

# McCance and Widdowson's The Composition of Foods

## Seventh Summary Edition

The definitive handbook for those who need to know the nutritional value of foods consumed in the UK. Authoritative and comprehensive, it is vital for students and professionals in all food and health disciplines.

**Extensively revised and updated for the first time since 2002, the new edition includes:**

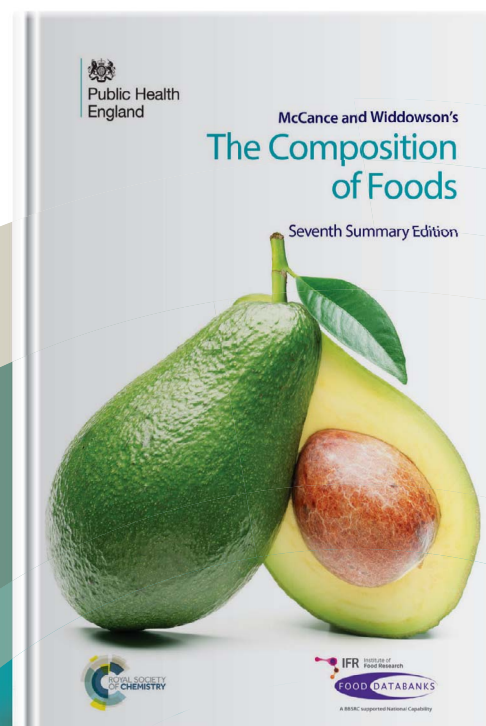
- Comprehensive updates of nutrient data for the 1200 most commonly consumed foods in the UK
- New data updates on key foods including flours and grains, bread, pasta, breakfast cereals, biscuits, cakes, eggs, fat spreads, fruits, vegetables and fish and fish products
- Additional data from manufacturers and new analytical data
- Data from previously published supplements.

Paperback | 555 pages | ISBN 9781849736367 | 2014 | £59.50

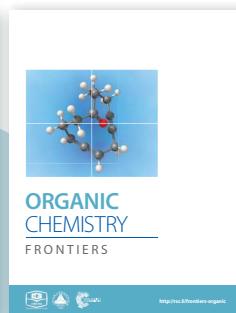
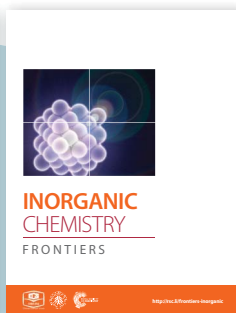
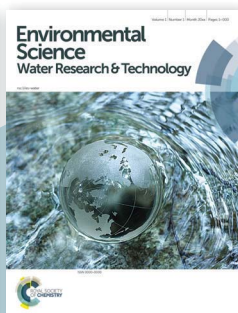
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