

Food & Function

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1 Quercetin 7-*O*-glucoside suppresses nitrite-induced formation of dinitrosocatechins and
2 its quinones in catechin/nitrite systems under stomach simulating conditions.

3 Filis Morina^a, Umeo Takahama^{b,*}, Ryo Yamauchi^c, Sachiko Hirota^d, Sonja Veljovic-
4 Jovanovic^a

5
6 ^a Institute for Multidisciplinary Research, University of Belgrade, Belgrade 11030, Republic
7 of Serbia.

8 ^b Department of Bioscience, Kyushu Dental University, Kitakyushu 803-8580, Japan

9 ^c Department of Applied Life Science, Faculty of Applied Biological Sciences, Gifu
10 University, Gifu 501-1193, Japan

11 ^d Faculty of Applied Health Sciences, University of East Asia, Shimonoseki 751-8503, Japan

12
13
14 *Corresponding author

15 Umeo Takahama

16 Department of Bioscience

17 Kyushu Dental University,

18 Kitakyushu 803-8580, Japan

19 e-mail: takahama@kyu-dent.ac.jp

20 Fax: +81-93-582-6000

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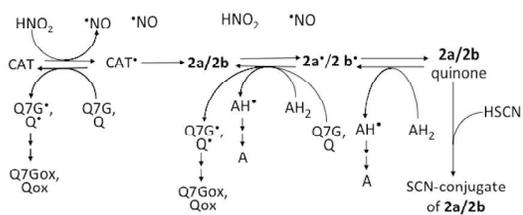
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24 **Table of contents entry**

25

26 Catechins in foods can be transformed into dinitrosocatechins and the quinones by salivary
 27 nitrite in the stomach, and the transformation can be suppressed by flavonols including
 28 quercetin and its 7-*O*-glucoside.



29 CAT, catechin; AH₂, ascorbic acid; AH^{*}, monodehydroascorbic acid; A, dehydroascorbic acid;
 Q and Q7G, quercetin and its 7-*O*-glucoside, Qox and Q7Gox, oxidation products; ^{*}, radicals

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Abstract

Foods of plant origin contain flavonoids. In adzuki bean, (+)-catechin, quercetin 3-*O*-rutinoside (rutin), and quercetin 7-*O*- β -D-glucopyranoside (Q7G) are the major flavonoids. During mastication of foods prepared from adzuki bean, the flavonoids are mixed with saliva, and swallowed in the stomach. Here we investigated the interactions between Q7G and (+)-catechin at pH 2, which may proceed in the stomach after the ingestion of foods prepared from adzuki bean. Q7G reacted with nitrous acid producing nitric oxide (\cdot NO) and a glucoside of 2-(3,4-dihydroxybenzoyl)-2,4,6-trihydroxy-3(2*H*)-benzofuranone. (+)-Catechin reacted with nitrous acid producing \cdot NO and 6,8-dinitrosocatechin. The production of the dinitrosocatechin was partly suppressed by Q7G, and the suppression resulted in the enhancement of Q7G oxidation. 6,8-Dinitrosocatechin reacted further with nitrous acid generating the *o*-quinone, and the quinone formation was effectively suppressed by Q7G. In the flavonoids investigated, the suppressive effect decreased in the order Q7G \approx quercetin > kaempferol > quercetin 4'-*O*-glucoside > rutin. Essentially the same results were obtained when (-)-epicatechin was used instead of (+)-catechin. The results indicate that nitrous acid-induced formation of 6,8-dinitrosocatechins and the *o*-quinones can be suppressed by flavonols in the stomach, and that both a hydroxyl group at C3 and *ortho*-hydroxyl groups in B-ring are required for the efficient suppression.

Key words: adzuki bean, catechin radicals, dinitrosocatechins, flavonols, nitric oxide (\cdot NO), nitrous acid.

Abbreviations used: Q7G, quercetin 7-glucoside; Q4'G, quercetin 4'-glucoside; Qox, oxidation product of quercetin; Q7Gox, oxidation product of quercetin 7-*O*-glucoside.

Introduction

Quercetin glycosides and catechins are the common flavonoids found in plants such as adzuki bean, apple, buckwheat, cacao, onion, and tea¹⁻⁵. During the ingestion of foods or beverages prepared from such plants, flavonoids are mixed with saliva in the oral cavity, and then swallowed in the stomach, where the pH is around 2. Under such conditions, nitrite in saliva, which is produced from salivary nitrate by nitrate-reducing bacteria in the oral cavity⁶, is transformed into nitrous acid ($pK_a = 3.3$). The concentration of nitrite in mixed whole saliva ranges from 0.05 to 1 mM⁷. Nitrous acid ($E^0 = 0.983$ V; 0.865 V at pH 2.0, calculated value) can generate reactive nitrogen species such as NO^+ , $\cdot\text{NO}_2$ and N_2O_3 by self-decomposition, and can react with (+)-catechin ($E^{0'} = 0.49$ V, pH 2.0) (**1a** and **1b**), quercetin ($E^{0'} = 0.45$ V, pH 2.0) (**3**)^{8,9} (Fig. 1) and other polyphenols producing nitric oxide ($\cdot\text{NO}$)¹⁰⁻¹³. The major reaction products of catechins and quercetin have been reported to be 6,8-dinitrosocatechins (**2a** and **2b**)¹⁴ and 2-(3,4-dihydroxybenzoyl)-2,4,6-trihydroxy-3(2*H*)-benzofuranone (**5**)^{15,16}, respectively. The differences in the oxidation products are supposed to be due to the differences in the reactivity of $\cdot\text{NO}$ with semiquinone radicals of (+)-catechin and quercetin generated in (+)-catechin/nitrous acid and quercetin/nitrous acid systems, respectively¹⁷. The functions of $\cdot\text{NO}$ produced by the above reactions in the stomach is reviewed¹⁸, and the functions include antimicrobial activity^{19,20}, inhibition of stress-induced gastric mucosal injury²¹, increase in gastric blood flow, mucus formation²²⁻²⁴, and inhibition of lipid peroxidation by scavenging the peroxy and alkoxy radicals of unsaturated fatty acids²⁵. On the other hand, nitrous acid can produce carcinogenic nitrosoamines through the *N*-nitrosation of secondary amines or amides²⁶⁻²⁹. In flavonoids, catechins are effective inhibitors of the *N*-nitrosoamine formation^{14, 30-32}.

Recently, it has been reported that (+)-catechin in the methanol extract of adzuki bean and (-)-epicatechin in the methanol extract of apple are transformed into **2a** and **2b**, respectively,

83 after their incubation in mixed whole saliva under acidic conditions^{33,34}, and that **2a** and **2b**
84 are oxidized by nitrous acid^{17,33}. The oxidation products are postulated to be *o*-quinones of **2a**
85 and **2b** from the results that ascorbic acid reduces the oxidation products to **2a** and **2b** and
86 that thiocyanate reacts with the oxidation products producing 6'-thiocyanate-6,8-
87 dinitrosocatechin and 6'-thiocyanate-6,8-dinitrosoepicatechin, respectively³³. In addition,
88 quercetin effectively suppresses the oxidation of **2a** and **2b**¹⁷. Quercetin 7-*O*-glucoside
89 (Q7G) (**4**) is a major flavonoid in adzuki bean in addition to (+)-catechin^{4,5}, and Q7G can be
90 postulated to be as reactive as quercetin because of the presence of a free hydroxyl group at
91 C3 and *ortho*-hydroxyl groups in the B ring. The presence of both Q7G and (+)-catechin in
92 adzuki bean prompted us to investigate the effects of Q7G on the nitrous acid-induced
93 formation of **2a** and **2b** from catechins and on the formation of *o*-quinones from **2a** and **2b**.

94 The main aim of this study is to explore the possible interactions of Q7G with catechins
95 and **2a** and **2b** during their oxidation by nitrous acid under stomach simulating conditions. In
96 addition to the above interactions, the interactions of (+)-catechin and **2a** and **2b** with
97 quercetin 3-rutinoside (rutin), quercetin 4'-glucoside (Q4'G), and kaemferol were also
98 studied in the presence of nitrous acid. Taking the results obtained in this study into account,
99 the importance of interactions of flavonols with catechins and **2a** and **2b** during their
100 reactions with nitrous acid in the stomach is discussed from the point of prevention of
101 formation of **2a** and **2b** and the quinones.

102

103 **Results and Discussion**

104 **Reaction of Q7G with nitrous acid**

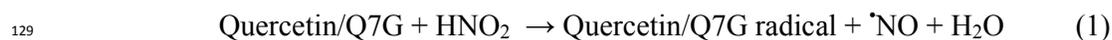
105 Figure 2A shows nitrite-induced changes in absorption spectra of Q7G in 50 mM KCl-HCl
106 (pH 2.0). After the addition of sodium nitrite, absorption peaks of Q7G at 254 and 366 nm
107 decreased increasing the absorbance at 288 nm. Such spectral changes have been reported

108 during nitrous acid-induced oxidation of quercetin, and the oxidation product (Qox) is
109 determined to be **5**¹⁵.

110 The reaction product of Q7G (Q7Gox) was separated as a single peak by HPLC at the
111 retention time of 2.9 min (Fig. 2B). In Fig. 2B, Qox (retention time, 3.4 min) was co-
112 chromatographed. The UV/visible absorption spectrum of the product had a peak at 289 nm
113 with a shoulder around 320 nm, and the absorption spectrum was similar to Qox (Fig. 2C). To
114 understand the relation between Q7Gox and Qox, Q7Gox was incubated with β -glucosidase.
115 During the incubation of Q7Gox for 40 min, its concentration decreased irrespective of the
116 presence or absence of β -glucosidase in the similar way with a half time of approximately 20
117 min, but the decrease in the presence of the glucosidase accompanied the formation of a
118 compound that was identified to be Qox from the retention time and UV/visible absorption
119 spectrum. Therefore, we estimated that Q7Gox was a glucoside of **5**.

120 Figure 3 shows the effects of nitrite concentration on the consumption of Q7G and
121 quercetin and the formation of Q7Gox and Qox. The concentrations of both quercetin (○)
122 and Q7G (●) decreased by nitrite without significant differences. The result suggests that
123 Q7G was oxidized by nitrous acid as effectively as quercetin. During the decrease in the
124 concentrations of Q7G and quercetin, their oxidation products, Q7Gox (■) and Qox (□),
125 were produced. Their production roughly correlated with the consumption of their mother
126 compounds.

127 Rate constants of the consumption of Q7G and quercetin were estimated under anaerobic
128 conditions by postulating the following reaction;



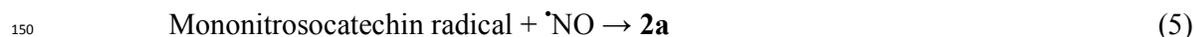
130 The values were $(12.5 \pm 1.2) \times 10^2 \text{ M}^{-1} \text{ min}^{-1}$ ($n = 4$) for Q7G and $(13.5 \pm 1.1) \times 10^2 \text{ M}^{-1}$
131 min^{-1} ($n = 4$) for quercetin. The oxidation of Q7G and quercetin by nitrous acid was faster
132 under aerobic than anaerobic conditions, suggesting the contribution of $\cdot\text{NO}_2$ produced by the

133 autoxidation of $\cdot\text{NO}$ to the oxidation of Q7G under aerobic conditions. It has been reported
 134 that the suppressive effect of Q7G is about 50% of that of quercetin for the lipid peroxidation
 135 induced by 2,2'-azobis(2-amidopropyl) dihydrochloride in egg yolk phosphatidylcholine large
 136 unilamellar vesicles³⁵. The smaller effect can be attributed to the difference in the solubility
 137 to lipid bilayer between Q7G and quercetin.

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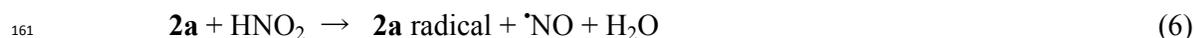
139 **Characterization of reaction products of (+)-catechin**

140 Figure 4 (**I** and **II**) shows HPLC of (+)-catechin and products generated in (+)-
 141 catechin/nitrous acid systems, and Fig. 4 (**III**) shows their absorption spectra. Accompanying
 142 the reaction of (+)-catechin with nitrite under acidic conditions for 10 min, **2a** was formed
 143 (trace **I-2**). The retention time (7.5 min) and absorption spectrum (peak at 274 nm with a
 144 shoulder around 320 nm) were identical with those of 6,8-dinitrosocatechin, which had been
 145 prepared in this study (see Experimental section). As the mechanism of **2a** formation,
 146 following reactions have been proposed^{17,33}.



151 During further incubation of the reaction mixture, the concentration of (+)-catechin decreased
 152 without increasing the concentration of **2a**, and a new component (P1) was produced (trace **I-**
 153 **3**). From the retention time (7.0 min) and absorption spectrum (peak at 269 nm with a
 154 shoulder around 320 nm) and from the ascorbic acid-induced disappearance of P1 increasing
 155 the concentration of **2a** by 33% (**II-3**), P1 was postulated to be a quinone of **2a**. The
 156 postulation is supported by not only its reduction to **2a** by ascorbic acid but also its
 157 transformation into 6'-thiocyanate-6,8- by thiocyanate at pH 2³³. *o*-Quinones of caffeic acid,
 158 chlorogenic acid, and rutin also react with thiocyanate at pH 2 producing the thiocyanate

159 conjugates, which are hydrolyzed to oxathiolone derivatives and NH_3 ^{36,37}. Following
 160 reactions may be possible for the formation of *o*-quinone from **2a**.



163 Effects of Q7G on the formation of **2a** and P1 were studied. Under the experimental
 164 conditions of trace **II-2**, both P1 and **2a** were produced in a (+)-catechin/nitrous acid system
 165 during the incubation for 10 min. The addition of Q7G to the above system and the
 166 incubation for 10 min resulted in the formation of Q7Gox that was estimated from the
 167 retention time and the absorption spectrum. The formation of Q7Gox accompanied the
 168 inhibition of P1 formation by about 80% and enhancement of **2a** production by about 30%,
 169 suppressing slightly the decrease in the concentration of (+)-catechin (trace **II-3**). The result
 170 suggests that Q7G might have interacted with (+)-catechin and **2a** during their reactions with
 171 nitrous acid. Therefore, we studied the interactions of Q7G with (+)-catechin and **2a** under
 172 stomach simulating conditions.

173

174 **Interactions of Q7G with catechins**

175 Figure 5A shows interaction of Q7G with (+)-catechin during their reaction with nitrous acid.
 176 The formation of **2a** was enhanced by about 20% by 5 μM Q7G, and suppressed by about
 177 20% by 50 μM Q7G (■). The enhancement may be explained by the increase in $\cdot\text{NO}$
 178 production by Q7G/nitrous acid systems (see below). The consumption of (+)-catechin was
 179 suppressed by about 35% by 5 and 15 μM Q7G and by about 65% by 50 μM Q7G (□).

180 According to reactions 2–5, we can deduce that the suppression of (+)-catechin consumption
 181 may be due to Q7G-dependent reduction of semiquinone radical of (+)-catechin, and that the
 182 suppression of **2a** formation may be due to the reduction of semiquinone radicals of both (+)-

183 catechin and mononitrosocatechin. Nitrous acid-induced formation of semiquinone radical of
184 (+)-catechin has been reported ¹¹.

185 Figure 5A also shows effects of (+)-catechin on the nitrous acid-induced consumption of
186 Q7G and the formation of Q7Gox. The consumption of Q7G during 1 min incubation
187 increased nearly linearly with the increase in Q7G concentration (●), and 50 μM (+)-
188 catechin enhanced the consumption of 5 μM Q7G by about 40% and the consumption of 15
189 and 50 μM Q7G by about 20% (○). The enhancement of Q7G consumption by (+)-catechin
190 accompanied the enhancement of Q7Gox formation (compare ▲ and △). These results can
191 be explained by the oxidation of Q7G by semiquinone radicals generated during the reactions
192 of (+)-catechin with nitrous acid. Such interaction between (+)-catechin and quercetin has
193 been reported to proceed in the presence of nitrite under acidic conditions ¹⁷.

194 6,8-Dinitrosoepicatechin (**2b**) was formed in the reaction mixture that contained 50 μM
195 (-)-epicatechin and 0.5 mM sodium nitrite in 50 mM KCl-HCl (pH 2.0), and it was
196 postulated that **2b** might be formed by reactions 2–5, in which (+)-catechin was replaced by
197 (-)-epicatechin. The formation of **2b** was suppressed by Q7G, and the suppression increased
198 with the increase in the concentration of Q7G (■) (Fig. 5B). The consumption of (-)-
199 epicatechin was also suppressed, and degree of the suppression increased with the increase in
200 concentration of Q7G (□). Furthermore, (-)-epicatechin (50 μM) enhanced the nitrous acid-
201 induced consumption of Q7G as (+)-catechin (compare ● and ○), and the enhancement was
202 accompanied by the increase in Q7Gox formation (compare ▲ and △). The result in Fig. 5B
203 suggests that Q7G can also react with semiquinone radicals generated in (-)-
204 epicatechin/nitrous acid systems.

205

206 **Interactions of Q7G with 2a/2b**

207 6,8-Dinitrosocatechin (**2a**) isolated by preparative HPLC in this study was partly transformed
208 into **2b** during its concentration and lyophilization. It has been reported that **2a** and **2b** are
209 mutually transformed¹⁴. Then, we studied the effects of Q7G on nitrous acid-induced
210 oxidation of **2a** and **2b** using the isolated dinitrosocatechin that was a mixture of **2a** and **2b**
211 (Fig. 6A). Accompanying the oxidation of **2a/2b** by nitrous acid, P1 and P2 were produced as
212 reported previously^{17,33}. Their formation was completely suppressed by 30 and 100 μM Q7G
213 (■). The concentration of Q7G required for 50% inhibition was estimated to be 7 μM from
214 the figure. It has been reported that 50% inhibition of the formation of (P1 + P2) from **2a/2b**
215 is observed at about 10 μM quercetin under the conditions similar to Fig. 6A¹⁷. The
216 suppression of (P1 + P2) formation accompanied the inhibition of the consumption of **2a/2b**
217 (□). Furthermore, the inhibition of the formation of (P1 + P2) by Q7G accompanied the
218 enhancement of Q7G consumption (compare ● and ○) and Q7Gox formation (compare ▲
219 and △) (Fig. 6B). These results suggest that Q7G can inhibit the formation of P1 and P2 by
220 scavenging semiquinone radicals produced in **2a/2b**/nitrous acid systems by reaction 6, if P1
221 and P2 are *o*-quinones derived from **2a** and **2b**, respectively, as described in Fig. 4.

222

223 ***NO production.**

224 During the reactions of nitrite with Q7G, catechin, or **2a/2b** under acidic conditions, *NO
225 should be produced by reactions 1, 2, 4, and 6. Then, nitrite-induced *NO production was
226 studied in the presence of the above flavonoids in 50 mM KCl-HCl (pH 2.0) (Table 1). The
227 rate of *NO production in the nitrous acid/Q7G system increased with the increase in Q7G
228 concentration. The rate constant of *NO production by Q7G was calculated to be $(3.6 \pm 0.6) \times$
229 $10^3 \text{ M}^{-1} \text{ min}^{-1}$ using the data in Table 1, postulating that *NO was produced by reaction 1. The
230 rate constant in the presence of quercetin was calculated to be $(3.9 \pm 0.3) \times 10^3 \text{ M}^{-1} \text{ min}^{-1}$.

231 These values were about 2.8-folds of the rate constants for the decreases in concentrations of

232 Q7G $[(12.5 \pm 1.2) \times 10^2 \text{ M}^{-1} \text{ min}^{-1}]$ and quercetin $[(13.5 \pm 1.1) \times 10^2 \text{ M}^{-1} \text{ min}^{-1}]$. One of the
233 reasons for the larger rate constants for $\cdot\text{NO}$ production is the rapid reduction of nitrous acid
234 to $\cdot\text{NO}$ by semiquinone radicals of not only Q7G but also quercetin and/or rapid
235 disproportionation of the semiquinone radicals to the mother compounds and quinones that
236 are transformed rapidly into **5** from quercetin and a glucoside of **5** from Q7G^{38,39}. The rate
237 constants of $\cdot\text{NO}$ production were calculated from the initial slope of $\cdot\text{NO}$ production. This
238 may also be a reason for the larger rate constants of $\cdot\text{NO}$ production than those of the
239 consumption of Q7G and quercetin.

240 Table 1 also shows the rates of $\cdot\text{NO}$ production in the presence of (+)-catechin, (-)-
241 epicatechin, and isolated **2a/2b**. Catechin-induced $\cdot\text{NO}$ production under stomach simulating
242 conditions has been reported^{11,13}. Nitrous acid-induced $\cdot\text{NO}$ production in the presence of 50
243 μM (+)-catechin or (-)-epicatechin was less than 30%, and the $\cdot\text{NO}$ production in the
244 presence of 50 μM **2a/2b** was about 45% of that in the presence of 50 μM Q7G. The slower
245 $\cdot\text{NO}$ production by **2a/2b** than Q7G can be explained by the difference in the rate constants of
246 nitrous acid-induced oxidation of **2a/2b** $[(6.5 \pm 2.5) \times 10^2 \text{ M}^{-1} \text{ min}^{-1}]$ ¹⁷ from that of Q7G
247 $[(12.5 \pm 1.2) \times 10^2 \text{ M}^{-1} \text{ min}^{-1}]$ (see above). Although the rate constants of nitrous acid-
248 induced oxidation of (+)-catechin $[(6.7 \pm 1.0) \times 10^2 \text{ M}^{-1} \text{ min}^{-1}]$ and (-)-epicatechin $[(5.8 \pm$
249 $0.2) \times 10^2 \text{ M}^{-1} \text{ min}^{-1}]$ were similar to that of nitrous acid-induced oxidation of **2a/2b**^{17,34},
250 $\cdot\text{NO}$ production in the presence of (+)-catechin or (-)-epicatechin was significantly slower
251 than that in the presence of **2a/2b**. The difference can be explained by $\cdot\text{NO}$ consumption by
252 semiquinone radicals derived from (+)-catechin and (-)-epicatechin but not **2a/2b** by
253 reactions 3 and 5. The addition of 50 μM **2a/2b** to Q7G/nitrous acid systems increased the
254 rate of $\cdot\text{NO}$ production; the rates in the presence of both **2a/2b** and Q7G were larger than the
255 sums of the rate in the presence of **2a/2b** alone and the rates in the presence of Q7G alone at
256 any concentrations of Q7G studied, supporting the insignificant reaction of $\cdot\text{NO}$ with
257 semiquinone radical of **2a/2b**. The addition of 50 μM (+)-catechin or (-)-epicatechin to

258 Q7G/nitrous acid systems increased the rate of $\cdot\text{NO}$ production, but the rates in the presence
259 of both catechin and Q7G were smaller than the sums of the rate in the presence of (+)-
260 catechin or (-)-epicatechin alone and the rates in the presence of Q7G alone, especially when
261 the concentrations of Q7G were 5 and 15 μM . These data can be explained by the
262 consumption of $\cdot\text{NO}$ by semiquinone radicals of (+)-catechin and (-)-epicatechin, both of
263 which were produced in catechin/Q7G/nitrous acid systems.

264

265 **Interactions of (+)-catechin and 2a/2b with other flavonols.**

266 Rutin, Q4'G, and kaempferol were consumed by nitrous acid (Table 2, column 1), and the rate
267 constants of the consumption were calculated from the data. The values were (1.3 ± 1.0) , $(2.8$
268 $\pm 0.8)$, and $(6.2 \pm 1.2) \times 10^2 \text{ M}^{-1} \text{ min}^{-1}$ ($n = 9$) for rutin, Q4'G, and kaempferol, respectively,
269 and the values were smaller than those of Q7G [$(12.5 \pm 1.2) \times 10^2 \text{ M}^{-1} \text{ min}^{-1}$] and quercetin
270 [$(13.5 \pm 1.1) \times 10^2 \text{ M}^{-1} \text{ min}^{-1}$]. These results are in accordance with a previous report on
271 nitrite-induced oxidation of 50 μM quercetin, Q4'G, rutin, and kaempferol in 50 mM KCl-
272 HCl (pH 2.0) (6.2, 0.9, 0.2, and 1.0 $\mu\text{M}/\text{min}$, respectively)¹⁰.

273 The effects of 100 μM (+)-catechin and **2a/2b** on nitrous acid-induced consumption of
274 rutin, Q4'G, and kaempferol are also shown in Table 2 (columns 2 and 3). Both (+)-catechin
275 and **2a/2b** enhanced the consumption of above flavonols, and the enhancement of the
276 consumption seemed to increase in the order rutin < Q4'G < kaempferol. Furthermore, Table
277 2 shows the effects of flavonols on nitrous acid-induced formation of **2a** from (+)-catechin
278 (column 4) and (P1 + P2) from **2a/2b** (column 5). The formation of **2a** and (P1 + P2) was
279 inhibited by Q4'G and kaempferol but not rutin, and degrees of the inhibition were smaller
280 than those of the inhibition by Q7G (Figs. 5 and 6). The data in Table 2 and Figs. 5 and 6
281 indicate that both a free hydroxyl group at C3 and *ortho*-hydroxyl groups in the B ring are
282 essential for the effective inhibition of the nitrous acid-induced transformation of (+)-catechin

283 into **2a** and **2a/2b** to P1/P2. It has been reported that the hydroxyl group at C3 is a target for
284 the oxidation of flavonols⁴⁰⁻⁴².

285

286 **Importance of interactions of catechins with flavonols**

287 Flavonoids mixed with saliva in the oral cavity reach the gastric lumen where they can react
288 with nitrous acid derived from nitrite, which is produced by nitrate-reducing bacteria in the
289 oral cavity. The results of this study show that **2a** and **2b** are possibly produced in the
290 stomach after the ingestion of (+)-catechin- and (-)-epicatechin-containing foods, beverages,
291 or dietary supplements (Fig. 7). The possibility is supported by the reports about the
292 production of **2a** and **2b** in the mixtures of acidified whole saliva and the methanol extracts of
293 adzuki bean³³ and apple³⁴, respectively. Recently, however, we observed nitrite-induced
294 formation of **2b** by acidification of the juice obtained by mastication of apple fruit, but could
295 not observe the formation of **2a** by acidification of the juice obtained by mastication of boiled
296 adzuki bean (unpublished results). From these results together with the results of in the
297 present study and ref. 33 and 34, we can deduce that (i) the detectable amounts of
298 nitrosocatechins are not always produced in the stomach after the ingestion of catechin-rich
299 foods or beverages, and that (ii) the formation of **2a/2b** are dependent on the concentration of
300 the components, which can interfere the reactions of catechins with nitrous acid and can
301 scavenge catechin semiquinone radicals. The formation of **2a/2b** in the stomach may be
302 efficient because of the lower O₂ concentration in gastric juice. It has been reported on the
303 increase in the efficiency of **2a/2b** formation with the decrease in O₂ concentration³³.

304 The methanol extract of adzuki bean contained 636 ± 45, 165 ± 18, 41 ± 3, and 29 ± 2
305 nmol/g of (+)-catechin, Q7G, quercetin, and vignacyanidins, respectively (means with SDs, n
306 = 3), whereas that of boiled aduzki bean used to obtain the juice by mastication contained 138
307 ± 41, 58 ± 15, 20 ± 4, and 18 ± 2 nmol/g of Q7G, quercetin, and vignacyanidins, respectively
308 (means with SDs, n = 3), as phenolic components that could be readily oxidized by nitrous

309 acid. Vignacyanidins are cyanidin-catechin adducts present in adzuki bean and can be
310 oxidized by nitrous acid⁴³. The molar ratios of (+)-catechin to the sum of the other
311 components were calculated to be about 2.7 and 1.4 in the former and the latter, respectively.
312 The difference in the ratio may contribute to the **2a** formation in the mixture of acidified
313 whole saliva and the failure of its formation in the acidified juice, which was obtained by
314 mastication of boiled adzuki bean. The oxidation products of quercetin and Q7G, namely, **5**
315 and its glucoside, may decompose to more stable components. It is known that **5** decomposes
316 to 2,4,6-trihydroxyphenyl glyoxylic acid and 3,4-dihydroxybenzoic acid, which are derived
317 from the A- and B-ring of **5**, respectively⁴⁴. Taking the report into account, we can deduce
318 that the glucoside of **5** decomposes to a glucoside of 2,4,6-trihydroxyphenyl glyoxylic acid
319 and 3,4-dihydroxybenzoic acid. The oxidation products of vignacyanidins are supposed to
320 be the polymers⁴³.

321 The major antioxidative polyphenols of apple juice are chlorogenic acid, (-)-epicatechin,
322 and quercetin 3-glycosides such as arabinoside, xyloside, galactoside, glucoside, and
323 rhamnoside^{45,46}. The molar ratio of (-)-epicatechin to chlorogenic acid is about 0.5³⁴ and that
324 of (-)-epicatechin to quercetin glycosides is calculated to range from about 1.6 to 4 using the
325 data in ref. 47. In the apple polyphenols, (-)-epicatechin can react more rapidly with nitrous
326 acid than chlorogenic acid and quercetin 3-glycosides. This is deduced by comparing the rate
327 constant of the reaction of nitrous acid with (-)-epicatechin [$(5.8 \pm 0.2) \times 10^2 \text{ M}^{-1} \text{ min}^{-1}$]
328 with those of reactions of nitrous acid with chlorogenic acid [$(1.6 \pm 0.3) \times 10^2 \text{ M}^{-1} \text{ min}^{-1}$]³⁴
329 and a quercetin 3-glycoside, rutin [$(1.3 \pm 1.0) \times 10^2 \text{ M}^{-1} \text{ min}^{-1}$] (see above). Then, the
330 observation of nitrite-induced **2b** formation in the acidified apple juice can be explained by
331 the more efficient reaction of nitrous acid with (-)-epicatechin than with the other
332 polyphenols. According to the above discussion, the ingestion of a dietary supplement of
333 catechins is supposed to result in the production of **2a/2b** in the stomach because of the
334 absence of polyphenols that suppress the nitrosation. It has also been reported about the

335 nitrous acid-induced formation of 6,8-dinitroepigallocatechin gallate and
336 dinitroprocyanidin B2 from epigallocatechin gallate and procyanidin B2, respectively^{14,30}.

337 If **2a** and/or **2b** are produced in the gastric lumen after the ingestion of catechin-rich foods,
338 beverages, or dietary supplements, **2a/2b** can be oxidized to the *o*-quinones. The *o*-quinones
339 may be absorbed in the body from the stomach and the intestine to give oxidative stresses to
340 cells. The stresses may be due to the increased reactivity of *o*-quinones under neutral
341 conditions than acidic conditions. The increased reactivity may contribute to the cytotoxic
342 and carcinogenic effects through generation of reactive oxygen species, formation of
343 polymers and glutathione-conjugate, binding to DNA, and alkylation of essential
344 macromolecules such as DNA and proteins⁴⁸⁻⁵¹. Fortunately, the formation of *o*-quinones
345 from **2a/2b** may not be so efficient in the stomach, because ascorbic acid⁵² and thiocyanate⁵³
346 derived from gastric juice and saliva, respectively, are present in gastric juice. The former can
347 reduce both semiquinone radicals and *o*-quinones to **2a/2b**, and the latter can react with *o*-
348 quinones generating thiocyanate conjugates (Fig. 7). Furthermore, flavonols such as quercetin
349 and Q7G can effectively suppress the formation of *o*-quinone by reducing the semiquinone
350 radicals (Fig. 7).

351 It has been reported that daily consumption of an aqueous green tea extract does not
352 impair human health⁵⁴, but high doses of catechins and other flavonoids as dietary
353 supplement have adverse effects for human health⁵⁵⁻⁵⁷. The adverse effects of catechins are
354 discussed to be due to the production of undesired products from catechins in the intestine
355 and the liver^{56,57}. The present study suggests the nitrosation of catechins and the oxidation of
356 **2a/2b** in the stomach may also contribute to the adverse effects of high doses of catechins, if
357 the **2a/2b** and the quinones are absorbed to the body from the gastrointestinal tract. It has
358 been reported that, in addition to quinones, **2a/2b** are toxic for Caco cells¹⁴.

359

360 **Experimental**

361 Reagents

362 (+)-Catechin (**1a**), (-)-epicatechin (**1b**), quercetin (**3**), kaempferol, and rutin were obtained
363 from Sigma-Aldrich Japan (Tokyo). 1-Hydroxy-2-oxo-3-(*N*-methyl-3-aminopropyl)-3-
364 methyl-1-triazene (NOC 7) (purity > 90%) was obtained from Dojindo (Kumamoto,
365 Japan). β -Glucosidase from sweet almond was obtained from Oriental Yeast Co., Ltd.
366 (Osaka, Japan). Quercetin 4'-glucoside (Q4'G) was isolated from onion bulbs as reported
367 previously with some modifications⁵⁸.

369 Apparatus

370 UV/visible absorption spectra were recorded using an UV-2450 spectrophotometer
371 (Shimadzu, Kyoto, Japan). Analytical and preparative HPLC was carried out using a
372 Shimadzu LC-10AS pump combined with a SPD M10Avp photodiode array detector
373 (Shimadzu). The columns used for analytical HPLC were a Shim-pack CLC-ODS (15 cm x 6
374 mm i.d.) and a Shim-pack VP-ODS (15 cm x 4.6 mm i.d.) (Shimadzu), and the column used
375 for preparative HPLC was Shim-pack CLC-ODS) (25 cm x 2 cm i.d.) (Shimadzu). The
376 mobile phases were mixtures of methanol and 0.2% formic acid or methanol and 25 mM
377 KH_2PO_4 , and their flow rates were 1 and 9 mL/min for analytical and preparative HPLC,
378 respectively. Atmosphere-pressure chemical ionization (APCI) and electrospray ionization
379 (ESI) mass spectra were obtained with a Shimadzu LCMS QP8000 α quadrupole mass
380 spectrometer equipped with APCI or ESI ion source. Sample was delivered into the ion
381 source using Ascentis express C18 column (15 cm x 2.1 mm i.d.; particle size, 2 μm) (Sigma-
382 Aldrich Japan, Tokyo). The mobile phase was 40% methanol containing 0.2% formic acid
383 and the flow rate was 0.2 mL/min. ^1H and ^{13}C nuclear magnetic resonance (NMR) spectra
384 were recorded with ECX-400P FT-NMR spectrometer (JEOL, Tokyo, Japan) with
385 dimethylsulfoxide- d_6 (DMSO- d_6) as the solvent and tetramethylsilane as the internal
386 standard.

387

388 **Isolation of quercetin Q7G**

389 Q7G was isolated by the method developed in this study. Dried adzuki seeds (300 g) were
390 boiled in 700 ml of distilled water for 30 min, and the water extract was filtered under
391 reduced pressure. The pH of the filtrate was adjusted to 2.0 by adding 6 M HCl and then
392 extracted with 200 mL of ethyl acetate. For better separation of the ethyl acetate from water,
393 the mixture was centrifuged at 3000g for 5 min. The above ethyl acetate extraction procedure
394 was repeated three times, and ethyl acetate fractions were combined. After removing water in
395 the ethyl acetate fraction by anhydrous sodium sulfate, ethyl acetate was evaporated *in vacuo*.
396 The residue was dissolved in 2 mL of a mixture of methanol and 25 mM KH₂PO₄ (2:3, v/v),
397 and then applied to the preparative HPLC column. After washing the column with a mixture
398 of methanol and 25 mM KH₂PO₄ (1:6, v/v) for 5 min, the concentration of methanol in the
399 mobile phase was increased stepwise using the following mixtures [methanol and 25 mM
400 KH₂PO₄ (1:3, 1:2, and 2:3, v/v)]. Each mobile phase was flowed for 20 min, and Q7G was
401 detected at 360 nm.

402 A compound assigned to be Q7G was eluted at about 7 min after the mobile phase was
403 changed to the mixture of methanol and 25 mM KH₂PO₄ (2:3, v/v). The fraction of Q7G was
404 collected and solvents in the fraction were evaporated *in vacuo*. The residues were dissolved
405 in 2 mL of methanol and purified by repetition of dissolution in methanol and precipitation
406 with water. The purity of Q7G was estimated by analytical HPLC using a Shim-pack VP-
407 ODS column (15 cm × 4.6 mm i. d.). The mobile phase was a mixture of methanol and 25
408 mM KH₂PO₄ (2:3, v/v) and the flow rate was 1.0 mL/min. When no significant contaminants
409 were detected, the precipitate was lyophilized (35 mg from 2.1 kg of adzuki bean). The
410 structure of isolated Q7G was confirmed by spectral data^{5,59}: UV-vis (methanol) λ_{\max} nm (ϵ)
411 255 (22,000) and 373 (19,500); negative APCI-MS m/z (relative intensity, %) 301, (40, [M –
412 glucose][−]) and 463 (100, [M – H][−]); negative ESI-MS m/z 463 (100, [M – H][−]); ¹H NMR

(DMSO- d_6) δ 3.20 (m, 1H, H-4"), 3.29 (m, 1H, H-2"), 3.32 (m, 1H, H-3"), 3.47 (m, 1H, H-5"), 3.49 (m, 1H, H-6"a), 3.73 (m, 1H, H-6"b), 5.09 (d, J = 7.3 Hz, 1H, H-1"), 6.43 & 6.44 (d, J = 2.2 Hz, 1H, H-6), 6.78 (d, J = 2.2 Hz, 1H, H-8), 6.91 & 6.92 (d, J = 8.7 Hz, 1H, H-5'), 7.57 & 7.58 (dd, J = 8.2, 2.3 Hz, 1H, H-6'), 7.73 & 7.74 (d, J = 2.2 Hz, 1H, H-2'), 12.52 (s, 1H, OH); ^{13}C NMR (DMSO- d_6) δ 61.17 (C-6"), 70.11 (C-4"), 73.67 (C-2"), 76.95 (C-3"), 77.69 (C-5"), 94.80 (C-8), 99.29 (C-6), 100.44 (C-1"), 105.21 (C-4a), 115.90 (C-2'), 116.12 (C-5'), 120.59 (C-6'), 122.34 (C-1'), 136.62 (C-3), 145.61 (C-4'), 148.13 (C-2), 148.48 (C-3'), 156.26 (C-8a), 160.90 (C-5), 163.22 (C-7), 176.55 (C-4).

421

422 Isolation of 6,8-dinitrosocatechin

423 6,8-Dinitrosocatechin was isolated as reported previously^{17,33}. In brief, (+)-catechin (29 mg)
424 in 100 mL of 50 mM KCl-HCl (pH 2.0) was incubated with 5 mM nitrite for 5 min under
425 anaerobic conditions, and then the reaction mixture was extracted with 50 mL of ethyl
426 acetate. After removing ethyl acetate, the residue was dissolved in 3 mL of 57% methanol in
427 0.2% formic acid (v/v) to apply to the preparative HPLC column. The mobile phases were
428 mixtures of methanol and 0.2% formic acid. The concentration of methanol was increased
429 stepwise as follows, 14, 20, 25, and 33% (v/v), and the mobile phases were flowed for 5, 15,
430 15, and 25 min, respectively. A fraction assigned to be 6,8-dinitrosocatechin, which was
431 eluted around 7 min after changing the mobile phase to 20% methanol, was collected. After
432 removing methanol in the fraction, the residue was lyophilized. The yield was 8–10 mg. LC-
433 MS analysis of the isolated dinitrosocatechin gave two peaks (**2a** and **2b**) with retention times
434 of 2.1 and 3.4 min, respectively, when the mobile phase was 35% of methanol in 0.2% formic
435 acid. The structures were confirmed to be a mixture of 6,8-dinitrosocatechin (**2a**) and 6,8-
436 dinitrosoepicatechin (**2b**) as reported previously^{17,33}.

437

438 Reactions of Q7G, catechin, and 6,8-dinitrosocatechin with nitrous acid

439 All reactions of flavonoids with nitrite were studied in 1 mL of 50 mM KCl-HCl (pH 2.0)
440 under aerobic or anaerobic conditions. Anaerobic conditions were established by bubbling
441 argon gas through the reaction mixture for 2 min. After initiating the reactions by adding 0.5
442 mM sodium nitrite, argon gas was blown gently on the surface of the reaction mixture during
443 the reaction period.

444 The interactions of Q7G with (+)-catechin, (-)-epicatechin, or isolated 6,8-
445 dinitrosocatechins (**2a/2b**) were studied in the reaction mixture (1 mL) that contained various
446 concentrations of Q7G and 50 μ M (+)-catechin, (-)-epicatechin, or **2a/2b** in 50 mM KCl-HCl
447 (pH 2.0). When required, quercetin and other flavonols were used instead of Q7G. Reactions
448 were initiated by adding 0.5 mM sodium nitrite. After incubation for 1 min, 50 μ L of the
449 reaction mixture was analyzed by HPLC (see below).

450

451 **HPLC analysis of reaction products**

452 The reactants and the products of the above reactions were separated and quantified using a
453 Shim-pack CLC-ODS column. The mobile phases used to quantify (+)-catechin, (-)-
454 epicatechin, and their products were mixtures of methanol and 0.2% formic acid (1:4, 1:3, or
455 1:2, v/v). The products of **2a** and **2b** formed in the presence and absence of Q7G or quercetin
456 were quantified using a mixture of methanol and 0.2% formic acid (2:5, v/v), and the ratios of
457 1:1 (v/v) was used to quantify rutin, Q7G and the reaction products of Q7G and quercetin.
458 Quercetin, Q4'G, and kaempferol were quantified using the mixture of 2:1 (v/v). The
459 concentrations of reactants and products were estimated from the areas under the peaks: (+)-
460 catechin and (-)-epicatechin at 280 nm; **2a**, **2b**, P1, and P2 at 320 nm; Q7G, quercetin, rutin,
461 and Q4'G at 360 nm; Qox and Q7Gox at 290 nm.

462

463 **Hydrolysis of reaction product of Q7G**

464 Q7G was oxidized in the reaction mixture (1 mL) that contained 0.1 mM Q7G and 0.2 mM
465 sodium nitrite in 50 mM KCl-HCl (pH 2.0) for 6 min, and then 0.3 mL of 0.1 M Na₂HPO₄
466 was added to adjust the pH to 6.8. The solution of pH 6.8 was incubated for 10, 20, 30, and
467 40 min after addition of 20 μL of β-glucosidase (2 mg/mL), and an aliquot (50 μL) of each
468 incubated solution was applied to a Shim-pack VP-ODS column (15 cm x 4.6 mm i.d.). The
469 mobile phase was a mixture of methanol and 25 mM KH₂PO₄ (1:2, v/v).

470

471 **Measurements of [•]NO production**

472 Nitrite-induced [•]NO production was recorded using a Clark-type electrode (Rank Bothers,
473 Cambridge, UK) at 30°C with a polarization voltage of -0.7 V^{25,60}. The reaction mixture (2
474 mL) contained 5, 15, and 50 μM Q7G in 50 μM KCl-HCl (pH 2.0). When required, 50 μM
475 (+)-catechin, (-)-epicatechin, or **2a/2b** was added. After removing air from the reaction
476 mixture by bubbling argon gas, 0.5 mM sodium nitrite was added to initiate [•]NO production.
477 The rate of [•]NO production was estimated from the slope, using an ascorbic acid/nitrous acid
478 system for calibration.

479 In the ascorbic acid/nitrous acid system, one molecule of ascorbic acid produces two
480 molecules of [•]NO under acidic conditions by the following reaction, if the concentration of
481 nitrous acid is more than two times of that of ascorbic acid



483 The amount of [•]NO produced by addition of 50 μM ascorbic acid in the presence of 0.5 mM
484 sodium nitrite in 50 mM KCl-HCl (pH 2.0) was essentially the same as the amount produced
485 by 50 μM NOC 7 in the same buffer, one molecule of which produces two molecules of [•]NO,
486 indicating the usefulness of an ascorbic acid/nitrous acid system for calibration of [•]NO
487 production.

488

489 **Presentation of Data.**

490 Each experiment was repeated more than three times. Typical data or means with SDs are
491 presented in Figures and Tables. The statistical significance of the differences between
492 groups was evaluated by Student's *t*-test.

493

494 **Conclusion**

495 The ingestion of nitrate-rich leafy vegetables such as lettuce and spinach results in the
496 increase in the concentration of nitrite in mixed whole saliva^{7,61}. If catechin-rich foods,
497 beverages, or dietary supplements are taken under such conditions, nitrosation of catechins
498 and oxidation of **2a/2b** to the *o*-quinones can proceed in the stomach. The nitrous acid-
499 induced formation of **2a/2b** and the *o*-quinones can be suppressed by ascorbic acid in gastric
500 juice cooperating with antioxidative flavonols in foods and beverages. Thus, the results of the
501 present study suggest that the ingestion of catechin-rich dietary supplements accompanied
502 with components, which can reduce the semiquinone radicals of catechins and **2a/2b**, may
503 decrease the adverse effects of catechins.

504

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510

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616

617 Fig. 1. Compounds concerned in this study. **1a**, (+)-catechin; **1b**, (-)-epicatechin; **2a**, 6,8-
618 dinitrosocatechin; **2b**, 6,8-dinitrosoepicatechin; **3**, quercetin; **4**, quercetin 7-*O*- β -D-
619 glucopyranoside; **5**, 2-(3,4-dihydroxybenzoyl)-2,4,6-trihydroxy-3(2*H*)-benzofuranone.

620

621 Fig. 2. Nitrous acid-induced oxidation of Q7G. (A) Nitrite-induced changes in absorption
622 spectra. The reaction mixture (1 mL) contained 25 μ M Q7G in 50 mM KCl-HCl (pH 2.0).
623 Sodium nitrite (0.2 mM) was added to spectrum 1, and scanning was repeated 10 times at 1
624 min intervals. Light path of the measuring beam was 4 mm. (B) HPLC of the oxidation
625 product of Q7G (Q7Gox). B-1, before incubation of 50 μ M Q7G; B-2, after incubation of 50
626 μ M Q7G with 0.25 mM NaNO₂ for 2 min in 50 mM KCl-HCl (pH 2.0). An oxidation product
627 of quercetin (Qox) was co-chromatographed for comparison. Mobile phase, methanol and
628 0.2% formic acid (1: 1, v/v). (C) Absorption spectra of Q7G, Q7Gox, and Qox in the mobile
629 phase.

630

631 Fig. 3. Nitrite-induced oxidation of Q7G and quercetin. The reaction mixture (1 mL)
632 contained 50 μ M Q7G or quercetin in 50 mM KCl-HCl (pH 2.0). The reactions were initiated
633 by adding various concentrations of NaNO₂ under anaerobic conditions. After 1 min of
634 incubation, the concentrations of the reactants and products were determined by HPLC as
635 described in Materials and Methods. (○), quercetin remained; (●), Q7G remained; (□),
636 Qox formed; (■), Q7Gox formed. Formation of Qox and Q7Gox was estimated from the
637 peak area of HPLC at 290 nm. Each data point represents mean with SD (n = 3-4).

638

639 Fig. 4. Characterization of reaction products of (+)-catechin. (I) HPLC. The reaction mixture
640 contained 0.1 mM (+)-catechin and 0.2 mM NaNO₂ in 50 mM KCl-HCl (pH 2.0). (I-1)

641 before addition nitrite; (I-2) 10 min after addition of nitrite; (I-3) 25 min after the addition of
642 nitrite; (I-4) 15 min after addition of 1 mM ascorbic acid to (I-3). (II) HPLC with Q7G. The
643 reaction mixture contained 0.1 mM (+)-catechin and 0.5 mM NaNO₂ in 50 mM KCl-HCl (pH
644 2.0). (II-1) before addition of nitrite; (II-2) 10 min after addition of nitrite; (II-3) 10 min after
645 addition of nitrite in the presence of 0.1 mM Q7G. HPLC was performed using a Shim-pack
646 CLC-ODS and the mobile phase was a mixture of methanol and 0.2% formic acid (1:3, v/v).
647 Numbers in parenthesis, peak areas of **2a**. (III) Absorption spectra of **2a** and P1 in the mobile
648 phase. AH₂, ascorbic acid; Cat., (+)-catechin.

649

650 Fig. 5. Interactions of Q7G with (+)-catechin (A) and (-)-epicatechin (B). The reaction
651 mixture contained various concentrations of Q7G with and without 50 μM (+)-catechin or
652 (-)-epicatechin in 50 mM KCl-HCl (pH 2.0). One min after the addition of 0.5 mM NaNO₂
653 under anaerobic conditions, the reaction mixture was analyzed by HPLC. Mobile phases were
654 mixtures of methanol and 0.2% formic acid. (A) 1:4 (v/v); (B) 1: 3 (v/v). Each data point
655 represents mean with SD (n = 3-4). (● and ○) consumption of Q7G in the absence and
656 presence of catechins, respectively; (▲ and △) formation of Q7Gox in the absence and
657 presence of catechins, respectively; (■) formation of **2a** and **2b** in the presence of (+)-
658 catechin and (-)-epicatechin, respectively; (□) consumption of (+)-catechin or (-)-
659 epicatechin.

660

661 Fig. 6. Interactions of Q7G with **2a/2b**. The reaction mixture contained 50 μM **2a/2b** and
662 various concentrations of Q7G in 50 mM KCl-HCl (pH 2.0). One min after the addition of
663 0.5 mM NaNO₂ under anaerobic conditions, each component was quantified by HPLC. (A)
664 Q7G-dependent inhibition of **2a/2b** oxidation and (P1 + P2) formation. (B) **2a/2b**-dependent
665 enhancement of Q7G oxidation. The mobile phase was a mixture of methanol and 0.2%

666 formic acid (2:5, v/v). (□) **2a/2b** remained in the reaction mixture; (■) formation of P1 +
667 P2; (● and ○) oxidation of Q7G in the absence and presence of **2a/2b**, respectively; (▲ and
668 △) formation of Q7Gox in the absence and presence of **2a/2b**, respectively. Each data point
669 represents mean with SD (n = 3-4). In (A), error bars are within the squares.

670

671 Fig. 7. Possible reactions among nitrous acid, catechins, and **2a/2b**. AH₂, ascorbic acid; AH,
672 monodehydroascorbic acid; A, dehydroascorbic acid; CAT, catechins; Q, quercetin; Qox,
673 oxidized quercetin; Q7G, quercetin 7-*O*-glucoside; Q7Gox, oxidized Q7G; •, symbol for
674 radical. References 17 and 33 were referred to prepare this figure.

675

676

677 Table 1. $\cdot\text{NO}$ production in flavonoid/nitrous acid systems.

Q7G (μM)	0	5	15	50
$\cdot\text{NO}$ produced ($\mu\text{M}/\text{min}$)				
No addition	0	10.3 \pm 2.6	29.6 \pm 5.5	73.8 \pm 12.3
50 μM (+)-catechin	20.9 \pm 3.8	28.9 \pm 2.6 (93%)	41.8 \pm 5.2 (83%)	98.4 \pm 19.2 (104%)
50 μM (-)-epicatechin	21.5 \pm 4.1	30.9 \pm 2.4 (97%)	47.7 \pm 4.3 (93%)	100.4 \pm 14.4 (105%)
50 μM 2a/2b	33.5 \pm 4.0*	50.9 \pm 7.1 (116%)	81.2 \pm 9.9 (129%)	120.7 \pm 18.9 (112%)

678 Reactions were initiated by addition of 0.5 mM sodium nitrite under anaerobic conditions.

679 Each data represents mean with SD (n = 3–4). *, significant differences in $\cdot\text{NO}$ production
680 compared with 50 μM (+)-catechin or 50 μM (-)-epicatechin (P < 0.05). A number in
681 parenthesis is the ratio of NO production rate in presence of Q7G with (+)-catechin, (-)-
682 epicatechin, or **2a/2b** to the sum of NO production rate in the presence of Q7G alone and that
683 in the presence of (+)-catechin, (-)-epicatechin, or **2a/2b** alone.

684

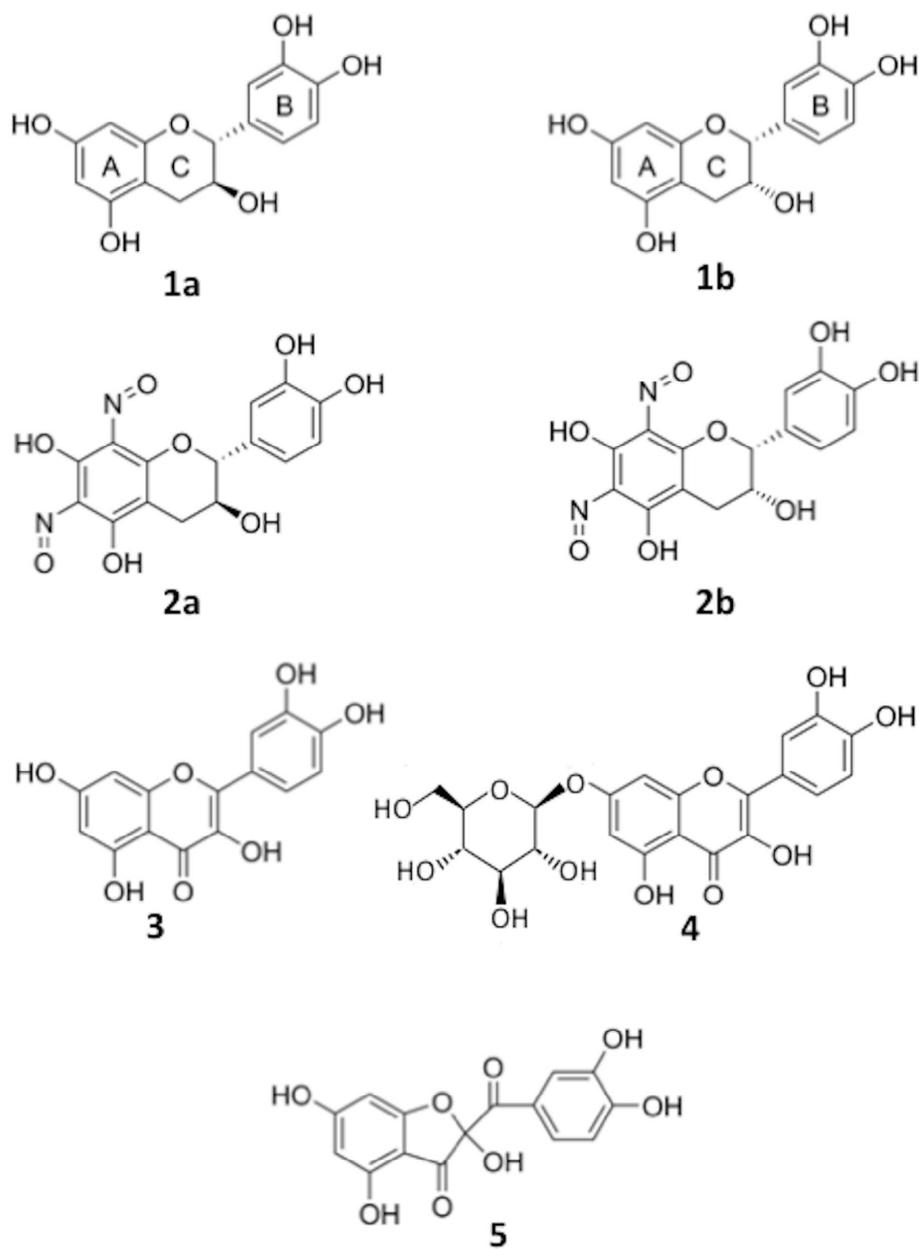
685 Table 2. Interactions between flavonols and (+)-catechin or **2a/2b**.

Addition (100 μM)	Consumption of flavonols ($\mu\text{M}/\text{min}$)			Formation of 2a (per min) (arbitrary unit)	Formation of (P1+P2) (per min) (arbitrary unit)	
	(1) No addition	(2) (+)-catechin	(3) 2a/2b	(4) (+)-catechin	(5) 2a/2b	
Without flavonols				21.2 \pm 0.2	21.4 \pm 2.5	
Rutin (μM)	10	0.1 \pm 0.1	0.2 \pm 0.1	0.7 \pm 0.1 ^b	n.s.d.	n.s.d.
	30	2.5 \pm 0.4	3.7 \pm 0.3 ^a	3.8 \pm 0.3 ^b	n.s.d.	n.s.d.
	100	10.7 \pm 1.1	11.4 \pm 4.5	12.8 \pm 2.7	n.s.d.	n.s.d.
Q4'G (μM)	10	1.0 \pm 0.1	1.1 \pm 0.2	3.7 \pm 0.5 ^b	21.1 \pm 0.1	19.4 \pm 1.1
	30	5.3 \pm 0.4	6.9 \pm 0.1 ^a	9.5 \pm 0.2 ^b	20.8 \pm 0.2	14.6 \pm 0.5 ^d
	100	13.9 \pm 1.1	20.4 \pm 0.5 ^a	23.5 \pm 0.4 ^b	19.7 \pm 0.8 ^c	9.7 \pm 0.2 ^d
Kaempferol(μM)	10	3.3 \pm 0.6	5.2 \pm 0.6 ^a	4.6 \pm 1.0	20.0 \pm 0.6 ^c	13.0 \pm 1.2 ^d
	30	10.7 \pm 0.2	12.3 \pm 1.0 ^a	12.6 \pm 2.4	18.9 \pm 0.8 ^c	7.5 \pm 0.6 ^d
	100	23.8 \pm 1.1	32.5 \pm 3.2 ^a	41.8 \pm 3.0 ^b	18.0 \pm 0.2 ^c	6.5 \pm 0.2 ^d

686 All reactions were performed in 50 mM KCl-HCl (pH 2.0). One min after the addition of 0.5
687 mM NaNO₂, the reaction mixtures were analyzed by HPLC. Each data represents mean \pm SD
688 (n = 3). ^{a and b}, significant differences between columns 1 and 2 and between columns 1 and 3
689 (P < 0.05); ^{c and d}, significant inhibition of formation of **2a** (column 4) and (P1 + P2) (column
690 5), respectively, by rutin, Q'4G and kaempferol (P < 0.05). n.s.d., no significant difference
691 between the values without rutin.

692

693 Fig. 1



694

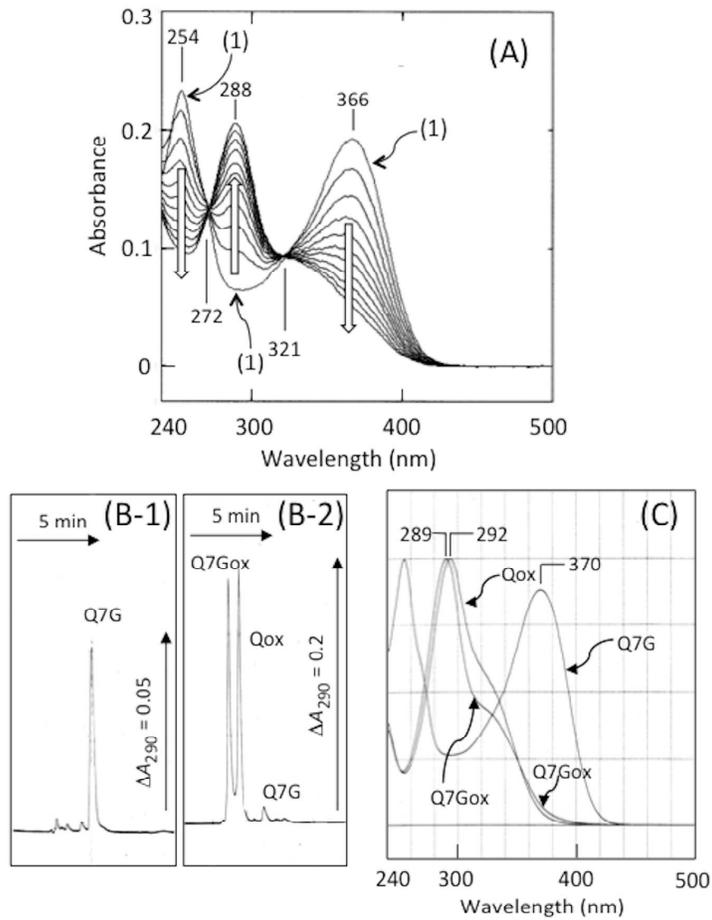
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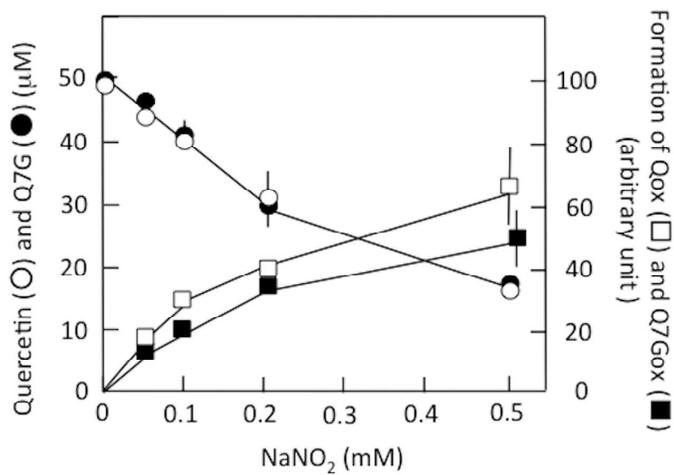
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699 Fig. 2



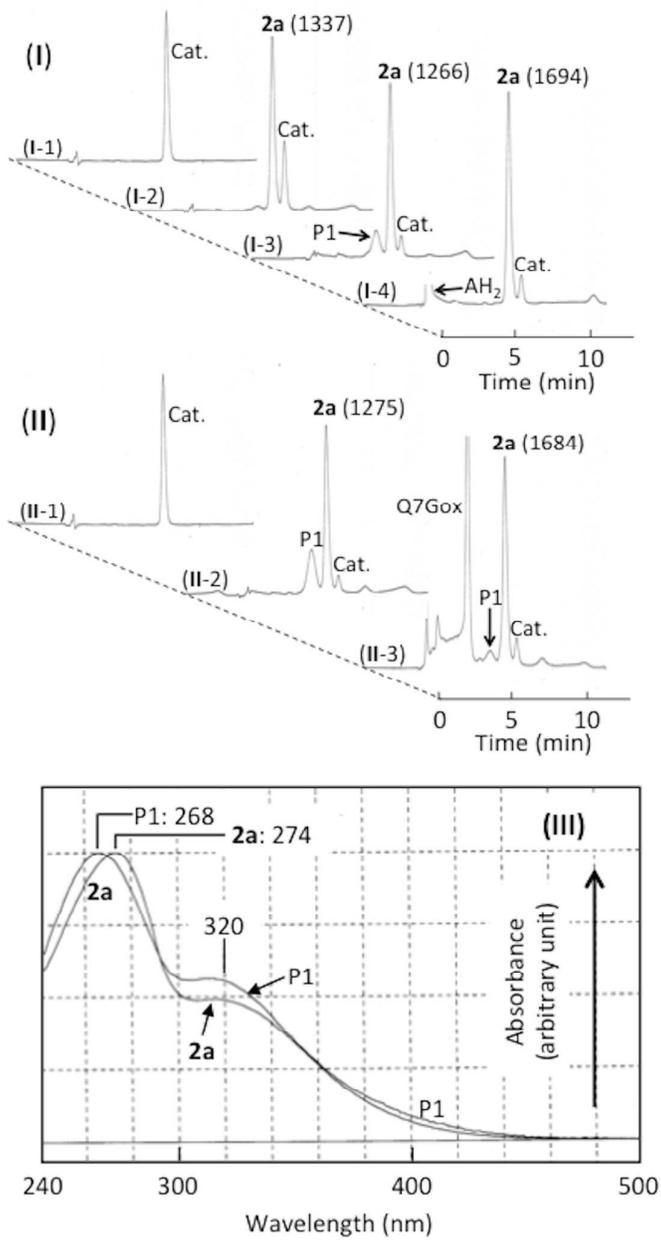
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701 Fig. 3



702

703 Fig. 4



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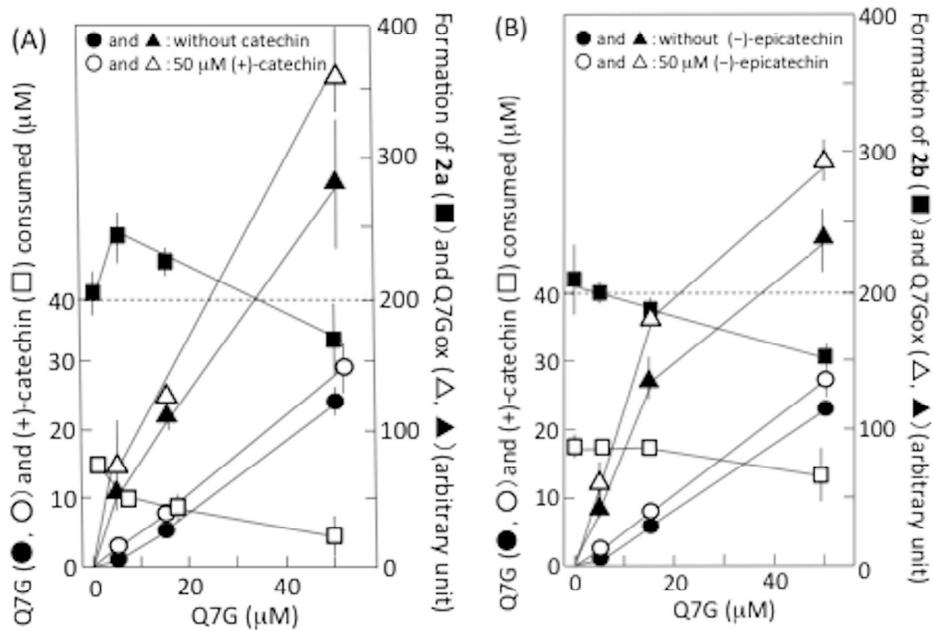
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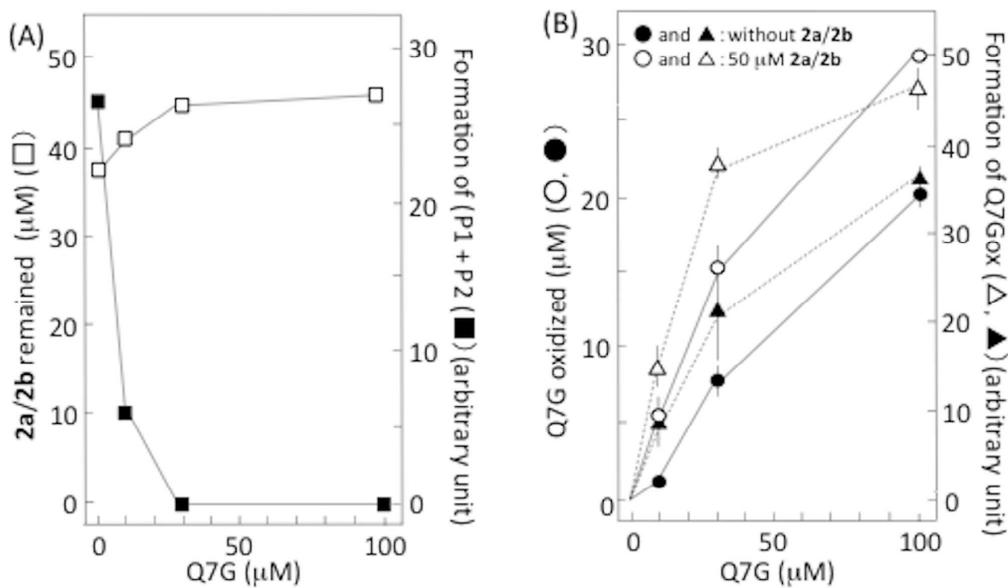
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709 Fig. 5



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711 Fig. 6



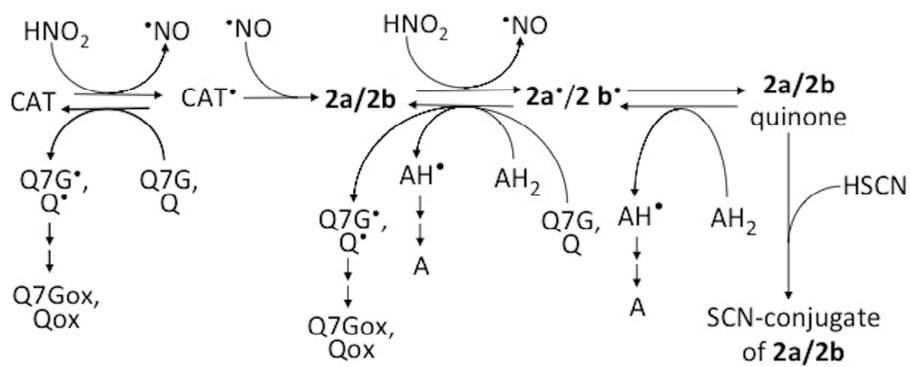
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716 Fig. 7



717