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# Investigation of upconversion and photoacoustic properties of NIR activated Er<sup>3+</sup>/Yb<sup>3+</sup> doped [RE]VO<sub>4</sub> (RE = Y, Gd) phosphors for photothermal conversion applications

Cinumon K. V.,<sup>a</sup> Minarul I. Sarkar<sup>b</sup> and Kaushal Kumar <sup>\*a</sup>

Er<sup>3+</sup>/Yb<sup>3+</sup> doped YVO<sub>4</sub> and GdVO<sub>4</sub> phosphors were prepared through the combustion technique and were characterized through various techniques. XRD has revealed a tetragonal structure for YVO<sub>4</sub> and GdVO<sub>4</sub> phosphors. The 980 nm excited upconversion emission has resulted in intense green upconversion emission from both samples. However, the GdVO<sub>4</sub> sample has shown higher emission intensity. Photoacoustic heat generation in samples has been studied using the same 980 nm excitation, and in this case, the YVO<sub>4</sub> phosphor has shown higher heat generation. The YVO<sub>4</sub> phosphor again has shown lower heat dissipation and, hence, higher photo-thermal conversion efficiency upon irradiation of the sample.

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## 1. Introduction

The extensive study of luminous materials has been driven by the quest for novel substances capable of functioning effectively in applications such as lighting, sensing, visualisation, nonlinear optics, bioimaging and therapy.<sup>1</sup> A class of luminous materials known as upconversion (UC) phosphors take advantage of the unique wavelength-converting properties of rare-earth/lanthanide (Ln<sup>3+</sup>) ions.<sup>2</sup> Rare earth-based phosphors are efficient UC materials that absorb multiple photons in the low-frequency infrared region (IR) and have emission spectra in the higher energy visible region.<sup>3</sup> In this anti-Stokes luminescence, multiple photons with lower energy are transformed into a single photon having higher energy. This process involves the transfer of accumulated energy in the system, typically absorbed by sensitizer ions, to activator ions.<sup>4</sup>

Phosphors based on rare-earth/lanthanide (Ln<sup>3+</sup>) elements hold appeal due to their distinctive spectral characteristics, including narrow emission and absorption lines and comparatively prolonged emission durations. When incorporated into an inorganic host lattice, the long-lived ladder-like 4f–4f intermediate energy states of these ions enable them to absorb multiphotons to yield anti-Stokes luminescence.<sup>5</sup> The efficiency

of phosphors is influenced by factors such as the host composition, crystallinity, concentration of structural defects, component compositions, distribution of dopant ions, *etc.*<sup>6</sup>

Dopants of rare earths can be introduced into various organic as well as inorganic host materials. Among them, the rare-earth orthovanadates [RE]VO<sub>4</sub> (such as YVO<sub>4</sub>, GdVO<sub>4</sub>, *etc.*) as inorganic hosts are notable for their innate self-activation properties. Vanadate-based materials have a significantly better thermal stability, even above 1300 K, than their fluoride counterparts, which usually begin to oxidise and break down after 700 K.<sup>7</sup> Their physical and chemical stabilities and favourable band gap and phonon frequency conditions make them excellent host material choices.<sup>8</sup> They are outstandingly flexible hosts for lanthanide (Ln<sup>3+</sup>) optical centres with down and upconversion emissions. When lanthanide ions (Ln<sup>3+</sup>) are incorporated into their internal structure, these materials demonstrate the luminescence phenomenon upon suitable photo-excitation, displaying distinct, sharp, and narrow emission bands corresponding to the Ln<sup>3+</sup> 4f–4f transitions.<sup>5</sup>

For years, significant progress has been achieved in developing luminescent materials utilising GdVO<sub>4</sub> and YVO<sub>4</sub> as host lattices. Other lanthanides can easily replace Gd<sup>3+</sup> and Y<sup>3+</sup> because of their similar valence and ionic radii. GdVO<sub>4</sub> and YVO<sub>4</sub> crystallise into a tetragonal zircon-type structure under ambient conditions.<sup>9</sup> Comprehensive research has been done on materials doped with erbium (Er<sup>3+</sup>) and ytterbium (Yb<sup>3+</sup>) ions. This is because Er<sup>3+</sup> ions have beneficial metastable energy levels with longer lifetimes and emissions in the green and red wavelength ranges. These materials are widely used in various fields, such as security inks and temperature sensing,

<sup>a</sup> *Optical Materials and Bio-imaging Research Laboratory, Department of Physics, Indian Institute of Technology (Indian School of Mines), Dhanbad, Jharkhand – 826004, India. E-mail: kkumar@iitism.ac.in*

<sup>b</sup> *Biomedical and Nano-Bioscience Engineering Lab, School of Physics, Indian Institute of Science Education and Research Thiruvananthapuram, Kerala – 695551, India*

and in biological applications.  $\text{Yb}^{3+}$  ions have a broad absorption cross-section around 980 nm, facilitating the effective transfer of excitation energy to  $\text{Er}^{3+}$  ions.<sup>3</sup>

Along with the radiative transitions in materials the non-radiative transitions also occur at the same time and these non-radiative transitions can be detected through the photoacoustic (PA) spectroscopy technique, which was discovered by Alexander Graham Bell.<sup>10</sup> This technique initiated a pathway for previously unexplored non-radiative routes of energy transitions in light and matter interaction.<sup>11</sup> This technique is widely employed in various applications, including optical and thermal property analysis, quality assessment, trace gas detection, and bioimaging.<sup>12,13</sup> In recent times, there has been a remarkable and rapid growth in research on photoacoustic imaging (PAI), driven by its appealing characteristics as a non-invasive, non-ionising, and multiparametric imaging technique. PAI involves the application of temporally confined optical illumination to a target, generating acoustic waves that convey information about the target's photothermal conversion efficiency and spatial geometry.<sup>14</sup> The primary advantage of photoacoustic spectroscopy (PAS) lies in its immunity to interferences due to scattered, reflected, or transmitted light. Also, a strong laser source can be used to increase the sensitivity of the device because the strength of the acoustic signal is proportional to the absorbed light intensity.<sup>15</sup>

There are few studies on the upconversion emission and photoacoustic properties of rare-earth co-doped orthovanadate phosphors. Among the reported upconversion phosphors, the first red-emitting  $\text{Eu}^{3+}$  doped  $\text{YVO}_4$  phosphors facilitated the advancement of colour television display technology.<sup>16</sup> Sheng *et al.* showed the use of rare earth-doped phosphors as contrast agents in dual-modality luminescence–photoacoustic (PA) imaging to improve the signal-to-noise ratio (SNR) and resolution. Using a single NIR excitation wavelength within biological windows, they simultaneously exploited both radiative and non-radiative de-excitations to record contrast signals in PA and luminescence.<sup>17</sup>

Thao *et al.* developed an efficient process for synthesising large quantities of  $\text{Yb}^{3+}$ ,  $\text{Er}^{3+}$ , and  $\text{Eu}^{3+}$  triplet-doped  $\text{YVO}_4$ . The prepared material showed strong red emission when excited by ultraviolet light (254 nm) and intense green emission when excited by infrared light (980 nm). Its bioimaging feasibility was also investigated by modifying its surface with *L*-cysteine (Cys) and *L*-glutathione (GSH).<sup>18</sup> Mahalingam *et al.* investigated the effect of increasing the  $\text{Yb}^{3+}$  concentration in  $\text{Er}^{3+}/\text{Yb}^{3+}$ -doped  $\text{GdVO}_4$  nanocrystals to intensify the green-to-red emission ratio.<sup>19</sup> Stopikowska *et al.* employed a combination of hydrothermal and calcination methods to synthesise single and co-doped  $\text{YVO}_4:\text{Yb}^{3+},\text{Er}^{3+}$ . When subjected to continuous laser excitations at 785 nm and 975 nm, the synthesised phosphors exhibited pure green up-conversion luminescence.<sup>7</sup>

Using the solid-state reaction technique, our research group previously successfully synthesised the monoclinic phase  $\text{LaVO}_4$  and the tetragonal phase  $\text{GdVO}_4$  co-doped with  $\text{Tm}^{3+}$  and  $\text{Yb}^{3+}$ .<sup>20</sup> The non-thermally coupled levels,  $^3\text{F}_3$  (700 nm) and  $^1\text{G}_4$  (475 nm), were used for optical thermometry under 980 nm

laser excitation, and the  $\text{LaVO}_4:\text{Tm}^{3+}/\text{Yb}^{3+}$  phosphor showed a higher sensing sensitivity than  $\text{GdVO}_4:\text{Tm}^{3+}/\text{Yb}^{3+}$ . Roy *et al.* reported a comparative investigation of the upconversion (UC) emissions. They tuned the emission colour and intensity of  $\text{YVO}_4$ ,  $\text{YTaO}_4$ , and  $\text{YNbO}_4$  doped with  $\text{Ho}^{3+}/\text{Yb}^{3+}$  by altering the vanadate(v) concentration.<sup>21</sup>

In this work, 2% $\text{Er}^{3+}$  and 10% $\text{Yb}^{3+}$  co-doped rare-earth orthovanadate ( $[\text{RE}]\text{VO}_4$ , RE = Y, Gd) phosphors were synthesised *via* a low-temperature solution-combustion process. The structural, morphological, surface and absorption characteristics of the prepared samples were investigated using powder X-ray diffraction (XRD), FTIR, SEM, and UV-vis-NIR absorption techniques. The radiative and non-radiative emission characteristics were analyzed using upconversion (UC) and photoacoustic (PA) spectroscopic techniques. The thermal conversion efficiency of the samples was also determined.

## 2. Experimental

### 2.1 Chemicals used

For synthesis, yttrium nitrate ( $\text{Y}(\text{NO}_3)_3 \cdot x\text{H}_2\text{O}$ ; 99.9%; CDH, India), gadolinium(III) nitrate ( $\text{Gd}(\text{NO}_3)_3 \cdot 6\text{H}_2\text{O}$ ; 99.9%; CDH, India), ytterbium(III) oxide ( $\text{Yb}_2\text{O}_3$ ; 99.99%; Alfa Aesar, USA), erbium(III) oxide ( $\text{Er}_2\text{O}_3$ ; 99.99%; Alfa Aesar, USA), ammonium-*m*-vanadate ( $\text{NH}_4\text{VO}_3$ ; 99%; CDH, India), urea ( $\text{NH}_2\text{CONH}_2$ ; 99.5% SRL, India) and nitric acid (75.0%, Finar, India) were used. Deionised (DI) water (Millipore Milli-Q water purifier) was used throughout the synthesis. All materials and chemicals were used as obtained and were not subjected to any purification processes.

### 2.2 Synthesis of the samples

Due to its rapid reaction times and minimal temperature demands, the combustion method is feasible for generating luminous materials, especially those infused with rare earth (RE) dopants.<sup>22</sup> In the present study,  $\text{Er}^{3+}/\text{Yb}^{3+}$ -doped rare earth vanadate ( $[\text{RE}]\text{VO}_4$ ) phosphors were synthesised *via* the solution combustion method. Urea served as the fuel agent in the process. The composition comprised 88 mol%  $[\text{RE}]\text{VO}_4$ , 2 mol%  $\text{Er}_2\text{O}_3$ , and 10 mol%  $\text{Yb}_2\text{O}_3$ .

Fig. 1 summarises the different stages involved in the synthesis process. The oxide precursors were converted into

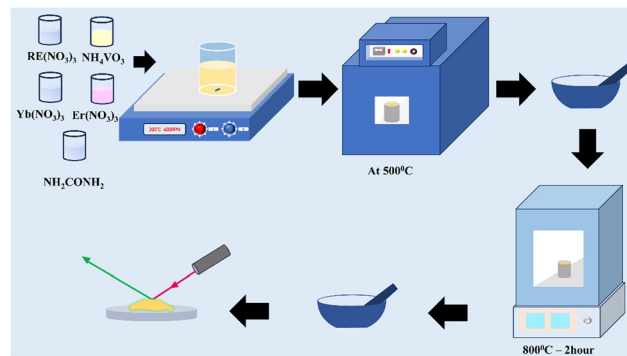


Fig. 1 A summary of the different stages involved in the synthesis process.

equivalent nitrates by processing them with concentrated nitric acid at 80 °C until a clear solution was obtained. The various nitrate precursors were then dissolved in deionised water and mixed at 90 °C while constantly stirring. Once they were blended properly,  $\text{NH}_4\text{VO}_3$  in DI water was added, giving a pale-yellow colour to the mixture. After a few minutes, urea was added, and the mixture was heated further until the mixture turned into gel form. After this, the gel was put into an alumina crucible and kept inside a furnace at 500 °C to initiate the combustion process. Within a few minutes, dense fumes started to appear, followed by combustion, resulting in the formation of yellow foamy products. Using a pestle and mortar, the obtained products were ground well into fine powder and annealed for 2 hours at a temperature of 800 °C.

### 2.3 Instrumentation

Powder X-ray diffraction was performed for the phase identification of the samples using a high-resolution X-ray diffractometer (Rigaku Smartlab). Field scanning electron microscopy (Zeiss, Supra-55) was used to investigate the morphological characteristics. The absorbance spectra were measured using a UV-vis-NIR absorption spectrometer (Agilent Cary-5000). The PerkinElmer spectrum 2.0 spectroscope was used to record the FT-IR spectra in the form of KBr particles to investigate the vibrational bands and luminescent quenching centres that existed in the sample. A spectrometer based on a charge-coupled device (Avantes, USA, ULS2048X64 spectrometer) and a 980 nm laser source were used to record the UC emission spectra. The photoacoustic spectroscopic data were recorded using a home-assembled photoacoustic spectrometer setup.<sup>23</sup> A diagram illustrating the configuration of the photoacoustic spectroscopic system is provided in Fig. 2. The excitation sources were a xenon lamp and a 980 nm laser. Light modulation was achieved using an optical chopper (model SR540) operating within a frequency range of 4 Hz to 3.7 kHz. The acoustic signals produced inside the custom-made photoacoustic cell were detected and amplified using a very sensitive microphone-amplifier setup (Bruel & Kjaer, 50 mV Pa<sup>-1</sup>). These signals were then processed by a high-end lock-in amplifier

(SRS560), which was connected to the chopper controller before being recorded by the computer.

## 3. Results and discussion

### 3.1 X-ray diffraction (XRD) analysis

The powder XRD data of the samples were recorded in the  $2\theta$  range of 10–80°. The structure and phase of the prepared samples annealed at 800 °C were identified from the obtained diffraction spectra. The XRD patterns, as well as the standard card of doped [RE]VO<sub>4</sub> samples, are depicted in Fig. 3(a and a').

The XRD results demonstrated that both samples are crystallised in their typical zircon tetragonal structure. The diffraction peaks matched well with the typical tetragonal phase of YVO<sub>4</sub> (ICSD 98-001-5604) and GdVO<sub>4</sub> (ICSD 98-008-1703) with the space group  $I41/amd$ .<sup>24–26</sup> The most prominent peaks are detected around  $2\theta$  values of approximately 25°, 33°, and 49°, corresponding to the (*hkl*) planes (200), (112), and (312), respectively. Although they are less intense, both samples contained some feeble impurity peaks in their XRD spectra. In YVO<sub>4</sub>, a few peaks were found in the  $2\theta$  range of 15–32°. Among them, peaks around 20°, 23°, 26°, and 32° correspond to the (011), (101), (111), and (200) planes of orthorhombic phased yttrium vanadate(III) (ICSD 98-015-5477), while the peak around 15° may be due to the presence of cubic phased diyttrium divanadate (ICSD 98-016-0600). In the case of GdVO<sub>4</sub>, only one impurity peak was observed around 20°, which indicates the presence of the orthorhombic phased gadolinium vanadate(III) (ICSD 98-004-0391).

The doping sites of Er<sup>3+</sup>/Yb<sup>3+</sup> ions within the host materials can be determined using the percentage radius variance ( $\Delta r$ ) resulting from the doping process, which is given by,<sup>27</sup>

$$\Delta r = \left[ \frac{R_h(\text{CN}) - R_d(\text{CN})}{R_h(\text{CN})} \right] \times 100\% \quad (1)$$

where  $R_h(\text{CN})$  and  $R_d(\text{CN})$  represent the ionic radii of the host and doping ions, associated with their corresponding coordination numbers. It has been suggested that the effective substitution of host lattice sites by dopant ions is possible when the  $\Delta r$  value is below 30%.<sup>28</sup> Applying this formula, the percentage radius variance ( $\Delta r$ ) value of V<sup>5+</sup> (0.54 Å, CN = 6) ions is obtained as 64% with Er<sup>3+</sup> (0.89 Å, CN = 6) and 60.74% with Yb<sup>3+</sup> (0.868 Å, CN = 6). Meanwhile, the  $\Delta r$  (%) values of Y<sup>3+</sup> (0.9 Å, CN = 6) and Gd<sup>3+</sup> (0.938 Å, CN = 6) host ions paired with Er<sup>3+</sup> and Yb<sup>3+</sup> were calculated as 1.11%, 3.55%, 5.11%, and 7.46% respectively. Therefore, it is reasonable to infer that both dopants, Er<sup>3+</sup> and Yb<sup>3+</sup>, occupy positions within the Y<sup>3+</sup> and Gd<sup>3+</sup> sites in their respective host matrices.<sup>29</sup> Fig. 3(b and b') illustrates the schematic representation of the unit cell of the crystal structure as predicted by VESTA software.<sup>30</sup> In this structure, each vanadium ion (V<sup>5+</sup>) within the [VO<sub>4</sub>]<sup>3-</sup> groups is coordinated tetrahedrally to oxygen ions (O<sup>2-</sup>). Also, the rare-earth ions (Y<sup>3+</sup> and Gd<sup>3+</sup>) are positioned within a dodecahedron composed of eight oxygen ions.<sup>31</sup>

Further, Rietveld refinement of the XRD patterns of 2%Er<sup>3+</sup> and 10%Yb<sup>3+</sup> doped YVO<sub>4</sub> and GdVO<sub>4</sub> samples was performed

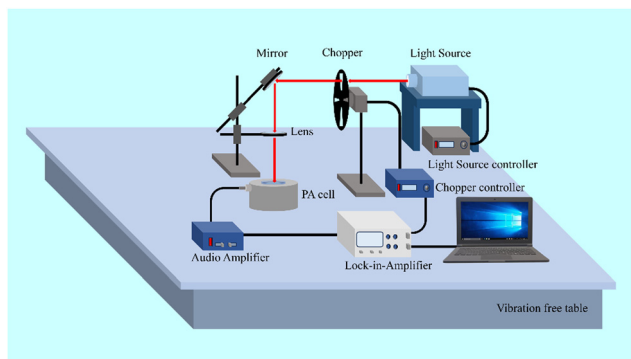


Fig. 2 Schematic diagram of a home-assembled photoacoustic spectrometer setup.

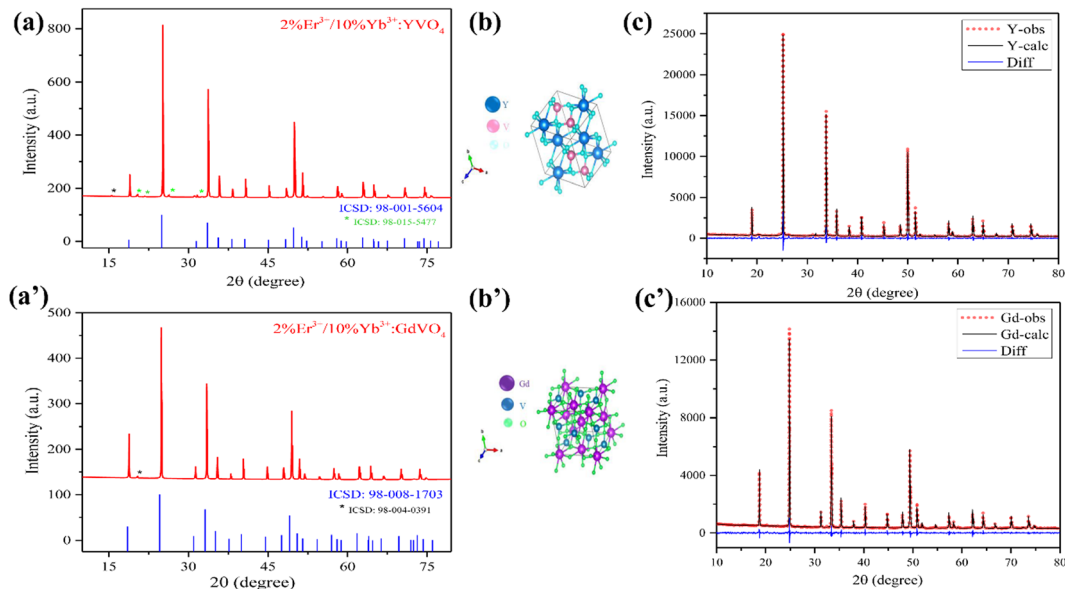


Fig. 3 (a and a') XRD pattern and (b and b') crystal structure of the unit cell and (c and c') Rietveld refinement of the XRD patterns of 2%Er<sup>3+</sup>/10%Yb<sup>3+</sup> co-doped YVO<sub>4</sub> and GdVO<sub>4</sub>.

Table 1 Refinement parameters of 2%Er<sup>3+</sup>/10%Yb<sup>3+</sup> doped YVO<sub>4</sub> and GdVO<sub>4</sub>

Parameters	YVO <sub>4</sub>	GdVO <sub>4</sub>
Space group	<i>I41/amd</i>	<i>I41/amd</i>
Cell parameters	$a = b = 7.10953(79) \text{ \AA}$ $c = 6.28431(69) \text{ \AA}$ $\alpha = \beta = \gamma = 90^\circ$ $V = 317.644 \text{ \AA}^3$	$a = b = 7.18879(12) \text{ \AA}$ $c = 6.33402(11) \text{ \AA}$ $\alpha = \beta = \gamma = 90^\circ$ $V = 327.334(13) \text{ \AA}^3$
Reliability factors	$R_p = 6.21$ $R_{wp} = 8.16$ GOF = 1.73	$R_p = 4.57$ $R_{wp} = 5.84$ GOF = 1.28

to elucidate the phase formation. Fig. 3(c and c') presents the observed Bragg's diffraction peaks, fitted curve and the corresponding differences of YVO<sub>4</sub> and GdVO<sub>4</sub> samples. The reliability of the fitting was confirmed by the goodness of the fit parameters  $R_p$ ,  $R_{wp}$  and GOF. A comprehensive overview of the structural properties of the synthesized samples is presented in Table 1.

### 3.2 FE-SEM analysis

The surface morphology and particle size of the prepared samples were examined through FE-SEM analysis. Fig. 4(a and b) presents the FE-SEM images of the rare-earth orthovanadates co-doped with Er<sup>3+</sup> and Yb<sup>3+</sup>. The images revealed that the samples were synthesised in irregular shapes. The particle size distribution was calculated from the FE-SEM images using ImageJ software and is given in Fig. 4(a' and b'). The average diameter of the samples was found to fall within the 0.8–1.4  $\mu\text{m}$  range.

### 3.3 FTIR analysis

Any foreign volatile impurity present in samples along with the maximum phonon frequency of the host can be identified using the Fourier-transform infrared spectroscopy (FTIR) analysis technique.<sup>32</sup> Fig. 5 illustrates the FTIR spectra recorded within the 450–4000  $\text{cm}^{-1}$  range. The peak at 824  $\text{cm}^{-1}$  is due to the antisymmetric stretching mode of V–O bands present in VO<sub>4</sub><sup>3−</sup> units.<sup>33</sup> On the other hand, the peaks around 1635 and 3428  $\text{cm}^{-1}$  correspond to the hydroxyl group's stretching ( $\nu\text{OH}$ ) and bending ( $\delta\text{OH}$ ) vibrations, likely caused by the inherent moisture-absorbing properties of our materials.<sup>34</sup> It can be concluded that samples have the same maximum lattice frequency of 824  $\text{cm}^{-1}$ .

### 3.4 UV-visible-NIR absorption spectroscopy

The absorption properties of synthesized phosphors were recorded and analysed in the UV-visible-NIR region. Fig. 6 illustrates the optical absorption spectra of the co-doped rare-earth orthovanadates recorded within the 250–2000 nm wavelength range.

Both phosphors exhibited wide absorption bands spanning 250–500 nm, with two prominent peaks centred around 264 and 312 nanometers. The charge transfer state (CTS) transitions between O<sup>2−</sup> and V<sup>5+</sup> ions are the source of these peaks.<sup>35</sup> The charge transfer arises from the transition of 2p electrons of excited oxygen ligands (O<sup>2−</sup>) to the empty 3d orbitals of the central vanadium atom (V<sup>5+</sup>) in the VO<sub>4</sub><sup>3−</sup> groups. As per the molecular orbital theory, this involves the transitions from the <sup>1</sup>A<sub>2</sub>(<sup>1</sup>T<sub>1</sub>) ground state to two close-lying <sup>1</sup>A<sub>1</sub>(<sup>1</sup>E) and <sup>1</sup>E(<sup>1</sup>T<sub>2</sub>) excited electronic states of the VO<sub>4</sub><sup>3−</sup> ions in crystalline hosts. The crystal field reduces the original T<sub>d</sub> symmetry of VO<sub>4</sub><sup>3−</sup> (free ion) to D<sub>2d</sub>, causing a splitting of the degenerate levels of



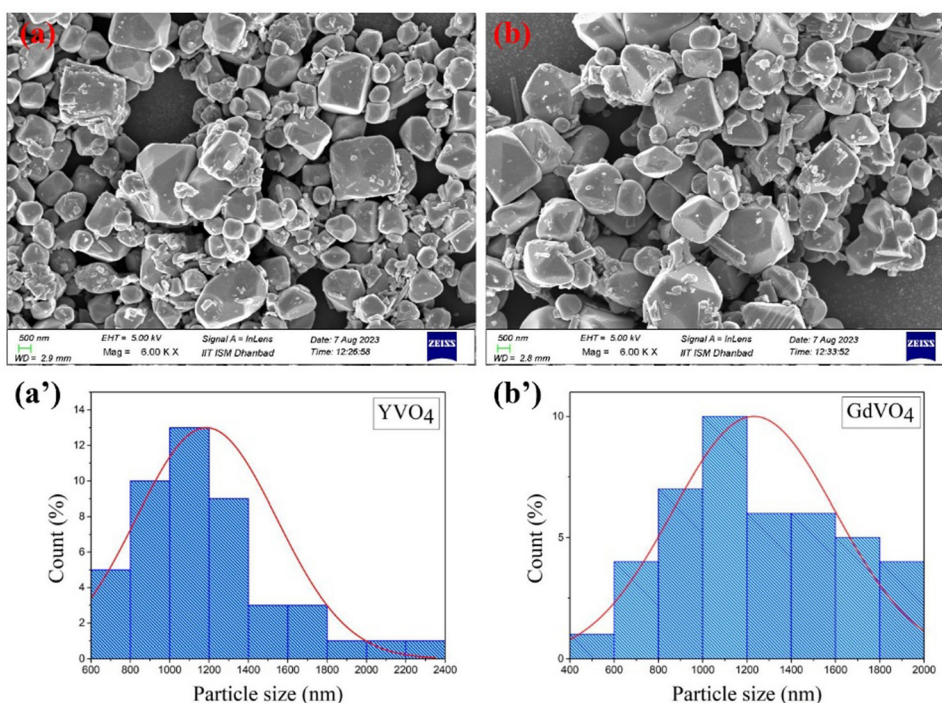


Fig. 4 (a) and (b) FE-SEM images and (a') and (b') particle size distribution of  $\text{Er}^{3+}/\text{Yb}^{3+}$  co-doped  $\text{YVO}_4$  and  $\text{GdVO}_4$ .

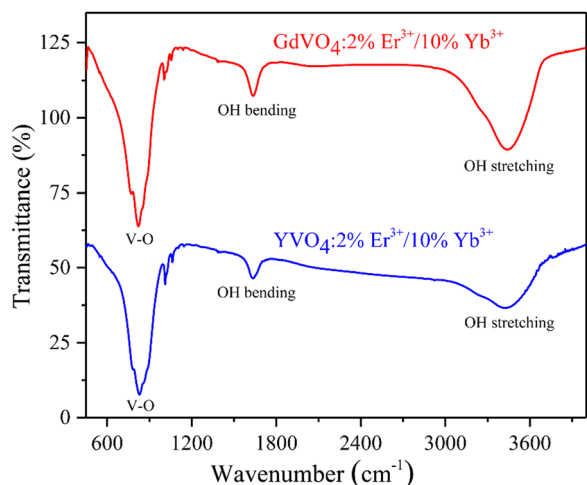


Fig. 5 Fourier-transform infrared spectroscopy (FTIR) of 2% $\text{Er}^{3+}/10\%\text{Yb}^{3+}$  co-doped  $\text{YVO}_4$  and  $\text{GdVO}_4$  phosphors.

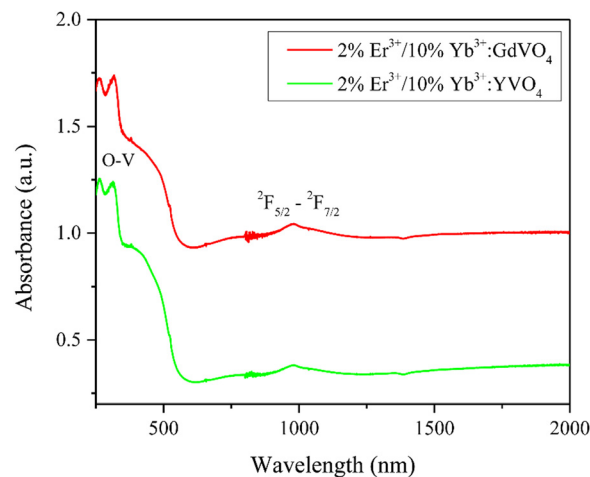


Fig. 6 UV-visible-NIR optical absorption spectra of  $\text{Er}^{3+}/\text{Yb}^{3+}$  co-doped  $\text{GdVO}_4$  and  $\text{YVO}_4$ .

$\text{VO}_4^{3-}$ .<sup>36–38</sup> The broad band in the range of 400 nm in the spectra may be due to the overlapping of different bands of  $\text{VO}_4^{3-}$ .<sup>39</sup> The absorption band observed at 980 nm is a result of the  $^2\text{F}_{5/2}$  to  $^2\text{F}_{7/2}$  transition of the  $\text{Yb}^{3+}$  ion.<sup>40</sup> No other 4f–4f transition of doped ions is seen due to weak absorption by doped ions.

### 3.5 Upconversion emission study

The anti-Stoke frequency upconversion emission characteristics of the  $\text{Er}^{3+}/\text{Yb}^{3+}$  co-doped phosphor subjected to the laser

excitation at 980 nm are illustrated in Fig. 7(a). The spectra consist of two prominent green emission peaks approximately at 525 nm and 553 nm, originating from the  $^2\text{H}_{11/2} \rightarrow ^4\text{I}_{15/2}$  and  $^4\text{S}_{3/2} \rightarrow ^4\text{I}_{15/2}$  transitions of the  $\text{Er}^{3+}$  ion. Meanwhile, the red emission peak at 660 nm is due to the  $\text{Er}^{3+}$  ion's  $^4\text{F}_{9/2} \rightarrow ^4\text{I}_{15/2}$  transitions.<sup>40,41</sup> Among  $\text{YVO}_4$  and  $\text{GdVO}_4$ , the latter exhibited the highest emission intensities for all three peaks.

The observed UC emissions of the prepared phosphors result from several processes. Various excitation and emission processes, such as ground state absorption (GSA), excited state

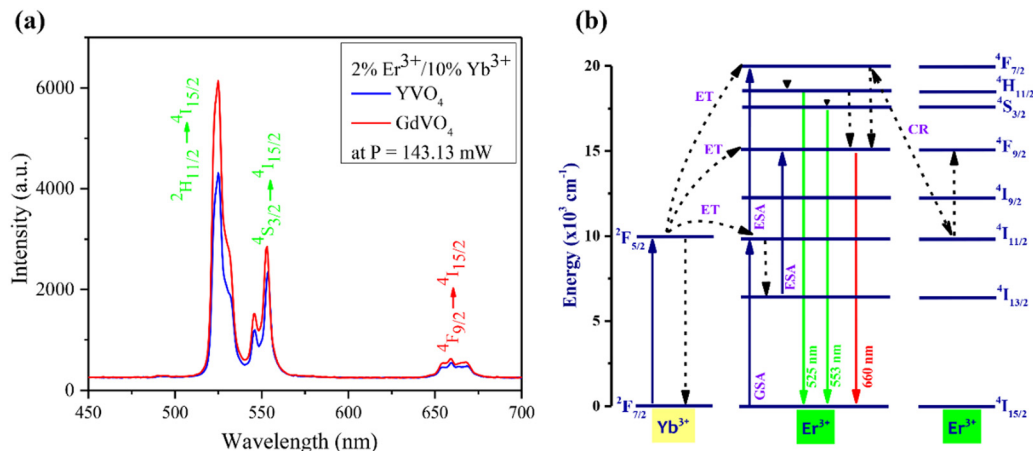


Fig. 7 (a) Upconversion emission spectra of  $\text{Er}^{3+}/\text{Yb}^{3+}$  co-doped  $[\text{RE}]\text{VO}_4$ , ( $\text{RE} = \text{Y}, \text{Gd}$ ) phosphors. (b) Energy level diagram and emission mechanisms of 980 nm excited  $\text{Er}^{3+}$  and  $\text{Yb}^{3+}$  ions.

absorption (ESA), energy transfer (ET), and cross-relaxation (CR), are involved. Fig. 7(b) illustrates the energy level diagram that explains the diverse processes responsible for the observed emissions. The larger absorption cross-section of  $\text{Yb}^{3+}$  ions allowed them to absorb a significant portion of the incoming near-infrared photons, leading to their transition from  $^2\text{F}_{7/2}$  to  $^2\text{F}_{5/2}$  levels. Simultaneously, a certain amount of NIR photons was also absorbed by the  $\text{Er}^{3+}$  ions. This induces a ground-state absorption (GSA) process in  $\text{Er}^{3+}$  ions through which they undergo a transition from the  $^4\text{I}_{15/2}$  to  $^4\text{I}_{11/2}$  level. The perfect energy resonance among the  $^2\text{F}_{5/2}$  and the  $^4\text{I}_{11/2}$  levels of the  $\text{Yb}^{3+}$  and  $\text{Er}^{3+}$  ions facilitated an effective energy transfer from  $\text{Yb}^{3+}$  to  $\text{Er}^{3+}$  ions. The energy gained by the  $\text{Er}^{3+}$  ions in this process resulted in their transitions to the higher energy  $^4\text{F}_{7/2}$  state. Most of the  $\text{Er}^{3+}$  ions populated at the  $^4\text{F}_{7/2}$  level *via* excited state absorption (ESA) de-excited non-radiatively to the  $^2\text{H}_{11/2}$  level. Among them, a few transitioned down again into the  $^4\text{S}_{3/2}$  level non-radiatively. The radiative transitions of  $\text{Er}^{3+}$  ions into the  $^4\text{I}_{15/2}$  level from  $^2\text{H}_{11/2}$  and  $^4\text{S}_{3/2}$  levels resulted in two green UC emission peaks, one around 525 and the other at 553 nm. A few  $\text{Er}^{3+}$  ions populated at  $^4\text{I}_{11/2}$  by ground-state absorption de-excited non-radiatively into the  $^4\text{I}_{13/2}$  level. Subsequently, from there, they undergo a transition into a higher  $^4\text{F}_{9/2}$  state *via* ESA. The  $^4\text{F}_{9/2}$  was also populated by the non-radiative transitions from the  $^4\text{F}_{7/2}$  and  $^4\text{S}_{3/2}$ . These  $\text{Er}^{3+}$  ions occupied in the  $^4\text{F}_{9/2}$  level underwent radiative transitions into the  $^4\text{I}_{15/2}$  ground state, resulting in the 660 nm red emission.<sup>42–45</sup>

**3.5.1 Pump power-dependent UC emission.** The influence of pump power on the emission characteristics of samples was explored using a 980 nm laser. The power of the excitation source was varied in the range of 49 to 273 mW, and the corresponding variations in the intensities of emissions were recorded. Fig. 8(a and b) depicts the pump power-dependent upconversion emission spectra of  $\text{YVO}_4$  and  $\text{GdVO}_4$  doped with  $\text{Er}^{3+}$  and  $\text{Yb}^{3+}$ . The relation between emission intensity and pump power is already established using the equation,<sup>46</sup>

$$I = P^n \quad (2)$$

At a moderate pump power, the upconversion luminescence intensity ( $I$ ) exhibits a proportional relationship to the laser power ( $P$ ) raised to the power of  $n$ , where ' $n$ ' represents the number of photons participating in a specific upconversion emission process. The slope of the linear fit of the  $\ln(P) - \ln(I)$  graph would be the value of  $n$ . Fig. 8(c) depicts the relationship between the pump power and the emission intensity of upconversion associated with the 525 nm emission of the prepared phosphors on a logarithmic scale. The obtained values were around 1.5, deviating from the anticipated involvement of two photons, as indicated by the energy level diagram. This divergence is attributed to the participation of different energy transfer processes, such as cross-relaxation (CR) and other non-radiative emissions. At higher concentrations of the activator ions, the average distance between them decreases. This facilitates the energy transfer process between them. Also, the presence of chemical functional groups such as O–H and C–O with high vibrational frequency modes present in the sample increases the nonradiative transitions. These eventually reduce the slope values in UC emissions. A similar behaviour in slope values has been found in certain theoretical investigations, which explain that due to intermediate-level saturation, the computed slopes deviate from the expected theoretical values.<sup>47,48</sup>

### 3.6 Constant wavelength mode photoacoustic spectroscopic study

Prepared samples were studied for chopping frequency dependent photoacoustic signals. This study will reveal the intensity of heat generation and its diffusion in the samples. Samples were excited using a 980 nm laser. The acoustic signals were generated inside the cell due to the periodic heat flow from periodically heated samples to the surrounding gas. The photoacoustic (PA) signal was recorded using a highly sensitive microphone at chopping frequencies of 5 Hz to 60 Hz. The

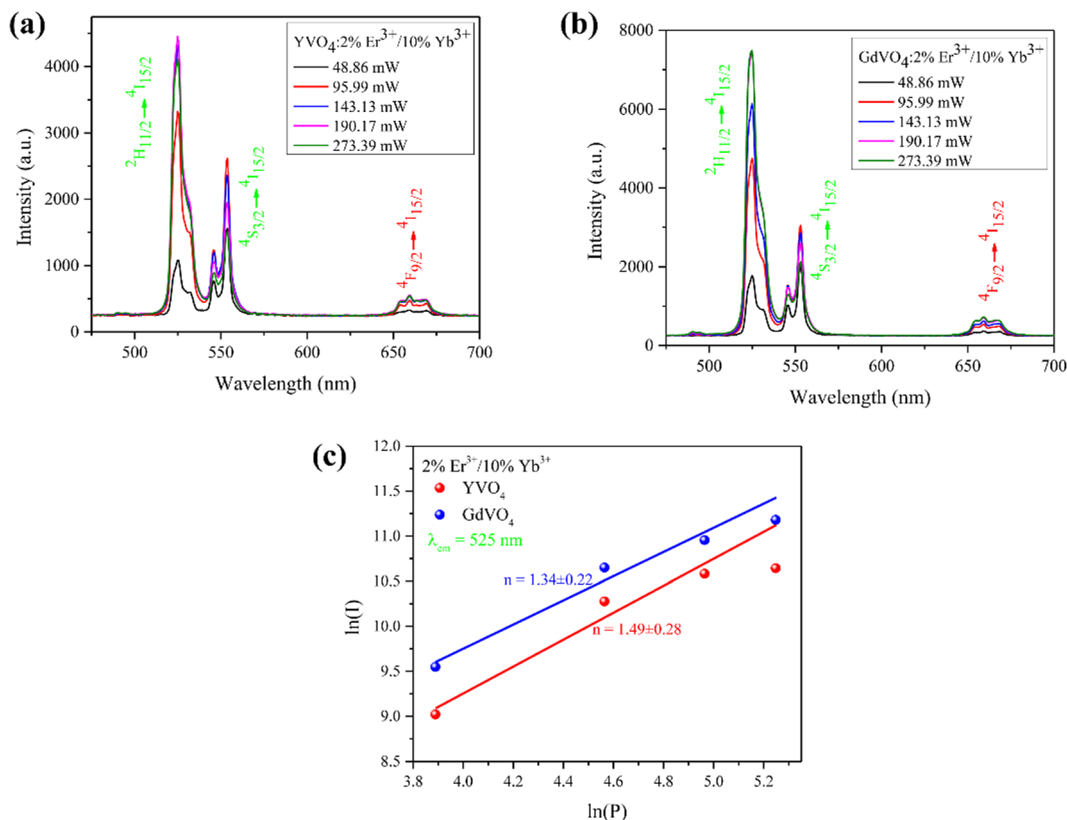


Fig. 8 Pump power-dependent UC emission spectra of Er<sup>3+</sup>/Yb<sup>3+</sup> co-doped (a) YVO<sub>4</sub> and (b) GdVO<sub>4</sub> and (c) ln(P)–ln(I) plot associated with the 525 nm emission.

variation in the photoacoustic signal intensity with the variation in chopping frequency in Er<sup>3+</sup>/Yb<sup>3+</sup> doped YVO<sub>4</sub> and GdVO<sub>4</sub> at 18.23 W cm<sup>-2</sup> excitation power density is depicted in Fig. 9(a). As the chopping frequency increases, the PA signal amplitude decreases due to a decrease in the energy density of the light beam.<sup>23,49</sup> YVO<sub>4</sub> exhibited the highest PA signal amplitude among the two samples, specifically at lower chopping frequencies, indicating that the YVO<sub>4</sub> lattice generated more heat compared to the GdVO<sub>4</sub> lattice. This can be

correlated with the upconversion emission; as the GdVO<sub>4</sub> phosphor shows higher emission, it should have lower non-radiative emission in principle.

The length within the sample over which the entire thermal energy is dispersed is called the thermal diffusion length ( $\mu_s$ ). The sample is considered as thermally thin or thick based on whether the thermal diffusion length is greater than or less than the sample thickness ( $l$ ). With the chopping frequency, the depth at which thermal energy penetrates the sample

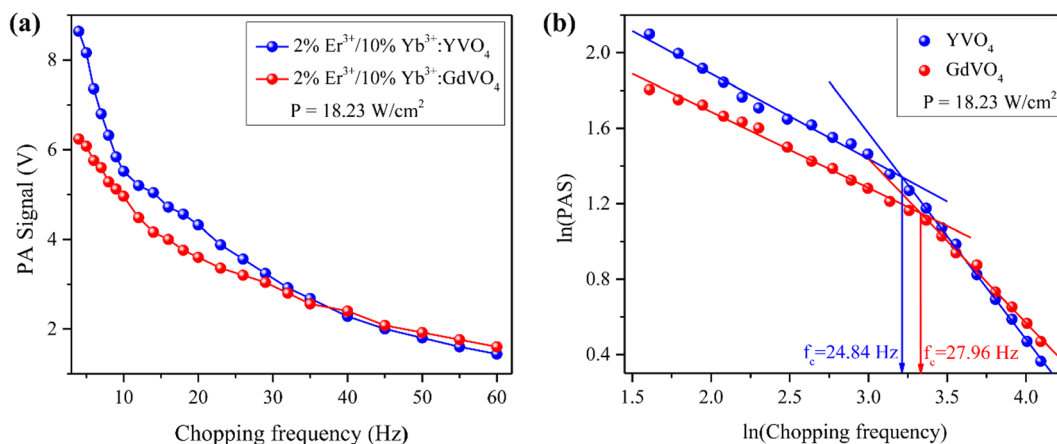


Fig. 9 (a) Variation of the photoacoustic signal amplitude with chopping frequency at an excitation power density of 18.23 W cm<sup>-2</sup> and (b) ln(chopping frequency)–ln(PAS) graph for transition frequency calculation.

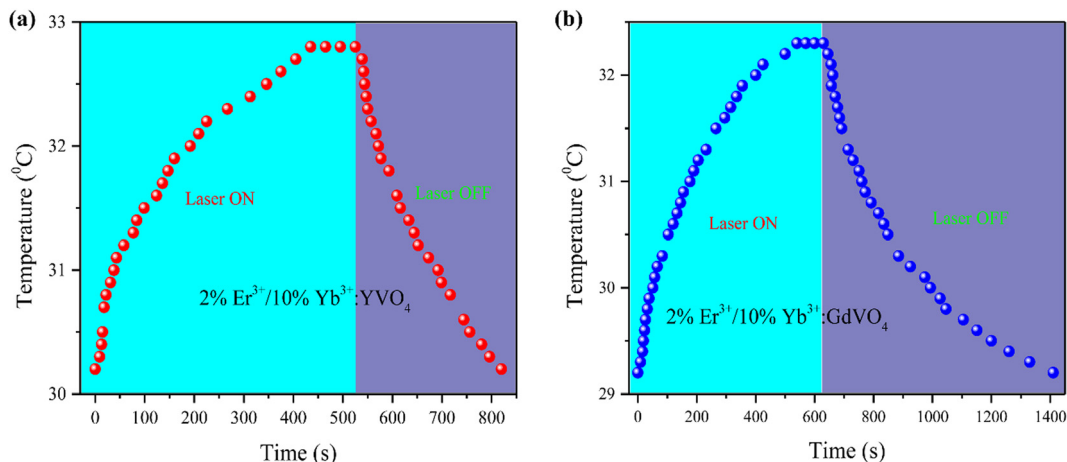


Fig. 10 Temperature variation with time under 980 nm laser irradiation of  $\text{Er}^{3+}/\text{Yb}^{3+}$  doped (a)  $\text{YVO}_4$  and (b)  $\text{GdVO}_4$ .

also varies.<sup>50</sup> The thermal transition and characteristic frequency ( $f_c$ ) of the samples were determined from the  $\ln(\text{chopping frequency})$  vs.  $\ln(\text{PAS amplitude})$  graph illustrated in Fig. 9(b). A sudden change in the slope of the graph was observed at a certain point. The antilog of the  $\ln(\text{chopping frequency})$  value at which this change occurs gives the value of  $f_c$ .<sup>51</sup> The transition frequencies were found to be 25 Hz and 28 Hz for  $\text{YVO}_4$  and  $\text{GdVO}_4$ , respectively. These transition frequencies indicate that at these frequencies the samples are changed from thermally thin to thermally thick state. This characteristic frequency is related to the thermal diffusivity ( $\alpha$ ) of the sample by the relationship  $\alpha = f_c l^2$ .<sup>52</sup> Lower transition frequency will result in lower heat dissipation to the environment and hence higher temperature could be achieved upon irradiation. This property is beneficial for photo-thermal applications of such phosphors in biology.

### 3.7 Photo-thermal conversion efficiency measurement

Due to their NIR absorption and efficient conversion of light into heat, rare-earth-based photothermal converting agents are beneficial for photo-thermal therapy applications.<sup>53,54</sup> The photothermal conversion efficiency,  $\eta$ , is a measure of the amount of heat produced after light radiation is absorbed by the sample, which is given by,

$$\eta = \frac{C_p \frac{T_{\max} - T_{\infty}}{\tau_p} - Q_0}{P(1 - 10^{-A_\lambda})} \quad (3)$$

where  $T_{\infty}$  and  $T_{\max}$  represent the ambient temperature and the maximum temperatures achieved by the sample after exposure to laser energy,  $C_p$  is the specific heat capacity of the phosphor dispersion.  $\tau_p$  and  $P$  denote the time constant and laser power.  $A_\lambda$  refers to the absorbance of the upconversion nanoparticle at the excitation wavelength  $\lambda$ .  $Q_0$  is the heat dissipated by the sample holder after interacting with radiation. The value of  $Q_0$  is obtained by measuring the temperature variation profile of

the holder solvent system without the phosphor.

$$Q_0 = C_{p,0} \frac{T_{\max,0} - T_{\infty}}{\tau_0} \quad (4)$$

where  $\tau_0$ ,  $C_{p,0}$ , and  $T_{\max,0}$  represent the system's time constant, specific heat capacity, and maximum temperature achieved during laser irradiation, respectively. Therefore, the equation<sup>10</sup> is given by

$$\eta = \frac{C_p \frac{T_{\max} - T_{\infty}}{\tau_p} - C_{p,0} \frac{T_{\max,0} - T_{\infty,0}}{\tau_{p,0}}}{P(1 - 10^{-A_\lambda})} \quad (5)$$

Here, the value of  $\eta$  is computed by analysing the temperature changes over time in the suspension during the laser ON state (temperature rise profile of the system). For highly diluted phosphor fluids (where there is a negligible amount of sample in the suspension),  $C_p$  is approximately equal to  $C_{p,0}$ , yielding;<sup>46,55</sup>

$$\eta = \frac{C_p \left[ \left( \frac{T_{\max} - T_{\infty}}{\tau_p} \right) - \left( \frac{T_{\max,0} - T_{\infty,0}}{\tau_{p,0}} \right) \right]}{P(1 - 10^{-A_\lambda})} \quad (6)$$

Fig. 10 illustrates the temperature variations of the prepared phosphor samples with time under 980 nm laser irradiation. From the temperature rise profile, the photothermal conversion efficiencies are calculated to be 31% and 22.83% for  $\text{YVO}_4$  and  $\text{GdVO}_4$ , respectively.

## 4. Conclusions

$\text{Er}^{3+}/\text{Yb}^{3+}$  doped  $\text{YVO}_4$  and  $\text{GdVO}_4$  phosphors were prepared through the combustion technique and were characterized through various techniques. Both the prepared samples have shown good upconversion emission, and among the two, the  $\text{GdVO}_4$  phosphor has shown higher emission intensity despite having a similar phonon frequency. Both samples were also studied for photoacoustic heat generation, and it was found that the  $\text{YVO}_4$  phosphor showed a higher heat generation



compared to the other. The YVO<sub>4</sub> phosphor again has shown lower heat dissipation and, hence, higher photo-thermal conversion efficiency upon irradiation.

## Author contributions

Cinumon K. V.: conceptualisation, methodology, investigation, formal analysis, data curation and writing – original draft; Minarul I. Sarkar: investigation, formal analysis, and data curation; and Kaushal Kumar: conceptualisation, supervision, data curation, validation, resources, and writing – reviewing and editing.

## Data availability

Data will be made available on request.

## Conflicts of interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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