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ARTICLE

7 Flexible Free-standing Graphene Paper with 8 Interconnected Porous Structure for Energy Storage

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10 A novel porous graphene paper is prepared via freeze drying a wet graphene oxide gel,
11 followed by thermal and chemical reduction. The macroscopic structure of the formed
12 graphene paper can be tuned by the water content in the gel precursor. With 92% water
13 content, an interconnected macroporous network can be formed. This porous graphene (PG)
14 paper exhibits excellent electrochemical properties. It can deliver a high discharge capacity of
15 420 mAh g⁻¹ at a current density of 2000 mA g⁻¹ when used as binder-free lithium ion battery
16 anode. PG paper exhibits a specific capacitance of 137 F g⁻¹ at 1 A g⁻¹ in a flexible all-solid-
17 state supercapacitor with PVA/H₂SO₄ electrolyte. It can maintain 94% of its capacitance under
18 bending. This electrochemical performance and mechanical flexibility makes it an excellent
19 material for flexible energy storage devices.

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27 1. Introduction

28 With the increasing interests in portable electronics,
29 lightweight, flexible and high performance energy storage
30 devices are extensively studied.^{1, 2} For the flexible energy
31 storage units, the most important challenge is to fabricate
32 electrodes that can sustain good electrochemical properties
33 upon bending. Carbon based free-standing thin films or
34 papers are promising flexible binder-free electrodes due to
35 its flexibility and excellent electrochemical properties.³⁻⁵
36 Among the carbon materials family, graphene offers
37 outstanding electrochemical properties for energy storage
38 application,^{6, 7} due to its intriguing properties such as
39 excellent conductivity, exceptionally large specific surface
40 area and extraordinary electronic transport properties.⁸⁻¹⁰

41 Flexible binder-free graphene or graphene composite
42 electrodes can be fabricated due to the large aspect ratio of
43 the individual graphene sheets. These electrodes have found
44 applications in flexible batteries/supercapacitors.¹¹⁻¹⁴ The
45 restacking of graphene sheets due to strong π – π interactions
46 during the fabrication process deteriorates performance as

47 the accessible surface area is decreased limiting the
48 electrochemical properties. There exist two main strategies
49 to inhibit the restacking of graphene sheets: the
50 incorporation of spacers separating the graphene sheets and
51 the creation of three-dimensional porous networks. Spacers
52 used include surfactants, polymers, nanoparticles and even
53 water.¹⁵⁻¹⁸ The approaches used to construct three-
54 dimensional porous graphene assembly involve the
55 technique of hydrothermal,¹⁹ template-assisted CVD,
56 organic sol-gel^{20, 21} and freeze drying.²²⁻²⁴

57 Freeze drying is a simple, versatile, low-cost and
58 environmentally friendly fabrication technique for porous
59 structures.²⁵ It has been widely used in the research of tissue
60 engineering and other biological applications.²⁶ Recently,
61 freeze casting has been used to create porous graphene
62 material. A highly-ordered three-dimensional architecture
63 with microchannels oriented along the freezing direction
64 could be fabricated using a polymer stabilized graphene
65 aqueous dispersion.²² An ultralight graphene based aerogels
66 with monolithic three-dimensional framework can be
67 prepared by quickly freezing the graphene dispersion

1 followed by freeze drying process.²⁴ The graphene
2 monoliths can be made superelastic via tuning the reduction
3 level of the graphene precursor and controlling the freeze
4 drying conditions.²³ However, such produced macroscopic
5 graphene aerogel generally possesses large pore size (over
6 150 μm), ultra-low density and mechanical fragility. A
7 mechanical pressing procedure was applied to form paper-
8 like electrode, subsequently part of the porous structure was
9 lost.²⁷

10 In this work, we report a mechanically strong flexible
11 graphene paper with an interconnected porous structure.
12 This paper can be fabricated directly by a simple freeze
13 drying strategy. It demonstrates superior electrochemical
14 performance when used as an electrode in lithium batteries
15 or in all-solid-state supercapacitors. The intrinsic
16 mechanical flexibility of such graphene paper allows it to be
17 used as binder-free electrode directly without the need for
18 mechanical pressing.

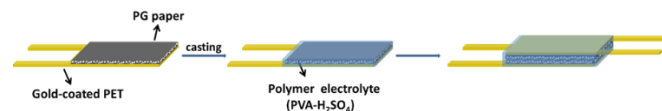
2. Experimental

2.1 Material synthesis and device fabrication

23 Graphite oxide was synthesized from natural graphite
24 flakes using the modified Hummers method.^{6, 28} The
25 obtained graphite oxide was subjected to ultrasonication
26 using a Brandson Digital Sonifier (S450D) for 30 min
27 (30% amplitude, 2s on, 1s off) to obtain graphene oxide
28 (GO). Graphene oxide wet “gel” was formed by vacuum
29 filtration of a 24 mL 1 mg mL⁻¹ GO dispersion (0.22 μm
30 polycarbonate membrane), followed by a quickly frozen
31 procedure with liquid nitrogen. The frozen graphene gel was
32 then subject to a freeze-drying process in a freeze drier
33 (Christ Alpha 1-2 LD plus). The as-prepared GO paper was
34 thermally reduced at 220°C in air for 2h, followed by further
35 reduction with 5% ascorbic acid solution for 6h at 60 °C.
36 Two types of wet “gel” precursor, containing 92% and 87%
37 water, were used in this work. The resultant graphene paper
38 was named G-92, G-87, respectively. The water content was
39 measured by thermal gravity analysis. For comparison,
40 graphene paper from air dried wet “gel” was also prepared
41 for comparison. It was named as G-air paper.

42 For lithium battery test, the graphene paper sample was
43 assembled into LR 2032 type coin cell coupled with lithium
44 metal using 1M LiPF₆ in 1:1 (v/v) ethylene
45 carbonate/dimethyl carbonate as electrolyte. To fabricate
46 flexible all-solid-state supercapacitor, the graphene paper
47 was pasted onto gold-coated PET substrate using silver

48 paste. A gel electrolyte, PVA/ H₂SO₄ (1:1, weight ratio)
49 was prepared following the procedure described in our
50 previous report,²⁹ and dropped onto the graphene electrode
51 and dried at room temperature for 12 h. Two such electrodes
52 were held together using fresh polymer electrode as glue
53 (Figure 1).



54

55 Figure 1 Schematic procedure to fabricate flexible all solid-state
56 supercapacitors.

2.2 Characterization

58 The morphology was investigated using atomic force
59 microscope (AFM, Asylum MFP) and field-emission
60 scanning electron microscope (FESEM, JEOL
61 JSM7500FA). XRD measurements were performed on an
62 Australia GBC Scientific X-ray diffract meter (Cu K α
63 radiation, $\lambda=1.5418 \text{ \AA}$) at a scan rate of 2° min⁻¹. The
64 thermal properties were characterized by TGA (Q500, TA
65 instruments), and the measurements were tested under
66 nitrogen with a ramp rate of 5°C min⁻¹. Conductivity
67 measurements were carried out on a Jandel RM3
68 Conductivity Meter using a four-point probe method.

69 Galvanostatic charge/discharge tests for lithium battery
70 were performed using a LAND CT2001A battery test
71 system (Wuhan Jinnuo Electronics Co. Ltd. China) over a
72 potential range of 0.005-3.0 V (vs. Li/Li⁺). Cyclic
73 voltammetry for lithium battery was tested using a Solartron
74 SI 1287 and scanned between 0.0 to 3.0 V (vs. Li/Li⁺) at a
75 rate of 0.1 mV s⁻¹. For all-solid-state supercapacitor, the
76 electrochemical tests were conducted using a battery test
77 system (galvanostatic charge/discharge test, Neware
78 Electronic Co. China) and EA163 potentiostat (CV test,
79 eDAQ Pty. Ltd.). Electrochemical impedance spectroscopy
80 (EIS) measurements were performed using a Gamry EIS
81 3000 system, and the frequency range spanned from 100
82 kHz to 0.01 Hz with amplitude of 10 mV at open circuit
83 potential.

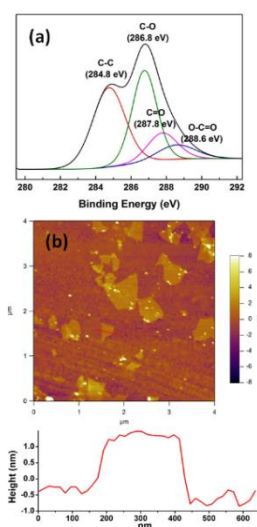
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3. Results and discussion

87 The prepared graphene oxide was analysed by X-Ray
88 photoelectron spectroscopy (XPS). A typical C1s spectrum
89 of graphene oxide shows four components corresponding to

1 different functional groups, indicative of the considerable
 2 degree of oxidation (Figure 2a). The non-oxygenated ring C
 3 (C-C), C in C-O bonds, carbonyl C (C=O) and carboxylate
 4 C (O-C=O) appears at 284.8 eV, 286.8 eV, 287.8 eV and
 5 288.6 eV, respectively. Atomic force microscopy shows that
 6 the evaporated graphene oxide dispersion cast on silicon
 7 wafer consists of isolated graphene sheets.³⁰ Although the
 8 theoretical thickness of single layered graphene sheet is
 9 ~0.34 nm, the graphene oxide sheets are expected to be
 10 thicker due to the presence of functional groups and
 11 absorbed water molecules.³¹ Our graphene nanosheet is
 12 several hundred nanometres in lateral dimension and ~1.2
 13 nm in thickness, suggesting the successful exfoliation of
 14 graphite oxide (Figure 2b).



15
 16 Figure 2 XPS spectrum of graphene oxide (a) and AFM image and
 17 height profile of graphene oxide (b).

18 The morphology of the fracture edge of the G-92, G-87
 19 and G-air graphene paper was presented in Figure 3. G-92
 20 paper exhibits a cross-linked porous network with pore size
 21 around several micrometres. We label this graphene paper as
 22 PG to denote the porous structure. G-87 paper displayed a
 23 loosely compacted layered structure with micro-scale
 24 interspaces (Figure 3b). For air dried graphene paper (G-air),
 25 a more compact layered structure with large interspaces was
 26 observed (Figure 3c). PG paper displayed a high thickness
 27 due to the high porosity, approximately 150 μm . It is not
 28 unexpected that the formation of layered structure results in
 29 the thickness shrinkage. The thickness of G-87 paper and G-

30 air paper was ~15 μm and ~10 μm , respectively, only 1/10
 31 and 1/15 of PG paper's thickness. The conductivity for PG,
 32 G-87 and G-air paper is 8 S m^{-1} , 43 S m^{-1} and 62 S m^{-1} ,
 33 respectively. The conductivity of PG paper is relatively low
 34 due to the high inter-sheet contact resistance within the
 35 porous structure.²⁰ However, we should point out that this
 36 conductivity is higher than that of the previously reported
 37 3D porous graphene assemblies (0.5 S m^{-1}) obtained using a
 38 hydrothermal method.¹⁹ Interestingly, such highly porous
 39 graphene paper (PG, G-92) is still flexible and robust
 40 (Figure 3d). The PG paper can maintain its porous structure
 41 even after being constructed into a coin cell coupled with
 42 Lithium foil and subjected to 100 charge/discharge cycles
 43 (Figure 3a inset).

44 The water content in the gel-like graphene precursor is a
 45 vital factor in forming the porous structure. The arrangement
 46 of graphene sheets in solution/gel is attributed to the balance
 47 between electrostatic repulsion (originating from the
 48 functional group on the edge of graphene sheets) and
 49 interaction forces arising from hydrogen bonding and π - π
 50 interaction.^{32, 33} When the binding interaction is reinforced
 51 by filtration and becomes the main driving force, the
 52 graphene sheets in the gel tend to arrange a layered
 53 structure. Once the water was removed by air drying, the
 54 intersheet interaction could be further reinforced due to the
 55 partial flattening of the graphene sheets, forming a compact
 56 layered structure.¹⁸ Within a wet gel containing 87% H_2O ,
 57 still water remains tightly adsorbed onto graphene, forming
 58 hydrated graphene sheets. Such hydrated graphene sheets
 59 are then assembled as a less compact layered structure after
 60 freeze drying due to the trapped water. This type of structure
 61 has been previously reported for a graphene gel obtained
 62 from reduced graphene oxide after freeze drying.³⁴ When
 63 the water content was increased (92%), the excess
 64 unconfined free water allows the colloidal electrostatic
 65 repulsion to hinder the parallel alignment of graphene
 66 sheets, forming a graphene porous network with free water
 67 trapped inside. When frozen by liquid nitrogen, the
 68 extremely low temperature leads to the rapid formation of
 69 ice nuclei and the growth of small ice crystals.³⁵ The
 70 sublimation of such ice crystals creates a continuous porous
 71 network, like the structure of freeze dried graphene hydrogel
 72 with a high water content (97.4 %).¹⁹

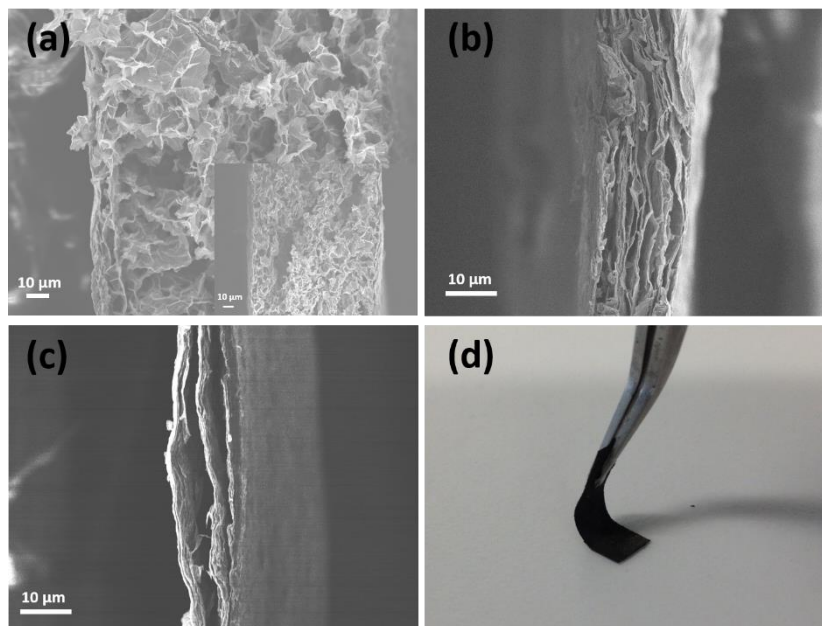


Figure 3 SEM image of the cross section of PG (a), G-87 (b) and G-air graphene paper. Photograph demonstrating the flexibility of PG paper (d). (Figure 3a inset: SEM image of cycle PG paper.)

Figure 4a shows the XRD spectra obtained for porous graphene oxide (PGO, before reduction) and PG paper. PGO paper shows a strong and sharp peak at 10.0° , corresponding to a d -spacing of 0.88 nm. PG paper displays a broad and weak peak at around 24° . The d -spacing for the PG paper decreased to 0.37 nm due to the removal of oxygen-containing functional groups between interlayer of graphene sheets. The peak in PG paper is broader and weaker, indicating a less ordered state caused by the porous structure.³⁶ Raman spectra of PGO and PG paper were presented in Figure 4b. They all displayed a typical G band (1583 cm^{-1}) and D band (1334 cm^{-1}), corresponding to the first order scattering of the E_{2g} mode (G band) and disordered structures (D band), respectively.³⁷ The D/G intensity ratio is 1.20 for PGO, and 1.40 for PG. Such D/G ratio change can be attributed to the decrease in the average size of the sp^2 domains upon reduction. The D/G intensity ratio increased from 1.40 to 1.67 after the PG paper was subjected to 100 charge/discharge cycles (Figure 4c). The increased D/G ratio indicates higher degree of disorder, which may be ascribed to more defects created in the graphene nanosheets due to the repeated lithium intercalation-deintercalation process.³⁸

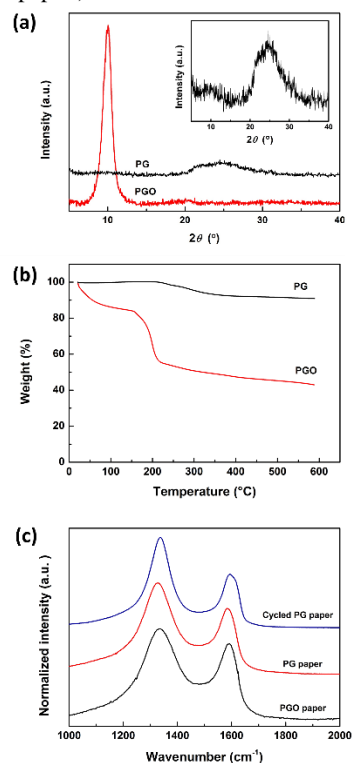


Figure 4 XRD patterns (a) and TGA curves (b) of PGO and PG papers. (c) Raman spectra of PG, PGO paper and cycled PG paper. (Figure 4a inset: expanded peak view for PG paper ($5-40^\circ$)).

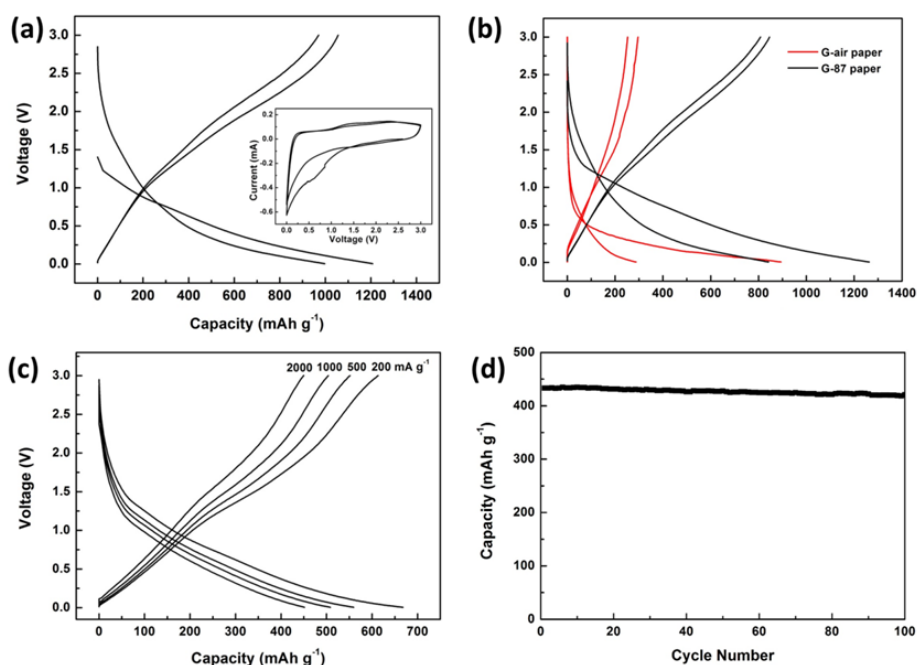
1 PGO paper or PG paper shows a typical TGA curve for
 2 GO and reduced GO materials (Figure 4c). The hydrophilic
 3 PGO paper demonstrated a ~10 % weight loss below 100 °C
 4 due to the evaporation of absorbed water, and a ~30 % loss
 5 between 100-200 °C (Figure 4c). The later weight loss was
 6 caused by pyrolysis of oxygen-containing groups.³⁹ PG paper
 7 displayed negligible weight loss in this temperature range,
 8 which indicates the successful reduction of the PGO paper.
 9 The weight loss of PG and PGO paper in the temperature
 10 range of 200 °C to 500 °C is similar, ~10%, and is attributed
 11 to the decomposition of the residual oxygen-containing
 12 groups.⁴⁰ The Raman Spectra, TGA curves of G-87 and G-air
 13 paper were not shown here due to their similarity.

14 Since the graphene electrode structure described here is
 15 to be used in liquid media, the methylene blue (MB) solution
 16 adsorption was used to determine surface area, as has been
 17 described previously.^{41, 42} MB is commonly used to evaluate
 18 the specific surface area of nanostructured carbon materials.
 19 A surface area of 148 and 18 m² g⁻¹ was obtained for PG and
 20 G-87 paper, respectively. The graphene paper exhibited a
 21 negligible surface area. Such big difference in the surface area
 22 can be ascribed to their structures as revealed by SEM
 23 images.

24

25 The performance of PG paper as binder-free electrode for
 26 lithium-ion battery was studied by galvanostatic
 27 charge/discharge in the potential range of 0.005 to 3.0 V. PG
 28 paper displayed a very high first discharge capacity of 1200
 29 mAh g⁻¹ and a reversible capacity of 1056 mAh g⁻¹ at the
 30 second cycle (Figure 5a). G-87 paper could deliver a similar
 31 first discharge capacity of 1260 mAh g⁻¹, but much lower
 32 reversible discharge capacity of 841 mAh g⁻¹. Not
 33 surprisingly, G-air paper presented the lowest discharge
 34 capacity, a first charge capacity of 894 mAh g⁻¹ and a
 35 reversible discharge capacity of 287 mAh g⁻¹ (Figure 5b). The
 36 interconnected three dimensional porous structures in the PG
 37 graphene paper could provide more lithium insertion active
 38 sites, thus leading to much higher reversible capacity. The
 39 higher reversible capacity of G-87 paper than that of G-air
 40 paper could be attributed to its loosely packed layered
 41 structure. The G-air paper possesses a much higher restacking
 42 level of graphene sheets, which limits the active site and the
 43 accessibility of ions and electrolyte.

44



45

46 Figure 5 First and second charge discharge curves of PG paper (a), G-air papers and G-87 paper (b). (c) Charge discharge curves of PG paper
 47 at different current densities. (d) Capacity versus cycle number at 2000 mA g⁻¹. (Figure 5a inset: cyclic voltammograms of PG paper at a scan
 48 rate of 0.1 mV s⁻¹).

49 The lithium intercalation occurs in the potential range
 50 below 0.5 V for PG paper (inset in Figure 6a), which
 51 became weaker after the first circle due to the lithium
 52 intercalation reaction is not fully reversible. The cathodic

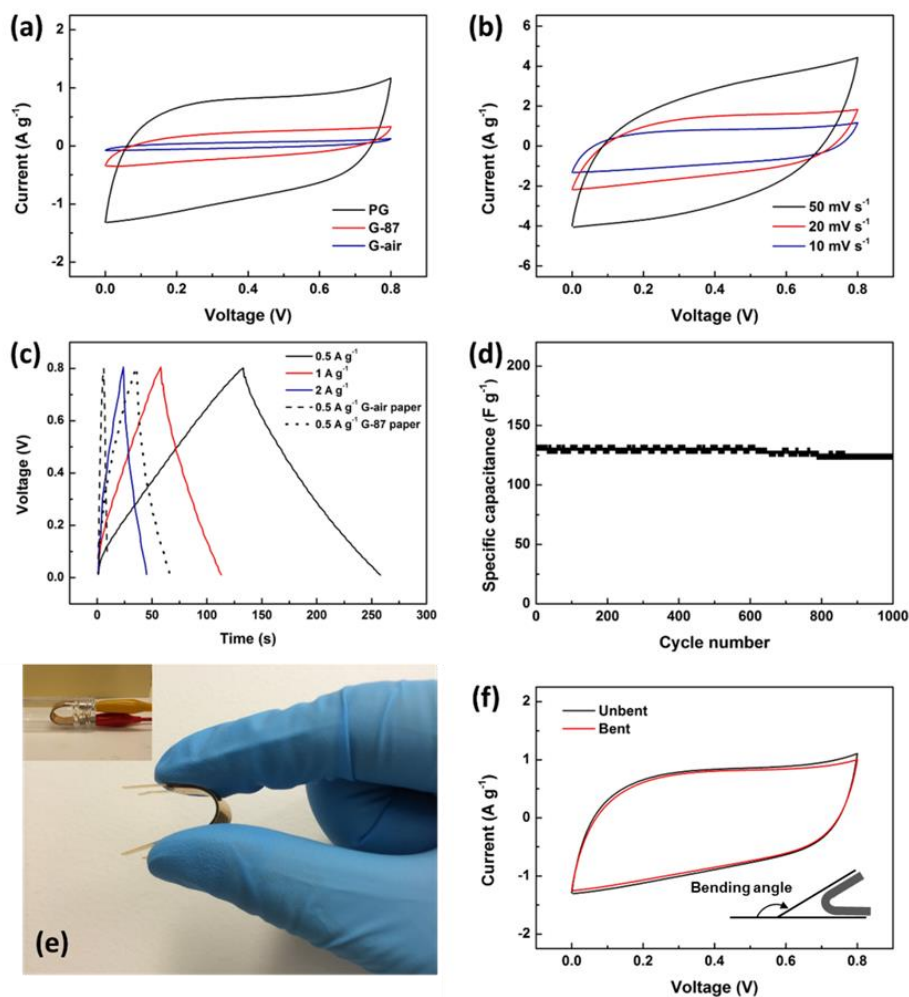
53 peak around 0.75V, which only appears in the first circle,
 54 indicates the formation of solid electrolyte interface (SEI).
 55 The cathodic peak at about 1.5 V attributes to lithium
 56 interactions with the residual functional groups on the

1 surface or on the edge sites of graphene sheets. This
2 irreversible capacity loss could be attributed to the
3 formation of SEI layer and the reaction of lithium ion with
4 residual oxygen-containing functional group.⁷ These results
5 are in good agreement with the charge discharge curves.

6 The PG paper also delivered good rate capability. At a
7 current density of 200, 500, 1000 and 2000 mA g⁻¹, the
8 corresponding reversible capacity could reach 683, 600, 518
9 and 428 mAh g⁻¹, respectively (Figure 5c). This high rate
10 discharge/charge capability is due to the enhanced
11 accessibility of ions and electrolyte benefited from the
12 unique porous structure. Our PG paper can deliver a
13 capacity of 420 mAh g⁻¹ at 2000 mA g⁻¹, much higher than
14 that reported 300 mAh g⁻¹ at 186 mA g⁻¹ for previous
15 filtrated graphene paper electrodes.⁴³ This performance is
16 also much better than that (141 mAh g⁻¹ at 1500mA g⁻¹)
17 obtained using graphene paper prepared by mechanically
18 pressing a freeze dried graphene aerogel.⁴⁴ This paper also
19 demonstrated a good cycling stability (Figure 5d). After 100

20 cycles, our PG paper electrode still maintains a capacity of
21 420 mAh g⁻¹ at a current density of 2000 mA g⁻¹, 97 % of
22 the initial capacity. This result was higher than that of the
23 pressed graphene cryogel paper we previously reported.²⁷

24 The electrochemical properties of this PG paper were
25 also investigated after being assembled into an all-solid-state
26 supercapacitor. G-87 and G-air paper based supercapacitor
27 were also evaluated for comparison (Figure 6a). The CV
28 curve of PG based supercapacitor shows a near rectangular
29 shape at a scan rate of 10 mV s⁻¹, with a high single
30 electrode specific capacitance of ~148 F g⁻¹. A distorted
31 rectangular CV response was presented by G-87 paper,
32 indicating its poorer capacitive performance. G-87 paper
33 delivered a low specific capacitance of ~36 F g⁻¹. Not
34 surprising G-air paper delivers a negligible capacitance at 10
35 mV s⁻¹. The rectangular CV loop of PG paper became
36 slightly distorted when the scan rate reached 20 mV s⁻¹ and
37 50 mV s⁻¹, and the capacitance was 118 F g⁻¹ and 74 F g⁻¹
38 respectively.



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1 Figure 6 (a) Cyclic voltammograms of PG paper, G-87 paper and G-air paper at a scan rate of 10 mV s⁻¹. (b) Cyclic voltammograms for PG
2 paper based flexible solid-state supercapacitor at different scan rate. (c) Charge discharge curves of PG paper (solid line), G-87 paper (dot
3 line) and G-air paper (dash line) based flexible supercapacitor. (d) Cycle stability of PG paper supercapacitor at a current density of 1 A g⁻¹.
4 (e) Digital image of a flexible and bendable PG paper based supercapacitor. (f) Cyclic voltammograms of PG paper based supercapacitor
5 (bending and relaxation state) at a scan rate of 10 mV s⁻¹.

6 The discharge curve obtained using PG paper is nearly 42
7 straight, indicating a good electrical double layer
8 performance (Figure 6c). The specific capacitance for a 43
9 single electrode C_s is calculated from charge discharge
10 curves using equation:

$$C_s = \frac{2I\Delta t}{m\Delta V}$$

11 Where I is the discharge current, Δt is the time for a full
12 discharge, m is the mass of a single electrode, and ΔV
13 represents the potential window. The specific capacitance of
14 PG flexible supercapacitor was 156 F g⁻¹ at 0.5 A g⁻¹. It
15 decreased to 105 F g⁻¹ at a higher current density of 2 A g⁻¹.
16 PG paper based solid-state supercapacitor shows a
17 comparable performance to the previously reported carbon
18 nanotube based solid-state devices.⁴⁵⁻⁴⁷ In sharp contrast, G-
19 87 paper and G-air paper only delivered a specific
20 capacitance of 38 F g⁻¹ and 5 F g⁻¹ at 0.5 A g⁻¹ (Figure 6c,
21 dot line and dash line). The capacitance became negligible
22 when the current density increased to 2 A g⁻¹ (not shown
23 here). The formation of the layered structure in graphene
24 paper decreased the surface area, resulting in the poor
25 performance.⁴⁸ For PG paper, its porous structure offers high
26 surface area facilitating the easy ionic transportation and
27 enhanced accessibility of electrolyte, thus lead to the high
28 capacitance.

29 To further characterize the cycle stability of the solid-
30 state device, galvanostatic charge/discharge tests were
31 carried out at a current density of 1 A g⁻¹ (Figure 6d). Only
32 ~6% decay in specific capacitance was observed after 1000
33 charge/discharge cycles. The Coulombic efficiency was in
34 the range of 98-100%. This flexible supercapacitor also
35 exhibit good mechanical robustness. It could be repeatedly
36 bent over 100 times at over 120° bending angle without
37 significant variations in specific capacitance. It displayed
38 nearly the same capacitive behaviour in the bent and unbent
39 state (94% capacitance retention upon bending) (Figure 6f),
40 indicating that electrochemical property change is negligible
41 when is subjected to bending.

43 Conclusions

44 A novel graphene paper with a continuous porous
45 structure was prepared using a graphene wet gel as
46 precursor and a simple lyophilisation process. The
47 water content in the precursor graphene oxide gel was
48 used to prevent the restacking of graphene sheets. The
49 structure formed could be tuned from a loosely compact
50 layered structure to a continuous connected porous
51 network with the water content in the gel precursor. The
52 porous graphene (PG) paper displayed an enhanced
53 electrochemical performance in lithium batteries and
54 all-solid supercapacitors. The highly interconnected 3D
55 structure allows fast charge transfer and rapid ion
56 diffusion, thus enhances its electrochemical
57 performance. This PG paper is mechanically robust and
58 flexible; make it a promising electrode used in wearable
59 or rolling-up devices. Also, its open porous structure
60 allows the fabrication of porous graphene-based
61 composites via incorporation with other functional
62 materials into the void space.

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74 Notes and references

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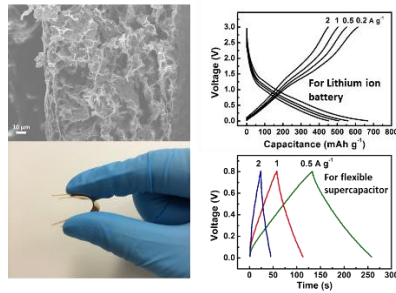
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Graphical Abstract



Flexible porous graphene paper was obtained via facile freeze drying method. It exhibits an excellent electrode performance in both the lithium battery and solid-state supercapacitor.