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1 Introduction

Graphene-HA nanocomposites have received much attention in recent years. These types of nanocomposites have many uses as biomaterials, either as coatings on other materials or as bulk samples. Results from previous studies have shown that these two phases have strengthened each other's properties well.¹⁻⁴ In graphene-HA nanocomposites, HA is the matrix phase. HA as a member of the calcium phosphate family has a hexagonal structure with a calcium-to-phosphate ratio of 1.67 and has a very similar chemical composition to bone. The biomaterial properties of HA, such as high compatibility with living bone tissues, scaffolding properties, biocompatibility, osteoconductivity, and bioactivity, have resulted in its wide use in biomedical fields.⁵⁻¹⁰ Therefore, various methods have been used to synthesize this material such as the combustion method,¹¹ synthesis via solid-state reactions,¹² electrochemical deposition,¹³ a sol-gel process,^{14,15} a hydrolysis method,¹⁶ a precipitation technique,^{17,18} synthesis via sputtering,¹⁹ multiple emulsion systems,²⁰ biomimetic deposition of HA on GO,²¹ solvothermal, and hydrothermal processes.^{22,23} These methods have led to the synthesis of HA with different morphologies.²⁴⁻²⁹

Low temperature consolidation of hydroxyapatitereduced graphene oxide nano-structured powders

Hassan Nosrati, ២ ^a Rasoul Sarraf-Mamoory, ២ *^a Reza Zolfaghari Emameh,^b Dang Quang Svend Le,^c Maria Canillas Perez ២ ^d and Cody Eric Bünger^c

In this study, hydroxyapatite-reduced graphene oxide (HA-rGO) powders were first synthesized *in situ* using a hydrothermal method. These powders were then consolidated using a cold sintering method. The solvent used in this method was water + dimethylformamide + brushite which was added to the powders at different ratios. The sintered samples were then evaluated using X-ray diffraction, Fourier transform infrared spectroscopy, Raman spectroscopy, high-resolution transmission electron microscopy, and Vickers microindentation. The results of this study showed that the best conditions for the sintering of rGO-HA nanopowders were a temperature of 200 °C, a holding time of >30 min, and a pressure of 500 MPa. The best mechanical properties were achieved when the solvent content was considered to be 20 wt%. Crack deflection and graphene bridging were among the mechanisms that increased the fracture toughness of these nanocomposites. By adding 1.5% rGO, the fracture toughness of this nanocomposite (using the cold sintering method) was approximately equivalent to that of spark plasma sintered HA.

But, despite all these properties, HA exhibits poor mechanical properties, including low fracture toughness, poor tensile strength, and weak wear resistance, leading to restrictions on the use of HA as a bone replacement implant.^{30–33}

It is necessary to improve the mechanical properties of HA with a reinforcing material. Among various materials used for this purpose, graphene has high potential due to its good reinforcing properties. Graphene sheets with a carbon atom thickness, a honeycomb structure, a high specific surface area (2630 m² g⁻¹), and unique mechanical properties play a reinforcing role in these nanocomposites.³⁴⁻³⁹ Apart from the excellent mechanical properties of graphene such as an elastic modulus of 1 TPa and a high fracture strength of 130 GPa, the good biocompatibility of this material has led to their consideration in biomedical applications such as drug delivery, orthopedics, and bioimaging.⁴⁰⁻⁴³ Published reports show that the addition of graphene and its derivatives (reduced graphene oxide and graphene nanoribbons) to HA, which is performed using various methods such as the hydrothermal process, has always improved the mechanical properties of HA.44-46

In some applications, such as implants, synthesized powders need to be made into a bulk shape. Different methods such as hot pressing and spark plasma sintering have been used to consolidate these types of powders.^{47,48} But, in most techniques, it is used at high temperatures. That high temperature also increases the cost of production, as well as the risk of material destruction. Recently, consolidation techniques at low temperatures have been greatly considered. This method, which is called cold sintering, is used at temperatures below 300 °C, with a

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^a Department of Materials Engineering, Tarbiat Modares University, Tehran, Iran. E-mail: rsarrafm@modares.ac.ir

^b Department of Energy and Environmental Biotechnology, National Institute of Genetic Engineering and Biotechnology (NIGEB), 14965/161, Tehran, Iran

^c Department of Clinical Medicine, Aarhus University, Denmark

^d Instituto de Cerámica y Vidrio, CSIC, Madrid, Spain

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pressure of 100 to 500 MPa. In the first instance, a liquid phase as a solvent in a very small amount is added to the interface between particles.^{49–51} A portion of the particle surface is dissolved in the liquid phase. The powders are then compressed under external pressure and the compression is facilitated by the presence of a liquid phase as a lubricant. Dissolution occurs in the interface between particles and the sharp edges of particles. It precipitates between particles and hollows. Finally, after applying the heat and pressure and removing the liquid phase, the particles are connected to each other. The important factors of the cold sintering process are powder materials, solvents, and physical parameters, but the solvent selection is more important. In some cases, additional heat treatment for annealing is used.^{52–58} So far, very few reports have been published on the cold sintering of hydroxyapatite containing powders.^{59–61}

In this study, hybrid nanostructured powders were synthesized using a high-pressure hydrothermal method utilizing hydrogen gas injection to increase the reduction rate of GO. To investigate the final composite properties, a cold sintering method has been used. The sintered samples were subjected to a Vickers indentation technique for mechanical evaluation, X-ray diffraction (XRD), Raman spectroscopy, field emission scanning electron microscopy (FESEM), Fourier transform infrared spectroscopy (FTIR), and high-resolution transmission electron microscopy (HRTEM).

2 Experimental

The primary chemicals used in this study, along with their specifications, are listed in Table 1. The initial solution (S1) was first prepared (DMF + DI water with a volume ratio of 20:80). DMF was considered for a better dispersion of GO in the solvent.^{35,45}

2.1 Synthesis of powders

Scheme 1 shows the synthesis process of the rGO-HA powders. The amount of rGO used in this study is 1.5% by weight because, according to previous studies,⁴ this amount has had the greatest effect on increasing the fracture toughness of rGO-HA nanocomposites (the approximate amount of rGO was estimated by trial and error). Given Scheme 1, the following steps were performed in order:

i. The solution containing Ca^{2+} (4.7 grams of calcium nitrate tetrahydrate in 120 mL of S1) was added dropwise to a 20 mL stirred suspension of GO (HA/1.5% rGO) with stirring continued for 1 h (Scheme 1a and b).



Scheme 1 Synthesis process of rGO-HA powders

ii. The solution containing phosphate ions (1.56 g of diammonium hydrogen phosphate in 80 mL of S1) was added dropwise to the solution (Scheme 1c).

iii. The pH of the solution was adjusted to >10 with ammonium solution.

iv. The resulting solution was poured into a Teflon (PTFE) vessel and transferred to an autoclave. The hydrothermal process was carried out for 5 h at 180 $^{\circ}$ C *via* the injection of hydrogen gas at 10 bar (the volume of the PTFE container was 340 mL).

v. The powders were dried in an oven for 12 h at 60 $^\circ C$.

vi. The resulting powders were consolidated after drying and ball milling (250 rpm, 12 h).

2.2 Consolidation of powders

Chart 1 shows the steps of consolidation. Fig. 1 shows the system used for the sintering and Vickers indentation evaluation of the samples. At the cold sintering stage, the mixture (M1) used consists of GO, brushite, and DMF. The mixture of brushite and GO was prepared similar to the powder synthesis step (Scheme 1c; at this stage of powder synthesis, a mixture of brushite and GO was synthesized). The use of brushite was due to the fact that this calcium phosphate is converted to HA under high pressure and temperature conditions.²³ The amounts of GO-brushite powders were 5% by weight (DMF). The ratio of calcium to phosphate in this mixture was considered to be 1.67. A cold sintering method was chosen for sintering these powders (Chart 1). To form the ceramic pellets, 10 (I), 15 (II), and 20 (III) wt% of M1 were, respectively, mixed with 3 g of the rGO-HA powders using a pestle and mortar. The mixture was then placed

 Table 1
 Primary chemicals used in the powder synthesis phase

Chemical	Company, purity
Graphene oxide (GO) (CO _x H _y)	Abalonyx, 25 g L^{-1} DMF
Diammonium hydrogen phosphate $(NH_4)_2HPO_4$	Merck, >99% Merck, >99%
Ammonium solution (NH_4OH)	Merck, 25%
Dimethyl formamide (DMF) ((CH ₃) ₂ NC(O)H)	Sigma-Aldrich, >99.8%



Chart 1 Consolidation steps.

in a die (30 mm in diameter) and subject to a uniaxial pressure of 500 MPa (Fig. 1a). The die was held at room temperature (approximately 25 °C) for 10 min and then heated to 200 °C at a rate of 5 °C min⁻¹. The holding time of the samples at 200 °C was 60 min. The as-prepared ceramic samples (approximately 30 mm in diameter and ~2 mm in thickness) were dried at 200 °C overnight to remove the possible residual solvent in an argon atmosphere. For comparison, a sample of pure HA (0% of rGO) was prepared under similar conditions with 20% of M1.

Before performing the above steps, considering the study sources, the temperature, time and pressure applied were first evaluated and the best conditions were considered for cold sintering with respect to the relative density obtained for each sample (described later).

The Archimedes method was used to calculate the relative density of the sintered samples (ASTM C373-88).⁴⁷ A Micrometrics AutoPore III 9410 porosimeter (mercury porosimetry recorded in the 5 \times 10⁻³ to 3 \times 10² μm range) was used to evaluate the distribution of porosity.

2.3 Vickers indentation

Instrumented microindentation experiments were conducted on the polished surfaces of samples using a GrindoSonic tester with a Vickers tip at a maximum load of 1 N (a ramp dwell time of 10 s). Nine tests (Fig. 1b) were performed at different locations of each sample. Elastic modulus and hardness were calculated from the load–displacement curves (Fig. 1c) using the Oliver–Pharr method.⁶² The modified Antis method was used to evaluate the fracture toughness (K_{1C}) of the samples (eqn (1)):⁶³

$$K_{\rm 1C} = \lambda \cdot \left(\frac{W_{\rm t}}{W_{\rm e}}\right) 0.5 \cdot \left(\frac{P}{C^{1.5}}\right) \tag{1}$$

where W_t is the area below the load–displacement curve and W_e is the area below the unloading curve which corresponds to the elastic deformation; the energy W_t is the total of elastic and plastic deformation (W_e and W_p , respectively); λ is a dimensionless constant, which is close to 0.0498 for the Vickers tip; *C* is the average crack length and *P* is the applied force. The use of experimental parameters is the major advantage of this method, which can be easily calculated when using instrumented indentation.

2.4 Characterization techniques

XRD (X'Pert Pro, PANalytical Co.) was used to determine the phase constituents of the samples, containing a detector with Cu K α radiation (λ = 1.5406 Å, 40 kV, 40 mA) and a 2theta scanning range from 10° up to 80° in steps of 0.02°.

FESEM (Hitachi S4700 equipped with energy dispersive X-ray spectroscopy) and a portable scanning electron microscope (SEM, TM-1000) were used to observe the morphology of the samples (mounted in an adhesive carbon film and Au coated by sputtering for its observation).

FTIR (VERTEX 70, Bruker Corp.) was used to identify the functional groups of the samples (a resolution of 4 cm⁻¹, a scan number of 8, a spectral region from 400 to 4000 cm⁻¹ using 2 cm⁻¹ steps). The samples were prepared and mixed with potassium bromide (KBr) in a concentration of 1 mg powdered samples and 300 mg KBr. The mixture was pressed into discs with a thickness of 1 mm by applying a pressure of 200 MPa. The spectra were collected at room temperature (25 °C) and 60% relative humidity.



Fig. 1 (a) Schematic image of the cold sintering system and (b) Vickers indentation evaluation of the cold sintered samples.

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Raman spectroscopy (Renishaw inVia spectrometer) was used in the range of 300–3500 cm⁻¹, recording 5 times for 10 seconds of each accumulation, with a green laser line at a wavelength of 532 nm in a backscattering configuration using a microscope with a $100 \times$ objective, a 100% power, and an acquisition time of 10 s, which had been excited from an argon ion laser.

HRTEM (TALOS F200A with a twin lens system, an X-FEG electron source, a Ceta 16M camera and a super-X EDS detector) was used to observe the atomic structure of the samples and for spatially resolved elemental analysis, with a spatial resolution higher than 2 nm. To study the atomic structure, fast Fourier transform (FFT) and inverse fast Fourier transform (IFFT) analyses were used. The ImageJ 1.52d and Diamond 3.2 software were used in this study.

3 Results and discussion

Fig. 2 shows the FESEM image of the rGO-HA nanopowders and the TEM images of the rGO-HA nanopowders and HA nanorods synthesized *via* the hydrothermal method. As shown in the FESEM image (Fig. 2a), the HA particles are attached to the rGO surfaces, edges and between the graphene sheets while the rGO sheets are folded and wrinkled. In some areas, HA particles have been agglomerated. The TEM image (Fig. 2b) also shows the presence of rGO and HA. It is clear that the morphology of the HA particles is nanorod shaped (Fig. 2c). These nanorods are less than 50 nanometers in diameter while showing long-itudinal variations. The growth direction of the nanorods is in the *C*-axis.^{64–66}

Fig. 3 shows the EDS analysis of rGO-HA nanopowders (1.5% rGO) synthesized by the hydrothermal method, the high-angle annular dark-field (HAADF) image of rGO-HA nanopowders, and the elemental analysis of rGO-HA nanopowders. These findings showed that trace elements are present in the final synthesized powder and are distributed homogeneously.



Fig. 2 (a) FESEM image of rGO-HA nanopowders (1.5% rGO) synthesized by the hydrothermal method and (b and c) TEM images of rGO-HA nanopowders (1.5% rGO) and HA nanorods.





Fig. 3 (a) EDS analysis of rGO-HA nanopowders (1.5% rGO) synthesized by the hydrothermal method, (b) HAADF image of rGO-HA nanopowders, and (c–f) elemental analysis of rGO-HA nanopowders.



Fig. 4 Results of the designed experiments to find the best (a) uniaxial pressure, (b) holding time, and (c) cold sintering temperature.

Previous studies have included complementary analyses that confirm the calcium to phosphate ratio of 1.67.^{64–66}

Fig. 4 shows the results of the designed experiments to find the best cold sintering conditions. As can be seen from the graphs, the best temperature was 200 $^{\circ}$ C (Fig. 4c), the best holding time was 30 minutes (Fig. 4b), and the best applied pressure was 500 MPa (Fig. 4a) to achieve the highest relative density. It should be noted that the solvent content in these samples was considered to be 20% by weight.

Fig. 5 shows the XRD patterns of the consolidated HA and rGO-HA nanocomposites for 10 (I), 15 (II), and 20 (III) wt% solvent along with the crystal structure of HA. According to the XRD pattern of the samples (Fig. 5a), full conformity is achieved



Fig. 5 (a) XRD patterns of consolidated rGO-HA nanocomposites for 10 (I), 15 (II), and 20 (III) wt% solvent and pure HA; (b) crystal structure of HA.

between the obtained peaks and the reference standard of pure HA (JCPDS 09-0432). Accordingly, the XRD pattern of the rGO-HA nanocomposites is quite similar to that of pure HA with high purity and a hexagonal structure. According to studies, the famous GO peak is located at 2theta \approx 10. After the reduction of GO to rGO, this peak disappears and a new one appears at 2theta \approx 26. Because of the amorphous structure of rGO, this peak is much weaker and wider than the HA (002) peak. Therefore, the rGO peak is covered by the HA (002) peak which is highly intensified due to its high crystallinity. Table 2 shows the specification of the main HA scatter planes obtained. According to the XRD pattern the (002), (211), and (300) planes are the main growth planes in HA crystals where the (002) and (300) planes are perpendicular (Fig. 5b). Increasing the amount of the solvent has increased the intensity of the peaks in some directions and decreased it in some directions. In the direction of the (002) plane, increasing the amount of the solvent has reduced the peak intensity, but in the case of the (211) and (300) planes the peak intensity has increased. Also, the peaks have shifted slightly to the left, which is probably due to the increased pressure from the solvent steam. Comparing the obtained peaks, it is clear that the presence of rGO did not have much effect on the peak shift.^{45,47,65,66}

Fig. 6 shows the Raman spectra and the FTIR analysis results for consolidated samples. Raman spectroscopy has been performed to confirm the presence of rGO (Fig. 6a). The peaks obtained for nanocomposite samples are almost identical and confirm the presence of graphene sheets. In all spectra, the peaks located at 962 cm⁻¹ are related to the P–O symmetric stretching (ν_1 PO₄^{3–}) in HA. The peaks located at 1350, 1600,

 $\label{eq:Table 2} \mbox{Table 2 Specification of the main HA scatter planes in the rGO-HA nanocomposites}$

(hkl)	(002)	(211)	(300)
d-Spacing (nm)	0.343	0.281	0.271
2theta (deg)	26	32	33



Fig. 6 (a) Raman spectroscopy and (b) FTIR analysis for consolidated samples for 10 (I), 15 (II), and 20 (III) wt% solvent and pure HA.

and 2700 cm⁻¹ are related to the D bond (symmetric oscillations of the A_{1g} of carbon atoms with the sp³ hybrid), G bond (shaking of the E_{2g} of the carbon atom phonon with the sp² hybrid), and 2D peak (related to the number of layers of the graphene sheets) in rGO. The rGO-related Raman signals in these spectra are much clearer than the HA signals, although its weight percent in the powders is much lower. The D and G peaks in the rGO have not had any displacement in the Raman spectra, indicating that the rGO-HA nanocomposites have been successfully synthesized.^{65,66} The FTIR analysis results reveal that the nanocomposites contain rGO and HA (Fig. 6b). The peaks located at 565 cm^{-1} (P–O bending) and 925, 1035, and 1095 cm⁻¹ (P-O(H) stretching vibration) are related to HA. The peaks located at 1055 cm⁻¹ (C–O stretching vibration), 1230 cm⁻¹ (C-OH stretching vibration), 1395 cm⁻¹ (C-O-H deformation vibration), 1620 cm^{-1} (C=C stretching vibration), and 1730 cm^{-1} (C=O stretching vibration) are related to GO. The peaks located at 3400–3500 cm⁻¹ (O-H stretching vibration) are related to GO and HA. By comparing the FTIR patterns, it can be seen that the peaks obtained for the nanocomposites correspond to the pure HA peaks. These findings suggest that GO peaks have shifted upwards. The most significantly changed peaks are the oxygen-containing functional groups on the GO surface (C-O, C-O-H, C=O) that have shifted upwards due to the reduction of GO. However, there may still be oxide groups whose peaks are covered with the HA peaks.^{44,45} By juxtaposing the findings of Raman spectroscopy and FTIR analyses, it is clear that graphene sheets (in the form of rGO) are present in all nanocomposites.

Fig. 7 shows the FESEM images of the fracture surfaces of samples after cold sintering and the mechanism of cold sintering and post-drying based on the experimental results. FESEM images show the presence of graphene in three dimensions. The graphene layers are assembled together (Fig. 7a) so that the HA particles are placed between them (Fig. 7b and c). As it is known, the presence of this three-dimensional structure causes incomplete compression during sintering and, in any case, increases porosity and it is expected that by increasing the amount of rGO the porosity will increase equally as previously this issue was characterized by relative density. The presence of



Fig. 7 (a-c) FESEM images of the fracture surfaces of samples after cold sintering for sample (III) and (d-f) the mechanism of cold sintering and post-drying based on the experimental results.

these porosities may in part deteriorate the mechanical properties because they are localized to crack nucleation and to focus stresses, but according to previous studies the presence of these porosities can increase the osteoconductivity of these materials. According to Fig. 7(d-f), the powders were first uniformly wetted using the solvent and mixed with brushite and GO (Fig. 7d). Under uniaxial pressure, during the hydrothermal reaction brushite and GO were redistributed and filled into the interspaces between the rGO-HA particles, thereby aiding the rearrangement of the particles. When the temperature was increased up to 200 °C (Fig. 7e), brushite dissolved in water and DMF to form amorphous complexes. Because the temperature is higher than the boiling point of the solvent, the water and DMF in the samples continuously evaporated until they were exhausted. The amorphous phase was filled into the interspaces between the particles, and dense crystal/amorphous ceramics were obtained. The amorphous phase transformed into the crystalline phase during the annealing process (Fig. 7f). The grains grew gradually, and the interspaces were filled further.

Fig. 8 shows the FESEM images of the pores in the HA and rGO-HA samples (20% solvent), the pore size distribution, and the relative density of the samples. The FESEM images show that the presence of rGO has caused larger pores (Fig. 8a and b). The pore size distribution diagram obtained using the Washburn equation⁶⁷ (Fig. 8c) shows that the size of the porosity in the rGO-HA sample has increased. The total porosities were 3.5% for HA and 5% for the rGO-HA nanocomposite. Also, densitometry results (Fig. 8d) showed that the highest relative density was related to sample (III) with a 20% solution.

Fig. 9 shows the force–displacement diagrams of the sintered samples. To compare the effect of the solvent percentage during the cold sintering process on the final properties of the nanocomposites, all samples were subjected to a Vickers test. As the curves show (Fig. 9a) the contact depth for sample (I) is greater than those for samples (II) and (III). In other words, more force is needed to achieve a constant contact depth in (II) and (III).



Fig. 8 (a) FESEM images of the pores in the HA sample (20% solvent), (b) FESEM images of the pores in the rGO-HA sample (20% solvent), (c) pore size distribution, and (d) the relative density of the samples.



Fig. 9 (a) Force-displacement diagrams of the sintered samples and (b) indentation affected zone.

This conclusion is also valid for (III) compared to (II). Considering the same conditions for the preparation of samples, it is likely that another mechanism including a higher degree of GO reduction or higher crystallinity, and more accurate stoichiometry of HA is most likely responsible for this phenomenon. Also, according to these diagrams, the elastic work in (I) is greater than that in the other samples. Also, the plastic work is slightly higher in (I), but with a smaller ratio, which is obtained from the surface below the curves. In these diagrams, the transition to the left means the improvement of the mechanical properties. In Fig. 9b, the force-displacement curve shows that the Vickers indenter has hit a hole in its path. The part shown with the arrow shows the contact depth where the cavity is located. These changes are more evident in samples with high porosity. In some curves, these changes appear several times. These cases involve some errors in the calculations. The indentation analysis results (Table 3) show

 Table 3
 Mechanical properties of the samples extracted from loaddisplacement diagrams

Sample	Hardness (GPa)	Elastic modulus (GPa)	Fracture toughness (MPa m ^{0.5})
HA	2.5 ± 0.5	58 ± 6.4	0.41 ± 0.13
(I)	3.1 ± 0.4	79.5 ± 5.7	0.85 ± 0.11
(II)	3.7 ± 0.2	87.2 ± 4.6	0.97 ± 0.09
(III)	4.3 ± 0.3	95.7 ± 5.2	1.12 ± 0.03



Fig. 10 FESEM images of cracks formed during the mechanical analysis on sintered samples (III) with a 20% solvent.

that the hardness and Young's modulus values of samples (II) and (III) are higher than those of (I). Also, (III) showed better mechanical properties compared with (II). The reason for this improvement in the mechanical properties should be examined from two perspectives. First, increasing the hydrothermal pressure increases the crystallinity of the primary powder and improves the properties of HA, and second the presence of more hydrogen gas increases the reduction degree of GO and improves the mechanical properties of the graphene sheets.^{45,47} The fracture toughness of this nanocomposite (III, by the cold sintering method) was approximately equivalent to that of spark plasma sintered HA.⁶⁸

Fig. 10 shows the FESEM images of the cracks formed during the mechanical analysis on the sintered samples. In these images, crack bridging and crack deflection are shown. Graphene sheets have increased the fracture toughness of the samples *via* these mechanisms. The pull out energy of graphene is much higher than the energy needed to pull out HA from each other because graphene sheets have a higher specific surface.⁴⁵

Fig. 11 shows the interface analysis between the two phases after consolidation. In this figure, HA, graphene sheets, and three areas identified for the analysis are shown. Fig. 11a shows the HA and rGO phases together. From Fig. 11b, the *d*-spacing of graphene sheets is 0.34 nm, which shows that GO is well reduced. In Fig. 11c, the *d*-spacing confirms the growth of the (211) plane in HA. Fig. 11d shows that the two phases are well connected. Previous studies have confirmed that there is a coherent interface between the two phases of HA and rGO.^{4,69,70}



Fig. 11 Interface analysis between the two phases after consolidation for sample (III), (a) HRTEM image of the consolidated sample, (b) FFT and IFFT analyses of the A area, (c) FFT and IFFT analyses of the B area, and (d) FFT and IFFT analyses of the C area.

4 Conclusions

The results of this study showed that the best conditions for the sintering of rGO-HA nanopowders were a temperature of 200 °C, a holding time of > 30 min, and a pressure of 500 MPa. The best mechanical properties were achieved when the solvent content was considered to be 20 wt%. By increasing the amount of the solvent up to 20 wt%, the hardness, elastic modulus and fracture toughness of rGO-HA nanocomposites reached values of 4.3 \pm 0.3 GPa, 95.7 \pm 5.2 GPa, and 1.12 \pm 0.03 MPa m^{0.5}, respectively. By adding 1.5% rGO, the fracture toughness of this nanocomposite (by the cold sintering method) was approximately equivalent to that of spark plasma sintered HA. The interface between the two phases in this nanocomposite was coherent. Crack deflection and graphene bridging were among the mechanisms that increased the fracture toughness of these nanocomposites.

Conflicts of interest

There are no conflicts to declare.

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