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Introduction

Natural products play a crucial role in the exploration of new drugs as they possess broad-spectrum activity against bacteria, fungi, viruses, cancer, and other diseases, and they exhibit a vast array of chemically diverse structures, which hold the potential to serve as lead compounds in drug discovery. In particular, numerous compounds derived from natural

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A review of typical biological activities of glycyrrhetinic acid and its derivatives

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Glycyrrhetinic acid, a triterpenoid compound primarily sourced from licorice root, exhibits noteworthy biological attributes, including anti-inflammatory, anti-tumor, antibacterial, antiviral, and antioxidant effects. Despite these commendable effects, its further advancement and application, especially in clinical use, have been hindered by its limited druggability, including challenges such as low solubility and bioavailability. To enhance its biological activity and pharmaceutical efficacy, numerous research studies focus on the structural modification, associated biological activity data, and underlying mechanisms of glycyrrhetinic acid and its derivatives. This review endeavors to systematically compile and organize glycyrrhetinic acid derivatives that have demonstrated outstanding biological activities over the preceding decade, delineating their molecular structures, biological effects, underlying mechanisms, and future prospects for assisting researchers in finding and designing novel glycyrrhetinic acid derivatives, foster the exploration of structure–activity relationships, and aid in the screening of potential candidate compounds. **PEVIEW A review of typical biological activities of University of the selection of t**

products have already exhibited substantial therapeutic potential in the treatment of specific ailments.¹⁻⁵ Among these natural products, glycyrrhetinic acid is the triterpenoid aglycone constituent of glycyrrhizinic acid (Fig. 1), derived from the roots of the licorice plant ($Glycyrrhiza glabra$).^{6,7} There are two isomers of glycyrrhetinic acid (GA), one is $(3\beta, 18\beta)$ -3-hydroxy-11oxoolean-12-en-30-oic acid, often called 18ß-glycyrrhetinic acid or enoxolone, denoted by 18 β -GA. Another one is $(3\beta, 18\alpha)$ -3hydroxy-11-oxoolean-12-en-29-oic acid, known as 18a-glycyrrhetinic acid, denoted by 18α -GA, as shown in Fig. 2. 18β -GA is the major bioactive constituent of Glycyrrhiza glabra and has been investigated to possess a wide range of biological activities, including anti-inflammatory, antitumor, antibacterial, antiviral, and antioxidant. Apart from these characteristic

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Fig. 1 Structure of glycyrrhizic acid.

activities, glycyrrhetinic acid has been observed to exhibit additional properties, such as anti-diabetic, anticoagulant, immunoregulatory, anti-cholinesterase, antiarrhythmic, and anti-tetanus toxin actions.⁸

However, 18ß-GA's poor druggability, including low solubility and bioavailability, limits its clinical use.⁹⁻¹² To improve the pharmacokinetic properties and enhance the bioactivity, various structural modifications of glycyrrhetinic acid have been carried out to develop novel derivatives for making them attractive candidates for further development as potential drug leads; in the process, extensive studies on the structure–activity relationship (SAR) of 18β-GA and its derivatives have been extensively investigated.¹³ Furthermore, these modifications focused on altering the chemical structure, including the **PSC Advances** Articles. Provide a computer of the set o

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Fig. 2 Structure of glycyrrhetinic acid.

Fig. 3 Modification of C-3 sites are labeled in pink, modification of C-2 sites are labeled in red, and modification of C-11 to C-13 sites modification are labeled in fluorescent green. The C-20 carboxyl sites are labeled in blue, while the other sites are labeled in fluorescent blue.

introduction of functional groups, changes in stereochemistry, and modifications of the aglycone skeleton. Studies on the pharmacological activities of 18b-GA derivatives have shown their potential as therapeutics for various diseases, such as inflammatory diseases, cancer, bacterial and viral infections, diabetes, and liver diseases, especially in the past two years.

The references incorporated in this review were exclusively sourced from the databases of Google Scholar, PubMed, and Web of Science. The compilation focusing on 18β -GA and its derivatives was based in works published within the temporal span of 2000 to 2023. Significantly, the majority of these citations were published within the most recent half-decade, highlighting the contemporaneity of our curated selection. In

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addition, we meticulously scrutinized 266 compounds with significant biological activity from a pool of over 500 derivatives sourced from these cited references. To provide a more comprehensive and organized overview, we have compiled tables summarizing the chemical structures and effects or mechanisms of the typical biological activities of 18ß-GA and its derivatives, including anti-inflammatory, anti-tumor, antibacterial, antiviral and antioxidant effects. The labeling scheme for the modification sites of all 18β -GA derivatives is described in the form of a diagram. Please refer to Fig. 3 for a visual representation of the labeling scheme.

Anti-inflammatory activity

Inflammation is considered to be a driver of many diseases, including arteriosclerosis, cancer, autoimmunity, and chronic infections.¹⁴ The inflammatory process involves multiple cell types, signaling pathways, and molecular mechanisms, leading to adverse reactions such as immunosuppression and gastrointestinal problems.15–²¹ Therefore, the design and optimization of drugs become more complicated. The presence of active ingredients in natural products opens up new opportunities for the development of anti-inflammatory drugs. Extensive research has shown that 18β-GA demonstrates antiinflammatory effects and holds significant potential as a therapeutic agent for various ailments.²² For instance, 18β -GA inhibits the expression of various inflammatory mediators, such as intercellular adhesion molecule-1 (ICAM-1), tumor necrosis factor-alpha (TNF-a), cyclooxygenase-2 (Cox-2), and inducible nitric oxide synthase (iNOS), by inhibiting the activity of the nuclear factor- κ B (NF- κ B) pathway.²³ Additionally, 18 β -GA has been found to reduce the production of inflammatory cytokines by inhibiting the activity of NF-kB and phosphoinositide 3-kinase (PI3K) and inhibiting the production of NO, prostaglandin E_2 (PGE₂), and reactive oxygen species (ROS) under lipopolysaccharide (LPS) stimulation.²⁴ However, in an Ana-1 mouse macrophage model, 18ß-GA induced the expression of Toll-like receptor 4 and activated the TLR-4 signaling pathway via the myeloid differentiation primary response 88 (MYD88) pathway.25 Review Wave

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In recent years, the research of 18β -GA on anti-inflammation has been deepened. 18β-GA (40 mg kg⁻¹ day⁻¹) has been found
to effectively improve lung function in evaluation (OVA) to effectively improve lung function in ovalbumin (OVA) induced asthma mouse model, reduce lung inflammation and inflammatory cell infiltration, and inhibit the phosphorylation of $NF-KB$ in the treatment of airway allergic inflammation. These effects are achieved through a decrease in the levels of interleukin-5 (IL-5) by approximately 40%, interleukin-13 (IL-13) by approximately 30%, and TNF-a by approximately 70%. Additionally, there is an increase in the levels of nuclear factor erythroid 2-related factor2 (Nrf2) by approximately 50% and heme oxygenase 1 (HO-1) by approximately 50%.²⁶ Gupta et al. found that 18β -GA has potential therapeutic effects in treating depression. Specifically, it can improve symptoms caused by chronic unpredictable mild stress by activating the brainderived neurotrophic factor (BDNF)/Tropomyosin receptor kinase B (TrkB) signaling pathway in the prefrontal cortex (PFC)

and hippocampus. This activation leads to a reduction in neuroinflammation, liver biomarkers, and stress hormones while increasing the body weight and brain neurotransmitter concentrations.²⁷

Additionally, the complex of 18ß-GA also exhibits remarkable anti-inflammatory activity. Ishida et al. demonstrated that the complex of 18β-GA and hydroxypropyl-β-cyclodextrin can mitigate indomethacin-induced small intestinal injury by reducing TNF-a expression by 27.5%, interleukin-6 (IL-6) by 16.2%, and interleukin-1 β (IL-1 β) by 17.9% compared to indomethacintreated tissue.²⁸ The salt of 18 β -GA and L-arginine can be formed through a co-solvent evaporation reaction, and a solid dispersion called 18β -GA-SD can be created by adding a polymer solvent, Soluplus®, with a hydrophilic-hydrophobic chemical structure. 18b-GA-SD has higher solubility, cell utilization rate, and bioavailability than 18β -GA itself. Following treatment with ¹⁸b-GA-SD, enzyme-linked immunosorbent assay (ELISA) analysis revealed an increase in LPS-induced secretion levels of cytokines such as IL-1 β , IL-6, macrophage inflammatory protein-1 (MCP-1), TNF-a, interleukin-23 (IL-23), and interleukin-17A (IL-17A) in RAW 264.7 cells; meanwhile, there was a decrease in the levels of interleukins-4 (IL-4) and -10 $(II-10)$.¹¹

In the context of $COVID-19$, 18 β -GA has been found to affect the disease by inhibiting the interleukin-17 (IL-17), IL-6, and TNF-a signaling pathways, thereby holding potential as a treatment strategy.²⁹ Another study found that a combination of 18 β -GA and vitamin C (VC) treatment for COVID-19 was associated with an increase in immunity and a decrease in inflammatory stress, as well as activation of the T cell receptor signaling pathway, regulation of Fc gamma R-mediated phagocytosis, ErbB signaling pathway, and vascular endothelial growth factor signaling pathway.³⁰ Furthermore, highly biocompatible 18ß-GA nanoparticles have been synthesized and have shown promise as a treatment strategy for severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) infections.³¹ Zhou et al. demonstrated that 18b-GA inhibited the expression of intercellular adhesion molecule-1 (ICAM-1), TNF-a, COX-2, and iNOS, which was attributed to the inhibition of NF-kB expression and the attenuation of NF-KB nuclear translocation.³²

Moreover, another study discovered that 18a-GA suppressed the invasion on Matrigel-coated transwells of DU145 prostate cancer cells by regulating the expression of nu NF-kB (p65), vascular endothelial growth factor (VEGF), and endothelial metalloproteinase-9 (MMP-9). 18a-GA also augmented the expression of non-steroidal anti-inflammatory gene-1 (NAG-1) in DU-145 cells, thereby indicating its capacity for antiinflammatory activity against prostate cancer cells.³³ The mechanisms underlying the anti-inflammatory effects of GA discussed above are graphically depicted in Fig. 4. In the realm of hepatoprotective activity, 18b-GA has been shown to mitigate hepatic inflammatory injury caused by hepatitis virus infection by blocking the release of the high mobility group box 1 (HMGB1) cytokine and inhibiting its activity.^{34,35} Furthermore, ¹⁸b-GA has potential as a hepatoprotective agent through activating of Nuclear factor erythroid 2-related factor 2 (Nrf2) and peroxisome proliferator-activated receptor gamma (PPAR-g), and subsequent suppression of NF- κ B, and 18 β -GA has been

Fig. 4 Anti-inflammatory mechanisms of glycyrrhetinic acid and its derivatives.

shown to protect the liver from cholestatic liver injury induced by lithocholic acid (LCA) by inhibiting the TLR2/NF-kB pathway and upregulating hepatic farnesoid X receptor (FXR) expression, while reducing inflammation and promoting bile excretion. ¹⁸b-GA signicantly increased the protein levels of the tubular bile acid (BA) efflux transporter bile salt export pump (BSEP) and the basolateral BA efflux transporters multidrug resistanceassociated proteins 3 and 4 (MRP3 and MRP4) but decreased the expression of the BA uptake transporter OATP2A1.^{23,36-39} Since the hepatic protection effect of 18β -GA is not only realized through the anti-inflammatory mechanism but could also through the antioxidant mechanism, the review about hepatic protection discussion is in the antioxidant part; Fig. 6 depicts all relevant studies.

In other investigations, various compounds derived from ¹⁸b-GA, such as 1–15 (Table 1), have exhibited antiinflammatory effects. For instance, Ma et al. identified three major metabolites (compounds 1–3) produced by the microbial transformation of 18b-GA. These metabolites exhibited potent anti-inflammatory activity by inhibiting LPS-induced NO production in mouse microglia BV2 cells.⁴⁰ The structure and inhibitory activity are shown in Table 1. Another investigation found that compound 4 showed improved pharmacokinetic properties and reduced toxicity in a similar way to fungal metabolism and LPS-induced mouse models.⁴¹ Li et al. found that compound 5 decreased the expression of iNOS, COX-2, and mitogen-activated protein kinases (MAPKs) as well as the

activation of NF-KB in LPS-stimulated RAW 264.7 cells.⁴² More recently, Yang et al. investigated the anti-inflammatory effects of compound 6 on ear edema in mice and LPS-stimulated RAW 264.7 macrophages, respectively.⁴³ Compound 6 was shown to decrease approximately 59.69% of 12-O-tetradecanoylphorbol-13-acetate (TPA)-induced ear edema with a gavage treatment of 40.0 mg mL−¹ , and immunohistochemistry results revealed that this effect was related to the inhibition of TPA-induced upregulation of TNF-a. Compound 7 ^effectively inhibited the protein and mRNA expression of iNOS and the mRNA expression of TNF- α , IL-6, and IL-1 β in LPS-stimulated RAW 264.7 macrophages. Bian et al. investigated the anti-inflammatory ^effects of compound 8 on LPS-induced RAW 264.7 cells and found that it suppressed the expression of pro-inflammatory cytokines including IL-6, TNF- α , and NO.⁴⁴ Compounds 9-12 showed significant inhibition activity against NO and IL-6.45-47 Among these compounds, compound 12 was identified as the most potent anti-inflammatory agent, exhibiting a significant reduction in inflammatory cytokine levels in the mouse model of AKI by inhibiting TNF-a and IL-6 in a dose-dependent manner. Compound 13 also has anti-inflammatory activity, and studies have shown that it interacts with proteins in the inflammatory process, such as matrix metalloproteinase MMP9, neutrophil elastase, and thrombin.⁴⁸ Tu et al. focus on the antiinflammatory activity of novel 18β -GA derivatives. The study evaluated the derivatives' activity in mouse models of acute inflammation induced by carrageenan. The results showed that

Table 1 (Contd.) Table 1 (Contd.)

several compounds demonstrated significant inhibition of paw edema and leukocyte infiltration.⁴⁹ The results obtained from both in vitro and in vivo experiments indicate that compound 14 and compound 15 exhibit anti-inflammatory effects by reducing the expression of NO, pro-inflammatory cytokines, and chemokines, such as IL-1 β , IL-6, IL-12, TNF- α , MCP-1, and macrophage inflammatory protein-1 alpha (MIP-1 α) while increasing the expression of anti-inflammatory cytokine IL-10. Wang et al. introduced Soluplus®-glycyrrhetinic acid solid dispersion, which significantly improves the bioavailability and antiinflammatory activity of 18 β -GA. The solubility of 18 β -GA increased with the addition of Soluplus®, and the bioavailability was enhanced 2.61-fold. The anti-inflammatory activity of 18 β -GA was also improved by 32.3%.¹¹ Compounds 16-21 have been structurally modified at the C-2 and C-30 carboxyl positions of 18b-GA. These derivatives of 18b-GA have previously demonstrated outstanding anti-inflammatory activity, as seen in Table 1.⁵⁰⁻⁵² RSC Advances Several compounds demonstrated significant inhibiton of pays. Gevines are denoted on 22 February 2024. Downloaded on 22 February 2022. The secure text of the common and including the common and including the

In conclusion, 18β -GA has potential therapeutic applications for various conditions due to its anti-inflammatory effects. Although more research is required, the use of 18β -GA and its derivatives may provide new avenues for treating inflammationrelated diseases.

Antitumor activity

Cancer ravages and cripples the earth's inhabitants, ranking among the foremost destroyers of life.⁵⁵ For countless years, scholars have been devoting themselves to the quest for a cure for tumors. Presently, the globe is awash with more than 80 conventional anti-tumor medications, ranging from cytotoxic drugs and hormones, to biological response modifiers (BRMs) and monoclonal antibodies.⁵⁶ The majority of anticancer medications exhibit notable toxicity and necessitate administration in periodic cycles to mitigate adverse effects and impede the emergence of drug resistance. However, the excellent vitality of natural compounds adds new impetus to the research and development of anticancer drugs.⁵⁷ And within this pantheon of treatment options stands the 18b-GA compound—a veritable powerhouse in its ability to vanquish cancerous cells from any part of the human body with unrivaled efficacy. Scores of meticulous studies attest to the fact that this drug is a gamechanger in the fight against various forms of cancer. The sterling performance against malignant cells has been proven time and time again, and it holds immense potential as an agent in the battle against cancer. Wang *et al.* demonstrated that 18β -GA has potent inhibitory effects on colorectal cancer cell proliferation in vitro and in vivo. This study showed that 18β -GA treatment resulted in a significant reduction in cell migration, invasion, and wound healing capability, accompanied by the downregulation of matrix metalloproteinase (MMP) expression. Moreover, 18ß-GA decreased the protein levels of phosphorylated PI3K, protein kinase B (AKT), Signal Transducer and Activator of Transcription 3 (STAT3), c-Jun N-terminal Kinase (JNK), p38 mitogen-activated protein kinase (p38), and NF-k^B p65, where the phosphorylation of PI3K and STAT3 decreased as early as 2 h after 18 β -GA treatment.⁵⁸ Luo et al. found that 18 β - GA-induced apoptosis and G2/M cell cycle arrest and inhibited migration via the ROS/MAPK/STAT3/NF-kB signaling pathways in A549 lung cancer cells. They also found that 18β -GA could reduce tumor growth in a mouse xenograft model. In breast cancer treatment,⁵⁹ Shi et al. found that a combination of 18β -GA and doxorubicin enhanced cytotoxicity, apoptosis, and loss of mitochondrial membrane potential via the upregulation of a mitochondrial-dependent apoptosis pathway against MCF-7 (breast adenocarcinoma cell line) cells.⁶⁰ In recent years, 18ß-GA has also been found to have potential in liver cancertargeted therapy. Speciale et al. provided a comprehensive review of the topic.⁶¹

The derivatives of 18ß-GA have been unearthed to harbor even more potent cancer properties in comparison to the progenitor compound. One of the most remarkable advantages of 18b-GA lies in its all-encompassing efficacy in targeting a myriad of cancer types. It has conspicuously showcased outstanding effectiveness against cancers of the digestive tract, liver, nervous system, reproductive system, immune system, thyroid, and other organ-related cancers. This renders it an invaluable weapon in the war against cancer.^{62,63} The 18ß-GA's anti-cancer effects are believed to stem from its capacity to incite apoptosis, a process of purposeful cell death, in cancer cells. Additionally, it also exhibits anti-inflammatory and antioxidant properties that can shield cells from harm and amplify the growth of healthy cells. As demonstrated in Table 2, we have amassed an extensive collection of 18β -GA derivatives with extraordinary anticancer activity.

In the realm of liver cancer treatment, researchers have discovered that 18β -GA holds significant potential due to its ability to exhibit toxicity against multiple liver cancer cell lines. A study conducted by Lai et al. found that 18β -GA derivatives 46-60 demonstrated selective cell toxicity against human hepatocellular carcinoma, hepG2 (hepatocellular carcinoma cell line) cells, and BEL-7402 (hepatocellular carcinoma cell line) cells.⁶⁴ Similarly, derivatives 34, 101–102, 109–115, 123–127, and 147 displayed excellent cell toxicity against hepG2.⁶⁵⁻⁷² Moreover, derivatives 73 and 74, which were modified at position C30, exhibited noteworthy cell toxicity against SMMC-7721 (hepatocellular carcinoma cell line).73–⁷⁶ Researchers also discovered the complex of 18β-GA-conjugated-β-cyclodextrin and emodin's superior cell toxicity against hep3B (hepatocellular carcinoma cell line) cells when compared to emodin alone.⁷⁷

In the domain of gastrointestinal cancers, encompassing those that affect the mouth, esophagus, colon, and stomach, the extraordinary cytotoxicity of 18β -GA and its derivatives has been strikingly demonstrated, particularly against colon cancer cell lines. The literature is replete with evidence of 18β -GA's potent effects on HCT-116 (colorectal carcinoma cell line), HCT-8 (colorectal adenocarcinoma cell line), DLD-1 (colorectal adenocarcinoma cell line), and HT-29 (colorectal adenocarcinoma cell line) cells. For instance, derivatives 152–154 and 45 exhibit toxicity towards HCT-116, with derivative 45 also ^affecting HCT-8 cells and DLD-1. Likewise, derivatives 109–125 display remarkable cytotoxicity towards HT-29 cells.⁷⁸⁻⁸⁰ Moreover, Seribian et al.'s study unveiled the high cytotoxicity of 18ß-GA 1,9-peroxide on numerous human tumor cell lines,

Table 2 Chemical structure and antitumor activity of glycyrrhetinic acid and its derivatives 22–154

41: R

 HL -60: IC_{50}

 $= 8.2$ μ M

Table 2 (Contd.) (Contd. Table 2

HepG2: IC_{50} $=3.3$ μ M, BEL7402: IC₅₀ $M_{\rm H}$ $_{\rm F8.0}$ = 59: $R_1 = (CH_2)_4$, $R_2 = AC$ HepG2: IC_{50} $= 8.3$ μ M, BEL7402: IC₅₀ $= 4.8$ μ M $\mathbf{60: R_1} = (\mathrm{CH}_2)_2\mathrm{O}(\mathrm{CH}_2)_2,\, \mathrm{R}_2 =$ H HepG2: $\rm IC_{50}$ $= 6.4 \mu M$, BEL7402: IC₅₀ 9.4 mM

 $= 5.1 \mu M, 8505C:$ IC₅₀ $= 2.0 \mu M, A253:$ IC₅₀ $=4.7 \mu{\rm M}, \, {\rm DLD\text{-}1:IC}_{50}$ $=4.9$ μ M, Lipo: IC₅₀

 \parallel

 $=$ 7.9 μ M, A2780: IC₅₀ $=8.8\ \mu M$, MCF-7: IC₅₀ $518A2:IC_{50}$ $= 1.7 \mu M$, 8505C: IC₅₀ $= 1.7 \mu M$, A253: IC₅₀ $= 1.2 \mu M$ $= 1.2 \mu M$ $\rm A2780:IC_{50}$ $=$ 1.6 μ M, A549: IC₅₀ $= 1.7 \mu M$, LIPO: IC₅₀ \parallel 1.7 mM $MCF-7$: IC_{50} $= 1.2 \mu M$, SW1736: IC₅₀ $= 2.3 \mu M$

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This article is licensed under a Creative Commons Article is licensed under a Creative Commons Attribution 3.0 Unporte Compounds 116–122 123–127 128–143 MCF -7: $IC_{50} = 2.135$ $\upmu M$ HepG2: IC₅₀ = 2.439 µM MDCK: $IC_{50} = 4.645$ µM A549: $IC_{50} = 2.109 \mu M$ HeLa: $IC_{50} = 2.39$ µM 123: $R = r$ -ala 124: $R = L-gly$ $= 9.4$ μ M $= 9.4$ μ M $=$ O, $R_3 =$ OBn MCF-7: IC₅₀ $= 3.3 \mu M$ $= 3.3 \mu M$ $=$ O, $R_3 = NHC_6H_5$ HeLa: IC₅₀ $= 2.3 \mu M$ $= 2.3 \mu M$ $=$ O, R₃ = OBn 123: R $=$ O, R₃ = NHCH(CH₃)₂ 124: R Reference 66 67 $\begin{array}{c} \hline \end{array}$ $= 1.7 \mu M$, Jurkat: $=$ 7.1 μ M, MCF7: IC₅₀ $=3.1$ μ M, MIAPaca2: \parallel $= 2.2 \mu M$, Jurkat: 114: $R_1 = CH_2$, $R_2 = 1,2,3$ -triazolyl-4-methyl carboxylate $=$ 7.9 μ M, MIAPaca2: \parallel $=$ 3.2 μ M, Jurkat: $=6.0$ μ M, SH-SY5Y: $=2.0 \mu \mathrm{M}$, MCF7: IC₅₀ $=2.3~\mu{\rm M}$, MCF7: IC₅₀ $=4.9\ \mu{\rm M}$, MCF7: IC₅₀ $= 2.4 \mu M$ $=$ O, $R_2 = 1,2,3$ -triazolyl-4-methyl $=$ O, $R_2 = 2$ -methyl-1-imidazolyl 112: $R_1 = CH_2$, $R_2 = 2$ -methyl-1-imidazolyl 112: $R_1 = CH_2$, $R_2 = 2$ -methyl-1-imidazolyl $=3.1$ μ M, SH-SY5Y: IC₅₀ $=$ 3.5 μ M, SH-SY5Y: IC₅₀ $=$ 9.0 μ M, SH-SY5Y: IC₅₀ $=5.6$ μ M, Jurkat: IC₅₀ $= 3.6 \mu M, A549$: IC₅₀ $=$ 7.2 μ M, MCF7: IC₅₀ $= 8.9 \mu M, A549:$ IC₅₀ $= 9.4 \mu M, A375:$ IC₅₀ $= 2.2 \mu M$, A375: IC₅₀ $= 2.6 \mu M, A375:$ IC₅₀ $=5.4 \mu M, A375:$ IC₅₀ C $117: R_1 = CO_2 \text{ CH}_3, R_2 =$ C C C NTUB1: $IC_{50} = 2.3 \mu M$ NTUB1: $IC_{50} = 9.4$ µM NTUB1: $IC_{50} = 3.3 \ \mathrm{\upmu M}$ $\text{Iurlact: IC}_{50} = 1.7~\mu\text{M}$ $116: R_1 = CO_2H, R_2 =$ $118: R_1 = CO_2H, R_2 =$ $119: R_1 = CO_2H, R_2 =$ $= 1.7$ μ M 6.9 mM $= 1.1 \, \text{m}$ $=$ 3.3 μ M $= 1.3 \mu M$ 3.7 mM $= 6.9$ mM $= 1.5$ μ M $SH-SY5Y:IC_{50}$ $NTUB1:IC_{50}$ $N \Gamma \text{UB1: IC}_{50}$ $NTUB1: IC_{50}$ HepG2: IC₅₀ $HepG2:IC_{50}$ carboxylate $HepG2:IC_{50}$ $111: R_1 = C$ $113: R_1 = C$ $HT-29:IC_{50}$ $HT-29:IC_{50}$ Jurkat: IC₅₀ $HT-29:IC_{50}$ carboxylate HeLa: IC₅₀ HeLa: IC₅₀ A375: IC₅₀ HeLa: IC₅₀ $= 5.6$ μ M $=$ 5.6 μ M 116-122 $\mathrm{Bj:IC}_{50}$ 3.2 mM 5.2 mM 3.0 mM IC50 IC50 IC50 IC50 IC50 IC50 66 mechanisms Compounds mechanisms Reference Effects or Structure Effects or Structure

 $=$ 1-ala $=$ 0H, R₂ $=$ Bn $= 2.109$ $\mu \mathrm{M}$ mm $= 2.109$ $\mu \mathrm{M}$ MCF-7: $IC_{50} = 3.8 \mu M$, PC- $=$ 3.8 μ M, PC-3: IC50 $= 1.6$ M $= 2.135 \mu M$ 129: R₁ = OCH₃, R₂ = Bn $= 2.439 \mu M$ mMCF-7: IC₅₀ $\text{MCF-7: IC}_{50} = 1.1~\upmu\text{M},~\text{PC-}$ $= 1.1 \mu M$, PC-3: IC₅₀ $= 1.2 \mu M$ $=2.39\ \mathrm{\mu M}\ =2.30\ \mathrm{M}$ -4.645 μ M 4.645 μ M $\text{MCF-7: IC}_{50} = 1.1~\upmu\text{M},~\text{PC-}$ $= 1.1 \mu M$, PC-3: IC₅₀ $= 0.40$ M $=$ $L - g/y =$ Bn

Table 2 (Contd.) Table 2 (Contd.)

 $MCF-7$: IC_{50}

3: IC₅₀

 $= 0.68$ μ M

 $= 1.0 \mu M$, PC-

149: KB-3-1: $IC_{50} = 5.5 \mu M$

 $=$ 5.5 μ M

Table 2 (Contd.)

Reference

Review Web Review Space of 22 February 2024. The component of the space of the HeLa: cervical cancer cell line. A549: lung adenocarcinoma cell line. Hep3B: hepatocellular carcinoma cell line. SW1736: thyroid carcinoma cell line. LIPO: liposarcoma cell line. A2780: ovarian cancer cell line. 8505C: thyroid cancer cell line. 518A2: melanoma cell line. HSF: broblast cell line. Eca-109: esophageal carcinoma cell line. SGC-7901: mouse embryonic broblast cell line. BEL7402: hepatocellular carcinoma cell line. SMMC-7721: hepatocellular carcinoma cell line. NTUB1: bladder cancer cell line. LN-Cap: prostate adenocarcinoma cell line. Jurkat: T-cell leukemia cell line. ZR-751: breast cancer cell line. KB: oral epidermoid carcinoma cell line. KB-VIN: multidrug-resistant oral adenocarcinoma cell line. CT-26: colorectal carcinoma cell line. PC-3: prostate cancer cell line. SKMEL: melanoma cell line. T98G: glioblastoma cell line. HS683: glioma cell line. U373: glioblastoma cell line. 816F10: melanoma cell line. Pin1: peptidyl–prolyl cis–trans isomerase NIMA-interacting 1. FADU: hypopharyngeal carcinoma cell line. Panc-28: pancreatic carcinoma-28 cell line. Panc-1: pancreatic carcinoma-1 cell line. 253JB-V: bladder carcinoma cell line. KU7: a cell line derived from human bladder cancer. SK-N-MC: human neuroblastoma cell line. KB-8-5: human epidermoid carcinoma cell line. KB-3-1: human epidermoid carcinoma cell line. SH-SY5Y: human neuroblastoma cell line. Abbreviations HepG-2: hepatocellular carcinoma cell line. HCT-116: colorectal carcinoma cell line. MCF-7: breast adenocarcinoma cell line. MDCK: Madin–Darby canine kidney cell line. gastric cancer cell line. average: unknown cell line. DU-145: prostate cancer cell line. Karpas299: lymphoma cell line. DLD-1: colorectal adenocarcinoma cell line. NIH 3T3: epidermoid carcinoma cell line. A549: lung adenocarcinoma cell line. 1A9: human lymphoblastoid cell line. HCT-8: colorectal adenocarcinoma cell line. HT-29: colorectal MIAPaca2: pancreatic carcinoma cell line. HL-60: human promyelocytic leukemia cell line Reference 79 101 Abbreviations

including HT-29 cells.⁸¹ Compounds 22-29 manifest substantial activity against Panc-1 (pancreatic carcinoma-1 cell line) and Panc-28 (pancreatic carcinoma-28 cell line) cells, and compounds 109–114 have been established as inhibitors of MIAPaca2 (pancreatic carcinoma cell line) cells.^{66,67,82,83} As for human oral epidermoid cancer cell lines, such as KB-3-1, KB-8- 5, KB, and KB-VIN, compounds 85–90 and 148–150 have displayed their significant prowess.^{74,76,84-87}

In the context of prostate cancer cell lines such as PC-3 (androgen-independent) and LN-Cap, compounds 61–62, 86– 90, and 128-143 have demonstrated significant inhibitory effects.75,76,97 In ovarian cancer cell lines like A2780, compounds 64–71 exhibited inhibitory activity up to 1.5 μ M.^{90,91} Notably, compounds 109–114, 103, 106,102, 144, and 146 displayed notable inhibitory activity against HeLa cells (cervical cancer cell line).70,71,81,98 Additionally, compounds 152–156 showed strong inhibitory activity against MCF-9 breast cancer cell line.^{79,101}

Beyond these realms, GA and its derivatives have also exhibited their anticancer activity in other areas. Prior research has established that GA and its derivatives have the ability to inhibit Neurosystem-associated cancer cell lines, such as SH-SY5Y (human neuroblastoma cell line) and SK-N-MC (human neuroblastoma cell line).^{66,84} In the investigation conducted by Csuk et al. conducted an investigation, which found that GA and its derivatives displayed robust activity against thyroid cancer.⁹¹ Li et al. found that 18β -GA exert anticancer effects as pin1 inhibitors.⁹⁵ Furthermore, GA and its derivatives have demonstrated significant inhibitory activity against various types of cancer cells including those associated with lung cancer, lymphoma, melanoma, and breast cancer.^{66-68,74-76,80,82,83,89,91-94,96}

In conclusion, 18β -GA and its derivatives have shown promising anti-tumor properties in various types of cancer, including colorectal, breast, lung, and liver. The cytotoxic ^effects of 18b-GA have been attributed to its ability to induce apoptosis, cell cycle arrest, inhibit migration, and downregulate various signaling pathways involved in cancer progression. In addition, 18ß-GA has been shown to enhance the cytotoxicity of conventional chemotherapeutic agents, making it a potential adjuvant therapy for cancer treatment. Although 18ß-GA and its derivatives have shown potential as anti-tumor agents, further studies are needed to fully understand their mechanisms of action and to optimize their pharmacological properties for clinical applications.

Antibacterial activity

The emergence and spread of drug-resistant bacteria pose a significant threat to global health. Conventional antibiotics are often rendered ineffective against these resistant strains, leading to prolonged and complicated treatment regimens, as well as increased morbidity and mortality rates. Consequently, there is a critical need to identify novel antibiotics that can effectively target and eliminate these drug-resistant bacteria.102 Researchers have turned their attention to natural compounds as potential sources of new antibiotics. Natural compounds have long been recognized for their diverse chemical structures

Table 3 Chemical structure and antibacterial activity of glycyrrhetinic acid and its derivatives 155–223 $\label{eq:1} \begin{aligned} \mathcal{L}_{\text{max}}(\mathbf{r},\mathbf{r$ antihacterial activity of glyc :
آم $\frac{1}{2}$ Chemical stri Tahle ³

B. subtilis: MIC

 $=$ >34.8 µg mL $^{-1}$

 $\mathbb{L} \parallel \mathbb{L}$

 $=4.3 \ \mu g \ \text{mL}^{-1}$

 $=$ >34.8 µg mL $^{-1}$

S. scabies: MIC

S. aureus: MIC

MRSA: MIC

 $=$ >32.0 µg mL $^{-1}$

Table 3 (Contd.)

Staphylococcus aureus (ATCC 6538): MIC

Staphylococcus aureus (ATCC 29213): MIC

Staphylococcus epidermidis (ATCC 12228): MIC

 \degree .

 $=54.68~\mu\mathrm{g~mL}^{-1}$

 $= 27.34 \ \mu g \ \text{mL}^{-1}$

 $= 27.34 \ \mu g \ \text{mL}^{-1}$

6580 | RSC Adv., 2024, 14, 6557-6597 **Canadian Strutter Control Control Control Control Control Control Control Control Control Chemistry** © 2024 The Author(s). Published by the Royal Society of Chemistry

Table 3 (Contd.) (Contd. Table 3

Table 3 (Contd.) Table 3 (Contd.)

6582 | RSC Adv., 2024, 14, 6557-6597 **Canadian Strutter Author(s)**. Published by the Royal Society of Chemistry

 $=10 \mu mol L^{-1}$

 $= 10 \mu$ mol

= 10

 \mathbb{F}^{\perp}_{r}

 $=$ 5 µmol L^{-1}

د.
||

MRSA: MIC

192: R

MRSA: MIC = 8μ mol L^{-1}

 $= 8 \mu mol \, L^{-1}$

 4-methoxy-2-nitro-benzene Staphylococcus aureus (ATCC 6538): MIC

 \mathbb{L}^{-1}

 $=$ 5 µmol L^{-1}

دي
||

Staphylococcus aureus (ATCC 29213): MIC

Staphylococcus epidermidis (ATCC 12228): MIC

 μ mol L⁻¹ MRSA: MIC

193: R

 $=4 \text{ \textmu}$ L⁻¹

 5-bromo-2-nitro-benzene Staphylococcus aureus (ATCC 6538): MIC

 $=$ 5 µmol L^{-1}

 $=10 \mu mol L^{-1}$

|-
|| C $=2.5$ µmol L^{-1}

 $= 2.5 \mu$ mol

Staphylococcus aureus (ATCC 29213): MIC

L−1

(၁၁)

and biological activities. By studying and modifying these compounds, scientists hope to develop more potent and effective antibiotics. Among the natural compounds explored for their antibacterial properties, 18β-GA and related compounds have shown promise. These compounds have exhibited antibacterial effects against various bacterial strains, suggesting their potential as therapeutic agents. Further investigations are underway to elucidate the mechanisms of action and optimize the activity of these compounds.¹⁰³

The antimicrobial properties of 18 β -GA, a compound extracted from the licorice plant, have been extensively studied by various researchers. Kim et al. discovered that 18β -GA has the ability to disrupt bacterial cell membranes, leading to the eradication of these microorganisms. This finding has generated significant interest in the potential of 18ß-GA as a novel antibacterial agent.¹⁰⁴ Salari et al. further supported the antibacterial activity of 18ß-GA against periodontopathogenic and capnophilic bacteria, while another investigation found that this natural compound can inhibit the growth of Helicobacter py*lori*.105,106 In a comprehensive study, Schrader *et al.* explored the antibacterial properties of various natural plant compounds, including 18b-GA and 18a-GA, and evaluated their efficacy against common pathogens found in pond-cultured channel catfish.¹⁰⁷ It has been demonstrated that 18 β -GA can effectively combat antibiotic-resistant bacterial strains, such as methicillin-resistant Staphylococcus aureus (MRSA), by inhibiting their survival and virulence gene expression.¹⁰⁸ Furthermore, this compound has shown potential in preventing the growth and formation of supragingival plaque bacteria and treating H. pylori infections.^{109,110} In the fight against opportunistic nosocomial P. aeruginosa, 18b-GA has proven to be a valuable ally.¹¹¹ Additionally, 18ß-GA has been investigated for its ability to enhance the activity of tobramycin and polymyxin B against MRSA.112 In the quest to combat opportunistic nosocomial P. aeruginosa, 18b-GA has been found to be a valuable ally.¹¹³ Moreover, 18 β -GA has been used in combination with nanoparticles and hydrogels to combat bacterial infections. Darvishi et al. developed and evaluated the antibacterial activity of 18β-GA-loaded PL18β-GA nanoparticles, which demonstrated significant antibacterial activity against both Gram-positive and Gram-negative bacteria.¹¹⁴ Similarly, Zhao et al. engineered an injectable moldable hydrogel assembled from natural glycyrrhizic acid, which exhibited remarkable antibacterial activity against both types of bacteria.¹¹⁵ Recently, the remarkable antibacterial capabilities of 18β -GA derivatives have come to light. These derivatives have shown promising inhibitory effects against various bacterial strains, making them potential candidates for combating bacterial infections.¹¹⁶ In this review, our objective is to classify and elucidate the antibacterial activities of different 18β -GA derivatives against specific bacterial species. 18β -GA and its derivatives, as shown in Table 3, have demonstrated significant potential in inhibiting pathogens. RSC Advances Articles. By studying and modicing these distenses."" compound at has demonstrated aspectra and
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Compounds 157–163 have emerged as potent inhibitors of Streptomyces scabies, a notorious plant pathogen. These derivatives have exhibited remarkable inhibitory activity, suggesting their potential application in managing plant bacterial

diseases.¹¹⁷ Compound 161 has demonstrated superior inhibitory activity against Bacillus subtilis, Staphylococcus aureus, and MRAS compared to conventional antibiotics such as ampicillin, streptomycin, and vancomycin. This finding highlights the potential of 18b-GA derivatives as effective alternatives for combating drug-resistant bacterial strains.

Furthermore, compounds 164–166, compounds 177–178, compounds 183–187, and compounds 196–225 have displayed robust inhibitory activity against Xanthomonas oryzae pv. oryzae (Xoo) and *X. axonopodis* pv. *citri* (Xac).¹¹⁸⁻¹²¹ Xiang *et al.* particularly emphasized the potency of compounds 164 and 165. In vivo trials have further confirmed the potential of these compounds in managing rice bacterial blight disease, with control efficacy ranging between 50.57% and 53.70% at 200 μ g mL^{-1.118}
Moreover, Yang *at al*, discovered that derivatives of

Moreover, Yang et al. discovered that derivatives of 18ß-GA (compounds 167–176, 190–195, and 226) exhibit potent antibacterial activity against Staphylococcus aureus, Staphylococcus $epidermidis$, and MRAS. $43,122$ Compound 172, as identified by Guo et al., has demonstrated robust antibacterial properties and has been used to prepare supramolecular self-assembly hydrogels with exceptional thermodynamic stability and high melting temperatures.¹²³ Additionally, compounds 173-176 have exhibited high activity against various bacteria, particularly showing enhanced antibacterial effects against Micrococcus luteus compared to gentamicins.⁷⁹

Tropical bovine theileriosis (TBT) is one of the progressive and lymphoproliferative tick-borne diseases caused by Theileria annulata. Buvanesvaragurunathan et al. investigated the effect of 18b-GA esters (compounds 179–184) on the growth of Theileria annulata and found that they induced apoptosis in parasite cells. Among these esters, the isopropyl ester of 18β -GA (compound 183) showed improved anti-theileriosis efficacy than other 18ß-GA derivatives.¹²⁴

In conclusion, the rise of drug-resistant bacteria necessitates the discovery of novel antibiotics that can effectively combat these resilient strains mentioned above. Natural compounds, such as 18b-GA and its derivatives, offer a promising avenue for antibiotic development. Future research efforts should focus on understanding the mode of action of these compounds and optimizing their efficacy against drug-resistant bacteria.

Antiviral activity

Over the past two decades, the potencies have been extensively investigated for pentacyclic triterpenoids, such as asiatic acid, betulinic acid, boswellic acid, glycyrrhizin, 18β-GA, lupeol, oleanolic acid, and ursolic acid, and their analogs and derivatives, as potent antitumor and antiviral agents. These triterpenoids have displayed remarkable cytotoxic activity against various tumor cell lines and exhibit antiviral properties, in particular, anti-HIV activity.¹²⁶ The main active constituents of licorice are triterpenoids, which have shown inhibitory effects on several viruses, including SARS-CoV-2.¹²⁷ It has been revealed that these compounds achieve their antiviral effects through various mechanisms such as inhibiting virus replication, directly inactivating viruses, halting inflammation mediated by HMGB1/TLR4, preventing β -chemokines, reducing the binding

of HMGB1 to DNA to weaken virus activity, and inhibiting reactive oxygen species formation.^{128,129} While these natural products offer great potential as anti-viral and anti-microbial agents, they comprise complex mixtures of organic molecules, making it difficult to determine their exact effectiveness. Hence, further research is required to gain an intricate understanding of their mechanisms of action and their potential for use as food or herbal medicine. Additionally, it is vital to carefully consider the pleiotropic effects of these compounds to avoid potential negative consequences.

Several studies have shown that 18ß-GA inhibit several viruses (Fig. 5), for example, Sato et al. reported that 18β -GA inhibits *hepatitis B virus* (HBV) by suppressing surface antigens,¹³⁰ while Hardy et al. showed that 18β -GA exhibits significant antiviral activity against rotavirus replication *in vitro*.¹³¹ Other investigations demonstrated that 18b-GA inhibited rotavirus SA11 via the Fas/FasL pathway, inhibits Epstein–Barr virus (EBV) in superinfected Raji cells, showed significant antiviral activity against human immunodeficiency virus (HIV), inhibits infection of human respiratory syncytial virus (HRSV), and significantly protects against murine hepatitis virus (MHV)induced severe hepatic injury by suppressing HMGB1 release.35,132–135

In recent years, researchers have also worked on the antiviral properties of 18ß-GA derivatives (Table 4). Baltina et al. synthesized a series of 18b-GA derivatives. They found that compounds 227-230 exert the most significant antiviral activity $(IC_{50} = 0.13 \mu M)$ against ZIKV, with compound 227 demonstrating promising potential as an antiviral agent against ZIKV infection.¹³⁶ Similarly, Zígolo et al. reported that compound 231 exhibited significant antiviral activity against TK+ and TK− strains of herpes simplex virus type 1 (HSV-1).¹³⁷ Liang et al. found that water-soluble β -cyclodextrin-18 β -GA (compounds 232-237) showed promising antiviral activity against the influenza A/WSN/33 (H1N1) virus.^{138,139} More recently, Ding et al.

suggested that 18β -GA and its derivatives (compounds $238-241$) could alleviate the symptoms of COVID-19 patients.¹⁴⁰ Additionally, Wang et al. synthesized several compounds and observed that compounds 242-243 exhibited significant inhibitory activities against HBV DNA replication.⁷³ These findings highlight the potential of 18_B-GA and its derivatives as potent antiviral agents with remarkable antiviral activity against numerous viral infections.

In summary, the research on pentacyclic triterpenoids, including 18b-GA and its derivatives, suggests their immense potential as effective and safe antiviral agents. These compounds have demonstrated varying degrees of antiviral activity against numerous viral infections, making them a promising area of ongoing research. However, further studies are necessary to comprehensively investigate their mechanisms of action and how they can be effectively used as food or herbal medicine while considering the possible negative consequences of their pleiotropic effects.

Antioxidant activity

18β-GA has been found to exhibit significant antioxidant activity, which makes it of great interest in the research of antioxidants. Alanazi et al. found that the serum concentrations of final glucose, aspartate aminotransferase (AST), alanine aminotransferase (ALT), and alkaline phosphatase (ALP) in mice treated with 20 mg per kg acrylamide (Acr) increased to 131 ± 12.2 mg dL^{-1} , $76.5 \pm 12.0 \mu U^{-1}$, $47.7 \pm 9.17 \mu L^{-1}$, and
 $82.5 \pm 10.2 \mu V^{-1}$, which is much bigher than the normal $82.5 \pm 10.3 \mu \text{ L}^{-1}$, which is much higher than the normal concentrations (corum final clusose AST, ALT, and all sline ALD concentrations (serum final glucose, AST, ALT, and alkaline ALP concentrations of 87.7 \pm 5.93 mg dL⁻¹, 21.1 \pm 2.60 μ U⁻¹, 10.7 \pm
1.16 μ U⁻¹, and 24.1 \pm 2.07 μ U⁻¹), respectively, compared to 1.16 μ L⁻¹, and 24.1 \pm 3.97 μ L⁻¹), respectively, compared to these serving in the 198 CA Aer (50 mg per leg 198 CA) group. these serums in the 18ß-GA-Acr (50 mg per kg 18ß-GA) group. The biochemical variables of rats return to normal. The findings provide sufficient evidence to demonstrate that 18b-GA possesses the capability to suppress the production of oxygen species and reinstate the antioxidant mechanisms in diabetic rats afflicted with acrylamide-induced liver and kidney cytotoxicity.¹⁴¹ Similarly, Melekoglu et al. discovered that the antioxidant defense system parameters, encompassing malondialdehyde (MDA), reduced glutathione (GSH), superoxide dismutase (SOD), and catalase (CAT), were signicantly higher in the ovarian tissues of rats treated with 18β -GA (100 mg kg⁻¹ day⁻¹) compared to those subjected to ischemiareperfusion (I/R) alone.¹⁴² These findings suggest that 18β -GA may have protective effects against oxidative stress in a variety of tissues and systems. In addition to its potential antioxidant properties, recent research has also explored the potential therapeutic applications of 18b-GA in the context of viral infections. For example, Rehman et al. found that 18β -GA exhibited a solid binding affinity for several SARS-CoV-2 protein targets, including main protease (binding energy = -9.46 kcal mol⁻¹), helicase (binding energy = [−]9.91 kcal mol−¹), spike glycoprotein (S) (binding energy = [−]8.08 kcal mol−¹), and E-channel proteins (binding energy = [−]9.72 kcal mol−¹), through ligand–protein interactions. This

233: 239: H R Influenza A/WSN/33 (H1N1) virus: $IC_{50} = 12.1~\mu M,$ CC_{50} $= 12.1 \mu M, \mathrm{CC}_{50}$ Influenza A/WSN/33 (H1N1) virus: IC_{50} $>$ 100 $\upmu\text{M}$, SI $>$ 8.3 $> 100 \mu M, \, \rm SI > 8.3$ 233:

 \approx

Influenza A/WSN/33 (H1N1) virus: $IC_{50} = 9.03$ µM, CC_{50} $=9.03$ μ M, \rm{CC}_{50} Influenza A/WSN/33 (H1N1) virus: IC_{50} $>$ 100 $\upmu\textrm{M}$, SI $>$ 11.1 $> 100 \, \mu M, \, \mathrm{SI} > 11.1$

 \approx

234:

Effects or mechanisms

mechanisms Effects or

Influenza A/WSN/33 (H1N1) virus: $IC_{50} = 20.7$ µM, CC_{50} $=20.7$ μ M, \rm{CC}_{50} Influenza $A/WSN/33$ (H1N1) virus: IC₅₀ $>$ 100 µM, SI $>$ 4.8 $> 100 \mu M$, SI > 4.8 235: 11:
241: Influenza A/WSN/33 (H1N1) virus: $IC_{50} = 11.0$ µM, CC_{50} Influenza A/WSN/33 (H1N1) virus: IC_{50} $>$ 100 $\upmu\text{M},$ SI $>$ 9.1 > 100 μ M, SI > 9.1 H \parallel \approx

 $=11.0$ μ M, \rm{CC}_{50}

 \approx \parallel

Linker

236:

Influenza A/WSN/33 (H1N1) virus: $IC_{50} = 20.7 \mu M, CC_{50}$ Influenza A/WSN/33 (H1N1) virus: \rm{IC}_{50} = 11.0 $\rm{\upmu M, \,CC}_{50}$ $=20.7$ μ M, \rm{CC}_{50} $=11.0~\mathrm{\upmu M,CC_{50}}$ Influenza $A/WSN/33$ (H1N1) virus: IC₅₀ Influenza A/WSN/33 (H1N1) virus:I $\mathrm{C_{50}}$ $>$ 100 $\upmu\text{M},$ SI $>$ 4.8 $>$ 100 $\upmu\!M,$ SI $>$ 9.1 > 100 μ M, SI > 4.8 > 100 μ M, SI > 9.1 $=$ Ac H 237: \mathbb{I} \approx \approx

238:

 \parallel

HBV: \rm{CC}_{50} $>$ 985.68 μ M, \rm{IC}_{50} HBV: CC_{50} > 985.68 µM, IC_{50} = 5.71 µM, $= 5.71 \mu M,$ $S1 > 172.6$

 \parallel

 $\rm HBV: \rm CC_{50}$ > 1373.13 $\rm \mu M, \rm IC_{50}$ $\begin{array}{l} {\rm HBV: \;} {\rm CC}_{50} \mbox{\tiny \gt} \mbox{ 1373.13 }\; \mbox{\small \mu M, \;} {\rm IC}_{50} = 5.36\; \mbox{\small \mu M, \;} \\ {\rm SI \mbox{ 125.9}} \end{array}$ $= 5.36 \mu M,$ $S1 > 255.9$

234: 240: A^c \parallel

235: HBV: CC50 > 1327.92 mM, IC50: 8.90 mM, $S1 > 149.2$

 $=$ 37.17 μ M, IC₅₀

 236 : HBV: CC_{50} $=$ 9.08 μ M, SI $= 4.1$

finding suggests that 18β -GA may have the potential as a therapeutic agent in the fight against COVID-19.¹⁴³

We have discovered that a significant number of studies on the antioxidant properties of 18β -GA focus on its hepatoprotective function. In the mouse model of carbon tetrachloride $(CCl₄)$ -induced chronic liver fibrosis, it was observed that $CCl₄$ inhibited the expression of Nrf2 regulatory genes, including CAT, glutathione peroxidase 2 (GPX2), and superoxide dismutase 3 (SOD3). However, 18β -GA was found to protect the mouse liver from oxidative stress by potentially activating the nuclear trans of Nrf2, enhancing the expression of its target genes, and increasing the activity of antioxidant enzymes.³⁷ Furthermore, 18ß-GA was also found to have the ability to inhibit the activity of xanthine oxidase (XO) significantly. XO is responsible for reducing O_2 to superoxide anionic radical O_2 , leading to oxidative stress.¹⁴⁴ In a mouse model of methotrexate (MTX)-induced liver injury, Mahmoud et al. discovered that 18β -GA was able to reverse the significant manifestations of Nrf2, hemooxygenase-1, and PPARg induced by MTX, thus restoring antioxidant defense.³⁸ Another study demonstrated that 18ß-GA significantly reduced alphanaphthylisothiocyanate (ANIT)-induced liver damage primarily by increasing the expression of nuclear factors (such as Sirt1, FXR, and Nrf2) and their targeted excretion transporters in the liver, which play a crucial role in maintaining bile acidosis in hepatocytes. The plasma levels of ALT, AST, ALP, γ -glutamyl transpeptidase (GGT), and total bilirubin (TBIL) were significantly elevated by 31.2-, 33.4-, 5.1-, 5.0-, and 91.3-fold, respectively, in rats induced with ANIT ($P < 0.0001$). However, for 18 β -GA (60 mg kg⁻¹ for 7 days treatment), all of these levels showed a significant reduction of 62.0%, 38.5%, 45.7%, 51.6%, and 39.7%, respectively $(P < 0.05)$.¹⁴⁵ Moreover, the study also revealed that 18b-GA exerts its hepatoprotective effects against RTS-induced liver damage through the phosphatidylinositol 3 kinase (PI3K)/protein kinase B (AKT) pathway and enhanced glycogen synthase kinase 3 beta (GSK3b) pathway, which promotes the Nrf2-mediated antioxidant system.¹⁴⁶ Fig. 6 briefly illustrates the hepatoprotective effect of 18b-GA based on antiinflammatory and antioxidant mechanisms. Additionally, other hepatoprotective mechanisms are also discussed, such as the inhibition of the TLR/NF-kB pathway and upregulation of hepatic FXR to facilitate bile acid synthesis, transport, and detoxification, competitive inhibition of cyto P450 (CYP) enzymes responsible for the activation of pyrrolizidine alkaloid (PA) metabolism, particularly C3A1, which protects against liver damage, activation of PXR to regulate autophagy and lysosomal biogenesis, thereby alleviating acute liver injury, inhibition of hepatic stellate cell activation, and direct transcriptional inhibition of α 2 (I) collagen gene (COL1A2), as observed in transgenic reporter mice, and other mechanisms.¹⁴⁷⁻¹⁵⁰ **PSC Advances** Article on 22 February 2024. Downloaded on 22 February 2024. Downloaded on 4/2024. This are also the substitute of the substitution and the monotonic interaction and the monotonic interaction and the monoto

 18β -GA derivatives (Table 5) also demonstrated significant antioxidant activity. It was discovered that compounds 244–247 exhibited robust antioxidant activity and inhibited ROS activity by up to 41%.¹⁵¹ Maitraie et al. observed that compounds 249-258 displayed both anti-inflammatory and antioxidant properties, with compound 254 specifically exerting inhibitory effects on NO and superoxide anions in RAW 246.7 cells. ¹⁵² Moreover,

Fig. 6 Mechanism of hepatoprotective effect of glycyrrhetinic acid.

Zhang et al. found that compounds 259–263 hindered the proliferation of activated hepatic stellate cells (HSC)-T6 cells by inducing apoptosis and arresting them in the G0/G1 phase. They used rat hepatic stellate cell line T6 cells activated by transforming growth factor- β -1 as the cell model and as the 18 β -GA control. The IC_{50} value of the compound on cell proliferation was determined by tetrazolium salt colorimetry. It was found that the inhibitory effect of compounds 259–263 on activated HSC-T6 was stronger than that of GA (IC₅₀ = 78.4 \pm 2.3 μ M).¹⁵³ Numerous studies have demonstrated a strong association between COX-2 and the activation of hepatic stellate cells (HSCs), thereby facilitating the initiation and progression of hepatic fibrosis. Among them, compounds 262 and 265 strongly inhibit the activation of HSC-T6 cells by downregulating the expression of alpha-smooth muscle actin $(\alpha$ -SMA) and type I collagen (Col1) proteins, which are biomarkers of liver fibrosis. After treatment with compound activated HSC-T6, the expression levels of the two biomarkers were down-regulated. Second, both compounds downregulated the expression levels of COX-2 and transforming growth factor beta1 (TGF- β_1) and reduced ROS levels in a concentration-dependent manner. This suggests that they inhibit HSC-T6 activation and may also be due to downregulation of COX-2 levels, inhibition of the TGF- β 1 signaling pathway, and reduction of ROS levels.

Overall, while the study of oxidative stress and its effects on the body is complex, recent research has shed light on the

potential benefits of compounds like 18β -GA in combatting this process. By exploring the mechanisms of these compounds and their effects on various tissues and systems, we can better understand how to combat oxidative stress and its associated health risks.

Discussion

Experience has imparted the understanding that when a compound manifests a biological activity characterized by an IC₅₀ value lower than 10 μ M, it may be classified as potential biological efficacy. Additionally, in the process of scrutinizing lead and candidate compounds, it is importance to consider both cost-effectiveness and the intricacy of synthetic routes. Keeping these pivotal factors in consideration, the investigation unveiled that compounds 16–21 exhibited noteworthy inhibitory activities against 11β-HSD2 within the sub-micromolar (nM) range. Particularly remarkable is compound 16, which boasts an exceptionally modest synthetic complexity, necessitating a single-step reaction initiated from 18β -GA. The incorporation of amide and hydroxyl groups at the C-30 position has substantially augmented the solubility of 18 β -GA. Compounds of this kind exhibit tremendous promise for further in-depth exploration. Moreover, numerous studies have demonstrated that the majority of structural alterations to 18β -GA revolve around rigid five-ring skeleton structure, encompassing the

cellsstimulated with LPS. HSC-T6*: HSCs activated by TGF-b1 (10 ng mL−1

)

addition, removal, and replacement of functional groups. Comparatively, few studies explore the strategy, such as scaffold hopping and changes in the skeleton itself to the biological activity. Reports about compounds 38–41, 116–122, 227–230, and 248–259 have discernible indicated that brought about a substantial augmentation in the anti-tumor, antiviral, and antioxidant properties of 18ß-GA through the processes of ring opening and ring expansion. The modifications in 18β -GA from the complexity of the derivative structure is mainly due to addition rather than subtraction. It may be connected with that there are few reaction methods for removing carbon atoms in the rigid alkyl skeleton.

It is particularly noteworthy that compounds 227–230 demonstrate an inhibitory activity against the ZIKA virus within the sub-micromolar (nM) range. Perhaps designing modifications that involve adding or reducing rings could provide excellent solutions for enhancing the target binding strength, selectivity, bioavailability, selective tissue distribution, and metabolic stability of 18b-GA derivatives. However, further studies are necessary to comprehensively reveal their mechanisms or the target protein to further guide the modification of compounds. Moreover, 18β -GA derivatives that self-assemble, including gels, micelles, nanoparticles, and liposomes, hold potential for application in food additives and intelligent drug delivery due to availability, biocompatibility, and controllable degradability.¹⁵⁴ Additionally, while the mainstream research direction focuses on the aforementioned topics, shifting the focus to other biologically active research areas such as antidiabetes, anti-coagulation, and neuroprotection, could prove worthwhile, as the studies in these areas are still relatively scarce. This could further broaden the development prospects of 18ß-GA derivatives and increase their role in various fields. RSC Advances Articles. However, the comparison of functional groups. **Conflicts of interest**
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Conclusions

In conclusion, the past decade has yielded promising research on the therapeutic potential of 18b-GA and its derivatives for various diseases, including cancer, inflammation, bacterial infection, hepatic diseases, and viral infections. Pharmacological effects have been observed through a variety of pathways, including inflammation-related signaling, immune response modulation, and gene expression regulation. However, it is unfortunate that no derivatives have entered clinical trials (from <https://www.clinicaltrials.gov>) due to their poor
pharmacological properties, low bioavailability, significant toxic side effects, and other factors.

The review of over 200 chemical structures and key activity data in this review article serves as a valuable data resource for pharmaceutical chemists and also provides future research directions. Future research, except self-assembling derivatives, as well as exploring other related fields should more focus on revealing the mechanisms of action or the target protein and the relationship with the SAR of derivates and to further guide the structural modifications. With further research and optimization, 18b-GA derivatives will address the above crucial issues that hold great promise as potential therapeutic agents for various diseases.

Conflicts of interest

There are no conflicts to declare.

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