

Nanoscale

Accepted Manuscript

This article can be cited before page numbers have been issued, to do this please use: A. Bužková, L. Hochvaldová, R. Veeová, T. Malina, M. Petr, J. Kašlík, L. Kvítek, M. Kolar, A. Panacek and R. Prucek, *Nanoscale*, 2025, DOI: 10.1039/D4NR05271D.



This is an Accepted Manuscript, which has been through the Royal Society of Chemistry peer review process and has been accepted for publication.

Accepted Manuscripts are published online shortly after acceptance, before technical editing, formatting and proof reading. Using this free service, authors can make their results available to the community, in citable form, before we publish the edited article. We will replace this Accepted Manuscript with the edited and formatted Advance Article as soon as it is available.

You can find more information about Accepted Manuscripts in the [Information for Authors](#).

Please note that technical editing may introduce minor changes to the text and/or graphics, which may alter content. The journal's standard [Terms & Conditions](#) and the [Ethical guidelines](#) still apply. In no event shall the Royal Society of Chemistry be held responsible for any errors or omissions in this Accepted Manuscript or any consequences arising from the use of any information it contains.

Selenium nanoparticles: influence of reduction agents on particle stability and antibacterial activity at biogenic concentrations

View Article Online
DOI: 10.1039/D4NR05271D

Aneta Bužková¹, Lucie Hochvaldová¹, Renata Večeřová², Tomáš Malina³, Martin Petr³, Josef Kašlík³, Libor Kvítek¹, Milan Kolář², Aleš Panáček^{1*}, Robert Pucek^{1*}

¹ Department of Physical Chemistry, Faculty of Science, Palacký University, 17. listopadu 1192/12, 779 00 Olomouc, Czech Republic

² Department of Microbiology, Faculty of Medicine and Dentistry, Palacký University, Hněvotínská 3, 779 00 Olomouc Czech Republic

³ Regional Centre of Advanced Technologies and Materials (RCPTM), Czech Advanced Technology and Research Institute (CATRIN), Palacký University, Šlechtitelů 241/27, 779 00 Olomouc, Czech Republic

*Corresponding authors.

e-mail: robert.pucek@upol.cz (R. Pucek)

e-mail: ales.panacek@upol.cz (A. Panacek)



Abstract:View Article Online
DOI: 10.1039/D4NR05271D

Selenium nanoparticles (SeNPs) have recently attracted attention for their antimicrobial and anticancer activity. Nevertheless, their use remains limited thanks to the issues of stability. The objective of this study is to investigate the impact of different reaction conditions (including the reducing and stabilizing agents, as well as reaction temperature) on the SeNPs water dispersion characteristics, stability, and biological activity. The particle characteristics were controlled using sodium borohydride as a strong reducing agent and ascorbic acid as a mild agent. The impact of different stabilizers, namely sodium oleate, quercetin, gelatine, poly(ethyleneimine), and poly(diallyldimethyl-ammonium chloride), was investigated on both particle stability and biological activity. Several destabilizing processes occurred. One of the processes was continuing reduction to the final Se(-II) oxidation state, which was observed in both synthetic approaches. Non-stabilized SeNPs dispersions were stable for a maximum of two weeks, while most stabilized SeNPs dispersions remained stable for at least two months, and some remained stable for as long as six months. The antibacterial activity demonstrated strong antibacterial effects, particularly against Gram-positive bacteria, and simultaneous low cytotoxicity against mammalian cells. SeNPs exhibited significant antibacterial efficacy, particularly against *Staphylococcus aureus*, including methicillin-resistant *Staphylococcus aureus* strains, even at concentrations as low as 1 mg/L. SeNPs synthesized utilizing sodium borohydride demonstrate minimal cytotoxicity ($EC_{50} > 100$ mg/L). Interestingly, SeNPs reduced by ascorbic acid demonstrated higher cytotoxicity (EC_{50} 6.8 mg/L) against the NIH/3T3 cell line. This effect is potentially due to the combined cytotoxic effect of SeNPs and ascorbic acid acting as a pro-oxidant at high concentrations.

Keywords: Nanoparticles, Selenium, Synthesis, Stability, Antibacterial activity, Cytotoxicity



1. Introduction

Since the discovery of antibiotics, several bacteria, including methicillin-resistant *Staphylococcus aureus* (MRSA) and vancomycin-resistant *Enterococcus species* (VRE), have developed resistance to these drugs, resulting in severe complications in the treatment of infections caused by them¹⁻⁴. The issue of bacterial resistance affects not only human medicine, but also veterinary medicine, and may result in significant economic losses in the future³. Consequently, novel antibacterial agents are continually being developed, including analogues of existing compounds or newly synthesized molecules. Over the past 15 years, an emerging group of nanostructured antibacterial materials, called as ‘nanoantibiotics’, has also been intensively developed and studied. As the field of nanotechnology continues to expand, numerous nanomaterials have been investigated for their antimicrobial properties⁴⁻⁸. Silver nanoparticles represent a typical example of nanoantibiotics, exhibiting considerable potential in antibacterial treatments and applications due to their extraordinary antibacterial properties⁹. However, silver is a heavy metal element¹⁰ that can be distributed within a wide range of organs, potentially causing genotoxicity, hepatic, renal, neurological, and hematological toxicity at certain concentrations¹¹. Selenium, on the other hand, belongs to the allotropic metalloids¹² and is an essential micronutrient for several major metabolic pathways¹³. Unfortunately, despite its essentiality, this element is toxic for all organisms in high doses. Due to its both harmful and beneficial properties, it is called an ‘essential poison’¹⁴. It has been reported that inorganic forms of selenium are more toxic than their nanoforms¹⁵, likely due to the lower solubility of nanoparticles compared to the inorganic compounds¹⁶. As a result, selenium nanoparticles (SeNPs) have gained interest due to their low toxicity and enhanced anticancer and antimicrobial activity¹².

SeNPs can be synthesized using several techniques and methods. Chemical methods are the most commonly used, as they are highly reliable and easy to use¹⁷. The most common approaches for synthesizing SeNPs from soluble salt precursor employ reducing methods utilizing glutathione^{18,19}, ascorbic acid^{6,20-23} or sodium borohydride⁵. Additionally, biological methods involving microorganisms^{24,25} or plant extracts^{26,27} have become increasingly popular in recent years. Spherical zero-dimensional (0D) nanostructures of SeNPs are mainly formed via chemical or biological approaches¹⁷. In contrast, physical techniques can be used for preparation of nanostructures as nanobelts, nanowires²⁸, microtubes²⁹, hollow microspheres, microflowers, microrods, nanowires³⁰, and nanofibers³¹. Spherical SeNPs typically exhibit strong biological properties, while anisotropic nanostructures demonstrate strong electrochemical, catalytic, or photoconductive properties¹⁷. Unfortunately, despite their intriguing properties, SeNPs exhibit



high instability¹², which results in the rapid loss of their attractive properties. However, the stability of nanoparticles can be improved through surface modification using various surfactants and polymers during particle synthesis, thus preserving the unique properties of the SeNPs, including antibacterial activity³². The antibacterial activity of SeNPs has been reported in numerous studies, with the demonstrated biological efficacy and obtained minimum inhibitory concentrations (MIC) varying significantly over a wide range of concentrations from 2 to 250 mg/L. The reported differences in the MIC values of SeNPs can be attributed to the dependence of the antibacterial efficacy on the synthesis method of SeNPs⁵, the stabilizing agent used²¹, and the type of tested bacterial strain⁶. It is therefore evident that the antibacterial activity of SeNPs, in addition to the particle characteristics, is also significant and mainly influenced by their aggregation stability. Unlike silver nanoparticles, this is also influenced by the type of tested bacteria, which can be either Gram-positive or Gram-negative, and which differ in cell wall structure.

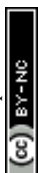
In this study, different synthetic conditions were investigated, including the use of sodium borohydride and ascorbic acid as strong and mild reduction substances, respectively. Furthermore, the synthesis of SeNPs with different particle characteristics was investigated, with the objective of developing a highly stable dispersion that exhibits high antibacterial activity and low cytotoxicity towards mammalian cells. This was achieved by varying the reaction temperature and the use of different surface stabilizers.

2. Materials and methods

2.1. Materials

Sodium selenite, sodium borohydride, quercetin, sodium oleate and poly(diallyldimethylammonium chloride) (PDDA, 20 % water solution; 200 000-350 000 M_w) were purchased from Sigma-Aldrich Chemical Co. Hydrochloric acid (32 % water solution) and gelatine were obtained from Lach-Ner. L-ascorbic acid was produced from Penta. PEI – Poly(ethyleneimine) 600 000 Da (50 % water solution) was purchased from Honeywell Fluka. All materials were obtained in the purest form available, designated as p.a. quality.

For the antibacterial assay, Mueller-Hinton agar was purchased from Bio-Rad. The Gram-negative bacterial strains *Escherichia coli* CCM 3954, *Pseudomonas aeruginosa* CCM 3955 and the Gram-positive *Enterococcus faecalis* CCM 4224, and *Staphylococcus aureus* CCM 4223 were obtained from the Czech Collection of Microorganisms (Masaryk University, Brno). Vancomycin-resistant *Enterococcus faecium* (VRE) 419, and methicillin-resistant



Staphylococcus aureus (MRSA) 4591 strains were obtained from the culture collection of the Department of Microbiology (Faculty of Medicine and Dentistry, Palacký University Olomouc). For cytotoxicity testing, the tetrazolium dye for MTT assay was purchased from Sigma Aldrich. The NIH/3T3 cells were obtained from the American-type Culture Collection (ATCC, USA), while the Dulbecco's Modified Eagle medium (DMEM) was sourced from Life Technologies.

View Article Online
DOI: 10.1039/D4NR05271D

2.2 Synthesis and stabilization of SeNPs

The synthesis of selenium nanoparticles (SeNPs) dispersions was achieved through the chemical reduction method, utilizing either sodium borohydride or ascorbic acid as a reducing agent. Non-stabilized SeNPs were prepared at the temperature of 25 or 90 °C. When sodium borohydride was used, a 50 mL dispersion of non-stabilized SeNPs was prepared as follows. 5 mL of 0.01 mol/L sodium selenite solution was diluted with 38.75 mL of water. The pH of the solution was adjusted to approximately 3 using a 1 % HCl solution, and eventually the solution was heated to 90 °C. Finally, 6.25 mL of 0.04 mol/L NaBH₄ solution was added dropwise with constant stirring. Upon the addition of the reducing agent, the solution immediately turned red, indicating the formation of a SeNPs dispersion. The dispersion was removed from the heater and maintained at the laboratory temperature for 30 minutes under stirring. The reaction proceeded for several hours when the reacting solution was maintained at a laboratory temperature of 25 °C. Due to the short-term stability of the SeNPs dispersion synthesized in this manner, a stabilizing agent (namely PDDA, PEI, sodium oleate, quercetin, or gelatine) was added at an appropriate quantity, dependent on the type of stabilizer (see Fig. 2A), to the selenite solution. All the reaction conditions, including pH value, concentration of the precursor and reductant, were applied in the same protocol as in the case of non-stabilized SeNPs. The reaction was maintained at a temperature of 90 °C for all stabilized SeNPs. The color change from clear to orange-red has manifested slower (after 5-20 min), depending on the used stabilizer.

In the case of reduction using ascorbic acid as a more environmentally friendly reducing agent, the procedure for non-stabilized SeNPs was similar to that of the sodium borohydride method (reduction maintained at both temperatures of 25 and 90 °C), with the exception of pH adjustments that were not applied. The solution turned red stepwise and reduction was completed within 15 minutes. In order to enhance the stability of SeNPs dispersions, a stabilizing agent (PDDA, PEI, sodium oleate, quercetin, or gelatine) was combined with the sodium selenite solution at an appropriate concentration (see Fig. 2B). This was followed by the immediate reduction using an ascorbic acid solution (0.04 mol/L). The solution was maintained at a temperature of 25 °C throughout the reduction process for the preparation of all stabilized SeNPs



reduced with ascorbic acid. The mixtures were stirred for a period of 15 minutes to 1 hour, dependent on the used stabilizer. The color of the SeNPs dispersion gradually changed from transparent to orange-red.

2.3 Characterization of SeNPs

The particle diameter and zeta potential were investigated by utilizing the Zetasizer Nano ZS (Malvern Instruments, UK). In these measurements, the synthesized SeNPs dispersions were used as prepared, without any additional dilution. The morphological characterization of the SeNPs was accomplished by transmission electron microscopy (TEM) using JEM 2010 (JEOL, Japan). For TEM characterization, the sample was diluted, applied to the mesh, and dried. The stability of the SeNPs water dispersions was determined by UV-Vis absorption spectra using a UV-Vis spectrophotometer Specord S600 (Analytik Jena AG, Germany) in the range of 300-800 nm with water as a reference. Measured dispersions were diluted as necessary depending on the used reducing and stabilizing agent. Structural composition of dried SeNPs was analyzed by X-ray powder diffraction (XRD) using AERIS benchtop diffraction system (Malvern, Panalytical, Netherlands) operating in Bragg-Brentano geometry, equipped with iron filtered $\text{CoK}\alpha$ radiation source. The angular range of measurement was from 5 to $105^\circ 2\theta$. The data were processed using High Score Plus software in conjunction with PDF-5 and ICSD databases. The XPS measurements were carried out with the Nexsa G2 XPS system (Thermo Fisher Scientific) with monochromatic $\text{Al-K}\alpha$ source and photon energy of 1486.7 eV. All the spectra were acquired in the vacuum of $1.2 \cdot 10^{-7}$ Pa and at the room temperature of 20 °C. The analyzed area on each sample was spot of 200 μm in diameter. For the high-resolution spectra were used pass energy of 30.00 eV and electronvolt step of 0.1 eV. Charge compensation was used for all measurements. The spectra were evaluated with the Avantage 6.5.1 (Thermo Fisher Scientific) software.

2.4 Antibacterial activity of SeNPs

The antibacterial activity was evaluated by the standard microdilution method (EUCAST³³), based on assessment of bacterial growth, which enables determination of the minimal inhibitory concentration (MIC). The SeNPs dispersion (1 mmol/L; 80 mg/L), or the solution of AgNO_3 (1 mmol/L; 108 mg/L Ag) as reference, were diluted by cation adjusted Mueller-Hinton broth in a geometric progression, resulting in a final tested concentration ranging from 40 to 0.625 mg/L for the SeNPs and 54 to 0.84 mg/L for AgNO_3 . For each antibacterial assay, a fresh bacterial suspension was prepared from bacteria that had been grown on blood agar at 35 °C for 24 h. The optical density of the bacterial inoculum was determined to be equal to 1 based on McFarland's standards using a densitometer (Densi-La Meter, LACHEMA, Czech Republic). After appropriate dilution, this gave a starting inoculum concentration of 10^6 CFU for microbial testing



using 96-well microtitration plates. The antibacterial activity was assessed according to standard testing protocols (CLSI, EUCAST) and the MIC of SeNPs, and silver salt was determined as the lowest concentration of antibacterial agent that visibly inhibited bacterial growth after 24 h incubation at 35 °C. For each sample, the measurement was proceeded three times in a single batch.

2.5 Cytotoxicity assay of SeNPs

The viability of the cells was tested using a standard MTT test, based on the conversion of the tetrazolium dye into purple formazan crystals by living cells, which determines mitochondrial activity and thus *in vitro* cytotoxic effects on the cell lines. Testing was performed on the NIH/3T3 mouse fibroblast line. The cells were cultured in Dulbecco's Modified Eagle medium at 37 °C and under a 5 % CO₂ enriched atmosphere. The cells were incubated (24 h) in a 96-well plate at a density of $2 \cdot 10^4$ cells per well. Then, they were incubated for a further 24 h at 37 °C under a 5 % CO₂ enriched atmosphere with various concentrations of SeNPs (final concentrations in DMEM medium: 0.625, 1.25, 2.5, 5, 10, 20 mg/L). After the treatment, the DMEM medium with SeNPs was gently removed and replaced with a fresh DMEM medium (100 μL, containing MTT solution at a concentration of 5 mg/L). Following the incubation period (4 h), the medium containing MTT was discarded, and 100 mL of dimethylsulfoxide was added to dissolve the formazan crystals. The absorbance was then measured at a wavelength of 570 nm using an Infinite PRO M200 microplate reader (Tecan, Austria). The viability of cells was normalized to an untreated control sample to have a 100 % viability, calculation of absorbance values, i.e., $(A_{\text{sample}}/A_{\text{control}}) \times 100$. The half-maximal effective concentrations (EC₅₀) of the tested SeNPs dispersions were extrapolated from a dose-response fit to the mean metabolic activity data using OriginPro (OriginLab Corp., Northampton, MA, USA).

3. Results and discussion

3.1. Synthesis, stabilization, and characterization of SeNPs

The synthesis of SeNPs dispersions was achieved through a simple reduction method, employing either sodium borohydride or ascorbic acid as the reducing agents. These agents are commonly utilized in wet chemical reduction methods. Initially, the priority was to find an optimal ratio of the precursor and reducing agent, which would enable the formation of SeNPs with the desired particle size and outstanding stability, leading to a high level of antibacterial activity. Consequently, the impact of several stabilizing agents (PDDA, PEI, sodium oleate, quercetin and gelatine) at various concentrations (200 to 800 mg/L, respectively 0.02 to 0.08 %) was also



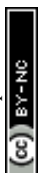
evaluated in order to produce highly stable SeNPs dispersions. All stabilizers used in this study are soluble in water, with the exception of quercetin, which is known for a wide range of biological properties (antioxidant, anti-inflammatory, antimicrobial, and antiviral)^{34,35}. However, its solubility in water is only 60 mg/L (at 16 °C)³⁶. Therefore, when SeNPs were synthesized at a temperature of 25 °C, quercetin did not dissolve at the concentration of 200 mg/L. Consequently, this sample was not prepared when ascorbic acid was used as a reducing agent. Finally, the antimicrobial activity and cytotoxicity of the selected samples were determined.

Before the reduction process with sodium borohydride, the original pH value of the sodium selenite solution or its mixture with stabilizers was adjusted to approximately 3 using a 1 % hydrochloric acid solution. Following the addition of sodium borohydride to the solution and the completion of the reduction process, the pH increased back to 8-9 (depending on the stabilizing agent used), due to the basicity of NaBH₄. Therefore, the final pH of the SeNPs dispersion was alkaline. In order to accelerate the reduction process, the pH was adjusted. At lower pH values, aqueous borohydride solutions undergo hydrolysis. For the rapid reaction of borohydride and oxonium ion, the selenium species must be fully protonated^{37,38}. Without pH adjustment of the reaction system, the reaction proceeded at a slower rate and was less effective.

In the second synthetic approach, in which ascorbic acid served as the reducing agent, the pH decreased to 4-5 following the addition of the reductant, and the final pH of the SeNPs dispersion was acidic. Subsequently, the size, morphology, zeta potential and optical properties of the prepared SeNPs were determined by DLS, XRD, TEM and UV-Vis absorption spectroscopy. For the determination of the oxidation state of the samples XPS was performed.

Morphology and size

The morphology of the synthesized SeNPs was established by transmission electron microscopy (TEM) images (Fig. 1 and S1, respectively). Prepared SeNPs exhibited a spherical morphology, with the exception of those synthesized by sodium borohydride at a laboratory temperature of 25 °C, which exhibited also hexagonal shaped nanoparticles (see Fig. 1A). When quercetin was employed as a stabilizing agent, rod-shaped structures of quercetin were observed at the TEM images (Fig. S1E), as well as small particles (Fig. S1F) measuring approximately 1 nm, which are attributed to undissolved quercetin. The particle diameter of the SeNPs was determined by the dynamic light scattering (DLS) method, as detailed in Fig. 2 (respectively Fig. S4 with zoom on the first 30 days). The particle size was established approximately two hours after reduction. The exception to this was the SeNPs synthesized by NaBH₄ at laboratory temperature without stabilizing agent, where the reaction lasted several hours. Consequently, the first DLS



measurement of this sample was carried out 24 hours after reduction.

The average size of non-stabilized SeNPs synthesized by sodium borohydride reduction at a temperature of 25 °C was larger than at 90 °C, accounting for 280.4 nm and 122.3 nm, respectively. Both non-stabilized SeNPs dispersions exhibited similar dispersity as indicated by the PDI (polydispersity index) values of 0.382 and 0.372. Moreover, the morphology of the SeNPs prepared at a lower temperature (25 °C) differed from that of the SeNPs prepared at a higher temperature (90 °C). The PDI for those samples was established as values of 0.141 and 0.231, respectively. TEM images revealed the presence of clusters of spherical nanoparticles with a diameter below 100 nm, as well as large hexagonal particles with a diameter in micrometer units (see Fig. 1A and B). The particle diameter of non-stabilized SeNPs was 157.8 nm and 232.7 nm for the reaction temperature of 25 °C and 90 °C, respectively, when ascorbic acid was used. TEM images (Fig. 1E) revealed structural deformations of the nanoparticles when synthesis was conducted at a higher temperature (90 °C) with ascorbic acid. This is likely due to the rapid nature of the reaction and the inclusion of the solution into the nanoparticles sphere. The experiment was repeated, and the deformation was also observed, however in lower extent (see Fig. 1F).

When stabilizing agents were employed, the synthesis of SeNPs proceeded at temperatures of 90 °C for the borohydride method, and 25 °C for the ascorbic acid reduction, in accordance with the obtained data. Given that all stabilized SeNPs exhibited a spherical morphology (Fig. S1A-J), it was concluded that the stabilizing agent did not influence the SeNPs morphology. The particle diameters of the stabilized SeNPs were found to be smaller than non-stabilized ones (see Fig. 2). For particles stabilized by PDDA, the PDI was 0.512 for borohydride reduction and 0.103 for ascorbic acid reduction. However, this difference may be due to the higher concentration of PDDA used for ascorbic acid reduction. The PDI for PEI stabilized SeNPs was very similar for both reducing agents, with values of 0.087 and 0.062. The PDI values of the gelatine stabilized SeNPs were 0.160 and 0.132, while for sodium oleate, the PDI values were 0.212 and 0.215. Consequently, the polydispersity increased when using sodium oleate compared to non-stabilized SeNPs. In contrast, the PDI remained similar to non-stabilized SeNPs when gelatine was used. In the case of PEI, the PDI decreased, and the SeNPs dispersions were almost monodisperse. Finally, when using quercetin for the synthesis of SeNPs with the borohydride method, the PDI was established as a value of 0.121.

UV-Vis spectroscopy

The formation of SeNPs was observed by a visible change in color from clear to red (in the case



of non-stabilized SeNPs) or to orange-red (for stabilized SeNPs). The color change was attributed to the surface plasmon resonance (SPR) of SeNPs, as evidenced by previous studies^{21,27,39,40}. Thanks to SPR, the SeNPs exhibit a characteristic absorption band in the wavelength range of 300 to 600 nm in the UV-Vis absorbance spectra⁶. This was confirmed for SeNPs reduced by sodium borohydride as well as by ascorbic acid (Fig. S2 and S3). The use of stabilizing agents had a minimal effect on the absorption band, with the exception of SeNPs stabilized by quercetin, which absorbs the light wavelength in the range of 350 to 400 nm (see Fig S2F).

Zeta potential

Zeta potential (ZP) provides information about the electrical state and charge of the nanoparticles. The charge of nanoparticle depends on the NPs' nature and the dispersion environment^{41,42}. The ZPs of the prepared SeNPs are summarized in Fig. 3 (respectively Fig. S5 with zoom on the first 30 days). For non-stabilized SeNPs, the charge was negative for both sodium borohydride and ascorbic acid synthetic routes. Hence, the charge of the SeNPs was negative and was not influenced by the pH of medium, given that sodium borohydride SeNPs dispersions were alkaline and ascorbic acid acidic. The addition of PDDA and PEI as stabilization agents resulted in a positive ZP value, due to the protonation of these polymeric molecules containing amine groups. On the other hand, sodium oleate remained a negative charge of the SeNPs, regardless of the pH of dispersion, due to the presence of $-\text{COO}^-$ groups. In contrast, the charge of SeNPs stabilized by gelatine is dependent on the pH of the dispersions medium, due to the amphoteric properties of gelatine. Consequently, at alkaline conditions, the SeNPs with gelatine were negatively charged (Fig. 3A) due to deprotonation, while in acidic conditions, the SeNPs were positively charged (Fig. 3B), as a result of protonated $-\text{NH}_3^+$ groups.

According to the DLVO theory, the value of ZP indicates the stability properties of nanoparticles^{41,42}. Bhattacharjee (2016)⁴² states that colloids with ZP values exceeding ± 30 mV are highly stable. Meanwhile, Pochapski et al. (2021)⁴¹, asserts that ZP values between ± 30 to ± 40 mV indicate moderate electrostatic stability of NPs, and values above ± 40 mV indicate the electrostatic stable nanoparticles. However, the stability of colloids depends on electrostatic and steric interactions⁴¹. Consequently, it is necessary to consider also steric forces when describing the stability of nanoparticles. As observed, the stability of SeNPs by the initial ZP does not provide a definitive indication of the stability of SeNPs dispersions. Non-stabilized SeNPs (reduced by sodium borohydride at a temperature of 25° C) exhibited a high ZP value of -45.9 mV. However, as will be described in the following section, the SeNPs dispersion was found to be unstable. On the other hand, despite a low ZP value of $+12.6$ mV, the SeNPs



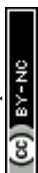
dispersion synthesized by ascorbic acid and stabilized by gelatine was stable, accordingly due to the prevailing steric effects.

Stability

The stability of SeNPs was determined by monitoring changes in their diameter, zeta potential, and UV-Vis absorption spectra. The change in particle diameter (Fig. 2) was found to correspond with changes in the UV-vis absorption spectra (Fig. S2 and S3). Several destabilization processes of SeNPs were observed, including aggregation over time, as indicated by the increasing size established by DLS. The visual color change from red to gray was observed in several SeNPs dispersions. Sedimentation and adsorption onto the vessel's surface were also observed.

According to the literature, we first attributed this color change to a change in the crystal structure to a trigonal (t-Se) structure of gray color^{43,44}. Hence, the XRD and XPS measurements proceeded in order to confirm the crystal structure and oxidation state of the prepared SeNPs. The XRD patterns remained the same for both the orange and the gray-colored samples (see Fig. 4). In both samples, there was confirmed a hexagonal selenium lattice plane indexed to (100), (101), (110), (102), (111), and (201), which agrees with the standard card (PDF 04-003-6030). Lattice parameters remained the same for the stable orange-colored SeNPs sample with $a = 0.437$ nm and $b = 0.494$ nm and destabilized gray sample with $a = 0.436$ nm and $b = 0.495$ nm. The XPS measurement revealed that selenium in gray destabilized samples exists exclusively in the Se(-II) state (Fig. 5 A and C), with Se 3d_{5/2}, and Se 3d_{3/2} peaks at binding energies of 54 eV and 55 eV, respectively. A mixed oxidation state of Se was observed for the stable orange form of SeNPs. When the NaBH₄ was used for reduction (Fig. 5B), two oxidation states of Se were observed, with 57.4% in the Se(-II) state (Se 3d_{5/2} at 54.553 eV and Se 3d_{3/2} at 55.353 eV), and 42.6% in the elemental state Se(0) (Se 3d_{5/2} at 55.762 eV and Se 3d_{3/2} at 56.562 eV). XPS of the stable SeNPs reduced by ascorbic acid (Fig. 5D) exhibits the most complex selenium chemistry, containing 46.5% Se(-II) (Se 3d_{5/2} at 54.667 eV, Se 3d_{3/2} at 55.435 eV), 30.7% Se(0) (Se 3d_{5/2} at 55.775 eV, Se 3d_{3/2} at 56.575 eV), and 22.8% in the Se(II) state (Se 3d_{5/2} at 57.565 eV, Se 3d_{3/2} at 58.365 eV). Therefore, the color change is not caused by crystal structure transformation but rather by the continuing reduction to the final Se(-II) oxidation state and the complete disappearance of the elemental selenium state.

Non-stabilized SeNPs dispersions reduced by sodium borohydride were found to be more stable when the reduction occurs at a temperature of 90 °C rather than 25 °C. When reduction occurs at laboratory temperature, the average size of the SeNPs particles is larger, and hexagonal shaped nanoparticles are observed (see Fig. 2A). The average size remains almost the same for one week,



however a color change from red to gray occurs, which is attributed to oxidation state change as discussed earlier. When SeNPs dispersions were prepared at a higher temperature, the particle size changed from 122.3 to 173.4 nm within two weeks. In the fourth week the average size of the particles reached 690.3 nm. There was no significant change in the zeta potential of the SeNPs, which had been reduced by sodium borohydride at a temperature of 25 °C. The ZP decreased from 45.9 to 39.6 mV (Fig. 3A). With an increase in the reduction temperature, the ZP of the SeNPs decreased from 34.6 to 25.5 mV within the 24 hours. However, it then gradually increased up to 38.7 mV within two weeks.

In the case of the ascorbic acid reduction method, the stability of the non-stabilized SeNPs dispersions was found to be the same for both used synthetic temperatures. However, according to the TEM images (Fig. 1E), the particles were disrupted in structure when a higher temperature was used for synthesis. Furthermore, the aggregation process was faster (Fig. 2B). In both cases, the change of the charge from negative to positive occurred. For a higher temperature, the change took place within 24 hours, while for a lower temperature, the change occurred until 72 hours (see Fig. 3B). The SeNPs dispersions synthesized by sodium borohydride method were successfully stabilized using either quercetin, gelatine, or sodium oleate. The particle size after reduction was 73.9, 105.6, and 77.0 nm, and gradually increased over time. However, the size change was less than three times the original size (see Fig. 2A). The ZP values for PEI or sodium oleate stabilized SeNPs remained constant for the first two weeks, after which a slight increase was observed (Fig. 3A). In contrast, for the quercetin stabilized SeNPs, the ZP remained constant for the first two weeks, before decreasing from the original value of 42.0 to 29.7 mV after eight weeks. After the ZP of this sample was remeasured six months later, the value increased back to 39.7 mV. It can be concluded that quercetin, gelatine, and sodium oleate are the optimal choice for stabilizing SeNPs dispersions synthesized by sodium borohydride, among tested stabilization agents. Neither PDDA nor PEI were found to be effective in stabilizing SeNPs to the same extent. It can be stated that stabilizing agents with negatively charged groups are effective in stabilizing synthesized SeNPs.

On the other hand, the stability of the SeNPs synthesized by ascorbic acid can be achieved by employing a stabilizing agent with protonated $-\text{NH}_3^+$ groups rather than negatively charged $-\text{COO}^-$ groups. The size change of SeNPs stabilized using PEI and gelatine has been less than twice the original size (Fig. 2B). Moreover, the size of the SeNPs particles increased 113.3 to 168.5 nm over a six-month period, when PEI was used for stabilization. The zeta potential of PDDA and PEI stabilized SeNPs decreased from the original value of 42.4 to 31.0 mV, respectively from 38.8 to 20.7 mV in the first week (see Fig. 3B). Subsequently, the ZP slightly



increased but remained at a nearly constant value. In the case of gelatine stabilized SeNPs, the ZP initially increased from its original value of 12.6 to 18.3 mV within the first week, then remained the same for the next eight weeks. After six months, the ZP decreased below the original value. The stability of SeNPs prepared using ascorbic acid as reductant and sodium oleate as reductant was found to be poor. Within the first week the particles undergo a gradual aggregation process. Furthermore, the charge of the SeNPs undergoes a transition from negative to positive over two weeks.

In conclusion, most stable SeNPs dispersions were obtained when gelatine was used as a stabilizing agent for both synthetic approaches (reduction with sodium borohydride as well as ascorbic acid). Moreover, the stability of SeNPs dispersions can be prolonged using quercetin or sodium oleate within sodium borohydride reduction. In the case of the ascorbic acid synthetic method, the use of PEI as stabilizing agent resulted in the achievement of good stability. According to the results, we conclude that the pH and zeta potential (ZP) charge of SeNPs dispersion influences the effectiveness of the stabilizing agent (depending on the selected reducing agent) the most. SeNPs dispersions prepared using NaBH_4 are alkaline, and the ZP charge is negative. Hence, the stabilizing agent with $-\text{COO}^-$ functional group is optimal. On the other hand, SeNPs dispersions synthesized using ascorbic acid are acidic, and the ZP is also negative. Changing ZP from negative to positive using stabilizing agent with $-\text{NH}_3^+$ functional group can ensure the SeNPs dispersion stability.

3.2. Antibacterial activity

The antibacterial activity of SeNPs was determined as a minimal inhibition concentration (MIC) of the tested nanoparticles, which visually inhibits bacterial growth. This was tested on both Gram-negative and Gram-positive bacteria strains (summarized in Table 1 and 2). Non-stabilized SeNPs prepared by sodium borohydride reduction were active against *E. faecalis* and *S. aureus* with MIC 20 and 40 mg/L, respectively. Non-stabilized nanoparticles prepared with the ascorbic acid approach demonstrate no activity against any of the tested Gram-positive strains, with the exception of methicillin-resistant *S. aureus* (MRSA) up to the concentration of 40 mg/L. The antibacterial activity of SeNPs synthesized by ascorbic acid was just slightly improved in the case of stabilization with gelatine, with a significant enhancement of antibacterial activity against MRSA, with a MIC of 0.3 mg/L. This concentration is considerably lower than that of ionic silver (6.8 mg/L), which is considered to have strong antibacterial properties. In the case of ascorbic acid as a reductant and PEI as a stabilizer, stabilization has improved the antibacterial activity against all of the tested Gram-positive strains, with better results against staphylococcal strains



(Table 2). The antibacterial activity of quercetin stabilized SeNPs was not measured due to its low solubility (60 mg/L at 16 °C in water³⁶) at the laboratory temperature used for synthesis. The nanoparticles with the most promising observed antibacterial properties were stabilized by PDDA, with MIC values ranging from 0.3 to 2.5 mg/L for Gram-positive strains. Moreover, they were also active against Gram-negative strains, including *E. coli* (20 mg/L) and *P. aeruginosa* (2.5 mg/L). This represents a significantly greater activity against Gram-negative bacteria than previously reported for SeNPs prepared by chemical reduction.⁶²¹⁵ Huang et al. (2016) synthesized SeNPs using NaBH₄ (and acetic acid for pH adjustment) with MIC against *E. coli*, *P. aeruginosa*, and *S. aureus* at concentrations 32, 24, and 8 mg/l, respectively⁵. Within ascorbic acid reduction, SeNPs stabilized by PVA demonstrate no activity against *S. aureus*, and against *E. coli* and *P. aeruginosa*, the MIC was high at 11 and 12.5 ppm²³. However, in another study with the same reactants, the MIC of SeNPs was 250 mg/l for *E. coli* and *P. aeruginosa* and 125 mg/l for *S. aureus*²¹. Lower antimicrobial activity was detected by Filipović et al. (2021) for SeNPs synthesized using ascorbic acid and BSA (bovine serum albumin) as stabilization agent, where the MIC against *S. aureus* was 100 ppm and against *E. coli* and *P. aeruginosa* it was 400 ppm⁴⁵.

In order to exclude the effect of the stabilizing agent itself and to explain its effect on the antibacterial activity of the nanoparticles, the antibacterial activity of each stabilizer was tested (Table 3). The solutions of quercetin and gelatine did not demonstrate any antibacterial activity at the used concentrations. The sodium oleate solution demonstrated some antibacterial activity against MRSA, although at a concentration that was much higher than that used in the SeNPs dispersions. On the other hand, PDDA and PEI exhibited some antibacterial properties (Tables 3 and 4). In the case of nanoparticles prepared by ascorbic acid reduction and stabilized with PDDA, the stabilizer itself demonstrated lower antibacterial properties than when tested in combination with SeNPs. Conversely, if PDDA was used for the stabilization during reduction with sodium borohydride, the concentration of PDDA in the SeNPs solution was higher than its respective MIC. The results for PEI are inconclusive. The antibacterial activity of the nanoparticles stabilized with PEI was approximately equal to the MIC of the PEI alone, indicating that the antibacterial properties of the nanoparticles may be solely attributable to the stabilizing agent.

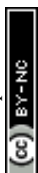
SeNPs prepared by reduction with sodium borohydride and stabilized with sodium oleate exhibited slightly higher activity than nanoparticles stabilized with PEI. However, this was observed only against Gram-positive strains with MIC values of 5 mg/L for both *E. faecalis* and *S. aureus*, and even lower (1.3 mg/L) for MRSA. Similarly, borohydride reduction with PDDA stabilizer resulted in the preparation of nanoparticles that exhibited antibacterial activity against



all strains tested, including those of the Gram-negative (Tables 1 and 2). However, as previously discussed, this could be attributed to the stabilizing agent itself. SeNPs stabilized with gelatine exhibited antibacterial activity against Gram-positive strains with an MIC of 40 mg/L. While quercetin stabilized nanoparticles have exhibited activity only against *S. aureus* and MRSA with MIC values of 40 and 5 mg/L, respectively.

All the tested strains were also combine with silver ions, which have been demonstrate to heave an antibacterial effect on both Gram-positive and Gram-negative bacteria strains (see Table 2). The antibacterial activity of SeNPs prepared by reduction via ascorbic acid and stabilized by PDDA have been found to have a lower minimal inhibition concentration than silver ions in all of the tested bacteria except *E. coli* and *P. aeruginosa* 3955. This suggests that the nanoparticles may be a promising agent in antibacterial therapy. The surface charge of the nanoparticles plays an essential role in determining their interactions with bacteria^{6,46}. Both types of bacteria have a negatively charged cell wall at neutral pH. Gram-positive bacteria thanks to teichoic acids, while Gram-negative bacteria thanks to lipopolysaccharides⁴⁷⁻⁴⁹. According to the DLVO theory, when the charge of nanoparticles and bacteria are identical, it is anticipated that strong repulsive electrostatic forces will be generated between these two elements^{6,46}. Consequently, negatively charged SeNPs exhibit lower adsorption to the surface of the bacterial cell wall. Therefore, it was anticipated that SeNPs with a positively charged surface would exhibit rather higher antibacterial activity. This was partly confirmed in our study, where the nanoparticles with the highest positive zeta-potential exhibited the highest antibacterial activity (SeNPs stabilized by PDDA and PEI). However, other effects such as nanoparticle stabilization, could affect the overall antibacterial activity. It is therefore not possible to draw a direct correlation between the surface charge of bacteria and nanoparticles and the inhibition of the bacteria. In contrast, it has been observed that chemically prepared SeNPs are more effective against Gram-positive bacteria than against Gram-negative ones, which is consistent with the previously published results^{5,6,21}. This is likely due to the fact that Gram-negative bacteria have a more complex cell wall, which makes it more challenging for SeNPs to penetrate and reach the inner membrane^{48,49}.

It has not been demonstrated that the reducing agent has a direct effect on the antibacterial properties since the size of the prepared SeNPs was similar. The antibacterial activity of PDDA and PEI stabilized SeNPs was found to be slightly impacted by the stabilizer itself. In the case of PDDA as a stabilizer and ascorbic acid as a reductant, the MIC of PDDA in SeNPs dispersion stabilized by this agent was higher than for PDDA solution itself. Therefore, the antibacterial effect can be attributed to the SeNPs. On the other hand, the MIC of PEI in SeNPs dispersion was comparable to that of the stabilizer alone, indicating that the antibacterial properties can be



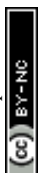
attributed to the stabilizer. Finally, as demonstrated in Table 4, the MIC of stabilizer increased in SeNPs dispersion in the case of dispersion prepared by the borohydride reduction method and stabilized with PDDA. Therefore, it appears that the stabilizer itself is losing its antibacterial properties when it is not present in the medium in its free form, but rather coated onto the nanoparticle surface.

3.3. Cytotoxicity assay

The *in vitro* cytotoxicity of SeNPs was performed using the MTT assay against the normal cell line NIH/3T3 (mouse embryonic fibroblasts). The concentrations of diluted SeNPs used were in the range of 0.625 to 20 mg/L. Cytotoxicity was defined by establishing EC₅₀ values. The half maximal effective concentration (EC₅₀) is defined as the amount of SeNPs required to inhibit a given process by 50 %, in this case, the viability of the tested cells.

The results demonstrated that the non-stabilized SeNPs dispersion prepared with NaBH₄ was not cytotoxic even at the highest concentration tested (20 mg/L), with an EC₅₀ value exceeding 100 mg/L (see Fig. 4). Cytotoxicity of SeNPs increased when stabilizing agents were employed (the EC₅₀ was within the range 30-33 mg/L). For comparison, the EC₅₀ of sodium selenite against the NIH/3T3 cell line accounts for 7.6 mg/L. Therefore, the lower cytotoxicity of SeNPs (sodium borohydride reduction) compared to Na₂SeO₃ was confirmed. Interestingly, SeNPs prepared using ascorbic acid (a mild environmentally friendly agent) have been more cytotoxic than those synthesized with a strong reductant, sodium borohydride. As illustrated in Fig. 4, when ascorbic acid was employed as a reducing agent, EC₅₀ values were observed to be within the range of 2 to 9 mg/L for both non-stabilized and stabilized SeNPs. For ascorbic acid, at the same concentration as the final concentration in the prepared SeNPs dispersions, accounting for 0.005 mol/L, an EC₅₀ value of 35.5 mg/L was established. It has been reported that for SeNPs prepared with ascorbic acid, the NIH/3T3 cell viability was approximately 80 % at a concentration of 10 mg/L⁵⁰. However, in the study conducted by Sin S. et al., the prepared SeNPs dispersion was centrifuged and washed, and the SeNPs were free of ascorbic acid prior to the cytotoxicity testing.

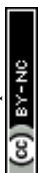
Fig. 5 illustrates, that cell viability decreased to 76.4 % compared to the control at the lowest concentration of SeNPs reduced by NaHB₄. Thereafter, cell viability exhibited a slight decrease with increasing concentration of SeNPs. On the opposite, the viability of cells at the lowest concentration of SeNPs synthesized using ascorbic acid was 6.1 % for the lowest SeNPs. The EC₅₀ of the ascorbic acid solution (in the same concentration as used in the SeNPs dispersions) was established as a value of 22.7 mg/L. Therefore, the high cytotoxicity of the SeNPs prepared by ascorbic acid may be due to the additive toxic effect of the SeNPs and ascorbic acid. Although



ascorbic acid is an antioxidant agent, it can also act as a pro-oxidant when high doses are used. The cytotoxicity of ascorbic acid is mediated by its conversion of free radicals into hydrogen peroxide, which can damage the cell membrane and DNA^{51,52}. The combination of SeNPs and ascorbic acid and their combined cytotoxic effect could be applicable for cancer treatment, for example. Regarding the cytotoxicity of stabilizing agent solutions, PDDA and quercetin showed no cytotoxic effect at all (see Fig. 6), with EC₅₀ higher than 100 mg/L. Gelatine and sodium oleate exhibited low cytotoxicity, with EC₅₀ values of 72.4 and 34.7 mg/L, respectively. In contrast, the PEI solution exhibited a markedly higher cytotoxic effect, with an EC₅₀ value of 2.9 mg/L, compared to the PEI stabilized SeNPs, which exhibited an EC₅₀ value of 8.6 mg/L. The other stabilizing agents solutions were less cytotoxic compared to the stabilized SeNPs solutions.

4. Conclusion

In this study, SeNPs have been successfully synthesized using two different reducing agents – sodium borohydride as a strong agent and ascorbic acid as a more environmentally friendly reductant. The resulting SeNPs were spherical with a particle size of approximately 100 nm (established by DLS measurement). Non-stabilized SeNPs were only stable for up to two weeks for the sodium borohydride reduction approach at a temperature of 90 °C. The stability can be prolonged for at least 6 months using gelatine as a stabilizing agent for both synthetic approaches. The SeNPs dispersions stability for the sodium borohydride method can be prolonged using stabilizing agent with q negative functional group (-COO⁻ or -O⁻) as is quercetin and sodium oleate. For ascorbic acid reduction the stability can be achieved using q positively charged stabilizer as PEI with -NH₃⁺ functional group. Several destabilizing processes were observed. Besides aggregation and sedimentation, the color change from red to gray occurred. This change happens due to the continuing reduction in maternal SeNPs water dispersion to the final Se(-II) oxidation state. Most of the SeNPs dispersions exhibited antibacterial activity only against Gram-positive bacteria. Outstanding antibacterial activity was detected for SeNPs, synthesized by ascorbic acid and stabilized with PDDA or gelatine, against MRSA strain with MIC 0.3 mg/L. SeNPs stabilized with PDDA have been active even against Gram-negative bacteria *E. coli* (MIC 20 mg) and *P. aeruginosa* (2.5 mg/L). Interestingly, SeNPs synthesized using ascorbic acid were more cytotoxic than those prepared using sodium borohydride. Since EC₅₀ was higher than 100 mg/L for non-stabilized SeNPs prepared by NaBH₄ reduction), and 6.8 mg/L for non-stabilized SeNPs with ascorbic acid, respectively. SeNPs demonstrate antibacterial activity similar to ionic silver. However, silver is a heavy metal element, while selenium is a metalloid. Besides, selenium



is an essential trace element. These results show potential for the application of SeNPs in the field of medical treatment or food processing, since the stability of prepared dispersions must be known for the storage. However, further investigation into the resistance of SeNPs is necessary. Additionally, a more comprehensive understanding of the antibacterial activity mechanism of selenium nanoparticles is required.

Author contributions

Aneta Bužková (Conceptualization, Methodology, Investigation, Writing – original draft), Lucie Hochvaldová (Investigation, Writing – original draft), Renata Večeřová (Investigation, Methodology, Writing – review & editing), Tomáš Malina (Investigation, Writing – review & editing), Martin Petr (Investigation, Writing – original draft), Josef Kašlík (Investigation), Libor Kvítek (Resources, Writing – review & editing), Milan Kolář (Resources, Writing – review & editing), Aleš Panáček (Resources, Supervision, Writing – original draft), Robert Pucek (Conceptualization, Methodology, Resources, Supervision, Writing – review & editing).

Acknowledgements

The authors are thankful to Alexandra Rancová and Jana Stránská for TEM images, also to Šárka Hradilová for the partial cytotoxicity measurement. The authors gratefully acknowledge financial support from the Ministry of Health of the Czech Republic (project NU20-05-00165), and Internal Student Grant Agency of the Palacký University in Olomouc, Czech Republic (IGA_PrF_2024_021 and IGA_PrF_2024_020). We acknowledge the Research Infrastructure NanoEnviCz, supported by the Ministry of Education, Youth and Sports of the Czech Republic under Project No. LM2023066, and the project National Institute of virology and bacteriology (Programme EXCELES, ID Project No. LX22NPO5103) - Funded by the European Union - Next Generation EU.

Support Information

As mentioned in the text, additional figures include remaining TEM images, changes of UV-vis absorption spectra of all discussed dispersion, and zoom on the first 30 days of size and zeta potential change of discussed selenium nanoparticles dispersions.

Data availability

Data will be available on request.



Conflicts of interest

The authors declare no conflict of interest.



References

View Article Online
DOI: 10.1039/D4NR05271D

- 1 D. P. Biswas, N. M. O'Brien-Simpson, E. C. Reynolds, A. J. O'Connor and P. A. Tran, *J Colloid Interface Sci*, 2018, **515**, 78–91.
- 2 L. D. Geoffrion, T. Hesabizadeh, D. Medina-Cruz, M. Kusper, P. Taylor, A. Vernet-Crua, J. Chen, A. Ajo, T. J. Webster and G. Guisbiers, *ACS Omega*, 2020, **5**, 2660–2669.
- 3 World Health Organization, *Global action plan on antimicrobial resistance*, Geneva, 2015.
- 4 L. Hochvaldová, R. Večeřová, M. Kolář, R. Pucek, L. Kvítek, L. Lapčík and A. Panáček, *Nanotechnol Rev*, 2022, **11**, 1115–1142.
- 5 X. Huang, X. Chen, Q. Chen, Q. Yu, D. Sun and J. Liu, *Acta Biomater*, 2016, **30**, 397–407.
- 6 P. A. Tran, N. O'Brien-Simpson, E. C. Reynolds, N. Pantarat, D. P. Biswas and A. J. O'Connor, *Nanotechnology*, 2016, **27**, 10.
- 7 S. Hayat, *Frontiers in Bioscience*, 2018, **10**, 827.
- 8 M. Natan and E. Banin, *FEMS Microbiol Rev*, 2017, **41**, 302–322.
- 9 A. Panáček, L. Kvítek, M. Smékalová, R. Večeřová, M. Kolář, M. Röderová, F. Dyčka, M. Šebela, R. Pucek, O. Tomanec and R. Zbořil, *Nat Nanotechnol*, 2018, **13**, 65–71.
- 10 M. A. Argudín, A. Hoefler and P. Butaye, *Res Vet Sci*, 2019, **122**, 132–147.
- 11 N. Hadrup, A. K. Sharma and K. Loeschner, *Regulatory Toxicology and Pharmacology*, 2018, **98**, 257–267.
- 12 B. Hosnedlova, M. Kepinska, S. Skalickova, C. Fernandez, B. Ruttkay-Nedecky, Q. Peng, M. Baron, M. Melcova, R. Opatrilova, J. Zidkova, G. Bjørklund, J. Sochor and R. Kizek, *Int J Nanomedicine*, 2018, **13**, 2107–2128.
- 13 K. Brown and J. Arthur, *Public Health Nutr*, 2001, **4**, 593–599.
- 14 H. R. El-Ramady, É. Domokos-Szabolcsy, N. A. Abdalla, T. A. Alshaal, T. A. Shalaby, A. Sztrik, J. Prokisch and M. Fári, *Environ Chem Lett*, 2014, **12**, 495–510.
- 15 S. Skalickova, V. Milosavljevic, K. Cihalova, P. Horoky, L. Richtera and V. Adam, *Nutrition*, 2017, **33**, 83–90.
- 16 K. S. Prasad, H. Patel, T. Patel, K. Patel and K. Selvaraj, *Colloids Surf B Biointerfaces*, 2013, **103**, 261–266.
- 17 B. Gates, B. Mayers, B. Cattle and Y. Xia, *Adv Funct Mater*, 2002, **12**, 219–227.
- 18 Q. Wang, A. Mejía Jaramillo, J. J. Pavon and T. J. Webster, *J Biomed Mater Res B Appl Biomater*, 2016, **104**, 1352–1358.
- 19 P. A. Tran and T. J. Webster, *Nanotechnology*, 2013, **24**, 7.
- 20 V. Bartůněk, J. Junková, J. Šuman, K. Kolářová, S. Rimpelová, P. Ulbrich and Z. Sofer, *Mater Lett*, 2015, **152**, 207–209.
- 21 S. Boroumand, M. Safari, E. Shaabani, M. Shirzad and R. Faridi-Majidi, *Mater Res Express*, 2019, **6**, 9.
- 22 Z. Wang, J. Jing, Y. Ren, Y. Guo, N. Tao, Q. Zhou, H. Zhang, Y. Ma and Y. Wang, *Mater Lett*, 2019, **234**, 212–215.
- 23 B. A. Al Jahdaly, N. S. Al-Radadi, G. M. G. Eldin, A. Almahri, M. K. Ahmed, K. Shoueir and I. Janowska, *Journal of Materials Research and Technology*, 2021, **11**, 85–97.
- 24 D. Medina Cruz, G. Mi and T. J. Webster, *J Biomed Mater Res A*, 2018, **106**, 1400–1412.



- 25 S. Pandey, N. Awasthee, A. Shekher, L. C. Rai, S. C. Gupta and S. K. Dubey, *Bioprocess Biosyst Eng*, 2021, **44**, 2679–2696. View Article Online
DOI: 10.1039/D4NR05271D
- 26 B. Fardsadegh and H. Jafarizadeh-Malmiri, *Green Processing and Synthesis*, 2019, **8**, 399–407.
- 27 S. Menon, S. D. K.S., H. Agarwal and V. K. Shanmugam, *Colloid Interface Sci Commun*, 2019, **29**, 8.
- 28 Y. Ma, L. Qi, W. Shen and J. Ma, *Langmuir*, 2005, **21**, 6161–6164.
- 29 E. Filippo, D. Manno and A. Serra, *Chem Phys Lett*, 2011, **510**, 87–92.
- 30 K. Mondal and S. K. Srivastava, *Mater Chem Phys*, 2010, **124**, 535–540.
- 31 K. Badgar and J. Prokisch, *Molecules*, 2021, **26**, 6457.
- 32 S. Chhabria and K. Desai, in *Encyclopedia of Nanoscience and Nanotechnology*, 2016, p. 32.
- 33 EUCAST, The European Committee on Antimicrobial Susceptibility Testing, <https://www.eucast.org/>, (accessed 31 August 2022).
- 34 A. K. Mittal, S. Kumar and U. C. Banerjee, *J Colloid Interface Sci*, 2014, **431**, 194–199.
- 35 A. Di Petrillo, G. Orrù, A. Fais and M. C. Fantini, *Phytotherapy Research*, 2021, 1–13.
- 36 N. C. for B. Information. P. Database, Quercetin CID=5280343, <https://pubchem.ncbi.nlm.nih.gov/compound/5280343>, (accessed 31 August 2022).
- 37 A. Ramesh Kumar and P. Riyazuddin, *Int J Environ Anal Chem*, 2007, **87**, 469–500.
- 38 S. Amendola, *Talanta*, 1999, **49**, 267–270.
- 39 N. Srivastava and M. Mukhopadhyay, *Bioprocess Biosyst Eng*, 2015, **38**, 1723–1730.
- 40 K. Anu, G. Singaravelu, K. Murugan and G. Benelli, *J Clust Sci*, 2017, **28**, 551–563.
- 41 D. J. Pochapski, C. Carvalho dos Santos, G. W. Leite, S. H. Pulcinelli and C. V. Santilli, *Langmuir*, 2021, **37**, 13379–13389.
- 42 S. Bhattacharjee, *Journal of Controlled Release*, 2016, **235**, 337–351.
- 43 P. Cherin and P. Unger, *Inorg Chem*, 1967, **6**, 1589–1591.
- 44 T. M. Sakr, M. Korany and K. V. Katti, *J Drug Deliv Sci Technol*, 2018, **46**, 223–233.
- 45 N. Filipović, D. Ušjak, M. T. Milenković, K. Zheng, L. Liverani, A. R. Boccaccini and M. M. Stevanović, *Front Bioeng Biotechnol*, 2021, **8**, 624621.
- 46 A. S. Joshi, P. Singh and I. Mijakovic, *Int J Mol Sci*, 2020, **21**, 7658.
- 47 B. Gottenbos, *Journal of Antimicrobial Chemotherapy*, 2001, **48**, 7–13.
- 48 M. J. Hajipour, K. M. Fromm, A. Akbar Ashkarran, D. Jimenez de Aberasturi, I. R. de Larramendi, T. Rojo, V. Serpooshan, W. J. Parak and M. Mahmoudi, *Trends Biotechnol*, 2012, **30**, 499–511.
- 49 Y. N. Slavin, J. Asnis, U. O. Häfeli and H. Bach, *J Nanobiotechnology*, 2017, **15**, 20.
- 50 S. Shin, K. Saravanakumar, A. V. A. Mariadoss, X. Hu, A. Sathiyaseelan and M.-H. Wang, *J Nanostructure Chem*, 2022, **12**, 23–32.
- 51 L. Tronci, G. Serreli, C. Piras, D. V. Frau, T. Dettori, M. Deiana, F. Murgia, M. L. Santoru, M. Spada, V. P. Leoni, J. L. Griffin, R. Vanni, L. Atzori and P. Caria, *Antioxidants*, DOI:10.3390/antiox10050809.
- 52 J. J. Casciari, N. H. Riordan, T. L. Schmidt, X. L. Meng, J. A. Jackson and H. D. Riordan, *Br J Cancer*, 2001, **84**, 1544–1550.



View Article Online
DOI: 10.1039/D4NR05271D

Open Access Article. Published on 17 February 2025. Downloaded on 2/21/2025 12:46:41 PM.
This article is licensed under a Creative Commons Attribution-NonCommercial 3.0 Unported Licence.



Nanoscale Accepted Manuscript

Figures

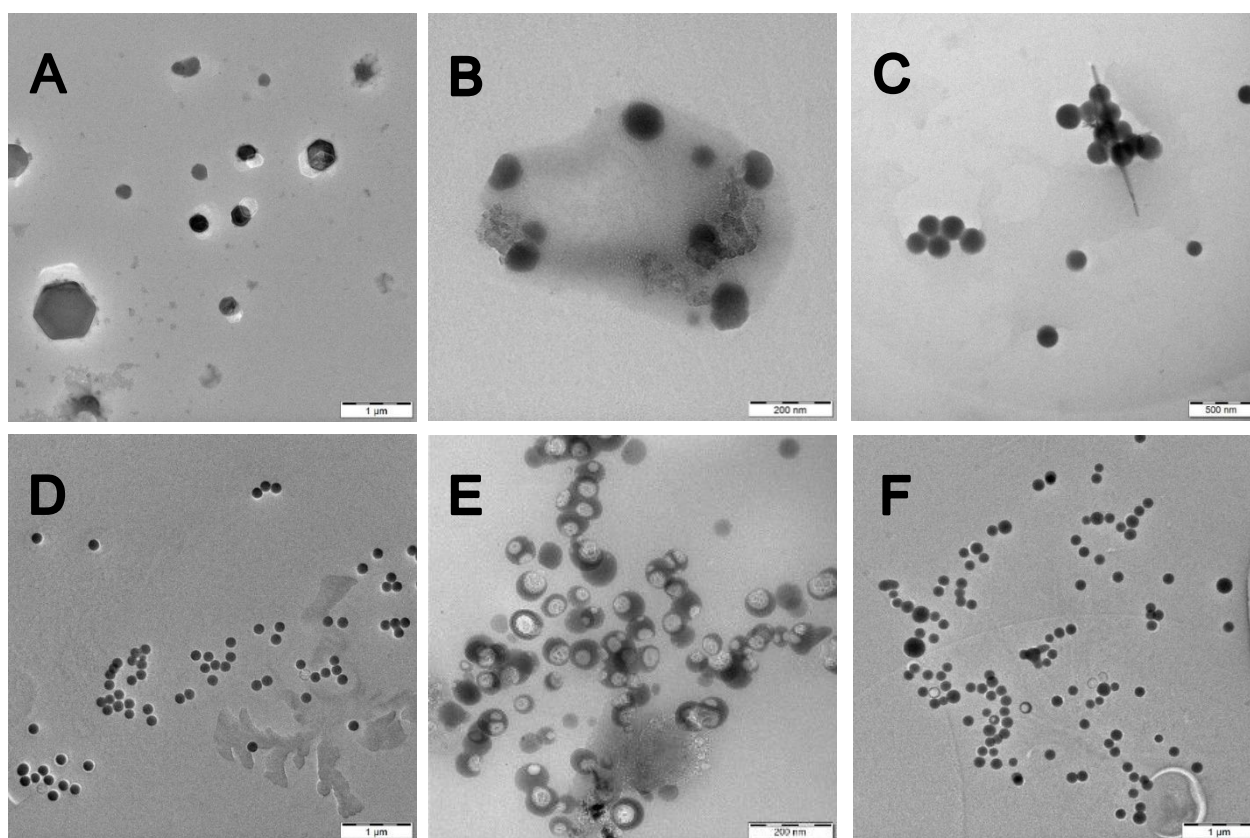
View Article Online
DOI: 10.1039/D4NR05271D

Fig. 1: TEM images of SeNPs dispersions synthesized by **A)** and **B)** sodium borohydride at temperature 25 °C **C)** sodium borohydride at temperature 90 °C; **D)** ascorbic acid at temperature 25 °C; **E, F)** ascorbic acid at a temperature of 90 °C.



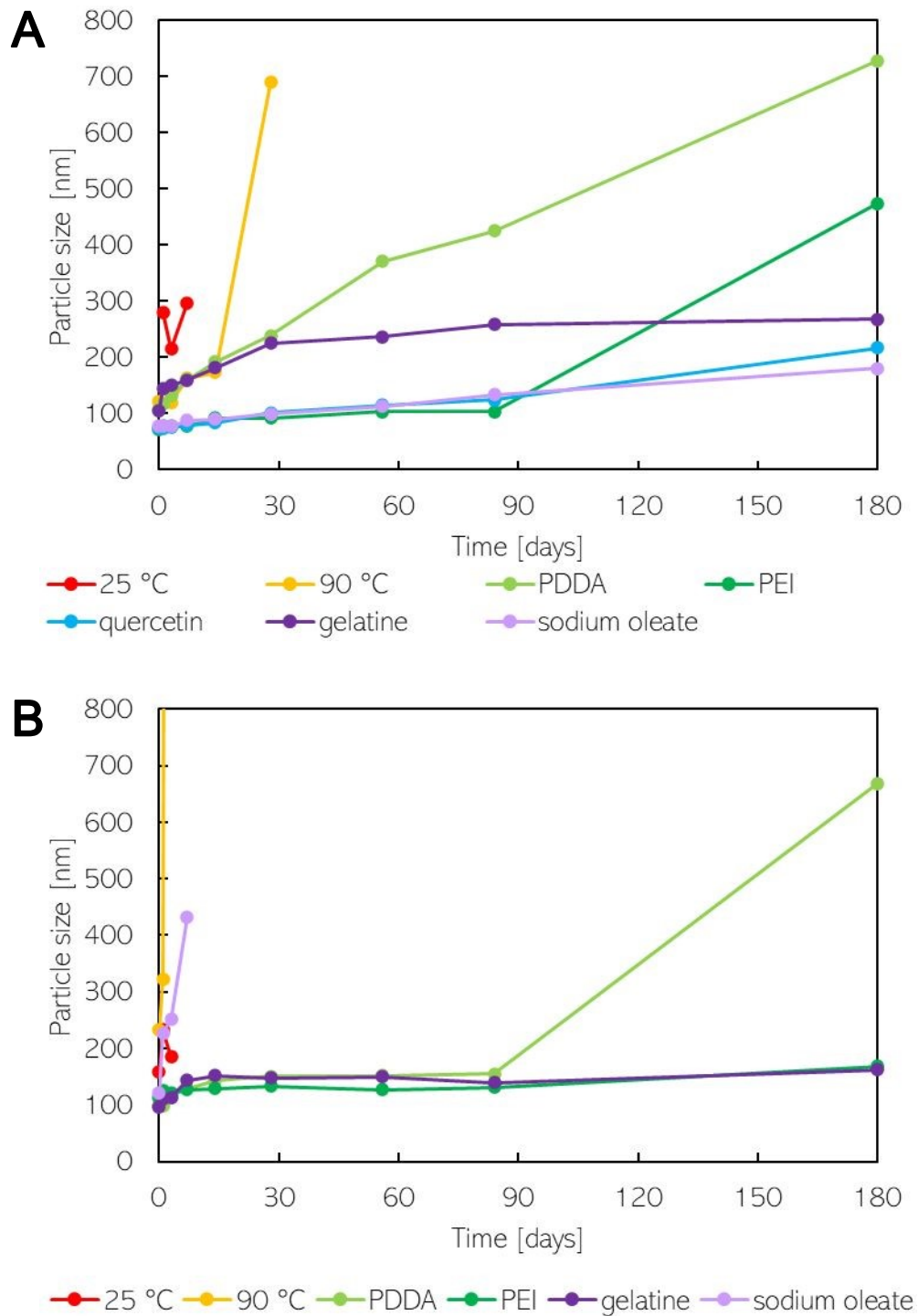


Fig. 2: The size change of SeNPs synthesized **A)** by sodium borohydride, and **B)** by ascorbic acid.



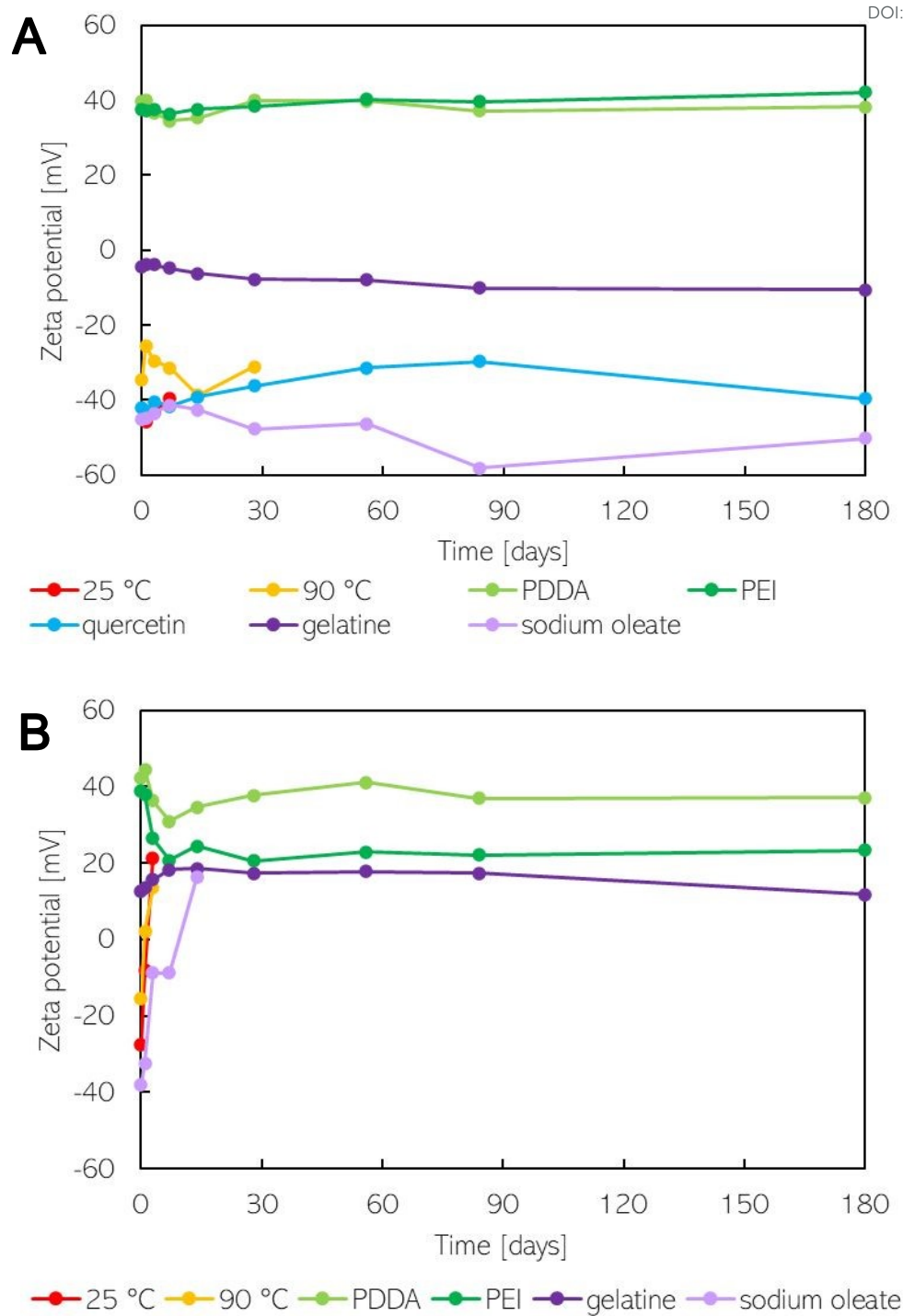
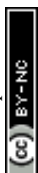


Fig. 3: The zeta potential change of SeNPs synthesized **A)** by sodium borohydride, and **B)** by ascorbic acid.



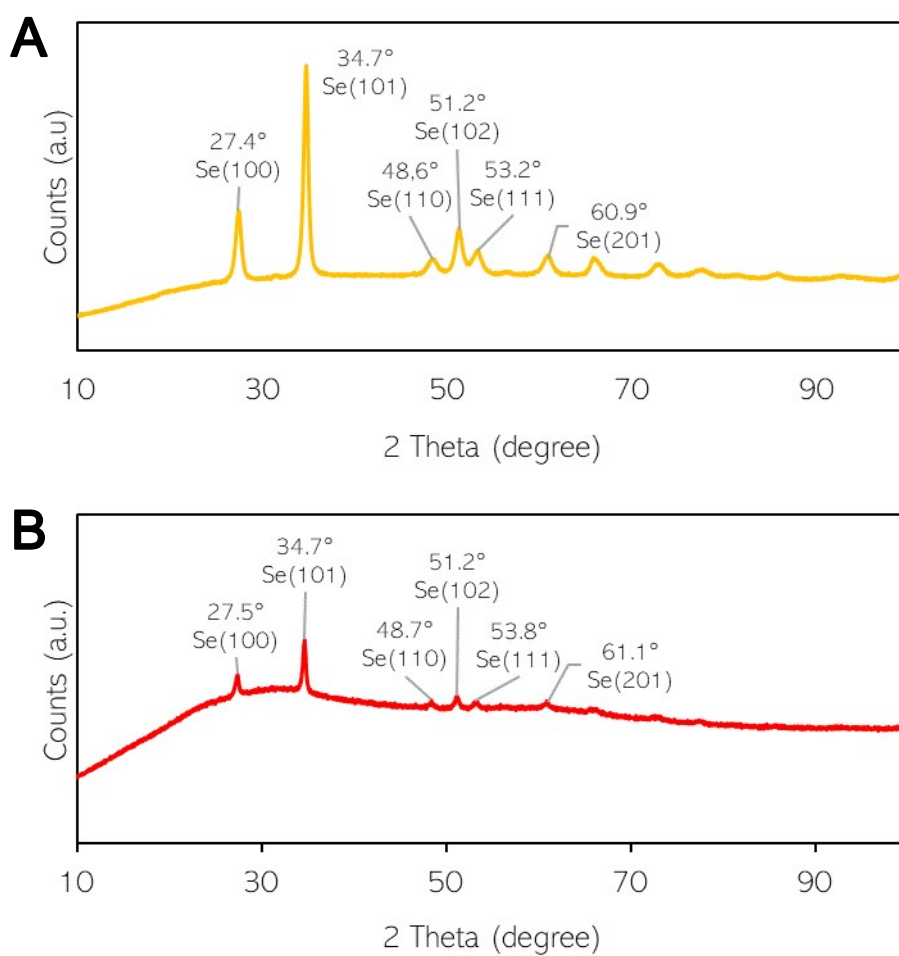


Fig. 4: The X-ray diffraction (XRD) pattern of the synthesized SeNPs reduced by ascorbic acid represented as **A)** destabilized SeNPs of gray color, and **B)** stable SeNPs of orange color.



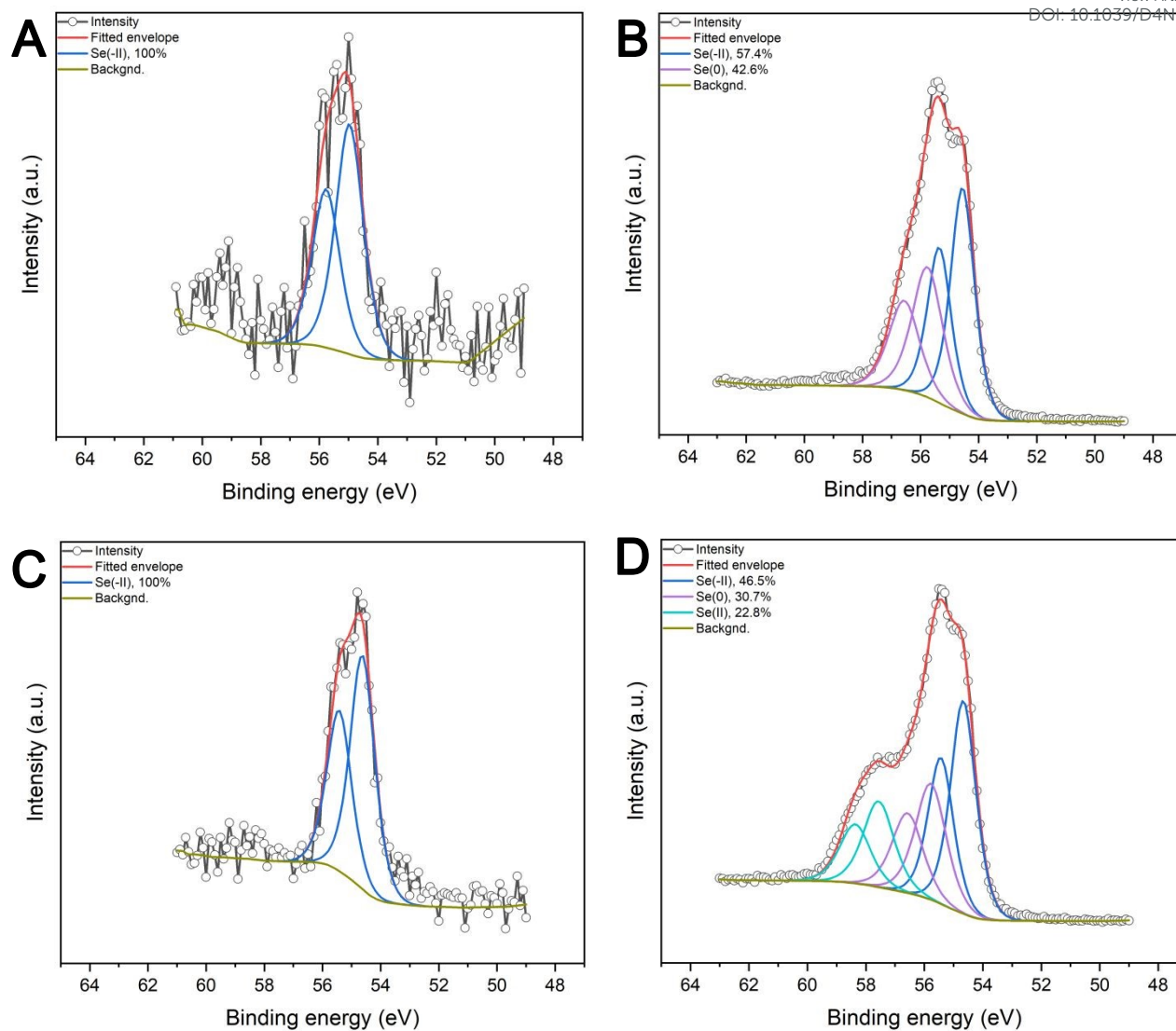


Fig. 5: The X-ray photoelectron spectra (XPS) of selenium (Se 3d) for the **A)** destabilized SeNPs reduced by NaBH_4 , **B)** SeNPs in stable state reduced by NaBH_4 , **C)** gray destabilized SeNPs reduced by ascorbic acid, and **D)** orange stable SeNPs reduced by ascorbic acid.



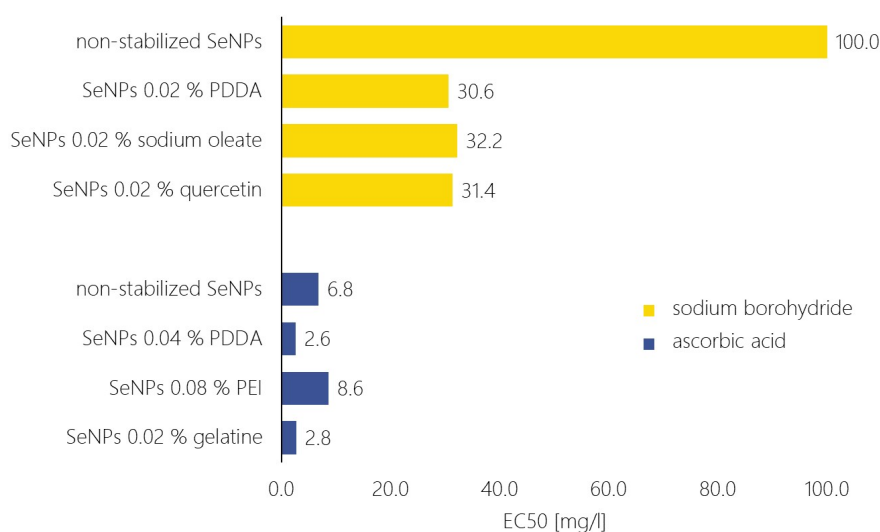


Fig. 6: Established EC₅₀ values for SeNPs dispersions synthesized using sodium borohydride (yellow) and ascorbic acid (blue) and stabilized by varying stabilizing agent.

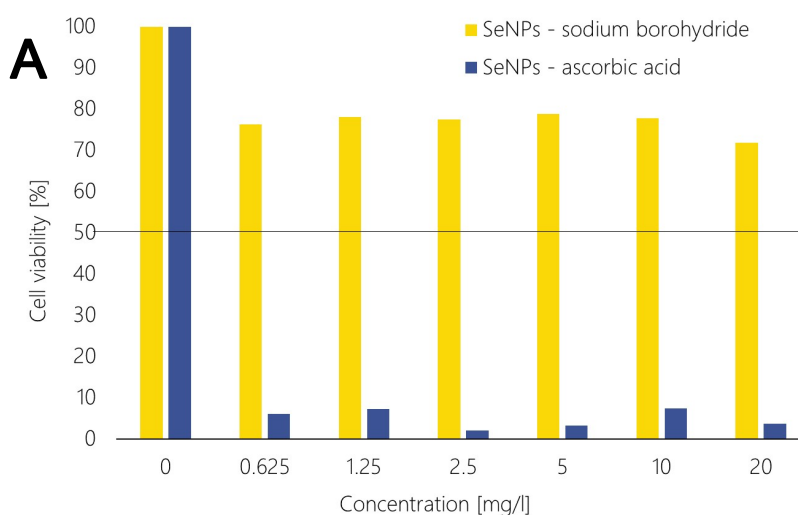


Fig. 7: Comparison of cell viability for the SeNPs synthesized using sodium borohydride (yellow) and ascorbic acid (blue).



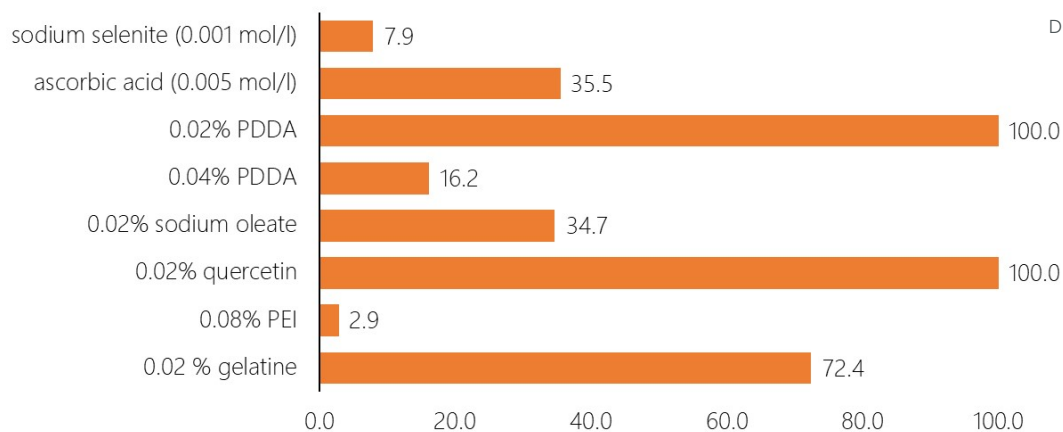


Fig. 8: Established EC₅₀ values for solutions of used stabilizing agents.

Tables

Table 1: Antibacterial activity of SeNPs synthesized by sodium borohydride and stabilized by various stabilizing agents (PDDA, sodium oleate, quercetin, gelatine) expressed as the minimum inhibitory concentration (MIC).

Bacterial strain	SeNPs	MIC [mg/l]			
		SeNPs 0.02 % PDDA	SeNPs 0.02 % sodium oleate	SeNPs 0.02 % quercetin	SeNPs 0.02 % gelatine
<i>E. coli</i> 3954	>40.0	20.0	>40.0	>40.0	>40.0
<i>P. aeruginosa</i> 3955	>40.0	5.0	>40.0	>40.0	>40.0
VRE 419	>40.0	20.0	>40.0	>40.0	40.0
<i>E. faecalis</i> 4224	20.0	10.0	5.0	>40.0	40.0
<i>S. aureus</i> 4223	40.0	5.0	5.0	40.0	40.0
MRSA 4591	>40.0	5.0	1.3	5.0	40.0

Table 2: Antibacterial activity of SeNPs synthesized by ascorbic acid reduction and stabilized by various stabilizing agents (PDDA, PEI, quercetin, gelatine) expressed as the minimum inhibitory concentration (MIC).

Bacterial strain	Ag ⁺ ions	SeNPs	MIC [mg/l]		
			SeNPs 0.04 % PDDA	SeNPs 0.08 % PEI	SeNPs 0.02 % gelatine
<i>E. coli</i> 3954	3.4	>40.0	20.0	>40.0	>40.0
<i>P. aeruginosa</i> 3955	1.7	>40.0	2.5	>40.0	>40.0
VRE 419	6.8	>40.0	1.3	20.0	>40.0
<i>E. faecalis</i> 4224	6.8	>40.0	2.5	40.0	>40.0
<i>S. aureus</i> 4223	6.8	>40.0	0.3	10.0	40.0
MRSA 4591	13.5	40.0	0.3	5.0	0.3

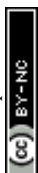


Table 3: Antibacterial activity of stabilizing agents' solutions expressed as the minimum inhibitory concentration (MIC) of the used stabilizer.

Bacterial strain	MIC [mg/l]					
	sodium selenite	0.02 % PDDA solution	0.02 % sodium oleate solution	0.08 % PEI solution	0.02 % quercetin solution	0.02 % gelatine solution
<i>E. coli</i> 3954	>40.0	50.0	>200.0	>800.0	>200.0	>200.0
<i>P. aeruginosa</i> 3955	>40.0	25.0	>200.0	100.0	>200.0	>200.0
VRE 419	40.0	12.5	>200.0	200.0	>200.0	>200.0
<i>E. faecalis</i> 4224	>40.0	12.5	>200.0	200.0	>200.0	>200.0
<i>S. aureus</i> 4223	40.0	3.1	>200.0	100.0	>200.0	>200.0
MRSA 4591	20.0	1.6	25.0	25.0	>200.0	>200.0

Table 4: Antibacterial activity of stabilizing agents (PDDA, sodium oleate, PEI) in the SeNPs dispersion (SeNPs reduced by either sodium borohydride or ascorbic acid) expressed as the minimum inhibitory concentration (MIC).

bacterial strain	MIC [mg/l]			
	SeNPs 0.02 % PDDA (borohydride)	SeNPs 0.02 % sodium oleate (borohydride)	SeNPs 0.04 % PDDA (ascorbic acid)	SeNPs 0.08 % PEI (ascorbic acid)
<i>E. coli</i> 3954	50	>100	100	>400
<i>P. aeruginosa</i> 3955	12.5	>100	12.5	>400
VRE 419	50	>100	6.25	200
<i>E. faecalis</i> 4224	25	12.5	12.5	400
<i>S. aureus</i> 4223	12.5	12.5	1.5625	100
MRSA 4591	12.5	3.125	1.5625	50



Data are available on request.

View Article Online
DOI: 10.1039/D4NR05271D

Open Access Article. Published on 17 February 2025. Downloaded on 2/21/2025 12:46:41 PM.
This article is licensed under a Creative Commons Attribution-NonCommercial 3.0 Unported Licence.

