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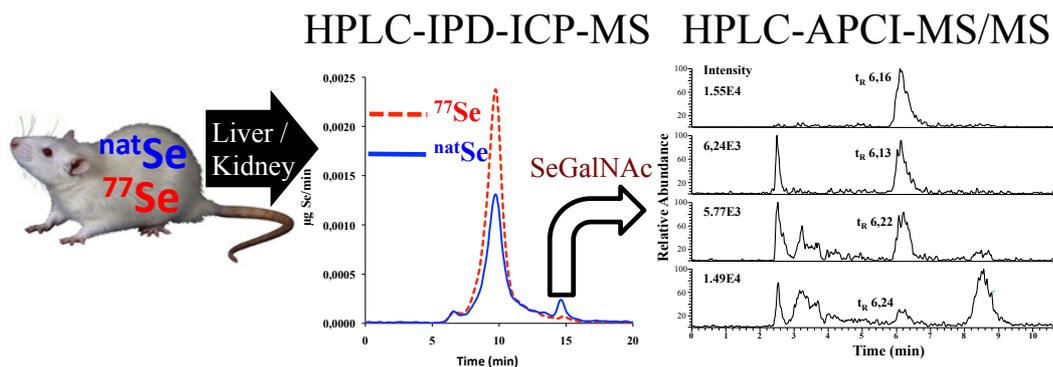


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“Integrated” ^{nat}Se and ^{77}Se SeGaNAc identification and quantification

The integrated use of elemental and molecular ion sources for enhanced selenium speciation data in rat liver and kidneys, along with its potential for Se-supplement studies are highlighted.

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8 **Elemental and molecular mass spectrometry for integrated selenosugar speciation**
9 **in liver and kidney tissues of maternal feeding and supplemented rats**
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37 **JAAS Special Issue devoted to Barry Sharp**
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39 **Full paper**
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ABSTRACT

The development of methods assessing the nutritional value and metabolism of selenium are of growing interest. In this work, the integrated use of a methodology based on HPLC- isotope pattern deconvolution (IPD)-ICP-MS and a molecular tandem mass spectrometric technique such as HPLC-APCI-MS/MS, in the selected reaction monitoring (SRM) mode, was applied to quantify and identify the selenosugar SeGalNAc in liver and kidney tissues of lactating rats fed with formula milk supplemented with ⁷⁷selenite. The SeGalNAc levels found in liver and kidney of maternal feeding rats (kidney 23 ± 3 ng/g; liver 26 ± 3 ng/g) were much higher than those found in supplemented (kidney 9.9 ± 0.3 ng/ng; liver 10 ± 4 ng/g) and non-supplemented rats (kidney 3.4 ± 0.5 ng/g; liver 4 ± 1 ng/g). The percentage of exogenous SeGalNAc for the supplemented group in kidney and liver reached 32 ± 1 % and 30 ± 10 %, respectively. Conversely, the percentage of exogenous selenium in high molecular weight selenospecies reached values higher than 58 %. Thereby, most exogenous selenium seems to be incorporated to the synthesis of selenoproteins, indicating that the turnover rates are different for the different species and their synthesis might occur in different tissue compartments. Finally, the identification of SeGalNAc was confirmed in liver and, for the first time to our knowledge, in the kidney cytosol of maternal feeding and supplemented rats. Overall, we expect that the judicious use of elemental and molecular mass spectrometry tools to obtain integrated quantitative Se speciation information might help to expand our knowledge of selenium metabolism.

INTRODUCTION

Selenium is an essential trace element required for the correct development and well being of plants, animals, and humans¹. The multiple roles of this element are related to its incorporation into proteins in the form of selenocysteine, the 21st amino acid used for protein synthesis. Twenty-five genes encoding selenoproteins have been already identified in humans,^{2,3} while twenty-four have been found in the mouse and rat genome, although only a few of them have been functionally characterized.⁴ Selenoproteins including glutathione peroxidases, thioredoxin reductases and iodothyronine deiodinases have biological functions in oxido-reduction processes, redox signaling, antioxidant defense, thyroid hormone metabolism, and immune responses.⁵

The main source of trace elements is food, being milk the primary supply of nutrients for the newborn during the first months of life. Nevertheless, when breastfeeding is not enough or not possible, formula milk appears as an alternative, approved by regulatory committees. Selenium levels in formula milk are similar to or higher (as a result of supplementation) than those found in human milk, although the physicochemical form in which the element occurs is different.⁶ There is growing interest in the production of selenium-enriched milk and nutritional supplements. Selenium supplementation in formula milk is usually carried out in the form of selenite (SeO_3^{2-}) salt. As already mentioned here, the nutritional value of selenium is critically dependent on the chemical form in which it occurs in a given food^{7,8} and so the development of methods assessing the speciation, metabolism and nutritional status of selenium is currently in high demand.

Several compartmental models, based on the chemical form in which selenium is supplemented, have been proposed to establish selenium fate and distribution in the body.⁹⁻¹¹ In the “selenite model”, once this element is absorbed through the gastrointestinal tract, it is reduced to selenide in the enterocyte and transferred to the liver in a form bound to albumin. In the liver it is used for the synthesis of selenoproteins, cellular glutathione peroxidase (cGHSPx), and metabolites (i.e., selenosugars), and later is re-excreted to the bloodstream and transferred to the kidneys, where it is degraded and used for the synthesis of extra-cellular glutathione peroxidase and selenosugars.^{10,12} However, current literature only contains sparse data on Se species in the liver and kidneys, two vital multifunctional organs. In fact, the urine content of Se metabolite methyl 2-acetamido-2-deoxy-1-seleno- β -D-galactopyranoside (SeGalNAc), identified in rat and human urine¹³⁻¹⁵ and in porcine liver,¹⁶ could be a better selenium nutritional biomarker than the currently used total selenium concentrations.¹⁷

Recently, a new methodology based on the use of stable isotopes and isotope pattern deconvolution (IPD) in connection with HPLC-ICP-MS, has been developed to study selenium

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3 metabolism in lactating rats fed with formula milk supplemented with $^{77}\text{selenite}$.¹⁸⁻²⁰ This
4 methodology provides unique quantitative information about the tracer, tracee, and their
5 elemental species in biological tissues and fluids. In these studies the discrimination of the fate
6 of endogenous (natural) and supplemented (enriched ^{77}Se) selenium and their catabolised
7 selenospecies was carried out in rat urine,¹⁸ feces,¹⁹ serum²⁰ and erythrocytes²⁰.

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10 The identification and characterization of SeGalNAc in urine has been previously reported by
11 using HPLC coupled to atmospheric pressure chemical ionization (APCI) tandem mass
12 spectrometry (MS/MS).²¹ However, there is a lack of detection of SeGalNAc in liver and kidney
13 due to its low concentration. Suzuki et al. have reported the presence of the selenosugar in rat
14 liver and urine, based on the retention times of the standard materials used for reference,
15 although they did not conduct any conclusive identification by means of molecular mass
16 spectrometry techniques.^{22,23} To overcome this, the use of HPLC-APCI-MS/MS in the selected
17 reaction monitoring (SRM) mode has been proven to be very useful in the detection of small
18 quantities of a given compound in a mixture as long as the mass of the compound is known
19 (targeted analysis). Thereby, Lu et al.¹⁶ have proposed the conclusive identification of
20 SeGalNAc in porcine liver based on the monitoring of this compounds characteristic SRM
21 transitions, the SRM intensity ratios and HPLC retention times in comparison with those of a
22 SeGalNAc standard. Recently, HPLC-ICP-MS and molecular mass spectrometry (HPLC –
23 electrospray – MS/MS in SRM mode) were also used in a complementary fashion to monitor
24 small selenium species over time in both serum and urine of volunteers treated with different
25 selenium supplements, confirming the presence of selenosugars and the trimethylselenonium
26 ion.²⁴

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28 In this work, an array of elemental and molecular mass spectrometry tools are used for
29 integrated quantitative Se speciation to expand our knowledge of selenium metabolism. Hence,
30 we further explore the use of HPLC-IPD-ICP-MS for the quantification of total selenium and of
31 selenium-containing biomolecules in tissues in an attempt to gain further insight into the
32 element metabolism in mammals. Furthermore, identification of the selenosugar SeGalNAc in
33 liver and kidney of lactating rats (after Se supplementation by the enriched stable isotope
34 compound $^{77}\text{Selenite}$) is demonstrated using HPLC-APCI-MS/MS in the SRM mode.
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40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 **EXPERIMENTAL**

55 56 *Instrumentation*

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58 An ICP-MS model Agilent 7500ce (Agilent Technologies, Tokyo, Japan) equipped with an
59 octapole reaction cell was used for total selenium determination and quantitative selenium
60 speciation. A flow of $4\text{ ml}\cdot\text{min}^{-1}$ of H_2 was used for interference suppression. Plasma operating

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3 conditions are given in Table 1 for time resolved and isotope dilution modes. An HPLC system
4 hyphenated to ICP-MS included a Shimadzu pump (LC-20AD, Kyoto, Japan), a Rheodyne six-
5 port injector (CA, USA) with a 50 μ L sample loop, and a column.
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9 A triple quadrupole mass spectrometer (TSQ Quantum, Thermo Electron, San Jose, CA, USA)
10 with an atmospheric pressure chemical ionization (APCI) source was operated in the positive
11 ion mode to identify the SeGalNAc compound. A Thermo Finnigan Surveyor HPLC system
12 with a manual injector fitted with a 50 μ L loop was coupled on-line to the APCI-MS/MS
13 according to conditions given in Table 1.
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17 A combined size exclusion and ion exchange separation column (Shodex Asahi Pack GS-520
18 HPLC) was used for the quantitative speciation of Se in liver and kidney and the
19 preconcentration of the selenosugars (SeGalNAc) from the cytosolic fractions. A reversed-
20 phase (RP) column (Atlantis C18, Waters Corporation, USA) was used for the selenosugar
21 identification in liver and kidney of lactating rats by HPLC-APCI-MS/MS.
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25 An Ultra-turrax T-25 (IKA Labortechnik, Staufen, Germany) was employed for liver and
26 kidney homogenizations.
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30 Two centrifuges were used for the preparation of liver and kidney cytosolic fractions: a
31 centrifuge Biofuge Stratos Heraeus (Thermo Fisher Scientific, Germany), and an ultracentrifuge
32 Avanti J-26xp (Beckman Coulter, USA).
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35 A lyophilizer LYOLAB 3000 (Heto-Holten A7S, Allerød, Denmark) was also employed for
36 selenosugar preconcentration.
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39 ***Reagents and materials***

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41 Enriched ^{77}Se (94.75% abundance) and ^{74}Se (98.84% abundance) were obtained from
42 Cambridge Isotope Laboratories (Andover, MA, USA). These selenium standards has been
43 previously characterized both in isotopic composition and selenium concentration, as indicated
44 in Gonzalez-Iglesias et al.^{18,19}
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48 A non-supplemented commercial formula milk, provided by Laboratorios Ordesa (Barcelona,
49 Spain), and containing low amount of essential elements was used for rat feeding. The levels of
50 selenium were determined by ICP-MS analysis, obtaining 50 ± 5 ng Se \cdot g $^{-1}$ powder. The product
51 contained (g/100g): protein (12.5), lactose (50), fat (22), carbohydrate (70), and minerals (3.5).
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55 Synthetically prepared SeGalNAc standard²⁵ was provided by Professor K. A. Francesconi
56 (Institute of Chemistry-Analytical Chemistry, Karl-Franzens University Graz, Austria).
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59 Standard Bovine Liver reference material SRM 1577a was purchased to National Institute of
60 Standards and Technology (NIST, USA).

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3 Ammonium acetate, methanol, sodium chloride, Tris(hydroxymethyl) aminomethane
4 hydrochloride (TRIS), and acetonitrile of analytical grade were also used.
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7 Distilled de-ionized water (18 M Ω ·cm) was obtained by means of a Mili-Q system (Millipore).
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10 11 ***Animals***

12 The animal experiments were carried out in the Animal Unit Laboratory of the University of
13 Oviedo following the guidelines established by The Local Ethics Committee (R. D. 223/1988)
14 and The Animal Experiments Directive (86/609/EEC) on the protection of animals used for
15 experimental and other scientific purposes. The experimental treatments performed were
16 previously described by Gonzalez-Iglesias et al.,^{18,19,26} In brief, two-week-old Wistar rats were
17 maintained in metabolic cages (three rats/cage) at 22°C with a light/dark cycle of 12/12 h for
18 two weeks. Rats were then randomized into 3 groups (3 rats/group). Afterwards, a group of
19 three of those rats, labeled as non-supplemented group, was fed with reconstituted formula milk
20 *ad libitum* for another two weeks. Another group of three rats, labeled as supplemented group,
21 was fed with the same reconstituted formula milk but supplemented with ⁷⁷Se in chemical form
22 of selenite and at a concentration of 0.15 $\mu\text{g Se}\cdot\text{g}^{-1}$ powder milk, for two weeks. Finally, a rat
23 reference group was fed with maternal milk for two weeks also, and labeled as maternal-feeding
24 group.
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34 The animals were sacrificed at the end of the study, and after whole body perfusion and central
35 longitudinal incision into the abdominal wall, liver and kidneys organs were taken.
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41 ***Liver and kidney samples preparation***

42 Liver and kidneys were cleaned with cold ultrapure water and homogenized with an Ultra-turrax
43 T-25 system in 4 volumes (w/v) of cold 50 mM Tris-HCl buffer solution at pH=7.4, in a
44 nitrogen atmosphere and under ice-water bath. All the samples were stored at -20 °C until use.
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48 *Sample digestion.* An aliquot of each homogenate, as well the bovine liver reference material,
49 was used for total selenium determination. Approximately 0.1 g of liver or kidney homogenate
50 was placed into polytetrafluoroethylene digestion vessel, and 1.5 mL of subboiling nitric acid
51 (30%), 1.5 mL of suprapur hydrogen peroxide (30%), and appropriate amount of ⁷⁴Se-enriched
52 were added. Samples were mineralized using a microwave system model Ethos-1 (Microwave
53 Laboratory System, Socisole, Italy). At the end of the digestion, the resulting solutions were
54 made up to 10 mL with ultrapure water for further ICP-MS analysis.
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Cytosolic fraction from homogenates. Liver and kidney homogenates were centrifuged at 4 °C
and 20,000 xg for 30 minutes to sediment non-suspended material. The supernatants were

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3 subjected to a second ultracentrifugation at 105,000 xg for 90 minutes at 4°C, to obtain the
4 cytosolic fractions²⁷.
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7 *Preconcentration of the selenosugars (SeGalNAc) from the cytosolic fractions.* The cytosolic
8 fractions from liver (~20 mL) and kidney (~5 mL) were subjected to a combined size exclusion
9 and ionic exchange separation (see Table 1), in order to separate the selenosugar in the cytosolic
10 fraction. To this end, up to ten aliquots (50 µL each) of cytosolic liver and kidney fraction were
11 injected into the column. Figure 1 shows the selenium profiling obtained for liver and kidney
12 cytosolic fractions. The low molecular weight region (LMWSe), which corresponds with the
13 retention time of the selenosugar ($t_r = 15$ min), was collected offline. LMWSe fractions (~7 mL)
14 were pooled and lyophilized. The residues were resuspended in 200 µL of 5mM NH₄Ac, 3%
15 MeOH, pH=7.4 before selenosugar identification. This procedure was repeated up to 3 times per
16 tissue analyzed.
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26 ***Determination of total Se in liver and kidney by IPD-ICP-MS***

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28 Isotope Pattern Deconvolution (IPD) is a chemometric technique based on multiple least
29 squares, which has been applied in connection with ICP-MS and stable isotopes to study
30 selenium metabolism in lactating rats after milk supplementation with enriched ⁷⁷SeO₃²⁻.¹⁸⁻²⁰
31 This mathematical tool enables the selenium quantification of both endogenous (natural) and
32 exogenous (supplemented) origin in the animals with very good accuracy and time-saving
33 experimental setting, providing quantitative information about the tracer and the tracee in
34 biological tissues. Liver and kidney-mineralized samples, containing selenium of natural
35 abundance (^{nat}Se, endogenous), the isotopically enriched metabolic tracer (⁷⁷Se, exogenous), and
36 the appropriate amount of an enriched ⁷⁴Se standard for the quantifications, were analyzed by
37 ICP-MS, under the conditions showed in Table 1 and following the procedure described by
38 González-Iglesias et al.¹⁸ The IPD methodology was used to calculate the concentration of
39 endogenous and exogenous selenium present in liver and kidney tissues. Bovine liver reference
40 material was used for validating the utilized selenium quantitation procedure in biological
41 samples, after its mineralization.
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54 ***Quantitative speciation of Se in liver and kidney by HPLC-IPD-ICP-MS***

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56 Chromatographic separation of Se-containing chemical species in liver and kidney cytosolic
57 fractions was carried out in a Shodex Asahi Pack GS-520 HPLC column, coupled on-line to the
58 ICP-MS (see operating conditions in Table 1). Fifty-µL of liver or kidney cytosolic fraction
59 from each rat were injected, and the Se-chemical-species eluting from the column were
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3 quantitated by post-column IDA following previous reports.^{19,20,28} Briefly, a ⁷⁴Se-enriched
4 standard solution of the appropriate concentration was continuously introduced (at 0.1 ml·min⁻¹)
5 using a peristaltic pump at the end of the column through a T-piece. The emerging equilibrated
6 mixture of isotopes was nebulized into the plasma. The intensities in the chromatogram
7 (counts·s⁻¹) were converted into two independent natural and exogenous (supplemented) Se
8 mass flow chromatograms (ng·min⁻¹), by applying the IPD procedure described before. Finally,
9 the Se amount of each selenium chemical species, containing natural or exogenous selenium,
10 was determined in each chromatographic peak by area integration.
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19 *Selenosugar identification in liver and kidney by APCI-MS/MS*

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21 The identification of SeGalNAc in liver and kidney preconcentrated cytosolic fractions was
22 carried out by means of a molecular tandem mass spectrometry technique, i.e. HPLC-APCI-
23 MS/MS, using the optimized tune conditions shown in Table 1. Selective and sensitive
24 monitoring for SeGalNAc was carried out using selected reaction monitoring (SRM) mode,
25 with the specific transitions previously described elsewhere.^{16,21}
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32 **RESULTS AND DISCUSSION**

33 *Total natural/exogenous Se determinations in liver and kidney by IPD-ICP-MS*

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35 The IPD-ICP-MS methodology was used to study natural and/or supplemented selenium
36 distribution in liver and kidney of lactating rats. In order to validate the sample digestion
37 procedure and the IPD approach, previously developed for quantitation of total natural and
38 exogenous selenium,^{18,19} a certified reference material (bovine liver, NIST, SRM 1577a) was
39 analyzed. Sample, containing a certified amount of Se with natural isotopic abundance, was
40 spiked with the two selected enriched Se isotopes (⁷⁴Se and ⁷⁷Se), before acidic microwave
41 digestion. The selenium isotopes were measured by ICP-MS in the digested samples and the
42 concentrations of natural selenium (reference value) and exogenous Se (spiked ⁷⁷Se) were
43 determined from the selenium isotope composition measured in the sample applying the IPD
44 methodology.^{18,19} Table 2 shows the observed quantitative determination values of selenium in
45 the bovine liver reference material for both natural Se (certified value) and for ⁷⁷Se (tracer)
46 obtained, which agreed well with the certified Se (natural Se) and the added ⁷⁷Se (tracer).
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56 Next, the IPD approach was conducted to investigate natural and supplemented total selenium
57 quantification in rat liver and kidneys, as follows: nine livers and eighteen kidneys from nine
58 rats (classified as maternal feeding, non-supplemented and supplemented groups, 3 rats per
59 group) were treated as indicated in the Experimental section. Samples were spiked with a
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3 known amount of ^{74}Se before their mineralization and Se isotope abundances determination was
4 carried out by ICP-MS. From those experimental abundance values, IPD was used to quantify
5 the amount of endogenous ($^{\text{nat}}\text{Se}$) and supplemented (^{77}Se) selenium present in every sample
6 under study. Samples were analyzed in triplicate and the obtained results for the three rat groups
7 are shown in Table 3.
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11 *Kidney results.*- Natural and/or exogenous selenium levels were determined in all kidneys (two
12 kidneys/rat, mixed and analyzed together). Se levels in maternal feeding rats (mean = 340 ± 67
13 ng/g, n=3) were slightly higher than those found for the supplemented group (mean = 278 ± 17
14 ng/g, n=3), and both much higher than those observed in the non-supplemented group (mean =
15 84 ± 9 ng/g, n=3). The percentage of exogenous selenium in the supplemented group
16 ($^{77}\text{Se}_{\text{kidney}}/\text{totalSe}_{\text{kidney}}$) reached 59 ± 3 %, which lines up with the corresponding values observed
17 previously in urine and serum at the 14th day of the study (58-60%).¹⁸⁻²⁰
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21 *Liver results.*- Selenium levels in liver of rats receiving maternal feeding (mean = 627 ± 71
22 ng/g, n=3) were clearly higher than those values observed for rats fed with supplemented milk
23 (mean = 391 ± 36 ng/g, n=3), and both much higher than those observed for non-supplemented
24 rats (mean = 125 ± 15 ng/g, n=3). The percentage of exogenous Se in the supplemented group is
25 quite similar to the values found in kidney, urine and serum (66 ± 5 %), as before.
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29 The observed total levels of selenium in liver and kidneys were highly related to the total
30 amount of selenium ingested. Indeed, under physiological conditions, selenium is mainly stored
31 in liver and kidney, but in a deficient intake its amount is markedly reduced in liver, while in
32 kidney is maintained.²⁹ This observation is consistent with the above data, since the ratio
33 between total selenium for the maternal feeding group versus the supplement group obtained for
34 liver reached 1.6 times, while in kidney this ratio reached 1.2. Moreover, the hepatic Se
35 concentration decrease in rat fed with the Se deficient diet (non supplemented) reflects an
36 insufficient supply of selenium and is coherent with the decreased levels of selenium circulating
37 in the body. Furthermore, at the end of the supplementation period the % of exogenous
38 selenium in the supplemented group (58-60) is very similar to those values previously found in
39 urine,¹⁹ and serum²⁰ suggesting the slow turnover (metabolism and catabolism) of selenium-
40 containing biomolecules between body tissues and the bio-fluids.
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43 *Selenium quantitative speciation in rat liver and kidney cytosolic fractions by HPLC-IPD- 44 ICP-MS*

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46 The HPLC-IPD-ICP-MS methodology was applied to determine the distribution of selenium
47 (natural and exogenous) chemical species in the rat liver and kidney cytosolic fractions of
48 maternal, non-supplemented and supplemented groups. Quantitative Se speciation was
49 performed by postcolumn isotope dilution analysis by continuous mixing of the sample flow
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3 with an enriched ^{74}Se solution. All the Se isotopes were monitored and the corresponding
4 chromatograms obtained. Applying the IPD model at every point in the chromatogram, the two
5 mass flow chromatograms for natural and exogenous (^{77}Se) selenium were obtained for the liver
6 and kidney cytosolic fractions, and the amount of the selenium-chemical species calculated by
7 integration of the chromatographic peaks (see Procedures).
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11 Figure 1 illustrates the chromatographic separation of selenospecies obtained in the cytosolic
12 fractions of liver and kidney of supplemented rats, as indicated in Experimental procedures. The
13 speciation analysis, both in liver and kidney (according to the column calibration based on the
14 retention time observed) revealed the presence of two main regions: a predominant high
15 molecular weight selenium biomolecules (HMWSe, from 5 to 14 min) and a less abundant low
16 molecular weight selenospecies (LMWSe, at 14 min).
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22 In the HMWSe region, two main selenoproteins have been identified to date in rat liver and
23 kidney, the cellular glutathione peroxidases (cGSHPx) and phospholipid hydroperoxide
24 glutathione peroxidases (PHGSHPx)^{30,31}. The major peak observed may correspond to the
25 retention time of cGSHPx standard (tr ~ 10 min), although its further identification was not
26 carried out in this work, focused on the selenosugar species.
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31 In the LMWSe region, two selenosugars have been identified in rat liver: the SeGalNAc and its
32 precursor.^{12,16,32} Conversely, in rat kidney the presence of SeGalNAc has not been reported so
33 far. The small natural Se peak detected in LMWSe region matched with the standard compound
34 SeGalNAc (tr=14.4-15.2 min), both in liver and kidney samples. In any case, the chemical
35 identity of this metabolite was further confirmed by HPLC-APCI-MS/MS.
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40 Similar elemental profiles to those shown in Figure 1, for the supplemented group, were
41 obtained for liver and kidney of the maternal feeding and non-supplemented groups. The
42 amounts of the selenium-chemical species for the HMWSe and the SeGalNAc metabolite (tr
43 14.8 min) were determined by IPD. Obtained results are summarized in Table 4.
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47 Speciation in Kidney.- The HMWSe levels were slightly higher in the maternal feeding rats
48 (mean = 272 ± 20 ng/g, n=3) as compared to the supplemented group (mean = 222 ± 38 ng/g,
49 n=3), but both were much higher than those observed in the non-supplemented group (mean =
50 64 ± 12 ng/g, n=3). Similarly, the low molecular SeGalNAc levels found in kidney of maternal
51 feeding rats (mean = 23 ± 3 ng/g, n=3) were much higher than those found in supplemented
52 (mean = 9.9 ± 0.3 ng/g, n=3) and non-supplemented rats (mean = 3.4 ± 0.5 ng/g, n=3). The
53 percentage of exogenous selenium in the supplemented group for HMWSe reached 58 ± 9 %,
54 similar to those values found for total selenium in kidney (see Table 4), urine and serum at the
55 14th day of the study. However, the percentage of exogenous SeGalNAc reached 32 ± 1 %, a
56 value much lower than those given above.
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Speciation in Liver.- HMWSe levels in liver of rats receiving maternal feeding (mean = 561 ± 34 ng/g, n=3), were clearly higher than those found for supplemented group (mean = 297 ± 94 ng/g, n=3), and both much higher than those observed in the non-supplemented group (mean = 91 ± 16 ng/g, n=3). The low molecular weight SeGalNAc levels found in the liver of maternal feeding rats (mean = 26 ± 3 ng/g, n=3) were higher than those found in supplemented rats (mean = 10 ± 4 ng/g, n=3), and again both values are much higher than those observed for the non-supplemented group (mean = 4 ± 1 ng/g, n=3). On the other hand, the % exogenous HMWSe in the supplemented group reached 62 ± 2 % (similar to the values found for kidney, urine and serum). Conversely, the % exogenous SeGalNAc reached 30 ± 10 %, similar to those values found in kidney samples.

It is well known that total selenium concentration is not representative of the real functional activity of selenoproteins, because the element is incorporated into a large variety of proteins and metabolites, with different biological functions and activities.¹ Liver and kidney are the foremost organs responsible of selenium metabolism, since most Se-proteins of the body are synthesized in the liver and their excretion as Se-metabolites is regulated by kidney. Interestingly, the levels of HMWSe in liver are much higher than those found in kidney for all the three groups under study, while SeGalNAc levels are very similar in liver and kidney within each group. However, the obtained ratio between SeGalNAc levels for the maternal feeding group versus supplement group reached 2.6 times for liver, and 2.3 for kidney. These ratios are higher than those observed for total selenium comparisons (see below), indicating that the selenosugar variations between groups could be a better potential biomarker than total selenium.

Selenosugars have been recognized as predominant excretory metabolites of selenium. In both liver and kidneys analyzed in the supplemented group, it should be noted that the HMWSe region contains mainly exogenous selenium (⁷⁷Se), while the LMWSe region (where the SeGalNAc is present) contains almost entirely endogenous selenium (^{nat}Se). Thereby, most exogenous selenium seems to be incorporated to the synthesis of selenoproteins as GHSPx. As expected, these results suggest that turnover rates are different for HMWSe and LMWSe (SeGalNAc), indicating that the synthesis of Se proteins is preferential at the supplementation levels used in our experiments (virtually only natural Se is present in the form of Se metabolite, coming from proteins catabolism).

Identification of SeGalNAc in liver and kidney by HPLC-APCI-MS/MS

As stated above, the SeGalNAc, could be a better selenium nutritional biomarker rather than total selenium measurement, hence the identification of this metabolite must be further confirmed. The nature of the minor peak eluting at LMWSe (see Figure 1) was investigated by

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3 HPLC-APCI-MS/MS in the rat liver and kidney preconcentrated cytosolic fractions. The use of
4 APCI source has been previously described for SeGalNAc identification in human urine and
5 porcine liver, since it provides improved sensitivity and reduced matrix effects^{16,21}. The
6 SeGAINAc detection was performed using the selected reaction monitoring (SRM) mode which
7 is based on the observed collision-induced dissociation (CID) of this Se species²¹.
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10 The best SRM transitions and their corresponding collision energy were optimized using the
11 SeGalNAc standard (50 μ L injected at a concentration of 50 μ g Se \cdot L⁻¹). For the molecular ion
12 [SeGalNAc + H⁺] (m/z = 300) these values were: m/z 300 \rightarrow 204 (10 eV); m/z 300 \rightarrow 186 (10
13 eV); m/z 300 \rightarrow 144 (20 eV); m/z 300 \rightarrow 138 (20eV). Figure 2 shows the four SRM transitions
14 monitored for the SeGalNAc standard (t_r = 6.2 min), by reverse phase HPLC-APCI-MS/MS.
15 The chromatogram peak areas for each of the transitions allowed for determining the ratios of
16 the four SRM transitions for SeGalNAc (i.e., 138/144, 138/204, 144/204, 186/144, and 186/204).
17 Comparing the ratios for the SeGalNAc standard with those ratios obtained for liver and kidney
18 cytosolic preconcentrated fractions is used to identify the presence of this selenosugar in real
19 samples¹⁶.
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29 To minimize matrix effects, we carried out a preconcentration of the selenosugars from the
30 cytosolic fractions of liver and kidney as described in Experimental procedures. Liver and
31 kidney fractions from maternal feeding and supplemented rats were analyzed. Fifty microliters
32 of each fraction was injected into the HPLC-APCI-MS/MS system and SRM transitions were
33 monitored. It should be noted that in maternal feeding rats, the main molecular ion resulting
34 from [SeGalNAc + H⁺] corresponds to m/z 300, while the main one for the supplemented group
35 corresponds to m/z 297, since liver and kidneys are enriched in the ⁷⁷Se stable isotope.
36 Therefore, SRM transitions from [⁷⁷SeGalNAc + H⁺] (m/z 277) \rightarrow 204, 186, 144, and 138, were
37 also monitored and their intensities used to calculate SRM ratios. It should be mentioned at this
38 point that the product ions produced upon CID from either m/z 300 (⁸⁰SeGalNAc) or m/z 297
39 (⁷⁷SeGalNAc) have the same m/z values (i.e. 204, 186, 144 and 138). This is because in both
40 cases their initial CID step is the loss of CH₃SeH.²¹
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49 Liver results.- Figure 3 shows the observed SRM transitions of the liver cytosolic fractions for
50 the maternal feeding (m/z 300) and the supplemented (m/z 297) groups. The SRM transition
51 intensity ratios were determined for the SeGalNAc in the standard and the cytosolic fractions,
52 eluting at t_r = 6.2-6.4 min, and the results are shown in Table 5. For the maternal feeding rats,
53 the calculated transition intensity ratios corresponding to transitions of m/z 300 (n=3) to all the
54 product ions monitored matched very well with those obtained for the SeGalNAc standards
55 (n=10). Likewise, the transition intensity ratios corresponding to m/z 297, for the supplemented
56 group, matched well with the obtained for SeGalNAc standards (n=10), with the exception of
57 the ratio 138/186 having very high relative standard deviation (RSD). In view of these data, it
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3 can be stated that the SeGalNAc identity was confirmed in the liver cytosol of maternal feeding
4 and supplemented rats.
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7 *Kidney results.*- Figure 4 shows the SRM transitions of the kidney cytosolic fractions for the
8 maternal feeding (m/z 300) and the supplemented (m/z 297) groups, while Table 6 shows their
9 intensity ratios. For the maternal feeding group, the transitions of m/z 300 to the product ions
10 m/z 204, 186 and 138 matched well with those obtained for the SeGalNAc standards
11 (unfortunately the 300 \rightarrow 144 transition intensity showed very high RSD and low sensitivity).
12 For the supplemented group, the transitions of m/z 297 to the product ions m/z 204, 186 and 144
13 matched well with those obtained for the SeGalNAc standards (here the 300 \rightarrow 138 transition
14 showed too high RSD, due to its low intensity).
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23 CONCLUSIONS

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25 The use of enriched stable isotopes in connection with ICP-MS detection, HPLC separation and
26 mathematical calculations based on IPD, provides unique quantitative information about the
27 tracer, the tracee, and their existing selenospecies in biological tissues (i.e., liver and kidneys).
28 The quantitative metabolic data obtained may be used to further the understanding of
29 compartmental modeling of essential and toxic trace elements and to develop new kinetic
30 studies related to their species metabolism and nutritional value.
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35 Unfortunately, ICP-MS information is elemental and so unsuitable for the conclusive
36 identification of selenium-containing proteins or metabolites. Thus, molecular mass
37 spectrometry techniques (e.g., HPLC-APCI-MS/MS, in the SRM mode) have to be call for the
38 eventual selenium-chemical species identification in complex biological samples. That is,
39 “integrated” chemical speciation seems mandatory these days to investigate nutritional value of
40 formulas and supplements of Se (e.g., those used for baby nutrition).
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46 Regarding total Se levels in liver and kidneys our results show that, under low selenium dietary
47 conditions, its amount is markedly reduced in liver while this reduction in kidney is lower, as
48 shown in supplemented and non-supplemented groups of this study. Thus, selenium
49 supplementation (as selenite) increases selenium levels in the body of lactating rats. However,
50 the observed values were well below the levels found in breast fed rats (indicating a higher
51 bioavailability of selenium coming from the selenospecies present in maternal milk). In that
52 vein, Rodriguez de la Flor et al.³³ investigated the selenium speciation in human breast milk,
53 and they compared the results obtained with those for infant formulae. Total selenium levels in
54 formula milk are similar to or higher than those found in human milk, although the
55 physicochemical form in which the element occurs is different. Indeed, as we previously stated,
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3 in breast milk selenium was mainly distributed in the high-medium molecular weight region
4 while in the formula milk selenium is mainly distributed in the low molecular weight region.
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7 That is, total selenium concentration alone is not representative of the metabolic and nutritional
8 activity of selenium. It is well known that this element is incorporated in multiple proteins
9 through different metabolic pathways.¹ The synthesis of most of the selenoproteins and
10 metabolites occurs in liver preferentially and then in kidneys.^{1,2} The integrated Se speciation in
11 such tissues here demonstrates that high molecular weight selenium-chemical species levels are
12 much higher in liver than those found in kidney. Interestingly, the selenosugar SeGalNAc levels
13 (low molecular weight species) are quite similar in liver and kidney, within each rat group.
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15 These findings indicate that the turnover rates are different for the different species and their
16 synthesis might occur in different tissue compartments.
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22 Finally, the low concentration of this selenium metabolite in liver and kidney makes it very
23 difficult to carry out its identification by classical molecular mass spectrometry. However,
24 sample pretreatment followed by the use of HPLC-APCI-MS/MS in the SRM mode allowed the
25 identification of SeGalNAc in rat liver and, for the first time to our knowledge, in the kidney
26 cytosol of maternal feeding and supplemented rats.
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TABLES

Table 1. ICP-MS and APCI-MS/MS operating conditions and data acquisition parameters, and the corresponding optimized chromatographic conditions.

Plasma parameters	
RF power/W	1500
Plasma gas flow rate/l min ⁻¹	15
Auxiliary gas flow rate/l min ⁻¹	1.1
Sampling depth/mm	5.8
Ion lens setting	Daily optimized for best sensitivity of 10 µg l ⁻¹ Li, Co, Y and Tl
Reaction cell parameters	
H ₂ gas /ml min ⁻¹	4
*Octapole bias/V	-13
*QP bias/V	-12
Data acquisition parameters (IPD analysis)	
Acquisition mode	ID analysis
Monitored isotopes	74, 76, 77,78, 79, 80, 81, 82, 83
Points per peak	3
Acquisition time per point/s	4
Replicates	5
Data acquisition parameters (IPD-Post column)	
Acquisition mode	Time resolved analysis
Monitored isotopes	74, 76, 77,78, 79, 80, 81, 82
Pints per peak	1
Integration time (per peak)/s	0.3
Chromatographic conditions (HPLC-IPD-ICP-MS)	
Multimode size exclusion and anionic exchange	Shodex Asahipak GS-520 HQ (300 mm x 7.5 mm i.d., 7 µm particle sized)
Mobile phase	40 mM NH ₄ Ac, 3% MeOH, pH=7.4
Flow rate	0.7 mL·min ⁻¹
Injection volume	50 µL
APCI-MS/MS parameters	
Discharge current	4.0 µA
Vaporizer temperature	400°C
Capillary temperature	300 °C
Collision cell pressure	1.0 mTorr
Chromatographic conditions (HPLC-APCI-MS/MS)	
Reversed-phase (RP)	Waters Atlantis C ₁₈ (100 mm x3 mm i.d., 3.5 µm particle sized)
Mobile phase	40 mM NH ₄ Ac, 3% MeOH, pH=7.4
Flow rate	0.8 mL·min ⁻¹
Injection volume	50 µL

Table 2. Analysis of certified reference material from bovine liver for validation of the used IPD-ICP-MS procedure (n=3, data expressed as mean \pm standard deviation)

Reference Material	Natural selenium (ng/g)		⁷⁷ Se-enriched (ng/g)	
	Certified	Found	Added	Found
NIST SRM 1577a Bovine liver	710 \pm 70	690 \pm 40	650	630 \pm 40

Table 3. Total selenium levels (expressed nanograms of selenium per grams of wet tissue) for individual rats in kidneys and liver, at the end of the 14 days of the study, analyzed by using the IPD-ICP-MS procedure (n=3, data expressed as mean \pm standard deviation).

		Supplemented				Non supplemented	Maternal feeding
		^{nat} Se	⁷⁷ Se	total Se	% ⁷⁷ Se	total Se	total Se
Kidney (ng/g)	Rat 1	105 \pm 5	165 \pm 5	165 \pm 10	61	74 \pm 3	317 \pm 6
	Rat 2	115 \pm 6	170 \pm 7	285 \pm 13	60	88 \pm 5	288 \pm 3
	Rat 3	124 \pm 6	155 \pm 4	309 \pm 10	56	91 \pm 4	415 \pm 8
	Average	115 \pm 10	163 \pm 8	278 \pm 17	59 \pm 3	84 \pm 9	340 \pm 67
Liver (ng/g)	Rat 1	150 \pm 4	248 \pm 3	398 \pm 7	62	110 \pm 5	602 \pm 4
	Rat 2	110 \pm 5	250 \pm 4	360 \pm 9	69	125 \pm 4	572 \pm 7
	Rat 3	140 \pm 3	275 \pm 8	415 \pm 4	60	140 \pm 6	707 \pm 6
	Average	133 \pm 21	258 \pm 15	391 \pm 36	66 \pm 5	125 \pm 15	627 \pm 71

Table 4. Selenium-containing biomolecules (selenospecies) amount present in liver and kidney at the end of the study for the three groups (average of the three rats for each group) determined by HPLC-IPD-ICP-MS.

	Selenospecies (ng Se/g)	Supplemented				Non supplemented	Maternal feeding
		^{nat} Se	⁷⁷ Se	total Se	% ⁷⁷ Se	total Se	total Se
Kidney	HMWSe	93 \pm 16	129 \pm 22	222 \pm 38	58 \pm 9	64 \pm 12	272 \pm 20
	SeGalNAc	6.7 \pm 0.1	3.2 \pm 0.2	9.9 \pm 0.3	32 \pm 1	3.4 \pm 0.5	23 \pm 3
Liver	HMWSe	112 \pm 40	185 \pm 54	297 \pm 94	62 \pm 2	91 \pm 16	561 \pm 34
	SeGalNAc	7 \pm 3	3 \pm 1	10 \pm 4	30 \pm 10	4 \pm 1	26 \pm 3

Table 5. SRM transitions ratios determined for SeGalNAc standard (m/z 300 and 297 precursor ions) and SeGalNAc detected in preconcentrated liver cytosolic fraction from maternal feeding (m/z 300) and supplemented rats (m/z 297), by HPLCI-APCI-MS/MS.

LIVER		SRM ratio (for m/z 300 precursor ion)					
<i>Samples analyzed</i>	<i>m/z 138/144</i>	<i>m/z 138/204</i>	<i>m/z 138/186</i>	<i>m/z 144/204</i>	<i>m/z 186/144</i>	<i>m/z 186/204</i>	
SeGalNAc standard (n=10)	0.86 ± 0.01	0.26 ± 0.01	0.80 ± 0.02	0.30 ± 0.01	1.08 ± 0.01	0.32 ± 0.02	
Liver fraction (maternal) (n=3)	0.83 ± 0.08	0.25 ± 0.03	0.80 ± 0.12	0.29 ± 0.01	1.11 ± 0.01	0.33 ± 0.01	
		SRM ratio (for m/z 297 precursor ion)					
<i>Samples analyzed</i>	<i>m/z 138/144</i>	<i>m/z 138/204</i>	<i>m/z 138/186</i>	<i>m/z 144/204</i>	<i>m/z 186/144</i>	<i>m/z 186/204</i>	
SeGalNAc standard (n=10)	0.86 ± 0.04	0.26 ± 0.01	0.79 ± 0.08	0.29 ± 0.01	1.10 ± 0.05	0.32 ± 0.02	
Liver fraction (supplemented) (n=3)	1.06 ± 0.25	0.27 ± 0.04	0.83 ± 0.02	0.30 ± 0.03	1.06 ± 0.06	0.29 ± 0.02	

Table 6. SRM transitions ratios determined for SeGalNAc standard (m/z 300 and 297 precursor ions) and SeGalNAc detected in preconcentrated kidney cytosolic fraction from maternal feeding (m/z 300) and supplemented rats (m/z 297), by HPLCI-APCI-MS/MS.

KIDNEY		SRM ratio (for m/z 300 precursor ion)					
<i>Samples analyzed</i>	<i>m/z 138/144</i>	<i>m/z 138/204</i>	<i>m/z 138/186</i>	<i>m/z 144/204</i>	<i>m/z 186/144</i>	<i>m/z 186/204</i>	
SeGalNAc standard (n=10)	0.85 ± 0.02	0.25 ± 0.02	0.80 ± 0.03	0.29 ± 0.02	1.06 ± 0.02	0.30 ± 0.02	
Kidney fraction (maternal) (n=3)	0.95 ± 0.09	0.28 ± 0.03	0.85 ± 0.04	0.29 ± 0.03	1.07 ± 0.08	0.33 ± 0.01	
		SRM ratio (for m/z 297 precursor ion)					
<i>Samples analyzed</i>	<i>m/z 138/144</i>	<i>m/z 138/204</i>	<i>m/z 138/186</i>	<i>m/z 144/204</i>	<i>m/z 186/144</i>	<i>m/z 186/204</i>	
SeGalNAc standard (n=10)	0.79 ± 0.04	0.23 ± 0.01	0.76 ± 0.03	0.29 ± 0.01	1.05 ± 0.01	0.31 ± 0.01	
Kidney fraction (supplemented) (n=3)	0.78 ± 0.02	0.22 ± 0.02	0.89 ± 0.05	0.28 ± 0.01	0.88 ± 0.08	0.25 ± 0.04	

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FIGURE CAPTIONS

Figure 1. Mass flow chromatograms obtained for natural and exogenous Se distribution in liver and kidney cytosol [$\mu\text{g Se min}^{-1}$ vs. time (min)] in the supplemented group. The high molecular weight (HMWSe) and low molecular weight (LMWSe) selenium-containing biomolecules regions are highlighted.

Figure 2. RP HPLC-APCI-MS/MS chromatograms from a SeGalNAc standard (after 50 μL injection at a concentration of 50 $\mu\text{g Se L}^{-1}$), in which four SRM transitions were monitored.

Figure 3. RP HPLC-APCI-MS/MS chromatograms of LMWSe preconcentrated liver cytosolic fraction from maternal feeding (A) and supplemented rats (B).

Figure 4. RP HPLC-APCI-MS/MS chromatograms of LMWSe preconcentrated kidney cytosolic fraction from maternal feeding (A) and supplemented rats (B).

Figure 1.

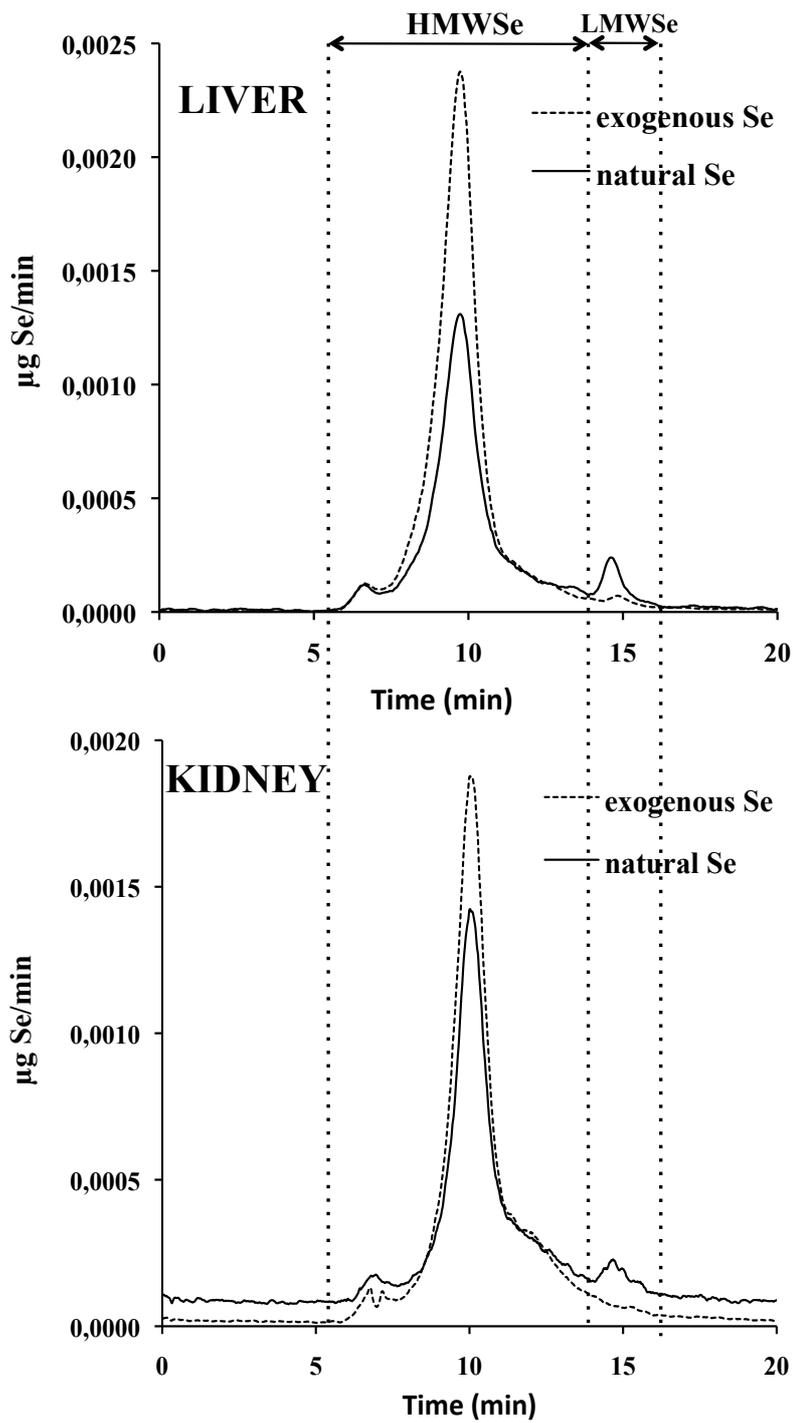


Figure 2.

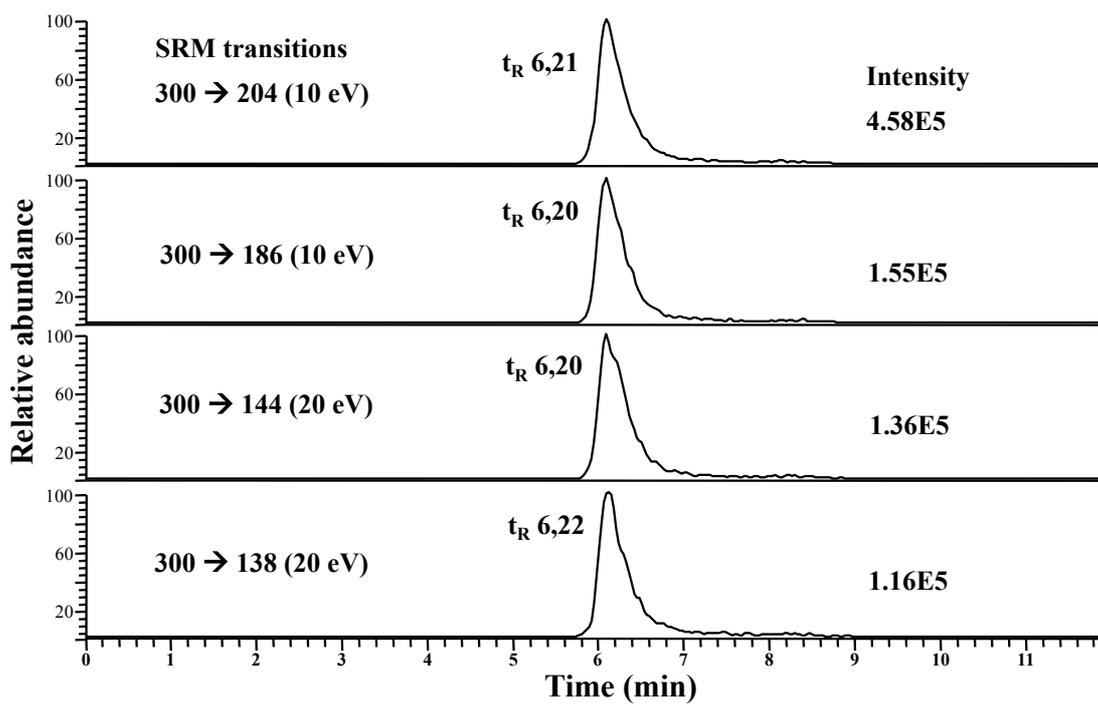


Figure 3.

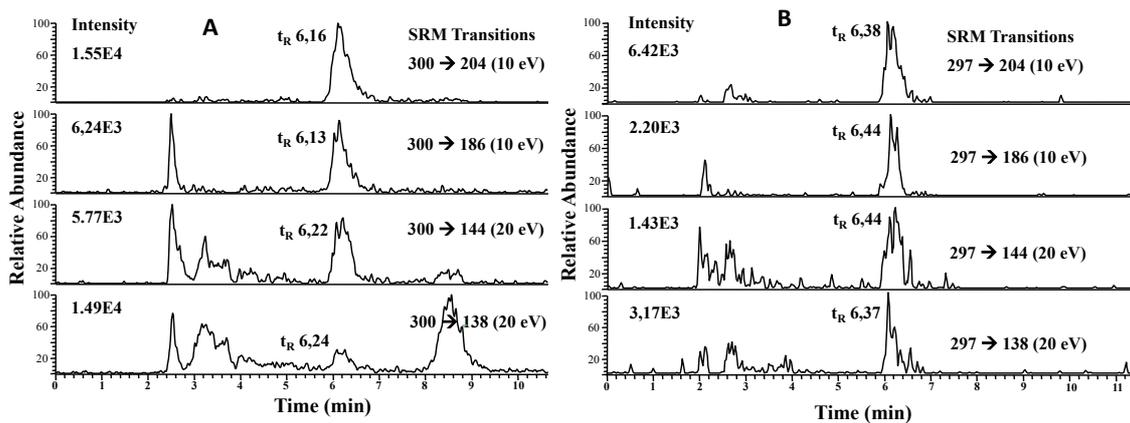


Figure 4.

