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# Novel decorated aluminium(III) phthalocyanine complex with the application of MWCNTs on electrodes: electrochemical non-enzymatic oxidation and reduction of glucose and hydrogen peroxide†

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In this study, we performed the physicochemical and electrochemical characterization of a decorated macrocyclic aluminium(III) phthalocyanine complex (AITMQNCAPc). Subsequently, the AITMQNCAPc/MWCNT/GC electrode was used for the electrochemical detection of glucose and hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) by cyclic voltammetry (CV), differential pulse voltammetry (DPV), and chronoamperometry (CA). Moreover, the limit of detection, linear range, and sensitivity for glucose and H<sub>2</sub>O<sub>2</sub> were investigated (CV: 2.5 nM L<sup>-1</sup> and 25 nM L<sup>-1</sup>, 50–500 μM, 0.052 and 0.072 μA μmol cm<sup>-2</sup>; DPV: 3.1 nM L<sup>-1</sup> and 18 nM L<sup>-1</sup>, 50–500 μM, 0.062 and 0.066 μA μmol cm<sup>-2</sup> and CA: 10 nM L<sup>-1</sup> and 20 nM L<sup>-1</sup>, 50–500 μM, 0.098 and 0.07 μA μmol cm<sup>-2</sup>, respectively). In addition, the AITMQNCAPc/MWCNT/GC electrode showed good selectivity for the detection of glucose and H<sub>2</sub>O<sub>2</sub> in the presence of common interfering substances, such as AA, DA, UA, glycine, L-cysteine, nitrite, Pb(II), Cd(II), Cu(II), Co(II), Hg(II), Zn(II), and glucose. For the detection of glucose and H<sub>2</sub>O<sub>2</sub>, the kinetic parameters, including the electron transfer coefficient and catalytic reaction rate constant, were also established. Finally, for usage in practical applications, the modified electrode was employed to achieve the quantitative detection of glucose and H<sub>2</sub>O<sub>2</sub> in human urine and commercial samples of 3% H<sub>2</sub>O<sub>2</sub>, respectively.

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## 1 Introduction

The metabolic oxidation of glucose should be properly maintained in all living beings; glucose is produced by green plants from the reduction of carbon dioxide.<sup>1</sup> Insulin facilitates the movement of glucose from the bloodstream to the cells. The human body keeps the blood glucose levels between 4–8 mM (70–120 mg dL<sup>-1</sup>).<sup>2</sup> Recently, numerous fluorescent

nanoparticles have been used in biological applications as effective and promising substitutes for conventional fluorescent dyes.<sup>3,4</sup> Diabetes is a main cause of various human health concerns, including problems with the kidneys, circulatory system, retina, and other organs. Diabetes is caused by abnormal blood sugar levels.<sup>5</sup> Thus, the detection of analytes, such as hydrogen peroxide and glucose, have been extensively explored using enzyme-free electrochemical sensors owing to their major usefulness in numerous sectors. Patients must frequently check their blood sugar levels to manage their blood sugar. Alternatively, hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), a simple but crucial natural molecule, is widely employed as an oxidizing agent in the food and chemical sectors.<sup>6,7</sup> Thus, glucose sensors are also being studied extensively together with H<sub>2</sub>O<sub>2</sub> sensors. The blood sugar level is determined by the amount of glucose present in the human body. In addition, H<sub>2</sub>O<sub>2</sub> serves as a precursor for the development of highly reactive and potentially dangerous hydroxyl radicals and is one of the most significant indicators of oxidative stress.<sup>8,9</sup> Therefore, it is crucial for practical purposes to accurately measure glucose and H<sub>2</sub>O<sub>2</sub>. Numerous analytical methods, including titrimetry, spectrometry, fluorometry, chemiluminescence, and

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electrochemical approaches, have been used to measure glucose and  $\text{H}_2\text{O}_2$ .<sup>10–14</sup> Among them, the electrochemical technique is promising owing to its greater sensitivity and selectivity, lower detection limit, quicker response time, improved long-term stability, and chip-based design.<sup>15</sup>

Although phthalocyanine and its metal complexes have been well-known for several decades, which were first created as industrial dyes and pigments, they continue to attract interest due to their numerous noteworthy characteristics and wide range of potential applications. Presently, in-depth research is being conducted on phthalocyanines as multifunctional chemicals, which are important in both modern technology and medicine.<sup>16–21</sup> The highly delocalized planar 18-electrons in phthalocyanines (Pcs) increase its electronic structure. Furthermore, these compounds are actively researched as materials of outstanding technical value because of their benefits, including exceptional stability, flexibility, and recyclability (use in semiconductor devices, solar cells, photosensitisers, nonlinear optics, *etc.*).<sup>22–24</sup>

In the current study, a unique multiwalled carbon nanotube (MWCNT) composite with aluminum(III) tetra methoxyquinoline-carboxamide phthalocyanine ( $\text{Al(III)TMQNCAPc}$ ) on a modified glassy carbon electrode was synthesized and characterized (GCE). As observed by SEM,  $\text{Al(III)TMQNCAPc}$ s were visible on the surface of  $\text{Al(III)TMQNCAPc@sMWCNTs}$ . Furthermore, the synthesized materials were thoroughly characterized.  $\text{Al(III)TMQNCAPc@sMWCNTs}$  performed satisfactorily in electrochemical tests for the oxidation of glucose and reduction of  $\text{H}_2\text{O}_2$ . Based on these results, we fabricated a sensitive glucose sensor with good selectivity and long-term stability. The study of the  $\text{H}_2\text{O}_2$  sensor revealed that it had a broad linear range, good sensitivity, and selectivity.

## 2 Experimental

### 2.1 Reagents

See ESI.†

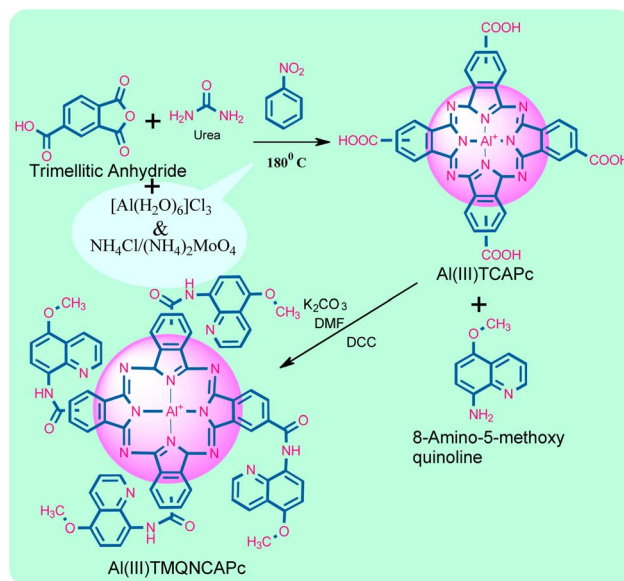
### 2.2 Characterization method

See ESI.†

### 2.3 Synthesis

**2.3.1 Synthesis of tetracarboxylic acid aluminium(III) phthalocyanine ( $\text{Al(III)TCAPc}$ ).**  $\text{Al(III)TCAPc}$  was created by slightly altering the method described in the literature. The following ingredients were added to 25 mL of dimethyl sulfoxide (DMSO) and refluxed for 4 h at  $180 \pm 5$  °C: trimellitic anhydride (0.4 mmol), urea (0.1 mol), a catalytic quantity of ammonium molybdate (0.4 mmol), and  $\text{AlCl}_3 \cdot 6\text{H}_2\text{O}$  (0.1 mmol). The dark-green coloured complex was washed with alcohol, and simultaneously hot water, dil. HCl and 1 N NaOH solutions. After thorough washing with distilled water to remove all the acid, the crude product was dried over  $\text{P}_2\text{O}_5$  in a vacuum desiccator. Yield: 85%, as indicated in Scheme 1.<sup>25</sup>

**2.3.2 Synthesis of  $\text{Al(III)TMQNCAPc}$ .**  $\text{Al(III)TMQNCAPc}$  was prepared by modifying a method published in the literature.



Scheme 1 Preparation of  $\text{Al(III)TMQNCAPc}$ .

$\text{Al(III)TCAPc}$  (0.42 g, 0.00058 mol),  $\text{K}_2\text{CO}_3$  (0.4 g, 0.00058 mmol), and dimethylformamide (20 mL) were added to a clean and dry 250 mL RB flask before being dissolved in a catalytic amount of *N,N'*-dicyclohexylcarbodiimide (DCC) and constantly stirred for 20 min. After the addition of 0.5 g of 2-amino-5-methoxyquinoline solution (0.0029 mol), the mixture was continuously stirred (Scheme 1). A dark-green precipitate appeared after 48 h and the reaction mixture was allowed to cool and poured into ice cold water and purified with successive hot and cold water, followed by hexane. The product was dried over  $\text{P}_2\text{O}_5$  in a vacuum desiccator. Yield: 82%. Anal.  $\text{Al(III)TMQNCAPc}$ , mol wt 1342.30.  $\text{C}_{76}\text{H}_{50}\text{AlN}_{16}\text{O}_8$ : calc. (%) C, 67.94; H, 3.8; N, 16.69; Al, 2.01; O, 9.54. Found: C, 67.42; H, 3.71; N, 16.32; Al, 2.00. Absorption spectra,  $\lambda_{\text{max}}$  (nm): 335, 613, and 662.<sup>25–28</sup>

### 2.4 Preparation of modified electrodes

The GCE surface was polished to a mirror finish using 0.5 mm alumina slurries before its modification. Subsequently, it was completely cleaned with double-distilled water, sonicated for 5 min in acetone and 5 min in water, and dried in the air. Next, 1 mg of  $\text{Al(III)TMQNCAPc@sMWCNTs}$  was dissolved in dry DMF solvent using ultrasonication for 10 min. The GCE was coated with 5  $\mu\text{L}$  of the  $\text{Al(III)TMQNCAPc@sMWCNT}$  suspension and allowed to air-dry at room temperature. This electrode was utilized for the simultaneous and independent voltammetric measurement of glucose and  $\text{H}_2\text{O}_2$ .

## 3 Results and discussion

The  $\text{Al(III)TMQNCAPc}$  complex was produced by reacting the amine group of the ligand (2-amino-5-methoxyquinoline) with the carboxylic acid group of  $\text{Al(III)TCAPc}$ .  $\text{Al(III)TMQNCAPc}$  is a greenish compound, which is easily soluble in concentrated



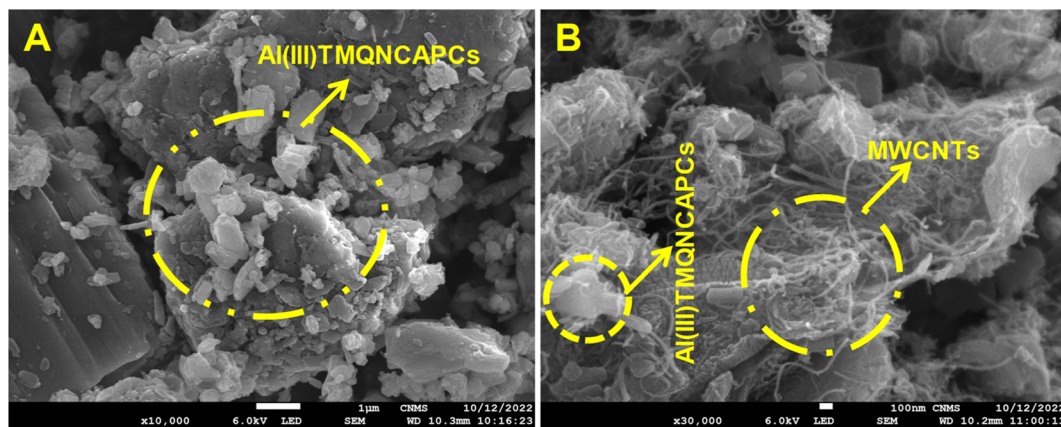


Fig. 1 FE-SEM analysis of (A) neat Al(III)TMQNCAPc and (B) Al(III)TMQNCAPc@MWCNT catalyst.

H<sub>2</sub>SO<sub>4</sub> and DMSO. FT-IR, UV-vis, XRD, SEM, and thermogravimetric analyses were performed to describe and validate the synthesis of the Al(III)TMQNCAPc complex. The simultaneous and independent electrochemical detection of glucose and hydrogen peroxide was performed utilizing the methods of CV, DPV, and CA.

All the synthetic aluminum phthalocyanine complexes had FT-IR spectra with peaks in the range of 500 to 4000 cm<sup>-1</sup>. The FTIR spectra of compounds (a), (b) and (c) are shown in Fig. S1,† where all the compounds show vibrational bands at 1540–1620 cm<sup>-1</sup>, which corresponds to the C=C stretch and 2870–3020 cm<sup>-1</sup>, corresponding to the C–H stretch. In the region of

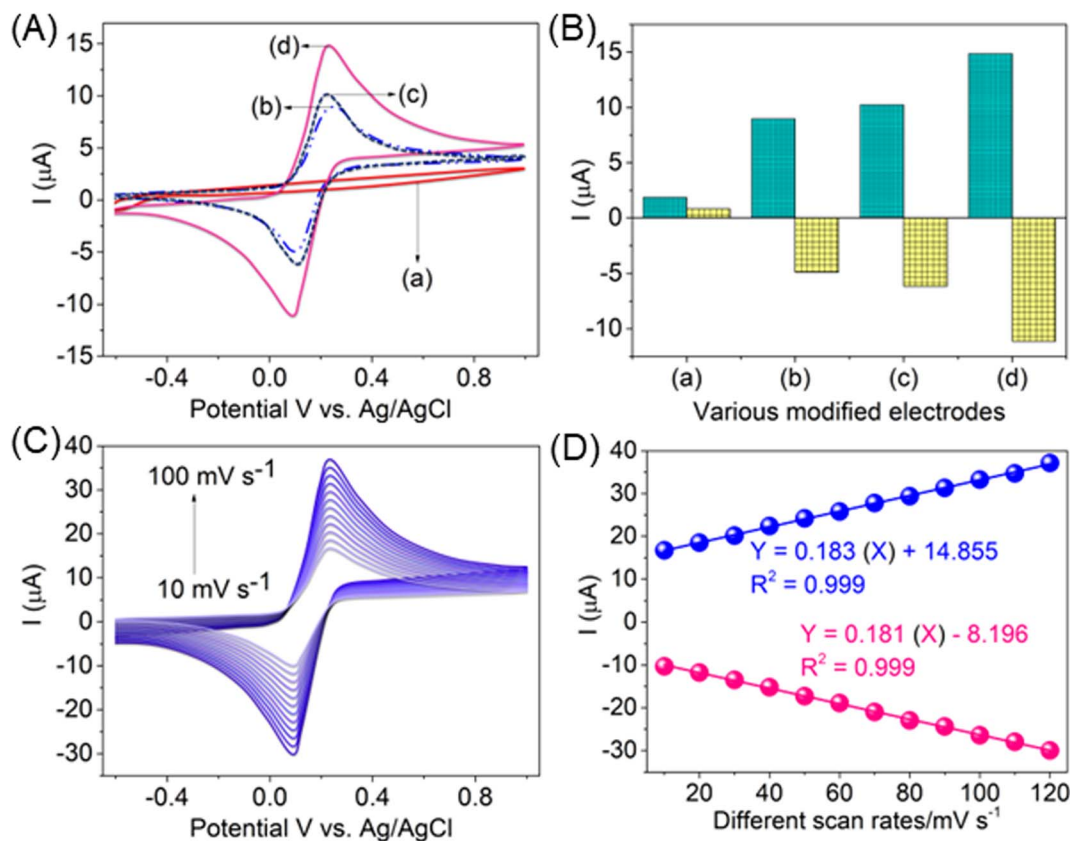


Fig. 2 CV analysis of bare GCE, AITMQNCAPc and AITMQNCAPc@MWCNT/GC electrode. (A) Comparison of CV responses of the different electrodes in K<sub>3</sub>/K<sub>4</sub>Fe(CN)<sub>6</sub> electrolyte solution, (a) bare GCE without K<sub>3</sub>/K<sub>4</sub>Fe(CN)<sub>6</sub>, (b) redox current response of bare GCE, (c) AITMQNCAPc-loaded GCE and (d) AITMQNCAPc@MWCNT/GC electrode. (B) Corresponding bare graph of the current response for the different modified electrodes. (C) CV analysis of AITMQNCAPc@MWCNT/GC electrode under varying scanning rates. (D) Dependence of redox currents on the various scan rate of AITMQNCAPc@MWCNT/GC electrode.



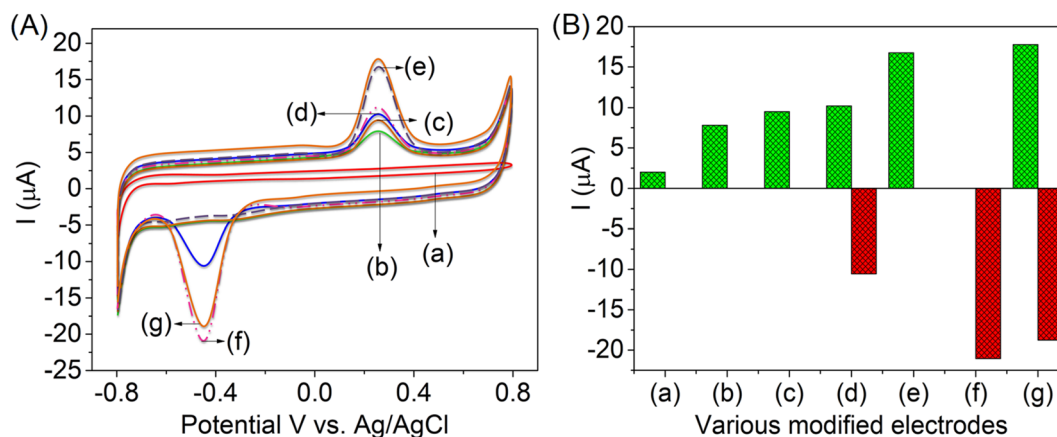


Fig. 3 CV analysis of bare GCE, AlTMQNCAPc and AlTMQNCAPc@MWCNT/GC electrode. (A) Comparison of the CV responses of the different electrodes in PBS (pH 7) electrolyte solution. (B) Different modified electrodes vs. current at a scan rate of 50  $\text{mV s}^{-1}$ .

3600–3400  $\text{cm}^{-1}$  ( $-\text{OH}$  and  $-\text{NH}_2$ ), as shown in Fig. S1(a),† the carboxylic acid group of Al(III)TCAPc appeared at 3800–3200  $\text{cm}^{-1}$  but Fig. S1(b)† shows the disappearance of the  $-\text{COOH}$  group and appearance of a peak for substituted amide group (Al(III)TMQNCAPc) at 3330  $\text{cm}^{-1}$  ( $-\text{CONH}$ ). Fig. S1(c)† shows the spectrum of Al(III)TMQNCAPc@MWCNTs, where a peak appeared in the region of 2941–2660  $\text{cm}^{-1}$  ( $\text{Ar}-\text{CH}$ ), the vibrations caused by the stretching of the ( $\text{C}=\text{N}$ ) and ( $\text{C}=\text{C}$ )

groups appeared at around 1635–1610  $\text{cm}^{-1}$ , a sharp peak in the region of 1566–1498  $\text{cm}^{-1}$ , corresponding to ( $\text{C}=\text{O}$ ), and a sharp peak for ( $\text{C}-\text{Br}$ ) at 744  $\text{cm}^{-1}$ . Additionally, the bands at 1499, 1457, 1433, 1392, 1309, 1245, 1228, 1113, 1032, 884, 847, 844, 647, and 605  $\text{cm}^{-1}$  correspond to the vibrational bands support the presence of functional groups in the Al(III)TMQNCAPc ring.

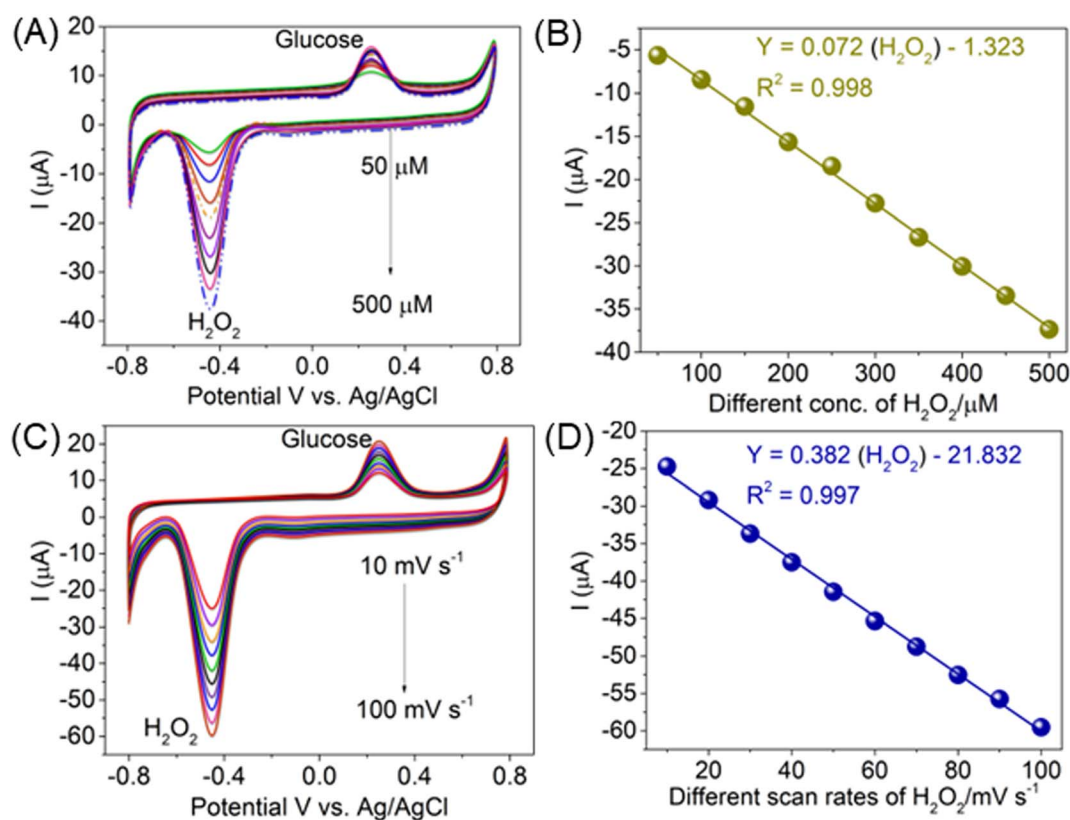


Fig. 4 CV plots of glucose in the presence of  $\text{H}_2\text{O}_2$  by AlTMQNCAPc@MWCNT/GC electrode. (A) Different concentrations of  $\text{H}_2\text{O}_2/\mu\text{M}$  (50 to 500  $\mu\text{mol}$ ). (B) Linear plot of different concentrations of  $\text{H}_2\text{O}_2$  vs. current at a scan rate of 50  $\text{mV s}^{-1}$ . (C) Different scan rates of  $\text{H}_2\text{O}_2$  (10 to 100  $\text{mV s}^{-1}$ ) and (D) linear plot of different scan rates of  $\text{H}_2\text{O}_2$  vs. current.



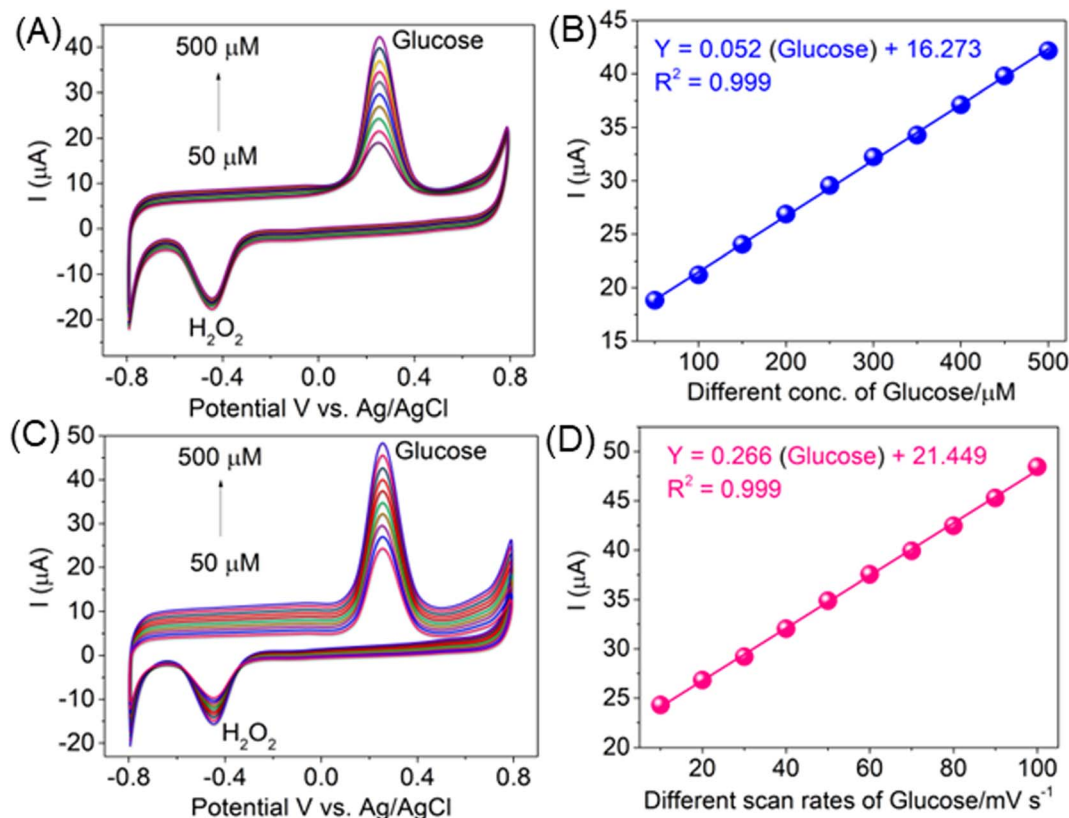


Fig. 5 CVs plot of H<sub>2</sub>O<sub>2</sub> in the presence of glucose by AlTMQNCAPc@MWCNT/GC electrode. (A) Different concentrations of glucose/μM (50 to 500 μmol), (B) linear plot of different concentrations of glucose vs. current at a scan rate of 50 mV s<sup>-1</sup>, (C) different scan rates of glucose (10 to 100 mV s<sup>-1</sup>) and (D) linear plot of different scan rates of glucose vs. current by AlTMQNCAPc@MWCNT/GC electrode.

The UV-vis spectra of the Al(III)TCAPc and Al(III)TMQNCAPc systems show distinctive B and Q bands. In the case of Al(III)TCAPc, the Q-band appears in the range of 500–700 nm, while the B-band appears at 200–350 nm (Fig. S2,† inset a curve). The UV-vis studies of phthalocyanine exhibited two strong absorption peaks. Between them, the Q band in the range of 620–730 nm is attributed to the  $\pi$ - $\pi^*$  transition from the highest occupied molecular orbital (HOMO) to the lowest occupied molecular orbital (LUMO) in the Pc ring. The deeper  $\pi$ -level/LUMO transition, which occurs in the range of 300–350 nm, correspond to the B band (Fig. S2,† inset b curve).<sup>29–31</sup> Fig. S2† depicts the UV-vis spectrum of the compound shown in Scheme 1 in dimethyl sulfoxide (DMSO) at 28 °C. The red and green colors of the complex exhibited a peak in the Q-band area and a shoulder peak between 570 and 625 nm, showing the effective aggregation of PC.

The powder X-ray diffraction study of Al(III)TCAPc, Al(III)TMQNCAPc, MWCNTs and Al(III)TMQNCAPc@MWCNTs was performed in the  $2\theta$  range of 5–60°, as shown in Fig. S3,† inset curves ((a) Al(III)TCAPc, (b) Al(III)TMQNCAPc, (c) MWCNTs and (d) Al(III)TMQNCAPc@MWCNTs). The crystal structure and size of the QDs were clarified by PXRD investigation. The replacement complex and parent PCs displayed the same patterns. However, compared to similar aluminum PCs, the patterns have a higher peak intensity throughout the complex. The crystallinity was described using powdered X-ray diffraction (PXRD)

patterns.<sup>32,33</sup> The diffraction pattern of Al(III)TMQNCAPc show sharp peaks at 7°, 8°, 15°, 24°, 30°, 46°, and 55° with slightly lower intensity, which was caused by the conjugation of the  $\pi$ -electrons, manipulating its stacking arrangement. The shapes of the X-ray diffraction patterns indicate that Al(III)TCAPc, Al(III)TMQNCAPc, MWCNTs and Al(III)TMQNCAPc@MWCNTs were crystalline in nature.<sup>34,35</sup>

The thermal stability and decomposition characteristics of the synthetic phthalocyanine compound and MWCNT composites were revealed by TGA tests. Fig. S4† depicts the thermogram for the thermal degradation of the phthalocyanines. The monomeric Al(III)TCAPc was shown to be stable up to 500 °C in the thermograms, but it subsequently began to breakdown in an air atmosphere at around 500 °C to 560 °C, which caused rapid weight loss, in accordance with the degradation of the core structure of the Al(III)TCAPc molecule (inset curve a). In comparison, the substituted Al(III)TMQNCAPc was found to be stable up to 650 °C (curve b), after which the Al(III)TMQNCAPc@MWCNT molecule began to breakdown in the air atmosphere between 600 °C to 650 °C (curve c). Due to the extended conjugation and delocalization of the  $\pi$ -electrons, Al(III)TMQNCAPc@MWCNTs exhibited superior thermal stability compared to Al(III)TMQNCAPc and MWCNTs. The stable TGA curve after 650 °C corresponds to the respective metal oxide formed after complete degradation of PCs.<sup>36–38</sup>

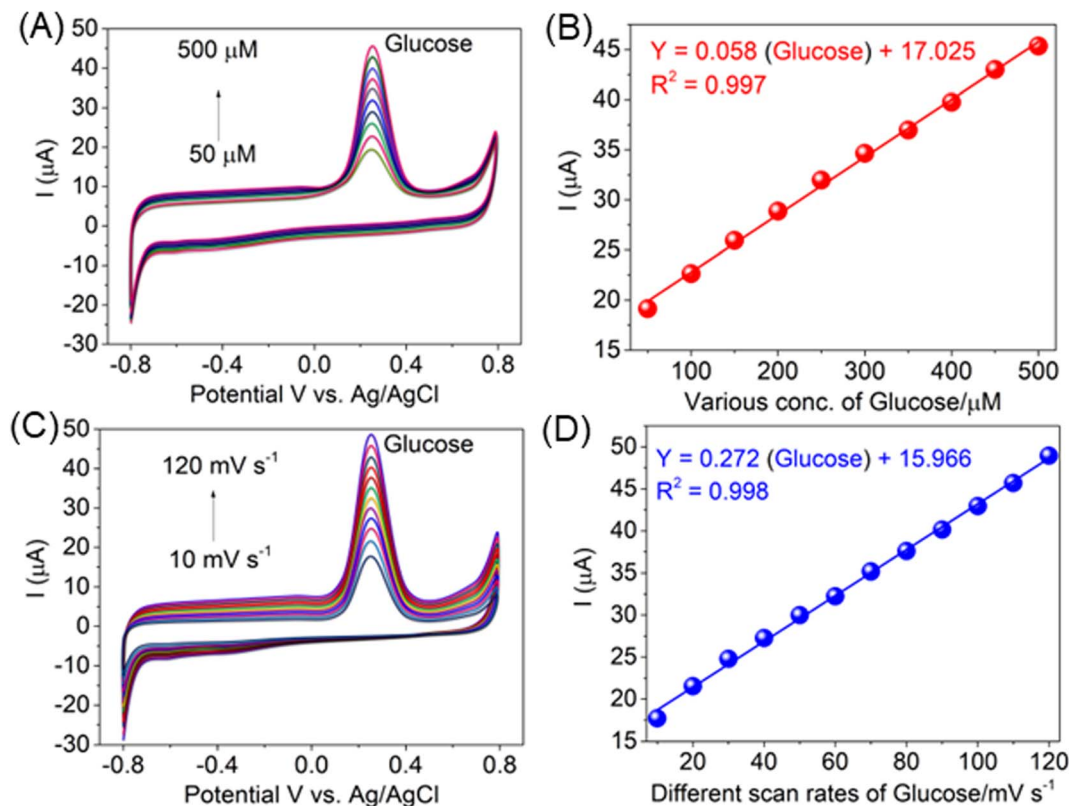


Fig. 6 CVs plot of (A) different concentrations of glucose/ $\mu\text{M}$  (50 to 500  $\mu\text{mol}$ ), (B) linear plot of different concentrations of glucose vs. current at a scan rate of 50  $\text{mV s}^{-1}$ , (C) different scan rates of glucose (10 to 100  $\text{mV s}^{-1}$ ) and (D) linear plot of different scan rates of glucose vs. current by AlTMQNCAPc@MWCNT/GC electrode.

Subsequently, the morphology of the Al(III)TMQNCAPc and Al(III)TMQNCAPc@MWCNT composites was examined using field-emission scanning electron microscopy (FE-SEM). The FESEM images of Al(III)TMQNCAPc@MWCNTs, as shown in Fig. S5 and S6<sup>†</sup> at different magnifications, show that every particle in Al(III)TMQNCAPc is firmly linked to MWCNTs. As shown in Fig. S5(A–D),<sup>†</sup> the Al(III)TMQNCAPc molecules resemble pellet shapes. The successful incorporation of MWCNTs in Al(III)TMQNCAPc was proven by the observation of densely absorbed MWCNTs on its surface, as shown in Fig. S6(A–D).<sup>†</sup> The cross-section of Al(III)TMQNCAPc also contained MWCNTs, which were incorporated in the material. MWCNTs were evenly distributed over these structures, which resemble pellets. These results confirmed that MWCNTs were present on the surface of Al(III)TMQNCAPc. As presented in Fig. S5(A–D),<sup>†</sup> crystals in agglomerated form are visible in the SEM images of Al(III)TMQNCAPc and Al(III)TMQNCAPc@MWCNTs, which were detected at distinct stages at the  $\mu\text{M}$  and nM levels. This was further demonstrated by the powdered X-ray diffraction technique (ESI, Fig. S3<sup>†</sup>).

The substitution of aluminium(III) phthalocyanine resulted in an increase in the surface area accessible for electrons to store charge on the surface of the molecule. This is due to the agglomeration of MWCNTs on the surface of the molecule. Electron microscopy techniques were used to study the morphological characteristics of the two catalysts (Fig. 1A). The

SEM image (Fig. 1A) of the Al(III)TMQNCAPc catalyst shows the presence of micrometer- and nanometer-sized agglomerated particles of black pearls (carbon spheres). Compared to the Al(III)TMQNCAPc catalyst, the composite multi-walled carbon nanotube-based catalyst (MWCNTs) exhibited a clearly distinct shape. The SEM image (Fig. 1B) of the Al(III)TMQNCAPc catalyst revealed the presence of individual, large micrometer-sized crystallites. However, more in-depth imaging further demonstrated the abundance of carbon nanotubes in the nanostructure of the crystallites.<sup>39</sup>

## 4 Electrochemistry

### 4.1 Charge transfer behavior of modified electrodes

The overall electrochemical properties of the AlTMQNCAPc@MWCNT-GC electrode was investigated in 0.1 M KCl electrolyte containing 25  $\mu\text{M}$  of  $\text{K}_4/\text{K}_3[\text{Fe}(\text{CN})_6]$ . As specified in Fig. 2A, inset curves a–d, the bare GCE showed no peak current without ferricyanide (a curve), whereas with ferricyanide, a redox peak current response was detected (b curve), with comparable high redox peak current responses for the AlTMQNCAPc-loaded GCE (c curve), and the maximum current peaks (anodic and cathodic peak currents) of the redox couple were recorded for the AlTMQNCAPc@MWCNT-GC electrode (d curve). The CVs were detected at a scan rate of 50  $\text{mV s}^{-1}$  in the potential range of  $-0.60$  to  $+1.0$  V. The bigger redox currents for



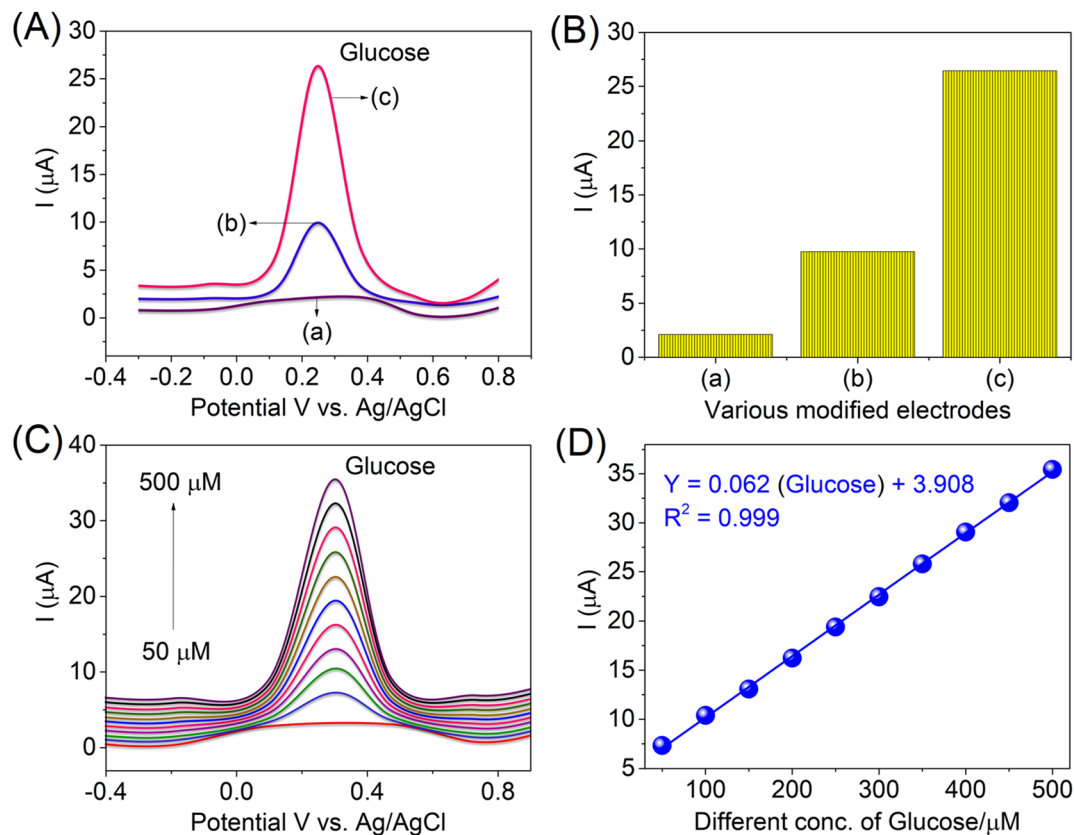


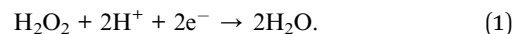
Fig. 7 (A) Comparison of DPV response of different electrodes in PBS (pH 7) electrolyte solution and (B) different modified electrodes vs. current at a scan rate of  $50 \text{ mV s}^{-1}$ . (C) Different concentrations of glucose/ $\mu\text{M}$  (50 to  $500 \mu\text{M}$ ) by AlTMQNCAPc@MWCNT-GC electrode and (D) linear plot of different concentrations of glucose vs. current.

the AlTMQNCAPc@MWCNT/GC electrode can be attributed to the rapid transportation of electrons between the electrode surface and electrolyte solution. Fig. 2B displays the dependence of the redox currents on the different modified electrodes. Fig. 2C presents the CV results of the AlTMQNCAPc@MWCNT-GC electrode in the potential range of  $-0.60$  to  $+1.0 \text{ V}$  with an increase in the scan rate from  $10$  to  $100 \text{ mV s}^{-1}$ . On increasing the scan rate with increasing high peak current responses, a linear plot of current vs. square root of the scan rate was obtained, as shown in Fig. 2D, with  $R^2 = 0.999$ , which further clarifies the smooth and controlled transportation of electrons and can be attributed to the good linkage between MWCNTs and AlTMQNCAPc as well as with the surface of the GCE. Using this plot, the diffusion coefficient of electrolyte and slope was calculated for the determination of the electrochemical active surface area (ECSA).

#### 4.2 Detection of glucose in the presence of $\text{H}_2\text{O}_2$

The recorded cyclic voltammograms were overlay with the plot of the bare GCE (Fig. 3A, inset curve a) and AlTMQNCAPc@GC electrode (curve b), and  $100 \text{ nM}$  of glucose was detected by the oxidation potential and low current by the AlTMQNCAPc@GC electrode in PBS (pH 7) solution (curve c),  $100 \text{ nM}$  glucose in the presence of  $100 \text{ nM}$  of  $\text{H}_2\text{O}_2$  by AlTMQNCAPc@GC electrode

(curve d),  $200 \text{ nM}$  of glucose was detected by the high oxidation current on AlTMQNCAPc@MWCNT/GC electrode (curve e), and  $200 \text{ nM}$  of  $\text{H}_2\text{O}_2$  was detected by the high reduction peak current on the AlTMQNCAPc@MWCNT/GC electrode (curve f). Then, the detection of  $200 \text{ nM}$  of glucose in the presence of  $\text{H}_2\text{O}_2$  (curve g) was compared to that without the MWCNT composite film, and with the continuous addition of glucose to the same electrochemical cell in the presence of  $\text{H}_2\text{O}_2$ , showing high reduction peak current responses (curve d). Furthermore, the irreversible reduction reaction of  $\text{H}_2\text{O}_2$  on the AlTMQNCAPc@MWCNT/GC electrode was controlled by diffusion, varying the plots of the modified electrodes vs. peak current, as shown in Fig. 3B. The mechanism for the reduction of  $\text{H}_2\text{O}_2$  on the AlTMQNCAPc@MWCNT/GC electrode is proposed as follows:<sup>40,41</sup>



The CV response of the AlTMQNCAPc@MWCNT/GC electrode towards glucose and  $\text{H}_2\text{O}_2$  was examined by increasing the analyte concentrations ( $50$  to  $500 \mu\text{M}$ ) under the optimal experimental conditions in PBS (pH 7) electrolyte solution at a scan rate of  $50 \text{ mV s}^{-1}$ . The modified electrode detected the two cathodic and anodic peak potentials ( $+280 \text{ mV}$ : glucose and



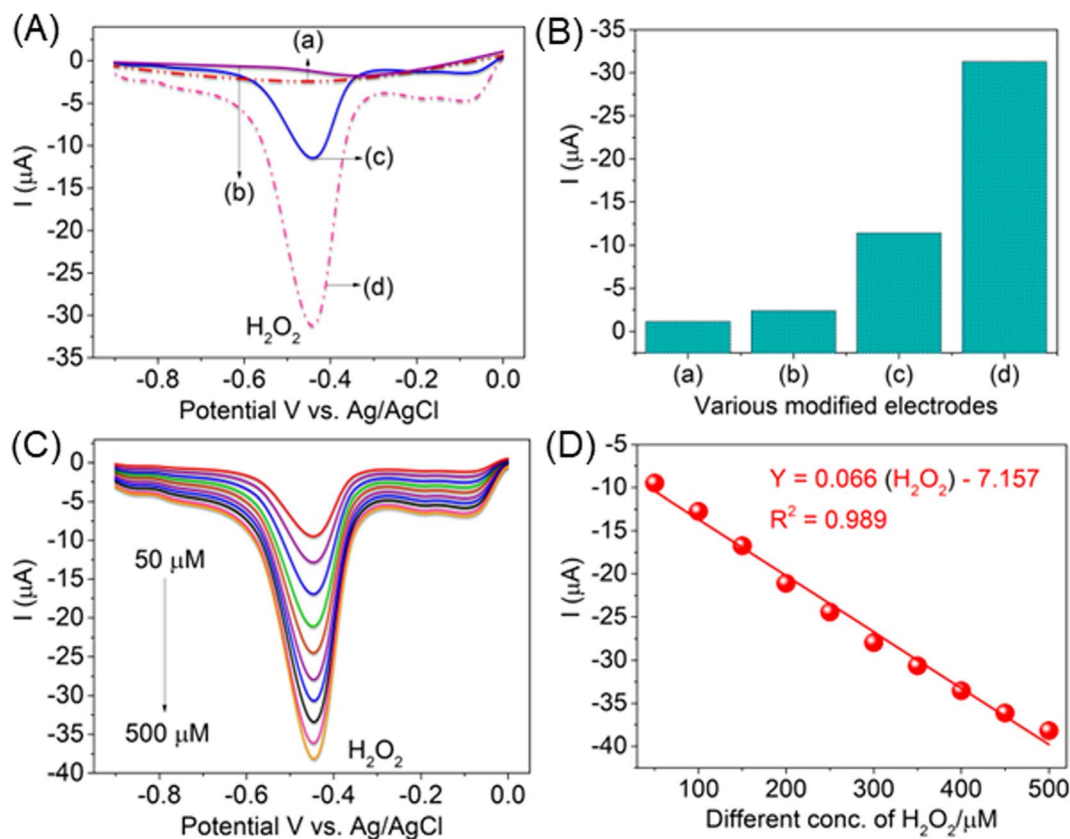


Fig. 8 (A) Comparison of DPV response of different electrodes in PBS (pH 7) electrolyte solution (curves a, b, and c). (B) Dependence of modified electrode vs. current at a scan rate of 50 mV s<sup>-1</sup>. (C) Different concentrations of H<sub>2</sub>O<sub>2</sub>/μM (50 to 500 μmol) and (D) linear plot of different concentrations of H<sub>2</sub>O<sub>2</sub> vs. current.

–417 mV: H<sub>2</sub>O<sub>2</sub>) with an increase in the high anodic and cathodic peak current with an increase in the concentration of glucose in the presence of H<sub>2</sub>O<sub>2</sub>, as shown in Fig. 4A. The calibration curve of glucose in the presence of H<sub>2</sub>O<sub>2</sub> at the ALTMQNCAPc@MWCNT/GC electrode was linear in the range of 50 to 500 nM L<sup>-1</sup> with  $y = 0.072(H_2O_2) - 1.323$  and coefficient of determination of 0.999, as shown in the inset of Fig. 4B. The detection limits for glucose and H<sub>2</sub>O<sub>2</sub> were calculated to be 5 and 10 nM L<sup>-1</sup>, respectively, and the analytical performance of the proposed sensor (ALTMQNCAPc@MWCNT/GC electrode) was compared with other reported sensors based on electrodes and the results are summarized in Table S1.† According to the comparison, the proposed electrochemical sensor exhibited a low detection limit and broad linear range, which can be attributed to its high surface area, geometry, and electrode treatment characteristics of MWCNTs and ALTMQNCAPc, which collectively influenced the deposition of metal ions in an efficient way. The determination of glucose at different scan rates (10–100 mV s<sup>-1</sup>) in the presence of H<sub>2</sub>O<sub>2</sub> by the ALTMQNCAPc@MWCNT/GC electrode detected a high peak current with an increase in the scan rate (Fig. 5C), and the linear plot of scan rate vs. current of H<sub>2</sub>O<sub>2</sub>, with  $Y = 0.382x - 21.872$  and correlation coefficient of  $R^2 = 0.999$  is shown in Fig. 5D.<sup>42</sup>

The modified electrode detected the two cathodic and anodic peak potentials with an increase in the peak current with an

increasing concentration of H<sub>2</sub>O<sub>2</sub> in the presence of glucose (50 to 500 μM), as shown in Fig. 5A. The calibration curve of H<sub>2</sub>O<sub>2</sub> in the presence of glucose on the ALTMQNCAPc@MWCNT/GC electrode was linear in the range of 50 to 500 nM L<sup>-1</sup> with  $y = 0.052(\text{glucose}) + 16.723$  and coefficient of determination of 0.999, as shown in Fig. 5B. The analytical performance of the proposed sensor (ALTMQNCAPc@MWCNT/GC electrode) with a detection limit of 8 nM L<sup>-1</sup> was compared with other reported sensors based on electrodes and the results are summarized in Table S1.† The determination of H<sub>2</sub>O<sub>2</sub> in the presence of glucose by the ALTMQNCAPc@MWCNT/GC electrode at different scan rates (10–100 mV s<sup>-1</sup>) showed a high peak current with an increase in the scan rate (Fig. 5C) and the linear plot of different scan rates vs. various currents of glucose, with  $Y = 0.266x + 21.449$  and correlation coefficient of  $R^2 = 0.999$  is shown in Fig. 5D.<sup>42</sup>

The effect of glucose concentration on the positive current for its electrocatalytic oxidation at the modified electrode was investigated by cyclic voltammetry. Fig. 6A illustrates the series of CVs of the ALTMQNCAPc@MWCNT/GC electrode in the presence of different concentrations of glucose in the range of 50 to 500 μM in PBS (pH 7) and the correlation between the oxidation peak intensity and glucose concentration is shown in Fig. 6A. Obviously, the plot was linear up to a concentration of 500 μM. The linear regression equation was expressed as:  $I(\mu A)$





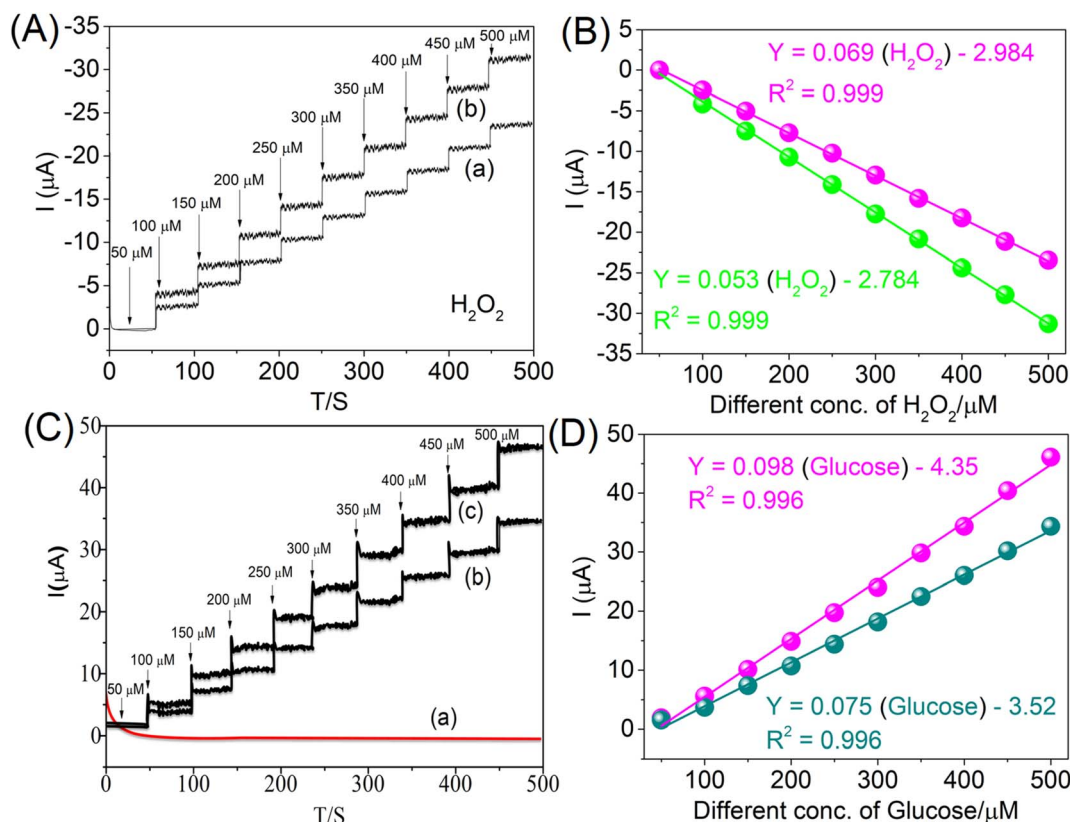


Fig. 9 Amperometric analysis of  $\text{H}_2\text{O}_2$  and glucose. (A) Current response by AITMQNCAPc (a) and AITMQNCAPc@MWCNT/GC electrode (b) with the successive addition of  $\text{H}_2\text{O}_2$  at an applied potential of  $-0.45$  V. (B) Dependence of amperometric current response on added  $\text{H}_2\text{O}_2$ . (C) Current response by bare GCE (a), AITMQNCAPc (b) and AITMQNCAPc@MWCNT/GC electrode (c) with the successive addition of glucose at an applied potential of  $+0.3$  V. (D) Dependence of amperometric current response on added glucose.

$= 0.058$  (glucose) + 17.025 with a correlation coefficient of  $R^2 = 0.997$  (Fig. 6B), and different scan rates of glucose (10 to 100  $\text{mV s}^{-1}$ ) displayed a potential of 270 mV, which is the same potential for the detection of the high positive peak current, as shown in Fig. 6C and a linear response to increasing scan rates of glucose vs. peak current:  $Y = 0.272x + 15.966$  with a correlation

coefficient of  $R^2 = 0.998$  (inset Fig. 6D). The current deviated from linearity at higher glucose concentrations and the detection limit was 18  $\text{nmol L}^{-1}$  (three-times the signal to noise ratio), which is most possibly due to the passivation of the electrode and/or the formation of glucose isomers, given that this is known to occur in alkaline media.<sup>43</sup> Fig. 6A shows that

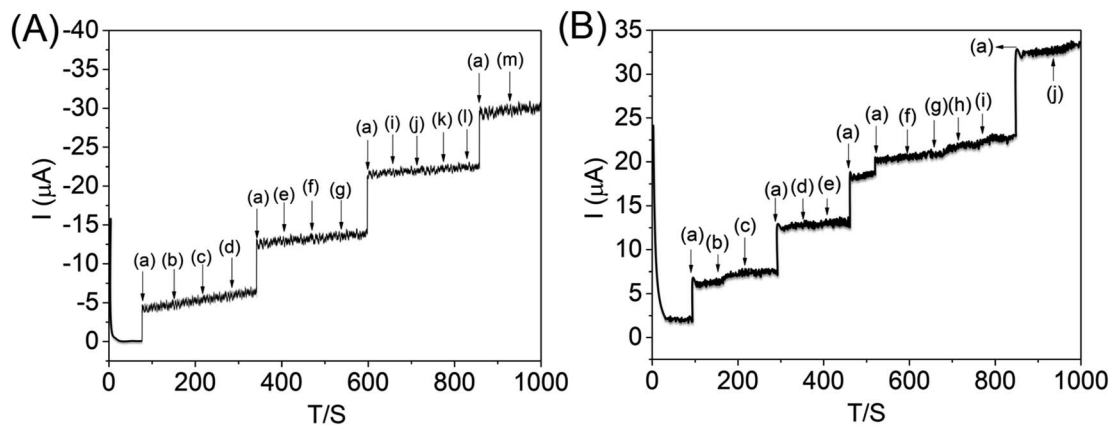


Fig. 10 Amperometric selectivity analysis of  $\text{H}_2\text{O}_2$  and glucose by AITMQNCAPc@MWCNT/GC electrode. (A) Current response for  $\text{H}_2\text{O}_2$  (a) with the successive addition of various analytes (b–m) at an applied potential of  $-0.45$  V. (A) Current response for glucose (a) with the successive addition of various analytes (b–j) at an applied potential of  $+0.3$  V.



the peak current tended to level off at higher glucose concentrations because of the saturation of the active sites at the surface of the electrode.

The electrochemical DPV responses of the bare electrode and modified electrodes, *e.g.*, bare GCE, ALTMQNCAPc@GC electrode and ALTMQNCAPc@MWCNT/GC electrode, were investigated in the potential range of  $-0.4$  V to  $0.9$  V under the optimized conditions, as shown in Fig. 7A. The bare GCE showed no response (a curve),  $200 \mu\text{M}$  of glucose was detected with a low peak current response by the ALTMQNCAPc@GC electrode (b curve), while  $200 \mu\text{M}$  of glucose was detected by the ALTMQNCAPc@MWCNT/GC electrode with a high oxidation peak current and positive peak potential (c curve), showing a better result than the composite without MWCNTs (b curve) at the potential of  $+315$  mV in PBS (pH 7) electrolyte solution. Therefore, the sensitivity of the GCE should be further improved for real sample analysis by chemical modification. Furthermore, in addition to electronic conductivity, other factors affect the sensing performance, where some affect it more than electronic conductivity, such as the ability to absorb and accumulate glucose. The dependence of the oxidation current on the different modified electrodes is shown in Fig. 7B. The influence of different concentrations ( $50$ – $500 \mu\text{M}$ ) of glucose at the ALTMQNCAPc@MWCNT/GC electrode was also investigated by DPV. The peak current slightly increased as the potential shifted linearly from  $+315$  mV (glucose), as shown in Fig. 7C, with the linear plot of different concentrations of glucose *vs.* peak current and correlation coefficient of  $0.999$  shown in Fig. 7D. The detection limit of glucose using the proposed method was found to be  $12 \text{ nmol L}^{-1}$  at a signal-to-noise ratio of 3 in the linear range of  $50$ – $500 \mu\text{mol L}^{-1}$ . A comparison of the limit of detection obtained using the ALTMQNCAPc@MWCNT/GC electrode with recently reported methods is presented in Table S1,<sup>†</sup> which obviously specifies an enhancement compared to the reported values.

As shown in Fig. S7(A),<sup>†</sup> the oxidation current peak of glucose increased with an increase in the catalyst loading in the range of  $50$ – $250 \mu\text{M}$ . The dependence of glucose oxidation current on the catalyst loading is shown in Fig. S7(B).<sup>†</sup> The highest oxidation current was observed for  $250 \mu\text{M}$  catalyst, which was set for further experiments. This can be attributed to the thickness of the loaded catalyst on the surface of the electrode. The influence of pH was checked by DPV analysis in the presence of glucose. As shown in Fig. S7(C),<sup>†</sup> the oxidation current of glucose increased from pH  $3.0$  to  $11.0$ . The highest oxidation peak of glucose was observed at pH  $7.0$ , which suggests that the most electrooxidation occurred at the surface of the ALTMQNCAPc@MWCNT/GC electrode. The dependence of the oxidation current and oxidation potential on the pH is shown in Fig. S7(D).<sup>†</sup> As observed, the oxidation potential of glucose was found to shift towards a negative value linearly with an increase in the pH ( $7.0$  to  $11.0$ ) of the electrolyte.

Fig. 8A demonstrates the evaluation of the ALTMQNCAPc@MWCNT/GC electrode for the detection of  $\text{H}_2\text{O}_2$  in neutral phosphate buffer solution containing  $100 \mu\text{M}$   $\text{H}_2\text{O}_2$  at a scan rate of  $50 \text{ mV s}^{-1}$  at various ALTMQNCAPc@GC electrodes (curve a, without analyte), where the ALTMQNCAPc@GC

electrode detected low peak current responses in the presence of  $\text{H}_2\text{O}_2$  (b curve) compared to the ALTMQNCAPc@MWCNT/GC electrode (c curve). The dependence of the  $\text{H}_2\text{O}_2$  reduction current on the catalyst loading is shown in Fig. 8B. Also, the influence of various concentrations ( $50$  to  $500 \mu\text{M}$ ) of  $\text{H}_2\text{O}_2$  is shown in Fig. 8C, with an increasing negative peak current in the reduction peak potential. The linear plot of various concentrations of  $\text{H}_2\text{O}_2$  *vs.* peak current, with  $Y = 0.066 (\text{H}_2\text{O}_2) - 7.157$  and correlation coefficient of  $R^2 = 0.989$  is shown in Fig. 8D.

As shown in Fig. S8(A),<sup>†</sup> the reduction peak current of  $\text{H}_2\text{O}_2$  increased with the catalyst loading in the range of  $50$ – $250 \mu\text{M}$ . The dependence of the  $\text{H}_2\text{O}_2$  reduction peak current on the catalyst loading is shown in Fig. S8(B).<sup>†</sup> The highest oxidation current was observed for  $250 \mu\text{M}$  catalyst, which was set for further experiments. This can be attributed to the thickness of the catalyst loading on the surface of the electrode. The influence of pH was investigated by DPV analysis in the presence of  $\text{H}_2\text{O}_2$ . As shown in Fig. S8(C),<sup>†</sup> the reduction peak current of  $\text{H}_2\text{O}_2$  increased from pH  $3.0$  to  $11.0$ . The highest reduction peak of  $\text{H}_2\text{O}_2$  was observed at pH  $7.0$ , which suggests that the most electroreduction occurred on the surface of the ALTMQNCAPc@MWCNT/GC electrode. The dependence of the reduction peak current and reduction potential on the pH is shown in Fig. S8(D).<sup>†</sup> As observed, the oxidation potential of  $\text{H}_2\text{O}_2$  was found to shift towards a negative value linearly with an increase in the pH ( $7.0$  to  $11.0$ ) of the electrolyte.<sup>44</sup>

Fig. 9A shows that with the addition of various concentrations ( $50$ – $500 \mu\text{M}$ ) of  $\text{H}_2\text{O}_2$ , a negative peak current was recorded at an applied potential of  $-0.400$  V, with a high negative peak current response by the ALTMQNCAPc@MWCNT/GC and ALTMQNCAPc@GC electrodes (Fig. 9A, curves a and b) and linear responses of  $\text{H}_2\text{O}_2$ ;  $Y = 0.069 (\text{H}_2\text{O}_2) - 2.984$  and  $Y = 0.053 (\text{H}_2\text{O}_2) - 2.784$  with a correlation coefficient of  $R^2 = 0.999$  and  $0.999$  (inset, Fig. 9B), respectively. Generally, the electrocatalysts were evaluated by measuring the current at different applied potentials ( $+0.3$  V and  $-0.45$  V) and time after the addition of the analytes of glucose and  $\text{H}_2\text{O}_2$ . Therefore, amperometry measurements were performed at a detection potential of  $+300$  mV in neutral PBS solution containing the ALTMQNCAPc@GC and ALTMQNCAPc@CNT/GC electrodes (Fig. 9C, curves b and c), respectively, where upon the addition of glucose, a high peak current was detected (c curve) compared to without MWCNTs (b curve) and the bare GCE (curve a). The electrochemical responses were recorded while the solution was constantly stirred. Fig. 9C shows the current density for the electro-oxidation of glucose, where the points marked by arrows are the concentrations of glucose with a linear dependence of  $Y = 0.098 (\text{glucose}) - 4.35$  and  $Y = 0.075 (\text{glucose}) - 3.52$  with a correlation coefficient of  $R^2 = 0.996$  and  $0.996$  (inset Fig. 9D), respectively. The detection limit and sensitivity are presented in Table S1,<sup>†</sup> where the ALTMQNCAPc@MWCNT/GC electrode exhibited excellent electrochemical stability for the detection of the two biomolecules of glucose and  $\text{H}_2\text{O}_2$ .

**4.2.1 Selectivity and sensitivity studies.** A general problem with the electrochemical detection of glucose is the interference from physiological species such as AA, DA, UA, glycine,  $\text{L}$ -



cysteine, nitrite, Pb(II), Cd(II), Cu(II), Co(II), Hg(II), and Zn(II). Thus, we studied the selectivity of the present glucose and H<sub>2</sub>O<sub>2</sub> biosensor against these possible interfering species by measuring the amperometric response to the successive addition of physiological levels of various interfering species (50 μM of ascorbic acid (AA), dopamine (DA), uric acid (UA), glycine, L-cysteine, nitrite, Pb(II), Cd(II), Cu(II), Co(II), Hg(II), Zn(II) and glucose) at the potential of +0.300 V (Fig. 10A, b–m marked by arrows), where the twelve interfering species generated a completely negligible current response compared to the current responses of glucose (Fig. 10A, a marked by an arrow). Also, the same interfering physiological species were investigated in the amperometry determination of H<sub>2</sub>O<sub>2</sub> by the modified electrode at an applied potential of −0.450 V, where each species was added at 50 s intervals. L-Alanine, L-arginine, glycine, L-cysteine, Pb(II), Cd(II), Cu(II), Co(II), and Hg(II) were detected with negligible current responses (Fig. 10B, b–j marked by arrows) and H<sub>2</sub>O<sub>2</sub> (Fig. 10B, a marked by arrow). The following two explanations can be used to explain the high selectivity. On the one hand, the relatively low detection potential may significantly reduce the reactions to typical electroactive interferences. On the other hand, the addition of MWCNTs to the AlTMQNCAPc@GC electrode also helped to reduce interferences because their neutral charged prevent interfering species (such as AA, DA, and UA) from reaching the electrode surface.<sup>45–47</sup>

**4.2.2 Stability and reproducibility studies.** The long-term storage stability, operational stability, and repeatability of the AlTMQNCAPc@MWCNT/GC electrode were further examined using the amperometric current–time method. By continuously measuring 100 nM glucose and H<sub>2</sub>O<sub>2</sub> for 60 min, the operational stability was tested. After 60 min, the response remained constant and continued to be sensitive to glucose and H<sub>2</sub>O<sub>2</sub> (Fig. S9(A) and (B)†), respectively. Moreover, in the cyclic voltammograms with 10 consecutive scans on the same sensor, the oxidation peak and reduction peak were nearly identical (Fig. S10(A)† glucose and S10(B)† H<sub>2</sub>O<sub>2</sub>). The operational stability was very good, as indicated by the relative standard deviations (RSD) of 1.7% and 2.6%, respectively.

**4.2.3 Determination of real sample analysis in the clinic using 3% hydrogen peroxide.** The AlTMQNCAPc@MWCNT/GC electrode was used to determine the concentration of H<sub>2</sub>O<sub>2</sub> in a clinical product (3% solution) to confirm the accuracy of the procedure for the analysis. Specifically, 50, 100, and 150 μmol L<sup>−1</sup> H<sub>2</sub>O<sub>2</sub> solution was injected in a 10 mL volume flask and made up to the volume with PBS (pH 7). Then, using the DPV method, this test solution was added to an electrochemical cell for the detection of H<sub>2</sub>O<sub>2</sub>. The analytical results are listed in Table S2.† The results were satisfactory and demonstrated the effectiveness of the proposed methods for estimating the presence of 3% H<sub>2</sub>O<sub>2</sub> in clinical products.

**4.2.4 Application for the detection of glucose in human urine samples.** The AlTMQNCAPc@MWCNT/GC electrode was used to detect human urine under less-than-ideal circumstances to further confirm that it accurately predicted the real sample of human urine. As shown in Table S3,† the recovery rate of the sample increased from 96.15% to 102.33%. The

findings demonstrated that the AlTMQNCAPc@MWCNT/GC electrode can be used to accurately identify glucose in actual samples.

## 5 Conclusion

Herein, we reported the effective fabrication of a novel glucose biosensor and hydrogen peroxide sensor based on tetramethoxyquinoline carboxamide aluminum(III) phthalocyanine with a composite of multiwalled carbon nanotubes (AlTMQNCAPc@MWCNTs). A linear response to glucose and hydrogen peroxide concentration in the range of 50 to 500 M was observed with a correlation coefficient of 0.999 in the constructed AlTMQNCAPc@MWCNT/GC electrode. The AlTMQNCAPc@MWCNT/GC electrode sensor was used for the determination of glucose and hydrogen peroxide. The LOD of the biosensor was excellent (0.91 μM and 18 nM). The sensitivity of our sensor (0.069 μA μM<sup>−1</sup> cm<sup>−2</sup> and 0.098 μA μM<sup>−1</sup> cm<sup>−2</sup>) was compared with other previously reported studies. Also, the repeatability, reproducibility, selectivity, and storage stability of the electrochemical sensor were satisfactory. The AlTMQNCAPc@MWCNT/GC electrode exhibited a high electrocatalytic response to glucose and hydrogen peroxide, respectively, which proves that the procedure for the preparation of AlTMQNCAPc effectively enhanced the electrocatalytic activity of the sensor and biosensor.

## Ethical statement

The human urine samples used in this study were obtained from Dr Chandramma Dayananda Sagar Institute of Medical Education and Research Center, Harohalli, Kanakapura Rd, Kanakapura, Karnataka-562112 All experiments were performed in accordance with the Guidelines of “Dr Chandramma Dayananda Sagar Institute of Medical Education and Research Center”, and approved by the ethics committee at “The CDSIMER Institutional Ethics Committee CDSIMER Devarakaggahalli Harohalli, Kanakapura Taluk Ramanagara Karnataka Ethics Committee” Informed consents were obtained from human participants of this study.

## Conflicts of interest

The authors declare no conflicts of interest.

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