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23 internal resistance, thanks to the improved three-phase interface (TPI) that not only
24 facilitates the electron transfer, the proton transfer and the oxygen diffusion, but also
25 offers a large surface for ORR at the cathode. Our research also demonstrates that the
26 SSF cathodes with an optimal CB loading will benefit the advancement of MFCs in
27 practical application.

28

29 **Keywords:** Microbial fuel cell; Cathode; Stainless steel felt; Carbon black

30

31 **1. Introduction**

32 Microbial fuel cells (MFCs), using electro-active micro-organisms as catalysts,
33 directly convert chemical energy of organic or inorganic matter into electrical energy ¹.
34 One of the potential applications of the MFC technology is wastewater treatment,
35 where electrical energy is simultaneously recovered as the wastewater is treated,
36 which is the main advantage of this technology over other conventional methods in
37 the field ². Although such oxidants as ferricyanide ³, nitrate ⁴ and permanganate ⁵ have
38 been adopted as electron acceptors at the cathodes in MFCs, oxygen, as a
39 cost-effective, sustainable and environmental friendly oxidant, is the most promising
40 one for wastewater treatment applications ⁶. Owing to its simple structure, low cost
41 and direct use of oxygen in ambient air, the air-cathode MFC is highly efficient and
42 considered to be of the greatest potential for practical applications ⁷.

43 At present time, the MFC performance of electricity generation still can't satisfy
44 the needs of practical applications. The main challenges for the development of the

45 MFC technology lie in how to further improve the power production and the electrons
46 recovery from the substrate, while at the same time reduce costs of the materials for
47 MFCs' commercialization ⁷. According to some previous researches, the cathodic
48 performances and the cathode surface area have been proved to be the two most
49 important factors that affect the performances of MFCs in the process of scaling-up ⁶,
50 ⁸⁻¹¹. Meanwhile the expenses of cathode materials account for a large part in the total
51 MFC costs ¹². Therefore, exploiting cost-effective cathode materials and designing
52 efficient cathodes to improve the performances of MFCs emerge as the main issues in
53 the practical applications of MFCs.

54 Nowadays, most laboratories adopt carbon cloth (CC) as the backing of
55 air-cathodes ^{13,14}. But, due to its low mechanical strength and the large resistance as
56 the reactor size increases, the CC cathodes seem impracticable for scaled-up MFCs.
57 Stainless steel mesh (SSM), which is inexpensive, widely available, mechanically
58 strong and relatively anticorrosive ^{15,16}, is also adopted as the current collector and the
59 backing for air-cathodes so that the electrode ohmic losses can be reduced. It has been
60 reported that a maximum power density of $1610 \pm 56 \text{ mWm}^{-2}$ was obtained in a small
61 lab-scale reactor by using SSM as the current collector and the backing ⁶. Further
62 research has shown that the size of mesh openings exert a significant effect on the
63 performances of cathodes, which were primarily limited by oxygen reduction kinetics
64 rather than the mass transfer ¹⁶.

65 However, because of their limited interfacial channels for oxygen and proton
66 transport as well as the restricted surface area for oxygen reduction reaction (ORR),

67 the cathodes using the two-dimensional (2D) CC and SSM prevent the power output
68 from further increasing. The restricted reactive surface area and high activation energy
69 barrier lead to the activated loss of electrodes, while the flat structure and the
70 relatively lower porosity result in the diffusion limitation of these electrodes ¹⁷. One
71 of the effective ways to eliminate those above-mentioned drawbacks is to employ
72 porous three-dimensional (3D) electrodes, bearing such advantages as a large surface
73 area for reaction, efficient interfacial transport, shortened diffusion paths and reduced
74 activated and/or diffusion resistance. Stainless steel felt (SSF), a commercially
75 available and inexpensive 3D porous filter material widely used for gas and liquid
76 filtration, whose open 3D macroporous structure enables a large specific surface area,
77 high anticorrosion, excellent mechanical strength and uniform aperture distribution ¹⁸,
78 is considered to be an ideal backing and current collector for the air-cathode design in
79 MFCs. A recent report has demonstrated that the MFC using a graphene modified SSF
80 anode has produced a maximum power density of 2142 mW m⁻², which was
81 attributed to its large surface area for reaction, excellent interfacial transport and
82 biocompatible interface for bacterial colonization ¹⁷. Guo et al¹⁹ has put forward a
83 simple method to make biocompatible SSF anodes by mere flame oxidation, proved to
84 be rapid, energy-efficient and satisfactory for the large-scale anode fabrication. To our
85 knowledge, up till now there has been no report on the application of the material in
86 MFC cathodes, although SSF has been tested as the gas diffusion layer in proton
87 exchange membrane fuel cells (PEMFCs) ²⁰ and as the cathode diffusion backing and
88 the current collector for a micro direct methanol fuel cell ²¹.

89 Carbon black (CB) is primarily used in Pt cathodes as the catalyst support and the
90 base layer stuffing due to its high electrical conductivity. But, the optimal amount of
91 CB in the base layer has not been determined, and it is important for us to have a clear
92 idea of the impact of CB loading on cathode performance. As illustrated by one report,
93 CB loadings significantly affect the performances of activated carbon cathodes ²², we
94 have varied the loadings of CB particles in the base layer during the cathode
95 fabrication in order to improve the performances of the SSF based cathodes.
96 Therefore, the aims of this study are to fabricate air-cathodes by using open 3D
97 macroporous SSF as the diffusion backing and the current collector and to determine
98 the impact of CB loadings in the base layer on the cathode performances in both
99 electrochemical and MFC tests.

100 **2. Materials and methods**

101 *2.1. Cathode fabrication*

102 The cathodes fabricated here are based on integrating the backing (SSF), the catalyst
103 (Pt), and the diffusion layer (polytetrafluoroethylene PTFE) into one single cathode
104 structure, among which SSF (316L-40, 0.7 mm thick) was purchased from Xi'an
105 Filter Metal Materials Co., Ltd with the mean filter rating of 40.7 μm and the mean
106 porosity of 78%. The fabrication procedure has been modified from Cheng's method
107 ¹⁴. The SSF substrates were firstly soaked in acetone for 4 hours and then rinsed with
108 deionized water before fabrication. The PTFE/CB base layer was prepared by
109 applying a mixture of CB powder (Alfa Aesar, USA) and PTFE solution (31.2 μL 30
110 wt % PTFE per square centimeter) onto the air-facing side of the backing material,

111 air-dried at room temperature for 2 hours, and subsequently heated at 370°C for 30
112 minutes. The CB loading in the base layer was changed at weight per square
113 centimeter: 0.39 mg, 0.78 mg, 1.56 mg and 3.12 mg. Multiple PTFE DLs containing
114 PTFE solution (60 wt %) were coated on the top of the base layer (3 mg cm⁻² of
115 PTFE for every coating), followed by being air-dried at room temperature and then
116 heated at 370 °C for 5 minutes. Four DLs of PTFE were applied on the base layer,
117 producing the cathodes of SSF-0.39, SSF-0.78, SSF-1.56 and SSF-3.12, respectively.
118 CC (HCP331N, Hesens, China) and SSM (type SUS-304 SS, 80×80 openings per
119 square inch) were also tested as the cathode backing materials. These two kinds of
120 cathodes, consisting four DLs of PTFE, were prepared following previously described
121 method¹⁴. The CB loading in those base layers was chosen to be 1.56 mg cm⁻², and
122 the cathodes are denoted here as CC-1.56 and SSM-1.56, respectively. When the
123 fabrication of DLs has finished, Pt catalyst (0.2 mg cm⁻², 40% Pt Hesens, China) was
124 then applied to the water-facing side of the cathodes as previously described, using
125 Nafion as a binder²³.

126 2.2. MFC construction and operation

127 As previously reported, the Plexiglas cylindrical single-chamber MFCs consist of an
128 anode and a cathode in an anode chamber 4 cm in length by 3 cm in diameter (empty
129 bed volume of 28 mL)¹⁴. The anode electrodes were made of graphite felt (2 cm × 2
130 cm × 0.5 cm, Beijing Sanye Carbon Co., Ltd). After being soaked in acetone for 4
131 hours and rinsed with deionized water, the graphite felt was heated at 400 °C for 1
132 hour. Titanium wire was used to fix the anode and connect the circuit.

133 Each MFC reactor was inoculated using mixed cultures taken from the anode
134 chamber of a two-chamber MFC for electricity generation, operating in batch mode ³.
135 All anodes were originally pre-inoculated in a large single-chamber MFC during
136 start-up to ensure that the biofilm on anodes could achieve the identical performance
137 during acclimation. The medium (per liter) applied sucrose as the fuel (1000 mg), and
138 a phosphate buffer solution (PBS) containing NH_4HCO_3 , 500 mg; Na_2CO_3 , 2000 mg;
139 $\text{NaH}_2\text{PO}_4 \cdot 2\text{H}_2\text{O}$, 3978 mg; $\text{Na}_2\text{HPO}_4 \cdot 12\text{H}_2\text{O}$, 8771 mg; K_2HPO_4 , 125 mg;
140 $\text{MgCl}_2 \cdot 6\text{H}_2\text{O}$, 100 mg; trace minerals (12.5 mL L^{-1}) and vitamins (5 mL L^{-1}) ²⁴. The
141 minerals contains (per liter): nitrilotriacetic acid, 1.5 g; $\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$, 3.0 g;
142 $\text{MnSO}_4 \cdot 2\text{H}_2\text{O}$, 0.5 g; NaCl , 1.0 g; $\text{FeSO}_4 \cdot 7\text{H}_2\text{O}$, 0.1g; $\text{CaCl}_2 \cdot 2\text{H}_2\text{O}$, 0.1g; CoCl_2 ,
143 0.1 g; ZnSO_4 , 0.10g; $\text{CuSO}_4 \cdot 5\text{H}_2\text{O}$, 0.01 g; $\text{AlK}(\text{SO}_4)_2$, 0.01 g; H_3BO_3 , 0.01 g;
144 $\text{Na}_2\text{MoO}_4 \cdot 2\text{H}_2\text{O}$, 0.01 g and adjust pH to 7.0 with KOH . The initial COD and pH of
145 the anolyte were 1122 mg L^{-1} and 7.70, respectively. MFCs were operated in
146 fed-batch mode at $35 \text{ }^\circ\text{C}$.

147 2.3. Analytics and calculation

148 Voltage (E) across the external resistor ($1000 \text{ } \Omega$, except as noted) in the MFC circuit
149 was continuously measured at 5 minute intervals using a data acquisition system
150 (CT-3008-5V50mA-S4, Xinwei, China). Current (I) was calculated by $I = E/R_e$, where
151 R_e represents the external resistance; power (P) was calculated according to $P = IE$ as
152 previously described ². Polarization and power density curves were obtained by
153 changing the external resistance from $1000 \text{ } \Omega$ to $50 \text{ } \Omega$ in decreasing order, with a time
154 interval of 30 min for each external resistance to ensure a relatively stable voltage can

155 be achieved. The Coulombic efficiency (CE) was calculated as $CE (\%) = C_p/C_t \times 100\%$,
156 where C_p is produced coulombs that calculated by integrating the current over time,
157 and C_t is the theoretical amount of coulombs based on COD removal².

158 Electrochemical properties and impedance behaviors of the cathodes were studied
159 by linear sweep voltammetry (LSV) and electrochemical impedance spectroscopy
160 (EIS) using an electrochemical workstation (CHI 604E, ChenHua Instruments Co.,
161 Ltd., Shanghai, China). LSV tests were conducted in the absence of bacteria and
162 substrate, using a three-electrode assembly which consists of a working electrode
163 (cathode with 7 cm² projected surface area), a counter electrode (Pt wire) and an
164 Ag/AgCl reference electrode (218, Shanghai REX Instrument Factory). Potential was
165 scanned from 0.4 V to -0.3 V (vs. Ag/AgCl electrode) with the scan rate of -1 mV
166 s⁻¹.

167 Electrochemical impedance spectroscopy (EIS) was employed to measure the
168 internal resistances of the cathodes at the end of a batch operation. The measurements
169 were conducted at polarized conditions of 0.1 V, 0 V and -0.1 V (vs. saturated
170 Ag/AgCl electrode), which were within the range of the operating potentials of the
171 MFC cathodes, over a frequency range of 100 kHz to 10 mHz with a sinusoidal
172 perturbation of 10 mV amplitude⁸. EIS, applied as a useful electrochemical
173 technology, can be employed to measure the internal resistance (R_{int}) of the cathodes.
174 The Nyquist plots were used to interpret the spectra. The specific composition of each
175 resistance of air-cathodes was determined by using Zview 2.0 software.

176 For EIS data analysis, two different equivalent circuits were used for the SSF

177 cathodes and the other two cathodes with CC and SSM backing due to the differences
178 in shape of the spectra. Individual components of the internal resistance for the SSF
179 cathodes were identified by fitting their EIS spectra to an equivalent circuit as
180 previously described ¹⁶. This equivalent circuit assumes that the cathode reaction is
181 affected by both reaction kinetics and diffusion. The symbol R_s and R_{ct} represent the
182 solution resistance and the charge transfer resistance, respectively. A constant phase
183 element (Q) was used to model double layer capacitance while a Warburg element (W)
184 was employed to evaluate the diffusion resistance (Fig. 1A). On the other hand, the
185 spectra for the CC and SSM cathodes were fitted into equivalent circuits respectively
186 according to the flooded-agglomerate model ²⁵. The equivalent circuit is composed of
187 a solution element (solution resistance, R_s) in series with a charge transfer element
188 (charge transfer resistance R_{ct} in parallel with double layer capacitance C_{dl}) and
189 followed by a diffusion element (diffusion resistance R_d in parallel with pore
190 adsorption capacitance C_{ad}) (Fig. 1B).

191 Scanning electron microscopy (SEM) (S-4300, Hitachi, Japan) was used to
192 characterize the transversal surface morphology of the samples. All experiments have
193 been repeated twice and similar results were obtained.

194 **3. Results and discussion**

195 *3.1. Performance of cathodes in MFC tests*

196 Power production performances of different cathodes in MFCs have been examined.
197 Repeatable and stable voltages were immediately obtained in all MFCs due to the use
198 of pre-acclimated anodes. Although there were very small differences in voltage

199 among these MFCs at a high external resistance of 1 k Ω , the MFC using SSF-1.56
200 exhibited higher voltage output than the other cathodes (CC-1.56 and SSM-1.56) with
201 the same CB loading of 1.56 mg cm⁻² (Fig. 2A), while the cathodes of SSF-0.78 and
202 SSF-1.56 produced relatively higher voltages than the other two SSF cathodes
203 (SSF-0.39 and SSF-3.12) (Fig. 2B). Over 3 batch cycles of operation, the average
204 value of the maximum voltages reached 569 \pm 10 mV (\pm S.D., n = 3) for the SSF-1.56
205 cathodes while the highest values of the CC and SSM cathodes reached 529 \pm 7 mV
206 and 526 \pm 4 mV, respectively.

207 At the 4th batch cycle of operation, power densities and electrode potentials have
208 been measured for MFCs with different cathodes. The MFCs equipped with the
209 SSF-1.56 cathodes achieved the highest maximum power density of 1315 \pm 6 mW m⁻²
210 (\pm S.D., duplicate reactors), 60% and 42% higher than those with the CC and SSM
211 cathodes, respectively. On the other hand, the CC-1.56 cathodes produced the lowest
212 maximum power density of 820 \pm 13 mW m⁻² (Fig. 3A). It was also found out that
213 there were large differences in power production performances of the SSF cathodes
214 with different CB loading in the base layers. The maximum power density was 934 \pm
215 9 mW m⁻² for the MFCs using SSF cathodes with 0.39 mg cm⁻² CB loading. When
216 additional CB was applied into the base layers, the maximum power density increased
217 to 1093 \pm 25 mW m⁻² (SSF-0.78) and 1315 \pm 6 mW m⁻² (SSF-1.56). However,
218 further increment of the CB loading reduced the maximum power density, namely
219 1156 \pm 8 mW m⁻² for SSF-3.12. The cathode potentials followed the same changing
220 trend as the power generation, while the anode potentials were basically the same at

221 given current densities in all MFCs, indicating the fact that discrepancies in the
222 performances of cathodes lead to the differences in power generation of various
223 MFCs (Fig. 3B).

224 With the same CB loading of 1.56 mg cm^{-2} , the MFC with the SSF cathodes
225 produced a much higher maximum power density than those with the CC or SSM
226 cathodes, which can be attributed to the improved ORR at three-phase interface (TPI)
227 in the open three-dimensional (3D) macroporous structure of SSF cathodes.
228 Furthermore, the cathodes with different CB loadings in the base layers demonstrated
229 such wide variations in MFC performances that it can be concluded that the amounts
230 of CB blended in base layers exert a significant effect on the performances of
231 cathodes in power generation.

232 *3.2. Performance of cathodes in electrochemical tests*

233 LSV tests were conducted to evaluate the electrochemical performances of different
234 cathodes in the absence of bacteria. The SSF cathodes with different CB loading in
235 the base layers were compared with the CC and SSM cathodes, the results of which
236 showed that the SSF-1.56 cathode exhibited a higher current density than the other
237 cathodes at a given applied potential (Fig. 4). Although the current densities of
238 SSM-1.56 and CC-1.56 were similar at a given applied potential, the onset potential
239 of SSM-1.56 was higher than that of CC-1.56, thereby resulting in a higher maximum
240 power density of SSM-1.56. In our tests, the current densities obtained from the
241 MFCs were in the range of $0\text{--}8 \text{ A m}^{-2}$, and the maximum power densities of all MFCs
242 were generally obtained at the cathodic potential around -0.1 V . Thus, although

243 higher current densities were obtained at lower potentials than -0.12 V, the MFCs
244 with the SSF-0.39 cathodes performed poorly in power generation, due to the bad
245 electrochemical performances at higher potential than -0.12 V. The changes in current
246 densities of cathodes in LSV tests demonstrated a similar trend with those in power
247 production which, to a certain degree, enables us to predict the performances of
248 cathodes in MFC tests.

249 *3.3. Morphological characteristics of cathodes' transversal surface*

250 Morphological characteristics of cathodes' transversal surface were observed with
251 SEM. As shown in Fig. 5C and D, the cathodes made from CC and SSM have few
252 porous diffusion paths. SSF made of pressed stainless steel fiber of ~ 20 μm in
253 diameter, on the contrary, forms a relatively uniform macroporous 3D configuration,
254 which enables it to be an eligible diffusion backing for air-cathodes (Fig. 5A and B).
255 The cathodes constructed with SSF developed an improved TPI, not only facilitating
256 the electron transfer, the proton transfer and the oxygen diffusion, but offering a large
257 surface area for ORR as well. The sequential applications of a PTFE/CB base layer
258 and PTFE DLs to the porous SSF are important for controlling the water loss from
259 anode chamber and the oxygen intrusion from outside into it. In addition, the amounts
260 of CB in the base layers serve as another significant factor that affects the
261 electrochemical performances of these SSF cathodes. As shown in Fig. 5(G), in
262 comparison with Fig. 5 (E), (F) and (H), the cathodes with CB loading of 1.56 mg
263 cm^{-2} possess more internal macropores which can enhance the interaction of protons
264 and oxygen and therefore improve the electrochemical activity of these cathodes. This

265 improved structure, most beneficial for the cathodic reaction, has produced the highest
266 maximum power density ($1315 \pm 6 \text{ mW m}^{-2}$).

267 3.4. Resistances of electrodes

268 Nyquist plots of EIS operated at 0.1 V, 0 V and -0.1 V (vs. Ag/AgCl) for the cathodes
269 were compared in Fig. 6. The inserts in Fig. 6 illustrate the high-frequency parts of the
270 EIS for the SSF cathodes. As shown by the diminishing size of the semi-circle in
271 Nyquist plots, the total impedance of cathodes became smaller with decreasing the
272 applied potentials (increasing oxygen reduction overpotentials, $0.1 \text{ V} \rightarrow 0 \text{ V} \rightarrow -0.1$
273 V), which attributed to the increasing kinetic driving force by larger overpotentials.
274 The charge transfer resistance (R_{ct}) was obtained from the high-frequency part of the
275 EIS spectrum in Nyquist plots while the diffusion resistance (R_d) from the low
276 frequency part. It can be seen from the Nyquist plots that the SSF cathodes had
277 smaller total impedances than those based on CC or SSM at all of the three polarized
278 conditions, illustrated by the smaller semi-circles for the SSF cathodes. Moreover, the
279 SSF cathode with CB loading of 1.56 mg cm^{-2} had the smallest total impedance.

280 Individual components of the internal resistance for the SSF cathodes were
281 identified by fitting the EIS spectra to one equivalent circuit, the results of which were
282 shown in Table 1. The R_s s of all the SSF cathodes were similar at different polarized
283 conditions. However, the other electrochemical properties (R_{ct} , R_d and Q) varied for
284 those cathodes with different CB loadings. The R_d s of these cathodes played a
285 dominant role in most cases but became smaller with increasing oxygen reduction
286 overpotential. Moreover, compared with the other cathodes, the SSF-1.56 cathodes

287 had the smallest R_d at each polarized condition, probably due to the optimal structure
288 of this cathode for proton transfer and oxygen diffusion, resulting in the highest power
289 generation. At -0.1V , for example, the SSF-1.56 cathode had the lowest R_d of $12.41\ \Omega$,
290 when the CB loading increased from $1.56\ \text{mg cm}^{-2}$ to $3.12\ \text{mg cm}^{-2}$ the R_d of
291 SSF-3.12 cathode reached $23.26\ \Omega$, which was attributed to the destroyed optimal
292 structure for the oxygen diffusion. If the EIS is conducted at the same polarized
293 condition of $-0.1\ \text{V}$ (around where most cathodes produced the maximum power
294 densities in MFC tests (Fig. 3B)), R_d will be the largest contributor to resistance,
295 indicating that the mass transfer is the primary limiting factor of the ORR for cathodes.
296 Therefore it is important to increase the mass transfer by way of perturbation motion
297 so that MFC performances can be improved. The results here were consistent with
298 previous EIS studies, showing that the cathode diffusion resistance, larger than the
299 charge transfer resistance, became the main part in total internal resistance of cathodes
300 ^{8, 16}.

301 Generally speaking, R_{ct} decreased with both increasing CB loadings in the base
302 layers and increasing oxygen reduction overpotential. At polarized potential of $0.1\ \text{V}$,
303 for instance, R_{ct} decreased from $11.76\ \Omega$ to $2.37\ \Omega$ as the CB loadings increased from
304 $0.39\ \text{mg cm}^{-2}$ to $3.12\ \text{mg cm}^{-2}$. Those cathodes with larger amounts of CB had lower
305 R_{ct} values than those with lower CB loadings, the reason of which likely lay in the fact
306 that more CB in the internal macropores of the 3D configuration improved the
307 conductivity and thereby facilitated the electron transfer and then enhanced the overall
308 catalytic performance of the cathodes. Besides, R_{ct} also decreased with increasing

309 oxygen reduction overpotential due to the larger driving force for the electron transfer.

310 The double layer capacitance, given that it is induced by the buildup of charge at
311 the electrode–electrolyte interface, may have something to do with the
312 electrode–electrolyte networks in the catalytic layer¹⁶. In this study, the double layer
313 capacitance generally rose with increasing CB loadings from 0.39 mg cm⁻² to 1.56 mg
314 cm⁻², suggesting that the cathodes with higher level of CB had larger active surface
315 areas and consequently higher catalyst utilization. The SSF-1.56 cathode, in particular,
316 had the highest Q value, probably owing to abundant macropore in the internal
317 structure which allowed more contact between catalyst and the open 3D porous felt.
318 As the CB loading increased to 3.12 mg cm⁻², the optimal structure had been damaged,
319 leading to a lower Q value of the SSF-3.12 cathode.

320 An equivalent circuit, put forward according to the flooded-agglomerate model,
321 was used for the EIS spectra of the cathodes with CC and SSM backing, resulting in a
322 good fit of the data to the spectra for both cathodes. Due to the poor electrical
323 conductivity and proton transfer for the CC backing, the CC-1.56 cathode obtained
324 the highest R_{ct} (Table 2), producing the lowest maximum power density of 820 ± 13
325 mW m⁻². Similarly, the R_{ct} value of the SSM-1.56 cathode was much higher than
326 those of the SSF cathodes, which can be attributed to the poor proton conductivity of
327 the SSM cathodes resulting from their flat 2D structure. At low overpotential (0.1 V),
328 R_{ct} s for the CC and SSM cathodes were the largest contributors to the internal
329 resistances, indicating that the ORR is primarily kinetically limited. However, when
330 the cathodic potential was fixed at -0.1 V, some discrepancies were observed for the

331 two cathodes, namely, R_{ct} still being the main part of the resistance for the SSM
332 cathode while R_d becoming the primary factor in limiting the cathodic reaction for the
333 CC cathode.

334 To sum up, the cathodes with SSF backing exhibit lower internal resistance than
335 those with CC and SSM backing, ensuring their outstanding performances in MFCs
336 tests. On the other hand, blending CB in base layers proved to be effective for
337 reducing the internal resistance and enhancing cathode performances in MFCs.

338 3.5. Corrosion

339 No corrosion was found on either side of the cathodes after the operation in MFCs.
340 The composition of the metal in the SSF cathodes, which measured by SEM-EDS,
341 showed little variation in molybdenum, chromium, iron and nickel composition before
342 and after use in MFCs (Table 3), confirming the conclusion that power generation in
343 MFC was not a result of corrosion of metal in SSF cathodes. In a previous study,
344 Janicek et al²⁶ demonstrated that corrosion appeared on the outer surface (air facing
345 side) of the SSM cathode during operation. The formation of insoluble iron
346 hydroxides, which appear reddish brown or green for the SSM cathodes in their
347 experiment, did not occur on the inner surface (water facing side) of the SSF cathodes
348 here. The different corrosion property between the SSF herein and the SSM used in
349 Janicek's experience probably due to the different chemical composition of the
350 stainless steel materials.

351 3.6. COD removal and coulombic efficiency (CE)

352 COD removals, over a batch cycle of operation, ranged from 91% to 96% and the CB

loading or the type of the backing (SSF or CC or SSM) exerted no apparent effect on them. The CEs of the SSF-0.39 cathodes ranged from 13% to 35 % at the current density range of 0.7–4.0 A m⁻² and then slightly increased when more CB was applied in the base layers (Fig. 7). The highest CE of 41% was obtained when the CB loading reached as high as 1.56 mg cm⁻² at the current density of 5.5 A m⁻², but the CEs fell into the range of 14–34% with further addition of CB. Meanwhile, with the same amount of CB loading, the CEs of SSF-1.56 were obviously higher than those of CC-1.56 or SSM-1.56, fully showing the superiority of the SSF cathodes in MFC performances. It is also clear that higher CEs are achieved at increased current density, which is consistent with those results of some previous studies^{7,14}. Since increase in the current density leads to a reduction of the operation time in a batch cycle, the rise of the CE may result from the substantial decrement of oxygen that diffuses into the anode chamber. However, the values of CE obtained here were lower than those in the previous reports^{6,7}, probably due to the sucrose we used as the substrate, which, being fermentable, can facilitate fermentations and/or methanogenesis, the likely competitors in the process of the electricity generation in the anode chamber.

4. Conclusions

Novel 3D macroporous air-cathodes have been built on the basis of 3D stainless steel felts, a promising alternative to CC and SSM as the air-cathode backing. MFCs equipped with this type of cathodes can produce higher power densities and CEs, which improvements we attribute to the enhanced oxygen reduction reaction at the improved three-phase interface in open 3D macroporous structure of the cathodes.

375 The results show that the construction of cathodes with open 3D macroporous SSF,
376 beneficial for the applications of MFCs in a large scale, is both promising and
377 effective for the MFC cathodes. Our experiments also demonstrate that CB blended in
378 the base layers can improve the electrochemical properties of the cathodes, illustrated
379 by increased current densities, reduced charge transfer resistances and diminished
380 diffusion resistances of the cathodes. The best performance of the SSF cathodes in
381 MFCs tests can be achieved when applied with an appropriate amount of CB of 1.56
382 mg cm^{-2} . In the foreseeable future, a type of high-performance SSF cathodes will
383 advance the large scale applications of MFCs.

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Table and figure captions

Table 1 Individual element of the cathodic internal resistances for SSF cathodes at overpotential of 0.1 V, 0 V and -0.1 V.

Table 2 Individual element of the cathodic internal resistances for CC and SSM cathodes at overpotential of 0.1 V, 0 V and -0.1 V.

Table 3 Metal composition of stainless steel felt by SEM-EDS before and after operation in MFC as cathode

Fig. 1 Equivalent circuit for (A) SSF cathodes and (B) CC and SSM cathodes

Fig. 2 Voltage generation of (A) CC, SSM and SSF cathodes with CB loading of 1.56 mg cm^{-2} and (B) SSF cathodes with different CB loading versus time, with 50 mM PBS buffer and 1.0 g L^{-1} sucrose.

Fig. 3 (A) Power densities and (B) electrode potentials of SSF cathodes with different CB loading and CC and SSM cathodes with the CB loading of 1.56 mg cm^{-2} as a function of current density (normalized to cathode projected surface area) obtained by varying the external circuit resistance ($1000\text{--}50 \text{ } \Omega$). (Error bars \pm SD based on measurement of two duplicate reactors.).

Fig. 4 LSV of SSF cathodes with different CB loading and CC and SSM cathodes with the CB loading of 1.56 mg cm^{-2} .

Fig. 5 SEM images of the transversal surface of unmodified SSF (A, B) and modified cathodes with CC (C), SSM (D), SSF-0.39 (E), SSF-0.78 (F), SSF-1.56 (G), and SSF-3.12 (H).

Fig. 6 Nyquist plots of EIS spectra by six types of cathodes at polarized conditions of

0.1 V (A), 0 V (B) and -0.1 V (C) (The inserts show the EIS spectra of SSF cathodes).

Fig. 7 CEs of SSF cathodes with different CB loading and CC and SSM cathodes as a function of current density obtained by varying the external circuit resistance (1000–50 Ω).

Table 1 Individual element of the cathodic internal resistances for SSF cathodes at overpotential of 0.1 V, 0 V and -0.1 V.

Element	Overpotential	SSF-0.39	SSF-0.78	SSF-1.56	SSF-3.12
$R_s(\Omega)$	0.1 V	15.35	15.50	13.42	15.26
	0 V	14.61	14.96	13.09	14.64
	-0.1 V	14.73	15.53	13.33	14.96
$R_{ct}(\Omega)$	0.1 V	11.76	12.59	4.39	2.37
	0 V	10.00	4.55	1.19	2.40
	-0.1 V	9.25	9.99	2.80	1.56
$R_d(\Omega)$	0.1 V	143.70	100.1	72.28	93.28
	0 V	53.51	84.06	37.67	51.09
	-0.1 V	31.83	34.12	12.41	23.26
$Q(F)$	0.1 V	0.44608	0.68286	0.7894	0.6344
	0 V	0.3713	0.33725	0.4197	0.31702
	-0.1 V	0.36619	0.34767	0.54884	0.39573

Table 2 Individual element of the cathodic internal resistances for CC and SSM cathodes at overpotential of 0.1 V, 0 V and -0.1 V.

Element	Overpotential	CC-1.56	SSM-1.56
$R_s(\Omega)$	0.1 V	24.24	23.69
	0 V	24.12	23.42
	-0.1 V	23.99	23.45
$R_{ct}(\Omega)$	0.1 V	137.7	77.44
	0 V	62.35	33.94
	-0.1 V	43.63	20.66
$C_{dl}(\text{F})$	0.1 V	0.05006	0.06523
	0 V	0.04018	0.06084
	-0.1 V	0.03561	0.05359
$R_d(\Omega)$	0.1 V	108.9	16.77
	0 V	111.5	16.1
	-0.1 V	90.8	15.95
$C_{ad}(\text{F}) \times 10^{-6}$	0.1 V	4.65	3.85
	0 V	4.73	3.59
	-0.1 V	4.93	3.57

Table 3 Metal composition of stainless steel felt by SEM-EDS before and after operation in MFC as cathode

Weight percent (%)	Initial	Used
Mo	02.01	02.03
Cr	18.46	18.41
Fe	67.32	67.36
Ni	12.20	12.21

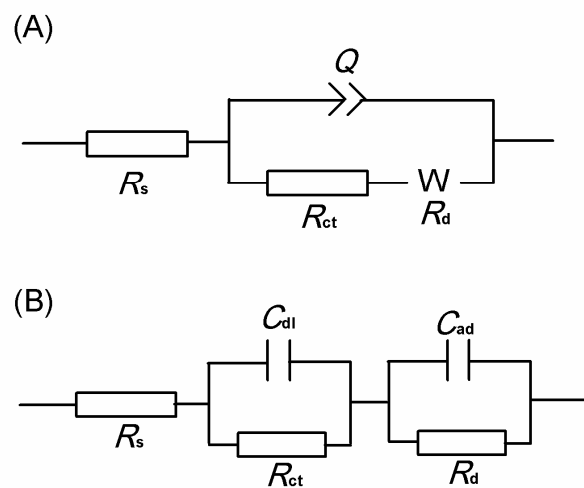


Fig. 1 Equivalent circuit for (A) SSF cathodes and (B) CC and SSM cathodes.

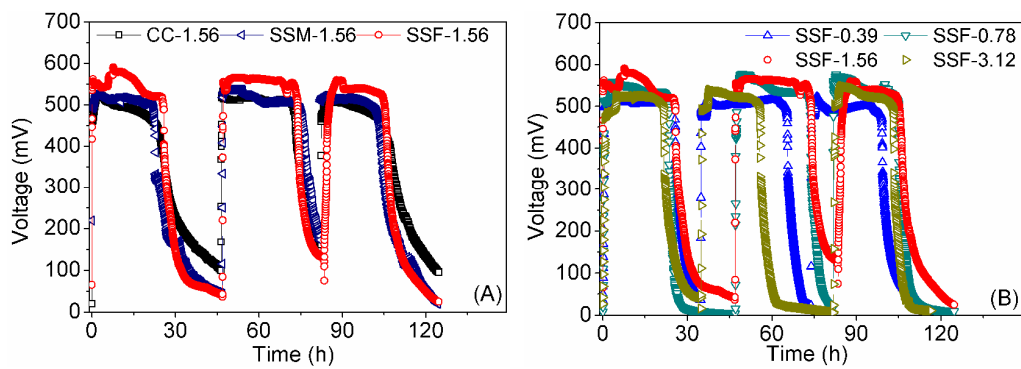


Fig. 2 Voltage generation of (A) CC, SSM and SSF cathodes with CB loading of 1.56 mg cm^{-2} and (B) SSF cathodes with different CB loading versus time, with 50 mM PBS buffer and 1.0 g L^{-1} sucrose.

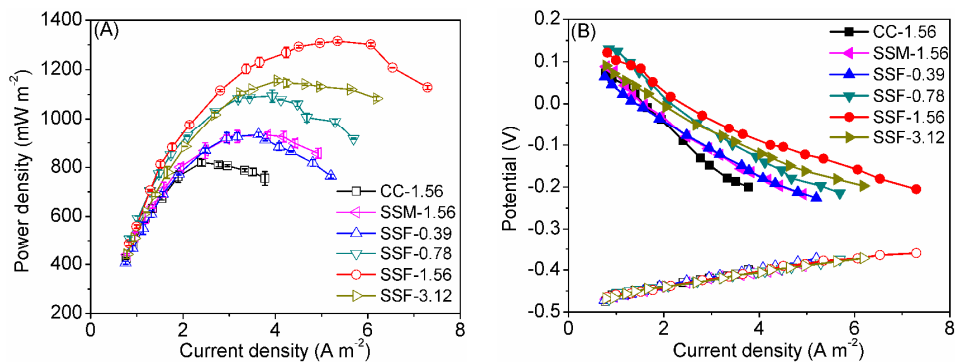


Fig. 3 Power densities (A) and electrode potentials (B) of SSF cathodes with different CB loading and CC and SSM cathodes with the CB loading of 1.56 mg cm⁻² as a function of current density (normalized to cathode projected surface area) obtained by varying the external circuit resistance (1000–50 Ω). (Error bars \pm SD based on measurement of two duplicate reactors.).

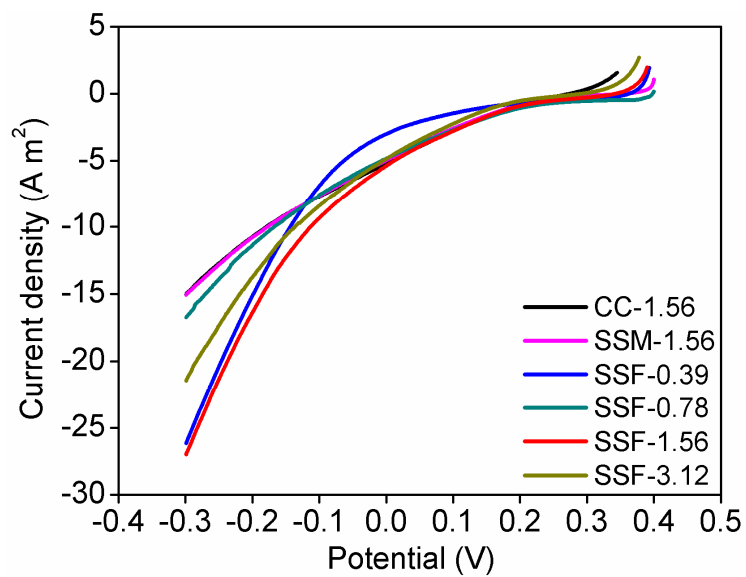


Fig. 4 LSV of SSF cathodes with different CB loading and CC and SSM cathodes with the CB loading of 1.56 mg cm^{-2} .

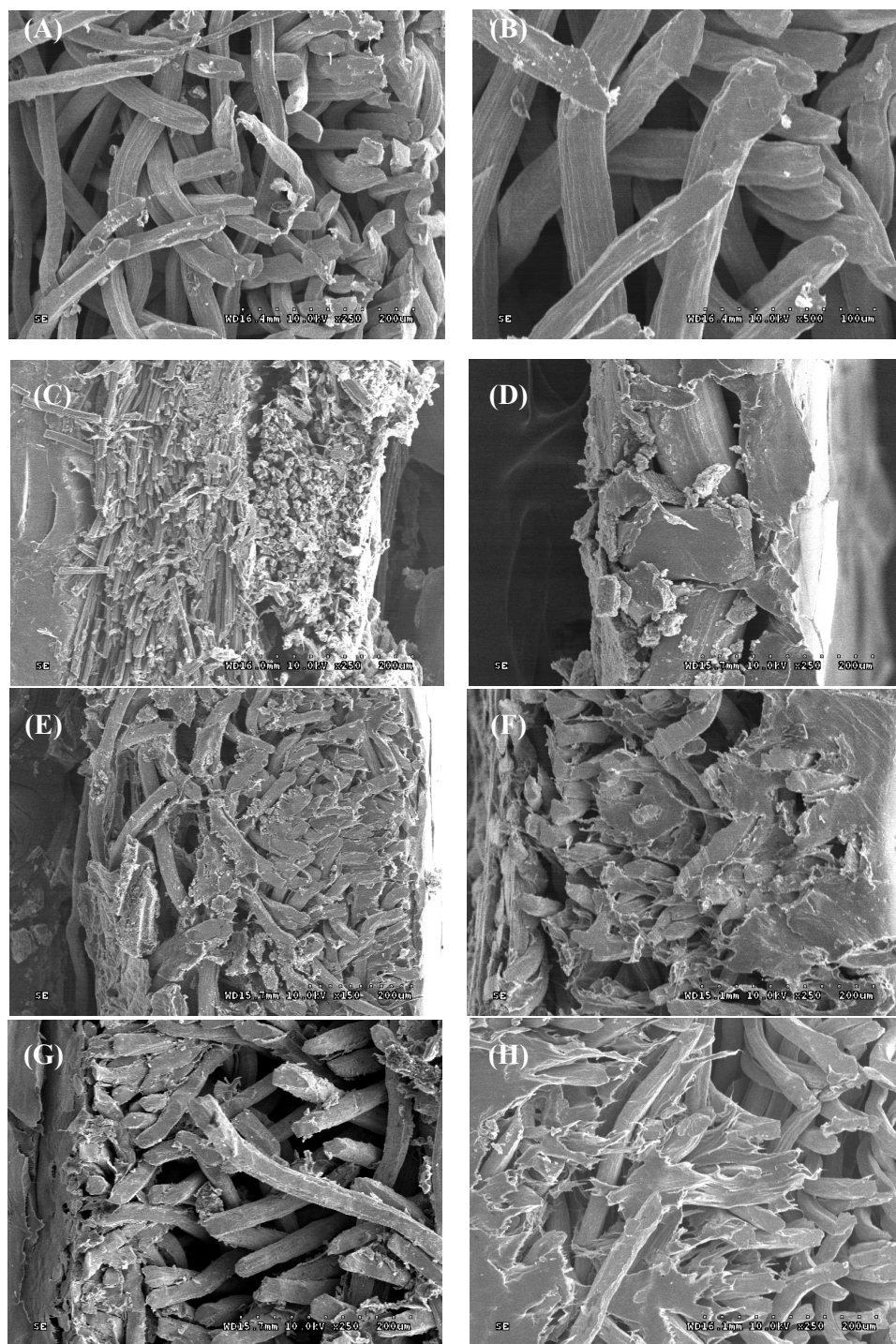


Fig. 5 SEM images of the transversal surface of unmodified SSF (A, B) and modified cathodes with CC (C), SSM (D), SSF-0.39 (E), SSF-0.78 (F), SSF-1.56 (G), and SSF-3.12 (H).

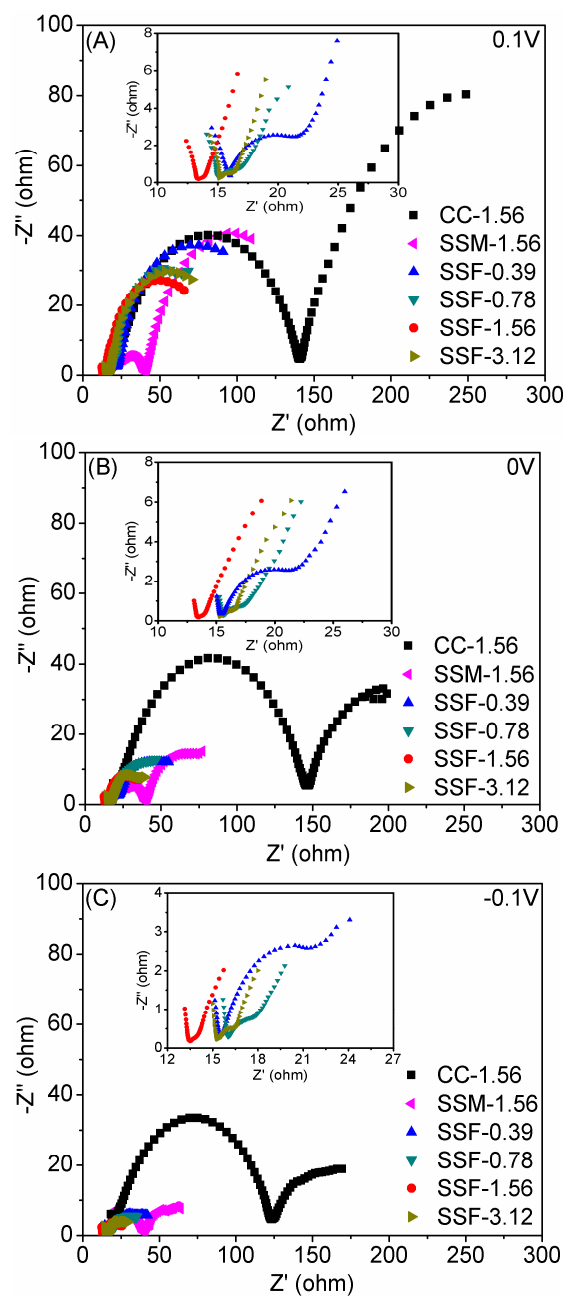


Fig. 6 Nyquist plots of EIS spectra by six types of cathodes at polarized conditions of 0.1 V (A), 0 V (B) and -0.1 V (C) (The inserts show the EIS spectra of SSF cathodes).

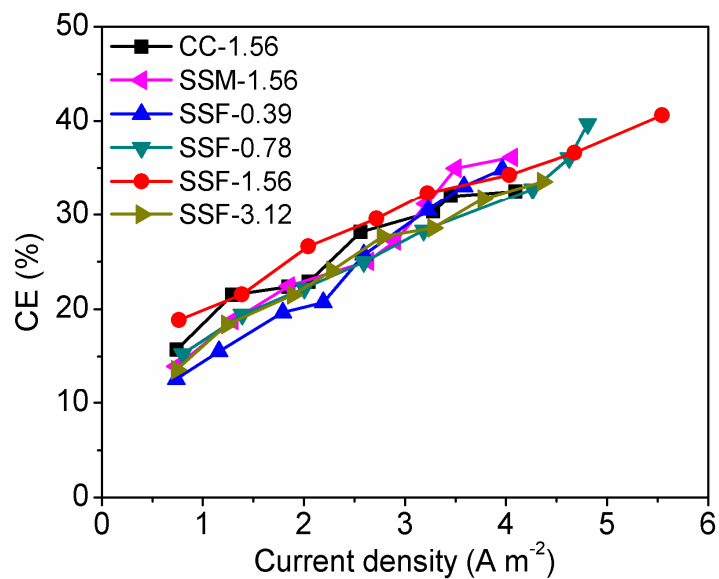


Fig. 7 CEs of SSF cathodes with different CB loading and CC and SSM cathodes as a function of current density obtained by varying the external circuit resistance (1000–50 Ω).