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Preparation of conductive self-healing hydrogels via an interpenetrating polymer network method†

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Conductive self-healing hydrogels and related soft sensor devices are gaining extensive attention from academia to industry because of their impacts on the lifetime and ergonomic design of artificial skins and soft robotics, as well as health monitoring systems. However, so far the development of such a material has been limited considering performance and availability. In this work, we developed composite hydrogels of acrylamide, polyacrylamide, dialdehyde-functionalized poly(ethylene glycol) and conductive carbon black through an interpenetrating polymer network strategy. After optimizing the composition ratio, the resultant hydrogel exhibited self-healing reversibility mechanically and electrically when cut and self-healed. We used ¹H NMR and FT-IR spectroscopy to determine the self-healing mechanism of the system, thus demonstrating that the cooperative effect of the dynamic covalent and noncovalent interactions contributes to the self-healing capability of the gel. Rheology, scanning electron microscopy and light-emitting diode circuits were carried out to examine its macroscopic and microscopic properties, making it possible to apply in soft and conformable electronics.

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1. Introduction

Hydrogels are a kind of soft material that are composed of water and hydrophilic polymer chains arranged in a three-dimensional network structure. Due to their high water content, porous structure, biocompatibility, tunable mechanical strength and biodegradability, they have been investigated in various fields such as biomedical, electrical engineering, environmental fields, food industry *etc.*^{1–5} For long-term durability requirements of engineering applications, self-healing hydrogels are being intensively studied to mimic natural systems to have the ability to self-repair damage inflicted on them.^{6–11} Based on the healing mechanisms, self-healing hydrogels divided into two different classes, depending on the dynamic equilibrium of physical interactions or chemical bonds in damaged regions.^{12,13} The process and outcome of self-healing can be characterized by the restoration of micro- and macrostructure^{14–16} as well as the recovery of mechanical and rheological properties.^{17–19}

In recent decades, conductive hydrogels are gaining increasing attention as an important class of functional polymer materials because of their combined mechanical flexibility and electrical conductivity.^{20–25} Conductive hydrogels exhibit a healing capability which is helpful to extend the applications in health monitoring, artificial skins and implantable

bioelectronics.^{26–32} Han and coworkers designed multifunctional hybrid conducting polymer hydrogels based on polyvinyl alcohol-borax and cellulose nanofiber–polypyrrole complexes.²⁹ Hu and Wang synthesized polypyrrole or Zn-functionalized chitosan materials, which are cross-linked with poly(vinyl alcohol) to form a conductive and self-healing hydrogel (PCPZ hydrogel) for chronic wound treatment.³⁰ Wan and Zhang prepared functionalized single-wall carbon nanotube, polyvinyl alcohol and polydopamine hydrogel, which is self-adhesive, self-healable and wearable, and can be applied in the field of bioelectronics.³¹ Zhai *et al.* developed a one-pot synthesis method to prepare a stretchable, conductive and self-healing hydrogel (GO₃SPNB), that has great potential in smart electronic device adhesives.³²

Additionally, hydrogels prepared by the interpenetrating polymer network (IPN) strategy could effectively expand their functionality and applicability.^{33–36} Therefore, in this work new self-healing and conductive IPN hydrogels are presented. We developed and fabricated the composite hydrogels of acrylamide, polyacrylamide, dialdehyde-functionalized poly(ethylene glycol) and conductive carbon black. Here carbon black is chosen as the conductive material, because of its high chemical and thermal stability, permanent electrical conductivity, light weight and low cost.^{37,38} After optimizing the composition ratio, the resultant hydrogel exhibited self-healing reversibility mechanically and electrically when cut and self-healed. Fig. 1 shows the molecular design strategy of the conductive hydrogel, the cooperative effect of the dynamic covalent (Schiff base reaction) and noncovalent interactions (hydrogen bond) contributes to the self-healing capability of the

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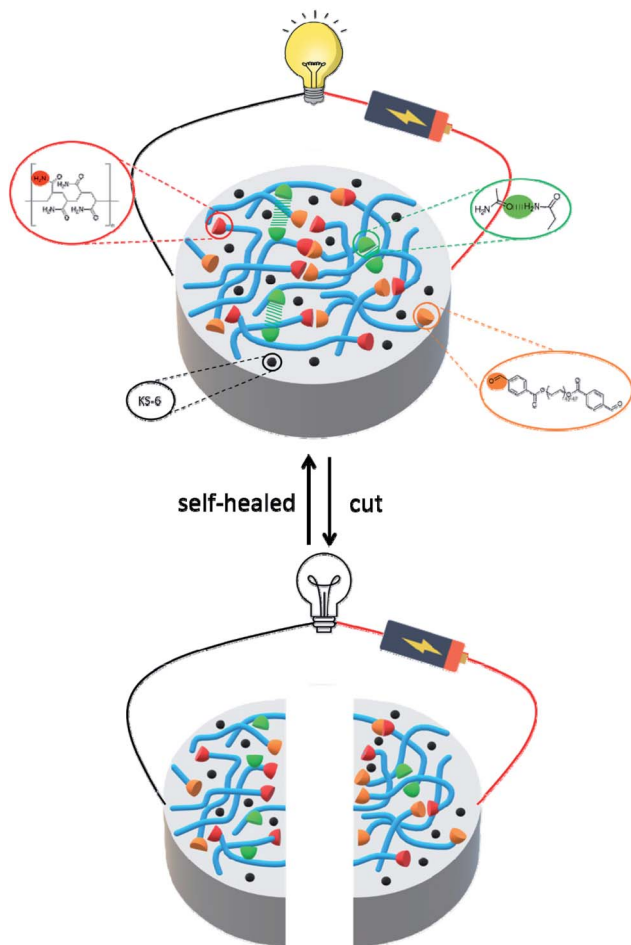


Fig. 1 Schematic illustration the molecular design strategy of conductive self-healing hydrogels. The synergistic interaction of the covalent interaction (C=N) and noncovalent interaction (hydrogen bond) contributes to the self-healing capability of the gel.

gel. ^1H NMR and FT-IR spectroscopy were used to determine the self-healing mechanism of the system. The rheological measurement was conducted to understand the performance of the mechanical properties. An electron microscopic study was carried out to characterize the morphology of the hydrogels. The light-emitting diode circuit was utilized to demonstrate the good stability of the self-healed gel. We found that the combination of chemical and physical crosslinking can be beneficial for the mechanical performance of the conductive hydrogels, making it possible to apply in soft and conformable electronics.

2. Experimental section

2.1 Materials and method

Acrylamide, polyacrylamide average MW 10 000 and poly(ethylene glycol) (PEG) average MW 2000 were purchased from Acros Organics. Potassium persulfate, 4-formylbenzoic acid, 4-(dimethylamino)pyridine (DMAP) and N,N' -dicyclohexylcarbodiimide (DCC) were obtained from Sigma-Aldrich. Food dyes and conductive carbon black graphite KS-6 were from LorAnn Oils and TIMCAL TIMREX®, respectively. The particle

size of KS-6 is 5.8–7.1 μm (d90, laser Malvern), crystallinity height is 60 nm, specific surface area (BET) is 26 $\text{m}^2 \text{g}^{-1}$ and bulk density is 0.00253 lb/in^3 . Dialdehyde-functionalized PEG (DF-PEG) was synthesized according to literature protocol.³⁹ PEG (2.0 g), 4-formylbenzoic acid (0.6 g), DMAP (0.03 g) and DCC (1.13 g) were reaction at room temperature for overnight. The precipitate was filtered and re-dissolved in THF, followed by precipitation with diethyl ether to obtain the DF-PEG polymer.

2.2 Preparation of P1–P8 hydrogels

2.2.1 P1–P6 hydrogels. Acrylamide (0.375 g, 15% w/v) and potassium persulfate (0.0035 g, 0.15% w/v) were dissolved in 2.5 mL deionized water and then ultrasonic treated for 5 min. The resultant homogeneous solution was heated to 70 $^\circ\text{C}$ until the formation of **P1** hydrogel (ca. 7 h). In a manner similar to that described above, acrylamide (0.375 g, 15% w/v) and potassium persulfate (0.0035 g, 0.15% w/v) were treated with ultrasonic for 5 min. Subsequently, the DF-PEG (0.025 g, 1% w/v) and DF-PEG (0.050 g, 2% w/v) were added to the mixture to obtain **P2** and **P3**, respectively. In a manner similar to that described above, acrylamide (0.375 g, 15% w/v) and potassium persulfate (0.0035 g, 0.15% w/v) were treated with ultrasonic for 5 min. Subsequently, the poly(acrylamide) (0.0125 g, 0.5% w/v) was added to achieve **P4**. In a manner similar to that described above, acrylamide (0.375 g, 15% w/v) and potassium persulfate (0.0035 g, 0.15% w/v) were treated with ultrasonic for 5 min. Subsequently, the DF-PEG (0.025 g, 1% w/v), poly(acrylamide) (0.0125 g, 0.5% w/v) and DF-PEG (0.050 g, 2% w/v), poly(acrylamide) (0.0125 g, 0.5% w/v) were added to the mixture to get **P5** and **P6**, respectively.

2.2.2 P7 and P8 hydrogels. We prepared the solution of **P6** and then conductive carbon black graphite KS-6 (0.0773 g, 3% w/v) was added. After stirring for 1.5 h, the solution was heated to 70 $^\circ\text{C}$ for 7 h to obtain **P7**. In a manner similar to that described above, a mixture of **P6** solution and KS-6 (0.1315 g, 5% w/v) to convert **P8**.

2.3 Characterizations

The hydrogels were prepared according to the method of the Section 2.2 and freeze-dried to analyze the quality and functional characteristics. ^1H NMR spectra were measured on a Bruker AVANCEII 400 NMR spectrometer using D_2O as solvent. The morphology of the materials was observed by scanning electron microscopy (SEM, JEOL JSM-7600F). Fourier-transform infrared spectroscopy (FT-IR) spectra were obtained on Jasco 4600 FT/IR infrared spectrophotometer with the wavelength ranged from 4000 to 750 cm^{-1} . For FT-IR, the samples were dissolved in deionized water, dropped on ZnSe plate (size: 20 mm \times 2 mm) and left to dry to form a thin membrane.

2.4 Self-healing of the hydrogels

The hydrogels were prepared according to the method of the Section 2.2 and then cut into two pieces from the middle. The damaged hydrogels were contacted with a drop of 0.1 M NaOH for 1 h at room temperature to obtain the healed hydrogels. The



macroscopic and microscopic images were recorded to demonstrate the self-healing capability.

2.5 Rheological measurements

The rheological measurements of the **P1–P8** hydrogels were performed using TA rheometer (DHR-1, USA) with a parallel plate setup (diameter of 20 mm and a gap of 1 mm). A dynamic oscillatory frequency sweep experiments, including shear storage modulus (G') and loss modulus (G'') as functions of angular frequency (ω), were measured over the ω range of 0.1–100 rad s^{-1} at strain (γ) = 1% at 25 °C. The complex modulus (G^*) and complex viscosity (η^*) were calculated based on the values of G' and G'' .²⁴ The strain amplitude sweep test ($\gamma = 0.1$ –100 000%, $\omega = 1 \text{ rad s}^{-1}$) at 25 °C were performed to study the viscoelastic properties of the hydrogels. Amplitude oscillatory strains were switched from small strain ($\gamma = 10\%$) to subsequent large strain ($\gamma = 2900\%$, 5000%, and 7000% for hybrid hydrogels of **P6** as well as 1900%, 3000%, and 5000% for conductive hydrogels of **P7**) with 200 s for every strain interval.

3. Results and discussion

3.1 Preparation of self-healing hydrogels

We firstly prepared and tested the hydrogelation properties of 5, 10, 15 and 20% w/v of acrylamide, respectively. As depicted in Fig. S1,[†] stable hydrogels were obtained when the concentration higher than 15% w/v, thus we use 15% w/v of acrylamide for further investigation (**P1**). Since the acrylamide gel don't have the self-healing feature, we incorporated the DF-PEG into 15% w/v acrylamide gel. We speculate that the DF-PEG may interact with acrylamide to gain Schiff base (*i.e.* C=N bond), thus making gels with self-healing characteristic. As can be seen from Fig. 2 and Table 1, we found that **P2** is a transparent and sticky gel, while **P3** is semi-transparent gel with some elasticity. However, **P2** and **P3** still don't have the self-healing though, we then decided to add poly(acrylamide) and expected the polymer can provide the hydrogen bond interaction to improve the molecular recognition between acrylamide and DF-PEG. We compared the properties of hydrogels of **P4**, **P5** and **P6**, and found that **P5** and **P6** have self-healing abilities. Additionally, **P6** has better elasticity and tensility than that of **P5**, therefore we take **P6** for self-healing testing (Fig. 2).

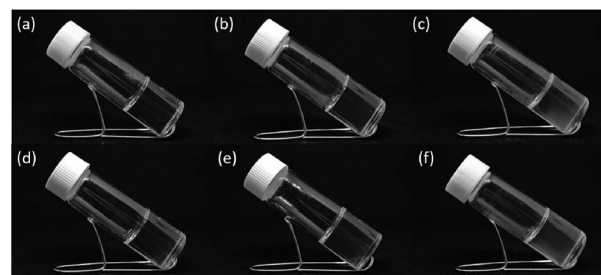


Fig. 2 Optical images of hydrogels of (a) P1, (b) P2, (c) P3, (d) P4, (e) P5 and (f) P6.

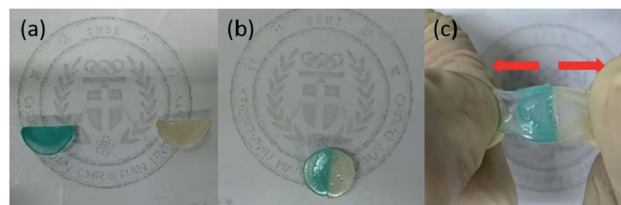


Fig. 3 Photographs of self-healing testing of damaged and healed P6 hydrogel.

To evaluate the self-healing ability of **P6** hydrogel, the two disk-shaped hydrogels with blue and white colors, which stained with food dyes, were cut into equal pieces and then two different colored semicircles were put together to form a united disk (Fig. 3a and b). After 1 h at room temperature, no fracture was observed when the hydrogel was stretched by hands, indicating the self-healing ability of the hydrogel (Fig. 3c). The good self-repair properties of **P6** encourage us to further think about the development of conductive hydrogels for flexible devices applications. As displayed in Fig. 4 and Table 1, 3% w/v and 5% w/v conductive carbon black graphite (KS-6) were used to prepare the composite hydrogels of **P7** and **P8**, respectively. Both are shown stable hydrogels, we therefore cut the hydrogels into two pieces and put together for an hour. We can obviously observe a better elastic property for **P7** compared to that of **P8** (Fig. 4c and d).

3.2 Mechanism of self-healing hydrogels

To identify the self-healing mechanism of **P5–P8** hydrogels, ¹H NMR and FT-IR spectroscopies have been conducted. For ¹H

Table 1 Physical properties of hydrogels of P1–P8^a

No	Acrylamide ^b	DF-PEG ^b	Poly(acrylamide) ^b	KS-6 ^b	Appr. ^c	G' , G'' (Pa)
P1	15	—	—	—	TG	6.85×10^1 , 2.65×10^1
P2	15	1	—	—	TG	9.83×10^1 , 3.43×10^1
P3	15	2	—	—	STG	1.84×10^2 , 6.39×10^1
P4	15	—	0.5	—	TG	3.45×10^2 , 1.36×10^2
P5	15	1	0.5	—	TG	5.57×10^1 , 2.13×10^1
P6	15	2	0.5	—	STG	1.40×10^2 , 5.17×10^1
P7	15	2	0.5	3	OG	8.97×10^1 , 3.66×10^1
P8	15	2	0.5	5	OG	7.14×10^1 , 2.14×10^1

^a Potassium persulfate 0.15% w/v, 2.5 mL deionized water. ^b Unit: % w/v. ^c TG: transparent gel; STG: semi-transparent gel; OG: opaque gel.



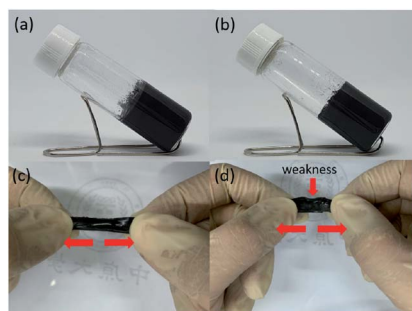


Fig. 4 Optical images of hydrogels of (a) P7 and (b) P8. Photographs of self-healing testing of (c) P7 and (d) P8 hydrogels.

NMR study, we take **P6** hydrogel for example to examine the molecular interactions between acrylamide, DF-PEG as well as poly(acrylamide). Fig. 5 reveals the partial ^1H NMR spectra of DF-PEG polymer and freeze-dried **P6** hydrogel in a solution of D_2O . From the result of the spectrum, a sharp singlet is observed at 9.9 ppm in DF-PEG, which can be assigned to the benzaldehyde proton ($\text{CH}=\text{O}$). On the other hand, a new peak is appeared at 8.3 ppm in **P6**, which is attributed to iminic hydrogen ($\text{CH}=\text{N}$).^{40,41} Noted that we also can observe the aldehyde signal in the spectrum, demonstrating the possibility of dynamic imine bond formation in **P6** system (Fig. 5b). Furthermore, the FT-IR spectra of **P1–P6** are measured and presented in Fig. 6. In Fig. 6a, we compared the **P1** and **P6**, the peak at 1670 cm^{-1} corresponding to the aldehyde group ($\text{C}=\text{O}$) and the peak at 1658 cm^{-1} corresponding to the imine group ($\text{C}=\text{N}$), respectively, indicating the Schiff base linkage formed that resulted from the condensation reaction between amine and aldehyde in **P6**.^{41,42} The peaks in the range of $1200\text{--}1000\text{ cm}^{-1}$ could be identified as C–O, C–O–C and C–C bond.⁴³ The amide band around 1600 cm^{-1} , as well as the amine shown two absorption peaks about 3400 and 3200 cm^{-1} , which represent asymmetrical and symmetrical N–H stretching.⁴⁴ Interestingly, **P5** and **P6** hydrogels exhibit lower wavenumber shift by *ca.* 50 cm^{-1} in the N–H band as compared with that of **P1–P4**, illustrating **P5** and **P6** may have intermolecular hydrogen bonding interaction among acrylamide, DF-PEG and poly(acrylamide) (Fig. 6b).^{29,45,46} We also used heating of the gel at $70\text{ }^\circ\text{C}$ to see the reversibility of the interactions (Fig. S2†). By combining the experimental results of NMR and FT-IR, we can conclude that the cooperative effect of Schiff base and intermolecular hydrogen bonding interactions would be the driving force for the formation of the self-healing hydrogels.

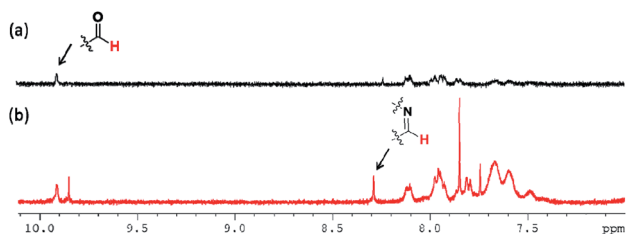


Fig. 5 NMR spectra of (a) DF-PEG and (b) P6 in D_2O .

3.3 Mechanical properties of hydrogels

Rheology is the study of deformation and flow of matter, especially liquids and soft matter. The rheology is very important to materials because rheological characterization can give a good indication of the viscoelastic properties that are relevant for final structures of the system.^{47–49} Fig. 7 and Table 1 revealed the G' (elasticity) and G'' (viscosity) of **P1–P8** hydrogels as a function of angular frequency within the linear viscoelastic region ($\omega = 0.1\text{--}100\text{ rad s}^{-1}$). In all samples, the values of G' increased with increasing sweep frequency as well as the G'' were lower than G' in all the frequency range, suggesting they exhibited viscoelastic solid behaviour.⁵⁰ It is clear from the rheological measurement data that the G' value can increase when we add DF-PEG and poly(acrylamide) into the 15% w/v acrylamide gel, probably due to the formation of dynamic imine bonds between DF-PEG and acrylamide as well as hydrogen bond interaction between poly(acrylamide) and acrylamide, respectively (**P1–P4**). We further combine the acrylamide, DF-PEG and poly(acrylamide) in one system to obtain self-healing hydrogels of **P5** and **P6**. Because of the better mechanical property of **P6**, we prepared the conductive hydrogels of **P7** and **P8** based on **P6**. As shown in Fig. 7b, with increasing the amount of KS-6 graphite, the G' value gradually decreases, probably due to the fact that the doping-induced decrease in the mechanical strength.

The plots of complex modulus (G^*) and complex viscosity (η^*) as a function of angular frequency provided a sharper contrast of **P5–P8** hydrogels (Fig. 8). We found that **P6** and **P7** exhibit the higher G^* and η^* within the whole frequency range, which means better resistance to deformation and better

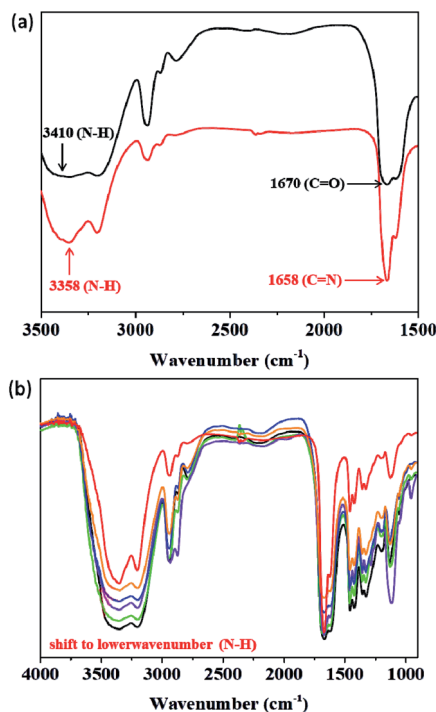


Fig. 6 FT-IR spectra of (a) P1 (black) and P6 (red) in $3500\text{--}1500\text{ cm}^{-1}$ region. (b) P1–P6 (black for P1; green for P2; violet for P3; indigo for P4; orange for P5; red for P6).



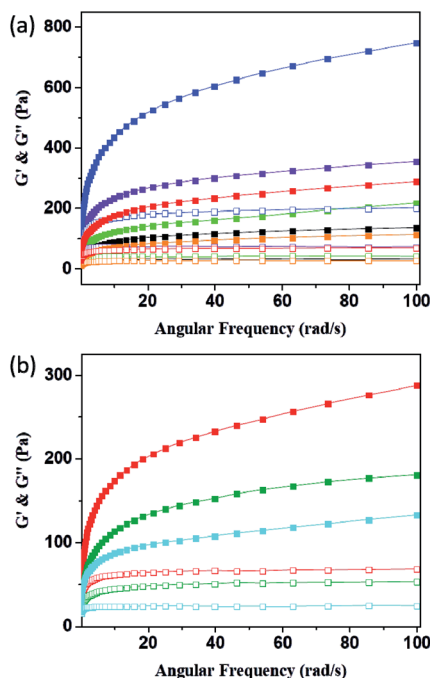


Fig. 7 Frequency dependent ($\omega = 0.1$ – 100 rad s^{-1}) of rheology measurement of (a) P1–P6 and (b) P6–P8 hydrogels (solid for G' and open for G'' ; black for P1; green for P2; violet for P3; indigo for P4; orange for P5; red for P6; olive for P7; blue for P8).

recovery of **P6** and **P7**.⁵¹ Moreover, the viscosity of the complex decreases linearly with frequency variation owing to shear-thinning.⁵² To determine the self-healing efficiency of **P6** and **P7**, we achieved the rheological recovery tests. Fig. 9a and b depicted the strain amplitude sweep of **P6** and **P7** hydrogels, the G' and the G'' curves intersect at the strain of 2900% and 1900%, respectively, indicating that the critical point of transition between solid and fluid state was larger in **P6** than in **P7** gel. In addition, we assessed the self-recovering of hydrogels by alternate-step strain measurement (Fig. 9c and d). Since a strain deformation of 10% was within the linear viscoelastic range in

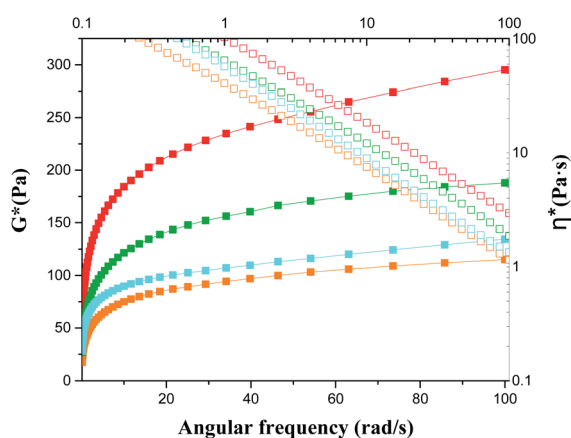


Fig. 8 Frequency dependent of G^* and η^* of P5–P8 (solid for G^* ; open for η^* ; orange for P5; red for P6; olive for P7; blue for P8).

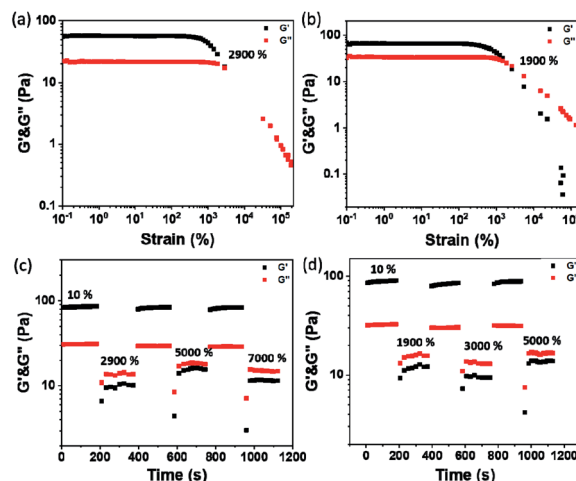


Fig. 9 Strain dependent of G' and G'' of (a) **P6** and (b) **P7**. The cyclic G' and G'' values of the (c) **P6** and (d) **P7** hydrogels at alternate-step strain sweep.

both gels, we used 10% as a low-magnitude strain to monitor the recovery of the hydrogel structure. The critical point of **P6** was 2900%, hence a high-magnitude strain (2900%) was applied to damage the **P6** hydrogel network. We observed that the G' dramatically decreases and becomes smaller than G'' under large strains (2900%, 5000%, 7000%) and the G' restores its strength value after strain changes to 10%. Similar results were obtained in **P7** hydrogel with the strain cycles (large strain up to 5000%, Fig. 9d). Moreover, the stress–strain mechanical properties of **P6** and **P7** hydrogels were also investigated. As can be seen from Fig. S3,† **P6** and **P7** exhibit high elongation-at-break beyond 10 000% strain, suggesting they are stretchable materials.⁵³ After being cut into two pieces and self-healed for 1 h, the stress–strain curves of **P6** and **P7** hydrogels were almost identical to their original counterparts. These results prove that the **P6** and **P7** hydrogels have excellent self-healing abilities, which are consistent with the observation in Fig. 3c and 4c.

3.4 Morphology investigation of hydrogels

From the macroscopic investigation of the hydrogels given in Fig. 3 and 4, it was evident that **P6** and **P7** exhibited the good self-healing performance. We therefore conducted the microscopic analysis by SEM to better understand the morphology and physical structure of the hydrogels. As can be seen from Fig. 10, the SEM image of **P6** showed the layered microstructure, illustrating the elastic properties of **P6** hydrogel. While adding the KS-6 graphite into the hybrid hydrogel, the particle-like structures appear in the network, demonstrating the content validity of the carbon black. Notably, **P7** still retain the layered morphology, in spite of the adding of 3% w/v carbon black. With increasing the amount of carbon black to 5% w/v, the poor interfacial interaction between the polymer chains (matrix) and the carbon black (filler) was observed and resulted in relatively low G' compared to that of **P7** (Fig. 7b, 10b and c). This result is consistent with the literature report that high filler content may sacrifice the mechanical properties of the composites.^{38,54,55}



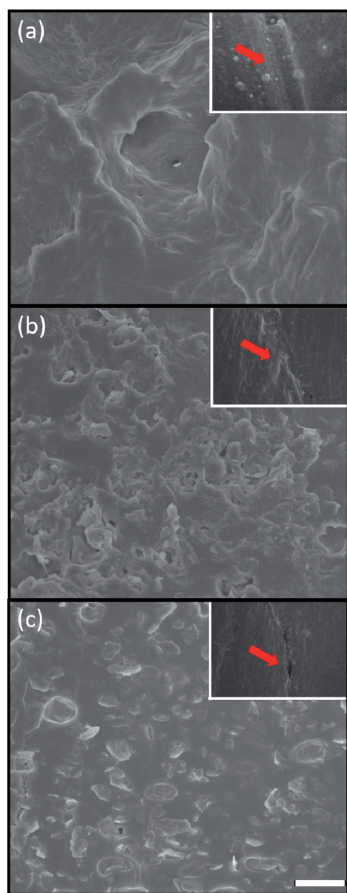


Fig. 10 SEM images of (a) P6, (b) P7 and (c) P8 hydrogels. Inset: SEM images of the scratch test of hydrogels after 1 h (red arrow: scratched region). Scale bar: 10 μm .

Furthermore, the self-healing performance of **P6–P8** hydrogels were also investigated by SEM analysis, and shown in insets of Fig. 10. From the SEM images of the scratched area of **P6** and **P7**, the cracks were sealed and healed, which suggest the high performance of self-healing ability. On the contrary, the sample of **P8** was partially healed on the scratched region, this result indicate that the conductive hydrogel of **P7** has better healing performance than **P8**. These findings are consistent with the observation of macroscopic features in Fig. 3 and 4.

3.5 Electrical properties of conductive hydrogels

Self-healing materials can improve the durability of many electronic and electrochemical devices, such as electronic skins, sensors, solar cells, energy storage devices and so on.^{56–58} For the electrical application, we measured the resistances of the **P6–P8** hydrogels (before and after self-healed), among them, **P7** showed better resistance recovery (Fig. S4†). In addition, the electrical conductivity of original and healed **P7** hydrogel is 1.52×10^{-2} and $1.47 \times 10^{-2} \text{ S cm}^{-1}$, respectively, as measured by the four-point probe measurement.⁵⁹ Since **P7** hydrogel exhibited high self-healing capability (Fig. S3, S4,† 4c, 9d and 10b inset), we further examine the **P7** hydrogel by connecting it to the light-emitting diode (LED). As displayed in Fig. 11, the LED light up

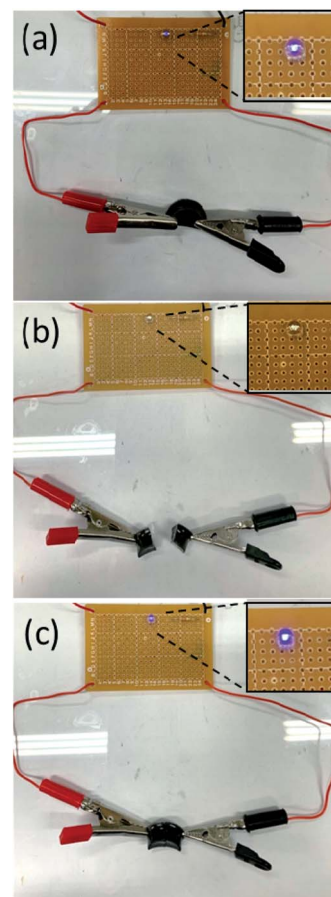


Fig. 11 Demonstration of a cutting and healing process for the **P7** hydrogel connected in a circuit with a LED lamp. (a) Original sample, (b) cut sample and (c) self-healing sample.

due to the conductive hydrogel of **P7** was used. When the **P7** gel was cut and the LED was immediately extinguished, and the LED light up again autonomously after healing the gel.

4. Conclusions

In summary, we have developed the composite hydrogels of acrylamide, polyacrylamide, DF-PEG and conductive carbon black. After optimizing the composition ratio, the resultant hydrogel of **P7** exhibited self-healing reversibility mechanically and electrically when cut and self-healed. We used the ^1H NMR and FT-IR spectroscopy to determine the self-healing mechanism of the system, thus demonstrating the cooperative effect of the dynamic covalent (Schiff base reaction) and noncovalent interactions (hydrogen bond) contributes to the self-healing capability of the gel. The rheology, scanning electron microscope and light-emitting diode circuit were carried out to examine its macroscopic and microscopic properties, making it possible to apply in soft and conformable electronics.

Conflicts of interest

There are no conflicts to declare.



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