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Nano-composite of Co_3O_4 and Cu with enhanced stability and catalytic performance for non-enzymatic electrochemical glucose sensors

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Nanostructured Co_3O_4 with near-cubic morphology was synthesised using the solvothermal method, and a non-enzymatic electrochemical glucose sensor (Co_3O_4 -CuNPs/Pt) was successfully constructed by dropping and potentiostatic depositing technologies. The obtained Co_3O_4 and Co_3O_4 -CuNPs were characterised and investigated by X-ray powder diffraction, scanning electron microscopy, transmission electron microscopy, energy dispersive X-ray spectroscopy and X-ray photoelectron spectroscopy. Quantitative analysis of glucose was performed using the amperometric (i - t) method, and a plot of current difference *versus* concentration of glucose was linear in the range 0.5–336 μM , with a linear correlation coefficient (R^2) of 0.9989 and limit of detection (LOD) of 0.43 μM . When the linear range was reduced to 0.5–76.5 μM , R^2 and LOD were 0.9997 and 0.17 μM , respectively. The sensitivity of the sensor was evaluated as 3.58×10^4 and 4.03×10^4 $\mu\text{A } \mu\text{M}^{-1} \text{ cm}^{-2}$ for the above two linear ranges, respectively. This novel sensor produced satisfactory reproducibility and stability and was applied to monitor trace amounts of glucose in human serum samples.

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1. Introduction

Glucose is one of the most important and widely used aldohexoses in living bodies. One possible reason for this condition is that glucose is less likely to react non-specifically with the amine groups of proteins compared with other aldohexoses.¹

Diabetes is one of the metabolic diseases characterised by high blood sugar levels for long periods. High blood sugar symptoms, such as frequent urination and increased thirst and hunger, will be observed. When left untreated, serious long-term complications, mainly including cardiovascular disease, stroke, chronic nephropathy, foot ulcers and damage to the eyes, may significantly cause increased morbidity and mortality among diabetics and bring about severe economic burden for individuals and countries.² To monitor blood sugar level accurately, tremendous efforts have been exerted for developing glucose sensors with high sensitivity, good selectivity, easy operation and inexpensiveness.^{3–6} Basing on electroanalytical techniques, researchers studied and developed a number of glucose enzyme biosensors. However, enzymatic activity is susceptible to environmental temperature, atmospheric

humidity, pH value and toxic chemicals.^{7–9} The use of enzymes is usually very expensive, and enzyme-based sensing requires either non-physiological electron mediators or oxygen.

As expected, studies on glucose non-enzymatic electrochemical sensors have focused on noble metals and transition metals.^{10–19} These non-enzymatic sensors can overcome the disadvantage of enzyme-based sensors, but some problems in practical application, such as low sensitivity and poor selectivity, still exist. Nano-composites generally exert synergistic effects, and significantly enhance electrocatalytic performance compared with single-component ones, receiving increasing interest in recent years.^{3–6,18–21}

Cobalt tetroxide (Co_3O_4) is an important transition metal oxide and magnetic p-type semiconductor due to its low cost, good chemical stability and considerably high specific capacitance. This compound has been extensively investigated for application in photocatalysis,²² super capacitors,²³ lithium-ion batteries^{24,25} and electrochemical sensors.^{26,27} Recently, sensors based on Co_3O_4 nanomaterial, which exhibits improved stability and catalytic performance especially for detecting glucose and hydrogen peroxide, have attracted considerable attention. Reported works^{28–30} showed that Co_3O_4 and copper nano-structures possess highly reversible capacity, good cycling stability and high rate capability.

The aims of this study were as follows: (1) to produce stable mixed films of CuNPs/ Co_3O_4 composite by dropping and potentiostatic deposition methods, (2) to investigate electrochemical and electrocatalytic performance of CuNPs/ Co_3O_4 /Pt with the use of cyclic voltammetry (CV) and amperometric

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methods and (3) to develop an excellent quantitative method for detection of glucose in CuNPs/Co₃O₄/Pt with the use of amperometric (*i-t*) technique.

2. Experimental

2.1. Reagents

Glucose (A.R.), Co(NO₃)₂·6H₂O (A.R., >99.9%), polyethylene glycol (HO(CH₂CH₂O)_{*n*}H) (*M* = 20 000) and *n*-butyl alcohol (CH₃CH₂CH₂CH₂OH) (A.R., 99.9%) were obtained from Aladdin Chemistry Co., Ltd, Shanghai, China; Human serum samples were supplied by clinical laboratory of the second affiliated hospital of Nanchang University; All other chemicals (A.R.) were obtained from Beijing Chemical Reagent Co., China and used without further purification. Double-distilled water was used throughout experiments.

2.2. Instrumentation

Electroanalysis experiments were performed with the use of electrochemical workstation (CHI-660A, Chenhua Apparatus Co., Shanghai). Electrode potentials were reported with respect to the saturated calomel electrode (SCE). A cell stand (Model BAS-C1A) was used to stir test solution for voltammetric experiments.

Transmission electron microscopy (TEM) and energy dispersive X-ray spectroscopy (EDS) were performed to characterise morphology and chemical composition of prepared nanomaterials with the use of a JEM-2010 (JEOL Co., Japan). Associated point and linear resolutions measured 0.23 and 0.14 nm, respectively. Accelerating voltage was set at 200 kV.

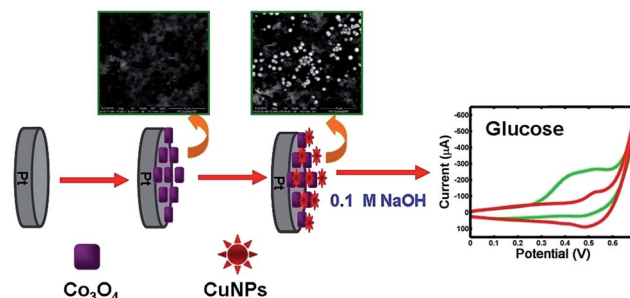
Scanning electron microscopy (SEM) images were obtained using Quanta 200F instrument (FEI Co. Ltd., Tokyo, Japan) with a power level of 20 kV. Test samples were obtained by electro-deposition or dropping onto detachable Pt electrode.

X-ray diffraction data (XRD) were recorded with the use of a Bede Scientific Instrument (Bede D1 System, Durham, UK) using Cu K_α radiation ($\lambda = 1.5406$) and a Bragg angle range of 10°–70°.

X-ray photoelectron spectroscopy (XPS) measurements were conducted on a VG Escalab-Mark II spectrometer with mono-energetic Al K_α radiation (Thermo-VG Scientific Ltd., UK).

2.3. Preparation of Co₃O₄

An accurately weighed 4.3661 g Co(NO₃)₂·6H₂O was dissolved in 10.0 mL double-distilled water in a 200 mL beaker, and 15 mL of polyethylene glycol (HO(CH₂CH₂O)_{*n*}H, *M* = 20 000, 5 wt%), 22 mL of 1.0 mol L⁻¹ KOH and 8.0 mL of 30% H₂O₂ were slowly added sequentially under stirring conditions. After continuous stirring for 30 min, the mixture was then transferred to a 100 mL Teflon-lined stainless-steel autoclave, and 15 mL of *n*-butyl alcohol was added to seal the mixture and reacted at 160 °C for 16 h. The mixture was then allowed to cool, and black precipitate for each composite sample was collected by centrifugation, successively washed thrice with double-distilled water and ethanol and dried in a vacuum oven at 80 °C for 8 h. The product was ground into fine powder by an agate mortar.



Scheme 1 Schematic representation of fabrication of Co₃O₄-CuNPs/Pt and possible reaction mechanism of glucose at the modified GCE.

2.4. Preparation of Co₃O₄-CuNPs/Pt

Pt electrodes (Pt, 3 mm diameter) were polished with emery paper and alumina slurry (particle size: 1.0, 0.3, and 0.05 μm); they were then successively treated with nitric acid (1 : 1), ethanol and distilled water by means of ultrasonic cleaning. These electrodes were then immersed in 0.50 mol L⁻¹ sulfuric acid solution and electrochemically scanned by cyclic voltammetry (potential range: -1.0–1.0 V) until a steady voltammogram was obtained.

Co₃O₄ nanoparticles (10.0 mg) were added to 10.0 mL *N,N*-dimethyl formamide (DMF) and treated by an ultrasonic dispersion method for 2 h. Dispersion was stabilised for three weeks. A 20 μL sample of this suspension was deposited on the surface of Pt electrode, and the solvent was evaporated naturally in air. A stable film of Co₃O₄ nanoparticles then formed on the surface of Pt without protection of Nafion or chitosan. Co₃O₄/Pt electrode surface was rinsed with double-distilled water to avoid any possible effects of DMF residuals before the following experiments.

Co₃O₄/Pt electrode was then submitted to successive potential scans (10 times) from -0.50 V to 1.50 V with a scan rate of 0.1 V s⁻¹ in mixed solutions, including 5.0 × 10⁻⁴ mol L⁻¹ CuSO₄, 0.1 mol L⁻¹ Na₂SO₄ and 0.01 mol L⁻¹ H₂SO₄. Finally, the obtained Co₃O₄-CuNPs/Pt electrode was rinsed with double-distilled water several times. Similarly, CuNPs-modified Pt electrode (CuNPs/Pt) was prepared following the above method. Scheme 1 illustrates establishment process of the modified electrode. The Co₃O₄-CuNPs/Pt electrode were kept in cold storage at 4 °C.

3. Results and discussion

3.1. Characterisation of Co₃O₄ and Co₃O₄-CuNPs

TEM can provide further insights into morphology and structural features of synthesised materials. TEM images (Fig. 1A and B) indicated that the synthesised Co₃O₄ nanoparticles were approximately cubic, and their average diameter was approximately 15 nm. Fig. 1C and D show high-resolution TEM (HRTEM) image and corresponding selected area electron diffraction (SAED) pattern of cubic Co₃O₄, respectively. From the lattice fringes of HRTEM image (Fig. 1C), lattice spacing between adjacent planes measured 0.285 and 0.207 nm,



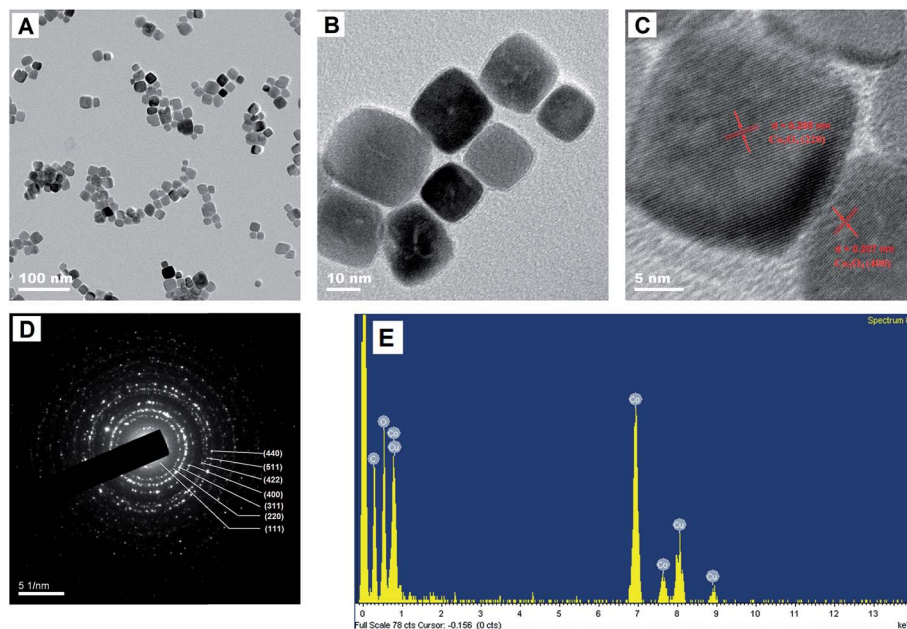


Fig. 1 TEM images (A and B), HRTEM image (C), SAED pattern (D) and EDS (E) of Co_3O_4 .

corresponding to the distance between 220 and 400 lattice planes of cubic Co_3O_4 (Fig. 1D). SAED pattern indicated that the synthesised nano-materials is well-crystallised Co_3O_4 and was well consonant with XRD results (see experiment below).

EDS test was performed to evaluate chemical composition of Co_3O_4 (Fig. 1E) and affirm the existence of Co, O and Cu.

Surface composition and chemical states of cubic Co_3O_4 were characterised by XPS (Fig. 2A–C). Fig. 2A shows full-investigation scan spectrum of Co_3O_4 nanoparticles. Only Co

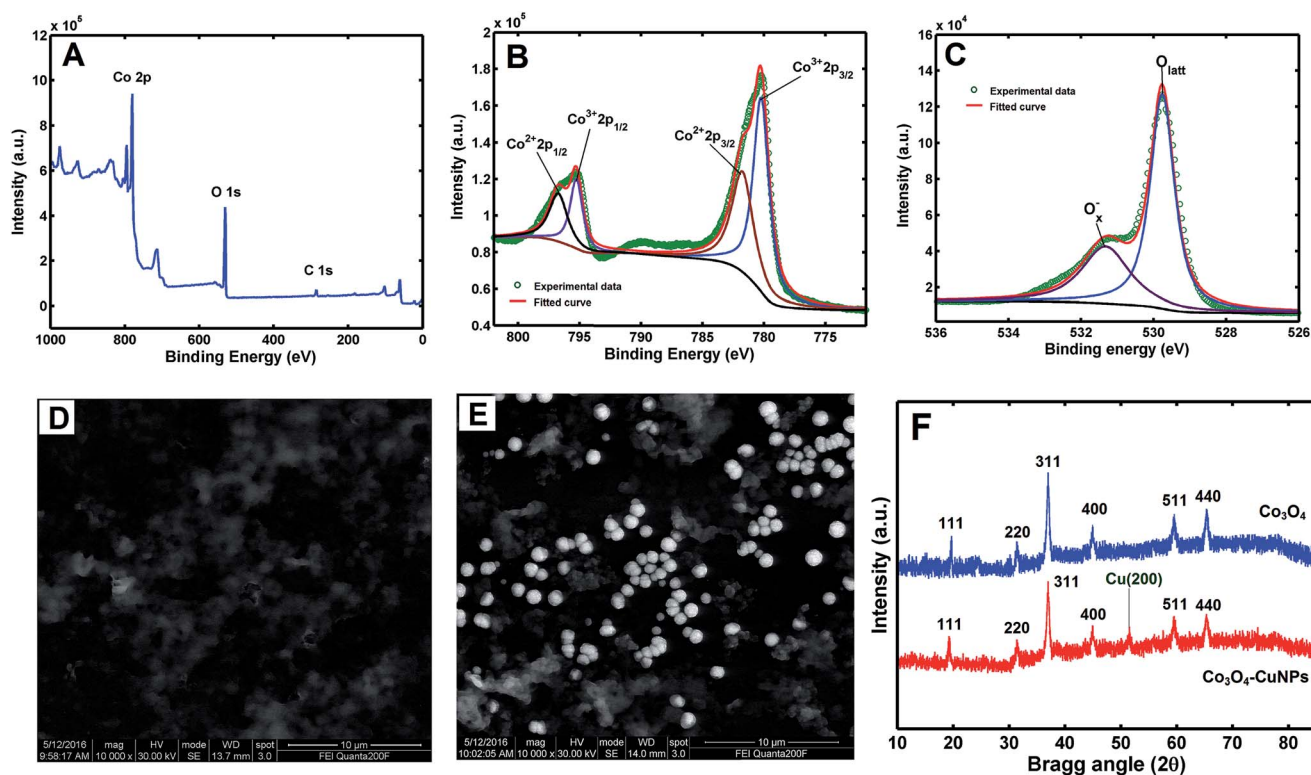


Fig. 2 XPS spectra for scans of Co_3O_4 (A), Co 2p region (B) and O 1s region (C); SEM images of $\text{Co}_3\text{O}_4/\text{Pt}$ (D) and $\text{Co}_3\text{O}_4\text{-CuNPs}/\text{Pt}$ (E); XRD patterns (F) of Co_3O_4 and $\text{Co}_3\text{O}_4\text{-CuNPs}$.



and O elements can be observed in XPS full spectrum, confirming high chemical purity of Co_3O_4 . In this study, the small peak located at 284.5 eV was identified as C 1s according to references.^{31,32} Typical spectra of Co 2p and O 1s binding energies are shown in Fig. 2B and C, respectively. As shown in Fig. 2B, Co 2p core level peaks suggest a highly non-stoichiometric property, indicating that Co atom in the prepared Co_3O_4 nanoparticles features two valence states, octahedral Co^{3+} and tetrahedral Co^{2+} , contributing to the 2p spectral profile. The main peaks of Co^{3+} ($2p_{3/2}$) and Co^{3+} ($2p_{1/2}$) correspond to binding energies of 779.5 and 795.1 eV, respectively, and energy difference between the two levels is approximately 15.6 eV.

From Fig. 2C, the XPS spectrum of O 1s for cubic Co_3O_4 . O 1s peak can be fit for two kinds of Gaussian peaks. The main peak at binding energy of 529.7 eV corresponds to oxygen ions in the crystal lattice (O_{latt}), whereas the peak located at 531.3 eV can be attributed to adsorbed O_x^- complex ions (including O^- and O_2^- ions) in oxygen-deficient regions in the matrix of Co_3O_4 .^{26,33}

Morphologies of $\text{Co}_3\text{O}_4/\text{Pt}$ (Fig. 2D) and $\text{Co}_3\text{O}_4\text{-CuNPs}/\text{Pt}$ (Fig. 2E) were investigated using SEM, and a flocculent and thick structure of Co_3O_4 film formed on the Pt electrode surface (Fig. 2D). When CuNPs were electro-deposited on the surface of $\text{Co}_3\text{O}_4/\text{Pt}$, spherical CuNPs were well distributed on Pt electrode surface (Fig. 1E and inset). Average diameter of these nanoparticles was approximately 200 nm.

Crystallinity and phase structure of prepared material was characterised by XRD. As depicted in Fig. 2F, XRD pattern of Co_3O_4 includes seven peaks at approximately 19.2° , 31.3° , 36.8° , 44.7° , 55.7° , 59.4° and 65.2° , which are attributable to Co_3O_4 (111), (220), (311), (400), (422), (511) and (440), respectively;²⁷ the peak at approximately 50.5° confirms the presence of CuNPs (200).⁴ These observations suggest successful preparation of $\text{Co}_3\text{O}_4\text{-CuNPs}$ nano-composite.

3.2. Optimisation of main experimental conditions for detecting glucose

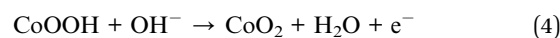
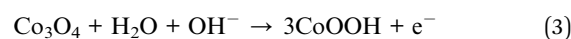
Electrochemical response to glucose (50.0 μM) at the $\text{Co}_3\text{O}_4\text{-CuNPs}/\text{Pt}$ was evaluated in 0.10 M NaOH solution at the applied potential from 0.2 V to 0.6 V (Fig. 3A). Maximum current change of glucose was obtained at the potential of +0.50 V, which was

consequently selected for subsequent amperometric $i-t$ measurements.

The influence of NaOH concentration on determination of 50.0 μM glucose at $\text{Co}_3\text{O}_4\text{-CuNPs}/\text{Pt}$ was also investigated (Fig. 3B) at the applied potential of +0.5 V. Maximum current change for glucose showed no significant difference, whereas NaOH concentration changed from 0.10 M to 0.30 M. Thus, a relatively low concentration of 0.10 M of NaOH was selected for the following experiment.

3.3. Electro-catalysis of $\text{Co}_3\text{O}_4\text{-CuNPs}/\text{Pt}$ for glucose

Electrochemical properties of glucose in $\text{Co}_3\text{O}_4\text{-CuNPs}/\text{Pt}$ were investigated in 0.1 M NaOH solution. As shown in Fig. 4A, a couple of sensitive redox peaks can be observed at the potentials of +0.45 and +0.55 V in curves, which can be due to redox reactions of Co and Cu nanoparticles under alkaline conditions corresponding to the following equations:^{34,35}



Redox peak currents were directly proportional to the potential scan rate (ν) in the range of 0.02–0.22 V s^{-1} (Fig. 4B) and increased linearly with the square root of scan rate ($\nu^{1/2}$) in the range of 0.24–0.50 V s^{-1} (Fig. 4C). These findings indicate that electrochemical process of $\text{Co}_3\text{O}_4\text{-CuNPs}/\text{Pt}$ was mainly controlled by adsorption with low-speed scanning (0.02–0.22 V s^{-1}), and diffusion-controlled process was observed when scanning rate was in the range of 0.24–0.50 V s^{-1} .³

Fig. 4D shows CVs of $\text{Co}_3\text{O}_4\text{-CuNPs}/\text{Pt}$ in 0.1 M NaOH without (curve a) and with (curve b) 50.0 μM glucose. The figure shows that oxidation peak current increased significantly after addition of 50.0 μM glucose. Catalytic currents increased linearly with concentration of glucose (Fig. 4E) in the range of 0 μM to 50.0 μM at 5 μM interval.

To investigate electrochemical performance of differently modified electrodes, amperometric ($i-t$) curves of modified

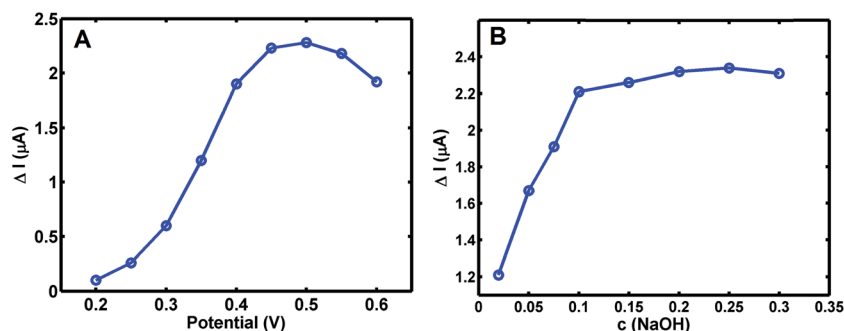


Fig. 3 Influence of different applied potential (A) and pH (B) on $\text{Co}_3\text{O}_4\text{-CuNPs}/\text{Pt}$ sensor added with 50.0 μM glucose.



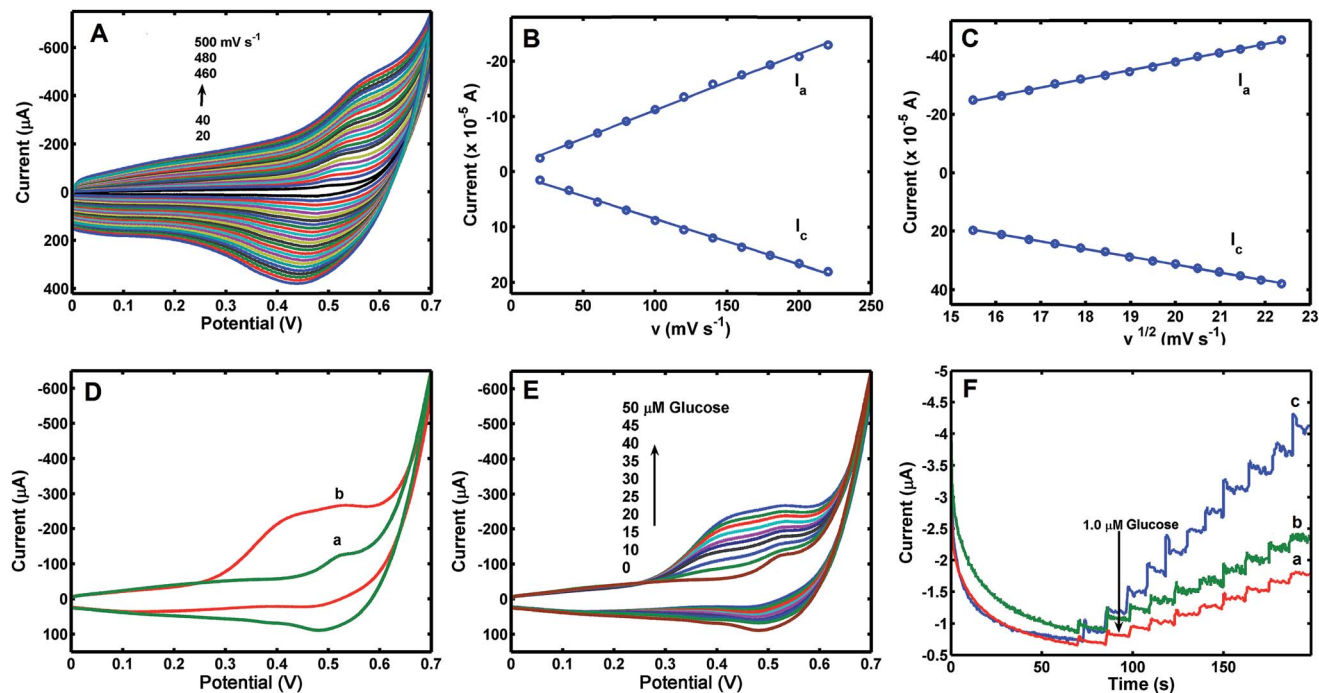
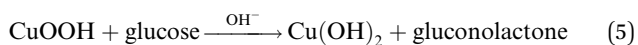


Fig. 4 CV curves of $\text{Co}_3\text{O}_4\text{-CuNPs/Pt}$ measured at different scan rates in 0.1 M NaOH solution (A); plots of redox peak currents versus scan rate (B) and square root of scan rate (C); CVs of $\text{Co}_3\text{O}_4\text{-CuNPs/Pt}$ in (a) absence and (b) presence of glucose in 0.1 M NaOH solution at 0.10 V s^{-1} (D and E); amperometric response (F) recorded for $\text{Co}_3\text{O}_4/\text{Pt}$ (a), CuNPs/Pt (b) and $\text{Co}_3\text{O}_4\text{-CuNPs/Pt}$ (c).

electrodes were recorded with continuous stirring and successive step changes in glucose at +0.50 V in 0.1 M NaOH (as shown in Fig. 4F). Results indicate that $\text{Co}_3\text{O}_4/\text{Pt}$ and CuNPs/Pt can also catalyse glucose (curves a and b, respectively, Fig. 4F) but a much larger catalytic current was observed at the $\text{Co}_3\text{O}_4\text{-CuNPs/Pt}$ when Co_3O_4 and CuNPs were combined (c, Fig. 4F). This significant improvement can be attributed to synergistic catalytic effects of Co_3O_4 and CuNPs . Similar to previous studies,^{34,35} electrochemical reactions for glucose were possibly the following:



In 0.1 M NaOH solution, CuNFs and Co_3O_4 can easily transform into Cu(OH)_2 and CoOOH , respectively, and under high potential conditions (+0.5 V), Cu(OH)_2 and CoOOH can further be oxidised to generate a large number of CuOOH and CoO_2 intermediate products, which can oxidise glucose to gluconolactone.

Chronocoulometric results obtained from the reduction of $5 \times 10^{-3} \text{ mol L}^{-1} \text{ K}_3[\text{Fe}(\text{CN})_6]$ in KCl (0.1 mol L^{-1}) at different electrodes, were used to compare the apparent electrode areas with the use of eqn (1):⁹

$$Q = (2nFAD_0^{1/2}\pi^{-1/2}C_0)t^{1/2} \quad (7)$$

where Q – the absolute value of the reduction charge, n – the number of electrons transferred, F – the Faraday constant, A –

the apparent electrode area, t – the time, and D_0 and C_0 – the diffusion coefficient and the bulk concentration of the oxidized form of the hexacyanoferrate (iii) complex, respectively.

The apparent electrode area, A , may be estimated from the slope of the Q versus $t^{1/2}$ plot (Fig. 5). Thus, the order of the slope values was: $\text{Co}_3\text{O}_4\text{-CuNF/Pt}$ (d) > CuNFs/Pt (b) > $\text{Co}_3\text{O}_4/\text{Pt}$ (c) > Pt (a), i.e. $\text{Co}_3\text{O}_4\text{-CuNF/Pt}$ has the largest A value, and thus, this modified electrode showed the best electrochemical activity.

3.4. Quantitative analysis of glucose

Quantitative analysis of glucose was performed with the use of amperometric (i - t) technique under optimal experimental conditions (applied potential: +0.5 V; supporting electrolyte:

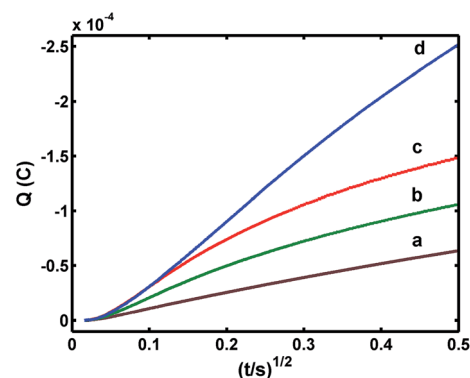


Fig. 5 Chronocoulometric plots from: (a) Pt , (b) $\text{Co}_3\text{O}_4/\text{Pt}$, (c) CuNPs/Pt , and (d) $\text{Co}_3\text{O}_4\text{-CuNPs/Pt}$ in $5 \times 10^{-3} \text{ mol L}^{-1} [\text{Fe}(\text{CN})_6]^{3-/4-}$ (1 : 1) solution containing 0.1 M KCl .



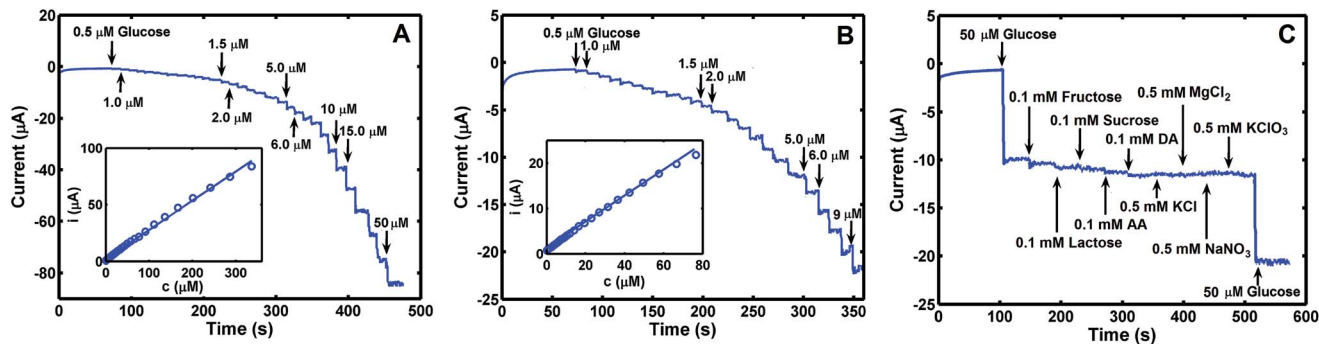


Fig. 6 Amperometric response (A and B) of $\text{Co}_3\text{O}_4\text{-CuNPs/Pt}$ after successive additions of glucose to 0.1 M NaOH at +0.50 V. Inset: calibration plot; amperometric response of $\text{CuNFs-MoS}_2\text{/GCE}$ to different chemicals at +0.50 V (C).

Table 1 Results of quantitative analyses of glucose in human serum ($n = 3$)

Samples	Detected (mM)	RSD ^a (%)	Added (mM)	Found (mM)	% recovery ^b
#1	5.1	3.4	2.5	7.5	98.0
#2	5.3	2.8	2.5	8.0	103.8
#3	4.9	3.1	2.5	7.5	102.0
#4	5.0	2.7	2.5	7.3	96.0

^a RSD (%) calculated from three separate experiments. ^b % recovery = $100 \times (c_{\text{found}} - c_{\text{added}})/c_{\text{detected}}$.

0.1 M NaOH). The plot of current difference *versus* concentration of glucose was linear in the range of 0.5–336 μM , with a linear correlation coefficient (R^2) of 0.9989 and limit of detection (LOD) of 0.43 μM (Fig. 6A). When linear range was reduced to 0.5–76.5 μM , the obtained R^2 and LOD totalled 0.9997 and 0.17 μM , respectively (Fig. 6B). Corresponding sensitivity of glucose sensor measured 3.58×10^4 and $4.03 \times 10^4 \mu\text{A} \mu\text{M}^{-1} \text{cm}^{-2}$. For analysis of glucose described in this work, performance of this method is comparable with other available methods when comparison is based on Co_3O_4 -related electrode materials, analytical range, sensitivity and LOD values (see Table 2).

Table 2 Comparison of performance of the proposed method for analysis of glucose with results from previously published electrochemical methods based on Co_3O_4 nanoparticles

Electrode materials	Linear range (μM)	Limit of detection (μM)	Sensitivity ($\mu\text{A} \text{mM}^{-1} \text{cm}^{-2}$)	Ref.
Co_3O_4 UNS- $\text{Ni}(\text{OH})_2$	5–40	1.08	2000	26
Co_3O_4	1–500	1	366.03	37
$\text{Co}_3\text{O}_4\text{-HND}$	2.0–6060	0.58	708.4	38
$\text{Cu}_2\text{O NCS-Co}_3\text{O}_4\text{NHs}$	1–5330	0.63	280	39
$\text{TiO}_2/\text{Co}_3\text{O}_4$ ANTAS	3000	0.34	2008.82	40
$\text{Co}_3\text{O}_4\text{-gold}$	0.1–12 000	0.0265	45.8	41
$\text{Co}_3\text{O}_4\text{-OMC}$	10–800	1.0	2597.5	42
$\text{Co}_3\text{O}_4\text{/MWCN}$	50–12 000	10.42	5089.1	43
$\text{NaCoPO}_4\text{-Co}_3\text{O}_4$	1.0–150	0.125	—	44
$\text{Co}_3\text{O}_4\text{-CuNPs}$	0.5–336	0.43	35 800	This work
	0.5–76.5	0.17	40 300	This work

3.5. Interferences, reproducibility and stability

Anti-interference capacity of this method was investigated using $\text{Co}_3\text{O}_4\text{-CuNPs/Pt}$ under the same experimental conditions described above, and different common interfering substances were used, *e.g.*, fructose, sucrose, lactose, dopamine, ascorbic acid, MgCl_2 , KClO_3 and NaNO_3 . Current *versus* time ($i-t$) plot (Fig. 6C) indicate that these substances produced little interference during analysis of glucose, *i.e.*, the sensor constructed for this work was selective for sensing glucose in the presence of different interfering substances noted above.

To estimate reproducibility and stability of sensor, $\text{Co}_3\text{O}_4\text{-CuNPs/Pt}$ was constructed separately five times with the use of the same Pt electrode. The same concentration of glucose solution (50.0 μM) was used as test sample, and results were recorded. Average relative standard deviation (%RSD) was evaluated as 5.03% from the five measurement results, which indicated satisfactory reproducibility of the sensor. Sensor stability was estimated by detecting glucose after it was stored at 4 °C for 30 days, and current intensity for glucose decreased by only 5.8% compared with the original response on glucose sample of 50.0 μM . Results suggest stability of $\text{Co}_3\text{O}_4\text{-CuNPs/Pt}$ sensor.

3.6. Analytical applications

The sensor was applied to analyse glucose levels in human serum.³⁶ Before the experiment, pre-processed blood samples was 20-fold diluted with 0.1 M NaOH. Above pre-processed blood samples (0.4 mL) were transferred to an electrochemical cell and diluted to 10.0 mL with 0.1 M NaOH. Each blood sample was spiked with standard glucose solutions. Then, the proposed method was applied to monitor levels of glucose, and corresponding results (Table 1) showed that the sensor yielded relatively acceptable percentage recoveries, indicating that the proposed method may possess potential for practical applications.

4. Conclusions

A highly sensitive and selective non-enzymatic electrochemical glucose sensor, $\text{Co}_3\text{O}_4\text{-CuNPs/Pt}$, was successfully constructed to detect glucose at low concentration levels. The sensor



achieved highly sensitive and stable glucose detection, and this result maybe due to synergistic catalytic effects of Co_3O_4 and CuNPs. Such nano-composites generally possess a large specific surface area, effectively supporting a large number of electro-active substances, and thus significantly enhancing proton and electron transfer. To test practical application of this sensor, it was used to monitor trace amounts of glucose in human serum samples. Significantly, results also showed that the sensor achieved relatively acceptable percentage recoveries, indicating that the proposed method may feature potential practical applications.

Conflicts of interest

There are no conflicts to declare.

Acknowledgements

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