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1 **Facile synthesis of nickel hydroxide-graphene nanocomposites for**
2 **insulin detection with enhanced electrooxidation properties**

3 Yuqing Lin ^{a,*}, Lianglu Hu^b, Linbo Li^a, Keqing Wang^a

4 *^aDepartment of Chemistry, Capital Normal University, Beijing 100048, China*

5 *^bCollege of Chemistry and Materials Science, Anhui Normal University, Wuhu*
6 *241000, China*

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17 Corresponding author

18 Tel.: +86 1068903047; Fax:+86 1068903047

19 E-mail address: linyuqing@cnu.edu.cn(Y. Lin).

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21 This study describes a facile and effective one-pot route to synthesize structurally
22 uniform and electrochemically active nickel hydroxide-graphene nanocomposites
23 ($\text{Ni}(\text{OH})_2\text{-GN}$) and investigates the electrocatalytic activity toward the oxidation of
24 insulin. Graphene here was used to tether Ni^{2+} precursor onto surfaces and eventually
25 on-spot grow $\text{Ni}(\text{OH})_2$ nanoparticles to form hybrid materials. The synthetic
26 $\text{Ni}(\text{OH})_2\text{-GN}$ nanocomposite has a uniform surface distribution, which was
27 characterized with scanning electron microscopy (SEM). Moreover, the composition
28 of synthetic $\text{Ni}(\text{OH})_2\text{-GN}$ nanocomposite were characterized by X-ray photoelectron
29 spectroscopy (XPS) and Fourier transform infrared spectroscopy (FT-IR spectra). The
30 $\text{Ni}(\text{OH})_2\text{-GN}$ were electrochemically treated in 0.1 M NaOH solution through cyclic
31 voltammograms, and then gradually transited into nickel oxyhydroxide-graphene
32 nanocomposites (NiOOH-GN), which demonstrated high catalytic activity and
33 improved stability to insulin oxidation. The steady-state current response increases
34 linearly with insulin concentration from 800 nM to 6400 nM with a fast response time
35 of less than 2s and the detection limit to be 200 nM. The excellent performance of
36 insulin sensor including long term stability can be ascribed to the synergy effects of
37 the large surface area (resulting in high loading ability), dispersing ability and
38 conductivity of graphene and the large surface-to-volume ratio and electrocatalytic
39 activity of $\text{Ni}(\text{OH})_2$ nanoparticles.

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48 Introduction

49 Insulin is an important polypeptide hormone that is used to regulate blood
50 glucose by signaling when high levels of blood glucose are present in the body.¹⁻⁵ It is
51 reported that the prevalence of diabetes for all age groups worldwide is estimated at
52 2.8% for 2000 rising to 4.4% in 2030.⁶ In addition, insulin serves as a predictor of
53 diabetes of insulinoma and trauma.⁷⁻⁸ As a result, the detection of insulin is of great
54 importance for clinical diagnostics, medical and physiological studies on diseases.
55 The methods for detection of insulin mainly include bioassays, immunoassays and
56 chromatography.⁴ While these current technologies on the detection of insulin are
57 slow, somewhat complex, time-consuming and special instruments as well as
58 derivatization materials needed.

59 Zhang etc. studied of insulin electrooxidation at electrode and found there was an
60 implied the electrode process with an H^+/e^- ratio equal to 1, which could be induced
61 the oxidation process involves redox-active tyrosine residues in the insulin molecule.²
62 The oxidation of the amino acid tyrosine involves its hydroxyl group and results in a
63 release of a proton; i.e., $C-OH \rightarrow C=O + H^+ + e^-$. Direct detection of insulin by
64 electrochemical means such as on glassy carbon surface offers an excellent
65 opportunity for the development of fast, sensitive and inherent simple systems. This
66 approach however falls in its drawbacks such as slow oxidation kinetics and surface
67 fouling, which are overcome by complex surface modification⁹⁻¹¹ and/or the use of
68 mediators. Recently, all sorts of materials such as silica gel,⁹ cobalt oxide
69 nanoparticles¹¹ and carbon nanotube^{2,10} etc. were also used as an electrode modifier
70 for oxidation of insulin. Although the modified electrodes have been successfully
71 employed for monitoring insulin, they usually fall into several disadvantages, such as
72 reduced stability of mediators and electrocatalysts, and progressive fouling of
73 electrode surface during insulin oxidation, or both, resulting in low sensitivity and
74 poor reproducibility.¹²⁻¹⁴ As a result, electrochemical catalysts to accelerate
75 electrontransfer have been urgently hunted and used for electrooxidation and
76 determination of insulin.

77 Graphene is a single layer of carbon atoms tightly packed into a
78 two-dimensional honeycomb lattice structure of a novel carbon material.¹⁵⁻¹⁷
79 Recently, graphene has drawn tremendous attention in many fields such as
80 nanomaterials, nanotechnology, sensors, etc.¹⁸⁻²⁰ due to its ultra-high specific surface
81 area and can act as an ideal base for nanocomposites. Moreover, high electron
82 conductivity, fast heterogeneous electron-transfer rate endow graphene a robust
83 atomic-scale scaffold for nanoparticles to form hybrid materials with improved
84 properties.^{21, 22} So far, graphene has been developed as a burgeoning support to
85 disperse and stabilize metal, metal oxide, and semiconductor nanomaterials, such as
86 Ag, Au, Pt, Ni(OH)₂.^{23, 24}

87 Inorganic nanomaterials, such as Cu, Fe, Ni, and their oxides and sulfides, have
88 attracted considerable attention as sensors and biosensors due to their low cost, high
89 specific surface area, good electrocatalytic activity, and the possibility of promoting
90 electron transfer rates.²⁵⁻²⁷ Recently, some forms of Ni and Ni(OH)₂ nanomaterials
91 have been utilized in fabrication of biosensors due to its inexpensive, nontoxic and
92 readily stored properties.²⁸⁻³⁰ Unfortunately, van der Waals force between
93 nanoparticles causes strong aggregation, which prevents effective catalytic
94 contribution of each nanocatalyst.^{31, 32} In addition, due to the semiconductivity of
95 Ni(OH)₂, they are not favorable for applications in electrode materials for
96 electrocatalysis. Thus, it is highly desirable to construct well-dispersed nanocatalysts
97 on electronically conductive support to reduce ohmic resistance and improve the
98 electrochemical activity. Dai's group reported a two-step method to grow Ni(OH)₂

99 nanocrystals on graphene by hydrolysis of $\text{Ni}(\text{CH}_3\text{COO})_2$ at 80 °C in a mixed
100 *N,N*-dimethylformamide/ H_2O solvent and followed by dispersing the products in pure
101 H_2O for hydrothermal treatment at 180 °C, during which the small $\text{Ni}(\text{OH})_2$ particle
102 coated on graphene.³³ Duan's group demonstrated a one-step hydrothermal strategy to
103 prepare 3D graphene/ $\text{Ni}(\text{OH})_2$ composite hydrogels by heating a homogeneous
104 aqueous mixture of graphene oxide, $\text{Ni}(\text{NO}_3)_2$, ammonia and hydrazine at 180 °C for
105 2 h.³⁴ Li's group synthesized a reduced graphene oxide- $\text{Ni}(\text{OH})_2$ nanocomposite by in
106 which Ni^{2+} was first adsorbed onto monodispersed single layer graphene oxide (GO)
107 sheets with PVP as the surfactant and then react with hydrazine and an ammonia
108 solution at 95 °C, $\text{Ni}(\text{OH})_2$ nanoplates were formed and assembled onto the reduced
109 GO nanosheets that had been reduced by hydrazine from GO.³⁵ However, these
110 synthesis process still need improvement considering more simple and involving less
111 processes and reagents. Moreover, most graphene/ $\text{Ni}(\text{OH})_2$ composite are used as
112 supercapacitor electrode materials for energy storage while acting as electrocatalyst
113 for protein oxidation is rarely reported.

114 This study describes a facile one-pot method to synthesize $\text{Ni}(\text{OH})_2$ -GN
115 nanocomposite sensitive to insulin electrooxidation. In the $\text{Ni}(\text{OH})_2$ -GN composite
116 material, nanoparticles of $\text{Ni}(\text{OH})_2$ are uniformly and directly grown on highly
117 conducting graphene. The graphene sheets overlap with each other to afford a
118 three-dimensional conducting network for fast electron transfer between the active
119 materials and the insulin. The as-prepared $\text{Ni}(\text{OH})_2$ -GN nanocomposites combine the
120 dispersion characteristic, high conductivity as well as large surface area of graphene

121 and the catalytic property of NiOOH, and exhibit excellent catalytic performance to
122 construct an insulin sensor. This sensor showed high stability and fast amperometric
123 response toward insulin detection. In contrast, pure graphene, pure Ni(OH)₂
124 nanoaggregates and Ni(OH)₂ nanoaggregates physically mixed with graphene sheets
125 all showed inferior performance to insulin electrochemical oxidation compared to
126 Ni(OH)₂ nanoparticles directly synthesized on highly conducting graphene sheets.

127

128 **Experimental**

129 **Apparatus and electrodes**

130 Electrochemical measurements were performed with a computer-controlled
131 electrochemical analyser (CHI 600E, Chenhua, China) and a computer-controlled
132 advanced electrochemical system (Princeton Applied Research (PARSTAT 2273)) in a
133 two-compartment electrochemical cell with a bare or modified GCE (3 mm in
134 diameter) working electrode, a platinum wire counter electrode, and an (Ag/AgCl)/V
135 (KCl-saturated) reference electrode. All of the electrochemistry experiments were
136 performed at room temperature.

137 **Reagents**

138 NiCl₂ 6H₂O and porcine insulin (5733, >27 USP units mg⁻¹) were from Aladdin.
139 Graphene were obtained from Beijing Daoking Co. Note: graphene used in this study
140 is from chemical reduction of graphene oxide and it may still lightly oxidized. All
141 other chemicals (analytical grade) were purchased from Beijing Chemical Reagent
142 Company (Beijing, China) and used without further purification. Ultra-pure water was

143 obtained with a Milli-Q plus water purification system (Millipore Co. Ltd., USA, 18
144 MW).

145 **Sample characterization**

146 SEM (Scanning Electron Microscopy) images were obtained using Hitachi
147 S-2600N scanning electron microscopy. FT-IR (Fourier Transform Infrared
148 Spectroscopy) spectra were collected using a Bruker Vector 22 FTIR spectrometer in
149 the frequency range of 4000-500 cm^{-1} . XPS (X-ray Photoelectron Spectroscopy)
150 measurements were carried out on a VG Microtech ESCA 2000 using a monochromic
151 Al X-ray source.

152 **Synthesis of Ni(OH)₂-GN**

153 20 mg of graphene powders was dispersed in 10 ml deionized water by
154 ultra-sonication for 1 h while 32.5 mg of NiCl₂ 6H₂O was dissolved in 5 ml of
155 deionized water. After mixing these two solutions under 30 min of vigorous agitation,
156 0.1 M NaOH solution was introduced dropwise into the mixture to adjust pH to 11.
157 Then the solution was heated at 50 °C for 30 min under magnetic stirring, followed
158 by refluxing for 8 h. At last, green precipitate was obtained and rinsed with ethanol
159 and deionized water several times. The resulting nanocomposites were dried under
160 vacuum at 60 °C for 24 h. For the synthesis process of pure Ni(OH)₂, the conditions
161 are same except for without graphene in the system.

162 **Preparation of the insulin sensor**

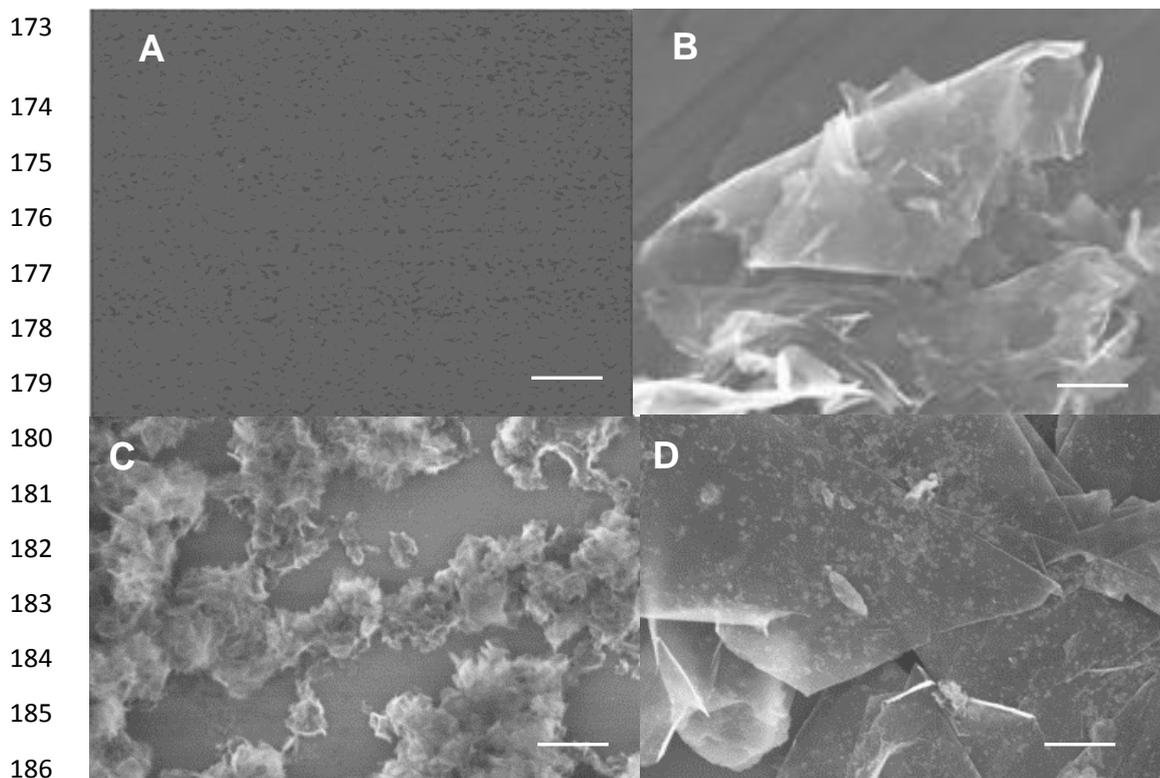
163 In an electrochemical experiment, a GC (glassy carbon) electrode was polished
164 with 1.0, 0.3 and 0.05 μm alumina slurry to a mirror-like, respectively, followed by

165 rinsing thoroughly with deionized water. Then 10 μL of the $\text{Ni}(\text{OH})_2\text{-GN}$ suspension 5
166 $\text{mg}/\mu\text{L}$ in DMF was dropped onto the GCE surface, which was exposed to air to
167 evaporate the solvent. Then the electrode was rinsed thoroughly with deionized water
168 to remove the physically adsorbed materials to form the $\text{Ni}(\text{OH})_2\text{-GN /GC}$ electrode
169 for insulin sensing.

170

171 Results and Discussion

172 Morphology and composition of the $\text{Ni}(\text{OH})_2\text{-GN}$



187

188 **Fig. 1. FE-SEM images of (A) ITO substrate, (B) graphene-sheet, (C) as-formed**
189 **$\text{Ni}(\text{OH})_2$ and (D) $\text{Ni}(\text{OH})_2\text{-GN}$. All scale bars represent 400 nm.**

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191 Fig.1 shows the SEM images of the blank ITO substrate (A), graphene sheet (B),

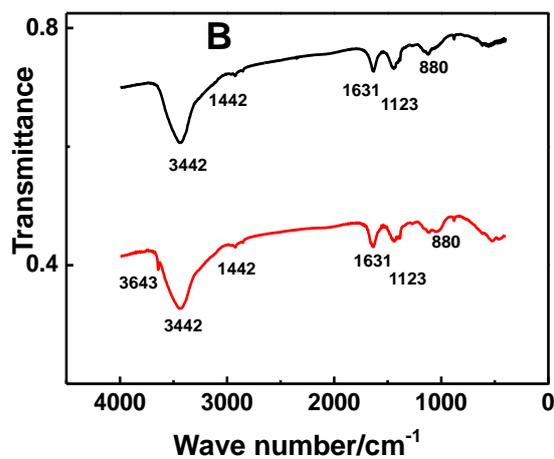
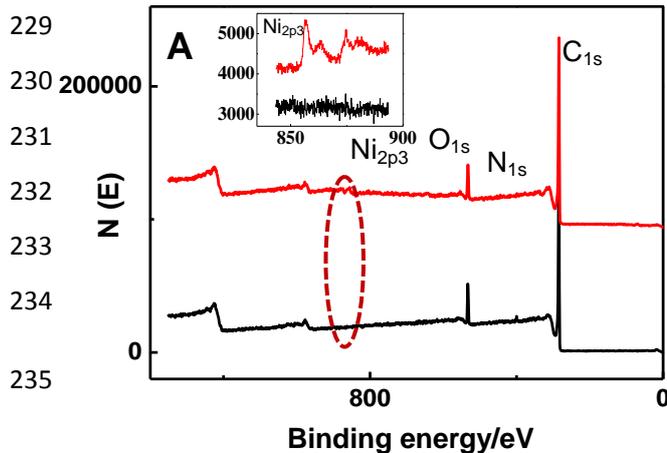
192 as-formed Ni(OH)₂ (C) and Ni(OH)₂-GN (D). The ITO substrate in Fig. 1A is smooth
193 and apparently has no nano-structured material. When graphene film is coated on the
194 surface of ITO substrate in Fig. 1B, some sheets structures are found as the texture of
195 single-atom thick substrate, denoting the presence of graphene sheet. Fig. 1C refers to
196 the prepared Ni(OH)₂ nanoparticles without the presence of graphene, apparently,
197 Ni(OH)₂nanoparticles are in large size, in average diameter 50 nm and much more
198 prone to aggregated compared with Fig 1D. While, in the Ni(OH)₂-GN (Fig.1D),
199 single-crystalline nanoparticle of Ni(OH)₂ with diameter to be 5 nm are uniformly
200 decorated on highly conducting graphene, demonstrating nickel ion convert to nickel
201 hydroxide in the graphene surface. The graphene sheets overlap with each other to
202 afford a three-dimensional conducting network for fast electron transfer between the
203 active materials, Ni(OH)₂, which may improves the efficiency of electro-catalytic.

204 In order to prove the presence the Ni(OH)₂ in the graphene nanocomposites, the
205 XPS spectra were investigated in Fig. 2A. XPS was used to obtain semiquantitative
206 data on the chemical compositions of obtained samples. Fig.2A. Compare the
207 representative XPS survey spectra of Ni(OH)₂-GN and GN, the existence of C and O
208 are clearly observed for both samples while the Ni peaks are only obviously appearing
209 in Ni(OH)₂-GN, confirming the successful incorporation of the Ni element into the
210 nanocomposite in this study. Moreover, XPS spectra show that the characteristic of Ni
211 2p appears Ni 2p_{3/2} at 856.75eV, which is consistent with the presence of Ni(OH)₂.³⁶
212 The content of carbon was calculated to be 91.4%, and the content of oxygen was
213 calculated to be 7.8% in graphene-Ni(OH)₂ nanocomposite while, the content of

214 carbon was calculated to be 91.7% and the content of oxygen was calculated to be
215 8.3% in graphene. The relative content of carbon and oxygen decrease after graphene
216 are incorporated with Ni(OH)₂ particles demonstrate that Ni element is successfully in
217 situ grown on graphene surface. The IR spectrums obtained for Ni(OH)₂-GN and
218 graphene sample are shown in Fig. 2B. There are obvious peaks at 3643cm⁻¹,
219 3442cm⁻¹, 1631cm⁻¹, 1442cm⁻¹, 1117cm⁻¹, which are separately assigned to the
220 stretching and bending vibrations of free O-H and the certain O-H of H-bonded, C=C
221 stretching carbonyl-conjugated, -CH₂ and the C-O stretching. The spectrum of the
222 Ni(OH)₂-GN sample obtained is similar to that graphene except that the new peak
223 corresponding to O-H stretching observed at 3643 cm⁻¹, which is associated with the
224 OH vibrations confirming the presence of Ni(OH)₂ in the composite.³⁷ This suggests
225 that Ni(OH)₂ nanoparticles are successfully decorated onto the graphene sheets and
226 without changing the chemistry environment of graphene.

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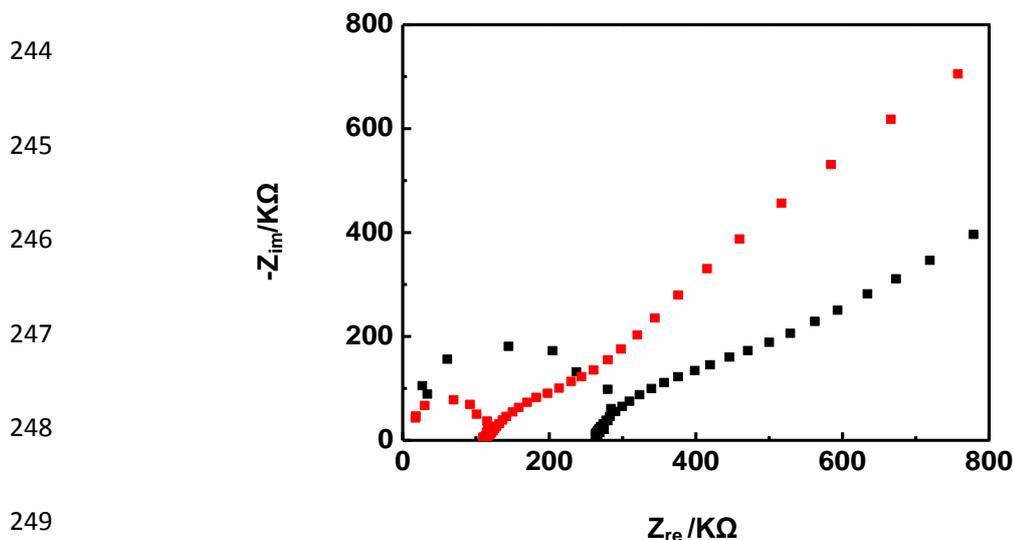
237 **Fig 2. (A) Representative XPS survey spectra of graphene-Ni(OH)₂**

238 nanocomposite (red line) and graphene (black line), inset is the zoom of XPS
239 scans over Ni_{2p3} peak in the dotted-line marked region.(B) FT-IR spectra of
240 graphene- $\text{Ni}(\text{OH})_2$ (red line) and graphene sheet(black line).

241

242 **Electrochemical characterization of the $\text{Ni}(\text{OH})_2$ -GN /GC electrode**

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249

250 **Fig 3. EIS obtained at the different electrodes: bare GC (black line) and**
251 **$\text{Ni}(\text{OH})_2$ -GN (red line).**

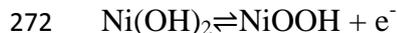
252 The electron transfer properties of the electrode after different surface
253 modifications were characterized by electrochemical impedance spectroscopy (EIS)
254 (Fig. 3). In general, the linear portion of the EIS represents the diffusion-limited
255 process, and the semicircle portion corresponds to the electron transfer-limited
256 process. The charge transfer resistance (R_{ct}) at the electrode surface is equal to the
257 semicircle diameter. A small well-defined semicircle with R_{ct} of 268Ω at higher
258 frequencies was obtained for the bare GCE, which indicated a small interface electron
259 transfer resistance. When $\text{Ni}(\text{OH})_2$ -GN was immobilized on the GC electrode surface,
260 the high frequency part in EIS was nearly a straight line, and the R_{ct} value decreased

261 to 108 Ω , which suggested that Ni(OH)₂-GN can improve the conductivity and
262 electron transfer process. These results also demonstrated that Ni(OH)₂-GN was
263 successfully immobilized on the GCE surface.

264

265 **Electrochemical treatment on Ni(OH)₂-GN to form NiOOH-GN**

266 The NiOOH-GN layer was generated using cyclic voltammetry on Ni(OH)₂-GN
267 modified electrode at potential range +0.25 to +0.6 V in pH 13 solution, as shown in
268 Fig. 4. The oxidation and reduction process of Ni(OH)₂ was studied in three different
269 peaks in cyclic voltammetrys. Basically, the electrocatalytic oxidation mechanism of
270 the Ni(OH)₂ nanocrystal modified electrode can be explained by the following
271 equations.³⁸



273 Firstly, at potential 0.42V, Ni(OH)₂-GN was oxidized at the electrode surface to
274 NiOOH-GN. Then NiOOH-GN was reduced back to Ni(OH)₂-GN at 0.37V, which
275 would be electrochemically reoxidized in the anodic scan. With the increase of the
276 cycle number, the Ni(II) has been transferred to Ni(III), and Ni(III) is revert to Ni(II)
277 at less positive potential. Meanwhile, the peak observed at 0.27V during the cathodic
278 process originates from the reduction of molecular oxygen, which was produced and
279 adsorbed on the electrode surface during the anodic scan. As a characteristic of
280 conducting film formation, the cathodic and anodic waves grew with the number of
281 scans up to the 300th cycle and then a current plateau and stable voltammetric
282 response was obtained.

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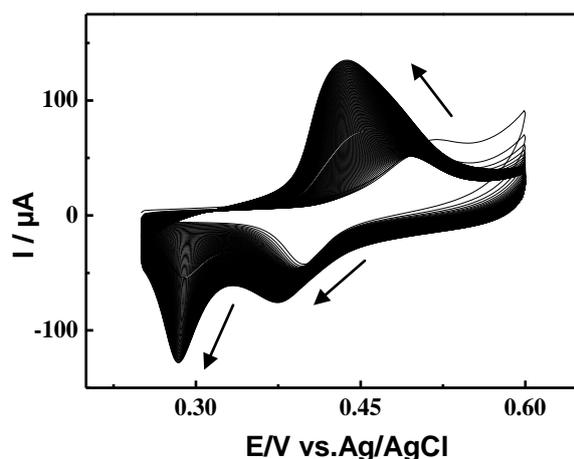
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290 **Fig 4.** Cyclic voltammograms of Graphene-NiOOH film growth on a carbon
 291 composite electrode in 0.1 M NaOH solution. The potential was continuously
 292 cycled at a scan rate of 100 mV s^{-1} between 0.25V and 0.7 V vs Ag/AgCl reference
 293 electrode.

294

295 Electrocatalyticoxidation of insulin at the NiOOH-GN modified GCE

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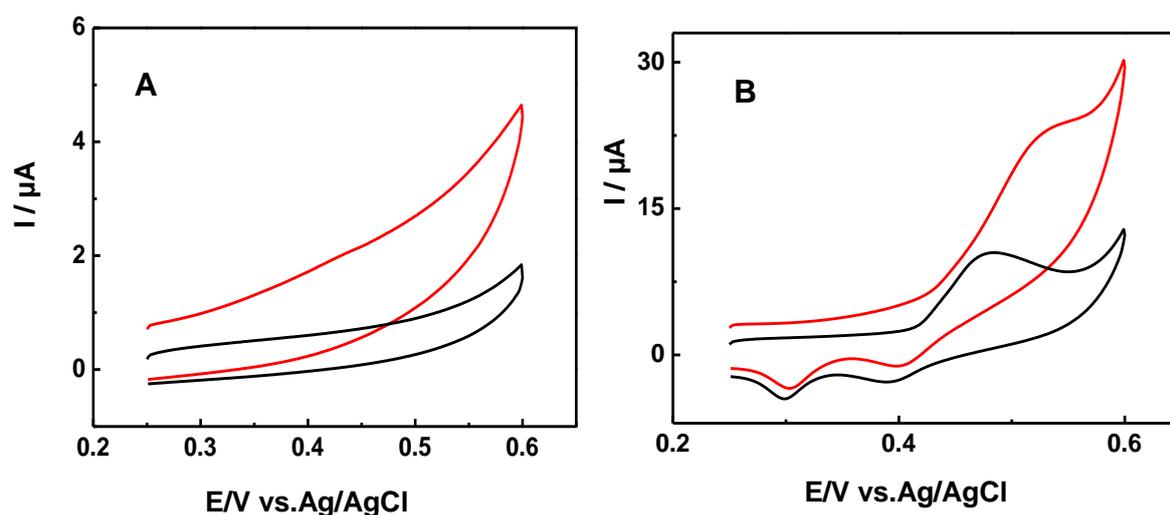
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302 **Fig 5.** (A) Voltammetric response of graphene modified GCE placed in just 0.1M
 303 NaOH solution and 80 μM insulin 0.1 M NaOH solution, scan rate of 100 mV
 304 s^{-1} . (B) Voltammetric response of graphene-NiOOH modified GCE placed in just
 305 0.1 M NaOH solution and 80 μM insulin 0.1M NaOH solution, scan rate of 100
 306 mV s^{-1} .

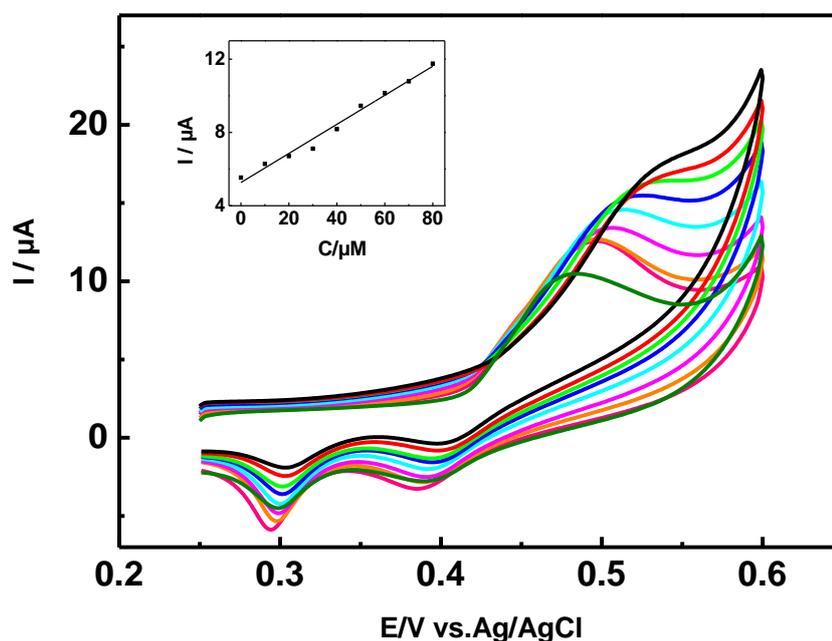


Fig 6. Voltammetric response of graphene-NiOOH modified GCE placed in 80 μM insulin 0.1 M NaOH solution at a scan rate of 50 mV s^{-1} to additions of insulin, from inner to outer 0, 10, 20, 30, 40, 50, 60, 70 and 80 μM . Inset: plot of insulin peak current versus insulin concentration.

In order to investigate the electrocatalytic activity of the formed NiOOH-GN modified electrodes, cyclic voltammograms were obtained in the presence and absence at graphene and NiOOH-GN modified electrodes. Fig.5A shows the recorded cyclic voltammograms of electrode modified with only graphene in the absence and presence of insulin in 0.1 M NaOH solution. There is no obvious anodic or reduction peak in the presence of $80\mu\text{M}$ insulin at the potential range from 0.25 to 0.60 V. While in Fig.5B, it shows the recorded cyclic voltammograms of electrode modified with NiOOH-GN, there is a dramatic enhancement in anodic peak current in the addition of $80\mu\text{M}$ insulin, indicating a strong catalytic effect of NiOOH-GN to insulin oxidation. The enhancement peak current for insulin oxidation is achieved with the modified

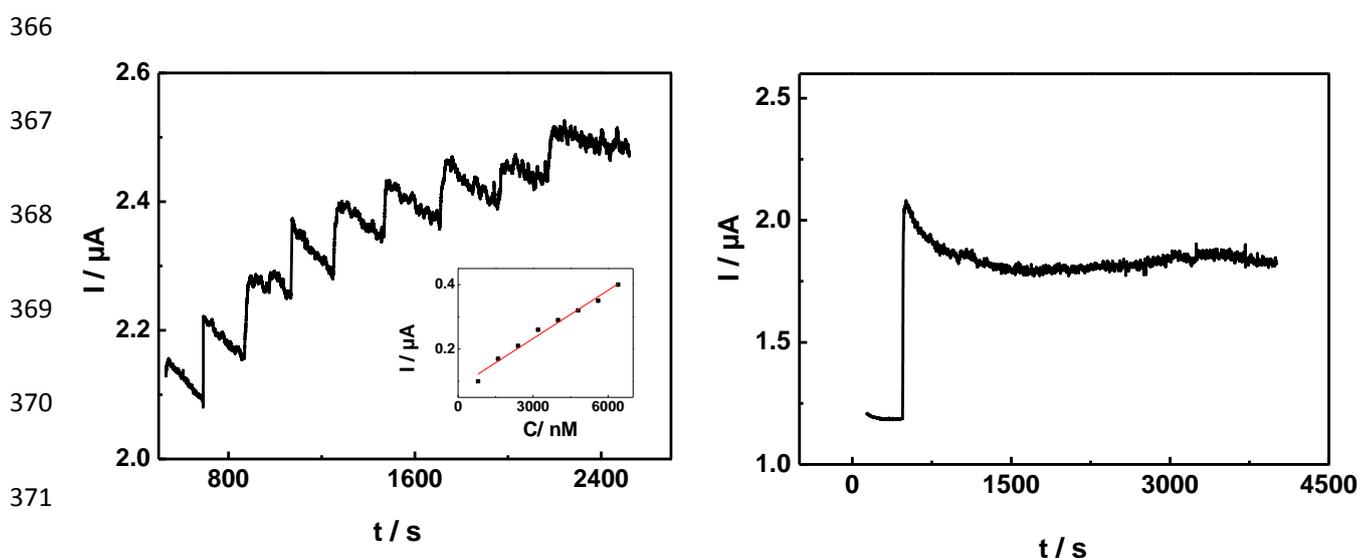
335 electrodes. The effect of adding insulin to the system was investigated in the range
336 0-80 μM (Fig.6). A linear dependence of the catalytic oxidation currents versus
337 concentration of insulin can be fitted in the equation ($I_p(\mu\text{A})=5.27+0.079C_{\text{insulin}}(\mu\text{M})$,
338 $R=0.993$). Ultra-high specific surface area, high electron conductivity and fast
339 heterogeneous electron-transfer rate endow graphene a robust atomic-scale scaffold
340 for nanoparticles to form hybrid materials with improved properties. In addition,
341 NiOOH nanoparticles with high catalytic activity to insulin oxidation make the
342 NiOOH-GN composites exhibit superior catalytic activity to insulin oxidation.

343

344 **Amperometric detection of insulin at NiOOH-GN modified GCE**

345 Fig. 7 shows the amperometric response of NiOOH-GN on successive addition
346 of insulin into 0.1 M NaOH solution (pH 13) at an applied potential of 0.51V. When
347 insulin was added to the stirring NaOH solution, Ni(OH)₂-GN responded rapidly and
348 achieved the maximum steady-state current in less 3 s. Catalytic currents showed
349 linear response from 800nM to 6400nM ($I_p(\mu\text{A}) = 0.08 + 0.05C_{\text{insulin}}(\mu\text{M})$, $R= 0.98$)
350 with detection limit to be 200 nM. On the other hand, the NiOOH-GN nanocomposite
351 imparts higher stability onto amperometric measurements of insulin. Fig.7B displays
352 the stability of the response to 7 μM insulin during long-time experiment. The
353 response remains relatively stable throughout the entire 1 hour. Moreover, pure nickel
354 hydroxide particles were synthesized using the same method as the
355 Ni(OH)₂-GNnanocomposite. When the synthetic nickel hydroxide particles were
356 modified onto GC electrode, they were easier to drop off from electrode surface and
357 dissolve in the alkaline solution owing to its high hydrophilicity. In the presence of
358 graphene, the nickel hydroxide particles become smaller and uniform and interact
359 with graphene tightly based on van der Waals force and endow the electrocatalytic

360 surface more stable and effective. In an attempt to explore the Ni(OH)₂-GN/GC
361 electrode for practical applications, we tested an artificial physiological matrix and
362 spiked samples with different insulin concentrations, i.e. 1 μM, 5 μM, 20 μM on the
363 Ni(OH)₂-GN modified biosensor. The recovery and relative standard deviation values
364 are acceptable with a value to be 92.5-105.3%. As a result, the proposed sensor might
365 be promising for the determination of insulin in clinical test.



372 **Fig 7. (A) Amperometric response of Graphene-NiOOH /GCE on successive**
373 **injection of insulin into 0.1 M NaOH solution. Applied potential: 0.51 V. Inset:**
374 **plot of insulin peak current versus insulin concentration. (B) Stability of the**
375 **amperometric response to 7 μM insulin during 4000s**

376

377 Conclusions

378 In this work, we demonstrate a facile method for in situ growth of Ni(OH)₂
379 nanoparticle on the surface of graphene sheets and a successful example of the
380 detection of insulin based on as-prepared Ni(OH)₂-GN modified GC electrode, The
381 prepared electrochemical sensor exhibits much better catalytic performance compared

382 with pure graphene, with the detection limit of 200 nM and the linear range from 0.8
383 μM to 6.4 μM . The proposed method was also successfully applied for the
384 determination of insulin in human blood serum sample. High sensitivity, fast response
385 and ease of preparation make this sensor promising for the applications in the
386 development of detecting some other proteins and amino acids.

387

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393 Municipality.

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