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1 Introduction

Hydrogels are polymers with a unique three-dimensional network structure that maintain their insolubility while absorbing a considerable amount of water.1-3 Due to their excellent water-holding and moisturizing properties, hydrogels have been widely used in various fields such as agriculture, medicine, and environmental protection. In the agricultural sector, hydrogels can be added to soil to increase soil water retention and improve the water utilization efficiency in plant growth.⁴ In the medical field, hydrogels can be used as a drug carrier to deliver drugs to specific locations in the human body, improving drug safety and efficacy.5-7 In the field of environmental protection, hydrogels can be used to absorb organic matter and heavy metal ions in wastewater, improving water quality.8,9 However, the widespread application of most hydrogels is seriously limited due to their poor fatigue resistance and conductivity. Therefore, hydrogels with good fatigue resistance and conductivity are more advantageous in practical applications.10

Phytic acid (PA), also known as inositol hexaphosphate, is found in most grains, legumes, and nuts.^{11,12} As a green and environmentally friendly biomass material, PA has been extensively used in fields such as food, materials, and pharmaceuticals.¹³ PA contains a large number of hydroxyl and

Preparation and characterization of PA/P(AA-co-AM) composite hydrogels via photopolymerization

Bin Li, ^(b)* Wenrui Hao, Aolin Wu, Mengjing Zhou, ^(b) Qinghua Yan, Heng Zhang and Lihua Su

The present study synthesized a deep eutectic solvent (DES) using acrylic acid (AA), acrylamide (AM), and choline chloride (ChCl), and added phytic acid (PA) as a filler. Subsequently, the PA/P(AA-*co*-AM) composite hydrogel was prepared under ultraviolet irradiation and used a photoinitiator. Characterization of the hydrogels was conducted using Fourier transform infrared spectroscopy (FTIR) and scanning electron microscopy (SEM). The study aimed to investigate the impact of PA on the mechanical properties, fatigue resistance, and electrical conductivity of the composite hydrogel. The findings demonstrated that as the mass fraction of PA increased, the compressive strength of the composite hydrogel increased. Specifically, after 10 cycles of compression, the resilience recovery rate of FP0 dropped from 86.9% to 70.4%, the maximum stress recovery rate of FP1 dropped from 97.9% to 89.4%, the maximum stress recovery rate of FP3 dropped from 97.3% to 93%. Overall, this study offers a straightforward and efficient method for producing composite hydrogels with both fatigue resistance and electrical conductivity.

phosphate groups in its structure, which can ionize hydrogen ions (H⁺). Moreover, PA has characteristics of non-toxicity, low cost, easy accessibility, and environmental friendliness.¹⁴ Furthermore, inspired by the strong chelation interactions of many biomass materials, PA has been used as an ideal crosslinking agent for hydrogels.¹⁵

Deep eutectic solvents (DES) are a new type of almost nontoxic and green reagents composed of a mixture of hydrogen bond acceptors (HBA) and hydrogen bond donors (HBD), with properties such as low toxicity, low cost, biodegradability, and environmental friendliness.19 One of the common DES is composed of choline chloride (ChCl) as HBA and other HBDs.20 Due to the rich hydrogen bond network formed by the interaction between ChCl and HBD, the melting point of the resulting mixture is much lower than that of individual components. One of the common DES is composed of choline chloride (ChCl) as HBA and other HBDs.20 Due to the rich hydrogen bond network formed by the interaction between ChCl and HBD, the melting point of the resulting mixture is much lower than that of individual components.²¹ When DES is used for photopolymerization reactions, it can act as both a monomer or a medium and provide a high viscosity environment to suppress buoyancy-driven convection without the need for additional materials.

Photopolymerization is a novel polymerization method that does not require the use of initiators commonly used in traditional polymerization, avoiding issues of initiator residue and the impact of initiators on polymer properties.¹⁶ Moreover,

School of Mechanical Engineering, Wuhan Polytechnic University, Wuhan, Hubei 430023, China. E-mail: lb420@whpu.edu.cn

photopolymerization can be conducted at room temperature without the need for high temperature and pressure conditions, with simple and convenient operation, fast reaction rate, short reaction time, and greatly improved production efficiency.¹⁷ Finally, photopolymerization is an environmentally friendly and low-energy polymerization method that meets the requirements of sustainable development.¹⁸

Based on previous research, we added phytic acid (PA) to DES and developed an anti-fatigue PA/P(AA-*co*-AM) composite hydrogel. PA/P(AA-*co*-M) composite hydrogels were successfully synthesized by mixing AA, AM, and ChCl in a molar ratio of 1.5 : 0.5 : 1 and adding varying amounts of PA to DES for polymerization. The structure of the composite hydrogel was characterized by scanning electron microscopy (SEM) and Fourier transform infrared spectroscopy (FTIR). The performance of the composite hydrogel was tested, and the effects of different PA contents on the pH responsiveness, anti-fatigue properties, and conductivity of the composite hydrogel were further analysed.

2 Materials and methods

2.1 Materials

Phytic acid (PA, 50 wt% aqueous solution, relative molecular mass of 660.04), choline chloride (ChCl), acrylic acid (AA), acrylamide (AM), and crosslinking agent *N*,*N*-methylenebisacrylamide (MBA) were all purchased from Aladdin Chemistry Co., Ltd in Shanghai, China. All of the above chemicals were of analytical grade and could be used directly. Prior to use, ChCl was dried in a vacuum drying oven at 70 °C for two hours to remove any water. Deionized water was used for all experiments.

2.2 Preparation of DES

ChCl was used as the HBA, while AA and AM were used as HBD. The three raw materials were mixed in a molar ratio of 1:1.5: 0.5 and placed in a beaker, which was then immersed in a 70 °C oil bath and continuously stirred until a transparent and clear



2.3 Photo-polymerization preparation of PA/P(AA-*co*-AM) composite hydrogel

At room temperature of 25 °C, the filler phytic acid (PA), crosslinker N,N'-methylenebisacrylamide (MBA), and photoinitiator were successively added to the DES according to the proportion specified in Table 1. The mixture was stirred until homogeneous, then poured into a test tube (100 mm in length and 12 mm in diameter), and exposed to UV light at a wavelength of 365 nm. After the solution was gelled, the test tube was inverted, and if the gel did not flow and could be maintained for more than 10 seconds, the transition from liquid to gel had occurred. Finally, after the test tube temperature cooled to room temperature, the prepared hydrogel sample was taken out from the test tube for future use. The preparation process of the composite hydrogel is shown in Fig. 2.

2.4 Characterization of PA/P(AA-co-AM) composite hydrogels

The polymer was first cut into 1 mm-thick circular discs, soaked in distilled water for 7 days to remove the water-soluble ChCl, and then the cylindrical hydrogel samples were pre-frozen in a freezer and subsequently freeze-dried in a cold vacuum dryer at -60 °C for 2 days until constant weight was reached. The dried hydrogel sample was ground into powder, mixed with potassium bromide, ground and pressed into pellets, and analyzed for its spectral characteristics using Fourier transform infrared spectrometer (FTIR). The vacuum freeze-dried samples were coated with gold using a high vacuum ion sputtering

Table 1	ble 1 Composition and proportion of DES			
Sample	AA/AM/ChCl (molar ratio)	PA (wt%)	MBA (wt%)	
FP0	1.5:0.5:1	0	1	
FP1	1.5:0.5:1	0.2	1	
FP2	1.5:0.5:1	0.4	1	
FP3	1.5:0.5:1	0.5	1	



Fig. 1 (a) Photograph of DES before photo-polymerization. (b) Photograph of DES after photo-polymerization. (c) Hydrogen bond structure diagram of DES.



Fig. 2 Schematic diagram of preparation of composite hydrogel.

Paper

instrument for cross-sectional observation of the microstructure using SEM.

2.5 Performance test of 2.5 PA/P(AA-*co*-AM) composite hydrogel

2.5.1 Hydrogel mechanical properties test. The compressive properties of the composite hydrogel were tested using a Shanghai Bose TA.XTC-18 mass spectrometer, with the compression head compressed at a rate of 10 mm min⁻¹ until the maximum compressive stress was obtained. The formula (1) for calculating the compressive strength is as follows:

$$P = \frac{F}{S} \tag{1}$$

In formula (1), *F* is the applied force, and *S* is the cross-sectional area of the hydrogel.

2.5.2 Testing of the fatigue resistance of the hydrogel. The fatigue resistance of the hydrogel was characterized in 10 cyclic compression tests with a strain of 80% and no rest time, and the formula (2) for the toughness recovery rate is as follows:

$$R = \frac{S_{ci}}{S_{c1}} \tag{2}$$

In formula (2), S_{ci} represents the integral area of the hysteresis loop during the *i*-th cycle of cyclic compression of the hydrogel, and S_{c1} represents the integral area of the hysteresis loop during the first cycle of compression and recovery during stretching of the hydrogel.

The formula (3) for calculating the maximum stress recovery rate is as follows:

$$\eta = \frac{\sigma_i}{\sigma_1} \tag{3}$$

In formula (3), σ_i represents the maximum stress during the *i*-th cycle of cyclic compression of the hydrogel, and σ_1 represents the maximum stress during the first cycle of cyclic compression of the hydrogel.

2.5.3 Testing of the electrical conductivity of the hydrogel. The resistance of cylindrical hydrogel samples was measured using a multimeter, and the formula for calculating the ionic conductivity is as follows:

$$\sigma = \frac{1}{R} \frac{d}{S} \tag{4}$$

In formula (4), the Greek letter σ is used to represent the conductivity, with units of mS cm⁻¹; *d* is the thickness of the hydrogel, with units of cm; *S* is the cross-sectional area of the hydrogel, with units of cm²; *R* is the measured resistance, with units of Ω .

3 Results and discussion

3.1 Microscopic morphology analysis of PA/P(AA-*co*-AM) composite hydrogels

To investigate the effect of different contents of PA on the microstructure of P(AA-*co*-AM) hydrogels, the hydrogels were characterized by SEM, and Fig. 3 shows the SEM images of FP0–FP3 hydrogels at 200 times magnification. The hydrogels with



Fig. 3 SEM images of (a) FP0, (b) FP1, (c) FP2, (d) FP3 hydrogels.

different PA contents were placed in deionized water for 7 days to remove soluble substances such as choline chloride. After pre-freezing, the hydrogels were dried in a vacuum freeze dryer at -60 °C for 48 hours to obtain the freeze-dried composite hydrogels. It can be seen from the figure that the average pore size of PA/P(AA-*co*-AM) hydrogels increases with the increase of PA content, because PA has a high hydrophilicity and can absorb more water than samples without PA.¹³ In addition, the size and morphology of the micropores become irregular and disordered with the increase of PA content. Compared with the no obvious pores in FPO hydrogel, FP3 hydrogel exhibits an irregular honeycomb-like pore structure (as shown in Fig. 3(d)), which may be due to the hydrogen bonding between PA and the polymer network in P(AA-*co*-AM) hydrogel.^{22,23}

3.2 Fourier infrared spectroscopy

Fig. 4 shows the FTIR spectra of PA, P(AA-co-AM) and PA/P(AAco-AM) composite hydrogels containing 0.5 wt% PA. The absorption peak around 1639 cm⁻¹ for PA is related to the stretching vibration of O-P-O, and the small absorption peak at 1130 cm⁻¹ is attributed to the stretching vibration of P=O. The stretching vibration of $(PO_3)^{2-}$ causes an absorption peak at 1058 cm⁻¹. Meanwhile, a small absorption peak also appears near 950 cm⁻¹ in the spectrum of PA/P(AA-co-AM), which is related to the stretching vibration of $(PO_3)^{2-.24}$ In the spectrum of the P(AA-co-AM) hydrogel, the stretching vibrations of the N-H group on the AM unit and the OH group on the AA unit overlap, forming a broad absorption peak at 3442 cm⁻¹.²⁵ Compared with the spectrum of P(AA-co-AM) hydrogel, the stretching vibration of the C=O group on the PA/P(AA-co-AM) hydrogel is shifted from 1722 cm⁻¹ to 1733 cm⁻¹, and the asymmetric stretching of the COO- group is shifted from 1639 cm^{-1} to 1654 cm^{-1} . In the spectrum of the PA/P(AA-co-AM) hydrogel, the absorption intensity of the C=O group and the COO- group is increased.26-28 The stretching vibration of C-N in the CO=NH₂ unit results in an absorption peak at 1454 cm⁻¹,



Fig. 4 Shows the FTIR spectra of PA, P(AA-*co*-AM), and PA/P(AA-*co*-AM) hydrogels.

and the stretching vibration of C–O in the COOH unit results in an absorption peak at 1172 cm⁻¹.²⁵ However, the absorption peaks at 1454 cm⁻¹ and 1172 cm⁻¹ are enhanced in the spectrum of the PA/P(AA-*co*-AM) hydrogel.

3.3 Compression and fatigue resistance of PA/P(AA-co-AM) composite hydrogel

We conducted compression tests and analysis on phytic acid hydrogels with different mass fractions, and some of the experimental processes are shown in Fig. 5(a). The maximum compressive strengths of FP0, FP1, FP2, and FP3 hydrogels were 0.95 MPa, 0.61 MPa, 0.47 MPa, and 0.41 MPa, respectively. The compressive strength of the composite hydrogel gradually decreased with the increase of PA content, which was attributed to the addition of phytic acid solution and the introduction of water, making the molecular chains more prone to slip under stress, thereby reducing the compressive strength of the material.²⁹ Fig. 5(d) and (e) show the 10-cycle compression curves of FP0 and FP2 hydrogels at 80% strain, and the curves of the maximum stress of FP0 and FP2 hydrogels over time are also displayed. From the 5th to the 10th cycle of compression, the curve of the maximum stress of FP2 hydrogel with respect to time was smoother compared to that of FP0 hydrogel.³⁰ After 10 cycles of compression, the toughness recovery rate of FP0 hydrogel decreased from 86.9% to 70.4%, and the maximum stress recovery rate decreased from 97.9% to 89.4%; the toughness recovery rate of FP2 hydrogel decreased from 94.4% to 86.6%, and the maximum stress recovery rate decreased from 97.3% to 93%, as shown in Fig. 5(c), indicating that the hydrogel with added PA has excellent anti-fatigue performance.

3.4 Conductivity of PA/P(AA-co-AM) composite hydrogel

In order to investigate the effect of different contents of PA on the electrical conductivity of the composite hydrogel, the



Fig. 5 (a) Demonstration of one loading–unloading cycle under 80% compressive strain deformation for hydrogels. (b) Compressive stress–strain curves of FP0, FP1, FP2, and FP3. (c) Toughness recovery rate and maximum stress recovery rate of FP0 and FP2 hydrogels after ten consecutive compression-unloading cycles. (d) and (e) Ten compression cycles stress–strain curves of FP0 and FP2 hydrogels under 80% strain.

conductivity of the samples was recorded at different time periods and temperatures. Fig. 6(a) shows the changes in conductivity of 4 groups of samples within 12 hours. It can be seen that with the increase of PA mass fraction, the conductivity of the composite hydrogel gradually increases. The conductivity of FP0, FP1, FP2 and FP3 at 12 h were 0.00326 mS cm⁻¹, 0.00472 mS cm⁻¹, 0.00979 mS cm⁻¹ and 0.0153 mS cm⁻¹, respectively. The conductivity of FP1, FP2 and FP3 (compared with FP0) increased by 1.4, 3.0 and 4.7 times, respectively. This is due to the good water absorption of ChCl in the hydrogel, which can absorb water molecules in the air. The water molecules entering the gel network promote the movement of chloride ions in the network, thus causing the change of conductivity.³¹ In addition,



Fig. 6 (a) The conductivity of FP0, FP1, FP2, and FP3 hydrogels at different times. (b) The conductivity of FP0, FP1, FP2, and FP3 hydrogels at different temperatures.

Paper

after adding phytic acid solution, the concentration of free ions in the gel increased, including chloride ions and newly added hydrogen ions. In addition, phytic acid solution contains water molecules, and some water molecules will enter the interior of the gel, resulting in an increase in the conductivity of the gel. It should be noted, therefore, the conductivity of the composite hydrogel increases with the increase of PA content.³²

Fig. 6(b) shows the conductivity of the composite hydrogel at different temperatures. The conductivity of 4 groups of hydrogels gradually increased in the range of 0–40 °C and gradually decreased in the range of 40–100 °C. This is because the temperature rise in the range of 0–40 °C can accelerate the movement of H_3O^+ as a proton carrier and activate the hydrogen bond network.³³ When the temperature rises from 40 °C to 100 °C, the water stored in the hydrogel gradually loses, which restricts the proton conduction group and proton migration rate, thus reducing the conductivity.³⁴

3.5 pH response performance of 3.5 PA/P(AA-co-AM) composite hydrogels

Fig. 7 shows the swelling behavior of hydrogels with different PA contents at different pH values. At pH 3, the carboxylic acid molecules on PA and polymer chains become protonated. Due to the hydrogen bonding interaction between PA and -COOH on polymer chains, the polymer chains inside the composite hydrogel are intertwined and contracted, resulting in a lower ESR of the composite hydrogel.^{1,35} When the pH increases to 4.8, -COOH on PA and polymer chains are converted into negatively charged -COO- ions. The weakening of hydrogen bonding between -COOH groups and the enhancement of electrostatic repulsion between -COO- ions lead to an increase in the swelling ratio of the composite hydrogel.36 When the pH reaches 7, the hydrogen bonding between most non-ionized -COOH and -CONH₂ reduces the number of hydrophilic groups and makes the polymer network structure less prone to swell, resulting in a decrease in the swelling ratio of the composite hydrogel.³⁷ As the pH gradually increases to 9.4, the hydrogen bonds inside the hydrogel break, and the electrostatic repulsion between -COO- groups causes the polymer network space to



Fig. 7 Shows the pH response curve of PA/P(AA-*co*-AM) composite hydrogel.

expand, resulting in an increase in the swelling ratio of the hydrogel.³⁸ When the pH reaches 9.4, the swelling ratio of the hydrogel gradually decreases because Na⁺ ions aggregate near the -COO- groups on PA and polymer chains due to the Coulomb effect, which weakens the electrostatic repulsion of the polymer and reduces the swelling ratio of the hydrogel.³⁹ At the same pH value, the swelling ratio of the hydrogel increases with the increase of PA content, which is because the hydrogel with higher PA content has more hydrophilic groups.²⁷

4 Conclusions

This article added PA as a filler to the DES prepared with AA, AM, and ChCl as raw materials, and MBA as a crosslinking agent. A fatigue-resistant PA/P(AA-*co*-AM) composite hydrogel was successfully prepared by photopolymerization, and the structure and properties of the composite hydrogel were studied. The experimental results show that:

(1) Compression experiments showed that the compressive strength of the composite hydrogel decreased with the increase of PA content, which was due to the internal stress caused by PA aggregation and copolymerization network. Fatigue resistance tests showed that the higher the PA content in the composite hydrogel, the stronger the fatigue resistance. The toughness recovery rate of FP2 decreased from 94.4% to 86.6%, and the maximum stress recovery rate decreased from 97.3% to 93%.

(2) After adding PA, the conductivity of the composite hydrogel was significantly enhanced. The conductivity of the composite hydrogel with a PA content of 0.5% was 0.0153 mS cm⁻¹, which was 4.7 times higher than that of the hydrogel without PA. It can be used in electronic sensors and other fields.

(3) The PA/P(AA-*co*-AM) composite hydrogel has good pH responsiveness. With the change of pH, the swelling performance of the composite hydrogel shows a significant change, which makes the composite hydrogel have a good application prospect in sewage treatment.

Author contributions

B. L., proposed the ideas, steps and details of the experiment, most of the experiments were done by W. R. H., M. J. Z., A. L. W., where W. R. H. was instrumental in the proper conduct of the experiments and wrote the article together with B. L., and all the authors analyzed the data, discussed the conclusions.

Conflicts of interest

The authors declare that there are no competing interests regarding the publication of this article.

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