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# Three-dimensional N-doped carbon nanotube@carbon foam hybrid: an effective carrier of enzymes for glucose biosensors

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Development of efficient, reliable, and cost-effective biosensors for accurate and convenient detection of glucose is highly desirable in the food industry, biotechnology, and clinical diagnosis. Carbon nanotube (CNT)-based enzyme biosensors have received considerable attention due to their excellent performance. However, the performance of these sensors is limited by the drawbacks of CNTs such as low electron transfer rate and catalytic area, and poor conductivity. Herein, three-dimensional (3D) nitrogen-doped CNTs (N-CNTs) supported by a carbon foam (N-CNT@CF) hybrid is fabricated as the carrier matrix to load glucose oxidase (GOD) for constructing high-performance glucose biosensors. A one-step chemical vapor deposition method is employed for the preparation of a N-CNT@CF hybrid, where N-CNTs are densely grown on the skeleton of carbon foam using iron as a catalyst. FT-IR spectroscopy shows that the N-CNT@CF is an effective carrier of GOD without enzyme denaturation. Combined with the extraordinary properties of 3D N-CNT@CF including large active surface area, high conductivity and fast mass transport dynamics, the GOD/N-CNT@CF biosensor achieves a large linear range (0.05–15.55 mM,  $R = 0.996$ ) and a low detection limit (5.0  $\mu\text{M}$ ,  $S/N = 3$ ) for the detection of glucose. Furthermore, the glucose biosensor exhibited high selectivity, good repeatability and stability.

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## 1. Introduction

Carbon-based nanomaterials including carbon nanofibers,<sup>1</sup> carbon nanotubes (CNTs),<sup>2,3</sup> graphene,<sup>4,5</sup> and graphene oxide<sup>6,7</sup> have attracted much attention over the past decades. These novel carbon nanostructures, with superior electrical, physico-chemical and electrochemical properties, have been extensively studied for the development of electrochemical electrodes for biosensing,<sup>8,9</sup> energy storage,<sup>10,11</sup> and conversion.<sup>12</sup> Recently, in the area of enzyme-based electrochemical biosensing, nitrogen-doped CNTs (N-CNTs) have been widely studied for achieving the direct electron transfer (DET) of redox enzymes especially glucose oxidase (GOD), and their application in glucose biosensing. However, the electrodes prepared with CNTs are mostly planar in nature with electrical properties emerging only in one-dimensional directions. Additionally, poor electrical contact and close-packed structure of the individual components on the electrode result in difficulties in maintaining the large surface area and mass transfer within the CNT networks.

To address this issue, some self-supported conductive scaffolds, including graphene,<sup>13</sup> electrospun carbon nanofibers mats,<sup>14–16</sup> carbon fiber cloth/paper<sup>17</sup> are often used as substrate

to form three-dimensional (3D) N-CNTs hybrids for biosensing. The enhanced specific surface area and high electrochemical activity of those 3D conductive networks were as expected as a superior material in achieving DET of redox enzymes, which is deeply embedded redox factor of the enzyme. More recently, many studies suggested that due to the good structural homogeneity, high internal porosity, excellent processability, and the high surface-to-volume ratio, carbon foam (CF) with 3D porous structure showed wide application in various aspects, such as supercapacitors,<sup>18</sup> electrochemical sensors,<sup>19</sup> and oxygen reduction reaction (ORR) catalysts.<sup>20</sup> For example, Chen reported a porous nitrogen doped carbon foam for ORR catalyst.<sup>20</sup> The nitrogen doped carbon foam with excellent resilience was made by direct pyrolysis of commercial melamine resin foam. The nitrogen doped carbon foam with a three-dimensional cellular network consisting of carbon microfiber with abundant micro- and mesopores, displaying excellent electrocatalytic activity and good durability for oxygen reduction.

Herein, we prepared a 3D N-CNTs supported by carbon foam (N-CNT@CF) hybrid nanostructures, in which N-CNTs networks are densely arrayed on the channel walls of the carbon foam *via* the C–C bond. Compared to previously reported N-CNT/carbon composites, the present N-CNT@CF hybrids exhibited many advantages. Firstly, different from the complex preparing processes and relatively high cost of electrospun nanofiber mats and carbon nanotube arrays, 3D carbon foam was prepared

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from low-cost melamine resin foam *via* direct pyrolysis process. Secondly, the pyrolysis of carbon substrate and the growth of N-CNTs were achieved in one-step process, which is more energy-saving and simpler than the traditional two-step methods. Thirdly, because of the presence of CF framework, the N-CNTs arrays are rarely stacked, ensuring many active sites for biomolecules immobilization. Finally, the coexistence of CF and conductive N-CNTs contributed to high conductivity, leading to fast electron transfer. The electrochemical results demonstrated that GOD molecules were efficiently immobilized on the surface of N-CNT@CF without denaturation, exhibiting good glucose biosensing performance.

## 2. Experimental

### 2.1 Chemicals and reagents

Melamine resin foam (MF) supplied by Puyang Green Universh Chemical Co., Ltd., glucose oxidase (GOD, EC 1.1.3.4, 108 U mg<sup>-1</sup>, from *Aspergillus niger*) and nafion (5 wt%) were obtained from Sigma. D-glucose, uric acid (UA), dopamine (DA) and ascorbic acid (AA) were purchased from Alfa Aesar. Other reagents were of analytical grade and were used without further purification. Phosphate buffer saline (0.1 M PBS) was prepared by mixing 0.1 M NaH<sub>2</sub>PO<sub>4</sub> and 0.1 M Na<sub>2</sub>HPO<sub>4</sub>. All aqueous solutions were prepared with deionized distilled water obtained from a Milli-Q water-purifying system (18 MΩ cm).

### 2.2 Apparatus

Morphological characterization was performed on a TESCAN VEGA-3 scanning electron microscope (SEM). The microstructure was characterized by X-ray diffraction (XRD, Bruker D8 Advance diffractometer) equipped with Cu K $\alpha$  radiation at 40 kV and 30 mA in reflection mode. The composition was characterized by Raman spectrum (HORIBA JOBIN VON) and X-ray photoelectron spectrum (XPS, PHI Quantera). The XPS data were collected using a dual anode X-ray source with Mg K radiation at an energy of 1253.6 eV. Fourier transform infrared (FT-IR) measurements were performed on a Bruker EQUINOX 55 duoscope. All spectra were collected using 16 scans in the range from 4000 to 600 cm<sup>-1</sup> with a 4 cm<sup>-1</sup> spectral resolution and a 5s acquisition time for each spectrum. N<sub>2</sub> adsorption/desorption isotherms were measured at -196 °C using an ASAP 2020 instrument (Micromeritics). Before the experiment, the samples were degassed under vacuum at 120 °C. The surface area was calculated using the BET equation. The pore-size distribution was calculated by the Barrett-Joyner-Halenda (BJH) method. All electrochemical experiments were performed on a CHI 760E electrochemical workstation (Shanghai, China). A three-electrode configuration was used with a platinum wire as the auxiliary electrode, a Ag/AgCl (saturated KCl) as the reference electrode, and the bare glass carbon electrode (GC) or modified GC electrode as the working electrode.

### 2.3 Preparation of N-CNT@CF hybrids

N-CNT@CF hybrids were synthesized by a CVD process using melamine resin foam (MF) as a template<sup>21</sup> as shown in Scheme

1. In a typical experiment, MF was cut into pieces and dipped into 1 mM Fe(OH)<sub>3</sub> sol solution for 12 h, then dried at 60 °C to get catalyst precursor-loaded MF. N-CNT@CF was prepared in a quartz tube *via* a CVD process: firstly, heating up to 500 °C at a rate of 5 °C min<sup>-1</sup> and staying for 0.5 h under N<sub>2</sub> atmosphere; further heating up to 700, 800, and 900 °C in N<sub>2</sub> at a rate of 5 °C min<sup>-1</sup> for 0.5 h, then pyridine was injected into the quartz tube (0.1 mL min<sup>-1</sup>) *via* a syringe for N-CNTs growth. The mass flow of N<sub>2</sub> and H<sub>2</sub> were controlled at 150 sccm and 60 sccm during N-CNTs formation. After a 20 min growth, the H<sub>2</sub> was switched to N<sub>2</sub> with the same flow rate and the furnace was cool down to room temperature.

### 2.4 Electrode preparation

GC ( $\Phi = 3$  mm) was polished carefully using Al<sub>2</sub>O<sub>3</sub> powder. The electrode was rinsed and sonicated twice with the distilled water and used for further experiments after drying. 10 mg mL<sup>-1</sup> N-CNT@CF was dispersed in a solvent mixture containing 25  $\mu$ L of Nafion (5 wt%) and 250  $\mu$ L of ultra-pure water using sonication. Immediately after dispersion, 3  $\mu$ L of N-CNT@CF slurry was coated onto GC electrode surface (N-CNT@CF/GC), and dried at 25 °C for 24 h. Prior to use, the N-CNT@CF modified electrode was cycled in PBS solution (from -0.8 to 0.4 V vs. Ag/AgCl, about 100 times at 300 mV s<sup>-1</sup>) in order to passivate residual electroactive iron remaining from synthesis.<sup>22</sup> Then 5  $\mu$ L of GOD solution (5 mg mL<sup>-1</sup>) was coated onto N-CNT@CF electrode (GOD/N-CNT@CF) and dried at 4 °C for 24 h. Finally, the modified electrode was rinsed by ultra-pure water to remove weakly bound molecules and was stored at 4 °C for further use.

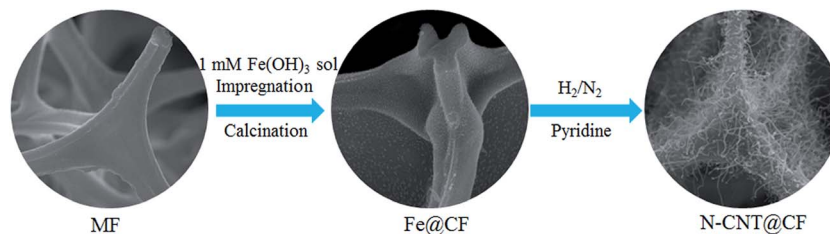
## 3. Results and discussion

### 3.1 Characterizations of N-CNT@CF

The synthetic process of 3D N-CNTs@CF composites was shown in Scheme 1. Melamine resin foam (MF) was first immersed into Fe(OH)<sub>3</sub> solution for catalyst precursor adsorption. After drying, carbonization of MF into carbon foam (CF) and the *in situ* growth of N-CNTs can be simultaneously achieved through a CVD process by using pyridine as carbon- and nitrogen-containing precursor. Typical SEM images suggested that CF showed a well-defined macroporous network architecture with pore diameter about 100–200  $\mu$ m, and the diameter of CFs range from 3 to 5  $\mu$ m (Fig. 1A and B). After the catalyst precursor adsorption process, it could be seen that amounts of Fe nanoparticles were uniformly dispersed on the surface of CF (Fig. 1C and D). Such a uniform catalyst dispersion is favorable for the homogeneous growth of N-CNTs.

Iron-group metals are considered the most effective catalysts for the growth of CNTs *via* CVD.<sup>23</sup> After the simple CVD process, 3D porous CF with surface covered by a uniform layer of N-CNTs has been successfully synthesized. Catalyst precursor of Fe nanoparticles were decomposed into oxides and further reduced to metal nanoparticles through the carbothermic reduction process. In the following CVD process, pyridine was decomposed into amines and carbon species which functioned as nitrogen and carbon source. The SEM images of the N-CNT@CF hybrids prepared from different growth temperature





Scheme 1 Schematic illustration for the preparation of N-CNT@CF hybrids.

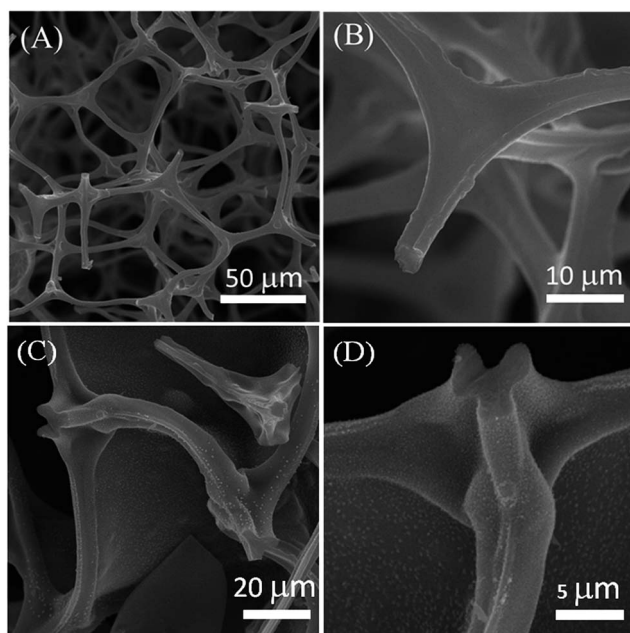


Fig. 1 SEM images of MF (A and B) and Fe@CF (C and D), respectively.

are shown in Fig. 2, curved NCNTs with length of several micrometers are uniformly distribute onto the surface of carbon form, forming a quasi-aligned N-CNTs array. Furthermore, it can be seen that small N-CNTs (less than 30 nm) were produced and only part of the CF was covered by N-CNTs at 700 °C (Fig. 2A–C). When the growth temperature was reached to 800 °C, the skeleton of CF was fully covered by high-density N-CNTs with diameter of about 70 nm (Fig. 2D–F). However, further increasing the growth temperature to 900 °C, longer (a few micrometer) but lower density of N-CNTs were grown on CF (Fig. 2G–I). Those results were similar to the previous report.<sup>15</sup> The control experiments indicated that  $T_c = 800$  °C was the best temperature among the three studied temperature. Therefore, in the following studies,  $T_c = 800$  °C was selected for synthesizing 3D N-CNT@CF hybrid.

To probe the chemical composition in N-CNT@CF hybrid, XPS measurements were performed. The survey XPS spectrum of N-CNT@CF reveals the presence of C, O, Fe, and N elements (Fig. 3A). The N 1s spectrum is very useful for analyzing the property of N functionalities. Three N species were present in N-CNT@CF, including pyridinic-N (397.9 eV), pyrrolic-N (400.0 eV) and graphitic-N (401.2 eV) (Fig. 3B). The relative amount of

three N species is 66.8, 9.4, and 22.8% for pyridinic-N, pyrrolic-N and graphitic-N, respectively. Among them, pyridinic-N refers to the nitrogen atom on the edge of graphite planes with two adjacent carbon, and graphitic-N represents the nitrogen atom bonded to three carbon atoms with in a graphite plane, while pyrrolic-N refers to nitrogen atom that contribute to the system with two p electrons.<sup>24</sup> The pyridinic-N was believed to provide the effective electron to enhance the catalytic performance.<sup>25</sup>

Raman spectroscopy provided further information of the N-doping effect in the N-CNT@CF (Fig. 3C). The peak of 1336  $\text{cm}^{-1}$  is referred to D-band and the other one locates at 1598  $\text{cm}^{-1}$  is referred to G-band. The intensity ratio of the D- to G-band ( $I_D/I_G$ ) reflects the degree of disorder in N-CNT@CF. The results suggested that the  $I_D/I_G$  ratios were 1.02 and 0.89 for Fe@CF and N-CNT@CF, respectively, indicating more defects and edge planes in N-CNT@CF, caused by the heterogeneous nitrogen-atom doping onto the graphite layers of CNTs.<sup>26</sup>

The nitrogen adsorption/desorption isotherm curves demonstrated type-IV isotherm (Fig. 3D), which has a sharp capillary condensation step at relative high pressure, implying the presence of porous structure and a narrow distribution of pore size. The specific surface area of N-CNT@CF was 215.2  $\text{m}^2 \text{g}^{-1}$ . The pore size distribution was calculated by the BJH method (insert of Fig. 3D). It can be seen that the pore diameter of N-CNT@CF sample was mainly distributed at around 8–10 nm with large pore volume, roughly matching the dimension of GOD molecules (7.0 nm × 5.5 nm × 8.0 nm).<sup>25</sup> The high surface area and a uniform pore distribution provided abundant active sites for the immobilization of enzyme, hence the 3D N-CNT@CF composite was expected to be an idea material in the detection of electroactive species.

Taking the advantages of large surface area with pores at around 10 nm and 3D network nanostructure, N-CNT@CF can serve as a carrier matrix for efficient enzyme immobilization and sensing. To demonstrate the practical utility, GOD was chosen as a model to evaluate the analytical performance of N-CNT@CF for the development of glucose biosensors. Fourier transform infrared (FT-IR) spectrum was used to investigate the structural changes of GOD after it was immobilized on N-CNT@CF (Fig. 4A). The free GOD exhibit two characteristic peaks at 1643 and 1533  $\text{cm}^{-1}$ , corresponding to the typical amide I and amide II adsorption bands of proteins.<sup>27</sup> The signal peak at 1067  $\text{cm}^{-1}$  was attributed to the C–O bond stretching vibration of GOD.<sup>28</sup> The presence of both amide I and II adsorption peaks in the spectrum of GOD/N-CNT@CF indicated





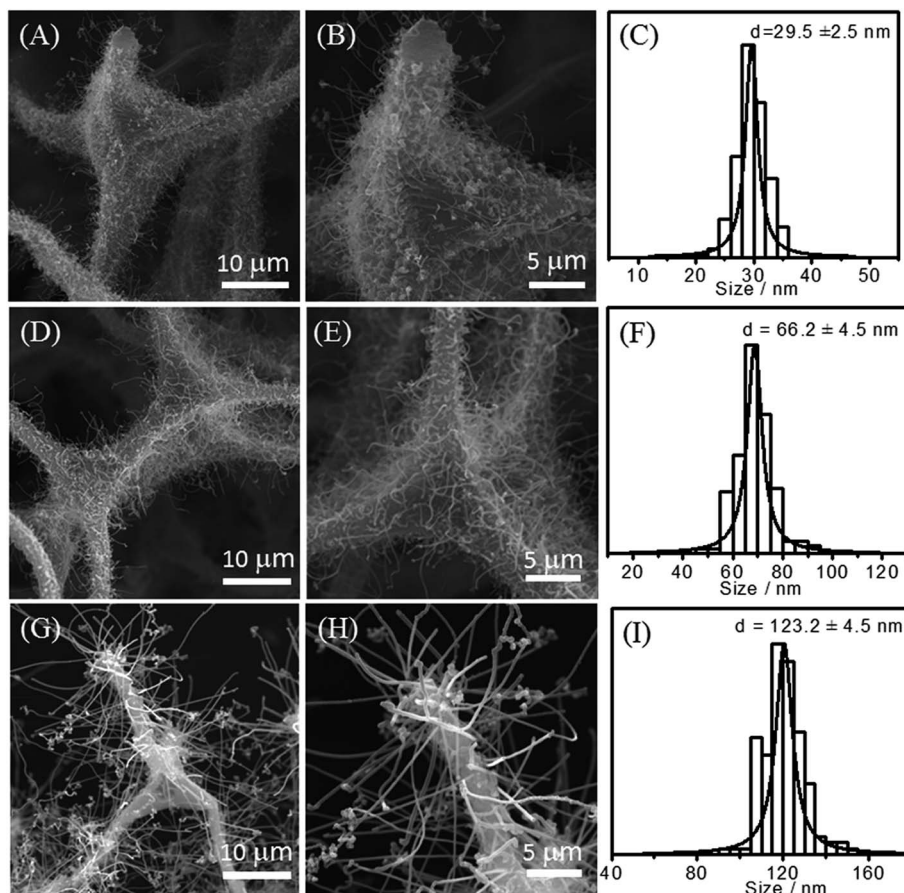


Fig. 2 SEM images of N-CNT@CF at different growth temperature and the corresponding diameter-distribution histograms, (A–C) 700 °C, (D–F) 800 °C and (G–I) 900 °C, respectively.

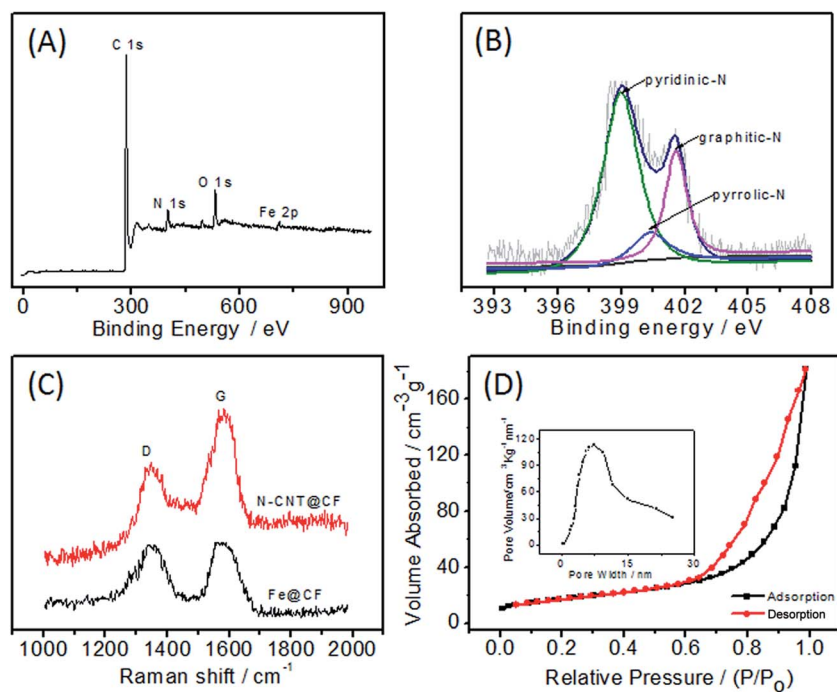


Fig. 3 XPS (A), high-resolution N 1s XPS (B), Raman (C) spectra of N-CNT@CF hybrid; (D) nitrogen adsorption–desorption isotherms of N-CNT@CF. Inset: pore size distribution calculated from BJH method.



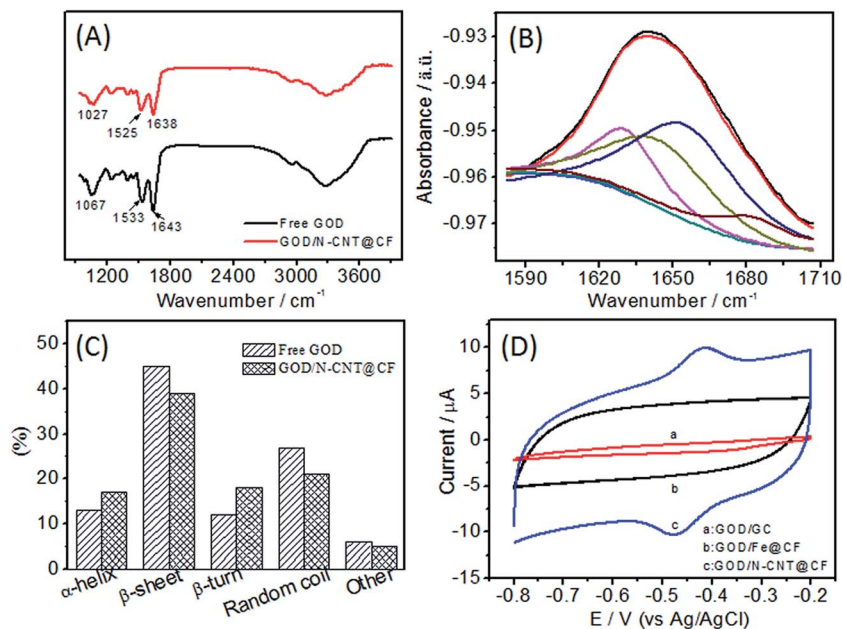


Fig. 4 FT-IR (A) and deconvoluted spectra of free GOD (B). (C) Comparison of the second structure component obtained from the value of amide I band. (D) CV curves of GOD/GC (a), GOD/Fe@CF/GC (b), and GOD/N-CNT@CF/GC (c) electrodes in 0.1 M  $N_2$ -saturated PBS (pH 7.0) at a scan rate of  $50 \text{ mV s}^{-1}$ , respectively.

that the GOD biomolecules were successfully immobilized on the N-CNT@CF surface.

Furthermore, FT-IR spectrum is also considered as one of the most useful tools to investigate the secondary structure of proteins and monitor the enzyme activity. Herein, enzyme structure was determined by curve fitting the amide I band ( $1580\text{--}1700 \text{ cm}^{-1}$ ) into its respective secondary structure components. The deconvolution of the amide I band for free GOD yields several distinct lorentzian peaks (Fig. 4B). The three bands at 1623, 1635 and  $1685 \text{ cm}^{-1}$  can be assigned to  $\beta$ -sheet structures with the  $1685 \text{ cm}^{-1}$  band characteristic of anti-parallel  $\beta$ -sheet structure.<sup>29</sup> According to deconvolution results, the  $\beta$ -sheet contribution constitutes 46% of the second structures in free GOD. The band around  $1659 \text{ cm}^{-1}$  is characteristic of  $\alpha$ -helix structure, and the area of this component accounts for 13% of the total band area. The random structure (28%) and  $\beta$ -turn (12%) contribute to the bands at 1647 and  $1672 \text{ cm}^{-1}$ , respectively. The predominance of  $\beta$ -sheet contribution is in agreement with previous reports.<sup>30</sup> When the same deconvolution procedure is applied to the amide I band in the spectrum of GOD/N-CNT@CF, it is evident that  $\beta$ -sheet content is still dominant although decreased in comparison to the case of free GOD, the random coil contribution is decreased in a significant way (Fig. 4C). A constant contribution from  $\alpha$ -helix is related to a still active enzyme that has undergone no denaturation process.<sup>31</sup> The results indicated that the enzymatic activity of GOD was preserved and a predominant  $\beta$ -sheet subcomponent was retained for GOD adsorbed on the N-CNT@CF surface.

### 3.2 Electrochemical performance of GOD/N-CNT@CF

The electrochemical performance of GOD/N-CNT@CF in  $N_2$ -saturated 0.1 M PBS (pH 7.0) was investigated (Fig. 4D). As

expected, there were no redox peaks appearing for the GOD/GC and GOD/Fe@CF electrodes (curves a and b). When the N-CNT@CF/GC was modified with GOD, a pair of stable and well-defined redox peak was observed (curve c). The anodic and cathodic peak potentials were located at  $-0.418$  and  $-0.468 \text{ V}$ , respectively. The small peak-to-peak separation ( $\Delta E_p = 50 \text{ mV}$ ) infers a fast redox of FAD/FADH<sub>2</sub> at N-CNT@CF. The results indicated that the N-CNT@CF with good conductive framework could act as matrix for stable loading of GOD, and then as electron transfer tunnel for effective connecting the active sites of GOD to the conductive sites.

The surface coverage ( $\Gamma$ ) of GOD in N-CNT@CF was estimated according to  $\Gamma = Q/nFA$ , where  $Q$  is the charge involved in the reaction,  $n$  is the number of electron transfer ( $n = 2$ ),  $F$  is the Faraday constant, and  $A$  is the electrode area. The  $\Gamma$  value was estimated to be  $9.2 \times 10^{-10}$ , which was much higher than those of  $7.52 \times 10^{-10} \text{ mol cm}^{-2}$  at CN<sub>x</sub>-MWCNT modified GC electrode,<sup>32</sup>  $5.88 \times 10^{-10} \text{ mol cm}^{-2}$  at MWCNTs modified GC electrode,<sup>33</sup> and  $2.86 \times 10^{-12} \text{ mol cm}^{-2}$  at the bare electrode GC electrode,<sup>34</sup> indicating that a multilayer and 3D coverage of GOD have been formed on N-CNT@CF. Such superior enzyme loading capability of N-CNT@CF might be attributed to the large surface area and pore volume of N-CNT@CF as well as the strong adsorption between GOD and N-CNT@CF.

Fig. 5 displayed the current response of GOD/N-CNT@CF modified electrode at different scan rates. Both the cathodic and anodic peak currents increased linearly with increasing scan rate, indicating a surface-controlled process. Additionally, the peak potential for the catalytic oxidation of glucose shifted to more positive values with the increase of scan rate, suggesting a kinetic limitation in the reaction between the redox sites of GOD and N-CNT@CF hybrid.



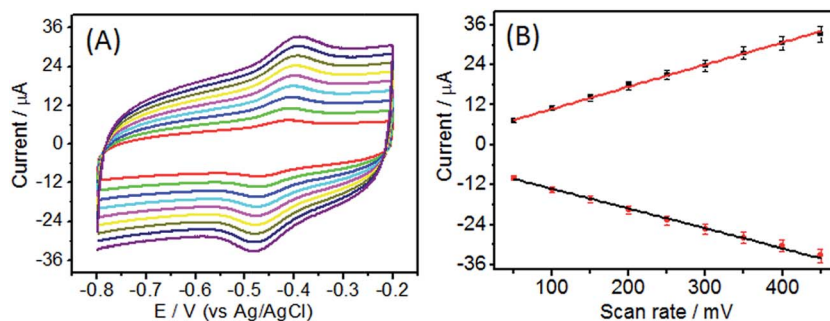


Fig. 5 (A) CVs of GOD/N-CNT@CF/GC in 0.1 M pH 7.0  $N_2$ -saturated PBS solution at different scan rates (from 50 to 450  $mV s^{-1}$ , inside to outside). (B) Plots of peak current versus scan rate.

### 3.3 Electrocatalytic behavior of GOD/N-CNT@CF

The influence of pH value was also investigated. As shown in Fig. 6, the electrochemical response of GOD/N-CNT@CF demonstrated strong dependence on solution pH value. Both anodic and cathodic peak potentials shifted negatively with increasing in the solution pH (Fig. 6A), indicating that proton was involved in the quasi-reversible reaction of FAD/FADH<sub>2</sub>. The pH value was also affected the peak current, which increased in the pH value until a maximum value reached at pH 7.0. Further increased the pH value led to a reduction in the peak current (Fig. 6B), possibly because the GOD immobilized on N-CNT@CF has higher bioactivity at a neutral pH. Therefore, further experiments were conducted in pH 7.0 PBS solution. The formal potential ( $E^0$ ) exhibited a linear relationship with the pH, and the slope was calculated to be 57.2 mV per pH (Fig. 6C). This slope was very close to the theoretical value of 59.0 mV per pH,

indicating that two protons and two electrons were involved in the electron transfer process.

The electrocatalytic behavior of the as-prepared biosensor on glucose oxidation was evaluated by CV in 0.1 M  $O_2$ -saturated PBS (pH 7.0), the reduction peak currents at GOD/N-CNT@CF/GC electrode decreased gradually with the increase of glucose concentration (Fig. 6D). This is because the decrease of GOD (FAD) consumed by enzyme-catalyzed reaction restrained the electrochemical reaction, leading to the decrease of reduction current. Based on these, the GOD/N-CNT@CF/GC could serve as a glucose biosensor.

### 3.4 Glucose sensing performance of GOD/N-CNT@CF

When an aliquot of glucose was added to the stirred PBS solution, an obvious increase response current was observed (Fig. 7A). The as-prepared biosensor could reach the 95%

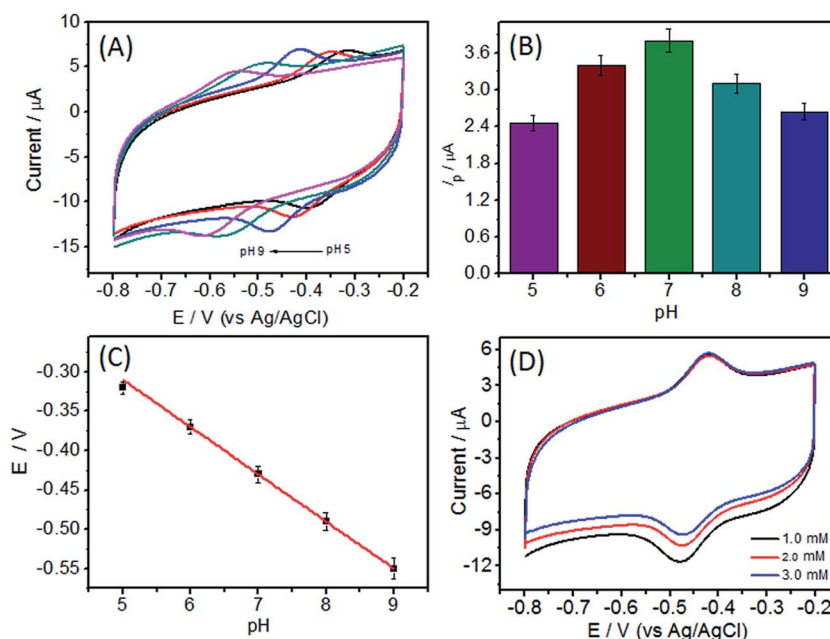


Fig. 6 (A) CVs of GOD/N-CNT@CF/GC in 0.1 M  $N_2$ -saturated PBS solution with different pH values. Scan rate: 50  $mV s^{-1}$ . (B) Plots of peak current versus pH. (C) Plot of formal potential versus pH. (D) CVs of GOD/N-CNT@CF/GC in 0.1 M  $O_2$ -saturated PBS (pH 7.0) containing various concentrations of glucose.



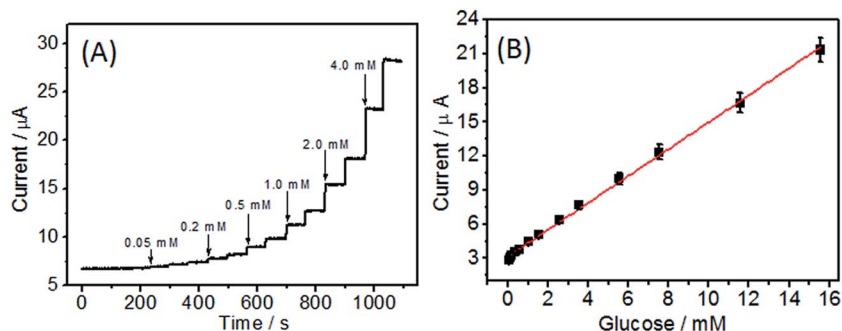


Fig. 7 (A) Current–time curve of GOD/N-CNT@CF/GC for successive addition of different concentrations to stirred 0.1 M O<sub>2</sub>-saturated PBS (pH 7.0) at  $-0.45$  V. (B) Calibration curve of GOD/N-CNT@CF/GC for glucose.

steady-state current within 6 s, suggesting a rapid amperometric response behavior. The linear equation of the biosensor was  $y$  ( $\mu\text{A}$ ) =  $1.121x$  (mM) + 3.16, and the linear range was 0.05–15.55 mM ( $R = 0.996$ ), which was larger than that of GOD/MWCNTs-chitosan (1.0–10.0 mM),<sup>35</sup> GOD-NCNT@CNFs (0.1–12.5 mM),<sup>15</sup> Nafion-mesocellular graphene foam-GOD/GCE (1.0–12.0 mM)<sup>36</sup>, and ERGO-MWCNT/GOD/Nf electrode (0.01–6.5 mM).<sup>37</sup> Moreover, the detection limit (LOD) was 5.0  $\mu\text{M}$  ( $S/N = 3$ ), which was practicable for the determination of human blood sugar concentration (4.4–6.6 mM). According to the slope of the linear equation ( $1.121 \mu\text{A mM}^{-1}$ ) and the electrode area ( $0.07065 \text{ cm}^2$ ), the sensitivity of the as-fabricated biosensor was calculated to be  $15.87 \mu\text{A mM}^{-1} \text{ cm}^{-2}$ , which was also better than those of glucose biosensor based on Nafion-GOD-SWCNHs ( $3.53 \mu\text{A mM}^{-1} \text{ cm}^{-2}$ ),<sup>38</sup> CS/GOD/CNT ( $8.5 \mu\text{A mM}^{-1} \text{ cm}^{-2}$ )<sup>33</sup> and ERGO-MWCNT/GOD/Nf electrodes ( $7.95 \mu\text{A mM}^{-1} \text{ cm}^{-2}$ ).<sup>37</sup> All the results indicated a good electrocatalytic activity and fast electron exchange behavior of the fabricated biosensor. The as-prepared biosensor presents superior performance, which can be attributed to the extraordinary properties of 3D N-CNT@CF including reasonable N doping for high enzyme loading, compatible microenvironment for maintaining its bioactivity, and the specific surface area and high conductivity for reactant and electron transport.

### 3.5 Analysis of real samples

In order to verify the reliability of the proposed method, the biosensor was further applied to determine the glucose content in human blood serum samples using a calibration curve and standard addition method. The human serum samples were

Table 1 Determination of glucose in blood serum sample

Human serum <sup>a</sup> (mM)	Added (mM)	Found <sup>b</sup> (mM)	Recovery (%)
2.32	0.50	$2.78 \pm 0.04$	98.3
4.12	0.50	$4.65 \pm 0.08$	100.7
6.41	0.50	$6.71 \pm 0.03$	96.9

<sup>a</sup> Glucose content provided by the hospital. <sup>b</sup> Average of five determinations  $\pm$  standard deviation.

received from Nanchang People's Hospital without any pretreatment. The recovery was 96.9–100.7% with relative standard deviation (RSD) less than 3.25%. Meanwhile, the content of glucose measured by the proposed method was in good agreement with the data provided by hospital, suggesting the strong applicability to real samples (Table 1).

### 3.6 Selectivity, stability and reproducibility of the glucose biosensor

Oxidizable compounds such as ascorbic acid (AA), uric acid (UA), dopamine (DA) and some carbohydrates (*e.g.* maltose, xylose, mannose and lactose) are common electrochemical interfering species, which can coexist with glucose in real blood samples. The results indicated that the current responses were 0.32%, 0.17%, 0.37%, 0.23%, 0.08%, 0.06% and 0.19% for maltose, mannose, xylose, lactose, AA, DA and UA in contrast to glucose, respectively (Fig. 8). Hence, a highly selective response to glucose was obtained without the use of a perm-selective membrane.

Reproducibility and stability are important parameters to evaluate the applicability of electrochemical sensors. Herein, the batch-to-batch reproducibility of the GOD/N-CNT@CF/GC

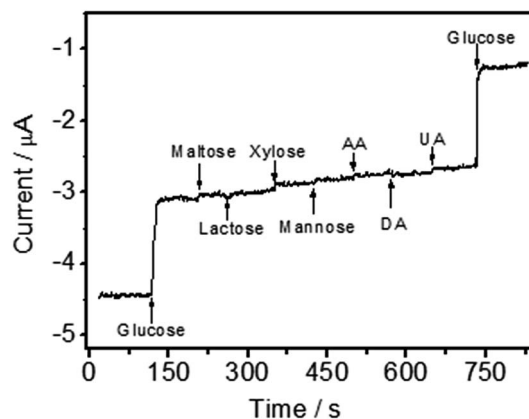


Fig. 8 Interference test of GOD/N-CNT@CF/GC modified electrode in 0.1 M O<sub>2</sub>-saturated PBS (pH 7.0) at  $-0.45$  V with 1.0 mM glucose and other interferents including 0.5 mM maltose, 0.5 mM lactose, 0.5 mM xylose, 0.5 mM mannose, 0.5 mM AA, 0.5 mM DA, and 0.5 mM UA.





was estimated from the current responses of six different electrodes to 3.0 mM glucose. The RSD was calculated to be 3.58%. In addition, the GOD/N-CNT@CF/GC electrode showed a RSD of 3.28% for six successive measurements of 5.0 mM glucose. When the electrode was stored at 4 °C for 3 weeks, the fabricated biosensor remained 91.2% of its bioactivity. These results indicated that the immobilized GOD retains its high enzymatic activity.

## 4. Conclusions

In summary, we report a facile method to prepare 3D N-CNTs to immobilize GOD and fabricate glucose sensing. Direct GOD electrochemistry and sensitive glucose sensing were simply achieved by immobilize GOD on N-CNT@CF hybrid. Due to the high conductivity, large surface area and pore volume, N-CNT@CF was beneficial to the high loading of electrocatalytic active GOD and the fast electron transfer. As a result, N-CNT@CF was used to fabricate glucose biosensor without any complicate modification, and this biosensor exhibited stable analytical performance and sensitive detection of glucose with a linear range from 0.05 to 15.55 mM. Our work suggested that the N-CNT@CF hybrid could be a suitable platform for the construction of high-performance glucose biosensing.

## List of abbreviations

CNTs	Carbon nanotube
N-CNTs	Nitrogen-doped CNTs
GOD	Glucose oxidase
CF	Carbon foam
ORR	Oxygen reduction reaction
UA	Uric acid
DA	Dopamine
AA	Ascorbic acid
$\Delta E_p$	Peak-to-peak separation
$\Gamma$	Surface coverage
$E^0$	Formal potential
ERGO-MWCNT/ GOD/Nf	Electrochemically reduced graphene oxide/ multiwalled carbon nanotubes/glucose oxidase/nafion
Nafion/GOD/ SWCNHs	Nafion/glucose oxidase/single-walled carbon nanotubes
RSD	Relative standard deviation

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