

RSC Advances



This is an *Accepted Manuscript*, which has been through the Royal Society of Chemistry peer review process and has been accepted for publication.

Accepted Manuscripts are published online shortly after acceptance, before technical editing, formatting and proof reading. Using this free service, authors can make their results available to the community, in citable form, before we publish the edited article. This *Accepted Manuscript* will be replaced by the edited, formatted and paginated article as soon as this is available.

You can find more information about *Accepted Manuscripts* in the [Information for Authors](#).

Please note that technical editing may introduce minor changes to the text and/or graphics, which may alter content. The journal's standard [Terms & Conditions](#) and the [Ethical guidelines](#) still apply. In no event shall the Royal Society of Chemistry be held responsible for any errors or omissions in this *Accepted Manuscript* or any consequences arising from the use of any information it contains.

1 Synthesis of phenolic amide as evaluation antioxidative and anti-inflammatory *in vitro*
2 and *in vivo*

3

4

Ya-Ting Lee¹, You-Liang Hsieh², Yen-Hung Yeh^{3,4*}, Chih-Yang Huang^{2,5,6}

5

6

7 1. Department of Beauty Science, National Taichung University of Science and Technology, Taichung,
8 Taiwan, R.O.C.

9 2. Department of Health and Nutrition Biotechnology, Asia University, Taichung, Taiwan, R.O.C.

10 3. School of Health Diet and Industry Management, Chung Shan Medical University, Taichung,
11 Taiwan, R.O.C.

12 4. Department of Nutrition, Chung Shan Medical University Hospital, Taichung, Taiwan, R.O.C.

13 5. Graduate Institute of Basic Medical Science, China Medical University, Taichung, Taiwan, R.O.C.

14 6. Department of Chinese Medicine, China Medical University Hospital, Taichung, Taiwan, R.O.C.

15

16

17

18

19

20 Running title: Phenolic acid, phenolic amide, antioxidative agents, free radical
21 scavenging

22

23

24 Corresponding author:

25

26 * Corresponding author. Tel.: +886-4-24730022

27 E-mail address: yhyeh@csmu.edu.tw (Y. H. Yeh).

28

29

30 **Abstract**

31 A series of 15 phenolic amides (PAs) have been synthesized (PA1-PA15) was
32 examined *in vitro* by four different tests: 1. Preventing Cu²⁺-induced human
33 low-density lipoprotein oxidation. 2. Scavenging the stable radical. 3.
34 Anti-inflammatory activity. 4. Scavenging of superoxide radicals. We used PA1 and
35 α -tocopherol *in vivo* study. The overall potential of the antioxidant system was
36 significantly enhanced by the PA1 and α -tocopherol supplements as the hepatic
37 TBARS levels were lowered while the hepatic SOD activities and GSH concentration
38 were elevated in PA1 fed rats. Our results supported PA1 may exert antioxidative
39 action through inhibiting superoxide generations. PA1 decreased the level of nitric
40 oxide (NO) production, tumor necrosis factor-alpha (TNF- α) and nuclear factor-kappa
41 B (NF- κ B). These results point out that PA1 can inhibit lipid peroxidation, enhance
42 the activities of antioxidant enzymes, and decrease the TNF- α /NF- κ B level, nitric
43 oxide production. Therefore, it was speculated that PA1 through its anti-inflammation
44 capacity.

45

46

47

48

49

50 *Key words:* Phenolic amides, antioxidative, free radical scavenging, superoxide,
51 anti-inflammatory

52

53

54

55 1. Introduction

56 Oxidative stress is a contributing factor to the pathogenesis of neurodegenerative
57 disorders such as cerebral ischemia/ reperfusion injury and trauma as well as chronic
58 conditions such as Parkinson's disease and Alzheimer's disease ¹. Metabolism of
59 oxygen in living cells leads to oxygen-derived free radicals production ². These free
60 radicals attack the unsaturated fatty acids of biomembranes, which results in the
61 destruction of proteins and DNA and lipid peroxidation ³. Thus, the development of
62 antioxidants, which can retard the process of lipid peroxidation by blocking the
63 production of free radical chain reaction, has gained importance in recent years ⁴.

64 Phenolic acid derivatives are widely distributed in plants ⁵ but there only a few
65 phenolic amides. The pharmacological functionality of phenolic amides have attracted
66 much attention and have been acknowledged as having interesting medicinal
67 properties, such as anti-inflammatory, antiviral, anti-cancer and anti-coagulant
68 activities ⁶⁻⁸. Recently, we found *N-trans*- and *N-cis*-feruloyl 3-methyldopamine in
69 *Achyranthes bidentata*, a famous Chinese herb for many diseases. *Achyranthes*
70 *bidentata* is an erect, annual herb distributed in hilly districts of India, Java, China and
71 Japan. The plant is used in indigenous system of medicine as emenagogue,
72 antiarthritic, antifertility, laxative, ecbolic, abortifacient, anthelmintic, aphrodisiac,
73 antiviral, antispasmodic, antihypertensive, anticoagulant, diuretic and antitumour ⁹.
74 Also it is useful to treat cough, renal dropsy, fistula, scrofula, skin rash, nasal infection,
75 chronic malaria, impotence, fever, asthma, amenorrhoea, piles, abdominal cramps
76 and snake bites. The analysis of phytochemical profile revealed that it contains rutin,
77 saponins, achyranthine, caffeic acid, oleanolic acid, inokosterone, ecdysterone,
78 rubrosterone and physcion ¹⁰. This put us to synthesize more phenolic amides for
79 optimizing its antioxidative activity. In this study, the antioxidative activities were

80 examined by four different tests: We evaluated the antioxidant activities on the
81 inhibition of Cu²⁺-induced human LDL oxidation was chosen at the in vitro assay
82 system, the radical scavenging activity against stable radical
83 1,1-diphenyl-2-picrylhydrazyl (DPPH), oxygen radical absorbance capacity (ORAC)
84 assay and inhibition of superoxide production in the xanthine/xanthine oxidase (X/XO)
85 system as well as evaluation the effect on the stimulus-induced superoxide generation
86 in human neutrophil.

87 These activated macrophages released inflammatory mediators including tumor
88 necrosis factor-alpha (TNF- α)/nuclear factor-kappa B (NF- κ B), and nitric oxide (NO)
89 that have been implicated in liver damage induced by a number of different toxicants
90 ¹¹.

91 Hence, the present study was undertaken to investigate the antioxidative and
92 anti-inflammatory activities of PA1 in comparison α -tocopherol, in male
93 Sprague-Dawley rats.

94

95 **2. Materials and methods**

96 *2.1. Materials*

97 Chemicals and reagents: 2-hydroxycinnamic acid (97%), 3-hydroxycinnamic
98 acid (99%), 4-hydroxycinnamic acid (99%), ferulic acid (99%), isoferulic acid (97%),
99 3-hydroxytyramine hydrochloride, 3-methyldopamine hydrochloride and
100 4-methyldopamine hydrochloride, 2,2-Azobis(2-methylproprionamide)
101 dihydrochloride (AAPH), fluorescein disodium and
102 6-hydroxy-2,5,7,8-tetramethylchroman-2-carboxylic acid (Trolox) were purchased
103 from Aldrich-Sigma Chemical Co (St. Louis, MO, USA).
104 1,3-dicyclohexylcarbodiimid, Benzyl chloride, Trichlorobromide, Methyl iodide,

105 Phenethyl alcohol, α -tocopherol were purchased from Riedel-de Haën Chemical Co
106 (St. Louis, MO, USA). Copper sulfate pentahydrate, ethylenediaminetetraacetic acid
107 (EDTA), potassium dihydrogen phosphate, sodium chloride, sodium bromide,
108 di-sodium hydrogen phosphate ethanol and cholesterin enzymatic CHOD-RAP
109 method (code no. 1.14366.0001) were purchased from E. Merck Chemical Co
110 (Darmstadt, Germany). Lipofilm (code no. 4040-2) was purchased from Sebia Co.
111 Phorbol 12-myristate 13-acetate (PMA) (99%),
112 *N*-formyl-methionyl-leucyl-phenyl-alanine (fMLP) (99%), bis-*N*-methylacridinium
113 nitrate (lucigenin), xanthine (99%) and xanthine oxidase were purchased from
114 Aldrich-Sigma Chemical Co (St. Louis, MO, USA). General Synthetic Procedure for
115 Phenolic Amides: The phenolic amides (PA1-PA15) were prepared from condensation
116 of the corresponding phenolic acids (1.0 mmol) and phenethylamines (1.1 mmol) with
117 the substitution by hydroxy and/or methoxy groups on the phenyl rings in the
118 presence of DCC (4.0 mmol). The reaction mixture was stirred in THF overnight at
119 room temperature. After removal of the solvent of the reaction mixture, water was
120 added and extracted with EtOAc. The EtOAc layer was dried over Na₂SO₄ and evap'd
121 to dryness, which was purified by a column of silical gel (CHCl₃-Me₂CO, 10:1) to
122 afford the final product. The over yield was about 30-62%. Structures were confirmed
123 with infrared, nuclear magnetic resonance and high resolution mass spectrometry
124 (Table 1).

125

126 2.2. Analytical and Spectral Equipment

127 Synthesized products were purified on a silical gel column and identified by Thin
128 layer chromatography (TLC), Nuclear magnetic resonance (NMR), Infrared spectra
129 (IR) and GC Mass analysis. Melting points (Mp) were determined with a Yanaco

130 micromelting point apparatus. IR were obtained on a Nicolet Avatar-320 FTIR
131 spectrophotometer. NMR spectra were recorded on a Varian INOVA-500
132 spectrometer. CDCl₃, CD₃OD and acetone-d₆ were used as solvents; chemical shifts
133 are reported in parts per million (δ) units relative to internal tetramethylsilane. Mass
134 spectra (MS) were recorded on an EI-MS JEOL JMS-HX 100 mass spectrometer.
135 TLC was performed on precoated silical gel F254 plates (Merck) using a 254 nm UV
136 lamp to monitor these reactions.

137

138 2.3. Identification of the PAs (PA1-PA15)

139 *N-trans-O-coumaroyldopamine* (PA1): Colorless oil; yield 35%. IR (film) _{max}
140 3400, 1650, 1600, 1510, 1200/cm. ¹H-NMR (acetone-d₆): δ 2.72 (2H, t, J = 7.0 Hz),
141 3.56 (2H, m), 6.56 (1H, dd, J = 2.0, 8.0 Hz), 6.74 (1H, d, J = 8.0 Hz), 6.78 (1H, d, J =
142 2.0 Hz), 6.79 (1H, d, J = 16.0 Hz), 6.83 (1H, m), 6.97 (1H, dd, J = 2.0, 8.0 Hz), 7.17
143 (1H, m), 7.46 (1H, dd, J = 2.0, 8.0 Hz), 7.63 (1H, t, -NH), 7.96 (1H, d, J = 16.0 Hz).
144 HREIMS m/z 299.1160 (calcd for C₁₇H₁₇NO₄, 299.1158).

145 *N-trans-m-coumaroyldopamine* (PA2): Colorless oil; yield 40%. IR (film) _{max}
146 3400, 1610, 1500, 1200/cm. ¹H-NMR(acetone-d₆): δ 2.71 (2H, t, J = 7.2 Hz), 3.51 (2H,
147 m), 6.56 (1H, dd, J = 8.0, 2.0 Hz), 6.76 (1H, dd, J = 8.0, 2.0 Hz), 6.85 (1H, m), 7.02
148 (1H, d, J = 15.8 Hz), 7.03 (1H, d, J = 2.0 Hz), 7.19 (1H, t, -NH), 7.51 (1H, d, J = 15.8
149 Hz). HREIMS m/z 299.1166 (calcd for C₁₇H₁₇NO₄, 299.1158).

150 *N-trans-feruloyldopamine* (PA3): Colorless oil; yield 48%. IR (film) _{max} 3400,
151 1650, 1600, 1515, 1200/cm. ¹H-NMR(Acetone-d₆): δ 2.69 (2H, t, J = 7.0 Hz), 3.48
152 (2H, q, J = 7.0 Hz), 3.85 (3H, s, -OCH₃), 6.51 (1H, d, J = 15.5 Hz), 6.55 (1H, dd, J =
153 8.0, 2.0 Hz), 6.73 (1H, d, J = 8.0 Hz), 6.73 (1H, d, J = 2.0 Hz), 6.82 (1H, d, J = 8.0
154 Hz), 7.02 (1H, dd, J = 8.0, 2.0 Hz), 7.14 (1H, d, J = 2.0 Hz), 7.28 (t, br, -NH), 7.45

155 (1H, d, $J = 15.5$ Hz). HREIMS m/z 329.1261 (calcd for $C_{18}H_{19}NO_5$, 329.1263).

156 *N-trans-p-coumaroyldopamine* (PA4): Colorless oil; yield 31%. IR (film) \max
157 3400, 1650, 1600, 1515, 1210/cm. 1H -NMR(acetone- d_6): δ 2.69 (1H, t, $J = 7.3$ Hz),
158 3.49 (3H, m), 6.50 (1H, d, $J = 15.7$ Hz), 6.55 (2H, dd, $J = 8.0, 2.0$ Hz), 6.85 (2H, dd, J
159 = 8.0, 2.0 Hz), 7.40 (2H, m), 7.49 (1H, d, $J = 15.7$ Hz). HREIMS m/z 299.1154 (calcd
160 for $C_{17}H_{17}NO_4$, 299.1158).

161 *N-trans-feruloyl-3-methyldopamine* (PA5): White solid; Mp 154-157°C; yield
162 58%. IR (KBr) \max 3400, 1650, 1520, 1210, 1100/cm. 1H -NMR (acetone- d_6): δ 2.75
163 (2H, t, $J = 7.0$ Hz), 3.50 (2H, q, $J = 7.0$ Hz), 3.81 (3H, s), 3.87 (3H, s), 6.49 (1H, d, J
164 = 15.5 Hz), 6.67 (1H, dd, $J = 8.0, 2.0$ Hz), 6.73 (1H, d, $J = 8.0$ Hz), 6.82 (1H, d, $J =$
165 8.0 Hz), 6.84 (1H, d, $J = 2.0$ Hz), 7.03 (1H, dd, $J = 8.0, 2.0$ Hz), 7.13 (1H, t, br), 7.15
166 (1H, d, $J = 2.0$ Hz), 7.43 (1H, d, $J = 15.5$ Hz). HREIMS m/z 343.1417 (calcd for
167 $C_{19}H_{21}NO_5$, 343.1420).

168 *N-trans-feruloyl-4-methyldopamine* (PA6): Colorless oil; yield 43%. IR (film)
169 \max 3400, 1600, 1510, 1210, 1200/cm. 1H -NMR(acetone- d_6): δ 2.72 (2H, t, $J = 7.0$ Hz),
170 3.49 (2H, q, $J = 7.0$ Hz), 3.80 (3H, s), 3.87 (3H, s), 6.49 (1H, d, $J = 15.5$ Hz), 6.65
171 (1H, dd, $J = 8.0, 2.0$ Hz), 6.73 (1H, d, $J = 2.0$ Hz), 6.82 (1H, d, $J = 8.0$ Hz), 6.84 (1H,
172 d, $J = 8.0$ Hz), 7.03 (1H, dd, $J = 8.0, 2.0$ Hz), 7.15 (1H, d, $J = 2.0$ Hz), 7.16 (1H, t, br),
173 7.43 (1H, d, $J = 15.5$ Hz). HREIMS m/z 343.1417 (calcd for $C_{19}H_{21}NO_5$, 343.1420).

174 *N-trans-isoferuloyl-dopamine* (PA7): Yellow oil; yield 37%. IR (film) \max 3400,
175 1650, 1510, 1270/cm. 1H -NMR(acetone- d_6): δ 2.69 (2H, t, $J = 7.0$ Hz), 3.48 (2H, q, J
176 = 7.0 Hz), 3.85 (3H, s, -OCH₃), 6.49 (1H, d, $J = 15.5$ Hz), 6.55 (1H, dd, $J = 8.0, 2.0$
177 Hz), 6.73 (1H, d, $J = 8.0$ Hz), 6.72 (1H, d, $J = 2.0$ Hz), 6.92 (1H, d, $J = 8.5$ Hz), 6.98
178 (1H, dd, $J = 8.5, 2.0$ Hz), 7.06 (1H, d, $J = 2.0$ Hz), 7.34 (1H, t, -NH), 7.43 (1H, d, $J =$
179 15.5 Hz). HREIMS m/z 329.1284 (calcd for $C_{18}H_{19}NO_5$, 329.1263).

180 *N-trans*-isoferuloyl-3-methyldopamine (PA8): White solid; Mp 176-178°C; yield
181 62%. IR (KBr) \max 3400, 1650, 1600, 1550, 1200/cm. $^1\text{H-NMR}(\text{CD}_3\text{OD})$: δ 2.76 (2H, t,
182 $J = 7.5$ Hz), 3.47 (2H, t, $J = 7.5$ Hz), 3.82 (3H, s), 3.87 (3H, s), 6.38 (1H, d, $J = 16.0$
183 Hz), 6.66 (1H, dd, $J = 8.0, 2.0$ Hz), 6.71 (1H, d, $J = 8.0$ Hz), 6.81 (1H, d, $J = 2.0$ Hz),
184 6.91 (1H, d, $J = 8.5$ Hz), 6.98 (1H, dd, $J = 8.5, 2.0$ Hz), 7.02 (1H, d, $J = 2.0$ Hz), 7.40
185 (1H, d, $J = 16.0$ Hz). HREIMS m/z 343.1429 (calcd for $\text{C}_{19}\text{H}_{21}\text{NO}_5$, 343.1420).

186 *N-trans*-isoferuloyl-4-methyldopamine (PA9): White solid; Mp 163-165°C; yield
187 56%. IR (KBr) \max 3300, 1650, 1515, 1250, 1200/cm. $^1\text{H-NMR}(\text{acetone-}d_6)$: δ 2.72
188 (2H, t, $J = 7.0$ Hz), 3.49 (2H, q, $J = 7.0$ Hz), 3.80 (3H, s), 3.85 (3H, s), 6.47 (1H, d, J
189 = 16.0 Hz), 6.65 (1H, dd, $J = 8.5, 2.0$ Hz), 6.83 (1H, d, $J = 8.5$ Hz), 6.93 (1H, d, $J =$
190 8.5 Hz), 6.99 (1H, dd, $J = 8.5, 2.0$ Hz), 7.03 (1H, d, $J = 2.0$ Hz), 7.22 (1H, t, -NH),
191 7.41 (1H, d, $J = 16.0$ Hz). $^1\text{HREIMS } m/z$ 343.1430 (calcd for $\text{C}_{19}\text{H}_{21}\text{NO}_5$, 343.1420).

192 *N-trans-O*-coumaroyl-3-methyldopamine (PA10): Colorless oil; yield 48%. IR
193 (film) \max 3400, 1655, 1600, 1510, 1250, 1200/cm. $^1\text{H-NMR}(\text{acetone-}d_6)$: δ 2.78 (2H, t,
194 $J = 7.3$ Hz), 3.54 (1H, m), 3.78 (3H, s, -OCH₃), 6.66 (1H, d, $J = 8.0$ Hz), 6.67 (1H, d,
195 $J = 8.0$ Hz), 6.76 (1H, d, $J = 8.0$ Hz), 6.81 (1H, d, $J = 16.0$ Hz), 7.01 (1H, d, $J = 8.0$
196 Hz), 7.14 (1H, dd, $J = 8.0, 2.0$ Hz), 7.46 (1H, d, $J = 8.0$ Hz), 7.66 (1H, t, -NH), 7.93
197 (1H, d, $J = 16.0$ Hz). HREIMS m/z 313.1334 (calcd for $\text{C}_{18}\text{H}_{19}\text{NO}_4$, 313.1314).

198 *N-trans-m*-coumaroyl-3-methyldopamine (PA11): Colorless oil; yield 35%. IR
199 (film) \max 3400, 1655, 1610, 1510, 1250, 1200/cm. $^1\text{H-NMR}(\text{acetone-}d_6)$: δ 2.76 (2H, t,
200 $J = 7.3$ Hz), 3.52 (2H, m), 3.79 (3H, s, -OCH₃), 6.61 (1H, -NH), 6.65 (1H, d, $J = 8.0$
201 Hz), 6.66 (1H, d, $J = 8.0$ Hz), 6.74 (1H, d, $J = 8.0$ Hz), 6.85 (2H, m), 7.01 (2H, m),
202 7.19 (1H, d, $J = 8.0$ Hz), 7.48 (1H, d, $J = 16.0$ Hz). HREIMS m/z 313.1324 (calcd for
203 $\text{C}_{18}\text{H}_{19}\text{NO}_4$, 313.1314).

204 *N-trans-p*-coumaroyl-3-methyldopamine (PA12): Colorless oil; yield 40%. IR

205 (film) \max 3400, 1650, 1600, 1510, 1270, 1210/cm. $^1\text{H-NMR}(\text{acetone-}d_6)$: δ 2.75 (2H, t,
206 $J = 7.2$ Hz), 3.51 (2H, m), 3.80 (3H, s, $-\text{OCH}_3$), 6.49 (1H, d, $J = 15.5$ Hz), 6.64 (1H, d,
207 $J = 2.0$ Hz), 6.69 (1H, dd, $J = 8.0, 2.0$ Hz), 6.76 (1H, d, $J = 2.0$ Hz), 6.82 (3H, m),
208 7.32 (1H, t, $-\text{NH}$), 7.41 (2H, m), 7.52 (1H, d, $J = 15.5$ Hz). HREIMS m/z 313.1332
209 (calcd for $\text{C}_{18}\text{H}_{19}\text{NO}_4$, 313.1314).

210 *N-trans-O-coumaroyl-4-methyldopamine* (PA13): Yellow oil; yield 30%. IR
211 (film) \max 3400, 1650, 1600, 1500, 1210/cm. $^1\text{H-NMR}(\text{acetone-}d_6)$: δ 2.74 (2H, t, $J =$
212 7.3 Hz), 3.51 (2H, m), 3.79 (3H, s, $-\text{OCH}_3$), 6.66 (1H, dd, $J = 8.0, 2.0$ Hz), 6.73 (1H, d,
213 $J = 15.8$ Hz), 6.75 (1H, d, $J = 2.0$ Hz), 6.82 (1H, d, $J = 15.8$ Hz), 6.83 (1H, d, $J = 8.0$
214 Hz), 6.95 (1H, dd, $J = 8.0, 2.0$ Hz), 7.17 (1H, m), 7.40 (1H, t, $-\text{NH}$), 7.46 (1H, dd, $J =$
215 8.0, 2.0 Hz), 7.89 (1H, d, $J = 15.8$ Hz). HREIMS m/z 313.1318 (calcd for $\text{C}_{18}\text{H}_{19}\text{NO}_4$,
216 313.1314).

217 *N-trans-m-coumaroyl-4-methyldopamine* (PA14): Colorless oil; yield 33%. IR
218 (film) \max 3400, 1650, 1610, 1500, 1250, 1210/cm. $^1\text{H-NMR}(\text{acetone-}d_6)$: δ 2.73 (2H, t,
219 $J = 7.3$ Hz), 3.50 (2H, m), 3.78 (3H, s, $-\text{OCH}_3$), 6.63 (1H, d, $J = 2.0$ Hz), 6.64 (1H, d,
220 $J = 15.7$ Hz), 6.75 (1H, d, $J = 2.0$ Hz), 6.85 (1H, m), 7.00 (1H, d, $J = 8.0$ Hz), 7.04
221 (1H, d, $J = 8.0$ Hz), 7.19 (1H, t, $J = 8.0$ Hz), 7.43 (1H, d, $J = 15.7$ Hz). HREIMS m/z
222 313.1307 (calcd for $\text{C}_{18}\text{H}_{19}\text{NO}_4$, 313.1314).

223 *N-trans-p-coumaroyl-3-methyldopamine* (PA15): White solid; Mp 188-190°C;
224 yield 40%. IR (film) \max 3400, 1600, 1510, 1500, 1215/cm. $^1\text{H-NMR}(\text{acetone-}d_6)$:
225 δ 2.71 (2H, t, $J = 7.3$ Hz), 3.48 (2H, m), 3.79 (3H, s), 6.47 (1H, d, $J = 15.7$ Hz), 6.65
226 (1H, dd, $J = 8.0, 2.0$ Hz), 6.73 (1H, d, $J = 2.0$ Hz), 6.81 (1H, d, $J = 2.0$ Hz), 6.86 (1H,
227 m), 7.28 (1H, $-\text{NH}$), 7.43 (1H, d, $J = 8.0$ Hz), 7.55 (1H, d, $J = 15.7$ Hz) HREIMS m/z
228 313.1318 (calcd for $\text{C}_{18}\text{H}_{19}\text{NO}_4$, 313.1314).

229

230 2.4. *In Vitro Assays*

231 2.4.1. *Assay of LDL Lipid Peroxidation*

232 Blood samples were collected from healthy male adults after a 12 h overnight
233 fasting. Sera were fractionated by ultracentrifugation (Beckman L8-80 M; R50 rotor)
234 with the density adjusted by NaBr, LDL fractions ($1.019 < d < 1.063$ g/ml). To remove
235 water-soluble antioxidants and NaBr, LDL (1.5 mg/mL) containing fractions (3-5 mL)
236 were dialyzed extensively (at 4°C / N₂) against phosphate buffer saline (PBS, 50 mM;
237 pH 7.4) in darkness. Dialyzed LDL was used for assay as soon as possible¹². After
238 dialysis, LDL was diluted with PBS to 0.9 mg cholesterol/mL. 50 µL aliquots of LDL
239 in each well of a 96-well microtiter plate were incubated with CuSO₄ (final conc. 10
240 µM) at 37°C to induce lipid peroxidation. In a routine assay, incubation was carried
241 out in the atmosphere at 37°C for 2 h (in a gyro-rotary incubator shaker at 120×g). For
242 screening, LDL was pre-incubated with the test compounds at 37°C for 1 h before
243 adding Cu²⁺. After the test compounds were added, the mixture was incubated at 37°C
244 for another 1 h. LDL oxidation was started by adding Cu²⁺. Probucol (10 µM) was
245 used as a positive control¹³. Routinely, the time course of conjugated diene formation
246 was also determined by following the increase of the UV absorption at 232 nm.
247 Prolongation of the lag phase was used present in LDL oxidation with Cu²⁺. The lag
248 phase and rate of oxidation of LDL are dependent on the contents of lipophilic
249 antioxidants, particularly α-tocopherol and polyunsaturated fatty acids in LDL which
250 may vary among individual donors.

251

252 2.4.2. *Determination of DPPH Free Radical Scavenging Activity*

253 Scavenging radical potency was evaluated using the DPPH test¹⁴. The different
254 test compounds were dissolved in ethanol. DPPH in ethanol (40 mg/L, 750 µL) was

255 added to 750 μ L of the test compounds at different concentrations in ethanol. Each
256 mixture was then shaken vigorously and held for 30 min at room temperature and in
257 the dark. The reaction mixture was taken in 96-well microtiter plates (Molecular
258 Devices, USA). The decrease in absorbance of DPPH at 517 nm was measured. A
259 blank is realized in the same conditions with 750 μ L of ethanol. α -tocopherol were
260 used as a positive control. All tests were performed in triplicate. Percent radical
261 scavenging activity by compound treatment was determined by comparison with a
262 deionized water-treated control group. IC₅₀ values denote the concentration of
263 compound which is required to scavenge 50% DPPH free radicals. The percentage of
264 DPPH decolouration is calculated as follow: Inhibition DPPH (%) = 1 - (absorbance
265 with compound/absorbance of the blank) \times 100. A plot of absorbance vs concentration
266 was made to establish the standard curve and to calculate IC₅₀ (Range from 0.001 to
267 0.000001M).

268

269 2.4.3. Determination of ORAC Assay

270 The ORAC assay as reported previously¹⁵ with slight modifications. Briefly, the
271 microplate equipped with an incubator and wavelength-adjustable fluorescence filters
272 was used to monitor for the reaction. The temperature of the incubator was set at 37°C,
273 and fluorescence filters with excitation wavelength of 480 nm and emission
274 wavelength of 5250 nm were used. AAPH was used as peroxy generator and Trolox
275 was used as a antioxidant standard. Twenty microliters of suitably diluted samples,
276 blank, and Trolox calibration solutions were loaded to clear polystyrene 96-well
277 microplates in triplicate based on a randomized layout. The plate reader was
278 programmed to record the fluorescence of fluorescein one very cycle. Kinetic reading
279 was recorded for 60 cycles with 40 s per cycle setting. Trolox standards were prepared

280 with PBS (75 mM, pH 7.0), which was used as blank. The samples were diluted with
281 PBS (75 mM, pH 7.0) to the proper concentration range for fitting the linearity range
282 of the standard curve. After loading 20 μ L of sample, standard and blank, and 200 μ L
283 of the fluorescein solution into appointed wells according to the layout, the microplate
284 (sealed with film) was incubated for at least 30 min in the plate reader, then 20 μ L of
285 peroxy generator AAPH (3.2 μ M) was added to initiate the oxidation reaction. The
286 final ORAC values were calculated using a linear equation between the Trolox
287 standards or sample concentration and net area under the fluorescence decay curve.
288 The data were analyzed using Microsoft Excel (Microsoft, Roselle, U.S.A.). The area
289 under curve (AUC) was calculated as $AUC=0.5+(R_2/R_1+R_3/R_1+\dots+0.5 R_n/R_1)$,
290 where R_1 was the fluorescence reading at the initiation of the reaction and R_n was the
291 last measurement. The net AUC was obtained by subtracting the AUC of the blank
292 from that of a sample or standard. The ORAC value was expressed as micro moles of
293 Trolox equivalent per gram sample (μ mole TE/g) using the calibration curve of
294 Trolox. Linearity range of the calibration curve was 0 to 100 μ M ($r=0.99$). For each
295 specific sample, triplicate extractions were performed.

296

297 2.4.4. Evaluation of O_2^- Release by Polymorphonuclear Leukocytes (PMNs)

298 PMNs were isolated from the venous blood¹⁶ of consenting healthy volunteers
299 (20-35 years) by double-gradient Ficoll-Hypaque centrifugation and hypotonic lysis
300 of contaminating red blood cells as previously described¹⁷. The cells were counted on
301 a hemocytometer. PMN cells (1×10^6 cells/mL) pretreated with the various test agents
302 (100 μ M/L) at 37°C for 5 min were stimulated with fMLP (1 μ M) or PMA (0.16 μ M)
303 in the presence of lucigenin (0.48 mM). The reaction mixtures were then transferred
304 to 96-well microplates and incubated at 37°C for 15 min. Extracellular O_2^- production

305 was assessed with a luminometer. Chemiluminescence generated by PMA and fMLP
306 alone respectively served as the reference controls. The percentage of superoxide
307 inhibition of the test compound was calculated as the percentage of inhibition =
308 $\{(\text{control-resting}) - (\text{compound-resting})\} \div (\text{control-resting}) \times 100$.

309

310 2.4.5. Chemiluminescence with X / XO System

311 The reaction was carried out in a reaction mixture of 200 μL containing 120 μL
312 of 50 mM Tris (pH 7.4), 48 μL of 2 mM lucigenin, and the various test compounds
313 (100 μM). Subsequently, 8 μL of XO (0.02 U/ml) was added. The reaction was
314 immediately started by the auto-injection of 24 μL of X (0.17 M). The
315 superoxide-induced lucigenin chemiluminescence was measured using a luminometer
316 (victor³; Perkin Elemer). Activities of test compounds were calculated using the
317 xanthine-inhibiting part of the chemiluminescence signal ¹⁸. The results were
318 expressed as percentages of inhibition enzyme activity.

319

320 2.5. In Vivo Assays

321 2.5.1. Animals

322 Male Sprague-Dawley rats, weighing 260-270 g, were purchased from the
323 National Laboratory Animal Center. They were kept in an air-conditioned room (23 \pm 1
324 $^{\circ}\text{C}$, 50-60% humidity) light for 12 h/day (7 AM-7 PM). Our Institutional Animal Care
325 and Use Committee approved the protocols for the animal study, and the animals were
326 cared for in accordance with the institutional ethical guideline. After acclimatizing for
327 2 weeks with a commercial non-purified diet (rodent Laboratory Chow 5001, Purina
328 Co., USA), 40 rats were divided into five groups of eight rats each. The diets were
329 synthesized as described previously ¹⁹ and included: control diet, PA1 diet (1% PA1

330 in diet), PA1 diet (2% PA1), α -tocopherol diet (1% α -tocopherol) and α -tocopherol
331 diet (2% α -tocopherol) for 8 weeks. On week 8, the rats were weighed and
332 anesthetized with diethyl ether. Blood was obtained by heart puncture with syringes.

333 Plasma was collected by centrifugation (1,000 $g \times 15 \text{ min}$) from blood and
334 analyzed using a Merck VITALAB Selectra Biochemical Autoanalyzer (Merck,
335 Germany) to determine aspartate transferase (AST), alanine transferase (ALT) and
336 alkaline phosphatase (ALP). Livers of the rats were quickly excised and weighed.
337 Both relative ratios of liver weight to body weight were obtained. The liver was stored
338 at -40°C for glutathione peroxidase (GSH-Px) and thiobarbituric acid reactive
339 substances (TBARS) determinations.

340

341 2.5.2. Antioxidant Activities

342 A 0.5 g sample of liver tissues were dissected, weighed, immersed in liquid N_2
343 for 60 s of death, and kept frozen at -70°C . Prior to enzyme determinations, thawed
344 tissue samples were homogenized on ice in 50 mM phosphate buffer (pH 7.4) and
345 centrifuged at $3,200 \times 3 \text{ g}$ for 20 min at 5°C . The supernatant was collected for
346 antioxidant enzyme determinations.

347

348 (I) Determination of CAT activity

349 The liver homogenate was dissolved in 1.0 mL of a 0.25 M sucrose buffer. Ten
350 microliters of the liver homogenate solution was added to a cuvette containing 2.89
351 mL of a 50 mM potassium phosphate buffer (pH 7.4), then the reaction was initiated
352 by adding 0.1 mL of 30 mM H_2O_2 to make a final volume of 3.0 mL at 25°C . The
353 decomposition rate of H_2O_2 was measured at 240 nm for 5 min to measure CAT
354 activity. The activity was defined as the $\mu\text{mole}/\text{min}/\text{mg}$ weight liver²⁰.

355

356 *(II) Determination of SOD activity*

357 One hundred microliters of the cytosol supernatant was mixed with 1.5 mL of a
358 Tris-EDTA-HCl buffer (pH 8.5) and 100 μ L of 15 mM pyrogallol, and then incubated
359 at 25°C for 10 min. The reaction was terminated by adding 50 μ L of 1 N HCl and the
360 absorbance at 440 nm. One unit was determined as the amount of enzyme that
361 inhibited the oxidation of pyrogallol by 50%. Hepatic SOD activity was expressed as
362 units/mg protein²¹.

363

364 *(III) Determination of GSH-Px*

365 Glutathione peroxidase (GSH-Px) levels were measured using the glutathione
366 peroxidase assay kits (Calbiochem, Inc., San Diego, CA, USA). An equal volume of
367 ice cold 10% metaphosphoric acid was added to the liver preparations. Supernatants
368 were collected after centrifugation at 1000 rpm for 10 min and analyzed for GSH-Px
369 as per manufacturer's instruction and expressed as unit/mg protein²².

370

371 *(IV) TBARS concentration*

372 The liver tissue was homogenized, the subcellular fractions and thiobarbituric
373 acid (TBA) and was incubated in boiling water for 30 min, centrifuged at 1,000 \times g for
374 25 min, and the supernatant was subsequently measured with a spectrophotometer
375 (Hitachi, Japan) at 532 nm. TBARS concentration was expressed as
376 nmolmalondialdehyde (MDA) g⁻¹ liver or mL⁻¹ serum²³.

377

378 *2.5.3. Determination Total Protein*

379 Protein content in each sample was determined by a bicinchoninic acid (BCA) protein

380 assay kit (Pierce).

381

382 *(I) Determination of serum TNF- α and NF- κ B level by ELISA*

383 Serum levels of TNF- α and NF- κ B were determined using a commercially
384 available enzyme linked immunosorbent assay (ELISA) kit (Biosource International
385 Inc., Camarillo, CA) according to the manufacturer's instruction. TNF- α and NF- κ B
386 by using a standard curve. The concentrations were both expressed by pg/mg protein.

387

388 *(II) Determination of nitric oxide/nitrite level*

389 NO concentrations was indirectly assessed by measuring the nitrite levels in
390 serum determined by a calorimetric method based on the Griess reaction. Serum
391 samples were diluted four times with distilled water and deproteinized by adding 1/20
392 volume of zinc sulphate (300 g/L) to a final concentration of 15 g/L. After
393 centrifugation at 10,000 g for 5 min at room temperature, 100 μ l supernatant was
394 applied to a microtiter plate well, followed by 100 μ l of Griess reagent (1%
395 sulphanilamide and 0.1% N-1-naphthylethylenediamine dihydrochloride in 2.5%
396 polyphosphoric acid). After 10 min of colour development at room temperature, the
397 absorbance was determined at 540 nm with a Micro-Reader (Molecular Devices,
398 Orleans Drive, Sunnyvale, CA). By using sodium nitrite to generate a standard curve,
399 the concentration of nitrite was determined at 540 nm.

400

401 *2.6. Statistical Analysis*

402 All values in the text and figures are given as means \pm S.E.M. Data are analyzed
403 by one-way analyses of variance (ANOVA) depending on the number of experimental
404 variables followed by post-hoc Dunnett's *t*-test for multiple comparisons.

405 Concentration dependence was analyzed by simple linear regression analysis of
406 response levels against concentrations of compounds and testing the slope of the
407 regression line against 0 by Student's *t*-test. Values of human neutrophils $p < 0.05$ were
408 considered significant.

409

410 **3. Results and discussion**

411 *3.1. In Vitro Evaluations*

412 *3.1.1. Inhibition of LDL Oxidation Activity*

413

414 An elevated concentration of plasma LDL is a major risk factor for
415 atherosclerosis. LDL oxidation can be studied in vitro by following the generation of
416 oxidation products during Cu^{2+} catalysed oxidation²⁴. The in vitro oxidation may
417 reflect in vivo oxidation as the resistance of LDL towards in vitro oxidation has been
418 found to be correlated with the extent of coronary atherosclerosis²⁵. Antioxidant
419 activity was based on the inhibition of conjugated diene formation. It has been
420 documented that Cu^{2+} induced Ox-LDL exhibits biological and immunological
421 properties similar to those *in vivo*. Cu^{2+} -induced Ox-LDL is recognizable by
422 scavenger receptors and causes cholesterol ester accumulation in macrophages²⁶. In
423 screening for antioxidants to inhibit LDL oxidation, this method is simple and
424 commonly used. Antioxidants able to inhibit LDL oxidation may reduce early
425 atherogenesis and slow down the progression to advance stages. Control antioxidant
426 of probucol is a lipid-lowering drug can inhibit LDL oxidation and reduce
427 atherosclerosis in experimental animals which was used as a reference antioxidant on
428 inhibition of LDL oxidation²⁷.

429 The IC_{50} value of PA1-PA15 in the inhibition of Cu^{2+} -induced LDL lipid

430 oxidation is shown in Table 2. Compounds PA 1, PA 3, PA 5, PA 7, PA 9 and PA 10
431 showed higher activities on inhibition of Cu²⁺-induced LDL oxidation than control
432 antioxidant of probucol. When phenolics function as antioxidants direct radical
433 scavenging mechanisms, they are univalently oxidized to their respective phenoxyl
434 radicals²⁸. However, until recently, these radicals had been difficult to detect by static
435 electron spin resonance (ESR) because they rapidly change to non-radical products.

436

437 *3.1.2. Effect of DPPH and ORAC Activity*

438 DPPH is one of the strategies used to evaluate the antioxidant properties of plant
439 extracts; this method has shown to be rapid and simple and it measures the capacity of
440 plant extract to the DPPH radical, a nitrogen-centred free radical²⁹. The structural
441 changes that this radical provokes on plant principles as well as the involved
442 mechanism are not clear yet³⁰.

443 Oxidative stress represents an imbalance between the production and
444 manifestation of reactive oxygen species and a biological system's ability to readily
445 detoxify the reactive intermediates or to repair the resulting damage. Disturbances in
446 the normal redox state of tissues can cause toxic effects through the production of
447 peroxides and free radicals that damage all components of the cell, including proteins,
448 lipids, and DNA. Some reactive oxidative species can even act as messengers through
449 a phenomenon called redox signaling.

450 The effect of the PAs derivatives scavenging activity of phenolic acids on the
451 DPPH radicals was investigated. For performing the DPPH assay, a solution of the
452 purple coloured DPPH radical was mixed with the test compound and the decrease of
453 the absorption was determined photometrically until a steady state was reached. The
454 concentration of phenolic acids and DPPH ethanolic solutions were 1.0×10^{-4} (Table 3).

455 The ORAC assay has been used to study the antioxidant capacity of many compounds
456 and food samples¹⁵. ORAC antioxidant capacity of PAs ranged from 21.57 μmole
457 TE/g to 49.23 $\mu\text{mole TE/g}$, the values obtained are shown in Table 3.

458 These compounds also possess a direct scavenger effect on trapping DPPH
459 radicals. α -tocopherol (the lipid soluble vitamin E analogue) was used as a positive
460 control in the study. We also found that PAs (compounds PA1, PA2, PA3, PA5 and
461 PA7) were better than α -tocopherol. The results are presented PA1 was the most
462 potent compound, nearly 3.5 times as α -tocopherol, compounds PA2, PA3 and PA7
463 also reduced DPPH radicals are efficient radical scavengers and antioxidants and
464 more effective as radical scavengers when compared with the standards α -tocopherol
465 than compounds PA4 and PA11 (Fig. 1). The investigated amides are equal or more
466 potent antioxidants for soybean and evening primrose oil with respect to α -tocopherol.
467 They are able to protect squalene against oxidation fairly well, but are inferior to
468 classic antioxidants like α -tocopherol. From these we obtained that the radical
469 scavenging activity increased with increasing numbers of hydroxy groups on catechol
470 moiety in this series of phenolic amides.

471 Catechol is a polyhydroxy organic compound, which is widely used in industry.
472 It is able to form adjacent hydrogen bonds with proton acceptors that can significantly
473 affect its reactivity and antioxidant capacity. The UV light had a synergistic effect on
474 decomposing H_2O_2 to produce reactive species for catechol oxidation. In catechol
475 oxidation under initial pH of 7.0, formic acid, acetic acid, oxalic acid, and maleic acid
476 were produced and caused solution pH decrease to acidic condition favorable for high
477 oxidation performance^{31, 32}.

478

479 *3.1.3 Evaluation of Superoxide Anions Release by Human Neutrophils and Scavenger*

480 *of Superoxide Radicals in X/XO System*

481

482 The effect of the PAs derivatives on superoxide generation in human neutrophils
483 was investigated. Superoxide anion production was induced by PMA or fMLP,
484 respectively and detected by lucigenin chemiluminescence. Neutrophilic superoxide
485 generation has been linked to various types of inflammation. The superoxide
486 generation in human neutrophils is stimulated during phagocytosis or exposure to
487 various stimuli ³³. Superoxide anion production induced by PMA or fMLP with
488 different mechanisms and detected by lucigenin chemiluminescence is carried in this
489 study ³⁴.

490 In our recently results, we found phenolic acids and their ester derivatives
491 display potent anti-inflammatory activity against PMA and fMLP-induced superoxide
492 anion production ³⁵. Here we also determined the activity of PAs in human neutrophil
493 superoxide anion production. The inhibitory effect on the PMA-induced superoxide
494 generation by PAs was PA8 (35.4%) > PA12 (33.9%) > PA10 (25%) and the
495 fMLP-induced was PA2 (74.3%) > PA9 (70.1%) > PA8 (55.3%) (Table 4).
496 Compounds PA3, PA5 and PA9 gave no effect and others showed only slight effect
497 on PMA-induced response. Most of these phenolic amides were able to affect the
498 fMLP-induced superoxide generation. Therefore, we assumed these PAs inhibited
499 preferentially fMLP-induced superoxide generation indicated a calcium-dependent
500 signaling pathway rather than a PKC-dependent mechanism.

501 Superoxide is generated in vivo by several mechanisms including the activation
502 of neutrophils and by the action of X/XO, XO enzyme is a physiological source of
503 superoxide anions in eukaryotic cells.

504 Using the X/XO system, the superoxide scavenging capacity was evaluated by

505 chemiluminescence. In early study, we found phenolic acids slightly inhibited
506 superoxide in X/XO system. Compounds PA1 (41.6%), PA4 (36.2%) and PA5
507 (36.7%) showed efficient inhibitory action on scavenging superoxide production by
508 the X/XO system, but PA7, PA8, PA10 and PA11 did not show direct quenching
509 effect on the lucigenin signals (Table 4).

510

511 3.2. Effect of Antioxidative and Anti-inflammatory in Rats

512 The hepatic antioxidant enzyme activities of SOD and CAT were increased in
513 the liver of rats treated with PA1 and α -tocopherol treated model group, however, the
514 activities of SOD and CAT of PA1 (2%) group were better than PA1 (1%),
515 α -tocopherol (1%) and α -tocopherol (2%) groups. As shown in Table 5, the hepatic
516 GSH-Px level was significantly ($p<0.05$) increased by PA1 (2%) treatment group
517 when compared with the PA1 (1%), α -tocopherol (1%) and α -tocopherol (2%)
518 groups.

519 SOD, CAT and GSH-Px play the roles to eliminate these free radicals in *in vivo*.
520 A great deal of research indicated that when organism suffered from oxidative damage,
521 its antioxidative mechanism would be activated because of the oxidation pressure,
522 causing considerable expression of antioxidant enzymes.

523 Effect of anti-inflammatory of PA1 and α -tocopherol on the serum levels of
524 TNF- α , NF- κ B and NO in rats. As shown in Table 5, the PA1 and α -tocopherol
525 treatment group caused a significant ($p<0.05$) decreased in the level of TNF- α /NF- κ B
526 in the serum when compared with the control group. Mice treated with PA1 (2%) also
527 showed a significant ($p<0.05$) decrease of NO production in serum compared with the
528 PA1 (1%), α -tocopherol (1%) and α -tocopherol (2%) groups, the production of NO in
529 model group serum was significantly decreased in the PA1 and α -tocopherol treated

530 model group compared to the control group.

531 Pro-inflammatory cytokine (TNF- α and NO), is rapidly produced by
532 macrophages in response to tissue damage. Whereas low levels of TNF- α may play a
533 role in cell protection, excessive amounts cause cell impairment. TNF- α also
534 stimulates the release of cytokines from macrophages and induces the phagocyte
535 oxidative metabolism and nitric oxide production³⁶. Activated macrophages result in
536 increases of NF- κ B-dependent inflammatory mediators³⁷. NF- κ B activation and the
537 other inflammatory factors are well-known biological markers for inflammatory
538 responses.

539 In conclusion, we prepared a series of 15 PAs and demonstrated that PA5 and
540 PA9 were better inhibitors of LDL oxidation but PA1 was the most potent compound
541 on scavenging DPPH, the superoxide generation induced by fMLP (1.0 μ M) and
542 PMA (0.16 μ M) was inhibited to various degrees with compounds PA8 and PA12
543 significantly, in human neutrophils and scavenging superoxide by X/XO system as
544 detected by lucigenin chemiluminescence is worth to note that PA1, PA2, PA4 and
545 PA5 more efficient inhibitory action on XO activity. Our results clearly showed that
546 PAs exhibited antioxidative activity. The substitution of a hydroxy or methoxy group
547 for R₁-R₅ function group led to PAs compounds endowed with very high antioxidant
548 activity. Fortification of diets with food materials rich in PAs has been shown to
549 impart antimutagenic, anti-inflammatory and antioxidant properties, which can be
550 exploited in developing health foods or cosmetics³⁸. PAs derivatives, such as caffeic
551 acid phenethyl ester (CAPE, 1) from the propolis of honeybee hives, have been
552 investigated in recent years³⁹. It has been shown that CAPE displays oxidation,
553 lipoxygenase and protein tyrosine kinase inhibition, as well as NF- κ B activation
554 properties⁴⁰. PAs may let us in developing drugs may exert their anti-inflammatory

555 action through inhibiting superoxide generation which can help aging problems such
556 as Parkinson's disease, dementia, etc, caused by oxidative stress.

557 In humans, oxidative stress is involved in many diseases. Examples include
558 Sickle cell disease ⁴¹, atherosclerosis, Parkinson's disease, heart failure, myocardial
559 infarction, Alzheimer's disease, Schizophrenia, Bipolar disorder, fragile X syndrome
560 ⁴² and chronic fatigue syndrome, but short-term oxidative stress may also be important
561 in prevention of aging by induction of a process named mitohormesis ⁴³. Reactive
562 oxygen species can be beneficial, as they are used by the immune system as a way to
563 attack and kill pathogens.

564

565 **Acknowledgements**

566 This study was supported by Ministry of Science and Technology (MOST
567 103-2622-B-040-001-CC3, MOST 104-2320-B-040-018).

568

569

570

571

572

573

574

575

576

577

578

579

580 **References**

- 581 1. D. Sumczynski, Z. Bubelova, J. Sneyd, S. Erb-Weber and J. Mlcek, Total phenolics,
582 flavonoids, antioxidant activity, crude fibre and digestibility in non-traditional
583 wheat flakes and muesli. *Food Chem.*, 2015, 174, 319–325.
- 584 2. H. J. Forman, K. J.A. Davies and F. Ursini, How do nutritional antioxidants really
585 work: Nucleophilic tone and para-hormesis versus free radical scavenging *in vivo*.
586 *Free Rad. Biol. Med.*, 2014, 66, 24–35.
- 587 3. N. Hamada and Y. Fujimichi, Role of carcinogenesis related mechanisms in
588 cataractogenesis and its implications for ionizing radiation cataractogenesis.
589 *Cancer Lett.*, 2015, *In Press*.
- 590 4. L. Zuo and M. S. Motherwell, The impact of reactive oxygen species and genetic
591 mitochondrial mutations in Parkinson's disease. *Gene*, 2013, 532, 18–23.
- 592 5. Y. F. Bao, J. Y. Li, L. F. Zheng and H. Y. Li, Antioxidant activities of cold-nature
593 Tibetan herbs are significantly greater than hot-nature ones and are associated with
594 their levels of total phenolic components. *Chin. J. Nat. Med.*, 2015, 13, 609–617.
- 595 6. N. Harris, F. Y. Kogan, G. Il'kova, S. Juhas, O. Lahmy, Y. I. Gregor, J. Koppel, R.
596 Zhuk and P. Gregor, Small molecule inhibitors of protein interaction with
597 glycosaminoglycans (SMIGs), a novel class of bioactive agents with
598 anti-inflammatory properties. *Bioch. Biophys. Acta*, 2014, 1840, 245–254.
- 599 7. Y. Zhong, Y. S. Chiou, M. H. Pan, C. T. Ho and F. Shahidi, Protective effects of
600 epigallocatechin gallate (EGCG) derivatives on azoxymethane-induced colonic
601 carcinogenesis in mice. *J. Funct. Foods*, 2012, 4, 323–330.
- 602 8. Y. Zhong, C. M. Ma and F. Shahidi, Antioxidant and antiviral activities of
603 lipophilic epigallocatechin gallate (EGCG) derivatives. *J. Funct. Foods*, 2012, 4,
604 87–93.

- 605 9. S. Sen, R. Chakraborty and B. De, Challenges and opportunities in the
606 advancement of herbal medicine: India's position and role in a global context. *J.*
607 *Herbal Med.*, 2011, 1, 67–75.
- 608 10. L. Yang, H. Jiang, Q. H. Wang, B. Y. Yang and H. X. Kuang, A new feruloyl
609 tyramine glycoside from the roots of *Achyranthes bidentata*. *Chin. J. Nat. Med.*,
610 2012, 10, 16-19.
- 611 11. I. Celik, A. Temur and I. Isik, Hepatoprotective role and antioxidant capacity of
612 pomegranate (*Punica granatum*) flowers infusion against trichloroacetic acid
613 exposed in rats. *Food Chem. Toxicol.*, 2009, 47, 145–149.
- 614 12. H. Katouah, A. Chen, I. Othman and S. P. Giese, Oxidised low density
615 lipoprotein causes human macrophage cell death through oxidant generation and
616 inhibition of key catabolic enzymes. *Int. J. Biochem. Cell Biol.*, 2015, 67, 34–42.
- 617 13. C. X. Liu, R. Liu, H. R. Fan, X. F. Xiao, X. P. Chen, H. Y. Xu and Y. P. Lin,
618 Network pharmacology bridges traditional application and modern development
619 of traditional chinese medicine. *Chin. Herbal Med.*, 2015, 7, 3–17.
- 620 14. E. S. Hwang and G. H. Kim, Biomarkers for oxidative stress status of DNA, lipids,
621 and proteins *in vitro* and *in vivo* cancer research. *Toxicology*, 2007, 229, 1–10.
- 622 15. B. J. Xu, S. H. Yuan and S. K. C. Chang, Comparative analyses of phenolic
623 composition and antioxidant capacity of cool season legumes with other selected
624 food legumes. *J. Food Sci.*, 2007, 72, S167–S177.
- 625 16. O. Sulaieva, V. Deliy and S. Zharikov, Relationship between leukocytes
626 recruitment and risk of rebleeding in patients with peptic ulcers. *Pathophysiology*,
627 2015, *In Press*.
- 628 17. M. Vazzana, M. Celi, C. Tramati, V. Ferrantelli, V. Arizza and N. Parrinello, *In*
629 *vitro* effect of cadmium and copper on separated blood leukocytes of

- 630 *Dicentrarchus labrax*. *Ecotoxicol. Environ. Saf.*, 2014, 102, 113–120.
- 631 18. J. E. Benna, P. M. C. Dang and M. B. Yaffe, The phagocyte NADPH oxidase:
632 structure and assembly of the key multicomponent enzyme of innate immunity.
633 *Encycl. Cell Biol.*, 2016, 3, 702–709.
- 634 19. Y. L. Hsieh, Y. H. Yeh, Y. T. Lee and C. Y. Huang, Protective effects of Cholestin
635 on ethanol induced oxidative stress in rats. *J. Sci. Food Agric.*, 2015; 95,
636 799–808.
- 637 20. K. Liu, Y. Zhao, F. Chen and Y. Fang, Purification and identification of
638 Se-containing antioxidative peptides from enzymatic hydrolysates of Se-enriched
639 brown rice protein. *Food Chem.*, 2015, 187, 424–430.
- 640 21. J. Yu, L. Ge, S. Liu, P. Dai, S. Ge and W. Zheng, Facile and scalable synthesis of
641 a novel rigid artificial superoxide dismutase based on modified hollow
642 mesoporous silica microspheres. *Biosens. Bioelectr.*, 2011, 26, 1936–1941.
- 643 22. D. Peng, A. Belkhiri and W. El-Rifai, Regulation of oxidative DNA damage by
644 glutathione peroxidase 7 in Barrett's tumorigenesis. *Gastroenterol.*, 2011, 140,
645 S-104.
- 646 23. B. Kong, X. Peng, Y. L. Xiong and X. Zhao, Protection of lung fibroblast MRC-5
647 cells against hydrogen peroxide-induced oxidative damage by 0.1–2.8 kDa
648 antioxidative peptides isolated from whey protein hydrolysate. *Food Chem.*,
649 2012, 135, 540–547.
- 650 24. D. de Gonzalo-Calvo, A. Cenarro, M. Martínez-Bujidos, L. Badimon, A.
651 Bayes-Genis, J. Ordonez-Llanos, F. Civeira and V. Llorente-Cortés, Circulating
652 soluble low-density lipoprotein receptor-related protein 1 (sLRP1) concentration
653 is associated with hypercholesterolemia: A new potential biomarker for
654 atherosclerosis. *Int. J. Cardiol.*, 2015, 201, 20–29.

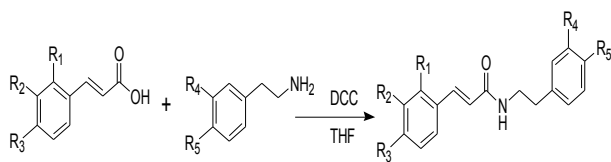
- 655 25. K. Nakajima, T. Nakano and A. Tanaka, The oxidative modification hypothesis of
656 atherosclerosis: the comparison of atherogenic effects on oxidized LDL and
657 remnant lipoproteins in plasma. *Clin. Chim. Acta*, 2006, 367, 36–47.
- 658 26. M. Rosenblat, N. Volkova, R. Coleman, Y. Almagor and M. Aviram,
659 Antiatherogenicity of extra virgin olive oil and its enrichment with green tea
660 polyphenols in the atherosclerotic apolipoprotein-E-deficient mice: enhanced
661 macrophage cholesterol efflux. *J. Nutr. Biochem.*, 2008, 19, 514–523.
- 662 27. F. Otsuka, M. C. A. Kramer, P. Woudstra, K. Yahagi, E. Ladich, A. Loke V. Finn,
663 Robbert J. de Winter, Frank D. Kolodgie, Thomas N. Wight, Harry R. Davis, M.
664 Joner and R. Virmani, Natural progression of atherosclerosis from pathologic
665 intimal thickening to late fibroatheroma in human coronary arteries: A pathology
666 study. *Atherosclerosis*, 2015, 241, 772–782.
- 667 28. F. M. F. Roleira, E. J. Tavares-da-Silva, C. L. Varela, S. C. Costa, T. Silva, J.
668 Garrido, and F. Borges, Plant derived and dietary phenolic antioxidants:
669 Anticancer properties. *Food Chem.*, 2015, 183, 235–258.
- 670 29. M. E. Letelier, A. Molina-Berrios, J. Cortés-Troncoso, J. Jara-Sandoval, M. Holst,
671 K. Palma, M. Montoya, D. Miranda and V. González-Lira, DPPH and oxygen
672 free radicals as pro-oxidant of biomolecules. *Toxicol In Vitro* 2008, 22, 279–286.
- 673 30. Y. Zhang, Y. Shen, Y. Zhu and Z. Xu, Assessment of the correlations between
674 reducing power, scavenging DPPH activity and anti-lipid-oxidation capability of
675 phenolic antioxidants. *LWT-Food Sci. Technol.*, 2015, 63, 569–574.
- 676 31. M. A. Varfolomeev, A. E. Klimovitskii, D. I. Abaidullina, T. I. Madzhidov and B.
677 N. Solomonov, “Additive” cooperativity of hydrogen bonds in complexes of
678 catechol with proton acceptors in the gas phase: FTIR spectroscopy and quantum
679 chemical calculations. *Spectrochim. Acta A Mol. Biomol. Spectrosc.*, 2014, 91,

- 680 75–82
- 681 32. W. Li, Y. Wang and A. Irini, Effect of pH and H₂O₂ dosage on catechol oxidation
682 in nano-Fe₃O₄ catalyzing UV–Fenton and identification of reactive oxygen species,
683 *Chem. Eng. J.*, 2014, 244, 1–8
- 684 33. B. Friedrichs, U. Neumann, J. Schüller and M. J. Peck, Cigarette-smoke-induced
685 priming of neutrophils from smokers and non-smokers for increased oxidative
686 burst response is mediated by TNF- α . *Toxicol. In Vitro*, 2014, 28, 1249–1258.
- 687 34. X. Ren, F. Lv, B. Fang, S. Liu, H. Lv, G. He, H. Ma, Y. Cao and Y. Wang,
688 Anesthetic agent propofol inhibits myeloid differentiation factor 88-dependent
689 and independent signaling and mitigates lipopolysaccharide-mediated reactive
690 oxygenspecies production in human neutrophils *in vitro*. *Eur. J. Pharm.*, 2014,
691 744, 164–172.
- 692 35. Y. T. Lee, M. J. Don, C. H. Liao, H. W. Chiou, C. F. Chen and L. K. Ho, Effects of
693 phenolic acid esters and amides on stimulus-induced reactive oxygen species
694 production in human neutrophils. *Clin. Chim. Acta*, 2005, 352, 135–141.
- 695 36. T. Leibovich-Rivkin, Y. Liubomirski, B. Bernstein, T. Meshel and A. Ben-Baruch,
696 Inflammatory factors of the tumor microenvironment induce plasticity in
697 nontransformed breast epithelial cells: EMT, invasion, and collapse of normally
698 organized breast textures. *Neoplasia*, 2013, 15, 1330–1346.
- 699 37. P. Di Tomo, R. Canali, D. Ciavardelli, S. Di Silvestre, A. De Marco, A.
700 Giardinelli, C. Pipino, N. Di Pietro, F. Virgili and A. Pandolfi, β -Carotene and
701 lycopene affect endothelial response to TNF- α reducing nitro-oxidative stress
702 and interaction with monocytes. *Mol. Nutr. Food Res.*, 2012, 56, 217–227.
- 703 38. D. Kalita, D. G. Holm and S. S. Jayanty, Role of polyphenols in acrylamide
704 formation in the fried products of potato tubers with colored flesh. *Food Res. Int.*,

- 705 2013, 54, 753–759.
- 706 39. K. Wang, J. Zhang, S. Ping, Q. Ma, X. Chen, H. Xuan, J. Shi, C. Zhang and F. Hu,
707 Anti-inflammatory effects of ethanol extracts of Chinese propolis and buds from
708 poplar (*Populus canadensis*). *J. Ethnopharmacol.*, 2014, 155, 300–311.
- 709 40. J. Hyeog Choi, K. H. Roh, H. Oh, S. J. Park, S. M. Ha, M. S. Kang, J. H. Lee, S. Y.
710 Jung, H. Song, J. W. Yang and S. G. Park, Caffeic acid phenethyl ester lessens
711 disease symptoms in an experimental autoimmune uveoretinitis mouse model.
712 *Exp. Eye Res.*, 2015, 134, 53–62.
- 713 41. J. Amer, H. Ghoti, E. Rachmilewitz, A. Koren, C. Levin and E. Fibach, Red blood
714 cells, platelets and polymorphonuclear neutrophils of patients with sickle cell
715 disease exhibit oxidative stress that can be ameliorated by antioxidants. *Brit. J*
716 *Haematol.*, 2006, 132, 108–113
- 717 42. Y. De Diego-Otero, Y. Romero-Zerbo, R. el Bekay, J. Decara, L. Sanchez, F.
718 Rodriguez-de Fonseca and I. del Arco-Herrera Alpha-tocopherol protects against
719 oxidative stress in the fragile X knockout mouse: an experimental therapeutic
720 approach for the Fmr1 deficiency. *Neuropsychopharmacology*, 2009, 34,
721 1011–1026.
- 722 43. D. Gems and L. Partridge, Stress-response hormesis and aging: that which does
723 not kill us makes us stronger. *Cell Metab.*, 2008, 7, 200–203.
- 724
725
726
727
728
729
730

731 Table 1. Structure of phenolic amides (PA1-PA15)

Compound	R ₁	R ₂	R ₃	R ₄	R ₅
PA1	OH	H	H	OH	OH
PA2	H	OH	H	OH	OH
PA3	H	H	OH	OH	OH
PA4	H	OMe	OH	OH	OH
PA5	H	OH	OMe	OH	OH
PA6	OH	H	H	OMe	OH
PA7	H	OH	H	OMe	OH
PA8	H	H	OH	OMe	OH
PA9	H	OMe	OH	OMe	OH
PA10	H	OH	OMe	OMe	OH
PA11	OH	H	H	OH	OMe
PA12	H	OH	H	OH	OMe
PA13	H	H	OH	OH	OMe
PA14	H	OMe	OH	OH	OMe
PA15	H	OH	OMe	OH	OMe



- 1, R₁=OH, R₂=R₃=H
 2, R₁=R₃=H, R₂=OH
 3, R₁=R₂=H, R₃=OH
 4, R₁=H, R₂=OMe, R₃=OH
 5, R₁=H, R₂=OH, R₃=OMe

- a, R₄=R₅=OH
 b, R₄=OMe, R₅=OH
 c, R₄=OH, R₅=OMe

PA1-PA15

732

733

734

735

736

737 Table 2. The IC₅₀ value^a of phenolic amides (PA1-PA15) in the inhibition of Cu²⁺-induced LDL lipid oxidation

Compound	LDL oxidation IC ₅₀ (μM) ^a	Rel. potency to probucol ^c
PA1	3.2 ± 0.3	1.3 ± 0.2
PA2	3.7 ± 0.2	1.0 ± 0.1
PA3	5.0 ± 0.8	1.1 ± 0.1
PA4	3.6 ± 0.1	0.8 ± 0.1
PA5	3.3 ± 0.4	1.4 ± 0.0
PA6	7.1 ± 0.5	0.5 ± 0.3
PA7	4.0 ± 0.7	1.2 ± 0.1
PA8	9.9 ± 1.0	0.4 ± 0.2
PA9	2.9 ± 0.1	1.4 ± 0.2
PA10	3.1 ± 0.4	1.3 ± 0.1
PA11	5.9 ± 1.1	1.0 ± 0.1
PA12	5.8 ± 1.2	0.4 ± 0.1
PA13	4.1 ± 0.6	0.7 ± 0.1
PA14	3.0 ± 0.3	0.7 ± 0.1
PA15	2.8 ± 0.3	1.0 ± 0.1
Probucol ^b	3.9 ± 0.2	1.0

738 ^a Results of inhibition LDL oxidation were expressed as mean ± S.E.M. from three experiments with duplicated
739 determination, where human blood samples were taken as the test sources. Each IC₅₀ value indicated the
740 concentration of compounds required to inhibit the formation of conjugated diene in Cu²⁺-induced LDL oxidation
741 by 50%.

742 ^b Probucol was used as a positive control drug.

743 ^c The relative potency of each compound was expressed as IC₅₀ (Probucol) / IC₅₀ (Compound). For a compound
744 exhibiting equal relative potency value was set as 1.0. Since the IC₅₀ values are LDL dependent, the IC₅₀ of
745 probucol in the same LDL preparation used for assay was also enclosed.
746
747
748
749
750
751
752
753

754 Table 3. Scavenging activity of antioxidants for DPPH radical^a and ORAC; data are
755 shown as IC₅₀ (μM)^b and percentage inhibition at 0.1M of antioxidants^c

Compound ^e	Inhibition,% (±S.E.M.)	IC ₅₀ (M)	Relative potency ^d	Antioxidant capacity (μmole TE/g)
α-tocopherol	51.0 ± 0.1	9.68 × 10 ⁻⁵	1.0	32.56±1.16
PA1	78.3 ± 0.1	2.78 × 10 ⁻⁵	3.48	49.23±2.26
PA2	73.8 ± 0.1	3.64 × 10 ⁻⁵	2.66	41.52±0.32
PA3	72.8 ± 0.1	4.54 × 10 ⁻⁵	2.13	42.21±0.15
PA4	24.1 ± 0.3	4.06 × 10 ⁻⁴	0.24	23.21±0.23
PA5	63.9 ± 0.1	6.98 × 10 ⁻⁵	1.39	35.78±1.16
PA6	42.7 ± 0.1	1.65 × 10 ⁻⁴	0.59	26.62±0.21
PA7	76.0 ± 0.5	3.45 × 10 ⁻⁵	2.81	45.58±0.23
PA8	45.4 ± 0.2	1.55 × 10 ⁻⁴	0.63	22.32±0.23
PA9	33.5 ± 0.4	2.88 × 10 ⁻⁴	0.34	23.52±1.26
PA10	38.9 ± 0.4	2.17 × 10 ⁻⁴	0.45	27.63±0.21
PA11	31.5 ± 1.1	8.74 × 10 ⁻⁴	0.11	26.23±0.15
PA12	33.7 ± 0.6	2.79 × 10 ⁻⁴	0.35	22.32±0.13
PA13	28.4 ± 1.2	3.48 × 10 ⁻⁴	0.28	21.57±0.20
PA14	33.8 ± 0.3	2.79 × 10 ⁻⁴	0.35	25.65±1.13
PA15	38.0 ± 0.3	2.25 × 10 ⁻⁴	0.43	23.78±0.22

756 ^a The final concentration of DPPH ethanolic solution was 1.0 × 10⁻⁴ M.

757 ^b The IC₅₀ (M) values were calculated from the slope equations of the dose-response curves.

758 ^c Values are expressed as mean ± S.E.M. from three independent experiments. Values with different
759 superscripts are significant difference (*p*<0.05).

760 ^d The relative potency of each compound was expressed as IC₅₀ (α-tocopherol) / IC₅₀ (compound).
761 α-tocopherol, relative potency value was set as 1.0.

762

763

764

765

766

767

768

769

770

771

772 Table 4. Inhibition (%) of phenolic amides (PA1-PA15) on PMA- or fMLP-induced
 773 superoxide generation in human neutrophils and scavenging superoxide by
 774 xanthine/xanthine oxidase system

Compound	PMA	fMLP	xanthine/xanthine oxidase
PA1	15.2 ± 4.9	52.4 ± 14.1	41.6 ± 1.7
PA2	16.2 ± 7.1	74.3 ± 10.6	27.6 ± 1.3
PA3	No effect	43.0 ± 8.6	14.4 ± 7.2
PA4	8.3 ± 4.1	13.9 ± 7.2	36.2 ± 1.9
PA5	No effect	9.2 ± 5.2	36.7 ± 2.5
PA6	15.7 ± 4.5	33.1 ± 1.3	8.5 ± 2.6
PA7	11.3 ± 6.3	23.7 ± 8.9	No effect
PA8	35.4 ± 7.4	55.3 ± 3.4	No effect
PA9	No effect	70.1 ± 1.1	2.3 ± 0.2
PA10	25.0 ± 2.2	47.7 ± 13.0	No effect
PA11	15.8 ± 7.8	48.2 ± 3.9	No effect
PA12	33.9 ± 8.2	50.7 ± 2.2	2.0 ± 0.5
PA13	8.9 ± 3.9	32.5 ± 3.6	9.7 ± 0.1
PA14	7.7 ± 2.1	14.8 ± 1.3	6.0 ± 0.5
PA15	21.9 ± 1.9	17.2 ± 5.0	17.9 ± 0.9

775 The cells were preincubated with 100 µmmol/l of compounds for 5 min prior to the addition of PMA
 776 (0.16 µmmol/l) or fMLP (1.0 µmmol/l). Results are expressed as mean ± S.E.M. from six
 777 independent experiments.

778

779

780

781

782

783

784

785

786

787 Table 5. Effect of PA1 and α -tocopherol on SOD, CAT, GPx, GR, TNF- α , NF- κ B and NO levels in SD rats

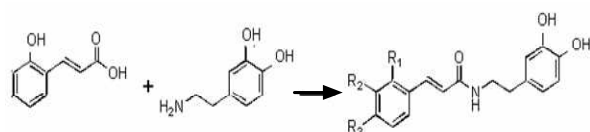
Levels	Control ^x	PA1 (1%) ^y	PA1 (2%)	α -Tocopherol (1%)	α -Tocopherol (2%)
SOD (unit/mg weight liver)	1.15±0.08 ^a	1.69±0.05 ^b	1.83±0.06 ^c	1.46±0.07 ^b	1.57±0.06 ^b
CAT (μ mole/min/mg weight liver)	125±11 ^a	157±16 ^b	188±15 ^c	146±13 ^b	153±15 ^b
GSH-Px (μ M/g weight liver)	36.5±6.7 ^a	65.5±55.2 ^b	89.5±7.2 ^c	68.5±5.6 ^b	73.6±6.5 ^b
TBARS (nM/ml weight liver)	0.027±0.001 ^a	0.022±0.02 ^b	0.018±0.001 ^c	0.022±0.001 ^b	0.021±0.002 ^b
TBARS (nM/ml weight plasma)	1.92±0.06 ^a	1.58±0.05 ^b	1.23±0.03 ^c	1.52±0.05 ^b	1.47±0.06 ^b
TNF- α (pg/ml)	88±2 ^c	77±6 ^b	66±5 ^a	75±3 ^b	69±7 ^b
NF- κ B (pg/ml)	95±5 ^c	76±2 ^b	69±3 ^a	73±6 ^b	61±2 ^b
NO (μ m)	5.3±0.1 ^b	4.6±0.2 ^a	4.3±0.3 ^a	4.3±0.5 ^a	4.2±0.3 ^a

788 SOD: superoxide dismutase, CAT: catalase, GSH-Px: glutathione peroxidase, TBARS: thiobarbituric acid reactive substances, TNF- α : tumor necrosis
 789 factor- α , NF- κ B: nuclear factor-kappa B, NO: nitric oxide.

790 ^x Different letters (a-c) are significantly different between the control and treated groups ($p < 0.05$), Mean \pm SD (N = 8).

791 ^y 1% at doses of 16.67 mg/kg, 2% at doses of 33.34 mg/kg.

792



793

794 2-hydroxycinnamic acid 3-hydroxytyramine *N-trans-O-coumaroyldopamine* (PA1)

795

796

797

798

799

800

801

802

803

804

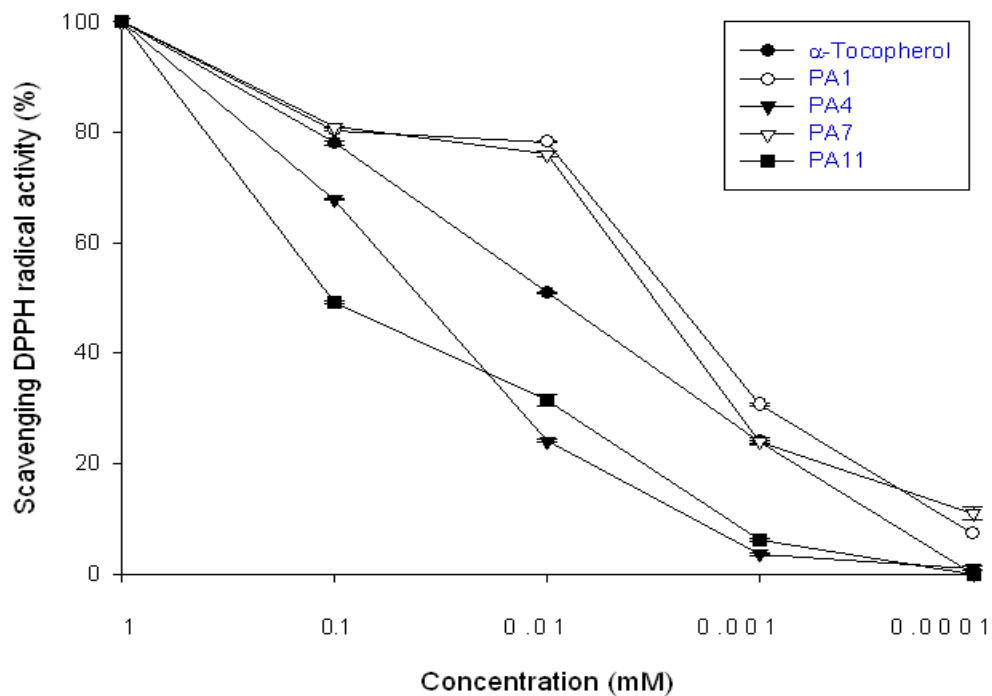
805

806

807

808

809



810

811 Fig. 1 Selected compounds PA1, PA4, PA7 and PA11 showed a dose-dependent
812 manner in scavenging activity of DPPH radical. Each point is expressed as
813 mean \pm S.E.M. of triplicate.

814

815

816

817

818