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1     **Occurrence and distribution of phosphorus fractions in sediments of Liangzi Lake**  
2                                   **with typical hydrodynamic conditions**

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11  
12    **Abstract**

13           Understanding the transformation and chronological accumulation of phosphorus (P)  
14    forms in typical hydrodynamic conditions of lake is important for clarifying the process  
15    of lake evolution and eutrophication. The occurrence and distributions of sediment P  
16    fractions (total, TP; inorganic, IP; and organic; OP), phytate content, and phytase activity  
17    at different profile depths (0–8 m) and parent material ages (0.8–11 ka BP) were  
18    examined at different ecological locations (inlet, outlet, and center) of the freshwater  
19    Liangzi Lake in Hubei Province, China. Sediment P-forms at locations of different  
20    hydrodynamic conditions increased from the inlet to the outlet. IP constituted ~40–71%  
21    of TP, whereas the OP content was generally lower in the sediment. The two forms of IP  
22    extracted by HCl and NaOH varied quantitatively with depth and location: HCl-P ≈  
23    NaOH-P (above 0.8 m) or HCl-P > NaOH-P (below 0.8 m) at the inlet; HCl-P > NaOH-P  
24    (above 0.8 m) and HCl-P ≈ NaOH-P (below 0.8 m) at the outlet; and HCl-P < NaOH-P at  
25    the center of the lake. Compared with labile and moderately resistant OP, moderately  
26    labile OP exhibited substantial quantitative changes and occurred at high levels. The  
27    variation trend in phytate content coincided with that of TP, whereas phytase activity  
28    varied inversely with location. Low levels of P forms occurred in the sediment below 4.5

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4 29 m and before 8.6 ka BP, consistent with the oligotrophic period of the lake. During 2–4 ka  
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6 30 BP, the P forms first increased rapidly and then stabilized thereafter. From that time  
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8 31 period until modern times, TP and phytate increased, whereas IP and OP decreased  
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10 32 significantly. The results indicate that the hydrodynamic conditions of the water bodies  
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12 33 and the sediments of different ages strongly influenced the occurrence and distribution of  
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14 34 sediment P forms, and the sediment TP and phytate contents would be candidate indices  
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16 35 to reflect the P input and eutrophication history of freshwater lakes.  
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20 37 **Keywords** Dating · Ecological niche · Eutrophication · Freshwater  
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22 38 lake · sediment · Phosphorus fraction  
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## 40 1 Introduction

41 Phosphorus (P) is an essential element that participates in metabolic processes. In the  
42 Earth's crust, P is a macro-element with a mean content as high as 1200 mg/kg.<sup>1</sup> The P  
43 content is 200–5000 mg/kg in soil,<sup>2,3</sup> 218–1640 mg/kg in the sediments of water bodies,  
44 and 2–4% in living organisms.<sup>4</sup> P is the most active element in the environment, and more  
45 than 90% of P forms exist and circulate in the soil-plant-animal system.<sup>5</sup>

46 Total P (TP) in the soil and sediment can be classified into inorganic and organic  
47 forms. Common inorganic P (IP) includes ferric [Fe(III)], aluminum (Al), calcium (Ca)  
48 phosphates, whereas common organic P (OP) includes nucleic acids, phospholipids, sugar  
49 phosphates, condensed-P, and phytate (myo-inositol hexaphosphate). Phytate accounts for  
50 ~13–70% of OP, which ranks first among all organic forms of P and is widely present in  
51 plants.<sup>6</sup> The phytate molecule contains six phosphate groups (28% P) and therefore  
52 exhibits strong acidity and chelation capability.<sup>7</sup> Phytase hydrolyzes phytate to  
53 phosphoric acid, inositol, and their derivatives. The conversion of phytate-P is an  
54 important mechanism for maintaining P nutrients for plants<sup>8</sup> and producing agricultural  
55 non-point pollution.<sup>9,10</sup>

56 The forms of P in lake sediments are derived from both external water bodies and  
57 local parent materials. IP is the main form of P in sediments. Wang et al.<sup>4</sup> demonstrated  
58 that IP was the main constituent of TP in lake sediments within the reaches of the  
59 Yangtze River using a continuous extraction method. Similarly, Zhang et al.<sup>4</sup> reported  
60 that Ca-P was the main constituent of IP while Fe/Al-P and OP were the P fractions most  
61 easily released in the surface sediment of the Three-Gorges Reservoir Area, China.  
62 Multiple studies have investigated the speciation of organic phosphorus in shallow lakes  
63 in China<sup>11,12,13</sup>. Based on an extraction method proposed by Psenner and Pucsko,<sup>14</sup>  
64 Ribeiro et al.<sup>7</sup> determined that NaOH-extractable P, including Fe(III)-P and OP, was the  
65 main P constituent (>50% of TP) in volcanic lake sediment (Azores–Portugal). Sediments  
66 are also an important source of nutrients in shallow lakes<sup>15,16</sup>, and blooms (mostly caused  
67 by P) stimulate the release of nutrients from the sediment<sup>17</sup>. Many P forms can be

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5 68 transformed into an available form via naturally occurring processes<sup>18</sup> at the  
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7 69 water-sediment interface. Therefore, elucidating the transformation and distribution of P  
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9 70 fractions in sediments is crucial. The contribution of phosphorus fractions to  
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11 71 eutrophication is also important in the evaluation of lakes.

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13 72 In recent decades, the global population has increased rapidly, and intensified  
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15 73 agricultural production has improved continuously. The quantity of P entering the soil and  
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17 74 sediment has also continued to increase, leading to a series of ecological and  
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19 75 environmental problems.<sup>19</sup> More importantly, increased P input into the  
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21 76 agricultural-ecological system can directly result in an increase in the sediment P pool of  
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23 77 water bodies, ultimately causing eutrophication. Although P pollution in  
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25 78 environment/ecological systems has been studied extensively, studies of the distribution  
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27 79 of P forms in lake sediments of different ages and at various profile depths have been rare.  
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29 80 The study of different P forms and their quantitative variations in lake sediments has  
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31 81 implications for elucidating the formation, structure, evolution, and regulation  
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33 82 mechanisms of the ecological system of lakes.

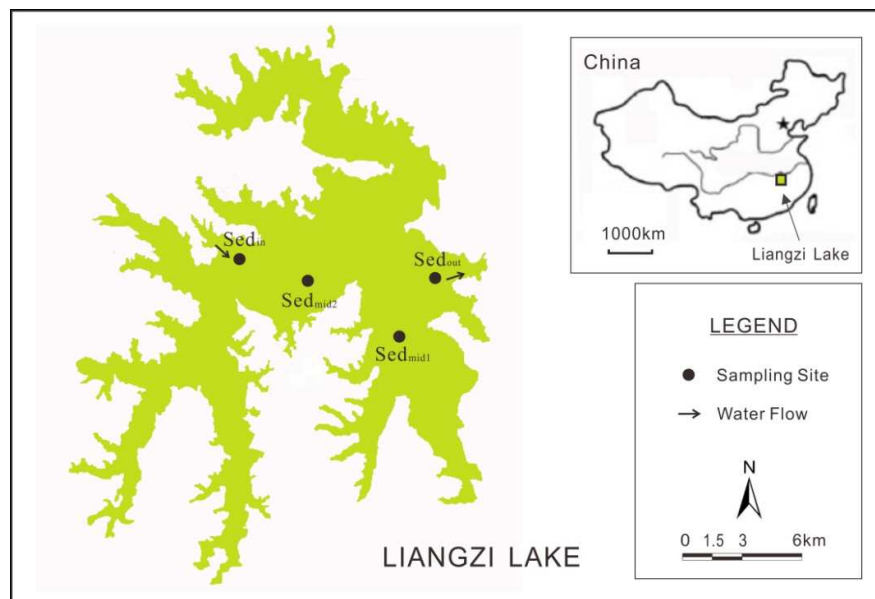
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35 83 In the present study, the content and forms of P and their variations in sediments of  
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37 84 different ages and at various profile depths were studied in the ecological system of  
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39 85 Liangzi Lake, Hubei Province, China. We hypothesized that different environmental  
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41 86 conditions influence the content and distribution of P forms in lake sediment. To test this  
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43 87 hypothesis, we examined the following: (1) the forms, content, and transformation  
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45 88 dynamics of sediment P at typical ecological locations of Liangzi Lake; (2) to examine  
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47 89 the nature/ or availability of P forms in the sediments of natural lake system; and (3) the  
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49 90 chronological features of P accumulation in lake sediments. The results would be helpful  
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51 91 to understand and elucidate the occurrence and mechanisms of the history of P input and  
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53 92 eutrophication of freshwater lakes.  
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## 93 2 Materials and methods

### 94 2.1 Study area

95 Liangzi Lake is located in the southeast of Wuhan, Hubei Province, China (Fig. 1).  
 96 This freshwater lake has a large water capacity and covers an area of 227.96 km<sup>2</sup> in the  
 97 dry season and 499.77 km<sup>2</sup> in the wet season. The mean water depth is 2.44 m, and the  
 98 length of the lake shoreline is 636.5 km. The inflow area is 2,085 km at a constant water  
 99 level of 1.8 m. The water quality is generally good in Liangzi Lake, with eutrophication  
 100 in select areas. Large-scale farmlands are present around the lake.

101 Liangzi Lake is a typical natural freshwater lake that is free from pollution by  
 102 industrial urban life, but portions of the lake may be influenced by agriculture and  
 103 aquaculture. Four sampling points were selected to represent three ecological locations  
 104 and four water quality levels, including the outlet (Sed<sub>out</sub>), the inlet (Sed<sub>in</sub>), two centers  
 105 close to the inlet (Sed<sub>mid1</sub>, under ecological protection) and a net-cage crab breeding base  
 106 (Sed<sub>mid2</sub>, in still water from the base).



107  
 108 **Fig. 1** Distribution of four sampling points in Lake Liangzi. Sed<sub>in</sub> and Sed<sub>out</sub> are at the inlet and outlet  
 109 of the lake, respectively; and Sed<sub>mid1</sub> and Sed<sub>mid2</sub> are at the center of the lake, close to the inlet and a  
 110 crab breeding base, respectively

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5 111 2.2 Sampling collection

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7 112 In May 2011, samples were collected from the inlet, outlet, and center of Liangzi  
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9 113 Lake at the indicated locations (Table 1). At each location, sediment profiles were  
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11 114 collected at depths of 3 m (Sed<sub>in</sub>), 2 m (Sed<sub>out</sub>), 4 m (Sed<sub>mid1</sub>), or 8 m (Sed<sub>mid2</sub>). Sediment  
12  
13 115 cores with a length of 20 cm (diameter=10 cm) were taken using a drilling platform  
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15 116 equipped with a low-speed oil-pressure drilling machine (Type 100, ZhongYin Machine  
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17 117 Tool LTD. LingBo, ZheJiang, PRC).

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19 118 Core samples were placed in individual clean plastic bags; the air was expelled, and  
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21 119 the bags were immediately transported to the laboratory. The samples were air-dried,  
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23 120 grinded, and passed through a 100-mesh sieve. The sieved samples were sealed in plastic  
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25 121 bags and stored at -80°C before analysis.

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27 122 2.3 Chemical analysis

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29 123 TP was extracted from sediment using H<sub>2</sub>SO<sub>4</sub>-HClO<sub>4</sub>.<sup>20</sup> Two forms of IP were  
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31 124 separated using the approach for freshwater sediment developed in the framework of the  
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33 125 Standards, Measurements and Testing Program of the European Commission (SMT)<sup>21</sup>:  
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35 126 Fe/Al-P (NaOH-P) was successively extracted with 1 mol/L NaOH and 3.5 mol/L HCl;  
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37 127 and Ca-P (HCl-P) was successively extracted with 1 mol/L NaOH and 1 mol/L HCl.

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39 128 OP was fractionated based on the Bowman-Cole method.<sup>22</sup> Briefly, labile OP (LOP)  
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41 129 was extracted with 0.5 mol/L NaHCO<sub>3</sub> (pH 8.5), and moderately labile OP (MLOP) was  
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43 130 extracted with 1 mol/L H<sub>2</sub>SO<sub>4</sub>. Moderately resistant OP (MROP) was soluble in 0.5  
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45 131 mol/L NaOH without precipitation at pH 1–1.8. The remaining P was defined as highly  
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47 132 resistant OP (HROP).

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49 133 Different P forms, including TP, IP, and OP, were determined using the  
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51 134 phosphomolybdate blue colorimetric method.<sup>23</sup>

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53 135 Phytate was extracted using a mixture of 0.25 mol/L NaOH and 0.05 mol/L EDTA,  
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55 136 then determined using a method proposed by Hayes.<sup>24</sup> Sediment phytase activity was  
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57 137 determined with the FeSO<sub>4</sub>-molybdenum blue method.<sup>25</sup>

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139 **Tab. 1** The longitude and latitude of typical sampling points of lake and surrounding soil

Samples	Locations	longitude	latitude	sampling depth
LZH4 Sed <sub>in</sub>	inlet	N30°11'13.2"	E 114°34'19.5"	1.8 m
LZH2 Sed <sub>out</sub>	outlet	N30°15'47.1"	E 114°35'63.5"	2.0 m
LZH1 Sed <sub>mid1</sub>	Lake center	N30°14'21.8"	E114°27' 56.9"	4 m
LZH3 Sed <sub>mid2</sub>	Lake center	N30°15'30.8"	E 114°30'04.7"	8.0 m

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141 2.4 Chronological analysis

142 Sediment chronology was determined by <sup>14</sup>C dating with a Xi'an 3MV isotope  
 143 accelerator mass spectrometer (AMS, HVEE from Holland; Xi'an Accelerator Mass  
 144 Spectrum Center, Shaanxi, China). The results of the chronological analysis indicated that  
 145 the age of the sediment in Liangzi Lake was between 0.8 and 11 <sup>14</sup>C cal.kyr BP (Table 2).

146 **Tab.2** The dating results of different depths of sediments sampled at Sed<sub>med2</sub> of Liangzhi Lake

Lab.Code	Sub.Code	Martials	Depth(m)	$\delta^{13}\text{C}$ (‰)	<sup>14</sup> Cyr	<sup>14</sup> C cal. yr BP	(1sigma)
XA8085	LZH3-3	bulk sediment	0.5	-37.54	4763	786	29
XA8054	LZH3-6	bulk sediment	1	-43.38	6250	2414	54
XA8081	LZH3-16	bulk sediment	2	-27.37	7779	4321	54
XA8082	LZH3-26	bulk sediment	3	-28.69	8054	4704	49
XA8083	LZH3-35	bulk sediment	4	-37.11	8624	5478	43
XA8084	LZH3-47	bulk sediment	5	-33.29	9361	6273	46
XA8057	LZH3-67	bulk sediment	6	-28.07	12134	9222	75
XA8086	LZH3-87	bulk sediment	7	-32.92	12787	10012	76
XA8087	LZH3-103	bulk sediment	8	-29.40	13424	10883	77

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148 2.5 Statistical analysis

149 Data were reviewed for deviations from normality of variance before analysis.  
 150 SigmaPlot 10.0 (Systat Software Inc., San Jose, CA, USA) was employed for mapping,  
 151 and SAS 8.0 (SAS Institute Inc., Cary, NC, USA) was adopted for correlation analysis.



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5 152 Pearson correlation analysis was conducted among sediment TP, NaOH-P, HCl-P, LOP,  
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7 153 MLOP, MROP, and phytate contents in addition to phytase activity in relation to different  
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9 154 hydrodynamic locations. A *P* value of 0.05 or less was considered to indicate statistical  
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11 155 significance.

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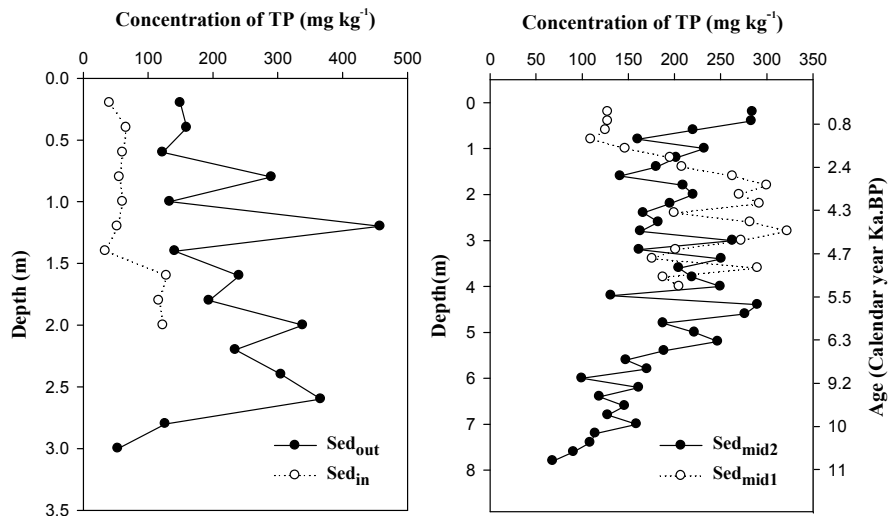
### 14 157 **3. Results**

#### 158 158 3.1 Content and distribution of TP in sediment

159 The sediment TP content at the inlet ( $Sed_{in}$ ) ranged from 34.1 to 128.8 mg/kg, with a  
160 mean value of 74.1 mg/kg [coefficient of variation (CV) 47.6%] (Fig. 2); the sediment TP  
161 content at the outlet  $Sed_{out}$  varied from 53.5 to 457.9 mg/kg, with a mean value of 214.4  
162 mg/kg (CV 54.1%). The TP content of  $Sed_{out}$  was 189% higher than that of  $Sed_{in}$ ,  
163 suggesting that P mainly accumulated near the outlet of Liangzi Lake.

164 The mean values of the sediment TP content at the two centers of the lake ( $Sed_{mid}$ )  
165 were between those of  $Sed_{out}$  and  $Sed_{in}$ . However, different environmental conditions  
166 significantly affected the TP content of  $Sed_{mid}$  in the surface layer (Table 2). Because  
167  $Sed_{mid2}$  received water from a crab breeding farm, the sediment TP content was relatively  
168 high at the 0–1 m depth, i.e., 60.4–282.4 mg/kg. By contrast,  $Sed_{mid1}$  was under  
169 completely natural ecological conditions, with 46.6–121.5% lower TP content in the  
170 surface layer, i.e., 109.4–127.5 mg/kg.

171 Relation analysis of the sediment chronology and TP content indicated that the P  
172 contents of  $Sed_{mid}$  could be divided into three stages along with chronological changes: 1)  
173 the primitive P accumulation stage (11–6.3 ka BP), in which the sediment P content  
174 substantially increased by 3.6-fold (68.1 to 247.1 mg/kg) over ~5000 years; 2) the P  
175 balance stage (6.3–2.4 ka BP), in which the sediment P content moderately varied  
176 between 161.8 and 290.2 mg/kg over ~4000 years; and 3) the modern P accumulation  
177 stage (2.4 ka BP to modern times), in which the sediment P began to accumulate again  
178 and reached an obviously higher value than previously in the history (Fig. 2).



179

180 **Fig. 2** Distribution of total phosphorous content along sediment profiles in Lake Liangzi. Sed<sub>in</sub> and181 Sed<sub>out</sub> refer to the inlet and outlet, respectively; Sed<sub>mid1</sub> and Sed<sub>mid2</sub> stand for two centers of the lake.

182 3.2 Content, forms, and distribution of IP in sediment

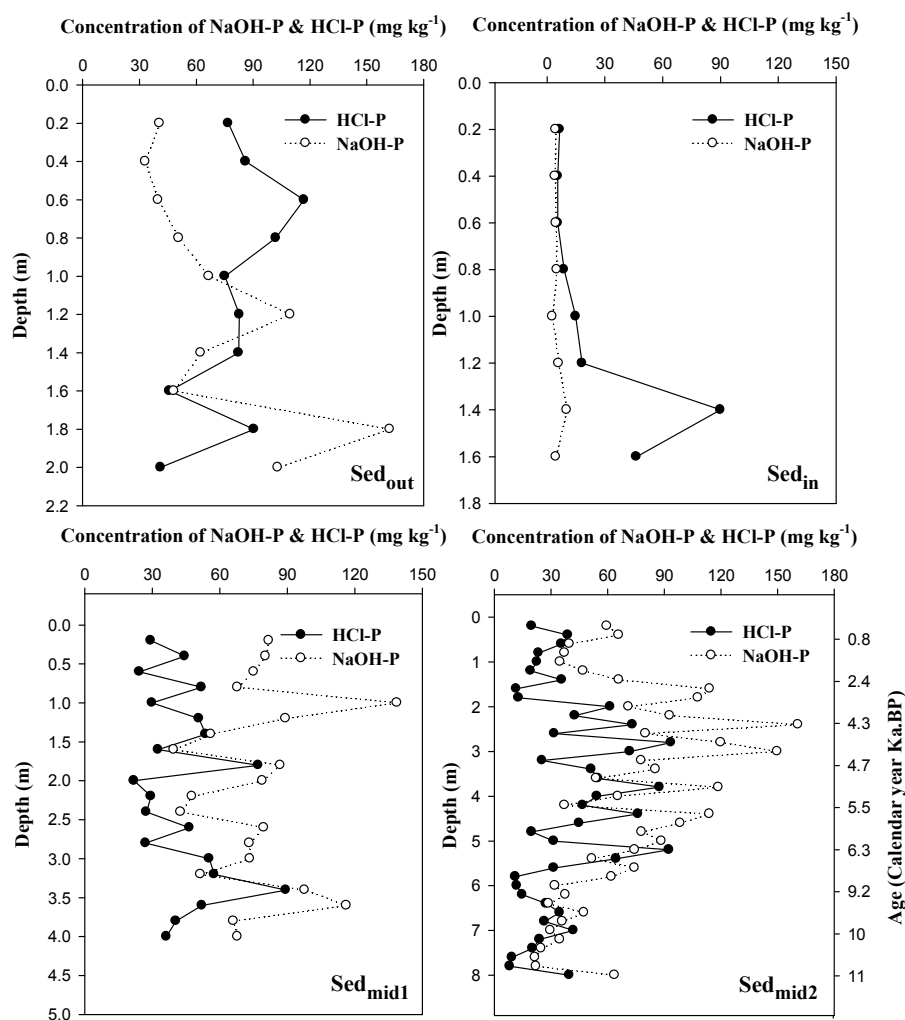
183 The IP content of Sed<sub>in</sub> was low (Fig. 3). With respect to different IP forms, the  
 184 HCl-P content ranged between 5.6–90.1 mg/kg, with a mean value of 24.5 mg/kg (CV  
 185 121.3%); the NaOH-P content was 2.8–10.3 mg/kg, with a mean value of 5.3 mg/kg (CV  
 186 5.3%). Because HCl-P was higher than NaOH-P (3.6-fold difference between the means),  
 187 IP in Sed<sub>in</sub> mainly occurred in the form of Ca-P, notably in the upper layer (0-1 m) of the  
 188 sediment.

189 In Sed<sub>out</sub>, the HCl-P content was 41.2–116.8 mg/kg, with a mean value of 79.9  
 190 mg/kg (CV 28.6%); the NaOH-P content was 31.3–162.1 mg/kg, with a mean value of  
 191 71.6 mg/kg (CV 57.3%) (Fig. 3). The HCl-P and NaOH-P contents of Sed<sub>out</sub> were nearly  
 192 identical. In the surface layer, the NaOH-P (Fe/Al-P) content was substantially increased  
 193 and was significantly higher than HCl-P (Ca-P) content. These data indicate that the  
 194 inorganic matter content of Sed<sub>out</sub> was relatively high, similar to the trend in the TP  
 195 content. A comparison of different IP forms among the ecological locations revealed that  
 196 Sed<sub>out</sub> was 226.1% higher than Sed<sub>in</sub> in terms of HCl-P content; the former was 1276.9%  
 197 higher than the latter in terms of NaOH-P content. These results suggested that the

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5 198 accumulation of sediment IP (notably NaOH-P) was mainly concentrated at the outlet of  
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7 199 Liangzi Lake.

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9 200 The content of NaOH-P at the center of the lake was higher than the content of  
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11 201 HCl-P in the sediment (Fig. 3). For Sed<sub>mid1</sub> in the natural state, the HCl-P content varied  
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13 202 from 21.8 to 89.4 mg/kg, with a mean value of 43.8 mg/kg (CV 40.5%); the NaOH-P  
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15 203 content varied from 39.6 to 138.8 mg/kg, with a mean value of 75.5 mg/kg (CV 31.7%).  
16  
17 204 Because Sed<sub>mid2</sub> was seriously influenced by the nearby aquaculture, the HCl-P content  
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19 205 varied from 8.2 to 93.5 mg/kg, with a mean value of 38.6 mg/kg (CV 39.2%); the  
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21 206 NaOH-P varied from 21.6 to 160.8 mg/kg, with a mean value of 67.6 mg/kg (CV 51.7%).  
22  
23 207 In the 0–1-m surface layer, the NaOH-P content of Sed<sub>mid1</sub> (80.4–138.8 mg/kg) was  
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25 208 110.6–131.1% higher than that of Sed<sub>mid2</sub> (34.8–65.9 mg/kg).

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27 209 The accumulation of IP in sediment could be divided into three chronological stages.  
28  
29 210 First, 6000 years ago, sediment NaOH-P and Ca-P contents increased over time. Second,  
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31 211 sediment NaOH-P and Ca-P contents entered a balanced state from 6000 to 4000 years  
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33 212 ago. However, in the third stage, both NaOH-P and Ca-P contents declined in the profile  
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35 213 of the sediment, in contrast to the TP accumulation trend in modern times (Fig. 2).  
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215 **Fig. 3** Distribution of inorganic phosphorus (IP) along sediment profiles in Lake Liangzi. Sed<sub>in</sub> and216 Sed<sub>out</sub> refer to the inlet and outlet, respectively; Sed<sub>mid1</sub> and Sed<sub>mid2</sub> stand for two centers of the lake.

217 The IP fraction consists of NaOH-extractable Fe/Al-P (NaOH-P) and HCl-extractable Ca-P (HCl-P).

218 Scale-plates on the right side of the drawings represent the chronology of sediment at the

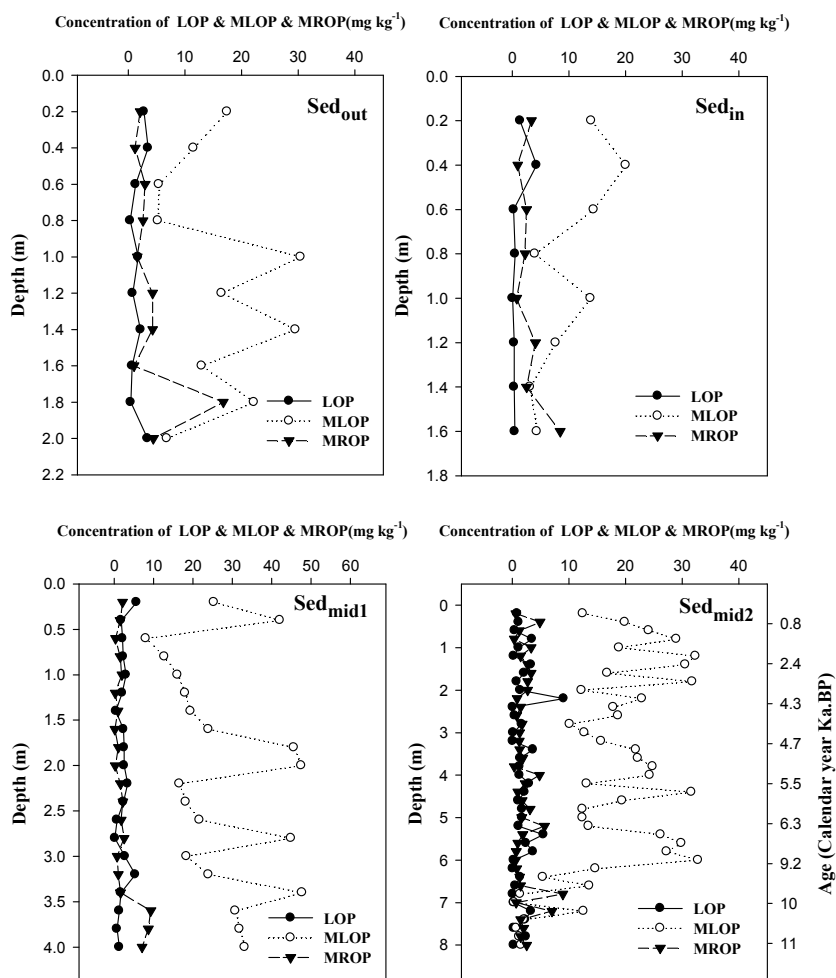
219 corresponding depth

220 3.3 Content, forms, and distribution of OP in sediment

221 Among the OP forms analyzed, the sediment MLOP content was substantially higher  
 222 than the sediment LOP and MROP contents (Fig. 4). At different locations, the mean LOP,  
 223 MLOP, and MROP contents of Sed<sub>in</sub> were 0.9, 10.2, and 3.1 mg/kg, respectively, whereas  
 224 the mean values of Sed<sub>out</sub> were consistently higher, i.e., 1.7, 15.8, and 4.1 mg/kg,

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4 225 respectively. The MLOP content indicated substantial changes, primarily at the outlet. A  
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6 226 similar distribution pattern of OP forms was observed at the center of the lake. The mean  
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8 227 contents of LOP, MLOP, and MROP were 2.2, 27.3, and 2.3 mg/kg, respectively, in  
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10 228 Sed<sub>mid1</sub> and 1.7, 17.3, and 2.2 mg/kg, respectively, in Sed<sub>mid2</sub>. At both Sed<sub>mid1</sub> and Sed<sub>mid2</sub>,  
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12 229 the MLOP content was ~10-fold higher than the LOP and MROP contents.

14 230 The three OP forms exhibited different relationships with the chronological changes  
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16 231 in the sediment (Fig. 4). The trend of variation in the LOP and MROP contents was not  
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18 232 significant in the sediment profile. By contrast, the accumulation of MLOP exhibited  
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20 233 changes along with chronological changes, similar to IP. However, the corresponding  
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22 234 chronologies shifted for MLOP: the accumulation stage was before approximately 9 ka  
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24 235 BP; the balanced stage was 9–2 ka BP; and the declining stage started at 2 ka BP and  
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26 236 continued to modern times.



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238 **Fig. 4** Distribution of organic phosphorus (OP) along sediment profiles in Lake Liangzi. Sed<sub>in</sub> and239 Sed<sub>out</sub> refer to the inlet and outlet, respectively; Sed<sub>mid1</sub> and Sed<sub>mid2</sub> stand for two centers of the lake.

240 LOP stands for labile OP, MLOP represents moderately labile OP, and MROP refers to the moderately

241 resistant OP

## 242 3.4 Distribution of the phytate content and phytase activity in sediment

243 Because of the natural condition of the lake observed, Sed<sub>out</sub> displayed a significant244 accumulation of phytate, whereas Sed<sub>in</sub> was associated with a high accumulation of245 phytase (Fig. 5). For Sed<sub>in</sub>, the phytate content varied from 24.1 to 218.1 mg/kg, with a

246 mean value of 93.9 mg/kg (CV 78.8%), and the phytase activity varied from 131.6 to 50.3

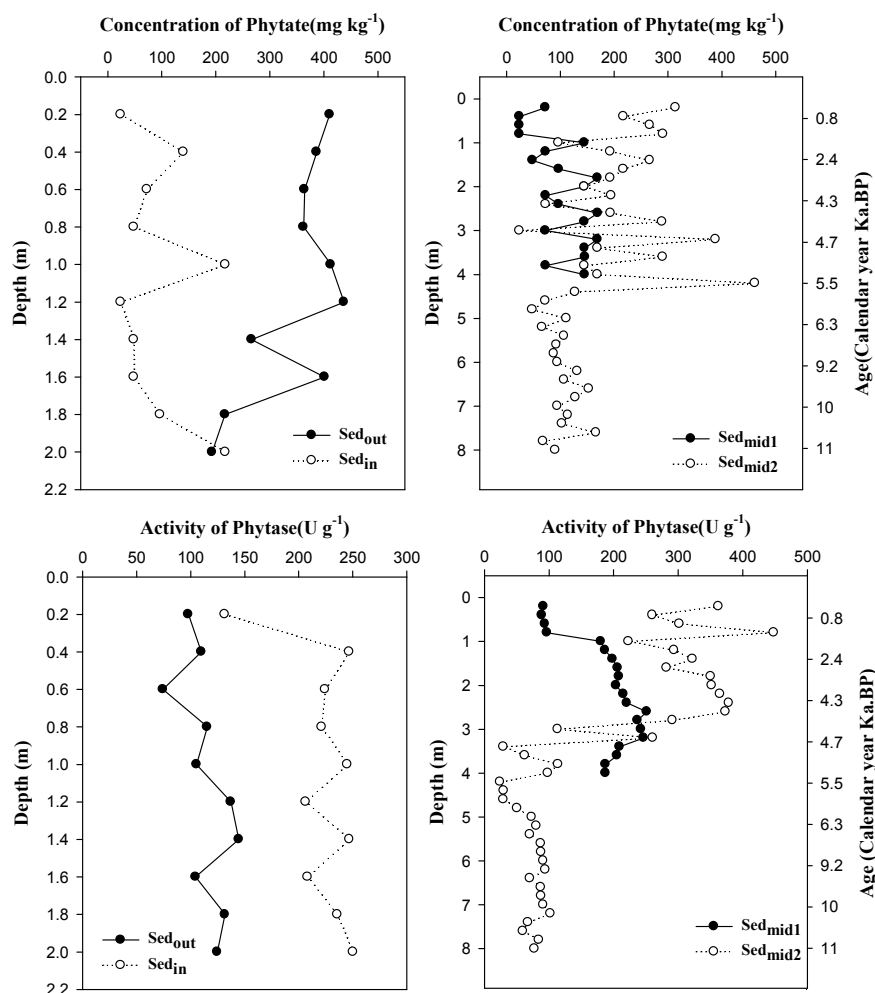
247 U/g, with a mean value of 221.7 U/g (CV 16%). For Sed<sub>out</sub>, the phytate content varied

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4 248 from 193.3 to 437.1 mg/kg, with a mean value of 345.3 mg/kg (CV 25.3%), and the  
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6 249 phytase activity varied from 74.4 to 144.6 U/g, with a mean value of 114.6 U/g (CV  
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8 250 18.2%). A data comparison revealed that the phytate content of Sed<sub>out</sub> was 267.7% higher  
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10 251 than that of Sed<sub>in</sub>, whereas the phytase activity of the former was 93.4% lower than that of  
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12 252 the latter. Thus, a negative correlation was observed between sediment phytase activity  
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14 253 and phytate content. In addition, the results suggested that the phytase in sediment was  
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16 254 mainly derived from the inlet of the lake.

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18 255 At the center of the lake, the sediment phytate content and phytase content were  
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20 256 intermediate between the values at the inlet and outlet. For Sed<sub>mid1</sub> in a natural state, the  
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22 257 phytate content varied from 24.2 to 169.4 mg/kg, with a mean value of 102.8 mg/kg (CV  
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24 258 49.9%), and the phytase activity varied from 88.9 to 251.4 U/g, with a mean value of  
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26 259 187.9 U/g (CV 28.1%). For Sed<sub>mid2</sub> influenced by aquaculture, the phytate content  
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28 260 increased and varied from 24.1 to 461.9 mg/kg, with a mean value of 164.1 mg/kg (CV  
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30 261 58.4%), and the phytase activity varied from 24.3 to 448.1 U/g, with a mean value of  
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32 262 168.3 U/g (CV 76.6%).

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34 263 The dynamics of phytate and phytase accumulation in the sediment from different  
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36 264 ages and the yearly variations in the sediment phytate content and phytase activity were  
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38 265 analyzed, which revealed the following: 1) the sediment phytate content was stable and  
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40 266 did not increase with chronological changes before 6.3 ka.BP; and 2) the sediment phytate  
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42 267 content increased rapidly at approximately 6.3 ka.BP and significantly increased in  
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44 268 modern times, consistent with the variation trend of TP content.





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270 **Fig. 5** Distribution of phytate content and phytase activity in sediment profiles in Lake Liangzi. Sed<sub>in</sub>  
 271 and Sed<sub>out</sub> represent the inlet and outlet, respectively; Sed<sub>mid1</sub> and Sed<sub>mid2</sub> refer to two centers of the  
 272 lake. The scale-plates on the right side of the drawings represent the chronology of sediment at the  
 273 corresponding depth

### 274 3.5 Correlations among P forms, phytate content, and phytase activity in sediment

275 Various P forms were closely correlated in sediment (Table 3). The TP content was  
 276 positively correlated with the MLOP, MROP, NaOH-P, and HCl-P contents but  
 277 negatively correlated with the phytate content. Among the three OP forms, the LOP and  
 278 MROP contents were significantly correlated, whereas the MLOP content varied greatly  
 279 and was uncorrelated with the other two OP forms. The three OP forms were positively

280 correlated with the TP content, phytate content, phytase activity, and, in particular, IP  
 281 content (NaOH-P and HCl-P). The contents of IP (NaOH-P and HCl-P) were significantly  
 282 and positively correlated with each other and with the phytate content, whereas HCl-P  
 283 content was significantly negatively correlated with phytase activity. The phytase content  
 284 and phytate activity exhibited significant negative correlations: phytate content decreased  
 285 significantly as phytase activity increased.

286 **Tab.3** The correlative analysis and test of the TP content, the phytate content, the phytase activity and  
 287 the contents of different OP and IP forms

	TP	LOP	MLOP	MROP	NaOH-P	HCl-P	Phytate
TP	1.000						
LOP	0.102	1.000					
MLOP	0.254***	-0.046	1.000				
MROP	0.297***	0.291***	-0.006	1.000			
NaOH-P	0.371***	0.126*	0.132*	0.149**	1.000		
HCl-P	0.688***	0.117*	0.308***	0.261***	0.134*	1.000	
Phytate	-0.129*	-0.108*	-0.125*	-0.056	0.146*	-0.059	1.000
Phytase	0.094	0.082*	0.026	0.160**	-0.158	0.151**	-0.114*

288 Note: data followed by \*, \*\*, \*\*\* stand for significant difference at  $P < 0.05, 0.01, 0.001$  respectively.

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#### 290 4 Discussion

291 In Liangzi Lake, the contents of P fractions, including TP, IP, OP, and phytate, in  
 292 sediment differed significantly among the different hydrodynamic conditions of water  
 293 bodies, i.e.,  $Sed_{out} > Sed_{mid} > Sed_{in}$ . The quantitative changes in sediment P forms among  
 294 the three locations might result from varying flow rates<sup>26</sup> at the inlet and the outlet of  
 295 Liangzi Lake for the speed of water flow in the inlet was relatively high compared with  
 296 the outlet. Søndergaard<sup>27</sup> suggested that high P concentrations and high dislocation rates  
 297 of the water cause P release in Lake Søbygaard, Denmark. In a study of Lake Apoka,  
 298 Reddy<sup>28</sup> reported that increases in phosphorus concentrations in the overlaying water  
 299 were primarily caused by suspension effects, indicating that phosphorus uptake would  
 300 increase at slower flowrates. Similarly, Søndergaard<sup>29</sup> observed that the increase in

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5 301 nutrition concentration due to water dynamics was 20–30-fold from the inlet to outlet in  
6 302 Lake Arreso (15 km<sup>2</sup> in area and 2.9 m deep), Denmark. In this experiment, the flow rate  
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8 303 at the outlet of Liangzi Lake was relatively slow, consequently enhancing the P  
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10 304 accumulation, which might be primarily responsible for the changes in P forms between  
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12 305 the Sed<sub>in</sub> and Sed<sub>out</sub> sampling points

14 306 In addition, at the inlet of the lake, vegetation was sparse, and the associated  
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16 307 microbial activities were limited. Therefore, the decomposition and conversion rate of P  
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18 308 entering the lake was low, as was the accumulation of P in sediment. By comparison, the  
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20 309 flow rates at the centers and outlet were relatively low, whereas associated microbial  
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22 310 activities and the vegetation coverage were higher. Thus, the decomposition and  
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24 311 conversion rates of P were higher, resulting in massive P accumulation in the sediment.  
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26 312 The eutrophication level in lake water is another important influence of P content in  
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28 313 sediment, which typically increases with increasing eutrophication.<sup>14</sup> The P content of  
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30 314 Sed<sub>mid2</sub>, which was influenced by crab aquaculture, was higher than that of Sed<sub>mid1</sub>, which  
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32 315 was in a natural state; therefore, Sed<sub>mid2</sub> exhibited higher P accumulation than Sed<sub>mid1</sub>.

34 316 In the sediment of Liangzi Lake, IP was the main constituent (~40.2–70.6%) of TP.  
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36 317 The IP was fractionated into two forms: NaOH-P bound to Al, Fe, and Mn oxides and  
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38 318 hydroxides (Fe/Al-P) and HCl-P bound to Ca (Ca-P).<sup>4</sup> Notably, the two IP forms  
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40 319 quantitatively varied with the ecological locations of water bodies in Liangzi Lake, i.e.,  
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42 320 HCl-P ≈ NaOH-P above 0.8 m and HCl-P > NaOH-P below 0.8 m for Sed<sub>in</sub>; HCl-P >  
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44 321 NaOH-P above 1 m and HCl-P ≈ NaOH-P below 1 m for Sed<sub>out</sub>; and HCl-P < NaOH-P  
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46 322 for Sed<sub>mid</sub>. The quantitative variations in sediment IP forms may be attributable to the  
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48 323 effects of parent materials and ecological changes. HCl-P was reported to be the main part  
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50 324 of P forms in sediments of mesotrophic lakes in Mexico.<sup>30</sup> Similar results were obtained  
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52 325 for most river sediments and polluted lake sediments.<sup>3</sup> In eutrophic lakes, the pH value is  
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54 326 generally high, and NaOH-P is exchangeable with OH<sup>-</sup> and inorganic P compounds  
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56 327 soluble in bases.<sup>31</sup> This NaOH-P fraction can also be released from the growth of  
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58 328 phytoplankton when anoxic conditions prevail at the sediment-water interface.<sup>32</sup> Jin<sup>33</sup>

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4 329 observed NaOH-P > HCl-P in sediment from a highly eutrophic region, in contrast to  
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6 330 HCl-P > NaOH-P in moderately eutrophic regions. Although the inlet and outlet of  
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8 331 Liangzi Lake were associated with no serious eutrophication, the two centers exhibited a  
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10 332 tendency of eutrophication due to the influence of crab aquaculture. Therefore, there was  
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12 333 NaOH-P > HCl-P at the centers of the lake, our results are correlate with the previous  
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14 334 studies that eutrophic lakes contained more IP forms of P.consistent with the distribution  
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16 335 of IP forms in highly eutrophic lakes.<sup>33</sup>  
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18 336 OP occurred at lower levels than IP in the sediment of Liangzi Lake. The contents of  
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20 337 OP forms at the four sampling points were relatively stable, with MLOP > LOP and  
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22 338 MROP. Moreover, the distribution of LOP and MROP did not vary significantly with  
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24 339 location or depth, whereas that of MLOP significantly changed across different sampling  
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26 340 points and along the sediment profiles. As an active constituent of OP, it can be  
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28 341 considered that MLOP was decomposed, utilized, and reduced at the inlet and outlet,  
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30 342 regardless of the flow rate (higher flow rates would increase the oxygen content and  
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32 343 enhance microbial activities). However, the quantitative variations of MLOP at the center  
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34 344 of the lake were intense due to the aquatic vegetation and aquaculture. Meanwhile, the  
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36 345 organic matter generated by these factors was accumulated with depth. Consequently,  
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38 346 MLOP accumulated in the sediment with increasing depth at the center of the lake.

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40 347 The variation of the sediment phytate content in Liangzi Lake corresponded to the  
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42 348 TP content ( $Sed_{out} > Sed_{in}$ ) but was opposite that of phytase activity. There were two  
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44 349 sources of phytate, the first one might be running water which is entering into the lake  
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46 350 from the other sources and the second is the metabolism of plants and activity  
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48 351 microorganisms in the lake.<sup>8</sup> Compared with factors at the inlet, relatively slow water  
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50 352 flows at the outlet and the center of the lake is the main reason to provide suitable  
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52 353 environment/conditions for microorganisms activities, vegetation growth, and for  
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54 354 metabolism. Therefore, the phytate content of  $Sed_{out}$  was higher than that of  $Sed_{in}$ .  
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56 355 Similarly,  $Sed_{mid2}$  also contained more phytate contents than  $Sed_{mid1}$  because microbial  
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58 356 activities was higher at earlier than latter age.  
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5 357 In Liangzi Lake, the contents of P forms changed with sediment age in three stages.  
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7 358 For example, different P forms exhibited higher accumulation in ancient times before 8 ka  
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9 359 BP and entered a balanced stage during 2–4 ka BP; in modern times, IP and OP decreased  
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11 360 significantly, whereas TP and phytate increased rapidly. The changes in sediment P  
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13 361 contents directly reflect the history of P input and indirectly indicate the eutrophication  
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15 362 stages of the lake. Turner et al.<sup>34</sup> demonstrated that the variations in phytate content are  
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17 363 relatively stable in the environment and may serve as an index for the history of P input  
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19 364 into the lake in ancient environments. In Liangzi Lake, the phytate content and phytase  
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21 365 activity in sediments below 4.5 m at the center and before 6.3 ka BP maintained a  
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23 366 relatively low, stable level, likely due to a lack of nutrients. The phytate content in  
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25 367 sediment increased rapidly approximately 6.3 ka BP and increased significantly in  
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27 368 modern times, consistent with the variation of P content. These results suggest that the  
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29 369 nutrition accumulation in Liangzi Lake has continued since 6.3 ka BP and that plant  
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31 370 growth has contributed to the eutrophication of the lake, particularly the enormous P input  
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33 371 in modern times. Further studies are needed to investigate the relationship between  
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35 372 phytate content and water eutrophication in the ecological system of Liangzi Lake.

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37 373 The contents of MROP, LOP, NaOH-P, HCl-P, and phytate exhibited a growth trend  
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39 374 during 0–6.3 ka BP. The OP and IP contents also displayed a similar trend of growth  
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41 375 during this period. Fang et al.<sup>35</sup> analyzed the composition features of organic matter in the  
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43 376 sediment of Liangzi Lake since 8.35 <sup>14</sup>Ccal.kyr BP by  $\delta^{13}\text{C}$  analysis. The resulting  $\delta^{13}\text{C}$   
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45 377 values were negative before 5.98 <sup>14</sup>Ccal.kyr BP in the evolution process of the lake, and  
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47 378 organic matter was the main external factor initiating aquatic activities in the lake. The  
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49 379 warm and humid climate has continued since the midterm of the long warm period in the  
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51 380 brand-new world (5.98–3.67 <sup>14</sup>Ccal.kyr BP), when temperature and precipitation reached  
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53 381 peak values. A few studies have proposed that the organic Ca isotope is positively  
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55 382 correlated with temperature; lake productivity and organic matter content increased in the  
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57 383 warm period.<sup>35,36,37</sup> Substantial aquatic plant and organic matter production inevitably  
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59 384 results in the elevation of IP and OP contents.  
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## 386 **5 Conclusions**

387 In summary, in Liangzi Lake, the occurrence/accumulation and distribution of P  
388 forms in the sediments were strongly influenced by the ecological locations with variable  
389 hydrodynamic conditions. An increasing trend in sediment P forms and phytate content  
390 from the inlet to the outlet of the lake was observed; this trend may reflect the decreasing  
391 flow rate. P accumulation exhibited different chronological features in three stages.  
392 Accumulation of the P forms experienced an accumulation in ancient times before 8 ka  
393 BP and a balanced stage during 2–4 ka BP, followed by rapid increases in TP and phytate  
394 but significant decreases in IP and OP until modern times. These quantitative changes in  
395 sediment P (notably TP and phytate) reflect the history of P input and the evolution of  
396 eutrophication in Liangzi Lake.

397

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403

## 404 **Author Contributions**

405 Shuxin Tu conceived and designed the experiments. Guan Guan and Hailan Li  
406 contributed materials/analysis tools. Hailan Li and Zhijian Xie performed the data  
407 analysis. Hailan Li and Imtiaz Muhammad wrote the manuscript.

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### Environment Impact

Phosphorus (P) has been recognized as one of the most critical nutrients limiting primary productivity and causing eutrophication in lakes. Transformation and chronological accumulation of P forms in the ecological system plays a vital role in P cycling in lake sediments, which is of great significance to clarify the process of lake evolution and eutrophication.

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