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# Surface modification and adhesive-free adhesion of polytetrafluoroethylene (PTFE) and silicone gel containing oleophilic SiO<sub>2</sub> powder by plasma treatment†

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Polytetrafluoroethylene (PTFE) has high-frequency characteristics and low transmission loss, and is expected to be used as a substrate material of printed wiring board for high-frequency applications. Meanwhile, silicone gel has superior properties such as attaching/detaching, weather resistance, and human safety. If the PTFE and silicone gel can be strongly adhered to, they can be applied to internet of things (IoT) devices that can be attached and detached freely. However, adhesion between PTFE, which has poor adhesion, and silicone gel, which has low mechanical strength, is difficult and has not been reported. In this study, PTFE was modified with heat-assisted plasma treatment, and silicone gel was treated with oleophilic SiO<sub>2</sub> powder to improve elastic modulus and modified with plasma jet treatment, and then bonded without adhesive. The adhesion strength of PTFE/silicone gel assembly was 1.13 N mm<sup>-1</sup> when treated moderately, but only 0.01 N mm<sup>-1</sup> when untreated and treated excessively. To investigate the factors causing the difference in the adhesion strength, the surface of silicone gel was evaluated by water contact angle measurement, Fourier transform infrared spectroscopy, and confocal laser scanning microscopy. When treated moderately, hydrophilic functional groups and cross-linking were most frequently increased. Furthermore, when treated excessively, surface degradation was observed, which was expected to lower the adhesion strength. The adhesive-free bonding between PTFE and silicone gel can open a new path for developing IoT devices that can be freely attached and detached.

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## 1 Introduction

Internet of things (IoT) devices are installed in wearable devices, home appliances, and buildings as a means to improve productivity and safety through real-time detection of operational status and anomalies. With the development of electronic information technology, IoT devices are expected to transmit and receive larger amounts of data at higher speeds in the future. Increase in frequency is required to increase the transmission data amount. However, the transmission loss increases with increasing the frequency. To decrease the transmission loss, the resin substrate having low relative dielectric constant ( $D_k$ ) and dielectric loss tangent ( $D_f$ ) must be used because transmission loss depends on  $D_k$  and  $D_f$ . Therefore, fluorine-based resin with the lowest  $D_k$  and  $D_f$  must be used as the

resin substrate. Polytetrafluoroethylene (PTFE) has an extremely low dielectric constant and dielectric loss tangent among fluoropolymers, as well as excellent chemical resistance, weather resistance, and heat resistance, it is expected to be applied as a printed wiring board materials that can suppress transmission loss in high-frequency bands.<sup>1</sup> Currently, IoT devices are generally installed and used at specific locations, and no products allow the user to freely change the installation location. Therefore, if IoT devices compatible with high-frequency bands and detachability, it will be possible to use them depending on the situation and purpose. To fabricate such devices, a technology is required to strongly bond PTFE, which has excellent high-frequency characteristics, and gel material, which has excellent detachability.

Regarding the adhesion of gel materials to adherents, ionogel, hydrogel, and organogel have been reported so far. It has been reported that the shear strength of ionogel and adherents (PTFE, Al, glass, wood, PP, PE, PVC, and steel) is 0.36–3.2 MPa, which is relatively high even without surface modification.<sup>2,3</sup> This is explained by the various polar functional groups present on the surface of the ionogel that contributed to its adhesive

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properties.<sup>4</sup> However, only low values of 0.08–0.12 N mm<sup>-1</sup> were obtained for peel strength with adherents (glass, VHB, Cu, copolymer).<sup>5</sup> Considering that the peel strength between a resin substrate and metal wiring is specified as 0.98 N mm<sup>-1</sup> in the JPCA standard for printed wiring board materials, there is a concern that the application as an electronic substrate material using ionogel may be limited because it may cause damage, large deformation, or even rupture in environments where peel strength is required. Furthermore, while ionogel has excellent mechanical properties, self-adhesiveness, and conductivity,<sup>4</sup> a problem has been reported that the hygroscopic property of ionic liquids (ILs) causes hydrolysis under high humidity conditions.<sup>5</sup> There is also the problem of IL leakage during compression, making long-term use difficult.<sup>5</sup> Ionogel is prepared by mixing the polymer matrix and ILs, and drying them in UV irradiation or vacuum oven. However, the number of processes is a lot and it takes many days to fabricate.<sup>2,3</sup> Regarding the adhesion strength of hydrogel to other materials, it has been reported that the peel strength of polyacrylamides (PAAm) gel to acrylic elastomer due to its low self-adhesion property is <0.01 N mm<sup>-1</sup>, which is low peel strength.<sup>6</sup> Silane-modified hydrogel can also be bonded to silicone elastomers *via* covalent bonds, but the peel strength has been reported to

be <0.1 N mm<sup>-1</sup>.<sup>7</sup> The peel strength of poly(acrylic acid) hydrogel and PAAm was <0.2 N mm<sup>-1</sup>,<sup>8</sup> and the peel strength between PAAm gel and adherents (PAAm gel,<sup>9</sup> glass, silicone elastomer, Al<sub>2</sub>O<sub>3</sub> (ref. 10)) using topological adhesion technology was <0.35 N mm<sup>-1</sup>, and low peel strength has been reported in all cases. No papers investigate the peel strength between hydrogel and PTFE. Hydrogel has excellent flexibility, hydrous properties, ionic conductivity, and biocompatibility, so it is used in biomedical fields such as artificial skin, strain sensors, and soft robots.<sup>11–13</sup> Hydrogel such as double network gel and triblock copolymer gel have high mechanical strength, shape retention, and high modulus,<sup>14–16</sup> but the number of processes is a lot and takes several days to complete. However, polyacrylamides (PAAm) gel and alginate gel are relatively inexpensive and require fewer steps to fabricate, but have the disadvantages of low mechanical strength and limited use environment due to shape changes caused by drying.<sup>17</sup> Finally, few reports have investigated the adhesion properties of organogels. An example of the lesser of these is silicone gel. It has been reported that surface modification of silicone gel by plasma or UV treatment improves the surface energy and elastic modulus, and that hydrophilic functional groups containing oxygen are introduced, making it easier to adsorb metal

**Table 1** Surface-modification conditions and adhesion properties for different cases of ionogel, hydrogel, and organogel

Gel	Surface modification for gel	Adherend	Surface modification for adherend	Intermediate	Adhesion strength	Ref.
Ionogel I	No	PTFE	No	No	0.4 MPa	2
Ionogel I	No	Al	No	No	0.4 MPa	2
Ionogel I	No	Glass	No	No	0.4 MPa	2
Ionogel I	No	Wood	No	No	1.0 MPa	2
Ionogel II	No	PTFE	No	No	1.0 MPa	3
Ionogel II	No	PP	No	No	1.2 MPa	3
Ionogel II	No	PE	No	No	1.5 MPa	3
Ionogel II	No	PVC	No	No	2.8 MPa	3
Ionogel II	No	Steel	No	No	3.2 MPa	3
Ionogel III	No	Glass	No	No	0.12 N mm <sup>-1</sup>	5
Ionogel III	No	VHB <sup>a</sup>	No	No	0.11 N mm <sup>-1</sup>	5
Ionogel III	No	Cu	No	No	0.08 N mm <sup>-1</sup>	5
Ionogel III	No	Copolymer (MEA <sup>b</sup> -co-IBA <sup>c</sup> )	No	No	0.08 N mm <sup>-1</sup>	5
Hydrogel (PAAm <sup>d</sup> )	No	Acrylic elastomer	No	No	<0.01 N mm <sup>-1</sup>	6
Hydrogel (silane-modified)	No	PDMS elastomer	No	No	<0.1 N mm <sup>-1</sup>	7
Hydrogel (poly (acrylic acid))	No	PAAm	No	No	<0.2 N mm <sup>-1</sup>	8
Hydrogel (PAAm)	No	Hydrogel (PAAm)	No	Yes (chitosan solution <sup>e</sup> )	0.15 N mm <sup>-1</sup>	9
Hydrogel (PAAm)	No	Glass	No	Yes (PAA, NaIO <sub>4</sub> )	0.35 N mm <sup>-1</sup>	10
Hydrogel (PAAm)	No	PDMS	No	Yes (PAA, NaIO <sub>4</sub> )	0.27 N mm <sup>-1</sup>	10
Hydrogel (PAAm)	No	Al <sub>2</sub> O <sub>3</sub>	No	Yes (PAA, NaIO <sub>4</sub> )	0.33 N mm <sup>-1</sup>	10
Organogel (silicone gel)	Yes (UV irradiation)	Au, Ag, Ti	No	No	No data	18
Organogel (silicone gel)	Yes (O <sub>2</sub> plasma treatment)	Au, Ag, Ti	No	No	No data	18
<b>Organogel (silicone gel)</b>	<b>Yes (N<sub>2</sub> + air plasma treatment)</b>	<b>PTFE</b>	<b>Heat-assisted plasma</b>	<b>No</b>	<b>1.13 N mm<sup>-1</sup></b>	<b>This study</b>

<sup>a</sup> VHB: very high bondtape. <sup>b</sup> MEA: methyl ether acrylate. <sup>c</sup> IBA: isobornyl acrylate. <sup>d</sup> PAAm: polyacrylamides. <sup>e</sup> Chitosan solution: 4-morpholineethanesulfonic acid.



sputtering films (Au, Ag, Ti), but the specific peeling strength has not been reported.<sup>18</sup> Furthermore, there are no papers investigating adhesion to PTFE. However, when polydimethylpolysiloxane (PDMS) rubber, which has siloxane bonds like silicone gel, is treated with plasma, the peel strength to the adherent (Cu, glass, PTFE) is  $>2.0 \text{ N mm}^{-1}$ , which is a strong adhesion without adhesive.<sup>19</sup> One possible reason for the improved peel strength is that the hydrophobic methyl groups ( $\text{CH}_3$ ) on the PDMS rubber surface were replaced by hydrophilic functional groups ( $\text{Si-OH}$ ) containing oxygen by the plasma treatment. Therefore, silicone gel, which has a chemical structure similar to that of PDMS rubber, is likely to have improved adhesion with plasma treatment. Additionally, silicone gel has long been applied in various fields, including micro-patterned substrates<sup>20</sup> and vibration and shock absorbers,<sup>21</sup> due to its superior removability, shape stability, and safety and hygiene. Furthermore, silicone gel has the advantage of requiring fewer materials and processes because it can be easily molded by filling it with one-component or two-component precursor of silicone gel and then heating or UV irradiation it. In this study, silicone gel was used as the gel material, and the surface of the silicone gel was modified by plasma treatment to achieve strong adhesive-free bonding based on chemical interaction with plasma-treated PTFE. The surface-modification conditions and adhesion properties for different cases of ionogel, hydrogel, and organogel are listed in Table 1.

## 2 Material and methods

### 2.1 Preparation of silicone gel

In this experiment, one-component heat-cure silicone gel (KE1062, Shin-Etsu Chemical) was used as a precursor of silicone gel. The structural formula of silicone gel precursor is shown in Fig. 1. Oleophilic  $\text{SiO}_2$  powder (SS-30P, Tosoh Silica) or hydrophilic  $\text{SiO}_2$  powder (VN3, Tosoh Silica) was added to improve the mechanical strength of the silicone gel. Oleophilic  $\text{SiO}_2$  powder was considered to have affinity with silicone gel which is a kind of organogel because the silanol group ( $\text{Si-OH}$ ) is replaced by a methyl group ( $\text{CH}_3$ ) on the  $\text{SiO}_2$  surface. For comparison, hydrophilic  $\text{SiO}_2$  powder was also used. First, a silicone gel precursor and hydrophilic or oleophilic  $\text{SiO}_2$  powder were added to a polypropylene cup of 500 mL (MonotaRO) and stirred for 1 min using a hand mixer (D-1123 hand mixer miracles, Pearl Metal). Next, the uncrosslinked silicone gel containing  $\text{SiO}_2$  powder was poured into a heat-resistant glass mold and cured at  $120 \text{ }^\circ\text{C}$  for 30 min in a vacuum dryer (AVO-200NS, AS-ONE). The thickness of the crosslinked silicone gel was 13 mm, because the adhesion strength depended on the gel

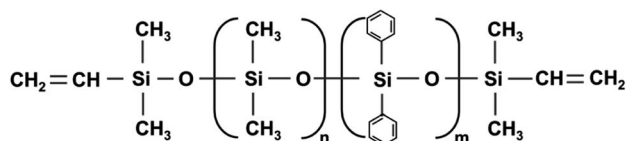


Fig. 1 Molecular formula of a silicone gel precursor (KE1062).

Table 2 List of silicone gel prepared in this study

Sample name	KE1062 [g]	SS-30P [g]	VN3 [g]
SG20 <sup>a</sup>	20	0	0
SG20-OP3 <sup>b</sup>	20	3	0
SG20-OP5 <sup>c</sup>	20	5	0
SG20-HP5 <sup>d</sup>	20	0	5

<sup>a</sup> SG20: 20 g of silicone gel precursor (KE1062). <sup>b</sup> SG20-OP3: 20 g of KE1062 + 3 g of oleophilic  $\text{SiO}_2$  powder (SS-30P). <sup>c</sup> SG20-OP5: 20 g of KE1062 + 5 g of oleophilic  $\text{SiO}_2$  powder (SS-30P). <sup>d</sup> SG20-HP5: 20 g of KE1062 + 5 g of hydrophilic  $\text{SiO}_2$  powder (VN3).

thickness (ESI-1†) when cohesion failure of the silicone gel occurred. Table 2 shows the list of silicone gel prepared in this study.

### 2.2 Sample preparation by plasma treatment

Plasma treatment was performed on the crosslinked silicone gel using an open-air-type plasma jet (PJ) treatment equipment (Tough Plasma FPE-20, FUJI) according to previous report<sup>19</sup> for a silicone rubber. The number of scans during the PJ treatment was set to 0, 2, 20, and 60 times, and the effects of the number of scans on surface properties of silicone gel were compared.

### 2.3 Preparation of PTFE/silicone gel assembly

As an adhered to silicone gel, a plasma-treated PTFE sheet (NITOFLOX® No. 900UL, Nitto Denko; thickness: 0.2 mm) was used. It is well-known that conventional plasma treatment at low temperature do not improve adhesion property of PTFE because PTFE has a weak boundary layer (WBL).<sup>22</sup> Therefore, a heat-assisted plasma (HAP) treatment was adopted according to previous report<sup>19</sup> because the HAP treatment improves drastically adhesion property of PTFE. During HAP treatment, the surface temperature of the PTFE sheet was measured with a digital radiation thermometer (FT-H40K and FT-50A, Keyence), and it was confirmed that the maximum surface temperature was over  $200 \text{ }^\circ\text{C}$ . In order to confirm that the HAP treatment was performed properly, the wettability of the HAP-treated PTFE was evaluated by water contact angle (WCA), its surface chemical composition was analyzed by X-ray photoelectron spectroscopy (XPS), and its surface morphology was observed by scanning electron microscope (SEM). The WCA decreased from  $123$  to  $87^\circ$  by HAP treatment, which indicates that the wettability improved. XPS analysis confirmed that after HAP treatment, oxygen-containing functional groups were added, including  $\text{O-C=O}$ ,  $\text{C=O}$ , and  $\text{-C-O-}$  groups as shown in ESI-2.† SEM images showed that the number and size of voids on the PTFE surface after HAP treatment were reduced and smoothed, confirming that the WBL<sup>22</sup> on the PTFE surface was removed, as shown in ESI-3.† The HAP-treated PTFE was placed on the PJ-treated silicone gel in a mold such that the plasma-treated surfaces faced each other, then the PTFE/silicone gel assembly was compressed at  $140 \text{ }^\circ\text{C}$  and  $12.5 \text{ MPa}$  for 10 min using a hot-pressing machine (AH-2003, AS-ONE) without using any adhesives.



## 2.4 Methods

**2.4.1 Viscoelasticity measurements.** To investigate the effect of adding SiO<sub>2</sub> powder on the viscoelastic properties of silicone gel, a dynamic viscoelasticity measuring device (Rheogel-E4000, UBM) was used. Dynamic viscoelasticity of silicone gel with or without SiO<sub>2</sub> powder was measured by sandwiching silicone gel between upper and lower plates and vibrating the lower plate longitudinally. Storage modulus  $E'$  and loss modulus  $E''$  were measured at a strain rate of 20  $\mu\text{m}$ , a frequency of 10 Hz, and a measurement time of 5 min. The complex modulus of elasticity  $E^*$  is the complex representation of the modulus of elasticity for oscillatory stress and strain in linear viscoelasticity and is expressed by the following eqn (1).

$$E^* = E' + iE'' \quad (1)$$

We calculated  $E^*$  11 times at each frequency and defined the average of 11 values as the  $E^*$ . Also, we defined the error as maximum value of difference between mean value and measured value.

**2.4.2 Adhesion strength measurements using a T-peel test.** The adhesion strength of PTFE/silicone gel assembly was measured by T-peel test using a tensile tester consisting of a digital force gauge (ZP-200N, Imada) and an electric test stand (MX-500N, Imada). The T-peel test was conducted at a room temperature of  $25 \pm 5$  °C and humidity was not controlled. The PTFE and silicone gel sides of the PTFE/silicone gel assembly were sandwiched between the upper and lower chucks of the digital force gauge, respectively, and only the upper chuck was scanned at a scanning speed of 0.5 mm s<sup>-1</sup> during the T-peel test. Finally, the average tensile strength was divided by the PTFE/silicone gel assembly width (*ca.* 10 mm) to calculate the average adhesion strength. To check reproducibility, three samples were prepared under the same conditions.

**2.4.3 Water contact angle (WCA) measurements.** A commercial contact angle meter (DM500, Kyowa Interface Science) was used for the WCA measurement. In the measurements, the volume of water was set to 3.0  $\mu\text{L}$ . In addition, we measured and calculated the static WCA using the  $\theta/2$  method. Seven measurements were taken under each condition, and the average value of five points was calculated, excluding the maximum and minimum values. The contact angle was measured 5 s after pure water contacted the silicone gel surface. FAMAS software (Version 3.3) from Kyowa Interface Science was used to analyze the WCA measurement results.

**2.4.4 Fourier transform infrared spectroscopy (FTIR) measurements.** Fourier Transform Infrared Spectroscopy (FTIR) was used to investigate changes in the chemical bonding state of silicone gel before and after PJ treatment. The FTIR measurements were performed using a Fourier transform infrared spectrophotometer (FT/IR 6100typeA, JASCO) in the high-sensitivity reflection absorption spectroscopy (RAS) mode. The light source was a high-brightness ceramic light source (halogen lamp), the detector was a DLATGS detector (MCT-M), the beam splitter (crystal) was a Ge prism, and the number of integrations was 256. In the FTIR-RAS measurement, a thin film

of silicone gel was prepared on a mirror-finished Al plate (A50, Sumitomo Light Metal Industries). To prepare a thin film of silicone gel, silicone gel precursor (KE1062) and toluene (99.5%, Kishida Chemical) were mixed and stirred in a 1 : 1 mass ratio because the viscosity of the silicone gel itself needed to be as low as possible. After a drop of silicone gel precursor with low viscosity was placed on the mirror-finished Al plate, spin coating was performed for 30 s at a rotational speed of 6000 rpm, and then the Al plate coated with the diluted silicone gel were cured in an a vacuum dryer (AVO-200NS, AS-ONE) at 120 °C for 30 min. FTIR spectra were collected at 3800–3000 cm<sup>-1</sup> for Si–OH group, 3000–2900 cm<sup>-1</sup> for CH<sub>3</sub> group, and 1050–950 cm<sup>-1</sup> for cross-linked Si–O–Si group, respectively.

**2.4.5 Confocal laser scanning microscope (CLSM) observation.** The surface morphology of silicone gel with or without adding oleophilic SiO<sub>2</sub> powder was observed before and after PJ treatment using a confocal laser scanning microscope (LEXT OLS4100, Olympus). An area of 642  $\mu\text{m} \times 643 \mu\text{m}$  was observed with the objective lens set to a magnification of 20 $\times$ . The Olympus Stream software (Version 1.1.7.2) was used.

## 3 Results and discussion

### 3.1 Viscoelasticity measurement of silicone gel after addition of oleophilic SiO<sub>2</sub> powder

Fig. 2 shows the change over time of the storage modulus ( $E'$ ) and loss modulus ( $E''$ ) of SG20, SG20-OP3, and SG20-OP5. It was found that as the amount of oleophilic SiO<sub>2</sub> powder added increased, both the storage modulus and loss modulus increased. The complex modulus of elasticity ( $E^*$ ) of SG20, SG20-OP3, and SG20-OP5 was  $54 \pm 6$  kPa,  $189 \pm 4$  kPa, and  $484 \pm 26$  kPa, indicating that the stress required to deform the material increases. These results indicate that silicone gels with high viscosity and mechanical strength can be made by adding oleophilic SiO<sub>2</sub> powder to silicone gel precursor.

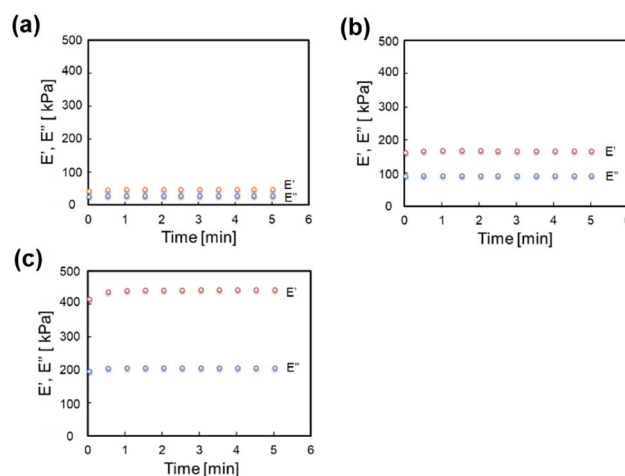


Fig. 2 Storage modulus ( $E'$ ) and loss modulus ( $E''$ ) of (a) SG20, (b) SG20-OP3, and (c) SG20-OP5.





### 3.2 Adhesion strength measurements of PTFE/silicone gel assemblies

The adhesion strength was compared between PTFE/SG20-OP5 and PTFE/SG20-HP5 assemblies. For a comparison, the adhesion strength of PTFE/SG20 having no SiO<sub>2</sub> powder was measured. The effect of PJ treatment on adhesion was also investigated. Fig. 3 shows the adhesion strength of PTFE/silicone gel assemblies with or without PJ treatment for silicone gel.

When the silicone gel was not PJ-treated, the adhesion strength was 0.01 N mm<sup>-1</sup> in all cases, and the HAP-treatment PTFE sheets were easily peeled off from the silicone gel by hand. In contrast, when the silicone gel was PJ-treated, the adhesion strength increased in all cases, and the highest results obtained when oleophilic SiO<sub>2</sub> powder was added. The addition of oleophilic SiO<sub>2</sub> powder improved mechanical property of the silicone gel, resulting in suppression of breaking the silicone gel in the T-peel test. ESI-4 and 5† show videos of the T-peel test of PTFE/SG20-OP5-PJ0 and PTFE/SG20-OP5-PJ2.

ESI-6† is a video of attachment/detachment test of the PTFE/silicone gel assembly to confirm the possibility of repeated use. In the test, the attachment and detachment were repeated more than 10 times to the Al substrate (HA0513, Hikari). In all cases, the silicone gel adhered to the Al substrate, and we confirmed that the PTFE/silicone gel interface and silicone gel itself were not broken. The results show that PTFE/silicone gel assembly has both adhesive and durability properties.

Additionally, Fig. 4 shows the adhesion strength of PTFE/SG20-OP5 assembly with the different number of PJ scans. The highest adhesion strength was obtained when the number of PJ scans was two times. In contrast, when the number of PJ scans was 0 or 60 times, the adhesion strength was 0.01 N mm<sup>-1</sup>. These results indicate that the number of PJ scans to the silicone gel plays a significant role in the adhesion strength of PTFE/silicone gel assembly.

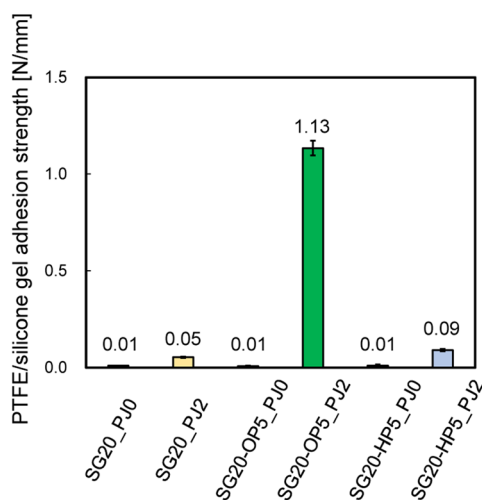


Fig. 3 Comparison of the adhesion strength of PTFE/silicone gel assemblies ( $n = 3$ ).

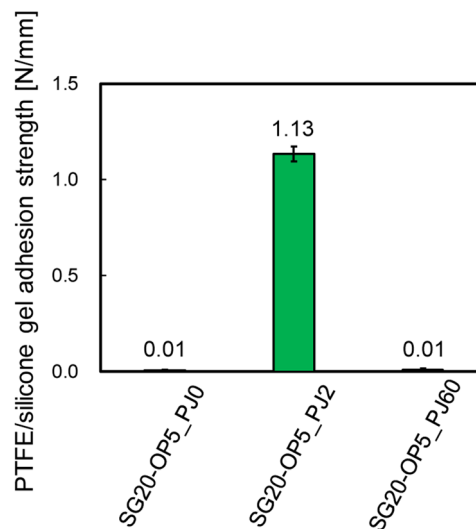


Fig. 4 PTFE/silicone gel adhesion strength of PTFE/SG20-OP5 assembly with the different number of PJ scans.

### 3.3 Chemical factor of improvement in adhesion strength

From Fig. 4, there is clear that there is a significant correlation between the number of PJ scans and adhesion strength. To investigate the relation between the wettability of the silicone gel surface and the number of PJ scans, the WCA was measured. The results of the WCA measurements are shown in Fig. 5. When the number of PJ scans increased, the WCA decreased, and a hydrophilic surface was obtained. Generally, the higher the wettability of the surface is, the higher the adhesion property for adherents is. However, the WCA results were inconsistent with the results of the adhesion strength in Fig. 4.

To investigate the effect of PJ treatment on chemical bonding state of silicone gel, FTIR-RAS measurements were also performed. ESI-7† shows FTIR-RAS spectra of silicone gel containing oleophilic SiO<sub>2</sub> powder. Since noise makes it difficult to analyze the spectra of silicone gel, PJ treatment and FTIR-RAS

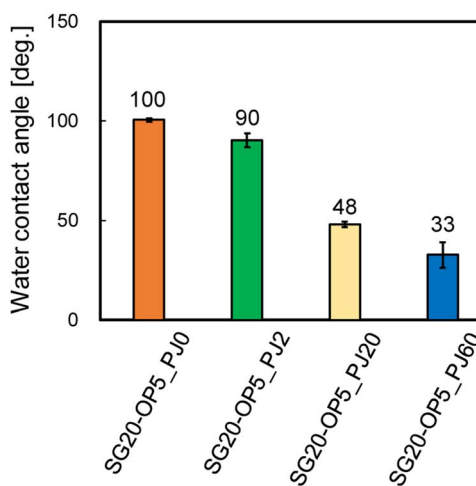


Fig. 5 Relation between the number of PJ scans and water contact angles (WCAs) of silicone gel.



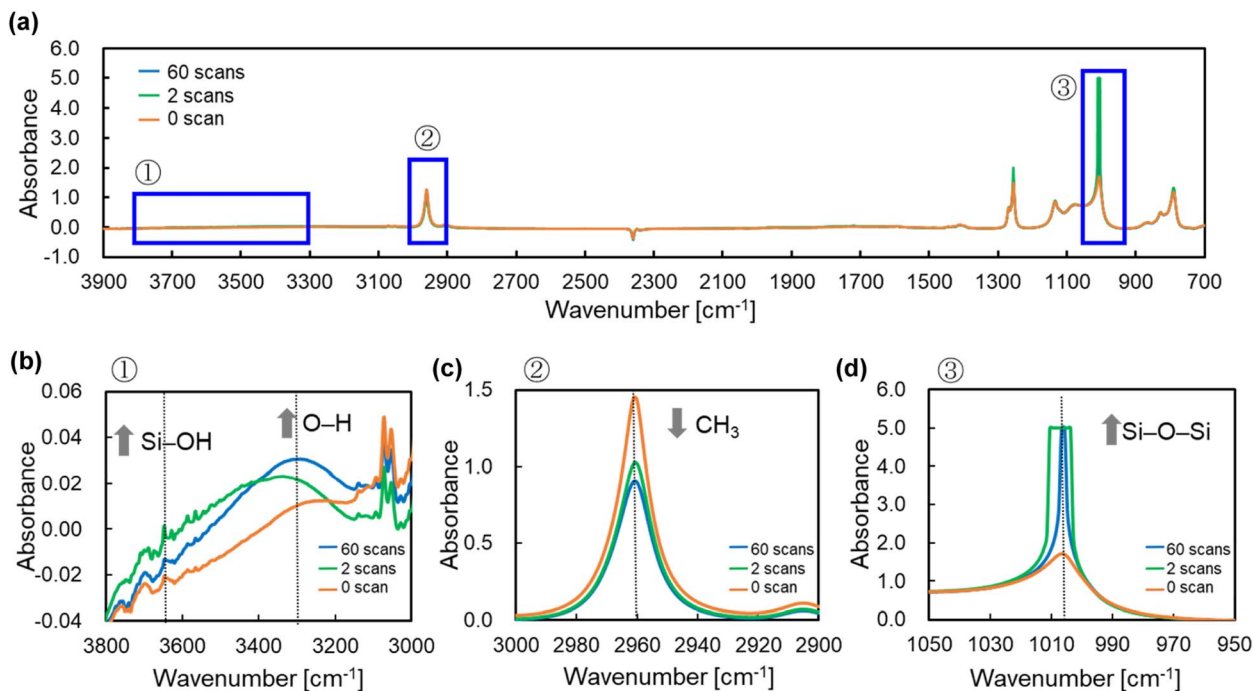


Fig. 6 FTIR-RAS spectra of silicone gel non-containing oleophilic  $\text{SiO}_2$  powder with the different number of PJ scans (a)  $3900\text{--}700\text{ cm}^{-1}$ , (b)  $3800\text{--}3000\text{ cm}^{-1}$ , (c)  $3000\text{--}2900\text{ cm}^{-1}$ , and (d)  $1050\text{--}950\text{ cm}^{-1}$ .

measurement were performed for silicone gel non-containing oleophilic  $\text{SiO}_2$  powder as shown in Fig. 6. At the bands at  $3800\text{--}3000\text{ cm}^{-1}$ , two main significant peaks were observed. The one peak at the highest wavenumber side ( $3747\text{ cm}^{-1}$ ) is attributed to an isolated Si-OH group. The other broad peak at  $3500\text{--}3200\text{ cm}^{-1}$  is attributed to water molecules. The highest absorbance attributed to the Si-OH group was detected in the case of two scans of PJ treatment, and the percentage of Si-OH group decreased in the case of 60 scans. At the bands at  $3000\text{--}2900\text{ cm}^{-1}$ , the peaks attributed to the side chain methyl groups were observed, and the absorbance decreased *via* PJ treatment. This is thought to be because the methyl group of Si- $\text{CH}_3$  is cleaved by PJ treatment and replaced with a cross-linked Si-O-Si group or a hydrophilic functional group Si-OH group. At  $1050\text{--}950\text{ cm}^{-1}$ , the peak attributed to asymmetric Si-O-Si stretching vibrations of chain siloxanes were observed. When the number of PJ scans was two, the peak absorbance of the Si-O-Si group increased significantly, which indicates frequent occurrence of cross-links between silicone chains. This is thought to be because the PJ treatment cleaved the methyl groups and replaced them with Si-O-Si crosslinks. In contrast, when the number of PJ scans was 60 s, Si-O-Si groups increased by a certain amount, but the rate of increase was lower than in the case of 2 scans. This is thought to be due to the cleavage of the Si-O-Si crosslinks generated by the excessive plasma treatment. These results show the same trend as the adhesion strength result of PTFE/SG20-OP5 assembly shown in Fig. 4.

### 3.4 Physical factor of improvement in adhesion strength

Fig. 7 shows CLSM images of silicone gel with and without oleophilic  $\text{SiO}_2$  powder. In Fig. 7(a), the surface of SG20 non-

containing oleophilic  $\text{SiO}_2$  powder was flat. In contrast, in Fig. 7(b), it was found that the addition of oleophilic  $\text{SiO}_2$  powder to silicone gel formed an overall uneven structure and increased the surface roughness. This unevenness would be caused by both dispersion and aggregation of the  $\text{SiO}_2$  particles with each other (average diameter  $8.9\text{ }\mu\text{m}$ ) in the silicone gel. Fig. 8 shows the CLSM images of SG20-OP5 with the different number of PJ scans of 0, 2, and 60 times. No significant difference in surface morphology was observed when the number of PJ scans was 0 or 2, but many cracks were observed on the surface only when the number of PJ scans was 60 s. These are cracks indicate the formation of a new WBL on the silicone gel surface by excessive plasma treatment. These results are also consistent with the results of the adhesion strength of the PTFE/SG20-OP5 assembly, as shown in Fig. 4. Considering the results of adhesion strength, WCA, FTIR-RAS, and CLSM

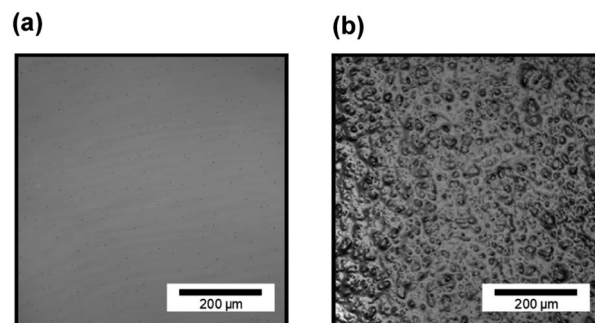


Fig. 7 CLSM images of silicone gel (a) without oleophilic powder (SG20) and (b) with oleophilic  $\text{SiO}_2$  powder (SG20-OP5).



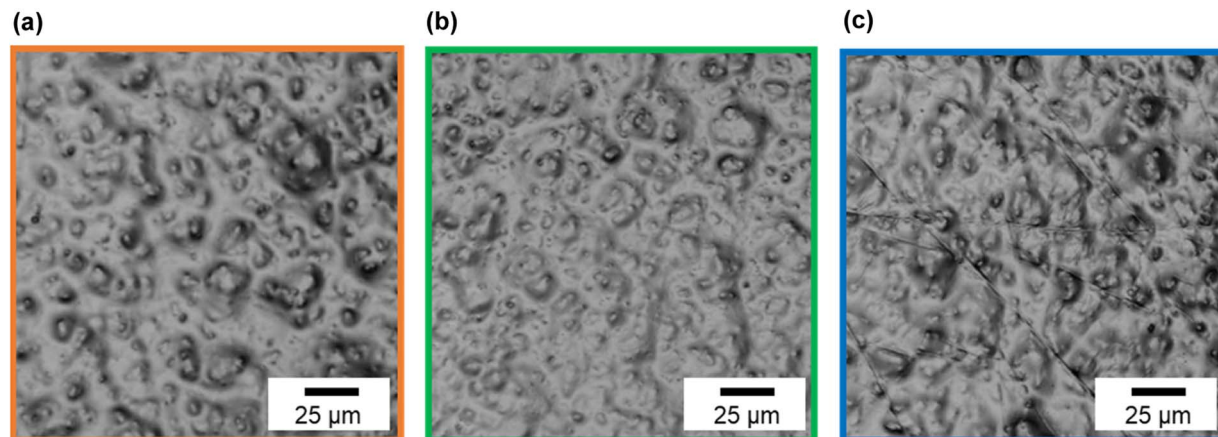


Fig. 8 CLSM images of silicone gel containing oleophilic  $\text{SiO}_2$  powder (SG20-OP5) with the different number of PJ scans (a) 0 scan, (b) 2 scans, and (c) 60 scans.

comprehensively, it was found that chemical factors such as surface wettability and the amount of hydrophilic functional groups were more dominant than physical factors as factors contributing to the adhesion strength of PTFE/silicone gel assembly. In addition to this, it became clear that higher adhesion strength could be obtained by increasing the mechanical strength of the silicone gel itself on the premise that the interface is strongly bonded.

## 4 Conclusions

In this study, oleophilic  $\text{SiO}_2$  powder was added to the silicone gel to improve its mechanical strength, and PJ treatment was applied to achieve strong adhesion between the silicone gel and PTFE without using any adhesive. By applying moderate PJ treatment (2 scans) to the silicone gel, the highest adhesion strength of  $1.13 \text{ N mm}^{-1}$  was obtained. However, untreated (0 scan) or excessive PJ treatment (60 scans) resulted in a low value of  $0.01 \text{ N mm}^{-1}$ . Therefore, we investigated the reasons for the difference in adhesion strength between the moderately PJ-treated case and untreated, excessively PJ-treated cases. First, the WCA of the silicone gel surface in the moderately PJ-treated case was  $90^\circ$ , which was  $10^\circ$  lower than that in the untreated case. Analysis of the chemical bonding before and after PJ treatment using FTIR-RAS spectra showed a decrease in the methyl groups ( $\text{CH}_3$ ) in the side chains of siloxane bonds and an increase in the hydrophilic functional groups ( $\text{Si-OH}$ ) and cross-links between silicone chains ( $\text{Si-O-Si}$ ). Therefore, strong adhesion was achieved by formation of chemical bonding when the plasma-treated PTFE surface and the silicone gel surface containing hydrophilic functional groups from PJ treatment touched each other. Next, the untreated surface of the silicone gel exhibited a WCA of  $100^\circ$ , indicating that the surface was hydrophobic. Furthermore, in the FTIR-RAS spectra, the spectral intensities of hydrophilic functional groups ( $\text{Si-OH}$ ) and cross-links ( $\text{Si-O-Si}$ ) were observed to be much lower in the moderately and excessively PJ-treated. Therefore, it is expected that chemical bonds were not formed with the PTFE surface,

resulting in lower adhesion strength. Finally, in the excessively PJ-treated case, the WCA was  $33^\circ$ , indicating a highly hydrophilic surface. The FTIR-RAS spectra showed an increase in the spectral intensity of hydrophilic functional groups ( $\text{Si-OH}$ ) and cross-links ( $\text{Si-O-Si}$ ), but the intensity was lower than that in the moderately PJ-treated case. Furthermore, no cracks were observed in the CLSM images at 0 and 2 scans, but some cracks were observed on the surface at excessive treatment (60 scans), indicating that a WBL was formed on the surface due to the excessive surface modification. Therefore, it is concluded that although a higher hydrophilic surface can be obtained by excessive PJ treatment, strong adhesion to PTFE is impossible due to the lower number of functional groups and cross-links formed and the surface degradation. These results indicate that it is important to perform moderate plasma treatment to increase the number of hydrophilic functional groups and cross-linked structures to improve the adhesion properties of silicone gel. Adhesive-free adhesion between PTFE having the superior high-frequency properties and silicone gel having attachment/detachment property may provide a clue to the development of beyond 5G IoT devices that can be attached and detached according to purpose and situation of use.

## Author contributions

Y. O., I. K., K. E. and K. Y. supervised the work. E. M. prepared silicone gel and performed plasma treatments and prepared the plasma-treated PTFE and silicone gel samples. Y. S. and M. N. performed the viscoelasticity measurement, adhesion strength measurement, WCA measures, FTIR measurements and CLSM observation. All authors contributed to the scientific discussion and manuscript preparation. E. M. wrote the manuscript. All authors have read and agreed to the published version of the manuscript.

## Conflicts of interest

The authors declare no conflict of interest.



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