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Enhanced corneal permeation of coumarin-6 using nanoliposomes containing dipotassium glycyrrhizinate: in vitro mechanism and in vivo permeation evaluation

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1 **ABSTRACT**

2 The objective of the present study was to investigate the elasticity of the lipid bilayer of
3 nanoliposomes regarding in vitro cellular uptake/mechanics and in vivo corneal permeation
4 through ocular topical routes. Flexible nanoliposomes, using dipotassium glycyrrhizinate as an
5 edge activator, and their physical properties, membrane elasticity, cellular uptake characterizations
6 and mechanisms, as well as in vivo corneal permeation using rabbits and mice as experimental
7 animals, were investigated and compared with the conventional liposomal formulation composed
8 of soybean phosphatidylcholine and cholesterol. Flexible nanoliposomes required less energy to
9 prepare and had elastic lipid membranes. Compared with nanoliposomes, flexible nanoliposomes
10 showed significantly higher cellular uptake of coumarin-6. Moreover and interestingly, the
11 flexible nanoliposomes showed different cellular uptake mechanisms in cells. Flexible
12 nanoliposomes also showed significantly higher corneal penetrating ability in in vivo testing.
13 Therefore, the fluidity of the liposomal membrane differently affected cellular
14 uptake/internalization and in vivo corneal penetration of the nanoliposomes, and flexible
15 nanoliposomes might be a promising therapeutic tool for the treatment of ocular surface disorders.

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18 **Keywords:** nanoliposomes; dipotassium glycyrrhizinate; uptake; internalization; cornea

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1 Introduction

2 Topical instillation represents the most convenient route for ocular drug delivery, and the
3 majority (nearly 90%) of ocular diseases are treated with topical application of drug solutions (i.e.,
4 eyedrops), particularly to the anterior segment of the eye. However, this route is impeded by poor
5 ocular bioavailability (<5%), mainly attributed to the low corneal permeability of drugs, tear
6 turnover, and drug elimination via the conjunctiva and sclera. Efforts to enhance ocular
7 bioavailability from topical instillations have been accomplished using novel formulations, such as
8 hydrogels, polymeric micelles, nanosuspensions, and lipid-based nanocarriers¹.

9 Among these novel formulations, liposomes, particularly nanoliposomes, have been widely
10 evaluated as ocular drug delivery systems to enhance the absorption of therapeutic drugs, improve
11 bioavailability, reduce systemic side effects, and sustain intraocular drug levels. However, some
12 conflicting results on corneal permeation and efficacy have been reported. For example, Morimoto
13 K et al reported that liposomes did not increase the corneal permeabilities of 6-carboxyfluorescein,
14 FITC-dextran or rhodamine B², and Taniguchi K et al revealed that the corneal permeability of
15 dexamethasone and dexamethasone valerate was not affected by liposomes³. To pursue enhanced
16 corneal permeation and efficacy, some novel liposomes, such as cationic liposome⁴, N-trimethyl
17 chitosan (TMC)-coated liposomes⁵, and in situ thermosensitive liposomal hydrogel⁶, have been
18 investigated.

19 Conventional liposomes are composed mainly of phospholipids and cholesterol. Cholesterol
20 usually acts as a stabilizer for liposomal formulations, and the hardness of liposomes increases
21 with increasing cholesterol content when unsaturated phospholipid was used as a lipid component
22 of liposomes⁷. The fluidity of the lipid bilayer of liposomes could affect penetration ability, but
23 reports of effectiveness between cholesterol and the permeation of ocular topical liposomes have
24 been controversial. For example, a recent report from Shafaa MW et al revealed that the
25 cholesterol molar ratio in prepared liposomal formulations served to decrease the permeability of
26 the lipid bilayer, manifested by a low rate of drug release, an increased percentage of entrapment
27 efficiency and consequently lower bioavailability⁸. In contrast, Inokuchi Y et al reported that
28 liposome rigidity seemed to be necessary to maintain the liposomal structure and entrapment of
29 substances under the ocular surface biological conditions⁷. Over the past decade, flexible
30 liposomes, as a new class of liposome, have been developed with the character of more fluidity of

1 the lipid bilayer, compared to that of the conventional liposomes. Flexible liposomes, also known
2 as deformable liposomes, elastic liposomes, or transfersomes, are liposomes that contain edge
3 activators, including bile salts⁹, polysorbates, or sorbitan esters. These edge activators destabilize
4 the lipid bilayer of the liposomes and increase the flexibility of the liposomes. Some reports from
5 different medical fields have shown that flexible liposomes were more effective than rigid
6 liposomes, such as conventional liposomes¹⁰⁻¹².

7 Because liposome rigidity might affect the corneal permeation of liposomal formulations, and
8 the effects of flexible liposome elasticity on ocular topical delivery have not been yet studied, the
9 aim of the present study was to investigate the elasticity of the lipid bilayer of liposomes regarding
10 in vitro cellular uptake/mechanics and in vivo corneal permeation via an ocular topical route. For
11 this purpose, coumarin-6 (cou-6), a fluorescence dye used as a hydrophobic model compound, was
12 incorporated into flexible nanoliposomes using soybean phosphatidylcholine (SPC) and
13 dipotassium glycyrrhizinate (DG) (as an edge activator), and the physical properties, membrane
14 elasticity, cellular uptake characterizations and mechanisms, as well as its in vivo corneal
15 permeation using rabbits and mice as experimental animals, of cou-6 were investigated and
16 compared with the conventional liposomal formulation composed of SPC and cholesterol, to
17 elucidate how nanoliposome rigidity affected delivery efficiency and corneal permeation after
18 eyedrop administration.

19

20 **Materials and methods**

21 **Materials and animals**

22 **Chemical reagents.** DG was kindly donated by Tianshan Pharmaceutical Industrial Co., Ltd.
23 (Xinjiang, China), and it was used as received. SPC was purchased from Lipoid GmbH
24 (Ludwigshafen, German). Cholesterol was kindly provided by Shanghai Advanced Vehicle
25 Technology Pharmaceutical Ltd. (Shanghai, China). Cou-6 and glucose were purchased from
26 Sigma-Aldrich, Co., (St. Louis, MO, USA). Benzalkonium bromide solution (5%, Jiangxi
27 Jingdong Pharmaceutical Ltd. [Jiangxi, China]) was used as the original solution and was diluted
28 to the test concentration with cell culture media in 72 h cytotoxicity testing, and it was diluted to
29 the test concentration with phosphate buffered salines (PBS) in formulation cytotoxicity testing.

30 **Animals.** New Zealand white rabbits were obtained from Qingdao Kangda Foodstuffs Co., Ltd.,

1 (Qingdao, Shandong, China) (License No. SCXK [Lu] 20070023). BALB/c mice were purchased
2 from Beijing HFK Bioscience Co., Ltd. (Beijing, China) (License No. SCXK [Jing] 2014-0004).
3 All of the animals were healthy and free of clinically observable ocular abnormalities. The animal
4 care and procedures were conducted according to the Principles of Laboratory Animal Care. The
5 use of animals in this study adhered to the ARVO Statement for the Use of Animals in Ophthalmic
6 and Vision Research, and the animal study was approved by the Shandong Eye Institute Ethics
7 Committee for Animal Experimentation in Qingdao, Shandong, China.

8 **Preparation of cou-6 nanoliposomes and flexible nanoliposomes**

9 The flexible liposomal formulation was prepared by an improved dry-film dispersing method
10 (Lu et al., 2007). Cou-6 (0.5 mg) and SPC (150 mg) were first dissolved in absolute ethyl alcohol
11 in a 50 mL round-bottom flask. The alcohol was then removed using a rotary evaporator (Huxi
12 RE-52-3 rotatory evaporator, Shanghai, China) under reduced pressure, and the final traces of
13 alcohol was removed under a vacuum overnight. A thin film of SPC formed on the wall of the
14 flask. Ten milliliters of PBS containing 85.6 mg of DG (SPC:DG=2:1, mole ratio) were added to
15 the lipid film and rotated for 30 min in a water bath at 40 °C to obtain a crude dispersion of
16 liposomes. The flexible liposome dispersion was then sonicated for 5 min by intermittent probe
17 sonication (SCIENTZ-IIID, Ningbo Scientz Biotechnology Co., Ltd, Zhejiang, China) with a
18 procedure of 5% amplitude and 2 s/2s of sonications/interval under cooling in an ice-water bath, to
19 obtain an opalescent dispersion of flexible nanoliposomes. After sterile filtration with a 0.22 µm
20 filter (Merck Millipore Ltd., IRL)¹³, the flexible nanoliposome dispersion was stored at 4 °C for
21 further analysis. For the preparation of the conventional liposomal formulation, similar procedures
22 were conducted. Briefly, cou-6 (0.5 mg) and SPC (150 mg) were dissolved in absolute ethyl
23 alcohol, and 37.6 mg of cholesterol (SPC: cholesterol=2:1, mole ratio) were dissolved in
24 methylene dichloride; then, these two solutions were mixed and evaporated to remove the solvent
25 completely and to form a thin-film layer on the wall of the flask. Blank PBS was added to hydrate
26 the thin film and obtain a crude dispersion of liposomes; then, the liposome dispersion was
27 sonicated for 5 min by intermittent probe sonication under cooling in an ice-water bath with a
28 procedure of 5% amplitude and 2 s/2s of sonications/interval. An additional sonication, at 15 min
29 of 30% amplitude and 2 s/2s of sonications/interval, was needed to obtain an opalescent dispersion
30 of nanoliposomes with diameters similar to flexible nanoliposomes. The osmotic pressure of both

1 formulations was measured and was adjusted to be in the range of 290-320 mOsmol/kg (STY-1E
2 Osmometer, Tianjin, China) with glucose, and the pH was adjusted to be in the range of 6.5-6.7
3 (MODEL 828, Orion, USA).

4 The entrapment efficiency of cou-6-loaded nanoliposomes and flexible nanoliposomes was
5 determined using a high-performance liquid chromatographic (HPLC) method. Briefly, 0.1 mL of
6 cou-6-loaded nanoliposomes or flexible nanoliposomes was dissolved in 10 mL of methanol and
7 was centrifuged at 12,000 rpm for 10 min. The cou-6 content in the supernatant was measured by
8 HPLC. The encapsulation efficiency was expressed as the ratio of detected and added cou-6
9 amount¹⁴. The HPLC system was fitted with a G1321A FLD Detector (detection at
10 excitation-emission wavelengths of 465/502 nm, Agilent, US) and a G1311A Quat Pump (Agilent,
11 US). Reverse-phase Agilent C₁₈ columns (250 mm×4.60 mm, 5 μm, Agilent, US) were used for
12 sample separation. The elution of cou-6 consisted of 90% methanol and 10% water. The flow rate
13 was kept constant at 1.0 mL/min. The detection was performed at 60°C. The retention time of
14 cou-6 was 5.7 min.

15 **Size analysis and the zeta potential**

16 The mean particle size of the liposomal and flexible liposomal formulations was determined by
17 photo-correlation spectroscopy, using an OP-90S nanoparticle sizer (Optek Instrument, Inc. [Zibo,
18 Shandong, China]), and the zeta potential was determined by photo-correlation spectroscopy,
19 using a Zetasizer (Malvern Nano-ZS90, UK), using the original formulation without any dilution.

20 **Morphological characterization**

21 Nanoliposomes and flexible nanoliposomes were observed and photographed with transmission
22 electron microscopy (TEM) (JEM-1200EX, JEOL Ltd., Tokyo, Japan). The samples were stained
23 with an aqueous solution of phosphotungstic acid (1%, w/v) for approximately 2 min. Then, a
24 drop of each sample was dipped onto a carbon-coated copper grid, and the excess solution was
25 absorbed using filter paper. The grid was allowed to air dry thoroughly, and the sample was
26 observed and imaged.

27 **Measurement of elasticity**

28 The elasticity of the prepared vesicle bilayer was measured by the extrusion method as reported
29 earlier, with minor modifications¹⁵. Briefly, the vesicle carriers were extruded for 5 min with
30 approximately 5 kg of pressure through a 20 nm pore size membrane filter (Anotop 25 Plus

1 0.02 μ m, Whatman GmbH, Germany) equipped with a 5 mL syringe (BD Company, Becton
2 Dickinson S.A., Spain). The elasticity of the vesicles was evaluated by particle size, particle
3 polydispersity index, volume filtered per filter, and the percentage of cou-6 in the solution after 20
4 nm filtering.

5 **Cell culture tests**

6 A human corneal epithelial cell line (HCECs) (ATCC CRL-11135, kindly donated by Prof.
7 Chonn-Ki Joo, the Catholic University of Korea) was used in this study. Briefly, the HCECs were
8 grown at 37 °C and were humidified in a 5% CO₂/95% air atmosphere in a culture medium of
9 D-MEM/F-12 Dulbecco's modified eagle medium supplemented with 10% (v/v) fetal bovine
10 serum. The culture medium was replaced every other day. The cells were subcultured after 3-4
11 days (subculture ratio, 1:3) with 0.25% trypsin containing 0.02% EDTA.

12 ***In vitro cytotoxicity testing***

13 The cytotoxicity of the DG was tested on HCECs with standard
14 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) testing. The concentrations
15 of the DG were 0.313, 0.625, 1.25, 2.5, 5, 10 and 20 mg/mL, and the incubation time was 24 h or
16 72 h. Benzalkonium bromide, a preservative widely used in China in ophthalmic solutions was
17 also tested in 72 h incubation as controls with concentrations of 0.01, 0.1, 1, and 10 μ g/mL. The
18 MTT transformed crystals were dissolved in DMSO, and their absorbance at 490 nm was
19 measured using a microplate reader (Molecular Devices, Sunnyvale, CA, USA). Experiments were
20 performed in triplicate on six wells for each measurement.

21 Regarding the cytotoxicity of liposomal and flexible liposomal formulations, because eyedrops
22 are rapidly cleared from the surface of the eye, it was assumed that a 1 h incubation time would be
23 sufficient to observe any toxic effects¹⁶. The cells were incubated for 1 h, followed by 4 hours of
24 incubation with MTT; then, Benzalkonium bromide were also used as controls with concentrations
25 of 10 and 100 μ g/mL.

26 ***In vitro HCECs uptake and mechanical characters***

27 Uptake studies were conducted according to standard protocols, with minor modifications¹⁷.
28 Briefly, after the cells were grown to confluence as determined by light microscopy, the medium
29 was aspirated, and the cells were rinsed with Dulbecco's phosphate buffered salines (DPBS)
30 (composition: 130 mM NaCl, 7.5 mM Na₂HPO₄, 1.5 mM KH₂PO₄, 0.5 mM MgSO₄, 1 mM CaCl₂,

1 0.03 mM KCl, and 5 mM glucose at pH 7.4) at 37°C and then were equilibrated in 1 mL of DPBS
2 for 30 min at 37 °C for all of the tests. Time-dependent accumulation was determined. Since the
3 contact of topically applied ophthalmic drops with epithelial cells of the ocular surface is limited
4 to a rather short time of 2-5 minutes, the incubation time was restricted¹⁸. Because cou-6 was
5 insoluble in the PBS solution, so it was firstly dissolved in DMSO (the final concentration of
6 DMSO in the incubation solution was 0.1%) and then was diluted with PBS to the test
7 concentration of 50 µg/mL, and this solution was used as the cou-6 free solution group (control
8 group) in the uptake test. At the end of the experiment, to each time point, the drug solution was
9 removed, and the cells were rinsed three times with 2 mL of ice-cold stop solution (210 mM KCl,
10 2 mM HEPES at pH 7.4) to terminate uptake. The cells were then solubilized in 1 mL of lysis
11 solution (0.3 M NaOH, 0.1% Triton X-100) overnight at room temperature. The lysate was
12 transferred to a 96-well plate and was assayed using a 96-well fluorescent microplate reader.
13 Cou-6 fluorescence was measured at excitation-emission wavelengths of 465/502 nm. The
14 fluorescence of the cell lysate was corrected for the autofluorescence of untreated cells. The
15 uptake was normalized to the protein content of the cells, which was measured by the Bradford
16 assay method (Beyotime BCA Protein Assay Kit, Beyotime Institute of Biotechnology), with
17 bovine serum albumin used as the standard. The results are reported as the mean fluorescence
18 intensity per microgram of protein.

19 To investigate the endocytosis pathway, 5×10^5 cells were seeded in 12-well plates and incubated
20 for 24 h prior. Thus, after 24 hours of incubation, the cells were pre-incubated for 30 min with the
21 different inhibitors at the concentrations listed in Table 2. After this pre-incubation, the liposomal
22 or flexible liposomal formulation was added and incubated for an additional 1 h. Negative controls,
23 i.e., cells without the presence of inhibitors and/or the liposomal or flexible liposomal formulation,
24 were also performed. To determine whether the uptake procedure was energy-dependent or not,
25 the uptake was also performed at 4 °C or NaN_3 . After incubation, the medium was removed, and
26 the cells were rinsed three times with ice-cold stop solution to terminate uptake and to ensure
27 nanoliposome removal from the outer cell membrane. The cells were then digested from the plate
28 and collected to form single cell suspension. Then, the mean intracellular fluorescence intensity
29 was measured by flow cytometry system(FCS) with excitation of 488 nm. The results are reported
30 as the means of the distributions of cell fluorescence intensity obtained by measuring ~10,000

1 cells, averaged between 3 independent replications of 3 independent experiments. Error bars
2 indicate the standard deviations among these independent experiments.

3 To visualize the different intracellular distribution characteristics of cou-6/nanoliposomes or
4 cou-6/flexible nanoliposomes, HCECs were seeded in a sterile glass-bottom dish and were
5 incubated with 1 μ M DiI at 37 °C for 1 h to label the lipid membranes. After washing with PBS,
6 the HCECs were incubated with the liposomal or flexible liposomal formulation for 5 min, 30 min
7 and 60 min, respectively. Finally, fluorescence images were obtained using confocal laser
8 scanning microscopy (CLSM), and the excitation wavelength for cou-6/nanoliposome or
9 cou-6/flexible nanoliposome detection was set at 488 nm and adjusted to 561 nm for lipid
10 membranes.

11 ***In vivo* permeation testing**

12 Corneal penetration was performed both in rabbits and mice. The rabbits were divided into two
13 groups as follows: one group received eyedrops of the flexible liposomal formulation, and the
14 other received eyedrops of the liposomal formulation. Four instillations of 50 μ L of the eyedrops
15 were administered to both eyes of the animals at 10 min intervals. At 0.5, 1 and 2 h following the
16 last instillation of the formulation, the rabbits were sacrificed with a sodium pentobarbital
17 overdose (four rabbits for each formulation and time point analyzed). Then, the ocular surface was
18 rinsed with normal saline and dried with filter paper to remove tear fluid. After approximately 100
19 μ L of aqueous humor was aspirated from the anterior chamber using a 29-gauge needle, corneas
20 were excised. The aqueous humor samples were mixed with equal volumes of methanol, followed
21 by centrifugation, and the resulting supernatant was analyzed by HPLC. For each time point, six
22 corneas were weighed, suspended (50 mg of cornea per 1 mL of methanol) in methanol, and
23 homogenized. Samples of corneal tissue were stored at -80°C. For analysis, 500 μ L of each
24 sample were centrifuged, and the supernatant was analyzed by HPLC. Another two corneas were
25 fixed in 4% paraformaldehyde at 4 °C for 3 h and then observed with the CLSM.

26 In the mouse tests, the test procedure was similar to with the rabbits but with five mice and ten
27 corneas for each formulation and time point analyzed (eight corneas for cou-6 determination and
28 two for CLSM observation), and 5 μ L of the eyedrops were administered each time.

29 ***In vivo* ocular irritation tests**

30 Ocular tolerance was tested using 8.56mg/mL DG in PBS, flexible liposomal formulation and

1 liposomal formulation, with blank PBS as control formulations. Each formulation was studied in 6
2 rabbits. Each formulation was instilled in the right eye for 30 minutes for a total of 13 times,
3 leaving the left eye untouched as a control. Clinical signs were evaluated before the test and at 1, 6,
4 and 24 h after the last instillation. The degree of eye irritation was scored using the modified
5 Draize test[20-22]. Irritation was classified as one of four grades: practically non-irritating, score
6 0–3; slightly irritating, score 4–8; moderately irritating, score 9–12; and severely irritating (or
7 corrosive), score 13–16[23].

8 **Anti-inflammatory effect**

9 The anti-inflammatory efficacy was tested using 8.56mg/ml DG in PBS, flexible liposomal
10 formulation and liposomal formulation, with blank PBS, dexamethasone sodium phosphate(DSP)
11 eye drops(5mL:1.25mg, Xinxiang Huaqing Pharmaceutical industry Co., Ltd.) and pranoprofen
12 eye drops(5mL:5mg, Senju Pharmaceutical Co., Ltd.) as control formulations. This test was
13 performed in rabbits by instillation of a single dose of 50 μ L of each formulation in the
14 conjunctival sac of the left eye. The contralateral eye was used as untreated control. Each
15 formulation was tested in 5 rabbits. After 30 min, 50 μ L of 0.5% (w/v) sodium arachidonate a
16 solution (SAS) in PBS (pH 7.4) was instilled in the left eye^{19,20}. Inflammation was quantified 30,
17 60, 90, 120, 180, 240, and 360 min after instillation of SAS. Ocular changes were graded
18 according the scores as described previously^{19,20}.

19 **Data analysis**

20 The data were analyzed using SPSS software, version 11.5. MTT tests were performed using
21 ANOVA with multiple comparisons, and comparisons of cou-6 in corneas between the liposomal
22 and flexible liposomal formulation groups were determined using the independent-samples t test.
23 For all of the evaluations, a *P*-value less than 0.05 was considered significant.

24

25 **Results**

26 **Formulation and characterization of nanoliposomes and flexible nanoliposomes**

27 Both the liposomal and flexible liposomal formulations were transparent and slightly opalescent
28 with green fluorescence compared to water, and the detail parameters are listed in Table 1. Further,
29 both the nanoliposomes and flexible nanoliposomes had high and consistent encapsulation
30 efficiency. TEM analysis showed that both the nanoliposomes and flexible nanoliposomes were

1 small unilamellar vesicles with a spherical and homogenous appearance, and no aggregates were
2 presented (Figure 1 shows the appearance of these two formulations). No differences were
3 observed between these two kinds of nanoliposomes in terms of morphology when observed under
4 low magnification (x 25K), whereas the flexible nanoliposomes showed shrinkage rims under high
5 magnification (x 150K), but this observation was not observed to the nanoliposomes, and their
6 rims were smooth. The elasticity evaluation was consistent with the phenomenon observed by the
7 TEM, and the particle size obtained by photo-correlation spectroscopy agreed with the size
8 visualized by TEM.

9 **In vitro cellular tests**

10 ***Cytotoxicity tests***

11 The results of cell survival after treatment with DG are presented in Figure 2A-B. The
12 cytotoxicity was time and concentration dependent. No obvious cytotoxicity was observed at a
13 concentration ≤ 10 mg/mL (92.13% cell survival to 10 mg/mL), but there was 56.8% cell survival
14 to 20 mg/mL after 24 h of incubation, and the calculated IC_{50} (24 h) was 73.97 mg/mL. When the
15 incubation increased to 72 h, no obvious cytotoxicity was observed at a concentration ≤ 0.625
16 mg/mL (91.42% cell survival to 0.625 mg/mL), and the calculated IC_{50} (72 h) was 1.86 mg/mL.
17 As a control, benzalkonium bromide (commonly used at a concentration of 100 μ g/mL) had
18 significant cytotoxicity to as low as 1 μ g/mL after 72 h of incubation, and the calculated IC_{50} (72 h)
19 was 1.434 μ g/mL (Figure 2C).

20 The results of cell survival after treatment with the liposomal or flexible liposomal formulation
21 are presented in Figure 2D. After 1 h of incubation, no obvious cytotoxicity was detected for
22 either the liposomal or flexible liposomal formulation, while benzalkonium bromide showed
23 significant cytotoxicity at the concentration of 100 μ g/mL, which is the concentration commonly
24 used in marketed ophthalmic solutions.

25 ***In vitro HCECs uptake and mechanism evaluation***

26 As shown in Figure 3, the level of cou-6 uptake in the liposomal or flexible liposomal
27 formulation was significantly greater than that in free cou-6 solution at the indicated time points,
28 except for in the nanoliposome group at the 5 min time point ($P > 0.05$ compared to the cou-6
29 solution group). However, when comparing the cellular uptake of the liposomal and flexible

1 liposomal formulations, some different characteristics could be observed. Following brief
2 incubation for 5 min, the average uptake rates were 0.034, 0.146, and 0.278 fluorescence
3 intensity/ μg protein in the cou-6 solution, liposomal formulation, and flexible liposomal
4 formulation, respectively. When the incubation time increased to 60 min, the average uptake rates
5 were 0.057, 0.242, and 1.767 fluorescence intensity/ μg protein in the cou-6 solution, liposomal
6 formulation, and flexible liposomal formulation, respectively. There was a greater increase in the
7 flexible nanoliposome group than in the nanoliposome group, and it was conceivable that the
8 flexible liposomal formulations improved their cellular uptake significantly. Longer incubation
9 failed to increase cou-6 uptake in the cou-6 solution or liposomal formulation, indicating that the
10 uptake of the liposomal formulation reached equilibration at 5 min, while in the flexible liposomal
11 formulation, longer incubation induced significantly more cou-6 uptake, indicating that the uptake
12 of the flexible liposomal formulation by the HCECs was time dependent from 5 min to 60 min.
13 The results from CLSM observation agreed with these uptake characterizations. In the liposomal
14 formulation, the fluorescence intensity was not greater increased from 5 min of incubation to 60
15 min of incubation, while in the flexible liposomal formulation, the fluorescence intensity was
16 obviously increased.

17 To determine whether the liposomal and flexible liposomal formulations under investigation in
18 this study followed energy-dependent or -independent pathway, the cellular uptake of
19 nanoliposomes and flexible nanoliposomes was evaluated at 4 °C or in the presence of a metabolic
20 inhibitor (sodium azide). The nanoliposomes were efficiently taken up by the cells incubated at
21 37 °C. However, compared with the controls, the cellular uptake of nanoliposomes at 4 °C in the
22 presence of sodium azide at 37 °C significantly decreased by 20.47% and 23.10%, respectively
23 (Figure 4B), so it could be regarded as an index of energy dependence and active trafficking of
24 nanoliposomes in HCECs. Different inhibitors of endocytosis were further used to determine the
25 pathways involved in the uptake of nanoliposomes by HCECs, and the concentration of each
26 inhibitor was evaluated with MTT assay and showed that it caused little change in cell viability
27 (data not shown). The cellular uptake of nanoliposomes was inhibited to different extents with
28 exposure to some inhibitors. Compared with the controls, the inhibitory effect of chlorpromazine
29 on the cellular uptake of nanoliposomes was most obvious when compared to the other inhibitors
30 used in this study, reducing the cellular uptake by 34.34%, and the inhibitory efficacy to

1 hypertonic sucrose and M β CD was 26.95% and 32.00%, respectively, while nystatin had the least
2 effect, decreasing by only 20.18%. However, other inhibitors, such as chloroquine, indomethacin,
3 phloridizin, heparin and amiloride, had no effects on cellular uptake.

4 The flexible liposomal formulations were efficiently taken up by the cells incubated at 37 °C;
5 however, compared with the controls, the cellular uptake failed to be observed to decrease
6 significantly when incubated at 4 °C or in the presence of sodium azide at 37 °C (Figure 3D), so it
7 could be regarded as index of energy independence and inactive trafficking of flexible liposomal
8 formulations in HCECs. Different inhibitors of endocytosis were also used to verify further the
9 uptake mechanisms of flexible nanoliposomes. The cellular uptake of flexible nanoliposomes was
10 not inhibited by exposure to different inhibitors, except for M β CD and hypertonic sucrose. The
11 inhibitory effect of M β CD on the cellular uptake of flexible nanoliposomes was more obvious
12 than that of the other inhibitors used in this study, reducing the cellular uptake by 45.85%, while
13 hypertonic sucrose was less effective, decreasing by only 17.69%.

14 From CLSM observation, a difference of cou-6 fluorescence distribution could be observed.
15 When HCECs were incubated with nanoliposomes, the results included punctuated fluorescence in
16 their cytoplasm with different times of incubation (Figure 4A), while in flexible nanoliposomes,
17 uniform and diffuse fluorescence in the cytoplasm of these cells, as well as in the nuclei, was
18 observed (Figure 4D), suggesting that the mechanism of uptake and intracellular internalization
19 was actually somewhat different between the nanoliposomes and the flexible nanoliposomes, and
20 these CLSM observation results were consistent with the results of the uptake mechanism
21 evaluation with inhibitors.

22 **In vivo corneal permeation**

23 The concentrations of cou-6 in the mouse corneas following topical administration of these two
24 formulations are shown in Figure 5A. The cou-6 levels of the flexible liposomal formulation were
25 107.31%, 228.26%, and 136.50% higher than those of the liposomal formulation at the 30, 60 and
26 120 min time points, respectively. The CLSM observation results also supported the results
27 mentioned above (Figure 5C). From vertical cross-sectional observation, there was high
28 fluorescence of cou-6 in the corneal epithelium, and the fluorescence became weaker in the deeper
29 tissue of the cornea in both the liposomal and flexible liposomal formulation groups, but the
30 fluorescence intensity was stronger in the flexible nanoliposome group than in the nanoliposome

1 group. The observed results from horizontal observation supported the results of the vertical
2 cross-sectional observation. There was obvious fluorescence in the corneal epithelium and
3 Bowman's membrane (~30 μm from the surface of the cornea) in the flexible nanoliposome group,
4 while the fluorescence was much weaker in the relevant sites in the nanoliposome group.

5 The results of the concentrations of cou-6 in the rabbit corneas are shown in Figure 5B, and the
6 results were similar to those of the mouse tests. The cou-6 levels of the flexible liposomal
7 formulation were 39.64%, 172.09%, and 103.27% higher than those of the liposomal formulation
8 at the 30, 60 and 120 min time points, respectively. Regarding the concentrations of cou-6 in the
9 aqueous humor, we detected only 1.90 ± 0.09 ng/mL in the flexible nanoliposome group and
10 1.20 ± 0.32 ng/mL in the conventional nanoliposome group at the 30 min time point, and we failed
11 to detect any cou-6 in the 60 min and 120 min time point samples in the aqueous humor of both of
12 these groups.

13 **Ocular tolerance**

14 Values of clinical scores were 0~2 to different timepoints in all four groups. Then, flexible
15 liposomal formulation and liposomal formulation were classified as non-irritating and safe for
16 ophthalmic administration.

17 **Anti-inflammatory efficacy**

18 Topical SAS produced a mild ocular inflammation in rabbit. As seen in figure 6, the DG(except
19 for 90min time point), the nanoliposomes, and the flexible nanoliposomes showed no obvious
20 anti-inflammatory activity. The DSP, a widely used corticosteroid eye drops, showed significant
21 anti-inflammatory efficacy during the whole observation period. While the pranoprofen eye drops,
22 a widely used nonsteroidal anti-inflammatory drug eye drops, just exhibited efficacy at some time
23 points.

25 **Discussion**

26 In this investigation, cou-6-loaded nanoliposomes or flexible nanoliposomes were prepared
27 using a simple solvent evaporation/film hydration method. The procedure was simple, and the
28 finally obtained nanoliposomes or flexible nanoliposomes were well dispersed in aqueous solution,
29 with a narrow particle size distribution. Because the non-encapsulated cou-6 was insoluble in the
30 aqueous solution, a 0.22 μm filter was used not only to obtain sterility but also to separate

1 non-encapsulated cou-6, although the encapsulation efficacy was high^{13, 21}. One highlight of the
2 preparation procedure for flexible nanoliposomes was that it used much less energy saving than
3 the procedure for conventional nanoliposomes, because a higher amplitude of sonication was
4 needed to obtain an opalescent dispersion of nanoliposomes with diameters similar to those of
5 flexible nanoliposomes. This difference could be explained by DG, as an edge activator, having
6 high affinity to interact with lipid bilayers, and it penetrated into liposomal lipid bilayers and
7 disrupted the vesicular structure, so it saved much energy to create the multilamellar liposomes
8 with small unilamellar vesicles. The other highlight was that it was environmentally friendly,
9 because only ethanol was used during the preparation of the flexible nanoliposomes, while
10 methylene dichloride is usually needed to dissolve cholesterol in conventional liposomal
11 formulations.

12 In the research field of flexible liposomes, bile salts, including primarily sodium glycocholate,
13 sodium deoxycholate, and sodium taurocholate, have been widely used as edge activators,
14 particularly in those applied to skin. However, bile salts have shown ocular toxicity, and liposomes
15 containing sodium deoxycholate caused toxicity or irritation to both spontaneously derived human
16 corneal epithelial cells and rabbit corneas^{22, 23}. Other edge activators, including surfactants of
17 polysorbates or sorbitan esters, have also shown some extent of toxicity or irritation to the eye. In
18 this investigation, DG was used and showed promising results. DG is a compound obtained by
19 extraction with water from licorice root, and it has been widely used in internal and external drugs,
20 as well as in cosmetics²⁴. DG is also widely used in ophthalmic solutions, such as potassium
21 aspartate compound, penthenol and dipotassium glycyrrhizate eyedrops (Manufacturer:
22 ROHTO-MENTHOLATUM). Moreover, continuous application can be performed almost without
23 side effects. In this study, DG cytotoxicity was determined, and the results were promising. DG
24 showed slight time-dependent and concentration-dependent cytotoxicity, and it only showed some
25 cytotoxicity when the concentration reached 20 mg/mL in 24 h incubation testing, as well as
26 showing some cytotoxicity when the concentration reached 1.25 mg/mL in 72 h incubation testing.
27 Regarding the toxicity of the liposomal and flexible liposomal formulations, neither of these two
28 formulations showed cytotoxicity after 1 h of incubation. In the in vivo testing, the animals,
29 particularly the rabbits, showed no irritation during the testing, consistent with the results for
30 cytotoxicity. In summary, all of the tests revealed that DG and the formulations containing it

1 should be safe for topical ocular application.

2 DG is a pharmacological active ingredient which can serve as an antiallergic and/or
3 anti-inflammatory agent. While DG and the flexible nanoliposome exhibited no decrease in the
4 ocular inflammation caused by instillation of SAS in rabbits' eyes in this test. One reason might be
5 that the DG's concentration in our test was not high enough to perform the anti-inflammatory
6 activity, as usually 10mg/mL of DG solution showed improving allergic conjunctivitis²⁵, and only
7 glycyrrhizin in a 50mg/mL solution showed a comparable anti-inflammatory effect to that of
8 dexamethasone (1mg/mL) in the quantitative evaluation of ocular anti-inflammatory
9 measurements in rabbits²⁶, while the DG's concentration in our test was just 8.56mg/mL to the
10 DG solution and the flexible nanoliposomal formulation. The other reason might be the ocular
11 inflammation animal model used in this test was not sensitive enough to fully show the
12 anti-inflammatory effect, as the pranoprofen eye drops, a widely used nonsteroidal
13 anti-inflammatory drug eye drops, just exhibited efficacy at some time points, though this ocular
14 inflammation animal model used in this test was used to the evaluation of ocular
15 anti-inflammatory activity elsewhere^{19,20}. However, we still should give sufficient consideration
16 to the potential therapeutic effect of DG if it is used in drug delivery system such as flexible
17 liposome involved in this text. There are many diseases that are involved in the treatment of ocular
18 inflammation, such as the prevention and curing of corneal immunologic rejection after
19 keratoplasty, and the anti-inflammatory eye drops are one of the most used drugs in
20 Ophthalmology. We could get a synergistic effect if we have a fully consideration about these.
21 The flexible nanoliposomes containing cyclosporine to the prevention and curing of corneal
22 immunologic rejection after keratoplasty is under testing in our group, and we anticipate a
23 synergistic effect could be found in the pharmacodynamics testing.

24 Elasticity of lipid membranes is an important nanomechanical property to flexible liposome,
25 and there were several methodologies reported to perform this evaluation. Atomic force
26 microscopy based measurements has been turned out to be a valuable imaging technique to assess
27 the evaluation, and some quantified parameters such as Young's modulus could be obtained and
28 evaluated in this methodology²⁷. Electron spin resonance²⁸⁻³⁰ and fluorescence anisotropy
29 measurement¹¹ were also reported to be used to assess elasticity. Extrusion measurement was one
30 of the most widely used methodology, and the particle size changing characters was performed to

1 evaluate the elasticity, and the volume was also touched in some reports³¹⁻³³. The extrusion
2 measurement was performed in this test. During the elasticity evaluation, almost none of the
3 nanoliposomes could pass through the 20 nm filter smoothly, because the particle size was much
4 larger than the filter size. However, the flexible nanoliposomes could be filtered, and the particle
5 size in the solution after filtration was still much larger than the filter size, although it was
6 somewhat smaller than the original formulation. Moreover and interestingly, the cou-6
7 concentration in the flexible nanoliposomes was nearly equal to that of the original solution,
8 indicating that the whole solution was filtered, while in the nanoliposomes, only a small
9 proportion of the particles less 20 nm in size were initially filtered at the beginning of filtration,
10 and the filter was blocked completely, so only a low concentration of cou-6 was detected in the
11 filtered solution. In the elasticity evaluation, it could be confirmed that the DG added to the
12 formulation truly increased the elasticity of the lipid bilayer of nanoliposomes.

13 The mechanisms of interaction of nanoliposomes with cell membranes that result into
14 intracellular drug delivery have been studied extensively, but they are poorly understood. Four
15 mechanisms of intracellular drug delivery by liposomes -- adsorption, endocytosis, fusion, and
16 lipid exchange -- have been widely accepted^{34, 35}. In this investigation, the internalization of
17 nanoliposomes by HCECs was significantly reduced following incubation at 4 °C in the presence
18 of sodium azide. This result clearly demonstrated that the uptake of nanoliposomes occurred via
19 an energy-dependent process, while the process occurred along the active endocytosis pathway.
20 Further clarification of the mechanism revealed that the internalization of nanoliposomes by
21 HCECs was reduced with two kinds of inhibitors: one was inhibitors of clathrin-mediated
22 endocytosis (hypertonic sucrose and chlorpromazine), and the other was inhibitors of lipid
23 raft/caveola- dependent endocytosis (MβCD and nystatin). This active endocytosis might be
24 mainly mediated via these two pathways: clathrin-mediated endocytosis and lipid
25 raft/caveola-dependent endocytosis. However, it is worthwhile to mention that the uptake of this
26 nanoliposome in 4 °C sodium azide was still obvious, indicating the existence of other
27 energy-independent pathways not included in this test, and no inhibitor used in this test could
28 completely block the uptake of nanoliposomes into the HCECs, also indicating the complicated
29 mechanisms involved in the internalization of the nanoliposomes by HCECs.

30 In flexible nanoliposomes, the uptake and internalization mechanisms appeared different from

1 those of conventional nanoliposomes. The internalization of flexible nanoliposomes failed to be
2 reduced following incubation at 4 °C or in the presence of sodium azide. This finding indicated
3 that the uptake of the flexible nanoliposomes was mainly an energy-independent process. Further
4 mechanism analysis through inhibitors was somewhat consistent with this result, apart from
5 M β CD and hypertonic sucrose having inhibitory effects. It is still worthwhile to mention that
6 chlorpromazine and nystatin had no inhibitory effects. These findings could be explained by
7 chlorpromazine and hypertonic sucrose having different mechanisms of inhibition than M β CD and
8 nystatin, although the final results were clathrin-mediated endocytosis inhibition with
9 chlorpromazine and hypertonic sucrose and lipid raft/caveola-dependent endocytosis inhibition
10 with M β CD and nystatin. These results provided us with the information that clathrin-mediated
11 endocytosis and lipid raft/caveola-dependent endocytosis might be involved in flexible
12 nanoliposomes, while they were still different from conventional nanoliposomes. The CLSM
13 observations provided further evidence of the differences in the mechanisms. Punctuated
14 fluorescence was found in their cytoplasm with different times of incubation, consistent with
15 active endocytosis being a process mainly mediated by conventional nanoliposomes, while with
16 flexible nanoliposomes, uniform and diffuse fluorescence in the cytoplasm, as well as in the nuclei,
17 was observed, and this phenomenon occurred according to the fusion¹⁸. Considering the results of
18 inhibitory effects, the fusion process might be among the main mechanisms of the flexible
19 nanoliposomes, although some endocytosis processes were still involved, as M β CD and
20 hypertonic sucrose had inhibitory effects. The different mechanisms between the conventional
21 nanoliposomes and the flexible nanoliposomes should be greatly affected by cholesterol and DG.
22 Because the conventional nanoliposomes were composed of phospholipids and cholesterol and
23 had a highly rigid lipid bilayer, it was somewhat difficult to be fused to the cell membrane, so
24 endocytosis was the main process. In contrast, in the flexible nanoliposomes, DG was added to
25 destabilize and increase the flexibility of the lipid bilayer of nanoliposomes, which was somewhat
26 easier to fuse with the cell membrane, compared to the conventional nanoliposomes. Above all,
27 the fluidity of the liposomal membrane differently affected cellular uptake and internalization of
28 the nanoliposomes.

29 In the animal tests, there were higher concentrations of cou-6 in the corneas of mice and rabbits
30 in the flexible nanoliposome group than in the conventional nanoliposome group, revealing that

1 the flexible nanoliposomes had excellent capacity for corneal penetration. From the CLSM
2 observations, both the flexible nanoliposomes and the conventional nanoliposomes were mainly
3 found in the corneal epithelium, failing to penetrate the deeper tissues of the cornea. The
4 concentration testing in the aqueous humor of rabbits was somewhat consistent with these CLSM
5 results. These results in the conventional nanoliposome group were similar to some reports of
6 nanoliposomes in ocular topical drug delivery³⁶, and the results in the flexible nanoliposome group
7 were also similar to some reports in dermatological drug delivery, in which the flexible
8 nanoliposomes were not able to penetrate the lower layers of the corneal stratum^{24,37}. Above all,
9 flexible nanoliposomes still constitute a promising therapeutic tool for the immunomodulatory
10 treatment of ocular surface disorders, such as keratoconjunctivitis sicca, vernal conjunctivitis, and
11 atopic blepharitis, although they were not suitable for achieving therapeutic concentrations in the
12 aqueous humor of intact corneas.

13 Although some of these results with flexible nanoliposomes were promising, no
14 pharmaceutically active ingredients were tested in this investigation, and the molecular
15 characteristics of the medical reagents encapsulated might exert an influence on the in vitro/in
16 vivo fate of flexible nanoliposomes. Further research is needed to develop medical reagent
17 formulations with these flexible nanoliposomes to promote their use. As an inherent obstacle to
18 liposomal formulation, the stability and shelf life of flexible liposomal formulations were not a
19 concern in this study, although we found that the flexible liposomal formulation was slightly more
20 stable in 4 °C storage; however, instability and leakage of entrapped cou-6 remained obstacles,
21 requiring further investigation into formulation procedures.

22 **Conclusions**

23 The results of this investigation showed that the fluidity of the liposomal membrane differently
24 affected cellular uptake and internalization of nanoliposomes, and flexible nanoliposomes had
25 excellent capability for in vivo corneal penetration, particularly to the corneal epithelium.
26 Therefore, flexible nanoliposomes might be a promising therapeutic tool for the treatment of
27 ocular surface disorders.

28

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4 **Author contributions**

5 X.W. designed the research. C.G., F.C., M.L. and F.L. performed the experiments. C.G. and X.W.
6 analyzed data and participated in the discussion. X.W. wrote and revised the paper. All authors
7 reviewed the manuscript.

8 **Competing financial interests:** The authors declare no competing financial interests.

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1 **Tables**

2

3 **Table 1** The parameters of the nanoliposomes and flexible nanoliposomes (both of the4 formulations contained 50 $\mu\text{g/mL}$ cou-6 and 15 mg/mL SPC, n=3)

Formulation	Entrapment efficacy (%)	Particle size (nm)	Polydispersity index	Zeta potential (mV)	Elasticity evaluation			
					Particle size (nm) after 20 nm filtration	Polydispersity index after 20 nm filtration	Volume filtered (mL)	Percentage of cou-6 in the solution after 20 nm filtration
Nanoliposomes	98.73 \pm 0.25	107 \pm 4	0.278 \pm 0.014	-23.20 \pm 4.60	ND*	ND*	<0.20	44.88 \pm 4.52%
Flexible nanoliposomes	98.82 \pm 0.23	99 \pm 5	0.264 \pm 0.007	-34.07 \pm 1.71	65 \pm 5	0.225 \pm 0.080	6.50 \pm 0.97	96.16 \pm 6.21%

5 * Note: the volume was not sufficient for detection

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Table 2 Inhibitors and their concentrations used in the mechanism study

	Concentration	Effect
Hypertonic sucrose	0.45 M	Inhibitor of clathrin-mediated endocytosis by the K ⁺ depletion effect
Chlorpromazine	6 µg/mL	Specific inhibitor of clathrin-mediated endocytosis
Chloroquine	125 µM	Disrupts endosomes and lysosomes, prevents endosome acidification and causes swelling to endosomes and lysosomes
Indomethacin	100 µM	Inhibitor of caveolar-mediated endocytosis
NaN ₃	0.10%	General inhibitor of endocytic processes
Nystatin	10 µg/mL	Inhibitor of lipid raft/caveola-dependent endocytosis by the cholesterol sequestration effect
Methyl-β-cyclodextrin (MβCD)	10 mM	Cholesterol depletion agent, effective inhibitor of lipid raft/caveola-dependent endocytosis
Phloridizin	200 µM	Nontransportable competitive inhibitor Sodium glucose cotransporter inhibitor
Heparin	100 µg/mL	Specific inhibitor of heparin sulfate proteoglycans (HSPGs)
Amiloride	10 µM	Specific inhibitor of macropinocytosis

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1 **Figure legends**

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3 Figure 1. Characterization and appearance of the nanoliposomes and flexible nanoliposomes. (A)
4 The appearance of the nanoliposomes and flexible nanoliposomes, (B) Transmission electron
5 microscope (TEM) morphology of the flexible nanoliposomes, (C) TEM morphology of the
6 nanoliposomes

7

8 Figure 2. Cytotoxicity evaluation of DG and the liposomal and flexible liposomal formulations
9 (n=3). (A) DG with 24 h of incubation in HCECs, (B) DG with 72 h of incubation in HCECs, (C)
10 benzalkonium bromide with 72 h of incubation in HCECs, used as a reference, (D) liposomal and
11 flexible liposomal formulations with 1 h of incubation in HCECs and benzalkonium bromide used
12 as a reference (**P* < 0.05 when compared to PBS group).

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14 Figure 3. Uptake of cou-6 in HCECs (**P* < 0.05 compared to the cellular uptake in the cou-6
15 group, and #*P* < 0.05 compared to the nanoliposome group at the same time interval, n=3)

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17 Figure 4. In vitro HCECs uptake and mechanical characteristics. (A) and (C) are CLSM
18 observations of the uptake in HCECs of liposomal and flexible liposomal formulations,
19 respectively. The green staining in the cells in the CLSM images represent cou-6, and the red
20 staining indicates DiI. (B) and (D) are endocytosis pathway analyses of the liposomal and flexible
21 liposomal formulations, respectively. Cells were pre-incubated for 30 min with the different
22 inhibitors at the concentrations listed in Table 2 or at 4 °C in NaN₃. After pre-incubation, the
23 liposomal or flexible liposomal formulation was added and incubated for an additional 1 h. The
24 data are expressed as the fluorescence intensity (%) of negative controls (**P* < 0.05 compared with
25 control group; n=3).

26

27 Figure 5. In vivo corneal permeation. (A) Cou-6 concentration in mouse corneas after four
28 instillations (5 μL/instillation at 10 min intervals) (**P* < 0.05 compared to the liposomal
29 formulation, n=8). (B) Cou-6 concentration in rabbit corneas after four instillations (50
30 μL/instillation at 10 min intervals) (**P* < 0.05 compared to the liposomal formulation, n=6). (C)

1 CLSM of horizontal and vertical cross-sections through the cornea at the 30 min time point in the
2 mouse tests.

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4 Figure 6. Anti-inflammatory efficacy of DG, nanoliposome, and flexible nanoliposome after SAS
5 induced inflammation in the rabbit eye, with the dexamethasone sodium phosphate(DSP) eye
6 drops(5mL:1.25mg) and pranoprofen eye drops(5mL:5mg) as control formulations.(Mean \pm SD,
7 n = 5, * $P < 0.05$ compared to the PBS group)

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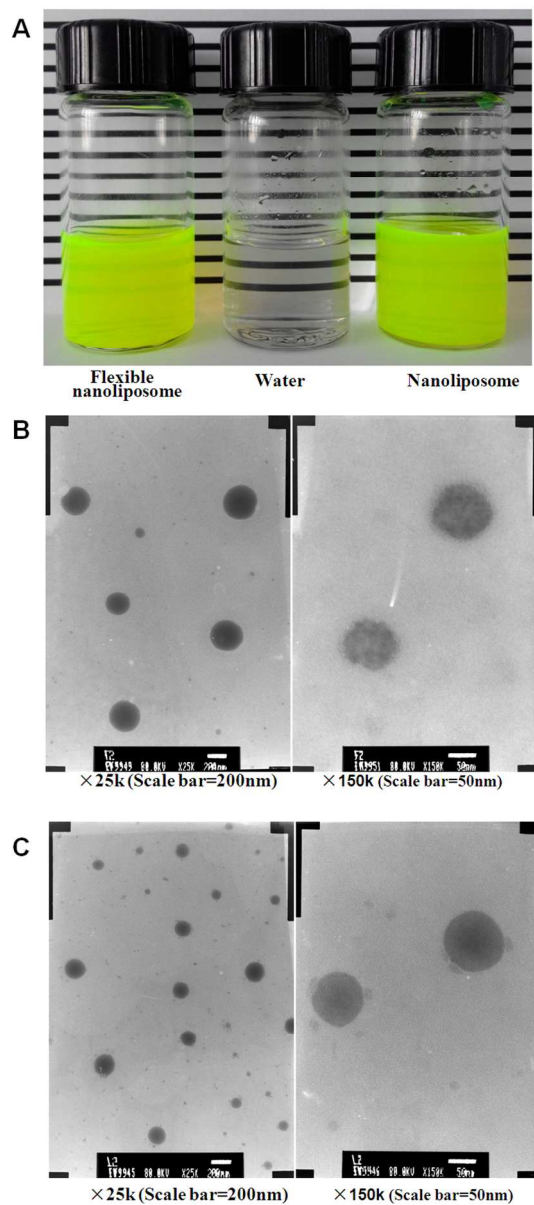


Figure 1. Characterization and appearance of the nanoliposomes and flexible nanoliposomes. (A) The appearance of the nanoliposomes and flexible nanoliposomes, (B) Transmission electron microscope (TEM) morphology of the flexible nanoliposomes, (C) TEM morphology of the nanoliposomes 148x326mm (300 x 300 DPI)

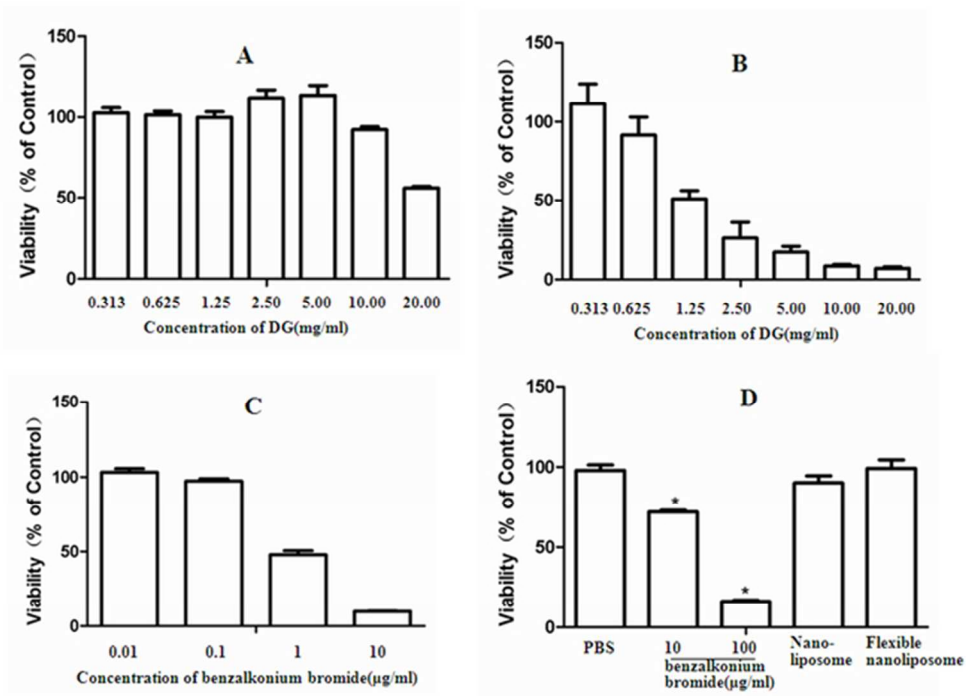


Figure 2. Cytotoxicity evaluation of DG and the liposomal and flexible liposomal formulations (n=3). (A) DG with 24 h of incubation in HCECs, (B) DG with 72 h of incubation in HCECs, (C) benzalkonium bromide with 72 h of incubation in HCECs, used as a reference, (D) liposomal and flexible liposomal formulations with 1 h of incubation in HCECs and benzalkonium bromide used as a reference (* $P < 0.05$ when compared to PBS group).

56x39mm (300 x 300 DPI)

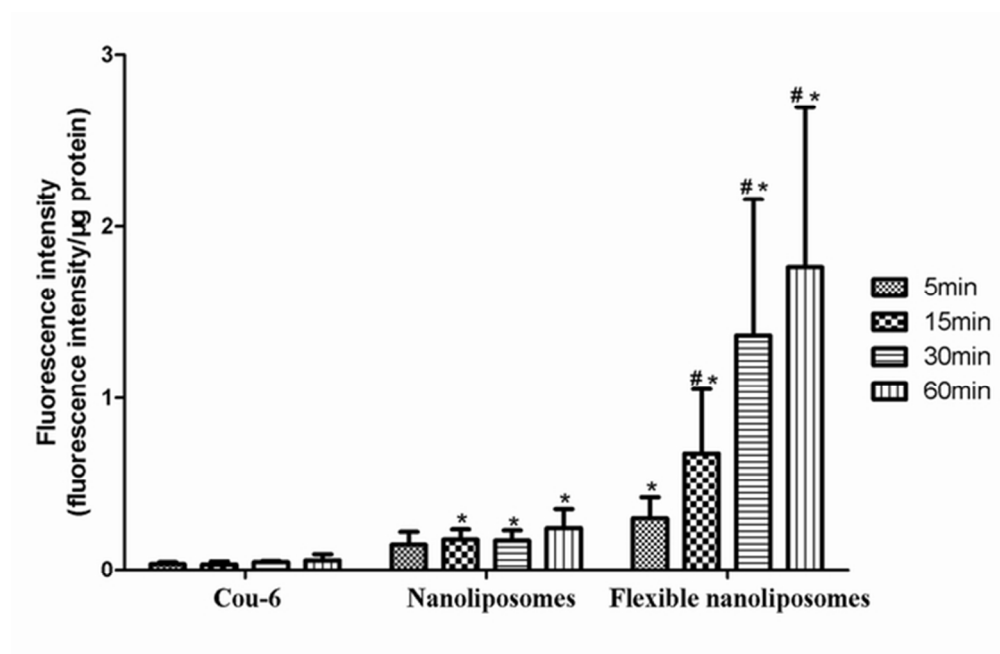


Figure 3. Uptake of cou-6 in HCECs (*P < 0.05 compared to the cellular uptake in the cou-6 group, and #P < 0.05 compared to the nanoliposome group at the same time interval, n=3)
56x36mm (300 x 300 DPI)

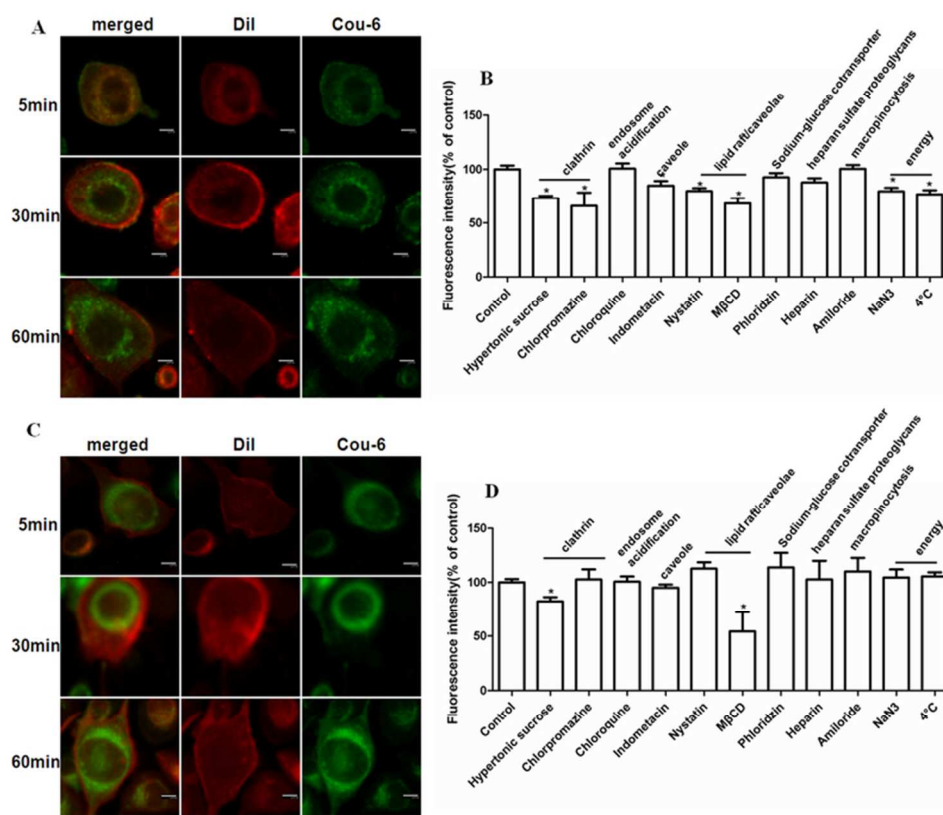


Figure 4. In vitro HCECs uptake and mechanical characteristics. (A) and (C) are CLSM observations of the uptake in HCECs of liposomal and flexible liposomal formulations, respectively. The green staining in the cells in the CLSM images represent cou-6, and the red staining indicates Dil. (B) and (D) are endocytosis pathway analyses of the liposomal and flexible liposomal formulations, respectively. Cells were pre-incubated for 30 min with the different inhibitors at the concentrations listed in Table 2 or at 4 °C in NaN3. After pre-incubation, the liposomal or flexible liposomal formulation was added and incubated for an additional 1 h. The data are expressed as the fluorescence intensity (%) of negative controls (*P < 0.05 compared with control group; n=3).

71x58mm (300 x 300 DPI)

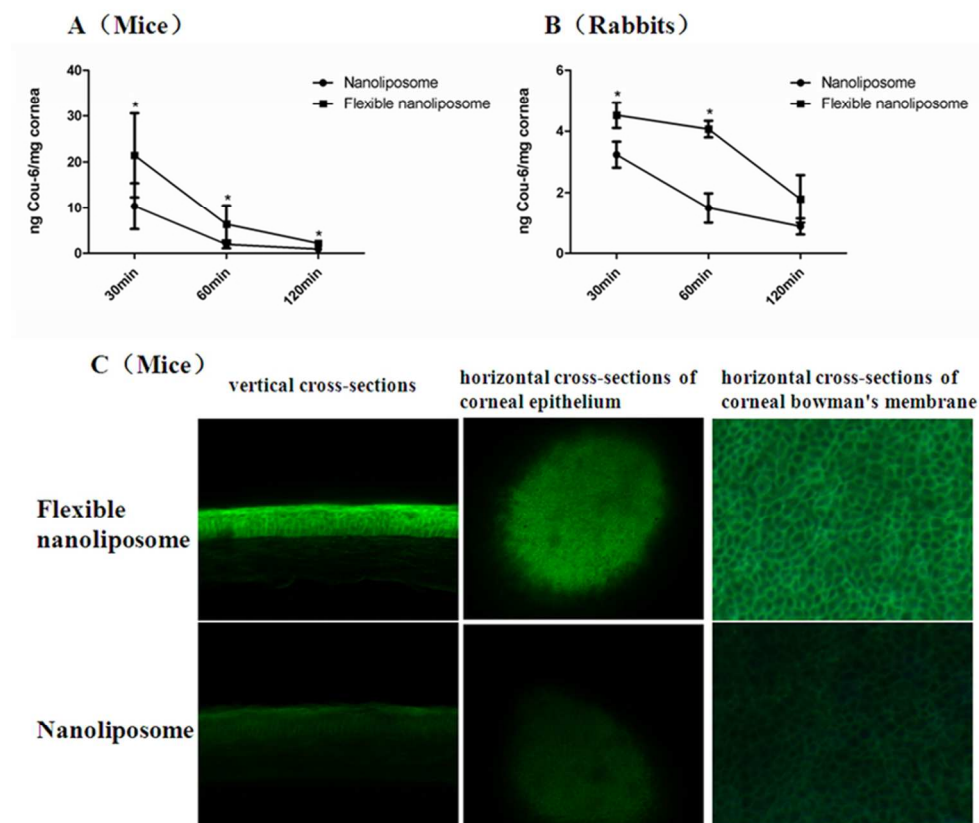


Figure 5. In vivo corneal permeation. (A) Cou-6 concentration in mouse corneas after four instillations (5 μ L/instillation at 10 min intervals) (* $P < 0.05$ compared to the liposomal formulation, $n=8$). (B) Cou-6 concentration in rabbit corneas after four instillations (50 μ L/instillation at 10 min intervals) (* $P < 0.05$ compared to the liposomal formulation, $n=6$). (C) CLSM of horizontal and vertical cross-sections through the cornea at the 30 min time point in the mouse tests.
71x59mm (300 x 300 DPI)

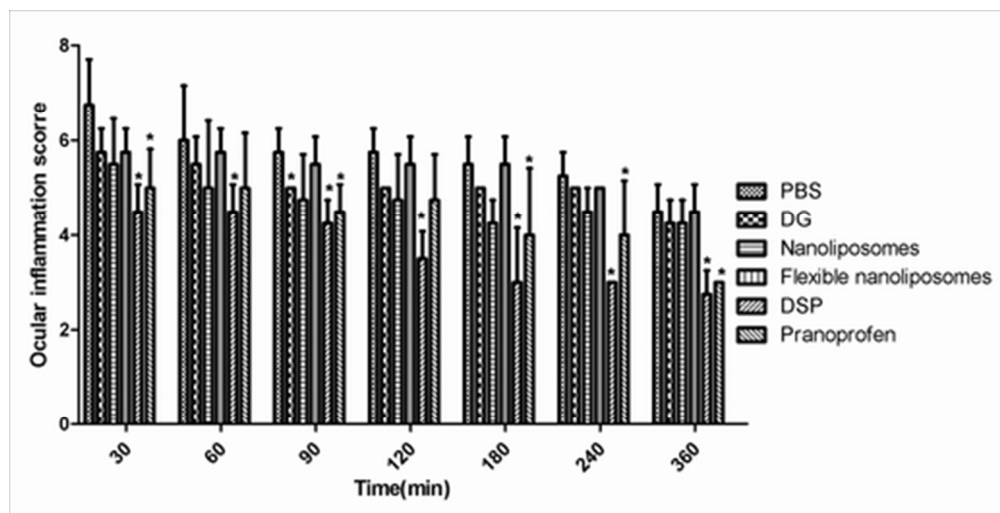


Figure 6. Anti-inflammatory efficacy of DG, nanoliposome, and flexible nanoliposome after SAS induced inflammation in the rabbit eye, with the dexamethasone sodium phosphate(DSP) eye drops(5mL:1.25mg) and pranoprofen eye drops(5mL:5mg) as control formulations.(Mean \pm SD, n = 5, *P < 0.05 compared to the PBS group)
43x22mm (300 x 300 DPI)