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# Effect of Ling-Gui-Zhu-Gan decoction major components on the plasma protein binding of metoprolol using UPLC analysis coupled with ultrafiltration†

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Using traditional Chinese medicine formula Ling-Gui-Zhu-Gan decoction (LGZGD) plus selective  $\beta_1$ -adrenergic receptor inhibitor metoprolol to treat arrhythmia of coronary heart disease can significantly improve efficiency with no adverse reactions. However, the effect of major components of LGZGD on the plasma protein binding of metoprolol is unclear. Firstly, this study aimed to computationally predict the molecular interactions between metoprolol, the major components of LGZGD, and bovine serum albumin (BSA). Secondly, the plasma protein binding of metoprolol combined with major components of LGZGD was investigated by UPLC analysis coupled with ultrafiltration. The MOE (2008.10) software package was used to investigate the molecular interactions among metoprolol, the major components of LGZGD, and BSA. Using *in vitro* experiments, BSA was separately spiked with a mixtures of metoprolol and the major components of LGZGD. The results showed that metoprolol interacted with BSA mainly through arene–arene interactions, as did cinnamic acid and liquiritin. However, the energy scores of cinnamic acid and liquiritin were lower than that of metoprolol. There were no interactions between metoprolol and the major components of LGZGD. Further studies *in vitro* showed that the presence of the major components of LGZGD did not change the plasma protein binding of metoprolol. We adopted molecular docking to predict the drug–herb plasma protein binding interactions of metoprolol and then used ultrafiltration to verify the docking results. There were no drug–herb interactions between metoprolol and LGZGD in BSA, which indicated that this combination therapy might be safe and feasible.

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## Introduction

Metoprolol, a class II antiarrhythmic agent, is currently used as a clinical treatment for arrhythmia, hypertension, and chronic heart failure, and to improve cardiac autonomic function. Metoprolol can bind to  $\beta$ -adrenoceptors in cardiac nodule tissue, conduction systems, and contractile cardiomyocytes. The mechanism of action involves blocking the effects of catecholamines at  $\beta_1$ -adrenergic receptors, which decreases sympathetic activity on the heart.<sup>1,2</sup> Previous reports found that metoprolol has been widely used to treat chronic heart failure (CHF) in several randomized clinical trials, and can reduce

hospitalization and improve survival.<sup>3</sup> Only free drugs can have a pharmacological effect through the cell membrane and bind to their corresponding targets, meaning that the determination of free drugs is crucial for determining the safety of clinical trials. Drug–protein binding plays an important role in pharmacology and toxicology.<sup>4,5</sup> Pharmacokinetic properties, such as distribution volume, hepatic metabolism rate, and renal excretion rate, are functions of the ratio of free components.<sup>6</sup> Therefore, it is necessary to determine plasma protein binding to regulate the therapeutic dose and understand the pharmacologic behavior of medicines. Methods for determining the free drug content in plasma include equilibrium dialysis (ED), ultrafiltration (UF), and capillary electrophoresis (CE).<sup>7,8</sup> Previous reports found that the mean plasma protein binding (PPB) of metoprolol is  $30.70 \pm 2.76\%$  in humans.<sup>9</sup> Therefore, whether the combination of metoprolol and other drugs will result in adverse reactions also depends on changes in plasma protein binding.

Ling-Gui-Zhu-Gan decoction (LGZGD) is a classic traditional Chinese medicine (TCM) formula recorded in Shang Han Lun by Zhongjing Zhang that consists of *Poria cocos* (Schw.) Wolf (Fu-Ling), *Cinnamomi Ramulus* (Gui-Zhi), *Rhizoma Atractylodis*

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*Macrocephalae* (Bai-Zhu), and *Radix Glycyrrhizae* (Gan-Cao).<sup>10</sup> LGZGD is often used to treat arrhythmia, cardiac failure, and other cardiovascular diseases in China.<sup>11</sup> Presently, many clinical studies have indicated that LGZGD is effective for CHF treatment.<sup>12,13</sup> Our previous studies have shown that LGZGD effectively regulates the structure and function of the heart by regulating neuroendocrine cytokines, such as brain natriuretic peptide (BNP), aldosterone (Ald), angiotensin II (Ang II), interleukin-1 beta (IL-1 $\beta$ ), interleukin-6 (IL-6), and tumor necrosis factor-alpha (TNF- $\alpha$ ) in rat models of CHF.<sup>14,15</sup> An *in vivo* animal study found that LGZGD can improve myocardial tissue injury and inhibit ventricular remodeling by inhibiting excessive activation of the nuclear factor-kappa B (NF- $\kappa$ B) signaling pathway.<sup>16</sup> An *in vitro* study found that LGZGD could regulate protein expressions related to IKK/I- $\kappa$ B/NF- $\kappa$ B signaling pathways, intervene in the transcriptional control of IKK/I- $\kappa$ B/NF- $\kappa$ B downstream target molecules, and effectively inhibit excessive activation of cytokines.<sup>17</sup> Our study found that the main characteristic chemical components of LGZGD were cinnamic acid, atractylenolide III, liquiritin, and glycyrrhizic acid. Clinical studies have shown that using LGZGD plus metoprolol to treat arrhythmia in coronary heart disease can significantly improve efficiency, and reduce atrial contraction and ventricular contraction, with no adverse reactions.<sup>18,19</sup> Combinations of two drugs can alter drug concentrations and change their clinical effects. In other words, when the free drug concentration of drug A increases due to plasma protein binding displacement by another strongly binding drug, drug B, the increase in free drug A concentration could potentially cause toxicity and may result in a dose adjustment being required.<sup>20</sup> However, the effect of major components of LGZGD on the plasma protein binding of metoprolol is not clear.

Molecular docking has become essential for the study of molecular structures and protein interactions, and can predict the most detailed possible view of drug–target interactions.<sup>21</sup> Chemical compounds exert their biological activities by binding to one or more targets. Herein, we introduce a new, potentially widely applicable and accurate, drug–plasma protein binding assay that predicts competitive effects.

In this study, the molecular interactions between the major components of LGZGD, metoprolol, and bovine serum albumin (BSA) were predicted using molecular docking. UPLC and ultrafiltration techniques were used to determine the plasma protein binding of metoprolol alone and combined with the major components of LGZGD to verify the docking results.

## Materials and methods

### Chemicals and materials

Metoprolol was purchased from the China National Institutes for Food and Drug Control (Beijing, China). The purity of the reference compound was greater than 98% by HPLC. PBS buffer (pH 7.4) was composed of sodium chloride (1.35 mol L<sup>-1</sup>), potassium chloride (27 mmol L<sup>-1</sup>), sodium phosphate (43 mmol L<sup>-1</sup>), and potassium phosphate (14 mmol L<sup>-1</sup>). BSA (purity,  $\geq$ 98%) was obtained from Sigma-Aldrich. BSA solution was prepared at a concentration of 40 mg mL<sup>-1</sup> in PBS buffer.

Chromatographic grade acetonitrile and methanol were obtained from Merck company (Germany). Deionized water was purified using a Milli-Q system (Millipore, Bedford, MA, USA). Centrifugal filter units (Centrifree YM-10 regenerated cellulose membrane, MWCO 10K) were obtained from Millipore (Billerica, MA, USA). All other chemicals and solvents used in the present study were of reagent grade or better.

### Molecular docking between the major components of LGZGD, metoprolol, and BSA

Interactions of the major components of LGZGD, metoprolol, and BSA were obtained using the MOE (2008.10) software package.<sup>22,23</sup> The structures of cinnamic acid, atractylenolide III, liquiritin, glycyrrhizic acid, and metoprolol were drawn using ChemDraw software and the three-dimensional crystal protein structure of BSA (PDB ID: 4F5S) was obtained from the Protein Data Bank (PDB) (<https://www.rcsb.org/pdb>).<sup>24</sup> Briefly, 3D structures of cinnamic acid, atractylenolide III, liquiritin, glycyrrhizic acid, and metoprolol were optimized by adding hydrogens and energy minimized.

The correct conformations of the ligands were found and then minimum energy of the structures was obtained. After energy optimization, ligands were allowed to be flexible. Water molecules were removed and the 3D protonation of BSA was conducted using the MOE (2008.10) software package. After removing the ligand from BSA, they were minimized using MMFF94 Force field. The predicted molecules were docked with the hydrophobic pocket of the receptor and the values of the combination were given. After docking, the resultant complexes were subjected to hydrogen bonding analysis, and then interactions among the active components and targets were found.

### Chromatography conditions

UPLC analyses were performed on a Waters Acquity Ultra-performance Liquid Chromatography (UPLC) H-Class system (Waters, Milford, MA). An Acquity BEH C18 (2.1 mm  $\times$  100 mm, 1.7  $\mu$ m; Waters, Milford, MA) analytical column coupled with a column filter were used to test samples, and column temperature was set at 30  $^{\circ}$ C. Mobile phase A consisted of 0.05% (v/v) phosphoric acid in distilled water, while mobile phase B was acetonitrile (75 : 25) at a flow rate of 0.2 mL min<sup>-1</sup> for 4 min. Samples were detected at 225 nm. The autosampler temperature was kept at 4  $^{\circ}$ C and 1  $\mu$ L of the samples was injected into the UPLC system.

### Calibration curve, precision, stability tests, and extraction recovery

Stock solutions of metoprolol (1 mg mL<sup>-1</sup>), cinnamic acid (1 mg mL<sup>-1</sup>), atractylenolide III (1 mg mL<sup>-1</sup>), liquiritin (1 mg mL<sup>-1</sup>), and glycyrrhizic acid (1 mg mL<sup>-1</sup>) were dissolved in methanol. The stock solutions were kept at 4  $^{\circ}$ C. The stock solutions were successively diluted with methanol to prepare working solutions immediately prior to use.

Linearity was assessed by assaying calibration curves at eight concentration levels in the range 0.1–80  $\mu$ g mL<sup>-1</sup> in PBS buffer. The concentrations of metoprolol in samples were calculated



from the peak area using a linear regression equation obtained from the calibration curve.

Metoprolol solutions in PBS buffer ( $0.5 \mu\text{g mL}^{-1}$ ,  $5 \mu\text{g mL}^{-1}$ , and  $20 \mu\text{g mL}^{-1}$ ) were prepared as QC samples. For the precision tests, the intra-day variance was determined by assaying each sample in five replicates within one day, while inter-day variance was measured over three consecutive days.

For the stability test, the QC samples of metoprolol were incubated in a water bath at  $37^\circ\text{C}$  for 1, 2, 3, and 4 h, and the incubated fluids were collected and analyzed by UPLC to monitor drug degradation.

The extraction recovery of metoprolol was calculated using the following formula  $(B/A \times 100)\%$ , where  $A$  is the metoprolol solution concentration,  $B$  is the concentration of the blank BSA samples with added metoprolol. The extraction recovery was also evaluated using the same method.

### Nonspecific binding (NSB) of metoprolol

The NSB of metoprolol was determined using the method of Kurlbaum *et al.* with some modifications.<sup>25</sup> Metoprolol was dissolved in PBS buffer to obtain concentrations of  $0.5 \mu\text{g mL}^{-1}$ ,  $1 \mu\text{g mL}^{-1}$ , and  $2 \mu\text{g mL}^{-1}$ . Metoprolol solutions ( $400 \mu\text{L}$ ) with different concentrations were applied to the ultrafiltration unit. After centrifugation at  $10\,000 \times g$  for 15 min,  $1 \mu\text{L}$  of the filtrate was subjected to UPLC analysis.

The nonspecific binding of metoprolol in the ultrafiltration experiments was expressed as  $\text{NSB} [\%] = (C_{\text{pre}} - C_{\text{post}})/C_{\text{pre}} \times 100$ , where  $C_{\text{post}}$  is the compound concentration recovered after ultrafiltration, and  $C_{\text{pre}}$  is the initial compound concentration before filtration.

### Plasma protein binding of metoprolol and combined with major components of LGZGD

Plasma protein binding of metoprolol *in vitro* was studied using an ultrafiltration method.<sup>26,27</sup> In brief, metoprolol solutions ( $30 \mu\text{L}$ ; 10, 20, and  $40 \mu\text{g mL}^{-1}$ ) were spiked into BSA ( $570 \mu\text{L}$ ) and vortexed for 2 min to produce final concentrations of 0.5, 1, and  $2 \mu\text{g mL}^{-1}$ . Three replicates of each concentration were prepared. The spiked BSA samples were incubated at  $37^\circ\text{C}$  for 60 min to achieve equilibrium. Samples ( $500 \mu\text{L}$ ) were transferred to the centrifugal filter unit and centrifuged at  $10\,000 \times g$  for 15 min. A  $1 \mu\text{L}$  aliquot of the filtrate was subjected to UPLC analysis.

Metoprolol solutions ( $30 \mu\text{L}$ ; 10, 20, and  $40 \mu\text{g mL}^{-1}$ ) and cinnamic acid solutions ( $30 \mu\text{L}$ ;  $20 \mu\text{g mL}^{-1}$ ) were spiked into

BSA ( $540 \mu\text{L}$ ) in amber vials to yield final solutions of metoprolol ( $0.5$ , 1, and  $2 \mu\text{g mL}^{-1}$ ) and cinnamic acid ( $1 \mu\text{g mL}^{-1}$ ). The ultrafiltration steps were conducted as described above.

Metoprolol solutions ( $30 \mu\text{L}$ ; 10, 20, and  $40 \mu\text{g mL}^{-1}$ ) and atractylenolide III solutions ( $30 \mu\text{L}$ ,  $4 \mu\text{g mL}^{-1}$ ) were spiked into BSA ( $540 \mu\text{L}$ ) in amber vials to yield final solutions of metoprolol ( $0.5$ , 1, and  $2 \mu\text{g mL}^{-1}$ ) and atractylenolide III ( $0.2 \mu\text{g mL}^{-1}$ ). The ultrafiltration steps were conducted as described above.

Metoprolol solutions ( $30 \mu\text{L}$ ; 10, 20, and  $40 \mu\text{g mL}^{-1}$ ) and liquiritin or glycyrrhizic acid solutions ( $30 \mu\text{L}$ ,  $40 \mu\text{g mL}^{-1}$ ) were spiked into BSA ( $540 \mu\text{L}$ ) in amber vials to yield final solutions of metoprolol ( $0.5$ , 1, and  $2 \mu\text{g mL}^{-1}$ ) and liquiritin or glycyrrhizic acid ( $2 \mu\text{g mL}^{-1}$ ). The ultrafiltration steps were conducted as described above.

The total free drug concentration in the filtrate in ultrafiltration experiments can be expressed as  $C_f = C_{\text{ft}}/(1 - \text{NSB})$ , where  $C_{\text{ft}}$  is the actual drug concentration measured in the filtrate and NSB is the nonspecific binding.

Protein binding was calculated using  $\% \text{ protein binding} = (C_t - C_f)/C_t \times 100$ , where  $C_t$  represents the total drug concentration in BSA and  $C_f$  is the total free drug concentration in the filtrate.

### Statistical analysis

The measured data are presented as mean  $\pm$  standard deviation ( $\bar{x} \pm s$ ). Multiple group means were compared using one-way analysis of variance and LSD methods. All analyses were performed using SPSS version 23.0 software, with a significance level of  $p < 0.05$ .

## Results

### Molecular interactions between metoprolol, the major components of LGZGD, and BSA

Molecular interactions between metoprolol and BSA are arene–arene interactions. Metoprolol bound to BSA *via* arene–arene interactions at Phe 550. Cinnamic acid was bound to BSA *via* hydrogen bond formation at Tyr 400 and arene–arene interactions at Phe 550. Atractylenolide III was bound to BSA *via* hydrogen bond formation at Tyr 578. Liquiritin was bound to BSA *via* hydrogen bond formation at Tyr 400 and Phe 506, and arene–arene interactions at Phe 550. Glycyrrhizic acid was bound to BSA *via* hydrogen bond formation at Tyr 400, Tyr 578, Lys 524, Asn 404, and Asp 561 (Table 1 and Fig. 1).

**Table 1** Molecular interactions between metoprolol, the major components of LGZGD, and BSA

Chemicals	Interaction energy (kcal mol <sup>-1</sup> )	Number of binding to residues	Residues involved in H-bond formation	Arene–arene
Metoprolol	-10.6796	1	—	Phe 550
Cinnamic acid	-9.5724	2	Tyr 400	Phe 550
Atractylenolide III	-9.2092	1	Tyr 578	—
Liquiritin	-10.5589	3	Tyr 400, Phe 506	Phe 550
Glycyrrhizic acid	1.3939	8	Tyr 400, Tyr 578, Lys 524, Asn 404, Asp 561	—



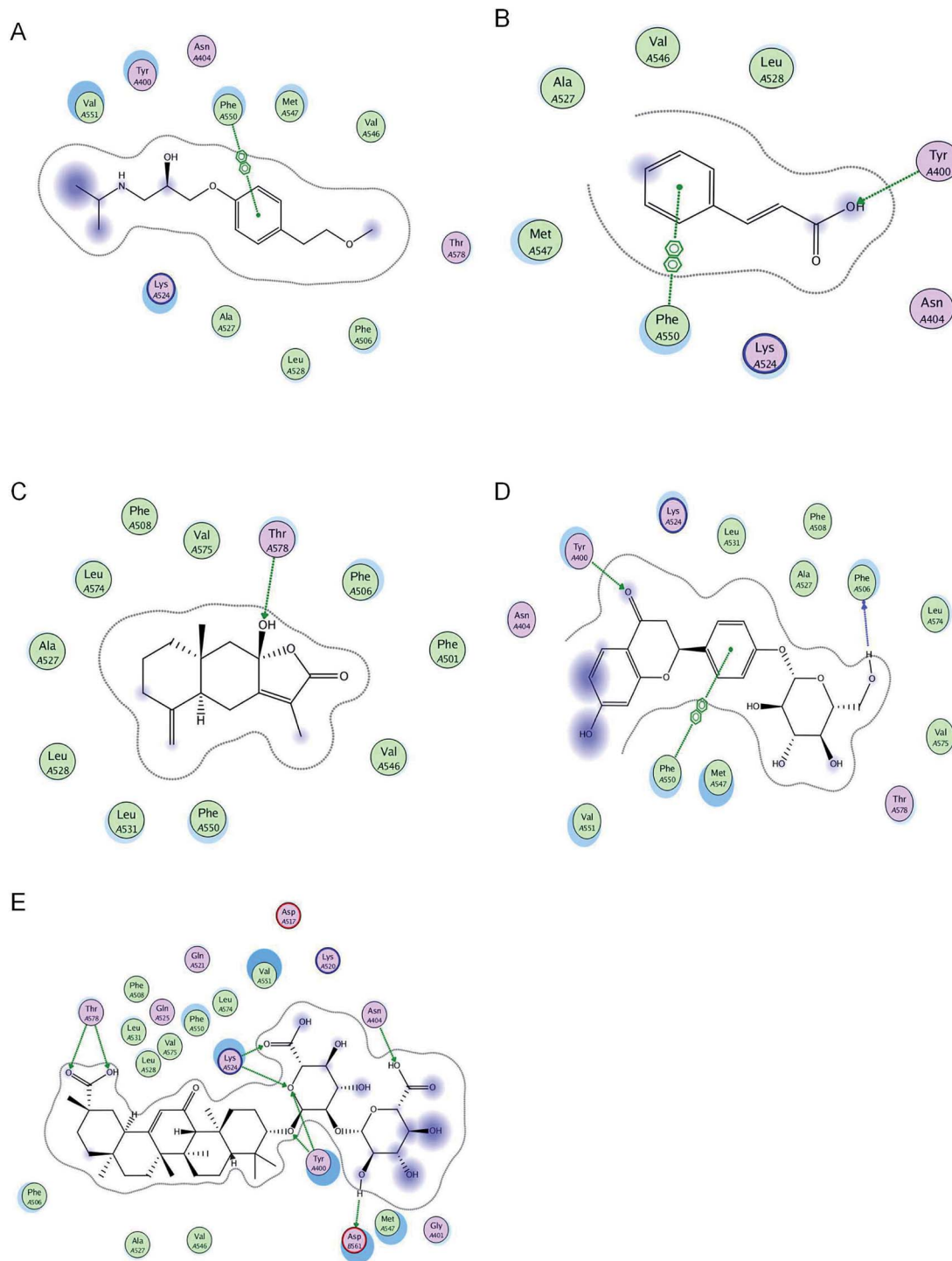


Fig. 1 2D pictures of the docked conformations of chemicals and active site of BSA: (A) metoprolol, (B) cinnamic acid, (C) atractylenolide III, (D) liquiritin, and (E) glycyrrhizic acid.

### Specificity

The specificity was evaluated by comparing the chromatograms of blank BSA, metoprolol, and blank BSA spiked with metoprolol. The retention time of metoprolol was approximately 2.1 min. No significant endogenous peaks interfering with metoprolol were obtained in BSA (Fig. S1†).

### Standard curve, precision, and stability

The calibration curves of metoprolol were linear over the range 0.1–80  $\mu\text{g mL}^{-1}$  (0.1, 0.5, 1, 5, 10, 20, 40, and 80  $\mu\text{g mL}^{-1}$ ). The calibration curve for metoprolol was prepared with the equation  $y = 4931.5x - 61.152$ ,  $r = 0.9999$  ( $n = 3$ ). The intra-day and inter-day analyses met the requirements of quantitative analysis



Table 2 Precision of metoprolol for intra-day and inter-day analyses ( $\bar{x} \pm s$ )

Drug	Concentration ( $\mu\text{g mL}^{-1}$ )	Intra-day ( $n = 5$ )		Inter-day ( $n = 15$ )	
		Concentration ( $\mu\text{g mL}^{-1}$ )	RSD (%)	Concentration ( $\mu\text{g mL}^{-1}$ )	RSD (%)
Metoprolol	0.5	$0.51 \pm 0.02$	3.92	$0.52 \pm 0.03$	5.77
	5	$4.03 \pm 0.13$	3.23	$4.12 \pm 0.18$	4.37
	20	$20.43 \pm 1.07$	5.24	$20.86 \pm 1.22$	5.85

Table 3 Extraction recovery of metoprolol ( $\bar{x} \pm s$ ,  $n = 3$ )

Drug	Concentration ( $\mu\text{g mL}^{-1}$ )	Extraction recovery (%)	RSD (%)
Metoprolol	0.5	$84.87 \pm 3.54$	4.17
	5	$86.45 \pm 4.18$	4.84
	20	$86.95 \pm 4.42$	5.08

Table 4 NSB between metoprolol and the ultrafiltration membrane

Drug	Added concentration ( $\mu\text{g mL}^{-1}$ )	$C_{\text{pre}}$ ( $\mu\text{g mL}^{-1}$ )	$C_{\text{post}}$ ( $\mu\text{g mL}^{-1}$ )	NSB (%)
Metoprolol	0.5	$0.51 \pm 0.02$	$0.40 \pm 0.02$	$22.47 \pm 1.79$
	1.0	$0.99 \pm 0.04$	$0.78 \pm 0.03$	$21.94 \pm 2.50$
	2.0	$2.00 \pm 0.05$	$1.55 \pm 0.05$	$22.55 \pm 2.14$

Table 5 Plasma protein binding of metoprolol in BSA ( $\bar{x} \pm s$ ,  $n = 3$ )

Drug	$C_t$ ( $\mu\text{g mL}^{-1}$ )	$C_f$ ( $\mu\text{g mL}^{-1}$ )	Plasma protein binding (%)
Metoprolol	$0.50 \pm 0.02$	$0.36 \pm 0.01$	$28.15 \pm 2.02$
	$0.99 \pm 0.04$	$0.70 \pm 0.02$	$29.67 \pm 2.42$
	$2.02 \pm 0.06$	$1.45 \pm 0.03$	$28.36 \pm 1.65$

(Table 2). Consequently, these results indicated that the analytical method was suitable for the present study.

### Extraction recovery

The extraction recovery of metoprolol in BSA at each QC level was  $84.87 \pm 3.54\%$ ,  $86.45 \pm 4.18\%$ , and  $86.95 \pm 4.42\%$  (Table 3).

### NSB of metoprolol

The NSB between metoprolol and the ultrafiltration membrane was approximately 22% (Table 4). As the results showed that the

ultrafiltration membrane had a certain adsorption effect on metoprolol, the formula of plasma protein binding should be corrected.

### Plasma protein binding rate of metoprolol in BSA

As shown in Table 5, the plasma protein binding rate of metoprolol in BSA at 37 °C through the ultracentrifugation process was consistently 28% over three concentrations of 0.5, 1, and 5  $\mu\text{g mL}^{-1}$ .

### Effects of cinnamic acid on plasma protein binding of metoprolol

Table 6 shows that the plasma protein binding of metoprolol ( $0.5 \mu\text{g mL}^{-1}$ ) might be influenced by cinnamic acid ( $1 \mu\text{g mL}^{-1}$ ), while the plasma protein binding of metoprolol at concentrations of 1 and 2  $\mu\text{g mL}^{-1}$  was not be affected. The statistical results showed that cinnamic acid was unlikely to affect the plasma protein binding of metoprolol (Table 6).

Table 6 Plasma protein binding of cinnamic acid ( $1 \mu\text{g mL}^{-1}$ ) plus metoprolol in BSA ( $\bar{x} \pm s$ ,  $n = 3$ )

Drug	$C_t$ ( $\mu\text{g mL}^{-1}$ )	$C_f$ ( $\mu\text{g mL}^{-1}$ )	Plasma protein binding (%) (with cinnamic acid)	Plasma protein binding (%) (without cinnamic acid)
Metoprolol	$0.50 \pm 0.03$	$0.37 \pm 0.01$	$25.94 \pm 2.43^a$	$28.15 \pm 2.02$
	$1.00 \pm 0.04$	$0.69 \pm 0.02$	$30.72 \pm 1.87^a$	$29.67 \pm 2.42$
	$2.01 \pm 0.06$	$1.44 \pm 0.03$	$28.43 \pm 1.53^a$	$28.36 \pm 1.65$

<sup>a</sup>  $p > 0.05$ , vs. metoprolol without cinnamic acid.



Table 7 Plasma protein binding of atractylenolide III (0.1  $\mu\text{g mL}^{-1}$ ) plus metoprolol in BSA ( $\bar{x} \pm s$ ,  $n = 3$ )

Drug	$C_{\text{total}}$ ( $\mu\text{g mL}^{-1}$ )	$C_{\text{free}}$ ( $\mu\text{g mL}^{-1}$ )	Plasma protein binding (%) (with atractylenolide III)	Plasma protein binding (%) (without atractylenolide III)
Metoprolol	0.51 $\pm$ 0.02	0.37 $\pm$ 0.02	27.19 $\pm$ 2.07 <sup>a</sup>	28.15 $\pm$ 2.02
	1.00 $\pm$ 0.03	0.70 $\pm$ 0.02	30.96 $\pm$ 1.84 <sup>a</sup>	29.67 $\pm$ 2.42
	2.01 $\pm$ 0.05	1.40 $\pm$ 0.08	30.22 $\pm$ 4.14 <sup>a</sup>	28.36 $\pm$ 1.65

<sup>a</sup>  $p > 0.05$ , vs. metoprolol without atractylenolide III.

Table 8 Plasma protein binding of liquiritin (2  $\mu\text{g mL}^{-1}$ ) plus metoprolol in BSA ( $\bar{x} \pm s$ ,  $n = 3$ )

Drug	$C_{\text{total}}$ ( $\mu\text{g mL}^{-1}$ )	$C_{\text{free}}$ ( $\mu\text{g mL}^{-1}$ )	Plasma protein binding (%) (with liquiritin)	Plasma protein binding (%) (without liquiritin)
Metoprolol	0.50 $\pm$ 0.02	0.37 $\pm$ 0.01	26.01 $\pm$ 2.37 <sup>a</sup>	28.15 $\pm$ 2.02
	1.00 $\pm$ 0.03	0.71 $\pm$ 0.03	29.19 $\pm$ 2.66 <sup>a</sup>	29.67 $\pm$ 2.42
	1.99 $\pm$ 0.04	1.39 $\pm$ 0.03	29.95 $\pm$ 1.60 <sup>a</sup>	28.36 $\pm$ 1.65

<sup>a</sup>  $p > 0.05$ , vs. metoprolol without liquiritin.

### Effects of atractylenolide III on plasma protein binding of metoprolol

The statistical results showed that atractylenolide III was unlikely to affect the plasma protein binding of metoprolol (Table 7).

### Effects of liquiritin on plasma protein binding of metoprolol

Table 8 shows that the plasma protein binding of metoprolol (0.5  $\mu\text{g mL}^{-1}$ ) might be influenced by liquiritin (2  $\mu\text{g mL}^{-1}$ ), while the plasma protein binding of metoprolol at concentrations of 1 and 2  $\mu\text{g mL}^{-1}$  was not affected. The statistical results showed that liquiritin was unlikely to affect the plasma protein binding of metoprolol (Table 8).

### Effects of glycyrrhizic acid on plasma protein binding of metoprolol

The statistical results showed that glycyrrhizic acid was unlikely to affect the plasma protein binding of metoprolol (Table 9).

## Discussion

### Prediction of drug interaction in BSA by molecular docking

Molecular docking is essential for studying drug–target interactions, providing information on possible drug–target

interactions and predicting drug–herb protein binding interactions.<sup>28</sup> The binding of drugs to plasma proteins can also be assessed using this method. For the first time, we have adopted molecular docking to predict the effect of LGZGD on the plasma protein binding of metoprolol in BSA. The molecular docking results showed that metoprolol, cinnamic acid, and liquiritin can combine with the same amino acid residue, Phe 550, which means that metoprolol and cinnamic acid or liquiritin will produce competitive replacement. However, the interaction energy scores of cinnamic acid and liquiritin were lower than that of metoprolol, indicating that cinnamic acid and liquiritin had lower binding abilities than metoprolol. Therefore, the major components of LGZGD might not affect the plasma protein binding rate of metoprolol, meaning that the major components of LGZGD and metoprolol might have no competitive inhibition in clinical treatment.

### Reasons for selecting bovine serum albumin

Drugs need to be distributed through plasma to target tissues and play a pharmacological role after entering blood circulation.<sup>29</sup> Serum albumin is the most abundant carrier protein in plasma and plays a vital role in the transport of various exogenous and endogenous substances, such as fatty acids, amino acids, drugs, and nutrients.<sup>30,31</sup> BSA is used as a model protein

Table 9 Plasma protein binding of glycyrrhizic acid (2  $\mu\text{g mL}^{-1}$ ) plus metoprolol in BSA ( $\bar{x} \pm s$ ,  $n = 3$ )

Drug	$C_{\text{total}}$ ( $\mu\text{g mL}^{-1}$ )	$C_{\text{free}}$ ( $\mu\text{g mL}^{-1}$ )	Plasma protein binding (%) (with glycyrrhizic acid)	Plasma protein binding (%) (without glycyrrhizic acid)
Metoprolol	0.49 $\pm$ 0.02	0.35 $\pm$ 0.02	27.86 $\pm$ 2.53 <sup>a</sup>	28.15 $\pm$ 2.02
	1.00 $\pm$ 0.03	0.72 $\pm$ 0.02	28.34 $\pm$ 1.74 <sup>a</sup>	29.67 $\pm$ 2.42
	1.99 $\pm$ 0.03	1.40 $\pm$ 0.03	29.61 $\pm$ 1.44 <sup>a</sup>	28.36 $\pm$ 1.65

<sup>a</sup>  $p > 0.05$ , vs. metoprolol without glycyrrhizic acid.



that can bind a variety of biologically active ingredients, including drugs, natural polyphenols, and vitamins.<sup>32</sup> BSA has an amino acid sequence very similar to that of human serum albumin (HSA), and a high homology with HSA (approximately 76%).<sup>33</sup> BSA can better simulate the binding of drugs to plasma proteins. Therefore, BSA was used instead of HSA to study the interactions between serum albumin and drugs in this experiment.

### Selection of ultrafiltration technique conditions

Optimization of the ultrafiltration conditions can affect the plasma protein binding rate results. A disadvantage of ultrafiltration is that it can be susceptible to the non-specific binding (NSB) of test compounds to the polymer-constructed components of the devices.<sup>34</sup> In this study, the NSB of metoprolol was detected and then the corrected formula of plasma protein binding was used for calculations. The incubation temperature and time can influence the speed and processes of drug-protein binding equilibrium. Therefore, the plasma protein binding of metoprolol was performed with incubation times of 15, 30, 45, and 60 min at 37 °C. The results showed that 30 min was the optimal incubation time for subsequent experiments. The rate and time of centrifugation also had an important influence on the ultrafiltration performance. Centrifugal rates of 8000, 10 000, and 12 000 × *g* and times of 10, 15, and 20 min were tested. The results showed that 10 000 × *g* and 15 min were the optimal centrifugal conditions.<sup>35</sup>

### Plasma protein binding of metoprolol combined with the major components of LGZGD

The existence of the major components of LGZGD did not change the plasma protein binding of metoprolol. Furthermore, there were no significant differences in plasma protein binding between metoprolol and the major components of LGZGD. Molecular docking results showed that the binding sites of cinnamic acid and liquiritin were the same as that of metoprolol, but with interaction energy scores lower than that of metoprolol, indicating that there was no competitive inhibition. Glycyrrhizic acid and atractylenolide III bound to BSA through hydrogen bond formation rather than arene-arene interactions, and the interaction energy scores were also lower than that of metoprolol, indicating that they were less able to compete with metoprolol. The results of *in vitro* experiments further verified this molecular docking prediction.

## Conclusion

In conclusion, molecular docking was adopted to predict the drug-herb plasma protein binding interactions of metoprolol, and ultrafiltration was used to verify these docking results. The factors influencing ultrafiltration efficiency were exhaustively optimized. The results showed that the presence of the major components of LGZGD did not affect the plasma protein binding of metoprolol. No drug-herb interactions were observed *in vitro* between metoprolol and LGZGD in BSA, which indicated that this combination therapy might be safe and

feasible. Further in-depth studies are needed to improve this experimental technology and enrich research indicators.

## Conflicts of interest

The authors declare that they have no competing interests.

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