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# High-rate and long-life flexible aqueous rechargeable zinc-ion battery enabled by hierarchical core–shell heterostructures†

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Aqueous rechargeable zinc-ion batteries (ZIBs) are potential alternative candidates for current commercial lithium-ion batteries due to their cost-efficiency, safety and sustainable nature. As one of the prominent cathode materials, MnO<sub>2</sub> exhibits high operating voltage and theoretical capacity. Yet, its poor electrochemical kinetics, low conductivity, and lifespan prevent its further application. Herein, an effective strategy for the construction of hierarchical TiN@MnO<sub>2</sub> nanowire arrays (NWAs) core–shell heterostructures directly grown on carbon cloth (CC) is demonstrated to systematically solve the above issues. First-principles calculations reveal that decreased bandgap and Zn<sup>2+</sup> diffusion barrier as well as more stable structure of the host material after Zn<sup>2+</sup> insertion promote the electrochemical kinetics of TiN@MnO<sub>2</sub>. As a result, TiN@MnO<sub>2</sub> NWAs/CC exhibits significantly increased capacity (385.1 vs. 310 and 194 mA h g<sup>-1</sup> at 0.1 A g<sup>-1</sup>), rate performance (127.6 mA h g<sup>-1</sup> vs. 49.7 and 37.4 mA h g<sup>-1</sup> at 4.0 A g<sup>-1</sup>) and cycling stability (101.6% capacity retention over 2300 cycles vs. 14.0% and 11.9%) compared with TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC and MnO<sub>2</sub> NSs/CC, respectively. Finally, the as-assembled flexible ZIBs with TiN@MnO<sub>2</sub> NWAs/CC cathode deliver an ultrahigh energy density of 327.7 W h kg<sup>-1</sup> at 135.6 W kg<sup>-1</sup>. The proposition of the core–shell idea provides a novel strategy for development ZIBs.

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## 1. Introduction

Rechargeable lithium-ion batteries (LIBs) are widely used in the battery market because of their possessing high specific capacity and energy density.<sup>1,2</sup> However, they suffer from severe challenges because of the safety concerns posed by flammable organic electrolytes and the scarcity of lithium feedstock.<sup>3,4</sup> So, it is urgent to develop a new kind of rechargeable battery with high safety, low cost, environmental friendliness, and excellent electrochemical performances to replace LIBs. In recent years, aqueous rechargeable batteries possessing high safety and ionic conductivity have been receiving increasing attention as a promising solution to these problems.<sup>5,6</sup> Aqueous

rechargeable zinc-ion batteries (ZIBs) offer a research direction for energy-storage systems due to the use of mild aqueous electrolytes and natural resource-abundant zinc metal anodes.<sup>7–9</sup> More importantly, as an important part of ZIBs, Zn metal anodes have many advantages such as high theoretical capacity (820 mA h g<sup>-1</sup>, 5855 mA h cm<sup>-3</sup>),<sup>10</sup> low redox potential (−0.76 V vs. standard hydrogen electrode),<sup>11,12</sup> low cost, and so on. Frustratingly, ZIBs are currently plagued by weak rate capability, poor cycling stability and low energy density.

Therefore, the development of high-performance cathode materials is essential to improve the electrochemical performance of ZIBs. Within the last decade, various cathode materials have been reported, which mainly include manganese-based materials (ZnMn<sub>2</sub>O<sub>4</sub>,<sup>13</sup> Mn<sub>3</sub>O<sub>4</sub>,<sup>14</sup> Mn<sub>2</sub>O<sub>3</sub>,<sup>15</sup> MnO<sub>2</sub><sup>16,17</sup> etc.), vanadium-based materials (VS<sub>2</sub>,<sup>18</sup> VOPO<sub>4</sub>,<sup>19</sup> V<sub>2</sub>O<sub>5</sub><sup>20,21</sup> etc.) and Prussian blue analogs (CuHCF,<sup>22</sup> ZnHCF<sup>23</sup> etc.). Although vanadium-based materials exhibit high specific capacity, they are limited by their toxicity, low operating voltage (≈0.7 V vs. Zn<sup>2+</sup>/Zn) and high raw material cost.<sup>24,25</sup> Prussian blue analogs have high operating voltages (>1.4 V vs. Zn<sup>2+</sup>/Zn), but poor cycling stability and low specific capacity are non-negligible drawbacks.<sup>26</sup> Manganese-based materials represent promising cathode materials because of their satisfactory operating voltages and specific capacity. Among them, manganese dioxide (MnO<sub>2</sub>) shows the advantages of high theoretical capacity (the theoretical capacity for single electron transfer is 308 mA h g<sup>-1</sup>

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and for double electron transfer is  $616 \text{ mA h g}^{-1}$ ).<sup>27,28</sup> high average discharge voltage (1.2–1.4 V vs.  $\text{Zn}^{2+}/\text{Zn}$ ),<sup>29</sup> low cost, and environmental friendliness, but low capacity, poor cycle stability, and slow reaction kinetics have seriously restricted its practical applications in ZIBs.<sup>30,31</sup>

To address the above issues of  $\text{MnO}_2$ , researchers have used various strategies to improve its electrochemical performances, including composite conductive materials,<sup>32,33</sup> defect engineering,<sup>34</sup> doping engineering,<sup>35</sup> surface coating<sup>36</sup> and construction of core–shell heterostructures.<sup>37</sup> Among them, hierarchical core–shell heterostructures are known to be a promising strategy for improving the electrochemical performance of electrodes. For example, Wang *et al.* successfully prepared  $\text{MnO}_2@/\text{PANI}$  core–shell nanowire film by uniformly wrapping conductive PANI on the  $\text{MnO}_2$  core, which effectively provided a fast charge transport and improved reaction kinetics, improved reaction kinetics, and was able to reach a capacity of  $342 \text{ mA h g}^{-1}$  at a current density of  $0.2 \text{ A g}^{-1}$ .<sup>38</sup> Furthermore, Feng *et al.* successfully designed heteroatom cross-doped one-dimensional core–shell bimetallic oxides *via* the self-templated method and one-step hydrothermal reaction. The bimetallic oxides are composed of Mo-doped  $\alpha\text{-MnO}_2$  nanoparticles as the shell and Mn-doped  $\text{MoO}_3$  nanobelts as the core, exhibiting the advantages of large specific surface area, resistance to mechanical deformation, and enlarged diffusion channels.<sup>39</sup>

Therefore, in order to improve the electrochemical performances for active materials with hierarchical core–shell heterostructures, selection of highly conductive core materials and high-capacity shell layers is a very effective way, which effectively addresses the issue of the low conductivity of  $\text{MnO}_2$  layers. Compared with oxides, transition metal nitrides have the advantages of high conductivity and stable physicochemical properties. Among them, titanium nitride (TiN) possesses high conductivity and excellent mechanical stability which has received wide attention and has a range of applications.<sup>40,41</sup> Furthermore, in the electrode fabrication process, the active material, conductive agent and binder are mixed and directly coated on the substrate, which will cause “dead mass”, increase the interfacial resistance and lead to poor electrochemical performance.<sup>42</sup> Thus, the construction of 3D self-standing electrodes is an effective strategy. Carbon cloth (CC), as a conductive current collector, has excellent flexibility and can be used as a self-standing flexible substrate to achieve improved electrochemical performances.<sup>43</sup>

Herein, a hierarchical TiN nanowire arrays (NWAs) $@/\text{MnO}_2$  nanosheets (NSs) core–shell heterostructure directly grown on CC (TiN $@/\text{MnO}_2$  NWAs/CC) was constructed as a self-standing aqueous ZIB cathode. Given the mechanical stability and high conductivity of the TiN core, combining with the  $\text{MnO}_2$  shell layer to form a hierarchical core–shell heterostructure can improve the mass loading of  $\text{MnO}_2$  and also enhance the capacity and rate performance. TiN as a core can reduce the bandgap and the diffusion barrier of  $\text{Zn}^{2+}$  in hierarchical core–shell heterostructures as determined using density functional theory (DFT). Meanwhile, the novel hierarchical core–shell heterostructure significantly optimizes the electrochemical

kinetics of  $\text{MnO}_2$  and accommodates more zinc ions in this system. As a result, the prepared TiN $@/\text{MnO}_2$  NWAs/CC exhibits excellent electrochemical performance, which specifically shows ultrahigh capacity ( $385.1 \text{ mA h g}^{-1}$  vs. 310 and  $194 \text{ mA h g}^{-1}$  at  $0.1 \text{ A g}^{-1}$ ), high rate capability ( $33.1\%$  vs.  $16.0\%$  and  $20.3\%$  at  $4 \text{ A g}^{-1}$ ), and long-life performance ( $101.6\%$  capacity retention over 2300 cycles vs.  $14.0\%$  and  $11.9\%$ ) compared with  $\text{TiO}_2@/\text{MnO}_2$  NWAs/CC and  $\text{MnO}_2$  NSs/CC, respectively. Importantly, the as-assembled quasi-solid-state flexible ZIBs with TiN $@/\text{MnO}_2$  NWAs/CC cathode achieve a high capacity of  $241.7 \text{ mA h g}^{-1}$  at  $0.1 \text{ A g}^{-1}$  and impressive cycling performance with  $92.6\%$  capacity retention after 100 cycles at  $0.2 \text{ A g}^{-1}$  and superhigh energy density of  $327.7 \text{ W h kg}^{-1}$  at  $135.6 \text{ W kg}^{-1}$ . This work marks the successful preparation of a novel cathode material, which provides a new strategy for designing high-rate and long-life materials for next-generation flexible energy-storage devices.

## 2. Experimental section

### 2.1 Preparation of TiN NWAs/CC

In a typical preparation process, CC was immersed in  $0.2 \text{ M TiCl}_4$  aqueous solution. The solution was transferred to an autoclave and reacted at  $100 \text{ }^\circ\text{C}$  for 1 h. After washing three times with deionized water, the treated CC was dried in a vacuum oven at  $60 \text{ }^\circ\text{C}$  for 12 h. The treated CC was placed in a tubular furnace and annealed in air at  $350 \text{ }^\circ\text{C}$  at a heating rate of  $5 \text{ }^\circ\text{C min}^{-1}$  for 1 h, so that a seed layer is obtained on the CC. Then CC was immersed in a mixture of  $0.5 \text{ mL TiCl}_4$ ,  $30 \text{ mL}$  hydrochloric acid (36–38 wt%) and  $30 \text{ mL}$  deionized water, and the mixture was transferred to a  $100 \text{ mL}$  Teflon-lined stainless-steel autoclave and treated at  $150 \text{ }^\circ\text{C}$  for 6 h to obtain  $\text{TiO}_2$  NWAs grown on the surface of CC. The obtained  $\text{TiO}_2$  NWAs/CC was washed three times with deionized water and dried in a vacuum oven overnight. The dried  $\text{TiO}_2$  NWAs/CC was placed in a tubular furnace and annealed with a mixed atmosphere of Ar and  $\text{NH}_3$  at  $800 \text{ }^\circ\text{C}$  for 8 h to obtain TiN NWAs/CC.

### 2.2 Preparation of TiN $@/\text{MnO}_2$ NWAs/CC cathode

TiN $@/\text{MnO}_2$  NWAs/CC was prepared *via* a simple electrochemical deposition method. Electrochemical deposition was conducted with a three-electrode system (CC as working electrode, Pt sheet as counter electrode and Ag/AgCl as reference electrode) in  $50 \text{ mL}$  of an aqueous solution containing  $0.05 \text{ M MnSO}_4 \cdot \text{H}_2\text{O}$ ,  $0.05 \text{ M CH}_3\text{COONa}$  and 10% volume fraction ethanol. The electrodeposition current density and time were  $5 \text{ mA cm}^{-2}$  and  $300 \text{ s}$ , respectively.  $\text{TiO}_2@/\text{MnO}_2$  NWAs/CC and  $\text{MnO}_2$  NSs/CC were also synthesized for comparison using an identical process. The average mass loading of  $\text{MnO}_2$  NSs on the CC surface is about  $0.75 \text{ mg cm}^{-2}$ , and the average mass loading of  $\text{MnO}_2$  NSs on  $\text{TiO}_2$  NWAs/CC and TiN NWAs/CC is about  $0.83 \text{ mg cm}^{-2}$ .

### 2.3 DFT calculations

First-principles calculations were performed within the framework of DFT, implemented with the Vienna *ab initio* simulation

package (VASP) code. The study describes the electron exchange–correlation potential *via* the Perdew–Burke–Ernzerhof (PBE) function. The Hubbard-type correction ( $U_{\text{eff}} = 2.1$  eV) was applied to the 3d orbitals of Mn. The energy cutoff was 450 eV and the SCF tolerance was  $1.0 \times 10^{-6}$  eV per atom. In the calculations, a 15 Å vacuum region for MnO<sub>2</sub> (001), TiN (111), TiO<sub>2</sub> (110) and TiN@MnO<sub>2</sub> was established based on experimental results. The *k*-points of the MnO<sub>2</sub> (001), TiN (111), TiO<sub>2</sub> (110) and TiN@MnO<sub>2</sub> surfaces were set to  $4 \times 4 \times 1$ ,  $5 \times 5 \times 1$ ,  $8 \times 4 \times 1$  and  $5 \times 5 \times 1$ . The optimized lattice constants are  $a = b = 5.74$  Å,  $c = 21.40$  Å for MnO<sub>2</sub> (001);  $a = b = 5.95$  Å,  $c = 23.51$  Å for TiN (111);  $a = 2.95$  Å,  $b = 6.50$  Å,  $c = 27.30$  Å for TiO<sub>2</sub> (001) as well as TiN@MnO<sub>2</sub> with the following lattice constants:  $a = b = 5.84$  Å,  $c = 30.55$  Å. The geometry structures are relaxed until the force on each atom is less than  $0.03$  eV Å<sup>-1</sup> and the total energy convergence criterion is chosen as  $10^{-5}$  eV. To investigate transition states and minimum-energy pathways of zinc ion transfer, the climbing-image nudged elastic band (CI-NEB) method was used. The NEB calculation convergence parameters for electronic and ionic relaxation were  $10^{-5}$  eV and  $10^{-2}$  eV Å<sup>-1</sup>, respectively. This formation energy was calculated using the expression  $E_f = (E_h + xE_{\text{Zn}} - E_{\text{tot}})/x$ , where  $E_{\text{tot}}$ ,  $E_h$  and  $E_{\text{Zn}}$  represent the total energy of the Zn ions adsorbed on the electrode, the energy of the electrode and the energy of the Zn ions, respectively, and  $x$  is the number of Zn ions.

### 3. Results and discussion

In order to verify the rationality of the innovation and design, we have carried out scientifically theoretical calculations for the hierarchical TiN@MnO<sub>2</sub> core–shell heterostructures through DFT. Additionally, TiN as a core material provides theoretical evidence for optimizing the zinc-ion storage performances of MnO<sub>2</sub>, further demonstrating the feasibility of constructing hierarchical core–shell heterostructures as cathodes for ZIBs. Fig. 1a–d display the density of states (DOS) of pure MnO<sub>2</sub>, TiO<sub>2</sub>, TiN and hierarchical TiN@MnO<sub>2</sub> core–shell heterostructure, respectively. The top and side views of these crystal structures are displayed in Fig. S1–S4.† From Fig. 1a, it can be noticed that the valence band and conduction band of MnO<sub>2</sub> at the Fermi level are obviously separated, with a large bandgap of  $\sim 1.35$  eV, exhibiting semiconductor characteristics. Therefore, to improve the electrochemical performance of MnO<sub>2</sub>, it is first necessary to optimize its conductivity. As is known, TiO<sub>2</sub> and TiN are both chemically stable materials.<sup>41,44,45</sup> From the calculation results, TiO<sub>2</sub> exhibits a poor conductivity with a bandgap of  $\sim 2.08$  eV (Fig. 1b) while TiN exhibits metallic characteristics and preferable conductivity (Fig. 1c). This result can further reflect the advantage of using TiN as core material to construct hierarchical core–shell heterostructures, which may be more conducive to improve the Zn<sup>2+</sup>-storage performances of MnO<sub>2</sub>. Not surprisingly, the hierarchical TiN@MnO<sub>2</sub> core–shell heterostructure also exhibits excellent conductivity (Fig. 1d), which inherits the metallic property of TiN and improves the conductivity of MnO<sub>2</sub> as a shell material. These results are beneficial for charge transfer and promoting zinc ion reaction kinetics, resulting in an excellent rate performance.

Considering the Zn<sup>2+</sup>-storage performances of the cathode materials, we optimized the structure of the diffusion path for Zn<sup>2+</sup> in pure MnO<sub>2</sub> and TiN@MnO<sub>2</sub>, as shown in Fig. 1e–h. The diffusion path for Zn<sup>2+</sup> in pure MnO<sub>2</sub> is presented in Fig. 1e with a diffusion barrier of 0.43 eV (Fig. 1f). The diffusion path for Zn<sup>2+</sup> in TiN@MnO<sub>2</sub> is shown in Fig. 1g with a diffusion barrier of only 0.21 eV (Fig. 1h), which is significantly lower than in pure MnO<sub>2</sub>, suggesting that it is easier for Zn<sup>2+</sup> to migrate in TiN@MnO<sub>2</sub>.

Furthermore, the adsorption energy of Zn<sup>2+</sup> in materials is also an important parameter to evaluate the capture capacity of Zn<sup>2+</sup> during the charging and discharging process for the cathode materials. As exhibited in Fig. 1i, the adsorption energy of Zn<sup>2+</sup> in pure MnO<sub>2</sub> is only  $-0.51$  eV, while the adsorption energies of TiN@MnO<sub>2</sub> and TiO<sub>2</sub>@MnO<sub>2</sub> are as high as  $-4.21$  eV and  $-4.19$  eV, respectively, which suggests that both TiN@MnO<sub>2</sub> and TiO<sub>2</sub>@MnO<sub>2</sub> possess a stronger ability to adsorb Zn<sup>2+</sup> during the charge/discharge process. TiO<sub>2</sub> can provide abundant nucleation sites for the deposition of Zn<sup>2+</sup> and exhibits strong adsorption capability for Zn<sup>2+</sup>.<sup>46,47</sup> However, due to the strong adsorption capability and poor conductivity of TiO<sub>2</sub>, the diffusion barrier of Zn<sup>2+</sup> in TiO<sub>2</sub>@MnO<sub>2</sub> is as high as 0.93 eV, higher than that of pure MnO<sub>2</sub> (Fig. S5†). The high diffusion barrier of Zn<sup>2+</sup> in TiO<sub>2</sub>@MnO<sub>2</sub> is not favorable for the (de)intercalation of Zn<sup>2+</sup>, which further proves the weaker reaction kinetics of Zn<sup>2+</sup> in the hierarchical core–shell heterostructure constructed with a TiO<sub>2</sub> core in comparison with TiN@MnO<sub>2</sub>. To further assess the effect of Zn<sup>2+</sup> storage for the structures, we calculated the energy of formation of Zn<sup>2+</sup> inserted into pure MnO<sub>2</sub> and TiN@MnO<sub>2</sub>, as presented in Fig. 1j. For pure MnO<sub>2</sub>, the formation energy achieves a minimum value of  $-1.29$  eV when the intercalated Zn<sup>2+</sup> reaches 2.0 per formula, and it starts to increase significantly with further Zn<sup>2+</sup> insertion, suggesting that Zn ions insert into MnO<sub>2</sub> with great difficulty when exceeding 2.0 per formula. The formation energy of Zn<sup>2+</sup> insertion into TiN@MnO<sub>2</sub> also reaches a minimum value of  $-1.91$  eV at 2.0 per formula, which is far lower than that of pure MnO<sub>2</sub>. Furthermore, with further Zn<sup>2+</sup> insertion into TiN@MnO<sub>2</sub> reaching to 4.0 per formula, the formation energy is only  $-1.68$  eV, still significantly lower than that for pure MnO<sub>2</sub>, which signally implies that TiN@MnO<sub>2</sub> can accommodate more Zn ions. Additionally, lower formation energy means easier insertion of Zn ions into TiN@MnO<sub>2</sub> during the discharging process, resulting in a higher capacity. Meanwhile, the greater absolute value of the formation energy indicates a more stable structure of the material after inserting Zn ions.<sup>48–50</sup> In comparison, the absolute value of the formation energy of TiN@MnO<sub>2</sub> is dramatically larger than that of pure MnO<sub>2</sub>, indicating that TiN as a core-layer material can significantly improve the structural stability for the MnO<sub>2</sub> shell layer after inserting Zn ions, resulting in a superior cycling performance. The above theoretical simulations demonstrate that the construction of hierarchical core–shell heterostructures by introducing highly conductive TiN as the core layer can effectively improve the zinc ion storage performance of MnO<sub>2</sub>.

Fig. 2a schematically shows the preparation process for the hierarchical TiN@MnO<sub>2</sub> NWAs core–shell heterostructure

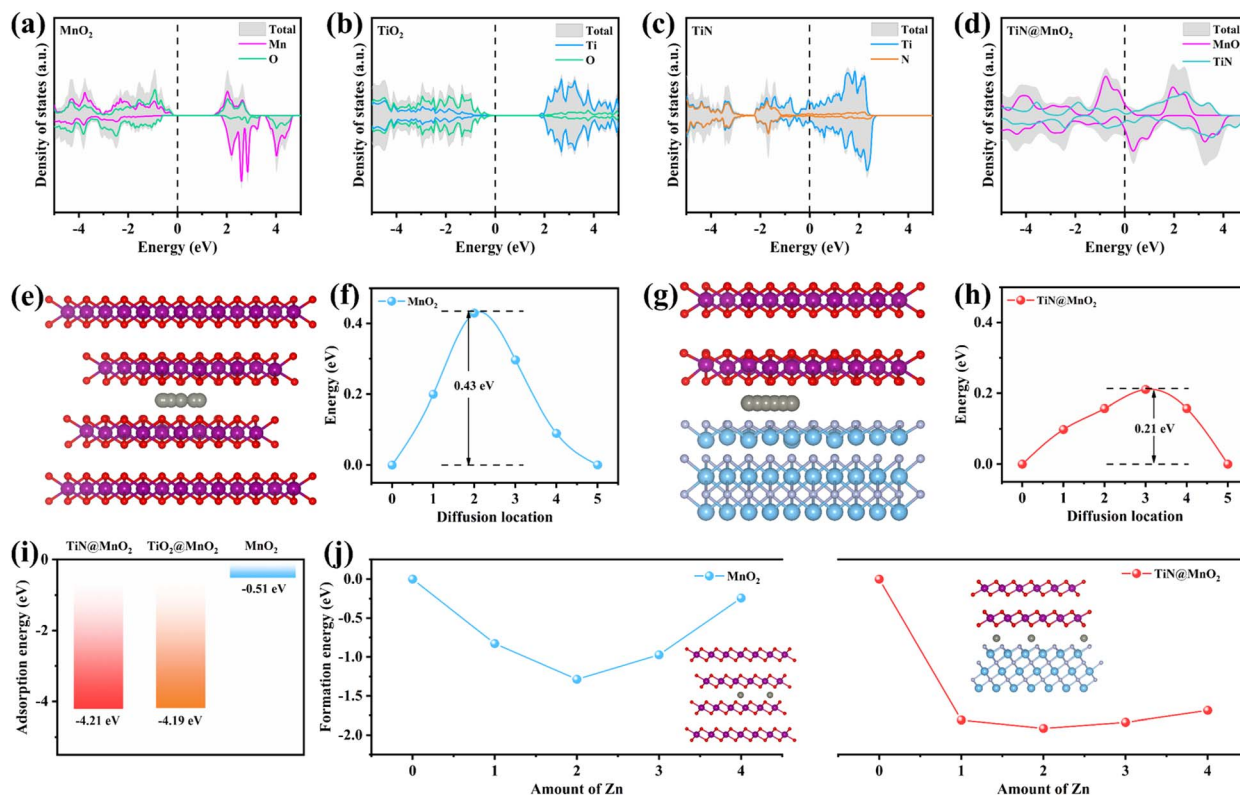


Fig. 1 Calculated DOS of pure MnO<sub>2</sub> (a), TiO<sub>2</sub> (b), TiN (c) and TiN@MnO<sub>2</sub> (d). Schematic diagram of pure MnO<sub>2</sub> for diffusion path of Zn<sup>2+</sup> (e) and diffusion barrier (f). Schematic diagram of TiN@MnO<sub>2</sub> for diffusion path of Zn<sup>2+</sup> (g) and diffusion barrier (h). (i) Calculated adsorption energy of Zn<sup>2+</sup> in pure MnO<sub>2</sub>, TiO<sub>2</sub>@MnO<sub>2</sub> and TiN@MnO<sub>2</sub>. (j) Calculated Zn<sup>2+</sup> insertion formation energy in pure MnO<sub>2</sub> and TiN@MnO<sub>2</sub>. Purple, red, blue, lavender and grey spheres represent Mn, O, Ti, N, and Zn atoms, respectively.

directly grown on CC surface as a self-standing cathode for flexible aqueous rechargeable ZIBs. Firstly, the TiO<sub>2</sub> NWAs/CC precursors were synthesized and confirmed by X-ray diffraction (XRD) results, as displayed in Fig. S6†. The XRD pattern corresponds to the standard card of TiO<sub>2</sub> (JCPDS Card No. 21-1276), indicating successful synthesis for TiO<sub>2</sub>. Then, after nitrogenization, the precursors were completely converted to TiN NWAs/CC, and finally TiN@MnO<sub>2</sub> NWAs/CC was obtained by electrochemical deposition for constructing the hierarchical core-shell heterostructure. The XRD patterns of TiN NWAs/CC, MnO<sub>2</sub> NSs/CC, and TiN@MnO<sub>2</sub> NWAs/CC are presented in Fig. 2b. The XRD pattern of TiN NWAs/CC exhibits obvious characteristic diffraction peaks at 36.6°, 42.6°, 61.8°, 74.1° and 77.9° indexed to the (111), (200), (220), (311), and (222) lattice planes of TiN (JCPDS Card No. 38-1420), respectively.<sup>51</sup> MnO<sub>2</sub> NSs has relatively poor crystallinity, which may be due to the complex electric field environment and rapid nucleation-growth rate resulting in random directional growth during electrochemical deposition. Notably, the XRD pattern of TiN@MnO<sub>2</sub> NWAs/CC corresponds to the standard card of TiN, while the characteristic diffraction peaks are not obvious for MnO<sub>2</sub> NSs due to its low crystallinity. In addition, MnO<sub>2</sub> NSs as a shell layer decreases the intensity of the diffraction peaks of TiN@MnO<sub>2</sub> NWAs/CC, which are weaker than those of TiN NWAs/CC. Since TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC has a similar hierarchical core-shell heterostructure, its diffraction peak intensity is also weaker

than that of TiO<sub>2</sub> NWAs/CC (Fig. S6†). Fig. S7† displays scanning electron microscope (SEM) images of TiO<sub>2</sub> NWAs/CC at different magnifications, and one is able to clearly see that the nanowire arrays are uniformly grown on the CC surface. After nitrogenization treatment, the nanowire arrays' structure was still maintained for TiN NWAs/CC, as shown in Fig. 2c and d. Fig. S8† depicts SEM images of MnO<sub>2</sub> NSs/CC, which is uniformly wrapped around the CC surface. Fig. 2e and f display SEM images of TiN@MnO<sub>2</sub> NWAs/CC. It can be seen that the surface of TiN NWAs is uniformly covered with MnO<sub>2</sub> NSs, thus forming a representative three-dimensional hierarchical core-shell heterostructure. To further observe the core-shell heterostructure of a single TiN@MnO<sub>2</sub> nanowire, transmission electron microscopy (TEM) was performed, the TiN nanowire being homogeneously covered by MnO<sub>2</sub> NSs, as exhibited in Fig. 2g. Fig. 2h highlights the Ti and N uniformly distributed in the core and Mn and O homogeneously distributed in the shell layer. These results all reveal that TiN@MnO<sub>2</sub> NWAs/CC was successfully prepared and exhibits a typical hierarchical core-shell heterostructure.

X-ray photoelectron spectroscopy (XPS) is commonly used to analyze the elemental composition and the chemical valence states of materials. Fig. 3a shows the full XPS survey spectrum of TiN@MnO<sub>2</sub> NWAs/CC, which shows the presence of Ti, N, Mn, O and C elements, where C is mainly derived from the CC. The high-resolution Ti 2p XPS spectrum (Fig. 3b) exhibits multiple

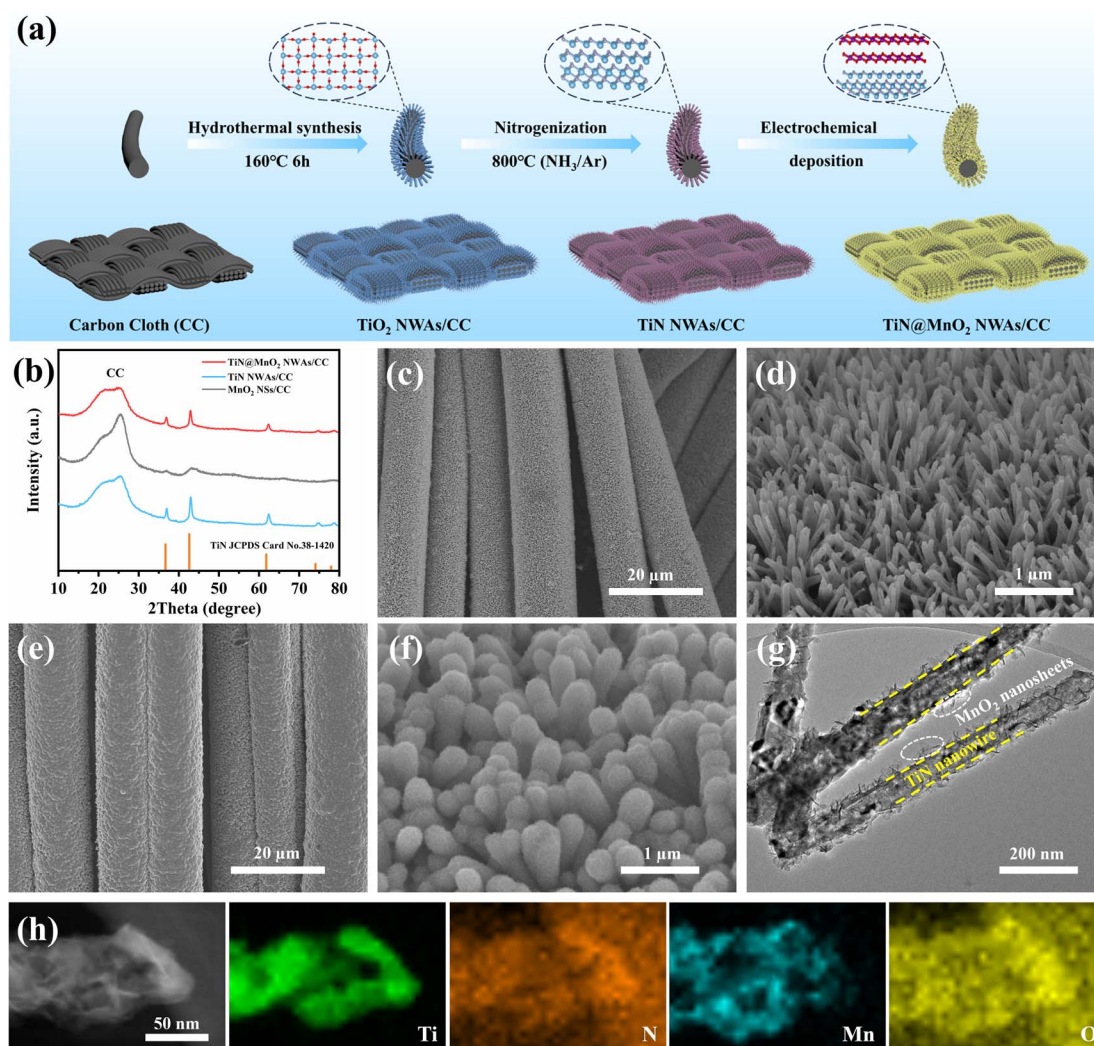


Fig. 2 (a) Schematic diagram of preparation of TiN@MnO<sub>2</sub> NWAs/CC. (b) XRD patterns of TiN@MnO<sub>2</sub> NWAs/CC, TiN NWAs/CC and MnO<sub>2</sub> NSs/CC. SEM images of TiN NWAs/CC (c, d) and TiN@MnO<sub>2</sub> NWAs/CC (e, f) at different magnifications. TEM image (g) and EDS element mapping (h) of single TiN@MnO<sub>2</sub> nanowires.

peaks, which are attributed to Ti–O, Ti–N–O and Ti–N bonds. As shown in Fig. 3c, the peaks of N 1s are at 396.3 eV, 397.3 eV and 399.8 eV, attributed to Ti–N, Ti–N–O and adsorbed N, respectively.<sup>51</sup> For Mn and O included in the shell material, the high-resolution Mn 2p XPS spectrum is displayed in Fig. 3d. The Mn 2p spectrum exhibits two characteristic peaks of Mn 2p<sub>3/2</sub> and Mn 2p<sub>1/2</sub>. The Mn 2p<sub>3/2</sub> and Mn 2p<sub>1/2</sub> spin-orbit peaks are resolved corresponding to Mn<sup>4+</sup> (2p<sub>3/2</sub>, 642.8 eV; and 2p<sub>1/2</sub>, 654.7 eV) and Mn<sup>3+</sup> (2p<sub>3/2</sub>, 642.5 eV; and 2p<sub>1/2</sub>, 653.3 eV),<sup>32,35</sup> therefore the Mn state in the hierarchical core-shell heterostructures exists in the form of Mn<sup>4+</sup> and Mn<sup>3+</sup>. The O 1s spectrum in Fig. 3e consists of a peak corresponding to the Mn–O–Mn bond at 530.1 eV, which can be attributed to the MnO<sub>2</sub> directly grown on the TiN NWAs surface.<sup>32,52</sup> Fig. S9† presents the high-resolution C 1s XPS spectrum.<sup>13,53</sup> Moreover, the Raman spectrum (Fig. 3f) shows that the peak located at 641 cm<sup>-1</sup> is assigned to the vibration of the Mn–O bond for MnO<sub>2</sub>.<sup>54</sup>

To verify the advantages in terms of electrochemical performance of choosing the TiN core, the electrochemical performances of the three electrodes (TiN@MnO<sub>2</sub> NWAs/CC, TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC and MnO<sub>2</sub> NSs/CC) were investigated (Fig. 4). The cyclic voltammetry (CV) curves of TiN@MnO<sub>2</sub> NWAs/CC, TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC and MnO<sub>2</sub> NSs/CC at a scan rate of 0.2 mV s<sup>-1</sup> are displayed in Fig. 4a. Notably, the TiN@MnO<sub>2</sub> NWAs/CC electrode possesses a larger response current and more distinct redox peaks, indicating a stronger Zn<sup>2+</sup> storage ability. Additionally, for the TiN@MnO<sub>2</sub> NWAs/CC electrode, the oxidation peaks located at 1.57 and 1.61 V are slightly shifted to lower potentials, and the redox peaks form smaller potential differences, indicating better redox kinetic behaviors of the electrode. The galvanostatic charge-discharge (GCD) curves for the three electrodes at a current density of 0.1 A g<sup>-1</sup> are shown in Fig. 4b. The potential gap for TiN@MnO<sub>2</sub> NWAs/CC is ~0.19 V, while the TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC and MnO<sub>2</sub> NSs/CC electrodes exhibit potential gaps of ~0.24 V and

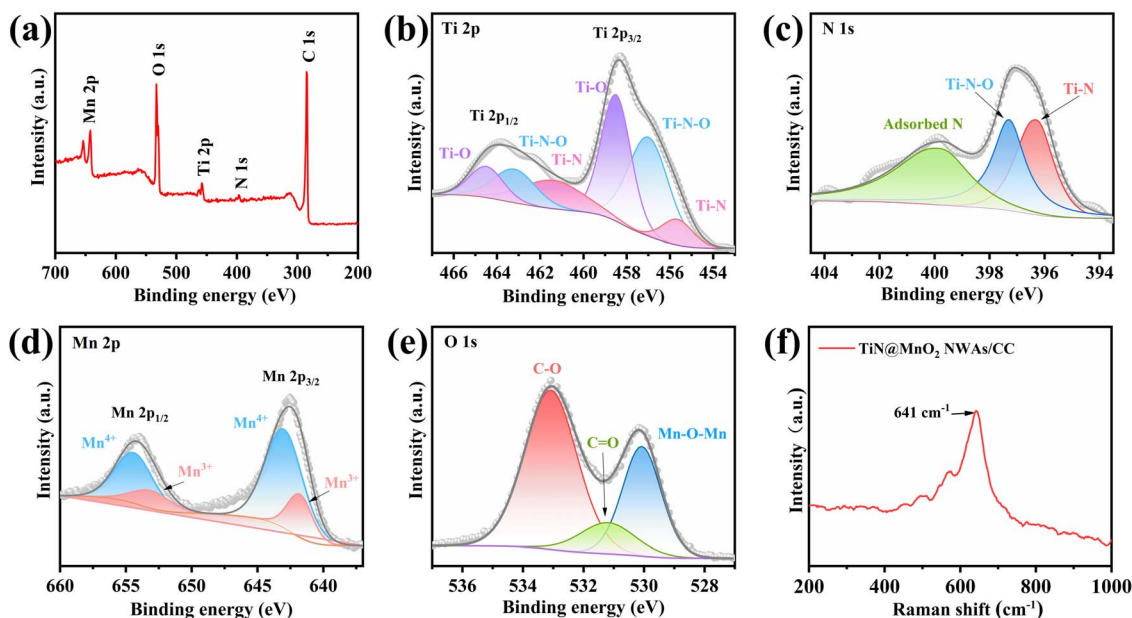


Fig. 3 (a) Full XPS survey spectrum of TiN@MnO<sub>2</sub> NWAs/CC and high-resolution Ti 2p (b), N 1s (c), Mn 2p (d), and O 1s (e) XPS spectra. (f) Raman spectrum of TiN@MnO<sub>2</sub> NWAs/CC.

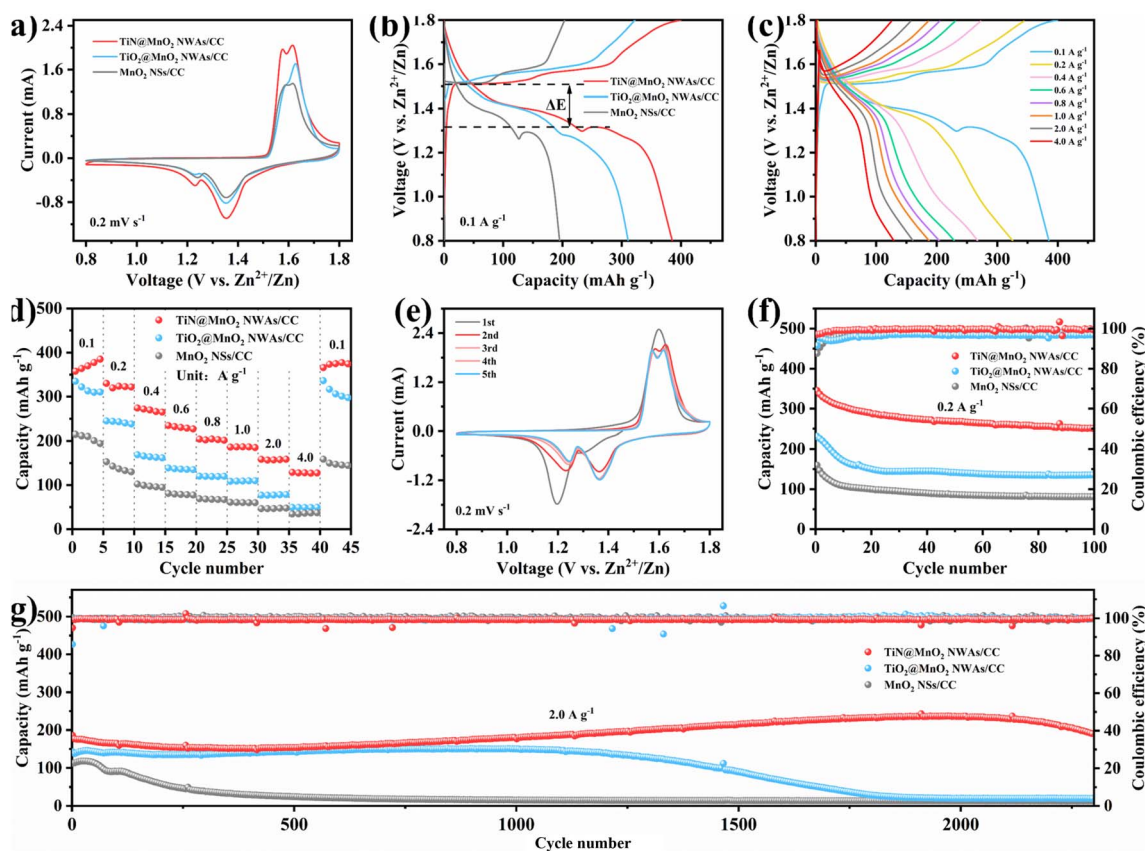


Fig. 4 Electrochemical performance of ZIBs based on the cathode materials of TiN@MnO<sub>2</sub> NWAs/CC, TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC and MnO<sub>2</sub> NSs/CC. CV curves at a scan rate of 0.2 mV s<sup>-1</sup> (a) and GCD profiles at 0.1 A g<sup>-1</sup> (b) of TiN@MnO<sub>2</sub> NWAs/CC, TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC and MnO<sub>2</sub> NSs/CC electrodes. (c) GCD curves of the TiN@MnO<sub>2</sub> NWAs/CC electrode at different current densities. (d) Rate performance of TiN@MnO<sub>2</sub> NWAs/CC, TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC and MnO<sub>2</sub> NSs/CC electrodes. (e) CV curves for 5 initial cycles of the TiN@MnO<sub>2</sub> NWAs/CC electrode at a scan rate of 0.2 mV s<sup>-1</sup>. Cycle performance of TiN@MnO<sub>2</sub> NWAs/CC, TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC and MnO<sub>2</sub> NSs/CC at 0.2 A g<sup>-1</sup> (f) and 2.0 A g<sup>-1</sup> (g).

~0.22 V, further proving the excellent redox kinetic behaviors. Moreover, the TiN@MnO<sub>2</sub> NWAs/CC electrode exhibits higher capacity capable of reaching 385.1 mA h g<sup>-1</sup>, far exceeding the 310.6 mA h g<sup>-1</sup> of TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC and 194.4 mA h g<sup>-1</sup> of MnO<sub>2</sub> NSs/CC electrodes. It is noteworthy that, according to DFT, TiN@MnO<sub>2</sub> exhibits a stronger adsorption energy and lower formation energy for Zn ions, as well as more easily accommodating Zn<sup>2+</sup>, in comparison with pure MnO<sub>2</sub>, thus resulting in a higher capacity for the TiN@MnO<sub>2</sub> NWAs/CC electrode (Fig. 1i and j). The GCD curves of the TiN@MnO<sub>2</sub> NWAs/CC electrode and the rate performance of the three electrodes at different current densities are displayed in Fig. 4c and d. The discharging and charging platforms of the TiN@MnO<sub>2</sub> NWAs/CC electrode correspond well to the positions of the redox peaks in its CV curves (Fig. 4a). The GCD curves of MnO<sub>2</sub> NSs/CC and TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC electrodes are presented in Fig. S10 and S11,<sup>†</sup> respectively. From Fig. 4d, the capacity of the TiN@MnO<sub>2</sub> NWAs/CC electrode increases continuously at 0.1 A g<sup>-1</sup> and reaches 385.1 mA h g<sup>-1</sup> at the fifth cycle, which may be due to the fact that the active materials were activated at low current density and gradual permeation of the electrolyte resulting in higher capacity. The reversible capacities of 322.1, 265.0, 226.4, 202.0, 185.5, 159.0 and 127.6 mA h g<sup>-1</sup> were achieved at 0.2, 0.4, 0.6, 0.8, 1.0, 2.0 and 4.0 A g<sup>-1</sup>, respectively. When the current density is restored to 0.1 A g<sup>-1</sup>, the capacity of the TiN@MnO<sub>2</sub> NWAs/CC electrode can immediately return to the initial state, which reveals that TiN@MnO<sub>2</sub> NWAs/CC exhibits outstanding high rate tolerance and better rate performance. This is attributed to the introduction of the highly conductive TiN core material, thereby lowering the band gap of the MnO<sub>2</sub> shell layer, which is beneficial for charge transfer and promotes zinc ion reaction kinetics (Fig. 1d), further demonstrating the superiority of the TiN core. Furthermore, TiN NWAs provide a larger specific surface area for MnO<sub>2</sub> NSs growth, which enables MnO<sub>2</sub> to contact the electrolyte more efficiently and improve utilization of active substances. Besides, the highly conductive core material redistributes the electrode material charge, which solves the problem of the low conductivity of MnO<sub>2</sub>. Although TiO<sub>2</sub> NWAs as a core layer can also offer considerable specific surface area for the growth of MnO<sub>2</sub> NSs and form hierarchical core-shell heterostructures, the low conductivity of TiO<sub>2</sub> and high diffusion barrier cause slow ion diffusion kinetics, not conducive for the improvement of rate performance for TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC. The above considerations are the important reasons for TiN as a core material to improve the electrochemical performance of novel hierarchical core-shell heterostructures. Fig. 4e exhibits the CV curves of the TiN@MnO<sub>2</sub> NWAs/CC electrode for the first five cycles at a scan rate of 0.1 mV s<sup>-1</sup>. The oxidation peak in the first cycle is at 1.6 V, while in the second cycle there is a significant change in the CV curve with two oxidation peaks appearing at 1.58 and 1.62 V, respectively. Notably, the CV curves from the third to the fifth cycles almost overlap, implying that the electrodes possess great stability and reversibility. Besides, the cycle stability of TiN@MnO<sub>2</sub> NWAs/CC, TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC and MnO<sub>2</sub> NSs/CC was evaluated at different current densities, as presented in Fig. 4f and g. After 100 cycles

at 0.2 A g<sup>-1</sup>, the capacity of TiN@MnO<sub>2</sub> NWAs/CC changes from 345 mA h g<sup>-1</sup> to 250.6 mA h g<sup>-1</sup> with a capacity retention of 72.6%, while the capacity retention of TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC and MnO<sub>2</sub> NSs/CC was only 58.7% and 50.6%, respectively (Fig. 4f). At a current density of 0.2 A g<sup>-1</sup>, it can be clearly seen that the coulombic efficiency (CE) of TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC is lower than that of TiN@MnO<sub>2</sub> NWAs/CC, suggesting that the Zn<sup>2+</sup> reaction kinetics in TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC is slow, and the existence of irreversible reactions results in a low CE, which is unfavorable for the cycling of the electrode.<sup>5,55-58</sup> For long-term cycle life, TiN@MnO<sub>2</sub> NWAs/CC maintains outstanding cycling performance at an ultrahigh current density of 2.0 A g<sup>-1</sup>, where the initial capacity is 186.3 mA h g<sup>-1</sup> and then the capacity increases continuously during cycling, reaching 236.1 mA h g<sup>-1</sup> at the 2000th cycle and returning to 189.4 mA h g<sup>-1</sup> at the 2300th cycle, where the capacity retention is 101.6%. In contrast, the capacity of TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC decayed continuously after the 1000th cycle, and the capacity retention rates of TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC and MnO<sub>2</sub> NSs/CC were only 14.0% and 11.9% after 2300 cycles, respectively (Fig. 4g). This is due to the greater absolute value of the formation energy during Zn<sup>2+</sup> insertion into TiN@MnO<sub>2</sub>, implying a more stable structure and thus improved cycling stability of the electrode material (Fig. 1j). The above electrochemical measurements in combination with theoretical calculation results demonstrate that the novel hierarchical core-shell heterostructure constructed with the TiN core possesses the advantages of high rate and long life for zinc ion storage features.

To evaluate the effect on the reaction kinetics of TiN@MnO<sub>2</sub> NWAs/CC by TiN core materials, its Zn<sup>2+</sup> storage behavior was profiled by CV curves at different scan rates (Fig. 5a). It is evident that the CV curves at different scan rates maintain a similar shape, with the redox peaks becoming wider with increasing scan rates. Analysis of the capacitive contribution in the TiN@MnO<sub>2</sub> NWAs/CC electrode can be reflected according to the following equation:

$$i = av^b$$

The above equation can be rearranged as follows:

$$\log(i) = b \log(v) + \log(a)$$

wherein  $a$  and  $b$  are variable factors, the  $b$  value being an important parameter to judge the dominant contribution mode.  $b = 0.5$  indicates that the electrochemical reaction is a diffusion-controlled process and  $b = 1$  represents capacitive behavior. The  $b$  values of peaks 1, 2, 3 and 4 are 0.67, 0.84, 0.63 and 0.76, respectively (Fig. 5b), which implies synergistic control by ion diffusion and capacitive behavior during the charge/discharge process. Furthermore, the ratios of the two contribution types can be calculated from the following formula:

$$i = k_1v + k_2v^{1/2}$$

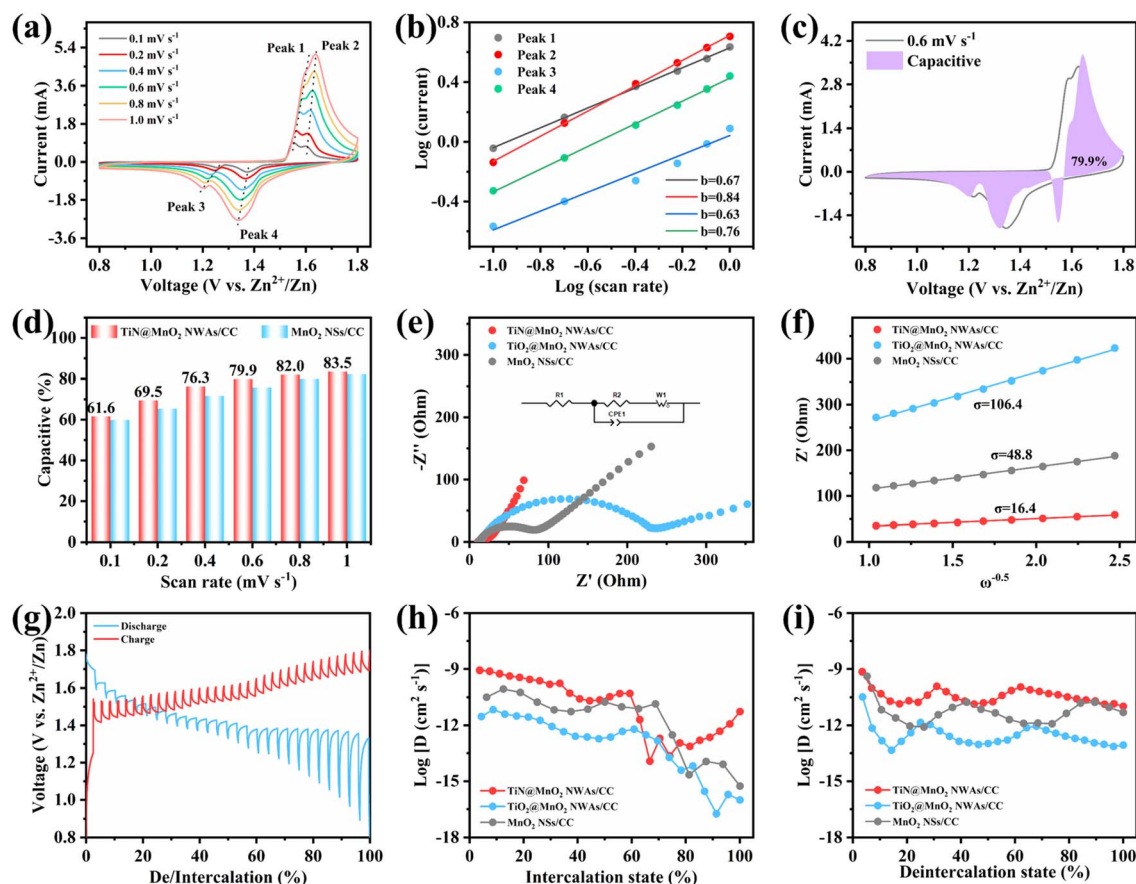


Fig. 5 The electrochemical kinetics of TiN@MnO<sub>2</sub> NWAs/CC during the charge/discharge process. (a) CV curves at different scan rates. (b) The relationship between  $\log(i)$  and  $\log(v)$  for scan rates from 0.1 to 1  $\text{mV s}^{-1}$ . (c) CV curves with a capacitive contribution at 0.6  $\text{mV s}^{-1}$ . (d) Capacitive contribution at different scan rates. (e) EIS results for the TiN@MnO<sub>2</sub> NWAs/CC, TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC and MnO<sub>2</sub> NSs/CC electrodes. (f) Relationship between  $Z'$  and  $\omega^{-1/2}$  for the electrodes in the low-frequency region. (g) The charge/discharge GITT curves of the TiN@MnO<sub>2</sub> NWAs/CC electrode. (h, i) The ion diffusion coefficient during the charge–discharge process.

The formula can be transformed into:

$$i v^{1/2} = k_1 v^{1/2} + k_2$$

$k_1 v$  is the capacitive contribution while  $k_2 v^{1/2}$  is the ion diffusion contribution, where  $k_1$  is available through fitting  $i/v^{1/2}$  and  $v^{1/2}$  plots. Fig. 5c shows the capacitive contribution of the TiN@MnO<sub>2</sub> NWAs/CC electrode at a scan rate of 0.6  $\text{mV s}^{-1}$  (79.9%). The obtained CV curves from the MnO<sub>2</sub> NSs/CC electrode at different scan rates are presented in Fig. S12.† Fig. S13† exhibits the capacitive contribution ratio of the TiN@MnO<sub>2</sub> NWAs/CC electrode at different scan rates. The ratios of capacitive contributions of TiN@MnO<sub>2</sub> NWAs/CC and MnO<sub>2</sub> NSs/CC electrodes at different scan rates were compared, as displayed in Fig. 5d. With increasing scan rate, the ratio of capacitive contribution is constantly increasing, which is 83.5% at a scan rate of 1.0  $\text{mV s}^{-1}$ . The capacitive contribution of TiN@MnO<sub>2</sub> NWAs/CC is consistently higher as compared to MnO<sub>2</sub> NSs/CC at different scan rates (Fig. 5d), indicating that TiN as a core material significantly improves the charge transfer kinetics.

To further investigate the effect of the hierarchical core–shell heterostructures on the electrochemical performance of MnO<sub>2</sub>, electrochemical impedance spectroscopy (EIS) was carried out to gain insight into the reaction kinetics of the electrode, as displayed in Fig. 5e. The diameter of the semicircle in the high-frequency region indicates the charge transfer resistance ( $R_{ct}$ ), where the TiN@MnO<sub>2</sub> NWAs/CC electrode exhibits an  $R_{ct}$  value of 21.64  $\Omega$ , this being significantly lower than that of TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC (230.8  $\Omega$ ) and MnO<sub>2</sub> NSs/CC (65.03  $\Omega$ ), demonstrating that the hierarchical core–shell heterostructure constructed with TiN can significantly accelerate ion diffusion and thus improve the charge transfer. Additionally, the ion diffusion coefficient ( $D$ ) could be calculated based on the relationship between low frequency and impedance, and the Warburg factor is obtained by fitting for  $Z' - \omega^{-1/2}$ , where a smaller slope of the linear tendency means a larger ion diffusion coefficient. The diffusion coefficient  $D$  of TiN@MnO<sub>2</sub> NWAs/CC can be calculated according to the equation as  $1.61 \times 10^{-12} \text{ cm}^2 \text{ s}^{-1}$ , while those of TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC and MnO<sub>2</sub> NSs/CC are only  $3.8 \times 10^{-14} \text{ cm}^2 \text{ s}^{-1}$  and  $1.82 \times 10^{-13} \text{ cm}^2 \text{ s}^{-1}$ , respectively (Fig. 5f). This is due to the lower diffusion barrier of Zn<sup>2+</sup> in TiN@MnO<sub>2</sub>, which means that ions more easily migrate and



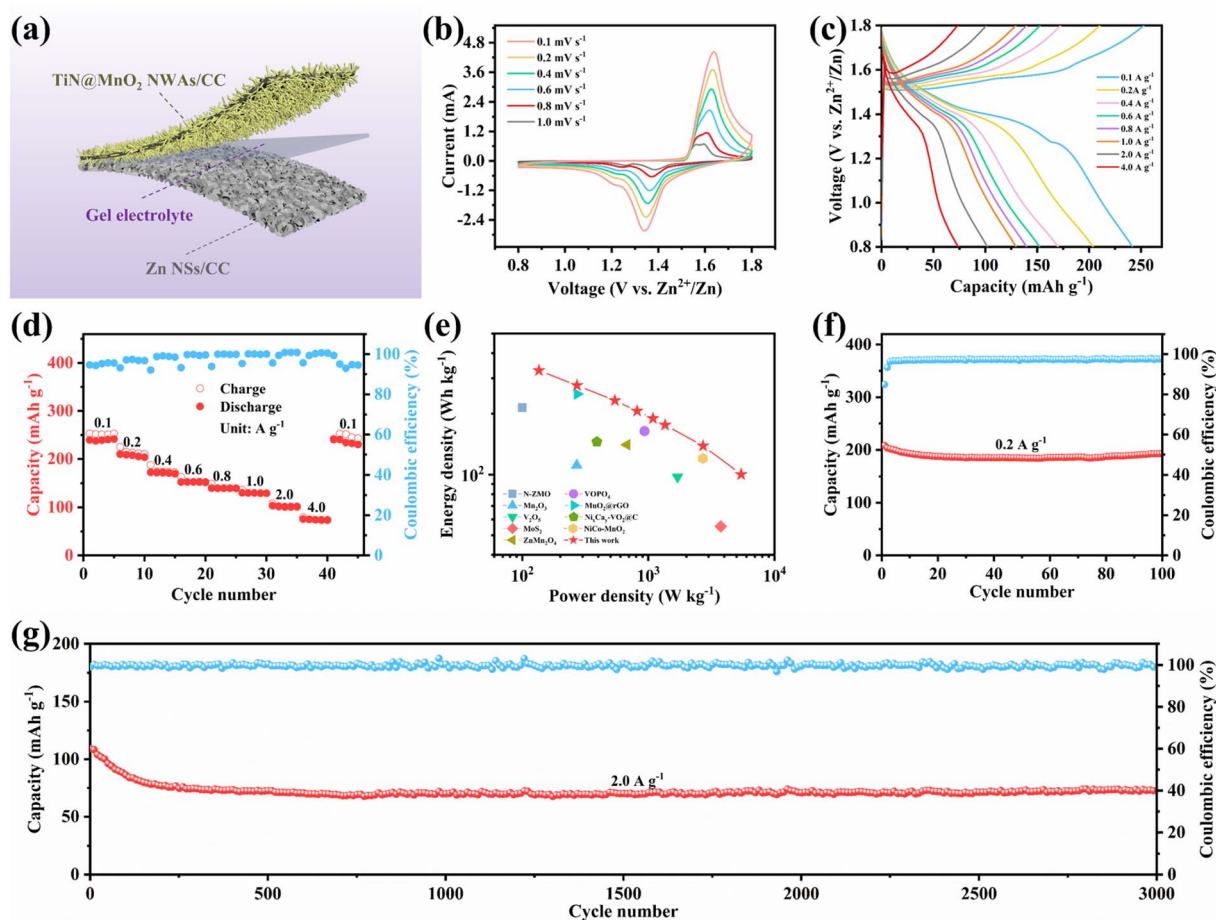


Fig. 6 Electrochemical performances of the as-assembled flexible ZIBs. (a) Schematic illustration. (b) CV curves at different scan rates. (c) GCD curves at various current densities. (d) Rate performance at various current densities from 0.1 to 4.0 A g<sup>-1</sup>. (e) Ragone plot of TiN@MnO<sub>2</sub> NWAs/CC//Zn NSs/CC battery compared with previously reported flexible ZIBs. Cycling performance at 0.2 A g<sup>-1</sup> (f) and 2.0 A g<sup>-1</sup> (g).

diffuse (Fig. 1e–h). Furthermore, the galvanostatic intermittent titration technique (GITT) is an important method to measure the diffusion coefficient of electrodes (Fig. 5g). The calculation equation is presented below:<sup>14,59,60</sup>

$$D = \frac{4}{\pi\tau} \left( \frac{m_B V_M}{M_B S} \right)^2 \left( \frac{\Delta E_S}{\Delta E_\tau} \right)^2$$

where  $m_B$ ,  $V_M$  and  $M_B$  are the mass (g), molar volume (cm<sup>3</sup> mol<sup>-1</sup>) and molar mass (g mol<sup>-1</sup>) of the electrode, respectively,  $\tau$  is the duration of current pulse (s),  $S$  is the contact area (cm<sup>2</sup>) between electrode and electrolyte,  $\Delta E_S$  is the voltage change between two adjacent equilibrium states, and  $\Delta E_\tau$  is the voltage change due to galvanostatic charging/discharging (Fig. S14†). The TiN@MnO<sub>2</sub> NWAs/CC electrode shows a satisfactory ion diffusion coefficient of around 10<sup>-13</sup> to 10<sup>-9</sup> cm<sup>2</sup> s<sup>-1</sup>, while those of the TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC and MnO<sub>2</sub> NSs/CC electrodes are as high as 10<sup>-11</sup> to 10<sup>-16</sup> cm<sup>2</sup> s<sup>-1</sup> and 10<sup>-14</sup> to 10<sup>-10</sup> cm<sup>2</sup> s<sup>-1</sup>, respectively, which is in agreement with the EIS results, as displayed in Fig. 5h and i. The fast kinetics mean that TiN@MnO<sub>2</sub> NWAs/CC has excellent rate performance. To investigate the energy storage mechanism of TiN@MnO<sub>2</sub> NWAs/CC during the charging and discharging process, we

conducted ex-situ XRD and XPS analyses, as exhibited in Fig. S15 and S16,† respectively.

Quasi-solid-state flexible ZIBs were successfully assembled, when coupling with TiN@MnO<sub>2</sub> NWAs/CC as the cathode and Zn NSs/CC as the anode, to verify the remarkable electrochemical performances and potential practical applications for the as-prepared cathode. For such, the Zn NSs/CC anode was obtained by a simple electrochemical deposition method. All the characteristic diffraction peaks in the XRD pattern were able to be matched with pure Zn (JCPDS Card No. 04-0831), indicating that Zn was successfully directly deposited on the CC surface (Fig. S17†). A schematic diagram of the as-assembled flexible ZIBs is illustrated in Fig. 6a. The CV curves of our as-assembled flexible ZIBs at different scan rates always maintain a similar shape with increasing scan rates, revealing an excellent electrochemical stability, as displayed in Fig. 6b. Fig. 6c exhibits the GCD curves for the device at different current densities and two obvious charge/discharge voltage plateaus can still be observed at low current density. There is a slight decrease of the capacity in comparison with solution electrolyte because of the slower ion diffusion in the gel electrolyte. Fig. 6d presents the rate performance of the as-

assembled flexible ZIBs. Reversible capacities of 241.7, 203.8, 171.4, 152.2, 139.7, 129.6, 102.1 and 73.9 mA h g<sup>-1</sup> were achieved at 0.1, 0.2, 0.4, 0.6, 0.8, 1.0, 2.0 and 4.0 A g<sup>-1</sup>, respectively, exhibiting a favorable rate capability. Notably, the capacity instantly returns to the initial state when the current density is restored to 0.1 A g<sup>-1</sup>, also demonstrating a robust tolerance to the rapid (de)intercalation of Zn<sup>2+</sup> even though in a gel electrolyte. Notably, the assembled flexible ZIBs can provide a maximum energy density of 327.7 W h kg<sup>-1</sup> with a power density of 135.6 W kg<sup>-1</sup>, while at a maximum power density of 5.2 kW kg<sup>-1</sup>, the as-assembled device still exhibits an impressive energy density of 100.2 W h kg<sup>-1</sup>, as shown in the Ragone plots in Fig. 6e. More importantly, the electrochemical performances of our as-assembled flexible ZIBs greatly exceed those of many previously reported aqueous ZIBs using different cathode materials, such as Mn<sub>2</sub>O<sub>3</sub>,<sup>15</sup> V<sub>2</sub>O<sub>5</sub>,<sup>61</sup> ZnMn<sub>2</sub>O<sub>4</sub>,<sup>62</sup> N-ZMO,<sup>63</sup> MoS<sub>2</sub>,<sup>64</sup> VOPO<sub>4</sub>,<sup>19</sup> MnO<sub>2</sub>@rGO,<sup>65</sup> Ni<sub>x</sub>Ca<sub>y</sub>-VO<sub>2</sub>@C<sup>66</sup> and NiCo-MnO<sub>2</sub>.<sup>67</sup> Cycling stability, as one of the essential indexes for assessing the performance, plays a critical role during practical applications. Thus we evaluated the cycling stability of the assembled flexible ZIBs, as presented in Fig. 6f and g. The initial capacity was 208.5 mA h g<sup>-1</sup> with the capacity retention reaching 92.6% after 100 cycles at a low current density of 0.2 A g<sup>-1</sup> (Fig. 6f). At a high current density of 2.0 A g<sup>-1</sup>, the assembled ZIBs show a brief and obvious capacity decay for the initial 100 cycles, and then tend to be stable, achieving a capacity retention of 68.7% through 3000 cycles and the CE is maintained at around 100%, further exhibiting outstanding cycling stability (Fig. 6g). Finally, two assembled flexible ZIBs connected in series can light LEDs, as displayed in Fig. S18.† Therefore, TiN@MnO<sub>2</sub> NWAs/CC has great potential as a ZIB cathode for wearable electronic devices. Such flexible energy-storage devices exhibit high rate and long life, demonstrating that novel hierarchical core-shell heterostructures have prominent potential in practical applications.

## 4. Conclusion

In summary, we successfully constructed a novel and advanced cathode by anchoring MnO<sub>2</sub> NSs on TiN NWAs directly grown on CC *via* a simple and economical hydrothermal method as well as carrying out electrochemical deposition to produce flexible ZIBs. The as-prepared TiN@MnO<sub>2</sub> NWAs/CC exhibits a typical hierarchical core-shell heterostructure, which is conducive to accelerate reaction kinetics, possessing a more stable structure during charge/discharge, and improving rate capability and cycling performance in ZIBs. The DFT results also demonstrate these points. As a result, the TiN@MnO<sub>2</sub> NWAs/CC core-shell electrode exhibits an ultrahigh capacity of 385.1 mA h g<sup>-1</sup>, while MnO<sub>2</sub> NSs/CC can only deliver a low capacity of 194.4 mA h g<sup>-1</sup> at a current density of 0.1 A g<sup>-1</sup>. Furthermore, to highlight the rate capability of the core-shell heterostructure using TiN as the core, the TiN@MnO<sub>2</sub> NWAs/CC core-shell heterostructure provided a higher capacity of 127.6 mA h g<sup>-1</sup> (33.1%), while the TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC core-shell and MnO<sub>2</sub> NSs/CC electrodes only sustain a low capacity of 49.7 mA h g<sup>-1</sup> (16.0%) and 39.6 mA h g<sup>-1</sup> (20.3%) when the

current density was increased to 4.0 A g<sup>-1</sup>, respectively. More importantly, the TiN@MnO<sub>2</sub> NWAs/CC electrode achieves a capacity retention of 101.6% under a current density of 2.0 A g<sup>-1</sup> after 2300 cycles, far surpassing that of the TiO<sub>2</sub>@MnO<sub>2</sub> NWAs/CC (14.0%) and MnO<sub>2</sub> NSs/CC electrodes (11.9%), further evidence of the superiority of TiN core materials. Benefiting from the remarkable electrochemical performance of the flexible TiN@MnO<sub>2</sub> NWAs/CC electrode, the as-assembled quasi-solid-state flexible ZIBs achieve a high capacity of 241.7 mA h g<sup>-1</sup> at 0.1 A g<sup>-1</sup> and prominent energy density of 327.7 W h kg<sup>-1</sup> at a power density of 135.6 W kg<sup>-1</sup>. Furthermore, our flexible ZIBs also exhibit an excellent cycling performance, with a capacity retention of 92.6% after 100 cycles at 0.2 A g<sup>-1</sup>, and a long cycle life of 68.7% capacity retention after 3000 cycles at 2.0 A g<sup>-1</sup>. The above results highlight that a novel cathode material has been successfully prepared, providing ideas for the design of high-capacity and high-energy-density cathode materials for next-generation flexible energy-storage devices.

## Author contributions

Ziming Xu: conceptualization, investigation, methodology, writing – original draft, writing – review & editing. Wenyuan Zhang: data curation, writing – review & editing. Xianzhen Wang: data curation, methodology. Yuxin Li: validation, data curation, investigation. Jinwen Fu: validation, data curation. Yongbao Feng: resources, funding acquisition, project administration, writing – review & editing. Wenbin Gong: software, resources. Jiabin Guo: resources. Pan Xue: investigation, resources. Qiulong Li: supervision, resources, funding acquisition, project administration, writing – review & editing.

## Conflicts of interest

The authors declare no competing financial interest.

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