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Broader context

Long-life sodium–sulfur batteries enabled by super-sodiophilic seeds†

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Sodium–metal batteries (SMBs) are an appealing sustainable low-cost alternative to lithium–metal batteries due to their high theoretical capacity (1165 mA h g^{-1}) and abundance of sodium. However, the practical viability of SMBs is challenged by a non-uniform deposition and uncontrollable growth of dendrites at the Na–metal anode. We employ here a super-sodiophilic B i F_3 as a pre-planted seed to guide a uniform Na nucleation and deposition along the current collector. With the assistance of BiF₃, Na metal infiltrates easily into a carbon nanotube (CNT) paper matrix within a second. Such a Na anode exhibits a superior cycle life of >2000 h with an extremely low overpotential of only 13.5 mV and a high coulombic efficiency of 99%. A full cell assembled with this anode and a sulfur cathode with a low negative to positive electrode capacity (N/P) ratio of \sim 2 exhibits good cycling stability over 700 cycles. This work demonstrates a promising approach for the development of sustainable, low-cost SMBs. **PAPER**
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Advanced energy-storage technologies are urgently needed to meet the growing demands for clean energy. It will be challenging to meet the projected future market demand with lithium-ion batteries (LIBs) due to their high cost. As a cost-effective alternative, sodium-based batteries are garnering significant attention due to the high abundance of sodium. Like sodium, sulphur is also abundant and inexpensive, and it offers an order of magnitude higher chargestorage capacity than the insertion-reaction cathodes currently employed in LIBs. However, room-temperature sodium–sulfur batteries generally suffer from low practical capacity and serious cycle life problems due to the severe sodium polysulfide shuttling and uncontrolled sodium dendritic growth. Herein, we report that commercial BiF₃ particles serving as pre-planted seeds assist a uniform nucleation of sodium metal. BiF₃ seeds facilitate an ultrafast loading of sodium metal into a CNT paper current collector within a second of immersion in molten sodium metal due to the super-sodiophilic property of BiF₃. Based on these features, symmetric cells assembled with the obtained anode exhibit a superior cycle life of >2000 h with an extremely low overpotential of only 13.5 mV. This work provides a simple, scalable approach to Na-anode protection and is also instructive for other metal batteries.

Introduction

The burgeoning demand for renewable energy storage and electric vehicles underscores the need for innovative battery technologies to sustain the growth. $1-4$ Lithium-ion batteries (LIBs), despite being the most prevalent energy storage technology, fall short of meeting the evolving demands of modern portable smart grids, electric vehicles, and electronic devices.⁵⁻⁹ As an alternative to LIBs for storing energy, sodium-based batteries offer great potential as next-generation energy storage systems due to the abundance and low cost of sodium-based minerals.¹⁰⁻¹² Sodium metal with a low redox potential $(-2.71 \text{ V}$ vs. standard hydrogen

electrode) and a high theoretical specific capacity (1166 mA h g^{-1}) has garnered considerable research attention as an anode for sodium-metal batteries (SMBs) in recent years.¹³⁻¹⁶

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For decades, significant endeavors have been undertaken to elucidate the mechanisms underlying sodium (Na) deposition, mitigate dendrite formation, and stabilize the solid electrolyte interphase (SEI) in pursuit of unleashing the complete potential of sodium–metal anodes.17–20 Innovative approaches employed previously are use of solid-state electrolytes, $21-24$ optimization of liquid electrolytes, $25-28$ engineering of sodiophilic hosts/current collectors, $29-32$ and constructing interfacial protective layers.33–36 Of the various strategies, the engineering of sodiophilic hosts/current collectors is among the most promising, which can guide a uniform Na nucleation, enabling SEI stabilization, dendrite suppression, and volume change accommodation.³⁷⁻³⁹ However, the preparation procedures of many reported hosts are complicated, posing a challenge to practical viability.

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Herein, we report commercial B i F_3 particles serving as preplanted seeds to guide a uniform Na nucleation and deposition in a matrix. The pulverization of BiF_3 particles, often regarded as a significant drawback when employed as a cathode material, is envisioned in this study as a notable advantage. This behavior facilitates the rearrangement of nucleating seeds, consequently simplifying the process of introducing preplanted seeds. In addition, BiF_3 exhibits super-sodiophilic property, enabling an ultrafast loading of Na metal into carbon nanotube (CNT) paper current collector within a second of immersion in molten Na metal. Benefiting from these two distinctive features, symmetric cells assembled with the obtained anode exhibit a superior cycle life of $>$ 2000 h with an extremely low overpotential of only 13.5 mV. A pouch cell paired with a sulfur cathode and the obtained sodiophilic anode with a low negative to positive electrode capacity (N/P) ratio of \sim 2 exhibits stable cycling performance over 50 cycles with a capacity of 661 mA h $\rm g^{-1}.$

Results and discussion

Synthesis route and mechanism

The synthetic route for the Na@CNT–BiF₃ self-supporting electrodes is schematically shown in Fig. 1. It can be easily prepared by simply mixing CNT and B i F_3 *via* ultrasonication, followed by filtering, drying, and diffusing molten Na. It is worth noting that the CNT–Bi F_3 electrode is super-sodiophilic and can quickly adsorb molten Na metal into the material. As shown in Fig. S1 (ESI†), since commercialization is based on Cu foil current collectors rather than simple self-supporting electrodes, we have also achieved excellent electrochemical performance by coating commercial B_iF_3 paste onto a Cu foil. In addition, the BiF_3 particles in the Na@CNT-BiF₃ and Na@Cu-BiF₃ electrodes gradually pulverize and uniformly cover CNT after alloying/dealloying of BiF_3 with increasing number of cycles, $40,41$ effectively improving the uniformity and electrochemical properties of the Na@CNT-BiF₃ and Na@Cu-BiF₃ electrodes materials.

Electrochemical performance of sodium–metal anode

To further assess the sodiophilicity of $CNT@-BiF₃$ and CNT electrodes for molten Na, the time required for the electrodes to fully adsorb molten Na metal was compared macroscopically (Fig. 2a and Videos S1 and S2, ESI†). Notably, the CNT@BiF₃ electrode fully adsorbed molten Na metal within a second, whereas the CNT electrode took 52 s only to adsorb a small

Fig. 1 Synthetic route and mechanism. Illustration of the synthetic route and mechanism after the cycling of Na@CNT-BiF₃.

Fig. 2 Characterization and electrochemical performance of Na@CNT– BiF₃. (a) Digital images of CNT and CNT–BiF₃ electrodes, comparing the sodiophilicity for molten Na metal. (b) Voltage profiles of the Na@CNT–BiF₃||Na@CNT–BiF₃ cells measured at 2 mA cm⁻². (c) Coulom-
bic officioney of Na plating/etripping using Cu electrodes with Na@CNT– bic efficiency of Na plating/stripping using Cu electrodes with Na@CNT– Bif_3 or bare Na@CNT at 1 mA cm⁻². (d) The voltage-capacity curves of Na plating/stripping using Cu electrodes with Na@CNT–BiF₃ at 1 mA cm⁻². (e) TOF-SIMS depth profiling of Na_2^- secondary ions (a) after cycling NaQCN T and Na@CNT-BiF₃. TOF-SIMS 3D visualization of after cycling (f) Na@CNT-BiF₃ and (g) Na@CNT.

amount of molten Na, demonstrating the high sodiophilicity of $BiF₃$ particles in greatly improving the sodiophilicity of CNT@BiF₃. The cycling stability of the Na@CNT-BiF₃ anode was further assessed with symmetric cells at a current density of 2 mA cm^{-2} and an areal capacity of 2 mA h cm^{-2} . As seen in Fig. 2b and Fig. S2 (ESI†), the symmetric cell with Na@CNT– B iF₃ displays an overpotential of only 6 mV initially, followed by a slight increase of up to 13.5 mV, but shows a remarkable lifespan of over 2000 h. The coulombic efficiency (CE) is a very vital parameter to reflect the side reactions between electrodes and electrolytes. The CE of the cell with the Cu \parallel Na@CNT electrode exhibits strong irregular fluctuations (Fig. 2c), which may be due to the CNT surface having poor sodiophilicity. The lack of an effective nucleation surface leads to a loss of active Na during plating/stripping, accompanied by a reconstruction and cracking of the SEI. As a comparison, the Cu \parallel Na@CNT– $BiF₃$ cell presents a well-maintained CE of 99% after 350 cycles, demonstrating a great improvement in Na plating/stripping reversibility. Additionally, the corresponding discharge–charge curves of the Cu||Na@CNT–BiF₃ cell show a low Na nucleation overpotential with constant, overlapping plateaus during repetitive cycling (Fig. 2d).

To further investigate the interphase composition formed on the surface of the Na@CNT and Na@CNT-BiF₃, time-offlight-secondary ion mass spectrometric (TOF-SIMS) depth profiling was employed, which is an advanced technique to identify the chemical composition of the solid surface within its depth. $42,43$ As shown in Fig. 2e, the depth profiles reveal the uniformity of Na infiltration into the matrix in Na@CNT and Na@CNT-BiF₃ anode *via* the Na₂⁻ secondary-ion as a representative species. The $\mathrm{Na_{2}}^{-}$ intensity in Na@CNT anode shows two peaks consecutively and then decreases continuously, which indicates that the poor sodiophilicity of Na@CNT results in a non-uniform incorporation of metallic Na. The 3D reconstruction of the elemental depth profiles of Na@CNT in Fig. 2g further reaffirms the inhomogeneous Na metal distribution. It is reasonable to posit that the non-uniformity leads to dendrite formation and irregular cycling, as observed in Fig. 2c. On the other hand, the continuous signal for Na_2^- intensity in Na@CNT- $BiF₃$ indicates a uniform infiltration of Na metal, despite the presence of large B i F_3 particles in the CNT. In further support, the 3D reconstruction of the Na@CNT-BiF₃ electrode in Fig. 2f shows a homogeneous Na_2 ⁻ signal over the whole investigated depth. The continual abundance of seeding sites leads to a consistent performance of the cell, observed in Fig. 2c and d.

Sodium storage mechanism and the behavior of sodium–metal anode

In addition, to observe the morphological changes of Na metal at the CNT-BiF₃ electrode microscopically, the top-surface and cross-sectional SEM images of CNT-BiF₃, Na@CNT-BiF₃ (before cycling), and Na@CNT–BiF3 (after 200 cycles) electrodes

Fig. 3 Morphological characterization of the anode. Top-surface SEM of (a) $Bif_{3}-CNT$, (c) Na@CNT-BiF₃ after cycling, and (e) Na@CNT-BiF₃ (after 200 cycles). Cross-sectional morphologies of (b) Bif_3 before cycling, (d) Na@CNT-BiF₃ (before cycling), and (f) Na@CNT-BiF₃ (after 200 cycles).

are compared in Fig. 3. Fig. 3(a and b) shows uniformly distributed, large (micron-sized) BiF_3 particles in the CNT– $BiF₃$ electrode. The top-surface and cross-sectional morphologies of the CNT-Bi F_3 electrode after adsorbing molten Na are shown in Fig. 3(c and d) shows the top-surface and crosssectional morphologies of the CNT–Bi F_3 electrode after adsorbing molten Na (before cycling). As seen, there are no obvious $BiF₃$ particles on the top surface, due to the rapid pulverization and quick coverage by Na metal during the adsorption of molten Na. In addition, from the cross-sectional SEM image, it can be seen that there are still many pores and gap structures after the adsorption of Na metal, which can effectively buffer the volume expansion during the cycling process. To this end, the structural changes of the Na@CNT-Bi F_3 electrode after 200 cycles can be observed in Fig. 3(e and f). The SEM images show that the size of the surface B_iF_3 particles is smaller and more uniformly distributed. In addition, the pores in the crosssectional SEM are filled and thus become denser, which may be attributed to the continuous alloying/de-alloying of BiF_3 during the cycling process. The repeated alloying process causes B i F_3 to break down into small particles that get homogenously distributed such that they occupy more volume compared to the initial stage. Thus, the void spaces that existed in Na@CNT-BiF₃ electrode before cycling are filled during the Na plating process. Forery & Environmental Science

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To better understand the Na storage mechanism, Na plating behavior on Cu, CNT, and CNT-Bi F_3 substrates was studied. The potential–capacity curves in Fig. 4a show a deep dip in the potential caused by the Na–metal nucleation barrier. This nucleation potential for Cu, CNT, and CNT-Bi F_3 are, respectively, 428, 383, and 129 mV. The low overpotential for CNT–Bi F_3 indicates that it is a highly favorable substrate to plate Na–metal with a fast Na⁺ diffusion rate. It also means that BiF_3 is labile for conversion by easily reacting with Na. The conversion was confirmed by comparing the X-ray photoelectron spectroscopy (XPS)

Fig. 4 Electrochemical behaviors and characterization. (a) Galvanostatic discharge curves (<0V) at a current rate of 1 mA cm⁻² in Cu, CNT, and CNT-BiF₃ electrodes. High-resolution Bi 4f XPS data of (b) BiF₃ and (c) Na@CNT-BiF₃ after cycling. (d) Depth profiles of Na₂⁻, C⁻, Na₂F⁻, and NaS⁻ secondary ions and (e) 3D visualization after many cycles of Na plating in Na@CNT-BiF₃. (f) Cross-sectional SEMs of C, Bi, F, Na, and S elements mapping in selected areas of Na@CNT-BiF₃ after many cycles.

data of CNT–BiF₃ (Fig. 4b) and Na@CNT–BiF₃ (Fig. 4c). As expected, the spectrum of CNT-BiF₃ shows the Bi $4f_{7/2}$ peak at 160.8 eV. On plating Na on the CNT-BiF₃ electrode, a new Bi $4f_{7/2}$ peak at 155.8 eV corresponding to metallic Bi is observed. This peak appears at a lower binding energy than expected for metallic Bi (156.9 eV), potentially due to the formation of Na– Bi alloy, indicating that the Na is not just physically plated, but rather chemically reacting with and converting BiF₃. Furthermore, the peak for BiF_3 persists even after sodium plating, implying that Bif_3 progressively undergoes pulverization followed by conversion to metallic Bi with cycling. This steady conversion process ensures continuous availability of B_iF_3 , which acts as seeds and thus ensures uniform plating.

To better understand the surface and bulk characteristics of the Na@CNT–Bi F_3 anode cycled in a localized high-concentration electrolyte (LHCE), ToF-SIMS on the cycled anode was performed. The LHCE consists of sodium bis(fluorosulfonyl) imide (NaFSI) : 1,2-dimethoxyethane (DME) : 1,1,2,2-tetrafluoroethyl 2,2,3,3-tetrafluoropropyl ether (TTE) in $1:1.2:1$ (molar ratio). Fig. 4d shows the depth profiles and Fig. 4e shows the 3D reconstruction of the secondary-ion species, such as Na_2^- , C^- , Na_2F^- , and NaS^- , which are representative of, respectively, metallic Na, CNT, BiF₃, and LHCE electrolyte. It can be seen from the depth profiles and 3D model that the signals for Na_2 ⁻ and C⁻ gradually increase to reach a uniform and stable level by the end of sputtering, which is similar to the trend of secondary ion Na_2^- signal in the original Na@CNT-BiF₃ anode (Fig. 2f), suggesting that the structure of CNT matrix and the homogenous Na distribution are maintained across cycling. In addition, the SEI layer was analyzed by the secondary ions $Na₂F^-$ and NaS⁻. First, the signal of $Na₂F^$ gradually decreases until about 2000 s of sputtering time and then it stabilizes, indicating that a compact NaF–rich SEI is formed, as seen in the 3D reconstruction. This layer suppresses the growth of dendrites, while providing fast ion transport, which is responsible for the high CE observed. The NaS⁻ signal from the electrolyte follows a trend similar to that of Na_2F^- in the SEI layer, which indicates that the inorganic-rich NaF and Na₂S layers protect the underlying Na–metal from continuous electrolyte exposure and decomposition. Fig. 4f displays the cross-sectional SEM micrograph along with the elemental mapping distributions of C, Bi, F, Na, and S elements across a cycled Na@CNT-BiF₃ anode. The carbon signal is uniformly distributed in the whole cross-section, which confirms that the structure of the electrode remains intact and stable. The concentration of F and S near the surface aligns with the ToF-SIMS data, reaffirming the NaF and $Na₂S$ layers shield the Na–metal from electrolyte degradation. **Paper**
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The above studies show that the Na@CNT-BiF₃ forms and maintains a stable interface through cycling.

To better understand the mechanism by which Na–metal can easily diffuse into a matrix of BiF_3 and to understand the chemical difference in the Na stripping/plating behavior between the CNT and CNT-BiF₃ anodes, synchrotron-based in operando X-ray diffraction (XRD) experiments were performed (the test mechanism schematic is shown in Fig. S3, ESI[†]). Fig. 5 presents the *in operando* XRD results of Na \Vert CNT and Na $\|$ CNT–BiF₃ cells cycled with the LHCE in custom coin

Fig. 5 In operando X-ray diffraction (XRD) characterization. Charge and discharge curves of (a) Na@CNT || Na@CNT and (b) Na@CNT-BiF₃ Na $@CNT-BiF₃$ coin cell and the corresponding diffraction patterns.

cells with a window, as described in our previous work.⁴⁴ The cells were tested at 1 mA cm^{-2} for one full plating/stripping process, during which the XRD pattern was simultaneously recorded to probe the Na plating/stripping with a small volume where the X-rays are focused as presented by the contour plot next to the voltage profile.

In the contour plot of the cell with Na@CNT anode (Fig. 5a), peaks corresponding to Na metal plating on the CNT matrix can be detected when about 0.5 mA h cm^{-2} is plated, and the peak intensity grows stronger with continuous plating. While stripping, the intensity reduces, but a faint intensity is still detected at the end of the stripping process, which can act as the nucleation site during the subsequent plating steps. In addition, the intensity of the characteristic Na peaks after complete desodiation is significantly stronger than that before initial plating, indicating significant irreversibility of Na plating/striping, which may be responsible for the growth of dendrites. In contrast, as shown in Fig. 5b, during the sodium plating process of CNT-BiF₃ anode, strong Na metal, and BiF₃ characteristic peaks are present at the beginning of the plating step. The intensity of the Na–metal peak is much stronger in the case of $CNT-BiF₃$ compared to pure CNT, indicating that the probed volume quickly fills with Na metal, owing to BiF_3 acting as a strong seeding layer, while the sparse Na distribution in the case of CNT is reflected in a weaker signal. This also points to the good sodiophilicity of the matrix with B_iF_3 . By the time 0.5 mA h cm^{-2} is plated, the signal for Na₃Bi can be observed, while the Na metal signal intensifies. This indicates that the conversion-alloying process drives the dense plating of Na in the matrix. The formation of $Na₃Bi$ and NaBi, as indicated by the *in*situ XRD along with the presence of NaF signal in the ToF-SIMS and SEM data in Fig. 4, suggests that the facile conversion of B i F_3 into Na-Bi alloys and NaF is the reason for the high sodiophilicity of a Bif_3 containing matrix, which allows for the ultra-quick melt-infusion of Na metal. In addition, the intensity

of the characteristic Na peak after complete sodium removal is significantly weaker than that before initial plating, suggesting that Na plating/stripping is reversible.

During the stripping process, the characteristic peak of Na3Bi is gradually transformed into NaBi, and the characteristic peak of Na metal is obviously and gradually weakened. The remaining Na metal and the NaBi alloy act as an excelling seeding layer in the subsequent plating step, thus guiding a dendrite-free nucleation and growth of Na.45,46 In essence, the addition of B i F_3 improves the sodiophilicity of CNT, resulting in a highly reversible Na plating/striping and alloying/ de-alloying process for Na@CNT–Bi F_3 anode. Overall, from the above XRD data, in a melt-infiltrated Na@CNT-BiF₃ anode, the following (electro)chemical process can be envisioned:

Plating process:

$$
Na^{+} + e^{-} \rightarrow Na
$$

$$
Bi^{3+} + 6e^{-} + 3Na^{+} \rightarrow Na_{3}Bi
$$

Stripping process:

$$
Na_3Bi \rightarrow NaBi + 2e^- + 2Na^+
$$

$$
Na \rightarrow Na^+ + e^-
$$

Electrochemical performance of Na@CNT-BiF₃ and $Na@Cu-BiF₃$

Generally, self-supporting electrodes can provide higher energy density, but practical applications necessitate the use of Cu foil as the current collector. Hence, for further practical and scalable application, the electrochemical performance of BiF₃ coated onto Cu collector was tested. Here, different contents of B_iF_3 electrodes were assembled into Na $\|$ Cu cells to characterize the CE and corresponding voltage profile curves for sodium plating/stripping. Fig. 6(a and b) shows the CE and the corresponding voltage profiles for the blank control group of Cu anode with 0% BiF₃. It is observed that the CE is very unstable and the voltage profiles fluctuate with high sodium–metal nucleation potentials and low capacity. These fluctuations may be due to the dendrite growth leading to a short circuit of the cell. Fig. 6(c–h) compares the CE with the corresponding voltage profiles for the Cu anodes with 5% BiF_3 , 20% BiF_3 , and 40% BiF_3 . The CE is increased when 5% BiF_3 is added, and its voltage profiles are relatively smooth with the CE being stabilized only after cycling up to 100 cycles. However, the CE becomes much more stable when B_iF_3 is added up to 20% and the corresponding voltage profiles are stable with a low Na metal nucleation overpotential. When B_iF_3 is increased to 40%, the cells cycle with relatively good stability. However, the CE fluctuations are slightly increased compared to that with 20% BiF₃. The increased content of BiF_3 and its longer alloying transformation affect the CE. Therefore, in consideration of cost and economics, 20% BiF₃ addition improves both the sodiophilicity of the electrode and keeps the Na loss at less than 5% in the first cycle.

To demonstrate the practical application of the conversion composite anode, high-energy C/S cathode was matched with

Fig. 6 Characterization and electrochemical performance of $Cu-BiF₃$ anodes. Coulombic efficiency and voltage–capacity curves of Na plating/ stripping in (a) and (b) $Cu-0\%$ BiF₃, (c) and (d) $Cu-5\%$ BiF₃, (e) and (f) Cu-20% BiF₃ (g) and (h) Cu-40% BiF₃ at 1 mA cm⁻².

bare Na and Na@CNT-Bi F_3 anodes to make Na-S cells. In these cells, the sulfur loading is 3 mg cm^{-2} , and the electrolyte-tosulfur (E/S) ratio is controlled to be 7 μ L mg⁻¹ with an ultra-low N/P ratio of 2.8 to showcase the stability of the anode. Fig. 7a displays the voltage profiles of Na@CNT-BiF₃ $\|C/S\$ cell at different cycles at 0.1C rate ($1C = 1675$ mA g^{-1}) within the voltage range of 0.8–2.8 V. It is noteworthy that there is no obvious irreversible capacity loss region with Na polysulfide (NaPSs) transformation in the voltage profiles of the initial cycles. The stability of the charge/ discharge curves implies that the Na@CNT–Bi F_3 anode surface is resistant to the shuttle of polysulfides.

The Na@CNT-BiF₃ $\|C/S \text{ cell presents an initial discharge and }$ charge capacities of, respectively, 1010 and 972 mA h g^{-1} with an initial coulombic efficiency (ICE) of 104%, as shown in Fig. 7b. This is attributed to the introduction of super-sodiophilic BiF_3 particles and the rapid self-adsorption of sodium by Na@CNT– B i F_3 , improving the kinetic properties of Na⁺. Even through 200 cycles, the capacity remains at 862 mA h g^{-1} , corresponding to a capacity retention of 85%. The CE at the 200th cycle is nearly 100%, which demonstrates minimal polysulfide shuttling occurs during cycling. On the other hand, the cell with bare Na anode shows poor cycling performance with a rapid capacity fade within 75 cycles and finally displays a very low capacity of only 165 mA h g^{-1} after 150 cycles. Furthermore, the CE fluctuates during cycling, suggesting irreversible reactions between the

Fig. 7 Electrochemical performance of Na@CNT-BiF₃ and Na@Cu-BiF₃. (a) Voltage profiles of Na@CNT-BiF₃ at various cycles. (b) Cycling performances of bare Na and Na@CNT-BiF₃ electrodes at 0.1C rate. (c) Cycling performance of Na@CNT-BiF₃ electrodes at 1C rate. Cycling performances of Na@Cu–BiF3 electrodes in (d) coin cell and (e) pouch cell at 0.1C rate.

electrolyte and the bare Na–metal anode lead to capacity loss. In essence, the Na@CNT-BiF₃ anode demonstrates significant potential for high-performance Na–S batteries with impressive capacity, minimal capacity decay, and prolonged cycling lifespan, outperforming numerous Na–S batteries (Table S1, ESI†). The Na@CNT–BiF₃ $\|C/S \text{ cell}$ was further tested at a higher current density of 1C rate to reveal the kinetics of the reaction and the structural stability of the anode. Fig. 7c shows that the Na@CNT– $BIF_3\|C/S$ cell can still provide a discharge capacity of 674 mA h g^{-1}
given after 700 grades, corresponding to a conseity retartion of even after 700 cycles, corresponding to a capacity retention of 77%, indicating a highly reversible reaction in the cell.

As mentioned before, Na@Cu–Bi F_3 is a practical alternative to the freestanding Na@CNT–Bi F_3 as it has a metallic current collector, allowing for the processing of large electrodes. To validate this, the cycling performance of the Na@Cu-BiF₃ $\|C/S\|$ cell was tested with a sulfur loading of 3 mg cm^{-2} , a low E/S of 7 μ L mg⁻¹, a low N/P ratio of 2, and at a current of 0.1C, as shown in Fig. 7d and Fig. S4 (ESI†). The Na@Cu-BiF₃ anode exhibits an initial capacity of 735 mA g^{-1} and excellent cycling stability, with a capacity retention of close to 100% after 100 cycles. The presence of a Cu current collector affords the construction of Na–S pouch cells as tabs can be easily welded.

Therefore, Na@Cu–BiF₃ $\|C/S\|$ pouch cells were assembled to validate our concept, featuring a 2 mg cm^{-2} loading, a low E/S of 4 μ L mg⁻¹, and a low N/P ratio of 2. As depicted in Fig. 7e, the pouch cell presents a capacity of 661 mA h g^{-1} at 0.1C rate after 50 cycles, indicating the effective utilization of sulfur operating with low E/S and limited N/P ratios. This further validates that Bif_3 super-sodiophilic seeds can accelerate sodium plating/striping, improving the NaPSs kinetic performance and reducing the shuttle effect of NaPSs. These results highlight the promise of integrating Na@Cu–BiF₃ in the development of high-performance, practically feasible Na–S batteries.

Conclusions

In summary, BiF_3 is demonstrated to be a super-sodiophilic seed for Na–metal anodes in sodium–metal batteries. When B i F_3 is integrated into a matrix of CNT, molten Na metal can be incorporated into the substrate in a facile and rapid manner owing to the conversion-alloying reaction of BiF_3 . The Na@CNT-BiF₃ anode thus forms a NaF⁻ and Na₂S-rich interphase with the electrolyte when cycled in an LHCE. This

interphase is compact, yet robust, to prevent continuous electrolyte degradation at the anode, which enables long-term cycling. The constant pulverization and conversion of BiF_3 through cycling provides an efficient seed layer that suppresses dendrite formation. In addition to the free-standing format, $BiF₃$ can be coated onto a metallic current collector, such as Cu foil, and mixed with molten Na metal to yield an anode. The $Na@Cu-BiF₃$ anodes could be easily incorporated into prototype pouch cells, which showed excellent cycling stability in Na–S batteries, especially while operating at a low N/P ratio of 2. This work provides a simple, scalable approach forward to Naanode protection and is also instructive for other metal batteries with different working conditions. Energy & Environmental Science

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Author contributions

J. H., A. B., and A. M. conceived the idea. J. H. performed cathode formulations and collected the electrochemical data. A. B performed the pouch cell experiments. A. M. supervised the project. All authors were involved in discussing the results and writing and reviewing the manuscript.

Data availability

The datasets generated during and/or analyzed during the current study are available from the corresponding author upon request.

Conflicts of interest

There are no conflicts to declare.

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