

REVIEW

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From experimental studies to computational approaches: recent trends in designing novel therapeutics for amyloidogenesis

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Amyloidosis is a condition marked by misfolded proteins that build up in tissues and eventually destroy organs. It has been connected to a number of fatal illnesses, including non-neuropathic and neuro-degenerative conditions, which in turn have a significant influence on the worldwide health sector. The inability to identify the underlying etiology of amyloidosis has hampered efforts to find a treatment for the condition. Despite the identification of a multitude of putative pathogenic variables that may operate independently or in combination, the molecular mechanisms responsible for the development and progression of the disease remain unclear. A thorough investigation into protein aggregation and the impacts of toxic aggregated species will help to clarify the cytotoxicity of aggregation-mediated cellular apoptosis and lay the groundwork for future studies aimed at creating effective treatments and medications. This review article provides a thorough summary of the combination of various experimental and computational approaches to modulate amyloid aggregation. Further, an overview of the latest developments of novel therapeutic agents is given, along with a discussion of the possible obstacles and viewpoints on this developing field. We believe that the information provided by this review will help scientists create innovative treatment strategies that affect the way proteins aggregate.

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1. Introduction

Currently, the biological phenomenon that is being explored the most is the aggregation of proteins and peptides into amyloid. The formation of aberrant protein aggregates in the brain caused by this misfolding may interfere with regular cellular processes and hasten the progression of various disorders. These pathologies are commonly known as protein misfolding disorders (PMDs) or amyloidosis which includes various types of localized and systemic diseases such as insulin-derived amyloidosis, frontotemporal dementia, diabetes type 2, Alzheimer's, Parkinson's, and Huntington's diseases, as well as spongiform encephalopathies, oncogenic disorders, *etc.* These disorders can have a variety of causes for protein misfolding, such as environmental stress, genetic mutations, or a mix of the two. Once misfolded, the proteins frequently set off a series of

events that aggregate additional misfolded proteins, further impairing brain tissue and ultimately resulting in the symptoms associated with these illnesses.

To date, various therapeutic approaches have been designed in order to impede the amyloid aggregation pathway.^{1,2} Finding substances that interfere with the protein aggregation pathway by interacting with the amyloidogenic protein or peptide, boosting protein stability, avoiding misfolding of proteins, blocking protein self-assembly, and preventing the disintegration of protein fibres is one of the significant methods for preventing amyloidosis. In this regard, numerous therapeutic substances, including vitamins,³ polyphenols,⁴ carbohydrates, antibodies,⁵ lipids,⁶ metal chelators⁷ and nanomaterials,⁸ have been found to be highly effective in inhibiting the aggregation of amyloidogenic proteins and peptides and the production of amyloid.⁹ Despite persistent efforts, the fundamental mechanism of amyloidogenesis still remains unclear.

A number of reviews, concentrating on small molecule inhibitors of protein aggregation, have been written previously on the topic of protein aggregation, its molecular aspects, and ways for inhibiting it.^{10,11} For instance, Xiang *et al.* reviewed the phenomena of protein aggregation, focusing on natural products that are employed to suppress this process.¹² Similar to this, Liang and Li have reported a review article highlighting

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the role of peptide-based inhibitors¹³ and Dhouafli and coworkers showed the potential of phenolic compounds¹⁴ in suppressing the protein aggregation process. Recent research has shown that polymers are effective substitutes for small molecules in the suppression of protein aggregation.¹⁵ They can effectively prevent protein denaturation and promote refolding, which makes them a valuable tool in the fight against aggregation-related problems. Considering the importance of polymers, various review articles have been published focusing on their significant roles in suppressing amyloidogenesis.^{16,17} Nonetheless, the majority of review articles that have been published focus on either computational tools or experimental biophysical methodologies to explore the amyloid fibrillation process. However, there are several studies that have integrated both experimental and computational methods to design novel therapeutic approaches.^{18,19} In this regard, most recently, Chari *et al.* have investigated the impact of Hsc70 structural variants on preventing amylin aggregation using both experimental and computational tools.²⁰ By combining experimental and theoretical results, this report establishes a mechanism *via* which the interaction of Hsc70 with human islet amyloid polypeptide (hIAPP) monomeric species breaks protein–protein bonds, mainly by protecting the β -sheet edges of the Hsc70- β -sandwich. Through blocking the exposed edges of the β -sandwich, especially at the β 5– β 8 area along the α -helix interface, the unique conformational dynamics of Hsc70's α -helices may improve hIAPP binding. As a result, fibril development was inhibited. Even though several research articles have been published, to the best of our knowledge, there is limited review in the literature^{21,22} that focuses in-depth on both the computational and experimental approaches for designing novel therapeutics for amyloidosis. Therefore, it is necessary to do a thorough assessment that covers all aspects of protein aggregation, including its causes, effects, and current inhibitors, with a particular emphasis on the combination of both computational and experimental approaches.

In the current review article, our main goal is to present the state of recent developments in therapeutic strategies for amyloidogenesis. Special emphasis is given on the broad applicability of experimental and computational approaches that are developed for designing novel anti-amyloidogenic drugs in regulating the process of protein fibrillation. In the initial part of the review article, we have provided a general overview of protein misfolding and the structural model of amyloid fibrils, followed by a discussion of various factors and driving forces that affect the protein aggregation pathway. Furthermore, we have summarized a list of computational and experimental biophysical techniques that are majorly employed for probing amyloid aggregation. We have also highlighted the application of computational approaches for studying protein aggregation in human disorders along with a detailed discussion on the structural effects of various types of anti-amyloidogenic drugs explored so far. Finally, a brief illustration of the difficulties and potential for this field's future has been provided at the end of the article.

2. A general overview of the amyloid protein aggregation process

2.1 Protein misfolding and structural models of amyloid fibrils

Protein folding is a spontaneous and robust process to ensure protein function within the cell. Multiple quality control pathways are present in the endoplasmic reticulum (ER) to guarantee the proper folding such as enzymes, posttranslational modification, molecular chaperones, formation of disulfide bonds, degradation of misfolded proteins, *etc.* In the cell, protein degradation and folding are also carefully balanced. However, in spite of all protections (quality control pathways), dysfunctional interactions often result in misfolding and aggregation and thus perturb the assigned cellular function followed by lethal amyloidosis diseases such as Alzheimer's, Parkinson's, Huntington's diseases, *etc.* At the initial stage, a few peptides assemble through the interaction between their exposed hydrophobic patches to form water-soluble dimers – which is known as nucleation – followed by the growth of larger and insoluble aggregates or oligomers. In the nucleation step, peptides are interconnected by the formation of intermolecular β -sheets with intermolecular main chain hydrogen bonding,²³ and these are called cross β -sheets where β -sheets are placed perpendicular to the fibril axis. Several copies of oligomers stick together to form protofibrils followed by the formation of amyloid fibrils (Fig. 1) of 7–12 nm in diameter.^{24,25} These oligomers are more toxic than the fibrils. Also, the misfolded proteins can exist as amorphous aggregates, which are granular, less ordered and unstructured without having any ordered intermolecular interaction²⁶ and preferably not greater than $\sim 1\ \mu\text{m}$ in size.²⁷ Both oligomers and fibrils are toxic in amorphous aggregates.²⁸ Fig. 2 represents the schematic overview of diverse structures formed by a polypeptide chain. Among the various aggregates, amyloid fibrils are the most usual type. These fibrils disrupt the natural function of the cell. The loss-of-function and/or gain-in-toxicity lead to neurodegenerative and systemic diseases. Not only the A β peptide, but some other proteins also form amyloid fibrils with similar morphology, cross- β structure, alternative polar and hydrophobic interaction along the fibril axis, rigid structure and also resistance to denaturation and degradation.

The aggregation events include primary nucleation, elongation, secondary nucleation and fragmentation (Fig. 3).³⁵ Primary nucleation is a stage when monomers in solution interact to form soluble aggregates. In elongation the length of such aggregates increases due to their interaction with another monomer. Thus, elongation is the vital step of aggregation. When the surface of the soluble aggregates binds with other monomers the event is named the secondary nucleation. Molecular interactions such as salt bridges, trapped water molecules by van der Waals forces, and hydrophobic patches usually enhance the possibility of the secondary nucleation. Finally, in fragmentation the existing fibrils break down to multiple fibrils and as mentioned before, the soluble oligomers are more neurotoxic than the fibrils.³⁶

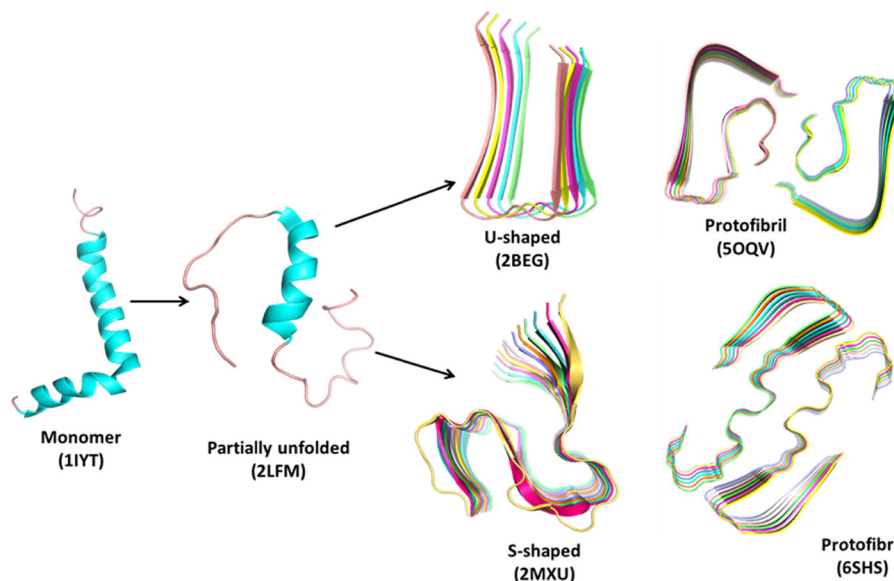


Fig. 1 Representative structures of the amyloid aggregation pathway using Aβ-peptide as a model system. The structures are obtained from the Protein Data Bank (<https://www.rcsb.org>). The monomer (1IYT)²⁹ and partially unfolded (2LFM)³⁰ form, both U-shaped (2BEG)³¹ and S-shaped (2MXU)³² forms of oligomers and respective protofibrils (5OQV³³ and 6SHS³⁴) are shown in a cartoon representation. PDB codes of the downloaded structures are given in parenthesis.

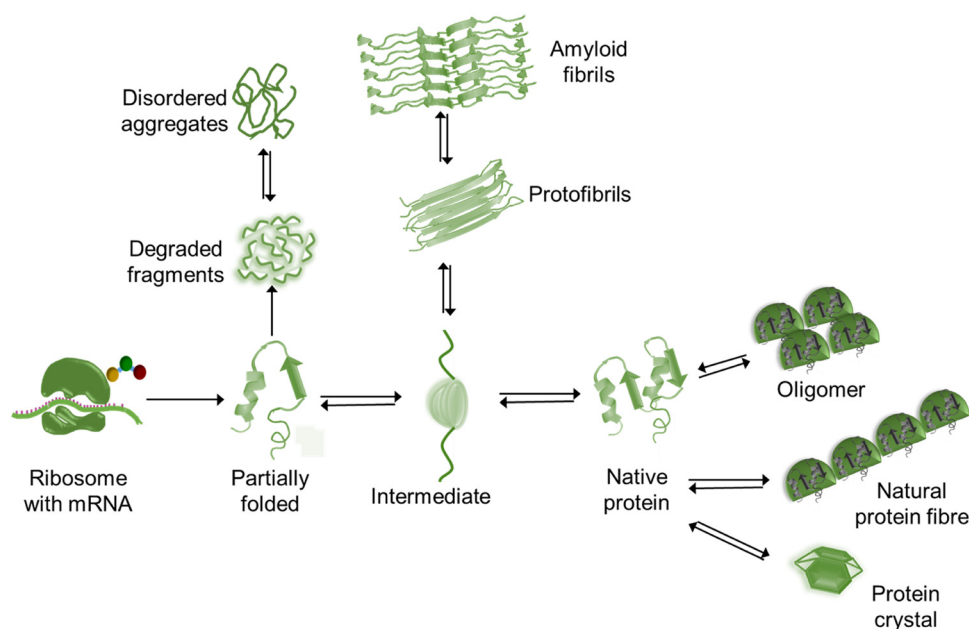


Fig. 2 A schematic overview of diverse structures formed by a polypeptide chain.

2.2 Different types of systemic and localized amyloidogenic diseases

Over the past few decades, amyloid protein aggregation has been linked to more than fifty human diseases, making it one of the most fascinating new frontiers in the pharmaceutical and biomedical field.^{39,40} These lethal human disorders are referred to as protein misfolding disorders (PMDs) or amyloidosis. Amyloidosis is mainly categorized as systemic and localized

amyloidosis. The most common organs to be affected by systemic amyloidosis are the heart, kidneys, and nervous system. This can lead to peripheral and autonomic neuropathies, nephrotic syndrome, renal failure, and congestive heart failure. On the other hand, in the case of localized amyloidosis, as the amyloids are accumulated at the production site, only one organ is affected. Alzheimer's disease is considered as one of the most common and well understood

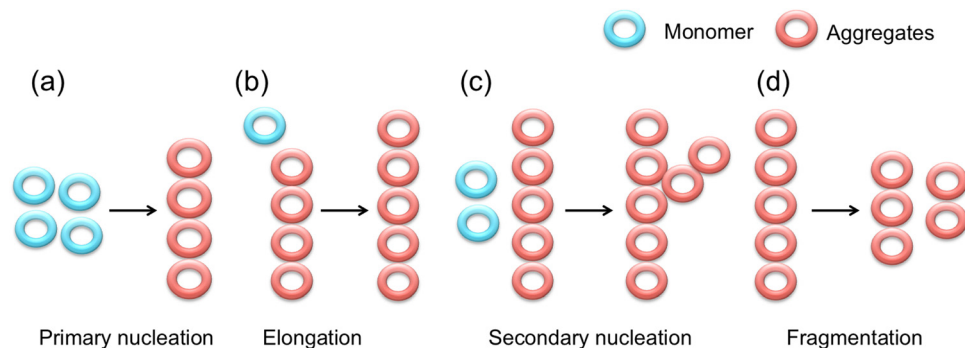


Fig. 3 Schematic representation of the aggregation mechanism:^{37,38} (a) primary nucleation, (b) elongation, (c) secondary nucleation, and (d) fragmentation. Blue and red rings represent monomers and aggregates respectively.

Table 1 Different types of localized and systemic amyloidosis

| Type of disease | Precursor protein/peptide |
|---|--|
| Localized amyloidosis | |
| Injection-localized amyloidosis | Insulin |
| Type II diabetes | Islet amyloid polypeptide (IAPP) |
| Cutaneous lichen amyloidosis | Keratins |
| Corneal amyloidosis associated with trichiasis | Lactoferrin |
| Pituitary prolactinoma | Prolactin |
| Cataract | γ -Crystallins |
| Medullary carcinoma of the thyroid | Calcitonin |
| Aortic medial amyloidosis | Medin |
| Alzheimer's disease | Amyloid β peptide |
| Parkinson's disease | α -Synuclein |
| Frontotemporal dementia | Tau |
| Huntington's disease | Huntington protein |
| Amyotrophic lateral sclerosis | Superoxide dismutase 1 |
| Spongiform encephalopathy (mad cow disease) | Prion protein |
| Systemic amyloidosis | |
| (AL) Light chain amyloidosis | Immunoglobulin light chains or fragments |
| (AH) Heavy chain amyloidosis | Immunoglobulin heavy chain |
| (ATTR) Familial amyloidotic polyneuropathy 1 | Mutant transthyretin |
| (ATTR) Senile systemic amyloidosis | Wild-type transthyretin |
| (A β_2 M) Haemodialysis related amyloidosis | β_2 -Microglobulin |
| Hereditary systemic amyloidosis/(ALys) lysozyme amyloidosis | Mutant lysozyme |
| Oncogenic | p53 amyloid aggregation |
| (AA) Secondary amyloidosis | Serum amyloid A protein |
| Finnish hereditary amyloidosis | Fragments of mutant gelsolin |
| (ACys) Cystatin amyloidosis | Cystatin C |
| (A β) Fibrinogen amyloidosis | Variants of fibrinogen α -chain |
| (ABriPP) BriPP amyloidosis | BriPP |
| (ApoAI) ApoAI amyloidosis | Fragments of apolipoprotein AI |
| (ApoAII) ApoAII amyloidosis | Fragments of apolipoprotein AII |
| (ApoAIV) ApoAIV amyloidosis | Fragments of apolipoprotein AIV |

forms of localized amyloidosis. The A β peptide, the primary constituent of amyloid plaques in Alzheimer's disease, causes synaptic damage, diffuse neuronal dysfunction, and neuronal cellular apoptosis. Immunoglobulin light chains secreted by plasma cells on mucosal surfaces misfold and deposit locally in localized AL amyloidosis, obstructing or creating a mass effect in the tracheobronchial tree, bladder, ureter, or breast. Amyloid deposition in the pancreas or at the site of insulin delivery can be caused by misfolding of the islet amyloid polypeptide or high-dose exogenous insulin. Table 1 represents the different types of localized and systemic amyloidosis and their respective precursor protein/peptide (Fig. 4).

3. Characterization techniques to probe amyloid aggregation

3.1 Computational techniques to probe amyloid aggregation

The aggregation of amyloid proteins into fibrils is considered as the key factor of neurodegenerative diseases. Understanding the mechanism of formation of insoluble amyloid aggregates needs extensive research in the field. However, experiments on suitable protein models demand a significant amount of money, time and sample. The computational technique is considered as a crucial tool to not only understand the mechanism but also to design the therapeutic strategies to combat the

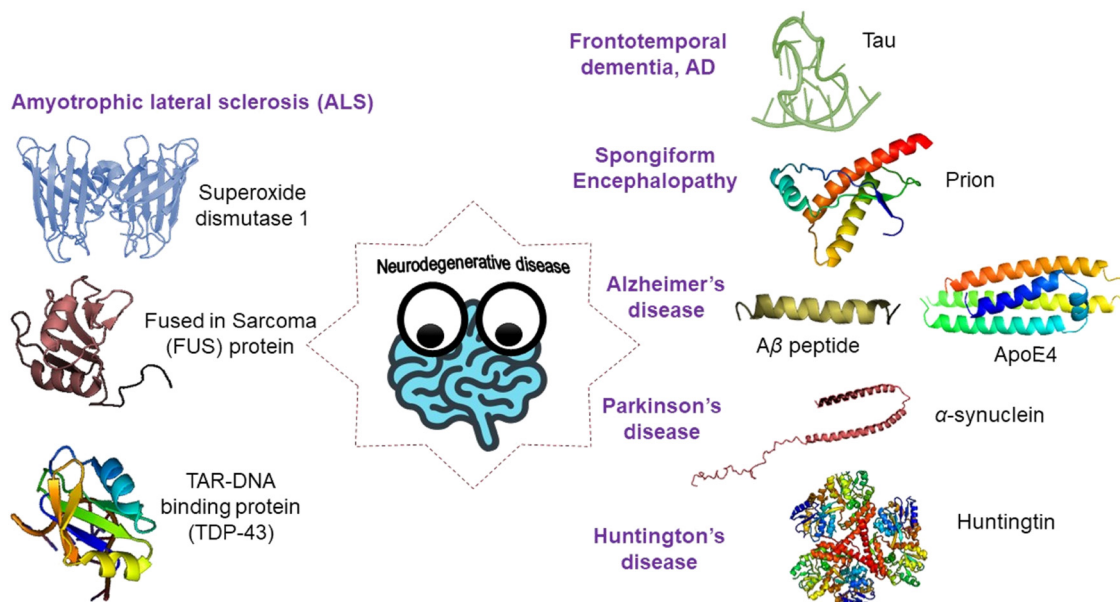


Fig. 4 A schematic illustration of various types of amyloidogenic disorders and the proteins/peptides associated with them.

lethal neurodegenerative diseases.⁴¹ Among the various approaches, molecular dynamics (MD) simulation, all-atom, coarse-grained and multi-scale, is an emerging tool to model and study various aggregations to find the related function.⁴² It spans a considerable amount of time to record substantial oligomer formation events in the brain. All-atom molecular dynamics simulations are computationally expensive, whereas low-resolution coarse-grained models are employed to explore the nanosecond to microsecond timescale, allowing for the observation of transient events.⁴³ Importantly, such a low-resolution coarse-grained model fails to capture certain features including hydrogen bonding, electrostatic interactions, stacking interactions, the effect of side chains, *etc.* On the other hand, multi-scale MD simulation for protein aggregation effectively navigates multiple potential energy surfaces, transitioning from low-resolution model to more detailed descriptions,⁴⁴ enabling fast and nearly accurate exploration of the system. The choice of the force field is extremely important to get the accurate MD simulation prediction. In addition to the MARTINI force field, Man *et al.*⁴⁵ reported that other recently developed all atom force fields, such as AMBER99-ILDN, AMBER14SB, CHARMM22, CHARMM36, and CHARMM36m, are more appropriate to realistically model amyloid peptides. The nature of the monomer and the conformational ensemble of the aggregates for recognizing the events of the aggregation are also investigated from the MD simulation. The protein sequence has a vital impact on aggregation. The protein misfolding or unfolding is nothing but the loss of native intramolecular contacts and the formation of some non-native contacts. β -Aggregation enhances in the presence of β -branched hydrophobic residues – valine and isoleucine – and aromatic residues – tryptophan and phenylalanine, with a low net charge. Aggregation could be inhibited by replacement of nonpolar residues with polar residues. The aggregation propensity depends on the sequence of the peptide. Such specific composition of amino acids or the pattern of amino acids initiating the

aggregation is called the aggregation prone region (APR). This region is identified based on the properties of the amino acids such as polarity, hydrophobicity, size, structure, aromaticity, gravity, beta-sheet propensity, *etc.* Mutations in the APR can often inhibit aggregation. A vast number of APR and aggregation propensity predictor tools, both sequence-based and structure-based, are available and well-reviewed earlier.^{41,46} The sequence-based predictors, *e.g.* AGGRESCAN, WALTZ, FoldAmyloid, TANGO, *etc.*, are designed based on the physico-chemical properties of the amino acids, the sequence pattern, secondary structure propensities, intramolecular and pair-wise contact, *etc.* The structure-based predictors are developed based on the solvent accessible surface area and the overall structural information of the protein obtained from the MD simulation.⁴⁶ Other internal regulations, *e.g.* post-translational modification (PTM), can also control the protein conformation and thus the aggregation propensities.

Protein-aggregation databases are also available which curate detailed information available from the experiments. Such databases are immensely useful to predict the chance and the propensity of aggregation of any protein. A few of such recent databases are ZipperDB,⁴⁷ WALTZ-DB 2.0,⁴⁸ CPAD 2.0,⁴⁹ AL-Base,⁵⁰ Aggrescan3D 2.0,⁵¹ A3D-MODB,⁵² *etc.* The rate of aggregation under the experimental condition is an important feature for studying protein aggregation and therapeutics. The aggregation kinetics depends on the point mutation, polarity, hydrophobicity, secondary structural propensity of amino acids, experimental conditions (such as pH, temperature, ionic strength), *etc.* There are a few recent tools available to estimate the aggregation kinetics, namely, AggreRATE-Disc,⁵³ AggreRATE-Pred,⁵⁴ AbsoluRATE,⁵⁵ *etc.* AggreRATE-Disc is a sequence-based predictor, which uses machine learning to estimate the change in aggregation rate upon point mutation. AggreRATE-Pred is a structure-based predictor developed by the same group for

estimating the rate of aggregation. AbsoluRATE is another tool for predicting absolute rates of protein aggregation under physiological conditions. All such techniques are extremely useful to tackle protein aggregation by explaining its mechanism and kinetics computationally in addition to the experimental research.

3.2 Experimental biophysical methods to study protein aggregation

Apart from the computational methods, a variety of biophysical techniques are typically used to characterize amyloid protein aggregates in order to identify aggregated proteins and look into the possible effects of various treatments on protein aggregation. Even though numerous studies have been conducted employing sophisticated and varied ways to identify protein fibrillation, it is imperative to condense and validate the methodologies for protein fibrillation detection using readily available laboratory resources, as opposed to employing intricate procedures. Here, we have selected a few popular biophysical methods that are frequently used to probe amyloid aggregation.

Thioflavin T (ThT) is a commonly used indicator dye for *in vitro* detection of amyloid fibrils.⁵⁶ After being excited at 450 nm, this dye binds to amyloid fibrils with structures rich in β -sheets and produces a fluorescence signal at about 482 nm. The rotational immobilisation of the core C–C bond between the benzothiazole and aniline rings has been identified as the mechanism responsible for the increase of fluorescence following binding to amyloid.⁵⁷ Congo red (CR) is another amyloid specific marker dye that is widely used for sensing protein amyloid fibrils. At lower concentrations and neutral pH, its absorption spectra in aqueous solution have a peak absorption at 490 nm, resulting in a red hue solution. The conformational restriction of CR molecules occurs when they are coupled to β -sheet-rich fibrils, resulting in the adoption of a particular orientation where their long axis is parallel to the fibril axis. Furthermore, the hydrophobic properties of aggregated proteins and the nature of folding/unfolding intermediates can be distinguished using Nile red, 8-anilino-1-naphthalenesulfonic acid (ANS), and the dimeric form of ANS, namely, 4,4'-bis-1-anilinonaphthalene-8-sulfonate (bis-ANS). Additionally, structural transitions in proteins can be observed using UV-Visible spectroscopy.⁵⁸ Tryptophan residues are typically employed to track structural alterations in proteins because of the absorption phenomenon that occurs naturally. The most significant chromophore found in a protein's UV region is tryptophan. However, tyrosine and phenylalanine have a smaller relative contribution to intrinsic fluorescence. Tryptophan's indole ring and tyrosine's phenol ring make these residues sensitive to solvent polarity, which can be utilised to monitor absorbance and identify protein aggregation and unfolding.

A promising biophysical tool for tracking secondary and tertiary structural changes in proteins/peptides is circular dichroism (CD) spectroscopy,⁵⁹ which is the most widely used approach in protein chemistry and structural biology. Due to the presence of the amide chromophore in the peptide bonds, CD signals in the far UV range between 250 and 190 nm can provide secondary structural information about proteins.

The CD signals in this wavelength range are caused by two different types of electron transitions: $\pi \rightarrow \pi^*$ transitions at ~ 208 and 190 nm, and a $n \rightarrow \pi^*$ transition at ~ 222 nm. In addition to identifying the secondary structure content of proteins, far UV-CD spectroscopy can track the folding and unfolding of proteins. Furthermore, protein aromatic residues' environment-dependent CD spectra in the near UV region (250–300 nm) provide qualitative tertiary structural information. Synchrotron radiation CD (SRCD) spectroscopy is another novel method for characterizing the protein folding state. With the presence of absorbing materials (buffers, salts, *etc.*), SRCD expands the capabilities of traditional CD spectroscopy by speeding up data acquisition, boosting the signal-to-noise ratio, and extending the spectral range. Additionally, through the use of other spectroscopic techniques like Raman and Fourier-transform infrared (FTIR) spectroscopy, one can ascertain the relative predominance of the various secondary structures in a protein.

In addition to molecular spectroscopic characterization, the morphology and fibrillar growth can be understood through microscopic examination. In this regard, a variety of microscopic techniques, including atomic force microscopy (AFM), field emission scanning electron microscopy (FESEM), scanning electron microscopy (SEM), transmission electron microscopy (TEM), high-resolution transmission electron microscopy (HRTEM), fluorescence microscopy, and confocal microscopy, were used by researchers to examine the morphology and fibrillar growth. Owing to the quick and easy sample preparation, TEM imaging is a visually appealing and trustworthy technique for verifying the existence of protein aggregates. In most cases, heavy metal staining such as with uranyl acetate or lead citrate is necessary to improve biological sample contrast for TEM imaging. On the other hand, AFM imaging does not require any staining, and the imaging parameters are more closely aligned with the *in vivo* setting. Moreover, the most straightforward method of determining a protein's aggregation status is to measure its particle size or molecular weight. Protein aggregation-related changes in particle size have been widely studied using dynamic light scattering (DLS), which measures particle size distributions in the nanometre to micrometre range. Polyacrylamide gel electrophoresis (PAGE) is another useful method for assessing the aggregation of protein. This technique works effectively for detecting aggregates with disulfide connections in both reduced and nonreduced circumstances. More recent research has used cryo-electron microscopy, solid state NMR, and X-ray crystallography to provide extremely comprehensive structural data regarding the molecular architecture and composition of fibrils.

4. Application of computational approaches for studying protein aggregation in human disorders

4.1 Amyloid peptide and Alzheimer's disease

Alzheimer's disease (AD) is a slowly progressive neurodegenerative disease caused by the accumulation of extracellular

amyloid- β (A β) peptide plaques in the brain and neurofibrillary tangles^{60,61} of tau protein. Both plaques and tangles are insoluble and highly ordered aggregates. In the AD brain, A β and tau help each other to convert from the normal to toxic state *via* a feedback loop.⁶²

The A β peptide is a 40 to 42 residue peptide (A β 42 or A β 40), cleaved from its transmembrane amyloid precursor protein (APP) by β -secretases and γ -secretases.⁶³ Mutations nearby the cleavage region of the APP gene raise the ratio between A β 42 and A β 40, triggering the early development of AD.⁶⁴ The A β 42 variant³⁰ is the dominant biological component of AD and a biomarker in serum and cerebrospinal fluid for AD detection.⁶⁵ A β amyloid oligomers contain a very dynamic β -sheet structure with conformational plasticity^{66,67} and form a cross- β -sheet structure of two intermolecular β -sheets, β 1 (residue range: 12–24 in A β 40 and 18–26 in A β 42) and β 2 (residue range: 30–40 in A β 40 and 31–42 in A β 42).⁶⁸ Strong intermolecular interactions among the above-mentioned aggregation prone domains are the key point of the self-assembly of peptides. The N- and C-terminus of A β 42 adopt L and S like shape respectively, giving overall LS shaped fibrils.³³ A β 40 dimers are stabilized by intermolecular hydrophobic and/or π - π stacking interactions between the hydrophobic core and the N-terminal domain and A β 42 dimers on the other hand are stabilized by interactions between the central hydrophobic core and the C-terminal domain.⁶⁹ The C-terminal domain of the peptide promotes fibril formation due to its solvent accessibility.^{70,71}

Numerous computational studies on AD hypothesis, structure, stability, and disruption of toxic aggregates and the potential treatment of the disease are published over the year.^{70,72–75} A number of extensive reviews^{76–78} have discussed the MD simulation approaches towards understanding the mechanism of A β aggregation. However, the computational cost related to the aggregation of A β 42 peptides is high. It is worth using a coarse-grained low-resolution model to study the fibril formation of any small to medium length peptide. Very recently, Katila *et al.*⁷⁹ explained that an oscillating oriented external electric field (OEEF) not only prevents the formation of A β plaques but also breaks the plaques noninvasively using 1–1.5 μ s long molecular dynamics simulation. Also, two non-equilibrium MD simulations showed that ultrasonic waves and infrared laser irradiation can disrupt the amyloid fibrils.⁸⁰ Upon the application of ultrasonic waves the fibrils are broken down by cavitation, whereas under infrared laser irradiation the hydrogen bonds between carbonyl and amine groups forming the cross β -sheets are broken and they can reform again after the irradiation. Instead, if a water molecule forms the hydrogen bonds, then the chance of reconstituting the cross β -sheet by forming H-bonds does not exist. Ma *et al.* exploited coarse-grained molecular dynamics simulation⁸¹ to model the S-shaped polymorphic structure of the fibril and then to explore the free energy of binding of the monomer to the surface of the existing fibril, fibril stability, heterogeneity and helical twisting of protofilaments. Such monomer binding finally leads to secondary nucleation and elongation. The authors used GPU-enabled coarse-grained protein force field

openAWSEM⁸² for long MD simulation of a relatively large system. Pasiaka *et al.*⁸³ used molecular docking to find how 1-benzylamino-2-hydroxyalkyl derivatives affect the aggregation kinetics of A β 40.

During A β aggregation, β -hairpin formation initiates intermolecular β -sheet structures. An insightful review⁷⁸ on MD simulations of A β 40 peptides and A β (16–22) fragments in the air–water interface and on the GM1 clusters of the neuronal cell membrane explained the interplay of secondary structures in aggregate formation. As the peptide is formed by both hydrophilic and hydrophobic amino acids, the peptide forms more β -hairpin structure at the interface accelerating aggregation of A β oligomers.⁸⁴ Full length A β 40 interacts with GM1-glycan clusters through its HHQ (residue range: 13–15) segment and also initiates the formation of an α -helix while interacting with GM1-glycan.⁸⁵ A couple of recent MD simulations from various articles also reported polyphenols as potential inhibitors of A β (residue range: 16–22) aggregation.^{86–89} The salt bridges and hydrogen bonds within the region are disrupted as polyphenols interact by forming hydrogen bonds with both donors and acceptors, leading to the destabilization of β -sheet formation.

4.2 α -Synuclein and Parkinson's disease

Parkinson's disease (PD) is another deadly neurodegenerative disease characterized by both physical and neuropsychiatric symptoms. In PD, neurons in the brain die slowly, causing the loss of dopaminergic neurons of the substantia nigra. A low level of dopamine causes irregular functioning of the brain which affects the nervous system and the parts of the body controlled by the nerves. The cause of PD is unknown and is a topic of current research. However, several changes have been identified in the PD brain. The presence of Lewy bodies, the abnormal clumps of proteins found in brain cells, is the hallmark of all synucleinopathies including PD. In the PD brain the major substances in the Lewy body are the aggregates of α -synuclein, a protein transcribed by the SNCA (Synuclein Alpha) gene. This is a small (14 kb) protein⁹⁰ comprised of three different domains,⁹¹ namely, N-terminal amphipathic helix (residue range: 1–60), non-amyloid component (NAC) domain (residue range: 61–95), and disordered C-terminal acidic domain (residue range: 96–140). The N-terminal helix anchors α -synuclein to membranes, the central NAC determines the membrane binding affinity and the disordered C-terminal acidic domain is weakly associated with the membrane. α -Synuclein is a well-studied protein both experimentally and computationally. It is an intrinsically disordered protein, which adopts an ordered fibrillar structure upon aggregation. The pathway or the mechanism of α -synuclein from normal monomers to toxic aggregates is still unclear and constitutes a thrust area of active research. The intrinsically disordered nature and high conformational dynamics make it very challenging to track the actual mechanism of aggregation by both *in vitro* and *in silico* methods. The truncation of the C-terminal domain enhances the aggregation of α -synuclein.^{92,93} Balupuri *et al.*⁹⁴ used all-atom molecular dynamics simulation and found the development of an α -strand intermediate in the

NAC region followed by the formation of α -sheet which facilitates the early aggregation. Uversky *et al.*⁹⁵ claimed experimentally the presence of a partially folded intermediate in α -synuclein aggregation by either a decrease in pH or an increase in temperature. Yu *et al.*⁹⁶ confirmed the formation of β -hairpin in the region of amino acids ranging between 38 and 53 in the N-terminus using coarse-grained molecular dynamics simulation. An important finding from the same group was two mutations Ala30Pro and Ala53Thr that enhance the formation of β -hairpin. Yu *et al.*⁹⁶ also found that Gly47Val blocks β -hairpin formation, retarding further aggregation. Zhang *et al.*⁹⁷ recently used an atomistic discrete MD simulation of both α -synuclein monomers and dimers to report the creation of a helical structure around 8–32 residues in the N-terminal area with β -sheets in residues 35–56 of the N-terminal domain and residues 61–95 situated in the NAC. These two β -sheet regions play a pivotal role in amyloid-like aggregation.⁹⁸ The unstructured C-terminal domain wrapped the aggregated parts formed by the other two domains. Dimerization however enhances the aggregation propensity while decreasing the intra-peptide interactions. Another study recently revealed that the prevention of α -synuclein fibril formation could be possible by applying an external electric field using molecular dynamics simulations.⁹⁹ A report revealed the effect of a crowded cellular environment during the self-assembly of α -synuclein using coarse-grained MD simulation with the MARTINI3 force field.¹⁰⁰ The study claimed that both crowded and saline environment facilitated the liquid–liquid phase separation of α -synuclein. The peptide starts to aggregate at 500 μ M which is the reported critical concentration for LLPS of α -synuclein. The key finding of this study is the possibility of adopting perpendicular orientation of the disordered peptide chains to minimize C-terminal inter-chain electrostatic repulsion. Being intrinsically disordered is indeed a challenge to underpin the mechanism of α -synuclein self-assembly. For MD simulation, the main concern is to use and develop force fields that critically capture the transient intermediates of fibril formation. A recent MD simulation of the NAC domain of α -synuclein used the ff14SB AMBER force field and its ff14IDPSFF variation with the grid-based energy correction map (CMAP) to capture both α -helix and β -sheet intermediates of the fibrillation process.¹⁰¹ A combined multiscale simulation and experimental study¹⁰² of a membrane- α -synuclein model explored the loss of the helical structure (residues 65–70) near the NAC region and gradual formation of β -sheets. Zhao *et al.*¹⁰³ explored the misfolding mechanism of α -synuclein using three different models of fibril structures available in the Protein Data Bank (<https://www.rcsb.org>) by conventional and steered MD simulation and observed different contribution of van der Waals and electrostatic interactions in each system. A recent combined spectroscopy and molecular dynamics simulation confirmed the presence of the subpopulation of stable local structures of the α -synuclein monomer which was hypothesized to form oligomers and fibrils.¹⁰⁴

4.3 Huntingtin and Huntington's disease

In Huntington's disease (HD) the nerve cells in the brain gradually become dysfunctional and die with time and the patient faces an uncontrolled body movement. It is a genetically

inherited neurodegenerative disease, originating from the abnormal expansion of the cytosine–adenine–guanine (CAG) tri-nucleotide repeat within exon-1 of the HTT gene, also known as the IT15 (interesting transcript 15) gene, encoding the huntingtin protein (348 kDa),¹⁰⁵ expressed in all mammalian cells. In nerve cells in the brain, it is expressed in higher concentration. CAG-expansion mutations in the HTT gene result in a polyglutamine (polyQ) tract at the N-terminus of the huntingtin protein that possesses above a critical threshold of ~ 35 glutamine residues.^{106,107} The protein has three domains, namely, N17 (first 17 N-terminal residues), polyQ tract, and two proline rich domains (PRD). Together these domains form toxic fibrils where dynamic proline-rich domains form a bristle-like structure accessing the surface, and the polyQ and N17 regions form the core of the bottlebrush.¹⁰⁸ The misfolding of the mutant HTT protein leads to accumulation of amyloid aggregates in the brain. The polyglutamine tract at the N-terminal forms highly ordered insoluble amyloid fibrils with high β -sheet content in the cerebral cortex and in the striatum.¹⁰⁹ Higher the length of the polyQ tract, higher the β -sheet content in the structure and hence the aggregation propensity.^{110,111} In addition, the N17 domain and the polyP rich domain are also essential for the aggregation.¹¹² The N17 domain is intrinsically disordered and adopts a wide variety of conformational states, but initiates and accelerates the aggregation by forming amphipathic α helix rich oligomers.¹¹³ The proline-rich domain on the other hand is known to decrease the aggregation rate without altering the basic mechanism. MD simulation with electron paramagnetic resonance and solid-state NMR described that both proline-rich domains fold into a polyproline (polyP) II helical conformation.¹¹⁴ It has been studied well that the difference in the toxicity of HTT aggregates grossly depends on the different structure and dynamics of proline-rich domains.¹¹⁵

However, the molecular and cellular mechanisms of the occurrence of disease are still unclear. Miller *et al.*¹¹⁶ suggested the accumulation of insoluble aggregates in the brain. Other groups suggested that the interactions of monomers or the oligomers of HTT with other proteins by polyQ tracts eventually lead to loss of neurons.¹¹⁷ With the help of both experiments and MD simulation, another group¹¹⁸ found that the wild type Siah1-interacting protein lowers the protein levels encoded by exon 1 wild type and mutated HTT, which greatly regulates the aggregation.

4.4 p53 amyloid aggregation in cancer

p53 acts as the main coordinator of cellular stress control. All p53 isoforms bind to DNA and act as a signalling hub by involving in three main functions namely apoptosis, growth arrest and DNA damage repair thereby controlling the cell cycle growth.^{119–122} Native p53 remains in a dormant state in normal cells by continuous degradation mediated by MDM2 binding.¹²³ p53 often undergoes various post-translational modifications and mutations. Cellular stress, *e.g.*, DNA damage, induces phosphorylation at numerous sites in p53, which weakens MDM2 binding and elevates the p53 level in the cell. Such changes may introduce

conformational modulations, which in turn not only affect the interactions between the p53 domain and its binding partner(s), but also control the inter-domain interactions.

p53 has a long inseparable relationship with maturation and advancement of cancer. Mutations in p53 domains occur in more than 50% of cancer. According to the IARC TP53 mutation database¹²⁴ ~90% of such mutations are detected in the core domain (DNA binding domain) of p53.¹²⁵ Hence p53 is one of the most important proteins¹²⁶ in cancer research. There are six cancer related hotspot mutations, namely, R175H, G245S, R248Q, R248W, R273H, and R282W, reported in the DNA binding domain along with other lethal mutations. These mutations may cause structural modification or conformational fluctuations, which in turn cause loss of function of p53 as a tumor suppressor. Among the cancer mutations, a few are responsible for p53 aggregation in the cell. It has been well established to date that p53 aggregates *in vitro*^{127,128} causing loss of function as a “cellular gatekeeper” and gain of tumor oncogenic function. Among the various aggregates, prion-like amyloid fibrils are the most common type. These fibrils accumulate in the cytoplasm and nucleus and disrupt the normal cellular function. Among many, one of the causes of p53 inactivation is mutation-driven aggregation. The mutations R110L, R110P, R175H, R248Q, R249S, P250L, E258V, R282W and many more destabilize the DNA binding domain as reported previously¹²⁹ and initiate aggregation.¹³⁰ The conformational changes due to mutation may expose the deep routed hydrophobic beta strands among which the 250–257 region, PILTIITL, acts as a nucleating agent. Experimental and computational study suggested that the aggregation in the core domain is amyloidogenic type, rich in β -sheet like conformers. Saha *et al.*¹³¹ recently detected a novel hotspot A138V in pancreatic ductal adenocarcinoma. Singh *et al.*¹³² have also reported P152L cancer mutations that up-regulate certain cellular pathways related to tumorigenesis and metastasis. The two new mutations reported by both groups may lead to destabilization of the DNA binding domain, potentially through aggregation or other mechanisms that require further investigation, both experimentally and computationally. R175H promotes pancreatic cancer¹³³ and also initiates aggregation.¹³⁴ R248Q aggregates at pH 7.2 *in vitro*.¹³⁵ Levy *et al.*¹³⁶ found strong correlation between R248Q mutation and amyloid-like aggregation in breast cancer cells. Other two mutations R282W and E258V form larger aggregates *in vitro*.^{130,137} The authors also suggested that this oncogenic gain of function destabilizes the DBD structure by increasing the accumulation of p53 in cells. This accumulation is probably achieved by the exposure of the deep routed hydrophobic beta strand [S9, residue range: 250–257, PILTIITL] of DBD, which acts as a nucleating agent. Recent computer simulation of the DBD of p53 revealed a region spanning the S6–S7 turn, which is modulated in the presence of the above-mentioned mutations and may cause destabilization of the DBD.¹³⁸ This information from Pradhan *et al.*¹³⁸ is very useful for the advance therapeutic research. The C-terminal tetramerization domain of p53 possesses the aggregation nucleating region (residues 327–332). There are a

few mutations, namely, G334V, R337H, R337C, L344P, L330H, R337L, R342P, E349D, *etc.*, reported so far that cause tumorigenesis.¹³⁹ These mutations destabilize tetramerization assembly and then disrupt the DNA binding ability and transactivation activity. Two mutations outside this range, G334V and R337H, are reported to initiate the aggregation *in vitro*. The aggregation in the C-terminal tetramerization domain is reported as less amyloidogenic.¹⁴⁰ There is an urgent need for research on p53 for a detailed understanding of the mechanism or pathway of p53 inactivation due to mutations. However, mutation is not solely responsible for loss of p53 function, but mutation-driven aggregation also claims substantial contribution towards p53 inactivation. Such aggregations are oncogenic and hence lethal. Thus, investigation of the cause of such aggregations upon specific mutations is crucial. Despite lots of study, both computational and experimental, the mechanism of such aggregation is still unclear and a subject of active research.

5. Various types of therapeutic agents as amyloidogenic inhibitors

5.1 Impact of small molecules

Over the past few years, numerous small molecules have been screened to explore their efficacy in controlling the amyloid fibrillation process and improve the therapeutic strategies of amyloidogenic disorders. The majority of naturally occurring substances that are tested are polyphenols, and the most significant polyphenols include curcumin,¹⁴¹ epigallocatechin gallate (EGCG),¹⁴² myricetin,¹⁴³ quercetin,¹⁴⁴ baicalein,¹⁴⁵ resveratrol,¹⁴⁶ gallic acid,¹⁴⁷ ferulic acid,¹⁴⁸ caffeic acid,¹⁴⁹ *etc.* Curcumin is one of the most explored polyphenols in the biomedical field due to its unique molecular structure. Mounting evidence indicates that curcumin may inhibit the accumulation of proteins linked to a number of neurological disorders, including Alzheimer's, Parkinson's and Huntington's disease.¹⁵⁰ It can bind to protein aggregation inclusions and traverse the blood–brain barrier (BBB), making it a promising treatment candidate for neurodegenerative disorders. According to molecular dynamics simulation study, curcumin has the potential to impact the elongation as well as the primary nucleation stage of amyloid fibril formation.^{151,152} Furthermore, curcumin can be functionalized with other nanomaterials to fabricate new, multi-functional therapeutic agents that successfully restore memory deficits in mice, lower the oxidative stress damage caused by amyloid deposition, and dramatically decrease the burden of amyloid plaques in APP/PS1 transgenic mice (Fig. 5).¹⁵³ Another natural substance that has drawn special interest for targeting amyloid fibrillization is EGCG, which is readily available and has a minimal toxicity.¹⁵⁴ Li *et al.* used the replica exchange molecular dynamics simulation (REMD) technique to explore the impact of EGCG on the amyloid-beta and human islet amyloid polypeptide (hIAPP) aggregation process.¹⁵⁵ The findings revealed that EGCG efficiently reduces intra- and inter-chain contacts in the co-aggregates by focusing on the polar and aromatic residues of A β and hIAPP through hydrogen bonding, π - π stacking, and

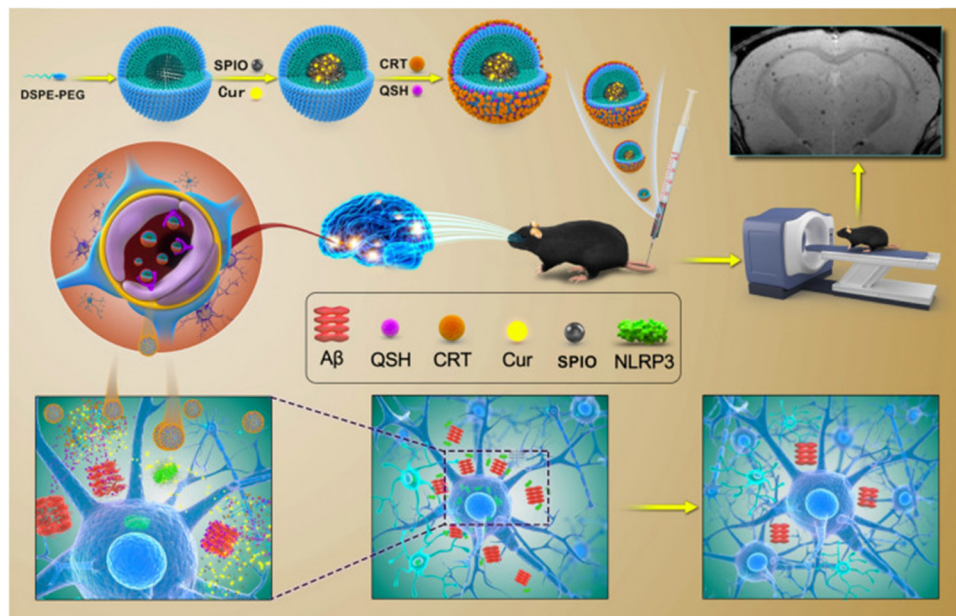


Fig. 5 Schematic representation of the extremely sensitive curcumin-conjugated nanotheranostic platform for the detection of amyloid-beta plaques by magnetic resonance imaging and reversing cognitive deficits of AD through NLRP3-inhibition. Adapted from ref. 153. Copyright (2022) BMC, Part of Springer Nature.

cationic- π interactions. Three primary strategies are majorly used by EGCG to suppress amyloid aggregation. The first involves directly binding to oligomeric species to destroy their structure. Restructuring oligomers and altering their structure is the second strategy and the third strategy involves chelating metal ions to reduce their toxicity.

Apart from these, surfactants are highly valuable in controlling the process of protein fibrillation because their micelles can resemble the membrane environments found in biological systems. Hydrophobic and electrostatic interactions are typically involved in the production of amyloid fibrils generated by surfactants. In this regard, Siposova and coworkers have investigated the role of non-ionic detergent dodecyl maltoside (DDM), two phospholipids, namely, 1,2-dimyristoyl-*sn*-glycero-3-phosphocholine (DMPC) and 1,2-dihexanoyl-*sn*-glycero-3-phosphocholine (DHPC), and the detergent-phospholipid mixtures on the insulin aggregation process using both experimental and computational tools.¹⁵⁶ According to the molecular modelling, the phospholipids and DDM occupy the same binding sites. DDM participates more in hydrogen bonding than DHPC or DMPC because it contains maltose with multiple oxygen atoms (hydroxylic, glycosidic, and ring). Hydrophobic force of interactions plays a crucial role in keeping phospholipids and DDM stable in their binding locations. Additionally, low molecular weight substances known as "osmolytes," which include amino acids, sugars and polyhydric alcohols, are created by the cell in times of stress and have been demonstrated to prevent numerous protein aggregation processes.¹⁵⁷ The hydration mechanism along with the solvophobic effect plays a crucial role in stabilizing the protein structure and prevention of aggregation. Venkatraman and coworkers investigated the

inhibitory as well as amyloid dissociation properties of four osmolytes such as betaine, sarcosine, raffinose, and taurine in an *in vitro* transforming growth factor-beta induced (TGFBI) peptide aggregation model.¹⁵⁸ Interestingly, the osmolytes showed significant efficacy in suppressing and disintegrating amyloid fibrils originating from TGFBIp. Additionally, the osmolytes showed no harmful effects on human corneal fibroblast cells in culture, suggesting that they might be a helpful treatment option for people with TGFBIp corneal dystrophies.

Furthermore, anti-A β monoclonal antibodies have also attracted a lot of attention due to their capacity to both break pre-existing aggregates and suppress amyloid-beta fibrillogenesis.^{159,160} Depending on the precise target, monoclonal antibodies (mAbs) may be utilized to target amyloid fibrils, plasma cell clones, or misfolded amyloidogenic precursors in cardiac amyloidosis (CA) to reduce amyloid elimination through a variety of methods.^{161,162} Further research indicates that mAbs against cardiac amyloid primarily trigger an immunological response, which is thereafter cleared by phagocytic cells.¹⁶³ In treating AL amyloidosis, daratumumab has demonstrated outstanding efficacy when used as a combination therapy as well as a monotherapy. Later, in 2021, the Food and Drug Administration (FDA) expedited approval of daratumumab in conjunction with CyBorD for the treatment of AL amyloidosis. According to Sevigny and coworkers, aducanumab, a human monoclonal antibody, can specifically target the accumulated peptide and reduce the amyloid-beta plaques in AD.¹⁶⁴ Later, El-Agnaf *et al.* designed and fabricated antibodies that detected different oligomers (*syn*-O1, -O2, and -O4) and fibrillar (*syn*-F1 and -F2) forms of α -*syn* in a differentiated manner, and interestingly the antibodies *syn*-O1, -O4, and -F1

were shown to be the most efficient in avoiding neurodegeneration and lowering the buildup of α -syn oligomers in various brain areas.¹⁶⁵ In a recent article, Gupta and coworkers have developed single-chain variable fragments (scFvs) in order to combat fibrillar α -syn, a hypothesized disease-relevant variant of α -syn.¹⁶⁶ Interestingly, scFvs have been shown *in vitro* to diminish the generation of insoluble α -syn phosphorylated at Ser-129 (pS129- α -syn), reduce α -syn seed-induced cytotoxicity in a cell model of Parkinson's disease, and prevent the aggregation seeding in a time-dependent way. Various anti-A β drugs such as acenimab, lecanemab, gantenerumab, donanemab, β -site A β precursor protein cleaving enzyme-1 (BACE1), and BACE2 are presently undergoing clinical studies.¹⁶⁷ However, following years of unsuccessful clinical studies, two medications for moderate cognitive impairment (MCI) to early, mild stages of AD have been approved by the FDA. These are lecanemab (Leqembi[®]) and aducanemab (Aduhelm[®]), with aducanemab obtaining expedited approval.^{168,169} Conversely, some mAbs evaluated in Phase III studies, like solanezumab, especially target amyloid-beta monomers, while others, like bapineuzumab and crenezumab, do not distinguish between various amyloid-beta types.^{170,171}

Besides, *in vitro* and *in vivo* studies have demonstrated the effective inhibition of the amyloid fibrillation process by a range of quinones, including mitoquinone, embelin, geldanamycin, naphthoquinones, phenanthraquinones, benzoquinones, anthraquinones, coenzyme Q10, and their derivative equivalents.^{172,173} The asymmetric dipole that exists in the quinone molecule is the primary component that causes quinone to interact with amyloidogenic peptides and proteins. Furthermore, metal ions and metal chelators play a critical role in modulating the amyloid aggregation process.¹⁷⁴ Transition metal ions such as Cu and Zn have been found in numerous instances to have significant effects on both the stabilization of soluble hazardous peptide aggregates and the amyloid fibrillation process.¹⁷⁵ By creating an aggregation-inert complex, metal ion coordination can also postpone the amyloid beta peptide's self-assembly. In a recent article, Iscen and coworkers have designed and fabricated a cobalt(III) Schiff base complex and further explored its efficacy in preventing the amyloid fibrillation process using both experimental and computational approaches.¹⁷⁶ Molecular dynamics simulations of monomeric and pentameric amyloid beta indicate the reduced β -sheet structure development, destabilization of preexisting β -sheets, and aggregation suppression. Overall, this investigation shows the beneficial pharmacological action of the cobalt complex, and these results are in line with the experimental results. With all this evidence, it can be concluded that small molecules possess the capacity to function as effective inhibitors of protein misfolding and aggregation.

5.2 Effect of nanomaterials

As nanotechnology has advanced over the past few decades, a wide range of nanomaterials have been developed, fabricated, and used in various sectors including physics, environmental research, pharmaceutical field and biomedical field.^{177,178}

The outstanding biocompatibility, consistent physicochemical characteristics, and adaptability in synthesis and modification of nanomaterials make them highly promising for addressing the difficulties encountered in the existing applications of therapeutic and diagnostic approaches. In this milieu, considerable effort has been made in this direction to consider ways to improve the effectiveness of amyloidosis treatment from a nanomaterial's viewpoint. Nanomaterials are highly advantageous in targeting amyloid plaques as they can easily pass the blood-brain barrier (BBB), affect amyloid fibril nucleation and cause disintegration of mature fibrils.^{2,179} Furthermore, due to the fascinating characteristics of certain nanoparticles, they are highly responsive to temperature, light, ultrasound, electricity, and magnetism. These capabilities have led to the gradual development and application of nanomaterials in the study of neurodegenerative illnesses.¹⁸⁰

Different types of nanomaterials have been fabricated so far to modulate the aggregation of amyloid peptides based on their main composition and dimensions. These include zero-dimensional (0D) nanomaterials, one-dimensional (1D) nanomaterials, two-dimensional (2D) nanomaterials, metal-organic frameworks (MOFs), and self-assembled nanomaterials. In the realm of protein aggregation, zero-dimensional (0D) nanomaterials such as carbon-based nanomaterials,¹⁸¹ inorganic quantum dots,¹⁸² organic quantum dots,¹⁸³ gold nanoclusters,¹⁸⁴ gold nanoparticles (GNPs), and metal oxide nanoparticles¹⁸⁵ have garnered a lot of attention recently. Numerous researchers have demonstrated that gold nanoparticles (AuNPs) can penetrate the blood-brain barrier, prevent the amyloid beta peptide from aggregating, and degrade A β aggregates according to their size, shape, surface charge, functionality, and concentration.¹⁸⁶ In a recent article, Yang *et al.* designed a hybrid nanomaterial, AuNPs@PEG@MIL-101, which showed intriguing properties for possible therapeutic uses in AD through modifying and targeting A β aggregation.¹⁸⁷ The findings revealed that the nanomaterial may lessen the amount of A β 40 immobilised on the cell membrane and lower intracellular A β 40 aggregation. AuNPs@PEG@MIL-101 also showed a protective effect against A β 40-induced microtubular defects and membrane disruption. The possibility of treating AD using a novel tetrahydroacridine derivative (CHDA) conjugated with AuNPs is investigated in the work by Mojzych *et al.*¹⁸⁸ through acetylcholinesterase inhibition, CHDA's adsorption onto gold surfaces and coupling with AuNPs which in turn enhance its therapeutic potential for the treatment of AD. Furthermore, in another recent article, Mukherjee and Sarkar reported a facile one-pot microwave-assisted synthesis of highly water-soluble carbon quantum dots (CQDs) and investigated their anti-amyloidogenic properties using hen egg-white lysozyme (HEWL) as a model protein, as well as their possible clinical application against protein-linked neurological disorders.¹⁸⁹ Apart from these, metal oxide nanoparticles such as ferric oxide nanoparticles (Fe₃O₄ NPs),¹⁹⁰ zinc oxide nanoparticles (ZnO NPs),¹⁹¹ and cerium oxide nanoparticles (CeO₂ NPs)¹⁹² showed significant potential in controlling the amyloid aggregation process. The exponential rise in research in this area suggests that nanomaterials for

controlling amyloid aggregation associated with Alzheimer's disease are not only a hot issue for future study but also have a wide range of possible applications.

Not only zero-dimensional (0D) nanomaterials, but also one-dimensional (1D) nanomaterials such as carbon nanotubes and gold nanorods exhibit remarkable efficacy in modulating the amyloid fibrillation process.^{193,194} In this regard, Mo *et al.* have examined the role of hydroxylated single-walled carbon nanotubes (SWCNT-OHs) in human islet amyloid polypeptide (hIAPP) aggregation using a combination of computational and experimental tools.¹⁹⁵ In-depth examinations of the interactions between hIAPP and SWCNT-OH show that the inter- and intrapeptide interactions that are essential for the production of β -sheets are considerably weakened by van der Waals, hydrogen bonding, and π -stacking interactions between hIAPP and SWCNT-OH. Overall, the combined experimental and computational findings demonstrate SWCNT-OH's inhibitory action and mechanism against hIAPP aggregation, offering fresh insights for the creation of potential future medications to treat type 2 diabetes. Later, Liu and coworkers have explored the effect of SWCNT-OH on the cytotoxicity and fibrillogenesis of amyloid beta 1–42.¹⁹⁶ The results revealed that SWCNT-OH dose-dependently reduces the A β 42 fibrillation process and disintegrates produced amyloid fibrils (Fig. 6). Additionally, the proportion of hydroxyl groups in SWCNT-OH plays a critical role in its ability to inhibit the A β 42 fibrillation process. Recently, in another work, a neurotheranostic nanosystem was developed using gold nanorods (GNRs) that functions as a delivery system for therapeutic peptides and as an anti-amyloid agent for AD and can be identified *in vivo* for the diagnostic purpose of microcomputed tomography (micro-CT).¹⁹⁷ Additionally, multiwalled carbon nanotubes (MWCNTs) have numerous benefits over single-walled carbon nanotubes (SWCNTs), including reduced product costs, superior chemical stability, and the capacity to adsorb drugs.¹⁹⁸ Considering the

advantages of MWCNTs, a system of phospholipid and polysorbate-coated MWCNTs loaded with berberine (BRB) was developed by Lohan *et al.*¹⁹⁹ which enhanced the targeting and imaging capabilities of CNTs as well as demonstrated a notable improvement in memory function. Moreover, metal-organic frameworks (MOFs) have garnered a lot of interest in the biomedical field because of their porous architecture, large surface area, tuneable size, high biocompatibility, and high loading ability. Due to these fascinating physiognomies, materials based on MOFs have been shown to have potential use in the diagnosis and treatment of a number of brain diseases and disorders.²⁰⁰ In this regard, Wang *et al.* designed and fabricated a porphyrinic MOF-based nanoprobe which in the presence of near infrared light (NIR) prevents amyloid beta aggregation and reduces the amyloid-induced toxicity.²⁰¹ In another recent article, Kowalczyk and coworkers investigated the dual role of Prussian blue (PB), a subclass of the MOF family, in preventing amyloid beta (1–40) fibrillation and chelating Cu²⁺.²⁰² Interestingly, the findings revealed that PB nanoparticles (PBNPs) have the ability to decrease the production of typical amyloid- β fibres, which can be identified by ThT fluorescence, and to restore the typical amyloid fibrillation pathway by sequestering or chelating copper, which is present in high concentrations in senile plaques. Most recently, Andrikopoulos and coworkers have developed a biocompatible metal-phenolic network (MPN) using physiological zinc(II) to coordinate a polyphenol EGCG scaffold.²⁰³ Interestingly, after adhering to Au NPs, the MPN@AuNP nanostructure demonstrated exceptional strength against amyloid toxicity and A β aggregation *in vitro*. When compared to EGCG alone, MPN@AuNP performed better than EGCG@AuNP because of its porosity and consequently higher surface area. Discrete molecular dynamics simulations were used to further investigate the structure and dynamics of amyloid beta aggregation controlled by the MPN, while density functional theory calculations were used to decipher the atomic

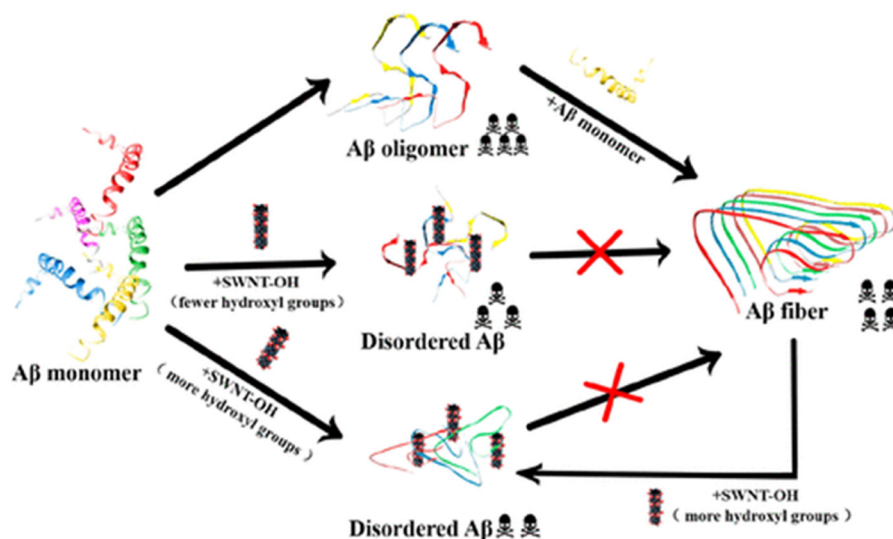


Fig. 6 Schematic diagram of inhibition of A β 42 fibrillogenesis by hydroxylated single-walled carbon nanotubes. Adapted from ref. 196. Copyright (2019) American Chemical Society.

detail of Zn(II)-EGCG coordination. While the discovery of nanoparticles has opened a new avenue for the treatment of amyloidogenic disorders, more work is still urgently required, and other innovative nanomaterials should be examined.

5.3 Synthetic supramolecular approach

The synthetic supramolecular approach has also become a potentially useful tool for altering the protein aggregation process. The formation of novel supramolecular structures involves the integration of two or more chemical entities through host-guest complexation. Over the past few decades, a number of macrocycles and their derivatives have been produced, including cyclodextrins (CDs), calixarenes (CAs), and cucurbiturils (CBs). Under aqueous conditions, these macrocyclic compounds typically have distinctive hydrophobic cavities that serve as hosts for encasing and binding various hydrophobic guest molecules. Their inclusion also depends critically on other forces including hydrogen bonding, electrostatic contact, and molecule size or shape matching. There are various benefits of these macrocyclic molecules: they are (a) highly stable because their skeletons are stiffer than those of flexible peptides; (b) substantially more specific because of greater binding surfaces than those of tiny molecules; (c) primarily aqueous-soluble and biocompatible; and (d) easily functionalized to boost specificity and affinity for the guest. Considering the fascinating physiognomies of macrocycles, numerous macrocycles have been widely fabricated to control the amyloid fibrillation process. Among different macrocycles, phenol containing “chalice-like” macrocycles, calix[*n*]arenes (*n* = 4, 5, 6, 8), are one of the most explored supramolecular scaffolds. In this regard, Shinde *et al.* reported a facile supramolecular approach for impeding the insulin fibrillation process.²⁰⁴ The results revealed that water soluble *p*-sulfonatocalix[4/6]arene macrocyclic hosts (SCX4/6) may efficiently suppress insulin fibril formation and have the ability to destroy matured amyloid fibrils (Fig. 7).

Furthermore, a combination of computational and experimental techniques was employed to investigate the effect of resorcinarene in inhibiting amyloid beta fibrillation *in vitro*.²⁰⁵

In another work, Geng *et al.* fabricated NIR-responsive nanoparticles (NPs) comprised of 4-(dodecyloxy) benzamide-terminated methoxy poly(ethylene glycol), poly-5,5'-(2,5-bis(π 2-octyldodecyl)) 3,6-di(thiophen-2-yl)-2,5-dihydropyrrolo[3,4-*c*]pyrrole-1,4-dione and amphiphilic guanidinocalix[5]arene (GC5A).² In the hippocampal regions of AD mice, NPs efficiently crossed the BBB after being exposed to NIR light. This prevented amyloid beta 1–42 from aggregating and caused mature fibrils to disintegrate. Cyclodextrins (CD) are another well-explored supramolecular scaffold that are widely employed for regulating the amyloid fibrillation process. In this regard, Oliveri and coworkers examined the inhibitory effects of functionalizing CD with various moieties on amyloid beta (1–42) aggregation.²⁰⁶ Interestingly, β -CD functionalized with 5-carboxy-8-hydroxy-quinoline inhibited the amyloid aggregation process dose-dependently. β -CD functionalized with 5-carboxy-8-hydroxy-quinoline at the 6-position exhibited more inhibition than the corresponding 3-functionalized isomer. Later, the same group fabricated a β -CD functionalized porphyrin moiety (CDTHPP) and evaluated its potency in suppressing A β 42 aggregation.²⁰⁷ The results revealed that CDTHPP binds with the aggregation-prone region (LVFF) of A β 42 through host-guest interactions and π - π stacking interaction. Furthermore, Xu *et al.* developed a supramolecular strategy utilizing multivalency to suppress amyloid fibrillation (Fig. 8).²⁰⁸ A vesicular assembly with two different types of host-guest recognition sites on the surface for heteromultivalent binding of various amino acid residues of peptides and proteins was formed by a mixture of macrocyclic cyclodextrin (CD) and calixarene (CA) amphiphiles. The co-assembly's ability to break down matured amyloid fibrils into smaller, non-toxic forms is crucial from a therapeutic perspective. For neuronal cell lines, the CD-CA co-assembly is less harmful and shields cells from the cytotoxicity caused by amyloid aggregation. Besides, there have also been reports of crown ethers modulating the aggregation of amyloid proteins.²⁰⁹ Yokoyama and Mizuguchi have shown the therapeutic efficacy of crown ethers as inhibitors of transthyretin (TTR) amyloidogenesis, based on X-ray crystallographic study, chemical cross-linking assay, and competitive binding

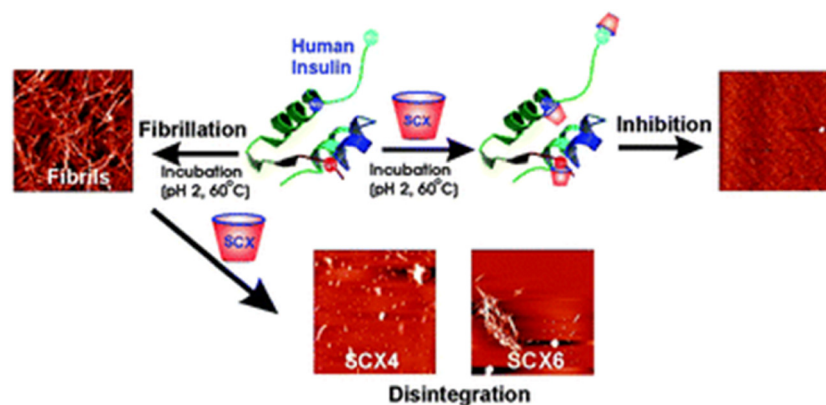


Fig. 7 A graphical illustration of prevention of the insulin fibrillation process by *p*-sulfonatocalix[4/6]arene macrocyclic hosts. Adapted from ref. 204. Copyright (2016) Royal Society of Chemistry.

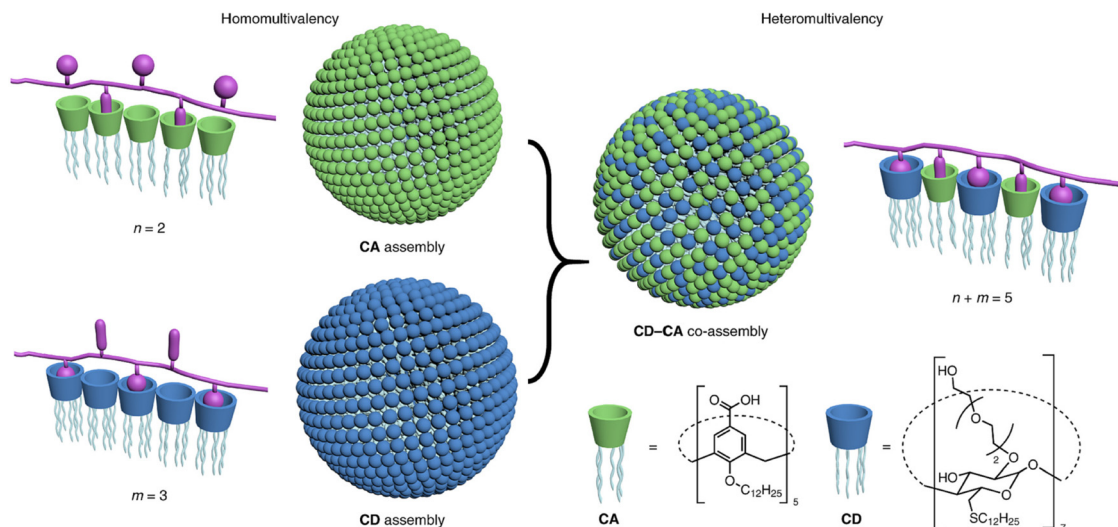


Fig. 8 Schematic representation of amphiphilic cyclodextrin (CD) and calixarene (CA) based co-assembly mediated heteromultivalent peptide recognition. Adapted from ref. 208. Copyright (2019) Springer Nature Limited.

experiment with fluorescent probes.²¹⁰ Overall, the host-guest method has a tremendous deal of potential for therapeutic applications because of its ability to detect proteins and reduce amyloid toxicity. We think these methods will help us find potential anti-amyloid medications to treat amyloidogenic disorders in the near future.

5.4 Peptide/peptidomimetic inhibitors

Peptide-based inhibitors have been increasingly explored as potential therapeutics for protein misfolding disorders because of their good biocompatibility, specificity and minimal toxicity.²¹¹ Several studies in the literature have documented the anti-amyloidogenic potential of rationally designed short peptides.^{212,213} Compared to small molecules, the use of short peptide-based inhibitors as anti-amyloidogenic agents is highly preferable due to their multifarious fascinating properties such as the following: (i) peptides possess a high degree of chemical and biological diversity; (ii) peptides can be rationally fabricated by using the necessary knowledge about the target molecule's sequence; and (iii) peptides can be modified to increase their affinity, specificity, and proteolytic resistance. There have been several documented methods for rationalising short peptides, such as altering side groups or peptide termini, or selecting based on the protein/peptide's amyloidogenic sequence. One of the first peptide leads for anti-amyloid medications was the pentapeptide LPFFD, which strongly inhibited amyloid beta fibrillogenesis in both *in vitro* and *in vivo* rat models.²¹⁴ Later, Lin and coworkers fabricated aggregation core-based peptide HKQLPFFED based on the structure and hydrophobic property of the amyloid beta fragment, which has been shown to prevent amyloid aggregation.²¹⁵ The low bioavailability and protease stability of short peptides, however, limit their potential therapeutic uses. Furthermore, these limitations have been improved by a number of modification techniques, including the addition of peptidomimetics and N- or C-terminal functionalization.¹⁷⁴ In a recent study, it has been demonstrated

that α -syn aggregation can be inhibited by the short peptide SuMO1 (15–55), which is generated from ubiquitin-related modifier 1 (SuMO1) and targets two SuMO-interacting motifs inside the N-term area bordering the NAC.²¹⁶ The diphenylalanine (FF) motif, which is widely recognised for its origin from the amyloid beta peptide linked to Alzheimer's disease, was first discovered in 2003 as the peptide's minimalistic sequence with a significant tendency towards self-association.²¹⁷ Considering the importance of the FF motif, Yao and coworkers have conjugated FF with ferrocene and explored their role in inhibiting the insulin fibrillation process.²¹⁸ Moreover, Zhang *et al.* designed and fabricated a ferrocene modified tripeptide and studied its kinetics as well as mechanistic pathway of amending the insulin fibrillation process.²¹⁹ Additionally, cyclic peptides (CPs) and their derivatives also act as a novel class of potent inhibitors that reduce aggregation cytotoxicity and stop amyloid protein aggregation.^{220,221}

Considering the importance of peptide-based inhibitors in the protein aggregation field, most recently our group proposed a novel method for creating and synthesizing amyloid interaction surfaces employing segments [VF(A β (18–19))/FF(A β (19–20))/LVF(A β (17–19))/LVFF(A β (17–20))] generated from the amyloid-promoting sequence of amyloid β -peptide.²²² These segments are coupled with side-chain proline containing methacrylate polymers, which show decreased cytotoxicity of amyloid aggregations and act as strong lysozyme amyloidosis inhibitors (Fig. 9). A thorough spectroscopic, microscopic, and computational analysis revealed that the LVFF-conjugated polymer was one of the most effective inhibitors, considerably suppressing lysozyme amyloidosis. These findings present new opportunities for the treatment of lysozyme amyloidosis by revealing the synergistic interaction of side-chain proline-based polymers and the amyloid β -peptide produced from the "segment." Therefore, all the above findings conclude that peptide-based inhibitors show a lot of promise and might be



Fig. 9 A schematic representation of lysozyme fibril inhibition by peptide-based inhibitors. Adapted from ref. 222. Copyright (2024) American Chemical Society.

a wise option for modulating the treatment of amyloidogenic diseases.

5.5 Polymeric materials

Researchers are becoming interested in polymeric materials due of their notable characteristics, which include high porosity, mechanical qualities, increased surface to volume ratio, controlled degradation rate, biodegradability, and biocompatibility. In recent years, a number of research teams have concentrated on designing innovative polymeric materials with the ability to both regulate and inhibit the development of amyloid fibrils and amyloidogenic diseases. It is important to consider the general structural characteristics required to prevent the production of amyloid fibrils while developing polymeric amyloidogenic inhibitors. The polymers had a range of impacts on the amyloid aggregation process, contingent on the sorts of functional groups they included, including hydrophobic functional groups, hydrophilic moieties, charged groups, degree of polymerization, *etc.*^{223,224} In this regard, numerous polymers, including side-chain amino acid containing polymers, amphiphilic polymers, zwitterionic polymers, antioxidant polymers, glycopolymers, hyperbranched/star polymers and polymeric nanomaterials, showed varying effects in regulating the process of amyloid fibrillation.

Because of their many intriguing advantages, polymers containing amino acids have shown great utility in the medical field, including the potential for straightforward chemical modifications, enhanced biological activity, and the ability to interact with genes and proteins. Given the significance of polymers containing side-chain amino acids, various research groups have begun to look into how these polymers can help cure amyloidogenic illnesses. In this regard, Palmal *et al.* fabricated side-chain histidine containing polymeric nanoparticles, which were able to completely halt the formation of amyloid fibrils.²²³ They also discovered that hydrophobic moieties and surfaces with both positive and negative charges are essential for totally delaying the aggregation process. Moreover, in order to develop efficient treatments that can manage the amyloidogenesis process and prevent the formation of fibrils, our group synthesized a side-chain proline (Pro) containing homopolymer and a block copolymer using the reversible addition-fragmentation chain transfer (RAFT) polymerization technique and further investigated their essential function in

the *in vitro* insulin fibrillation process.²²⁵ Using numerous biophysical tools, we revealed that Pro-based polymers can significantly inhibit the insulin fibrillation process. Despite not being able to postpone the lag phase time, the polymers are quite effective at reducing the degree of fibrillation, according to ThT fluorescence kinetic data. The lag phase of the fibrillation pathway cannot be delayed by Pro-based polymers because of the electrostatic repulsion between the comparable charges, which prevents the polymers from forming strong interactions with insulin during the lag phase. On the other hand, it is anticipated that during the growth phase, the polymers are adhered to the fibrillary ends and stop the fibrils from expanding further. The primary driving force underlying the inhibitory process is the hydrophobic contact, as confirmed by studies of Nile red fluorescence and Tyr fluorescence assay. Furthermore, ITC investigations suggest that polar contacts, in addition to hydrophobic interactions, may potentially be accountable for the inhibitory process. Later, we fabricated side-chain cholic acid containing cationic, anionic, and neutral polymers to explore the impact of cholic acid-based charge variable polymers in modulating the insulin fibrillation process.²²⁶

The field of biological applications has recently shown a great deal of interest in glycopolymers.²²⁷ In this regard, Das *et al.* have fabricated glycopolymers with varying molecular weights using the aqueous reversible addition-fragmentation chain transfer (aRAFT) polymerization process.²²⁸ Using polyacrylamide gel electrophoresis (PAGE) and thioflavin-T fluorescence as models, the polymers were utilized to examine how saccharide unit type and molecular weight affected amyloid-beta aggregation. Interestingly, the findings revealed that the propagation process of amyloid formation was not significantly affected by the other glycopolymers or the negative control, but it was by the high molecular weight (~ 350 DP) glucose-containing glycopolymers, which encouraged the development of soluble oligomers of A β and limited the production of fibrils. Hitherto, researchers have examined the effect of various sugars and sugar mixes in preventing the development of α -lactalbumin (α -LA) fibrils.²²⁹ The suppression of α -LA aggregation was caused by hydrogen bonding between these sugar osmolytes. However, numerous observations revealed that the interactive nature between sugar and proteins is very weak; nevertheless, this interaction can be strengthened by a

multivalent effect. As a result, several polymeric substances, including glycopolymers, glycopeptides, and glycodendrimers, have been identified.^{230,231} Numerous interactions, including hydrogen bonding, hydrophobic and electrostatic interactions, and others, were crucial in inhibiting the process of insulin amyloid formation. In order to integrate all of these interactions into a single system and benefit from the “glycocluster effect” caused by sugar moieties, Bera *et al.* created block copolymers in this instance that are made up of pendant glucose moieties and amino acid leucine (Fig. 10).²³² Interestingly, the results revealed that upon binding to preformed oligomeric species and active nuclei *via* interactions such as hydrogen bonding–hydrophobic, electrostatic–hydrophobic–hydrogen bonding, and hydrogen bonding–hydrophobic–electrostatic, the polymeric aggregates successfully prevent the formation of elongated fibrils. In another article, Dey and coworkers have used a combination of RAFT polymerization and living cationic polymerization methods to synthesize a class of amphiphilic diblock copolymers with a hydrophilic block with sugar pendants and a hydrophobic polyisobutylene segment to evaluate their possible role in the suppression of insulin fibrillation.²³³ The glucose moiety and the hydrophobic region both significantly contribute to the insulin aggregation process, as the ThT kinetic assay amply illustrated. Furthermore, the CD study made it clear that while the polymers can slowdown the fibrillation process, they are unable to convert pre-formed fibrils into native form of insulin.

Besides amino acid-based polymers and glycopolymers, grafting various antioxidant chemicals onto polymers has garnered significant attention from researchers in recent years for potential medical applications due to their distinct biological properties and chemical tunability. Numerous substances with

antioxidant properties have already been shown to reduce the oxidative stress caused by amyloid aggregates.²³⁴ Nonetheless, their effectiveness is sometimes questioned due to their high volatility, low bioavailability, and quick rate of body clearance, which actually have a therapeutic effect. In this regard, antioxidant polymers are of utmost interest since they can be easily tailored to improve their therapeutic efficiency in a number of ways, including functional group modification, optimization of molecular weight, increasing aqueous solubility, control of the architecture, *etc.* Based on the fascinating physiognomies and advantages of antioxidant polymers, in our recent article, we have fabricated side-chain lipoic acid (LA) and dihydrolipoic acid (DHLA) containing antioxidant polymers and further evaluated their efficacy in controlling the insulin fibrillation process.²³⁵ Interestingly, the synthesized polymers prevent the fibrillation process by prolonging the lag period, and Tyr/NR fluorescence assay results showed a decrease in fibrillation propensity because of the polymers' favourable hydrophobic contact with the insulin fibrils. Additionally, the polymers exhibit no toxicity, have the capacity to consume reactive oxygen species (ROS), and are very successful in shielding cells from the harm that insulin fibrillar aggregates can produce.

Apart from these polymeric materials, polymeric nanomaterials also showed great promise in terms of their capacity to modify surfaces, their numerous functional group variations, biocompatible nature, and structural flexibility. In this milieu, Meesaragandla and coworkers have fabricated biopolymer functionalized gold nanoparticles (Au NPs) and further evaluated their efficiency in modulating the insulin aggregation process.²³⁶ Most recently, Bera and coworkers have synthesized polymer-coated silver nanoparticles containing alanine, leucine and phenylalanine in the side-chain to examine their potency

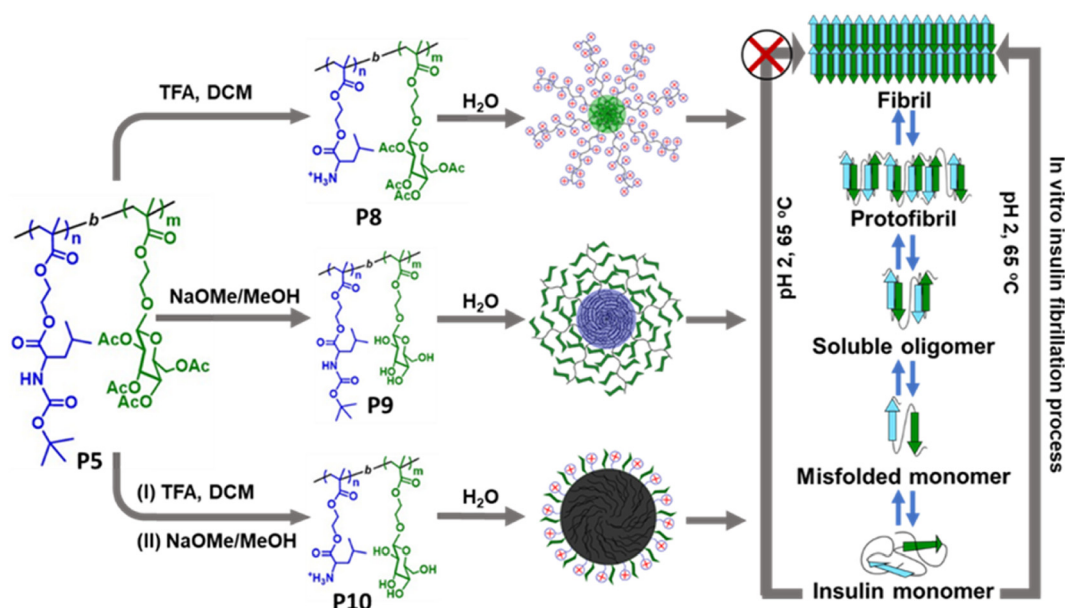
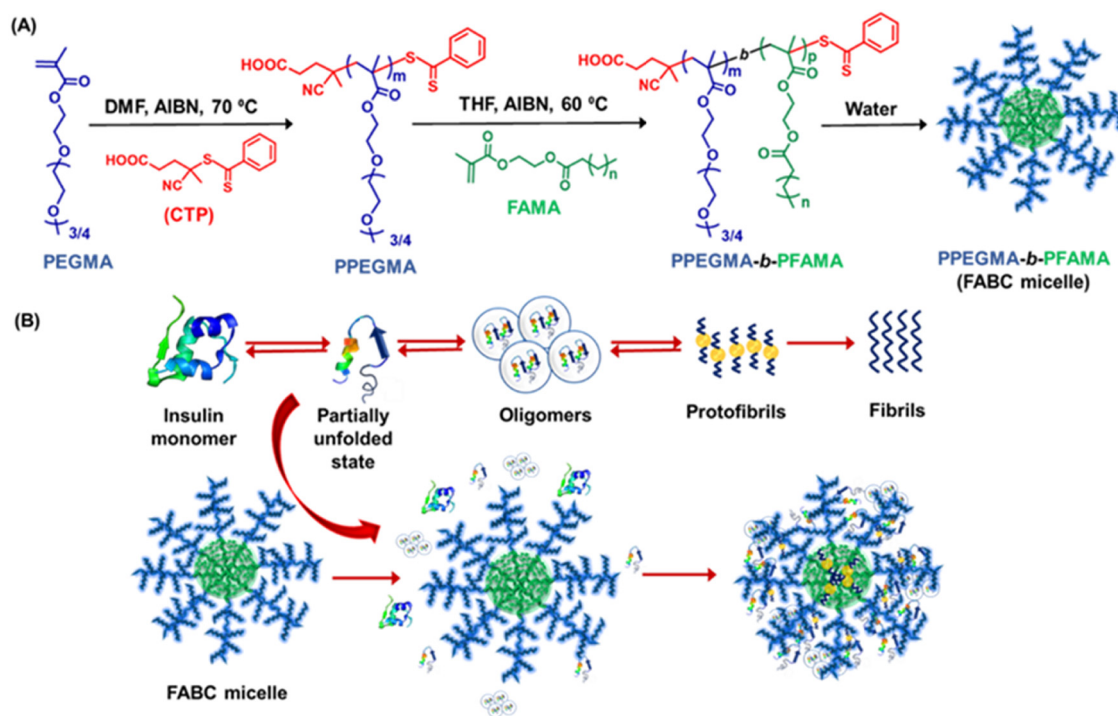


Fig. 10 Schematic representation of the glycopolymeric nanoaggregates for preventing the insulin fibrillation process. Adapted from ref. 232. Copyright 2023 Royal Society of Chemistry.

in regulating the formation of insulin fibrils.²³⁷ It is interesting to note that amino acid-based polymer-coated silver nanoparticles can stop insulin fibrillation by prolonging the lag phase period, according to ThT kinetic data. Native insulin is adsorbed on the surface of NPs during the nucleation phase, which prevents insulin monomers from approaching, inhibiting the formation of nuclei and subsequently impeding the production of protofibrils as well as matured amyloid fibrils.

Furthermore, polymeric micelles have been used in numerous bio-applications recently because of their good biocompatibility, superior pharmacokinetics, adherence to biosurfaces, targetability, and endurance. Considering the importance of polymeric micelles, Huang *et al.* have successfully designed and fabricated mixed-shell polymeric micelles (MSPMs), a new artificial molecular chaperone that may effectively prevent AD.²³⁸ By utilising their biocompatibility, selectivity for aberrant proteins, and extended blood circulation, the MSPMs can preserve amyloid-beta homeostasis through a dual mechanism that involves preventing amyloid fibrillation and promoting amyloid aggregate clearance, and concurrently decreasing amyloid-mediated neuro-cytotoxicity. The optimal therapeutic impact of MSPMs depends on the hydrophilic/hydrophobic functional groups that are balanced on their surface. Later, Zhang and coworkers created a brand-new photodynamic micelle that inhibits and photodegrades amyloid aggregation.²³⁹ The micelles produce ROS in response to irradiation of a 655 nm laser, which breaks down the hazardous oligomeric species and protofibrils. Additionally, the chlorin e6 (Ce6) micelles loaded with Tanshinone I (TAS) effectively photodegrade protofibrils,

prevent amyloid fibrillation and offer an optional insight for AD therapy. In another article, reactive oxygen species (ROS)-generating cores and effective thermoresponsive surfaces were combined to create conjugated polymer-based thermoresponsive micelles (CPMs).²⁴⁰ At physiological temperature, the CPMs showed a strong ability to trap the hazardous amyloid-beta aggregates. On the other hand, in the presence of white-light irradiation, ROS was produced in the CPMs and the poisonous amyloid aggregates were effectively disassembled by the ROS oxidation, which resulted in the proper balance of amyloid-beta between aggregation and disaggregation and decreased the cytotoxicity caused by amyloid aggregates. Most recently, Bera and coworkers have looked into the possible function of several fatty acid (FA)-based polymeric micelles in preventing insulin fibril formation (Fig. 11).²⁴¹ The findings demonstrate that the presence of FA-based polymeric micelles significantly reduces the amount of fibrillation and delays the fibrillation kinetics. Besides, as demonstrated by the Tyr fluorescence assay and NR fluorescence measurements, the hydrophobic interaction between the exposed hydrophobic amino acid residues of insulin and the hydrophobic FA chains present in the micellar core is thought to be one of the main causes of the micelle's higher inhibitory rate. It is noteworthy that the synthesized polymeric micelles have the ability to break down the mature insulin fibrils and so reduce the cytotoxicity caused by fibrils. Hence, by utilizing all the aforementioned properties, it is possible to design novel polymeric scaffolds that will be useful in the future for controlling amyloidogenic disorders.



6. Clinical trials, challenges and potential difficulties

Globally, amyloidogenic disorders are a significant medical, societal, and financial burden. As per the 2022 World Alzheimer Report, over 55 million individuals globally suffer from AD or associated disorders; this figure is expected to rise to 82 million by 2030 and 138 million by 2050. Additionally, the prevalence of diabetes mellitus is predicted to rise to 643 million people (11.3%) by 2030 and 783 million people (12.2%) by 2045, which is of concern. In this regard, numerous strategies have been tried or are being studied to target amyloid-beta production, clearance, or aggregation.^{242,243} The majority of medications studied in clinical trials have been monoclonal antibodies (mAb) based on immunotherapy that target a single protein, mainly amyloid, with a failure rate of over 100%. Most clinical studies focus on early detection of AD and intervention with AD therapeutic medicines at early/mild to moderate phases of the disorder.²⁴⁴ There are 211 interventional studies filed under AD that are eligible out of the 3388 AD clinical trials. Over the past few decades, pharmacological trials targeting amyloid-beta have failed, because of either side effects or ineffectiveness.²⁴⁵ In order to decrease the amyloid-beta peptide in the brain and stop the development of AD, anti-A β medications such as solanezumab, bapineuzumab, lecanemab, aducanumab, gantenerumab, crenezumab, donanemab, *etc* have been developed and studied. In 2021, the Food and Drug Administration (FDA) controversially gave aducanumab its first expedited approval. Due to low uptake, aducanumab has not been used much in clinical settings, and one of the two-phase IV trials was discontinued.^{246,247} Biogen, a pharmaceutical company, declared in January 2024 that it was cancelling its sales license for aducanumab in the US.²⁴⁸ Another drug that has received traditional approval from the FDA is lecanemab.²⁴⁹ However, the European Medicines Agency (EMA) suggested in late July 2024 that lecanemab's marketing authorization be denied due to an unfavourable clinical risk.²⁵⁰ Both solanezumab and bapineuzumab's phase III trials were terminated because they failed to satisfy their primary goals.²⁵¹ The lack of an efficient delivery method has been attributed to previous anti-amyloid treatments' poor BBB penetration. Crenezumab, gantenerumab, and donanemab, however, are still being studied.²⁵² Additional instances of amyloid beta peptide-targeting medications that were unsuccessful because of their ineffectiveness include the BACE inhibitors verubecestat,²⁵³ lanabecestat²⁵⁴ and atabecestat.²⁵⁵ Despite demonstrating a mechanism of action by reducing the plasma and candidate cerebrospinal fluid (CSF) biomarkers A β ₁₋₄₀ and A β ₁₋₄₂, these medications that target BACE-1 failed to show a therapeutic effect.

The majority of A β -targeting pharmacological studies have failed because of the loss of A β physiological homeostasis, inadequate specificity and translational models, and inability to deliver within the optimal therapeutic window.²⁵⁶ Looking ahead, we believe that the following factors can be taken into account for the continued development of novel anti-amyloid inhibitors. First, the mechanism of the amyloid aggregation

process is still complicated, and thus represents one of the major challenges to create preventative and therapeutic approaches. Furthermore, in animal tests, some potential medications displayed notable activity, but in clinical trials, they did not meet expectations. This is because of the genetic background difference between animal models and clinical trials. Hence, it is vital to elucidate the pathophysiology of AD in order to create more accurate models based on the similarities between human and animals and decrease the gap between fundamental research and clinical practice.²⁵⁷ In order to halt the progression of AD, identifying patients who have preclinical AD is essential which can be based on biomarkers but the design of novel biomarkers is considered as one of the major challenges. Targeting many pathways and diseases, combination therapy would be tailored to each patient and guided by biomarkers. Despite the fact that a number of vaccines, small compounds, and nutritional supplements are currently undergoing clinical trials, more research is required to understand the molecular underpinnings behind the intricate pathogenic process of amyloidogenic disorders.

7. Concluding remarks and future outlook

This review article provided a thorough summary of the most current studies using different therapeutic agents to modify amyloid aggregation linked to amyloidogenic disorders, such as AD, PD and HD. The primary causes of protein fibrillation include a variety of interaction mechanisms, including hydrophobic interaction, electrostatic interaction, hydrogen bonding, metal ion chelation and π - π stacking interaction. By utilizing these interactions during the fabrication and application phases, anti-amyloid therapeutic agents can prevent amyloid aggregation. Previous literature findings have shown that, depending on their chemical physiologies and mechanistic pathways, several therapeutic agents either accelerate or inhibit the fibrillation process. Mounting evidence indicates that among the various small molecules, polyphenols have drawn special interest for targeting the amyloid fibrillation process and their anti-amyloid behaviour varies as different polyphenols have varied numbers of phenolic OH groups and variable structure-activity correlations. In addition to small molecules, the researchers have examined the effectiveness of various polymeric materials in modifying the aggregation process. Based on the different architectures, degrees of polymerization, surface charges, functional groups and chemical properties of polymers, they exhibited miscellaneous effects on the amyloid fibrillation pathway. The results of numerous literature publications suggest that there is much space for the development of next-generation therapeutic drugs, which could significantly improve the way amyloidogenic disorders are treated. Thus, the synthesis of diverse therapeutic drugs and the investigation of their critical uses in the management of amyloidogenic disorders present exceptional prospects along with new problems.

Despite the fact that several anti-amyloid agents have been fabricated, there is still much space for the development of

novel therapeutic drugs. First, although many inhibitors have been developed, it is still unknown exactly which molecular mechanism these anti-amyloid agents use to slow down the aggregation process. Therefore, resolving this issue is essential for enabling the development of novel inhibitors for enhanced therapeutic uses. Besides, there are very few approved and commercially available medications for the treatment of amyloidogenic disorders because there aren't enough *in vivo* studies. Therefore, more *in vivo* studies, including long-term toxicity evaluations utilizing animal models, are required to obtain a thorough understanding of the mechanism of action of the anti-amyloidogenic inhibitors and to expedite the rate of their clinical approval. In the future, we believe that the above aspects should be taken into account for the development of more efficacious small molecule-based and polymer-based anti-amyloid inhibitors.

Data availability

No primary research results, software or code have been included and no new data were generated or analysed as part of this review.

Conflicts of interest

The authors declare that they have no known competing financial interests that could have appeared to influence the work reported in this paper.

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