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Facile synthesis of efficient $Co₃O₄$ nanostructures using the milky sap of Calotropis procera for oxygen evolution reactions and supercapacitor applications

Adeel Liaquat Bhatti,^a Aneela Tahira,^c Shusheel Kumar,^a Zaheer Ahmed Ujjan,^a Muham[ma](http://orcid.org/0000-0001-6360-773X)d Ali Bhatti[,](http://orcid.org/0000-0001-6439-6014)^d Sooraj Kumar,ⁱ Umair Aftab, De Amal Karsy, D^h Ayman Nafady,^g Ant[o](http://orcid.org/0000-0002-6756-9862)nia Infantes-Molina^{Df} and Zafar Hussain Ibupoto^{D*b}

The preparation of $Co₃O₄$ nanostructures by a green method has been rapidly increasing owing to its promising aspects, such as facileness, atom economy, low cost, scale-up synthesis, environmental friendliness, and minimal use of hazardous chemicals. In this study, we report on the synthesis of Co₃O₄ nanostructures using the milky sap of Calotropis procera (CP) by a low-temperature aqueous chemical growth method. The milky sap of CP-mediated $Co₃O₄$ nanostructures were investigated for oxygen evolution reactions (OERs) and supercapacitor applications. The structure and shape characterizations were done by X-ray diffraction (XRD), scanning electron microscopy (SEM), energy-dispersive spectroscopy (EDS), and X-ray photoelectron spectroscopy (XPS) techniques. The prepared $Co₃O₄$ nanostructures showed a heterogeneous morphology consisting of nanoparticles and large micro clusters. A typical cubic phase and a spinel structure of $Co₃O₄$ nanostructures were also observed. The OER result was obtained at a low overpotential of 250 mV at 10 mA cm⁻² and a low Tafel slope of 53 mV dec⁻¹. In addition, the durability of 45 hours was also found at 20 mA cm^{−2}. The newly prepared Co₃O₄ nanostructures using the milky sap of CP were also used to demonstrate a high specific capacitance of 700 F g^{-1} at a current density of 0.8 A g⁻¹ and a power density of 30 W h kg⁻¹. The enhanced electrochemical performance of $Co₃O₄$ nanostructures prepared using the milky sap of CP could be attributed to the surface oxygen vacancies, a relatively high amount of Co^{2+} , the reduction in the optical band gap and the fast charge transfer rate. These surface, structural, and optical properties were induced by reducing, capping, and stabilizing agents from the milky sap of CP. The obtained results of OERs and supercapacitor applications strongly recommend the use of the milky sap of CP for the synthesis of diverse efficient nanostructured materials in a specific application, particularly in energy conversion and storage devices. PAPER
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a Institute of Physics, University of Sindh Jamshoro, 76080, Sindh, Pakistan. E-mail: zaffar.ibhupoto@usindh.edu.pk

b Institute of Chemistry, University of Sindh Jamshoro, 76080, Sindh, Pakistan

c Institute of Chemistry, Shah Abdul Latif University Khairpur Mirs, Sindh, Pakistan d Centre for Environmental Sciences, University of Sindh Jamshoro, 76080, Sindh, Pakistan

e Department of Metallurgy and Materials, Mehran University of Engineering and Technology, 7680 Jamshoro, Sindh, Pakistan

f Department of Inorganic Chemistry, Crystallography and Mineralogy, Unidad Asociada al ICP-CSIC, Faculty of Sciences, University of Malaga, Campus de Teatinos, 29071, Malaga, Spain

i Department of Chemical Engineering, Mehran University of Engineering and Technology, 7680 Jamshoro, Sindh, Pakistan

1. Introduction

From the Stone Age to nano era, energy is one of the most essential elements for the sustainability of life and environment. The use of energy relaxes and confronts the daily activities performed by us. Therefore, the demand for energy has increased rapidly over time due to the high population density of human beings and the development of a large number of industries.¹⁻⁵ Most of the energy for our activities is provided entirely using fossil fuels, and therefore, fossil fuel deposits become smaller over time, and we cannot fulfill the requirement of energy from the fossil fuels. This critical scenario of increasing energy demands, depletion of fossil fuels, and their adverse impact on our environment necessitates the search for new alternative and renewable energy sources.⁶⁻⁸ Alternative energies are very sustainable and have been available since the beginning of the universe. However, there are certain barriers for the direct capitalization of

g Chemistry Department, College of Science, King Saud University, Riyadh, 11451, Saudi Arabia

h Nanotechnology Research Centre (NTRC), The British University in Egypt (BUE), Cairo, Egypt

available alternative energies. These alternative energies include solar, wind, water splitting, hydro power, and nuclear.⁹⁻¹² Water splitting seems to be an emerging technology for lifting other technologies such as fuel cells and metal air batteries. Water splitting is a simple, efficient, and inexpensive method to strengthen renewable energy reservoirs.¹³⁻¹⁷ This proceeds via two well-known half-cell reactions, namely, hydrogen evolution reactions (HERs) and oxygen evolution reactions (OERs).¹⁸–²⁴ From a thermodynamic point of view, the HER is simple as it uses twoelectron transfer during the reaction, whereas the OER involves four-electron transfer during the reaction, $25-28$ and hence, the OER is very complicated and kinetically slow. Therefore, water splitting needs an active electrocatalyst for the realization of efficient HER and OER processes. To date, the state-of-the-art electrocatalysts for the HER are Pt-based materials and for the OER are Ru/Irbased materials.²⁹–³⁴ These noble metal-based materials are scarce in nature and very expensive, and thus, they cannot be used for large-scale water splitting. Many efficient nonprecious electrocatalysts are reported for the HER, but we still need efficient non-noble electrocatalysts for the OER, since it is very difficult to transfer four electrons and form a double bond during the production of O_2 molecules from water splitting. Research in this area is at its peak; however, the success for the practical production of $O₂$ is still far from realization. Therefore, we must increase our efforts to develop efficient nonprecious catalysts from earthabundant materials for the efficient OER. The transition metal oxides of iron, cobalt, nickel, and copper are active for the OER, but their performance is still inferior to that of the noble materials. Various electrocatalysts doped with cobalt oxide such as $CoO₂, Co(PO₃)₄, CuCo₃O₄, NiCo₃O₄, and MnCo₂O_x are reported in$ the available literature.³⁵⁻⁴² These studies show that these materials are neither stable nor durable under alkaline or acidic conditions. Several methods have been used to synthesize various metal oxides including solvent evaporation, electrochemical, hydrothermal, sol–gel, co-precipitation, and green-mediated approaches. The green production of metal oxides is among the synthetic methods with several advantageous features such as inexpensiveness, environmental friendliness, and simplicity. They are used very intensively in the present time.⁴³ Large types of metal oxides have been synthesized by a green-mediated approach such as ZnO, Fe₂O₃, AgO, CuO, and Al_2O_3 using different plant extracts of Agathosma betulina, Sida cordifolia, Pedalium murex, Gloriosa superba, and Prunus yedoensis.⁴⁴ The synthesis of different metal oxides such as ZnO, Fe₂O₃, AgO, CuO, and Al_2O_3 using various plant extracts has enhanced the functional properties of these materials towards specific application. This shows a strong motivation to adopt the use of new plant leaf extracts or fruit juice to improve the electrochemical properties of nanostructured materials, because the green-mediated approach offers a wide range of useful aspects in tuning the electrochemical performance of nanostructured materials such as the plentiful availability of reducing, capping, stabilizing and structure-orienting agents from various plant parts such as stems, leaves, flowers, fruits, and seeds.^{45,46} These beneficial phytochemicals from the plants prevent aggregation and control the shape and dimension of nanostructured materials.⁴⁵–⁴⁷ However, there is less attention paid to the use of green-mediated approach towards the synthesis Paper
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of cobalt oxide (Co_3O_4) nanostructures and the role of greenmediated approach towards the enhancement in the electrochemical activity of $Co₃O₄$ nanostructures. Fortunately, $Co₃O₄$ is more stable and durable in alkaline media;⁴⁸⁻⁵² however, its OER activity is low, hence new strategies and methods are required to accelerate the OER kinetics on the surface of $Co₃O₄$. In addition, $Co₃O₄$ is one of the transition metal oxides that have a high theoretical specific capacitance of about 3560 F g^{-1} .⁵³⁻⁵⁵ The capacitance of $Co₃O₄$ in the practical applications is quite low compared to its theoretical value due to its restricted electron transfer, low electrical conductivity, limited surface area, contraction and large volume expansion, and aggregation of particles.^{56–60} These limitations of $Co₃O₄$ enabled the sluggish kinetics, poor capacitance and cycling stability during electrochemical testing. Therefore, the capacitance of $Co₃O₄$ needs to be increased by adapting new synthetic pathways. Among the abandoned plants, Calotropis procera (CP) is a species of flowering plant belonging to the family Apocynaceae that is native to North Africa, Pakistan, tropical Africa, Western Asia, South Asia, and Indochina. The main phytochemical components of CP include saponin, tannin, alkaloids, oxalate, phytate and cyanogenic glycosides. Many of these phytochemicals from CP have properties like reducing, stabilizing, and chelating agents; hence, they have been successfully used to enhance the electrochemical performance of $Co₃O₄$ nanostructures. The molecular structures of major phytochemicals in the milky sap of CP are drawn as shown in Scheme 1.

The use of natural products of the milky sap of CP to change the morphologies and electrochemical properties of $Co₃O₄$ is not reported; hence, it was used in the current work to tune the surface and optical structure of $Co₃O₄$. The ingredients of the milky sap of CP have improved $Co₃O₄$ electrical conductivity, created structural defects, improved catalytic sites, enhanced cycling stability, and lowered the OER overpotential for water oxidation in alkaline media.

In this study, we used the milky sap of CP as a surfacemodifying reagent for $Co₃O₄$ nanostructures during the lowtemperature aqueous chemical growth method. The ingredients of the milky sap of CP have improved the surface area, electrical conductivity, and OER activity of $Co₃O₄$. The physical structure of $Co₃O₄$ has been studied using different characterization techniques such as SEM, XRD, and EDS. The nanostructured $Co₃O₄$ showed excellent OER activity, with a low overpotential of 250 mV at 10 mA cm^{-2} , and a low Tafel slope of 53 mV dec⁻¹. A low Tafel slope of Co₃O₄ indicates a fast OER kinetics for practical applications. $Co₃O₄$ turned out to be very stable for a period of 45 hours and showed a low charge transfer resistance. The use of natural products of the milky sap of CP could be of great importance for the synthesis of a wide range of energy storage and conversion materials.

2. Experimental method

2.1. Used chemical reagents

Chemical reagents such as cobalt chloride hexahydrate (CoCl₂- $+6H₂O$), urea, and potassium hydroxide (KOH) were obtained from Sigma Aldrich Karachi Pakistan. The milk of the Sodom apple was

Scheme 1 Molecular structures of major phytochemicals of the milky sap of CP.

collected from the mountains of Jamshoro, Sindh Pakistan. All the desired solutions were prepared in deionized water.

2.2. Synthesis of $Co₃O₄$ nanostructures using the milky sap of CP

In a typical synthesis, an equimolar (0.1 M) solution of cobalt chloride hexahydrate and urea solutions were prepared in

100 mL of deionized water in three separate 250 mL beakers. In two beakers, 1 mL and 2 mL of milky sap of CP were placed and they were labeled as sample 1 and sample 2 respectively. However, one beaker without the milky sap of CP was named pure sample. Then, these three beakers were sealed with aluminum foil and low-temperature aqueous chemical growth method was carried out in a preheated electric oven at 90 °C for

Scheme 2 Stepwise preparation of $Co₃O₄$ nanostructures with the milky sap of CP.

5 hours. Afterwards, the grown product was obtained on filter paper, washed with deionized water and dried overnight. Then, cobalt hydroxide was thermally decomposed at 500 °C in air for 5 hours, and finally, a black nanostructured product of $Co₃O₄$ was obtained. The synthesis process of $Co₃O₄$ is shown in Scheme 2.

2.3. Physical characterization of the prepared $Co₃O₄$ material using the milky sap of CP

The surface and crystal structures of the prepared $Co₃O₄$ material were investigated using a variety of analytical techniques such as XRD and SEM. The XRD experiment was performed with 1.5418 Å CuKa radiations at 45 kV and 45 mA. A SEM was used at an accelerating voltage of 3 kV, and an EDS equipped with a SEM was used to identify the chemical entities. The electrochemical characterization of the prepared $Co₃O₄$ materials was performed by cyclic voltammetry (CV) at 10 mV s^{-1} , linear sweep voltammetry (LSV) at 5 mV s^{-1} , and chronopotentiometry at 10 mA cm^{-2} , and electrochemical impedance spectroscopy (EIS) was performed at 100 kHz to 1 Hz with an amplitude of 5 mV and OER onset potential in alkaline media. X-ray photoelectron spectroscopy (XPS) was performed for quantitative and chemical state information on the surface using an ESCA 5701 unit, Physical Electronics (PHI) working with monochromatic X-ray source Al (k-alpha) of photons at 1486 eV under ultra-high vacuum at a pressure of 10–10 mbar. The obtained XPS experimental results were analyzed using 0.651 eV Au $4f_{7/2}$ line of full width at half maximum. The UVvisible absorbance spectra were recorded using a UV-visible

spectrophotometer (Lambda365, PerkinElmer, Waltham, MA, USA). The vibration bands of the $Co₃O₄$ material were obtained using a Fourier transform infrared (FTIR) instrument (Tensor 27, Bruker Optics, Karlsruhe, Germany).

2.4. Electrocatalysis and capacitance analysis on $Co₃O₄$ nanostructure materials

A three-electrode electrochemical cell assembly was fabricated using silver–silver chloride as the reference electrode, a platinum plate as the counter electrode, and a glassy carbon electrode (GCE) as the working electrode. The electrolyte was 1 M KOH de-aerated with N_2 . The ink of different Co_3O_4 materials was prepared by dispersing 5 mg in 2.5 mL of deionized water and 50 μ L of 5% Nafion. The GCE was polished with 0.05 μ alumina slurry and silicon paper. Then, $5 \mu L$ catalyst ink was coated onto the GCE by a drop-casting method. The modified GCE was ready for electrochemical measurements. CV was used first to confirm the stability of the material on the GCE, followed by LSV at slow scan to measure the OER activity. For measuring the electrochemically active surface area, CV was carried out at different scan rates. For monitoring the durability, chronopotentiometry was used at constant 10 mA cm⁻². To understand the charge transport at the interface of the modified GCE and electrolyte, EIS was performed for the frequency range from 100 kHz to 1 Hz at an amplitude of 5 mV and OER onset potential as bias. All electrochemical tests were performed in 1.0 M KOH at room temperature. The measured silver–silver chloride potential is reported in reversible hydrogen electrode (RHE) using the Nernst equation. The capacitance experiments Paper

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Fig. 1 (a–c) Prominent SEM images of different samples including pure Co₃O₄, sample 1 and sample 2. (d) XRD reflection peaks of pure Co₃O₄, sample 1 and sample 2.

were conducted in 3.0 M KOH and the three-electrode cell set up.

3. Results and discussion

3.1. Physical studies of the morphology and crystalline aspects of $Co₃O₄$ nanostructures prepared with the milky sap of CP

The morphological studies of different $Co₃O₄$ nanostructures prepared with the milky sap of CP were performed using a SEM experimental tool, and the typical shape features recorded for pure $Co₃O₄$, sample 1 and sample 2 are shown in Fig. 1a-c. It is evident that pure $Co₃O₄$ has nanorods covered by dense clusters that are several microns in size, indicating a high degree of heterogeneity of the pure sample. The morphology of $Co₃O₄$ made with different volumes of the milky sap of CP shows different shape orientations. The nanorods are lost and the clusters have been found for both the samples of $Co₃O₄$ prepared with 1 mL and 2 mL of CP, as shown in Fig. 1b and c. It is also evident that the size of the $Co₃O₄$ nanoparticles is smaller than that of the pure $Co₃O₄$ sample, confirming the role of CP's reducing, capping, and stabilizing agents in controlling the shape and size of nanostructured materials. From the SEM analysis, the use of phytochemicals from the milky sap of CP is highly favorable for enhancing the catalytic performance of nanostructured materials. The phase and purity of different Co3O4 nanostructures were studied by XRD measurement, and the recorded diffraction patterns are shown in Fig. 1d. The measured diffraction patterns were located at 2θ of 19.68°, 31.89°, 37.7°, 39.29°, 45.5°, 55.89° and 59.11°, assigned to the (111), (220), (311), (222), (400), (422) and (511) Miller indices respectively. All the diffraction patterns were attributed to the cubic phase of $Co₃O₄$ and well confirmed by standard JCPDS data (JCPDS 96-900-5891). $61,62$ It was seen that the relative intensities of the diffraction peaks (111), (222), (422), and (511) of the crystal planes were reduced in the case of sample 1, as shown in Fig. 1d. The use of the milky sap of CP did affect the crystalline properties of the crystal phase; however, there was no impurity in any sample and all the $Co₃O₄$ samples produced were of high purity. Furthermore, the Scherrer equation was used to estimate the values of the average crystallite size of different $Co₃O₄$ nanostructures, as given in Table 1. The measured values of the average crystallite size for pure $Co₃O₄$, sample 1 and sample 2 were 26.05, 21.80 and 21.30 nm respectively. This analysis indicates that the milky sap of CP has

shown negligible effects on the average crystallite size of sample 1 and sample 2, whereas pure $Co₃O₄$ possessed a higher crystallite size value than that of sample 1 and sample 2. From this information, it is obvious that the crystallite size did not play any role in the electrochemical performance of sample 1. Fig. 2a–c shows the typical elemental analysis of various $Co₃O₄$ nanostructure materials prepared with and without the milky sap of CP. The EDS spectrum of pure $Co₃O₄$ is enclosed in Fig. 2a. The $Co₃O₄$ nanostructures prepared with 1 mL and 2 mL of milky sap of CP are shown in Fig. 2b, c. The elemental analysis shows that Co and O were the major elements in each sample, and sample 1 contained a low amount of oxygen indicating the oxygen vacancies in sample 1. The atomic weight percentage of O in $Co₃O₄$, sample 1, and sample 2 was found in the order of 68.36%, 56.2% and 61.76% respectively, indicating the significant difference of sample 1 with respect to sample 2 and pure $Co₃O₄$. This low abundance of oxygen in sample 1 possibly would play an important role to accelerate the electrochemical activity. The atomic weight percentage of O sample 2 is still lower than that of pure $Co₃O₄$, however, it exhibits the atomic weight percentage of O slightly higher than that of sample 1. This has indicated the strong influence of different volumes of milky sap of CP on the variation in the oxygenated surface of $Co₃O₄$. The EDS study demonstrated the high purity of each sample. The optical band gap estimation was performed over synthesized $Co₃O₄$ with and without different amounts of the milky sap of CP using UV-visible measurements in the wavelength range of 200–700 nm, as shown in Fig. 3a–c. The absorbance values of $Co₃O₄$ with CP were higher than that of pure $Co₃O₄$, suggesting a strong indicator of the optical density of the prepared materials.⁶³ The prepared $Co₃O₄$ materials with and without the milky sap of CP samples exhibit the absorbance edges in the visible part of each sample associated with multiple events of charge transfer between the metal and the ligand (O^{2-}) → Co^{2+}) and $(O^{2-} \rightarrow Co^{3+})$ of Co_3O_4 .⁶⁴ The milky sap of CP influenced the optical band gap variation of $Co₃O₄$ nanostructures and the Tauc formula shown below was used to quantify the optical band gap.⁶⁵ PSC Advances

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(\alpha h\nu)^n = A(h\nu - E_g) \tag{1}
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Different symbols in the above-mentioned equation refer to specific variable and constant values such as A as a constant, α is the absorption coefficient, hv is the photon energy and E_{α} is the band gap energy and n is a constant value assigned to

different types of transitions including 2, 1/2, 2/3 and 1/3 allowed direct, allowed indirect, forbidden direct and forbidden indirect.⁶⁶ The simulated optical band gap of different $Co₃O₄$ nanostructures prepared with the milky sap of CP and pure $Co₃O₄$ using Tauc plots is shown in Fig. 3d–f. The estimated optical band gap of pure $Co₃O₄$, sample 1, and sample

Fig. 3 (a–c) UV-visible absorption spectra of pure Co₃O₄, sample 1 and sample 2. (d–f) Calculated optical band gap of pure Co₃O₄, sample 1 and sample 2.

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2 were in the order of 2.83 eV, 2.03 eV and 2.47 eV respectively, which again indicates the role of different volumes of the milky sap of CP on the optical features of $Co₃O₄$. Sample 1 was associated with a low optical band gap and would possess high conductance because $Co₃O₄$ is a semiconducting material and its electrical conductance is highly dependent on the optical band gap value. The variation in the volume of milky sap during the synthesis of $Co₃O₄$ has shown more pronounced surface plasmon bands, which could be associated with differences in the reduction characteristics, enhancement in the nucleation and size of crystals resulting from the oxygen vacancies, and surface defects, and hence, a difference in band gap calculation was observed. A FTIR study was conducted to evaluate the Co–O chemical binding properties of $Co₃O₄$ prepared with and without the milky sap of CP, as shown in Fig. 4. The FTIR spectra of all samples were recorded in the wave number range from 400 to 4000 cm^{-1} . Several main vibrational bands were

observed and corresponded to the presence of $Co₃O₄$ in each sample. The O–H stretching band positioned at 3437 cm^{-1} and 1637 cm^{-1} was assigned to absorb water molecules, as shown in Fig. 4. The nitrogen groups were also found at the band position of 1450 $\rm cm^{-1}$ and another connected 1126 $\rm cm^{-1}$ to the Co–OH coordinated bond. Typical metal–oxygen bands were noted at 450–650 cm−¹ . The FTIR study has described the presence of two bands associated with the octahedral and tetrahedral positions of $Co³⁺$ and $Co²⁺$ respectively, and this information has confirmed the formation of spinel structure $Co₃O₄$.⁶⁷ The FTIR analysis was fully supported by previous studies. $68-70$

The chemical composition and oxidation states of the different elements on the surface for the as-prepared pure $Co₃O₄$ and sample 1 were evaluated by XPS, and the corresponding signals are shown in Fig. 5. The wide scan survey spectra of pure $Co₃O₄$ and sample 1 are similar, where the presence of Co, O and C elements are evidenced in Fig. 5a. Highresolution spectra enabled the identification of the chemical states of cobalt and oxygen on the surface. In the case of Co 2p core level signals, the spectra were decomposed into three spin– orbit doublets $(2p_{3/2}-2p_{1/2})$ along with the corresponding shakeup satellites, consistent with a cobalt spinel structure and well confirmed by previous studies, $71,72$ as shown in Fig. 5b. By comparing the corresponding Co^{3+}/Co^{2+} atomic ratios for pure $Co₃O₄$, 1.22, and A sample, 0.80, $Co₃O₄$ prepared with the milky sap of CP is richer in Co^{2+} at the surface. The high-resolution O 1s spectra for pure $Co₃O₄$ and sample 1 were also measured (Fig. 5c) and different types of oxygen environments such as lattice oxygen, surface oxygen, and chemisorbed oxygen were observed for both samples.⁷³ This signal indicates that sample 1 shows major contribution from the oxygen surface (signal at ca. 531 eV), which is normally attributed to surface defects/ vacancies. In this regard, the corresponding $O_{\text{Sur}}/O_{\text{Lat}}$ atomic Fig. 4 FTIR spectra of pure Co₃O₄, sample 1 and sample 2. The ratio changed from 0.6 to 1.0 for pure Co₃O₄ and sample 1, RSC Advances

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weight of gas and would process high $\frac{1}{2}$ d. The three origins are also found at the band g

Fig. 5 (a) Typical wide scan survey spectra of pure Co₃O₄ and sample 1. (b) Their resolved Co 2p_{3/2} spectra. (c) O 1s spectra of pure Co₃O₄ and sample 1.

respectively. Therefore, the presented data indicate that the milky sap of CP has induced the formation of a surface richer on $Co²⁺$ and oxygen vacancies, which could play an important role in the OER.

3.2. OER half-cell investigation of milky sap of CP-mediated sCo₃O₄ nanostructures

The OER activity for pure $Co₃O₄$, sample 1 and sample 2 was measured in a three-electrode cell setup with 1.0 M KOH by LSV at 5 mV s^{-1} (see Fig. 6a). The measured onset potentials for sample 1, sample 2 and pure $Co₃O₄$ are 1.45 V versus RHE, 1.48 V versus RHE and 1.51 V versus RHE respectively. The low OER onset potential for sample 1 suggests its excellent catalytic features, which could be attributed to the dynamic morphology, rich active sites and enhanced electrical conductivity using the Sodom apple as a surface modifier. The over potentials calculated at 10 mA cm^{-2} by subtracting the experimental RHE potentials from thermodynamic potential 1.23 V were found to be 250 mV, 270 mV and 280 mV for sample 1, sample 2 and pure $Co₃O₄$. Such calculations reveal that the use of natural products of the milky sap of CP as a surface modifier for $Co₃O₄$ has great potential to enhance the catalytic features of OER electrocatalysts by lowering the energy barrier for the OER process, which is the essential demand in the current studies, and they can also be used to design new functional materials for energy

storage and conversion systems. To further understand the OER kinetics, the Tafel slopes were estimated from the linear region of LSV curves, as shown in Fig. 6b. The Tafel slopes obtained for sample 1, sample 2 and pure $Co₃O₄$ are 53 mV dec⁻¹, 63 mV dec^{-1} and 66 mV dec⁻¹ respectively. The low Tafel slope for sample 1 indicates the favorable and fast OER kinetics on its surface. Such a slow OER accelerated by the newly prepared $Co₃O₄$ material is a major advancement in the field of catalysis that could be used for practical applications. The Tafel slope of 53 mV dec⁻¹ is the lowest to date for the Co₃O₄-based OER electrocatalysts in alkaline media. These results indicate the high potential of natural products for the design of efficient nonprecious catalytic materials. Chronopotentiometry was performed to monitor the durability of sample 1 at constant 10 mA cm−² (see Fig. 6c). In addition, the milky sap of CP has significantly enhanced the durability of $Co₃O₄$ -based sample 1 for 50 hours. There was no abruption in the potential during the test. This excellent durability of sample could be assigned to the good dispersion of $Co₃O₄$ and its fascinating structure. Based on this long-term durability experiment, sample 1 might be used for industrial applications. The stability of $Co₃O₄$ -based sample 1 was evaluated by plotting the LSV curves before and after the durability test (see Fig. 6d). It can be observed that the OER onset potential was not altered even after the period of 50 hours, which reveals the outstanding stability of $Co₃O₄$ -based Paper

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Fig. 6 (a) Linear sweep voltammetry (LSV) polarization curves at a scan rate of 2 mV s^{−1} of pure Co₃O₄, sample 1 and sample 2 in 1.0 M aqueous KOH solution. (b) Tafel results. (c) Chronopotentiometry measurement about the durability of sample 1 at 20 mA cm−² for 45 hours. (d) LSV before and after durability for the demonstration of stability. (e) Nyquist plots of pure $Co₃O₄$, sample 1 and sample 2 using electrochemical impedance spectroscopy (EIS) in the frequency range of 100 kHz to 0.1 Hz at an amplitude of 5 mV and onset potential of the OER; the inset shows an equivalent circuit. (f) Analysis of the overpotential at different current densities for pure $Co₃O₄$, sample 1 and sample 2 with bar graph representation.

sample 1. Hence, sample 1 has great potential for use in the production of O_2 compared to the electrocatalysts under alkaline conditions recently reported for OERs. The EIS study was performed to gain a deep insight into the charge transport between the working electrode and the electrolyte, which favors the OER process, as shown in Fig. 6e. The EIS data were fitted with an equivalent circuit and the corresponding circuit elements were solution resistance (R_s) , charge transfer resistance (R_{ct}) and constant phase element (CPE) corresponding to double-layer capacitance. The calculated charge transfer resistance values for pure $Co₃O₄$, sample 1, and sample 2 were found as 823 ohms, 71 ohms, and 612 ohms respectively. The nanostructured $Co₃O₄$ sample prepared with low amounts of the milky sap of CP showed fast charge transport compared to pure $Co₃O₄$ and sample 2 of $Co₃O₄$ prepared with a large amount of the milky sap of CP, as shown in Fig. 6e. The small semi arc of the Nyquit plot is an indicator of low charge transfer resistance and the measured results agreed well with our previous study.⁷¹ $Co₃O₄$ is a semiconducting material and the optical band gap of sample 1 was calculated to be about 2.03 eV, which was lower than that of the pure $Co₃O₄$ sample and sample 2, hence the conductance of sample 1 is large, which is in good agreement with the EIS information about the charge transfer resistance experienced by sample 1 of 71 ohms. The combined results of optical band gap and EIS studies suggest that sample 1 exhibited high conductance, therefore it has shown highly favorable electrochemical performance. The performance evaluation of $Co₃O₄$ prepared with and without the milky sap of CP is presented graphically in terms of the estimated overpotential at two different current densities of 10 mA cm−² and 50 mA cm−² , as shown in Fig. 6f. For better visualization, the RSC Advances Ample 1. Hence, sample is that great potential for each intermediation of potential or are computed to the common of the common access are common access are common access are common access are common access a

overpotential of each material was estimated at two different current densities of 10 mA $\rm cm^{-2}$ and 50 mA $\rm cm^{-2}$, and is shown in Fig. 6f. The bar graph representation indicates that sample 1 exhibits a superior electrocatalytic activity even at a higher current density than that of pure $Co₃O₄$, and sample 2. To understand the reason for improved electrocatalytic activity of pure $Co₃O₄$, sample 1 and sample 2, we studied the electrochemically active surface area (ECSA) using CV curves in the non-redox region at different scan rates, as shown in Fig. 7a–c. There is a linear relationship between ECSA and the doublelayer capacitance (C_{d}) , hence we obtained the CV curves in the potential range of 0.05 to 0.25 versus Ag/AgCl (V) at different scan rates, as shown in Fig. 7a–c. The measured C_{d1} information of pure $Co₃O₄$, sample 1, and sample 2 was estimated to be about 1.03 \times 10⁻² µF cm⁻², 8.56 \times 10⁻² µF cm⁻², and 6.86 \times 10^{-2} µF cm⁻² respectively, as shown in Fig. 7d. Sample 1 exhibited the highest value of ECSA, confirming the easy accessibility of active sites for the electrolyte, which clearly played an important role towards the enhanced OER. Furthermore, the OER performance was evaluated, and the recently published results of the OER are given in Table 2.⁷⁸–⁹⁷ It is obvious that the presented approach is facile, low cost, and efficient in terms of low overpotential, environmental friendliness and scale up for the fabrication of electrocatalyst materials.

3.3. Capacitance analysis of milky sap of CP-mediated $sCo₃O₄$ nanostructures

The capacitive activity of $Co₃O₄$ nanostructures prepared with the milky sap of CP was evaluated by CV using a three-electrode cell set up in 3.0 M KOH electrolyte. For comparison, pure

Fig. 7 (a–c) Non-faradic CV scans at different scan rates for pure $Co₃O₄$, sample 1 and sample 2 in an electrolyte solution of 1.0 M KOH. (d) Calculated ECSA values of pure $Co₃O₄$, sample 1 and sample 2.

Table 2 OER comparative analysis of sample 1 ($Co₃O₄$) with recently reported works

 $Co₃O₄$ was also used to evaluate the capacitance performance. The CV polarization curves were measured for milky sap of CPmediated $Co₃O₄$ and pure $Co₃O₄$ in the potential window from 0.0 to 0.6 versus Ag/AgCl at different scan rates of 10, 20, 30, 40, 50 and 60 mV s−¹ , as shown in Fig. 8a,b. Both the milky sap of CP-mediated $Co₃O₄$ and pure $Co₃O₄$ nanostructures showed different shapes in the same potential window. Milky sap of CPmediated $Co₃O₄$ and pure $Co₃O₄$ have shown a slight shift in the oxidation potential to a higher value, while the reduction potential towards a lower value with the increase in scan rate, as shown in Fig. 8a,b. This shift in oxidation and reduction of CV curves with the increase in sweep scan rates was assigned to the internal resistance and polarization effect.⁷⁴ The nonlinear region of the CV curves confirms the redox properties of the milky sap of CP-mediated $Co₃O₄$ and pure $Co₃O₄$ and their

pseudo capacitance properties. The pseudo-capacitance was found to be highly consistent with the increase in scan rate, suggesting an excellent reversibility of electrochemical redox processes.⁷⁵ Moreover, the capacitance properties of pure $Co₃O₄$ were studied by employing galvanic charge–discharge (GCD) measurements at different current densities of 0.8, 0.85, 089, and 0.94 A $\rm g^{-1}$, as shown in Fig. 9a. The Ir drop in GCD curves as shown in Fig. 9a could be connected to the possible compressive stress, which increased the charging/discharging time, resulting in Ir drop. The GCD curves have shown the nonlinear behavior of pure $Co₃O₄$ and supported the claims about the pseudo-capacitance properties made on the CV analysis. The specific capacitance C_s , energy density and power density were calculated using the following equations: $76,77$

Fig. 8 (a) CV scans of pure Co_3O_4 . (b) CV scans of sample 1 at different scan rates in 3.0 M KOH to describe capacitance properties.

Fig. 9 (a) GCD curves of pure Co₃O₄ at different current densities. (b) Specific capacitance. (c) Corresponding energy density and power density

$$
C_{\rm s} = \frac{I \times \Delta t}{m \times \Delta V} \tag{2}
$$

$$
E_{\rm d} = \frac{C_{\rm s} \times (\Delta V^2)}{2} \tag{3}
$$

$$
P_{\rm d} = \frac{E}{\Delta t} \tag{4}
$$

Herein, C_s is the specific capacitance, *I* is the current (A), Δt is the discharge time (s) , *m* is the deposited mass of material (mg), and ΔV is the potential window (V), E_d is the energy density, and P_d is the power density.

The C_s and energy density values of pure $Co₃O₄$ were estimated to be around 300 F g^{-1} at 0.8 A g^{-1} and 7 W h kg^{-1} respectively, as shown in Fig. 9b and c. This low value of specific capacitance indicates that there is immediate need to tune the capacitance properties of pure $Co₃O₄$, and hence, we prepared milky sap of CP-mediated $Co₃O₄$ with enhanced Cs and energy density, as shown in Fig. 10. The GCD curves of the milky sap of CP -mediated $Co₃O₄$ were measured at different current densities, as shown in Fig. 10a. It is worth noting that the nonlinear behavior is shown with almost a triangular shape and is fully supported by the CV redox behavior, which reveals an excellent pseudo capacitance behavior of milky sap of CP-mediated $Co₃O₄$. The specific capacitance retention percentage of 105% was observed for 900 cycles, which confirmed the excellent cycling stability of the material, whereas Cs of 699 F g^{-1} at 0.8 A g^{-1} was observed for milky sap of CP-mediated Co₃O₄, as shown in Fig. 10b and c. The retention rate of capacitance increased, as shown in Fig. 10b, after 900 GCD cycles due to the

enhanced electron transport and high specific surface area exhibited by milky sap of CP-mediated $Co₃O₄$. This led to the generation of more charge transfer channels in the modified electrode, thereby accelerating the swift ion/electron transfer rate, which further improved the electrochemical activity of milky sap of CP-mediated $Co₃O₄$ and stabilized the working electrode.

A coulombic efficiency of more than 80% and an energy density of 30 W h kg⁻¹ were estimated for milky sap of CPmediated $Co₃O₄$, as shown in Fig. 10d and e. This significant progress in the enhanced capacitance properties of milky sap of CP-mediated $Co₃O₄$ could be attributed to the surface modification of nanostructures during the growth process in the presence of capping agents, reducing agents and stabilizing agents derived from the milky sap of CP. The enhanced electrochemical properties of milky sap of CP-mediated $Co₃O₄$ (sample 1) could be connected to the surface oxygen vacancies, low charge transfer resistance, low optical band gap, surface modification, and high ECSA values. The presence of capping agents, reducing agents and stabilizing agents together brought the surface modification and surface oxygen vacancies and enabled the high compatibility of milky sap of CP-mediated $Co₃O₄$ (sample 1), hence an enhanced electrochemical performance was demonstrated. The estimated values of specific capacitance, energy density, power density, coulombic efficiency, and specific capacitance retention percentages are given in Table 3 for the fast view of presented results. Moreover, we compared the presented capacitance results of milky sap of CPmediated $Co₃O₄$ (sample 1) with many of the recent works, as given in Table $4,^{98-102}$ and hereby it is safe to say that the proposed material is better than or equal to many of the recently

Fig. 10 (a) GCD curves of sample 1 (Co₃O₄) at different current densities. (b) Percentage retention of specific capacitance. (c) Specific capacitance. (d) Percentage of coulombic efficiency. (e) Energy density and power density.

Sample	Current density $(A g^{-1})$	Specific capacitance $(F g^{-1})$	Power density $(W \text{ kg}^{-1})$	Energy density $(W h kg^{-1})$	Coulombic efficiency (%)	Capacitance retention $(\%)$
Sample 1 (Co_3O_4)	0.8	699	236	30	86%	110%
	0.85	439	253	19		
	0.882	355	261	15		
	0.94	314	281	14		

Table 4 The compassion of sample 1 ($Co₃O₄$) capacitance results with some of the published works

published supercapacitors in terms of specific capacitance and energy density. It has been shown that the working potential of $Co₃O₄$ was in the range of 0 to 0.45 V in alkaline media and the material exhibited pseudo capacitance features described by the CV curves shown in Fig. 8a and b. The mechanism of energy storage is shown in Scheme 3, which illustrates the typical

charging-discharging behavior of the electro active material.^{98,99} The reversibility of valence state variation of $Co^{3+/CO⁴⁺}$ confirms the quick redox properties of Co_3O_4 (sample 1). Additionally, the electrochemical redox potential of Co^{3+}/Co^{4+} transition is shown to be almost the same, therefore the redox peaks are found to be closely overlapping.100,101

Scheme 3 General energy storage mechanism.

4. Conclusions

In this study, we used the milky sap of CP to tune the surface properties of $Co₃O₄$ nanostructures by a low-temperature aqueous chemical growth method. Physical structure analysis showed a successful reduction in the optical band gap and shape of $Co₃O₄$ nanostructures by various reducing, capping and stabilizing agents. The newly prepared $Co₃O₄$ nanostructures proved to be highly active electrode materials for OERs and supercapacitor systems. We found the driving role of phytochemicals from the milky sap of CP in enhancing the electrochemical properties of $Co₃O₄$ nanostructures. The OER activity was supported by a low overpotential of 250 mV at 10 mA cm−² and a long durability of 45 hours. The capacitance of $Co₃O₄$ nanostructures prepared with low amounts of the milky sap of CP was about 700 F g^{-1} at 0.8 A g^{-1} and the specific capacitance retention percentage was found to be about 105% after 900 GCD continuous cycles, revealing an excellent cycling stability of the material. The reducing, capping, and stabilizing agents from the milky sap of CP improved the morphology, particle size, and surface oxygen vacancies. The obtained results indicated that the synthesis of nanostructured materials using the milky sap of CP could be an effective method to fabricate high-performance electrocatalytic materials for the development of advanced electrochemical devices.

Author contributions

Adeel Liaquat Bhatti, did the material synthesis and partial electrochemical tests. Aneela Tahira, did XRD analysis. Shushel Kumar, FTIR measurement. Zaheer Ahmed Ujjan, did supercapacitor tests. Muhammad Ali Bhatti, did the ECSA and optical band gap s measurements. Sooraj Kumar, did XRD measurement. Umair Aftab, did EIS analysis. Amal Karsy, did SEM measurement. Ayman Nafady, did preview of the results and validate them. Antonia Infantes-Molina, did XPS analysis. Zafar Hussain Ibupoto, did the supervision and wrote the original draft of manuscript.

Conflicts of interest

Authors declare no competing interests in the resented research work.

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