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1 **A fluorescence active gold nanorod-quantum dots**  
2 **core-satellite nanostructure for sub-attomolar tumor marker**  
3 **biosensing**

4 **Xiaoling Wu, Fengli Gao, Liguang Xu, Hua Kuang<sup>\*</sup>, Libing Wang, Chuanlai Xu**  
5

6 The accurate monitoring of trace cancer biomarkers is crucial for the early  
7 diagnosis of cancer. In the present study, we constructed a gold nanorod-quantum dots  
8 core-satellite assembly using a PSA-aptamer and its complementary DNA and  
9 developed an ultrasensitive fluorescence-aptasensor for the detection of prostate  
10 specific antigen (PSA) by monitoring fluorescence intensity. The limit of detection  
11 (LOD) for PSA was 0.029 aM, with an excellent linear range from 0.1 aM to 10 aM.  
12 This super-sensitive aptasensor was demonstrated to be robust in the analysis of  
13 human serum samples, and shows great potential for early cancer diagnosis and  
14 therapy.

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## 1. Introduction

Early diagnosis of cancer is very important for therapy, and has recently attracted considerable research interest. However, the accurate detection of cancer biomarkers for early diagnosis is a global challenge, due to the trace amounts of these protein biomarkers<sup>1</sup>. Prostate specific antigen (PSA), a proteolytic enzyme, is mainly produced by prostate epithelial cells and is a significant tumor marker for the detection of prostate cancer<sup>2-4</sup>. The normal threshold value for PSA is lower than 4 ng/mL in serum, but there is still a significant risk of suffering prostate cancer in postoperative patients at much lower concentrations of PSA<sup>5,6</sup>. Therefore, it is necessary to monitor trace levels of PSA for the early diagnosis of prostate cancer.

Recently, multiple methods have been reported for the quantitative detection of PSA, including enzyme-linked immunosorbent assay (ELISA)<sup>7</sup>, electrochemistry<sup>8,9</sup>, Surface Enhanced Raman Scattering (SERS)<sup>1,10</sup>, plasmonic circular dichroism (CD)<sup>11,12</sup>, and others<sup>13-15</sup>. Despite the efforts made to accurately detect PSA, these methods lack either sufficient sensitivity, are time-consuming, or involve complicated fabrication steps and expensive equipment.

Fluorescent nanomaterials and their assemblies are a research hotspot, due to their wide application in the fields of fluorescence imaging, bio-analysis in vitro and vivo and clinical diagnosis<sup>16-19</sup>. In particular, semiconductor quantum dots (QDs) have attracted the attention of researchers and scientists, due to their narrow emission spectra and good fluorescent stability<sup>20,21</sup>. Studies have demonstrated that the fluorescence of QDs can be quenched or recovered by the assembly and disassembly of nanoassemblies comprised of QDs and noble metal nanoparticles<sup>22,23</sup>. In the present study, we fabricated a gold nanorod QDs (AuNR-QDs) core-satellite biosensor, using

1 a PSA-aptamer and its complementary DNA, for trace detection of PSA by  
2 monitoring fluorescence intensity.

3

## 4 **2. Experimental sections**

### 5 **2.1 Materials**

6 Thiolated DNA and amino-modified DNA oligonucleotides purified by high  
7 performance liquid chromatography (HPLC) were purchased from Shanghai Sangon  
8 Biological Engineering Technology & Services Co., Ltd. (Shanghai, China) and  
9 suspended in TE buffer at a final concentration of 100  $\mu$ M.

10 Carboxyl-modified CdSe@ZnS core/shell QDs were purchased from Wuhan  
11 Jiayuan Quantum Dots Co., Ltd. (Wuhan, China). The deionized water was prepared  
12 using a Milli-Q device (18.2 M  $\Omega$ , Millipore, Molsheim, France). All chemicals  
13 mentioned in this work were manufactured by Sigma-Aldrich. The relevant DNA  
14 sequences for PSA detection were as follows<sup>10,11</sup>:

15 PSA-aptamer sequence: 5'-SH-ATTAAAGCTCGCCATCAAATAGC-3'

16 PSA-complementary sequence: 5'-NH<sub>2</sub>- TTTTTTGCTATTTGATGG-3'

17 The detailed control DNA sequences of the oligonucleotides are as follows:

18 Thrombin aptamer: 5'-HS-TTTTTGGTTGGTGTGGTTGG-3'

19 Thrombin - complementary sequences: 5'- NH<sub>2</sub>-TTTTTTTAATTATATTAA-3'

20

### 21 **2.2 Apparatus**

22 Fluorescence spectra were measured using a HITACHI F-7000. A transmission  
23 electron microscope (TEM, JEOL JEM-2100) was employed to obtain images at an  
24 operating acceleration voltage of 200kV. The UV-vis spectra were obtained using a  
25 UNICO 2100PC UV/vis spectrophotometer. All glassware was soaked in aqua regia  
26 for 12 hours before use.

1

### 2 **2.3 Synthesis of gold nanorods**

3 Synthesis of gold seeds: 2.5 mL of 0.5 mM hydrogen tetrachloroaurate (HAuCl<sub>4</sub>) and  
4 2.5 mL of 0.2 M hexadecyltrimethylammonium bromide (CTAB) were mixed evenly  
5 followed by the addition of 0.3 mL of 0.01 M fresh sodium borohydride (NaBH<sub>4</sub>) and  
6 stirred vigorously for 3 minutes.

7 Synthesis of AuNRs: 0.15 mL of 4 mM silver nitrate (AgNO<sub>3</sub>) and 5 mL of 1 mM  
8 HAuCl<sub>4</sub> were added to 5 mL of 0.2 M CTAB, and then 70 μL of 0.0788 M ascorbic  
9 acid was added to the solution, which turned colorless when stirred. Following the  
10 addition of 12 μL of synthesized gold seeds, the AuNRs were obtained by bathing in  
11 28°C water for 1 hour<sup>24</sup>. The AuNRs were then re-dispersed in 5 mM CTAB and  
12 stored at ambient temperature.

13

### 14 **2.4 Gold nanorod modification**

15 1 mL of AuNRs was centrifuged twice at the speed of 7300 rpm for 10 minutes and  
16 then resuspended and concentrated 10-fold in 5 mM CTAB solution. The  
17 PSA-aptamer was then added to the AuNRs with a molar ratio of DNA to AuNR of  
18 300. The mixture was incubated for 12 hours at room temperature with gentle shaking.  
19 The conjugate was then collected and centrifuged twice (7500 rpm, 15 minutes), and  
20 the AuNR-DNA conjugate was obtained.

21

### 22 **2.5 QDs modification**

23 QDs were functionalized with amino-modified DNA using carbodiimide chemistry<sup>25</sup>.  
24 Briefly, QDs were diluted 200 times with water.  
25 1-(3-Dimethylaminopropyl)-3-ethylcarbodiimide hydrochloride (EDC),

1 N-hydroxysuccinimide (NHS) and QDs were reacted at a molar ratio of 1000:1000:1  
2 for 2 hours in water without light. The functionalized QDs were ultra-filtered (30 k  
3 molecular weight cutoff) and hybridized with amino-modified DNA (2  $\mu$ L, 100  $\mu$ M)  
4 in phosphate buffer (pH=7.5) for 3 hours. The QDs-DNA conjugates were obtained  
5 and were purified by ultrafiltration (30 k molecular weight cutoff).

6

## 7 **2.6 Gold nanorod-QDs core-satellite assembly**

8 To ensure the assembly yield, the functionalized AuNRs and QDs were mixed in  
9 1 $\times$ TBE buffer with 50 mM NaCl, 50 mM Mg(NO<sub>3</sub>)<sub>2</sub> and 0.01% SDS and hybridized  
10 for 12 hours at room temperature<sup>26,27</sup>. The assemblies were centrifuged twice at 4500  
11 rpm for 15 minutes. The supernatants were removed, and the pellet was re-suspended  
12 in water. High yield AuNR-QDs core-satellite assemblies were obtained.

13

## 14 **2.7 Detection of PSA**

15 In order to detect the target, PSA was added to the solution of functionalized AuNRs  
16 and QDs and mixed at final concentrations of 0 aM, 0.1 aM, 0.2 aM, 0.5 aM, 1 aM, 2  
17 aM, 5 aM, and 10 aM, respectively. The fluorescence intensity was measured  
18 following incubation for 12 hours.

19

## 20 **3. Results and Discussion**

### 21 **3.1 Establishment of the core-satellite biosensor**

22 To fabricate the AuNR-QDs core-satellite assembly, the coupling ratios of aptamer  
23 and complementary DNA to AuNRs and QDs, and the molar ratio of these two  
24 functionalized nanomaterials should be well designed<sup>10,27,28</sup>. In this research, the molar  
25 ratio of DNA to AuNRs, and DNA to QDs was 300 and 2, respectively. The molar

1 ratio of AuNRs and QDs was kept as 1:80. Following DNA hybridization, the  
2 conjugated AuNRs and QDs were self-assembled to the core-satellite nanostructures.  
3 Scheme 1 shows the process of assembling the core-satellite biosensor for the  
4 detection of PSA. Initially, the AuNRs and QDs were coupled with the PSA-apramer  
5 and PSA-complementary separately. When the reaction time was increased, more  
6 QDs combined with the AuNRs leading to the formation of core-satellite assemblies  
7 (Fig. 1 and Fig. S1). AuNR-QDs core-satellite assemblies were constructed in the  
8 absence of PSA. When PSA was added, the aptamer competitively bound to PSA,  
9 resulting in a low yield of the AuNR-QDs core-satellite assembly.

10 The prepared AuNRs, QDs and core-satellite assembly were characterized by  
11 TEM (Fig. S2). As shown in the TEM images (Fig. 1), when increasing  
12 concentrations of PSA were added, fewer QDs bound to the AuNRs, and higher  
13 fluorescence intensity was observed due to an increased number of free QDs in  
14 solution. The dynamic light scattering measurements (DLS) were also performed. As  
15 showed in Fig. S3, the hydrodynamic diameter of the Au NR-QDs core-satellite  
16 assemblies gradually decreased with the increasing concentration of PSA target.  
17 UV-vis spectra were adopted to monitor AuNR-DNA1, QDs-DNA2 and AuNR-QDs  
18 core-satellite assemblies (Fig. S4). The longitudinal surface plasmon peak of  
19 AuNR-QDs core-satellite assemblies shifted toward the blue part of the spectrum,  
20 which was consistent with earlier reports<sup>28,29</sup>. There was no observable shift at the  
21 transverse band, which may have been due to low coupling of the transverse plasmon  
22 dipoles<sup>30</sup>.

23 As shown in Fig. S5, the emission wavelength of QDs was 600 nm. We recorded  
24 fluorescence intensity at 600 nm to establish a calibration curve of PSA concentration  
25 and corresponding fluorescence intensity. Due to large-scale AuNR-QDs core-satellite  
26 assemblies in the sample, the fluorescence of QDs was quenched which can be seen in  
27 Fig. 2(A) with 0 aM of PSA. When PSA was simultaneously added to the solutions,

1 fluorescence of the solution recovered as some of the QDs were released from the  
2 assemblies. Before the PSA detection, we tested the stability of the developed  
3 biosensor. As showed in Figs. S6 and S7, the AuNR-QDs core-satellite assemblies  
4 were stable in suspension for more than 24h with or without addition of PSA target.  
5 And the fluorescence intensity also remained unchanged in the tested pH values (pH  
6 7.0-8.5, Figs. S8 and S9) with or without addition of PSA target, indicating the good  
7 stability of the proposed biosensor. A calibration curve of the logarithmic  
8 concentration of PSA as the x axis and fluorescent intensity as the y axis was plotted.  
9 From the results shown in Fig. 2B, the established method displayed a good linear  
10 range from 0.1 aM to 10 aM with an excellent correlation coefficient of  $R^2=0.998$ .  
11 The limit of detection (LOD) was calculated to be 0.029 aM, which was more  
12 sensitive than immunosensors or electrochemical sensors (Table S1), and was  
13 comparable to the most sensitive biosensor for PSA detection reported so far<sup>12</sup>. This  
14 sensitivity was probably due to the linear response of the fluorescence signal with the  
15 conformational changes of the nanoassembly, high affinity of the aptamer, and good  
16 signal to noise ratio.

17

### 18 **3.2 Selectivity of the core-satellite assembly in PSA detection**

19 To confirm the selectivity of this method, other targets were added to prepared  
20 samples and their fluorescence intensity was measured under the same conditions as  
21 those for PSA. In the control, no targets were added to the sample. Vascular  
22 endothelial growth factor (VEGF), mucin-1, thrombin, immunoglobulin G (Ig G), bull  
23 serum albumin (BSA) and alpha-fetoprotein (AFP) were detected at a final  
24 concentration of 50 aM and PSA was detected at 10 aM. These results were shown in  
25 Fig. 3 and the original spectra are shown in Fig. S10. The fluorescence recovered only



1 after the addition of PSA, while the other samples showed low fluorescence intensity,  
2 indicating the high specificity of this core-satellite assembly. In addition, we also  
3 added a control experiment, where the Au NR-QDs core-satellite assemblies were  
4 prepared using a DNA sequences that was not able to recognize the the target PSA  
5 protein (thrombin aptamer and its complementary sequence). As showed in Fig. S11,  
6 the fluorescence intensity of the assembled Au NR-QDs core-satellite showed no  
7 obvious change with the increasing concentration of the PSA, which further indicated  
8 the high selectivity of the established biosensor.

9

### 10 **3.3 Analysis of PSA in human serum samples**

11 The reliability of the developed method was tested by analyzing PSA in real samples  
12 which were obtained from the Second Hospital in Wuxi, P.R.C. The PSA  
13 concentration was confirmed using the standard clinical diagnostic assay (ADVIA  
14 Centaur, Siemens). The original samples were diluted 10000 times and determined as  
15 shown in Table. S2 and Fig. S12. The results were almost consistent with the  
16 determined concentrations. Hence, this method is considered feasible and promising  
17 for clinical applications.

18

## 19 **4. Conclusions**

20 In summary, a fluorescence-aptasensor for the sub-attomolar detection of PSA was  
21 fabricated based on a AuNR-QDs core-satellite assembly. The established sensor  
22 showed accuracy in detecting PSA, with a LOD as low as 0.029 aM. The sensor also  
23 demonstrated good specificity and robustness in the analysis of complicated human  
24 serum samples. By replacing the aptamer, the developed fluorescence-aptasensor can

1 easily be expanded to detect other types of cancer biomarkers, which will open an  
2 avenue for the early diagnosis of cancers.

3

#### 4 **Acknowledgements**

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8 BE2013611).

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- 33

1    **Captions:**

2    **Scheme 1.** Scheme for fluorescence detection of PSA based on AuNR-QDs  
3                    core-satellite assembly.

4    **Fig. 1** TEM images of Au NR-QDs core-satellite assemblies with different  
5                    concentration of PSA. (A) 0 aM, (B) 0.1 aM, (C) 0.5 aM, (D) 1 aM, (E) 5  
6                    aM, and (F) 10 aM.

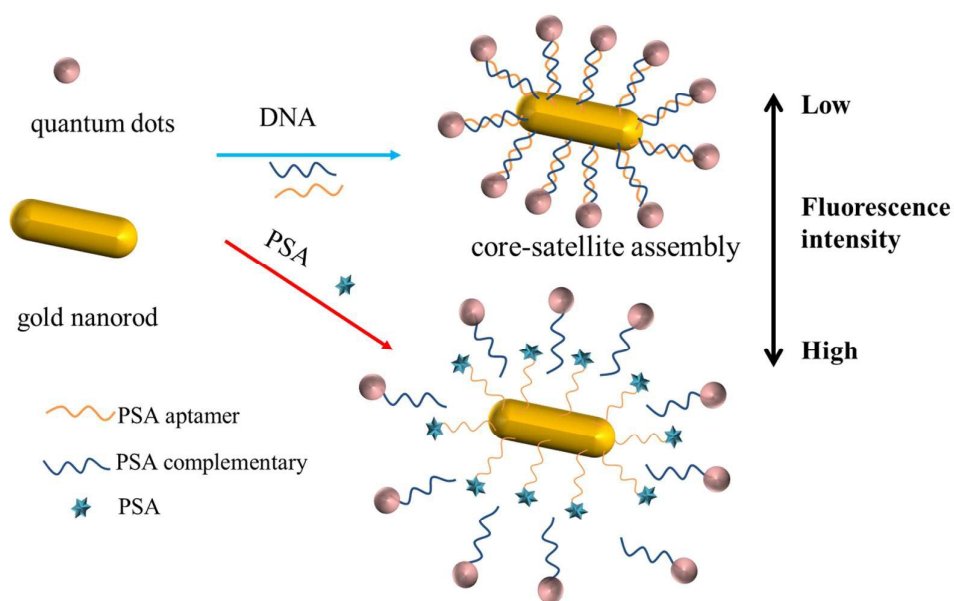
7    **Fig. 2** PSA detection based on fluorescence with Au NR-QDs core-satellite  
8                    assemblies. A) Fluorescence spectra of PSA detection. B) Standard curve  
9                    for PSA detection with corresponding fluorescence intensities at 600 nm.

10   **Fig. 3** The bar chart corresponding with fluorescence intensity of the assemblies  
11                    toward different targets.

12

13

14

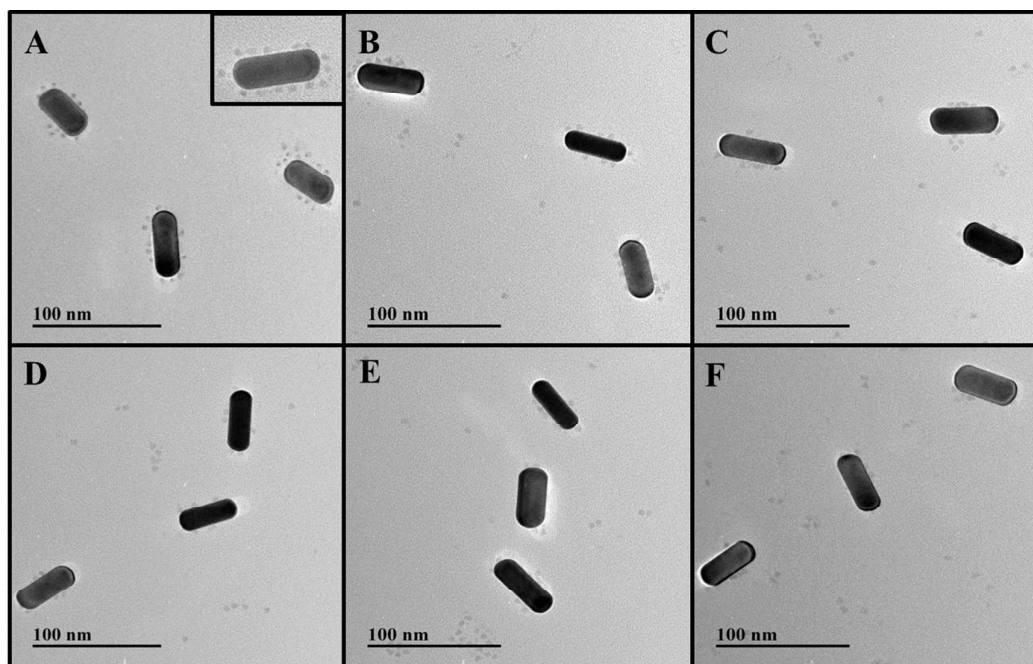


1

2 **Scheme 1** Scheme for fluorescence detection of PSA based on AuNR-QDs

3 core-satellite assembly.

4



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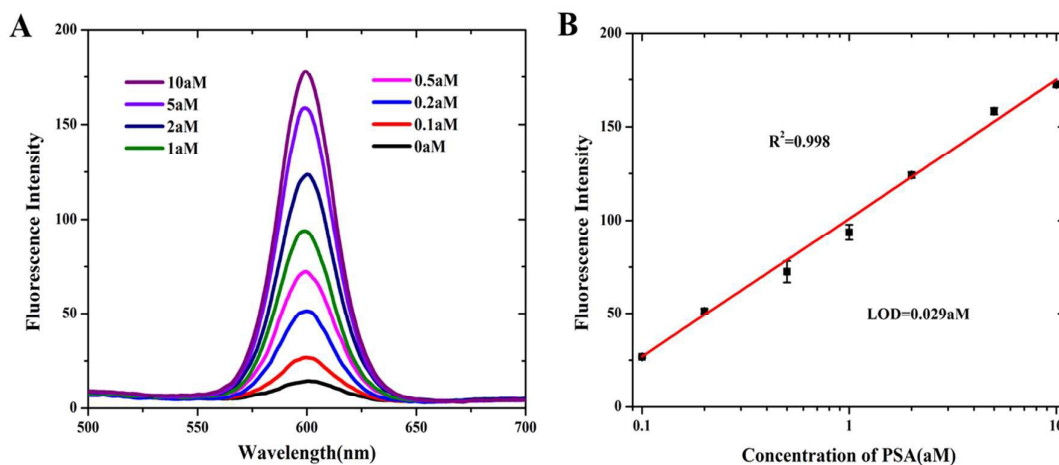
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3 concentration of PSA. (A) 0 aM, (B) 0.1 aM, (C) 0.5 aM, (D) 1 aM, (E) 5 aM, and (F)

4 10 aM.

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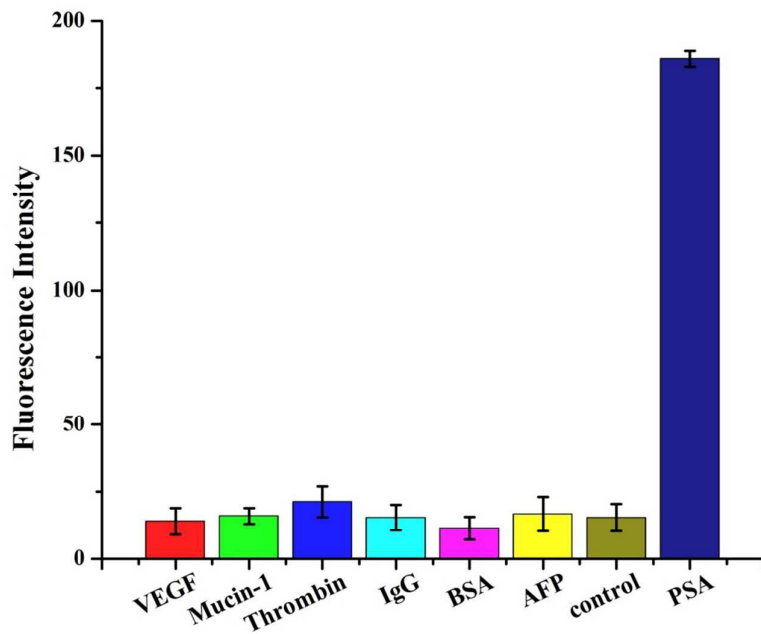
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