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Development of substrates for the culture of human pluripotent stem cells

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Although human pluripotent stem cell (hPSC) lines were initially established in culture using feeder cells, the development of culture media and substrates is essential for safe, stable, high-quality, and efficient production of large numbers of cells. Many researchers are now culturing hPSCs in chemically defined media and on culture substrates without feeder cells. In this review, we first discuss the problems with Matrigel, which has long been used as a culture substrate. Then, we summarize the development of extracellular matrix proteins for hPSCs, which are now the mainstream alternative, and synthetic substrates that are expected to be the future mainstream alternative. We also highlight three-dimensional culture for suitable mass production of hPSCs.

1. Introduction

Human pluripotent stem cells (hPSCs), including human embryonic stem cells (hESCs) and human induced pluripotent stem cells (hiPSCs), have great potential for a wide range of applications in regenerative medicine and as tools for human disease modeling and drug screening.

In 1981, two groups first established embryonic stem cells derived from the inner cell mass of mouse blastocysts independently.^{1,2} In terms of humans, Thomson *et al.* succeeded in 1998,³ but it required nearly 20 years. A reason for this is the difference in the culture medium and substrate requirements between mouse embryonic stem cells and hESCs.

Mouse embryonic stem cells are easily maintained in an undifferentiated state and proliferate under feeder-free conditions by adding leukemia inhibitory factor (LIF) to the culture medium.⁴ Because of the strong differentiation inhibitory effect of LIF, there is little requirement for culture substrates, and a gelatin coating is usually sufficient. However, it is difficult to inhibit spontaneous differentiation of hESCs in culture. Therefore, it is necessary to remove differentiated cells manually. Additionally, dissociated cells have weak adhesion to the substrate. Therefore, culture methods, including the culture medium and substrate, have been developed for undifferentiated expansion of hESCs. With the development of hESC culture technology, the establishment of mouse induced pluripotent stem cell (iPSC) lines was first reported in 2006,⁵

and the establishment of human iPSC lines was reported in the following year.^{6,7}

In terms of hPSC culture media, high-quality products (capable of maintaining homogenous and undifferentiated hPSCs) are currently being developed and marketed, the price of which is expected to decrease while maintaining current performance. However, in terms of culture substrates, there has been a shift from feeder cells and Matrigel to human recombinant proteins, but synthetic substrates are not widely used. Synthetic substrates are expected to be a promising field because of their cost, homogeneity, and stable supply.

The following discussion focuses on the development of culture substrates. The development of stable chemically defined media will lead to proper evaluation of culture substrates and encourage the development of culture substrates. Therefore, we summarize the history of chemically defined medium development before the development of culture substrates. Finally, we briefly mention three-dimensional (3D) culture that is expected to be the future for mass culture of hPSCs. To understand the importance and progress of this field, we recommend reading several referenced reviews.^{8–12}

2. Development of chemically defined medium for hPSCs

Culture medium containing fetal bovine serum (FBS) was used with mouse embryonic fibroblasts (MEFs) as feeders in the early studies after establishing hESC lines. In some cases, embryonic fibroblast-derived cell lines such as STO and SNL were used as an alternative to MEFs. Because of batch variations in FBS, it was necessary to periodically validate a suitable batch for stable culture. Additionally, such culture

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systems contain non-human (xeno) cells and proteins, which are unsuitable for clinical applications in regenerative medicine, requiring the development of both culture media and substrates.

In 2001, the first hESC culture method without feeder cells was reported.¹³ This study used Matrigel as a culture substrate instead of feeder cells in combination with conditioned medium from MEFs (MEF-CM). In 2004, Amit *et al.* reported a new culture method using serum-free medium with KnockOut Serum Replacement (KSR) (Thermo Fisher Scientific) instead of FBS on MEFs.¹⁴ KSR contains animal components, but has less batch variation than FBS. Additionally, the study described the development of a feeder-free culture system using fibronectin as a culture substrate instead of MEFs and the addition of basic fibroblast growth factor (bFGF), transforming growth factor β (TGF β), and LIF to medium containing KSR. At approximately the same time, the effects of cytokines on hESC self-renewal began to be elucidated.^{15–18} The cytokine with the most common effect was bFGF with nodal/activin/TGF β being the second most common.

Based on these findings, non-commercial and commercially available chemically defined media for hPSCs have been reported.^{19–27} However, some of these media are reportedly difficult to reproduce. To address this issue, the world's leading research teams in hESC research, the International Stem Cell Initiative Consortium, evaluated eight representative chemically defined culture media. They found that only two media, mTeSR1 (STEMCELL Technologies) and StemPro (Thermo Fisher Scientific), could maintain many cell lines in an undifferentiated state for ten passages.²⁸ As a result, reliable synthetic culture media were identified, allowing the efficient development of culture substrates.

In 2012, Chen *et al.* re-evaluated media components and reported E8 medium, which does not contain a serum albumin component.²⁹ Indeed, E8 medium consists of only eight components: Dulbecco's modified Eagle's medium/F12, L-ascorbic acid, selenium, transferrin, NaHCO₃, insulin, bFGF, and TGF β . This medium was later marketed as Essential 8 (Thermo Fisher Scientific) and TeSR-E8 (STEMCELL Technologies), which have been adopted by many researchers.

Many chemically defined media are currently available, providing options to best suit specific research needs. Although CTS-Grade Xeno-Free KSR is currently available, most researchers culture cells in chemically defined media under feeder-free conditions. Table 1 lists the media we routinely use in our laboratory with stable results. At present, we are using improved products Essential 8 Flex and CTS Essential 8 (Thermo Fisher Scientific).

Watanabe *et al.* found that the ROCK inhibitor Y-27632 suppresses apoptosis of dissociated hESCs and permits cell survival.³⁰ This effect allows seeded cells to adhere to the culture substrate during passaging and promotes the formation of hESC clusters in suspension culture. The effects of Y-27632 are transient and often insufficient at low cell-seeding densities. Furthermore, long-term exposure to Y-27632 reportedly alters the metabolism of hPSCs,³¹ suggesting that Y-27632 should be

Table 1 Commercially available chemically defined media for hPSC culture

Media	Vendor catalog	No.
mTeSR1 (cGMP)	STEMCELL Technologies	85850
mTeSR Plus (cGMP)	STEMCELL Technologies	100-0276
TeSR-E8	STEMCELL Technologies	05990
TeSR-AOF	STEMCELL Technologies	100-0401
StemFlex medium	Thermo Fisher Scientific	A3349401
Essential 8 flex medium	Thermo Fisher Scientific	A2858501
CTS essential 8 medium	Thermo Fisher Scientific	A2656101
StemFit AK02N	Ajinomoto	AK02N
StemFit AK03N	Ajinomoto	AK03N

handled with care to proceed with precision bioprocesses using hPSCs.

Because chemically defined culture media are now the mainstream for scientists, we excluded reports using MEF-CM and other similar media despite their recent publications, because MEF-CM contains adhesion factors and ECM portions that are necessary for cell adhesion.

3. Matrigel use and problems

As described above, the first feeder-free culture system for undifferentiated hESCs was reported in 2001, which used Matrigel (Corning) with MEF-CM.¹³ Matrigel and similar commercial products named Geltrex (Thermo Fisher Scientific) and Cultrex BME (R&D Systems) are extracts of the Engelbreth-Holm-Swarm sarcoma cell line. We collectively refer to them as Matrigel hereafter.

Matrigel is thawed at 4 °C and undergoes gelation at 22–37 °C for 30 min. The resulting gel does not readily re-dissolve on cooling. Due to its inherent bioactivity, Matrigel has been used for various applications for different cell types.^{32–34} As a thin gel coating, Matrigel has been used to culture and expand various cells, including hPSCs. Thicker Matrigel coatings allow 3D organizational structures, including organoids.

Matrigel has long been the gold standard culture substrate for hPSCs because it is less expensive than laminin, vitronectin, and other culture substrates. Moreover, many researchers have confirmed its reproducibility. Because Matrigel has been widely used for cells other than hPSCs, it is expected that the conversion of hPSCs from undifferentiated growth to induced differentiation occurs rapidly.

However, Matrigel is subject to batch variations that can cause problems for data reproducibility. Although hESC-qualified Matrigel is now available, its performance still needs to be confirmed before use in culture protocols.

A significant reason is that Matrigel is a crude extract consisting of laminin (~60%), collagen IV (~30%), entactin (~8%), and heparin sulfate proteoglycan perlecan (~2%–3%).³⁵ Further detailed results from LC-MS analysis showed that Matrigel contains more than 14 000 unique peptides and 1850 unique proteins.³⁶ Many of these have been identified as constitutive proteins, but include growth factors.^{36–38} As a result,



$\alpha 6\beta 1$ has the strongest affinity for laminin-511/521 and specific affinities for laminin-332 and -111.⁴⁵ Finally, we showed that hPSCs adhere to all these laminin isoforms, which sustains their survival.⁴²

4.2 Laminins

Laminins are the main component of the ECM in basement membranes, which are heterotrimeric glycoproteins composed of three covalently linked chains termed α , β , and γ .⁴⁶ To date, 15 laminins have been identified, of which two isoforms, laminin-511/521, are popularly used for hPSC culture.^{42,43,47,48} Laminin-511/521 have a more robust adhesion activity for hPSCs than Matrigel and vitronectin, and confer a higher cell survival rate during passaging.

We examined the expression of laminin subunits in hESCs cultured on MEF feeders by immunostaining.⁴² hESCs were stained with antibodies against individual laminin subunits. We only found immunofluorescence signals for $\alpha 5$, $\beta 1$, $\beta 2$, and $\gamma 1$ chains around cell peripheries (Fig. 1d). These results were confirmed by qPCR (Fig. 1e). Among the five α -subunit chains, $\alpha 5$ was abundantly expressed in all three hESC lines. Among the three β -subunits, $\beta 1$ and $\beta 2$ were highly expressed in all hESC lines examined at similar levels. Among the three γ -subunits, $\gamma 1$ was highly expressed in all three hESC lines. These results indicate that hESCs predominantly produce laminin-511/-521 that has high affinity for integrin $\alpha 6\beta 1$. This suggests that hPSCs themselves may actively produce laminins to adhere to the substrate.

Because of its superior performance, laminin-521 is currently more commonly used for culture of hPSCs. In 2014, Rodin *et al.* reported interesting differences between hPSCs cultured on laminin-521 and -511.⁴⁸ Although they found little difference in cell–cell adhesion between the two laminins, cell viability 24 hours after seeding was higher for laminin-521. They speculated that the higher cell motility of laminin-521 resulted in higher cell viability. After seeding, adherent cells more rapidly formed colonies on laminin-521 than other culture substrates, resulting in higher cell viability and better subsequent proliferation.

Recombinant E8 fragments of laminin isoforms (LM-E8s) (Fig. 1f) are the minimum fragments that confer integrin-binding activity at the same level as intact laminin.^{43,49} Intact laminin is a multifunctional molecule that binds to basement membrane molecules such as nidogen and heparan sulfate proteoglycans. Conversely, LM-E8s contain only the integrin-binding site. Therefore, LM-E8s are recombinant proteins specialized for cell adhesion. Interestingly, LM-E8s have a more robust cell adhesion activity than Matrigel, vitronectin, and even intact laminin, allowing efficient expansion culture of cells at the single cell level without using Y-27632 and with a >200-fold increase in the number of hPSCs compared with that obtained by conventional culture over 1 month.⁴³ These hPSCs maintained high-level expression of pluripotency markers, had a normal karyotype, and could differentiate into all three germ layers in culture and *in vivo*. Furthermore, we found that the solid adhesive activity of LM-E8s accelerated

cell adhesion by simple addition to the culture medium while passaging without precoating culture vessels, which is usually required.⁵⁰ LM-E8s for hPSC culture are available as iMatrix-511 (Matrixome/Nippi, Japan).

Furthermore, several groups recently reported the successful establishment of hESC lines for clinical use using laminin without support cells.^{51–54} These cell lines are manufactured in current good manufacturing practice-grade facilities and expected to be used in future clinical trials.

4.3 Vitronectin

Vitronectin is 75 kDa glycoprotein in serum and the ECM.⁵⁵ The N-terminal of vitronectin contains an RGD sequence that interacts with integrins $\alpha V\beta 5$ and $\alpha 5\beta 1$ involved in cell attachment, spreading, and migration. Braam *et al.* showed that recombinant vitronectin supports hESC self-renewal *via* $\alpha V\beta 5$ integrin in chemically defined medium.⁵⁶ Furthermore, truncated vitronectin (VTN-N), which omits the N-terminal somatomedin B domain, has been used with Essential 8 serum-free defined medium (Thermo Fisher Scientific or Stem Cell Technologies).²⁹ VTN-N markedly enhances the proliferation and adherence of hPSCs compared with wildtype vitronectin, even in Essential 8 medium.

Vitronectin is not significantly larger than laminin-511/521 that is approximately 750 kDa. Recombinant laminin requires production in human cell lines, whereas recombinant vitronectin can be produced in other expression systems such as *E. coli*. Therefore, purified recombinant vitronectin can be produced at a relatively low cost. Whether vitronectin has a comparable adhesion ability for hPSCs with Matrigel depends on the cell line.⁴³ However, adding Y-27632 to the culture medium during passaging for one to several days improves hPSC adhesion to vitronectin.

4.4 E-cadherin

E-cadherin is a transmembrane glycoprotein involved in Ca^{2+} -dependent cell–cell adhesion.⁵⁷ In hPSCs, E-cadherin has a role in cell–cell adhesion, survival, self-renewal, and pluripotency.^{58,59} E-cadherin-Fc-chimeric protein as a culture substrate supports hESC self-renewal in mTeSR1 medium.⁶⁰ However, this culture method has an acute problem in terms of detachment conditions during cell passaging. Without Ca^{2+} , enzymes such as trypsin reduce cell surface expression of E-cadherin in hESCs and decrease cell viability. Thus, during passaging, cells should be treated with a mild, enzyme-free detachment solution for an optimal time. Additionally, E-cadherin-Fc-chimera protein with laminin-521 allows clonal derivation, clonal survival, and long-term self-renewal of hPSCs under completely chemically defined conditions without a ROCK inhibitor.⁴⁸

5 Synthetic substrates

Synthetic substrates are superior to natural substrates in terms of product homogeneity and stable supply. Additionally, most



natural substrates are recombinant proteins that tend to have high manufacturing costs. Therefore, developing synthetic substrates suitable for hPSC culture is essential for the practical application of regenerative medicine. Synthetic substrates are divided into two main types by their characteristics: (1) synthetic substrates loaded with oligopeptides with cell adhesion properties, and (2) synthetic substrates with cell-adhesive properties. Some studies have used recombinant proteins instead of synthetic peptides, but we have omitted them in this review because of their production cost. Synthemax, the most commonly used synthetic substrate for hPSC culture, is described first.

5.1 Synthemax

A synthetic peptide-acrylate surface can be constructed by conjugating peptides derived from the biologically active region of extracellular matrix proteins, which supports the self-renewal and pluripotency of hESCs in xeno-free chemically defined medium X-VIVO 10 (Lonza).⁶¹ This study tested acrylate surfaces with bound peptides from laminin, bone sialoprotein (BSP), BSP-linker, vitronectin, and two types of fibronectin. A synthetic peptide-acrylate surface with vitronectin or BSP-derived peptides had the best functionality. Corning incorporated marketed the culture vessel as Synthemax Surface with RGD peptide containing a sequence from vitronectin. Additionally, Synthemax Surface supports undifferentiated growth of hiPSCs in mTeSR1 medium.⁶² We demonstrated that Synthemax Surface supports efficient expansion of hPSCs by both colony and single cell passaging in the undifferentiated state. In this study, we succeeded in culturing the cells using chemically defined and xeno-free culture media mTeSR1, TeSR2, NutriStem XF (Stemgent/ReproCELL and Biological Industries), and PSGro (StemRD).⁶³ Additionally, Synthemax Surface has successfully induced differentiation of hPSCs into various cell types such as cardiomyocytes,⁶¹ definitive endodermal cells,⁶² retinal cells,⁶⁴ oligodendrocyte progenitor cells,⁶⁵

and insulin-producing cells.⁶⁶ However, spontaneous differentiation of hPSCs is reportedly more likely to emerge with Synthemax than other culture substrates;^{67,68} accordingly, sufficient consideration should be given to its versatility in terms of hPSC lines, culture media, and other culture conditions when using Synthemax.

Currently, Synthemax Surface culture vessels are no longer manufactured and Synthemax II SC Substrate (Corning), a self-coating product, is available as an alternative. We have compared the two products and confirmed that they have comparable performance.

5.2. Synthetic substrates loaded with oligopeptides with cell-adhesive properties

We have summarized synthetic substrate-coated surfaces for hPSC culture in Table 2.

Klim *et al.* screened >500 unique surfaces based on 18 bio-active peptides. The heparin-binding peptide from vitronectin, GKKQRFHRNRK, which interacts with glycosaminoglycans, supported the self-renewal of several hPSC lines for 3 months.⁶⁹ This study used mTeSR1 medium supplemented with 10 μ M ROCK inhibitor Y-27632. In 2013, Deng *et al.* tethered a vitronectin-derived peptide (Ac-KGGPQVTRGDVFTMP) onto a poly(OEGMA-co-HEMA) film on Au-coated glass and cultured hPSCs for ten passages in mTeSR1 medium.⁷⁰ In 2015, Higuchi *et al.* grafted a vitronectin oligopeptide (KGGPQVTRGDVFTMP) onto a polyvinyl alcohol-co-itaconic acid hydrogel.⁶⁷ They reported maintaining hPSC cultures on the hydrogel in mTeSR1 and Essential 8 media. Park *et al.* studied the effect of immobilizing two vitronectin peptides on polydopamine, VN1 (CGGPQVTRGDVFTMP)⁶¹ and VN2 (CGGKKQRFHRNRK).⁶⁹ Dimer formation *via* disulfide bonds of the VN2 peptide enables long-term culture of hPSCs in the undifferentiated state in mTeSR1, StemPro, and Essential 8 media, thus, VN2 facilitates better hPSC attachment than VN1.⁷¹ Interestingly, VN2 becomes near 100%

Table 2 Lists of synthetic substrate-coating surfaces used for hPSC culture

Synthetic coatings	Protein derivation	Peptide sequences	Medium	Ref.
Acrylate polymer	VN	Ac-KGGPQVTRGDVFTMP	X-VIVO10 + GF medium, mTeSR1, TeSR2, NutriStem, PSGro	61–63
Acrylate polymer	BSP	Ac-KGGNGEPRGDTYRAY	X-VIVO10 + GF medium	61
Streptavidin/biotin system alkanethiol	Heparin-binding peptides (VN)	GKKQRFHRNRK	mTeSR1 + Y-27632	69
Polyacrylamide hydrogels	VN	GKKQRFHRNRK	mTeSR1 + Y-27632	83
Poly(OEGMA-co-HEMA)	VN	Ac-KGGPQVTRGDVFTMP	mTeSR1	70
Polyvinyl alcohol-coitaconic acid hydrogels (PVA-IA)	VN	KGGPQVTRGDVFTMP	mTeSR1, Essential 8	67 and 68
Polydopamine (pDA)	VN	CGGKKQRFHRNRK	mTeSR1, StemPro, Essential 8	71
Polydopamine-carboxymethyl chitosan (CMC)	VN	Ac-KGGPQVTRGDVFTMP	mTeSR1	72
Polydopamine-carboxymethyl chitosan	VN, BSP	Ac-KGGPQVTRGDTYRAY	mTeSR1	73
Poly(acrylamide-co-propargyl acrylamide) (PAPA)		cRGDfK	Essential 8	74
Poly(vinyl alcohol-co-itaconic acid)-polyethylene glycol (PVI-PEG)	VN	GCGGKGGPQVTRGDVFTMP	Essential 8	75
“Polyvinyl alcohol-coitaconic acid hydrogels (PVA-IA)”	LN (b4)	PMQKMRGDVFSP	Essential 8	76



dimerized with polydopamine, whereas VN1 remains a monomer. Chen *et al.* reported a similar effect using a dual-chain version of another vitronectin oligopeptide.⁶⁸ In 2016, Zhou *et al.* reported that a polydopamine-based surface with an immobilized vitronectin peptide (Ac-KGGPQVTRGDVFTMP) through EDC/NHS coupling technology supports hPSC self-renewal in mTeSR1 medium.⁷² They further investigated the ability of peptide sequences to sustain hPSC survival by modifying the surrounding region of the RGD sequence. They found that the Ac-KGGPQVTRGDYRAY sequence better supports hPSC self-renewal than the original vitronectin peptide.⁷³ In 2018, Lambshead *et al.* prepared a poly(acrylamide-*co*-propargyl acrylamide) coating on culture plates through high-intensity UV light irradiation and then conjugated cRGDFK peptide, which supported long-term self-renewal of hPSCs in Essential 8 medium.⁷⁴ Interestingly, Klim *et al.* had previously reported that RGDFK is unsuitable for hPSC culture.⁶⁹ The major difference between the two studies is the method of synthetic coating. Vitronectin-based peptide sequences are most used in this field, but may need to be re-examined in combination with synthetic coating and peptide sequences. More recently, poly(vinyl alcohol-*co*-itaconic acid) hydrogels were used as a base cell culture surface onto which vitronectin-derived peptides were grafted with PEG joint nanosegments. This device reduced the amount of vitronectin-derived peptides required to maintain undifferentiated hPSCs from 200 $\mu\text{g ml}^{-1}$ to 50 $\mu\text{g ml}^{-1}$.⁷⁵ Thus, most synthetic substrates use vitronectin-derived peptides. In addition, Sung *et al.* used a peptide sequence (PMQKMRGDVFP) derived from laminin-b4 to successfully culture hPSCs in Essential 8 medium for more than ten passages.⁷⁶

5.3 Synthetic substrates with cell-adhesive properties

The cost of peptide synthesis, the stability of the biomolecule-attached substrate, and the difficulty in scaling up during production are all considered in practical applications of hPSCs. Therefore, the establishment of a pure synthetic surface on which the culture substrate itself yields a cell-adhesive activity for chemically defined and xeno-free culture of hPSCs is also expected. However, there have been only a few recent publications on this approach.

In 2010, Villa-Diaz *et al.* first reported that this type of synthetic polymer coating, which maintained long-term growth of hESCs in various culture media, was poly[2-(methacryloyloxy)ethyl dimethyl-(3-sulfopropyl)ammonium hydroxide].⁷⁷ They also found variability in the response of cell lines to MEF-CM, human cell-CM, and StemPro. In StemPro medium, long-term culture of undifferentiated cells was only successful for H9 hESCs. Thus, further improvements in media or synthetic substrates are needed for versatility. Mei *et al.* prepared a poly(2-hydroxyethyl methacrylate) coating to 22 kinds of acrylate monomers and performed high-throughput screening. These surfaces with different crosslinking densities showed diverse hydrophobicity and hydrophilicity. After incubation with human serum, the "Hit 9" polymer allowed hPSC culture in an undifferentiated state in mTeSR1 medium.⁷⁸ Brafman *et al.*

used a high-throughput screening approach to identify polymers that support hPSC self-renewal.⁷⁹ They first selected approximately 90 polymers varying in chemical composition and molecular weight. Then, they found that poly(methyl vinyl ether-*alt*-maleic anhydride) was most capable of supporting long-term maintenance of hPSCs in StemPro medium. In 2011, Irwin *et al.* prepared a synthetic polymer hydrogel of aminopropyl methacrylamide (APMAAm), which supported undifferentiated growth of hESCs in mTeSR1 medium.⁸⁰ Interestingly, they found that bovine serum albumin in mTeSR1 medium played a crucial role in hESC attachment to the APMAAm hydrogel interface. In 2013, Chang *et al.* reported the potential of synthetic hydrogels containing heparin-mimicking and sodium poly(4-vinylbenzenesulfonate) moieties to support hPSC self-renewal in StemPro medium.⁸¹ A synthetic matrix was developed by copolymerizing polyacrylamide and sodium poly(4-vinylbenzenesulfonate) at a molar ratio of 6 : 2.

At present, few suitable synthetic substrates for hPSCs have been reported. However, future approaches based on molecular mechanisms of hPSC adhesion to the culture substrate may necessitate studies of synthetic materials.

5.4 Stem cell niche between synthetic substrates and hPSCs

It is crucial to consider the microenvironment called the niche surrounding hPSCs and culture substrates rather than just the simple binding of hPSCs to substrates.

Matrigel has been widely used for feeder-free culture of hPSCs, and its main component is laminin, an isoform of which is laminin-111. However, we previously showed that the recombinant laminin-111 isoform has much weaker adhesion to hESCs than Matrigel or laminin-511/332.⁴² The reason for this has not been clearly explained. However, it has been suggested that Matrigel contains many network-forming proteins that allow stem cells to adhere to their substrates and efficiently adsorb secreted molecules from hPSCs and medium components, thereby altering the microenvironment to be more suitable for stem cell self-renewal.⁸²

Several studies have reported that optimal stiffness maintains an undifferentiated state of hPSCs. In 2012, Musah *et al.* synthesized a polyacrylamide hydrogel with various elastic moduli (0.7, 3, and 10 kPa) and grafted the glycosaminoglycan-binding peptide GKKQRFHRNRKRG.⁶⁹ They found that a rigid substrate of 10 kPa supported long-term self-renewal of hPSC lines in mTeSR1 medium.⁸³ In 2015, Higuchi *et al.* prepared polyvinyl alcohol-*co*-itaconic acid hydrogels of varying elasticities, which were grafted with a vitronectin-derived oligopeptide (KGGPQVTRGDVFTMP).⁶⁷ A hydrogel with optimal elasticity of 25 kPa and grafted with high concentrations (500–1500 $\mu\text{g ml}^{-1}$) of the vitronectin-derived peptide maintained hPSC cultures at similar efficiency to Matrigel under xeno-free conditions. Conversely, hPSCs cultured on the stiffest substrate (30.4 kPa) tended to differentiate after 5 days of culture. In 2020, Paiva *et al.* fabricated polyacrylamide soft substrates with moduli of 3, 12, and 25 kPa. VTN-N protein was covalently crosslinked to culture hPSCs in



mTeSR1 medium.⁸⁴ They found that hPSCs lost pluripotency below 25 kPa, whereas the cells maintained self-renewal with proliferation above 25 kPa.

It is well known that surface wettability affects the composition, orientation, and conformation of the protein layer on the substrate surface and has important implications in stem cell behavior. Although it is generally believed that hydrophilic surfaces are conducive for cell adhesion, little research has focused on wettability. One report examined biomaterials and hydrophilicity in culture dishes to cultivate hPSCs.⁷⁸

6. Three-dimensional culture of hPSCs

A large number of cells are required to advance clinical applications in regenerative medicine.⁸⁵ For example, cell therapies for myocardial infarction and type 1 diabetes require more than 1×10^9 cardiomyocytes or β cells, respectively. Additionally, producing many cells in a single manufacturing process is advantageous in terms of cost and quality control. In 2017, Tohyama *et al.* reported the efficient differentiation of more than 1.5×10^9 cardiomyocytes from hPSCs using a large-scale 2D culture.⁸⁶ However, such hPSC manufacturing methods are labor-intensive, significantly limiting process scalability and potentially causing unexpected batch-to-batch variations. Therefore, development of automated 3D culture using bioreactors is essential to bring cell viability, homogeneity, and differentiation efficiency in line with industrialization.

6.1 Modalities of hPSC 3D culture

There are three primary 3D culture methods:⁸⁵ hPSC aggregate culture, microcarrier-based culture, and microencapsulation-based culture. The advantages and disadvantages of each 3D cell culture modality for hPSC expansion are summarized in Table 3. Importantly, the use of bioreactors makes the scale-up

of any 3D culture method much easier than 2D culture methods.

Microcarrier and microencapsulation culture methods, which differ from cell-aggregate methods, require materials other than hPSCs. Therefore, the cost of materials is higher and a separation step from the material may be required to recover hPSCs. For example, microcarrier-based methods require microcarrier beads and materials to coat the beads, such as laminin-521,⁸⁷ vitronectin,^{88,89} or synthetic peptides (Ac-KGGPQVTRGDVFTMP) derived from vitronectin.⁹⁰

Several solutions have recently been proposed for the separation of hPSCs from these materials, including dissolvable microcarriers⁹¹ and temperature-sensitive hydrogels.⁹² In 2021, Fattahi *et al.* reported an alternative approach using a microencapsulation-based method. Briefly, hPSCs were expanded in microcapsules and induced to differentiate directly into pancreatic β cells.⁹³ An isolation step is unnecessary because these microcapsules can be directly utilized for therapy and drug evaluation.

Here, we focus on the simplest 3D culture method to produce hPSCs as aggregates without specialized devices such as coated substrates or microcarriers. In such aggregate culture, hPSCs are cultured and grown in an undifferentiated state under optimized culture conditions.^{94–101}

6.2 Aggregate culture

Significant challenges have been found for 3D aggregate culture that are not present in 2D cultures, such as reduced cell viability due to agitation-induced shear stress, surface foaming,⁹⁵ and aggregation and sedimentation of cell clusters.^{98,101} In 3D cultures, large aggregates are easily formed by fusion of cell aggregates. The size of aggregates becomes uncontrollable, resulting in their failure to disperse uniformly in the medium and spontaneous differentiation within the aggregates. Additionally, nutrients and oxygen are not adequately supplied in large aggregates, and necrosis is often seen in the core of aggregates.^{102,103} A proposed solution

Table 3 Advantages and disadvantages of different culture systems for hPSC expansion

Culture methods	Advantages	Disadvantages
2D culture	Easy visualization/monitoring Suitable for small- to mid-scale Increased cell growth efficiency	Labor-intensive High variability Limited scalability Difficult automation
Aggregates	Scalable Easy handling High reproducibility High differentiation efficiency Less expensive	Limited control of aggregate size Cell damage due to physical forces Agglomeration of aggregates Low viability of reaggregated cells
Microcarriers	Scalable Easy visualization/monitoring Unlimited mass and gas diffusion High reproducibility	High material cost (microcarrier) Cell-bead separation step required Cell damage due to physical forces Controlling microcarrier (agglomeration/clumping)
Microencapsulation	Scalable Protection from physical forces High reproducibility	High material cost (encapsulation) Limited diffusion in aggregate core Difficult to monitor cultures Limited mass and gas diffusion Cell harvesting (decapsulation)



is to reduce the shear stress associated with bubbling at the air-medium interface by adding an anti-foaming agent such as Pluronic.⁹⁵ Krawetz *et al.* used another approach with frequent passaging as single cells to reduce aggregation growth with a ROCK inhibitor in the culture medium.⁹⁶

6.3 Aggregate culture using gellan gum

We have developed a new culture system in which cells are not damaged by agitation by adding a polymer, low-acyl gellan gum (GG), to the culture medium to suppress sedimentation of aggregates and by culturing the cells in a gas-permeable membrane.¹⁰⁴ Fig. 2a and b show that GG consists of a linear anionic tetrasaccharide repeating unit, forming double helical structures that assemble into firm and brittle aqueous gels in the presence of cationic ions.¹⁰⁵ Most polymers such as methylcellulose have elevated viscosity and difficulty in handling at high concentrations. Nevertheless, they cannot completely inhibit sedimentation (Fig. 2c, lower panel). In contrast, adding GG does not increase apparent viscosity, but completely inhibits bead sedimentation at low concentrations (*i.e.*, approximately 0.02%; Fig. 2c, upper panel). In such a medium, polystyrene beads remain in suspension without the

need for agitation (Fig. 2d). To demonstrate the capability of scaling up our novel 3D sphere culture system, we tested 200 ml culture bags made of a gas-permeable membrane. KhES-1 hESC spheres were subcultured at 1.32×10^7 cells per bag, which increased by more than 10-fold on day 5, yielding 1.43×10^8 cells per bag from three independent experiments (Fig. 2e and f).

Furthermore, most researchers have focused on the initial process of 3D culture, *i.e.*, the transition from 2D to 3D culture, and have not significantly examined passaging methods in 3D culture. Treatment with enzymes, such as accutase and TrypLE Select, dissociate hPSC colonies into single cells or small aggregates for subculture. They induce considerable hPSC loss because of the sensitivity of these cells to physical stresses and single cell dissociation.

We have proposed a solution to the difficulty of passaging in 3D culture.¹⁰⁴ We developed a mechanical subculture method in which the cell aggregates are filtered through a 50 μm nylon mesh. These treatments are simple and cost effective with improved hPSC survival. After passaging, these meshes produce spheres with a diameter of approximately 80 μm , which expand into larger spheres of 220–250 μm in 4–5

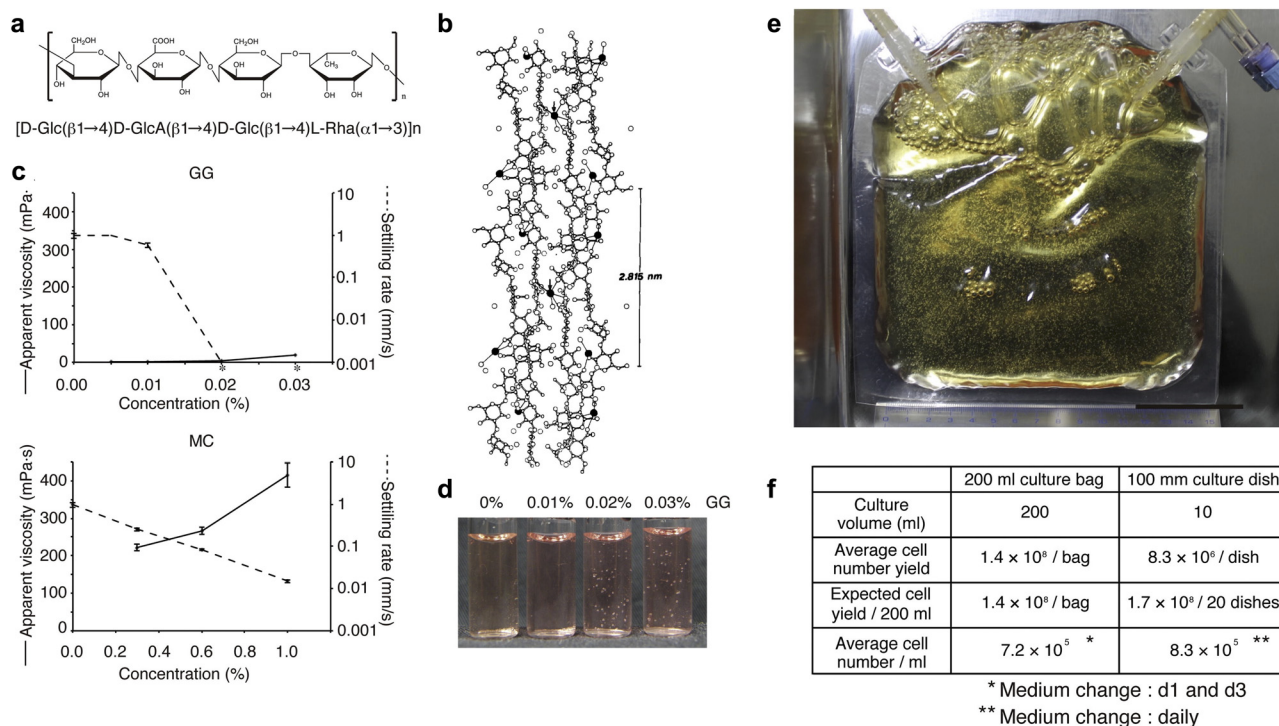


Fig. 2 Characterizations of low-acyl gellan gum (GG) polymer and validation of 3D hPSC sphere culture using GG. (a) Chemical structure of the repeat unit of low-acyl gellan gum (GG). (b) Stereo view of GG. Two adjacent upward and downward-pointing GG double helices are crosslinked at the arrows by calcium ions (filled circles). (c) Apparent viscosities and settling rates of GG and methylcellulose (MC). The average and SD from three experiments are shown ($n = 3$). Asterisks indicate no settling. For both GG and MC, the settling ability of beads decreases with increasing concentration (until the beads float). However, the viscosity of the solution increases with increasing concentration for MC, while the viscosity remains almost the same for GG. (d) Settled or suspended polystyrene beads in the culture medium under various concentrations of GG. At GG above 0.02%, polystyrene beads do not require dynamic agitation and remain suspended. (e and f) Validation of 3D hPSC sphere culture using GG. (e) Trial for large-scale sphere culture using 200 ml gas-permeable membrane bags. The scale bar represents 5 cm. (f) Comparison of cell yield calculated from the average cell number obtained in 3D sphere or adherent culture using the KhES-1 cell line. [(b) Reproduced with permission.¹⁰⁵ Copyright 1990, Elsevier; others reproduced with permission.¹⁰⁴ Copyright 2014, Cell Press.]



days, depending on the cell line. In 2017, Abecasis *et al.* applied these treatments to hPSCs, resulting in a better cell growth rate with a 70 μm nylon mesh than a 40 μm mesh.¹⁰⁶

The mesh size may need to be changed depending on the 3D culture system. This protocol for aggregate dissociation and passaging is notably less laborious and time consuming than enzymatic or chemical dissociation protocols by avoiding additional incubation times and washing steps that ultimately compromise cell recovery yields.

6.4 Other materials improving aggregate culture

Dextran sulfate (DS), a type of mucopolysaccharide, effectively controls the aggregation of hPSCs in 3D culture to enable the formation of colonies with a relatively uniform size.^{107,108} DS suppresses expression of ICAM1 and activates the Wnt signaling pathway, resulting in downregulated expression of E-cadherin to prevent excessive colony aggregation.¹⁰⁹ Furthermore, a combination of DS and polyvinyl alcohol reportedly promotes hPSC proliferation in 3D culture while inhibiting colony aggregation.¹¹⁰

Chen *et al.* reported a simple and non-destructive method for 3D culture of hESCs using the vitronectin-modified thermoresponsive polymer poly(*N*-isopropylacrylamide).¹¹¹ At 37 °C, thermoresponsive polymer worms are promoted to bridge hESCs, aiding in the natural ability of hESCs to form aggregates. However, at 25 °C, the polymer worms facilitate aggregate breakdown. The thermoresponsive nature of the worms enables cyclical dissociation and propagation of hPSCs. In addition, alternative and cheaper culture substrates, such as recombinant fibronectin fragments¹¹² and hyaluronic acid, are being considered because of the high cost of reported substrates.^{113,114}

7. Conclusions and perspectives

The development of ECM proteins including their fragments is relatively mature. Laminin is the most versatile. In particular, we recommend LM-E8s that provide better adhesion than other culture substrates, and they can be used without pre-coating culture vessels. Laminin-521 often performs optimally to provide a cell adhesion substrate for hPSCs. Vitronectin is less versatile than laminin with varying adhesiveness among cell lines, but in some cases, it provides more stable results than other ECM proteins.

Synthemax is the only synthetic substrate commercially marketed and evaluated by users. However, Synthemax is still expensive and tends to induce spontaneous differentiation more often than coated ECM proteins,^{55,67} suggesting the need for further development. Some synthetic substrates do not facilitate adequate adhesion of hPSCs, and other improvements are needed. For example, it is possible to improve the cell adhesion to substrates by increasing the adhesion area of cells and substrates, such as by making the surface of the culture vessel convex or concave. Additionally, cell dissociation solutions that are milder for hPSCs than conventional cell dissociation solutions

have been developed, such as L7 hPSC Passing Solution (Lonza) and ReLeSR (STEMCELL Technologies), which may promote cell adhesion to the culture substrate.

Conversely, if cell-substrate adhesion is too strong, thermo-responsive, chemically defined hydrogels¹¹⁵ can be used. Such hydrogels permit gentle, reagent-free cell passaging under transient modulation of the ambient temperature from 37 °C to 15 °C for 30 min.

Appropriate culture substrates for undifferentiated proliferation and induced differentiation of hPSCs might differ. Nevertheless, culture substrates that can be used for both proliferation and differentiation^{116,117} may produce the necessary differentiated cells most efficiently. In many cases, the goal is not to grow hPSCs *per se* but to efficiently produce differentiated cells that meet the objective. Therefore, a culture substrate that allows this process to be performed simultaneously on a single culture substrate is an approach that is only possible with synthetic substrates.

Although many issues remain to be solved for 3D culture of hPSCs compared with 2D culture, it is suitable for mass culture and expected to produce many differentiated cells and tissues. These differentiation products may be useful for clinical applications in regenerative medicine and are expected to come in various forms for transplantation, including cell suspensions, cell-seeded scaffolds, cell sheets, or mixtures in combination with devices.¹²

Differentiated tissues derived from hPSCs would be useful for pharmacological and toxicological evaluations. In recent years, there has been a worldwide movement to minimize animal testing in drug discovery and evaluation. For example, in the United States, the Environmental Protection Agency Administrator announced a policy in 2019 to eliminate animal testing of mammals as much as possible by 2035.¹¹⁸ hPSC-derived organoids have a structure and function similar to human biological tissue and are expected to replace animal testing in drug evaluation.¹¹⁹ In addition, models using patients' hiPSCs will enable the discovery and evaluation of new drugs, which was not possible in the past.

In conclusion, although the development of culture substrates has helped realize the potential of hPSCs, further innovation is expected for the industrialization of hPSCs.

Conflicts of interest

The authors declare no conflict of interest in this manuscript.

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