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# **ARTICLE TYPE**

# The unexpected effect of PEGylated gold nanoparticles on the primary function of erythrocytes

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Polyethylene glycol functionalized gold nanoparticles (PEGylated AuNPs) have been widely used as nano carrier for the delivery of various drugs. However, little attention has been paid on whether the PEGylated AuNPs could affect the primary function of human erythrocytes—the main cellular components in the blood. In the current study, we show that both the deformability and oxygen-delivering ability of erythrocytes are decreased when treated by PEGylated AuNPs with different sizes, which can be attributed to the interaction <sup>10</sup> between PEGylated AuNPs and erythrocyte membrane. It is observed that the PEGylated AuNPs could also induce the aggregation of

band-3 and the ATP decrease of erythrocytes. In addition, the PEGylated AuNPs can accelerate the loss process of CD47 on erythrocytes membrane, possibly enhancing the senescent process of erythrocytes and the following clearance by SIRP $\alpha$ -expressing leukocytes in bloodstream. The results suggested that PEGylated AuNPs have a potential to affect the primary function of human erythrocytes, which should be considered when using them as drug carriers.

#### 15 Introduction

Polyethylene glycol functionalized gold nanoparticles (PEGylated AuNPs) are promising candidates in nanomedicine for a range of applications, from *in vivo* target imaging to drug delivery due to their unique properties including high <sup>20</sup> biocompatibility and long circulation time in blood <sup>1-5</sup>. As the extensive application of PEGylated AuNPs in the field of

- extensive application of PEGylated AuNPs in the field of nanomedicine, the toxicity of PEGylated AuNPs has been attracted considerable attention in the past decade. It was reported that PEGylated AuNPs enhanced LPS-induced production of NO
- <sup>25</sup> and IL-6 and inducible nitric oxide synthase expression in RAW 264.7 cells, partially by activating p38 mitogen-activated protein kinases and nuclear factor-kappa B pathways<sup>6</sup>. Cho et al. showed that PEGylated AuNPs with small size not only can be entrapped in cytoplasmic vesicles and lysosomes of Kupffer cells,
- <sup>30</sup> macrophages of spleen, and mesenteric lymph node, but also could transiently activate CYP1A1 and 2B (phase I metabolic enzymes), which play a critical role in hepatic injury and protection, in liver tissues from 24 h to 7 days<sup>7</sup>. However, among these studies, most of which are only focused on the *in vitro* <sup>35</sup> cytotoxicity or *in vivo* pharmakinetic toxicity<sup>8,9</sup>.

As known, the main components in the circulatory systems is erythrocytes, whose primary function is to carry oxygen from the lungs to the tissues throughout the body *via* the blood flow and transport carbon dioxide from tissues to the lungs, where it can be

- <sup>40</sup> breathed out<sup>10</sup>. For those drugs used in clinical, they are generally designed to administer through intravenous (i.v.) injection in order to increase their bioavailability. Apparently, these drugs would firstly interact with erythrocytes. Similarly, for nanodrugs based on PEGylated AuNPs, the erythrocytes are also one of the
- <sup>45</sup> first components that PEGylated AuNPs contact when they are entered into the body through i.v. injection. Therefore, beside the

*in vitro* cytotoxiciyt or *in vivo* pharmakinetic toxicity, it is necessary to evaluate whether the PEGylated AuNPs could affect the primary function of erythrocytes prior to their *in vivo* <sup>50</sup> application.

On the other hand, it has been demonstrated that the injected foreign substances can affect the primary function of erythrocytes and then would provoke redox imbalance, thereby leading to oxidative-stress related diseases<sup>11</sup>. As has been demonstrated 55 before, nanoparticles including hydroxyapatite, silica, TiO<sub>2</sub>, magnetite, and polymers, as a foreign substance, could also play an adverse effect on erythrocytes through inducing oxidative damage, genotoxicity and cytotoxicity<sup>12-15</sup>. However, for PEGylated AuNPs, although a few studies revealed the effect of 60 PEGylated AuNPs on erythrocytes, which showed that PEGcoated AuNPs could bind and be uptaken by blood cells including platelets, erythrocytes, and white blood cells in vivo<sup>16</sup>, the effect of PEGylated AuNPs on the primary function of erythrocytes remains unexplored. Based on the above description, it is of great 65 important to evaluate the influence of the PEGylated AuNPs on erythrocytes prior to their clinical application. Moreover, as different sizes of PEGylated AuNPs have different circulation time and targeting efficiency when used as drug carriers<sup>17</sup>, it is

also critical to evaluate the effect of different sizes of PEGylated <sup>70</sup> AuNPs on the function of erythrocytes. In this study, we employed three different sizes (4.5, 13 and 30 nm) of PEGylated AuNPs to investigate the effect of PEGylated AuNPs on the function of erythrocytes. Our studies may contribute to clarify the molecular mechanism underlying whether and how the <sup>75</sup> PEGylated AuNPs affect the function of erythrocytes and provide important biosafety information regarding the biomedical application of PEGylated AuNPs *in vivo*.

#### **Results and discussion**

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*In vitro* hemolytic activity of PEGylated AuNPs. For the intravenously administered pharmaceuticals, whether they can induce hemolysis must be firstly considered before further clinical application<sup>18</sup>. The term "hemolysis" is commonly used to <sup>5</sup> describe damage to erythrocytes leading to the leakage of the

- iron-containing protein hemoglobin into the bloodstream and cause potentially life-threatening conditions such as thrombosis and renal impairment<sup>19</sup>. Previous studies have demonstrated that the nature of the surface ligands on the AuNPs plays a critical
- <sup>10</sup> role in surface-functionalized AuNPs-induced hemolysis<sup>19</sup>. It is therefore necessary to evaluate whether PEGylated AuNPs is hemocompatible prior to *in vivo* application. To this end, we prepared three different sizes of PEGylated AuNPs (4.5 nm, 13 nm, 30 nm), as described in the supplementary information.
- <sup>15</sup> Transmission electron microscopy (TEM), which could provides the details about internal composition, images (Fig. 1b) and dynamic light scattering (DLS) (Fig. 1c) measurement showed that all the three nanoparticles were well monodispersed with average size of  $\sim 4.5$  nm, 13 nm, and 30 nm, respectively. All
- <sup>20</sup> particles were then subjected to evaluate their hemolytic activities. As illustrated in Fig. 2a, all sizes of PEGylated AuNPs showed almost negligible hemolysis in comparison with negative control. Previous results also demonstrated that PEG functionalized AuNPs did not show any hemolysis activity <sup>25</sup> against human erythrocytes<sup>20</sup>, which are coincident with our results. Thus, it can be inferred that the PEGylated AuNPs have
- good hemocompatibility.



**Figure 1.** Characterization of PEGylated AuNPs with different <sup>30</sup> sizes. (a) Schematic illustration of the synthesized PEGylated AuNPs; (b) The transmission electron microscopy images of PEGylated AuNPs; (c) Size distribution of PEGylated AuNPs; (d) Zeta potential of PEGylated AuNPs in PBS.

<sup>35</sup> Effect of PEGylated AuNPs on erythrocytes deformability. Although PEGylated AuNPs did not induce apparent hemolysis, the question remains whether PEGylated AuNPs could affect the other normal function of erythrocytes, i.e. deformability. The remarkable deformability property of erythrocytes, which <sup>40</sup> depends strongly on the flexibility of the cell membrane, is critical for effective blood flow and is considered as an essential



**Figure 2.** The hemolysis and deformability change of erythrocytes induced by PEGylated AuNPs. (a) Hemolysis rate of erythrocytes induced by different concentration of PEGylated AuNPs. Aliquots of erythrocyte suspension were pre-incubated <sup>5</sup> with PEGylated AuNPs for 4 h and then the hemolytic activity was determined (if not specified, the concentration refers to the

- concentration of gold elements); (b) The elongation index (at 1.54 Pa) of erythrocytes treated by the concentration of PEGylated AuNPs (200 $\mu$ g ml<sup>-1</sup>) with different size. (c) The SEM images of
- <sup>10</sup> erythrocytes treated by different size PEGylated AuNPs. (a', control; b', erythrocytes treated by 4.5 nm PEGylated AuNPs; c', erythrocytes treated by 13 nm PEGylated AuNPs; erythrocytes treated by 30 nm PEGylated AuNPs; (d) The statistics of the SEM images. \*p<0.05, #p<0.01

- feature for their biological function. Surprisingly, although a few studies have investigated mesoporous silica particles or silver nanoparticle-induced haemolysis, membrane damage, etc<sup>14,15</sup>, this potential problem has not been addressed for any PEGylated <sup>20</sup> AuNPs-based drug carrier, to the best of our knowledge. Thus, it
- <sup>20</sup> AuNPs-based drug carrier, to the best of our knowledge. Thus, it is important to assess whether the deformability of erythrocytes is affected by PEGylated AuNPs. Moreover, as illustrated in the previous study<sup>21</sup>, the i.v. injected PEGylated AuNPs could exist in the blood for about one month. Based on the above
- 25 consideration, to obtain the long term effect of PEGylated AuNPs on the erythrocytes, several different time intervals (1, 7, 14, 21, 35 days) were selected to evaluate the impact of PEGylated AuNPs on erythrocytes in our study. *Note: if there is no different between the control group and PEGylated AuNPs treated groups,*
- <sup>30</sup> *the results would not be shown in the current study.* As shown in Fig. 2b, for all sizes of PEGylated AuNPs, the deformability of erythrocytes (the elongation index of erythrocytes was used as the indicator for the deformability of erythrocytes) decreased with increasing incubation time at high shear stress of 1.54 Pa.
- <sup>35</sup> Considering previous studies demonstrated that the reduced deformability of erythrocyte may result in impaired perfusion and oxygen delivery in peripheral tissues<sup>22,23</sup>, and rigid erythrocytes might directly block capillaries and disturb microcirculation<sup>24</sup>, it can be reasonably inferred that the deformability of erythrocytes
- <sup>40</sup> induced by PEGylated AuNPs should be considered before their application *in vivo*.

Additionally, previous studies demonstrated that the nanoparticls (NPs)-regulated deformability of erythrocyte is usually associated with the interaction between NPs and <sup>45</sup> erythrocyte membrane<sup>14,15</sup>. We therefore speculated that the reason regarding the deformability of erythrocyte regulated by PEGylated AuNPs may also be attributed to the attachment of PEGylated AuNPs to the surface of erythrocytes, which subsequently restricts the flexibility of the membrane and leads to <sup>50</sup> impairment in the deformability of erythrocytes. Further

- considering that scanning electron microscopy (SEM) could provide details of the sample's surface and its composition, it can be reasonably speculated that the SEM may provide an ideal alternative approach for the study of erythrocytes deformability.
- <sup>55</sup> Therefore, to address the above hypothesis, the surface topography of erythrocytes treated by PEGylated AuNPs was measured by SEM. The SEM image (Fig. 2c) showed that at small size of PEGylated AuNPs, only a small percentage of

aberrant morphology can be observed, indicating that a small 60 proportion of PEGylated AuNPs was absorbed to the surface of erythrocytes. In contrast, a large proportion of PEGylated AuNPs with larger size attached to erythrocytes membrane and induced a strong local membrane deformation, which frequently resulted in particle encapsulation by erythrocytes. Moreover, the membrane 65 wrapping around PEGylated AuNPs may led to an echinocytic (spiculated) shape transformation of erythrocytes and a reduction in the ratio of surface area to volume<sup>25</sup>. In addition, previous studies illustrated that changes in the shape, mechanical characteristics or the integrity of erythrocytes have severe 70 implications for the functionality of the cell, as can be seen in several dysfunctional states of the erythrocytes, whether environmentally induced or due to hereditary defects or diseased states<sup>26, 27</sup>. As demonstrated in the Fig. 2, it can be concluded that the inability to maintain their normal surface area and the control 75 of their cell volume may ultimately lead to the destruction of these cells, even serious dieseases. To further verify these results, the Au contents in the PEGylated treated erythrocytes were detected by inductively coupled plasma mass spectrometry (ICP-MS). The Au concentrations in erythrocytes after pretreatment of 80 different sizes of PEGylated AuNPs were shown in Fig. S2. It was found that all nanoparticles with different contents for each size of Au nanoparticle could interact with erythrocytes. However, when comparing with the Au contents in the erythrocytes and plasma, it can be observed that the PEGylated 85 AuNPs with the 30 nm PEGylated AuNPs are more prone to interact with erythrocytes. All these results demonstrated that PEGylated AuNPs could interact with erythrocyte and may affect its membrane topography, resulting in changing the membrane structure and deformability of membrane. The turbulences in the 90 membrane integrity of erythrocytes could possibly further induce oxidative stress, which are closely associated with many diseases, such as cardiovascular diseases, stroke, and ischemic diseases etc<sup>28</sup>. To evaluate whether AuNPs induced turbulence of erythrocytes membrane can also induce oxidative stress, the 95 amount of malondialdehyde (MDA), a marker of lipid peroxidation, in the AuNPs treated erythrocytes was measured (Fig. 3a). As expected, erythrocytes exposed to PEGylated AuNPs, irrespective of the size, showed increased oxidation compared to that of the controls as detected by the increase in 100 malonaldehyde (MDA) levels in the cells. In addition, many previous studies have been demonstrated that the oxidative stress of cells induced by AuNPs was closely related with the overproduction of reactive oxygen species, which would damage the DNA, oxidize the polyunsaturated fatty acids and <sup>105</sup> amino acids in protein<sup>29, 30</sup>, thereby inducing cell and tissue damage. In the current study, we observed that the PEGylated AuNPs could induce the lipidoxidation of erythrocytes, suggesting that the oxidative stress in PEGylated AuNPs treated erythrocytes was also derived from the overproduction 110 of reactive oxygen species. It can be speculated that the peroxidation of lipids (the product of the oxidative stress induced

by AuNPs) in cell membrane induced by PEGylated AuNPs may

further oxidatively damage erythrocytes membrane and disrupt

fluidity and permeability as well as the deformability.

<sup>15</sup> 

**The band 3 aggregation induced by PEGylated AuNPs.** On the other hand, band 3 is an important structural component of the erythrocyte cell membrane, making up to 25% of the cell

- <sup>5</sup> membrane surface. The main functions of band 3 are modulating the binding between cytoskeleton and lipid bilayer, as well as the generation of ATP. The former is involved in ion homeostasis and cell deformability, and the latter regulates oxygen binding to hemoglobin and releasing from hemoglobin<sup>31, 32</sup>. As reported,
- <sup>10</sup> reduced deformability of erythrocytes is an important feature in inflammation, also mediated by band 3, as well as nitric oxide and ROS<sup>33</sup>. ROS can lead to protein degradation in erythrocytes and in particular degradation of membrane protein such as band 3 and spectrin<sup>34</sup>. As aforementioned, the PEGylated AuNPs can
- <sup>15</sup> induce the oxidative damage and deformability of erythrocytes, it is therefore necessary to evaluate whether the band 3 would also be affected by PEGylated AuNPs. Once the band 3 aggregated, the function of erythrocytes would be affected. As shown in Fig. 3b, when erythrocytes were pretreated with different sizes of
- <sup>20</sup> PEGylated AuNPs at the same concentration, the expression of oligomerized band 3 were all increased remarkably compared to control group. According to previous studies, the increase in band 3 oligomerization may be induced by the dissociation of band 3 from cytoskeleton<sup>35</sup>. In addition, band 3 mediated decreased linkage between linkage between linkage and a field set of the set of the
- <sup>25</sup> linkage between lipid bilayer and cytoskeleton could be enough to cause release of vesicles, which *in vivo* can act as an integral part of the physiological aging process<sup>36</sup>. According to the results in this study, it can be inferred



- <sup>30</sup> Figure 3. The impact of PEGylated AuNPs on the membrane of erythrocytes. (a) The malodialdehyde (MDA) concentrations in the erythrocytes exposed to PEGylated AuNPs. (b) Effects of PEGylated AuNPs on the aggregation levels of band 3 proteins of erythrocytes. Erythrocytes were treated with PEGylated AuNPs
- <sup>35</sup> (200 μg ml<sup>-1</sup>) for 7, 21, 35 days, respectively. Membrane were isolated and membrane proteins were separated on SDS-PAGE (10% separating gel). The band 3 protein was analyzed by Western blot; (c) The ATP concentrations in the erythrocytes exposed to PEGylated AuNPs. The data represent the means <sup>40</sup> ±SEM. A statistically significant difference compared with the
- control is indicated by \*(p<0.05).

that PEGylated AuNPs have a greater influence on band 3 clustering, thus possibly accelerating senescent process of <sup>45</sup> erythrocytes. Moreover, the concentrations of intracellular ATP (Fig. 3c) treated by PEGylated AuNPs were coincident with the band 3 assay, which showed that compared with control group, the concentration of intracellular ATP pretreated by PEGylated AuNPs decreased significantly. All these results indicated that <sup>50</sup> PEGylated AuNPs, irrespective of their different sizes, may affect

- the deformability of erythrocyte by inducing band 3 clustering and intracellular ATP decrease. Surprisingly, compared with 4.5 and 13 nm PEGylated AuNPs, the 30 nm PEGylated AuNPs have a greater impact on the bands 3 aggregation and ATP decrease of ss erythrocyte. Further study on the mechanism why the 30 nm
- PEGylated AuNPs have a great impact on the aggregation of band-3 and the ATP decrease of erythrocytes is under process.

#### Effect of PEGylated AuNPs on the life span of erythrocytes.

60 Previous studies have demonstrated that the decreased deformability of erythrocytes would shorten life span of erythrocyte in bloodstream<sup>37</sup>. Considering that the erythrocytes deformability was affected by PEGylated AuNPs, it is therefore necessary to evaluate whether the PEGylated AuNPs could 65 regulate the survival of erythrocytes. Mammalian erythrocytes can produce "markers of self" (regulators) that protect them from elimination by immune system. One of these regulators, CD47, is а well-documented protein marker stably imbeds into erythrocytes membrane and is capable of inhibiting macrophage 70 phagocytosis through interacting with the signal regulatory protein alpha (SIRPa) receptor. It is evident that CD47-deficient cells would be rapidly destroyed by SIRPa expressing leukocytes. Thus, CD47 can be used as a marker for the erythrocytes survival<sup>38</sup>. Based on the above description, in the current study, <sup>75</sup> the CD47 expression of erythrocytes in the absence or presence of PEGylated AuNPs was investigated. The flow cytometry results showed that approximately 5% decline of CD47 expression in all PEGylated AuNPs treated groups after long time incubation (Fig. 4a). Interestingly, group comparison between 80 negative control and AuNPs groups with different sizes reveal significant difference of CD47 expression: PEGylated AuNPs incubation leads to the loss of CD47 on erythrocytes membrane, which was much more obvious in 30nm PEGylated AuNPs group. These results demonstrated that the PEGylated AuNPs 85 might influence the survival of erythrocytes through affecting the CD47 expression. Further considering that the deficiency of CD47 may accelerate the excessive destruction of erythrocytes by

SIRP $\alpha$  expressing leukocytes, it can be reasonable speculation based on the above results that PEGylated AuNPs could possibly accelerate erythrocytes clearance by increasing SIRP $\alpha$  expressing leukocytes in blood circulation, thereby increasing burden of <sup>5</sup> immune system and leading to PEGylated AuNPs deposition in the liver and spleen<sup>39</sup>. In short, it is inferred that PEGylated AuNPs can accelerate senescence of erythrocytes, leading to the clearance by SIRP $\alpha$  expressing leukocytes in bloodstream.



<sup>10</sup> Figure 4. The effect of PEGylated AuNPs on the survival and oxygen-delivering ability of erythrocytes. (a) CD47 expression on erythrocytes pretreated by PEGylated AuNPs. Erythrocytes were treated 21 or 35 days with PEGylated AuNPs following by flow cytometry analysis; (b) The concentration of hemoglobin of <sup>15</sup> erythrocytes treated by PEGylated AuNPs.

Influence of PEGylated AuNPs on erythrocytes oxygendelivery ability. Furthermore, previous study showed that the deformability of erythrocytes generally would further impair the 20 efficiency of oxygen delivery to the body tissue<sup>10</sup>. Next, we evaluate whether the oxygen-delivering ability of erythrocytes is affected when treated by PEGylated AuNPs. As shown in Table S1, there is an apparently decrease of P<sub>50</sub> (~6%) in PEGylated AuNPs (4.5, 13, 30 nm) treated erythrocytes after 21 days of

<sup>25</sup> incubation, in contrast to control group. In terms of 13 and 30 nm PEGylated AuNPs, there is apparent decline in the oxygendelivering ability after 14 days incubation. However, after 35 days incubation, there is no significant different between control group and PEGylated AuNPs treated group with regard to the <sup>30</sup> oxygen-delivering ability. The reason, we speculated, may be that after long time storage, the 2, 3-diphosphoglycerate presented in the erythrocytes (negative control group) were also lost, thereby leading to the decrease of oxygen-delivering ability. In addition, we measured the content of methemoglobin in erythrocytes to <sup>35</sup> assay potential oxidative stress of AuNPs towards intracellular components. Our data demonstrated that the content of methemoglobin in AuNPs-treated erythrocytes (Fig. 4b, Fig. S3) was much higher than that of untreated group, which was

- independent of particle size. Specifically, there is apparent <sup>40</sup> difference between PEGylated AuNPs treated groups and control group on the methemoglobin after 21 days (Fig. 4b). While, the content of methemoglobin in the PEGylated AuNPs-treated (especially 30 nm) erythrocytes after 35 days was significantly increased, indicating that the larger size of AuNPs would affect
- <sup>45</sup> oxygen-carrying capacity through decrease of P<sub>50</sub> and rise the content of methemoglobin in erythrocytes. As aforementioned, PEGylated AuNPs have long circulating time in the body (over one month), due to which might also lead to decrease oxygendelivering ability of erythrocytes by PEGylated AuNPs treatment.
- <sup>50</sup> These changes may further affect the ability of erythrocytes to deliver oxygen to the tissues, possibly resulting in the organ dysfunction and hypoxia<sup>40</sup>.

#### Conclusions

Although most current studies have proved that PEGylated <sup>55</sup> AuNPs are biocompatible and nontoxic both *in vitro* and *in vivo*, in this study, we uncovered the potential adverse effects of PEGylated AuNPs on the normal function of erythrocytes. The results showed that both the deformability and oxygen-delivering ability of erythrocytes are decreased treated by different sizes of

60 PEGyalted AuNPs. Moreover, PEGylated AuNPs might shorten the life time of erythrocytes through decreasing the CD47 expression. In addition, the result also showed that the effect of PEGylated AuNPs on the primary function of erythrocytes is size-dependent. Taken together, it could be concluded that the 65 potential impacts of PEGylated AuNPs on the function of erythrocytes should be considered before their *in vivo* application.

#### **Experimental details**

Synthesis and characterization of Au nanoparticles. Citratecoated Au nanoparticles with 13 nm and 30 nm in diameters were <sup>70</sup> synthesized as previously reported<sup>41</sup>, PEGylated 13 nm and 30 nm Au nanoparticle were prepared by reacting citrate-coated Au nanoparticles with a 2500-fold excess of PEG-5000 for 3 h at 25 °C. The PEGylated AuNPs were synthesized according to our previous study. The morphology and size of PEGylated AuNPs <sup>75</sup> were evaluated using transmission electron microscopy (TEM, JEM-200CX, Jeol Ltd., Japan). The nanoparticles surface charge (zeta potential, mV) and size distribution were determined using a ZetaSizer Nano series Nano-ZS (Malvern Instruments Ltd., Malvern, UK). The suspensions were sonicated for 5 min before <sup>80</sup> USE

**The hemolysis assay.** Leukoreduced blood (3ml) was mixed with three different sizes of AuNPs(4.5nm, 13nm, 30nm) at various final concentrations(50, 100, 150, 200, 300  $\mu$ g ml<sup>-1</sup>). PBS (pH 7.4, 0.1M) was used instead of AuNPs as negative control. The

blood mixture was gently vortexed and incubated at room temperature for 2 hours.

To determine hemoglobin (Hb) levels in the plasma, blood samples were centrifuged at 3000g for 10 minutes at 4°C. Then

- the supernatant was further centrifuged (15000g for 30min) in order to remove PEGylated AuNPs from plasma. And supernatant Hb levels were measured by three wavelengths method : supernatant Hb (mg/L) =[ $1.68 \times A_{415}$ - $0.84 \times (A_{380} + A_{450})$ ] ×1000 mg ml<sup>-1</sup> <sup>36,37</sup>. Total Hemoglobin (HGB)
- and hematocrit (HCT) were analyzed by auto hematology analyzer (BC-5800, Mindray Corp., Shenzhen, China). Hemolytic rate (%) was calculated using a standard formula:

Hemolytic rate (%) = (supernatant Hb×[1-Hct%])/total Hb×100.

Hemolytic rate of whole blood must be lower than 1% by FDA regulations (European <0.8%, China <0.8%). Based on hemolysis assay results, PEGylated AuNPs concentration for further experiments was designated as 200µg ml<sup>-1</sup>.

**Detection of intracellular ATP levels in erythrocytes.** Erythrocytes intracellular ATP levels were measured using a

- <sup>20</sup> firefly luciferase-based ATP assay kit (Beyotime, China) according to manufacturer's instructions. Briefly, after erythrocytes washed and lysised on ice, the diluent was mixed with ATP detection working dilution. Luminance (RLU) was measured by a luminometer (Centro LB 960, Berthold
- $_{25}$  technologies Corp.,), and hemoglobin concentration of samples were measured by orthotolidine method. Finally, ATP levels were expressed as  $\mu mol\ mg^{-1}\ Hb.$

Erythrocytes deformability assay. Erythrocytes deformability was analyzed by a Laser-diffraction Ektacytometer (LBY-BX,

- <sup>30</sup> Beijing Precil Instrument Co., Ltd, China) according to the manufacturer's manual. In brief, approximately 20µl blood was suspended in 1ml PBS containing 15% polyvinylpyrrolidone. A thin layer of the RBC suspension was sheared between two concentric cylinders (size of the gap was 0.5 mm) at four
- <sup>35</sup> different shear stresses (0.39, 0.77, 1.54, and 7.7 Pa) at 37°C. The shear rate was increased by a faster rotation of the outer cup to cause RBC deformation, and erythrocytes deformability was detected at four different Shearing forces according to laser diffraction principle.
- <sup>40</sup> **Morphological studies of red blood cells.** RBCs were pipetted from bloods that incubated with different diameter AuNPs at different time points. After washed with PBS, RBCs were diluted to 5% hematocrit with PBS(including 2% glutaraldehyde, 3ml) and mica plates were added to incubation for 2 hours. RBCs were
- <sup>45</sup> fixed to mica plates by natural sedimentation due to gravity. Mica plates were then dehydrated in increasing concentrations of ethanol (25, 50, 75, 90, and 100%) for 15 min each. The plates were dried, and coated with Au before viewing under a scanning electron microscope (model quanta250; FEI Ltd., USA).
- <sup>50</sup> Purification of Human RBC Ghosts proteins. RBCs were washed with phosphate-buffered saline (PBS) for three times, and 1 ml Packed RBCs were lysed for 1 hour in 50ml of hypotonic lysing solution containing 0.01M Tris, 0.02mM PMSF, and cocktail inhibitor, pH 7.4, at 4°C to reduce premature,
- ss spontaneous resealing of the erythrocyte ghosts. The membranes were then centrifuged at 10,000  $\times$  g for 30 min at 4°C. After discarding the supernatant, the membranes were then washed in 50 ml of hypotonic lysing solution and recentrifuged at 10,000  $\times$

g for 30 min at 4°C. And repeat this step for three times. After <sup>60</sup> removing the supernatant of the final time, the erythrocyte ghost membranes were suspended in lysing solution. The concentration of RBC ghosts protein was determined by Bradford protein assay kit (Beyotime, China). And all samples were adjusted to 0.5mg/ml with distilled water.

- 65 SDS-PAGE and Western Blot Analysis of band3 protein. Aliquots of RBC ghost proteins were separated by 10% SDS-PAGE, each lane contains 4µg protein. Then the proteins were transferred to PVDF membrane. After blocked for 10h in blocking buffer (10mM Tris, pH7.4, 150mM NaCl, 0.5%Tween
- 70 20, 3% Bovine Serum Albumin), the blot was probed for 4h with the band3 primary antibodies(mouse anti-human, Sigma-Aldrich). After several washes, the blot was incubated with bovine anti-mouse IgG coupled to HRP(Santa Cruz) for 2h. After several washes, the PVDF membrane was detected with the Super
- 75 Signal West Pico chemiluminescence detection kit(Thermo scientific).

**Statistical analysis.** Results are expressed as means  $\pm$  SEM. Statistical significance among groups was determined by *t*-test, ANOVA (analysis of variance). Probability values of p<0.05 <sup>80</sup> were considered significant.

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#### Notes and references

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