

# Environmental Science Atmospheres

Volume 4  
Number 12  
December 2024  
Pages 1325-1436

[rsc.li/esatmospheres](https://rsc.li/esatmospheres)



ISSN 2634-3606

#### COMMUNICATION

Durga Prasad Patnana and B. P. Chandra  
Determination of mass concentrations of airborne PET  
microplastics using liquid chromatography coupled to  
tandem mass spectrometry (LC-MS/MS)




Cite this: *Environ. Sci.: Atmos.*, 2024, 4, 1352

Received 18th April 2024  
Accepted 2nd October 2024

DOI: 10.1039/d4ea00047a

rsc.li/esatmospheres

## Determination of mass concentrations of airborne PET microplastics using liquid chromatography coupled to tandem mass spectrometry (LC-MS/MS)<sup>†</sup>

Durga Prasad Patnana and B. P. Chandra \*

Microplastics (MPs) have recently become a growing environmental pollution concern. MPs are easily transferred and ubiquitously found in ambient air. MPs in the air can act as carriers for several toxic pollutants, and exposure to MPs can lead to pulmonary diseases in humans. Polyethylene terephthalate (PET) is one of the most abundant MPs used in the manufacturing of various fibres and plastics. In this study, we present a method for the determination of mass concentrations of PET MPs in the airborne inhalable fraction of fine particulate matter (PM<sub>2.5</sub>) using liquid chromatography coupled to tandem mass spectrometry (LC-MS/MS). Teflon and quartz fiber filters were tested for extraction efficiency in measuring the mass concentrations of airborne PET MPs. Teflon filters showed good recovery (80–120%) compared to quartz fiber filters. Using this method, a pilot study was carried out in Delhi, the national capital of India, and Mohali, a suburban city in the northwest Indo-Gangetic Plain (NWIGP), for the determination of mass concentrations of PET MPs present in airborne PM<sub>2.5</sub>. The observed maximum mass concentrations of PET MPs in airborne PM<sub>2.5</sub> in Delhi and Mohali are 135.20 ng m<sup>-3</sup> and 157.98 ng m<sup>-3</sup>, respectively.

### Environmental significance

Airborne microplastics (MPs) are a major concern due to their possible health risks and their ability to act as carrier for several toxic air pollutants. PET is the most abundant airborne MP, and *in vitro* studies reported that exposure to PET MPs can cause pulmonary disorders (>98.6 μg mL<sup>-1</sup>). Therefore, the determination of mass concentrations of airborne PET MPs is needed to understand the various additional health risks associated with their inhalation exposure. In this study, we reported an optimized LC-MS/MS method for the mass quantification of PET MPs present in the ambient PM<sub>2.5</sub> and carried out a pilot study in Delhi and Mohali. We believe that the findings in this study provide a better understanding of the chemical composition of airborne MPs and the associated health risks.

## 1 Introduction

Microplastics (MPs) are plastic debris with sizes ranging from 1 μm to 5 mm.<sup>1,2</sup> There are myriad sources of airborne microplastics in the ambient atmosphere. MPs enter the atmosphere from fibres of textiles, erosion of rubber tyres, building materials, solid waste burning, resuspension of emissions from traffic and industries, sewage sludge used as a fertilizer, air blasting media, degradation of larger particles when exposed to UV radiation, and tumble dryer exhaust.<sup>3–5</sup> Due to their size and density, MPs are easily transferred to air and transported by wind to longer distances of up to 100 km, causing a potential health risk when inhaled continuously by

humans.<sup>4,6–8</sup> MPs in the air can act as carriers for heavy metals, microorganisms and carcinogenic polycyclic aromatic hydrocarbons due to their large specific surface area and sorption capacity, and thus, inhalation exposure to MPs increases the potential cancer risk.<sup>9–12</sup> Earlier studies reported that PET is the most abundant microplastic present in ambient particulate matter in the urban sites of India and China.<sup>13,14</sup> The inhalable fraction of airborne particulate matter, with an aerodynamic equivalent diameter less than or equal to 2.5 μm (PM<sub>2.5</sub>), can reach deeper into the human body and pose further health risks.<sup>15–18</sup> Inhalation of microplastics in airborne PM<sub>2.5</sub> can lead to diseases such as asthma, extrinsic allergic alveolitis, chronic pneumonia, inflammation, bronchitis, and pneumothorax.<sup>19,20</sup> *In vitro* toxicity studies have shown that PET nanoplastics can result in the formation of reactive oxygenated species, causing cellular oxidative stress.<sup>21</sup> PET is also known to cause vascular prostheses due to the suppression of proliferation and migration of endothelial and mesenchymal cells.<sup>22</sup> Recent *in vitro* studies have shown that exposure to PET MPs can cause pulmonary disorders if the concentrations of PET MPs exceed more than 98.6 μg mL<sup>-1</sup>.<sup>21</sup> Also, *in vivo* studies reported that exposure to PET MPs above 200 ppm can cause hepatotoxicity and neurotoxicity in zebrafish and *Drosophila melanogaster*, respectively.<sup>23,24</sup> Hence, it is important to carry out the measurements of

Department of Chemistry, Sri Sathya Sai Institute of Higher Learning, Prasanthi Nilayam Campus, Puttaparthi, Andhra Pradesh – 515134, India. E-mail: bpraphullachandra@sssihl.edu.in; Tel: +91 9491485589

<sup>†</sup> Electronic supplementary information (ESI) available. See DOI: <https://doi.org/10.1039/d4ea00047a>



mass concentrations of PET MPs in airborne PM<sub>2.5</sub> to understand the various additional health risks associated with it.

In most studies, measurements of MPs were carried out extensively using Fourier-transform infrared (FTIR) and Raman spectroscopic techniques. However, these spectroscopic techniques suffer from several artifacts due to interference with the sample matrix, and they also become troublesome for the analysis of MPs when the particle size is below 0.5 μm.<sup>25</sup> Other analytical techniques, namely, transmission electron microscopy, scanning electron microscopy, and dynamic light scattering, are also being used in MP studies. Nevertheless, these microscopic techniques can only provide information about particle number, size, and shape but fail to identify the type of polymer present in the given sample.<sup>26,27</sup> With the rapid development in various mass spectrometric techniques, pyrolysis gas chromatography coupled to mass spectrometry (py-GC-MS) and thermogravimetry coupled with mass spectrometry techniques (TGA-MS) are being used for the characterization of microplastics present in various sample matrices.<sup>28,29</sup> Note that these techniques require bulk sample for analysis, are suitable only for specific polymers, and are semi-quantitative techniques.<sup>30</sup> Analysis time with LC-MS/MS is less than the GC-MS/MS technique. In GC-MS/MS analysis, conditioning of oven temperature is time-consuming compared to LC-MS/MS.

In this study, we developed a method for the determination of mass concentrations of PET MPs in the inhalable fraction of ambient PM<sub>2.5</sub> using the state-of-the-art instrumentation technique, namely, liquid chromatography coupled to tandem mass spectrometry (LC-MS/MS). To date, no studies have reported the mass concentrations of PET MPs in the inhalable fraction of ambient PM<sub>2.5</sub>. Using this method, a pilot study was carried out to screen and measure the mass concentrations of PET MPs in the inhalable fraction of ambient PM<sub>2.5</sub> in Delhi, the national capital of India, and Mohali, a suburban city in the northwest Indo-Gangetic Plain.

## 2 Materials and methods

### 2.1 Chemicals

Polyethylene terephthalate (PET; CAS No.: 25038-59-9, Product No.: 429252-250G) was procured from Sigma Aldrich, Saint Louis, MO 63103, USA. Terephthalic acid (CAS No.: 100-21-0, purity: >99.0%) and pentanol (CAS No.: 71-41-0, purity: >99.0%) were purchased from Tokyo Chemical Industry Co., Ltd, Japan. LC-MS grade formic acid (CAS No.: 64-18-6) and methanol (CAS No.: 67-56-1) were obtained from Fisher Chemical, Belgium. HPLC-grade methanol and potassium hydroxide pellets (1310-58-3) were procured from Merck Life Science Private Limited, Mumbai, India. HPLC-grade trifluoroacetic acid (CAS No.: 76-05-1) was procured from Spectrochem Pvt Ltd, Mumbai, India. High-purity (PicoPure plus grade) hydrochloric acid (CAS No.: 7647-01-0) was purchased from Chem-Lab, Canada. Type 1 Milli Q water (18 MΩ cm) was purified using a Milli Q IQ 7000 ultra-pure water purification system.

### 2.2 Sample collection

In Mohali, ambient PM<sub>2.5</sub> samples were collected on Teflon filters (Whatman membrane filters, Cat No.: 7585-004, pore

size: 0.5 μm and diameter: 47 mm) using a U.S. EPA-approved Speciation Aerosol Sampling System (Met One Instruments, Inc., OR, USA) at a flow rate of 6.7 L min<sup>-1</sup> for 24 h (04:00 PM to the following day 04:00 PM, IST) between 16/10/2022 to 11/11/2022, which were installed on the rooftop of academic building 2, IISER Mohali (30°39'52"N 76°43'43"E). A detailed description of the sampling site is given in our previously reported study.<sup>31</sup> A total of seven samples were collected, and their results are presented in this study.

Ambient PM<sub>2.5</sub> samples in Delhi were collected from a rooftop in Mausam Bhawan, Indian Meteorological Department (IMD), Lodhi Colony, Delhi (28°35'22"N 77°13'14"E) from 16/10/2022 to 04/11/2022. A total of four samples were collected as a part of the pilot study. A custom-designed PM<sub>2.5</sub> cyclone (Mars Bioanalytical, India) equipped with a mass flow controller (Bronckhorst, Holland) and low-volume vacuum pump was used for the collection of PM<sub>2.5</sub> samples onto Teflon filters (polytetrafluoroethylene (PTFE), Whatman membrane filters, Cat No.: 7585-004, pore size: 0.5 μm and diameter: 47 mm) at a flow rate of 12.6 L min<sup>-1</sup> for 24 h (02:00 PM to the following day 02:00 PM, IST).

All the collected samples were stored at 4 °C until the analysis of PET MPs was performed using LC-MS/MS, facilitated at the Sri Sathya Sai Institute of Higher Learning – Central Research Instruments Facility, Puttaparthi, Andhra Pradesh, India. Fig. S1† shows the sampling locations, sampling sites and PM<sub>2.5</sub> samplers used for the collection of PM<sub>2.5</sub> samples in this study.

### 2.3 Extraction and depolymerization of airborne polyethylene terephthalate microplastics

In this study, the extraction and depolymerisation of PET microplastics present in the inhalable fraction of particulate matter were carried out using a reported method for sediment samples.<sup>32</sup> Filter samples were extracted using 5 mL of HPLC-grade methanol for 15 minutes under ultrasonication. This process was repeated twice, and the methanol layers were pooled into a round-bottomed flask. An aliquot of 200 μL was syringe-filtered (PTFE syringe filter, 0.22 μm) from the pooled methanol layers for determining the free terephthalic acid (terephthalic acid present in the non-depolymerized sample). The remaining methanol fraction was allowed to dry completely under the gentle flow of N<sub>2</sub> gas. The obtained residue was then refluxed with 35 mg of KOH and 10 mL of *n*-pentanol at 135 °C for thirty minutes. After the reflux, the reaction mixture was allowed to cool to room temperature, and extraction was carried out with 10 mL of HPLC-grade water using an orbital shaker (180 rpm; Make: Labnet; Model: Orbit™ 1900 Digital Heavy Duty Shaker) followed by centrifugation (3000 rpm; Rotor radius: 144 mm; Make: Thermo Scientific; Model: Sorvall™ ST 8 Small Benchtop Centrifuge) for ten minutes each. The extracted aqueous layer was adjusted to pH 2–3 using high-purity hydrochloric acid. Further, unwanted compounds were eliminated from the pH-adjusted aqueous layer using Agilent technologies HF Bond Elut – C18 solid phase cartridges (Part No.: 14102052). Note that the SPE cartridges were conditioned using



12 mL of HPLC-grade methanol, followed by 12 mL of HPLC-grade water prior to their use. The extracted aqueous layer containing the depolymerized fraction of TPA was analysed with LC-MS/MS as described in Section 2.4. The remanent fraction of TPA on the SPE cartridge was washed with methanol and analysed with LC-MS/MS. All the samples were syringe-filtered through a 0.22  $\mu\text{m}$  PTFE filter before injecting into the LC-MS/MS. Note that the  $\text{TPA}_{\text{deploy}}$  used in eqn (1) (Section 2.5) represents the fraction of TPA obtained from both the SPE-treated aqueous and methanol extracts.

#### 2.4 Liquid chromatography – mass spectrometry analysis

In this study, an ultra-high-performance liquid chromatography system (UHPLC; Model Name: Agilent Technologies, 1290 infinity series) coupled to a triple quadrupole mass spectrometer (Model Name: Agilent Technologies, 6490 iFunnel) with electrospray ionization (ESI) source in negative ionization mode was used for the identification and quantification of terephthalic acid present in the non-depolymerized and depolymerized fractions of  $\text{PM}_{2.5}$  extracts. The Agilent Zorbax Eclipse Plus Rapid Resolution High-Definition  $\text{C}_{18}$  column (internal diameter: 3.0, column length: 100 mm, and particle size: 1.8  $\mu\text{m}$ ) was used for the separation of analytes. Chromatographic separation was carried out with a binary mobile phase system in gradient mode. Mobile phases used in this study were 0.01% formic acid in water and 100% methanol as mobile phase A and mobile phase B, respectively. The volume of the sample injected into the LC-MS/MS instrument was 10  $\mu\text{L}$ . The gradient composition of the mobile phase is given in Table S1.† Terephthalic acid was eluted from the column at 5.3 min using the above liquid chromatography parameters. Multiple reaction monitoring (MRM) mode was adopted for the identification of terephthalic acid (TPA) using LC-MS/MS. Source parameters of the mass spectrometer and the MRM conditions used for identification of TPA are given in Table S2.† In this method, 165.0–121.0 and 165.0–77.0 are the transitions used as quantifier and qualifier ions, respectively, for TPA identification. Fig. S2† shows the total ion chromatogram and extracted ion chromatograms for the two targeted transitions of standard terephthalic acid.

#### 2.5 Measurement of mass concentrations of polyethylene terephthalate microplastics

The mass concentrations of PET microplastics in any environmental sample matrix can be measured using eqn (1).<sup>32,33</sup>

$$\text{PET}_{\text{Conc}} = \frac{\left\{ (\text{TPA}_{\text{deploy}} - \text{TPA}_{\text{non-depoly}}) \times \frac{\text{MW}_{(\text{TPA}-\text{H}_2\text{O})}}{\text{MW}_{\text{TPA}}} \right\}}{f_{(\text{TPA}-\text{H}_2\text{O})}} \quad (1)$$

Here,  $\text{PET}_{\text{Conc}}$  is the mass concentration of PET microplastics present in ambient air;  $\text{TPA}_{\text{deploy}}$  is the terephthalic acid (TPA) obtained after depolymerization of airborne PET microplastics;  $\text{TPA}_{\text{non-depoly}}$  is the free terephthalic acid (actual terephthalic acid present in the ambient fine particulate matter before depolymerization);  $f_{(\text{TPA}-\text{H}_2\text{O})}$  and  $\text{MW}_{(\text{TPA}-\text{H}_2\text{O})}$  represent the mass percentage and molecular weight of  $(\text{TPA}-\text{H}_2\text{O})$ .  $\text{MW}_{\text{TPA}}$  is

the molecular weight of TPA. From the chemical structure of PET polymer,  $[-\text{C}(\text{O})-\text{C}_6\text{H}_4-\text{C}(\text{O})-\text{O}-\text{CH}_2-\text{CH}_2-]_n$ ,  $(\text{TPA}-\text{H}_2\text{O})$  accounts for approximately 77.4% ( $f_{(\text{TPA}-\text{H}_2\text{O})}$ , % w/w) of PET (Wang *et al.*, 2017).<sup>32</sup> TPA is also used as a monomer in the production of polybutylene terephthalate (PBT) and polytrimethylene terephthalate (PTT). Nevertheless, the abundance of these two polymers in ambient particulate matter is relatively much lower compared to the abundance of PET MPs.<sup>34</sup> Hence, the contribution of these polymers to the depolymerised fraction of terephthalic acid is insignificant. The reported measurements of PET in this study represent the upper limit for the mass concentrations of the observed PET MPs present in the inhalable fraction of ambient fine particulate matter.

#### 2.6 Quality assurance (QA) and quality control (QC)

No plastic containers were used throughout the study to avoid contamination during the analysis. Calibrations were performed at regular intervals during the analysis time with five different concentrations of TPA ranging from 10  $\text{ng mL}^{-1}$  to 200  $\text{ng mL}^{-1}$ . Terephthalic acid standards used in the entire study were prepared in LC-MS-grade methanol. Fig. S3† presents the linearity curve obtained for terephthalic acid. This method had resulted in excellent linearity ( $r^2 > 0.99$ ). The limit of detection (LOD) and limit of quantification (LOQ) of terephthalic acid were determined to be 2.9  $\text{ng mL}^{-1}$  and 9.9  $\text{ng mL}^{-1}$ , respectively. The precision error of the method was verified by analyzing the terephthalic acid standard multiple times ( $n = 5$ ) on the same day. The precision error was observed to be less than 10%, calculated by obtaining the relative standard deviation of the peak area of the same sample that was injected into the LC-MS/MS and analyzed five times. Recovery tests were performed as a part of QA and QC using Teflon and quartz fiber filters, and the details are explained in Section 2.7. The total uncertainty reported in Table 1 was calculated using the root mean square propagation of individual uncertainties, like the

Table 1 Measured mass concentrations of airborne PET MPs in Delhi and Mohali

Sampling date	Concentration $\pm$ uncertainty ( $\text{ng m}^{-3}$ )
<b>Mohali samples</b>	
16/10/2022	2.8 $\pm$ (0.2)
19/10/2022	bdl <sup>a</sup>
23/10/2022	158.0 $\pm$ (13.9)
26/10/2022	49.6 $\pm$ (4.4)
31/10/2022	bdl <sup>a</sup>
04/11/2022	10.1 $\pm$ (0.9)
05/11/2022	13.6 $\pm$ (1.2)
11/11/2022	1.9 $\pm$ (0.2)
<b>Delhi samples</b>	
16/10/2022	135.2 $\pm$ (11.9)
22/10/2022	52.1 $\pm$ (4.6)
31/10/2022	59.8 $\pm$ (5.3)
04/11/2022	25.9 $\pm$ (2.3)

<sup>a</sup> Below detection limit.



1% accuracy error inherent in the terephthalic acid standard and the instrument precision error determined using the replicates of the samples ( $n = 5$ ). Further, we extracted and analyzed the blank filters ( $n = 6$ ) as per the procedure described in Section 2.3. The concentrations of PET MPs from the blank filters are summarized in Table S3.† These concentrations from the blanks were averaged and subtracted from the samples to report the final concentrations.

## 2.7 Detection of terephthalic acid from the depolymerization of PET spiked onto blank filters

In this study, we also compared the extraction efficiency of PET MPs with two different extensively used filter substrates for ambient particulate matter collection, namely, Teflon and quartz fiber filters.<sup>35</sup> Based on earlier studies reported in the literature using sediment and water samples, we chose the concentrations of 50 ng and 100 ng for recovery testing.<sup>28,29,36</sup> To spike the corresponding concentrations of 50 ng and 100 ng of PET microplastics, standard PET pellets were weighed accordingly and dissolved in chloroform. The dissolved PET solution was spiked onto the blank filters and then allowed to dry at room temperature to remove the solvent. Thus, the test concentrations were spiked onto the filters. This test was carried out by spiking two known concentrations (50 ng and 100 ng) of PET onto the blank Teflon and quartz fiber filters. The spiked filters were extracted and analyzed using the procedure described in Sections 2.3 and 2.4. High recovery of PET microplastics was observed with the Teflon spiked filters. The obtained recovery percentages with both quartz fiber filters and Teflon filters are presented in Table S4.† The recovery (80–120%) of PET microplastics using Teflon filters is within the limits set by the U.S. EPA ( $\pm 20\%$  variability).<sup>37</sup> We observed that sonication had destroyed the quartz filter fabric and made it difficult to separate fibres from microplastic particles when filtering the suspensions. Similar observations were reported in earlier studies too.<sup>38</sup> Hence, Teflon filters are better suited for the collection and determination of mass concentrations of PET MPs in the inhalable fraction of ambient fine particulate matter.

## 3 Results and discussion

### 3.1 Concentrations of polyethylene terephthalate microplastics in the ambient aerosols of Delhi and Mohali

Using the developed and optimised method, a pilot study was performed to screen and measure the mass concentrations of the airborne inhalable fraction of PET MPs samples collected from Delhi and Mohali (refer to Fig. S1†). Considering the logistics, ambient aerosol samples were collected using Teflon filters in October and November 2022 for a few days (refer to Table 1).

All the collected ambient  $PM_{2.5}$  samples were extracted, and mass concentrations of PET MPs were determined as described in Sections 2.3 to 2.5. Fig. 1a–c shows the extracted ion chromatograms of the terephthalic acid standard, free terephthalic acid (TPA) and the depolymerised fraction of terephthalic acid present in the ambient  $PM_{2.5}$  sample collected in Delhi on 31/

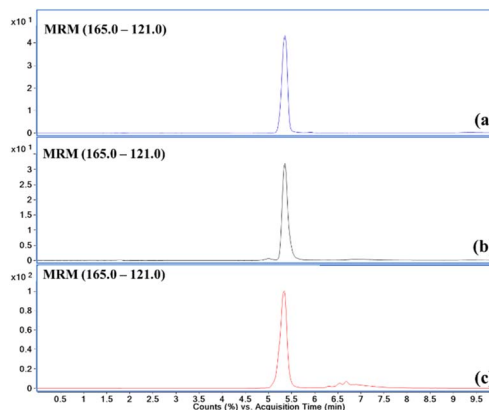


Fig. 1 Extracted ion chromatograms of (a) terephthalic acid standard; (b) free terephthalic acid in the aerosol sample from Delhi collected on 31/10/2022 02:00 PM to 01/11/2022 02:00 PM (IST); (c) depolymerised fraction of terephthalic acid from the inhalable fraction extract of ambient  $PM_{2.5}$  sample collected from Delhi on 31/10/2022 02:00 PM to 01/11/2022 02:00 PM (IST).

10/2022 02:00 PM to 01/11/2022 02:00 PM (IST), respectively. The presence of terephthalic acid in the fraction of depolymerised extracts of ambient  $PM_{2.5}$  samples confirms the presence of PET microplastics in the inhalable fraction of ambient particulate matter in Mohali and Delhi. Table 1 shows the mass concentrations of PET MPs in the inhalable fraction of ambient particulate matter from Mohali and Delhi. In Mohali, about 75% of collected samples contained PET MPs in the inhalable fraction of ambient particulate matter. The maximum mass concentration observed in Mohali was about  $158.0 \text{ ng m}^{-3}$  on October 23, 2022, which happened to be one of the festive days in India known as Choti Diwali (a day before Diwali), where anthropogenic activity such as burning garbage consisting of household plastic items is known to be very high.<sup>39,40</sup> Many households in this region are known to dispose of old household items in the garbage, which are eventually burnt.<sup>41,42</sup> During this sampling day, we also observed the enhanced concentration of carbon monoxide (a chemical tracer for inefficient combustion), up to 3.03 ppm. This indicates the co-emission of PET along with inefficient combustion tracers like CO. Hence, pre-Diwali activity could be a plausible reason for the observed peak concentrations. Due to some operational logistic issues, we were not able to carry out the measurements on Diwali day. In Delhi, PET MPs were observed in all the collected ambient  $PM_{2.5}$  samples. Mass concentrations of PET MPs present in the inhalable fraction of ambient  $PM_{2.5}$  samples collected in Delhi ranged from 25.9 to  $135.2 \text{ ng m}^{-3}$ .

Recent *in vitro* studies have shown that exposure to PET MPs can cause pulmonary disorders if the mass concentrations of PET exceed more than  $98.6 \mu\text{g mL}^{-1}$ .<sup>21</sup> Hence, it is important to carry out the measurements of mass concentrations of PET MPs in the inhalable fraction of ambient  $PM_{2.5}$  to understand the various additional health risks associated with it. To the best of our knowledge, this is the first-ever study to report the mass concentrations of PET MPs in ambient  $PM_{2.5}$  using LC-MS/MS.



To date, there is no air quality standard for the PET microplastics present in ambient PM<sub>2.5</sub>. Our study demonstrated the presence of the inhalable fraction of PET MPs in ambient air and developed an optimised method for the determination of mass concentrations of PET MPs using the LC-MS/MS method. This method can be extended to determine the mass concentrations of other types of MPs present in ambient particulate matter. Further long-term regional studies are needed to understand the sources, seasonal variability, and health effects of inhalation exposure to PET MPs.

## 4 Conclusions

In this study, mass quantification of PET microplastics present in the inhalable fraction of particulate matter was achieved using LC-MS/MS. This would help in understanding the various additional health risks associated with inhalation exposure to the mass concentration of microplastics. Further, after validation of the developed method, a pilot study was conducted to determine the presence of microplastics in the airborne particulate matter, which is also the first-ever study to report the mass concentrations of PET MPs in ambient PM<sub>2.5</sub> in New Delhi and Mohali in India using LC-MS/MS.

## Data availability

The data supporting this article have been included as part of the ESI.†

## Conflicts of interest

There are no conflicts to declare.

## Acknowledgements

The authors are grateful and dedicate this work to Bhagawan Sri Sathya Sai Baba, the Founder Chancellor, Sri Sathya Sai Institute of Higher Learning. The authors are thankful to the administration of Sri Sathya Sai Institute of Higher Learning – Central Research Instrument Facility for providing the state-of-the-art instrumentation facility to carry out this scientific study. We thank the IISER Mohali Central Atmospheric Chemistry Facility for the supporting data and the RASAGAM project team of MOES, India, for logistical support.

## References

- 1 J. P. G. L. Frias and R. Nash, Microplastics: Finding a consensus on the definition, *Mar. Pollut. Bull.*, 2019, **138**, 145–147.
- 2 Y. Yao, M. Glamoclija, A. Murphy and Y. Gao, Characterization of microplastics in indoor and ambient air in northern New Jersey, *Environ. Res.*, 2022, **207**, 112142.
- 3 S. Dehghani, F. Moore and R. Akhbarizadeh, Microplastic pollution in deposited urban dust, Tehran metropolis, Iran, *Environ. Sci. Pollut. Res.*, 2017, **24**, 20360–20371.
- 4 J. C. Prata, Airborne microplastics: Consequences to human health?, *Environ. Pollut.*, 2018, **234**, 115–126.
- 5 L. E. Revell, P. Kuma, E. C. Le Ru, W. R. C. Somerville and S. Gaw, Direct radiative effects of airborne microplastics, *Nature*, 2021, **598**, 462–467.
- 6 J. Gasperi, S. L. Wright, R. Dris, F. Collard, C. Mandin, M. Guerrouache, *et al.*, Microplastics in air: Are we breathing it in?, *Curr. Opin. Environ. Sci. Health*, 2018, **1**, 1–5.
- 7 A. P. Abad López, J. Trilleras, V. A. Arana, L. S. Garcia-Alzate and C. D. Grande-Tovar, Atmospheric microplastics: exposure, toxicity, and detrimental health effects, *RSC Adv.*, 2023, **13**, 7468–7489.
- 8 N. Parashar and S. Hait, Plastic rain—Atmospheric microplastics deposition in urban and peri-urban areas of Patna City, Bihar, India: Distribution, characteristics, transport, and source analysis, *J. Hazard. Mater.*, 2023, **458**, 131883.
- 9 R. Akhbarizadeh, S. Dobaradaran, M. Amouei Torkmahalleh, R. Saeedi, R. Aibaghi and F. Faraji Ghasemi, Suspended fine particulate matter (PM<sub>2.5</sub>), microplastics (MPs), and polycyclic aromatic hydrocarbons (PAHs) in air: Their possible relationships and health implications, *Environ. Res.*, 2021, **192**, 110339.
- 10 A. A. Koelmans, E. Besseling, A. Wegner and E. M. Foekema, Plastic as a carrier of POPs to aquatic organisms: A model analysis, *Environ. Sci. Technol.*, 2013, **47**, 7812–7820.
- 11 J. Reisser, J. Shaw, G. Hallegraef, M. Proietti, D. K. A. Barnes, M. Thums, *et al.*, Millimeter-sized marine plastics: A new pelagic habitat for microorganisms and invertebrates, *PLoS One*, 2014, **9**, e100289, DOI: [10.1371/journal.pone.0100289](https://doi.org/10.1371/journal.pone.0100289).
- 12 Y. Li, Z. Lu, D. P. Abrahamsson, W. Song, C. Yang, Q. Huang, *et al.*, Non-targeted analysis for organic components of microplastic leachates, *Sci. Total Environ.*, 2022, **816**, 151598.
- 13 N. Parashar and S. Hait, Plastic rain—Atmospheric microplastics deposition in urban and peri-urban areas of Patna City, Bihar, India: Distribution, characteristics, transport, and source analysis, *J. Hazard. Mater.*, 2023, **458**, 131883.
- 14 K. Liu, X. Wang, N. Wei, Z. Song and D. Li, Accurate quantification and transport estimation of suspended atmospheric microplastics in megacities: Implications for human health, *Environ. Int.*, 2019, **132**, 105127.
- 15 P. G. Gunasekar and L. W. Stanek, Advances in exposure and toxicity assessment of particulate matter: An overview of presentations at the 2009 Toxicology and Risk Assessment Conference, *Toxicol. Appl. Pharmacol.*, 2011, **254**, 141–144.
- 16 J. S. Brown, T. Gordon, O. Price and B. Asgharian, Thoracic and respirable particle definitions for human health risk assessment, *Part. Fibre Toxicol.*, 2013, **10**(1), 1–12.
- 17 Y. Ichikawa, T. Watanabe, Y. Horimoto, K. Ishii and S. Naito, Measurements of 50 non-polar organic compounds including polycyclic aromatic hydrocarbons, n-alkanes and phthalate esters in fine particulate matter (PM<sub>2.5</sub>) in an industrial area of Chiba Prefecture, Japan, *Asian J. Atmos. Environ.*, 2018, **12**, 274–288.
- 18 Z. Li, S. Guo, Y. Wang, Y. Hu, Y. Xing, *et al.*, PM<sub>2.5</sub> associated phenols, phthalates, and water soluble ions from five



- stationary combustion sources, *Aerosol Air Qual. Res.*, 2020, **20**, 61–71.
- 19 J. Cortez Pimentel, R. Avila and A. Galvao Lourenco, Respiratory disease caused by synthetic fibres: a new occupational disease, *Thorax*, 1975, **30**, 204–219.
  - 20 I. S. B. Eckett, *Occupational Respiratory Diseases*, 2000.
  - 21 H. Zhang, S. Zhang, Z. Duan and L. Wang, Pulmonary toxicology assessment of polyethylene terephthalate nanoplastic particles in vitro, *Environ. Int.*, 2022, **162**, 107177.
  - 22 A. P. Lykov, O. V. Poveshchenko, M. A. Surovtseva, N. A. Bondarenko, I. I. Kim, A. A. Karpenko, *et al.*, Effect of Polyethylene Terephthalate on Functional Properties of Endothelial and Mesenchymal Cells, *Bull. Exp. Biol. Med.*, 2019, **166**, 580–585.
  - 23 N. Bashirova, D. Poppitz, N. Klüver, S. Scholz, J. Matysik and A. Alia, A mechanistic understanding of the effects of polyethylene terephthalate nanoplastics in the zebrafish (*Danio rerio*) embryo, *Sci. Rep.*, 2023, **13**, 1891, DOI: [10.1038/s41598-023-28712-y](https://doi.org/10.1038/s41598-023-28712-y).
  - 24 S. Kauts, Y. Mishra, S. Yousuf, R. Bhardwaj, S. K. Singh, F. M. Alshabrimi, *et al.*, Toxicological Profile of Polyethylene Terephthalate (PET) Microplastic in Ingested *Drosophila melanogaster* (Oregon R+) and Its Adverse Effect on Behavior and Development, *Toxics*, 2023, **11**, 782, DOI: [10.3390/toxics11090782](https://doi.org/10.3390/toxics11090782).
  - 25 C. Schwaferts, R. Niessner, M. Elsner and N. P. Ivleva, Methods for the analysis of submicrometer- and nanoplastic particles in the environment, *TrAC, Trends Anal. Chem.*, 2019, **112**, 52–65.
  - 26 T. Rocha-Santos and A. C. Duarte, A critical overview of the analytical approaches to the occurrence, the fate and the behavior of microplastics in the environment, *TrAC, Trends Anal. Chem.*, 2015, **65**, 47–53.
  - 27 X. Zhu, W. Huang, M. Fang, Z. Liao, Y. Wang, L. Xu, *et al.*, Airborne Microplastic Concentrations in Five Megacities of Northern and Southeast China, *Environ. Sci. Technol.*, 2021, **55**, 12871–12881.
  - 28 E. Duemichen, P. Eisentraut, M. Celina and U. Braun, Automated thermal extraction-desorption gas chromatography mass spectrometry: A multifunctional tool for comprehensive characterization of polymers and their degradation products, *J. Chromatogr. A*, 2019, **1592**, 133–142.
  - 29 A. Ter Halle, L. Jeanneau, M. Martignac, E. Jardé, B. Pedrono, L. Brach, *et al.*, Nanoplastic in the North Atlantic Subtropical Gyre, *Environ. Sci. Technol.*, 2017, **51**, 13689–13697.
  - 30 M. Velimirovic, K. Tirez, S. Verstraelen, E. Frijns, S. Remy, G. Koppen, *et al.*, Mass spectrometry as a powerful analytical tool for the characterization of indoor airborne microplastics and nanoplastics, *J. Anal. At. Spectrom.*, 2021, **36**, 695–705.
  - 31 D. P. Patnana, B. P. Chandra, P. Chaudhary, B. Sinha and V. Sinha, Optimized LC-MS/MS method for simultaneous determination of endocrine disruptors and PAHs bound to PM<sub>2.5</sub>: Sources and health risk in Indo-Gangetic Plain, *Atmos. Environ.*, 2022, **290**, 119363.
  - 32 L. Wang, J. Zhang, S. Hou and H. Sun, A Simple Method for Quantifying Polycarbonate and Polyethylene Terephthalate Microplastics in Environmental Samples by Liquid Chromatography-Tandem Mass Spectrometry, *Environ. Sci. Technol. Lett.*, 2017, **4**, 530–534.
  - 33 J. Zhang, L. Wang and K. Kannan, Polyethylene Terephthalate and Polycarbonate Microplastics in Pet Food and Feces from the United States, *Environ. Sci. Technol.*, 2019, **53**, 12035–12042.
  - 34 D. Kau, D. Materić, R. Holzinger, K. Baumann-Stanzer, G. Schauer and A. Kasper-Giebl, Fine micro- and nanoplastics concentrations in particulate matter samples from the high alpine site Sonnblick, Austria, *Chemosphere*, 2024, **352**, 141410.
  - 35 C. Perrino, S. Canepari and M. Catrambone, Comparing the performance of Teflon and quartz membrane filters collecting atmospheric PM: Influence of atmospheric water, *Aerosol Air Qual. Res.*, 2013, **13**, 137–147.
  - 36 L. Tian, E. Skoczynska, D. Siddhanti, R. J. van Putten, H. A. Leslie and G. J. M. Gruter, Quantification of polyethylene terephthalate microplastics and nanoplastics in sands, indoor dust and sludge using a simplified in-matrix depolymerization method, *Mar. Pollut. Bull.*, 2022, **175**, 113403.
  - 37 US EPA, *National Air Toxics Trends Stations Program*, 2016.
  - 38 A. Yang, A. Jedynska, B. Hellack, I. Kooter, G. Hoek, B. Brunekreef, *et al.*, Measurement of the oxidative potential of PM<sub>2.5</sub> and its constituents: The effect of extraction solvent and filter type, *Atmos. Environ.*, 2014, **83**, 35–42.
  - 39 S. Sarkar, P. S. Khillare, D. S. Jyethi, A. Hasan and M. Parween, Chemical speciation of respirable suspended particulate matter during a major firework festival in India, *J. Hazard. Mater.*, 2010, **184**, 321–330.
  - 40 D. P. Singh, R. Gadi, T. K. Mandal, C. K. Dixit, K. Singh, T. Saud, *et al.*, Study of temporal variation in ambient air quality during Diwali festival in India, *Environ. Monit. Assess.*, 2010, **169**, 1–13.
  - 41 G. Sharma, B. Sinha, Pallavi, H. Hakkim, B. P. Chandra, A. Kumar, *et al.*, Gridded Emissions of CO, NO<sub>x</sub>, SO<sub>2</sub>, CO<sub>2</sub>, NH<sub>3</sub>, HCl, CH<sub>4</sub>, PM<sub>2.5</sub>, PM<sub>10</sub>, BC, and NMVOC from Open Municipal Waste Burning in India, *Environ. Sci. Technol.*, 2019, **53**, 4765–4774.
  - 42 S. Garg, B. P. Chandra, V. Sinha, R. Sarda-Esteve, V. Gros and B. Sinha, Limitation of the Use of the Absorption Angstrom Exponent for Source Apportionment of Equivalent Black Carbon: A Case Study from the North West Indo-Gangetic Plain, *Environ. Sci. Technol.*, 2016, **50**, 814–824.

