*  
1169 *al.* developed a LFIA for the detection of aflatoxin B<sub>1</sub> (ATB<sub>1</sub>) in maize using red-emitting  
1170 CdSe/ZnS QDs embedded in polymer NPs (230 nm) that were conjugated with anti-ATB<sub>1</sub>  
1171 antibodies.<sup>174</sup> This assay had a dynamic range of 5–60 pg mL<sup>-1</sup> and an LOD of 0.42 pg mL<sup>-1</sup>.

1172

### 1173 3.5.4 Phosphorescent NPs

1174 In addition to time-gated measurements (see Section 3.2.5), another approach to minimizing  
1175 background fluorescence is use of a NIR light source to excite NaYF<sub>4</sub>:Yb,Eu UCNPs that emit in  
1176 the visible region. Strip readers can meet these specifications. In one example, UCNPs were  
1177 conjugated with a monoclonal antibody for the detection of *Vibrio anguillarum*, a pathogen  
1178 found in fish.<sup>175</sup> With a 15 min assay time, the LOD was 10<sup>2</sup> CFU mL<sup>-1</sup>, which was 100-times  
1179 better than an ELISA assay for the same target. The dynamic range was 10<sup>3</sup>–10<sup>9</sup> CFU mL<sup>-1</sup>.  
1180 UCNP-based assays have been field-tested for diagnostic applications in South Africa<sup>176</sup> and  
1181 Ethiopia.<sup>177</sup> Detection of circulating anodic antigen (CAA), a biomarker for *Schistosoma*  
1182 infection, was performed on ~2000 clinical serum samples by local physicians in South  
1183 Africa.<sup>176</sup> LFA and ELISA results were correlated for CAA concentrations above 300 pg mL<sup>-1</sup>,  
1184 and superior performance was noted at lower concentrations (30–90 pg mL<sup>-1</sup>) for LFAs with a  
1185 prototype strip reader (instrument design is described in ref.<sup>165</sup> and was commercialized<sup>178</sup>) and a  
1186 commercially available strip reader (ESEQuant). The LFA was also more robust and reliable. A  
1187 similar multiplexed LFA with UCNP labels for detection of leprosy-causing *mycobacterium*  
1188 *leprae* was developed by targeting a pro-inflammatory cytokine, IP-10, and anti-PGL-I  
1189 antibodies that are indicative of infection.<sup>177</sup> The LFS results correlated with traditional ELISA  
1190 results for whole blood assays with Dutch and Ethiopian leprosy patient samples.

1191

1192 In contrast to UCNPs, lanthanide complexes do not exhibit efficient upconversion, and time-  
1193 gated measurements are the only option for active background suppression. While such  
1194 measurements typically require sophisticated laboratory instrumentation, Song and Knotts  
1195 developed a prototype reader for time-resolved LFAs that was simple, portable and low-cost.<sup>179</sup>  
1196 These researchers also made use of the nanocomposite label strategy for signal enhancement that  
1197 was described for strip reader assays with QDs (see Section 3.5.3). Here, polymer NPs were

1198 doped with either europium(III) complexes, platinum(II) tetra-meso-fluorophenylporphine  
1199 (TMPFP) or palladium(II)-TMPFP, and conjugated with a monoclonal antibody for C-reactive  
1200 protein (CRP), an inflammatory biomarker. The LOD was  $< 0.2 \text{ ng mL}^{-1}$  in serum with a  
1201 dynamic range of  $0.2\text{--}200 \text{ ng mL}^{-1}$ . The reader used an LED with 395 nm emission for pulsed  
1202 excitation and silicon photodiodes as detectors: one photodiode was placed at the backing of the  
1203 LFS to account for fluctuations in LED intensity; the second photodiode was used to measure  
1204 phosphorescence from the NP labels. The total cost of materials for device construction was  
1205 approximately \$20.<sup>179</sup>

1206  
1207 Similar to the above example, the nanocomposite signal enhancement strategy described in  
1208 Sections 3.5.2 for strip reader assays with Au NPs can also be utilized with phosphorescent  
1209 lanthanide complexes. Song *et al.* used silica NPs loaded with europium(III) chelates as bright  
1210 labels for the detection of clenbuterol toxin in urine samples by LFIA.<sup>180</sup> The intensity of the test  
1211 line was measured with a strip reader (ESE-Quant LFR), providing an LOD of  $0.037 \text{ ng mL}^{-1}$   
1212 clenbuterol.

1213

1214

#### 1215 **4. Toward Electrochemical POC Assays with NPs**

1216

1217 Up to this point, we have focused on the role NPs can play in optical POC/PON assays and  
1218 diagnostics. Electrochemical assays are also common and versatile formats for chemical and  
1219 biological analyses, and many types of NPs have advantageous electrical and electrochemical  
1220 properties. However, a key difference between optical and electrochemical readout is that there  
1221 are not many consumer devices that are both commonplace and electrochemistry ready—a  
1222 notable exception being personal blood glucose meters.

1223

##### 1224 **4.1 Blood Glucose Meters as POC Devices**

1225 Glucose meters are well-established over-the-counter POC devices that allow monitoring of  
1226 blood glucose concentration. Typically retailing for \$20–\$100, personal blood glucose meters are  
1227 a multi-billion dollar market,<sup>181</sup> and test strips for those meters are manufactured on the order of

1228  $10^{10}$  per year (reflecting the prevalence of diabetes).<sup>182</sup> Advantages of these devices include low  
1229 cost, portability, ease of use and rapid results.

1230  
1231 At their core, glucose meters are amperometers that measure turnover of an electron-transfer  
1232 mediator in the enzymatic oxidation of glucose, typically by glucose oxidase, but also by glucose  
1233 dehydrogenase.<sup>183, 184</sup> The electrical current from the voltammetric conversion of the mediator  
1234 back to its initial state is proportional to the concentration of glucose. Measurements require less  
1235 than a drop of blood and results are available within seconds. The dynamic range for glucose  
1236 detection is typically 0.1–6.0 mg mL<sup>-1</sup> (0.6–33 mM) glucose. The devices are limited by the  
1237 accuracy of the results ( $\pm 20\%$  is acceptable), which may be subject to errors from batch-to-batch  
1238 variation in test strip production, user training and environmental factors.<sup>185</sup>

1239  
1240 As an alternative to dedicated blood glucose meter devices, FDA-approved smartphone apps and  
1241 plug-in devices have become available.<sup>102, 186, 187</sup> The population affected by diabetes continues  
1242 to increase worldwide (387 million worldwide in 2014<sup>188</sup>), with more and more cases of juvenile  
1243 diabetes ( $\leq 20$  years of age).<sup>189</sup> Smartphone-based glucose measurements accommodate this  
1244 demographic and, more pertinently, highlight that smartphones have diagnostic utility beyond  
1245 optical assays.

1246

#### 1247 **4.2 Repurposing Blood Glucose Meters and Cell Phones**

1248 As amperometers, there is no reason that blood glucose meters should be limited to the detection  
1249 of glucose; however, assays for non-glucose analytes must be designed to integrate with a device  
1250 optimized for only glucose detection. Several strategies have been employed to this end. One  
1251 strategy is to replace the glucose oxidase in test strips with other oxidase enzymes; for example,  
1252 cholesterol, L-lactate and ethanol have been assayed with blood glucose meters using  
1253 ferricyanide as an electron-transfer mediator and cholesterol oxidase, lactate oxidase and alcohol  
1254 dehydrogenase, respectively.<sup>184</sup> Another strategy, which is conceptually similar to an ELISA, is  
1255 to introduce an enzyme as a label in an affinity assay (*e.g.*, immunoassay assay, hybridization  
1256 assay) that converts a coreactant to glucose for measurement. For example, the enzymatic  
1257 conversion of sucrose to glucose by invertase has been used for the detection of cancer  
1258 biomarkers,<sup>190-193</sup> nucleic acids,<sup>194-196</sup> small molecules,<sup>197</sup> ions,<sup>198</sup> and bacteria<sup>199</sup> or their

1259 biomarkers.<sup>197</sup> Other non-glucose assays with glucose meters have used glucoamylase for the  
1260 conversion of amylopectin or amylose to glucose.<sup>200, 201</sup> Related strategies include the use of  
1261 glucose derivatives as substrates for detecting the enzymatic activity of proteases, esterases,  
1262 phosphatases, and glycosidases,<sup>202</sup> and monitoring the consumption of glucose by bacteria in  
1263 growth media.<sup>203</sup>

1264

### 1265 **4.3 Prospective Assays with NPs**

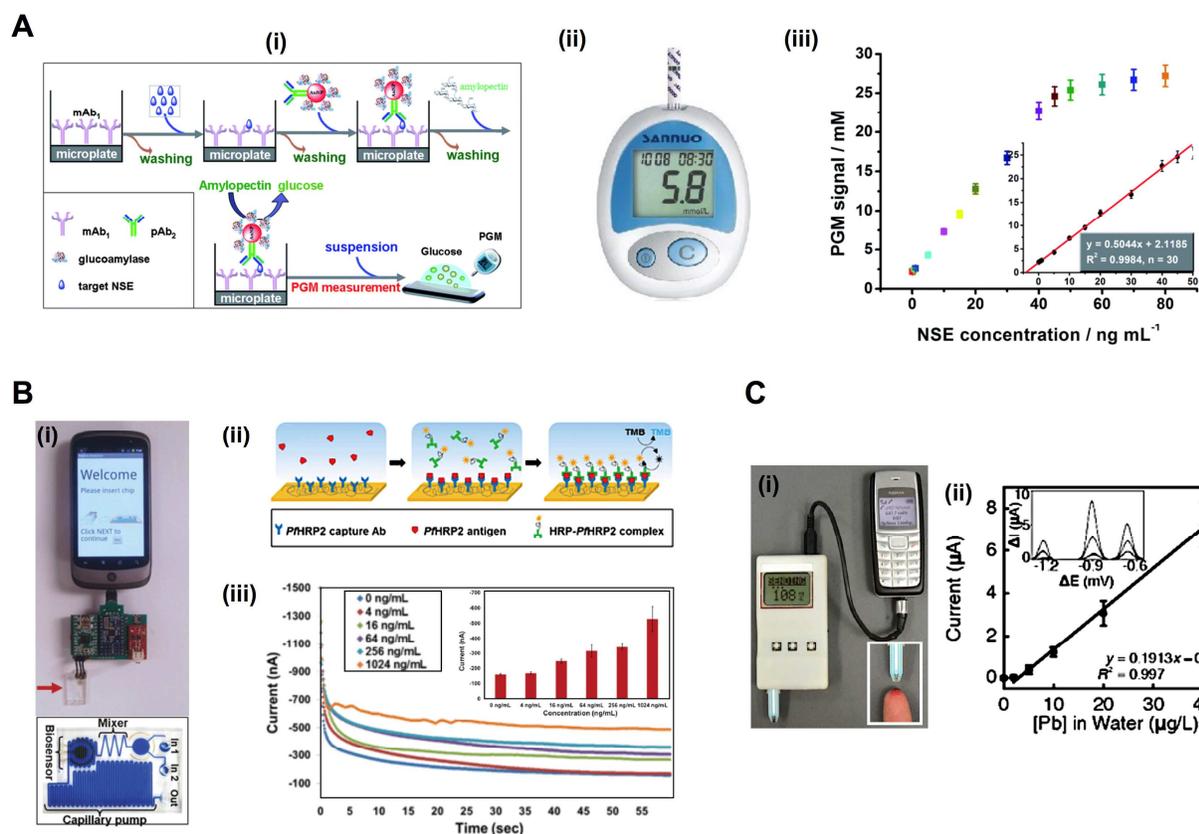
1266 To date, the use of NPs in electrochemical POC/PON diagnostics and assays has been very  
1267 limited. Of the many roles that NPs could potentially play in electrochemical assays, three roles  
1268 stand out as the most likely in the near future: (i) NPs as carriers for enzymes; (ii) NPs as labels  
1269 for anodic stripping voltammetry (ASV); and (iii) NP-modified electrodes. The platforms for  
1270 these assays may be off-the-shelf glucose meters or peripheral cell phone/smartphone  
1271 attachments.

1272

1273 The use of NPs as carriers for optical contrast reagents was described in Section 3. This strategy  
1274 can be adapted to affinity assays with glucose meters by modifying NPs with an oxidase enzyme,  
1275 invertase, or glucoamylase. An example of the latter was reported by Fu *et al.* for the detection of  
1276 neuron-specific enolase.<sup>200</sup> The format was an ELISA where Au NPs were modified with a  
1277 reporter antibody and multiple glucoamylase enzymes for turnover of amylopectin to glucose,  
1278 which was then measured with a glucose meter (Figure 17A). Analogous to the NP carrier  
1279 strategy for optical readout, this strategy is expected to provide greater sensitivity by associating  
1280 more enzymes with a single binding event. It is thus well-suited to increasing the sensitivity of  
1281 assays with a glucose meter as the readout platform, as well as assays with a cell phone readout  
1282 platform, for which a peripheral attachment has recently been developed for electrochemical  
1283 ELISA assays (Figure 17B).<sup>204</sup>

1284

1285



1286

1287

1288 **Figure 17. (A)** ELISA-readout with a glucose meter: (i) design of an assay for neuron-specific enolase  
 1289 that achieves enzymatic amplification with turnover of amylopectin to glucose by glucoamylase; (ii) the  
 1290 commercial glucose meter used for assays; (iii) calibration curve for detection of neuron-specific enolase.

Adapted with permission from ref.<sup>200</sup>

(B)

1291 Mobile phone attachment for an electrochemical ELISA on a  
 1292 microfluidic chip: (i) photograph of the phone, attachment and microfluidic chip; (ii) design of an ELISA for  
 1293 *Plasmodium falciparum* histidine-rich protein 2 (*PfHRP2*); (iii) chronoamperometric response to different  
 1294 concentrations of *PfHRP2* in human serum. The inset shows average current over the final 15 s of  
 1295 measurements. Adapted from ref.<sup>204</sup> with permission from The Royal Society of Chemistry.

(C)

1296 Stripping voltammetry with a cell phone: (i) photograph of universal mobile electrochemical detector (uMED)  
 1297 attachment for a cell phone that is capable of electrochemical measurements; (ii) calibration plot for the  
 1298 detection of Pb ions using square wave anodic stripping voltammetry. The inset shows square wave  
 1299 voltammograms for Zn, Cd, and Pb ions (left to right). Reprinted with permission from ref.<sup>205</sup> Copyright  
 1300 2014 the original authors.

1301 It was recognized very early that metal NPs and some semiconductor NPs (*e.g.*, Au NPs, QDs),

1302 because they comprise many hundreds to many millions of metal atoms depending on their size,

1303 represent sensitive labels for affinity assays based on ASV.<sup>206</sup> In these assays, after binding and

1304 washing steps, NPs are dissolved through chemical means and the resulting ions measured by

1305 ASV. A peripheral low-cost (\$25) potentiostat attachment for cell phones (Figure 17C) that is

1306 capable of ASV analysis of metal ions was recently reported,<sup>205</sup> and this technology would

1307 support the use of NPs as labels for affinity-based electrochemical POC assays (although the NP  
1308 dissolution step may not necessarily be amenable to POC settings).

1309  
1310 Another means of incorporating NPs into electrochemical POC/PON assays may be NP-  
1311 modified electrodes, which have different behaviour than unmodified macroelectrodes.<sup>207</sup> For  
1312 many POC/PON applications, paper test strips are envisioned, and screen printed electrodes have  
1313 been widely used in this context.<sup>22, 208</sup> NPs of interest for the modification of electrodes  
1314 (including screen-printed electrodes<sup>209</sup>) are Au and other precious metal NPs,<sup>5</sup> graphene and  
1315 reduced graphene oxide,<sup>210</sup> and carbon nanotubes,<sup>211</sup> among other materials.<sup>212</sup> NP-modified  
1316 electrodes have been shown to have electrocatalytic activity and facilitate direct electron transfer  
1317 between electrodes and biomolecules (*e.g.*, metalloproteins), both of which are advantageous for  
1318 sensing applications.<sup>5, 210, 213</sup> NP-modified screen-printed electrodes on paper substrates are thus  
1319 likely to be investigated for electrochemical POC/PON diagnostics and assays in the near future.

1320

1321

## 1322 **5. Conclusions and Outlook**

1323

1324 There is an undeniable need for POC diagnostic tests and assays that can address serious  
1325 challenges in health care, both in the developed world and the developing world, as well as a  
1326 parallel need for PON diagnostics in other sectors. Advances in these POC/PON diagnostics  
1327 have the potential to significantly improve quality of life and drive economic gain; accordingly,  
1328 research in these areas is very active and growing. The application of NPs and their unique size-  
1329 dependent properties to problems of biomedical concern is also an expanding and extremely  
1330 active area of research, and the convergence of this “bio-nano” research with POC/PON  
1331 diagnostic research offers many exciting opportunities. In particular, the properties of NPs can  
1332 enable, enhance and make easier the readout of POC/PON diagnostic results with consumer  
1333 electronic devices such as cell phones and smartphones, wearable technology, scanners, disc  
1334 players/optical drives, and personal blood glucose meters. The concept of using these devices is  
1335 an evolution of the idea behind strip readers, which have had clinical and field success, but with  
1336 the added and non-trivial benefits of mass-production and ubiquity in society.

1337

1338 From the perspective of NPs, there is still much work to be done toward POC/PON diagnostics  
1339 with consumer electronic devices. Most of the work to date has exploited the optoelectronic  
1340 components of consumer devices, with promising outcomes. Analytical performance can often  
1341 satisfy clinical requirements and is often comparable to that with laboratory instruments that are  
1342 much more expensive, non-portable, and require special training to operate. This success is, in  
1343 part, a credit to the quality of the optoelectronic components in many consumer devices, but is  
1344 equally (if not more so) a credit to the physical and optical properties of several NP materials.  
1345 Au NPs are already widely commercialized as contrast reagents for qualitative LFAs, and  
1346 readout of their intense red colour with consumer electronic devices such as smartphones, cell  
1347 phones, and scanners can offer quantitation with good sensitivity. The brightness, spectrally  
1348 broad absorption and narrow emission of QDs makes them an ideal material for developing  
1349 sensitive, ratiometric and multiplexed fluorescence assays with smartphone readout. The  
1350 upconversion luminescence and time-gating possible with UCNPs and NP-carriers of lanthanide  
1351 complexes, respectively, may be able to permit direct analysis of complex sample matrices (*e.g.*,  
1352 strongly coloured, autofluorescent, high concentration of particulates) that would otherwise  
1353 require preparatory steps, potentially reducing the time, infrastructure and training required for  
1354 the analysis. The full range of ways in which the properties of various NPs can interface with the  
1355 capabilities of both consumer electronic devices and supporting technologies for POC/PON  
1356 diagnostics (*e.g.*, microfluidic chips,<sup>26, 214</sup> paper analytical devices<sup>20, 215</sup>) remains to be  
1357 determined. Many assay formats and optically-active NPs remain to be evaluated in this context,  
1358 and the potential role of NPs in electrochemical POC/PON diagnostics is relatively unexplored  
1359 when compared to optical methods. A question that will need to be addressed with the continued  
1360 development of both optical and electrochemical diagnostics is the long-term storage and  
1361 stability of each type of NP and their bioconjugates. Au NPs have been successful in this regard  
1362 and most other NPs discussed in this review are expected to be similarly robust. The storage  
1363 strategies currently used for Au NP-LFIAs will likely have some applicability with other NP  
1364 materials and assays formats.

1365  
1366 Current trends suggest that smartphones are well-positioned to someday become the foremost  
1367 personal health care device in developed countries. These devices are exceedingly popular in  
1368 younger demographics, and can function as an all-in-one tool for measurement, processing and

1369 communication of results—the latter potentially including cloud-based consultation with medical  
1370 professionals. Cell phones could serve a similar role in developing countries. NPs are being  
1371 recognized and demonstrated as important components for developing such POC/PON assays  
1372 and diagnostic technology. Readout platforms that can be anticipated to incorporate NPs include  
1373 smartphone-only platforms (no other components required; *e.g.*, LFAs with Au NPs); platforms  
1374 with a smartphone and smartphone-controlled attachment (*e.g.*, dark box with an excitation light  
1375 source for assays with QDs or UCNPs); and platforms based on peripheral devices that are  
1376 controlled and powered by smartphones (*e.g.*, electrochemical assays). A long road lies ahead, as  
1377 many of the examples discussed in this review are not yet at the point of commercialization or  
1378 even clinical validation, but this road is paved in gold, semiconductors, carbon, lanthanides and  
1379 other NP materials with exciting properties. The development of POC/PON diagnostics with  
1380 consumer electronic devices and NPs represents a confluence of products and knowledge from a  
1381 multitude of areas of science, from chemistry to electrical engineering to health and all areas in  
1382 between. It promises to be an increasingly active area of research for the foreseeable future and  
1383 advances in this area have the potential to have a profoundly positive impact on global health,  
1384 wellness and quality of life.

1385

1386 **Disclaimer.** The brands and models of commercial devices noted or shown in this review are for  
1387 informational and illustrative purposes only. No endorsements are intended.

1388

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1395

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1397

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1399

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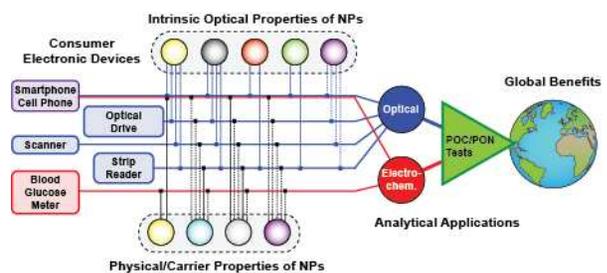
1778 **Table 1.** Current and possible future NP materials for POC/PON diagnostics with consumer electronic devices and optical readout.  
 1779 The references cited are only those discussed in this review.

NP	Material <sup>a</sup>	Approx. Size Range	Optical Readout Features <sup>b</sup>	POC Usage	CMOS <sup>c</sup>	SCN	OD	SR
Au NPs	Gold	5–200 nm	High optical density; intense red colour; silver amplification	High	□ <sup>125-129</sup>	□ <sup>78, 136-142</sup>	□ <sup>154, 156, 157, 160-164</sup>	□ <sup>166, 168-170</sup>
Polymer NPs	Polystyrene	10–1000 nm	Properties of dopant/cargo molecule/NP ( <i>e.g.</i> , QDs, lanthanide complexes)	High <sup>d</sup>	□ <sup>135</sup>	◆	◆	□ <sup>167, 174, 179</sup>
Amorphous Carbon NPs	Carbon	< 1000 nm (irregular)	High optical density	Moderate	◆	□ <sup>143-146</sup>	◆	◆
QDs	CdSe/ZnS CdSeS/ZnS	3–10 nm	Bright, tunable and spectrally narrow PL; spectrally broad light absorption	Moderate	□ <sup>131-133</sup>	--	--	□ <sup>10/, 171-174</sup>
UCNPs	NaYF <sub>4</sub> :Yb doped with Eu <sup>3+</sup> , Tb <sup>3+</sup> , Ho <sup>3+</sup>	20–50 nm	Upconversion PL; spectrally narrow PL	Moderate	◆	--	--	□ <sup>175-177</sup>
Silica NPs	Silica	10–500 nm	Properties of dopant/cargo molecule/NP ( <i>e.g.</i> , Au NPs, lanthanide complexes)	Low	◆	◆	◆	□ <sup>166, 180</sup>
Viral NPs	Protein	10–1000 nm	Properties of dopant/cargo molecule/NP	Low	◆	□ <sup>147</sup>	◆	◆
Carbon dots	Carbon	2–6 nm	Bright, spectrally broad PL	Future?	◆	--	--	◆
Pdots	$\pi$ -conjugated polymers	5–50 nm	Bright PL from very strong light absorption; composites with other optically-active materials	Future?	◆	--	--	◆

**Legend:** CMOS, device with CMOS image sensor; OD, optical drive for disc player for CDs/DVDs/BRDs; SCN, scanner; SR, strip reader; □, current use; ◆, possible or probable future use. **Notes:** <sup>a</sup> Typical materials listed. There are many possible materials for QDs and polymer NPs. <sup>b</sup> NPs may have properties beyond those listed here, refer to citations in Section 2.5 for detailed reviews of each material. <sup>c</sup> Includes cell phones, smartphones, digital cameras, wearable technology, *etc.* <sup>d</sup> There are many uncited examples of polymer NPs as carriers for dye molecules.

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1784 Table of Contents Graphic  
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A review of the role that nanoparticles can play in enabling and enhancing point-of-care diagnostics that utilize consumer electronic devices such as cell phones and smartphones for readout, including an overview of important concepts and examples from the literature.