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22 CMC-La and CMC-La revealed that crosslink had no obvious effect on the removal  
23 efficiency and mechanism of adsorption and desorption of two adsorbents. The  
24 surface adsorption happened between linked CMC-La and fluoride due to Lewis  
25 acid-base interaction and doped with electrostatic attraction.

26 **Keywords:** carboxymethyl cellulose sodium; La (III); crosslink; fluoride;  
27 adsorption;

## 28 **1. Introduction**

29 Fluorine was a trace element necessary for human body [1]. However, when  
30 concentration was above 1.5 mg/L, fluoride can lead to many health issues, such as  
31 mottling of teeth, thyroid disorder, fluorosis of skeleton, and neurological damage  
32 [2-4]. Therefore, removal of fluoride from water source was necessary. Up to now,  
33 defluoridation had been achieved by adsorption [5], precipitation [6], donnadialysis  
34 [7], ion exchange [8], membrane separation [9] and electrodialysis [10]. Among these,  
35 adsorption was considered as one of the most convenient and economical methods for  
36 wastewater, especially for low concentration wastewater [11].

37 However, the viability of adsorption technique greatly depended on the adsorbents  
38 [12]. According to the adsorbent materials, adsorption could be divided into rare earth  
39 adsorption [13], bone charcoal adsorption [14, 15], aluminum salt adsorption [16] and  
40 biosorption [17]. Biosorption was chosen as one of the most promising methods due  
41 to its environmentally-friendly properties.

42 Lanthanum showed high affinity for fluoride ions [18]. Various adsorbents, such as  
43 gelatin [19], chitosan beads [20] and *Sarfassum* sp. [21] loaded with La (III) were

44 used for the purpose of fluoride removal. Microsphere adsorbent such as synthetic  
45 resins [22] was also widely used for fluorine removal by loading La (III). In this  
46 present work, carboxymethyl cellulose sodium (CMC) was chosen as the new  
47 microsphere biomaterial because of its abundant resource [23] and large amount of  
48 active groups such as hydroxy and carboxyl. And the active groups had the tendency  
49 to form complex with metal ions and crosslinking agent [24]. Though the  
50 carboxymethylcellulose loaded with only metal ions had good adsorption capacity of  
51 fluoride [25], it did not show good deeds in mechanical properties and acid and alkali  
52 resistance, which limited its possible application. Cross-linkers were usually used to  
53 modify chemical structure and textural properties of polymer by intermolecular and  
54 intramolecular linking to improve its properties.

55 In this study, we attempted (i) to make carboxymethylcellulose as matrix together  
56 with lanthanum to prepare the adsorbent of CMC-La microsphere and glutaraldehyde  
57 was chosen as crosslinking agent to improve the thermostability and acid and alkali  
58 resistance of the CMC-La microsphere, (ii) to characterize the difference between the  
59 two adsorbents of CMC-La and linked CMC-La, (iii) and to deduce the mechanism of  
60 the adsorption and desorption process of fluoride.

## 61 **2. Material and Methods**

### 62 **2.1. Reagents**

63 CMC was purchased from Aladdin Chemistry Company, Ltd. (Shanghai, China).  
64  $\text{LaCl}_5 \cdot 7\text{H}_2\text{O}$ ,  $\text{C}_5\text{H}_8\text{O}_2$ , NaF, NaOH,  $\text{C}_5\text{H}_8\text{O}_2$  and HCl were purchased from Kelong

65 Chemicals. NaOH and HCl were prepared at the concentration of  $0.05 \text{ mol L}^{-1}$ ,  
66 respectively. Besides, all reagents were analytically pure.

## 67 **2.2. Microsphere preparation of CMC-La and linked CMC-La**

68 Carboxymethyl cellulose sodium was dispersed in ultra-pure water and stirred at  
69 high speed at room temperature to form 3 % (w/v) uniform solution. Carboxymethyl  
70 cellulose sodium solution was automatically dropped into 5% (w/v) of  $\text{LaCl}_5 \cdot 7\text{H}_2\text{O}$   
71 solution using injection pump at the speed of  $7.94 \mu\text{m}/\text{min}$  and the CMC-La  
72 microspheres were formed. After then, 5 mL 50%(Volume)  $\text{C}_5\text{H}_8\text{O}_2$  were added into  
73 the aqueous and the linking process of microspheres stood for another 24 h, and the  
74 linked CMC-La microspheres were filtrated, washed with deionized water to remove  
75 any residual ions and dried for ten hours at  $45 \text{ }^\circ\text{C}$  for further experiments.

## 76 **2.3. Characterization of CMC-La and linked CMC-La**

### 77 **2.3.1. SEM examination of CMC-La and linked CMC-La**

78 Morphology analysis of CMC-La and linked CMC-La was carried out by Scanning  
79 electron microscope (SEM, EVO18, Carl Zeiss, Germany). The samples were  
80 mounted on a bronze stub, sputter-coated with gold in a sputtering device for 1.5 min  
81 at 10 mA and examined at a 20 kV accelerating voltage.

### 82 **2.3.2. Density and compressive resistance of CMC-La and linked CMC-La**

83 Density (bulk density and wet true density) was measured by the experiment method.  
84 Firstly, 15mL ultrapure water was added into the 50 mL measuring cylinder and the  
85 total mass ( $m_1 \text{ g}$ ) was measured in the balance. Secondly, 2 mL microsphere  
86 adsorbents were added into the cylinder and  $m_2 \text{ (g)}$  was attained with the same

87 balance. Thus, the mass of the samples was the difference between  $m_2$  and  $m_1$ , namely  
88  $(m_2 - m_1)$ . Thirdly, the sample volume ( $V$  mL) was gained through the difference of the  
89 before and after volume, too. The bulk density ( $g / mL$ ) was calculated as equation (1).  
90 Then, filling the cylinder with water and the total mass was  $m_4$ . Throw out the  
91 adsorbent, fill the cylinder with water again and record the mass  $m_3$ . The wet true  
92 density was calculated as equation (2).

$$93 \quad d = (m_1 - m_2) / V \quad (1)$$

$$94 \quad d_T = m_2 - m_1 / (m_2 - m_1) - (m_4 - m_3) \quad (2)$$

95 Compressive resistance was one of the factors in the adsorbent application.  
96 Approximately 14-15 microsphere adsorbents before dried were examined with a  
97 texture analyzer (B. XTPlus, Stable Micro System Corporation, UK) [26]. A sample  
98 was positioned on the stage to ensure that the probe evenly contacted the sample  
99 surface. The test was performed at a constant speed of 4 mm/s and was stopped until  
100 the samples were crushed to the same degree of deformation. At this time, the peak of  
101 pressure force that displayed in software interface was defined as the compressive  
102 strength of the samples. The final data was the average value of the 14-15  
103 microspheres.

### 104 **2.3.3. N<sub>2</sub> adsorption-desorption of CMC-La and linked CMC-La**

105 N<sub>2</sub> adsorption and desorption experiments were conducted with a JW-BK112  
106 Surface Area Analyzer and Pore Size Analyzer. The N<sub>2</sub> adsorption-desorption  
107 isotherms could provide information of pore volume, surface area and pore size  
108 distribution.

#### 109 **2.3.4. The resistance of CMC-La and linked CMC-La to acid and alkali**

110 An experiment method was used to investigate the acid and alkali resistance of  
111 adsorbents. Experiments were conducted in a batch of 250 mL glass-stoppered flasks  
112 with 100 mg/L fluorine solution. Firstly, initial pH of the solution was adjusted to 1 to  
113 12 with HCl (0.05 mol/L) and NaOH (0.05 mol/L), respectively. Secondly, 0.2 g of  
114 adsorbents were added into each flask and the flasks were shaken in an electrically  
115 thermostatic reciprocating shaker at 180 rpm for 72 h. Finally, the resistance of  
116 adsorbents to acid and alkali were attained through observing adsorbents dissolution  
117 properties at different pH.

#### 118 **2.3.5. Thermal properties analysis of CMC-La and linked CMC-La**

119 The thermal stability of CMC-La and linked CMC-La were measured by  
120 thermogravimetric analysis (Q600, TA Instrument Corporation, USA). The samples  
121 were gradually heated at a rate of 20 °C/min from 20 to 800 °C which were under  
122 protection of N<sub>2</sub> with a flow rate of 20 mL/min.

#### 123 **2.3.6. Analysis on the point of zero charge of the adsorbent**

124 A solid addition method [27] was used to investigate the point of zero charge  
125 (pH<sub>pzc</sub>) of adsorbents. Experiments were conducted in a batch of 50 mL  
126 glass-stoppered flasks containing 0.1 mol/L KNO<sub>3</sub>. Firstly, initial pH (pH<sub>i</sub>) of the  
127 KNO<sub>3</sub> solution was regulated from 3 to 11 with HCl (0.05 mol/L) and NaOH (0.05  
128 mol/L). Secondly, 0.1 g of adsorbents were added into each flask and the flasks were  
129 shaken in an electrically thermostatic reciprocating shaker at 180 rpm for 48 h. Finally,  
130 pH of those solutions (pH<sub>t</sub>) was detected. The difference value between pH<sub>t</sub> and pH<sub>i</sub>

131 ( $\Delta\text{pH} = \text{pH}_i - \text{pH}_t$ ) was plotted versus  $\text{pH}_i$ , and intersection between the curve and  
132 abscissa was  $\text{pH}_{\text{pzc}}$ .

### 133 2.3.7 Fourier transform-infrared spectra (FT-IR) analysis

134 Both CMC-La and linked CMC-La were measured by Fourier transform-infrared  
135 spectrometer (Nicolet-6700, USA) in the wavenumber range of  $400\text{-}4000\text{ cm}^{-1}$ . Prior  
136 to the measurement with FT-IR, adsorbents were taken into the oven at  $55\text{ }^\circ\text{C}$  for 24 h  
137 and then pressed into discs with potassium bromide.

### 138 2.4. Batch adsorption experiment for fluoride

139 Batch adsorption experiments were studied with various pH, fluoride  
140 concentration and contact time. Adsorption experiments were conducted in triplicate  
141 in a 250 mL stoppered conical flask containing 50 mL of fluoride solution and a  
142 certain dosage of adsorbents. Flask was shaking in an electrically thermostatic  
143 reciprocating shaker at 180 rpm for a predetermined contact time. Fluoride removal  
144 efficiency of adsorbents was evaluated by measuring the time-dependent  
145 concentrations of fluoride. The average value of the results (differences less than 3%)  
146 was used for data analysis. Besides, the pH of initial fluoride solution was adjusted by  
147 NaOH and HCl solution.

148 Then solid-liquid filtrated, and the filtrates were analyzed by Metrohm  
149 881-Compact-IC-Pro using calibration curve (linear equation:  
150  $Y = 0.0158012X - 0.285042$ , where Y was absorbency and X was fluoride  
151 concentration in mg/L;  $R^2 = 0.999$ ). The removal efficiency ( $RE$ ) was calculated as  
152 follows [28].



153  $RE(\%) = (C_0 - C_e)/C_0 \times 100$  (3)

154 Where  $C_0$  (mg/L) and  $C_e$  (mg/L) were the initial fluoride concentration and fluoride  
155 concentration after adsorption, respectively.

## 156 **2.5. Regeneration experiment of the adsorbent**

157 Desorption of the adsorbed fluorine from CMC-La and linked CMC-La was  
158 studied by static experiments. Adsorbent (0.2 g) was dispersed in a 250 mL stoppered  
159 conical flask containing 50 mL of 100 mg/L fluorine solution as mentioned in the  
160 adsorption procedure. Once equilibrium was reached, the adsorbent that loaded with  
161 fluorine was filtered out and dried. Then the adsorbent was placed in a 250 mL  
162 stoppered conical flask containing 50 mL NaOH solution for desorption. The pH of  
163 desorption solution varied from 9.0 (CMC-La) to 11.0 (linked CMC-La). Then flask  
164 was kept in an orbital shaker at 180 rpm for a 24 h period at room temperature (25 °C).  
165 The final fluorine concentration in the filtrate was detected and desorption ratio was  
166 calculated based on the removal efficiency. The maximum adsorption-desorption  
167 times of the two adsorbents was also recorded. All experiments were carried out in  
168 duplicate and showed differences less than 3%.

## 169 **3. Results and Discussion**

### 170 **3.1. SEM**

171 The photo and SEM micrographs of adsorbents were presented in Fig. 1. The  
172 images illustrated that the adsorbents were granular. Compared with the CMC-La (Fig.  
173 1a), the linked CMC-La (Fig. 1b) was regular microsphere. Although, the surface of  
174 two kinds of adsorbents were marked with a number of creases (Fig. 1c and Fig. 1d),

175 which increased the contact area and improved ions adsorption capacity, the surface  
 176 of linked CMC-La appeared more creases per surface unit of the adsorbent. The  
 177 formation of a large number of folds on the surface of adsorbents may be caused by  
 178 water evaporation and surface shrinking of gel pellet. More water evaporation and  
 179 surface shrinking were, more creases on the surface of adsorbents and more dense  
 180 texture of gel particles were. The results from Fig. 1c and Fig. 1d indicated that  
 181 linking process made a contribution to shaping the adsorbents and densification of the  
 182 gel particles. Compared Fig. 1c to Fig. 1e and Fig. 1d to Fig. 1f, respectively, there  
 183 was no obvious change in the creases on the surface of the adsorbent, which indicated  
 184 the adsorbent was relatively stable in the adsorption process.

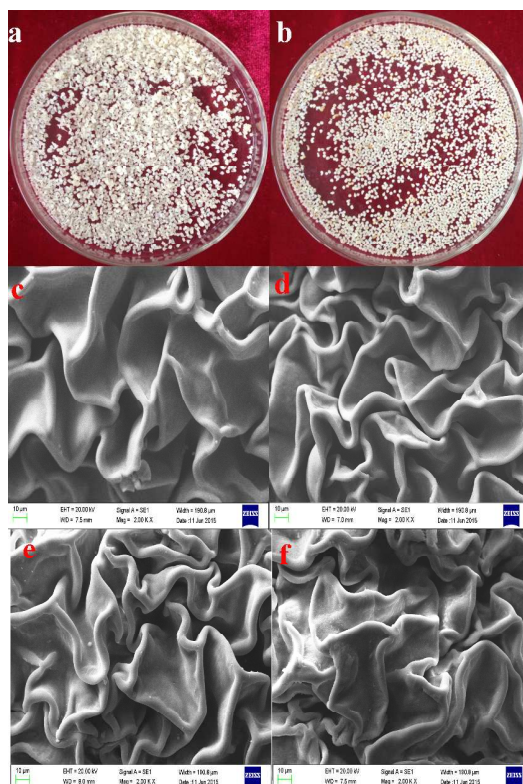


Fig.1. Photos and SEM images of adsorbents ((a) digital photo of CMC-La, (b) digital photo of linked CMC-La, (c) SEM of CMC-La, magnification  $\times 2000$ , (d) SEM of linked CMC-La,

magnification  $\times$  2000 (e) SEM of CMC-La after adsorption, magnification  $\times$  2000, (f) SEM of linked CMC-La after adsorption, magnification  $\times$  2000)

### 185 3.2. Density and compressive resistance

186 The compressive resistance and density of adsorbents were shown in table 1. The  
187 compressive force of CMC-La was 92.125 g while the force of the linked CMC-La  
188 was 310.467 g. From this point, the linking process improved the compressive  
189 resistance of the adsorbent which may caused by densifying the gel particles. It was  
190 also consistent with conclusion of the SEM.

191 As for the density, both the bulk density and wet true density of the CMC-La were  
192 denser than the linked CMC-La. This may due to the heavier water absorbency of  
193 CMC-La than that of the linked CMC-La.

194 Table 1 Compressive resistance and density characteristics of CMC-La and linked CMC-La

Adsorbent	Force (g)	Bulk Density (g / mL)	Wet True Density
CMC-La	92.125	1.521	1.853
Linked CMC-La	310.467	1.447	1.609

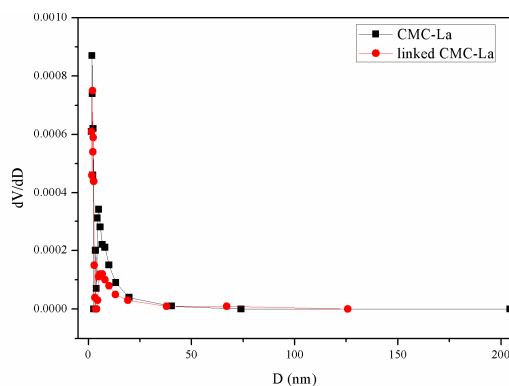
### 195 3.3. N<sub>2</sub> adsorption-desorption of CMC-La and linked CMC-La

196 The results of N<sub>2</sub> adsorption-desorption analysis were shown in Table 2. The  
197 specific surface area of CMC-La and linked CMC-La which was calculated from the  
198 multipoint BET model was 4.132 and 1.798 m<sup>2</sup>/g, respectively. The total pore volume  
199 of CMC-La and linked CMC-La was 0.0036 and 0.0023 cm<sup>3</sup>/g, respectively.

200 Table 2 Pore structure parameters of CMC-La and linked CMC-La

Adsorbent	Surface area (m <sup>2</sup> /g)	Total pore volume (cm <sup>3</sup> /g, 10 <sup>-3</sup> )	Average pore size (nm)
CMC-La	4.132	3.6	7.051
Linked CMC-La	1.798	2.3	6.334

201 The pore distribution was also shown in Fig. 2. From Fig. 2, the average pore size  
202 of both the CMC-La and linked CMC-La was respectively 7.051nm and 6.334nm  
203 (Table 2), and they were mostly distributed around 6nm.



204

205 Fig. 2 The pore distribution of both CMC-La and linked CMC-La

### 206 3.4. Analysis of acid and alkali resistance

207 The result of the resistance of adsorbents to acid and alkali was shown in Fig.3. The  
208 previous preliminary experimental results showed that 3 to 11 of the solution pH was  
209 the critical range of the resistance of the adsorbent to acid and alkali, and 4 was the  
210 best adsorption pH for fluoride of the adsorbent. Therefore, three kinds of typical pH  
211 of 3, 4, and 11 were chosen for the acid and alkali resistance test of the adsorbent.  
212 After shaking in the solution of different pH for 72 h, the microspheres adsorbent of  
213 CMC-La were obvious swelling (Fig.3a1) when the pH value was 3 and there was no  
214 significant change except slight swelling in appearance of CMC-La when the pH was  
215 4 (Fig. 3b1). However, the adsorbents of CMC-La decomposed (Fig.3c1) more or less  
216 when the pH value was 11 which were not microsphere any more, further lead to the  
217 adsorption solution turning to cloudy. The swelling and dissolution of the linked  
218 CMC-La at the different pH value of the adsorption solution (3, 4 and 11) were shown  
219 in Fig. 3a2, b2 and c2, respectively. Compared with CMC-La, the linked CMC-La

220 showed better acid and alkali resistance. There was no signal of dissolution and the  
221 adsorption solution was still clarification. From this point, the linking process  
222 improved the resistance of adsorbents to acid and alkali. This may be due to the  
223 cellulose chain interaction which was related to the presence of glutaraldehyde [29].

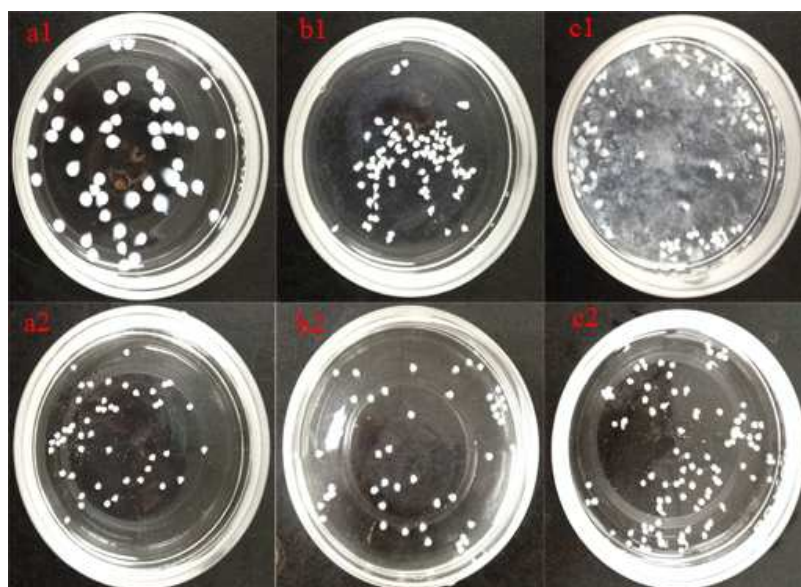


Fig.3. Digital images of CMC-La and linked CMC-La in the different pH value (a1, a2: pH 3, b1, b2: pH 4 and c1, c2: pH 11, respectively)

### 224 3.5. Thermal properties analysis

225 Thermogravimetric analysis was a standard of estimating the relative stability of  
226 the material according to thermal decomposition temperature. Thermogravimetric  
227 curves of CMC-La and linked CMC-La in the range of 0°C to 800°C were shown in  
228 Fig. 4 and DTG curve exhibited a same three-stage decomposition band in the two  
229 adsorbents. According to the DTG curve, the different decomposition process of the  
230 two adsorbents lied in the first stage that the decomposition temperature of CMC-La  
231 was 190°C while linked CMC-La was 200°C, which was slightly higher than  
232 CMC-La. It could come to the conclusion that the cross linking made the CMC-La

233 more stability in the first decomposition process and the linked sites were in the  
 234 hydroxyl of the carboxymethylcellulose [30]. The weight loss of both CMC-La and  
 235 linked CMC-La were 45%.

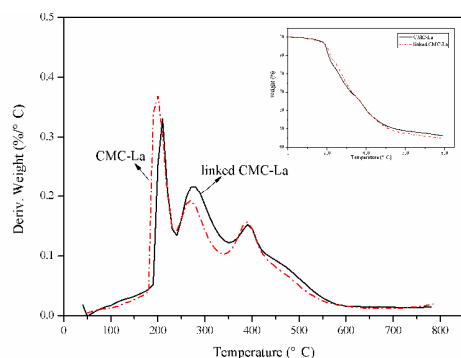


Fig.4. Thermal analysis showing TGA of adsorbent

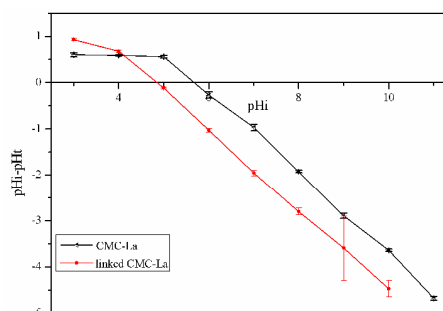


Fig.5. Determination of the point of zero charge of CMC-La

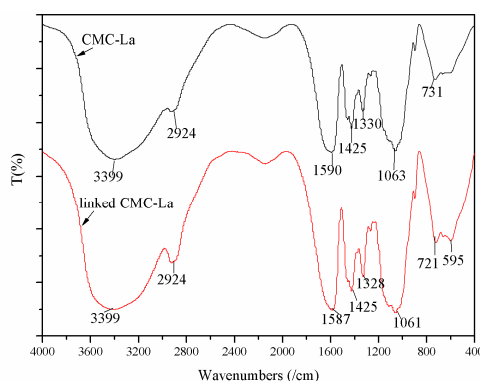
### 236 3.6. Analysis on the point of zero charge of CMC-La

237 The  $pH_{pzc}$  was a vital parameter to determine the net electrical neutrality in  
 238 adsorbent. When pH was below  $pH_{pzc}$ , surface charge was positive [31]. Plot of  $pH_i$   
 239 versus  $\Delta pH$  was shown in Fig. 5. The  $pH_{pzc}$  of CMC-La and linked CMC-La in  
 240 aqueous solution were at pH 5.7 and pH 4.8, respectively. So the adsorbent surface  
 241 presented positive charge below pH 5.7 and pH 4.8. Therefore, electrostatic attraction  
 242 between the positive adsorbent and fluoride existed below pH 5.7 and pH 4.8 [32].

### 243 3.7 Analysis of FT-IR

244 FT-IR spectrum of adsorbent material was presented in Fig. 6. As to CMC-La, The  
 245 broad peak around  $3399\text{cm}^{-1}$  and  $1063\text{cm}^{-1}$  were assigned to the stretching modes of  
 246 -OH bands, and combined vibrations related to bending in -OH was observed at  
 247  $1330\text{cm}^{-1}$  [14, 33]. Peak at  $2924\text{cm}^{-1}$  was due to the stretching vibration of -CH-  
 248 bands [34]. The bands in CMC-La at  $1590\text{cm}^{-1}$  and  $1423\text{cm}^{-1}$  were assigned to

249 antisymmetric stretching and symmetric stretching of the carboxylic groups [35].  
250 Bands between  $1000$  and  $600\text{cm}^{-1}$  correspond to sugar vibrations [36]. Compared  
251 linked CMC-La with CMC-La, though faint changes, caused by linking of  
252 glutaraldehyde, in positions of individual bands such as  $1587\text{cm}^{-1}$ ,  $1328\text{cm}^{-1}$ ,  
253  $1061\text{cm}^{-1}$  were seen, a significant increase of bands intensity is noticeable in the wave  
254 number range  $2924\text{ cm}^{-1}$ . It is related to the presence as well as to the formation of  
255 new C-H bonds in the considered system, which demonstrated the existing of linking  
256 process [37].



257 Fig. 6 FT-IR of CMC-La and linked CMC-La

### 258 3.8. Effect of pH

259 The effects of pH on the removal efficiency of adsorbents were studied by  
260 adjusting pH of the aqueous solution from 3 to 11 and results were shown in Fig. 7.  
261 From Fig. 7, removal efficiency decreased with the increase of the pH from 3 to 11,  
262 and the maximum removal efficiency of both CMC-La and linked CMC-La were  
263 about 93% and 98% in acid solution, respectively. In this aspect, cross-linking agent  
264 made a positive impact on the removal efficiency.

265 The electrostatic attraction may be the reason why removal efficiency decreased  
 266 with the increase of the pH. When pH was below  $pH_{pzc}$ , surface charge was positive  
 267 and the charge numbers decreased with the increase of the pH and removal efficiency  
 268 decreased with the increase of the pH. When pH was above  $pH_{pzc}$ , surface charge was  
 269 negative and the charge numbers increased with the increase of the pH and removal  
 270 efficiency decreased with the increase of the pH. As the adsorption of fluoride  
 271 happened in both acidity and basicity of aqueous solution, the electrostatic attraction  
 272 may not be the only reason for adsorption of fluoride.

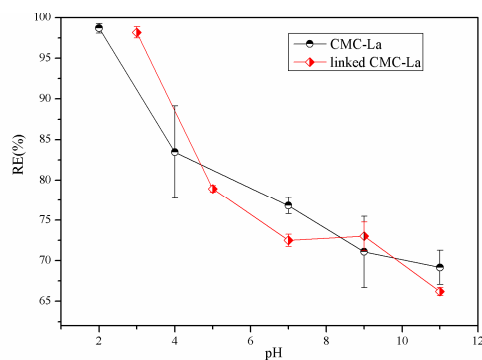


Fig.7. Effect of pH on adsorption amount and removal efficiency of CMC-La and linked CMC-La for fluoride

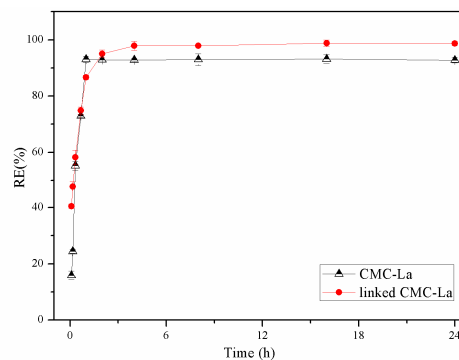


Fig. 8. Effect of contact time on adsorption amount and removal efficiency of CMC-La and linked CMC-La for fluoride

### 273 3.9. Effect of contact time and kinetics of fluoride adsorption

274 Effects of contact time on the adsorption by CMC-La and linked CMC-La were  
 275 studied and results were shown in Fig. 8. The contact time ranged from 5 min to 24 h  
 276 removal efficiency of CMC-La increased rapidly in the first 60 minutes and reached  
 277 equilibrium at 60 minute while the linked CMC-La increased rapidly in the first 120  
 278 minutes and reached equilibrium at 120 minute. The equilibrium removal efficiency  
 279 of CMC-La and linked CMC-La was about 93 % and 98%, respectively. And after



280 adsorption, both pH of the solution containing CMC-La and linked CMC-La changed  
281 to about 6.4 when the initial pH was about 4.0.

282 To investigate the mechanism of adsorption and its potential rate-controlling steps,  
283 different kinetic models including intra-particle diffusion models, Elovich equation,  
284 pseudo-first-order and pseudo-second-order.

285 The intra-particle diffusion model was given in the following equation (4) [38].

$$286 \quad Q_t = K_i t^{1/2} + C \quad (4)$$

287 Where  $K_i$  (mg/(g min<sup>1/2</sup>)) was intra-particle diffusion rate constant and  $C$  (mg/g)  
288 was the intercept. The intra-particle diffusion was shown in Fig. 9. According to Eq.  
289 (4), a plot of  $Q_t$  versus  $t^{1/2}$  should be a straight line with a slope  $K_i$  and intercept  $C$   
290 when adsorption mechanism follows the intra-particle diffusion process. For  
291 intra-particle diffusion model, it was essential for the  $Q_t$  versus  $t^{1/2}$  plots to go through  
292 the origin if the intra-particle diffusion was the sole rate-limiting step. According to  
293 Fig. 9, any plot did not pass through the origin. This indicated that although  
294 intra-particle diffusion was involved in the adsorption process, it was not the sole  
295 rate-controlling step. The sorption process tended to be followed by two phases. It  
296 was found that an initial linear portion ended with a smooth curve following by a  
297 second linear portion. The two phases in the intra-particle diffusion plot suggested  
298 that the sorption process proceeded by surface sorption and the intra-particle diffusion.  
299 The initial curved portion of the plot indicated boundary layer effect while the second  
300 linear portion was due to intra-particle or pore diffusion [39].

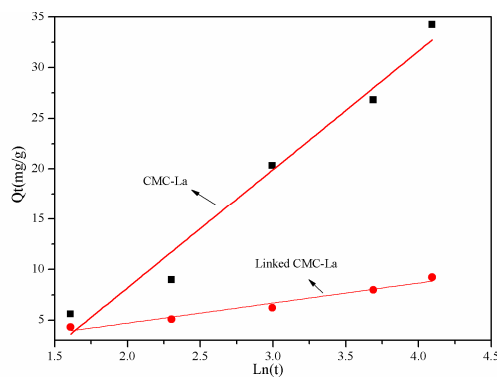
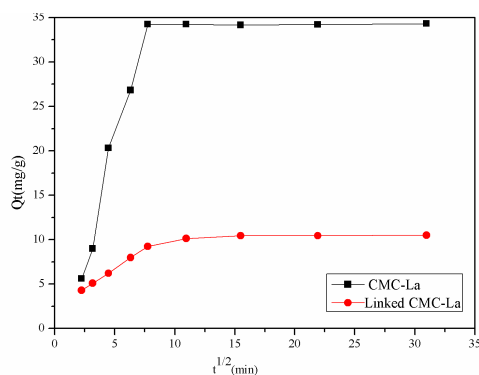


Fig.9. Intra-particle diffusion model for the adsorption of fluoride on CMC- La and linked CMC-La

Fig.10. Elovich model for the adsorption of fluoride on CMC- La and linked CMC-La

301 Table 3 Parameters of pseudo-first-order kinetics, pseudo-second-order kinetics and elvoich  
302 models for fluoride removal

adsorben t	$Q_{e(\text{exp})}$ ( mg/g)	pseudo-first-order kinetics			pseudo-second-order kinetics			Elovich			
		$K_1$ (1/min)	$Q_{e(\text{cal})}$ ( mg/g)	$R^2$	$K_2$ (g/mg min)	$Q_{e(\text{cal})}$ (mg/g)	$R^2$	$h$ (mg/ g min)	$b$ (g/m g)	$a$ (mg/g min)	$R^2$
CMC-La	34.25	0.00421	2.21	0.22	0.0015	34.65	0.99	2.89	0.085	3.19	0.96
				2			9				4
Linked CMC-La	26.27	0.0194	5.64	0.97	0.0099	26.58	0.99	1.12	0.51	2.89	0.95
				4			9				5

303

304 The adsorption data was further analyzed using the Elovich models. The Elovich  
305 equation was given as follows:

$$306 \quad Q_t = 1/b \ln(ab) + 1/b \ln t \quad (5)$$

307 where  $b$  was the initial adsorption rate (mg/g min), and the  $a$  parameter was  
308 desorption constant (g/mg). When the adsorbate ions and the surface sites interacted  
309 chemically through a second-order mechanism, the application of the Elovich  
310 equation may be more appropriate [40]. Fig. 10 showed a plot of  $Qt$  versus  $\ln t$  for  
311 the Elovich equation at 298K. The parameters of the Elovich equation were shown in  
312 Table 3. The Elovich equation described predominantly chemical adsorption on highly

313 heterogeneous adsorbents, but the equation did not propose any definite mechanism  
314 for adsorbate-adsorbent interaction. The coefficients were significantly depending on  
315 the amount of adsorbent with a being much more sensitive.

316 Then the kinetics was also investigated through Lagergren pseudo-first-order  
317 equation (6) [34] and Lagergren pseudo-second-order equation (7) [36]. The  
318 equilibrium adsorption amounts ( $Q_e$ ) was calculated as equation (8). The mechanism  
319 of adsorption and its potential rate-controlling steps were also studied.

$$320 \quad \ln(Q_e - Q_t) = \ln Q_e - K_1 t \quad (6)$$

$$321 \quad t/Q_t = t/Q_e + 1/K_2 Q_e^2 \quad (7)$$

$$322 \quad Q_e = (C_0 - C_e)V / W \quad (8)$$

$$323 \quad h = K_2 Q_e^2 \quad (9)$$

324 Where  $Q_e$  was the equilibrium adsorption amount and  $Q_t$  was the adsorption  
325 amount when time was t. When adsorption process was equilibrium,  $Q_t$  was equal to  
326  $Q_e$ .  $K_1$  (1/min) was the pseudo-first-order rate constant while  $K_2$  (g/mg min) was the  
327 pseudo-second-order rate constant for fluoride adsorption process, respectively. The  $h$   
328 (mg/g min) in equation (9) was the initial adsorption rate of the pseudo-second-order  
329 [40]. Table 3 listed the results of experimental data of the two models. From table 3,  
330 we can draw a conclusion that the adsorption process of fluoride onto both CMC-La  
331 and linked CMC-La fitted pseudo-second-order model (Fig. 11) better than  
332 pseudo-first-order model and Elovich model (Figure was not shown here). Because  
333 the calculated equilibrium adsorption amount in pseudo-second-order was almost the  
334 same as the experimental data and the  $R^2$  was 0.999 and 0.999, respectively.  $R^2$  was

335 more than those of other models. And the fast adsorption rate and short equilibrium  
 336 time can also make a contribution to the result. According to the pseudo-second-order  
 337 model, the rate-limiting step may be chemical sorption involving valency forces  
 338 through sharing or exchange of electrons between sorbent and sorbate [37]. From this  
 339 point, crosslinking of the adsorbents did not change adsorption process and the  
 340 kinetics model attributed to pseudo-second-order model. It can also come to the  
 341 conjecture that the linked sites by glutaraldehyde were different from adsorption sites  
 342 of the adsorbents for fluoride. Because cross-linking happened between natural  
 343 polymer and glutaraldehyde by linking at the amine or the hydroxyl sites [41] while  
 344 ion-dipole and H-bonding were considered the primary noncovalent interactions for  
 345 the adsorption [42]. Analysis of the mechanism of glutaraldehyde crosslinking  
 346 CMC-La was shown in Scheme 1B of Fig.11.

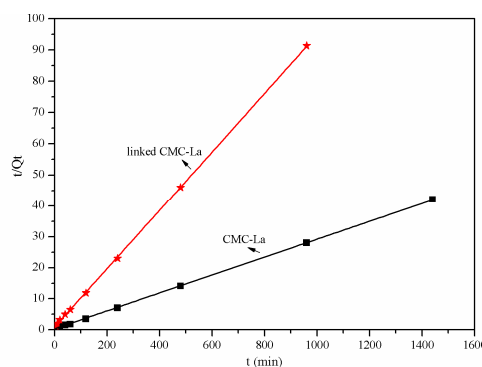


Fig.11. Pseudo-second-order kinetics model for the adsorption of fluoride on CMC- La and linked CMC-La

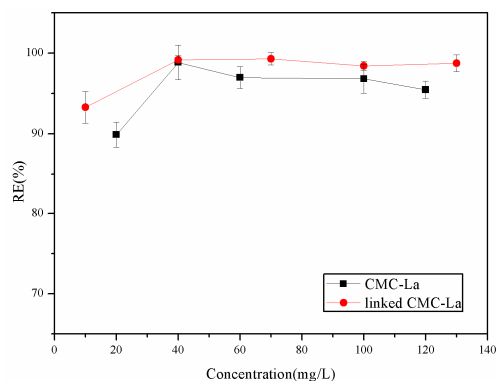


Fig.12. Effect of initial concentration on adsorption amount and removal efficiency of CMC- La and linked CMC-La for fluoride

### 347 3.10. Effect of initial concentration and isotherm models

348 Effects of initial concentration of fluoride on the removal efficiency onto the  
 349 adsorbents were shown in Fig. 12. Fluoride concentration ranged from 10 to 130  
 350 mg/L. The removal efficiency of fluorine onto CMC-La increased with the increase of

351 concentration from 10 to 40 mg/L, while the removal efficiency decreased by waves  
 352 from concentration 40 to 120 mg/L and the maximum removal efficiency was about  
 353 98.85% at 40 mg/L. The removal efficiency of fluorine onto the linked CMC-La  
 354 increased with the increase of concentration from 10 to 40 mg/L, and stayed stable  
 355 when the concentration was beyond 40 mg/L while the maximum removal efficiency  
 356 was 99.31% at 40 mg/L.

357 Analysis of isotherm data was important for predicting the adsorption parameters.  
 358 Langmuir, Freundlich, Temkin and Dubinin isotherm equations were used to identify  
 359 the adsorption efficiency and the mechanism of the adsorption process. The Langmuir  
 360 model can be expressed in a linear form of Equation (10) [43].

361 The essential feature of the Langmuir isotherm can be described by a separation  
 362 factor  $R_L$ . When  $R_L$  values were between 0 and 1, the adsorption was favorable.  $R_L$   
 363 was calculated by the following equation (11) [44].

$$364 \quad C_e/Q_e = 1/(K_L Q_{\max}) + C_e/Q_{\max} \quad (10)$$

$$365 \quad R_L = 1/(1 + K_L C_0) \quad (11)$$

366 The Freundlich was displayed in Equation (12) [45] and it assumed non-ideal  
 367 sorption on heterogeneous surfaces [46].

$$368 \quad \ln Q_e = \ln K_F + n \ln C_e \quad (12)$$

369 The Temkin model can be expressed in a linear form of Equation (13):

$$370 \quad Q_e = RT/b_T \ln K_T + RT/b_T \ln C_e \quad (13)$$

371 The Dubinin model can be expressed in a linear form of Equation (14):

$$372 \quad \ln Q_e = \ln Q_{\max} - \beta \varepsilon^2 \quad (14)$$

373  $\beta$  is a constant related to sorption energy ( $\text{kJ}^2 \text{mol}^{-1}$ ) and  $\varepsilon$  is Polanyi potential  
 374 which is mathematically represented as equation (15):

$$375 \quad \varepsilon = RT \ln(1 + 1/C_e) \quad (15)$$

376 Where  $Q_e$  (mg/g) was the amount of adsorbed fluoride per mass unit at  
 377 equilibrium,  $Q_{max}$  (mg/g) was the theoretical adsorption capacity,  $K_L$  (L/mg) was the  
 378 binding energy of the adsorption system in Langmuir,  $K_F$  (mg/g) was the Freundlich  
 379 constant and  $n$  was the adsorption intensity.  $K_T$  was the Temkin isotherm equilibrium  
 380 binding energy (L/g),  $b_T$  was Temkin isotherm constant related the heat of sorption  
 381 and  $T$  was the absolute temperature in Kelvin.  $C_0$  (mg/L) and  $C_e$  (mg/L) were the  
 382 initial and equilibrium concentration in solution, respectively.

383 The values of Langmuir, Freundlich, Temkin and Dubinin isotherm constant were  
 384 obtained by linear regression method and the results were shown in Table 4. As  
 385 depicted, Langmuir model was better fitted than other models (based on the higher  
 386 correlation coefficient i.e.  $R^2$  value and the  $Q_{max}$ ). It indicated that the adsorption  
 387 process was monolayer surface adsorption with finite number of identical sites. Fig.13  
 388 showed Langmuir model for the adsorption of fluoride on the two adsorbents.  $R_L$   
 389 values were between 0 and 1, and it indicated that the adsorption of fluoride by  
 390 CMC-La and linked CMC-La was favorable [47].

391 Table 4 Characteristic parameters obtained by Langmuir and Freundlich equations.

adsorbent	Temperature (K)	Langmuir constant				Freundlich constant				Temkin constant			Dubinin-Redushkevich	
		$K_L$ (L/mg)	$Q_{max}$ (mg/g)	$R^2$	$R_L$	$n$	$K_F$ (mg/g)	$R^2$	$b_T$ (J/mol)	$k_T$ (L/mm ol)	$R^2$	$\beta$ (mol <sup>2</sup> kJ <sup>-2</sup> )	$Q_{max}$ (mg/g)	$R^2$
CMC-La	298	0.79	36.440	0.999	0.013	0.45	14.73	0.954	339.17	5.047	0.262	0.116	24.60	0.647
Linked CMC-La	298	1.21	42.662	0.906	0.008	0.52	22.51	0.840	184.53	4.884	0.622	0.089	30.75	0.834

### 392 3.11 Comparison with related adsorbent

393 The comparison of adsorption capacity ( $Q_{\max}$ ) of related adsorbents for fluoride  
 394 was shown in Table 5. The results showed that linked CMC-La in this study was  
 395 superior to related adsorbents in adsorption capacity. The possible reason may be the  
 396 creases in surface that added the adsorption site and the adsorption capacity.

397 Table 5 Comparison with related adsorbent

Adsorbent	C(F <sup>-</sup> )(mg L <sup>-1</sup> )	pH	Contact time (h)	Temperature(°C)	Qmax(mg g <sup>-1</sup> )	Reference
La <sup>3+</sup> -impregnated gelatin	40	5-7	0.67	25	21.28	19
La-Al-loaded scoria	20.82	7.2	10	10±1	0.113	48
La-modified chitosan	10	6.7	24	25	3.5	49
Protonated chitosan beads	10	7	0.5	30	1.66	50
Zr-immobilized resin	80	3	24	30	23.18	51
granular ferric hydroxide	1-100	6-7	24	25	7.0	52
Linked CMC-La	100	3	24	25	42.66	Present study

### 398 3.12. Regeneration experiment

399 To keep down the cost of adsorption process, regeneration of the waste adsorbent  
 400 for recycling usage was critical in industrial application. As the adsorption behavior of  
 401 fluorine onto the adsorbents was much more dependent on pH value, NaOH solution  
 402 was chosen as eluent and the pH of the eluent was based on the resistance of the  
 403 adsorbents to acid and alkali. The pH of the eluent differed from 9.0 (CMC-La) to  
 404 11.0 (linked CMC-La), and results were shown in Fig. 14.

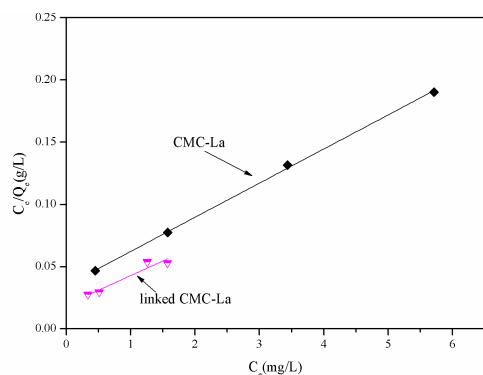


Fig. 13. Langmuir model for the adsorption of fluoride on CMC- La and linked CMC-La

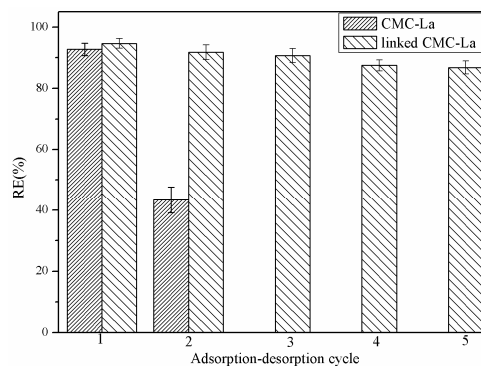


Fig.14. Adsorption-desorption cycle of CMC-La and linked CMC-La

405 From Fig. 14, the maximum recycle times of CMC-La was twice and the first  
 406 removal efficiency was about 92 % while the second reduced to about 43 %. As for  
 407 the linked CMC-La, it can regenerate at least 5 times and the removal efficiency was  
 408 still above 86 %. The fluorine removal efficiency decreased only 8 %, demonstrating  
 409 that the linked CMC-La in this study can be reused and recycled easily. It was  
 410 significant for practical applications. From this aspect, we can also achieve the  
 411 conclusion that the linking process improved the hydraulic stability of CMC-La and  
 412 increased the recycle times of the adsorbent, which resulted in reducing the cost of the  
 413 use of adsorbent.

### 414 3.13. Mechanism analysis of adsorption fluoride onto linked CMC-La and 415 desorption of fluorine with alkali aqueous

416 As concerned for the loading process, La (III) was loaded onto the CMC through  
 417 ion exchange of sodium in CMC [53, 54]. However, the positive charge of the loaded  
 418 with La (III) was impossible to be neutralized by carboxylic groups and it needed  
 419 other anionic species like hydroxyl ions existing in aqueous solution. The mechanism



420 of La (III) loaded onto the linked CMC was depicted in Fig. 15 Scheme 1A.  
 421 Glutaraldehyde had been used extensively as a cross-linking agent for natural  
 422 macromolecule compound such as protein and methylcellulose [55]. Because it can  
 423 not only react with amino group, but also react with the phenolic hydroxyl group [56].  
 424 As the linking process happened between carboxymethylcellulose, the linking group  
 425 was the hydroxyl group in CMC which was shown in Fig. 15 Scheme 1B and the  
 426 space grid structure was formed to improve the adsorbents stability and resistance  
 427 [57]. The denser structure was also the reason of the improvement of hydraulic  
 428 stability and recycle of the linked CMC-La, compared with CMC-La.

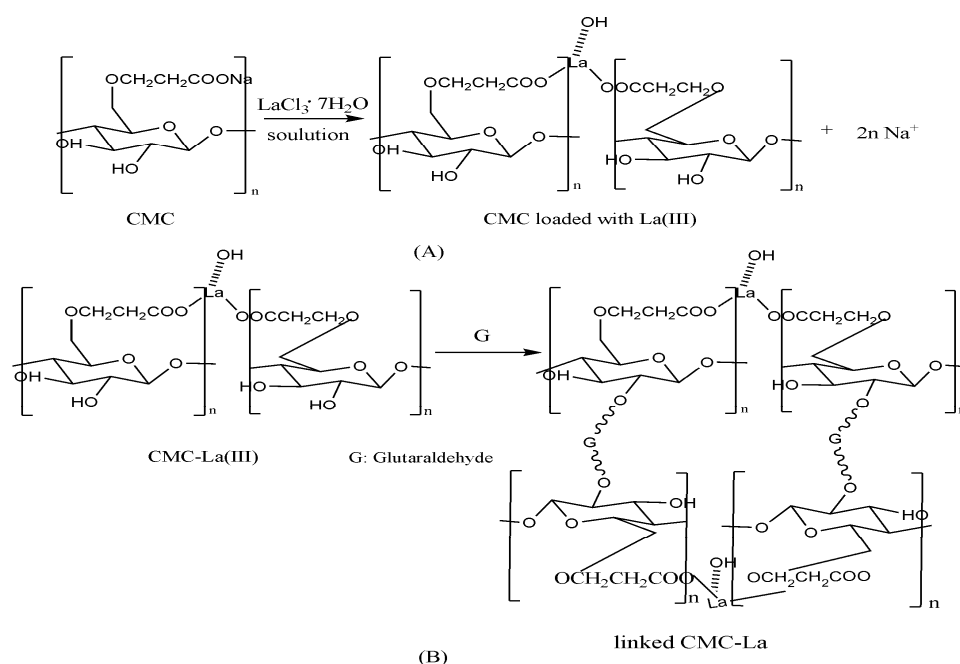


Fig.15. Scheme 1. Mechanism of preparation of linked CMC-La (A: La (III) loading process onto CMC, B: CMC-La linking process with glutaraldehyde).

429 After adsorption, fluoride reacted with La (III) [58] and substituted the hydroxyl  
 430 in linked CMC-La through Lewis acid-base interaction and it also explained the  
 431 reason why after adsorption the pH changed to about 6.4 when the initial pH was

432 about 4.0. The mechanism of adsorption process was shown in Fig. 16 Scheme 2A.  
 433 Besides, according to  $pH_{pzc}$ , the electrostatic attraction between positive adsorbent  
 434 and fluoride below  $pH$  4.8 was shown in Fig. 16 Scheme 2B. Thus it can be seen that  
 435 adsorption sites were different from linked sites of the adsorbents. That may be the  
 436 reason why the linking process had no obvious effects on the adsorption of CMC-La  
 437 and linked CMC-La for fluoride.

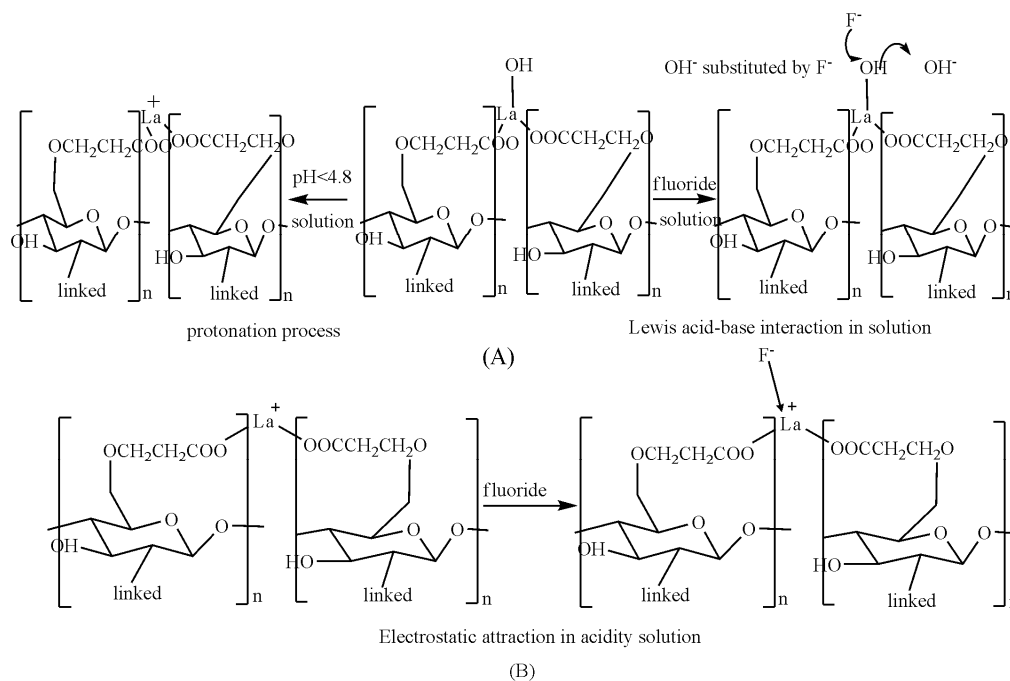


Fig.16. Scheme 2. Adsorption mechanism of fluoride onto linked CMC loaded with La (III) (A: Lewis acid-base interaction in solution, B: Electrostatic attraction in acidity solution.)

438 As NaOH was used as the eluent, hydroxyl ion may participate in the desorption  
 439 process. The desorption mechanism analysis was shown in Fig. 17 Scheme 3A.

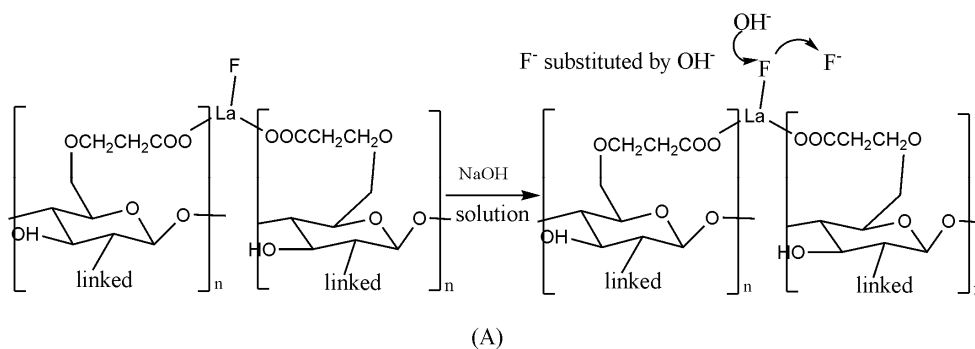


Fig.17. Scheme 3. Desorption mechanism of fluoride off linked CMC loaded with La (III)

#### 440 4. Conclusions

441 In this study, carboxymethyl cellulose microsphere loaded with La (III) and linked  
 442 carboxymethyl cellulose microsphere loaded with La (III) were fabricated and used  
 443 to remove fluoride from aqueous solution. The adsorption property of CMC-La and  
 444 linked CMC-La were investigated under batch experiments, and the crosslinking  
 445 adsorption and desorption mechanism were analyzed. Conclusions can be summarized  
 446 as follows:

447 (a) Compared with CMC-La, the linked CMC-La showed a better deed in  
 448 compressive resistance, acid and alkali resistance and thermostability. The  
 449 glutaraldehyde linking improved the adsorbent properties.

450 (b) The maximum removal efficiency of CMC-La and linked CMC-La were about  
 451 98 % and 99 %, respectively and both of them declined with the increase of the pH  
 452 value. The kinetics model of adsorption belonged to pseudo-second order kinetic  
 453 model.

454 (c) Linking process happened between hydroxyl of carboxylmethylcellulose and  
 455 glutaraldehyde. Carboxyl and La (III) were the functional groups in the adsorption  
 456 process. La (III) was loaded onto the CMC through ion exchange of sodium. The

457 adsorption of fluoride onto CMC-La was cooperation of Lewis acid-base interaction  
458 and electrostatic attraction when the solution was acidity. And desorption of the  
459 adsorbent happened because of the hydroxyl ion substituted fluorine again.

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