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Intramolecular CH \cdots π attraction mediated conformational polymorphism of constrained helical peptides†

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In nature, biochemical processes depend on polymorphism, a phenomenon by which discrete biomolecules can adopt specific conformations based on their environment. However, it is often difficult to explore the generation mechanism and achieve polymorphic control in artificial supramolecular assembly systems. In this work, we propose a feasible thought for exploring the transformation mechanism of polymorphism in peptide assembly from the perspective of thermodynamic regulation, which enables polymorphic composition to be limited by switchable intramolecular CH \cdots π attraction within a certain temperature range. Combined with the density functional theory calculations, we obtained thermodynamic theoretical data supporting the conformation transition and the underlying polymorphism formation principle. Afterward, we properly designed the peptide to alter the probability of CH \cdots π attraction occurring. Then, we selectively obtained a homogeneous morphological form with corresponding molecular conformation, which further demonstrated the important role of molecular conformational manipulation in polymorphism selection. This unique template-based strategy developed in this study may provide scientists with an additional line of thought to guide assembly paths in other polymorphic systems.

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Introduction

Natural polymorphism occurs when a discrete macromolecule adopts different conformations and assembles into various structures depending on the external conditions.¹ Such a phenomenon is strongly related to biodiversity,² human diseases,³ genetic variations, and adaptation.⁴ In biology, various types of supramolecular aggregation can be formed by numerous proteins.⁵ Of note, most protein polymorphisms originate from changes in packing arrangements, while the structures of monomers remain identical.⁶ For example, cilia

microtubules can form different organizations that respond to ATPase.⁷ The polymers formed by self-assembling tobacco mosaic virus capsid protein transform between different states in the wake of pH changes.⁸ The HIV capsid protein can be assembled into multiple shapes, including cones, tubes, and spheres.⁹ Such polymorphism from the same chemical monomers is important for the high-dimensional structures of proteins to remain adaptable and bioactive. Thus, exploration and control of polymorphism in complex biological systems at the nanometer and micrometer scales can be important steps for chemists in achieving bioinspired architecture.¹⁰

A great deal of progress has been made in supramolecular assembly in recent decades, particularly in the ability to arrange small molecules into sophisticated architectures.^{11–16} In nature, self-assembled systems are built using a variety of biomolecules, such as proteins, peptides, and nucleic acids, which usually show morphological and structural–functional diversity.^{17–22} This has aroused the aspiration of chemists to extend the supramolecular assembly area from specific small-molecular to complicated biomacromolecule systems in the laboratory. For example, mechanistic studies of glucose isomerase suggested that polymorph selection occurs at the earliest stage of the nucleation and exerts control over the system through site-directed mutagenesis.²³ Various protein polymorphisms have been constructed by simply altering the

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chemical structure of the ligand.²⁴ Moreover, the assembly of beta-amyloid peptides, closely related to neurodegenerative diseases, has been extensively explored.^{25–28}

In essence, the polymorphism of biomacromolecules and peptides shares the same principle with self-assembly in nature which is brought about by the precisely located, elaborately balanced, and kT-related weak interaction among the subunits.^{29–32} Generally, the weak interactions contain hydrogen bonding, π - π stacking, and Coulomb attraction. Induced by these generic interactions, the organization of native proteins or peptides into fibers, micelles, or vesicles is obligatorily subject to analog influences.³³ Exploring the driving force behind polymorphism, whether from detailed interactions or thermodynamic and kinetic factors, can provide valuable insights into the allosteric mechanisms of macromolecules.¹⁵ However, constrained by the relatively large molecular dimension and disordered chemical heterogeneity, especially the lack of stable secondary conformations, protein-directed generation of polymorphic or monomorphic assemblies remains a great challenge. In addition, the complex interactions are essential for addressing complicated cases, which have been difficult to predict with current theory. Furthermore, polymorphic biomacromolecules are influenced by thermodynamic forces.³⁴ However, the distinct kinetic route and conditions often prefer a local rather than a global minimum, complicating the biomacromolecule as an ideal research subject.³⁵ In contrast, the short peptide offers structural simplicity and robust self-assembly features which prove to be the ideal toolbox and building block to explore the insights of complex protein assemblies in nature.³⁶ Specifically, short peptides with a stable secondary conformation could provide a unitary interaction model to dig out the picture of polymorphism. Benefiting from these advantages, short peptides can facilitate conformational/structural analysis, which has attracted widespread attention for their assembly and medical applications in recent years.^{37–39}

Previously, we developed a chirality-induced helical (CIH) cyclic-pentapeptide system with superior assembly capacity. The types of amino acids in the side chain could manipulate the helicity of the short peptide, resulting in the enhanced self-assembly propensity for the CIH peptides.^{40,41} Benefiting from the discovery, it was realized that the CIH model could be capable of being finely tuned to explore the diversity of conformation with manipulation of amino acids. In this work, we reported an elaborate conformational polymorphism example based on the CIH peptide system. The peptide molecules could self-assemble into two coexisting and stable peptide crystals under appropriate conditions. The X-ray diffraction data and the DFT calculations revealed that a temperature-controlled intramolecular C-H \cdots π interaction plays a pivotal role in switching the thermodynamic conformation of the peptide molecule, thereby adjusting its polymorphism. Moreover, through analysis of the structures and design of the sequence, we achieved the singular stabilization of a specific polymorphic form. In this study, we examined the CIH peptide polymorphic transformation process, affecting variables, and thermodynamically feasible theoretical basis, providing

a conformation control model to understand the mechanisms of conformational polymorphism at the atom level.

Results and discussion

The CIH peptides are designed based on an N-terminal acetyl-protected cyclic-pentapeptide scaffold.⁴² A thioether-containing side chain linker, which had a (*R*)-configured chiral center at the γ position on the side chain of the C-terminal residue, connects the N-terminal and C-terminal residues (Fig. 1a). Our previous research demonstrated that this (*R*)-configuration could induce the helical conformation,⁴² and the phenyl group in the chiral center facilitated self-assembly.⁴⁰ The synthesis of the CIH peptides was accomplished using a previously developed solid-phase cyclization protocol, which involved a seven-step unnatural amino acid (Fmoc-S5) synthesis.⁴² The synthesized CIH peptides underwent purification through high-performance liquid chromatography (HPLC) and were subsequently characterized using electrospray ionization mass spectrometry (MS-ESI) (detailed peptide synthesis and characterization results are provided in Section 2 of the ESI†). Circular dichroism (CD) analysis further confirmed that the synthesized CIH peptides adopted a helical conformation in an aqueous solution, aligning with the anticipated one (Fig. S1†).

Initially, a set of CIH peptides was employed to investigate self-assembling behavior by the ultrasonic method as previously reported (Fig. S2a†). However, peptides containing hydrophobic amino acids exhibited poor solubility and failed to undergo assembly at various concentrations. Subsequently, an alternative heating-annealing method was explored. Specifically, the peptide liquids were subjected to heating at 363 K for varying durations to facilitate the dissolution of the peptide suspension, and the annealing rate was kept constant at 0.1 K min⁻¹. In this way, we obtained a two polymorph self-assembly product after heating for 240 minutes by using CIH peptide Ac-

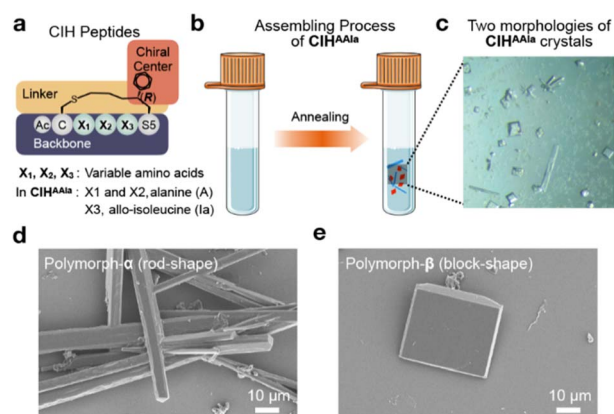


Fig. 1 (a) Modular structure model of the CIH peptides. (b) Schematic illustration of the CIH^{AAIa} polymorph-formation process. (c) Optical micrographs of two morphologies of CIH^{AAIa} crystals. (d) SEM morphologies of polymorph- α grown from 5 mM solutions (scale bar: 10 μ m). (e) SEM morphologies of polymorph- β grown from 5 mM solutions (scale bar: 10 μ m).



CAAIaS5(Ph)-NH₂ (termed CIH^{AAIa}), in which the second, third, and fourth residues are alanine (A), alanine (A), and, allo-leucine (Ia), respectively (Fig. 1a, b, and S2b[†]). Optical microscopy demonstrated that two polymorphs were generated concomitantly but had different morphologies (Fig. 1c). Scanning electron microscopy (SEM) further elucidated that the growth habits of these polymorphs were rods (termed polymorph- α) and blocks (termed polymorph- β), respectively, both exceeding 20 μm in size (Fig. 1d and e).

The crystals of two polymorphs were successfully separated manually for single-crystal X-ray diffraction (SCXRD) experiments according to their different morphologies. The crystal of polymorph- α was found to be orthorhombic with the space group of $P2_12_12_1$, and crystals of polymorph- β were tetragonal with the space group of $P4_12_12$ (Table S1[†]). Investigations of the crystal structure revealed that CIH^{AAIa} monomers in two polymorphs were both in helical conformation maintained by four sets of hydrogen bonds (Fig. 2b), which were consistent with the CD analysis result (Fig. S1[†]). Further intermolecular interaction analysis showed that, in conformer-1 (the monomer conformation of CIH^{AAIa} in polymorph- α), a C-H \cdots π hydrogen bond was formed inside the benzene and side chain of the fourth residue (the distance from the γ hydrogen atom of the fourth residue to the benzene ring is 2.88 Å) (Fig. 2b, left). However, in conformer-2 (the monomer conformation of CIH^{AAIa} in polymorph- β), the closest distance between the hydrogen atom on

the fourth residue and the benzene ring was 3.46 Å (Fig. 2b, right), which exceeds the maximum distance of C-H \cdots π contacts.⁴³ Such an intramolecular interaction difference leads to distinct conformations of the side chain of the fourth residue in two conformers (Fig. 2c). Additionally, the C-H \cdots π contact within the conformer-1 resulted in a slight rotation as well as a significant displacement of the benzene ring towards the fourth residue, consequently constraining the peptide in a more compact conformation than that in conformer-2 (Fig. 2c).

The differential monomer conformations, attributed to the presence or absence of C-H \cdots π interaction, give rise to distinct packing arrangements of CIH^{AAIa} molecules in the two polymorphs. In polymorph- α , the molecules assemble into one-dimensional cuboid columns along the a -axis, facilitated by the zipper-like hydrophobic interactions formed by the linker region, benzene group, acetyl group, and the side chains of the second and fourth residues (Fig. 3a). Subsequently, these cuboid columns utilize their amphiphilic surfaces to establish dry- and wet-interfaces with adjacent columns (Fig. 3b and S3[†]). The dry interface at the column's corners is relatively small and stems from the hydrophobic interactions along the b -axis, while the wet interface constitutes the major portion of the column interface, formed by the solvent-related hydrogen bond network (Fig. S3[†]). Finally, the dry- and wet-layers stacked along the c -axis to form rod-shaped crystals (Fig. 3c). In polymorph- α , the CIH^{AAIa} molecule diverges from the conventional reliance on hydrogen bonds typically found in contiguous helical structures for its assembly. Instead, it assumes a role as a fundamental building block with a distinctive geometry. The growth of rod-shaped crystals is primarily facilitated by the hydrophobicity effect originating from the linker region and hydrophobic side chains along the a -axis (Fig. 3a and c).

In contrast to polymorph- α , the CIH^{AAIa} molecule within polymorph- β adopts an assembly rule that optimally exploits its inherent helical conformation. In polymorph- β , the peptide molecules arrange themselves into a continuous straight α -helical column with head-to-tail interactions along the a - and b -axes, involving the acetyl groups and the carboxylic acid groups (Fig. 3d). The contiguous antiparallel helical columns further stack into a 2D lamellar structure through the zipper-type hydrophobic interaction, mediated by the linker region, benzene group, and hydrophobic side chains (Fig. 3e). This assembly is additionally reinforced by intramolecular C-H \cdots π interactions between the benzene ring and the neighboring molecules (Fig. S4[†]). Subsequently, the adjacent 2D lamellas undergo 90-degree rotation stacking along the c -axis through hydrogen bonds facilitated by a hydrophilic interface and a solvent water molecule, ultimately resulting in the formation of block-shaped crystalline structures (Fig. 3f, g, and S4[†]).

The success in resolving distinct structures for CIH^{AAIa} in two different morphologies encouraged us to explore the control of polymorphism by conformational transition. Temperature-dependent CD experiments of CIH^{AAIa} revealed a conformational perturbation upon heating in an aqueous solution; the negative peak decreased significantly at 203 nm and 226 nm, and the positive peak increased significantly at 190 nm (Fig. 4a). This implied that the annealing temperature could

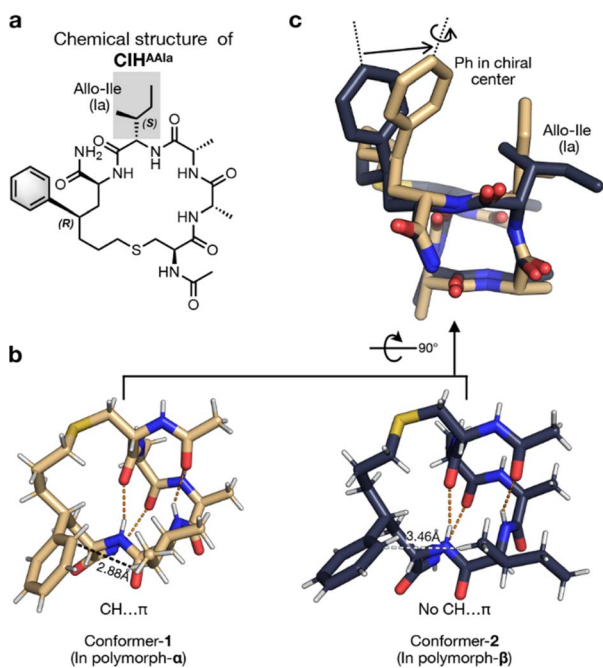


Fig. 2 (a) The chemical structure of CIH^{AAIa}. (b) The X-ray structures of a single CIH^{AAIa} molecule in polymorph- α (left, conformer-1, colored in pale yellow) and polymorph- β (right, conformer-2, colored in deep blue). The hydrogen bonds were labeled by orange dashes. The C-H \cdots π interaction in conformer-1 was labeled by black dashes. The closest distance between the hydrogen atom on the fourth residue allo-Ile and the benzene ring in conformer-2 was labeled by white dashes. (c) Superposition of two conformers of CIH^{AAIa}.



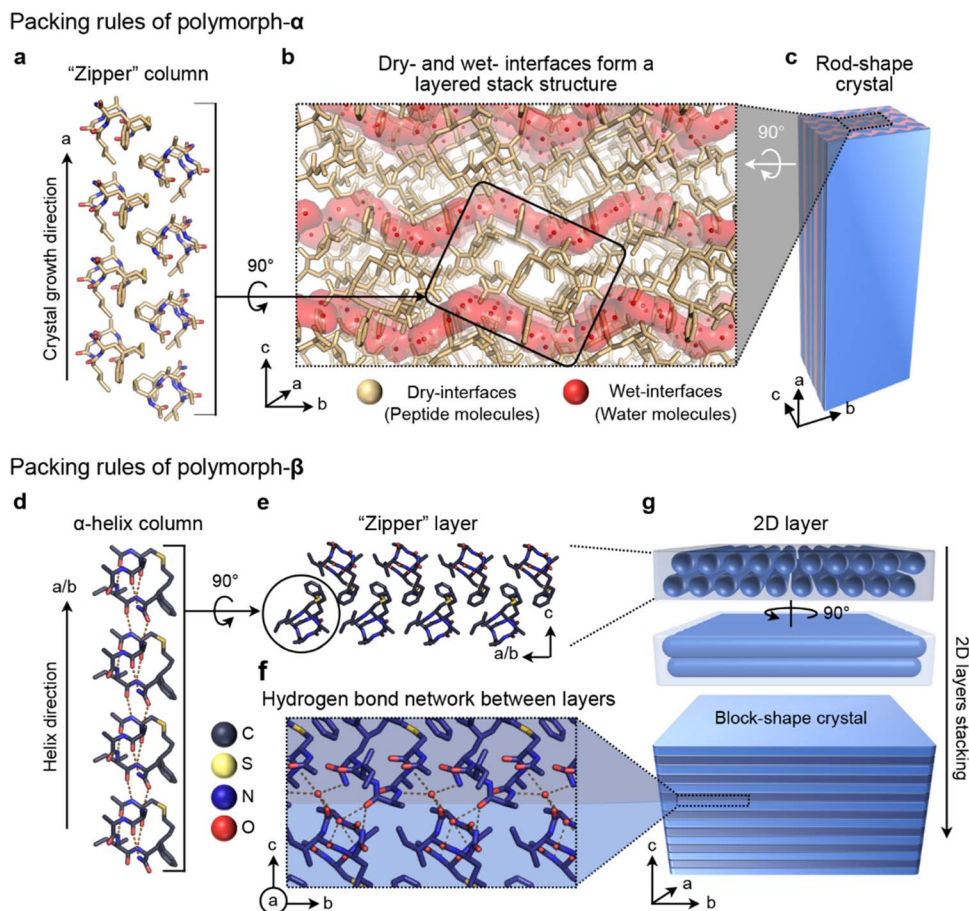


Fig. 3 The packing rules of CIH^{AA1a} in polymorph- α (a–c) and polymorph- β (d–g). (a) Side view of the "zipper" columns in polymorph- α . (b) The crystal packing diagrams of polymorph- α . The peptide molecules (colored in pale yellow) formed a dry layer. The wavy water layer (wet-interfaces, colored in red) implies a large number of hydrogen bonds involved in structural stabilization. (c) Schematic illustration of the molecular arrangement inside the rod-shaped crystal. (d) Side view of the helix columns in polymorph- β . (e) The "zipper" layer is maintained by hydrophobic interactions. (f) Hydrogen bond network between layers (C, deep blue; S, yellow; N, blue; O, red). (g) Schematic illustration of the molecular arrangement inside the block-shaped crystal.

potentially serve as a parameter for regulating conformational states, thereby influencing polymorphism. To confirm this hypothesis, we conducted a series of self-assembly experiments at varying heating temperatures, while maintaining a consistent annealing rate. The heating temperature was incrementally increased at intervals of 10 K, ranging from 333 K to 373 K. After each temperature interval, samples were collected for detailed characterization through SEM and Powder X-ray Diffraction (PXRD) analysis. The SEM results revealed the exclusive presence of rod-shaped crystals at 333 K and 343 K (Fig. 4b). Correspondingly, the PXRD results exhibited five distinct diffraction peaks at 10.8° , 14.2° , 18.9° , 21.7° , and 23.7° , aligning with the crystal faces (0, 1, 1), (1, 2, 1), (1, 3, 1), (2, 0, 3), and (2, 0, 4) in the simulated PXRD pattern of polymorph- α (Fig. 4c). Conversely, at 373 K, only tetragonal block-shaped crystals were observed (Fig. 4b), featuring three distinct diffraction peaks at 11.0° , 16.8° , and 22.4° in the PXRD results. These peaks corresponded to the crystal faces (0, 0, 8), (0, 0, 12), and (0, 0, 16) in the simulated PXRD pattern of polymorph- β (Fig. 4c). At 353 K and 363 K, both rod-shaped and block-shaped morphologies

were observed (Fig. 4b), and all representative PXRD diffraction peaks characteristic of both polymorph- α and polymorph- β were detectable (Fig. 4c). These results indicated that CIH^{AA1a} undergoes distinct stages of polymorph formation at specific temperatures. Taken together, this outcome underscores that the supramolecular assembly of CIH^{AA1a} is a temperature-controlled process.

After achieving precise temperature control over polymorphism, we next contemplated whether such polymorphism regulation was due to the effect of temperature on the conformation state of the peptide monomer as we expected. Therefore, we executed Density Functional Theory (DFT) calculations of CIH^{AA1a} in terms of conformational transformation. Two calculated conformations, iL1, and iL2, were located (Fig. 5a), and both closely resembling the experimental conformations, conformer-1 and conformer-2, respectively (the detailed calculations and benchmark discussion are provided in Section 4.1 of the ESI[†]). Initially, with reference to iL1, the Gibbs free energy difference at room temperature for iL2 in the aqueous phase was $0.4 \text{ kcal mol}^{-1}$ (Fig. 5b), indicating that the conformational



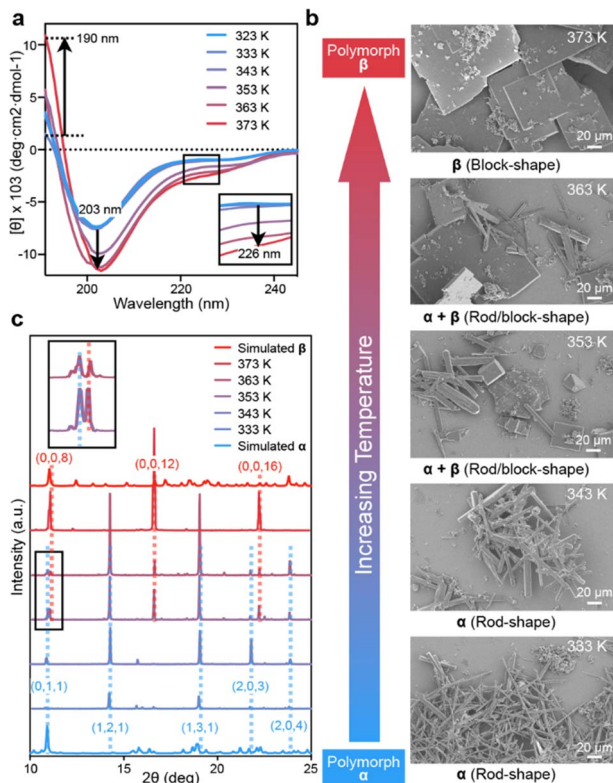


Fig. 4 (a) CD spectra of CIH^{AAIa} in ddH_2O at variable temperatures. The arrows represent the increase of the peak at 190 nm and its decrease at 203 nm and 226 nm. The internal frame represented the magnified diagram around 226 nm. (b) SEM images of CIH^{AAIa} crystals produced at different annealing temperatures from 5 mM solutions (scale bar: 20 μm). (c) PXRD patterns of CIH^{AAIa} crystalline particles produced at different annealing temperatures from 5 mM solutions, and the simulated PXRD patterns of CIH^{AAIa} by using the structures of conformer 1 (simulated α) and conformer 2 (simulated β). The collected crystalline particles were measured for PXRD patterns. The small number of observed diffraction peaks due to the strong preferred orientation in the PXRD patterns was ascribed to the rod shape and block shape of the crystalline particles. The representative PXRD diffraction peaks were marked by dashes, and the corresponding crystal faces were labeled (polymorph- α , blue; polymorph- β , red).

transformation from iL1 to iL2 is thermodynamically prohibited as evidenced by the positive ΔG value. This finding aligns with the experimental result that the preferred polymorph is determined by conformer-1 at lower temperatures, which is polymorph- α . Furthermore, AIM analysis revealed the presence of $\text{CH}\cdots\pi$ attraction^{44–47} in iL1 (Fig. S5[†]), while no such interaction was observed in iL2 , suggesting that the thermodynamically favored conformation relies on this specific $\text{CH}\cdots\pi$ interaction.

Notably, the activation Gibbs free energy difference associated with the transition state (TS) (Fig. 5a) for the conformational shift from iL1 to iL2 was determined to be merely 6.4 kcal mol^{-1} (Fig. 5a). This low kinetic barrier implies that conformational changes between iL1 and iL2 can readily occur once the reaction is thermodynamically permissible.^{48,49} Subsequent thermodynamic calculations, incorporating temperature

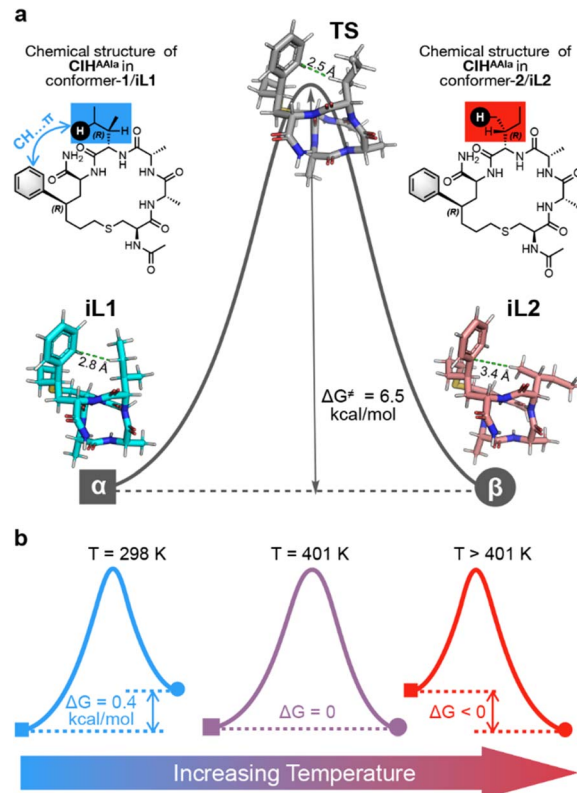


Fig. 5 (a) The chemical structure of CIH^{AAIa} (with/without $\text{CH}\cdots\pi$ interaction) and the calculated conformation of CIH^{AAIa} (iL1 , iL2 , and TS). (b) Potential energy surface switching with increasing temperature.

correction, demonstrated that the energy gap between these two conformations gradually diminishes as the temperature increases (Fig. S6[†]). Beyond the critical temperature of approximately 401 K, where ΔG equals 0, the conformational transformation becomes thermodynamically permissible, resulting in the equilibrium coexistence of both conformations (Fig. 5b). This is consistent with experimental observations of the simultaneous appearance of the two polymorphic forms. Of note, the error between the calculated critical temperature and the practical temperature was accepted, which was attributed to the precision related to the DFT calculations that was less than 1 kcal mol^{-1} . Finally, the sign of ΔG switched as the temperature continued to increase,⁵⁰ consistent with the dominance of the conformer 2 and related polymorph- β at elevated temperatures (Fig. 5b).

The DFT calculations of CIH^{AAIa} revealed that the $\text{CH}\cdots\pi$ interaction, responsive to temperature variations, could thermodynamically influence the peptide conformation. This underscores the significance of $\text{CH}\cdots\pi$ interaction in controlling polycrystalline forms. Of note, such $\text{CH}\cdots\pi$ interaction emanated from the $\text{C}^{\gamma 1}$ atom of the fourth allo-isoleucine side chain, characterized by two C–H bonds and one C–C bond ($\text{C}^{\gamma 1}$ – $\text{C}^{\delta 1}$) (Fig. 6a). We hypothesized that altering the number of available C–H bonds on this $\text{C}^{\gamma 1}$ atom could manipulate the possibility of $\text{CH}\cdots\pi$ interaction, consequently altering ΔG to



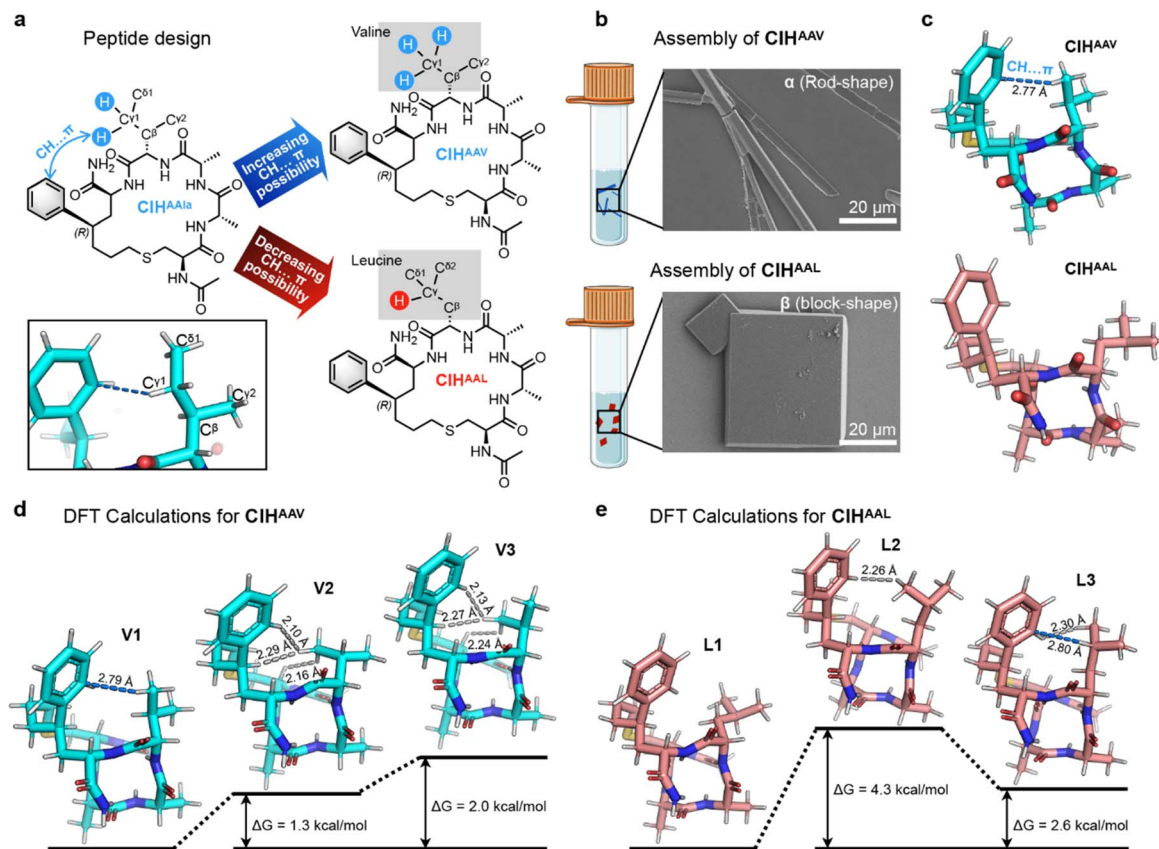


Fig. 6 (a) Peptide design strategies of the sequence of CIH^{AAV} and CIH^{AAL}. (b) SEM images of CIH^{AAV} and CIH^{AAL} crystals (scale bar: 20 μm). (c) X-ray molecular structures of CIH^{AAV} and CIH^{AAL}. The CH...π interaction was labeled by blue dashes. (d) The DFT calculated structures and the related potential energy surfaces of CIH^{AAV}. The CH...π interaction was labeled by blue dashes. The H...H steric hindrances were labeled by gray dashes. (e) The DFT calculated structures and the related potential energy surfaces of CIH^{AAL}. The H...H steric hindrances were labeled by gray dashes.

regulate the conformation distribution and attain control over polymorphic assembly. Two distinct peptide design pathways arise from this hypothesis: (i) mutating the fourth allo-isoleucine to valine to increase the number of C-H bonds on the C^{γ1} atom to three, thereby increasing the possibility of CH...π interaction; (ii) reducing the C-H bond on the C^γ atom proximal to the benzene ring to just one by the substitution of the fourth allo-isoleucine with the more hindered leucine (Fig. 6a).

To validate our hypothesis, we synthesized CIH^{AAV} and CIH^{AAL} and conducted self-assembly experiments by the annealing method. SEM investigations revealed the exclusive formation of rod-shaped crystals for CIH^{AAV} and block-shaped crystals for CIH^{AAL}, respectively (Fig. 6b). SCXRD results indicated that both CIH peptides molecules exhibited helical conformations (Fig. 6c), consistent with CD analysis (Fig. S1†). Additionally, as anticipated, a 2.77 Å CH...π interaction was observed between the fourth valine side chain and benzene ring in CIH^{AAV}, but no CH...π interaction was observed in CIH^{AAL} (Fig. 6c). The single molecule X-ray structures of CIH^{AAV} and CIH^{AAL} were identical to the conformer-1 and conformer-2 of CIH^{AAIa}, respectively (Fig. S7†). Furthermore, the space group, cell parameters, and molecular arrangements of the assemblies

of CIH^{AAV} and CIH^{AAL} were consistent with polymorphs-α and -β of CIH^{AAIa}, respectively (Table S2 and Fig. S8†). These results indicate that the modulation of CH...π interaction through amino acid substitution allows for the adjustment of CIH peptide conformation, consequently achieving uniformity in polymorphic assembly.

The temperature-dependent CD analysis revealed that the conformation of CIH^{AAV} and CIH^{AAL} remained unaltered with temperature variations (Fig. S9†). Moreover, the self-assembly form exhibited resilience to temperature changes, thereby indicating the inherent conformational stability of CIH^{AAV} and CIH^{AAL}. Therefore, the DFT calculations were employed to elucidate the thermodynamic stability of the conformations for CIH^{AAV} and CIH^{AAL}. For CIH^{AAV}, three different conformations were located, which was definitely distinct from the isoleucine scenario. The preferred conformation V1 possessed an analogous CH...π interaction concerning the X-ray structure of CIH^{AAV} (Fig. 6d). In addition, another two inferior conformations, which had no CH...π interaction, were less favored. In conformation V2, three severe H...H steric hindrances were induced within the valine side chain, the backbone of peptide, and the phenyl motif (Fig. 6d). In conformation V3, similar three serious H...H steric hindrances dominate the less favored



consequence (Fig. 6d). These unfavorable elements in V1 and V2 contributed the higher Gibbs free energy with 1.3 and 2.0 kcal mol⁻¹, underscoring that the reversal of the sign of ΔG with the less favored conformation demands higher temperature and less feasible under atmospheric conditions (Fig. 6d). Similarly, three distinct conformations were located for CIH^{AAI}. As predicted, the preferred conformation L1 harbored less steric hindrance and no CH $\cdots\pi$ interaction was observed (Fig. 6e). The less favored conformation L2 was clearly understood that a dominant H \cdots H repulsion was offered with 2.26 Å length, providing the higher 4.3 kcal mol⁻¹ with Gibbs free energy (Fig. 6e). However, in another less favored conformation L3, besides an H \cdots H steric hindrance with 2.3 Å was observed, a 2.8 Å CH $\cdots\pi$ interaction was also observed based on the DFT calculation (Fig. 6e). Nonetheless, the gap of the Gibbs free energy in terms of the preferred one was compensated to 2.6 kcal mol⁻¹. Of note, the calculation related to the CIH^{AAI} case was subtly different from the previous one (the detailed discussion is provided in Section 4.2 of the ESI†). Together, our DFT calculations are capable of providing molecular insight to reveal the essence of manipulating the polymorphism.

Conclusions

In summary, we have experimentally and computationally unraveled the conformational polymorphisms based on a chirality-induced helical (CIH) peptide system. The CIH^{AAIa} assembled into two different molecular architectures with two molecular packing modalities (polymorphs- α and - β), induced by two distinct molecular conformations (conformer-1 and -2). DFT calculations revealed that the more compact conformer-1 possessed a characteristic C-H $\cdots\pi$ attraction. Of note, the ΔG between two conformations is only 0.4 kcal mol⁻¹, underlying that only conformer-1 could exist at room temperature, and the other conformation without the C-H $\cdots\pi$ attraction can arise beyond critical temperature. The relative active Gibbs free energy is 6.4 kcal mol⁻¹, underscoring that the transformation between these two conformations is a thermodynamically controlled and kinetically permitted process. In essence, the balance, that is the thermodynamic nature, between the two conformations enlightened us to manipulate the polymorphism with a finely tuned side chain in the CIH system utilizing the augmentation of ΔG . Subsequently, precise control of the self-assembly was provided by rational change of the side chain from allo-isoleucine to valine and leucine. The valine side chain was capable of stabilizing the CH $\cdots\pi$ interaction, while the leucine case offered the destabilization of the CH $\cdots\pi$ conformation with steric hindrance, leading to the other conformation preferred. We hope that the manipulation of the CIH molecular conformation to affect the polymorphism provided a pathway to understand the polymorphism in proteins because the dynamic conformational essence of proteins brought about the same local minimum point within the potential energy surface in nature.

Data availability

This material is available free of charge *via* the Internet at <https://pubs.acs.org/>. CCDC 2292337, 2292338, 2292339, and 2292343. Materials, protocols, and data characterization for all experiments are provided in the ESI.†

Author contributions

The idea for the work was conceived by Z. L. The synthesis and chemical analysis were performed by J. S., Z. T., Y. X. and J. L. The main hypothesis development and result analysis were undertaken by J. S., Z. T., and Z. L. The manuscript was written by J. S., Z. T., F. Y., Y. Y., and Z. L. with input from all the authors.

Conflicts of interest

There are no conflicts to declare.

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