



Cite this: *Nanoscale*, 2023, **15**, 14140

# Lateral surface passivation of CdSe nanoplatelets through crown management†

 Huan Liu,<sup>a,b</sup> Peixian Chen,<sup>c</sup> Xuanyu Zhang,<sup>b</sup> Xiongbai Wang,<sup>b</sup> Tingchao He \*<sup>c</sup> and Rui Chen \*<sup>b</sup>

Two-dimensional colloidal CdSe nanoplatelets (NPLs) have been considered as ideal emitting materials for high performance light-emitting devices due to their excellent optical properties. However, the understanding of defect related radiative and nonradiative recombination centers in CdSe NPLs is still far from sufficient, especially their physical distribution locations. In this work, CdSe core and CdSe/CdS core/crown NPLs have been successfully synthesized and their optical properties have been characterized by laser spectroscopies. It is found that the photoluminescence quantum yield of CdSe NPLs is improved by a factor of 4 after the growth of the CdS crown. At low temperatures, the change in the ratio of low and high energy emission intensities from NPLs suggests that the radiative recombination centers are mainly located on the lateral surface of the samples. This finding is further confirmed by the surface passivation experiment. Meanwhile, the nonradiative recombination centers of NPLs located on the lateral surface are also confirmed by ligand exchange. These results demonstrate the importance of understanding the optical properties of the lateral surface of NPLs, which are important for the design of material structures for optoelectronic applications.

Received 29th June 2023,  
Accepted 9th August 2023

DOI: 10.1039/d3nr03133k

rsc.li/nanoscale

## Introduction

Low-dimensional colloidal semiconductor nanocrystals have attracted considerable research interest over the past 30 years due to their unique optical properties resulting from the strong quantum confinement and surface effect.<sup>1</sup> The controlled synthesis of nanocrystals offers the possibility to manipulate their optical properties by changing their composition, size, structure, and morphology.<sup>2–4</sup> In 2006, the CdSe nanoplatelets (NPLs) with a thickness of a few atomic layers were synthesized for the first time by Hyeon *et al.*<sup>5</sup> The NPLs exhibit well-defined fluorescence with narrow linewidth due to the precise control of the material thickness. Compared with various structures such as zero-dimensional quantum dots (QDs) and one-dimensional nanorods, NPLs possess fascinating optical properties such as narrow band emission, large absorption cross-section, strong oscillator strength, and long Auger recombination lifetime.<sup>6–12</sup> These outstanding prop-

erties have attracted great interest and breakthroughs from researchers in the field of light-emitting diodes with wide color gamut and optically pumped lasers with low threshold.<sup>13,14</sup>

Due to the large surface-to-volume ratio, the highest PLQY of bare-core CdSe NPLs does not exceed 50%. One solution to overcome this problem is surface ligand exchange, such as replacing the cadmium carboxylates on the surface of CdSe NPLs with halides.<sup>15,16</sup> Although this method can improve the performance of NPLs in solution, these materials exhibit weak emission in thin film, which hinders their potential in device applications. Another approach is heteroepitaxy, which has been shown to work with QDs. According to the special layer structure, the NPLs heterostructures can be divided into vertical (core/shell) and lateral (core/crown) structures, both of which can enhance the optical performance of NPLs to a certain extent.<sup>17</sup> However, until now, the understanding of defect related radiative and nonradiative recombination centers in CdSe NPLs is far from adequate, especially their physical distribution locations. In particular, the physical mechanism of the two close emissions from CdSe NPLs at low temperatures is still controversial.<sup>16,18–20</sup> Some efforts have been made to explain the origin of the low-energy peak. For example, it may originate from phonon-line emission due to the self-stacking of CdSe NPLs.<sup>20</sup> Norris *et al.* proposed that the low energy peak of CdSe NPLs may originate from trion emission.<sup>19</sup> Our recent result suggested that the low energy

<sup>a</sup>Harbin Institute of Technology, Harbin 150001, China<sup>b</sup>Department of Electrical and Electronic Engineering, Southern University of Science and Technology, Shenzhen 518055, China. E-mail: chenr@sustech.edu.cn<sup>c</sup>Key Laboratory of Optoelectronic Devices and Systems of Ministry of Education and Guangdong Province, College of Physics and Optoelectronic Engineering, Shenzhen University, Shenzhen 518060, China. E-mail: tche@szu.edu.cn† Electronic supplementary information (ESI) available. See DOI: <https://doi.org/10.1039/d3nr03133k>

peak is closely related to the surface state of the NPLs, which was confirmed by size-dependent and surface passivation experiments.<sup>18</sup> Besides, it is generally believed that the radiative and nonradiative recombination centers are mainly located on the top and bottom surfaces of NPLs. However, some studies have pointed out that the surface in the lateral direction has a stronger influence.<sup>17,21,22</sup> Therefore, a more detailed discussion and analysis of the radiative and non-radiative recombination centers in CdSe NPLs is urgently needed for structural design and their future applications.

In this work, CdSe/CdS core/crown (C/C) NPLs have been synthesized based on CdSe core (C) NPLs. The optical properties of two NPLs are systematically investigated to discuss the distribution locations of defect related radiative and non-radiative recombination in NPLs. Lateral surface passivation not only enhances the photoluminescence quantum yield (PLQY) of C NPLs, but also suppresses the low energy emission at low temperatures. Interestingly, the surface trap states associated with low energy emission of C NPLs can be effectively suppressed by polydimethylsiloxane (PDMS), but the suppression effect on the C/C NPLs is not obvious. The results show that the radiative recombination centers are mainly located on the lateral surface of the NPLs rather than the vertical surface. Moreover, the PLQY of C NPLs was enhanced 8-fold after ligand exchange, while weak changes were found in the PLQY of C/C NPLs, which confirms that the nonradiative recombination centers of NPLs are also located on the lateral surface.

## Results and discussion

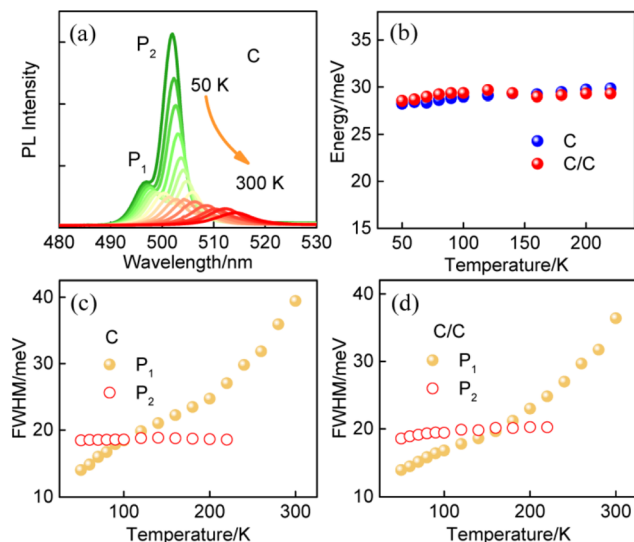
The synthesis and characterization methods for C and C/C NPLs are presented in the Experimental section. The scanning transmission electron microscopy (STEM) images of two samples are shown in Fig. 1a and b, where the insets are their schematic structures. The average lengths and widths of C and C/C NPLs were approximately  $42.0 (\pm 2.2) \times 8.8 (\pm 0.2)$ , and  $42.7 (\pm 1.2) \times 10.2 (\pm 0.2)$  nm, respectively. Compared to C NPLs, the larger size of C/C NPLs indicates the successful lateral growth of CdS crowns. The 0.7 nm CdS crown is a very small value in the longer lateral direction probably in the measurement error. Note that the white lines in the STEM images are curled NPLs due to the interaction between the NPLs, which are not included in the statistics. The normalized absorption and PL spectra of C and C/C NPLs are shown in Fig. 1c. Similar to most of the 4.5 monolayer thick C NPLs,<sup>20,23,24</sup> two sharp absorption peaks at 482 and 512 nm can be clearly observed, which correspond to the light and heavy hole transitions, respectively. For the C/C NPLs, the weak absorption located at 400 nm is related to the thin CdS crown.<sup>23</sup> The C and C/C NPLs have the same emission peak at 513 nm, indicating that they have the same recombination channel. According to the small conduction band offset and large valence band offset between CdSe and CdS, the type I band alignment can be determined for C/C NPLs.<sup>25</sup> Due to the thin CdS crown, the



**Fig. 1** STEM image of (a) C, (b) C/C NPLs. Insets are the schematic diagrams of their corresponding structures. (c) Normalized UV-visible absorption and PL spectra of C and C/C NPLs. Inset is the image of samples under UV light illumination. (d) Room temperature TRPL of C and C/C NPLs.

C/C NPLs exhibit similar emission with C NPLs. The PLQY increases more than 4 times from 6.5% for C NPLs to 28.0% for C/C NPLs, which can be attributed to the effective passivation of nonradiative recombination centers by the CdS crown. As shown in Fig. 1d, the time-resolved photoluminescence (TRPL) of C and C/C NPLs probed at 513 nm can be fitted with a triexponential function, and the average decay lifetimes were calculated to be 2.95 and 2.94 ns respectively. Their decay channels and their percentages are summarized in Table S1 (ESI†). In general, the fast decay component in CdSe nanocrystals can be considered as the nonradiative decay channel due to the poor surface passivation and cadmium vacancies.<sup>26</sup> Compared with C NPLs, the nonradiative decay rate of C/C NPLs is two times smaller than that of C NPLs. This result indicates that the nonradiative recombination centers (hole trapping) on the lateral surfaces are effectively passivated by the CdS crown. Besides, the C NPLs delayed emission is attributed to the hole trapping–detrapping process that slows down the exciton recombination without causing additional emission band.<sup>21,27</sup>

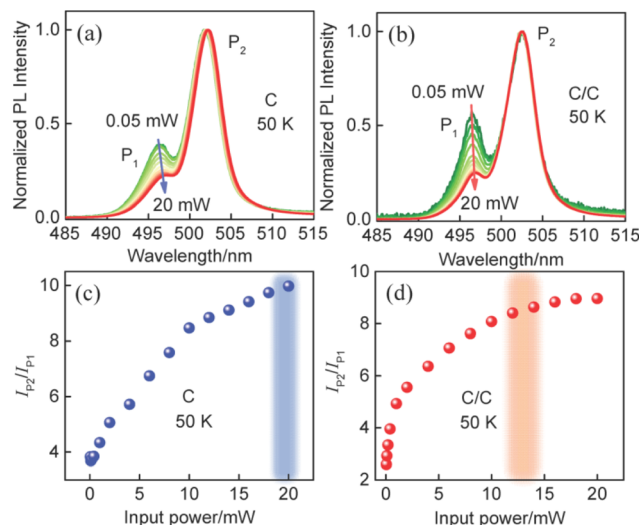
To gain a deeper understanding of the radiative recombination centers of C NPLs, the measurements of PL spectra of C and C/C NPLs were performed from 50 to 300 K (data shown in Fig. 2a and S1,† respectively). In order to avoid the influence of stacking on the NPLs emission, C and C/C NPLs solution with absorbance of 0.2 at 512 nm is spun-coated on a quartz substrate.<sup>19</sup> Apparently, only one PL peak can be observed at 300 K (513 nm). However, as the temperature decreases, another sharp peak appears on the low energy side at 220 K and reaches its maximum at 50 K. The pre-existing emission peak labeled as  $P_1$  comes from free exciton recombination,<sup>18,19</sup> while the origin of the low energy peak ( $P_2$ ) will be discussed



**Fig. 2** (a) Temperature-dependent PL spectra of C NPLs. (b) Energy difference of  $P_1$  and  $P_2$  of C and C/C NPLs. (c) FWHM of the  $P_1$  and  $P_2$  of C NPLs at different temperatures. (d) FWHM of the  $P_1$  and  $P_2$  of C/C NPLs at different temperatures.

later. The two-color emission of C/C NPLs behave like C NPLs, indicating that indeed part of the C lateral surface remains unpassivated. The  $P_1$  and  $P_2$  of C and C/C NPLs show a similar redshift with increasing temperature from 50 to 220 K, and the energy difference between the two peaks remains constant at around 29 meV (Fig. 2b). The result is consistent with our previous measurements of C NPLs with different lateral sizes.<sup>18</sup> Although the energy difference between the two emissions is close to the longitudinal phonon energy (25 meV) of bulk CdSe material, this value is too small to support the exciton transition for  $P_2$ . The full width at half maximum (FWHM) of  $P_1$  and  $P_2$  for C and C/C NPLs were obtained by Lorentz fitting and are shown in Fig. 2c and d, respectively. Notably, larger FWHM values can be observed for  $P_1$  of C and C/C NPLs with the increase of temperature, which is due to the electron-phonon coupling.<sup>28</sup> Therefore, the identical FWHM of the  $P_2$  at different temperatures can be attributed to the weak interaction between electrons and phonons. Based on the discussion above,  $P_2$  resulting from phonon replica can be further excluded.

To further discuss the characteristics of  $P_2$ , power-dependent PL spectra from C and C/C NPLs were measured at 50 K and shown in Fig. 3a and b. To facilitate comparison, all the curves are normalized to  $P_2$ . The two emissions show different trends with excitation power from 0.05 to 20 mW. Relative to C, a weaker redshift is found in C/C NPLs due to the passivation of the lateral nonradiative recombination centers. At the same time, it can be found that the PL intensity of  $P_1$  relative to  $P_2$  decreases with increasing excitation power for the NPLs. For visual comparison, the corresponding PL intensity ratios of  $P_2$  to  $P_1$  are plotted in Fig. 3c and d. Under the lowest excitation power, the PL intensity ratios of  $P_2$  to  $P_1$  for C and C/C NPLs are 3.8 and 2.4, respectively. Furthermore, it can be seen that the ratios for C and C/C NPLs saturate at 20 and 13 mW,



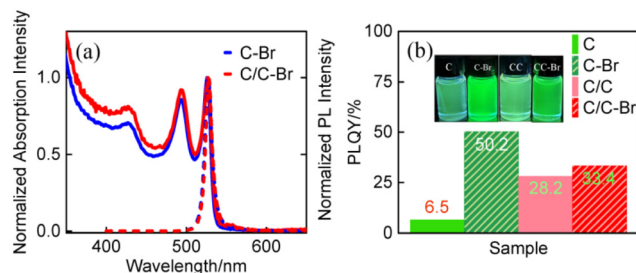
**Fig. 3** Power-dependent PL spectra of (a) C and (b) C/C NPLs at 50 K. (c) C and (d) C/C NPLs Power-dependent ratio of  $P_2/P_1$ . The cylinders represent the initial saturation power of C and C/C NPLs, respectively.

respectively, with the increase of excitation power. The faster saturation and smaller ratio in C/C NPLs can be attributed to the passivation of lateral surface trap states by CdS crowns.<sup>18</sup> Due to the presence of additional surface trap states in the C NPLs, higher power is required to achieve the saturation of  $P_2$ . To confirm this guess, C/C NPLs with thicker crown (named C/C-10 and C/C-20) were synthesized. Their absorption, PL (Fig. S2†) and PLQY were characterized. It was found that C/C NPLs exhibited higher PLQY with increasing CdS thickness. Furthermore, compared with C and C/C NPLs, the  $P_2$  of C/C-10 and C/C-20 NPLs is further suppressed (Fig. S3†). Therefore, it is verified that the  $P_2$  intensity is related to the surface trap states. In addition, the temperature-dependent PL spectra of C NPLs were measured from 80 to 300 K under Xenon lamp excitation (Fig. S4†). Unlike the laser excitation at 0.05 mW, the C NPLs under Xenon lamp excitation show only  $P_2$  at 80 and 100 K, and the intensity of  $P_2$  is much weaker than that of  $P_1$ . The result again indicates that  $P_2$  associated with the surface trap state is closely related to the excitation power.

Although our previous work has confirmed that PDMS can effectively suppress the  $P_2$  of C NPLs, it is unclear whether the  $P_2$  is related to the lateral or vertical surface of NPLs.<sup>16</sup> To clarify the location of the surface trap states associated with  $P_2$  in NPLs, PDMS was used to passivate the two NPLs. The temperature-dependent PL spectra of C and C/C NPLs were measured under identical experimental conditions. Their PL spectra at 50 K are shown in Fig. 4a and b. Interestingly, the  $P_2$  intensities for C NPLs are significantly reduced after PDMS encapsulation.<sup>18</sup> However, only a slight change can be observed for the C/C NPLs. It is obvious that PDMS encapsulation passivates not only the vertical surface but also the lateral surface of C NPLs. However, only the vertical surfaces were passivated by PDMS for C/C NPLs, since the lateral surfaces of C/C were protected by CdS crowns. The results here show that the



**Fig. 4** Normalized PL spectra of the samples before and after PDMS treatment (a) C and (b) C/C NPLs at 50 K. Inset: images of the samples before and after PDMS treatment under UV light illumination.



**Fig. 5** (a) Normalized absorption and PL spectra of C and C/C NPLs after 5 h of ligand exchange. (b) PLQYs before and after ligand exchange for C and C/C NPLs. Insets: images of the samples before and after ligand exchange under UV light illumination.

surface trap states associated with  $P_2$  (radiative recombination center) are more strongly correlated with the lateral surface trap states of the C NPLs, rather than the vertical surface which has a larger surface area.

As mentioned above, the CdS crown not only passivates the surface trap states associated with  $P_2$ , but also enhances the PLQY of C NPLs. To further verify the importance of lateral surface passivation on the optical performance of C NPLs, ligand exchange experiments were carried out and the optical properties of C and C/C NPLs were characterized. For simplicity, C and C/C NPLs after ligand exchange are referred as C-Br and C/C-Br NPLs, respectively. The PL images during ligand exchange at different times for C-Br and C/C-Br NPLs are shown in Fig. S5a–e.† The emission from the C-Br and C/C-Br NPLs was completely quenched after OLA and cadmium bromide were added to the primary solution. Interestingly, after 0.5 h, the weak emission was only observed in C-Br but not in C/C-Br NPLs. Furthermore, it is noteworthy that C-Br NPLs is brighter than C/C-Br NPLs under UV lamp illumination after ligand exchange (Fig. S5a vs. e†). It is obvious that ligand exchange not only passivates the vertical surface but also the lateral surface of C NPLs. However, for C/C NPL, the lateral surface of CdSe core does not undergo ligand exchange because it is protected by the CdS crown. The result is consistent with the PDMS passivation shown above.

To better understand the effect of ligand exchange on the optical properties of the materials, PL, TRPL and PLQY of C-Br and C/C-Br NPLs were also recorded. The normalized absorption and PL spectra of C-Br and C/C-Br NPLs are shown in Fig. 5a. With respect to the as-grown NPLs, the emissions of C-Br and C/C-Br NPLs shift from 513 to 528 nm, and the FWHM increases from 8 to 13 nm.<sup>15,16,29</sup> The redshift and broadening of the PL spectra may be related to the lattice expansion in the vertical direction.<sup>24,30</sup> The STEM images of C-Br and C/C-Br NPLs after ligand exchange are shown in Fig. S6.† The unchanged morphology suggests that the difference in optical properties is due to the ligand exchange. Compared to the original NPLs, the PLQY of C-Br was enhanced 8-fold after ligand exchange, while C/C-Br NPLs only showed only a slight change (Fig. 5b). The small increase in PLQY of C/C NPLs can be attributed to the incomplete passivation of lateral surface. In addition, the TRPL and decay

channel of the treated NPLs monitored at 528 nm are shown in Fig. S7 and Table S1,† respectively. Compared to the TRPL before ligand exchange, the decay channel associated with C-Br nonradiative recombination was slowed down by a factor of 2.9, while the changes in C/C-Br NPLs were weak. Again, the tremendous change in photophysical properties of C-Br NPLs can be attributed to the passivation of nonradiative recombination centers on the lateral surfaces. In previous experiments,<sup>21,22,30</sup> the emission of C NPLs was completely quenched by stripping the ligands of C NPLs on the lateral and vertical surfaces by n-butylamine, but still 40% of the PL intensity was observed in the C/C NPLs due to the presence of CdS crowns.<sup>21</sup> Recent studies have shown that the PLQY of C NPLs can be enhanced from 20% to 100% after passivation of lateral surface defects by CdSeS crown.<sup>31</sup> In addition, theoretical calculations proved that the binding energy of cadmium carboxylate in the vertical surfaces is larger than that in the lateral surfaces, which leads to the formation of more defects in the lateral plane.<sup>21,22</sup> Therefore, based on the above results, it can be assumed that the nonradiative recombination centers of the NPLs are also distributed on the lateral surfaces rather than the larger vertical one.

Next, we put forward our speculation on the origin of  $P_2$  based on the reported literature and data. Just as discussed above,  $P_2$  has been shown to correlate with the lateral surface trap states of the NPLs. In some recent reports,  $P_2$  is considered to be negative trion emission.<sup>19,32–34</sup> In addition, it was found that the gain threshold can be further reduced and the Auger recombination lifetime can be extended at low temperatures for NPLs.<sup>10,19</sup> This indicates that multiexcitons can be easily generated at low temperatures. In parallel, for low-dimensional CdSe, hole trapping is the main primary mechanism of carrier trapping.<sup>35,36</sup> For NPLs, it has been shown that the C NPLs are Cd-rich and passivated by carboxylates. However, the binding energy of cadmium carboxylate on the lateral surface ( $43.8 \text{ kJ mol}^{-1}$ ) is lower than that on the vertical surface ( $74.3 \text{ kJ mol}^{-1}$ ).<sup>21</sup> The weak binding energy on the lateral surface results in hole trapping due to Cd vacancies.<sup>22</sup> In this scenario, negative triions can be easily formed after the trapping of biexciton in a hole. Besides, the gradual disappearance of  $P_2$  as the temperature increases to 220 K indi-



cates that the hole are released assisted by thermal energy, which is consistent with the fluorescence decay process. Therefore, when there are numerous hole traps on the lateral surfaces, more pronounced  $P_2$  will be observed. At the same time,  $P_2$  of C/C NPLs with better lateral surface passivation is more easily to be saturated. The weak  $P_2$  has been observed under Xenon lamp excitation because the number of multi-excitons generated is much smaller than that under laser excitation due to the different excitation power.

## Conclusions

In summary, the optical properties of C and C/C NPLs were comparatively investigated. It is found that the optical properties of C NPLs changed significantly after the lateral surface passivation by CdS crown. At the low temperature, the  $P_2$  intensities of C/C are suppressed due to the lateral surface passivation. At the same time,  $P_2$  intensity in C/C NPLs was more easily saturated with the increase of excitation power compared with C NPLs. The PDMS encapsulation further proves that the surface trap states associated with  $P_2$  (radiative recombination center) of C NPLs mainly originate from the lateral surface rather than the vertical surface. In addition, the nonradiative recombination centers of C NPLs located on the lateral surface were also confirmed by ligand exchange experiment. These experimental results demonstrate the importance of lateral surface trap state passivation on the radiative and nonradiative recombination centers of NPLs, which is crucial for either the design or application of NPLs in optoelectronic devices.

## Experimental section

### Chemicals

Cadmium oxide (99.999%), cadmium(II) acetate ( $\text{Cd}(\text{OAc})_2$ ; 99.995%), cadmium acetate dihydrate ( $\text{Cd}(\text{OAc})_2 \cdot 2\text{H}_2\text{O}$ ), selenium powder (Se; 99.99%) and sulfur (S; 99.9%) were purchased from Aladdin. Sodium myristate (99%) and cadmium nitrate tetrahydrate (99.997%) were purchased from Sigma-Aldrich. Octadecene (ODE; 90%), oleylamine (OLA, 90%), oleic acid (OA, 90%), trioctylphosphine (TOP; 90%), propionic acid (99.5%), methanol (99.9%) and hexane (95%) were purchased from Macklin.

### Synthesis of CdSe NPLs

Cadmium myristate ( $\text{Cd}(\text{Myr})_2$ ), C and C/C NPLs were synthesized according to the reported methods.<sup>23</sup> Typically, 170 mg cadmium myristate, 10 mg selenium powder, and 15 mL ODE were put into a three-necked flask, and then degassed three times at 80 °C. Subsequently, the temperature was set at 240 °C, and when the solution was heated to 195 °C, 40 mg  $\text{Cd}(\text{OAc})_2 \cdot 2\text{H}_2\text{O}$  was added rapidly, followed by a reaction at 240 °C for 10 min. After the reaction was stopped, 0.5 mL OA was added and subsequently cooled to 25 °C for purification purpose. In the crude solution, alcohol and

hexane were added followed by centrifugation at 5000 rpm for 5 min, the supernatant was discarded and the precipitate was dispersed in hexane.

### Synthesis of CdSe/CdS NPLs

The ODE-S was obtained by sonicating 32 mg S powder and 10 mL ODE for 5 min. The CdS precursor was then obtained by mixing 3 mL ODE, 2 mL ODE-S, 0.35 mL OA and 400 mg Cd ( $\text{OAc})_2 \cdot 2\text{H}_2\text{O}$  and then sonicating for 2 hours. The mixture was stirred and held under vacuum at 110 °C for 20 min. The C NPLs were dried under a stream of nitrogen in a 50 mL three-neck flask. Subsequently, 12 mL ODE and 100 mg Cd(propionate)<sub>2</sub> were added to the flask. After completing this step, the mixture was heated to 235 °C under a nitrogen stream. Using a syringe pump, CdS precursor solution was injected at a speed of 3 mL h<sup>-1</sup> in 5, 10, and 20 min. After reacting at 235 °C for another 5 min, the heating plate was removed and the crude solution was cooled to 25 °C. When the temperature of the mixture cooled to 160 °C, 2 mL OA was added. The crude solution was dispersed into 20 mL hexane and then centrifuged at 6000 rpm for 10 min. The obtained supernatant was discarded and the precipitate was redispersed in hexane.

### Morphology and optical characterization

The morphologies of C and C/C NPLs were characterized by FEI Talos 200X STEM. Steady-state absorption and PL spectra were obtained using a Lambda 950 UV-Vis spectrophotometer (PerkinElmer, Inc.) and fluorescence spectrometer (Edinburgh Instruments, FS5), respectively. During the PLQY measurement, the NPLs' solution was filled into the cuvette with 1 cm optical length and placed in an integrated sphere, and then excited by 350 nm light generated by a Xeon lamp. The time-correlated single photon counting technique (Edinburgh Instruments, FS5) was used to collect the TRPL of the samples. Temperature-dependent PL spectra (from 50 to 300 K) of C and C/C NPLs were recorded by a home-built liquid helium closed-cycle system with excitation at 325 nm from a He–Cd laser. The C NPLs under Xenon lamp excitation temperature-dependent PL spectra (from 80 to 300 K) were recorded by fluorescence spectrometer (Edinburgh Instruments, FS5). Prior to measurement, the NPLs solution was drop cast onto a quartz and then placed in a liquid nitrogen cooled cryostat.

### PDMS passivation and ligand exchange

Liquid silicon matrix and curing agent were mixed at a ratio of 10 : 1 to obtain a PDMS solution, which was then drop casted onto a sample loaded quartz plate and dried under vacuum. Ligand exchange of C and C/C NPLs was performed according to the method reported in previous literature.<sup>15</sup> A new ligand solution was prepared by sonicating 13.6 mg cadmium bromide with 1 mL methanol for 5 min. During the ligand exchange process, 3 mL toluene was added to 0.3 mL NPLs' solution (absorbance at 512 nm is 0.21), followed by 20  $\mu\text{L}$  OLA and 30  $\mu\text{L}$  cadmium bromide–methanol solution. The PL of the NPLs was quenched after the addition of OLA, but it reappeared after 0.5–5 hours.

## Author contributions

The manuscript was written through contributions of all authors. All authors have given approval to the final version of the manuscript.

## Conflicts of interest

There are no conflicts to declare.

## Acknowledgements

This work is supported by the National Natural Science Foundation of China (62174079), Science, Technology and Innovation Commission of Shenzhen Municipality (Projects No. JCYJ20220530113015035, JCYJ20210324120204011, JCYJ20190808121211510, and KQTD2015071710313656).

## References

- 1 J. M. Pietryga, Y. S. Park, J. Lim, A. F. Fidler, W. K. Bae, S. Brovelli and V. I. Klimov, *Chem. Rev.*, 2016, **116**, 10513–10622.
- 2 R. X. Li, B. B. Li, X. Fang, D. K. Wang, Y. Q. Shi, X. Liu, R. Chen and Z. P. Wei, *Adv. Mater.*, 2021, **33**, 2100466.
- 3 H. Liu, J. Hao, J. Li, J. Cheng, Y. Gao, X. Lin, K. Wang and T. He, *J. Phys. Chem. C*, 2020, **124**, 27840–27847.
- 4 Y. Wu, Z. Huang, Q. Sun, V. D. Ta, S. Wang and Y. Wang, *Laser Photonics Rev.*, 2023, **17**, 2200703.
- 5 J. Joo, J. S. Son, S. G. Kwon, J. H. Yu and T. Hyeon, *J. Am. Chem. Soc.*, 2006, **128**, 5632–5633.
- 6 W. Cho, S. Kim, I. Coropceanu, V. Srivastava, B. T. Diroll, A. Hazarika, I. Fedin, G. Galli, R. D. Schaller and D. V. Talapin, *Chem. Mater.*, 2018, **30**, 6957–6960.
- 7 Q. Y. Li and T. Q. Lian, *Nano Lett.*, 2017, **17**, 3152–3158.
- 8 J. H. Yu and R. Chen, *InfoMat*, 2020, **2**, 905–927.
- 9 A. W. Achtstein, A. Antanovich, A. Prudnikau, R. Scott, U. Woggon and M. Artemyev, *J. Phys. Chem. C*, 2015, **119**, 20156–20161.
- 10 Q. Y. Li, Q. L. Liu, R. D. Schaller and T. Q. Lian, *J. Phys. Chem. Lett.*, 2019, **10**, 1624–1632.
- 11 X. B. Wang, J. J. Hao, J. J. Cheng, J. Z. Li, J. Miao, R. X. Li, Y. W. Li, J. E. Li, Y. H. Liu, X. Zhu, Y. J. Liu, X. W. Sun, Z. K. Tang, M. H. Delville, T. C. He and R. Chen, *Nanoscale*, 2019, **11**, 9327–9334.
- 12 B. T. Diroll, B. Guzelturk, H. Po, C. Dabard, N. Fu, L. Makke, E. Lhuillier and S. Ithurria, *Chem. Rev.*, 2023, **123**, 3543–3624.
- 13 M. J. Li, M. Zhi, H. Zhu, W. Y. Wu, Q. H. Xu, M. H. Jhon and Y. T. Chan, *Nat. Commun.*, 2015, **6**, 8513.
- 14 F. Shabani, H. Dehghanpour Baruj, I. Yurdakul, S. Delikanli, N. Gheshlaghi, F. Isik, B. Liu, Y. Altintas, B. Canimkurbey and H. V. Demir, *Small*, 2022, **18**, 2106115.
- 15 M. Dufour, J. Qu, C. Greboval, C. Methivier, E. Lhuillier and S. Ithurria, *ACS Nano*, 2019, **13**, 5326–5334.
- 16 Z. Zhang, Y. T. Thung, L. Wang, X. Chen, L. Ding, W. Fan and H. Sun, *J. Phys. Chem. Lett.*, 2021, **12**, 9086–9093.
- 17 Y. Kelestemur, B. Guzelturk, O. Erdem, M. Olutas, K. Gungor and H. V. Demir, *Adv. Funct. Mater.*, 2016, **26**, 3570–3579.
- 18 J. Yu, C. Zhang, G. Pang, X. W. Sun and R. Chen, *ACS Appl. Mater. Interfaces*, 2019, **11**, 41821–41827.
- 19 F. V. Antolinez, F. T. Rabouw, A. A. Rossinelli, R. C. Keitel, A. Cocina, M. A. Becker and D. J. Norris, *Nano Lett.*, 2020, **20**, 5814–5820.
- 20 L. B. Mickae, L. D. Tessier, C. Bouet and S. Ithurria, *ACS Nano*, 2013, **7**, 3332–33340.
- 21 J. Leemans, S. Singh, C. Li, S. Ten Brinck, S. Bals, I. Infante, I. Moreels and Z. Hens, *J. Phys. Chem. Lett.*, 2020, **11**, 3339–3344.
- 22 S. Singh, R. Tomar, S. Ten Brinck, J. De Roo, P. Geiregat, J. C. Martins, I. Infante and Z. Hens, *J. Am. Chem. Soc.*, 2018, **140**, 13292–13300.
- 23 A. H. Khan, G. H. V. Bertrand, A. Teitelboim, M. C. Sekhar, A. Polovitsyn, R. Brescia, J. Planelles, J. I. Climente, D. Oron and I. Moreels, *ACS Nano*, 2020, **14**, 4206–4215.
- 24 N. Moghaddam, C. Dabard, M. Dufour, H. Po, X. Xu, T. Pons, E. Lhuillier and S. Ithurria, *J. Am. Chem. Soc.*, 2021, **143**, 1863–1872.
- 25 K. Wu and T. Lian, *Chem. Soc. Rev.*, 2016, **45**, 3781–3810.
- 26 M. Olutas, B. Guzelturk, Y. Kelestemur, A. Yeltik, S. Delikanli and H. V. Demir, *ACS Nano*, 2015, **9**, 5041–5050.
- 27 F. T. Rabouw, J. C. van der Bok, P. Spinicelli, B. Mahler, M. Nasilowski, S. Pedetti, B. Dubertret and D. Vanmaekelbergh, *Nano Lett.*, 2016, **16**, 2047–2053.
- 28 R. Scott, A. V. Prudnikau, A. Antanovich, S. Christodoulou, T. Riedl, G. H. V. Bertrand, N. Owschimikow, J. K. N. Lindner, Z. Hens, I. Moreels, M. Artemyev, U. Woggon and A. W. Achtstein, *Nanoscale*, 2019, **11**, 3958–3967.
- 29 B. T. Diroll and R. D. Schaller, *Chem. Mater.*, 2019, **31**, 3556–3563.
- 30 E. Drijvers, J. De Roo, J. C. Martins, I. Infante and Z. Hens, *Chem. Mater.*, 2018, **30**, 1178–1186.
- 31 A. Hu, P. Bai, Y. Zhu, Z. Song, R. Wang, J. Zheng, Y. Yao, Q. Zhang, Z. Ding, P. Gao, X. Sui, X. Liu and Y. Gao, *Adv. Opt. Mater.*, 2022, **10**, 2200469.
- 32 F. V. Antolinez, F. T. Rabouw, A. A. Rossinelli, J. Cui and D. J. Norris, *Nano Lett.*, 2019, **19**, 8495–8502.
- 33 E. V. Shornikova, D. R. Yakovlev, L. Biadala, S. A. Crooker, V. V. Belykh, M. V. Kochiev, A. Kuntzmann, M. Nasilowski, B. Dubertret and M. Bayer, *Nano Lett.*, 2020, **20**, 1370–1377.
- 34 A. F. Vong, S. Irgen-Giorgio, Y. Wu and E. A. Weiss, *Nano Lett.*, 2021, **21**, 10040–10046.
- 35 Q. Li, K. Wu, J. Chen, Z. Chen, J. R. McBride and T. Lian, *ACS Nano*, 2016, **10**, 3843–3851.
- 36 S. Dong, S. Pal, J. Lian, Y. Chan, O. V. Prezhdo and Z. H. Loh, *ACS Nano*, 2016, **10**, 9370–9378.