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2 Modification of peptide functionality during enzymatic hydrolysis of whey proteins

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24 Abstract

25 Peptides derived from food proteins have shown promise as active ingredients for functional
26 food formulation. Due to their reactivity, we evaluated the effects of conditions used for
27 enzymatic hydrolysis of whey protein isolate (WPI) on the functionality of the resulting peptides.
28 Free amino contents were increased when papain and Alcalase were used for WPI hydrolysis,
29 but the proteins (especially β -lactoglobulin) were mostly resistant to pepsin activity. The release
30 of peptides during WPI hydrolysis was associated with increase in ferric reducing capacity, but
31 there were also notable decreases in the redox-active sulfhydryl (SH) groups in the papain and
32 Alcalase reactions. Apparently, the reducing capacity of the hydrolysates was not dependent on
33 their SH contents, which could have been utilised in disulfide formation. Moreover, considering
34 that the WPI contained 1% lactose and other sugars, we observed that intermediate and advanced
35 Maillard reaction products (MRPs) were formed during WPI hydrolysis, and this can directly
36 impact both the reducing capacity and SH content of peptides. MRPs, such as reductones, can be
37 highly antioxidative and possibly contributed to the reducing capacity observed for the protein
38 hydrolysates, even with the depletion of the SH moieties. A model Maillard reaction with
39 arginine, lactose or glucose, and reduced glutathione was used to confirm SH depletion in the
40 presence of MRPs, and this was attributed to nucleophilic reaction with carbonyl derivatives
41 generated during the non-enzymatic glycation reaction. Although this can be an opportunity for
42 generating strong redox-active ingredients, it presents some challenges particularly when the
43 native structure of peptides needs to be conserved for particular biological properties.

44

45 Keywords: Bioactive peptides; Reducing capacity; Enzymatic hydrolysis; Sulfhydryl group;
46 Maillard reaction; Whey proteins

47 **1. Introduction**

48 There is a growing evidence of the link between food and health, and particularly the beneficial
49 roles of food-derived bioactive peptides in the management of health aberrations in humans. A
50 myriad of food proteins are known to be precursors of bioactive peptides.¹ However, the
51 development of bioactive peptides into functional food products can be impeded by a number of
52 factors including limited clinical evidence of efficacy in human subjects, and issues with the
53 sensory properties (particularly bitterness), absorption, oral bioavailability and physiological
54 stability of the peptides.^{2,3} Moreover, there is a dearth of knowledge of the compatibility of
55 peptide in different food matrices and the possibility of release of peptide derivatives that may
56 alter their biological functions.

57 In order to produce bioactive peptides, food proteins are subjected to enzymatic
58 hydrolysis at the optimum conditions of the hydrolytic proteases.¹ To date, limited consideration
59 has been given to the possible effects of differences in protease specificity, the optimum reaction
60 conditions (e.g. temperature, pH) and heat inactivation of proteases on the chemical functionality
61 and bioactivity of the resulting peptides within the protein hydrolysates. Although not conducted
62 at extreme conditions, protein hydrolyses are usually extensive and conducted at the hydrolytic
63 optimum condition of the proteases for a prolonged duration (typically 2-5 h). This can
64 encourage side reactions leading to changes in the structure of the generated peptides.⁴ Since
65 peptides are more reactive than intact proteins owing to their reactive nucleophilic amino,
66 carboxylic acid and sulfhydryl groups, they are susceptible to physicochemical alterations during
67 food processing⁴, and this can alter their biological properties. For instance, we recently observed
68 that the amount of reactive sulfhydryl (SH) group of a whey protein hydrolysate was different
69 from that of the protein precursor (unpublished), and it was not apparent if the final hydrolysate

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70 product contained the peptides in their natural and modified states. Therefore, the objective of
71 this study was to evaluate the effect of three proteases that differ in their specificity and
72 hydrolytic optimum conditions (pH, temperature) on SH functionality and ferric reducing
73 capacity of the peptides resulting from the enzymatic hydrolysis of whey proteins. We also
74 investigated the potential interactions occurring between reactive SH of the peptides and the
75 complex hydrolysate matrix.

76

77 **2. Materials and Methods**

78 *2.1. Whey protein hydrolysis:* Bovine whey protein isolate (WPI) powder was purchased from
79 Bulk Barn Foods Ltd. (Truro, NS Canada). A 5% (w/v) suspension of WPI was subjected to
80 hydrolysis with papain from papaya latex (E.C. 3.4.22.2) at E/S ratio of 1:100 (w/w) at 65°C and
81 pH 7.0 for 5 h. The pH was maintained during hydrolysis by the addition of 0.1 M NaOH.
82 Similarly, WPI hydrolysis was conducted with Alcalase, a protease from *Bacillus licheniformis*
83 (≥ 2.4 U/g), at 55°C and pH 8.3 and pepsin from porcine gastric mucosa (E.C. 3.4.23.1) at 37°C
84 and pH 2.0. Two sets of samples were withdrawn every 30 min during hydrolysis. One sample
85 set was heated to 95°C for 15 minutes to terminate the enzymatic activity, while the other set was
86 placed on ice for the same duration. Thereafter, the whey protein hydrolysates (WPH) were
87 stored at -20°C for further analysis.

88

89 *2.2. Free amino group determination:* Free amino content in the WPH was determined by the O-
90 phthaldehyde (OPA) method reported by Nielsen *et al.*⁵ WPH (33 μ L) was added to 250 μ L of the
91 OPA reagent and absorbance was measured at 340 nm after 2 min. Serine (0.1 mg/mL) was used

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92 as the standard and the amount of free amino group was calculated as milliequivalent serine
93 NH_2/g protein.

94

95 *2.3. Sodium dodecyl sulphate-polyacrylamide gel electrophoresis (SDS-PAGE):* WPI and the
96 hydrolysates withdrawn at 1, 2, 4 and 5 h were diluted 8 times (or 10 times for pepsin reaction
97 samples) in deionized water. The diluted samples (30 μL) were mixed with 10 μL of sample
98 buffer (containing SDS and β -mercaptoethanol) and incubated at 50°C for 10 min. Then, 20 μL
99 was loaded on a 12% polyacrylamide SDS gel, and electrophoresis was carried out in a Mini-
100 Protean Tetra System cell at 75 V. The gel was washed afterwards, stained with Coomassie
101 Brilliant Blue (1%, R250) and then visualized using Bio-Rad ChemDoc™ MP Imaging system
102 and Image Lab 5.2 software (Hercules, CA, USA).

103

104 *2.4. Ferric reducing capacity:* The ferric reducing antioxidative capacity of the protein
105 hydrolysates was determined as reported by Pownall *et al.*⁶, with modifications. The protein
106 hydrolysates were diluted 12.5 times, mixed with equal volume (250 μL) of potassium
107 ferricyanide (1% in 0.2 M phosphate buffer, pH 6.6) and incubated at 50°C for 20 min followed
108 by the addition of 10% trichloroacetic acid. Thereafter, 250 μL of the mixture was combined
109 with 200 μL of deionized water and 50 μL of FeCl_3 followed by incubation for 10 min at room
110 temperature and measurement of absorbance at 750 nm. Reduced L-glutathione (GSH) was used
111 to prepare the standard curve and ferric reducing capacity was expressed as mM GSH equivalent.

112

113 *2.5. Sulfhydryl group (SH) determination:* The SH content of the protein hydrolysates was
114 determined as reported by Van der Plancken *et al.*⁷, with modifications. Briefly, samples were

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115 diluted 10 times with 0.1 M Tris-glycine buffer (pH 8.3) containing 5% SDS. Thereafter, 10 μ L
116 of 5,5'-dithiobis(2-nitrobenzoic acid) (4 mg/mL in the Tris-glycine buffer) was mixed with 1 mL
117 of the diluted samples and incubated at 40°C for 30 min. The mixtures were then centrifuged at
118 $5,000 \times g$ for 5 min and absorbance of the supernatant measured at 412 nm. Extinction
119 coefficient of $14,150 \text{ M}^{-1}\text{cm}^{-1}$ was used to calculate the SH content, which was expressed as μM
120 SH/mg protein.⁷

121
122 *2.6. Maillard reaction products (MRPs) determination:* The presence of MRPs in the
123 hydrolysates was determined by measuring the absorbance of 10-fold diluted sample solutions at
124 294 nm and 420 nm, for detecting intermediate and advanced MRPs, respectively. The
125 intermediate products were also detected by measuring fluorescence at excitation and emission
126 wavelengths of 347 nm and 420 nm, respectively.

127
128 *2.7. Model Maillard reaction:* The model reactions were set up as follows: S1 comprising of 5%
129 Arg (w/v), 1% lactose or glucose, and 0.5 mg/mL GSH; S2 comprising of 5% Arg and 0.5
130 mg/mL GSH; and S3 comprising of 5% Arg and 1% lactose or glucose. Lactose+GSH,
131 glucose+GSH and GSH only were also set up as controls. The reaction set ups were incubated at
132 65°C for 5 h, similar to the papain reaction condition during WPI hydrolysis. Thereafter, the SH
133 content and intermediate MRPs were determined before and after incubation.

134
135 *2.8. Statistical analysis:* Assays were conducted in triplicates and expressed as mean \pm standard
136 deviation. Statistical significance of difference was analysed by one-way analysis of variance
137 followed by Holm-Sidak multiple comparison test using SigmaPlot 12.1 (Systat Software, San

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138 Jose, CA, USA). Relationships between the sample properties was analysed by Spearman's Rank
139 Order Correlation (r_s) using SigmaPlot 12.1.

140

141 3. Results and Discussion

142 *3.1. Free amino contents and protein profile during WPI hydrolysis:* As shown in Figs. 1A and
143 1B, the amount of free amino group progressively increased with time for papain and Alcalase
144 reactions, indicating peptide bond cleavage. This process is known to release peptides that are
145 more bioactive than the parent proteins.¹ Alcalase catalysis was found to release slightly higher
146 free amino content than papain, except for the heat-inactivated sample at 5 h, and this can be
147 attributed to the broader specificity of the microbial protease.⁸ However, pepsin activity did not
148 result in substantial increase in free amino content and had a degree of hydrolysis as low as 3%
149 (Fig. 1C). These findings are reflected in the SDS-PAGE profiles in Figs. 2A-C. The major whey
150 proteins, β -lactoglobulin (β -LG) and α -lactalbumin (α -LA), were completely hydrolysed by both
151 papain and Alcalase during the 5-h reaction with the appearance of lower MW peptide bands
152 (Figs. 2A & 2B). However, β -LG can be largely resistant to peptic proteolysis^{9,10} and has been
153 found to be structurally stable at acidic pH with more internal hydrogen bonds,¹⁰ which can
154 contribute to the resistance to pepsin digestion. This was confirmed in this study as shown in Fig.
155 2C, which also shows the susceptibility of α -LA to peptic digestion. After hydrolysis, heat
156 inactivation of the proteases at 95°C did not appear to have substantially affected the net free
157 amino content of the resulting hydrolysates, except for the difference ($p < 0.05$) observed at 3.5 h
158 for the Alcalase reaction. However, SDS-PAGE revealed apparent differences between heat and
159 cold inactivation especially for products derived from Alcalase and pepsin reactions. In the
160 Alcalase reaction inactivated by heat, there were remnants of the major protein bands at 1 h, and

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161 these disappeared as the reaction progressed to 5 h (Fig. 2B). Conversely, the major protein
162 bands were not observed for cold inactivation, where a lower MW band at 1 h persisted for the
163 hydrolysis duration. It is likely that Alcalase was not inactivated on ice thereby leading to
164 continued reaction and complete hydrolysis of the major whey proteins. This was also observed
165 for the cold-treated pepsin reaction products, which did not show α -LA band even at 1 h (Fig.
166 2C). The SDS-PAGE also showed that bovine serum albumin was hydrolysed by all the
167 treatments whereas lactoferrin appeared to have remained in the hydrolysate after pepsin
168 reaction. Random and spontaneous structural changes, such as N-terminal cyclisation, can result
169 during heat treatment of peptides leading to loss of the free amino group. For instance, N-
170 terminal glutamine residues are susceptible to heat-induced cyclisation forming pyroglutamate.⁴
171 However, there was no apparent difference in the net amino contents of the heat-inactivated and
172 cold-treated hydrolysates after 5 h of hydrolysis, although this does not preclude the formation of
173 cyclized products which can be unstable and hydrolysed in the aqueous environment.⁴

174

175 *3.2. Reducing capacity during WPI hydrolysis:* Protein hydrolysis has been reported to increase
176 the ferric reducing (antioxidative) capacity of the resulting protein products.¹¹ As shown in Figs.
177 3A-C, the hydrolysates showed varying capacities in reducing ferric to ferrous ions measured as
178 the equivalent to GSH activity. Reducing capacity was found to remain mostly unchanged during
179 WPI hydrolysis with Alcalase and pepsin, except for the slight differences observed at the mid
180 hydrolysis stage for the pepsin reaction (Figs. 3B, 3C). Although the latter had extremely low
181 degree of hydrolysis (Fig. 1C), its reducing capacity was close to values obtained for the more
182 extensively hydrolysed product from the Alcalase reaction. Conversely, time-dependent increase
183 in ferric reducing capacity was observed when papain was used for WPI hydrolysis (Fig. 3A)

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184 with the cold-treated hydrolysates showing significantly higher ($p < 0.05$) reducing capacity than
185 the heat-inactivated sample with maximum values of 0.86 ± 0.04 and 0.32 ± 0.02 mM GSH
186 equivalent, respectively after 5 h. This clearly indicates the impact of heat-induced protease
187 inactivation, following WPI hydrolysis with papain, on the antioxidative capacity of the resulting
188 peptide products. For the cold-treated protein hydrolysate from papain reaction, reducing
189 capacity was found to initially decrease and later increased after 2 h, suggesting evolution of the
190 redox-active factors with more extensive hydrolysis. Low molecular size has been thought to be
191 an important factor in determining peptide bioactivity, including their reducing capacity.^{1,11}
192 Although the small size of peptides can enhance solvent accessibility in bioassay matrices, the
193 more accepted mechanisms of the antioxidative capacity of peptides involve direct scavenging of
194 free radicals and chelation of prooxidant metals.^{1,12} Moreover, the reducing capacity of peptides
195 has been linked to their redox-active SH of cysteine residues, which can readily donate electrons
196 in the oxidative system.¹² Therefore, the SH dynamics during WPI hydrolysis is expected to offer
197 insight on possible structural changes that led to differences in the reducing capacity of the
198 protein hydrolysates.

199
200 *3.3. SH contents during WPI hydrolysis:* Protein hydrolysis is thought to result in the cleavage of
201 disulfide linkages in native protein structures, thus, the resulting hydrolysates are expected to
202 possess similar or higher SH content compared to the protein precursors. Primary structures
203 derived from UniProtKB indicate that the major bovine whey proteins contain 23 disulfide
204 linkages (two in β -LG, four in α -LA and 17 in albumin) and two free SH groups in the native
205 structures. Thus, enzymatic proteolysis is expected to release more SH groups as recently
206 reported for corn glutelin, which had decreased number of disulfide linkages after enzymatic

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207 hydrolysis.¹¹ Conversely, we observed significant decreases ($p < 0.05$) in SH contents during WPI
208 hydrolysis with papain and Alcalase (Figs. 4A, 4B). Papain catalysis resulted in a gradual
209 decrease in SH content with up to 50% loss at the end of hydrolysis, compared to hydrolysis with
210 Alcalase where a rapid decrease in SH was observed to occur with a plateau at 2 h. In the latter,
211 SH was found to decrease by up to 50% within the first 30 min and by 6 folds at the end of 5 h.
212 However, WPI hydrolysis with pepsin did not affect the SH content, which remained the same
213 for the hydrolysis duration (Fig. 4C). The SH content reduction was initially thought to be due to
214 oxidation of the exposed cysteine residues leading to inter- and intramolecular disulfide linkages
215 in the whey peptides. This was considered to be a major factor for the reduction of SH groups
216 since disulfide linkages are quite easily formed in proteins and peptides even under mild
217 conditions.⁴ Nevertheless, since the SH content did not change when pepsin was used for protein
218 hydrolysis, it becomes clear that SH loss was higher in samples with higher amino group content
219 (i.e. higher degree of hydrolysis; Figs. 1A-C) and for the reactions catalysed by proteases with
220 optimum conditions at higher temperatures (i.e. 65°C for papain and 55°C for Alcalase).

221 Heat inactivation of the proteases after hydrolysis did not cause notable changes in the
222 SH content of WPH during hydrolysis. In fact, cold treatment after hydrolysis was observed to
223 result in slight decreases in the reactive SH at mid-to-late stages of hydrolysis with Alcalase (Fig.
224 4B), indicating possible disulfide formation. It is also apparent from the findings that the SH
225 content dynamics have no major bearing on the reducing potential (Fig. 3A-C), especially for the
226 protein hydrolysate generated with papain. The SH groups are theoretically liberated from
227 disulfides during protein hydrolysis, but found to decrease in this case (Fig. 4A) even with
228 increase in the reducing capacity (Fig. 3A). For all the samples combined, Spearman Rank Order
229 correlation indicated a negative relationship between the SH and reducing capacity ($r_s = -0.363$,

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230 P=0.005, n=58). This suggests that factors in addition to the SH of cysteine residues are
231 contributing to the total reducing capacity of the protein hydrolysates.

232

233 *3.4. MRPs formation during enzymatic WPI hydrolysis:* Maillard reaction can occur when heat is
234 applied to a mixture of reducing sugars and amino acids, peptides or proteins. The non-

235 enzymatic glycation reaction can also occur under a wide range of conditions, even at room

236 temperature, albeit at slower rates.¹³ Heat treatment of whey protein has been reported to lead to

237 lactosylation of β -LG.¹⁴ Considering that the WPI used in this study contains 1% (w/w) lactose

238 and other sugars, we evaluated MRPs formation during protein hydrolysis by absorbance and

239 fluorescence measurements. As shown in Figs. 5A-C, absorbance values of the hydrolysates at

240 294 nm increased over the 5-h duration for papain and Alcalase reactions, and not for the pepsin

241 reaction, suggesting the formation of intermediate MRPs. This was then confirmed by the

242 observation of a similar trend in the production of fluorescence-active factors, with papain

243 catalysis resulting in the highest amounts of the MRPs (Figs. 5D-F). The increase in intermediate

244 MRPs was slightly ($p < 0.05$) affected by heat inactivation of proteases at various time points

245 during hydrolysis, and this was also observed for the pepsin-catalysed reaction. It is noteworthy

246 that the evolution of intermediate MRPs is inversely related to the SH group contents of the

247 protein hydrolysates derived from papain. As expected under the acidic condition (pH 2.0), WPI

248 hydrolysis with pepsin did not show detectable changes in the absorbance and fluorescence

249 values over time, suggesting limited MRPs formation. A recent study reported that the presence

250 of glucose, similar in amount to the sugar content of the WPI, resulted in the loss of SH groups

251 of serum albumin due to oxidation after 1-week incubation at 37°C.¹⁵ In addition, the MRPs

252 formation dynamics during WPI hydrolysis appear consistent with the observed pattern in ferric

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253 reducing capacity (Figs. 3A-C). It is possible that the MRPs contribute to the redox activity of
254 the hydrolysates. Previous studies have reported enhanced reducing capacity with the formation
255 of MRPs from protein hydrolysates and peptides.^{16,17,18,19} However, correlation analysis revealed
256 no significant relationship ($P>0.05$) between reducing capacity and each of the three MRPs
257 measurements in this study, except for the pepsin-catalysed fluorescence active MRPs, which
258 showed a strong positive relationship ($r_s=0.805$, $P=0.000$, $n=60$) even with limited evidence of
259 progressive MRPs formation in the treatment. In a previous study, MRPs produced from whey
260 proteins at lower pH were reported to possess weak ferric reducing capacity.¹⁸ However, we
261 could not explain the low reducing capacity that was observed for the heat-inactivated
262 hydrolysate from papain reaction (Fig. 3A) based on reaction pH. The reducing capacity of
263 MRPs derived from whey proteins has been mostly attributed to a group of redox-active
264 reductones, although much is still unknown about the identity of the compounds.¹⁸

265 Advanced MRPs contribute to the brown colour of thermally produced food. As shown in
266 Fig. 5G, absorbance measurement at 420 nm showed a time-dependent increase in the advanced
267 MRPs when papain was used for WPI hydrolysis. However, the Alcalase and pepsin reactions
268 did not show a significant increase in absorbance (Figs. 5H, 5I). This was unexpected
269 particularly for the Alcalase reaction considering that it was conducted at a more alkaline pH,
270 which is known to promote Maillard reaction, compared to the papain and pepsin reactions.
271 Wang *et al.* reported that MRPs from WPI produced at alkaline pH had higher antioxidant
272 capacities than MRPs generated at neutral or slightly acidic pH.¹⁸ At the early stage of Maillard
273 reaction, the pathway for the Amadori products at $pH>7$ results in the formation of redox-active
274 reductones, whereas neutral to acidic conditions support the formation of fission products and
275 Schiff's bases that have lower reducing capacity compared to the reductones.²⁰ Although pH is

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276 an important factor that determines the occurrence and progression of Maillard reaction,
277 temperature can also play an important role.²⁰ The higher temperature for papain reaction in this
278 study appears to have facilitated Maillard reaction even at neutral pH during enzymatic
279 hydrolysis of WPI.

280

281 *3.5. Depletion of SH during MRPs formation:* A model MRP system containing arginine (source
282 of the amino group), lactose or glucose (reducing sugar) and GSH (for the SH group) was used to
283 evaluate the plausible interactions occurring during the papain catalysed hydrolysis of WPI,
284 particularly the relationship between MRP formation and the SH contents.

285 *3.5.1. SH contents:* Among the seven set ups, S3 (arginine+lactose) or (arginine+glucose)
286 had no SH group and was used as the negative control (Fig. 6A). The SH group in S1
287 (arginine+lactose+GSH) or (arginine+glucose+GSH) was found to be depleted by 5 and 11 folds,
288 respectively; the latter was found to decrease to the baseline value observed for S3 (no GSH)
289 after the 5-h incubation. Notably, the SH content of S2 (arginine+GSH, no MRPs) did not
290 change after the reaction. The findings clearly demonstrate the existence of a possible interaction
291 of the peptide SH group with components of the Maillard reaction system, in addition to possible
292 disulfide linkage formation. Furthermore, the reactive SH content remained unchanged after the
293 reaction for lactose+GSH and glucose+GSH, indicating the absence of direct SH interaction with
294 the reducing sugar under the experimental conditions.

295 *3.5.2. Intermediate MRPs:* The presence of free amino group of arginine and the carbonyl
296 group of lactose or glucose at 65°C apparently initiated Maillard reaction in both S1 and S3
297 considering their higher fluorescence values compared to S2 (arginine+GSH), where Maillard
298 reaction did not occur due to the absence of the reducing sugar (Fig. 6B). Although both S1 and

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299 S3 had arginine and the reducing sugars, the amount of fluorescence-active intermediate MRPs
300 was significantly higher ($p < 0.05$) in S3 compared to S1. Furthermore, S1 with
301 arginine+lactose+GSH had higher MRPs compared to the reaction with glucose, indicating
302 possible differences in their MRPs and their reactivity with SH. As expected, there were low
303 levels of fluorescence active compounds in the control (lactose+GSH, glucose+GSH and GSH
304 only) model experiments. This further supports the possible direct interaction between the MRPs
305 and GSH (SH in particular) leading to the depletion of both.

306 *3.5.3. Interaction between the SH and MRPs:* Taken together, the decreases in the SH
307 group and intermediate MRPs in S1 can be due to nucleophilic reaction between the free SH
308 group of GSH and the carbonyl group of early MRPs (Amadori products) forming
309 thiohemiacetals and thioacetals.²¹ Consequently, a portion of the carbonyl groups of the early
310 MRPs in S1 would have become unavailable for Maillard reaction progression leading to the
311 decrease in fluorescence active MRPs formation compared to S3 (Fig. 6B). Moreover, the
312 depletion of the SH content of S1 indicates other plausible interactions involving other
313 electrophilic compounds in the matrix such as intermediate MRPs, which can also readily react
314 with the SH group.²¹

315
316 *3.6. Is Maillard reaction contributing to SH depletion during enzymatic hydrolysis of whey*
317 *proteins?* Findings from the Maillard reaction model can provide insight on the structural
318 changes that occurred during enzymatic WPI hydrolysis with the proteases. The gradual and
319 consistent SH decrease observed with papain could be due to heat-induced formation of disulfide
320 linkages and also interaction of the SH group with early, intermediate and advanced MRPs
321 produced during hydrolysis as shown in Figs. 5A, 5D and 5G. WPI hydrolysis with papain was

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322 conducted at neutral pH and this is expected to favour 1,2-enolisation of N-glycosylamine.²⁰ This
323 pathway would be directed to the formation of 2-furaldehydes, which also have dicarbonyl
324 intermediates, the 3-deoxyosones. The repertoire of carbonyl compounds are highly susceptible
325 to reacting with the nucleophilic SH groups of (poly)peptides during whey protein hydrolysis.
326 Moreover, it is apparent that direct nucleophilic attack of the SH moiety on the sugar carbonyl
327 group is less likely as both intermediate and advanced MRPs were constantly detected
328 throughout the papain reaction, and as demonstrated by the model reaction (Fig. 6A). Otherwise,
329 Maillard reaction would have been arrested or not progressed at the observed rate during
330 hydrolysis as earlier reported.²¹ Despite the higher nucleophilicity of SH compared to the amino
331 group, theoretically favouring the reaction of carbonyls with the former, Maillard reaction still
332 progressed and this can be attributed to the relatively high amounts of the amino group
333 (compared to SH) released during enzymatic WPI hydrolysis. However, the alkaline pH is
334 expected to enable reducing sugars to exist in the open chain form.²⁰ Consequently, for the
335 papain reaction, the SH group of the peptides can interact with the reactive carbonyl of the early
336 and intermediate MRPs to form thio(hemi)ketals or thio(hemi)acetals as earlier proposed.²¹ The
337 sharp decrease in SH content observed during the initial 30 min of Alcalase reaction (Fig. 4B)
338 can be due to the rapid formation of carbonyl-SH adducts that would not proceed to Maillard
339 reaction. This can possibly explain the lower amounts of intermediate (Figs. 5B, 5E) and
340 advanced MRPs (Fig. 5H) formed in the Alcalase reaction.

341

342 4. Conclusion

343 Findings from this study showed that the enzymatic hydrolysis process used to obtain peptides
344 from WPI can lead to peptide derivatization particularly resulting in the loss of their SH groups.

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345 During WPI hydrolysis, the SH group was found to vary over the 5-h hydrolysis duration mostly
346 in samples that were subjected to different temperatures, pH and proteases. The complex and
347 highly reactive hydrolysate matrix makes it likely to have inter- and intramolecular interactions
348 of the released peptides, and also between the peptides and other components of the protein
349 hydrolysates. Contrary to the accepted antioxidative mechanism, the ferric reducing capacity of
350 the protein hydrolysates could not be attributed to the contents of their redox-active SH groups
351 and, in fact, an inverse relationship was observed especially when papain was used for WPI
352 hydrolysis. Maillard reaction was observed to have occurred during enzymatic hydrolysis of the
353 whey proteins, and a model system confirmed the loss of the SH group possibly due to
354 interactions with reactive carbonyl derivatives. Some MRPs (especially reductones) are highly
355 redox-active and most likely contributed to the observed ferric reducing capacity of the whey
356 protein hydrolysates, although positive correlation was only observed between the two properties
357 for pepsin reaction products. The structural changes are more attributable to the differences in
358 protease specificities in releasing amino groups and long-term exposure to processing conditions
359 (temperature, pH) during hydrolysis. Moreover, there are marked differences in electrophoretic
360 profiles due to the short-term heat or cold treatments used to inactivate proteolytic activities, which
361 can also contribute to differences in the hydrolysate properties. However, we could not explain
362 what led to the low reducing capacity of hydrolysates from the heat-inactivated papain reaction.
363 To our knowledge, this is the first report of SH group depletion (loss of functionality) and MRPs
364 formation (gain of reducing capacity), and to establish a connection between the two, during
365 enzymatic hydrolysis of food proteins for the purpose of bioactive peptide production. Due to
366 their sensitive structures and reactive functionalities, thermal processing of peptides for food

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367 applications is challenging and needs to be optimized for successful translation of bioactive
368 peptides into functional foods with human health benefits.

369

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375

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413 List of Figures

414 Fig. 1. The contents of free amino group (milliequivalent serine NH_2/g) during whey protein
415 hydrolysis with (A) papain, (B) Alcalase, and (C) pepsin.

416 Fig. 2. SDS-PAGE analysis of the products of whey protein (WPI) hydrolysis with (A) papain,
417 (B) Alcalase, and (C) pepsin; M, molecular weight marker; WPI, whey protein isolate; T1, T2,
418 T4 and T5, hydrolysate samples withdrawn at 1, 2, 4 and 5 h, respectively; Lf, lactoferrin; BSA,
419 bovine serum albumin; β -LG, β -lactoglobulin; α -LA, α -lactalbumin.

420 Fig. 3. Ferric reducing capacity (mM glutathione, GSH, equivalent) of the products of whey
421 protein hydrolysis with (A) papain, (B) Alcalase, and (C) pepsin.

422 Fig. 4. Sulfhydryl (SH) content ($\mu\text{M}/\text{mg}$ protein) during whey protein hydrolysis with (A)
423 papain, (B) Alcalase, and (C) pepsin.

424 Fig. 5. Maillard reaction products (MRPs) formation during whey protein hydrolysis measured as
425 absorbance and fluorescence: intermediate MRPs (absorbance at 294 nm) for the (A) papain, (B)
426 Alcalase, and (C) pepsin reactions; Intermediate MRPs (fluorescence) for the (D) papain, (E)
427 Alcalase, and (F) pepsin reactions; Advanced MRPs (absorbance at 420 nm) for the (G) papain,
428 (H) Alcalase, and (I) pepsin reactions.

429 Fig. 6. Model Maillard reaction with arginine (Arg), glucose and glutathione (GSH)
430 demonstrating (A) loss of the sulfhydryl group (SH), and (B) fluorescence-active intermediate
431 Maillard reaction products (MRPs) formation after 5 h of incubation at 65°C ; bars with different
432 letters in each figure represent significantly different mean values ($p < 0.05$).

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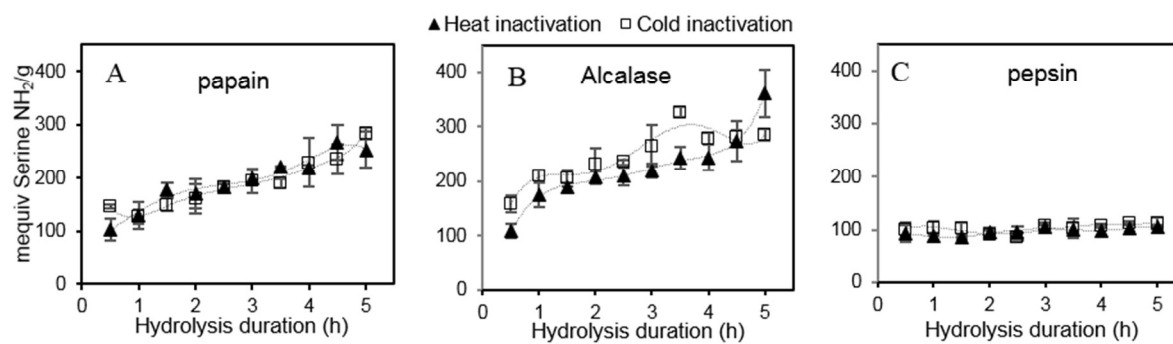
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441 Fig. 1.

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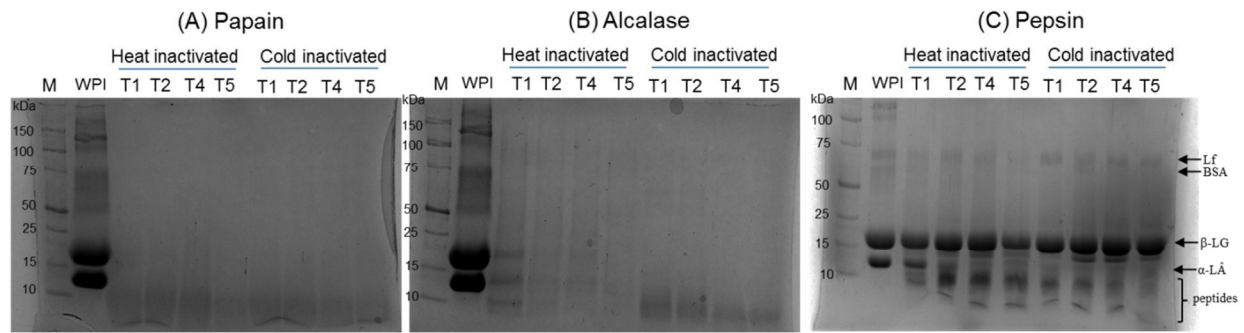
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460 Fig. 2.

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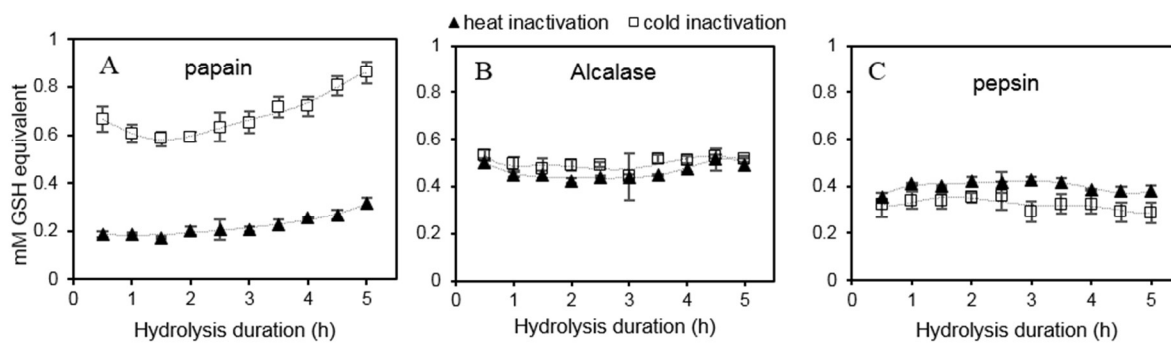
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479 Fig. 3.

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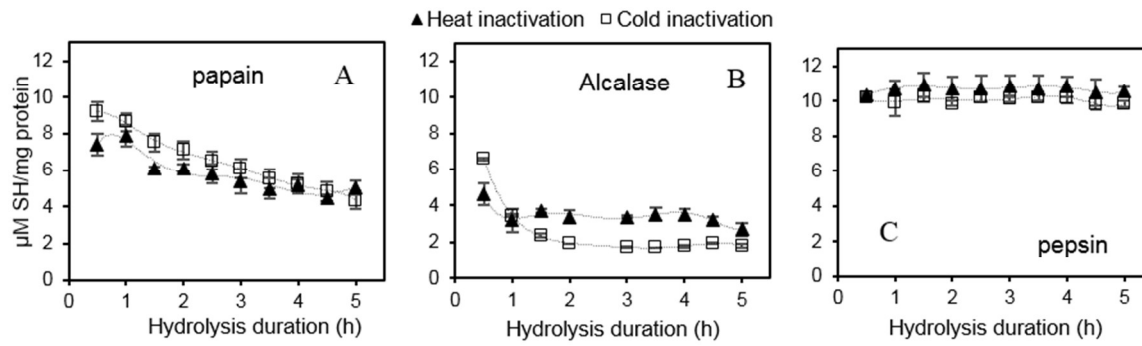
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498 Fig. 4.

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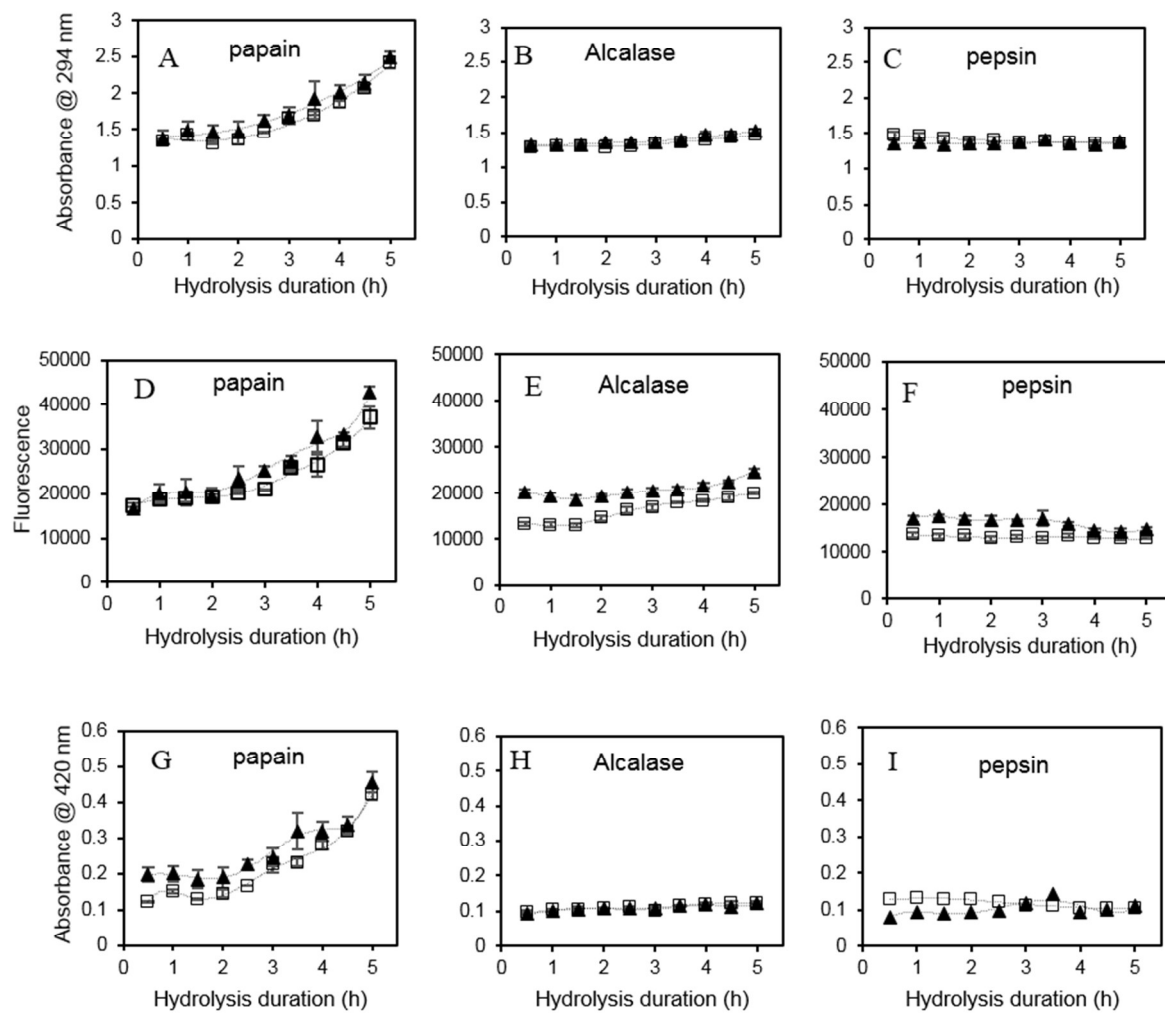
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515 Fig. 5.

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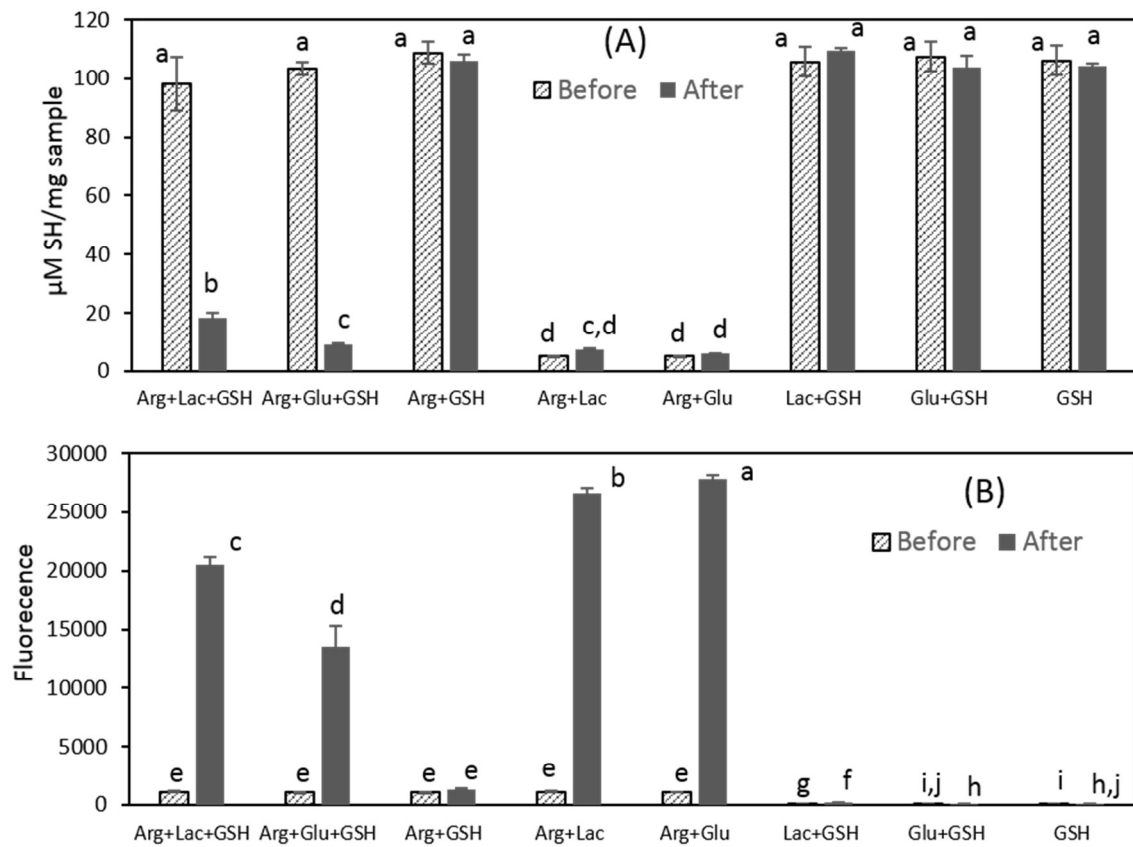
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526 Fig. 6.

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