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Introduction

In the last decade, two-dimensional (2D) materials have attracted enormous interest owing to their atomically thin geometry and appealing optical, mechanical and electronic properties.^{1,2} Among these materials, semiconducting transition metal dichalcogenides (TMDs) have received the most attention as promising candidates for applications in nanoelectronics and optoelectronics. $3-6$ This class of materials is formed by a hexagonal layer of transition metal atoms from group IV–VI sandwiched between two chalcogen atoms.^{7,8} Adjacent layers of TMDs are stacked via weak van der Waals forces.1,9 Breaking these weak interactions allows the thinning of bulk TMDs down to mono- and/or few-layers.⁹ In the literature, several top-down and bottom-up methods such as mechanical cleavage, liquid-phase exfoliation (LPE) and chemical vapour deposition (CVD) have been proposed to synthesize these 2D layers.1,3,7–10 Among them, LPE is found to be the simplest and most cost-effective one.^{5,11,12}

 b Khalifa University, Department of Physics, Abu Dhabi, United Arab Emirates

Liquid phase exfoliation of MoS₂ and WS₂ in aqueous ammonia and their application in highly efficient organic solar cells†

Begimai Adilbekova, D^a Yuanbao Lin,^a Emre Yengel,^a Hendrik Faber, D^a George Harrison,^a Yuliar Firdaus, D^a Abdulrahman El-Labban,^a Dalaver H. Anjum,^b Vincent Tung \mathbb{D}^a and Thomas D. Anthopoulos $\mathbb{D}^{\star a}$

Simple, scalable and cost-effective synthesis of quality two-dimensional (2D) transition metal dichalcogenides (TMDs) is critical for fundamental investigations but also for the widespread adoption of these low-dimensional materials in an expanding range of device applications. Here, we report on the liquid-phase exfoliation (LPE) of molybdenum disulfide (MoS₂) and tungsten disulfide (WS₂) in aqueous ammonia (NH₃(aq.)) as a greener alternative to commonly used but less environmentally friendly solvents. The synthesized nanosheets can be prepared in high concentrations (0.5–1 mg mL⁻¹) and exhibit excellent stoichiometric and structural quality with a semiconducting character. These characteristics make them ideal for application in organic optoelectronics, where optical transparency and suitable energetics are two important prerequisites. When $MOS₂$ and $WS₂$ are used as the hole transport layer materials in organic photovoltaics, cells with a power conversion efficiency of 14.9 and 15.6%, respectively, are obtained, highlighting the potential of the aqueous ammonia-based LPE method for the preparation of high quality TMDs. The method could potentially be extended to other TMDs. PAPER
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The most attractive feature of the LPE process is that it yields suspensions of TMD nanosheets, which enables easy growth of thin films by filtration, inkjet printing or spin-coating.^{5,7,9,13} The LPE process can be performed either by ion intercalation or sonication, where the former process is characterised by drawbacks such as defect formation, long process times and sensitivity to ambient conditions.^{1,3–5,14} On the other hand, sonication is a relatively mild and scalable method, where a powder of the desired material is subjected to ultrasonic waves in an appropriate solvent. $2,4,7,13$ Ultrasonic waves produce cavitation bubbles or shear forces, which separate the layered materials into mono- to few-layer nanosheets.^{5,9} The yield and stability of this process depend on various parameters, with the solvent selection being a critical one.^{2,7,12,15}

There are several parameters that are proposed as solvent selection criteria, including the Hildebrand solubility, Hansen solubility and surface tension, due to the fact that the solvent selection impacts the process of LPE in a significant way. $12,16$ Yet, surface tension matching between the solvent and TMDs was found to be the easiest and most direct way to select the most efficient solvent and to explain the successful exfoliation process.¹⁶ A sufficient surface tension match is a key requirement to minimize the energy needed for breaking the van der Waals forces between layers.^{9,15,16} Since the surface tensions of MoS₂ and WS₂ were estimated to be 46.5 and 40 mJ m⁻²,

^a King Abdullah University of Science and Technology (KAUST), KAUST Solar Center (KSC), Thuwal 23955, Saudi Arabia. E-mail: thomas.anthopoulos@kaust.edu.sa

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respectively, for successful exfoliation of these materials the solvent has to be chosen to have a surface tension matching the surface tension of the materials.^{5,15} Although LPE of TMDs has been explored in various solvents such as N-methyl-2 pyrrolidone (NMP), N-cyclohexyl-2-pyrrolidone (CHP), isopropanol (IPA), ethanol and even water, the number of environmentally friendly solvents often used is still very limited. $3,4,7$ Despite the high exfoliation efficiency in NMP and CHP, their boiling points above 200 \degree C limit their more widespread applications.^{4,9,11} Even though water can be used for the exfoliation of layered materials, it has some limitations such as long process times and the need for elevated process temperatures. 17 These difficulties are associated with the large surface tension mismatch at room temperature, where water has a surface tension of 72 mJ m^{-2} .¹⁸ On the other hand, the surface tension of $NH₃(aq.)$ (50% v/v) is \approx 49 mJ m^{-2} and enables the efficient exfoliation of TMDs with similar surface tensions. In comparison with water-only exfoliation, the aqueous ammonia method offers important advantages such as shorter sonication times, higher yield, and improved suspension stability even at low temperatures. Paper

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Here, we focused on the LPE of MoS₂ and WS₂ in NH₃(aq.). We show that the LPE process yields dispersions containing monolayer and multilayer nanosheets with lateral sizes ranging between tens and hundreds of nanometres for both $MoS₂$ and WS₂. In addition to the successful exfoliation, the low boiling points of NH_3 and water make $NH_3(aq.)$ more favourable than NMP or CHP, which require high-temperature post-deposition annealing. Furthermore, the oxidizing property of $NH₃(aq.)$ allows increasing the hydrophilicity of surfaces.¹⁹ The physical properties of the exfoliated nanosheets were characterised via a

range of techniques including Raman, UV-vis, photoluminescence (PL), X-ray photoelectron spectroscopy (XPS), and ultraviolet photoelectron spectroscopy (UPS). The morphological and structural properties of the nanosheets were also investigated using atomic force microscopy (AFM) and high-resolution transmission electron microscopy (HR-TEM). To demonstrate the good electrical properties of the exfoliated $MoS₂$ and $WS₂$ nanosheets, we utilised them as a hole transport layer (HTL) in organic solar cells (OSCs), yielding devices with a power conversion efficiency (PCE) of 14.9% and 15.6%, respectively.

Results and discussion

LPE preparation of 2D TMDs was performed via sonication of $MoS₂$ and $WS₂$ powders in NH₃(aq.) (50% v/v) followed by a centrifugation step to remove bulk aggregates, as illustrated in Fig. 1a. The TMD concentrations within the respective supernatants were determined by filtration and weighing and were found to be ≈ 0.5 mg mL⁻¹ for MoS₂ (prepared at 6000 rpm) and \approx 1 mg mL $^{-1}$ for WS₂ (prepared at 4400 rpm). The yield of the process was estimated at \approx 16% (0.5 mg mL $^{-1})$ and \approx 25% $(1 \text{ mg } \text{mL}^{-1})$ for MoS_2 and WS_2 , respectively. All resulting dispersions of $MoS₂$ and $WS₂$ nanosheets in NH₃(aq.) exhibit the Tyndall scattering effect (Fig. 1a) upon exposure to a laser beam (532 nm), proving the presence of a fine suspension.²⁰ When stored at room temperature both TMD suspensions remain stable for up to a week. However, keeping them at 5 °C extends the storage lifetime to months provided that the vial remains well sealed so the ammonia does not leak.

Fig. 1 (a) Schematic illustration of the LPE process. TDM powders are placed in a vial with aqueous ammonia followed by the ultrasonication and centrifugation steps. The photo shows the pronounced Tyndall effect of the resulting nanosheet suspensions. (b) UV-vis absorption spectra of the MoS₂ and WS₂ suspensions. Raman spectra of MoS₂ (c) and WS₂ (d) nanosheets spin-coated onto Si²⁺/SiO₂ substrates. AFM images and corresponding line scans of various MoS₂ (e and g) and WS₂ (f and h) flakes on Si²⁺/SiO₂ substrates.

The UV-vis absorption spectra of $MoS₂$ and $WS₂$ dispersions (Fig. 1b) show two distinct peaks, so-called A and B excitons, attributed to direct interband excitonic transitions. $21-23$ They are located at ≈ 670 and ≈ 608 nm for MoS₂ and ≈ 625 and \approx 520 nm for WS₂. These characteristic peaks provide an indication of the well-dispersed nature of $MoS₂$ and $WS₂$ nanosheets in NH₃(aq.) that have a 2H crystal structure.^{14,23} Also, we confirmed the semiconducting nature of the nanosheets by PL measurements, further supporting this assertion (Fig. S1, ESI†).1,24,25

To further investigate the efficiency of the proposed LPE route and determine the thickness of the resulting nanosheets, we employed Raman spectroscopy and AFM. The Raman spectra for $MoS₂$ and $WS₂$, obtained using 532 nm excitation, are shown in Fig. 1c and d. Both materials showed two first-order peaks assigned as E_{2g}^1 and A_{1g} arising from the in-plane and out-ofplane vibrations, respectively.^{6,21,22,26} Apart from these peaks, WS2 showed a strong second-order longitudinal acoustic mode (2LA) overlapping with the E_{2g}^{1} mode, originating from the lattice vibration and electronic band structure coupling.⁶ The position (frequency) of these modes is correlated with the thickness of TMDs.^{7,21,23,26,27} Consequently, the frequency difference between these two modes can be used to estimate the layer number of exfoliated TMDs.^{14,26} For our TMDs, we observed a blue shift of the $\rm A_{1g}$ mode and a red shift of the $\rm E_{2g}^1$ mode, which is caused by the reduction of interlayer interactions.^{6,11,26} The Raman spectra of two MoS₂ nanosheets (Fig. 1c) exhibit a frequency difference of \approx 24.4 cm⁻¹ and \approx 24.5 cm⁻¹, presumably denoting the presence of four and five monolayers, respectively.^{21,28} For WS_2 nanosheets (Fig. 1d), we observed frequency differences of around 63 cm^{-1} and 65 cm^{-1} , indicative of monolayer and bilayer flakes, respectively.⁶ Journal of Materials Chemistry C

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AFM measurements were performed to confirm the formation of few-layer nanosheets and investigate their physical characteristics such as size and shape. As can be seen from Fig. 1e and f, the lateral size of both $MoS₂$ and $WS₂$ nanosheets varies from tens to hundreds of nanometres. The height profile images of selected $MoS₂$ nanosheets in Fig. 1g (L refers to the layer number, e.g. 2L means 2 layers) revealed a height ranging between 2 and 8 nm, which corresponds to 2–6 layers. In contrast, the height profile of WS_2 (Fig. 1h) indicated the existence of monolayer and few-layer nanosheets. For both $MoS₂$ and $WS₂$, the step height between layers was measured as ≈ 0.7 nm, which is in good agreement with previously reported values.²⁹ It is worth noting that laterally larger flakes showed a tendency to be thicker as well.

Next, we employed XPS to investigate the chemical nature and atomic composition of the $MoS₂$ and $WS₂$ nanosheets. In the high-resolution core-level spectra of $MoS₂$ (Fig. 2a and b) we can observe the 3d Mo doublet at 229.93 and 233.21 eV corresponding to Mo^{4+} 3d_{5/2} and Mo^{4+} 3d_{3/2}, while the peak at 227.09 eV was assigned to S $2s$.^{14,27,30} Spectra collected from the S 2p region of both $MoS₂$ and $WS₂$ show two peaks at around 162.6 and 163.8 eV, which arise from S $2p_{3/2}$ and S $2p_{1/2}$ of divalent sulfide ions. $27,29$ For both samples, no peak corresponding to oxidized sulphur at \approx 170 eV was observed.²⁷ Also, there was no peak at around 236 eV, which would be indicative of oxidized $Mo^{6+}3d_{5/2}$.²⁷ Oxidation of MoS_2 and WS_2 can occur because of the adsorption of oxygen molecules at vacancy sites, which can affect the electronic properties of the nanosheets. 31 The core-level spectra (Fig. 2c and d) of WS_2 show W $4f_{7/2}$ and W $4f_{5/2}$ peaks at 33.06 and 35.21 eV, respectively, and W5p at 38.73 eV.²⁷ The stoichiometry calculations of MoS₂ and WS₂ yield Mo: S and W: S ratios of \approx 2. The measured binding

Fig. 2 XPS spectra of the MoS₂ and WS₂ nanosheets deposited on ITO electrodes. (a) Mo3d, (b) S 2p, (c) W 4f, and (d) S 2p regions. TEM images of (e) MoS₂ and (f) WS₂ nanosheets. HRTEM images of (g) MoS₂ and (h) WS₂ with a d-spacing of 0.27 nm corresponding to the (100) plane. Inset: FFT patterns extracted from the HRTEM images, indicating the hexagonal symmetry.

energies and stoichiometry of both $MoS₂$ and $WS₂$ are consistent with previously reported values of Mo^{4+} , W^{4+} and S^{2-} for 2H-TMDs.^{14,27,29}

The structural properties of the exfoliated nanosheets were further investigated via HR-TEM. Fig. 2e–h show TEM images of the exfoliated TMD nanosheets. Evidently, the flakes consist of a few layers, which can be considered as an indication of efficient exfoliation. The HR-TEM (Fig. 2g and h) and fast Fourier transform (FFT) data analysis (inset Fig. 2g and h) for $MoS₂$ and $WS₂$ reveal the expected hexagonal symmetry and high structural quality of the nanosheets.¹² The *d*-spacings of both $MoS₂$ and $WS₂$ were measured to be 0.27 nm, which corresponds to the (100) plane.³² These findings are in line with the Raman and AFM results.

The potential use of exfoliated $MoS₂$ and $WS₂$ as a hole transporting layer (HTL) was investigated in a ternary bulkheterojunction (BHJ) layer consisting of the donor polymer PBDB-T-2F, the non-fullerene small-molecule acceptor (NFA) Y6, and the fullerene acceptor PC_{71} BM (Fig. 3a).^{30,33,34} Poly[(9,9bis(3'-((N,N-dimethyl)-N-ethylammonium)-propyl)-2,7-fluorene)alt-2,7-(9,9-dioctylfluorene)]dibromide (PFN-Br) was used as the electron-transport layer (ETL), while spin-coated layers of the $MoS₂$ and $WS₂$ suspensions were used as the HTL. Measuring the actual thickness of the formed TMD layers deposited atop the ITO electrode proved difficult due the high roughness of the latter. The resulting device structure is shown in the inset of Fig. 3b. Reference cells utilizing poly(3,4-ethylene dioxythiophene): poly(styrenesulfonate) (PEDOT:PSS) as the HTL were also prepared for comparison.

Fig. 3b shows the J–V curves of the various optimized solar cells, while Fig. S2 (ESI†) shows representative data for cells based on WS_2 and MoS_2 prepared at different centrifugation speeds. The OSCs with WS_2 as the HTL exhibit higher performance than the $MoS₂$ -based cells, with a maximum PCE of 15.6%, open-circuit voltage (V_{oc}) of 0.83 V, short-circuit current $\left(f_{\rm sc}\right)$ of 26.0 mA $\rm cm^{-2},$ and fill factor (FF) of 0.72%. On the other hand, the optimised $MoS₂$ -based OSCs exhibit a slightly lower PCE (14.9%), $V_{\rm oc}$ (0.81 V), $J_{\rm sc}$ (25.3 mA $\rm cm^{-2}$), and FF (0.71). To further investigate the impact of different HTLs we extracted the series resistance (R_s) and shunt resistance (R_{sh}) from the J–V curves, which are summarized in Table 1. Evidently, the presence of WS_2 and MoS_2 reduces R_s from 3.9 Ω (bare ITO) to 3.2 Ω and 3.3 Ω , respectively. On the other hand, the use of WS_2 and MoS₂ increases the R_{sh} value from 630 Ω (bare ITO) to 1140 Ω and 991 Ω , respectively. Because of the reduced R_s and improved $R_{\rm sh}$, the WS₂ and MoS₂-based OSCs exhibit enhanced FF and PCE.^{35,36} Importantly, the PCE values of both the WS_2 and $MoS₂$ -based cells are significantly higher than the devices without any HTL, i.e. bare ITO (8.6%), and are comparable to that obtained for optimised OSCs based on a commercial PEDOT:PSS HTL (16.0%). Further refinement of the LPE process in tandem with improved device engineering is expected to lead to further device performance improvements.

Fig. 3c displays the external quantum efficiency (EQE) spectra for the PBDBT-2F:Y6:PC $_{71}$ BM cells made with the different HTLs. For all devices the integrated photocurrent density (Table 1)

Fig. 3 (a) Molecular structures of PBDB-T-2F, Y6 and PC_{71} BM. (b) $J-V$ curves of PBDB-T-2F:Y6:PC₇₁BM based OSCs without a HTL (w/o) and with WS₂, MoS₂ and PEDOT:PSS as the HTL. Inset: Schematic of the cell architecture. (c) EQE spectra of the cells shown in (b).

deduced from the EQE spectra matches well the values obtained from the $J-V$ analysis (Fig. 3b) within $\pm 4\%$. The WS₂-based cells exhibit higher photoresponse in the range 348–446 nm and 666–843 nm. However, the lower photoresponse seen in the range 448–553 nm, when compared to the PEDOT:PSS-based cells, results in a slightly increased $J_{\rm sc}$ and PCE. The cells without a HTL (bare ITO) exhibit the lowest EQE in the spectral range 580–880 nm, indicating that WS_2 and MoS_2 flakes assist in extracting the photogenerated electrons in this range. We attribute this to the favourable energetics of the low-dimensional HTL layers with respect to ITO and the BHJ layer, although other effects on the BHJ morphology cannot be fully excluded at this moment.

In an effort to rationalize the different effects of WS_2 and $MoS₂$ nanosheets on the device performance, we performed UPS measurements on ITO/TMD by a transfer process. Fig. S3 (ESI†) shows the measured spectra while Table S2 (ESI†) summarizes the key results. Evidently, the presence of TMDs changes the work function (WF) of the ITO electrode as determined by the secondary electron cut-off from 4.7 to 5.1 eV for WS_2 and 5.04 eV for MoS2. The favourable WF combined with the electron

Table 1 Operating characteristics of organic solar cells based on PBDB-T-2F:Y6:PC₇₁BM BHJs with different HTLs, measured under AM 1.5G solar illumination

HTL	$V_{\rm oc}$ [V]	$J_{\rm sc}$ [mA cm ⁻²]	J_{cal}^a [mA cm ⁻²]	FF	$PCE \, \lceil \% \rceil$	$R_{\rm s}$ [Ω]	$R_{\rm sh}$ [Ω]
WS ₂	$0.83~(0.81~\pm~0.1)^b$	26.0 $(25.5 \pm 0.3)^b$	25.3	$0.72~(0.70~\pm~0.2)^{b}$	15.6 $(15.2 \pm 0.2)^b$	3.2	1140
MoS ₂	$0.81~(0.79\,\pm\,0.1)^b$	25.3 $(24.9 \pm 0.2)^b$	24.7	$0.71~(0.68\pm0.2)^{b}$	14.9 $(14.3 \pm 0.4)^{p}$	3.3	991
PEDOT:PSS	$0.85~(0.84~\pm~0.1)^b$	25.8 $(25.5 \pm 0.2)^{p}$	25.1	0.73 $(0.70 \pm 0.2)^b$	16.0 $(15.7 \pm 0.2)^{p}$	3.0	1048
W/O	$0.56(0.55 \pm 0.1)^b$	24.3 $(24.0 \pm 0.1)^p$	23.9	0.63 $(0.58 \pm 0.4)^b$	8.6 $(8.3 \pm 0.2)^b$	3.9	630
	^a Values of I, were obtained from the integrated FOE spectra $\frac{b}{2}$ Average values calculated from 10 devices						

Values of $f_{\rm cal}$ were obtained from the integrated EQE spectra. \degree Average values calculated from 10 devices.

blocking character of the TMDs, for this particular photoactive layer (Fig. S4, ESI†), is believed to be the main feature responsible for the enhanced cell performance as compared to bare ITO devices.30,34 However, other important effects, such as the ITO surface coverage by the TMDs, may also play a role and cannot be excluded.³⁴ To address this, the surface coverage of ITO by the $MoS₂$ and $WS₂$ flakes was investigated using energydispersive X-ray spectroscopy (EDS). Fig. S5 (ESI†) shows the elemental maps for the two materials. Evidently, the WS_2 flakes provide a better coverage of ITO than $MoS₂$, consequently leading to solar cells with higher V_{oc} and PCE. Overall, our results highlight the potential of $NH₃(aq.)$ -based exfoliation processes for the preparation of high quality TMD HTLs that could one day be used as a replacement for the hygroscopic and acidic PEDOT:PSS in organic optoelectronics.^{32,37} **Journal of Materials Chemicary C**
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Conclusions

In conclusion, we successfully demonstrated liquid-phase exfoliation of $MoS₂$ and $WS₂$ in aqueous ammonia as an environmentally friendly alternative to the more commonly used solvents. The method is simple and scalable as it does not rely on the use of any stabilizers or surfactants and yields high concentration (0.5-1 mg mL^{-1}) TMD suspensions. The yield could potentially be improved further via tuning of processing parameters such as the sonication time and temperature. The extracted 2D nanosheets exhibit high structural and stoichiometric quality with a p-type character; a critical characteristic for practical electronic applications as carrier-selective interlayers. Indeed, when $MoS₂$ and $WS₂$ were used as HTLs, OSCs with a PCE up to 14.9% and 15.6%, respectively, were obtained. Our result highlights the potential of the $NH₃(aq.)$ -based LPE route for the preparation of high quality 2D TMD HTL materials.

Experimental

Liquid exfoliation procedure

 WS_2 and MoS_2 powders were purchased from Sigma Aldrich and $NH₃(aq.)$ was purchased from Alfa Aesar. We sonicated commercial WS_2 (40 mg) and MoS_2 (30 mg) powders in 10 mL of NH₃(aq.) (50% v/v) using a horn probe sonic tip for 3 h (750 W, 20% amplitude). To avoid processing damage and minimize heating of the solution, the tip pulse was set as 5 s on and 2 s off. Also, sonication was carried out in a water bath cooling system to keep the temperature at 5° C. After sonication, the obtained dispersions were transferred to centrifuge

tubes and centrifuged at speeds differing from 3000 rpm to 8000 rpm to remove bulk aggregates. Then the supernatants on the top were carefully collected avoiding the extraction of precipitated bulk particles. Supernatants with colours ranging from dark brown to light yellow depending on the centrifugation speed were obtained. It is expected that at high centrifugation speeds thick and large sheets sediment, and supernatants consisting of thin and small nanosheets remain on the top. Due to the volatility of ammonia, the suspensions were kept at 5 $^{\circ}$ C as it was found to extend their shelf life to months.

AFM characterization

For the AFM measurement, we spin-coated (1500 rpm) the prepared nanosheets from the suspensions onto $Si/SiO₂$ substrates. The tapping mode of a Veeco AFM instrument from Bruker was used for all the measurements.

XPS measurements

XPS measurements were performed at 0.5–1 \times 10 $^{-9}$ mbar using an Omicron spectrometer with a monochromatic Al Ka X-ray Omicron XM1000 X-ray source ($h\nu$ = 1486.6 eV). The operation power was set as 389 W. The high-resolution spectra and surveys were acquired at constant analyzer pass energies of 15 and 50 eV, respectively. The ambient contamination C1s (carbon, 284.7 eV) was used as a reference for the calibration of the binding energy and sample charging. Casa XPS software was used to analyse the spectra. The fitting of spectra was performed after Shirley-type background subtraction.

TEM characterization

For the TEM characterization, $MoS₂$ and $WS₂$ nanosheets were drop-cast onto lacey carbon/Ni grids and used for TEM analysis. The imaging was performed using a TEM instrument of model Titan 80-300 ST from ThermoFisher Scientific.

Solar cell fabrication

PBDB-T-2F, Y6, and PC_{71} BM were purchased from Solarmer Materials Inc. Indium tin oxide (ITO) coated glass substrates (Kintec Company, 10 Ω sq.⁻¹) were cleaned by sequential ultrasonication in dilute Extran 300 detergent solution, deionized water, acetone, and isopropyl alcohol for 10 min each. The substrates were then subjected to a UV-ozone treatment for 20 min. Next, a thin layer (\approx 30 nm) of PEDOT:PSS was spincoated onto the UV-treated substrates and then dried on a heating plate at 150 \degree C for 10 min. For the HTL, the dispersion containing WS_2 or MoS_2 nanosheets was spin-coated at 1500 rpm for 60 s

onto the UV-treated substrates. The samples were then transferred into a dry nitrogen glove box ($<$ 10 ppm O₂). For PBDB-T- $2F: Y6: PC₇₁BM BHJs$, a solution was prepared with ratio 1:1:0.2 with a concentration of 16 mg mL^{-1} in chloroform and added 0.5% (volume) chloronaphthalene. The solutions were then spun to obtain an active-layer thickness in the narrow range of 140–150 nm. A layer of 5 nm of PFN-Br as an ETL was spun from methanol solution (0.5 $\text{mg }\text{mL}^{-1}$) on top of the BHJ layer. Finally, the samples were placed in a thermal evaporator and 100 nm of aluminum was then thermally evaporated at 5×10^{-6} mbar through a 0.1 cm² pixel area shadow mask. Paper

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Conflicts of interest

There are no conflicts to declare.

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