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# Designing and the anticancer activity of chitosan and chitosan oligosaccharide lactate nanobeads loaded with Biginelli hybrid

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This study focuses on the designing and characterization, and anticancer evaluation of chitosan-based nanoparticles (NPs) loaded (enriched) with a Biginelli hybrid compound (BH). NPs based on chitosan (CH) or chitosan oligosaccharide lactate (CHOL), are carefully designed to encapsulate a tetrahydropyrimidine derivative (BH) with already proven anticancer properties. The formulations were evaluated for their physicochemical properties, including particle size distribution and morphology, using techniques such as infrared spectroscopy, scanning electron microscopy, and X-ray diffraction. The cytotoxicity profiles were assessed on different cancer cell lines, showing a higher selectivity towards HeLa and A549 cells related to BH. BH-CH showed better cytotoxic profile related to BH-CHOL NPs. A cell cycle analysis revealed an accumulation of cells in the G<sub>2</sub>/M phase after a treatment with these NPs, indicating the ability to induce mitotic arrest in cancer cells. In summary, the results underscore the promising application of CH-based natural nanocarriers for the targeted delivery of Biginelli hybrids, showcasing a significant potential for further *in vivo* testing.

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## Introduction

Biginelli reaction is an efficient route in the synthesis of tetrahydropyrimidines-THPMs [formerly known as 3,4-dihydropyrimidin-2(1*H*)-ones]. Although discovered in the 19th century, the Biginelli reaction is still a notable tool in drug discovery due to the presence of a THPM scaffold in different active pharmaceutical ingredients. Different structures with significant pharmacological properties, including molecules with antiviral, anticancer, anti-inflammatory, antidiabetic, antibacterial, antifungal, anti-epileptic and antimalarial characteristics, are obtained using this multicomponent one-pot reaction.<sup>1–8</sup>

After the discovery of monastrol, which is a selective inhibitor of kinesin Eg5, Biginelli chemistry has intensively been used in the development and synthesis of novel molecules with anticancer activity. The research focused on creating new variations and combinations of monastrol and assessing their potential to inhibit the growth of cancer cells is an active area of study that has yielded significant outcomes. THPMs in higher concentrations have a disturbing effect on the cell cycle and cause mitotic arrest.<sup>9</sup> Given the rapid growth and the survival potential of cancer cells on the one hand, and the numerous side effects of current anticancer drugs on the other, scientists and the pharmaceutical industry are challenged to develop innovative strategies for creating new anticancer medicines.<sup>10</sup>

Modern technologies have revolutionized cancer diagnosis and treatment. From advanced imaging techniques and AI-driven diagnostics to innovative therapies like immunotherapy and targeted treatment, significant progress has been made. Nanotechnology further enhances these developments by improving drug formulation, delivering targeted therapies more effectively. Each of these advancements speaks to the ongoing commitment to combat cancer and improve patient outcomes.<sup>11</sup>

The development of innovative drug delivery systems can lead to improved efficacy and selectivity of anticancer agents. The sizes of nanoparticles range from 1 to 100 nm. They find diverse applications in modern medicine, especially as carriers for delivering drugs and genes to tumors. When appropriately prepared, they offer a large surface area and pore volume, as

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well as a high drug-loading capacity, enabling selective and controlled delivery of therapeutic agents.<sup>12</sup> In pharmaceutical nanotechnology, the selection of appropriate coating materials and coating methods are very important steps that can help modify the selectivity of nanoparticles in the delivery process and obtain a final system ensuring improved targeted drug delivery. Present concerns and constraints regarding the utilization of nanotechnology in biomedical settings stem from the insufficient understanding of the toxicological effects of nano systems in living organisms and potentially adverse outcomes.<sup>13</sup>

For that reason, our research group selected chitosan (CH) as a natural non-toxic material that is widely utilized as a polymer for particle formation and, notably, as a surface coating. Various types of nanoparticles, such as polymeric, lipid-based, and metal or metal oxide-based, serve as carriers for drugs or active substances that have been enhanced with chitosan for diverse applications. The amino group present in chitosan molecule facilitates protonation within acidic to neutral environments. This results in a positive charge on the cationic polysaccharide, which enhances its solubility in water and its adhesive properties, allowing it to effectively promote permeation across negatively charged surfaces, such as mucosal and basement membranes. As outcome, CH plays a significant role in improving the oral bioavailability of polar drugs and their transport through epithelial layers.<sup>14,15</sup> Numerous *in vitro* and *in vivo* studies have demonstrated that enhancing the surface of these nanocarriers by CH coating offers numerous benefits, such as enhancing physicochemical stability, controlling drug release, promoting mucoadhesiveness and tissue penetration, modulating cell interactions (including cellular uptake and toxicity), boosting antimicrobial effects, and improving bioavailability and drug efficacy. The specific advantages of surface coating can vary in attractiveness depending on the type of nanoparticle and the chemical composition of its components.<sup>16</sup>

Extensive research on CH has positioned it as an important material in the preparation of new anticancer formulations. Furthermore, chitosan has demonstrated anticancer properties through an antiangiogenic mechanism, which disrupts the balance between proangiogenic and antiangiogenic factors in pathological conditions. Also, research indicates that chitosan's ability to inhibit cancer growth is linked to the enhancement of the immune system, particularly involving tumor-killing immune cells such as cytotoxic lymphocytes and natural killer cells.<sup>17</sup> The use of chitosan-based nanoparticles has shown promising anti-tumor effects in laboratory and animal studies, suggesting a wide range of potential clinical applications.<sup>18</sup> Traditional chemotherapy drugs like doxorubicin, paclitaxel, cisplatin, 5-fluorouracil, methotrexate, cytarabine and gemcitabine have greatly advanced cancer treatment during the past decades. However, their severe side effects have limited their widespread use in clinical settings. To address this issue, scientists have developed specific Drug Delivery Systems (DDS) to target and release these drugs in a controlled manner, reducing adverse effects. Chitosan-based nanoparticles serve as effective DDS, enabling the encapsulation and targeted delivery

of the above-mentioned anti-cancer drugs to specific tumor sites.<sup>19</sup>

The PI3K-AKT pathway plays a crucial role in cancer development. Abnormal activation of this pathway is linked to various cancers such as endometrial, hepatocellular, breast, colorectal, prostate, and cervical cancer.<sup>20</sup> Targeting and blocking key molecules in this pathway could be a promising strategy for cancer therapy. Studies have shown that chitosan and its derivatives can reduce AKT (cellular homolog of murine thymoma virus akt8 oncogene) phosphorylation in different cancer types, potentially inhibiting AKT activities. Additionally, chitosan has been found to induce apoptosis by affecting calcium ion levels, ROS (reactive oxygen species), and mitochondrial membrane potential. Chitosan may also regulate apoptosis-associated proteins, leading to caspase-9 and caspase-3 cleavage and mitochondrial pathway-induced apoptosis. Moreover, chitosan oligosaccharide inhibits the overexpression of PD-L1 in various tumors, enhancing T cell-mediated immune killing through MAPK activation and STAT1 inhibition. This suggests that chitosan oligosaccharide could enhance the effectiveness of current chemotherapy treatments.<sup>21-23</sup>

In earlier studies, the anti-cancer effects of newly synthesized THPM compounds were examined on human cervical adenocarcinoma (HeLa) cell lines using both 2D and 3D cell culture systems. Flow cytometry was used to monitor alterations in the distribution of cell cycle phases after subjecting spheroids to a 48 hours treatment with five different compounds, revealing that all tested compounds led to an increased percentage of HeLa cells in the subG1 phase compared to the control spheroid sample.<sup>24</sup> Also, during previous research, different vanillin-based THPMs with a specific anticancer activity were identified (Fig. 1).<sup>25</sup> Fig. 1 displays the structures of selected THPMs. We chose three THPMs from a recent study to emphasize how the number of carbon atoms and the type of functional group attached to the C-4' position significantly influenced their

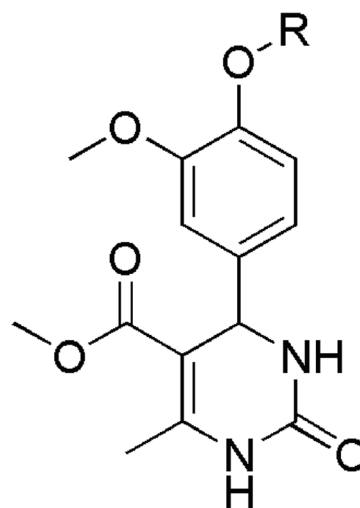


Fig. 1 Chemical structures of selected Biginelli hybrids [R = Bu(BH') IC<sub>50</sub> = 6 μM (HeLa), 8.3 μM (MCF-7); Crotyl (BH'') IC<sub>50</sub> = 50.8 μM (HeLa), 89.5 μM (MCF-7); CH<sub>2</sub>COOEt (BH''') inactive].<sup>25</sup>



properties. In the cases presented, the carbon atom counts at the C-4 position were consistently 4, but the functional groups varied: **BH** (butyl), **BH'** (crotyl), and **BH''** (ester). As observed, the anticancer activity varies significantly across cell lines. In this context, tetrahydropyrimidine **BH** [methyl 4-(4'-butoxy-3'-methoxyphenyl)-1,2,3,4-tetrahydro-6-methyl-2-oxypyrimidine-5-carboxylate] exhibited the highest level of activity, demonstrating exceptional selectivity with a selectivity index higher than 10.

To explore the advantages/limitations of nanoparticle-based drug delivery systems for cancer treatment we developed nanoparticles using **CH** as a biocompatible and well-established nanocarrier. Additionally, we investigated the feasibility of creating nanosystems enriched with **BH** by incorporating chitosan oligosaccharide lactate (**CHOL**) as a coating material in place of **CH**. The objective of this research is to explore whether the formed nanoparticles (NPs) exhibit better selectivity and anti-tumor efficacy than the pure compounds. The selective viability effect of the **BH** derivative and the obtained NPs were examined using MTT assays on different cancer cell lines including HeLa, K562, A549, LS174, MDA-MB-453 and MRC-5. Drug release experiments were conducted using high-performance liquid chromatography (HPLC) to quantify the release rates of **BH** from NPs. Flow cytometry was used to assess the cell cycle and to measure the cellular DNA content. Cell cycle distribution was measured after a 24 hours exposure of the pure **BH** compound and the prepared nanosystem in the HeLa cell lines.

## Results and discussion

### Characterization of **BH-CH** and **BH-CHOL**

The FTIR spectra (Fig. 3) of the pure Biginelli hybrids (**BH**) show typical two medium bands near 3300 and 3150  $\text{cm}^{-1}$  assigned to the N-H stretching vibration. These bands correspond to the stretching vibration of the N-H (amide) involved in hydrogen bonding interactions. In the region of  $\sim 1600\text{--}1700\text{ cm}^{-1}$  cyclic amide I bands are found. These strong bands are located around 1720 and 1650  $\text{cm}^{-1}$  and are primarily due to the stretching vibration of the C=O bond in amide. The band at 1510  $\text{cm}^{-1}$  originates from amide II. This medium band is formed by a combination of the N-H bending and the C-N stretching vibrations. In the IR spectrum of **CH** the medium band at  $\sim 3428\text{ cm}^{-1}$  implies N-H and O-H stretching, along with intramolecular hydrogen bonds. In addition, bands centered around 2920  $\text{cm}^{-1}$  and 2870  $\text{cm}^{-1}$  were assigned to the C-H symmetric and asymmetric stretching motions, respectively. The band at 1653  $\text{cm}^{-1}$  is from amine the N-H bending

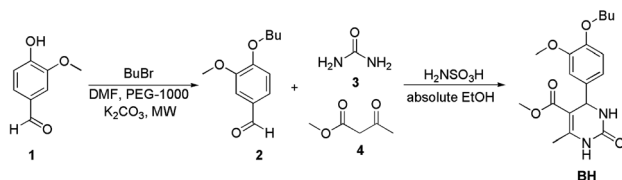


Fig. 2 The synthetic path to **BH**.

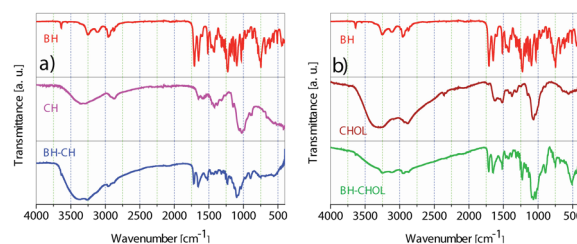


Fig. 3 ATR FTIR spectra of (a) **BH**, **CH** and **BH-CH**, (b) **BH**, **CHOL** and **BH-CHOL**.

vibrations.<sup>26</sup> In the stacked IR spectra of **BH-CH** the absence of amide II carbonyl band that was found at 1510  $\text{cm}^{-1}$  in pure **BH** is observed. After the encapsulation of **BH**, the N-H and O-H bands are increased and found at  $\sim 3390$  and 3250  $\text{cm}^{-1}$ . In the IR spectrum of **CHOL**, the absorption band at 3430  $\text{cm}^{-1}$  corresponds to the N-H and O-H stretching vibrations.<sup>27</sup> Additionally, the medium-intensity band observed at 1627  $\text{cm}^{-1}$  arises from the N-H deformation vibrations. The IR of **BH-CHOL** shows characteristic medium bands from the **BH** amide function at 1710, 1650, and 1510  $\text{cm}^{-1}$ . A broad medium absorption band of the N-H and O-H from **CHOL** is shifted from 3430  $\text{cm}^{-1}$  to  $\sim 3280\text{ cm}^{-1}$  in **BH-CHOL**. This shift most likely indicates the presence of polymeric hydrogen bonding in the encapsulated **BH-CHOL** structure. All the data obtained from the FTIR spectra of the synthesized nanopowders (**BH-CH** and **BH-CHOL**, Fig. 3) indicate that the pure **BH** phase was successfully encapsulated in the **CH** or **CHOL**.

The particle size distribution (PSD) and the morphology of **BH-CH** and **BH-CHOL** powders are shown in Fig. 4. The encapsulation of **BH** into **CH** or **CHOL** leads to the formation of particles with a spherical morphology, for both powders. In general, the particle size for the powder **BH-CH** is slightly larger ( $d_{50} = 115\text{ nm}$ ) than the particle size of the powder **BH-CHOL** ( $d_{50} = 90\text{ nm}$ ) ( $d_{50}$  is the corresponding particle size when the cumulative percentage reaches 50%).

The zeta potential is also one of the important parameters that indicate the affinity of the particle towards the cells in the bio-nano interface.<sup>28</sup> The zeta potential ( $\xi$ ) of **BH-CH** particles ( $9.30 \pm 0.60\text{ mV}$ ) is more positive than **BH-CHOL** ( $6.80 \pm 0.30\text{ mV}$ ), and the reason is most likely the higher content of positively charged amine groups in **CH** than in **CHOL**. It is most likely that the difference in surface charge affects the affinity and adhesion of particles to cancer cells. Fig. 5 shows the

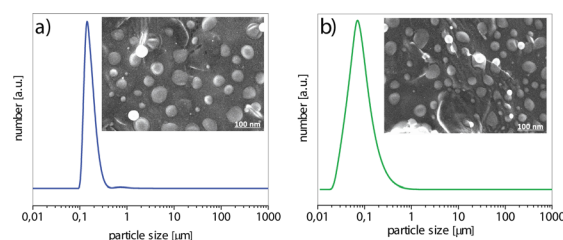


Fig. 4 PSD and FE-SEM of (a) **BH-CH**, (b) **BH-CHOL** ( $d_{50}$  were 115 nm for **BH-CH** and 90 nm for **BH-CHOL**).



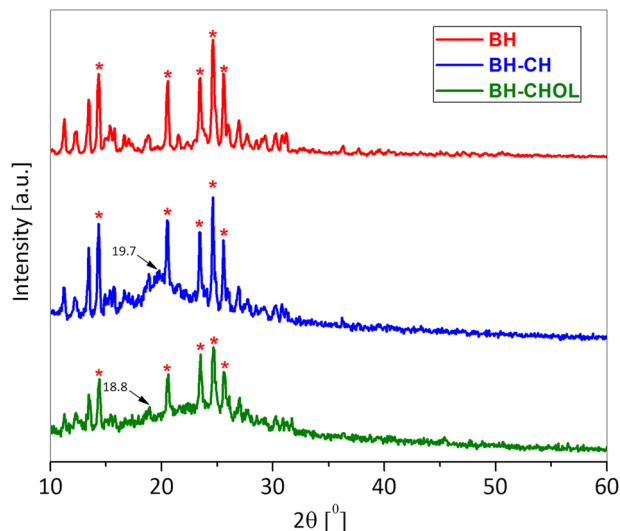


Fig. 5 X-ray diffraction of BH, BH-CH and BH-CHOL.

diffraction patterns of **BH**, **BH-CH** and **BH-CHOL**. The **BH** (methyl 4-(4'-butoxy-3'-methoxyphenyl)-1,2,3,4-tetrahydro-6-methyl-2-oxopyrimidine-5-carboxylate) is characterized by most intensive peaks at the positions 14.4°, 20.6°, 23.5°, 24.6° and 25.6° (marked with \* in the Fig. 5). The **BH-CH** diffraction pattern confirms the presence of **BH** and **CH**. Namely, in addition to the characteristic peaks of **BH**, characteristic reflection detected at 19.7° originate from **CH**.<sup>29,30</sup> Also, the presence of characteristic reflections of **BH** and **CHOL** (at 18.8°) was evident in the diffraction pattern of powder **BH-CHOL**. In general, the XRD patterns of **CH** and **CHOL** are characterized by typical weak intensity reflections indicating that **CH** and **CHOL** are low crystalline polymers.<sup>31,32</sup> The presence of characteristic peaks of **BH** in diffraction patterns of **BH-CH** and **BH-CHOL** powders qualitatively confirms the presence of **BH** in **BH-CH** and **BH-CHOL**. The efficiency of **BH** encapsulation was also quantitatively determined and was 90% (in the section: Drug release study).

#### Anticancer activity of BH-CH and BH-CHOL

Table 1 shows the  $IC_{50}$  values with standard deviations (SD) in  $\mu\text{g mL}^{-1}$  for the tested nanocomposites (**BH-CH** and **BH-CHOL**) against different cell lines. In this study, five cancer (HeLa, K562, A549, LS174, and MDA-MB-453) and one normal cell lines (MRC-5) were employed.

Chitosan, as a natural material, has recently been utilized for tumor-targeting drug delivery systems.<sup>33</sup> The investigated biopolymers, **CH** and **CHOL**, showed  $IC_{50}$  values greater than  $1000 \mu\text{g mL}^{-1}$  against all tested cell lines, indicating low or no cytotoxic activity at the concentrations tested. Therefore, **BH** and **BH-CH** exhibited varying levels of cytotoxic activity across investigated cancer cell lines. **BH-CH** shows improved activity against the HeLa and A549 cell lines compared to **BH**. **BH-CHOL** shows significant cytotoxic activity against the HeLa cell lines. The selectivity index (SI) values for **BH**, **BH-CH**, and **BH-CHOL** are 2.2, 2.6, and 2.7, respectively. After encapsulation, **BH-CH** and **BH-CHOL** exhibit higher cytotoxicity and higher selectivity towards cancer cells compared to normal cells (MRC-5). From a structural perspective, **CHOL** has a lower molecular weight compared to **CH**, which makes it more water soluble. This increased solubility is also associated with **CHOL**'s lower degree of acetylation (deacetylation > 90%), suggesting that it has a greater capacity for hydrogen bonding than **CH** (deacetylation > 80%). In our case, this ability of **BH-CHOL** to form more hydrogen bonds could negatively affect its cytotoxic activity (Table 1). SI achieved for **BH-CH** NPs system (SI  $\approx$  2.6) is improved and slightly higher in comparison to our previous published article (SI  $\approx$  2.0).<sup>26</sup>

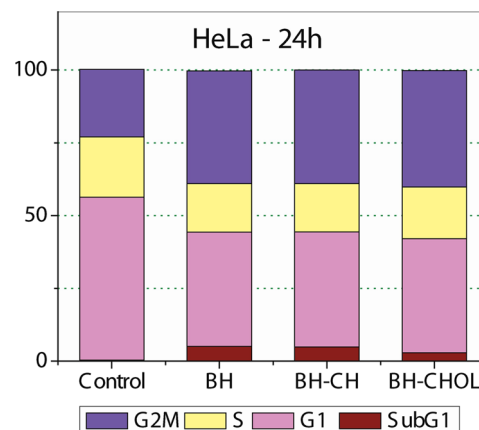


Fig. 6 Cell cycle distribution after 24 h, continuous action of investigated **BH** and nanoparticles loaded with **BH**. After exposure for 24 h (concentration corresponded to  $IC_{50}$  value obtained in MTT test), cells were harvested, stained with propidium iodide and subjected to flow cytometry. Untreated HeLa cells are labeled as control.

Table 1 Concentrations of investigated pure **BH** and **BH** loaded NPs inducing 50% decrease ( $IC_{50}$ ) in malignant and normal cell survival

$IC_{50} \pm SD^a$ ( $\mu\text{g mL}^{-1}$ )	HeLa	K562	A549	LS174	MDA-MB-453	MRC-5	SI
<b>CH</b>	>1000	>1000	>1000	>1000	>1000	>1000	—
<b>CHOL</b>	>1000	>1000	>1000	>1000	>1000	>1000	—
<b>BH</b>	96 $\pm$ 7	64 $\pm$ 12	203 $\pm$ 4	91 $\pm$ 3	95 $\pm$ 4	209 $\pm$ 6	2.2
<b>BH-CH</b>	77 $\pm$ 3	100 $\pm$ 1	113 $\pm$ 11	106 $\pm$ 6	91 $\pm$ 1	201 $\pm$ 1	2.6
<b>BH-CHOL</b>	79 $\pm$ 7	116 $\pm$ 7	205 $\pm$ 8	170 $\pm$ 7	94 $\pm$ 1	212 $\pm$ 4	2.7

<sup>a</sup> From two independent experiments.





## Cell cycle determination

To examine the mechanisms of action of our nanoparticles in the HeLa cells, the cell cycle distribution was determined. As shown in Fig. 6, 24 hours after exposure to pure **BH** or **BH**-loaded nanoparticles, the number of the HeLa cells in the  $G_2/M$  phase increased for all test compounds. Also, sub- $G_1$  fraction increases moderately for the cells treated with **BH** or any loaded nanoparticle. The accumulation of cells in the  $G_2/M$  phase and the increase in the number of cells in the sub- $G_1$  phase is accompanied by a decreased proportion of cells in the  $G_1$  and the S phase compared to control the untreated HeLa cells.

Fig. 7 shows the outcomes of experiments conducted before and after the treatment with specific nanoparticles (NPs). In the control group, no notable apoptosis was detected. However, following the treatment with **BH-CH** and **BH-CHOL** systems, in the experimental groups, cells in advanced stages of apoptosis exhibited distinctive crescent-shaped or granular green staining. Notably, staining in the experimental groups was asymmetrically localized within cells, whereas in normal cells, it had a symmetric distribution.

## Drug release study

For a more comprehensive understanding of bioavailability and drug release kinetics, HPLC measurements were performed. The areas corresponding to the released compound from the **BH-CH** and **BH-CHOL** formulations in the HPLC

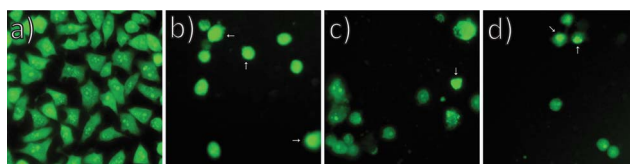


Fig. 7 (a) Control (negative control group – normal cells), (b) **BH-CH**, (c) **BH-CHOL** and (d) **BH** show experimental groups (apoptotic cells) after the treatment with the corresponding nanocomposites. Arrows indicate apoptotic cells with fragmented nuclei, while arrowheads mark cells with condensed chromatin.

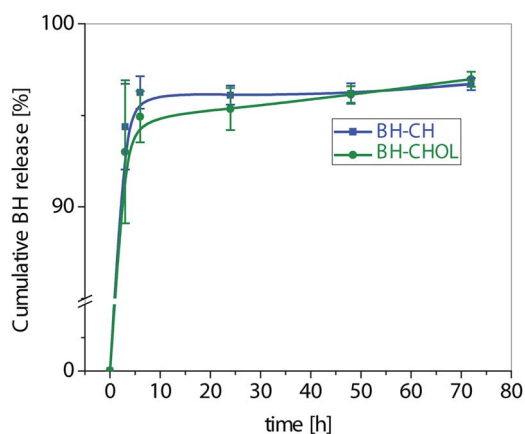


Fig. 8 Cumulative **BH** release profiles (mean  $\pm$  SD) from the investigated nanocomposites **BH-CH** and **BH-CHOL**.

chromatograms were compared, and the concentrations of the released **BH** compound were calculated (**BH** with a retention time of 15.678 min). The results were illustrated in a cumulative curve in Fig. 8. In the first  $1.8 \pm 0.2$  h hour, over 50% of the pure compound from the **BH-CH** formulation was released, and by  $9 \pm 0.2$  h hour, approximately 95% was released. In the **BH-CHOL** formulation, a 50% release of the pure compound was registered after  $1.8 \pm 0.1$  h hour and 95% after  $30 \pm 0.3$  h hour. Keeping in mind that **CH** and **CHOL** with medium molecular weights served as the carriers in the formulations, these outcomes were expected. Drug encapsulation efficiency was also determined using HPLC, confirming an efficiency of 90%. With a **BH** to **CH** ratio of 20 : 80 and **BH** to **CHOL** ratio of 20 : 80 the proportion of entrapped **BH** was calculated to be 18 wt%. The results are expressed as mean values  $\pm$  standard deviation (SD), and presented as cumulative curves over time (Fig. 7).

## Experimental

### Materials

All chemicals and reagents were purchased from Sigma Aldrich without further purification, except for butyl bromide that was distilled, while amidosulfonic acid was dried before use.

### Synthesis of **BH**

**Synthesis of butyl-vanillin 2.** Butyl bromide (30 mmol), vanillin **1** (20 mmol) and dried potassium carbonate (50 mmol) were weighed and dissolved in a mixture of PEG-1000 (2 g) and 10 mL of DMF. The reaction was initiated in a household microwave oven equipped with an Allihn condenser, applying medium power. After the microwave-assisted reflux had commenced, the reaction mixture was stirred for 10 minutes. The process was repeated two more times. The resulting brown mixture was poured into boiling water and stirred for one hour. Subsequently, it was cooled in a refrigerator. Yellow oil was formed and was extracted twice with DCM, then dried over a mixture of anhydrous  $MgSO_4$  and NaCl, and finally evaporated in vacuum. The yellow oil solidified upon standing at room temperature, yielding 81% of **1** (Fig. 2). Alkylated vanillin **2** (10 mmol), urea **3** (15 mmol), and methyl acetoacetate **4** (12 mmol) were dissolved in 15 mL of absolute ethanol in a 50 mL round-bottom flask. After reflux had started, amidosulfonic acid (20 mol%) was added. After six hours, 10 mL of water was added to the boiling reaction mixture, which was then refrigerated overnight. The resulting yellowish powder was filtered, washed with ice-cold ethanol, and a 64% yield of **BH** was obtained (purity 98%).

### Designing nanocomposites

Chitosan (**CH**) with a medium molecular weight (Sigma-Aldrich, deacetylation > 80%), was dissolved in acetic acid (1 wt%), and mixed with an ethanol solution of **BH** in a weight ratio of **CH** : **BH** = 8 : 2, while stirring with a magnetic stirrer at 400 rpm. The obtained mixture of **BH**, and **CH** was slowly poured into a solution of sodium triphosphate pentabasic (STP, Sigma-Aldrich) 0.1 wt% in  $H_2O$ , while stirring at 21 000 rpm for



30 min (IKA, ULTRA-TURRAX T 25). The obtained mixture was then centrifuged at 5000 rpm and 5 °C for 1 h, and the resulting precipitate was subjected to lyophilization (Freeze Dryer, Christ Alpha 1–2/LD Plus) at temperatures ranging from –10 °C to –60 °C and pressures ranging from 0.37 mbar to 0.1 mbar for 1–5 h. The obtained powder was washed with distilled water three times, centrifuged at 4000 rpm and dried again. The final products were dry powders composed of **BH**-loaded **CH** (**BH-CH**). Dry powder composed of **BH**-loaded **CHOL** (**BH-CHOL**) is obtained in the same way, but instead of **CH**, chitosan oligosaccharide lactate (**CHOL**), was used, (Sigma-Aldrich, Mn = 4000–6000, deacetylation > 90%).

### Characterization

Infrared spectroscopy (ATR FT-IR) was performed on a Nicolet iS10 FT-IR Spectrometer (Thermo Scientific Instruments) in the spectral range from 400 cm<sup>-1</sup> to 4000 cm<sup>-1</sup>. Particle size distribution (PSD) was measured on 10 mg mL<sup>-1</sup> of powders dispersed in water using a Mastersizer 2000 (Malvern Instruments Ltd) and a Hydros dispersion unit for liquid dispersants. Field-emission scanning electron microscopy (FE-SEM) was performed on a Carl Zeiss ULTRA Plus microscope at the electron acceleration voltage of 3 kV. Zeta potential of the aqueous suspensions of synthesized powders was analyzed using a Zeta-Sizer Nano (Malvern Instruments Ltd) in deionized water at 25 °C and pH 7.0. The obtained powders were characterized using X-ray powder diffraction (XRPD, Philips PW1050 diffractometer with CuK $\alpha_{1,2}$  radiation).

### Cell cultures

Cytotoxicity studies of two nano-particulate systems were performed using six cell lines: human cervix adenocarcinoma (HeLa ATCC CCL-2), human chronic myelogenous leukemia (K-562 ATCC CCL-243), human lung carcinoma (A549 ATCC CCL-185), human colorectal adenocarcinoma, (LS-174 ATCC CL-188), human breast carcinoma (MDA-MB-453 ATCC HTB-131), and normal human lung fibroblasts (MRC-5 ATCC CCL-171). Cells were grown to confluency in nutrient medium (RPMI-1640 without phenol red) supplemented with 3 mM L-glutamine, 100  $\mu$ g mL<sup>-1</sup> streptomycin, 100 IU/mL penicillin, 10% heat inactivated fetal bovine serum (FBS), and 25 mM HEPES, adjusted to pH 7.2 by bicarbonate solution. RPMI-1640, FBS, HEPES, and L-glutamine were products of Sigma Chemical Co., St. Louis, MO. Cell cultures were maintained under standard conditions: at a temperature of 37 °C, in humidified air atmosphere with 5% CO<sub>2</sub> and were passaged twice a week. For the experiments, cells between the third and tenth passage were used.

### MTT assay

HeLa (2500 cells per well), K562 (5000 cells per well), LS-174 (7000 cells per well), A549 (5000 cells per well), MDA-MB-453 (3000 cells per well) and MRC-5 (5000 cells per well) were seeded into 96-well microtiter plates. Twenty hours later, after the cell adherence, five different concentrations of investigated compounds in complete nutrient medium were added to the

wells, except for the control cells to which a nutrient medium only was added. Cell survival was determined by a MTT test according to the method of Mosmann, and modified by Ohno and Abe, 72 h after the drug addition.<sup>34,35</sup> Shortly later, 20  $\mu$ L of the MTT solution [3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide, 5 mg mL<sup>-1</sup> in phosphate buffered saline] was added to each well. Samples were incubated for four hours more at 37 °C in humidified atmosphere with 5% CO<sub>2</sub>. Then, 100  $\mu$ L of 10% SDS was added to the wells. Absorbance was measured 24 h later at 570 nm on the microtiter plate reader (Multiscan Ascent, Thermo Labsystems). To get the cell survival rate, the absorbance at 570 nm of the sample with the cells grown in the presence of various concentrations of investigated agents was divided with the absorbance of the control sample (the absorbance of the cells grown only in the nutrient medium), implying that the absorbance of the blank was always subtracted from absorbance of the corresponding sample with the target cells.

### Cell cycle

The aliquots of the 10<sup>6</sup> control HeLa or the cells treated with **BH** or **BH**-loaded nanoparticles for 24 h were fixed overnight in ice cold 70% ethanol. The applied concentrations of **BH** or loaded nanoparticles corresponded to the IC<sub>50</sub> values obtained in the MTT test after incubation for 72 h. The cells were pelleted by centrifugation and treated with RNase A (100  $\mu$ g mL<sup>-1</sup>) at 37 °C for 30 min and then incubated with 40  $\mu$ g mL<sup>-1</sup> propidium iodide for at least 30 min.

Cells were analyzed using a FACSCalibur flow cytometer (BD Biosciences Franklin Lakes, NJ, USA) equipped with a 15 mW, air-cooled 488 nm argon ion laser for excitation of PI. PI fluorescence (FL2) was collected after passing a 585/42 nm band pass filter. The FACSCalibur flow cytometer was equipped with an FL2 upgraded doublet discrimination module (DDM) which allowed for screening and then excluding possible occurrences of cell doublets, clumps and debris by plotting the FL2-area versus the FL2-width signals.<sup>36</sup> PI fluorescence data were collected using linear amplification. A minimum of 20 000 events were collected for each sample. Finally, data were analyzed using the FlowJo™ Software (for Windows, Version 10.5. Ashland, OR: Becton, Dickinson and Company; 2019).

### Morphological analysis of the HeLa cells death

To determine the mode of the HeLa cell death induced by the investigated compounds, a morphological analysis by the microscopic examination of acridine orange and ethidium bromide stained cells was performed. HeLa cells were seeded overnight on coverslips (5 × 10<sup>4</sup> cells) in 3 mL of the complete medium, and on the next day, they were treated with the investigated compounds for 24 h. The applied concentrations corresponded to double IC<sub>50</sub> concentrations of the investigated NPs. Afterwards, the cells were stained with 6  $\mu$ L of DNA dyes: acridine orange and ethidium bromide (3 mg mL<sup>-1</sup> AO and 10 mg mL<sup>-1</sup> EB in a 2% solution of ethanol in water) and visualized using a fluorescence microscope with a Fluorescein isothiocyanate (FITC) filter set. In the first phase of apoptosis,



only acridine orange entered the cell, ethidium bromide was excluded, and the nucleus was stained green. In the second phase of apoptosis, along with the loss of membrane integrity, both dyes entered the cell, and the nucleus became orange-red.

### Cell cycle determination

The aliquots of the  $10^6$  control HeLa or the cells treated with **BH** or **BH**-loaded nanoparticles for 24 h were fixed overnight in ice cold 70% ethanol. The applied concentrations of **BH** or loaded nanoparticles corresponded to the  $IC_{50}$  values obtained in the MTT test after incubation for 72 h. The cells were pelleted by centrifugation and treated with RNase A ( $100 \mu\text{g mL}^{-1}$ ) at  $37^\circ\text{C}$  for 30 min and then incubated with  $40 \mu\text{g mL}^{-1}$  propidium iodide (PI) for at least 30 min.

Cells were analyzed using a FACSCalibur flow cytometer (BD Biosciences Franklin Lakes, NJ, USA) equipped with a 15 mW, air-cooled 488 nm argon ion laser for excitation of PI. PI fluorescence (FL2) was collected after passing a 585/42 nm band pass filter. The FACSCalibur flow cytometer was equipped with an FL2 upgraded doublet discrimination module (DDM) which allowed for screening for and then excluding possible occurrence of cell doublets, clumps and debris by plotting the FL2-area versus FL2-width signals.<sup>36</sup> PI fluorescence data were collected using linear amplification. A minimum of 20 000 events were collected for each sample. Finally, data were analyzed using the FlowJo™ Software (for Windows, Version 10.5. Ashland, OR: Becton, Dickinson and Company; 2019).

### Drug release study

The release rate of **BH** from the tested nanocomposites (**BH-CH** and **BH-CHOL**) was assayed in phosphate buffered saline (PBS) with the addition of 0.1% sodium lauryl sulfate (SLS). 10 mg of each sample was placed in a screw-cap vial containing 10 mL of medium, and shaken at 50 rpm in a shaking water bath (LSB Aqua Pro, Grant Instruments, UK) at  $37^\circ\text{C}$  for 72 h. In parallel, the control samples of pure **BH** were tested under the same experimental conditions. All experiments were performed in triplicate. 1 mL of samples was withdrawn at the predetermined time intervals (3, 6, 24, 48, and 72 h) and replaced with the equal volume of the medium. The samples were filtered and analyzed by high-performance liquid chromatography (HPLC) on an Agilent Technologies 1260 Series device with a DAD detector. Chromatographic separation was performed on a Lichrospher RP-18 ( $250 \times 4.0$  mm, particle size  $5 \mu\text{m}$ ) HPLC column using a mobile phase consisted of water (A) and acetonitrile (B) under the following gradient elution: 0–5 min, 80–60% A; 5–10 min, 60–40% A; 10–30 min, 40–0% A. The volume of injection was  $10 \mu\text{L}$ , while the solvent flow rate was set to  $1 \text{ mL min}^{-1}$ . The wavelength detection was carried out at 254 nm. The percent of **BH** released from the nanocomposites ( $Q_x$ ) at each time point was calculated based on the peak area and the concentration of the released **BH** from nanocomposites compared to the control sample, using the following equation:

$$Q_x (\%) = [(A_x \times V_c \times C_c)/(A_c \times V_x \times C_x)] \times 100 \quad (1)$$

where  $A_x$  and  $A_c$  are peak areas,  $V_x$  and  $V_c$  injection volumes, and  $C_x$  and  $C_c$  drug concentrations for the tested and control samples, respectively ( $A_x$  and  $A_c$  are peak areas,  $V_x$  and  $V_c$  injection volumes, and  $C_x$  and  $C_c$  drug concentrations for the tested and control samples, respectively).<sup>26</sup>

## Conclusions

In summary, the study focuses on the synthesis and characterization of **CH** and **CHOL** nanobeads loaded with **BH** for potential anticancer applications. This compound was encapsulated into chitosan-based NPs (**BH-CH**) and chitosan oligosaccharide lactate-based NPs (**BH-CHOL**). The prepared NPs were successfully synthesized and characterized using techniques such as FTIR spectroscopy, particle size distribution analysis, and morphology assessment *via* SEM. Both types of NPs exhibited spherical shapes with slightly different particle sizes, confirming successful encapsulation of **BH** into the **CH** and **CHOL** matrices. The evaluation of cytotoxicity against multiple cancer cell lines (HeLa, K562, A549, LS174, MDA-MB-453) and normal human lung fibroblasts (MRC-5) shows that **BH-CH** and **BH-CHOL** NPs have a better cytotoxic effect and selectivity towards cancer cells than free **BH** alone. Based on the obtained results, it is observed that the **BH-CH** nanoparticle system exhibited more selective anticancer activity towards the HeLa and MDA-MB-453 cell lines compared to K562, A549, LS174, and MRC-5. In general, the **BH-CH** system shows stronger cytotoxicity than the **BH-CHOL** system for the examined cell lines. Flow cytometry experiments indicate an increase of HeLa cells in the  $G_2/M$  phase across all tested systems. Additionally, there was a moderate rise in the sub-G1 fraction for the cells treated with the pure compound or any loaded NP. The effect of Monastrol in the HeLa cells resulted in activation of the spindle checkpoint which leads to mitotic arrest and apoptosis. The depletion of the spindle checkpoint proteins BubR1 or Mad2 significantly reduced the duration of drug-induced arrest, leading to a premature mitotic exit without cell division, which could also be the case with investigated THPMs. The release study indicates sustained release of **BH** from both NP systems, suggesting the potential for controlled drug delivery. Future research could address the improvement of **BH**-nanoparticle formulations to prolonged their efficacy and thermal stability. In addition, it could involve exploring their therapeutic potential through rigorous preclinical studies and clinical trials to assess their efficacy and safety in living organisms. Further study requires that new **BH**-based materials exhibit significantly higher selectivity and efficacy for potential applications. These materials need to be designed to decompose safely over time, reducing the likelihood of complications and long-term adverse consequences.

## Data availability

The datasets produced and/or analyzed in our study will be accessible upon reasonable request. These datasets encompass all raw data and processed data related to our experiments. Researchers interested in obtaining the data can send demand





to the corresponding author. We are committed to fostering transparency and reproducibility in our research, and we are delighted to disseminate our data to facilitate additional scientific exploration.

## Author contributions

Nenad Janković: writing – review & editing, writing – original draft, supervision, methodology, investigation, formal analysis, conceptualization. Jovana Ristovski: writing – review & editing, writing – original draft, investigation, formal analysis. Željko Žižak: writing – review & editing, methodology, formal analysis, data curation. Milica Radan: writing – review & editing, methodology, formal analysis. Sandra Cvijić: writing – review & editing, methodology, formal analysis. Katarina Nikolić: writing – review & editing, formal analysis, methodology. Nenad L. Ignjatović: writing – review & editing, visualization, supervision, methodology, conceptualization.

## Conflicts of interest

The authors confirm that they do not have any competing financial interests or personal relationships that could have influenced the work reported in this article.

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