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# Interfacial response of Mg-Ca-Si-Zr Nanoparticles for Transformative Orthopedic Therapeutics

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## Abstract

The debris particles, discharged due to the degradation and wear, initiate an inflammatory response at the implantation site or lead to the aseptic loosening of the prosthesis, ultimately resulting in implant failure over time. The toxicity concern becomes more severe for the release of nano-sized debris particles due to augmented interfacial interactions, even if the bulk counterpart is highly biocompatible. Towards this perspective, the present study aims to assess the *in vivo* toxicity both, local and systemic of  $\text{Mg}_{1-x}\text{Ca}_x\text{Si}_{1-x}\text{Zr}_x\text{O}_3$  ( $x = 0 - 0.4$ ) [MCSZO-X,  $X = 0 - 4$ ] nanoparticles using rat model. Initially, the *in vitro* cytotoxicity of varying concentrations (0.25, 2.5, and 25 mg/ml) of MCSZO-X nanoparticles was evaluated using MG-63 cells. The cell proliferation increases after the early interfacial interactions. Following this, 100  $\mu\text{l}$  of MCSZO nanoparticles (25 mg/ml) was administered through intra-articular injection into the knee joint of male Wistar rats. The biochemical analyses showed no pathological change in the liver and kidney of the injected group of rats. Also, the histopathological analyses demonstrated that there is no inflammation due to interfacial interactions with injected nanoparticles in various organs like liver, heart, kidney and knee. Overall, the above findings pave the way for further advancement in bone repair and implant design.

**Keywords:**  $\text{MgSiO}_3$ , silicate, inflammation, *in vivo*, biochemical assay orthopedic implant, histopathological analyses.



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## 1. Introduction

The wear resistance of implants and the biological response of debris particles are the key factors in determining the long-term success of implants.<sup>1</sup> The debris particles, released due to degradation, friction, and wear, have the ability to trigger harmful biological reactions at the implantation sites due to interfacial interactions, resulting in periprosthetic osteolysis, inflammation, and aseptic loosening.<sup>1, 2</sup> Specifically, inflammation activates osteoclast cells, leading to the improper balance between osteoclasts and osteoblasts. This imbalance initiates osteolysis, ultimately causing aseptic loosening of the prosthetic implant.<sup>1-3</sup> Also, the properties of debris particles, such as their composition, morphology, volume, and size, play a crucial role in their biological response and profoundly affect the fate of peri-implant cells.<sup>4</sup> Numerous studies (both, *in vitro* and *in vivo*) demonstrated that nanoparticles consistently raise interfacial concerns because of their specific features, such as surface area, morphology, size and concentration.<sup>5, 6</sup> The wear particles, smaller than 2  $\mu\text{m}$ , can be easily entered to other organs, penetrate inside the cell through plasma membrane and induce toxicity, even at sub-cellular level.<sup>7, 8</sup> Wang et al.<sup>8</sup> revealed that intra-articular injection (with concentrations of 2 and 20 mg/ml) of  $\text{TiO}_2$  nanoparticles (38 to 54 nm) into the knees of rats, allowed the migration of  $\text{TiO}_2$  nanoparticles into crucial organs like heart and liver and results in pathological damage to these organs. Additionally, biochemical assessments demonstrated impairments in the renal and hepatic systems of the rats.<sup>8</sup> Mabrouk et al.<sup>9</sup> reported that the performance of the liver does not affect after implantation of pure and BaO (3 and 5 %)-doped  $\text{MgSiO}_3$  nanopowders in the tibia of fractured rats.

Several studies reported the excellent osteogenic activity and antibacterial efficiency, *in vitro*, of Mg and Ca silicate-based bioceramics which substantiate the potentiality of these materials for bone tissue engineering applications.<sup>10-17</sup>  $\text{Mg}_{1-x}\text{Ca}_x\text{Si}_{1-x}\text{Zr}_x\text{O}_3$  ( $x = 0 - 0.4$ ) has been



established as an excellent biomaterial, however, the toxicity of such nanoparticles due to interfacial interactions has not been explored. As a step ahead, this study examined the *in vivo* toxicity of  $\text{Mg}_{1-x}\text{Ca}_x\text{Si}_{1-x}\text{Zr}_x\text{O}_3$  ( $x = 0-0.4$ ) [MCSZO-X ( $X = 0 - 4$ )] nanoparticles using rat model.

Initially, MG-63 cells were exposed with different concentrations of MCSZO-X eluates (0.25, 2.5, and 25 mg/ml in normal saline) for 1 and 3 days. Following the *in vitro* results, the highest concentration (25 mg/ml) of MCSZO-X nanoparticle eluates were injected into the knee joints of rat for 7 days. After the designated exposure period, the rats were euthanized. Hematological evaluations were conducted to measure white blood cell (WBC) counts and mean corpuscular volume (MCV). Additionally, biochemical analyses were performed on the serum to assess the overall functional status of the organs in the groups treated with nanoparticles, including evaluations of alkaline phosphatase and creatinine activity. The histopathological evaluations were conducted to identify any potential signs of inflammation on major organs (kidney, heart and liver) and knee joint.

## 2. *In-vivo* toxicity assessment of MCSZO-X ( $X = 0 - 4$ ) nanoparticles

### 2.1.1. Sample preparation and material characterization

The procedure for synthesizing micron-sized MCSZO-X ( $X = 0 - 4$ ) powders has already been reported in our earlier work.<sup>18</sup> The solid-state method was employed to prepare these powders within a compositional range of  $X = 0$  to  $X = 4$ . The particle size of prepared micron-sized powders was reduced via ball milling (Fritsch Pulverisette 5) for 12-14 h at 300 rpm. For this purpose, cylindrical zirconia balls (6 mm diameter, 6 mm height, 0.9 g/ ball) were used for grinding. The ratio of balls to powder was 10:1. In a ball mill jar, 50 g (about 56 balls) of zirconia balls were combined with 5 g of MCSZO-X ( $X = 0 - 4$ ) powder in 50 ml of ethanol.



### 2.1.2. Phase and morphological characterization

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The phase verification of MCSZO-X nanoparticles was done via X-ray diffraction with Cu K $\alpha$  radiation (XRD, X-ray Diffractometer, Rigaku Miniflex II Desktop) with a wavelength of 1.5418 Å (scan range: 20 to 60° and step size: 0.02°). High-resolution scanning electron microscopy (Nova Nano SEM, FEI) was used to determine the particle size and morphology of the ball-milled MCSZO-X nanoparticles.

### 2.1.3. Eluate solution preparation

The MCSZO-X ball-milled particles were autoclaved at 121°C for 25 - 30 min. Following this, the sterilized powders were dispersed in normal saline (0.9 % w/v NaCl) at three different concentrations of 0.25 (C1), 2.5 (C2), and 25 (C3) mg/ml. Saline served as the medium for injecting MCSZO-X nanoparticles into rats. To achieve uniformly dispersed nanoparticles, the eluates were ultrasonicated for 15 min after every 6 h, over a period of 2- 4 days. Before injection, the eluates were again sterilized.

### 2.1.4. Leaching behavior

The leaching behavior of ready eluates (C1, C2 and C3) of MCSZO-X nanoparticles were examined in saline after 1, 3 and 5 days of incubation. ICP-AES was used to evaluate the amounts of leached ions (Mg, Ca, Si and Zr) from different elutes of MCSZO-X samples. Before measurements, the resulting solutions were diluted 10 times in distilled water, followed by filtration using a pore size of 0.22 micron-sized syringe filter.

### 2.1.5. Cellular response

The cellular behavior of MCSZO-X (X= 0 - 4) nanoparticles due to interfacial interactions was studied using MG-63 cells. The procured cells were grown in a CO<sub>2</sub> incubator under specific conditions of 37 °C temperature, 5 % CO<sub>2</sub>, and 95 % humidity. The DMEM (Himedia) with a growth factor of 15 % FBS (Gibco) and 1 % antibiotic (Antibiotic-Antimycotic, Gibco) solution was used as a growth media. After, 90 - 95 % confluency, the



cells were trypsinized using 0.25% trypsin (Gibco) solution and  $10^4$  cells/ml were seeded onto glass coverslips (gelatin-coated) in 24-well. The well plate was then incubated for a period of 12 h for the adhesion of cells to the substrate. After 12 h of the incubation period, 100  $\mu$ l of eluates (C1, C2, and C3) of M1 M2, M3, M4 and M5 samples were added to the adhered cells. The cells with nanoparticles were further incubated for 1 and 3 days, respectively, to quantify the viability of cells. The proliferation of cells, grown on MCSZO-X samples, was measured using the MTT (3-(4, 5-dimethylthiazol-2-yl)-2, 5-diphenyl-tetrazolium-bromide, SRL). After cell seeding for 1 and 3 days, 500  $\mu$ L of MTT reagent was added to samples. After 6 h of incubation in the prescribed environment, the well plate was taken out, and the solution was replaced with DMSO (500  $\mu$ L, Himedia) to dissolve the formazan crystals. After that, the culture for each sample was moved to a 96-well plate and optical density was measured using an ELISA reader at the wavelength of 595 nm.

### 2.3. *In vivo* assessment

#### 2.3.1. Animals

In this study, male Wister rats, weighing  $250 \pm 50$  g, were used. Rats were housed under controlled conditions of humidity and temperature ( $21-25 \pm 2^\circ\text{C}$ ) with a light-dark cycle. The rats were randomly allocated to different experimental groups ( $n = 5/\text{group}$ ). The animal experimentation protocols were properly authorized by the Institute Animal Ethics Committee at the Indian Institute of Technology, Banaras Hindu University, situated in Varanasi, Uttar Pradesh, India (IAEC approval number: IIT(BHU)/IAEC/2023/II/083).

#### 2.3.2. Experimental procedure

Rats were intraarticularly administered with 100  $\mu$ l of MCSZO-X nanoparticles (Fig. 1), suspended in sterile saline (25 mg/ml). Animals were divided into seven groups with  $n = 5$  rats in each group. Group 1 was used as a control and group 2 was injected with saline. The remaining five groups, designated as M1, M2, M3, M4 and M5, were treated with MCSZO-X



nanoparticles. The animals were closely observed for any signs of physical changes during the initial 30 min, following the experimental procedures. Subsequently, they were monitored at regular intervals over the next 24 h, with particular attention given to first 4 h. Animals were daily observed for a duration of 7 days. Body weights of all the rats were measured at day 1, 3, 5 and 7 post-injections. After 7 days, blood serum was collected through retro-orbital plexus puncture. Following this, the animals were sacrificed with high dose of anesthesia and major organs (kidney, heart and liver) and knee joint were collected for histopathological studies.

#### 2.4. Hematology and Biochemical assay

EDTA (Ethylenediaminetetraacetic acid) -coated vials were used to collect the serum samples for hematological analyses, and hematologic toxicity was assessed using an automated hematological analyzer (Cell-Dyn Ruby Hematology Analyzer). Hematological parameters like, white blood cells (WBC) and mean corpuscular volume (MCV) were estimated. Biochemical testing was performed on serum, which was obtained after the centrifugation (4000 RPM for 10 min) of blood samples, to evaluate the activities of creatinine and alkaline phosphatase (ALP) in the rats, injected with nanoparticles and compared with control and saline treated group. AUTOSPAN Liquid and MKB Alkaline Phosphatase kit was used for the determination of ALP activity. The entire test was conducted as per the guidelines, provided by the manufacturer. Additionally, creatinine level was also measured using standard kit (Crystal Chem, IL, USA).

#### 2.5. Histopathological analyses

The fixed tissues, including the kidney, liver, and heart, were dehydrated using a series of ethanol solution. The paraffin blocks were made after fixing with paraffin wax. Hematoxylin and eosin (H&E) stains were used for staining the tissue blocks after they were divided (10  $\mu$ m) for histopathological evaluations. The tissues of the fixed knee joint were first



dehydrated with ethanol solution, and then decalcification was done with nitric acid solution (10%). The paraffin-embedded joint tissue blocks were prepared for histopathological examination, similar to other organs. Nikon Eclipse LV 100 ND fluorescence microscope photographs of stained tissues have been examined.

## 2.6. Statistical analyses

The SPSS software was applied to investigate the statistically significant differences among various testing by means of the one-way ANOVA method and Tukey's post hoc tests at a  $p \leq 0.05$ . For in vivo data analyses, Graph Pad Prism software was used. The weights of animals were examined through the application of two-way ANOVA, whereas the hematological parameters were statistically assessed via one-way ANOVA (at  $p > 0.05$ ).

## 3. Results and discussion

### 3.1. Phase analyses

Fig. 2 represents the XRD pattern of MCSZO-X ( $X = 0 - 4$ ) nanoparticles. XRD pattern confirms the formation of monoclinic pure  $\text{MgSiO}_3$  [JCPDS # 35-0610] phase with P21/c space group. In addition, a few minor peaks were indexed with JCPDS # 34-0189 with Pmnb space group. However, the peak shifted towards a lower angle with the incorporation of Ca/Zr with increasing the concentration, from  $X = 0$  to  $X = 3$ , as shown in Fig. 2 b. Moreover, the crystallite size was calculated from Scherrer's formula.<sup>19, 20</sup> The crystallite size reduced from 35 nm to 31 nm as the Ca/Zr increased from  $X = 0$  to  $X = 3$ . After that crystallite size again increases from 31 nm to 33 nm with an increase in the amount of Ca / Zr, from  $X = 3$  to  $X = 4$ .

Fig. 2 b demonstrates that with increasing the concentration from  $X = 0$  to  $X = 3$ , the peaks shifted towards lower  $2\theta$  values from  $28.24^\circ$  to  $28.08^\circ$ . With a further increase in the concentration from  $X = 0$  to  $X = 3$ , the peak shifts towards the higher angle again from  $28.08^\circ$  to  $28.33^\circ$  (as represented by the enlarged view). The incorporation of larger  $\text{Ca}^{2+}$  cations





(1.34 Å) at the reduced  $\text{Mg}^{2+}$  site (0.72 Å) and  $\text{Zr}^{4+}$  cations (0.74 Å) at the diminutive  $\text{Si}^{4+}$  site (0.40 Å) leads to an expansion of the lattice in  $\text{MgSiO}_3$  as the concentrations of Ca and Zr increase from 0 to 3, resulting in peak shifts toward lower  $2\theta$  values. Nonetheless, as the concentration ascends beyond 0.3, the peaks migrate to elevated angles owing to lattice contraction stemming from the presence of a greater quantity of  $\text{Ca}^{2+}$  at the  $\text{Mg}^{2+}$  locus.<sup>11, 21-23</sup> The five polymorphic variants of  $\text{MgSiO}_3$  adopt either monoclinic or orthorhombic crystal structures.<sup>24</sup> As the concentration of Ca and Zr increased from 0 to 0.2, peak positions in X-ray diffraction patterns shifted to lower  $2\theta$  angles, from  $22.96^\circ$  to  $22.82^\circ$ . This shift results from the substitution of larger  $\text{Ca}^{2+}$  ions for smaller  $\text{Mg}^{2+}$  ions at the A-site and  $\text{Zr}^{4+}$  ions for smaller  $\text{Si}^{4+}$  ions at the B-site. Conversely, increasing Ca and Zr concentrations from 0.2 to 0.4 caused the peaks to shift to higher  $2\theta$  values, from  $22.82^\circ$  to  $23.12^\circ$ , likely due to lattice contraction in MCSZO-X bioceramics driven by greater  $\text{Ca}^{2+}$  substitution at  $\text{Mg}^{2+}$  sites. For compositions with  $x = 0.3$  to  $x = 0.4$ , phase analyses revealed minor secondary phases,  $\text{ZrO}_2$  (JCPDS # 37-1484),  $\text{CaSiO}_3$  (JCPDS # 43-1460) and  $\text{CaMgSiO}_4$  (JCPDS # 19-0240). The emergence of an additional secondary phase,  $\text{Mg}_2\text{SiO}_3$ , poses challenges in synthesizing single-phase  $\text{MgSiO}_3$ . Therefore, with increasing Ca and Zr concentrations from 0.3 to 0.4, further minor phases, including  $\text{ZrO}_2$ ,  $\text{CaSiO}_3$ ,  $\text{Ca}_2\text{MgSiO}_7$ ,  $\text{Mg}_2\text{SiO}_4$ , and  $\text{CaMg}(\text{SiO}_3)_2$ , began to appear.

The FT-IR spectra of MCSZO-X nanoparticles confirmed the incorporation of Ca/Zr in the  $\text{MgSiO}_3$  structure (Fig. 3). The specific peaks of Si - O at 470, 500, 600, and  $1052\text{ cm}^{-1}$  correspond to bending and stretching vibrations, respectively. The bending vibration observed at around  $800\text{ cm}^{-1}$  in Si-O-Si indicates the formation of  $\text{MgSiO}_3$ .<sup>25, 26</sup> Moreover, the vibrational peak, representing Si-O within silicate tetrahedra, is found at  $682\text{ cm}^{-1}$ .



Furthermore, the stretching and bending vibrations of Mg-O are associated with the vibrational bands at  $517\text{ cm}^{-1}$  and a peak close to  $870\text{ cm}^{-1}$ .<sup>27</sup> Additionally, the peaks at  $1320\text{ cm}^{-1}$  and  $1127\text{ cm}^{-1}$  correspond to the stretching vibrations of C=O and C-O, respectively.<sup>28</sup>

### 3.2. Microstructural analyses

Fig. 4 represents the high-resolution scanning electron microscopic (HRSEM) images of MCSZO-X nanoparticles. The average particle size of MCSZO-X nanoparticles increased from 346 to 452 nm as the amount of Ca/Zr in MCSZO-X was raised from 0 to 4.

### 3.3. Leaching behavior

Fig. 5 illustrates the amounts of  $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$ ,  $\text{Si}^{4+}$ , and  $\text{Zr}^{4+}$  ions, leached from MCSZO-X nanoparticles after 3, 5, and 7 days of immersion in saline. The leaching of  $\text{Mg}^{2+}$ , and  $\text{Si}^{4+}$  ions from different nanoparticles (M1, M2, M3, M4, and M5) are lower in comparison to pure MCSZO-X ( $X = 0$ ) nanoparticles as the concentration of  $\text{Mg}^{2+}$  and  $\text{Si}^{4+}$  decreases with increasing the concentration of  $\text{Ca}^{2+}$  and  $\text{Zr}^{4+}$  dopant. However, the leaching of  $\text{Ca}^{2+}$  and  $\text{Zr}^{4+}$  ions increase. In addition, the amount of  $\text{Ca}^{2+}$ , leached from MCSZO-X nanoparticles is also increased with increase in the immersion time.

Bones incorporate ions such as  $\text{Mg}^{2+}$ ,  $\text{Ca}^{2+}$ ,  $\text{Zr}^{4+}$ , and  $\text{Si}^{4+}$ , which play vital roles in regulating various metabolic activities, including supporting bone formation and reducing the risk of osteoporosis.<sup>10, 29-32</sup> Ca plays a vital role and also affects the metabolic functions of osteoblast cells.<sup>29, 33</sup> Concentrations of  $\text{Ca}^{2+}$  ions above 10 mM have been shown to exert cytotoxic effects, whereas levels in the 2–4 mM range support osteoblast proliferation and differentiation, thereby enhancing the osteogenic response.<sup>34</sup> Si is essential for bone development and overall bone health.<sup>10</sup> Incorporating zirconium into Ca–Si-based bioceramics, like baghdadite, has been reported to enhance the attachment and growth of osteoblast-like cells.<sup>35</sup>



### 3.4. Cell viability

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The viability of MG-63 cells was evaluated using MTT assay at different elute concentrations (C1, C2, and C3 for M1, M2, M3, M4 and M5 samples). Fig. 6. demonstrates the proliferation of MG-63 cells on prepared MCSZO-X nanoparticles, after 1 and 3 days of incubation. The viability of osteoblast-like MG-63 cells, cultured on the MCSZO-X nanoparticles, was lower than the control after 1 day.

This is probably due to the physical damage of the cells due to the early stage interaction with nanoparticle eluates. However, after 3 days of culture, the cell viability significantly as compared to those on after 1 day of incubation, across all the concentrations of MCSZO-X nanoparticles. For these samples, the viability was comparable to that of the control group [Fig. 6 (b)].

### 3.5. *In-vivo* studies

#### 3.5.1. General observation

After injecting the MCSZO-X particles for seven days, the skin texture and salivation of the rat remained unchanged. Also, after the intra-articular injection, the rats did not exhibit symptoms such as diarrhea, tremor, or convulsions. Additionally, after seven days of post-injection, no notable changes were observed in the behavior of rats. Also, the injection site in every group of rats did not display any sign of inflammation (swelling or redness) throughout the observation period. Digital cameras were used to take paw photographs of the rats, treated with MCSZO-X particles injected group, which were then compared to the paw images of the control as well as saline-treated groups [Fig. 7].

The paws of the rats, injected with MCSZO-X nanoparticles (M1, M2, M3, M4 and M5), are similar to those of the saline-treated and control rats, revealing no indication of abnormalities, inflammation, redness, or edema. Likewise, after completion of the experiment, the knee joints of the control, saline and treated rats displayed unchanged morphology.



Furthermore, as aforementioned, no inflammation was detected at the injection site, and no signs of atrophy were noted in the adjacent bone structures such as the tibia and femur. This result corresponds to the *in vitro* cytocompatibility of MCSZO-X nanoparticles with varying concentrations of Ca / Zr [Fig. 6].

#### 3.5.1.1. Impact of intra-articular injection of MCSZO-X on body weight

The variation in body weight is crucial for assessing whether injected nanoparticles have adversely affected the function of vital organs.<sup>36, 37</sup> Consequently, before and after (after 7 days) injection, the weights of each of the 35 rats were recorded. Control, saline, and MCSZO-X nanoparticle injected rats did not show any significant weight changes [Fig. 8]. Statistical analyses using two-way ANOVA showed no noticeable variation in body weight.

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#### 3.5.2. Hematological analyses

Changes in hematological parameters in humans and animals are indicative of drug-induced toxicity. The hemopoietic system is a vital body system that produces the cellular blood components.<sup>38</sup> In this study, the effects of intrarticularly injected MCSZO-X nanoparticles on the blood cells such as, WBC and MCV were evaluated as compared to the control group [Fig. 9]. The evaluation of basic hematological parameters, such as the measurement of WBC and MCV is a crucial stage in the toxicity detection process.

The statistical analyses showed no significant variation in WBC ( $p > 0.05$ ) among all groups in MCSZO-X nanoparticles injected rats in comparison to the saline group [Fig. 9 (a)]. Also, there were no notable changes in the MCV ( $p > 0.05$ ) among all the injected MCSZO-X nanoparticles groups as compared to the saline groups [Fig. 9 (b)].

#### 3.5.3. Biochemical assays

The impact of MCSZO-X nanoparticles ( $X = 0 - 4$ ) on enzyme levels in rat blood was assessed by analyzing the biochemical properties of the extracted serum.



Typically, the hepatic function is assessed by measuring the serum ALP activity level. The breakdown and restoration of liver tissue contribute to alteration in ALP activity.<sup>39, 40</sup>

Additionally, hepatotoxicity raised by chemicals or drugs also increases the ALP activity in blood serum.<sup>41, 42</sup>

As a result, the liver is an essential organ for examining the impact of toxicity induced by the nanoparticles. In this study, MCSZO-X nanoparticles were injected into the synovial joint.

ALP, a marker of bone formation, plays an essential role in determining whether MCSZO-X nanoparticle exposure caused any bone abnormalities. The statistical analyses reveal that there were no significant changes in serum levels (ALP) between the control and MCSZO-X nanoparticle treated (M1, M2, M3, M4 and M5) groups [Fig. 10 (a)]. Consequently, exposure to MCSZO-X nanoparticles did not alter liver function. Moreover, the assessment of serum creatinine levels is a typical method to detect potential adverse effects on renal function (Creatinine) caused by implant or foreign particles.<sup>43</sup>

Elevated blood creatinine levels indicate reduced kidney filtration capacity.<sup>44-47</sup> In this study, the creatinine levels in the rat's blood serum, injected with M1, M2, M3, M4 and M4 nanoparticles, do not show any substantial differences in comparison to the saline group [Fig. 10 (b)]. Also, the MCSZO-X nanoparticles did not lead to kidney impairment.

#### 3.5.4. Histopathological analyses

Over the period of seven days, it is possible that the nanoparticles, injected into the intraarticular region can enter the blood circulation and reach to organs like liver, kidney, lung and heart as a result of regular physiological processes. Therefore, the histopathological analyses of the liver, heart, kidney and knee was done to determine the toxicity of MCSZO-X (X= 0 - 4) nanoparticles. The comparison of histological images of various stained organs from particulate-injected groups (M1, M2, M3, M4, M5) with control and saline-injected groups are shown in Figs. 11 - 14.



The sections of all the stained organs, in general, reveal the normal appearance and without the presence of eluate particles. The MCSZO-X treated groups (M1, M2, M3, M4, and M5) did not reflect any sign of tissue shrinkage, cardiac muscle disorder, vacuolization, and bleeding. The muscle fibers appear straight and organized, similar to those in the control group (Fig. 11). The connective tissues of the hearts in the nanoparticle-treated rat groups show normal architecture. In number of studies, it has been observed that exposure to fine concentrated particles can result in irregular beat and, in some cases, cardiac dysfunction.<sup>48-52</sup> The injection of TiO<sub>2</sub> nanoparticles has been shown to swell the endothelial cells of the heart, after 7 days.<sup>8</sup>

In this study, the hearts of the rats in the M1, M2, M3, M4 and M5 eluates treated groups did not exhibit enlarged endothelial cells [Fig.11]. Overall, the cardiac tissues of the rats treated with MCSZO-X (M1, M2, M3, M4 and M5) reveal no histopathological changes. Evidently, the kidney is the main organ of the body to remove foreign nanoparticles.<sup>6</sup> As the kidney removes foreign substances from the body by filtering, it is crucial for the kidney to take part to release of nanoparticles if they reach to the vital organs. Besides, the histopathology analyses of kidney's tissue are crucial for both identifying the nanoparticles and determining that how they may affect the structure and functioning of the kidneys.

The exposure to different nanoparticles like ZnO, Au, and TiO<sub>2</sub> causes pathological alterations in the kidney, including necrosis, dispersed glomeruli, and tubular dilatation.<sup>8, 53-55</sup> However, in comparison to control rat groups, the histopathological images of the kidney sections of rats, injected with MCSZO-X particles (M1, M2, M3, M4 and M5) show unchanged renal tubules within the cortex (absence of any indication of vacuolar degeneration) [Fig. 12].

The kidney sections of rats, treated with control and MCSZO-X groups show normal renal cortex and glomerular cells without tubule dilation. Overall, histology of kidney sections



reveals that the intra-articularly injected MCSZO-X nanoparticles (M1, M2, M3, M4 and M5) have no adverse effect on the kidney.

The liver organs play a main role in detoxifying the body. This means that the foreign particles can move through the circulatory or lymphatic systems and into the liver.<sup>56-58</sup> Cytoplasmic vacuolization disrupts the function of the membrane and can occasionally be a sign of liver injury.<sup>59-61</sup> In this study, there is no evidence of any vacuolization in the cytoplasm of hepatocytes in the livers of the rats, treated with MCSZO-X nanoparticles. As a result, histological features of liver cells, injected with MCSZO-X particles (M1, M2, M3, M4 and M5) revealed no indications of any damage, bleeding, or necrosis near the sinusoids, when compared to those of control and saline rats [Fig. 13].

Overall, the histopathological images of the organs stained with H & E of the M1, M2, M3, M4 and M5 injected nanoparticles reveal normal appearance, comparable to that of the control and saline groups. The major organs of the rats of the nanoparticles treated groups show no evidence of particle dissemination.

The histological images provide a clear indication of the presence of nanoparticles within the fibroadipose tissue surrounding the synovial joint [Fig.14 (a-e)]. Moreover, the absence of macrophage infiltration can be clearly seen [Fig. 14 (c-e)], which suggests the biocompatible nature of the prepared MCSZO-X nanoparticles.<sup>62, 63</sup> Furthermore, the administration of MCSZO-X nanoparticles via intra-articular injection did not lead to any injury to the cartilage or excessive growth of the synovial membrane. The thickening of the synovial membrane, which occurs due to an increased density of cells resulting from the influx of different cell types.<sup>64-66</sup> The histological analyses of the knee joint did not reveal any negative response to the intra-articular administration of MCSZO-X nanoparticles.

The histological analyses of rats treated with MCSZO-X (M1, M2, M3, M4 and M5) nanoparticles show no signs of inflammation at the implantation site of injection (synovial



joint) or in vital organs [Fig. 14]. Moreover, MCSZO-X nanoparticles promote the proliferation of MG-63 cells [Fig. 6]. Overall, MCSZO-X nanoparticles demonstrate *in vitro* cytocompatibility and *in vivo* biocompatibility.

In ceramic based implants the wear debris particles such as,  $\text{Al}_2\text{O}_3$  and  $\text{ZrO}_2$  are typically submicron in size.<sup>67, 68</sup> Earlier studies have reported macrophages engulf submicron-sized particles, which increases the risk of an adverse reaction or inflammation.<sup>7, 69, 70</sup> However, histological images of knee joints treated with MCSZO-X nanoparticles showed no signs of macrophage infiltration (Fig. 14 (c-f)), suggesting that MCSZO-X nanoparticles are biocompatible.

## 6. Conclusion

*In vitro* investigations indicate that  $\text{Mg}_{1-x}\text{Ca}_x\text{Si}_{1-x}\text{Zr}_x\text{O}_3$  nanoparticles promote the proliferation of MG-63 cells up to concentrations of 25 mg/ml after initial interfacial interaction. The *in vivo* assessment revealed that the nanoparticles, intraarticularly injected into the rats did not migrate to any of the major organs, including the kidney, heart and liver. In addition, the non-toxicity of  $\text{Mg}_{1-x}\text{Ca}_x\text{Si}_{1-x}\text{Zr}_x\text{O}_3$  nanoparticles has been established by histological analyses of the knee and vital organs of rats, exposed to nanoparticle eluates with concentrations as 0.25, 2.5 and 25 mg/ml. Also, the absence of nanoparticles within the essential organs suggests that they were not transported to any of these organs. The histology of knee tissues of the rats, treated with nanoparticles, reveal the absence of any indications of inflammation. Furthermore, biochemical parameters (ALP and creatinine) revealed that  $\text{Mg}_{1-x}\text{Ca}_x\text{Si}_{1-x}\text{Zr}_x\text{O}_3$  nanoparticles had no toxic effect on functioning of vital organs.

## Declaration of Competing Interest

The authors declare no conflicts of interest

## Funding Declaration

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## Acknowledgments

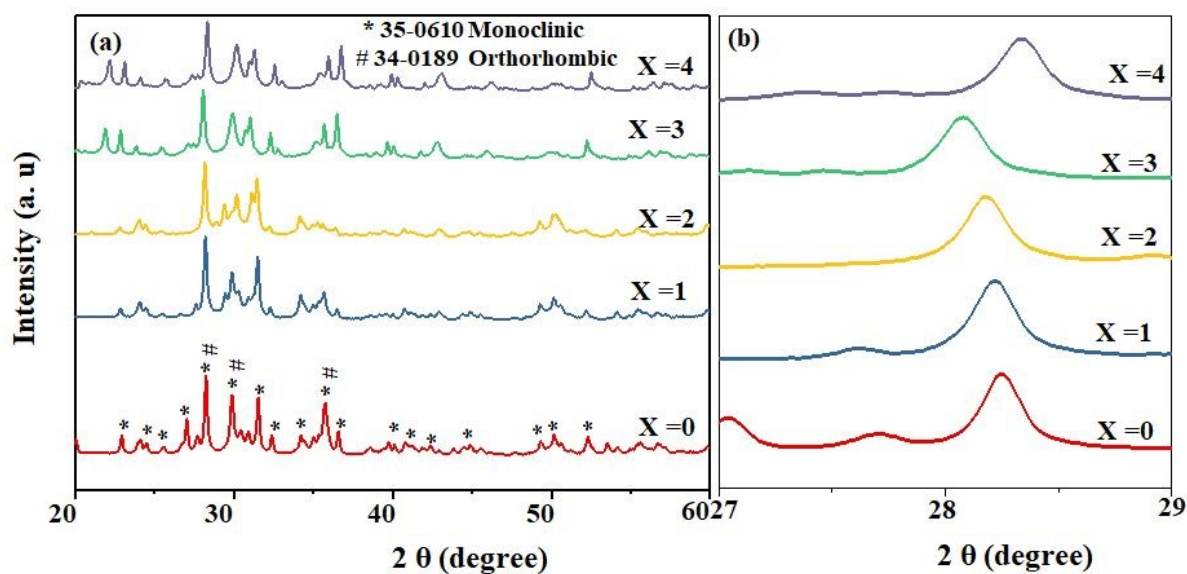
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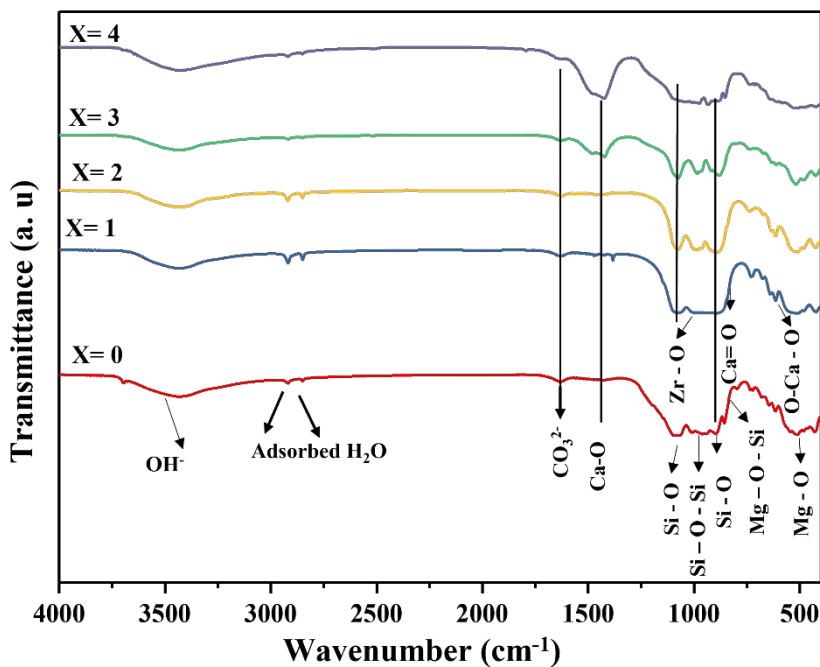
## List of Figures



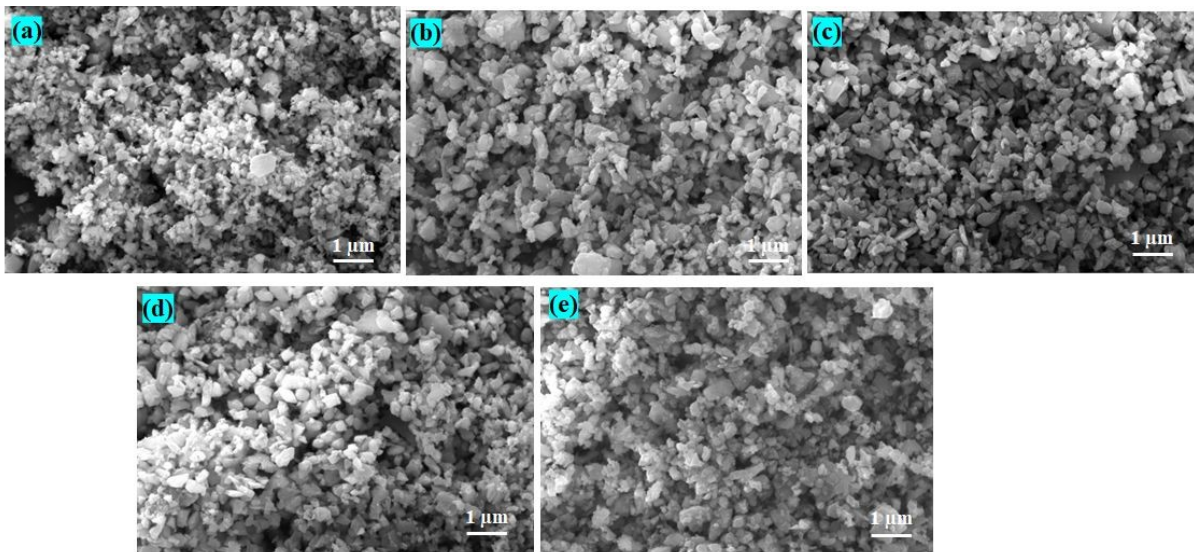
**Fig. 1.** Representation of intra-articular injection of MCSZO-X ( $X = 0 - 4$ ) nanoparticles in the Wistar rat knee (synovial) joint.



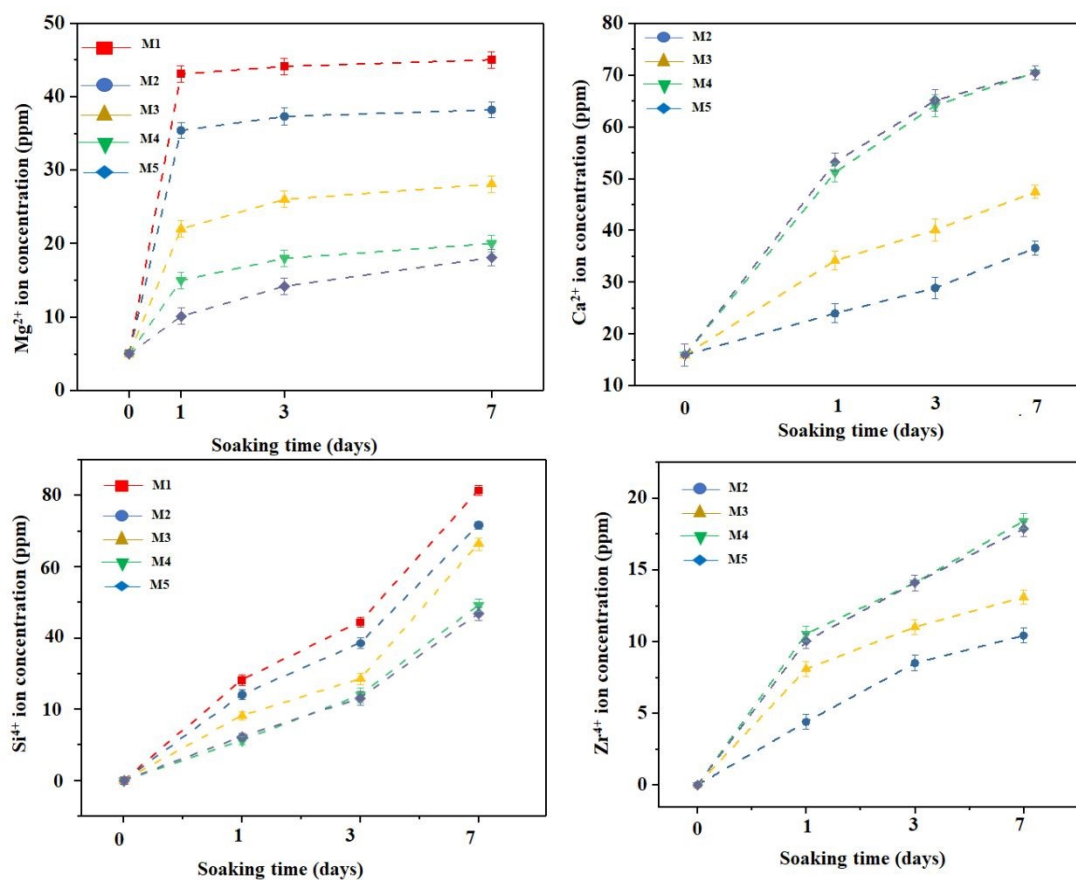
**Fig. 2. XRD results of MCSZO-X (X = 0 - 4) nanoparticles.** (a) XRD patterns of different samples of MCSZO (X = 0 - 4), calcined at 1300° C for 10 h. (b) enlarged view of the highest intense peaks of samples.



**Fig. 3. FT-IR spectra of MCSZO-X (X = 0 - 4) nanoparticles.**

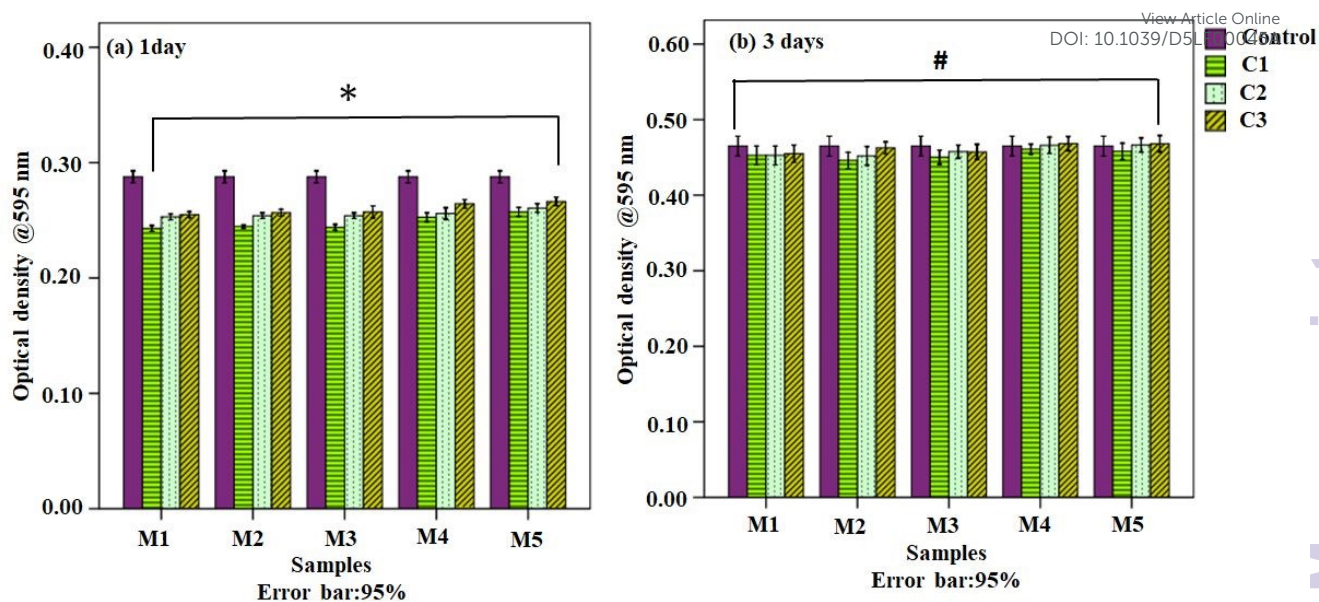


**Fig. 4. Scanning electron micrographs of MCSZO-X nanoparticles.** (a)  $X = 0$ , (b)  $X = 1$ , (c)  $X = 2$ , (d)  $X = 3$  and (e)  $X = 4$ .



**Fig. 5. Leaching behavior of  $Mg^{2+}$ ,  $Si^{4+}$ ,  $Ca^{2+}$ , and  $Zr^{4+}$  ions from MCSZO- X nanoparticles in saline.**

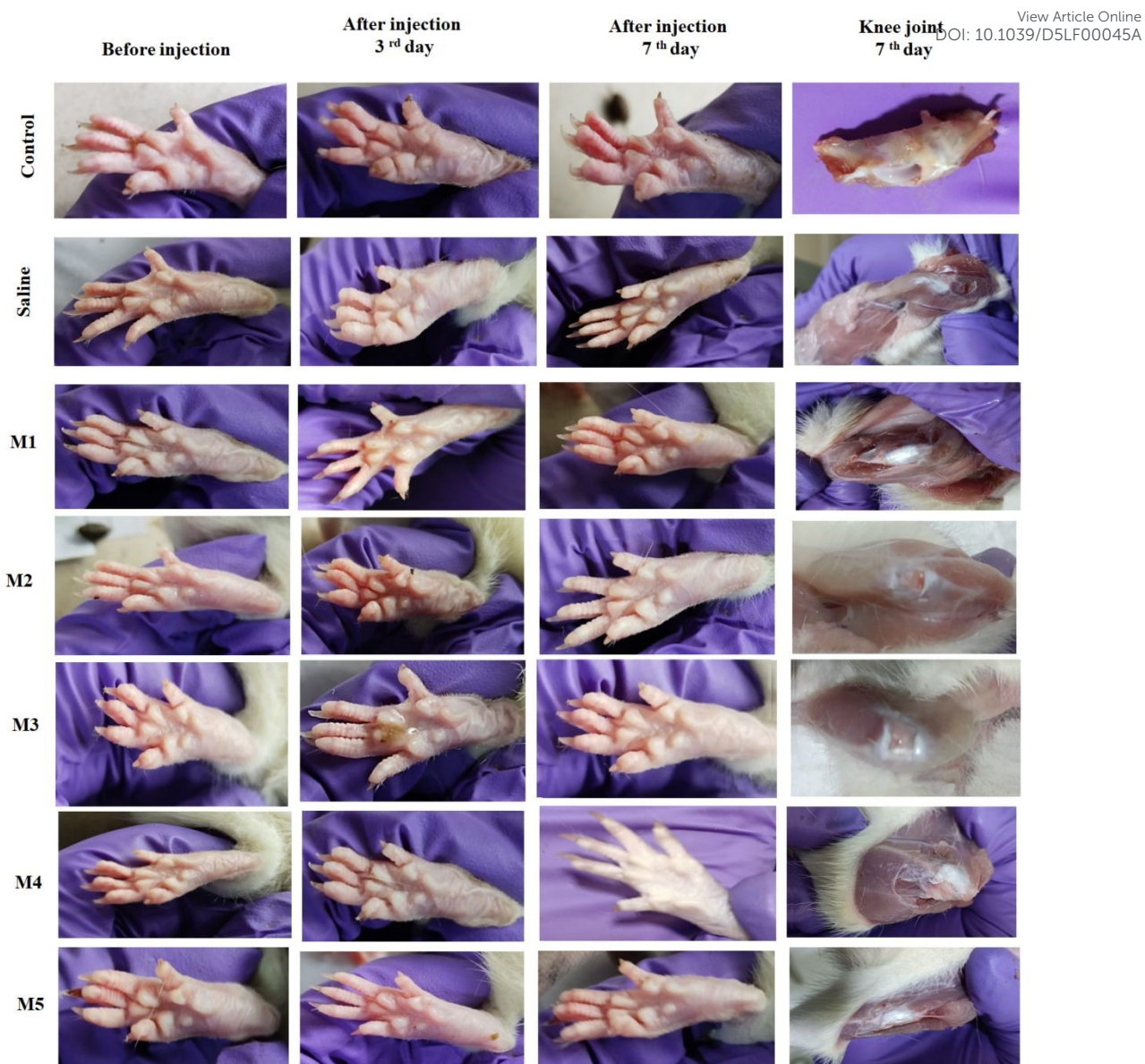




**Fig. 6.** Optical density of MG-63 cells, after 1 and 3 days of culture, on MCSZO-X ( $X = 0-4$ ); [M1, M2, M3, M4 and M5) nanoparticles at different concentrations, i.e; 0.25, 2.5 and 25 mg/ml samples] and HA, used as a control. The asterisk symbol (\*) indicates the significant variation in optical density across all MCSZO-X samples (M1, M2, M3, M4 and M5) at different concentrations in comparison to control, after 1 day of culture as [Fig. 6 (a)]. However, symbol (#) shows the significant variation in the optical density across all MCSZO-X (M1, M2, M3, M4 and M5) nanoparticles, cultured for 3 days in comparison to the entire MCSZO-X samples, cultured with 1 day [Fig. 6 (b)].

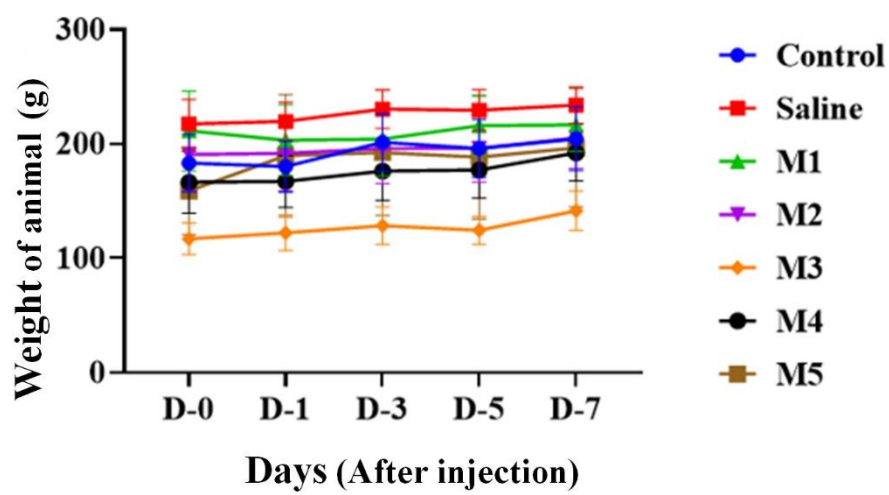




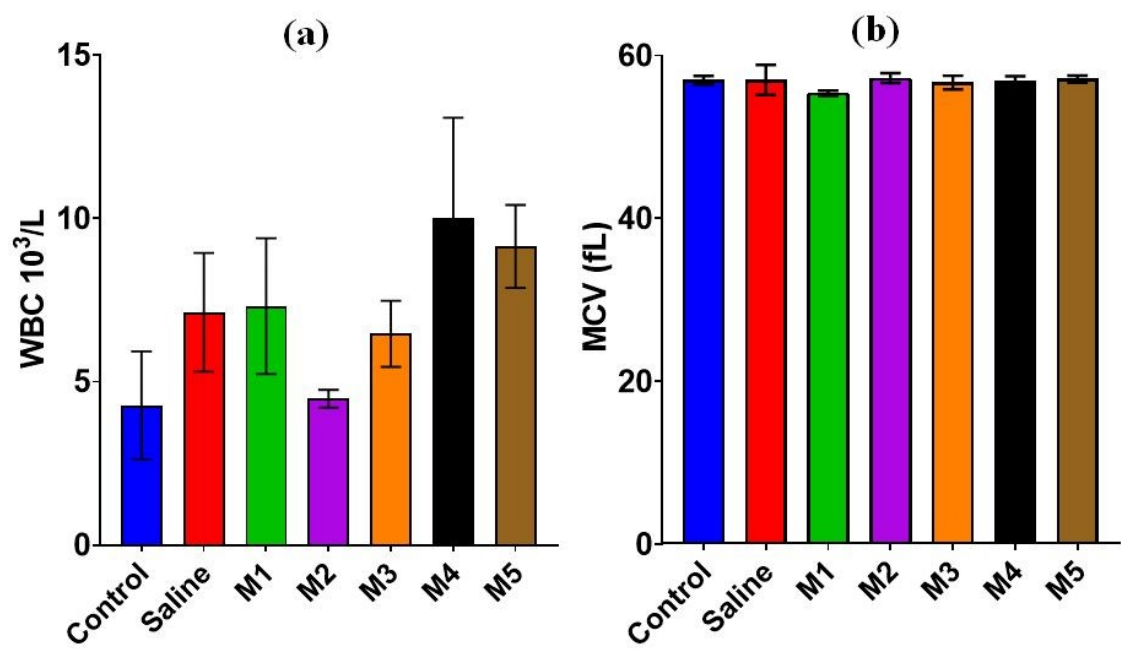


**Fig. 7.** Digital camera images of rat paws before injection, on the 3<sup>rd</sup> and 7<sup>th</sup> day after receiving injections of MCSZO-X nanoparticles into their knee joints.

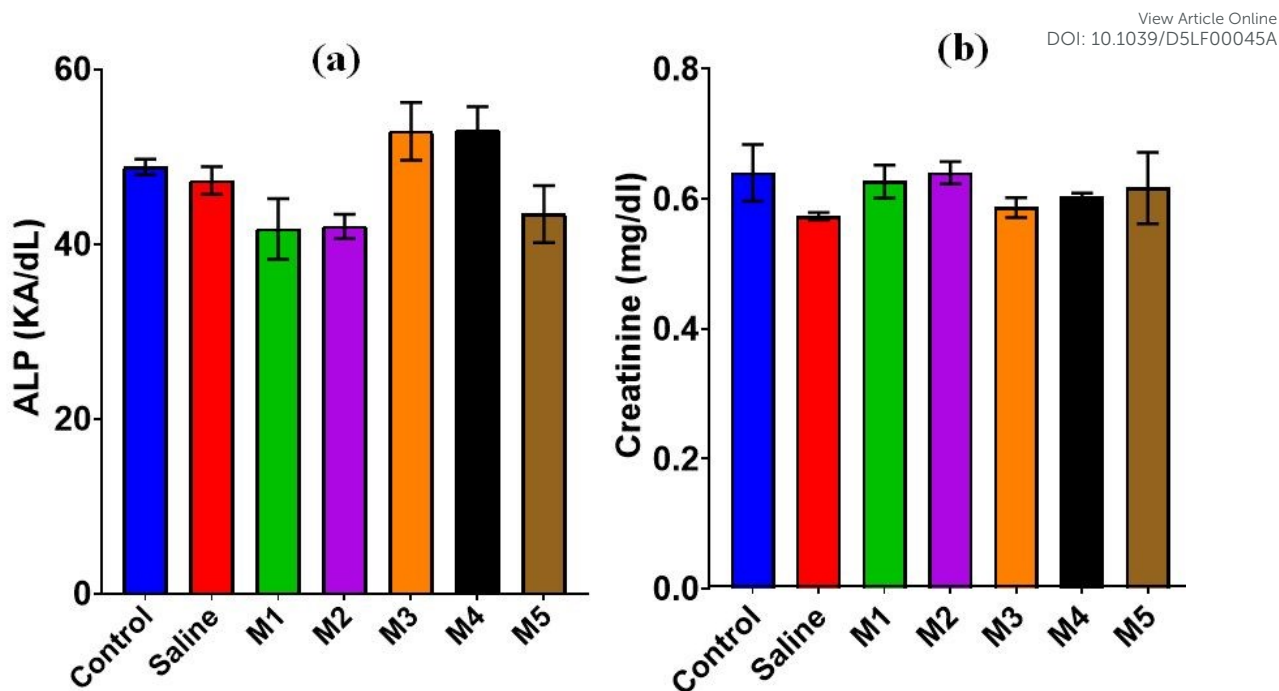




**Fig. 8.** Effect of intraarticular injection of MCSZO-X (M1, M2, M3, M4 and M5) nanoparticles on the body weight of rat's throughout the experiment. All the results are shown as mean  $\pm$  standard deviation (n = 5 per group).



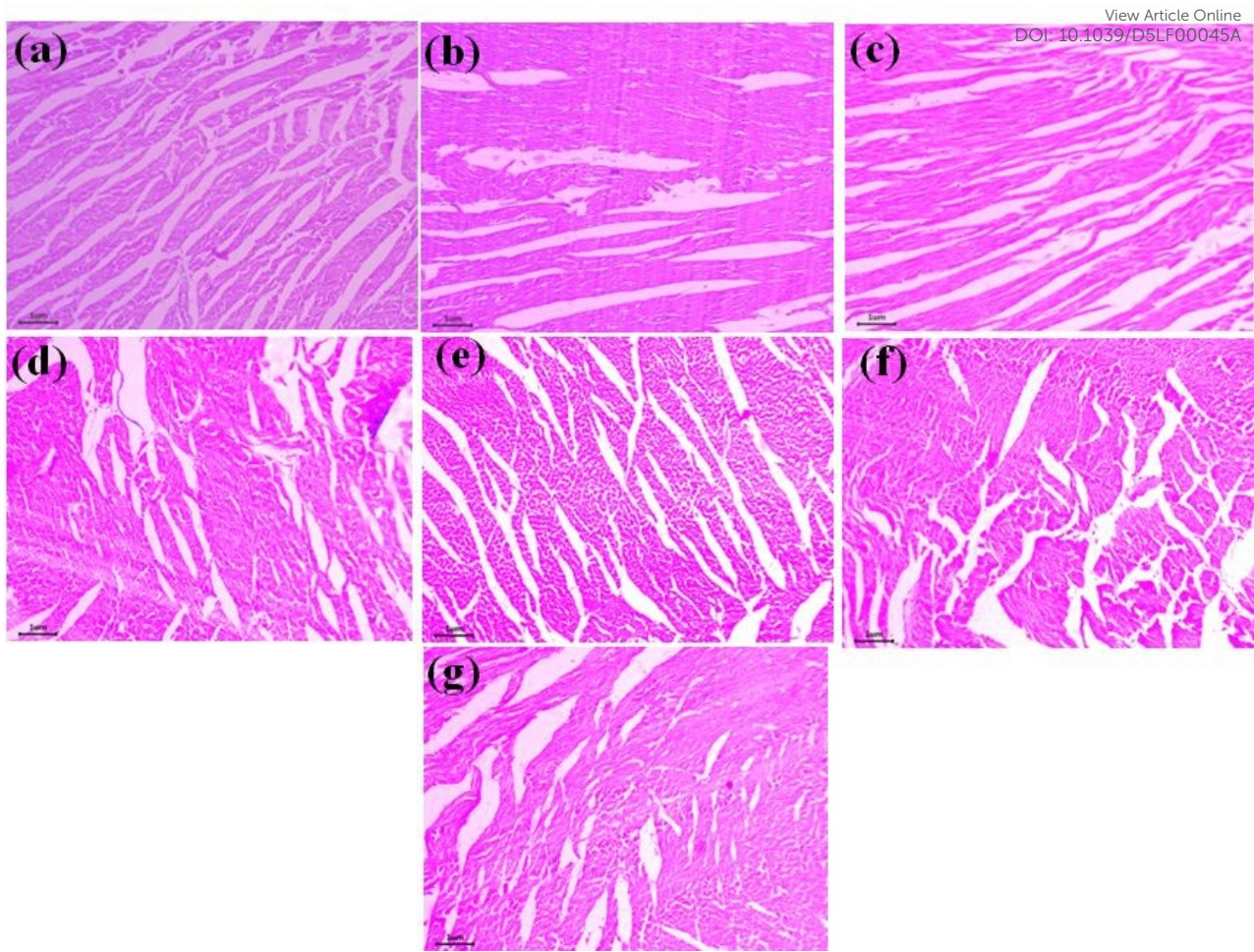
**Fig. 9.** Effect of intraarticular injection of MCSZO-X nanoparticles in rats. (a) WBC count and (b) MCV on 7 days of injection. All the results are shown as mean  $\pm$  standard deviation (n = 5 per group).



**Fig. 10.** Effect of MCSZO-X nanoparticles on serum concentration after 7 days of post-injection in rats. (a) ALP and (B) creatinine level. All the results are shown as mean  $\pm$  standard deviation (n = 5 per group).



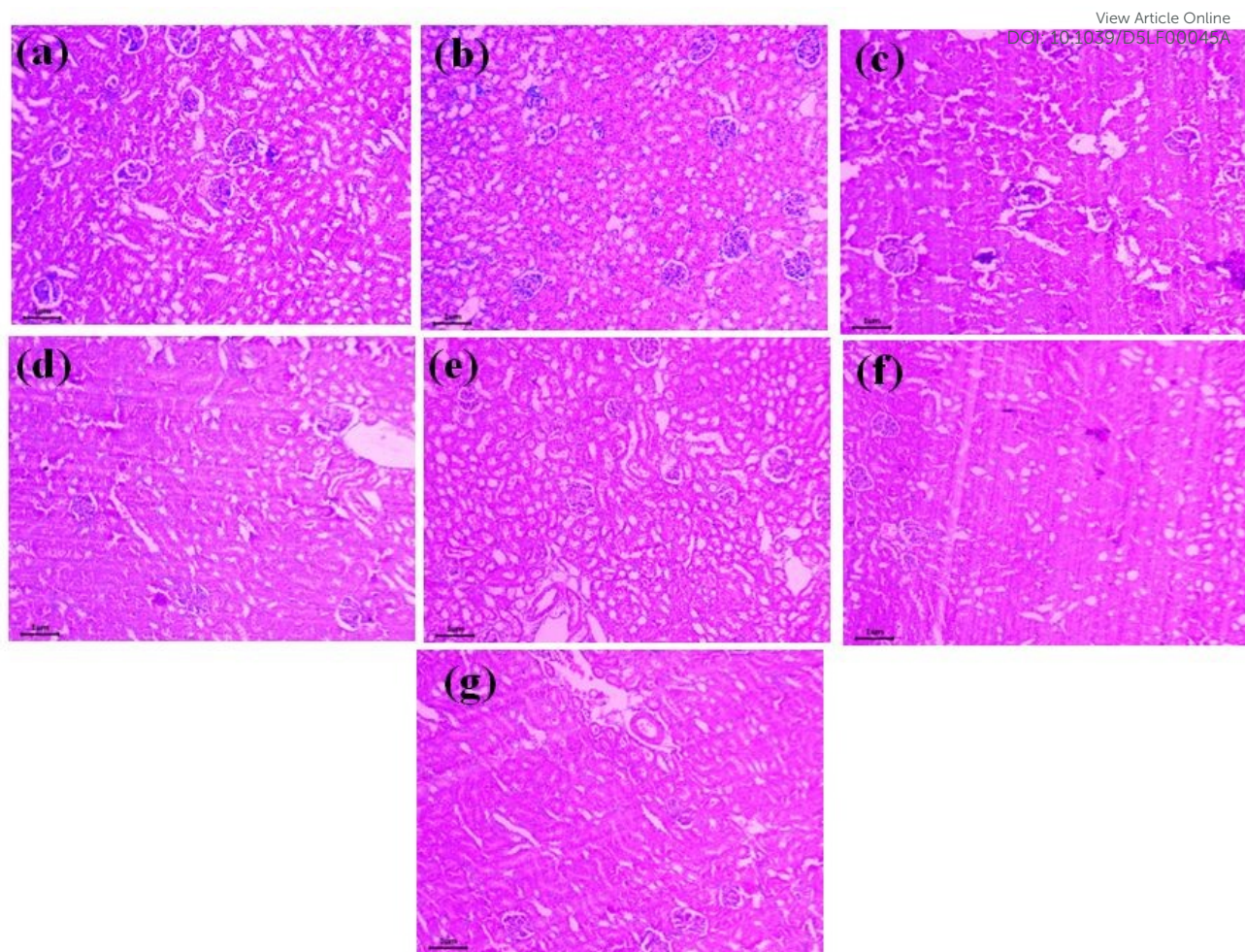




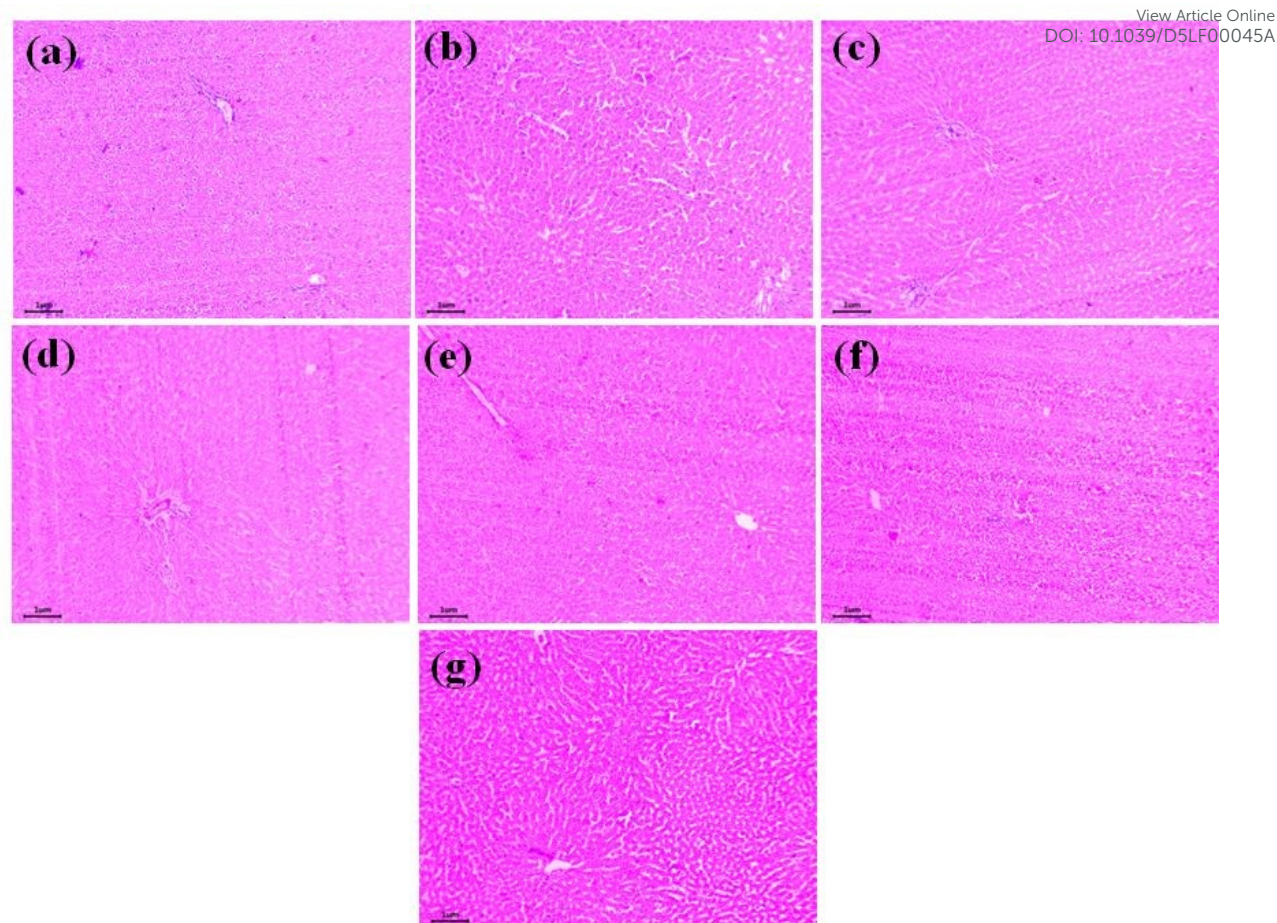
**Fig. 11.** Histopathological images of the heart tissues, stained with H & E after 7 days of injection in the following groups of rats: (a) Control (non-injected), (b) Saline, (c) M1, (d) M2, (e) M3, (f) M4 and (g) M5 nanoparticles eluates treated groups (Scale bar: 1  $\mu$ m)







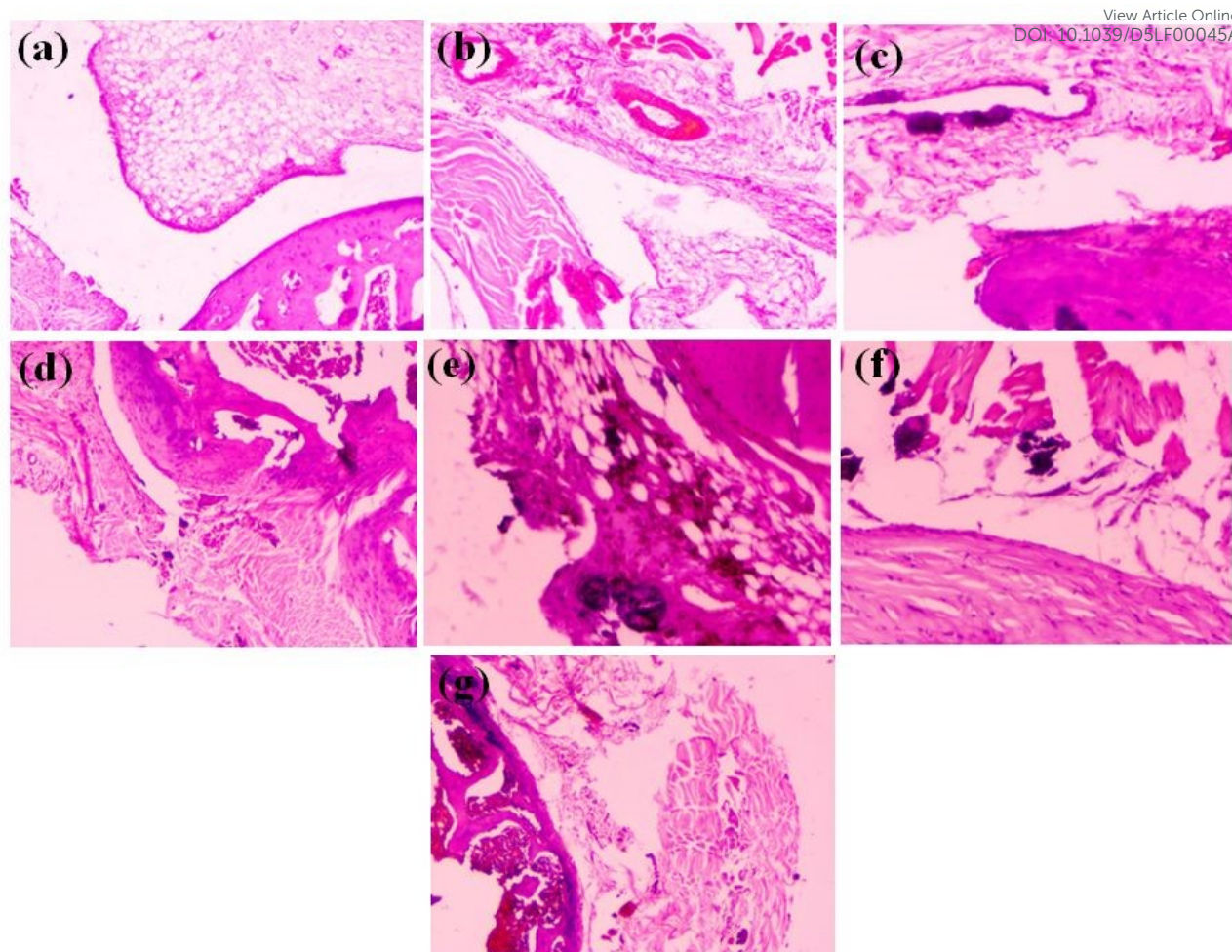
**Fig. 12.** Histopathological images of the kidney tissues, stained with H & E after 7 days of injection in the following groups of rats: (a) Control (non-injected), (b) Saline, (c) M1, (d) M2, (e) M3, (f) M4 and (g) M5 nanoparticles eluates treated groups (Scale bar: 1  $\mu$ m)



**Fig. 13.** Histopathological images of the liver section, stained with H & E after 7 days of injection in the following groups of rats: (a) Control (non-injected), (b) Saline, (c) M1, (d) M2, (e) M3, (f) M4 and (g) M5 nanoparticles eluates treated groups (Scale bar: 1  $\mu$ m).







**Fig. 14.** Histopathological features of rat knee joint tissue, stained with H & E of intra-articular injection after 7 days in the following groups of rats: (a) Control (non-injected), (b) Saline, (c) M1, (d) M2, (e) M3, (f) M4 and (g) M5 nanoparticles eluates treated groups (Scale bar: 1  $\mu$ m).



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### **Data availability statement**

In the manuscript entitled “*Interfacial response of Mg-Ca-Si-Zr Nanoparticles for Transformative Orthopedic Therapeutics*”, authored by Priya Singh, Somesh Agrawal, Deepak Khare, Vinod Tiwari and Ashutosh Kumar Dubey,

**The data will be made available on request.**

**The authors declare no conflict of interest.**

