

## PAPER

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# PA1b-like peptides alleviate mitochondrial dysfunction induced by glucose toxicity through interaction with VDAC1 in $\beta$ -cells†

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PA1b-like peptides, which are extracted from the seeds of members of the Fabaceae family, display remarkable hypoglycemic and  $\beta$ -cell-protective activities when administered orally. However, the direct targets and mechanisms of action of these peptides in islet  $\beta$ -cells remain unclear. In this study, we found that PA1b-like peptides were mainly distributed in the cotyledon of soybean, rather than in the germ and seed coat. We also identified a direct interaction between PA1b-like peptides and voltage-dependent anion channels (VDACs), with binding energies less than  $-7$  kcal mol<sup>-1</sup>. Molecular dynamics simulations demonstrated that hydrogen bonding, hydrophobic interactions, and van der Waals forces assist these peptides in forming stable and tight complexes with VDAC1. Moreover, as a member of the PA1B-like peptide family, vglycin (VG) protected mitochondrial function by maintaining the ROS level, ATP production, mitochondrial membrane potential ( $\Delta\Psi_m$ ), intracellular Ca<sup>2+</sup> inflow and insulin secretion in  $\beta$ -cells under high glucose stimulation. All these effects were reliant on the direct interaction between VG and VDAC1 in  $\beta$ -cells. This study provides a new strategy for the restoration of mitochondrial function in  $\beta$ -cells under glucose toxicity and establishes a theoretical basis for the treatment of type 2 diabetes (T2D) by PA1b-like peptides.

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## 1 Introduction

PA1b-like peptides are a group of polypeptides containing 37 amino acid residues, which have three intra-molecular disulfide bridges at 3–20, 7–22 and 15–32.<sup>1</sup> These peptides belong to the cystine knot inhibitor (ICK) family with a consensus sequence CX<sub>3–7</sub>CX<sub>3–8</sub>CX<sub>0–7</sub>CX<sub>1–4</sub>CX<sub>4–13</sub>C.<sup>2,3</sup> They are resistant to degradation by proteases (such as trypsin, papain, pepsin, Glu-C protease, and proteinase K).<sup>4,5</sup> More than 18 kinds of PA1b-like peptides have been identified in the Fabaceae family, and their homology ranges from 61% (between soybean and *Alysicarpus ovalifolius*) to 86.1% (between aM1 and *Glycine max*).<sup>6,7</sup> PA1b-like peptides are mainly extracted from soaked/germinated pea or soybean

seeds.<sup>8–10</sup> However, it is not clear whether these peptides are mainly distributed in the seed coat, germ or cotyledon.

PA1b-like peptides, such as PA1F, aglycin (AG), vglycin (VG), iglycin (IG), dglycin (DG), Leg-1, Leg-2 and aM1, were reported to have multiple bioactivity properties in both animal and cell models,<sup>11–14</sup> including regulating glucose and lipid metabolism, protecting  $\beta$ -cells from apoptosis, alleviating atherosclerosis, alleviating lipopolysaccharide-induced inflammation, promoting intracellular Ca<sup>2+</sup> inflow and insulin secretion, inhibiting the growth of colon cancer cells, *etc.*<sup>15–18</sup> Previous studies have shown that cystine-rich microproteins or Pro-rich peptides are cell-penetrating and enter cells by endocytosis.<sup>19–21</sup> Although many biological activities of PA1b-like peptides have been discovered, their direct targets and mechanisms of action in  $\beta$ -cells remain to be further elucidated.

Dun *et al.* identified a protein at a sequence coverage of 60% that interacts with voltage-dependent anion channel 1 (VDAC1) on the mouse pancreatic cell membrane as an interacting protein of both AG and PA1F through peptide mass fingerprinting.<sup>5,8</sup> VDAC1, a pore protein located in the outer mitochondrial membrane, can regulate the voltage-gating activity to control OMM permeability and plays an important role as a controlled passage for adenine nucleotides, Ca<sup>2+</sup>, and other metabolites into and out of mitochondria.<sup>22–24</sup> As a gate-

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keeper, VDAC1 plays a crucial role in maintaining mitochondrial function and cellular viability by regulating its channel conductance and maintaining mitochondrial membrane potential ( $\Delta\Psi_m$ ) homeostasis.<sup>25–27</sup> VDAC1 has also been recognized as a key protein in mitochondria-mediated apoptosis, regulating the release of apoptogenic proteins such as cytochrome c (Cyto c) from the mitochondrial inter-membrane space to the cytosol, as well as interacting with anti-apoptotic proteins (Bcl-2, Bax).<sup>28,29</sup> Overexpression of VDAC1 induces apoptotic cell death, suggesting that VDAC1 is a conserved mitochondrial element in death pathways operating in both animal and plant systems.<sup>30</sup> Zhang *et al.* demonstrated that VDAC1 was overexpressed and mistargeted to the  $\beta$ -cell plasma membrane in type 2 diabetes (T2D), which impaired  $\beta$ -cell metabolism and secretion with consequent ATP depletion.<sup>31</sup> Therefore, we hypothesize that PA1b-like peptides might protect the function of islet  $\beta$ -cells in T2D by interacting with VDAC1. In this study, we set out to explore how PA1b-like peptides interact with VDAC1 and illustrate how the interaction affects the function of islet  $\beta$ -cells in diabetes. This study will provide a new perspective for the development of PA1b-like peptides as potential drugs targeting VDAC1.

## 2 Materials and methods

### 2.1 Materials and reagents

The peptide VG was purified from soybeans in our laboratory as previously reported.<sup>10</sup> Soybeans were purchased from Bright Biotechnology (Yichang, China) Co., Ltd. The His-VDAC1 protein was expressed and purified in our laboratory. His-VG (HHHHHHVSCNGVCSFEMPPCGSSACRIPCIPYGLVVGNCRHPSG) was synthesized by Sangon Biotech Co., Ltd (Shanghai, China). FITC-VG was prepared by connecting FITC to His-VG. Plasmids plko.1-EGFP-puro, pCDH-cmv-mcs-ef1-puro, pCMV-C-EGFP and pCMV-C-EGFP-Linker-VG were stored in our lab. Ni-NTA agarose (L-2008) for His-tag purification was purchased from Shanghai Lingyin Biotechnology Co., Ltd (Shanghai, China). Anti-VDAC1 polyclonal antibody (Cat no.: 10866-1-AP), anti-His monoclonal antibody (Cat no.: 66005-1-Ig), anti-GAPDH monoclonal antibody (Cat no.: 60004-1-Ig), anti- $\beta$ -actin monoclonal antibody (Cat no.: 66009-1-Ig), HRP-conjugated goat anti-mouse IgG(H + L) (Cat no.: SA00001-1), HRP-conjugated goat anti-rabbit IgG(H + L) (Cat no.: SA00001-2) and 4',6-diamidino-2-phenylindole (DAPI) were purchased from Proteintech (Wuhan, China). Anti-GFP antibody B-2 (Cat no.: sc:9996) was purchased from Santa Cruz Biotechnology Co., Ltd (Shanghai, China).

INS-1 cells were purchased from Yuchun Biology Co., Ltd (Shanghai, China). MIN6/HEK293T cells were stored in our lab. The ROS detection kit (S0033S), ATP detection kit (S0027), Fluo-4 calcium assay kit (S1061S), cell mitochondria isolation kit (C3601) and Mito-Tracker Red CMXRos (C1049B) were purchased from Beyotime Co., Ltd (Shanghai, China). The mitochondrial membrane potential assay kit (JC-1) (KTA4001), Annexin V-AbFluor™ 488/PI apoptosis detection kit (KTA0002)

and Annexin V-AbFluor™ 647 apoptosis detection kit (KTA0004) were purchased from Abbkine Scientific, Co., Ltd (Wuhan, China). The wide-range insulin immunoassay kit (MS300) was purchased from Ezassay Biotechnology, Co., Ltd (Shenzhen, China). The cell counting kit-8 (CCK-8) and SuperRT III premixed reverse transcription kit (BL1019B) were purchased from Biosharp, Co., Ltd (Hefei, China).

### 2.2 Extraction and purification of PA1b-like peptides in soybean

VG was isolated from soybean as previously described.<sup>10</sup> Briefly, 200 g of soybean cotyledon was separated and dissolved in 1 L of water and extracted with 0.5 mol L<sup>-1</sup> acetic acid for 6 h (pH 4.5), and then filtered with a 0.22  $\mu$ m membrane. The supernatant soybean extract was obtained by freeze-drying. The content of VG in different parts of soybean was analyzed by reverse-phase high-performance liquid chromatography (RP-HPLC) (Ultimate 3000, Thermo, USA) which was conducted using a Synchronis C18 column (250 mm  $\times$  4.6 mm, 5  $\mu$ m particle, Thermo, USA) at a flow rate of 1 mL min<sup>-1</sup> with a linear gradient of buffer A [0.1% trifluoroacetic acid (TFA)] and buffer B [0.1% TFA in acetonitrile (ACN)]. The chromatographic procedure was as follows: 10%–50% A for 0–40 min, 50% A for 40–50 min, 50%–10% A for 50–51 min, and 10% A for 51–60 min. The peaks at 34 min were collected with the preparative liquid phase (Waters 2767, USA) and then analyzed by LC-MS.

### 2.3 Identification of PA1b-like peptides using LC-MS

The freeze-dried powder was dissolved in water and filtered through a 0.22  $\mu$ m membrane for LC-MS analysis. Positive ion mode was used for MS, and the scanning range was 600–4000 *m/z*. The acquisition mode was data-dependent acquisition (DDA), and the top 5 precursor ions were selected for secondary fragmentation. MS1 resolution was 70 000 and MS2 resolution was 17 500. The separation was performed with a ZORBAX Eclipse Plus C18 separation column (50 mm  $\times$  2.1 mm, 1.8  $\mu$ m, Agilent, USA) using solvent A (0.1% formic acid) and solvent B (80% ACN). The elution gradient was as follows: 5% B for 0–1 min, 5%–90% B for 1–4 min, 90% B for 4–7 min, 90%–5% B for 7–7.01 min, and 5% B for 7.01–10 min.

### 2.4 *In silico* analysis and molecular docking analysis

The ExPASy-pI/Mw tool ([https://web.expasy.org/compute\\_pi/](https://web.expasy.org/compute_pi/)) was utilized to analyze the charge, isoelectric points (pI) and GRAVY (Grand Average of Hydropathy), respectively. The similarity was calculated using BLAST (<https://blast.ncbi.nlm.nih.gov/Blast.cgi>). Before the docking analysis (download from <https://vina.scripps.edu/downloads/>), the peptide ligands and the receptor protein VDAC1 were prepared. hVDAC1 (PDB: 2JK4) was obtained from the RCSB Protein Data Bank (<https://www.rcsb.org>) as the target protein. The 3D structures of PA1b, AG, VG, IG, DG, aM1, Leg-1 and Leg-2 were constructed using the Swiss-Model website. The protein structure after modeling was scored using the SAVES v6.0 online website, and the PDB file that qualified to illustrate homologous modeling could be



used for docking analysis. Before molecular docking, water molecules, native ligands, and other heteroatoms of ligands and receptors were removed using PyMOL. Polar hydrogen was added to the target protein using AutoDock Tools (Version 1.5.7). Subsequently, the receptor and ligand PDB format was converted into PDBQT format with AutoDock Tools (Version 1.5.7). Finally, the active centers were found and set, and 20 models were tested. The parameters were set as follows: center\_x = 27.61, center\_y = 1.444, and center\_z = 5.262. The search space parameters were size\_x: 90, size\_y: 90, size\_z: 90 (the grid spacing was 1.0 Å), and the other parameters were set to the default settings. Hydrogen bonding between ligands and receptors was analyzed using PyMOL software. The ligand–protein interaction diagrams were drawn using LigPlot+ v.2.2.

## 2.5 Molecular dynamics simulation

After the docking study, the AG-VDAC1 and VG-VDAC1 complexes with the best binding energy were used as the initial structures for molecular dynamics (MD) simulations. MD simulations were conducted using GROMACS (version 2020.3-modified).<sup>32</sup> The Amber03 force field and the SPC/E water model were used to run MD simulations of the AG/VG-VDAC1 complexes. For preparing MD simulations, the AG-VDAC1 and VG-VDAC1 complexes were placed at the center of a cubic box and dissolved in SPC/E water, and Na<sup>+</sup> and Cl<sup>−</sup> ions were added to neutralize the total charge of the system. Then the systems were energy-minimized using 5000 steps of the steepest descent algorithm. NVT and NPT were used to equilibrate the complex to stabilize the system at a suitable temperature and pressure of 300 K and 1 bar. The total time of MD simulations was 200 ns. After simulation, the root-mean-square deviation (RMSD), root-mean-square fluctuation (RMSF), radius of gyration ( $R_g$ ), solvent accessible surface area (SASA), and secondary structure were analyzed using the gmx\_rmsd, gmx\_rmsf, gmx\_gyr, gmx\_sasa, and gmx\_do\_dssp commands, respectively. The RMSD and  $R_g$  data were combined and the Gibbs energy landscape was drawn by using the gmx\_sham command. Furthermore, the binding free energy between the ligands AG/VG and the receptor VDAC1 was calculated using molecular mechanics Poisson Boltzmann surface area (MMPBSA). The gmx\_mmpbsa script was downloaded from [https://github.com/Jerkwin/gmxtool/blob/master/gmx\\_mmpbsa/gmx\\_mmpbsa.bsh](https://github.com/Jerkwin/gmxtool/blob/master/gmx_mmpbsa/gmx_mmpbsa.bsh). The specific formulas were as follows:

$$\Delta G_{\text{bind}} = \Delta E_{\text{vdw}} + \Delta E_{\text{elec}} + \Delta G_{\text{polar}} + \Delta G_{\text{non-polar}} - T\Delta S$$

## 2.6 Cell culture

HEK293T cells were cultured in Dulbecco's modified Eagle's medium (DMEM, 12500096, Gibco, USA) with 10% fetal bovine serum (FBS, Biology, Wuhan, China) and 100 U ml<sup>−1</sup> penicillin–streptomycin solution (BL505A, Biosharp, Hefei, China) at 37 °C in a humidified incubator containing 5% CO<sub>2</sub>. INS-1 was maintained in special medium (icell-r036-001b, iCell Bioscience Inc, Shanghai, China) at 37 °C with 5% CO<sub>2</sub>. The

glucose concentration of the basal medium (CK) was 11 mM, and the glucose concentration of the high glucose medium was 20 mM.<sup>33</sup> The cell experiments were divided into three groups: CK, H, and H + VG (50 µg ml<sup>−1</sup>). MIN6 cells were cultured in DMEM supplemented with 10% FBS, 100 U ml<sup>−1</sup> penicillin–streptomycin solution and 50 µM β-mercaptoethanol (Aoruisai, Shanghai, China) at 37 °C with 5% CO<sub>2</sub>. The glucose concentration of the basal medium (CK) was 25 mM, and the glucose concentration of the high glucose medium (H) was 45 mM.<sup>34</sup> MIN6 cells were divided into three groups: CK, H, and H + VG (50 µg ml<sup>−1</sup>). The effects of VG on ATP, reactive oxygen species (ROS), mitochondrial membrane potential ( $\Delta\Psi_m$ ), cell apoptosis, insulin secretion and intracellular Ca<sup>2+</sup> content in INS-1 and MIN6 cells under hyperglycemic cultivation were evaluated.

## 2.7 ATP, ROS, $\Delta\Psi_m$ and cell apoptosis detection

INS-1 cells and MIN6 cells were seeded in a 6-well plate at a density of  $2 \times 10^5$  cells in each well. Cells were cultured with or without 50 µg ml<sup>−1</sup> VG under high glucose conditions for 24 h, respectively. The content of ATP was measured according to the instructions of the intracellular ATP assay kit (Beyotime, S0026). ROS production was quantified using the ROS detection kit (Beyotime, S0033S) according to the manufacturer's protocol and was detected using a fluorescent enzyme labeling instrument (Thermo, USA). The value of  $\Delta\Psi_m$  was estimated using the fluorescent probe JC-1 (Abbkine, KTA4001), as described previously.<sup>35</sup> Briefly, the treated cells were incubated with 5 µg ml<sup>−1</sup> JC-1 for 30 min at 37 °C and detected using a fluorescent enzyme labeling instrument (Thermo, USA). The ratio of red/green fluorescence intensity represents the level of  $\Delta\Psi_m$ . Cell apoptosis was analyzed using the Annexin V-AbFluor™ 488/PI kit (KTA0002, Abbkine) according to the manufacturer's protocol. Besides, we used the Annexin V-647 and PI kit (KTA0004, Abbkine) to determine the apoptosis of VDAC1 knockdown cells, followed by analysis using a flow cytometer (BD Accuri C6, USA).

## 2.8 Insulin detection assay

The insulin secretion analysis was carried out in accordance with the protocol described by Huang *et al.*<sup>34</sup> INS-1 cells and MIN6 cells were seeded in a 12-well plate with a starting density of 10 000 cells in each well. The cells were treated with a low glucose medium (5.5 mM in INS-1; 11 mM in MIN6) for 2 h prior to insulin secretion detection, and then treated with VG (50 µg ml<sup>−1</sup>) for another 2 h. The insulin secretion level was measured using the ELISA kit.

## 2.9 Ca<sup>2+</sup> measurement

Ca<sup>2+</sup> measurement was performed as previously described.<sup>15</sup> The external Ca<sup>2+</sup> solution (NaCl 150 mmol L<sup>−1</sup>, KCl 2.8 mmol L<sup>−1</sup>, MgCl<sub>2</sub>·6H<sub>2</sub>O 2 mmol L<sup>−1</sup>, CaCl<sub>2</sub>·2H<sub>2</sub>O 2.5 mmol L<sup>−1</sup>, glucose 3 mmol L<sup>−1</sup>, HEPES 10 mmol L<sup>−1</sup>) was prepared. The cultured cells were transferred into extracellular fluid containing Ca<sup>2+</sup> for 10 min and incubated with the fluorescent Ca<sup>2+</sup> indicator Fluo-4AM at 3 µM for 30 min in a CO<sub>2</sub> incubator. The



cells were washed twice with PBS and the stimulant VG (50  $\mu\text{g ml}^{-1}$ ) was added. Images were taken continuously under an SOPTOP ICX41 inverted fluorescence microscope (Sunny Optical, Ningbo, China) for 30 seconds (one picture per second).

### 2.10 Colocalization analysis of FITC-VG and mitochondria

MIN6 cells were pre-grown on a confocal dish (15 mm, Biosharp, Hefei, China) before incubating with 1  $\mu\text{M}$  FITC-VG (1  $\text{mg ml}^{-1}$ ) at 37 °C for 2 h. The cells were gently washed with PBS and incubated with 200  $\mu\text{M}$  Mito-Tracker Red CMXRos for 30 min. The cells were washed and fixed at room temperature for 10 minutes with 4% paraformaldehyde solution. Nuclei were stained with DAPI (1:200) for 5 min. The intracellular distribution of FITC-VG was observed under a confocal laser-scanning microscope (CLSM, Leica, Germany).

### 2.11 Immunoprecipitation and immunoblotting

The mitochondria of MIN6 cells were isolated using the cell mitochondria isolation kit (Beyotime, C3601) and cleaved with IP lysate, and then sonicated four times for 4 s at 30 W in an ultrasonic crusher (Ningbo Scientz Biotechnology Co., Ltd). The lysed mitochondria were centrifuged at 12 000g for 25 min and the supernatant was collected as mitochondrial protein for the IP assay. 1 mg of synthetic His-VG peptides was dissolved in 200  $\mu\text{l}$  ddH<sub>2</sub>O and then incubated with Ni-NTA purification agarose beads (200  $\mu\text{l}$ ) for 2 h. The purified mitochondrial protein from MIN6 was then added and rocked overnight at 4 °C. After incubation, the samples were centrifuged at 12 000g for 5 min and the precipitation were washed with TBST for 3 times and then eluted with imidazole (500 mM). The IP samples were subjected to 10% sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE, Epizyme Biotech, Shanghai, China) for immunoblot detection. The antibody information is as follows: rabbit polyclonal anti-VDAC1 antibody (1:2000), anti-His tag antibody (1:10 000), HRP-conjugated anti-mouse IgG (1:10 000), and anti-rabbit IgG (1:20 000). The results were imaged using a ChemiDoc Touch Imaging System (Bio-Rad, 1708370, USA).

The HEK293T cells were transiently transfected with an empty vector (pCMV-C-EGFP) or plasmid (pCMV-C-EGFP-Linker-VG) for 48 h. The cells were collected, washed with cold PBS and lysed in IP lysis buffer supplemented with protease and phosphatase inhibitors (PMSF). The cell lysates were subjected to the IP assay. The His-VDAC1 protein and Ni-NTA purification agarose beads (200  $\mu\text{l}$ ) were mixed for 2 h. The cell lysates were then added and incubated at 4 °C overnight. Rabbit polyclonal anti-VDAC1 antibody (1:2000, Proteintech) and anti-GFP antibody (1:2000, Abcam) were used to detect the endogenous and exogenous VDAC1.

### 2.12 Surface plasmon resonance (SPR) analysis

The recombinant protein His-VDAC1 (50  $\mu\text{g ml}^{-1}$ ) was fixed on the sensor COOH chip by capture-coupling. VG at concentrations of 0, 200, 400, 800, 1600 and 3200 nM were injected into the sample channel at a flow rate of 20  $\mu\text{L min}^{-1}$  for an

association phase of 240 s, followed by 480 s dissociation. The interactions of VG with His-VDAC1 were detected using an OpenSPR™ (Nicoya Lifesciences, Waterloo, Canada) at 25 °C. The wavelength shift corresponded to the change in drug concentration, and a one-to-one diffusion correction model was established. The data were retrieved and analyzed using TraceDrawer software (Ridgeview Instruments AB, Sweden).

### 2.13 Immunofluorescence staining

The immunofluorescence staining experiment for VDAC1 was performed as previously described.<sup>35</sup> MIN6 cells were cultured on coverslips and treated with high glucose medium for 48 h. The cells were fixed at room temperature for 10 min with 4% paraformaldehyde solution. Then 0.01% Triton X-100 was used to penetrate the cells for 10 minutes. Next, a primary antibody against VDAC1 (1:200; Proteintech) was incubated with the cells, and then the Alexa Fluor 488-conjugated goat anti-rabbit IgG (1:200; Proteintech) was used as the secondary antibody. Finally, 4',6-diamidino-2-phenylindole (DAPI; 1:200; Proteintech) was added to stain the nuclei. The intracellular expression and sublocalization of VDAC1 were imaged using a confocal laser-scanning microscope (CLSM, Leica, Germany).

### 2.14 Overexpression of VDAC1 in MIN6 and HEK293T cells

The mouse VDAC1 (mVDAC1) gene was cloned into the pCDH-CMV-MCS-EF1-puro vector. The PCR products of the human VDAC1 (hVDAC1) gene were cloned into the pEGFP vector. For transfection, MIN6 cells were seeded in six-well plates at a density of  $2 \times 10^5$  cells per well in culture medium and incubated for 12 h until they reached 60–70% confluence. The cells were transfected with 2  $\mu\text{g}$  of plasmids (pCDH or pCDH-VDAC1) using the Neofect™ DNA transfection reagent (Thousand Sunrise, China) following the manufacturer's instructions. Following 48 h of transfection, the cells were collected to detect the expression of VDAC1 through a western blotting experiment.

### 2.15 Lentiviral production and creation of stable cell lines

Lentiviral production was performed as described by Zhou *et al.*<sup>36</sup> The shRNA target design for mouse VDAC1 was GCTACGGCTTTGGCTTAATAA (<https://www.sigmaldrich.cn/>). shVDAC1 (short-hairpin) DNA segments were synthesized and then cloned into the pLKO.1 basic vector, according to the pLKO.1 plasmid construction instructions (<https://www.addgene.org/protocols/plko/>). Specifically, 5  $\mu\text{g}$  of the lentiviral constructs were co-transfected with 5  $\mu\text{g}$  of pSPAX2 and 0.5  $\mu\text{g}$  of pMD2.G (viral packaging plasmids) into HEK293T cells in 10 cm dishes to produce lentiviral particles. The viral supernatant was collected after transfection for 48 h and filtered with a 0.22  $\mu\text{m}$  membrane. Subsequently, the viral supernatant was added to MIN6 cells with 10  $\mu\text{g ml}^{-1}$  of polybrene (Solarbio, H8761) and puromycin resistance screening was performed 48 h after transfection. Then, the clones of puromycin-resistant cells were isolated and expanded for future experiments.





## 2.16 Western blotting

The expression levels of VDAC1 were analyzed in MIN6 and HEK293T cells after plasmid transfection or lentivirus infection. Briefly, the total proteins of the cells were lysed using RIPA buffer (Beyotime, Shanghai, China), and the protein concentration was measured using the Omni-Easy™ Instant BCA protein assay kit (Epizyme Biotech, Shanghai, China). 20 µg protein samples were loaded onto 10% SDS-PAGE and then transferred to a PVDF membrane for blotting detection. The antibodies were prepared as follows: VDAC1 (1:2000, Proteintech), GFP (1:2000, Abcam), GAPDH (1:50 000, Proteintech) and beta-actin (1:20 000, Proteintech). The blots were marked with an enhanced chemiluminescence (ECL) detection kit (Epizyme Biotech, Shanghai, China). The results were imaged using a ChemiDoc Touch Imaging System (Bio-Rad, 1708370, USA).

## 2.17 Statistical analysis

Statistical analysis and graphing were performed using GraphPad Prism 7.0 (GraphPad Software Inc., San Diego, CA, USA). Differences between two groups were analyzed using Student's *t*-test and those among multiple groups were analyzed using one-way analysis of variance (ANOVA) followed by Bonferroni's test. Data are shown as the mean ± standard deviation (SD) and a significance level of  $p < 0.05$  was considered statistically significant.

# 3 Results

## 3.1 Identification of PA1b-like peptides in soybean

As multifunctional bioactive polypeptides, PA1b-like peptide family members were previously extracted from germinated pea or soybean. However, it was not clear where these peptides were located in the seeds of members of the Fabaceae family. Here, the seed coat, germ and cotyledon of germinated soybean were separated, and the content of PA1b-like polypeptides was detected, respectively. We found that the retention time of PA1b-like peptides was around 33 minutes (Fig. 1A), as is the location of the standard VG, one of the PA1b-like peptide family members (red arrow, Fig. 1A). Most PA1b-like peptides were identified in the cotyledon, less in the germ, and almost none in the seed coat (Fig. 1A), which indicates that soybean cotyledon may be the best raw material for preparing PA1b-like peptides.

Subsequently, the peptides extracted from soybean cotyledon by RP-HPLC were collected and analyzed by LC-MS. The prominent peaks eluted at 4.14 min were identified to be PA1b-like peptides using typical base peak ion chromatograms (Fig. 1B). More than 10 variants were identified in soybean cotyledon (Fig. 1C). The molecular weights of the top four abundant PA1b-like peptides were 3740.61 Da ( $m/z = 1247.88$ ), 3902.66 Da ( $m/z = 1301.90$ ), 3918.65 Da ( $m/z = 1307.23$ ) and 3950.65 Da ( $m/z = 1317.89$ ) (Fig. 1D). The peptide residues corresponding to these molecular weights (MW) were matched to the reported sequences ASCNGVCSPFEMPPCGTSACRCIPV

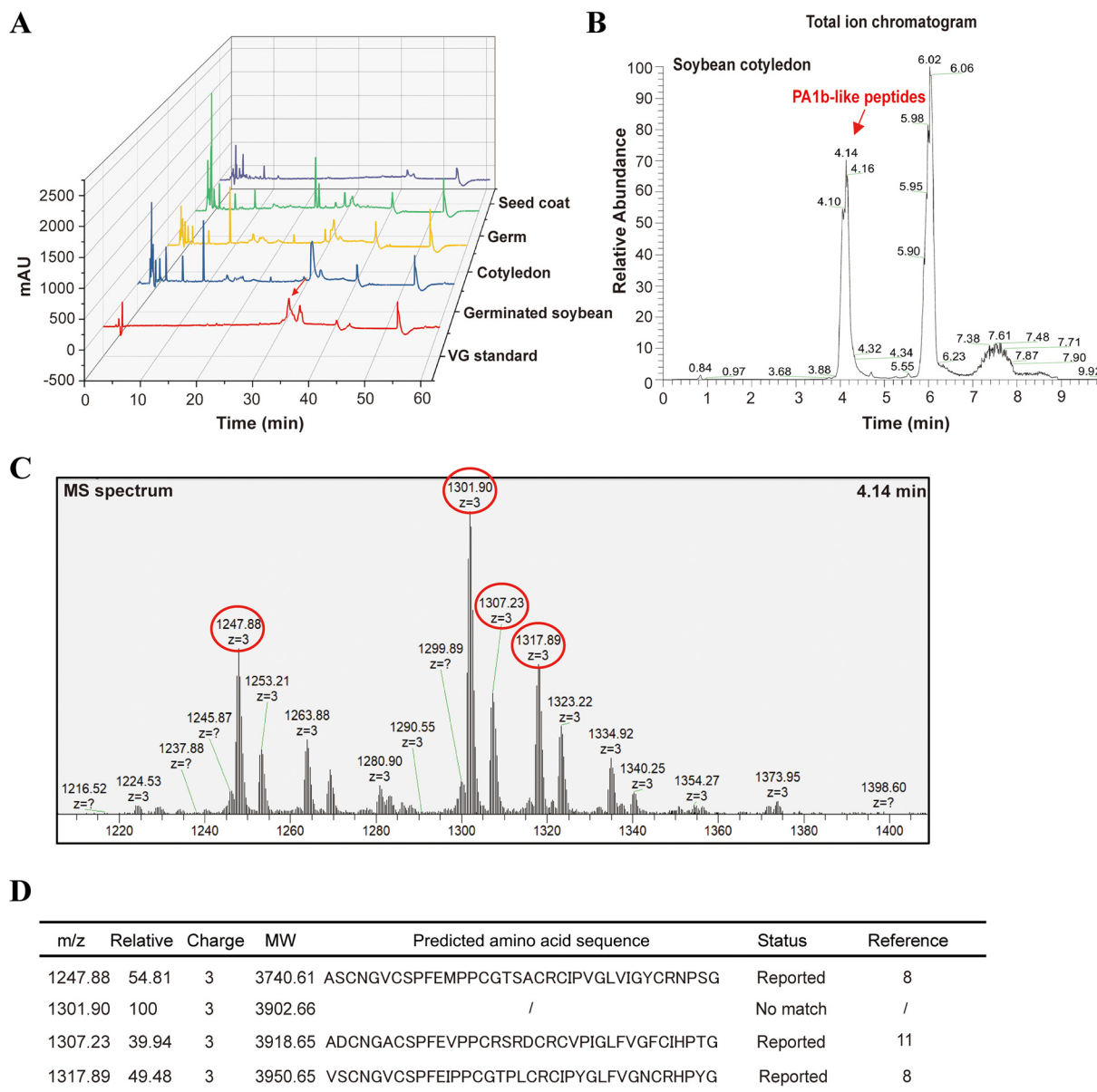
GLVIGYCRNPSG (MW = 3742.3 Da),<sup>8</sup> ADCNGACSPFEVPPCRSRDCRCVPIGLFVGFCIHPTG (MW = 3917.4 Da),<sup>11</sup> and VSCNGVCSPFEIPPCGTPLCRCIPYGLFVGNCRHPYG (MW = 3958.2 Da).<sup>8</sup>

## 3.2 Structural analysis of PA1b-like peptides

We summarized several reported PA1b-like peptides and their biological activities (Table 1). PA1b (ASCNGVCSPFEMPPCGTSACRCIPVGLVIGYCRNPSG), an anti-insecticidal peptide from pea seed, had a MW of 3742 Da.<sup>1,2</sup> PA1F (ASCNGVCSPFEMPPCGTSACRCIPVGLVIGYCRNPSG), isolated from pea seeds, could dramatically increase blood glucose concentration by subcutaneous injection with a dosage of 5 or 10 µg g<sup>-1</sup> (body weight) in normal and T2D mice.<sup>8</sup> AG (ASCNGVCSPFEMPPCGSSACRCIPVGLVVGVCYCRHPSG) regulated glucose homeostasis in T2D mice by activating the IR/IRS1 pathway.<sup>9</sup> VG (VSCNGVCSPFEMPPCGSSACRCIPYGLVVGNCRHPSG) could be useful in T2D for restoring impaired insulin signaling, improving glucose tolerance, directly promoting the proliferation of β-cells *via* the IR/Akt/Erk pathway,<sup>10,37</sup> and enhancing fatty acid metabolism in mice by activating the AMPK pathway.<sup>35</sup> IG (ISCNGVCSPFDIPPCGTPLCRCIPAGLFVGKCRHPYG) ameliorated insulin resistance in high-fat diet fed C57BL/6J mice and differentiated 3T3L1 adipocytes with improvement in insulin signaling and mitochondrial function.<sup>14</sup> DG (VSCNGVCSPFDIPPCGTPLCRCIPYGLFVGNCRHPYG) alleviated atherosclerosis in apolipoprotein E-deficient mice.<sup>13</sup> Leg-1 (ADCNGACSPFEVPPCRSRDCRCVPIGLFVGFCIHPTG) and Leg-2 (ADCNGACSPFEMPPCRSRDCRCVPIGLVAGFCIHPTG) were also identified in soybean and significantly induced 2DG uptake in mouse C2C12 cells.<sup>11</sup> aM1 (VDCSGACSPFEVPPCGSRDCRCIPIGLVVGFCIYPTG) targeted Akt signaling and alleviated insulin resistance.<sup>20</sup>

We found that these peptides had 37 amino acid residues and contained highly conserved six cysteine residues with the homology ranging from 62% to 92%, forming three pairs of disulfide bonds C3–C20, C7–C22, and C15–C32 (Table 1). The isoelectric point (pI) of PA1b-like peptides ranged from 4.56 (aM1) to 8.34 (IG). PA1b, PA1F, AG, VG, IG, and DG were positively charged. The two peptides Leg-1 and Leg-2 were neutral, whereas aM1 was negatively charged. Besides, these PA1b-like peptides had low GRAVY values, indicating that they had strong hydrophilicity (Table 1). Based on the cysteine-spacing pattern, the peptides formed five conserved inter-cysteinyll loops. A sequence logo of PA1b-like peptides was generated to illustrate the similarity and occurrence of the amino acid positions (Fig. 2A). In general, in addition to the six conserved cysteine residues, five prolines (Pro9, Pro13, Pro14, Pro24, and Pro35), four glycines (Gly5, Gly26, Gly30 and Gly37), Ser8, Phe10, Arg21, and Leu27 were absolutely conserved in all PA1b-like peptides (Fig. 2A). Secondary structure sequence alignment of PA1b-like peptides was modeled using ESPrnt3.0, which revealed that these peptides had three β-fold regions (Fig. 2B), presenting lots of potential for interaction with target proteins. PA1b-like peptides had a T-knot scaffold containing 3 β-strands (βA: Ala6–Ser8; βB: Cys20–Pro24; βC: Gly30–His34), with two adjacent β-strands,





**Fig. 1** (A) HPLC analysis of polypeptides from different parts of soybean. (B) Total ion chromatogram of LC-MS analysis for soybean cotyledon. (C) MS spectra observed in soybean cotyledon at 4.14 min. (D) The predicted amino acid sequence in soybean cotyledon.

$\beta$ B and  $\beta$ C, connected by a distorted type-I  $\beta$ -turn around Gly26-Val29. The  $\beta$ -strands made up a two-stranded antiparallel  $\beta$ -sheet which is stacked by a long N-terminal loop containing  $\beta$ A, 2 type-I  $\beta$ -turns around Ser8-Glu11 and Ser17-Cys20, and a *cis* Pro at position 13 (Fig. 2B).<sup>38,39</sup>

Three-dimensional (3D) structures of AG, VG, IG, DG, aM1 and Leg-2 were built using Swiss-Model online with the solution structure of PA1B (PDB: 1P8b) as a template, and then analyzed using PyMOL software (Fig. 2C). The sequence of Leg-1 was the same as the solution structure of leginsulin (PDB: 1JU8). RMSD values (ranging from 0.073 to 1.799) showed that the 3D structures of these PA1b-like peptides were highly similar (Fig. 2D). It is speculated that they may have similar biological functions or similar targets.

### 3.3 Molecular docking analysis of PA1b-like peptides and VDAC1

Previous studies showed that PA1b-like peptides AG and PA1F may have an affinity for VDAC1 in pancreatic membrane protein extracts from porcine and mouse pancreases.<sup>5,8</sup> In the present study, the interactions of PA1b-like peptides and VDAC1 (PDB: 2jk4) were further investigated by molecular docking. The ligands (AG, VG, IG, DG, aM1, Leg-1, Leg-2 and PA1F) were prepared using Swiss-Model online as mentioned in Fig. 2C. The binding energies of the interaction complexes were found to range from  $-7.324$  (PA1F/VDAC1) to  $-9.256$  (AG/VDAC1) kcal mol<sup>-1</sup> (Table 2). AG has the lowest binding energy ( $-9.256$  kcal mol<sup>-1</sup>), while VG shows the second lowest binding energy ( $-9.254$  kcal mol<sup>-1</sup>) (Table 2). Human VDAC1 (hVDAC1) showed



**Table 1** Primary sequences and physicochemical properties of PA1b-like peptides

PA1b-like peptides	Species	Amino acid sequence	Mass (Da) <sup>a</sup>	Charge <sup>b</sup>	PI <sup>c</sup>	GRAVY <sup>d</sup>	Similarity % <sup>e</sup>	Ref.
PA1F	Pea	ASCNGVCSPFEMPPCGTSACRCIPVGLVIGYCRNPSPG	3742.3	+1	7.81	0.38	100.00	8
Aglycin (AG)	Soybean	ASCNGVCSPFEMPPCGSSACRCIPVGLVVGICRHPSPG	3742.3	+1	7.82	0.38	91.89	9
Vglycin (VG)	Soybean	VSCNGVCSPFEMPPCGSSACRCIPYGLVVGNCRHPSPG	3786.4	+1	7.77	0.23	83.78	10
Iglycin (IG)	Soybean seed	ISCNGVCSPFDIPPCGTPLCRCIPAGLVFGKCRHPYG	3880.0	+2	8.34	0.37	70.27	14
Dglycin (DG)	Soybean	VSCNGVCSPFDIPPCGTPLCRCIPYGLVFGNCRHPYG	3940.0	+1	7.76	0.29	70.27	13
Leg-1	Green soybean	ADCNGACSPFEVPPCRSRDCRCVPIGLVFGFCIHPTG	3917.4	0	6.74	0.27	59.46	11
Leg-2	Green soybean	ADCNGACSPFEVPPCRSRDCRCVPIGLVAGFCIHPTG	3873.4	0	6.74	0.18	64.86	11
$\alpha$ -Astratide (aM1)	Huang qi	VDCSGACSPFEVPPCGSRDCRCIPIGLVVGFCIYPTG	3811.8	-1	4.56	0.61	62.16	20

<sup>a</sup> Mass (Da) = reported mass. <sup>b</sup> Charge: the total charge was the sum of positive (lysine, arginine, and histidine residues) and negative (glutamate and aspartate residues) charges present in the sequence. <sup>c</sup> PI was calculated using ProtParam (<https://web.expasy.org/protparam/>). <sup>d</sup> GRAVY (Grand Average of Hydropathy) was calculated using ProtParam. <sup>e</sup> Similarity was calculated online using BLAST (<https://blast.ncbi.nlm.nih.gov/Blast.cgi>).

an uneven number of 19 strands and 18 loop-like connections with a less distinct distribution of shortened loop structures to one side of the membrane (Fig. 3A). The horizontal dimensions of hVDAC1 are  $3.5 \times 3.1$  nm (Fig. 3A).<sup>40</sup> We illustrated the theoretical binding pattern of the peptide AG/VG to the VDAC1 binding sites. The docking models for AG/VG demonstrated the presence of hydrophobic interactions and hydrogen bonding (Fig. 3A and C). The amino acid residues Ala1, Ser2, Ser18, and Gly37 in AG formed hydrogen bonds with the VDAC1 active sites Glu169, Asn171, Asp133, Thr9, and Asn127 (Fig. 3B). The amino acid residues Ser2, Asn4, Val6, Asn31, Tyr25 and Gly37 in VG formed hydrogen bonds with the VDAC1 active sites Lys122, Lys118, Glu87, Arg142, and Asn15 (Fig. 3D). The docking diagram of other ligands (IG, DG, aM1, Leg-1, Leg-2 and PA1F) and VDAC1 is shown in Fig. S1.† Structurally, the pore on VDAC1 for the exchange of metabolites blocked by PA1b-like peptides may affect the mitochondrial function in cells.

### 3.4 Molecular dynamics simulation analysis

To investigate the binding behavior of PA1b-like peptides and VDAC1 at the atomic level, we conducted a 200 ns molecular dynamics simulation. The RMSD, RMSF,  $R_g$ , SASA, secondary structure and binding free energy of the complexes were calculated (Fig. 4).

**3.4.1 RMSD and RMSF.** Root mean square deviation (RMSD) is a vital metric for assessing the stability of protein structures over time.<sup>41</sup> The RMSD of the complexes AG-VDAC1 and VG-VDAC1 reached equilibrium after 50 ns. The average background RMSD values (0–200 ns) of the AG-VDAC1 and VG-VDAC1 complexes were 0.39 and 0.44 nm, respectively, indicating that AG/VG binds tightly to VDAC1. At the same time, it can be inferred from the trend of the RMSD that the AG-VDAC1 complex is more stable than the VG-VDAC1 complex (Fig. 4A). We also found the average RMSF values of the ligands AG and VG, at 0.13 nm and 0.18 nm, respectively (Fig. 4B), which also indicates that both ligands have stable interactions with VDAC1.

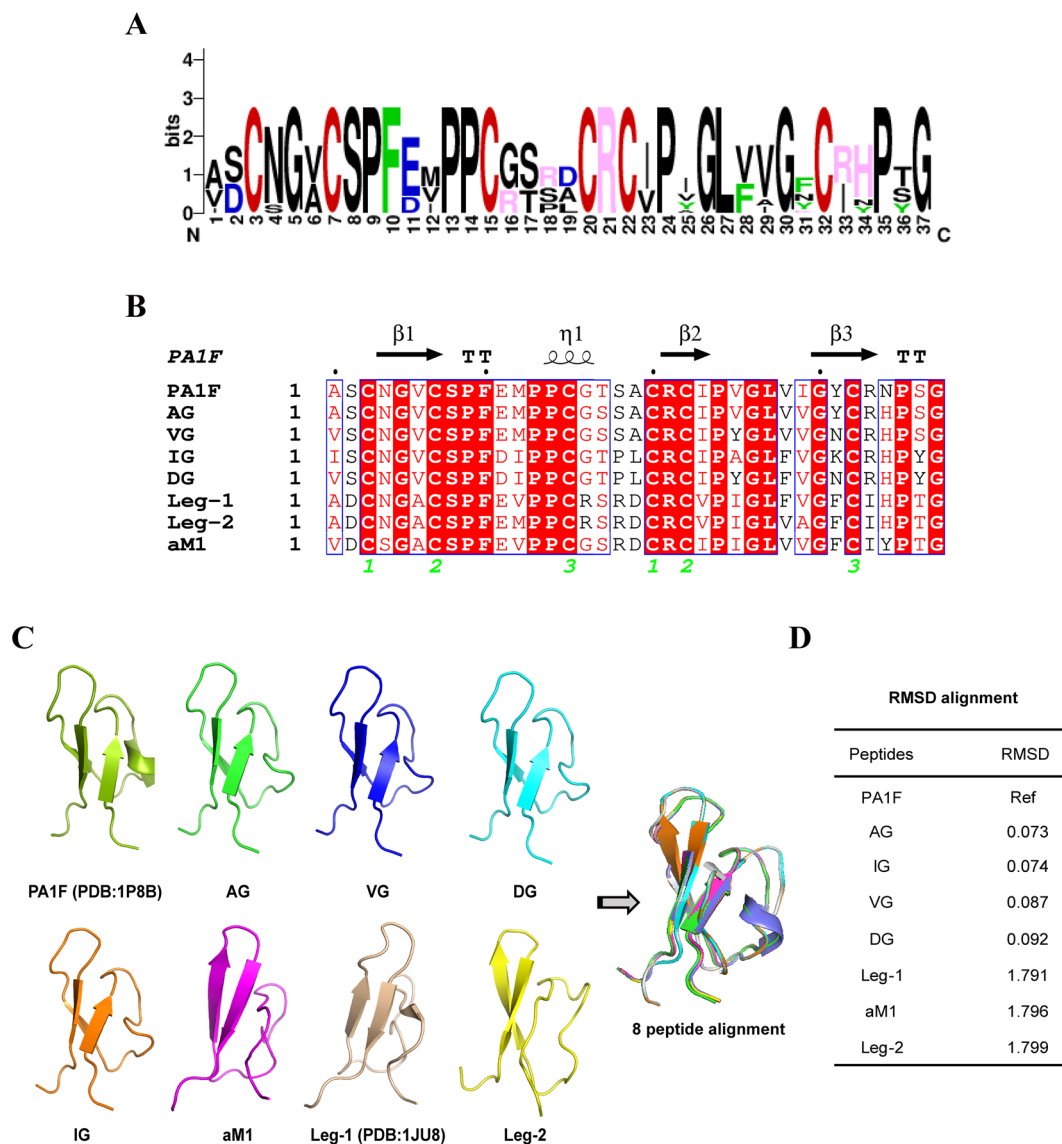
**3.4.2  $R_g$ , SASA and secondary structure.**  $R_g$  describes the mass-weighted root-mean-square distance of a group of atoms

from their common center of mass and is generally used to evaluate the compactness and folding stability of a system.<sup>41,42</sup> Lower  $R_g$  values indicate a more stable protein structure. The  $R_g$  values of the AG-VDAC1 and VG-VDAC1 complexes were 2.09 and 2.11 nm, respectively. Throughout the 0–200 ns simulation, the AG-VDAC1 and VG-VDAC1 complexes had a compact and stable structure (Fig. 4C). Additionally, SASA has been used to measure the surface area of proteins that are exposed to solvents and can affect ligand binding. The trend observed for the SASA values was consistent with the  $R_g$  values (Fig. 4D). DSSP (Dictionary of Protein Secondary Structure) defines the secondary structure of a series of proteins, including coil,  $\beta$ -sheet, 3-helix,  $\alpha$ -helix, 5-helix, corner,  $\beta$ -fold, etc.<sup>43</sup> The secondary structure for each frame of the AG-VDAC1 and VG-VDAC1 complexes was visualized (Fig. 4E and F). Throughout the 0–200 ns simulation, the average number of  $\alpha$ -helix residues in AG-VDAC1 was about 12.0, and in VG-VDAC1, it was about 9. The number of  $\beta$ -sheet residues in AG-VDAC1 was about 172.1, and in VG-VDAC1, it was about 164.8 (Fig. S2A and B†).

**3.4.3 Free-energy landscape maps.** Free-energy morphology maps were created using RMSD ( $x$ ),  $R_g$  ( $y$ ), and free-energy values ( $z$ ) of the AG-VDAC1 and VG-VDAC1 complexes to investigate the conformational changes in different energy states (Fig. 4G and H). The two-dimensional maps showed that both the AG-VDAC1 and VG-VDAC1 complexes had a low free energy (Fig. 4G and H). In the 200 ns dynamics simulation, there were 278 frames with the lowest conformational energy for the docking of AG and VDAC1. The RMSD values ranged from 2.089 to 2.093, and the  $R_g$  values ranged from 0.417 to 0.432 (Fig. 4G). Similarly, there were 289 frames with the lowest conformational energy for the docking of VG and VDAC1. The RMSD values ranged from 2.078 to 2.082, and the  $R_g$  values ranged from 0.485 to 0.504 (Fig. 4H). Both the AG-VDAC1 and VG-VDAC1 complexes had approximately one energy trap.

**3.4.5 Determination of MMPBSA.** The binding free energies between the AG/VG-VDAC1 complexes were calculated using the MMPBSA method. The last 5 ns were selected to analyze the binding free energy. The  $\Delta E_{\text{vdw}}$ ,  $\Delta E_{\text{elec}}$ ,  $\Delta G_{\text{polar}}$ , and  $\Delta G_{\text{non-polar}}$  values of the AG-VDAC1 complex were -580.24, -506.79,





**Fig. 2** Advanced structural analysis of PA1b-like peptides. (A) Conservation analysis of amino acid residues in PA1b-like peptides using WebLogo – Create Sequence Logos (berkeley.edu). Conservation is indicated by the overall height of the stack, whereas the frequency of amino acids at specific positions is revealed by the height of the symbols within the stack. The colors red, blue, pink, and green indicate cysteine, negatively charged residues (D and E), positively charged residues (H, K, R), and aromatic amino acid residues (F, W, Y), respectively. (B) Secondary structure sequence alignment of PA1b-like peptides using ESPript3.0 (<https://esprict.ibcp.fr/ESPript/cgi-bin/ESPript.cgi>).  $\eta$ ,  $\beta$ -turn;  $\beta$ ,  $\beta$ -fold; TT,  $\beta$ -sheet angle; green numbers represent the order of the three disulfide bonds. (C) 3D structural modeling of PA1b-like peptides. PA1F (PDB: 1P8B) and Leg-1 (PDB: 1JU8) were downloaded from the PDB database. The 3D structures of the peptides were generated using Swiss-Model online (<https://swissmodel.expasy.org/>) and visualized using PyMOL (download from <https://www.pymol.org/>). (D) Structural similarity of the PA1b-like peptides was evaluated using RMSD.

1014.89, and  $-99.36 \text{ kJ mol}^{-1}$ , respectively (Fig. 4I). The  $\Delta G_{\text{bind}}$  of the AG-VDAC1 complex was  $-103.55 \text{ kJ mol}^{-1}$ , indicating a very strong interaction between them (Fig. 4I). The residues Gly37 ( $-66.70 \text{ kJ mol}^{-1}$ ), Val6 ( $-21.83 \text{ kJ mol}^{-1}$ ), Glu11 ( $-19.10 \text{ kJ mol}^{-1}$ ), Ile29 ( $-15.13 \text{ kJ mol}^{-1}$ ) and Val25 ( $-13.70 \text{ kJ mol}^{-1}$ ) in the peptide AG significantly contributed to the electrostatic interaction. The  $\Delta E_{\text{vdw}}$ ,  $\Delta E_{\text{elec}}$ ,  $\Delta G_{\text{polar}}$  and  $\Delta G_{\text{non-polar}}$  values of the VG-VDAC1 complex were  $-656.56$ ,  $-52.71$ ,  $761.33$ , and  $-96.83 \text{ kJ mol}^{-1}$ , respectively (Fig. 4I). The  $\Delta G_{\text{bind}}$  of the VG-VDAC1 complex was  $-26.19 \text{ kJ mol}^{-1}$ , indicating a moderate

interaction between them (Fig. 4I). Gly37 ( $-79.21 \text{ kJ mol}^{-1}$ ), Glu11 ( $-48.34 \text{ kJ mol}^{-1}$ ), Phe10 ( $-32.08$ ), Val6 ( $-29.72 \text{ kJ mol}^{-1}$ ), and Met12 ( $-14.57 \text{ kJ mol}^{-1}$ ) were the key residues in VG. The results showed a strong interaction between the ligands (AG, VG) and the receptor VDAC1.

### 3.5 VG directly interacted with VDAC1 in mitochondria of $\beta$ -cells

The molecular docking and molecular dynamics simulations showed a strong affinity of PA1b-like peptides and VDAC1.





**Table 2** Binding free energy of PA1b-like peptides and VDAC1 complexes

Ligands	Receptor	Binding free energy <sup>a</sup> (kcal mol <sup>-1</sup> )
AG	VDAC1 (2JK4)	-9.256
VG	VDAC1	-9.254
IG	VDAC1	-8.497
Leg-2	VDAC1	-8.239
DG	VDAC1	-9.108
aM1	VDAC1	-7.765
Leg-1 (1JU8)	VDAC1	-7.408
PA1F (1P8B)	VDAC1	-7.324

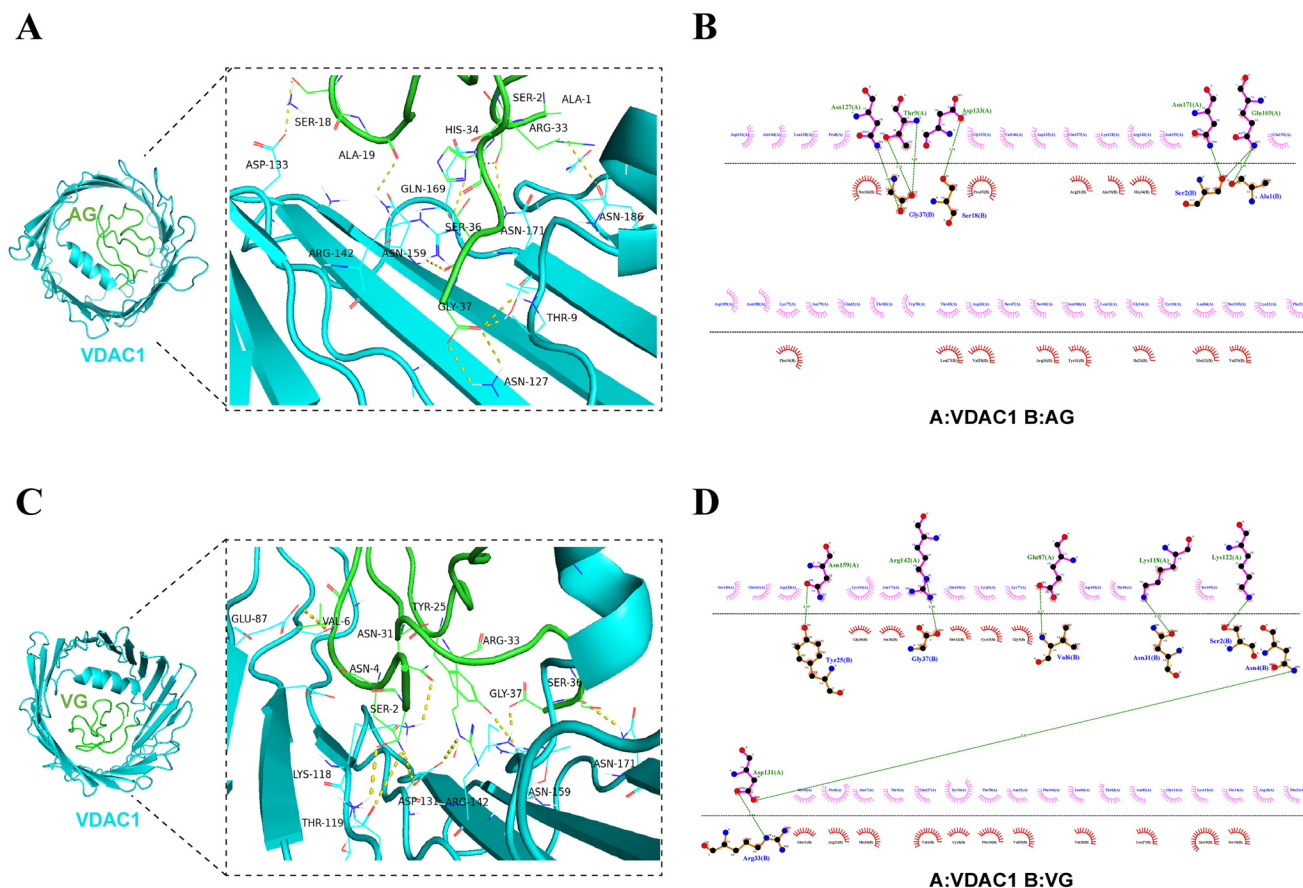
<sup>a</sup> Binding free energy < -7.0 kcal mol<sup>-1</sup> indicated a strong interaction between the receptors and the ligands.

Next, we wanted to determine whether these peptides can interact with VDAC1 protein *in vivo* and *in vitro* by colocalization, immunoprecipitation and SPR analysis. To validate this prediction, we synthesized a fusion peptide (His-VG) that contained a 6× His tag at the N terminal. The synthesized His-VG had a purity >95%, and a molecular weight of 4608.21 Da (Fig. S3A and B†). We also prepared a FITC-labeled peptide VG (FITC-VG), which was confirmed by MALDI-TOF MS

(Fig. S3C†). Previous studies showed that cystine-rich microproteins or proline-rich peptides are cell-penetrating.<sup>20</sup> Live-cell imaging of MIN6 showed that FITC-VG was internalized and distributed throughout the cytoplasm, and co-localized with mitochondria (Fig. 5A). The co-IP results showed that His-VG can pull down the VDAC1 protein from the mitochondrial lysate in MIN6 cells (Fig. 5B). To further demonstrate the universality of this interaction, we overexpressed VG by transfecting plasmid pEGFP-VG into HEK293T cells. The size of GFP-VG was about 30.7 kDa, which was in line with the expected size. We further overexpressed VG in HEK293T cells and found that VG can be pulled down by His-VDAC1 (Fig. 5C). SPR results showed that VDAC1 can bind VG with an affinity constant of 653 nM (Fig. 5D). These results strongly indicate a direct interaction between the peptide VG and VDAC1 in β-cells.

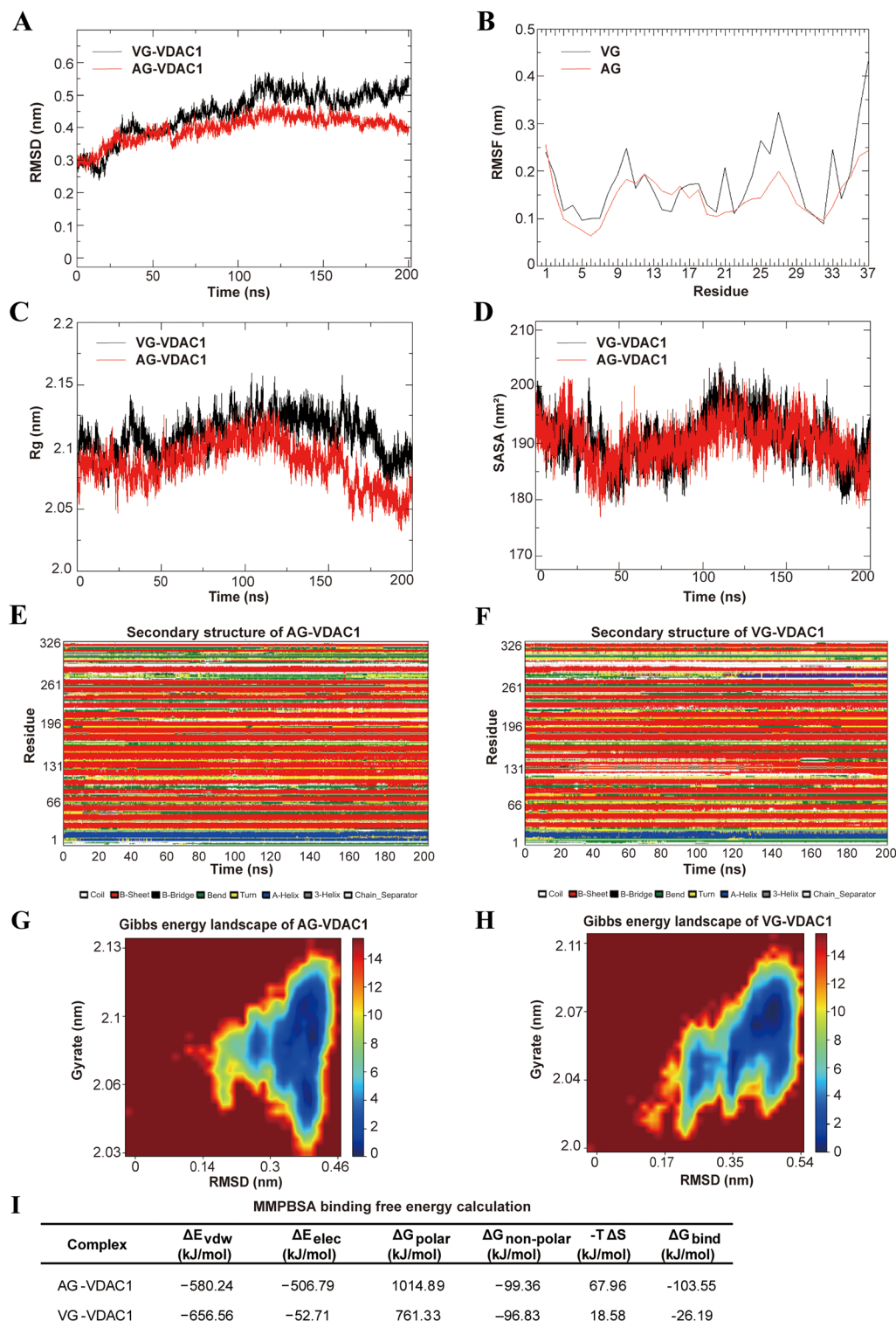
### 3.6 VG ameliorated the high glucose-induced mitochondrial dysfunction in β-cells

Long-term high glucose conditions can lead to elevation of ROS, mitochondrial dysfunction, and eventually induce the deregulation of metabolism and gradual apoptosis in β-cells.<sup>31,44</sup> In our study, high glucose cultivation mildly pro-



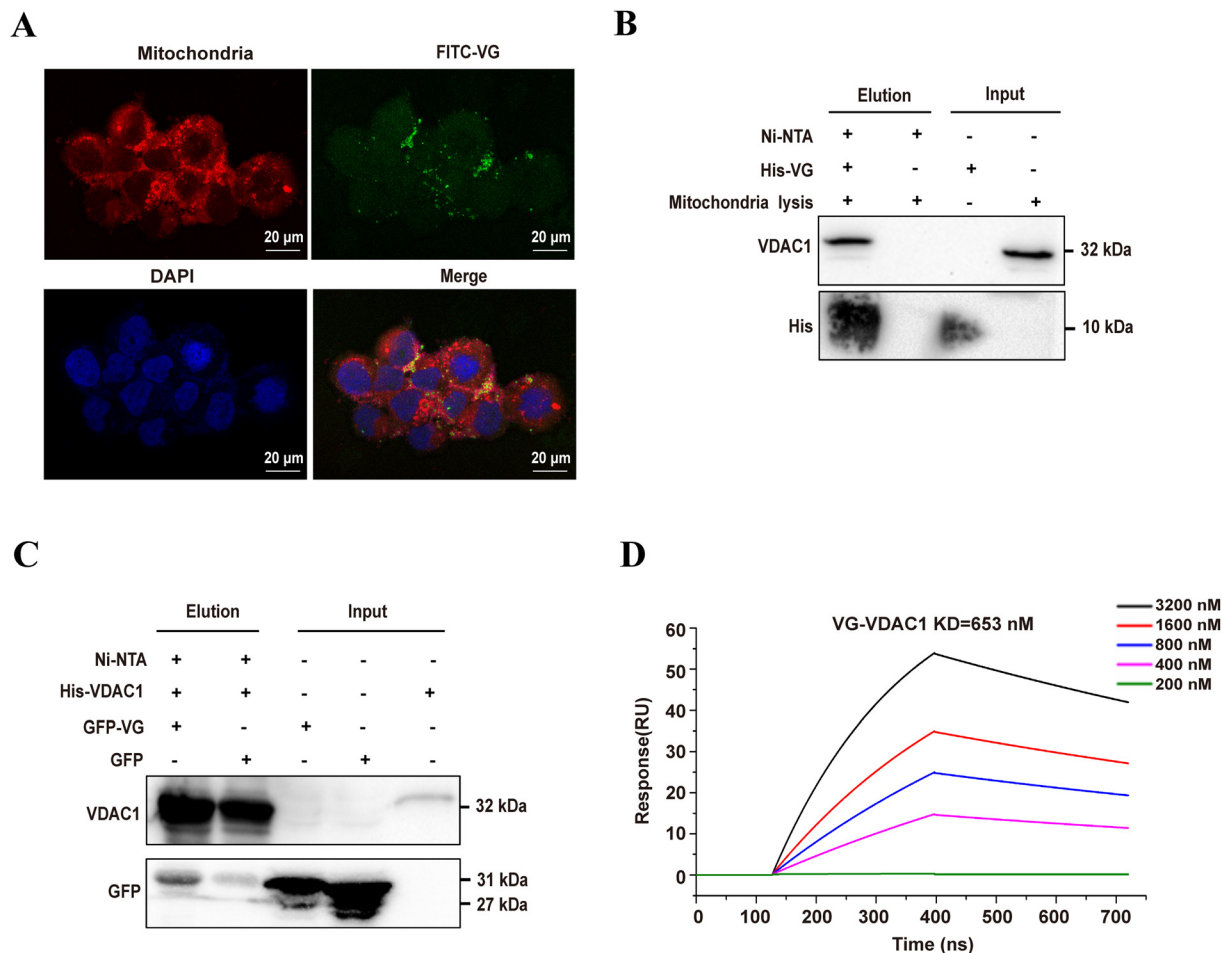
**Fig. 3** Molecular docking results of peptides AG/VG and VDAC1 (PDB: 2JK4). (A and C) Three-dimensional models of the interaction between AG/VG and VDAC1. (B and D) The binding geometry analysis of AG/VG and VDAC1. Three-dimensional models of the interactions between AG/VG and VDAC1 are drawn using PyMOL, and 2D analyses were conducted using LigPlot+. Green dashed lines represent H-bonds. Red dashed lines represent hydrophobic interactions. Full side chains are shown for residues involved in H-bond formation.





**Fig. 4** Molecular dynamics simulations (200 ns) were performed on AG/VG-VDAC1 complexes. (A) RMSD (nm) of the backbones for the AG/VG-VDAC1 complexes. (B) RMSF (nm) of the backbone for the ligands AG/VG. (C)  $R_g$  (nm) of the backbone atoms of the AG/VG-VDAC1 complexes. (D) Solvent-accessible surface area (SASA) values ( $\text{nm}^2$ ) of the AG/VG-VDAC1 complexes. (E and F) Secondary structure of the AG/VG-VDAC1 complexes. (G and H) Two-dimensional free-energy landscape maps of the AG/VG-VDAC1 complexes. Blue color indicates a low-free-energy landscape, while brown color indicates a high-free-energy landscape. (I) The binding free energy of AG/VG-VDAC1 complexes calculated using the MMPBSA method.





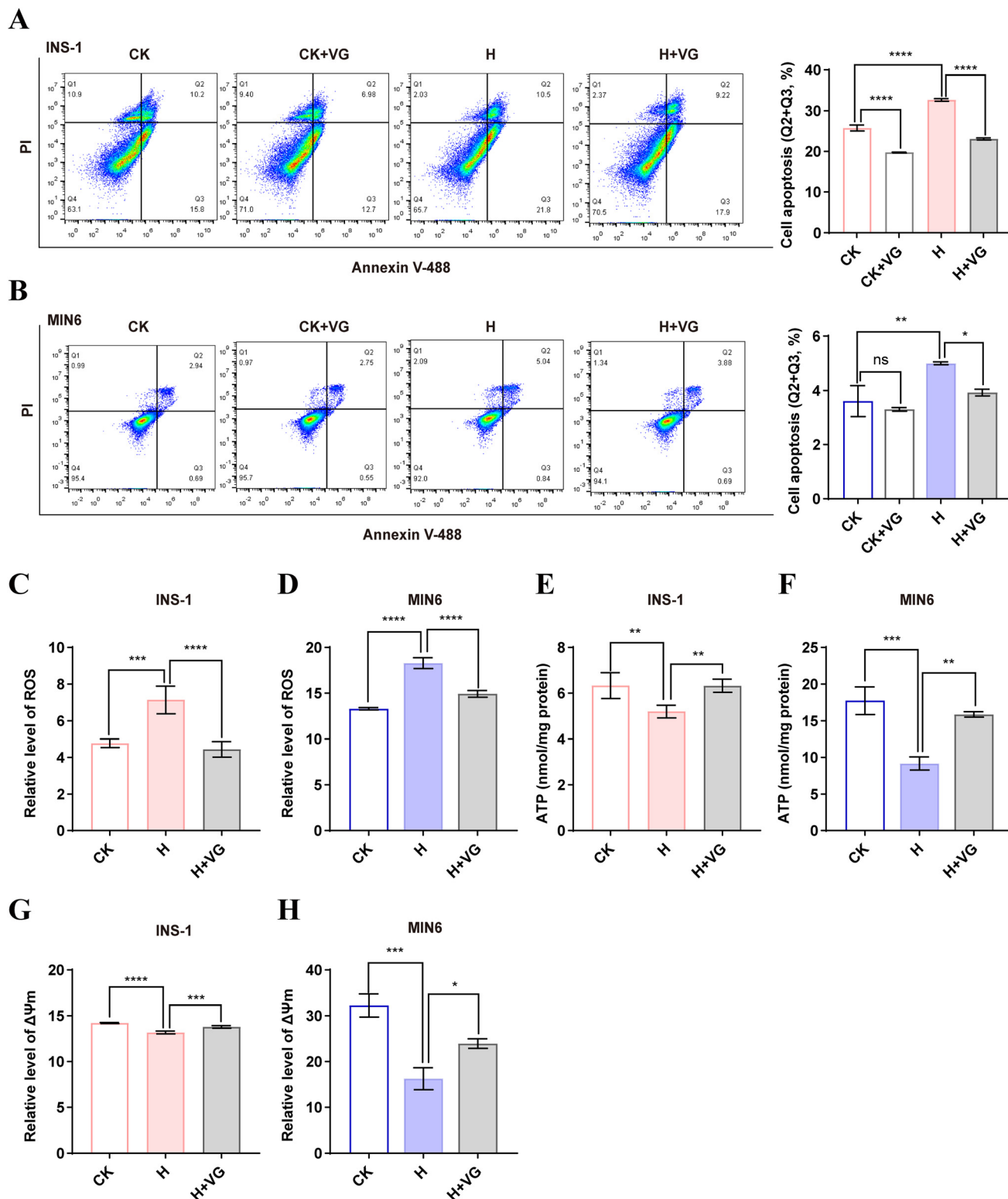
**Fig. 5** Identification of the interaction between VG and VDAC1. (A) Colocalization analysis of FITC-VG and mitochondria by confocal microscopy imaging. Bar: 20  $\mu\text{m}$ . (B) Pull-down analysis of the interaction between His-VG and VDAC1 in mitochondria of MIN6. (C) Pull-down analysis of the interaction between overexpressed VG and VDAC1 in HEK293T cells. (D) The interaction between VG and VDAC1 was determined by surface plasmon resonance analysis.

moted apoptosis in MIN6 and INS-1 cells, which was in line with the previous reports.<sup>45</sup> Comparatively, VG treatment reduced the percentages of apoptotic cells in both cell lines (Fig. 6A and B). Similarly, high glucose cultivation increased the ROS level, a trigger of mitochondrial dysfunction and cell apoptosis in INS-1 and MIN6 cells, while VG suppressed ROS production (Fig. 6C and D). We also found that high glucose cultivation damaged the mitochondrial function, as evidenced by the decreased levels of ATP and  $\Delta\Psi_{\text{m}}$ . However, VG treatment reversed the two events in INS-1 and MIN6 cells (Fig. 6E–H). The results suggested that VG ameliorated high-glucose induced mitochondrial dysfunction and apoptosis. VDAC1 is a key structural component of the mitochondrial permeability transition pore.<sup>30</sup> The mitochondrial permeability transition pore opening directly impairs mitochondrial cellular integrity, mitochondrial membrane potential and ATP stores.<sup>46</sup> Our IP experiment demonstrated that VDAC1 was the interacting protein of the peptide VG. Here, VG improves mitochondrial function, which may be related to VDAC1.

### 3.7 VG promoted insulin secretion and intracellular $\text{Ca}^{2+}$ in $\beta$ -cells

Stimulation by glucose and nutrients (amino acids, free fatty acids) in plasma modulates the entry of  $\text{Ca}^{2+}$  through the opening of L-type voltage-dependent calcium channels, which leads to insulin secretion.<sup>47,48</sup> High glucose (20 mM) stimulated an increase in insulin secretion in INS-1 cells compared to low glucose (5.5 mM). VG treatment promoted insulin secretion under high glucose cultivation, rather than under low glucose cultivation (Fig. 7A). However, in MIN6 cells, we did not detect an obvious influence of VG on the release of insulin both under high glucose and low glucose cultivation (Fig. 7B). These results indicate that VG can restore the function of  $\beta$ -cells under high glucose while avoiding hypoglycemia. We found that the stimulation with the peptides significantly increased intracellular green fluorescence, that is, the concentration of  $\text{Ca}^{2+}$  instantaneously increased in INS-1 cells (Fig. 7C), rather than in MIN6 cells (Fig. 7D). The results were consistent with what has been reported

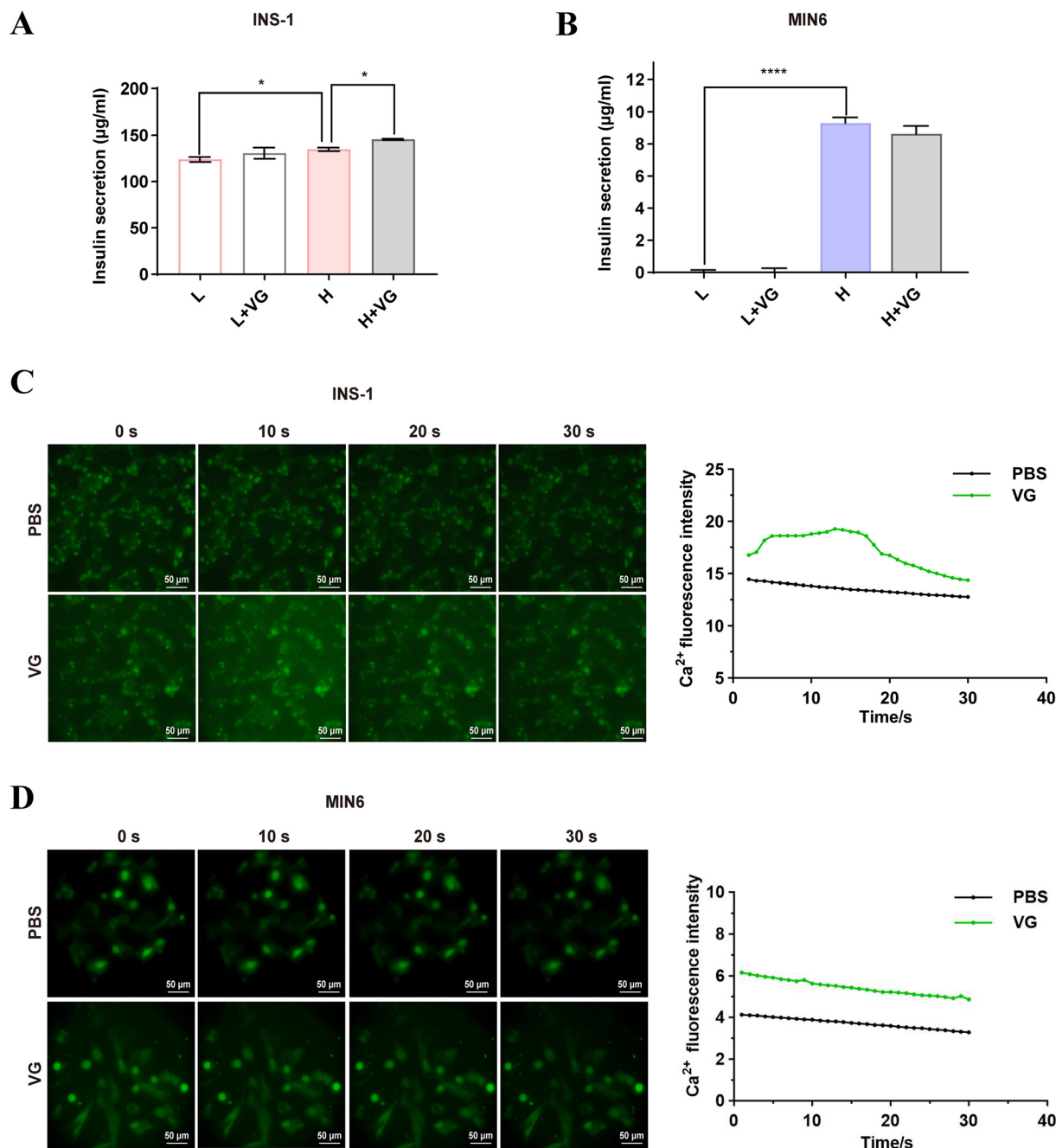




**Fig. 6** VG protects against mitochondrial dysfunction and inhibits apoptosis in  $\beta$ -cells. (A) The INS-1 cells were treated with high glucose (20 mM) and  $50 \mu\text{g ml}^{-1}$  VG for 48 h and cell apoptosis was analyzed using the Annexin V-488/PI apoptosis assay kit. (B) The MIN6 cells were treated with high glucose (H, 45 mM) and  $50 \mu\text{g ml}^{-1}$  VG for 48 h and cell apoptosis was analyzed using the Annexin V-488/PI apoptosis assay kit. (C and D) ROS was detected using the fluorescent probe DCFH-DA. (E and F) Intracellular ATP content was assayed with the ATP assay kit. (G and H) Mitochondrial membrane potential ( $\Delta\Psi_m$ ) was detected using the fluorescent probe JC-1. The data are shown as the mean  $\pm$  SD of three independent experiments. All data are expressed as means  $\pm$  SEM. Statistical analysis was performed using one-way ANOVA followed by Duncan's multiple range test. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ , \*\*\*\* $P < 0.0001$ .







**Fig. 7** Insulin secretion and intracellular  $\text{Ca}^{2+}$  were detected after VG treatment. (A and B) The release of insulin was detected by ELISA in INS-1 and MIN6 cells. L, low glucose (5.5 mM in INS-1, 11 mM in MIN6); H, high glucose (20 mM in INS-1, 45 mM in MIN6). (C and D) The intracellular  $\text{Ca}^{2+}$  flux was determined by fluorescence microscopy imaging (left panel) in INS-1/MIN6 cells after VG treatment and quantified using ImageJ software (right panel) in INS-1/MIN6 cells. All data are presented as means  $\pm$  SEM. Statistical analysis was performed using one-way ANOVA followed by Duncan's multiple range test. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ , \*\*\*\* $P < 0.0001$ .

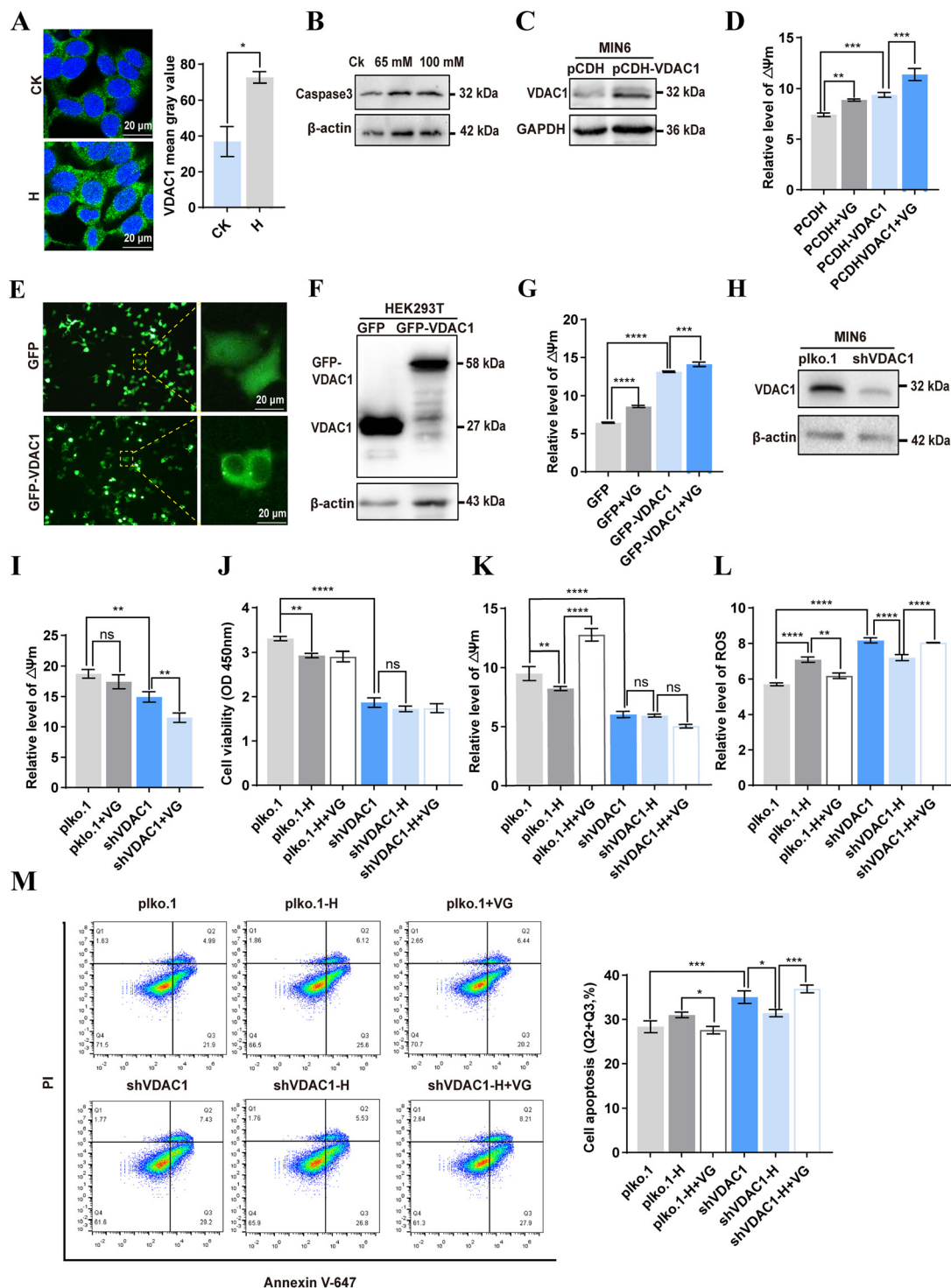
before. PA1b can open  $\beta$ -cell voltage-dependent L-type  $\text{Ca}^{2+}$  channels, and stimulate cell secretion.<sup>15</sup>

### 3.8 VG protected mitochondrial function through VDAC1 in $\beta$ -cells

It has been reported that VDAC1 is upregulated in islets from T2D and non-diabetic organ donors under glucotoxicity conditions.<sup>31</sup> Given that we demonstrated VDAC1 is a direct target

of VG, we then investigated whether VG restores the mitochondrial function through targeting VDAC1. Immunofluorescence results showed that the expression of VDAC1 was increased under high glucose cultivation (Fig. 8A). Long-term high glucose cultivation induced an increase in caspase 3, indicating apoptosis in MIN6 cells (Fig. 8B). Overexpression of VDAC1 elevated the mitochondrial  $\Delta\Psi_m$  in MIN6 cells, and VG treatment further increased  $\Delta\Psi_m$  (Fig. 8C and D). We also observed





**Fig. 8** The effect of the interaction between VG and VDAC1 on mitochondrial function in  $\beta$ -cells. (A) VDAC1 expression was detected under high glucose or normal glucose cultivation using immunofluorescence. (B) Detection of caspase 3 protein expression in MIN6 cells under high glucose cultivation. (C) Detection of VDAC1 by western blotting after plasmid PCDH-His-VDAC1 was transfected into MIN6 cells. (D)  $\Delta\Psi_m$  was detected using the fluorescent probe JC-1 in VDAC1 overexpressed MIN6 cells. (E and F) Detection of VDAC1 after plasmid GFP-VDAC1 transfection in HEK293T cells by immunofluorescence (E) and western blotting (F). (G)  $\Delta\Psi_m$  was detected in VG-treated or VDAC1 overexpressed HEK293T cells. (H) Knockdown of the VDAC1 protein in MIN6 cells through transfection of plasmid pLKO-shVDAC1-puro. (I)  $\Delta\Psi_m$  was detected in VG-treated VDAC1 knockdown MIN6 cells. (J) Effect of VG on cell viability in VDAC1 knockdown cells under high (45 mM) and normal (25 mM) glucose cultivation was determined using CCK8. (K) The effect of VG on  $\Delta\Psi_m$  in VDAC1 knockdown cells under high (45 mM) and normal (25 mM) glucose cultivation. (L) The effect of VG on ROS in VDAC1 knockdown cells under high (45 mM) and normal (25 mM) glucose cultivation. (M) The effect of VG on cell apoptosis in VDAC1 knockdown cells under high (45 mM) and normal (25 mM) glucose cultivation. All data are presented as means  $\pm$  SEM. Statistical analysis was performed using one-way ANOVA followed by Duncan's multiple range test. \* $P$  < 0.05, \*\* $P$  < 0.01, \*\*\* $P$  < 0.001, \*\*\*\* $P$  < 0.0001.



the same phenomenon in HEK293T cells (Fig. 8E–G). Moreover, we knocked down VDAC1 in MIN6 cells and found that  $\Delta\Psi_m$  decreased significantly (Fig. 8H and I). VG treatment could further reduce  $\Delta\Psi_m$  in MIN6 cells with knockdown of VDAC1 (Fig. 8I). These results provided evidence that VG may modulate  $\Delta\Psi_m$  by targeting VDAC1. Knockdown of VDAC1 decreased cell viability under cultivation with 25 mM glucose. VG did not affect cell viability under cultivation with 45 mM glucose (Fig. 8J). Compared with the control group, the  $\Delta\Psi_m$  of MIN6 cells with VDAC1 knockdown did not decrease significantly under high glucose cultivation (Fig. 8K). Moreover, VG treatment could not improve  $\Delta\Psi_m$  (Fig. 8K). High glucose significantly increased ROS in wild-type MIN6 cells, and VG treatment reversed this. However, under high glucose cultivation, knockdown of VDAC1 led to a significant decrease in ROS levels, while VG treatment elevated them (Fig. 8L). Similarly, under high glucose cultivation, the percentage of apoptotic cells in VDAC1-knockdown MIN6 cells decreased, and VG could not exhibit a protective effect (Fig. 8M). These results indicated that VG protected the mitochondrial function through VDAC1 in  $\beta$ -cells.

## 4 Discussion

Currently, approximately 45% of all clinically approved drugs are plant-derived, with a molecular weight <1 kDa.<sup>49</sup> 37% of synthetic drugs are inspired by small molecule metabolites.<sup>50</sup> In contrast, peptide drugs are preferred by the public due to their higher specificity and fewer toxic side effects. Previous studies showed that PA1b-like peptides, also called 37-amino-acid hormone-like ICK paradigm peptides, have high stability and resist protease hydrolysis.<sup>8,17,51</sup> C3–C20 and C7–C22 of the three disulfide bridge bonds of PA1b-like peptides formed a skeletal structure, and C15–C32 penetrated the skeleton.<sup>1,2</sup> We analyzed the structure of some PA1b-like peptides (PA1F, AG, VG, IG, DG, Leg-1, Leg-2 and aM1) and found that in addition to the six conserved cysteine residues, five prolines (Pro9, Pro13, Pro14, Pro24, and Pro35), four glycines (Gly5, Gly26, Gly30 and Gly37), Ser8, Phe10, Arg21, and Leu27 were absolutely conserved.

VDAC1, an outer mitochondrial membrane protein, is involved in energy homeostasis by transporting metabolites.<sup>52</sup> The connection from the  $\alpha$ -helix to the first  $\beta$ -strand is a flexible and highly conserved sequence (Gly21–Tyr22–Gly23–Phe24–Gly25), which increased mobility in this region.<sup>53</sup> Specifically, rotation at this hinge region to move the helix away from the wall of the pore would place the N-terminal domain into a position of greater obstruction within the cavity where it would block the transport of metabolites while still permitting ion flux.<sup>54</sup> High blood glucose levels can lead to increased expression of VDAC1, which damages mitochondrial function by elevating oxidative stress in  $\beta$ -cells, and increases the risk of diabetic complications.<sup>31,55</sup> VDAC1 is considered as a promising therapeutic target to regulate vital metabolic processes and apoptotic cell death.<sup>56,57</sup> In this work, we found that nearly all the PA1b-like peptides had a strong interaction with VDAC1 by blocking

the ion channel, which may inhibit the expression or oligomerization of VDAC1 in  $\beta$ -cells, thereby protecting the mitochondria from damage under high glucose conditions. Our results indicated that VG improved mitochondrial function *via* rebuilding mitochondrial membrane potential in both MIN6 and INS-1 cells, especially under a stimulation of high glucose.

We also found that the mitochondrial membrane potential was not affected by high glucose in VDAC1 knockdown cells. We speculated that the significant decrease in VDAC1 contributes to the normalization of mitochondrial function under high glucose stimulation. This result is consistent with the previous research that silencing VDAC1 led to a less pronounced manifestation of all the signs of damage to mitochondria in human skin fibroblasts exposed to high glucose.<sup>58</sup> It suggests that reduced expression of VDAC1 in the cell contributes to the activation of compensatory mechanisms for increased glucose utilization, which may include, for example, an increase in mitochondrial mass. The PA1b-like peptide VG not only restored mitochondrial function, but also inhibited apoptosis in  $\beta$ -cells, indicating that VG protects islet  $\beta$ -cells as a VDAC1 inhibitor.

## Author contributions

Huizhong Huang: methodology, conceptualization, investigation, formal analysis, and writing – original draft. Xinyu Zeng, Liying Zhang and Hongchang Cheng: methodology and data curation. Kanghong Hu: comments and suggestion. Xiaoke Shang and Chenguang Yao: writing – review and editing. All authors approved the final version for submission.

## Data availability

The data supporting this article have been included as part of the ESI.†

## Conflicts of interest

The authors report no conflicts of interest.

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