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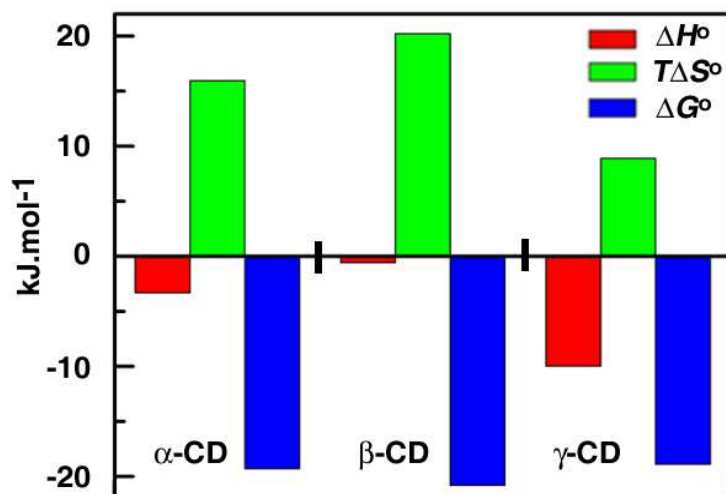
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Graphical Abstract

The study addresses interpretation of the various physicochemical properties of inclusion complexes of anticancer plant alkaloid sanguinarine with natural cyclodextrins.



**Physiochemical properties of inclusion complexes of sanguinarine
with natural cyclodextrins: spectroscopy, calorimetry and NMR
studies†**

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The supramolecular interactions for the formation of inclusion complexes of sanguinarine with α -, β -, and γ -cyclodextrins (CDs) were studied by UV-vis absorbance, fluorescence, circular dichroism, and proton nuclear magnetic resonance spectroscopy and isothermal titration calorimetry. The results revealed that sanguinarine binds with the three natural CDs in 1:1 stoichiometry. The binding affinity followed the order as $\beta > \alpha > \gamma$ -CDs; the affinity to β -CD was the highest compared to the other two CDs apparently due to the perfect cavity size for the inclusion of sanguinarine into the β -CD cavity. The association of sanguinarine with α -, and β -CDs is synergistically driven by more entropy contribution to the Gibbs energy of the association, whereas it was favoured by both enthalpy and entropy contributions for the γ -CD. NMR study indicated that encapsulation of sanguinarine for α -, β -CDs, involve partial inclusion and to γ -CD cavity is non-specific and complete inclusion i.e., both ends of sanguinarine can be included to the CD cavity.

Introduction

Sanguinarine (SGR) (Fig. 1) is a natural plant alkaloid abundantly distributed in plants *Sanguinaria canadensis* and *Chelidonium majus*.¹⁻⁵ Sanguinarine has been the focus of extensive research for its potential drug value. In recent years considerable research on its antimicrobial, antifungal, antioxidant and anti-inflammatory effects,⁶⁻¹⁰ and ability for selective/preferential elimination of cancer cells have been undertaken.¹¹⁻¹⁴ Sanguinarine is a putative anticancer agent that can modify the genetic material and inflict DNA damage.^{15,16} A critical limitation of its medicinal application, however, stems from its poor aqueous solubility (<0.3 mg/mL or 0.9 mM at 298.15 K), and high sensitivity to the external agents such as air, light and nucleophiles, which severely restricts its utility. Several approaches to improve the solubility of the alkaloid, including formation of 'host-guest' complexes, have been attempted. Supramolecular complex formations of guest molecules have been shown to aid to circumvent the low stability and solubility problems enabling more efficient bioavailability and enhanced physical and chemical properties to the guest molecules. Moreover, supramolecular complexation has been shown to confer protection to alkaloids against nucleophilic attack, thermal and radiation-induced degradation etc.¹⁷ In this regard, supramolecular complexes of alkaloids with cucurbit[n]urils,^{18,19} cyclodextrins (CDs) and their derivatives are studied in extensive details.²⁰⁻²² Among these approaches inclusion complexes with natural cyclodextrins offer a number of advantages over the others. Firstly, complexation with natural cyclodextrins does not alter the chemical structure of the alkaloids and

does not generate any toxic waste. Secondly, it does not introduce synthetic polymers as some other microencapsulation does, which may hinder its applications.

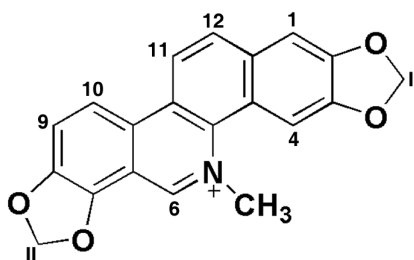


Fig. 1 Molecular structure of sanguinarine.

Cyclodextrins (CDs) are a family of molecules comprising of several glucopyranose units bound together to form a ring, linked by α -1,4 glycosidic bonds.²³ CDs have been named depending on the number of glucose units. The natural CDs namely α -, β -, and γ -CDs containing six, seven, and eight glucopyranose units, respectively, are most common among all the CDs and used mainly as entrapping vehicles. CDs are rigid, cone shaped with a semipolar interior cavity^{24,25} and have the unique ability to form stable inclusion complexes with a variety of molecules in which guest molecules are included in the hydrophobic cavities of CDs through 'host-guest' complexation in aqueous solution.^{26,27} This ability of inclusion by CDs leads them to be of extensive use in the pharmaceutical applications. Among the three natural CDs, β -CD is the most widely used for this purpose as its cavity size is suitable for common drug molecules with molar masses in the range 200 to 800 gm/mol.²⁸

Several papers have been published studying the physiochemical properties of sanguinarine inclusion with cucurbits and the derivatives of CDs^{17,29-31} but to the best of our knowledge there are no reports on the comparative association and

thermodynamics of inclusion with natural CDs. Therefore, in this work, inclusion complexes of SGR with α -, β -, and γ -CDs are studied by various techniques such as UV-vis absorption, fluorescence, circular dichroism and NMR spectroscopy, and isothermal titration calorimetry. Among these techniques calorimetry is an extremely powerful and highly sensitive for the characterization of thermodynamic parameters and interaction mechanisms of drugs with CDs.³² It is used for the determination of thermodynamic parameters of host-guest complexation, particularly that of weak interactions with great success. The comparative data with these natural CDs may give information for use as improved drug carrier and promote its application in pharmaceutical industries.

Results and discussion

Effect of natural cyclodextrins on the UV-vis spectrum of sanguinarine

Sanguinarine is a highly conjugated aromatic planar molecule. It exhibits interesting pH dependant equilibrium between the cationic iminium and neutral alkanolamine forms with a pKa of 8.06.¹⁶ The iminium form of SGR exists in acidic condition whereas the alkanolamine form is present in basic conditions. Both forms are present in solution of physiological pH with iminium form as predominant one. The charged iminium form is biologically more relevant. This form only binds to nucleic acids.³³ So, a buffer of pH of 6.2 where only the iminium form persists was chosen for the studies.

SGR has a characteristic absorption spectrum in the UV-vis range of 300-500 nm (Fig. 2A, curve 1) with two clear maxima, one sharp peak at 327 nm and a broad one around 470 nm. The peaks at 327 and 470 nm corresponds to the K and B absorbance

bands of the aromatic chromophore and the conjugated double bond, respectively, and arise due to the $\pi \rightarrow \pi^*$ transitions of the molecule.^{34,35} The binding of SGR with the three natural CDs was first studied by spectrophotometric titration. Fig. 2 displays changes in the UV-vis absorbance spectra of SGR (5 μM) in the presence of various concentrations of CDs. In the presence of the CDs, a weak hypochromic effect was observed without any shift of wavelength maximum of the K absorption band (327 nm) and these are highlighted in the inset of Fig. 2. Changes in the 327 nm band were higher in the case of β -CD than those observed with the other two CDs and follow the order $\beta > \alpha > \gamma$ -CD. However, it may be noticed that not much change was effected in the B absorbance band (420 nm) when complexes are formed. These spectral changes result essentially from the interaction between SGR and the CDs and suggest the formation of inclusion complexes.

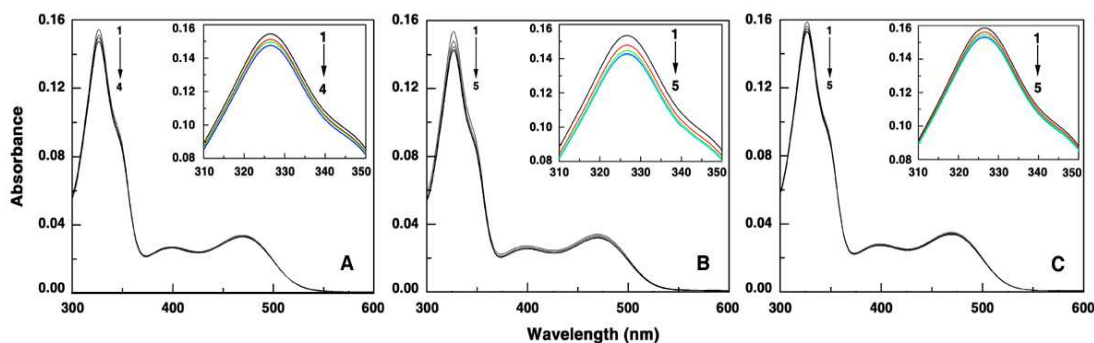


Fig. 2 UV-vis spectra of SGR in the presence of α -, β -, γ -CDs of various concentrations at 298.15 K, pH 6.2. Panel A: changes in the absorption spectra of SGR (5 μM , curves 1-4) upon titration with 0, 10, 30, 50 μM of α -CD. Panel B: curves 1-5 (B) with 0, 10, 30, 50, 70 μM of β -CD. Panel C: curves 1-5 with 0, 10, 30, 50, 70 μM of γ -CD. Inset: 327 nm bands are highlighted in each case.

Fluorescence spectral changes and determination of the binding constant of host-guest complexation

Sanguinarine is a strong fluorescent molecule that emits in the 500-700 nm regions with maximum at 564 nm when excited at 470 nm. Binding of SGR to the CDs was studied by fluorescence spectroscopy. Fluorescence intensity of SGR enhanced with increasing concentration of α -CD, while in the presence of β -, and γ -CDs, the fluorescence intensity was quenched. In Fig. 3, the fluorescence changes of SGR (1 μ M) in the presence of α -, β -, and γ -CDs are presented. In all the cases, a moderate change in the fluorescence intensity was observed when CDs were added to the solution of the alkaloid. The fluorescence intensity change of SGR with CDs is apparently due to the host-guest molecular interactions and consequent change of microenvironment of the guest molecule. The change in fluorescence intensity in presence of CDs is not only for inclusion complex but also the outer complexes formed by association.

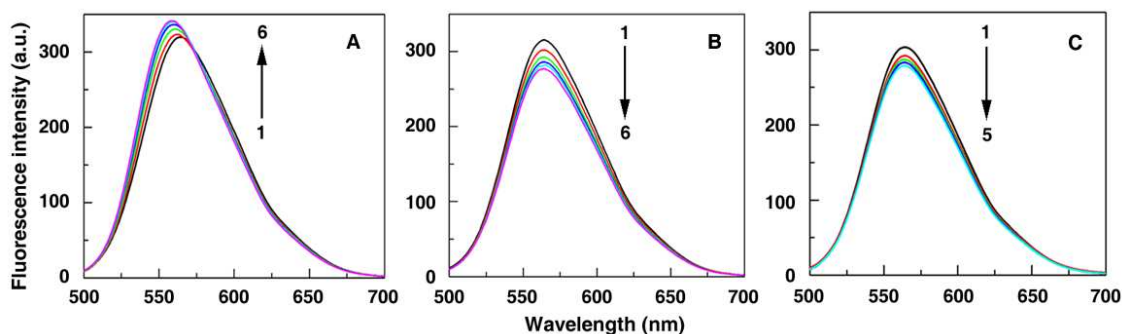


Fig. 3 Steady-state fluorescence spectral changes of SGR (1 μ M, curves 1-6) (A) upon titration with 0, 40, 80, 120, 160, 180 μ M of α -CD; (B) curves 1-6 with 0, 10, 30, 50, 70, 90 μ M of β -CD; and (C) curves 1-5 with 0, 20, 40, 60, 80 μ M of γ -CD. SGR was excited at 420 nm.

The apparent association constant or inclusion constant of the complexes of SGR with the three CDs was calculated by the following method. Assuming a 1:1 stoichiometry (*vide infra*) of complex formation between SGR molecules and each of the three CDs examined, the inclusion constant was determined to estimate the inclusion capacity of the CDs. The complexation of SGR with the three CDs are expressed as



The association constant (K_{BH}) of the complex is given by

$$K_{\text{BH}} = \frac{[\text{SGR-CD complex}]}{[\text{SGR}][\text{CD}]} \quad (2)$$

where $[\text{SGR}]$, $[\text{CD}]$ and $[\text{SGR-CD complex}]$ are equilibrium concentrations. The association constant can be obtained from the analysis of sequential fluorescence change at various CD concentrations by using double-reciprocal plots or Benesi-Hildebrand equation.^{22,36}

$$\frac{1}{\Delta(F - F_0)} = \frac{1}{f} + \frac{1}{K_{\text{BH}} \times f \times [\text{CD}]_0} \quad (3)$$

Here F , F_0 , f , K_{BH} , and $[\text{CD}]_0$ are the fluorescence of SGR in the presence of CD, in the absence of CD, a constant, the association constant for the formation of the 1:1 sanguinarine-CD inclusion complex, and the initial concentration of CDs, respectively. Double reciprocal plots, i.e. plot of $1/\Delta [F-F_0]$ versus $1/[\text{CD}]_0$, were constructed and depicted in Fig. S1 (supporting information). A good linearity of the plots with a correlation coefficient (R) close to unity (Table 1) supports the presumed 1:1 stoichiometry of complexation. The association constants of the complexation

between SGR with all CDs were calculated from the ratio of the intercept over slope. It can be seen that SGR- β -CD has the highest association constant followed by α -CD and the magnitude of the values followed the order $\beta > \alpha > \gamma$ -CDs. The binding ability of CDs to associate with SGR appears to be related to the proper cavity size of CDs. As the cavity size of β -CD is suitable for inclusion, the association constant of SGR is higher compared to other CDs. We tried to analyze the data by a 1:2 stoichiometry and found that the no linear Benesi-Hildebrand plot was obtained. This further validates the assumption of a 1:1 stoichiometry. Furthermore, the assumption of a 1:1 stoichiometry was also substantiated by the results from calorimetry studies (*vide infra*).

Calorimetric characterization of complexation

Isothermal calorimetric titration (ITC) is the most sensitive and accurate analytical techniques for the determination of weak binding constants and various thermodynamic parameters in host-guest complexation with precise accuracy. This technique can determine binding constants in the of ranging 10^8 to 10^2 M⁻¹, making it a preferred method than any other analytical methods.³⁷ It has become an effective method for directly determining the thermodynamic parameters instead of the previously used van't Hoff equation methodology.³⁸ The ITC profiles of SGR binding to all CDs are presented in Fig. 4. It can be observed that in all the cases association of the CDs with the SGR is exothermic in nature and there is only one binding event in the entire titration profile. The thermodynamic parameters determined from the ITC experiments for the association of SGR with the three CDs are summarized in Table 2. The order of binding constants determined from the ITC

experiments is similar and consistent with those obtained from analysis of the fluorescence data. The association constant (K_a) is the highest for the β -CD and followed the order as $\beta > \alpha > \gamma$ -CDs. In all cases, the complexation process is exothermic ($\Delta H^\circ < 0$) and spontaneous ($\Delta G^\circ < 0$) with positive entropic contribution. But in case of α -, and β -CDs, the reaction is primarily entropy driven whereas it is enthalpy-entropy driven in case of γ -CD. The stoichiometry (N) of the association of about one further suggests that only 1:1 complexation has occurred in the formation of complexes of sanguinarine with CDs which is in agreement with the 1:1 complexation revealed from the Benesi-Hildebrand plot analysis of the spectrofluorimetric data (*vide supra*).

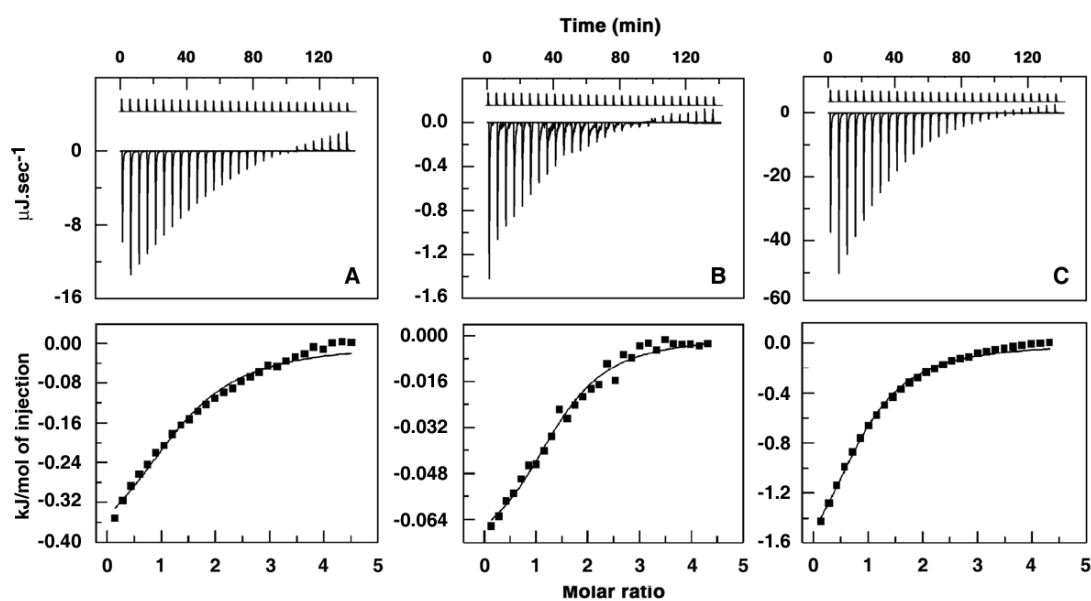


Fig. 4 Representative ITC profiles for the titration of SGR (0.5-1.0 mM) with (A) α -, (120 mM) (B) β -, (15 mM) and (C) γ -CDs (100 mM), respectively, in phosphate buffer 10 mM [Na⁺], pH = 6.2, at 298.15 K. The Top panels represent the raw data for the sequential injection of CDs into the SGR, after correction of heat of dilution (curves in the upper panel offset for clarity) and the bottom panels show the integrated heat data after correction of heat of dilution

against the mole ratio of [SGR]/CD. The data points were fitted to one site model, and the solid lines represent the best-fit data.

An analysis of the thermodynamic parameters, especially ΔH° and ΔS° , of the complexation leads to identification of the types of non-covalent forces, viz electrostatic, hydrophobic, van der Waals, and H-bonding involved in the host-guest interaction. The ΔH° value represents a global heat resulting from the interaction while large positive entropy changes (ΔS°) usually arise from the significantly important translational and conformational freedoms of host and guest upon complexation. The thermodynamic parameters changes observed due to the complexation were related to the effect of water molecules. A number of mechanisms have been proposed as the main driving force for the spontaneous inclusion complexation with guest molecules. The principal forces involved are van der Waals and hydrophobic interactions. While hydrophobic interactions are entropy driven with minor contribution of favorable or unfavorable enthalpies of interaction ($|\Delta H^\circ| < |T\Delta S^\circ|$), van der Waals interactions are essentially enthalpy-driven processes, where the enthalpy of the interaction is larger than the contribution of favorable or unfavorable entropies of the interactions ($|\Delta H^\circ| > |T\Delta S^\circ|$).^{39,40} The binding of SGR with α -, and β -CDs are entropy driven as the enthalpy values of the interaction are small compared to the entropy of the interactions ($|\Delta H^\circ| < |T\Delta S^\circ|$). This indicates hydrophobic interactions play major role in the complexation in these cases. However, SGR association with γ -CD is

favoured by both enthalpy and entropy contributions to the Gibbs energy as binding enthalpy and change in entropy for the process are comparable.

In inclusion phenomena, the binding process generally is dependent on the entropy change. The entropic gain during the process usually arises from change in the translational and conformational freedom upon the interaction of the guest within the CD cavity. The inclusion of SGR into the CD cavity in aqueous solution results in a substantial rearrangement and expulsion of the water molecules, originally solvated in the CD cavity, to the bulk water. The change in entropy can be related to the number of water released by the guest molecules during inclusion. By taking into account the initial water molecules included into the CD, the 1:1 complexation interaction of the SGR with CD in aqueous solution can be written as



where a , b , and c represent the number of water molecules interacting with the free guest molecule, number of tightly bound hydration water molecules inside the free CD cavity, and the net displacement of water upon inclusion, respectively.^{26,31,41} So, the net entropic gain depends on the net displacement of water upon complexation.

Naidoo et al⁴² had showed from the molecular dynamics (MD) computer simulations and pulse-field-gradient spin-echo nuclear magnetic resonance (PGSE NMR) experiments that the anomalous solubility of β -CD in water compared to the other two CDs is due to its tendency to highly increase the local water structure in the cavity and around the CD molecule. They also showed that spatial distribution of water into the CD cavity is higher for β -CD and follow the order β -> α -> γ -CDs. Therefore, the number of water molecules released from β -CD cavity is higher

during inclusion of a guest molecules compared to the other CDs. As the release of water molecules from the cavity to the bulk water is related to the entropy gain of the overall process, the entropy change for SGR inclusion into β -CD cavity is highest and the process is essentially entropy driven. The order of release of water molecules for these natural CDs decrease as $\beta \rightarrow \alpha \rightarrow \gamma$ -CD making the process for SGR inclusion from entropy driven to enthalpy-entropy driven process.

Induced circular dichroism studies

Sanguinarine does not have any optical property as it is a planar achiral molecule. Induced circular dichroism can be generated from an achiral molecule like SGR due to the optical activity induced by the CDs. It is known that in the chiral environment of nucleic acid, SGR acquires induced optical activity.^{16,43} In this context, Harata et al.⁴⁴ had predicted the sign of induced circular dichroism of the guest molecules by theoretical calculations. Positive induced spectra of guest will appear when the transition dipole moment of the included guest is parallel to the torus symmetry axis of the CD cavity (axial inclusion), while the negative induced circular dichroism spectral pattern is generated when it is perpendicularly oriented (equatorial inclusion). The induced circular dichroism spectra of sanguinarine with α -, β - and γ -CDs are presented in Fig. 5. All the induced bands are confined to the 300-400 nm regions. The induced circular dichroism spectra of SGR in CDs showed a peak with maxima around 327 nm due to the B absorbance band of the $\pi \rightarrow \pi^*$ transitions. The induced circular dichroism spectra of SGR with α -, and β -CDs are positive while for γ -CD it is negative. So the dipole moments of sanguinarine are parallelly oriented with torus axis of α -, and β -CDs, whereas it is perpendicularly oriented for γ -CD

complexes. Sanguinarine is included into α -, and β -CDs by axial inclusion whereas the SGR/ γ -CD inclusion occurs by equatorial inclusion. However, the intensity of the β -CD induced positive circular dichroism was much stronger than that of the other two, reiterating a stronger interaction here. Thus, the induced circular dichroism spectra propose the formation of an inclusion complex in which the alkaloid exist inside the α -, and β -CD cavity by parallaly and in the γ -CD in the axial mode.

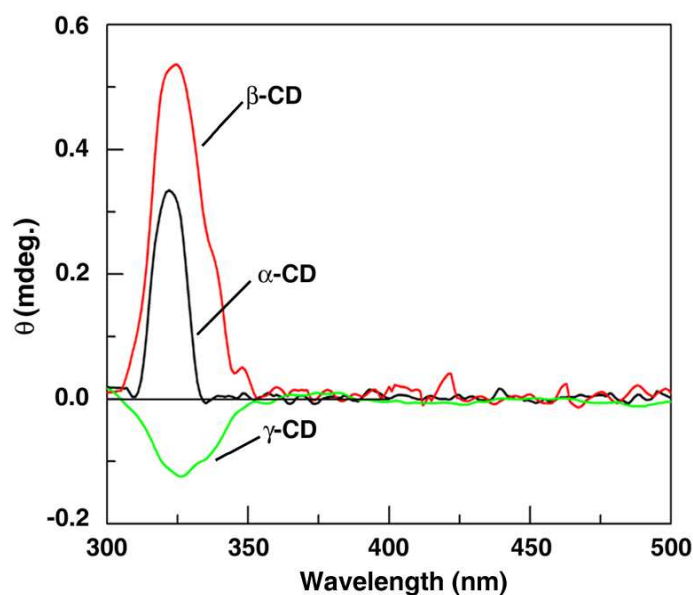


Fig. 5 Representative induced circular dichroism spectra of SGR (50 μ M) in the presence of 50 μ M of each α -, β -, γ -CD.

The induced CD titration data was also used to establish the stoichiometry. We obtained a linear Benesi-Hildebrand plot confirming the 1:1 stoichiometry of complexation as deduced from fluorescence and ITC results.

Inclusion complex formation studied by NMR spectroscopy

Nuclear magnetic resonance experiments are useful techniques to investigate the possible inclusion mode or the relative orientation of the guest molecule inside the

hydrophobic cavity of CD host molecules. We performed ^1H NMR of SGR-CD complexes which is very helpful in elucidating the molecular conformation of inclusion complexes between CDs and guests.⁴⁵ The formation of inclusion complexes lead to the chemical shifts in the ^1H -NMR spectra of the guest SGR, which could provide valuable information for deducing the part of the SGR molecule that inserts into the CD cavity. The selected region of aromatic protons of SGR in the ^1H -NMR spectra in the presence of all three CDs are presented in ESI Fig. S2. The detailed changes in the chemical shift ($\Delta\delta$), calculated for the protons in SGR by using equation 5 are shown in Table 3.

$$\Delta\delta = \delta(\text{complex}) - \delta(\text{guest}) \quad (5)$$

where $\delta(\text{complex})$ and $\delta(\text{guest})$ are the chemical shift of protons of associated and free guest, respectively. As in Table 3, presence of CDs caused a downfield shift in the chemical shifts for almost all protons of SGR but especially large shifts occurred for C-1 and C-11 protons of sanguinarine which was probably due to their relatively strong interaction with the hydroxyl groups in the narrow and wide rims of CDs.

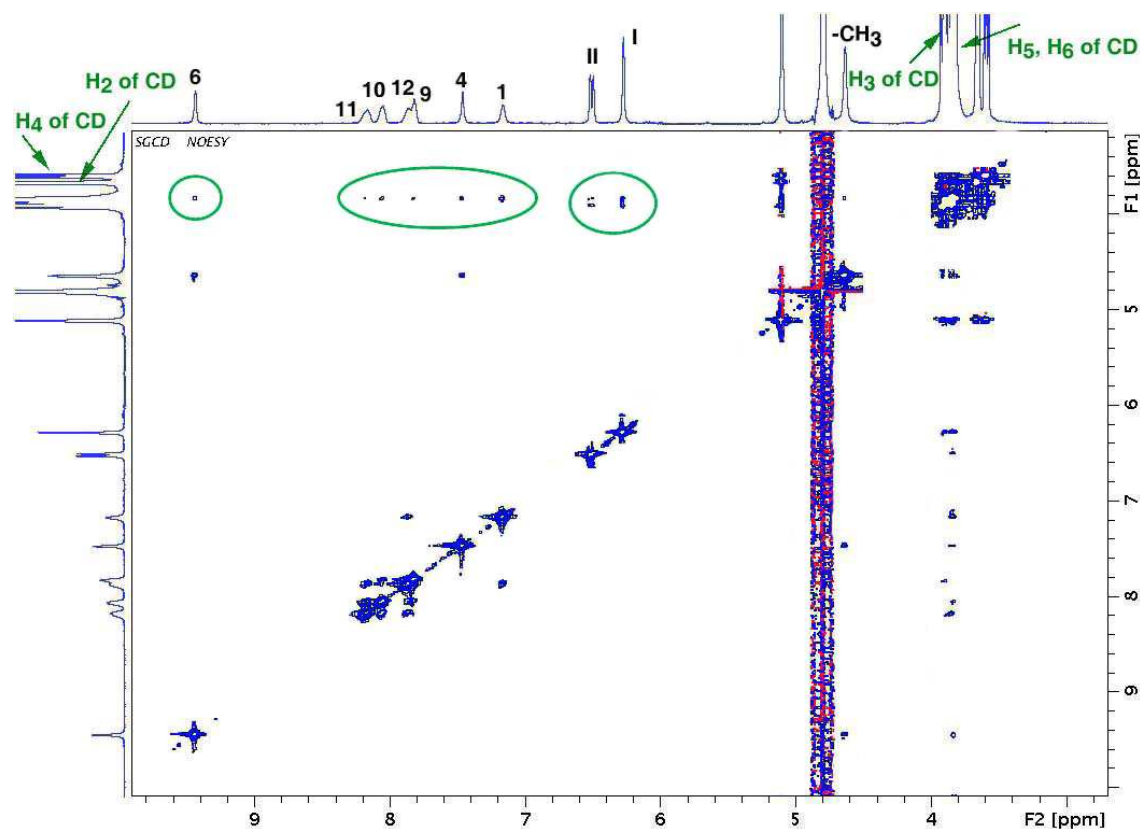


Fig. 6 2D NOESY contour map of SGR/ γ -CD inclusion complex in D_2O . The cross-peaks between two protons of the SGR and CD are circled in the spectra.

Two-dimensional (2D) NMR spectroscopy provides accurate information about the spatial proximity of protons of host and guest by examination of intermolecular dipolar cross correlations. Two protons that are closely located in space can produce a Nuclear Overhauser Effect (NOE) cross-correlation in NOE spectroscopy (NOESY). The high frequency region of the 1H -NMR spectrum (6.0–10.0 ppm) proved to be appropriate to monitor the NOE peaks between SGR and CDs. The NOESY spectrum of SGR/ γ -CD complex in D_2O is presented in Fig. 6. Significant NOE cross peaks between almost all aromatic protons of SGR (circled in the Fig. 6) and H-5, H-6 protons of CD was observed implying complete SGR inclusion into the γ -CD cavity.

But the cross peaks between two set of dioxazole protons (C-I and C-II) with H-3, H-5 and/or H-6 protons of CDs indicate that both sides of the SGR can be included into the γ -CD cavity. It can also be shown that in case of α -, and β -CD, NOE cross peak between dioxazole protons (C-I and C-II) of SGR and H-3, H-5, H-6 protons of CD indicates that SGR could also be included also into α -, and β -CD cavity (Fig. 7,8). Absent of significant other cross peaks of aromatic protons of SGR with protons of α -, β -CDs indicate partial inclusion into CD cavity. Nevertheless, 'external complexes' of SGR on the outer surface of all the CDs may also be present in the solution along with the inclusion complex. The schematic representation of all three inclusion complexes with comparative diameter of cyclodextrin is shown in Fig. 9.

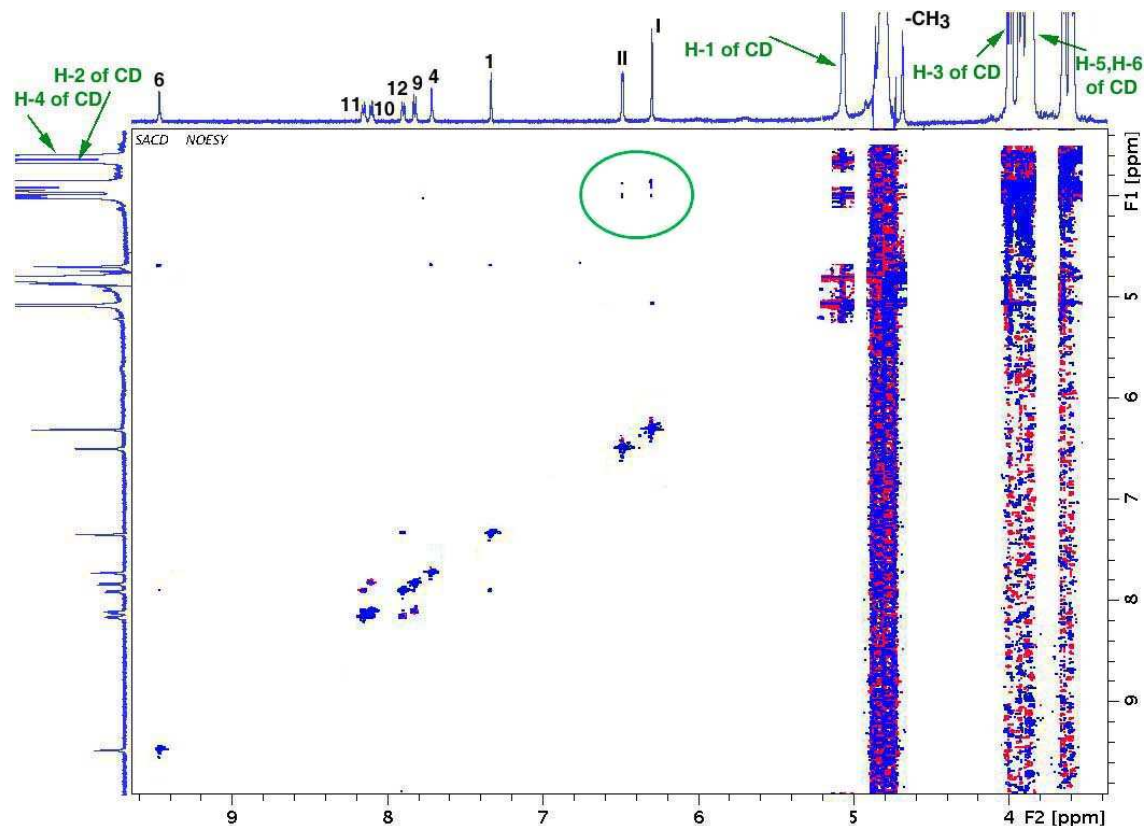


Fig. 7 NOESY contour map of SGR/ α -CD inclusion complex in D_2O at 298.15K. The cross-peaks between two protons of the host and guest are circled in the spectra.

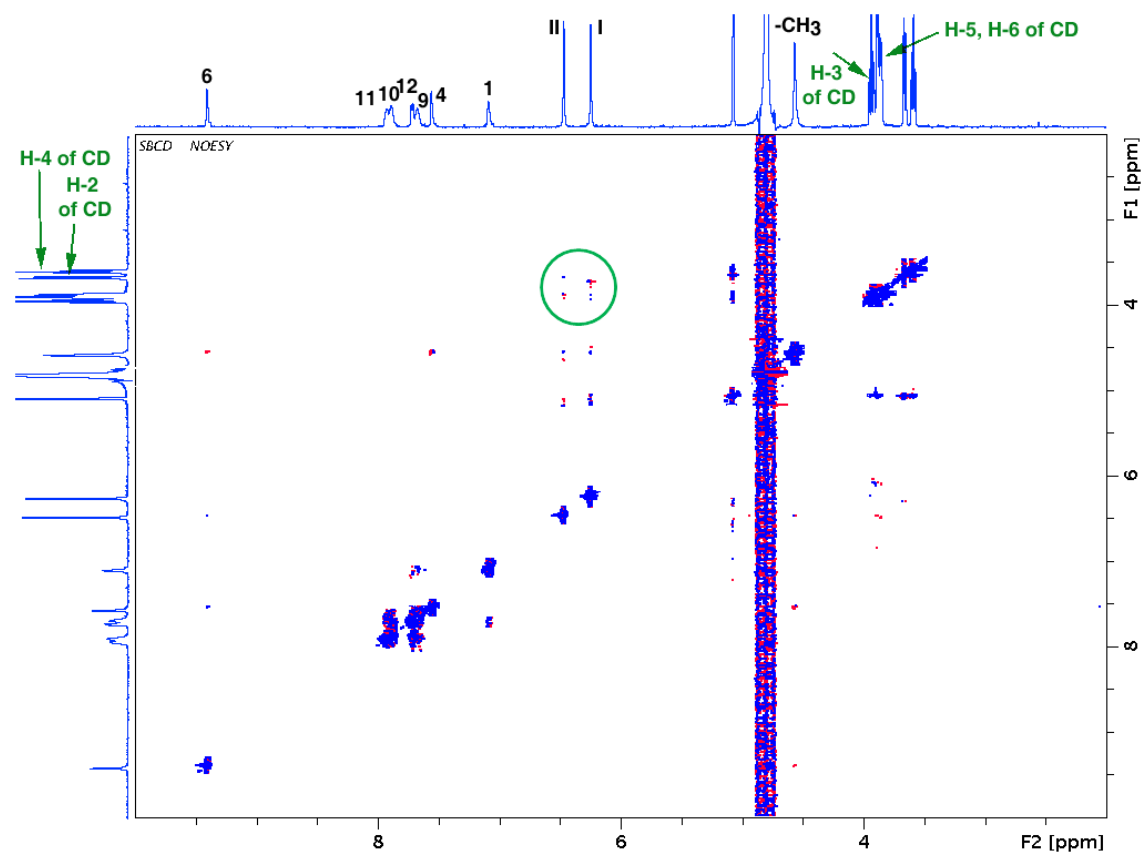


Fig. 8 NOESY contour map of SGR/ β -CD inclusion complex in D_2O at 298.15K. The cross-peaks between two protons of the host and guest are circled in the spectra.

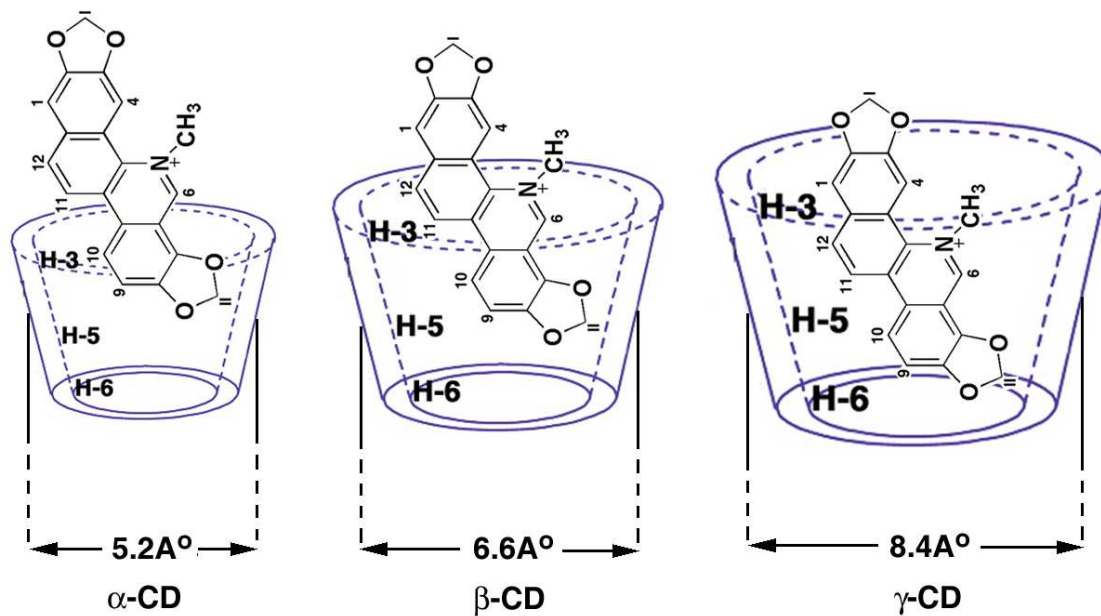


Fig. 9 A Schematic representation of inclusion complexes of SGR with all the cyclodextrins with comparative rim diameter.

Conclusions

This study focused on the formation and comparative determination of association constants and thermodynamic parameters of inclusion complexes of the benzophenanthridine alkaloid sanguinarine with three natural CDs by spectroscopic and calorimetric techniques. The results confirm that all three CDs formed inclusion complexes with SGR in 1:1 stoichiometry. The association constant with β -CD is higher due to the proper fitted cavity and the association constant order followed as $\beta > \alpha > \gamma$ -CDs. Thermodynamic parameters for the association with CDs obtained from the calorimetric study confirmed that solvated water molecules in the CD cavity play a crucial roles in the binding process. The insertion of SGR molecule inside the CD cavity largely depends on the number of released water molecule to the bulk water. The process of water molecule release swings the binding synergistically as entropy driven process. Two-dimensional NOESY study confirms that both end of SGR molecules was included into γ -CD cavity from the wider side of the cavity whereas in case of other two CDs it specific and partial inclusion. Thermodynamic parameters obtained from the calorimetric study for the inclusion of SGR into these natural CDs can be regarded as an important step towards the design of novel formulation as drug and healthcare products.

Material and methods

Chemicals

Sanguinarine chloride hydrate (sanguinarine >98% purity, MW= 367.8 Da) and deuterated water (99.8% atom D) were obtained from Sigma-Aldrich LLC (MO, USA). The concentration of SGR solution was determined spectrophotometrically using its molar absorption coefficient ($\epsilon = 30,700 \text{ M}^{-1} \text{ cm}^{-1}$ at 327 nm in acidic aqueous solution) reported in the literature.⁴⁶ Three natural CD, viz. α -, β -, γ -CDs were obtained from Acros Organics (purity $\geq 99\%$) and dried in a vacuum desiccator prior to the use. Other reagents and chemicals were of analytical grade. Phosphate buffer of 10 mM $[\text{Na}^+]$, pH=6.2 was used for fluorescence and calorimetric studies. NMR experiments were done in D_2O .

Experimental procedures

Ultraviolet–visible spectroscopy

Absorption spectral measurements were carried out in a Jasco V660 double beam double monochromator spectrophotometer (Jasco International Co., Hachioji, Japan) in 1 cm path length quartz cuvettes at $298.15 \pm 1 \text{ K}$. The concentration of sanguinarine was held constant. Appropriate amounts of CDs were added to the SGR sample to vary the final concentration of the CDs in the solutions.

Fluorescence spectroscopy

Changes in the fluorescence spectra of SGR with increasing concentration of CDs were measured on a Shimadzu RF 5301-PC spectrofluorimeter (Shimadzu Corporation, Kyoto, Japan) in a 1 cm quartz cuvette. Emission spectra of SGR were obtained in the 500-700 nm regions by exciting at 470 nm. All the fluorescence titrations were carried out at $298.15 \pm 1 \text{ K}$ keeping a fixed concentration of the SGR and varying the concentration of the CDs.

Circular dichroism spectroscopy

Circular dichroism spectra of SGR-CD complexes were recorded at 298.15±1 K on a Jasco J815 spectropolarimeter (Jasco International Co. Ltd.,) equipped with a Peltier controlled cell holder and temperature controller in a rectangular 1.0 cm path length cuvette. Scan speed of 100 nm/min and a bandwidth of 1.0 nm were applied to obtain the CD spectra. Each sample was scanned five times to improve signal to noise ratio and smoothed within a permissible limits using the software of the unit. The ellipticity (θ) values are expressed in units of milli degree.

Isothermal titration calorimetry

ITC study was performed at 298.15 K in a Microcal VP-ITC unit (MicroCal LLC, Northampton, MA, USA) after electrical and chemical calibrations. The titrations involved injecting aliquots of the CD solutions from the rotating syringe to SGR solution kept in the calorimeter cell. The duration of each injection was 10 s with a time gap of 300 s between injections. Control experiments to determine the heat of dilution of the CDs were performed by injecting identical volumes of CDs into the buffer solution. After subtracting the heat of dilution from the heat of SGR-CD reaction, the heats of the binding were plotted as a function of the mole ratio of [CD /SGR]. The data were fitted with 'one set of binding sites' model to give the binding constant (K_a), the stoichiometry (N) and the enthalpy change of binding (ΔH°). The Gibbs energy change (ΔG°), and the entropic contribution to the binding ($T\Delta S^\circ$) were subsequently determined from standard thermodynamic relationships described earlier.⁴⁷

Nuclear magnetic resonance spectroscopy

NMR spectra of SGR and its complexes with natural CDs were recorded with a 600 MHz Bruker Avance spectrometer equipped with a TCI CryoProbe at 298.15 K. Two-dimensional (2D) NMR studies (NOESY) were carried out in phase-sensitive mode with 32 scans and 2×192 free induction decays. 2D data were processed with Gaussian apodization. Chemical shifts are reported in parts per million (ppm).

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Table 1 Association constant derived from spectrofluorimetric study by Benesi-Hildebrand analysis for SGR-CDs complexes ^a

Parameter	α -CD	β -CD	γ -CD
$K_{BH}/10^3$ (M ⁻¹)	2.56 \pm 0.12	9.98 \pm 0.21	2.09 \pm 0.13
Correlation coefficient (R)	0.9990	0.9993	0.9998

^a The data in this table were obtained from studies conducted at 298.15 \pm 1 K and averages of three determinations. K_{BH} is the Benesi-Hildebrand binding constant determined according to equation 3.

Table 2 ITC derived thermodynamic parameters for the binding of SGR with CDs at 298.15 K ^a

CD	Binding constant (K_a) $\times 10^3 \text{ M}^{-1}$	N	ΔH° kJ.mol ⁻¹	$T\Delta S^\circ$ kJ.mol ⁻¹	ΔG° kJ.mol ⁻¹
α	2.39 ± 0.19	1.15 ± 0.15	-3.32 ± 0.04	15.96	-19.28 ± 0.04
β	9.53 ± 0.38	1.09 ± 0.14	-0.58 ± 0.02	20.22	-20.80 ± 0.02
γ	2.04 ± 0.11	0.95 ± 0.12	-9.98 ± 0.09	8.90	-18.88 ± 0.09

^a ΔH° is the enthalpy change and $T\Delta S^\circ$ the entropy contribution. N is the binding stoichiometry. The values of ΔG° (Gibbs energy change) were determined using $\Delta G^\circ = \Delta H^\circ - T\Delta S^\circ$, with the indicated uncertainty value.

Table 3 ^1H NMR (600 MHz) chemical shift (δ) data (in ppm) of SGR and SGR-CD mixtures ^a

		SGR	SGR/ α -CD complex	$\Delta\delta$	SGR/ β -CD complex	$\Delta\delta$	SGR/ γ -CD complex	$\Delta\delta$
C-1	s	7.0170	7.3320	0.315	7.0910	0.0740	7.165	0.148
C-4	s	7.5040	7.7160	0.212	7.5630	0.0590	7.465	-0.039
C-6	s	9.3610	9.4680	0.107	9.4100	0.0490	9.440	0.079
C-9	d	7.5995	7.8240	0.2245	7.5630	-0.0365	7.822	0.2225
C-10	d	7.8220	8.1035	0.2815	7.8995	0.0775	8.057	0.235
C-11	d	7.8505	8.1543	0.3038	7.9305	0.0800	8.168	0.3175
C-12	d	7.6725	7.8983	0.2258	7.7210	0.0485	7.862	0.1895
I-CH ₂	s	6.2140	6.2980	0.084	6.2530	0.0390	6.276	0.062
II-CH ₂	d	6.4380	6.4865	0.0485	6.4710	0.0330	6.5075	0.0695
-CH ₃	s	4.5170	4.6850	0.168	4.5700	0.0530	4.638	0.121

^a s-singlet, d-doublet