



Cite this: *Phys. Chem. Chem. Phys.*,
2024, 26, 14664

Structural characterization of E22G A β_{1-42} fibrils via ^1H detected MAS NMR†

Natalie C. Golota,^{ab} Brian Michael,^{‡ab} Edward P. Saliba,^{§ab} Sara Linse^c and Robert G. Griffin^{id}★^{ab}

Amyloid fibrils have been implicated in the pathogenesis of several neurodegenerative diseases, the most prevalent example being Alzheimer's disease (AD). Despite the prevalence of AD, relatively little is known about the structure of the associated amyloid fibrils. This has motivated our studies of fibril structures, extended here to the familial Arctic mutant of A β_{1-42} , E22G-A β_{1-42} . We found E22G-A $\beta_{M0,1-42}$ is toxic to *Escherichia coli*, thus we expressed E22G-A β_{1-42} fused to the self-cleavable tag N^{Pro} in the form of its EDDIE mutant. Since the high surface activity of E22G-A β_{1-42} makes it difficult to obtain more than sparse quantities of fibrils, we employed ^1H detected magic angle spinning (MAS) nuclear magnetic resonance (NMR) experiments to characterize the protein. The ^1H detected ^{13}C - ^{13}C methods were first validated by application to fully protonated amyloidogenic nanocrystals of GNNQQNY, and then applied to fibrils of the Arctic mutant of A β , E22G-A β_{1-42} . The MAS NMR spectra indicate that the biosynthetic samples of E22G-A β_{1-42} fibrils comprise a single conformation with ^{13}C chemical shifts extracted from hCH, hNH, and hCCH spectra that are very similar to those of wild type A β_{1-42} fibrils. These results suggest that E22G-A β_{1-42} fibrils have a structure similar to that of wild type A β_{1-42} .

Received 7th February 2024,
Accepted 25th April 2024

DOI: 10.1039/d4cp00553h

rsc.li/pccp

1. Introduction

The formation of amyloid fibrils by peptide misfolding and aggregation is implicated in the development of over 40 diseases, including Alzheimer's disease (AD), Parkinson's disease, and dialysis related amyloidosis (DRA). As of 2022,¹ it is estimated that 1 in 9 adults over 65 have AD, which rises to 1 in 3 adults over 85. This figure is expected to increase as the US population continues to age. The aggregation of amyloid- β (A β) in the brain has been correlated with pathogenesis of AD, and, although not proven as the cause of AD, it remains a critical biomarker of the disease.²⁻⁴ A β occurs most frequently as a small protein of 40 or 42 residues and is derived by proteolytic cleavage of amyloid precursor protein (APP).⁵⁻⁷ While A β_{1-42} is expressed at lower levels than A β_{1-40} , it is associated with greater cellular toxicity and is a major component of plaque found in AD patients.^{8,9} The development of aggressive, early

onset forms of AD is associated with alterations to the APP. *In vitro*, enhanced aggregation dynamics are observed for mutations A21G, E22 Δ , E22K, E22G, or D23N.^{7,10-15} The Arctic mutant, E22G, is characterized by the most rapid aggregation and fibrillization, thought to be driven by reduced electrostatic repulsive forces and decreased sidechain size.¹⁶ Structural studies of E22G-A β_{1-40} have revealed extensive polymorphism,^{17,18} while the characterization of E22G-A β_{1-42} has been limited to cryogenic electron microscopy.^{19,20} The first study examined two human brain protofilament extracts consisting of residues V12-V40 and E11-G37 of E22G, in addition to filaments from brains of mice with the Arctic mutation E22G.¹⁹ More recently, cryo-electron microscopy and cryo-electron tomography were used to determine the structure of A β from APP^{NL-G-F} mouse brains.²⁰ In both cases, structural modifications were observed particularly in the case of the APP^{NL-G-F} mouse brain samples. However, to date, there has not been a MAS NMR study of E22G-A β_{1-42} .

Since amyloid fibrils form a discontinuous solid phase of objects with high aspect ratio and are difficult to crystallize, they are not amenable to studies with either solution-state NMR or X-ray crystallography.²¹ However, because MAS NMR can address structural questions in such systems, it has become a valuable tool for probing dynamics, identifying polymorphism, and determining atomic resolution structures.^{15,22,23} In particular, development of dipole recoupling and fast magic angle spinning (MAS) methods²⁴ have led to marked improvements in the resolution, sensitivity, and utility of biomolecular solid-state NMR.²⁵⁻²⁸ Applications to A β_{1-42} have revealed a monomorphic,

^a Department of Chemistry, Massachusetts Institute of Technology, Cambridge, MA, 02139, USA. E-mail: rgg@mit.edu

^b Francis Bitter Magnet Laboratory, Massachusetts Institute of Technology, Cambridge, MA, 02139, USA

^c Biochemistry and Structural Biology, Department of Chemistry, Lund University, Lund, SE 22100, Sweden

† Electronic supplementary information (ESI) available. See DOI: <https://doi.org/10.1039/d4cp00553h>

‡ Department of Chemistry, Brandeis University, Waltham, MA 02453 USA.

§ Department of Chemistry and Applied Biosciences, ETH Zürich, 8093 Zürich, CH, Sweden.



dimeric structure of mirror image S-shaped monomers in which hydrophobic residues were isolated in the interior of the fibril core and ~ 15 N-terminal residues form a dynamic tail.^{22,23,29,30} Only a few residues in the tail are observed in the MAS spectra, presumably because dynamics interferes with the ^1H decoupling and broadens the signals.^{31,32} This structure represents one filament of two monomers per plane, while recent small angle scattering data reveal an elongated cross-section of four monomers per plane, representing two such filaments twisting together in a fibril.³³ In addition, cryo-electron microscopy has been used to study amyloid fibrils and has proven to be particularly valuable in the study of brain derived samples.^{19,23,34,35}

Only recently have applications of ^1H -detected MAS methods to amyloid fibrils become more common. The advantages are an absolute sensitivity enhancement over conventional ^{13}C detection³⁶ and improved coherence lifetimes.^{37,38} The improved sensitivity has provided structural information about amyloid fibrils and membrane proteins beyond that available from directly detected ^{13}C and ^{15}N spectra.^{39–45} Conventional ^{13}C detected methods have relied upon large sample volumes, moderate MAS frequencies (typically in the range $\omega_r/2\pi \sim 10\text{--}20$ kHz), and radio frequency driven recoupling^{46,47} (RFDR) for homonuclear ^{13}C – ^{13}C spin correlations and short-range resonance assignments. RFDR, a first order, zero quantum recoupling sequence that uses a single 180° pulse centered in the rotor period to recouple homonuclear dipolar couplings,^{46–48} has been frequently employed in probing amyloids, membrane proteins and viral particles.^{49–53} On the other hand, recent experiments combined homonuclear recoupling with MAS at $\omega_r/2\pi \geq 90$ kHz to acquire ^1H -detected multidimensional experiments on a few hundred micrograms of material. However, to date very few ^1H detected studies were performed on fully protonated A β , demonstrating the need for continued development and application of dipolar recoupling at high spinning frequencies.^{38,54}

In this study, we demonstrate the use of ^1H detected NMR for high-resolution structural characterization of fully protonated GNNQQNY crystals and E22G-A β_{1-42} fibril samples. This work demonstrates the utility of the rigid crystal in optimizing the development of proton detected methods to the study of amyloidogenic proteins. A MAS frequency of $\omega_r/2\pi = 90$ kHz was sufficient to achieve ^1H linewidths of ~ 0.3 ppm in GNNQQNY using cross polarization single quantum correlation (CP-HSQC) ^1H – ^{13}C and ^1H – ^{15}N experiments. Furthermore, the hCCH-RFDR experiment was optimized on GNNQQNY, and we determined that the optimal mixing times for RFDR at $\omega_r/2\pi = 90$ kHz are comparable to those at $\omega_r/2\pi = 20$ kHz.

Biosynthetic expression of E22G-A β_{1-42} was difficult since the protein is toxic to *Escherichia coli* and leads to relatively poor yield of tag-free peptide.¹⁶ We therefore expressed E22G-A β_{1-42} as a fusion protein with the self-cleavable tag N^{Pto} in the form of its EDDIE mutant; that is, as EDDIE-E22G-A β_{1-42} (see the sequence provided below),⁵⁵ which protects the cells by driving the expressed product to inclusion bodies. Nevertheless, the high surface activity of E22G-A β_{1-42} leads to high

losses during purification, and the final yield of isotopically enriched E22G-A β_{1-42} were limited; thus, the improved sensitivity available from ^1H -detected MAS NMR was essential for study of the E22G mutant.

The ^1H – ^{13}C CP-HSQC spectra reveal a conformationally disordered A42, as previously observed in wild type A β_{1-42} , and slight (≤ 1 ppm) chemical shift differences from wild type A β_{1-42} . The ^1H – ^{15}N CP-HSQC spectra have considerably broadened line shapes and reduced resolution, likely due to slight structural differences among fibrils due to the characteristic rapid fibril formation of Arctic mutant samples. ^{15}N spectra are known to be sensitive to these effects since the ^{15}N is directly involved in hydrogen bonding. Finally, we demonstrate the utility of homonuclear recoupling at $\omega_r/2\pi = 90$ kHz to determine that E22G-A β_{1-42} fibrils are largely monomorphic. The hCCH spectra, recorded using either RFDR or TOCSY mixing, confirm the small chemical shift perturbations observed in hCH spectra. Collectively, we use proton detected MAS NMR to conclude that E22G A β_{1-42} fibrils are monomorphic, with a fibril core structure similar to that of wild type A β_{1-42} , in accordance with a recently published cryo-EM study.¹⁹

2. Materials and methods

2.1 GNNQQNY synthesis

Uniformly labeled ^{13}C , ^{15}N -GNNQQNY was synthesized using solid phase peptide synthesis and purified *via* HPLC courtesy of the Swanson Biotechnology Center at the MIT Koch Institute. The sample purity was $>98\%$ as ascertained by mass spec analysis. Samples were crystallized at peptide concentrations < 10 mg mL^{−1} as previously described.^{56,57} The crystals were then packed into a 3.2 mm or 0.7 mm rotors using ultracentrifugation. The 3.2 mm rotors contained ~ 20 mg of sample whereas the 0.7 mm rotor uses 0.5 mg.

2.2 Expression and purification of EDDIE-A β_{1-42} E22G

As mentioned above E22G-A $\beta_{M0,1-42}$ is toxic to *Escherichia coli* and leads to poor yield of tag-free peptide.¹⁶ Therefore to express E22G-A β_{1-42} we employed a self-cleavable tag N^{Pto} in the form of its EDDIE mutant.⁵⁵ This approach, which protects the cells by driving the expressed product to inclusion bodies, enables the isolation of A β peptides starting with Asp1 at the N-terminus,^{58–60} as well as the expression of other toxic peptides such as IAPP.⁶¹ The amino acid sequence of the expressed construct, EDDIE-E22G-A β_{1-42} , is as follows:

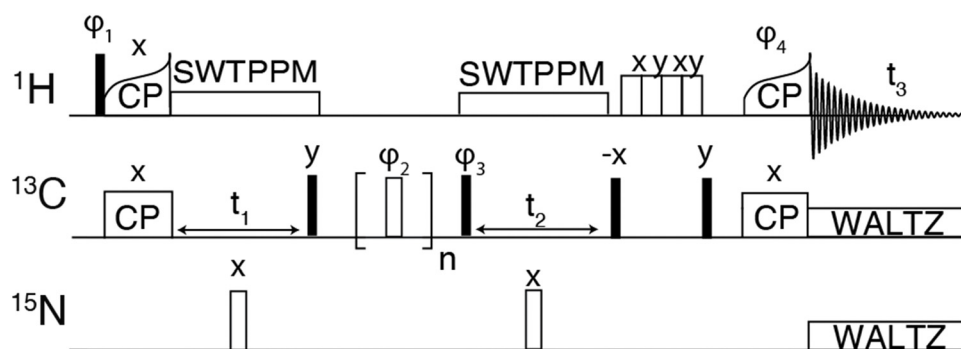
MELNHFELLY KTSKQKPGVG EEPVYDTAGR PLFGNPSEVH PQS
TLKLPHD RGEDDIETTL RDLPRKGDGR SGNHLGPVSG IYKPGP-
VYY QDYTGVPVYHR APLEFFDEIQ FEETTKRIGR VTGSDGKLYH
IYVEVDGEIL LKQAKRGTPR TLKWTRNTTN CPLVWTSC DAEFRH
DSGY EVHHQKLVEF AGDVGSNKG A IGLMVGGVV IA.

Here the EDDIE mutant is the first 158 residues⁶² with those that are bold and underlined being the mutated sites. The E22G-A β_{1-42} is entirely bold faced and underlined.

The gene construct was designed with *E. coli*-preferred codons in a pET3a plasmid (purchased from Genscript,



For the hCCH experiments, the ^1H - ^{13}C CP was performed using a tangential ramp on the proton RF power and a linear 10% ramp was used for the ^{13}C - ^1H CP. For hCCH-TOCSY, WALTZ-16 was used with an RF field of ~ 22.5 kHz corresponding to $(\omega_r/4)$. For hCCH-RFDR experiments, illustrated in Fig. 1, the π -pulse width was 2.5 μs corresponding to an RF field



This journal is © the Owner Societies 2024

of 200 kHz. At $\omega_{\text{r}}/2\pi > 30$ kHz, ^1H decoupling is not required during the RFDR mixing period as the mixing pulses recouple and decouple simultaneously.⁵³ Spectra were apodised using 60° shifted squared sine bells or Gaussian apodization and zero filled to at least twice the number of points in the indirect dimension. Details of the acquisition parameters are provided in Table S2 (ESI†).

In all ^1H detected experiments, swept-low power TPPM (SW-TPPM) at an RF field amplitude of $\omega_{\text{H}}/2\pi \sim 24$ kHz was used for proton decoupling during t_1 and t_2 , and WALTZ-16 was applied to ^{13}C and ^{15}N at $\omega_{\text{H}}/2\pi = 10$ kHz, respectively.^{64,65} Water suppression was achieved through the MISSISSIPPI pulse sequence without homospoil gradients,⁶⁶ using a 24 kHz RF field and 200 ms pulse duration. Conventional hCC-RFDR spectra were acquired at a field of 18.8 T (800 MHz for ^1H) with a three channel (HCN) 3.2 mm Bruker MAS probe at a MAS rate of 20 kHz and a temperature of 273 K. For the 3.2 mm probe, Rabi fields were 83 kHz for ^1H and ^{13}C . RFDR mixing was performed using a 180° pulse width of ~ 6 μs and a CW proton decoupling field of 83 kHz.

3. Results and discussion

In order to validate the pulse experiment shown in Fig. 1, we use the amyloidogenic peptide GNNQQNY which is part of the terminal domain of Sup35p, an amyloid forming yeast prion protein.⁵⁶ Early studies found the monoclinic microcrystals of GNNQQNY, as used herein, have amyloidogenic properties

including binding of Congo red and formation of β -sheet and steric zipper structures. High resolution X-ray crystal structures have been obtained, in addition to ^{13}C and ^{15}N assignments *via* MAS NMR.^{57,67–70} The monoclinic crystals are rigid and offer an amyloidogenic system with which to optimize high resolution protein spectroscopic methods.

The ^1H – ^{13}C and ^1H – ^{15}N heteronuclear correlation spectra of monoclinic crystals of GNNQQNY and the associated proton assignments are shown in Fig. 2. These are the first ^1H detected experiments of GNNQQNY and linewidths of 0.33 ppm and 0.27 ppm were obtained for the C α proton of N12 and the NH proton of N9, respectively. The degeneracy of amino acids in this sample results in spectral overlap, reducing the effective resolution of many resonances. Typically, proton linewidths were less than 0.3 ppm for individual resonances, where all linewidths are reported without apodization. The narrow line shapes in spectra of the fully protonated sample are indicative of the highly ordered crystal structure of GNNQQNY, while further reduction in linewidth is expected with application of higher MAS rates.

The hCH experiment was then used as a building block for the hCCH-RFDR experiment initially implemented on GNNQQNY, using the pulse sequence shown in Fig. 1. A MAS frequency of $\omega_{\text{r}}/2\pi = 90$ kHz and $\omega_{\text{H}}/2\pi = 200$ kHz RFDR pulses were sufficient to recouple ^{13}C – ^{13}C and decouple ^1H – ^{13}C . Thus, conventional ^1H decoupling during the RFDR mixing period was not required. At a MAS frequency of $\omega_{\text{r}}/2\pi = 90$ kHz, the theoretical description describing RFDR requires accounting for the finite pulse effects, given that the 2.5 μs 180° pulse used

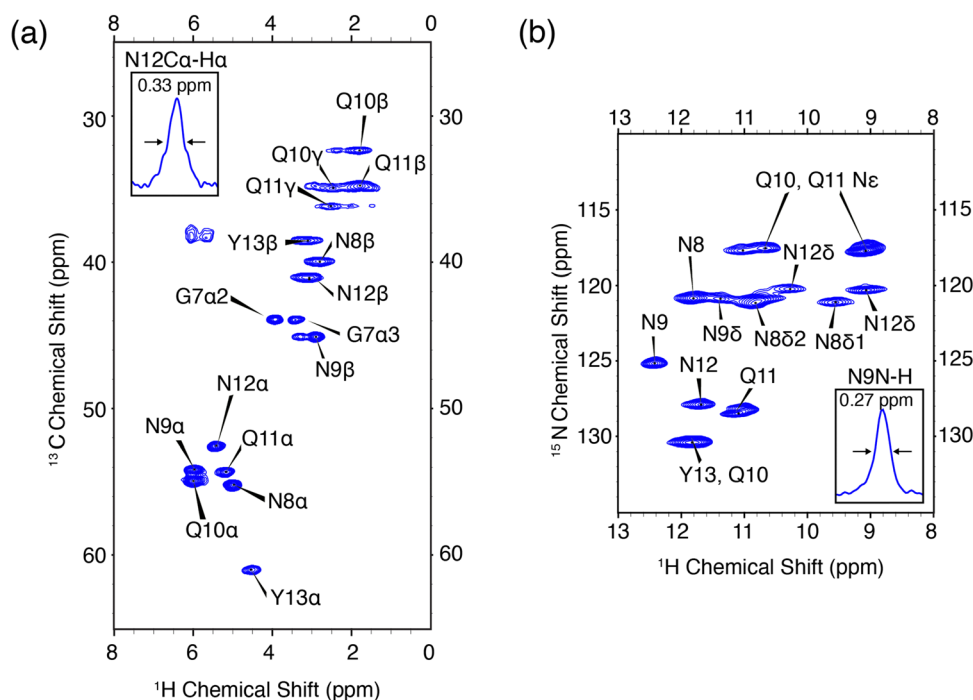


Fig. 2 High resolution ^1H detected CP-HSQC spectra of nanocrystalline $\text{U-}^{13}\text{C}, ^{15}\text{N}$ -GNNQQNY at $\omega_{\text{r}}/2\pi = 90$ kHz, $\omega_{\text{H}}/2\pi = 800$ MHz. (a) ^1H – ^{13}C correlations. (b) ^1H – ^{15}N correlations. The mixing times and other spectral acquisition parameters are provided in Table S2 (ESI†).



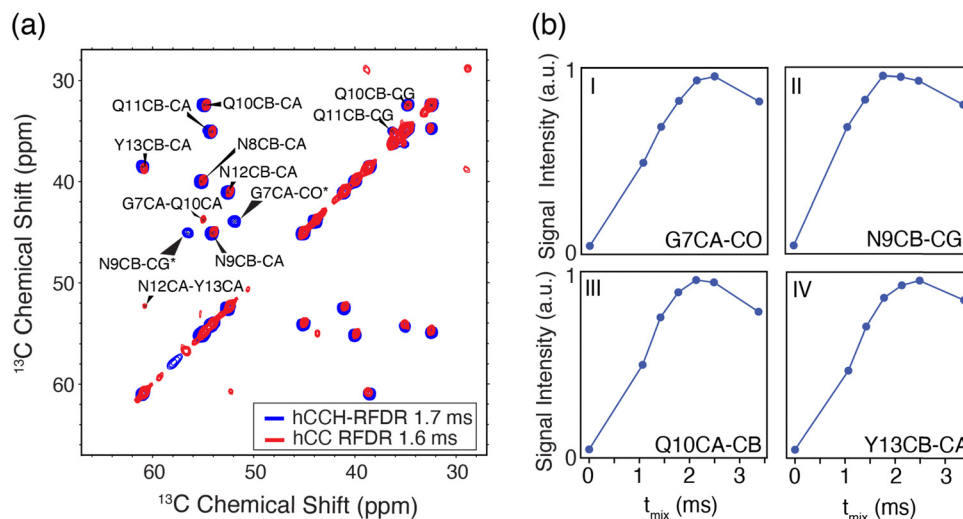


Fig. 3 hCCH-RFDR spectra of nanocrystalline GNNQQNY. (a) The ^{13}C – ^{13}C correlations of hCCH-RFDR (red) and hCC RFDR (blue) of $\text{U}[^{13}\text{C},^{15}\text{N}]$ -GNNQQNY crystals. The hCCH-RFDR spectrum was acquired at $\omega_r/2\pi = 90$ kHz using a mixing time of 1.7 ms. The conventional 2-dimensional hCC-RFDR spectrum was acquired at $\omega_r/2\pi = 20$ kHz MAS using a mixing time of 1.6 ms. The N9CB- $\text{C}\gamma^*$ and G7CA- $\text{C}\alpha^*$ peaks are folded. (b) Signal intensity as a function of RFDR mixing time for hCCH-RFDR. For each contact in I–IV, the normalized signal intensity is plotted.

occupies a considerable fraction of the 11.11 μs rotor period. For a further description of finite pulse RFDR, we refer the reader to the original paper by Bennett, *et al.* where finite pulses were initially discussed.⁴⁷

As shown in Fig. 3(A), the hCCH-RFDR at $\omega_r/2\pi = 90$ kHz reproduces all intra-residue correlations that are expected in a one-bond RFDR. While numerous other heteronuclear and homonuclear correlation methods have been developed for ^1H detected MAS NMR, the direct comparison of hCCH to hCC spectra acquired at 20 kHz MAS is a valuable spectroscopic tool for spectral fingerprinting of limited quantity samples. However, we note that in the hCCH-RFDR spectrum, the very weakly detected inter-residue correlations of N12C α -Y13C α and G7C α -Q10C α were not visible. These longer-range correlations may be more effectively probed at high spinning frequencies by other homonuclear correlation schemes or with additional transients per point. In the present spectrum, 8 scans per point were acquired for the hCCH-RFDR leading to a total experiment time of 2 days and 15 hours.

As shown in Fig. 3(B), most residues have achieved maximum signal intensity between 1.7 and 2.5 ms, which is comparable to optimal mixing times at lower MAS frequencies, such as $\omega_r/2\pi = 20$ kHz. The longest optimal mixing times are observed for the G7 and Y13 residues, which are excluded from the steric zipper core interface between peptide dimers. Thus, the hCCH-RFDR detected spectra of GNNQQNY at high resolution permitted us to optimize spectral fingerprinting and determine optimal mixing times, which are comparable to those canonically used at lower MAS frequencies.

We then employed the ^1H detected experiments to characterize E22G-A β_{1-42} by MAS NMR. As detailed above, the E22G-A β_{1-42} mutant was expressed using a fusion construct with the EDDIE mutant of N $^{\text{P}70}$ expressed in *E. Coli* for uniform ^{13}C and ^{15}N isotopic enrichment. However, due to the very high surface

activity of the free peptide, only limited sample quantities could be purified after cleavage, and as such, proton detected MAS NMR were essential for reasons of sensitivity. The expression protocol was previously validated with for example wild type A β_{1-42} ^{60,71} and cryo-TEM revealed the morphology of the E22G-A $\beta_{\text{M}1-42}$ fibrils to be indistinguishable from the wild type A $\beta_{\text{M}1-42}$ fibrils, with both fibrils displaying a double filament structure with short twist distance between apparent cross over points.¹⁶

CP-HSQC spectra were acquired for E22G-A β_{1-42} and illustrated in Fig. 4. The hCH spectra showed only small chemical shift perturbations from the previously published wild type A $\beta_{\text{M}1-42}$ fibril spectra.³⁸ We note an overall reduction in the spectral resolution of the E22G sample acquired at $\omega_r/2\pi = 90$ kHz and $\omega_{\text{H}}/2\pi = 800$ MHz, relative to the wild type sample at $\omega_r/2\pi = 111$ kHz and $\omega_0/2\pi = 1$ GHz.³⁸ Two resonances were assigned to the A42 $^{13}\text{C}\alpha$ in both the E22G spectrum (Fig. 4) and the previously studied wild type sample.^{23,72} This peak doubling, which is attributed to two conformations of the A42 residue, was observed in wild type A $\beta_{\text{M}1-42}$ only at $\omega_r/2\pi = 111$ kHz and was not observed at $\omega_r/2\pi = 20$ kHz. E22G-A β_{1-42} cross peak assignments (Fig. 4) were rapidly obtained due to small chemical shift perturbations (Fig. 6) in the hCH spectra of E22G-A β_{1-42} relative to previously obtained assignments of wild type samples. The shared presence of two conformations of the C-terminal segment in both wild type and E22G-A β_{1-42} initially suggested a conserved C-terminal structural fold. There are several unassigned, narrow resonances that could also be attributable to dynamic residues in the N-terminal segment. These observations underscore the importance of developing high spinning frequency MAS spectroscopy alone, or in combination with low temperature MAS, to study the N- and C-terminal segment structures and dynamics.

The hNH spectrum of E22G-A β_{1-42} (Fig. S3, ESI †) shows a reduction in resolution, the only cross peak that can presently



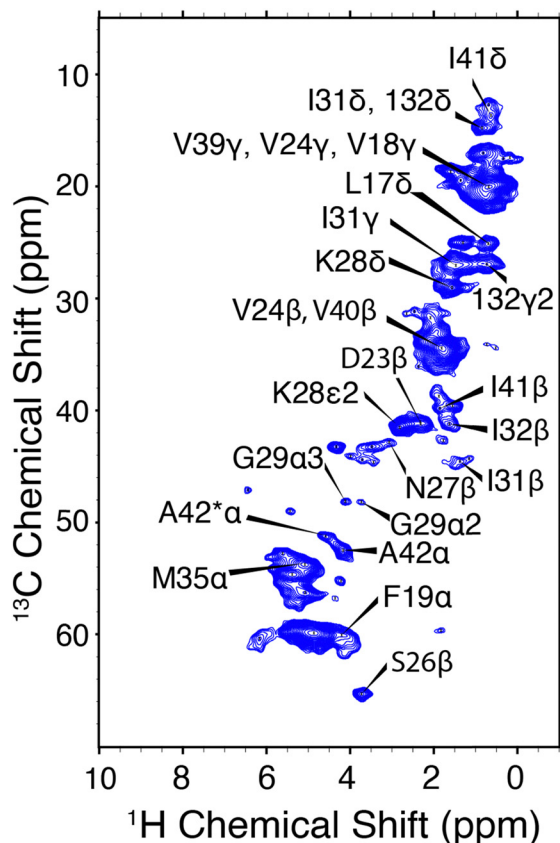


Fig. 4 hCH correlations of E22G-A β_{1-42} amyloid fibrils. The assigned chemical shifts are consistent with a structure similar to A β_{1-42} . $\omega_r/2\pi = 90$ kHz and $\omega_{\text{H}}/2\pi = 800$ MHz. Mixing times and other spectral acquisition parameters are tabulated in Table S2 (ESI†).

be unambiguously assigned being due to A42. The lower resolution of the ^{15}N spectral dimension has been observed previously in A β fibrils,⁵⁴ and is likely due to structural heterogeneity, which results from the rapid fibril formation; thus, many studies of A β amyloid do not report ^{15}N spectra. It is possible that polymorphism, sample impurities, and dynamics also contribute to the broadening.

To probe the role of potential polymorphism beyond the likely structural doubling of A42, we employed the hCCH-RFDR and hCCH-TOCSY experiments. hCCH-RFDR offers a direct spectral comparison to the wealth of previously acquired hCC spectra of WT A β_{1-42} in the literature.^{22,23,72} Despite the common occurrence of hCC-RFDR, the hCCH-RFDR has to date been sparsely applied in fully protonated samples^{54,73} or in selectively deuterated samples.⁷⁴ Instead, RFDR is most often incorporated into hCHH or hNHH pulse sequences which offer increased sensitivity and the potential for longer range quantitative ^1H - ^1H distance measurements.^{38,39,45,75} However, in fully protonated samples the continued development of high spinning frequency MAS rotors and pulse sequence methodology is required.

A comparison between the hCCH-RFDR and hCCH-TOCSY spectra is illustrated in Fig. 5. The TOCSY based hCCH was described previously, with mixing largely mediated by ^{13}C - ^{13}C

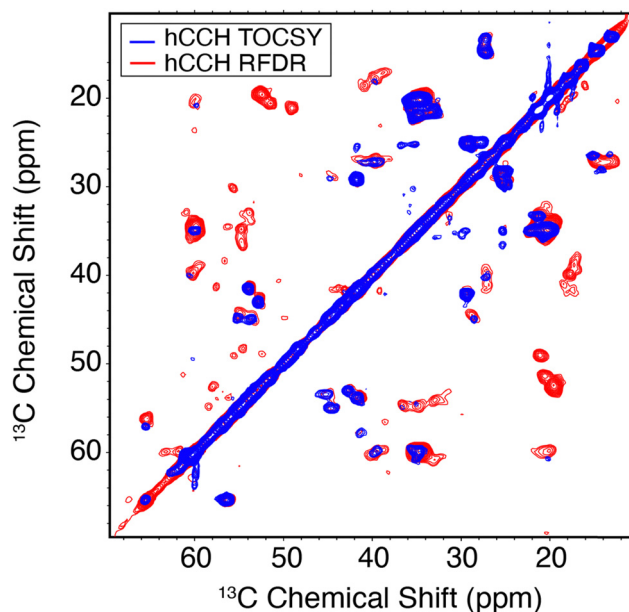


Fig. 5 ^{13}C - ^{13}C hCCH spectra of E22G-A β_{1-42} amyloid fibrils using TOCSY (red) or RFDR (blue) for carbon homonuclear mixing. Mixing times and other spectral acquisition parameters are tabulated in Table S2 (ESI†).

scalar couplings⁴³ and is based on total through bond correlation pulse sequences.⁷⁶ As such, MAS rates $\omega_r/2\pi > 90$ kHz are expected to improve the performance of the pulse sequence on a dynamic sample such as the E22G-A β_{1-42} fibrils. Because it relies on dipolar rather than J -couplings the performance of RFDR is expected to be superior to that of TOCSY when a large chemical shift difference is present. Thus, in Fig. 5 we observe more cross peaks with the hCCH-RFDR experiment. For both pulse sequences, the C-C projection of the hCCH experiment displays improved resolution over the hCH detected experiments, although site specific resolution is still not achieved with 2D spectra in this sample. Thus, higher MAS frequencies, access to higher magnetic fields and higher dimensional spectroscopy remain critical steps for complete structural studies of pathologically relevant A β fibrils. Despite these limitations, several important preliminary biological conclusions can be drawn using the spectra presented here.

In A β_{1-42} fibrils serine residues, S8 and S26, were previously shown to be sensitive to polymorphism.^{22,72} Specifically, when polymorphs are present, then the C α -C β cross region ($\sim 55/57$ ppm in Fig. 5) shows multiple peaks. In the present E22G-A β_{1-42} sample, the S26 C α -C β correlation was observed as a single resonance, with ~ 1 ppm in chemical shift difference relative to wild type A β_{1-42} . Aside from the structural doubling of A42C α , no further resonance doubling was observed. Compared to wild type A β_{1-42} RFDR fingerprint spectra, E22G-A β_{1-42} is similarly monomorphic. This observation is further supported by the single S26 β hCH cross peak present in Fig. 4.

In a previous study¹⁷ of E22G-A β_{1-40} , which employed a sample prepared synthetically, rather than biosynthetically, six specific residues (F19, A21, I32, L34, V36, and G38) in the core of the fibril structure were $^{13}\text{C}/^{15}\text{N}$ labeled. The spectra



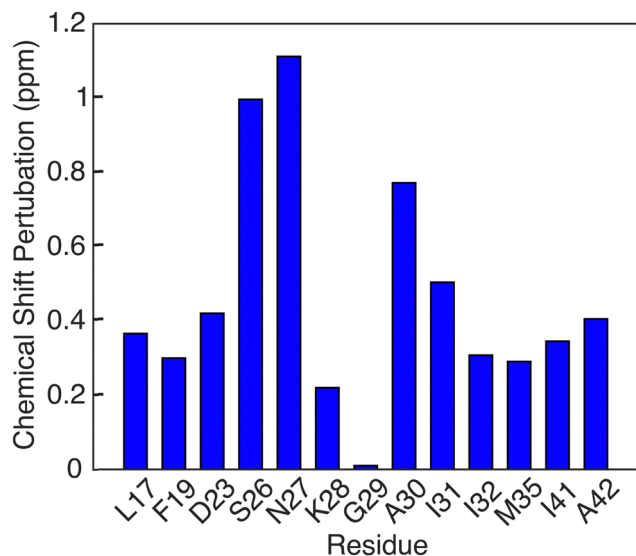


Fig. 6 Chemical shift perturbations of E22G A β_{1-42} fibrils relative to wild type A β_{1-42} fibrils found in [ref. 23, 38, 50].

were well resolved and clearly showed four different cross peaks for the labeled residues. Although it is difficult to discern the reasons for the polymorphism in samples used in other studies, two factors, the purity of synthetic samples and the possibility of racemization of the three His residues in A β , are discussed in the literature.^{77–79} And in a separate investigation,¹⁸ it was shown that folding of E22G-A β_{1-40} fibrils could be enhanced with seeds of A β_{1-42} , whereas WT A β_{1-40} was not affected. The spectra in these experiments obtained from synthetic samples (labeled as G22, V24, A30 and I31) displayed two-fold polymorphism in two of the four selectively labeled sites. Thus, polymorphism is observed in synthetic A β_{1-40} samples, *e.g.* E22G-A β_{1-40} , whereas we did not detect it in E22G-A β_{1-42} prepared using biosynthetic methods. Nevertheless, these experiments suggested the dominant form of the Arctic mutant may adopt β -strand conformations similar to the wild type A β_{1-42} , and this hypothesis is further supported by the MAS NMR data presented here.

Another notable feature in the present E22G-A β_{1-42} is the minimal chemical shift perturbations associated with the K28 residue (~ 0.2 ppm), suggesting that the K28-A42 salt bridge observed previously in wild type A β_{1-42} is likely conserved in E22G-A β_{1-42} . A detailed compilation of the shifts in E22G-A β_{1-42} and A β_{1-42} is presented in Tables S3 and S4 (ESI[†]). In addition, the ^{15}N - ^1H correlation spectra (Fig. S3, ESI[†]) also show a doublet at (135.5 ppm, 9.5 ppm) in excellent agreement with the shifts observed in A β_{1-42} .^{23,72} The figure allows a comparison of the NH spectra of E22G-A β_{1-42} with those of WT A β_{1-42} . Similar salt bridges are present in the E22A-A β_{1-39} mutant structure linking E3 and K28.¹⁵ We do note that the largest observed chemical shift perturbations occur in adjacent residues S26 and N27, but they remained limited to ~ 1 ppm. This supports the hypothesis that the mutation conserves fibril core features while inducing electrostatic perturbations that would make the wild-type fibril fold even more stable for the E22G

mutant due to reduced electrostatic repulsion.¹⁶ As for the wild-type, the main driving force for fibril formation of E22G-A β_{1-42} are thus hydrophobic interactions due to burial of a large number of non-polar residues in the fibril core and the associated increase in entropy of the released water molecules.¹⁶ Overall, the core residues of the E22G-A β_{1-42} fibril display minimal chemical shift perturbations, on the order of ≤ 1 ppm, as illustrated in Fig. 6.

4. Conclusion

We present the initial ^1H -detected MAS NMR results on two amyloidogenic systems, GNNQQNY monoclinic crystals and E22G-A β_{1-42} fibrils. Linewidths typically < 0.3 ppm were observed in CP-HSQC spectra of the rigid peptide GNNQQNY. This high-resolution model system was employed to optimize hCCH-RFDR experiments, and an optimal mixing period in this system was observed to be ~ 2 ms, on par with mixing periods used at lower MAS frequencies. These methods were then extended to the study of E22G-A β_{1-42} fibrils. The spectral resolution was reduced relative to wild type A β_{1-42} , indicating an increase in sample heterogeneity perhaps due to the rate at which the fibrils are formed. The use of MAS at $\omega_r/2\pi = 90$ kHz confirmed the observation of dynamics in the A42 residue as observed also in wild type samples, indicating the C-terminus is not strongly modulated by the E22G mutation. hCCH-RFDR demonstrated the sample to be largely monomorphic, in contrast to studies of synthetic E22G-A β_{1-40} in which multiple polymorphs were observed. Overall, the chemical shift perturbations observed across numerous residues are < 1 ppm between the previously reported wild type A β_{1-42} and the present E22G-A β_{1-42} . This result suggests a conserved core fibril structure, in accordance with recent cryoEM results. Taken as whole, this study presents further evidence that the Arctic mutant has a propensity for adopting A β_{1-42} like fibril features as previously observed in A β_{1-40} fibrils of E22G mutant. In the future, the use of dynamic nuclear polarization and access to increased MAS rates and higher fields could aid in the determination of the complete three-dimensional structure of the sample quantity limited E22G mutant of A β_{1-42} .

Conflicts of interest

There are no conflicts to declare.

Acknowledgements

We thank Salima Bahri and Ravi Shankar Palani for helpful conversations regarding this project. This project is funded by the National Institutes of Health under grants AG058504 and GM132997 to RGG, and by the Swedish Research Council, VR 2015-00143 to SL. NCG is supported by the National Science Foundation Graduate Research Fellowship under Grant No. 1744302. EPS is supported by an NIH F32 fellowship under award number 1 F32 GM139304-01. We thank members of the



MIT Koch institute for assistance with GNNQQNY synthesis and characterization of the E22G-A β sample by mass spectrometry.

References

- 1 Alzheimer's Association, 2022 Alzheimer's Disease Facts and Figures, *Alzheimer's Dementia*, 2022, **18**, 700–789.
- 2 D. Eisenberg and M. Jucker, The Amyloid State of Proteins in Human Diseases, *Cell*, 2012, **148**, 1188–1203.
- 3 H. Hampel, J. Hardy, K. Blennow, C. Chen, G. Perry, S. H. Kim, V. L. Villemagne, P. Aisen, M. Vendruscolo, T. Iwatsubo, C. L. Masters, M. Cho, L. Lannfelt, J. L. Cummings and A. Vergallo, The Amyloid-B Pathway in Alzheimer's Disease, *Mol. Psychiatry*, 2021, **26**, 5481–5503.
- 4 M. P. Murphy and H. LeVine Iii, Alzheimer's Disease and the Amyloid-B Peptide, *J. Alzheimer's Dis.*, 2010, **19**, 311–323.
- 5 T. Oltersdorf, P. Ward, T. Henriksson, E. Beattie, R. Neve, I. Lieberburg and L. Fritz, The Alzheimer Amyloid Precursor Protein. Identification of a Stable Intermediate in the Biosynthetic/Degradative Pathway, *J. Biol. Chem.*, 1990, **265**, 4492–4497.
- 6 D. J. Selkoe, Alzheimer's Disease: Genes, Proteins, and Therapy, *Physiol. Rev.*, 2001, **81**, 741–766.
- 7 T. Tomiyama and H. Shimada, App Osaka Mutation in Familial Alzheimer's Disease-Its Discovery, Phenotypes, and Mechanism of Recessive Inheritance, *Int. J. Mol. Sci.*, 2020, **21**, 1413.
- 8 A. E. Roher, J. D. Lowenson, S. Clarke, A. S. Woods, R. J. Cotter, E. Gowing and M. J. Ball, Beta-Amyloid-(1–42) Is a Major Component of Cerebrovascular Amyloid Deposits: Implications for the Pathology of Alzheimer Disease, *Proc. Natl. Acad. Sci. U. S. A.*, 1993, **90**, 10836–10840.
- 9 G. Brinkmalm, W. Hong, Z. M. Wang, W. Liu, T. T. O'Malley, X. Sun, M. P. Frosch, D. J. Selkoe, E. Portelius, H. Zetterberg, K. Blennow and D. M. Walsh, Identification of Neurotoxic Cross-Linked Amyloid-B Dimers in the Alzheimer's Brain, *Brain*, 2019, **142**, 1441–1457.
- 10 C. Nilsberth, A. Westlind-Danielsson, C. B. Eckman, M. M. Condron, K. Axelman, C. Forsell, C. Stenh, J. Luthman, D. B. Teplow, S. G. Younkin, J. Naslund and L. Lannfelt, The 'Arctic' App Mutation (E693g) Causes Alzheimer's Disease by Enhanced a Beta Protofibril Formation, *Nat. Neurosci.*, 2001, **4**, 887–893.
- 11 K. Kamino, H. T. Orr, H. Payami, E. M. Wijsman, M. E. Alonso, S. M. Pulst, L. Anderson, S. Odahl, E. Nemens, J. A. White, A. D. Sadovnick, M. J. Ball, J. Kaye, A. Warren, M. McInnis, S. E. Antonarakis, J. R. Korenberg, V. Sharma, W. Kukull, E. Larson, L. L. Heston, G. M. Martin, T. D. Bird and G. D. Schellenberg, Linkage and Mutational Analysis of Familial Alzheimer-Disease Kindreds for the App Gene Region, *Am. J. Hum. Genet.*, 1992, **51**, 998–1014.
- 12 O. Bugiani, G. Giaccone, G. Rossi, M. Mangieri, R. Capobianco, M. Morbin, G. Mazzoleni, C. Cupidi, G. Marcon and A. Giovagnoli, Hereditary Cerebral Hemorrhage with Amyloidosis Associated with the E693k Mutation of App, *Arch. Neurol.*, 2010, **67**, 987–995.
- 13 T. J. Grabowski, H. S. Cho, J. P. G. Vonsattel, G. W. Rebeck and S. M. Greenberg, Novel Amyloid Precursor Protein Mutation in an Iowa Family with Dementia and Severe Cerebral Amyloid Angiopathy, *Ann. Neurol.*, 2001, **49**, 697–705.
- 14 C. Van Broeckhoven, J. Haan, E. Bakker, J. Hardy, W. Van Hul, A. Wehnert, M. Vegter-Van der Vlis and R. Roos, Amyloid B Protein Precursor Gene and Hereditary Cerebral Hemorrhage with Amyloidosis (Dutch), *Science*, 1990, **248**, 1120–1122.
- 15 A. K. Schütz, T. Vagt, M. Huber, O. Y. Ovchinnikova, R. Cadalbert, J. Wall, P. Güntert, A. Böckmann, R. Glockshuber and B. H. Meier, Atomic-Resolution Three-Dimensional Structure of Amyloid B Fibrils Bearing the Osaka Mutation, *Angew. Chem., Int. Ed.*, 2015, **54**, 331–335.
- 16 X. Yang, G. Meisl, B. Frohm, E. Thulin, T. P. J. Knowles and S. Linse, On the Role of Sidechain Size and Charge in the Aggregation of A β 42 with Familial Mutations, *Proc. Natl. Acad. Sci. U. S. A.*, 2018, **115**, E5849–E5858.
- 17 M. R. Elkins, T. Wang, M. Nick, H. Jo, T. Lemmin, S. B. Prusiner, W. F. DeGrado, J. Stohr and M. Hong, Structural Polymorphism of Alzheimer's Beta-Amyloid Fibrils as Controlled by an E22 Switch: A Solid-State Nmr Study, *J. Am. Chem. Soc.*, 2016, **138**, 9840–9852.
- 18 B. K. Yoo, Y. Xiao, D. McElheny and Y. Ishii, E22g Pathogenic Mutation of B-Amyloid (A β) Enhances Misfolding of A β 40 by Unexpected Prion-Like Cross Talk between A β 42 and A β 40, *J. Am. Chem. Soc.*, 2018, **140**, 2781–2784.
- 19 Y. Yang, W. J. Zhang, A. G. Murzin, M. Schweighauser, M. Huang, S. Lovestam, S. Y. Peak-Chew, T. Saito, T. C. Saido, J. Macdonald, I. Lavenir, B. Ghetti, C. Graff, A. Kumar, A. Nordberg, M. Goedert and S. H. W. Scheres, Cryo-Em Structures of Amyloid-Beta Filaments with the Arctic Mutation (E22g) from Human and Mouse Brains, *Acta Neuropathol.*, 2023, **145**, 325–333.
- 20 C. Leistner, M. Wilkinson, A. Burgess, M. Lovatt, S. Goodbody, Y. Xu, S. Deuchars, S. E. Radford, N. A. Ranson and R. A. W. Frank, The in-Tissue Molecular Architecture of B-Amyloid Pathology in the Mammalian Brain, *Nat. Commun.*, 2023, **14**, 2833.
- 21 P. H. Nguyen, A. Ramamoorthy, B. R. Sahoo, J. Zheng, P. Faller, J. E. Straub, L. Dominguez, J. E. Shea, N. V. Dokholyan, A. De Simone, B. Y. Ma, R. Nussinov, S. Najafi, S. T. Ngo, A. Loquet, M. Chiricotto, P. Ganguly, J. McCarty, M. S. Li, C. Hall, Y. M. Wang, Y. Miller, S. Melchionna, B. Habenstein, S. Timr, J. X. Chen, B. Hnath, B. Strodel, R. Kaye, S. Lesné, G. H. Wei, F. Sterpone, A. J. Doig and P. Derreumaux, Amyloid Oligomers: A Joint Experimental/Computational Perspective on Alzheimer's Disease, Parkinson's Disease, Type II Diabetes, and Amyotrophic Lateral Sclerosis, *Chem. Rev.*, 2021, **121**, 2545–2647.
- 22 M. A. Wälti, F. Ravotti, H. Arai, C. G. Glabe, J. S. Wall, A. Böckmann, P. Güntert, B. H. Meier and R. Riek, Atomic-Resolution Structure of a Disease-Relevant A β (1–42)



- Amyloid Fibril, *Proc. Natl. Acad. Sci. U. S. A.*, 2016, **113**, E4976–E4984.
- 23 M. T. Colvin, R. Silvers, Q. Z. Ni, T. V. Can, I. Sergeyev, M. Rosay, K. J. Donovan, B. Michael, J. Wall, S. Linse and R. G. Griffin, Atomic Resolution Structure of Monomeric A β 42 Amyloid Fibrils, *J. Am. Chem. Soc.*, 2016, **138**, 9663–9674.
 - 24 Y. Nishiyama, G. J. Hou, V. Agarwal, Y. C. Su and A. Ramamoorthy, Ultrafast Magic Angle Spinning Solid-State Nmr Spectroscopy: Advances in Methodology and Applications, *Chem. Rev.*, 2023, **123**, 918–988.
 - 25 A. E. Bennett; R. G. Griffin and S. Vega, Recoupling of Homo- and Heteronuclear Dipolar Interactions in Rotating Solids, in *Solid-State Nmr: Methods and Applications of Solid-State Nmr*, ed. B. Blümich, Springer Berlin Heidelberg, Berlin, Heidelberg, 1994, pp.1–77.
 - 26 R. Griffin, Dipolar Recoupling in Mas Spectra of Biological Solids, *Nat. Struct. Biol.*, 1998, **5**, 508–512.
 - 27 Y. Ji, L. Liang, X. Bao and G. Hou, Recent Progress in Dipolar Recoupling Techniques under Fast Mas in Solid-State Nmr Spectroscopy, *Solid State Nucl. Magn. Reson.*, 2021, **112**, 101711.
 - 28 Y. Su, L. Andreas and R. G. Griffin, Magic Angle Spinning Nmr of Proteins: High-Frequency Dynamic Nuclear Polarization and 1h Detection, *Annu. Rev. Biochem.*, 2015, **84**, 465–497.
 - 29 T. Lührs, C. Ritter, M. Adrian, D. Riek-Loher, B. Bohrmann, H. Döbeli, D. Schubert and R. Riek, 3d Structure of Alzheimer's Amyloid-B(1–42) Fibrils, *Proc. Natl. Acad. Sci. U. S. A.*, 2005, **102**, 17342–17347.
 - 30 Y. Xiao, B. Ma, D. McElheny, S. Parthasarathy, F. Long, M. Hoshi, R. Nussinov and Y. Ishii, A β (1–42) Fibril Structure Illuminates Self-Recognition and Replication of Amyloid in Alzheimer's Disease, *Nat. Struct. Mol. Biol.*, 2015, **22**, 499–505.
 - 31 J. R. Long, B. Q. Sun, A. Bowen and R. G. Griffin, Molecular-Dynamics and Magic-Angle-Spinning Nmr, *J. Am. Chem. Soc.*, 1994, **116**, 11950–11956.
 - 32 Q. Z. Ni, E. Markhasin, T. V. Can, B. Corzilius, K. O. Tan, A. B. Barnes, E. Daviso, Y. C. Su, J. Herzfeld and R. G. Griffin, Peptide and Protein Dynamics and Low-Temperature/Dnp Magic Angle Spinning Nmr, *J. Phys. Chem. B*, 2017, **121**, 4997–5006.
 - 33 V. Lattanzi, I. Andre, U. Gasser, M. Dubackic, U. Olsson and S. Linse, Amyloid Beta 42 Fibril Structure Based on Small-Angle Scattering, *Proc. Natl. Acad. Sci. U. S. A.*, 2021, 118.
 - 34 L. Gremer, D. Scholzel, C. Schenk, E. Reinartz, J. Labahn, R. B. G. Ravelli, M. Tusche, C. Lopez-Iglesias, W. Hoyer, H. Heise, D. Willbold and G. F. Schroder, Fibril Structure of Amyloid-Beta(1–42) by Cryo-Electron Microscopy, *Science*, 2017, **358**, 116–119.
 - 35 M. Kollmer, W. Close, L. Funk, J. Rasmussen, A. Bsoul, A. Schierhorn, M. Schmidt, C. J. Sigurdson, M. Jucker and M. Fändrich, Cryo-Em Structure and Polymorphism of A β Amyloid Fibrils Purified from Alzheimer's Brain Tissue, *Nat. Commun.*, 2019, **10**, 4760.
 - 36 A. Bax, S. W. Sparks and D. A. Torchia, Detection of Insensitive Nuclei, *Methods Enzymol.*, 1989, **176**, 134–150.
 - 37 T. Le Marchand, T. Schubeis, M. Bonaccorsi, P. Paluch, D. Lalli, A. J. Pell, L. B. Andreas, K. Jaudzems, J. Stanek and G. Pintacuda, 1h-Detected Biomolecular Nmr under Fast Magic-Angle Spinning, *Chem. Rev.*, 2022, **122**, 9943–10018.
 - 38 S. Bahri, R. Silvers, B. Michael, K. Jaudzems, D. Lalli, G. Casano, O. Ouari, A. Lesage, G. Pintacuda, S. Linse and R. G. Griffin, 1h Detection and Dynamic Nuclear Polarization-Enhanced Nmr of A β _{1–42} Fibrils, *Proc. Natl. Acad. Sci. U. S. A.*, 2022, **119**, e2114413119.
 - 39 L. B. Andreas, K. Jaudzems, J. Stanek, D. Lalli, A. Bertarello, T. Le Marchand, D. Cala-De Paepe, S. Kotelovica, I. Akopjana, B. Knott, S. Wegner, F. Engelke, A. Lesage, L. Emsley, K. Tars, T. Herrmann and G. Pintacuda, Structure of Fully Protonated Proteins by Proton-Detected Magic-Angle Spinning Nmr, *Proc. Natl. Acad. Sci. U. S. A.*, 2016, **113**, 9187–9192.
 - 40 A. Loquet, N. El Mammeri, J. Stanek, M. Berbon, B. Bardiaux, G. Pintacuda and B. Habenstein, 3d Structure Determination of Amyloid Fibrils Using Solid-State Nmr Spectroscopy, *Methods*, 2018, **138**, 26–38.
 - 41 J. Struppe, C. M. Quinn, M. M. Lu, M. Z. Wang, G. J. Hou, X. Y. Lu, J. Kraus, L. B. Andreas, J. Stanek, D. Lalli, A. Lesage, G. Pintacuda, W. Maas, A. M. Gronenborn and T. Polenova, Expanding the Horizons for Structural Analysis of Fully Protonated Protein Assemblies by Nmr Spectroscopy at Mas Frequencies above 100 Khz, *Solid State Nucl. Magn. Reson.*, 2017, **87**, 117–125.
 - 42 R. Linser, M. Dasari, M. Hiller, V. Higman, U. Fink, J.-M. Lopez del Amo, S. Markovic, L. Handel, B. Kessler, P. Schmieder, D. Oesterhelt, H. Oschkinat and B. Reif, Proton-Detected Solid-State Nmr Spectroscopy of Fibrillar and Membrane Proteins, *Angew. Chem., Int. Ed.*, 2011, **50**, 4508–4512.
 - 43 J. Stanek, L. B. Andreas, K. Jaudzems, D. Cala, D. Lalli, A. Bertarello, T. Schubeis, I. Akopjana, S. Kotelovica, K. Tars, A. Pica, S. Leone, D. Picone, Z.-Q. Xu, N. E. Dixon, D. Martinez, M. Berbon, N. El Mammeri, A. Noubhani, S. Saupe, B. Habenstein, A. Loquet and G. Pintacuda, Nmr Spectroscopic Assignment of Backbone and Side-Chain Protons in Fully Protonated Proteins: Microcrystals, Sedimented Assemblies, and Amyloid Fibrils, *Angew. Chem., Int. Ed.*, 2016, **55**, 15504–15509.
 - 44 E. Barbet-Massin, A. J. Pell, J. S. Retel, L. B. Andreas, K. Jaudzems, W. T. Franks, A. J. Nieuwkoop, M. Hiller, V. Higman, P. Guerry, A. Bertarello, M. J. Knight, M. Felletti, T. Le Marchand, S. Kotelovica, I. Akopjana, K. Tars, M. Stoppini, V. Bellotti, M. Bolognesi, S. Ricagno, J. J. Chou, R. G. Griffin, H. Oschkinat, A. Lesage, L. Emsley, T. Herrmann and G. Pintacuda, Rapid Proton-Detected Nmr Assignment for Proteins with Fast Magic Angle Spinning, *J. Am. Chem. Soc.*, 2014, **136**, 12489–12497.
 - 45 V. Agarwal, S. Penzel, K. Szekeley, R. Cadalbert, E. Testori, A. Oss, J. Past, A. Samoson, M. Ernst, A. Böckmann and B. H. Meier, De Novo 3d Structure Determination from Sub-Milligram



- Protein Samples by Solid-State 100 Khz Mas Nmr Spectroscopy, *Angew. Chem., Int. Ed.*, 2014, **53**, 12253–12256.
- 46 A. E. Bennett, R. G. Griffin, J. H. Ok and S. Vega, Chemical Shift Correlation Spectroscopy in Rotating Solids: Radio Frequency-Driven Dipolar Recoupling and Longitudinal Exchange, *J. Chem. Phys.*, 1992, **96**, 8624–8627.
 - 47 A. E. Bennett, C. M. Rienstra, J. M. Griffiths, W. Zhen, P. T. Lansbury and R. G. Griffin, Homonuclear Radio Frequency-Driven Recoupling in Rotating Solids, *J. Chem. Phys.*, 1998, **108**, 9463–9479.
 - 48 T. Gullion and S. Vega, A Simple Magic Angle Spinning Nmr Experiment for the Dephasing of Rotational Echoes of Dipolar Coupled Homonuclear Spin Pairs, *Chem. Phys. Lett.*, 1992, **194**, 423–428.
 - 49 M. T. Eddy, T.-Y. Yu, G. Wagner and R. G. Griffin, Structural Characterization of the Human Membrane Protein Vdac2 in Lipid Bilayers by Mas Nmr, *J. Biomol. NMR*, 2019, **73**, 451–460.
 - 50 R. Silvers, M. T. Colvin, K. K. Frederick, A. C. Jacavone, S. Lindquist, S. Linse and R. G. Griffin, Aggregation and Fibril Structure of A β m01–42 and A β 1–42, *Biochemistry*, 2017, **56**, 4850–4859.
 - 51 L. B. Andreas, M. Reese, M. T. Eddy, V. Gelev, Q. Z. Ni, E. A. Miller, L. Emsley, G. Pintacuda, J. J. Chou and R. G. Griffin, Structure and Mechanism of the Influenza a M218–60 Dimer of Dimers, *J. Am. Chem. Soc.*, 2015, **137**, 14877–14886.
 - 52 M. Roos, V. S. Mandala and M. Hong, Determination of Long-Range Distances by Fast Magic-Angle-Spinning Radiofrequency-Driven 19f–19f Dipolar Recoupling Nmr, *J. Phys. Chem. B*, 2018, **122**, 9302–9313.
 - 53 M. J. Bayro, R. Ramachandran, M. A. Caporini, M. T. Eddy and R. G. Griffin, Radio Frequency-Driven Recoupling at High Magic-Angle Spinning Frequencies: Homonuclear Recoupling Sans Heteronuclear Decoupling, *J. Chem. Phys.*, 2008, **128**, 052321.
 - 54 A. Wickramasinghe, Y. Xiao, N. Kobayashi, S. Wang, K. P. Scherpelz, T. Yamazaki, S. C. Meredith and Y. Ishii, Sensitivity-Enhanced Solid-State Nmr Detection of Structural Differences and Unique Polymorphs in Pico- to Nanomolar Amounts of Brain-Derived and Synthetic 42-Residue Amyloid-B Fibrils, *J. Am. Chem. Soc.*, 2021, **143**, 11462–11472.
 - 55 W. Kaar, K. Ahrer, A. Dürauer, S. Greinstetter, W. Sprinzl, P. Wechner, F. Clementschitsch, K. Bayer, C. Achmüller, B. Auer, R. Hahn and A. Jungbauer, Refolding of Npro Fusion Proteins, *Biotechnol. Bioeng.*, 2009, **104**, 774–784.
 - 56 M. Balbirnie, R. Grothe and D. S. Eisenberg, An Amyloid-Forming Peptide from the Yeast Prion Sup35 Reveals a Dehydrated B-Sheet Structure for Amyloid, *Proc. Natl. Acad. Sci. U. S. A.*, 2001, **98**, 2375–2380.
 - 57 P. C. A. van der Wel, J. R. Lewandowski and R. G. Griffin, Solid-State Nmr Study of Amyloid Nanocrystals and Fibrils Formed by the Peptide Gnnqqny from Yeast Prion Protein Sup35p, *J. Am. Chem. Soc.*, 2007, **129**, 5117–5130.
 - 58 D. Thacker, K. Sanagavarapu, B. Frohm, G. Meisl, T. P. J. Knowles and S. Linse, The Role of Fibril Structure and Surface Hydrophobicity in Secondary Nucleation of Amyloid Fibrils, *Proc. Natl. Acad. Sci. U. S. A.*, 2020, **117**, 25272–25283.
 - 59 S. Linse, T. Scheidt, K. Bernfur, M. Vendruscolo, C. M. Dobson, S. I. A. Cohen, E. Sileikis, M. Lundqvist, F. Qian, T. O'Malley, T. Bussiére, P. H. Weinreb, C. K. Xu, G. Meisl, S. R. A. Devenish, T. P. J. Knowles and O. Hansson, Kinetic Fingerprints Differentiate the Mechanisms of Action of Anti-A β Antibodies, *Nat. Struct. Mol. Biol.*, 2020, **27**, 1125–1133.
 - 60 M. Lindberg, E. Axell, E. Sparr, S. Linse and A. Label-Free High-Throughput, Protein Solubility Assay and Its Application to Abeta40, *Biophys. Chem.*, 2024, **307**, 107165.
 - 61 M. Lundqvist, D. C. Rodriguez Camargo, K. Bernfur, S. Chia and S. Linse, Expression, Purification and Characterisation of Large Quantities of Recombinant Human Iapp for Mechanistic Studies, *Biophys. Chem.*, 2021, **269**, 106511.
 - 62 R. Ueberbacher, A. Dürauer, K. Ahrer, S. Mayer, W. Sprinzl, A. Jungbauer and R. Hahn, Eddie Fusion Proteins: Triggering Autoproteolytic Cleavage, *Process Biochem.*, 2009, **44**, 1217–1224.
 - 63 X. Zhong, R. Kumar, Y. Wang, H. Biverstål, C. Ingeborg Jegerschöld, P. J. B. Koeck, J. Johansson, A. Abelein and G. Chen, Amyloid Fibril Formation of Arctic Amyloid-B 1–42 Peptide Is Efficiently Inhibited by the Brichos Domain, *ACS Chem. Biol.*, 2022, **17**, 2201–2211.
 - 64 P. C. van der Wel, J. R. Lewandowski and R. G. Griffin, Structural Characterization of Gnnqqny Amyloid Fibrils by Magic Angle Spinning Nmr, *Biochemistry*, 2010, **49**, 9457–9469.
 - 65 A. J. Shaka, J. Keeler and R. Freeman, Evaluation of a New Broad-Band Decoupling Sequence – Waltz-16, *J. Magn. Reson.*, 1983, **53**, 313–340.
 - 66 D. H. Zhou and C. M. Rienstra, High-Performance Solvent Suppression for Proton Detected Solid-State Nmr, *J. Magn. Reson.*, 2008, **192**, 167–172.
 - 67 P. C. A. van der Wel, K.-N. Hu, J. Lewandowski and R. G. Griffin, Dynamic Nuclear Polarization of Amyloidogenic Peptide Nanocrystals: Gnnqqny, a Core Segment of the Yeast Prion Protein Sup35p, *J. Am. Chem. Soc.*, 2006, **128**, 10840–10846.
 - 68 P. C. A. van der Wel, J. R. Lewandowski and R. G. Griffin, Structural Characterization of Gnnqqny Amyloid Fibrils by Magic Angle Spinning Nmr, *Biochemistry*, 2010, **49**, 9457–9469.
 - 69 R. Nelson, M. R. Sawaya, M. Balbirnie, A. Ø. Madsen, C. Riek, R. Grothe and D. Eisenberg, Structure of the Cross-Beta Spine of Amyloid-Like Fibrils, *Nature*, 2005, **435**, 773–778.
 - 70 M. R. Sawaya, S. Sambashivan, R. Nelson, M. I. Ivanova, S. A. Sievers, M. I. Apostol, M. J. Thompson, M. Balbirnie, J. J. W. Wiltzius, H. T. McFarlane, A. O. Madsen, C. Riek and D. Eisenberg, Atomic Structures of Amyloid Cross-Beta Spines Reveal Varied Steric Zippers, *Nature*, 2007, **447**, 453–457.



- 71 D. Thacker, K. Sanagavarapu, B. Frohm, G. Meisl, T. P. J. Knowles and S. Linse, The Role of Fibril Structure and Surface Hydrophobicity in Secondary Nucleation of Amyloid Fibrils, *Proc. Natl. Acad. Sci. U. S. A.*, 2020, **117**, 25272–25283.
- 72 M. T. Colvin, R. Silvers, B. Frohm, Y. Su, S. Linse and R. G. Griffin, High Resolution Structural Characterization of Abeta42 Amyloid Fibrils by Magic Angle Spinning Nmr, *J. Am. Chem. Soc.*, 2015, **137**, 7509–7518.
- 73 S. Wang, S. Parthasarathy, Y. Nishiyama, Y. Endo, T. Nemoto, K. Yamauchi, T. Asakura, M. Takeda, T. Terauchi, M. Kainosho and Y. Ishii, Nano-Mole Scale Side-Chain Signal Assignment by 1h-Detected Protein Solid-State Nmr by Ultra-Fast Magic-Angle Spinning and Stereo-Array Isotope Labeling, *PLoS One*, 2015, **10**, e0122714.
- 74 P. Paluch, R. Augustyniak, M. L. Org, K. Vanatalu, A. Kaldma, A. Samoson and J. Stanek, Nmr Assignment of Methyl Groups in Immobilized Proteins Using Multiple-Bond C-13 Homonuclear Transfers, Proton Detection, and Very Fast Mas, *Front. Mol. Biosci.*, 2022, **9**, 828785.
- 75 Y. Nishiyama, M. Malon, Y. Ishii and A. Ramamoorthy, 3d N-15/N-15/H-1 Chemical Shift Correlation Experiment Utilizing an Rfdr-Based H-1/H-1 Mixing Period at 100 Khz Mas, *J. Magn. Reson.*, 2014, **244**, 1–5.
- 76 M. Baldus and B. H. Meier, Total Correlation Spectroscopy in the Solid State. The Use of Scalar Couplings to Determine the through-Bond Connectivity, *J. Magn. Reson., Ser. A*, 1996, **121**, 65–69.
- 77 T. Vagt and R. Glockshuber, Where Purity Matters: Recombinant Versus Synthetic Peptides in Beta Amyloid Formation, *Methods Protein Biochem.*, 2012, 187–196.
- 78 V. H. Finder, I. Vodopivec, R. M. Nitsch and R. Glockshuber, The Recombinant Amyloid-Beta Peptide a Beta 1–42 Aggregates Faster and Is More Neurotoxic Than Synthetic a Beta 1–42, *J. Mol. Biol.*, 2010, **396**, 9–18.
- 79 D. J. Adams, T. G. Nemkov, J. P. Mayer, W. M. Old and M. H. B. Stowell, Identification of the primary peptide contaminant that inhibits fibrillation and toxicity in synthetic amyloid- β 42, *PLoS One*, 2017, **12**(8), e0182804.

