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REVIEW

Components of brown seaweeds are potential candidate for cancer therapy - a review

Received 00th January 20xx,
Accepted 00th January 20xx

DOI: 10.1039/x0xx00000x

www.rsc.org/

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Finding novel anticancer agents is very important for the treatment of cancer, and marine organisms are a valuable source for developing novel agents for the clinical applications. Isolation and identification of the novel anticancer components from the brown seaweeds and study their mode of action is very attractive in current scenario and unexplored source for pharmacological applications. This review will reveal active components of brown algae with their antitumor potential towards the cancer treatment according to their structures, which might provide useful information for medicinal chemists in developing potent anticancer agents.

1 Introduction

Cancer known as malignant tumor is a group of diseases involving abnormal cell growth having potential to kill the normal cells or spread rapidly to all parts of body. Cancers can be classified on the basis of type of cell such as carcinoma (Cancers derived from the epithelial cells and most common in aged group people), sarcoma (cancers originates from connective tissues), lymphoma and leukemia (These both classes of cancer derived from hematopoietic cells such as blood cancer), germ cell tumor (cancers arise from pluripotent cells such as dysgerminoma and seminoma) blastoma (cancer originates from immature embryos and most common in childrens).¹ There are about 100 known kinds of cancer so far that affect humans. There are many causes of cancer, tobacco contributes 25-30%, obesity, poor diet and excessive use of alcohol 30-35%, genetic defects 15-20% and 10% is followed by radiations.² Chemotherapy or (CTX), is considered the novel strategy to treat the cancer cells today, which is defined as the use of chemical substances, anticancer drugs especially one or more chemotherapeutic agents (alone or combined) to stop the growth of cancer cells. There is a tremendous increase in use of herbal drugs by the cancer patients all around the world which are being chosen due to their potential effects against cancer diagnosis and easy excess³⁻⁶ and which they mostly take as part of regime comprising of multiple complementary and alternative medicine

modalities.^{7,8}

Natural products from the marine source having strong medicinal potential had gained a much interest in the field of cancer research and the development of novel anticancer drugs.⁹ So far, 15,000 novel compounds have been discovered from seaweeds, and several antitumor compounds are being investigated through clinical trials.^{10,11} Seaweed consumption and health benefits are correlated and considered potential source for the development of anticancer drugs, functional foods and pharmacological products.¹²⁻¹⁷ In the current scenario, the pharmaceutical companies are gaining much interest to those compounds (sulphated polysaccharides, halogenated furanones, kahalalide F, lectins, kainoidsfucoidans and aplysiatoxins), which are being used in drug development isolated from marine algae especially Phaeophyta.¹² Phytochemical constituents of brown seaweeds such as carbohydrates, flavonoid, phenols, alkaloids and proteins play a key role against pathogens. These compounds also have significant potential against the antitumor, antioxidants, anticoagulant and immunomodulating activities.¹⁸⁻²² In this review, we will discuss the detailed structural composition of different components of brown algae with their antitumor potential towards the cancer treatment.

2 Categorize of anticancer compounds isolated from brown seaweeds

2.1. Polysaccharides

Polysaccharides are the main components of the brown algae rather than green and red algae and composed of alginate **1** (Fig. 1), laminarin **2** (Fig. 1), Fucooidan **3** (Fig. 1), and their derivatives. Some constituents of Porphyran **4** (Fig. 1), and alginic acid **5** (Fig. 1), were also reported in some species of brown algae.²³ The polysaccharides regulate the primary functions of brown algae like strength and flexibility to cell wall; prevent desiccation and keeps ionic equilibrium. Polysaccharide contents in brown algae, their structural composition, functional and anticancer properties have been

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reported.²⁴⁻³³ Polysaccharides are extensively studied for novel antitumor agents especially found in brown seaweeds such as 8 to 12% compound **3** (Fig. 1) present in *sargassum sp* and *Fucus sp* on their dry weight basis.³⁴ Compound **3** (Fig. 1) are

complex sulfated polysaccharides and accounts 10-20% Dw in brown algae and considered as unique polymer with heterogeneous composition and structure,

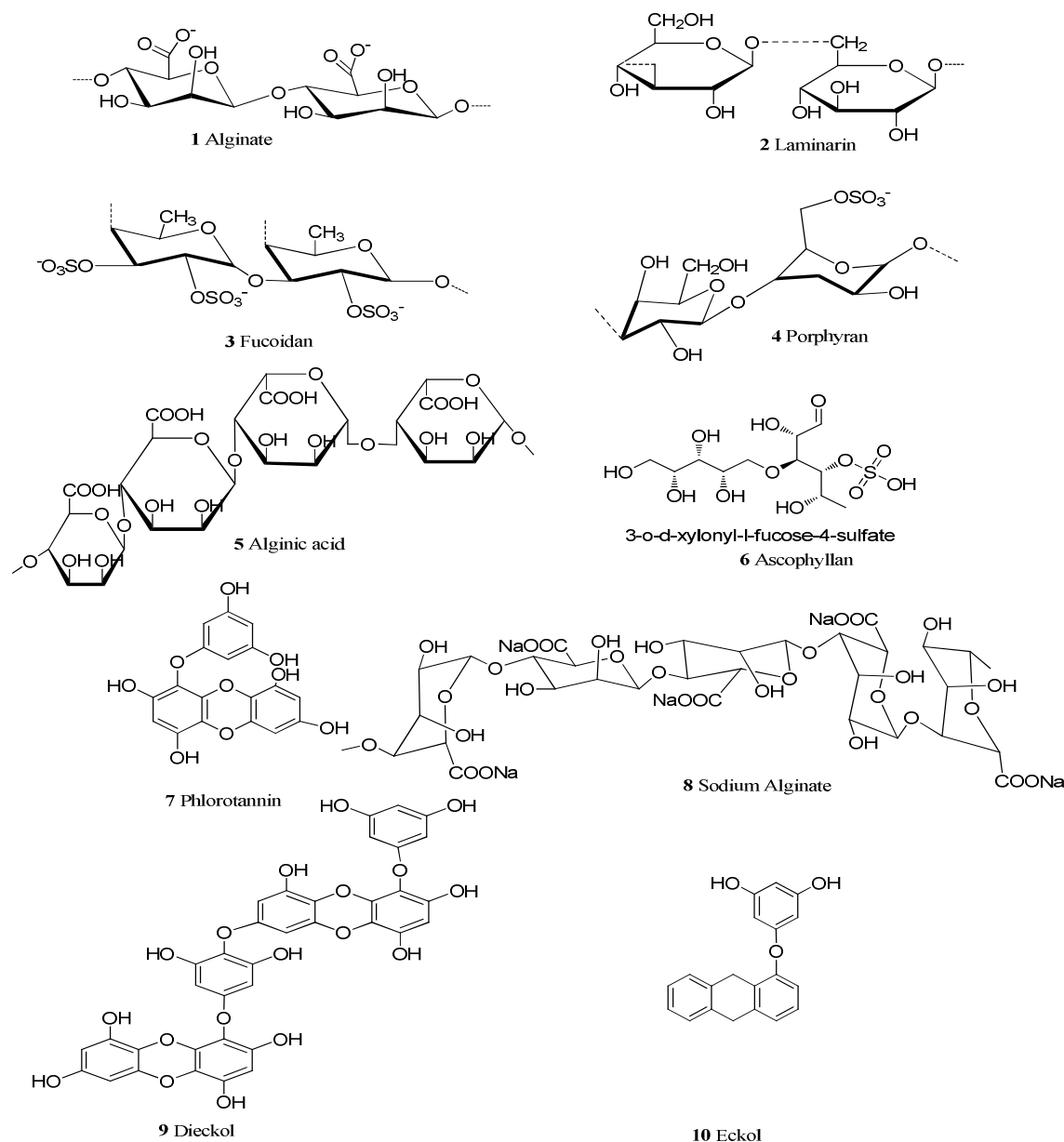


Fig. 1 Structures of compounds 1-10.

mainly composed of sulfated L-fucose and small fractions of mannose, rhamnose, xylose and glucose.^{35,36} The polysaccharides isolated from brown seaweeds contained similar repeating sugars but different in sulphation and molecular weights due to different isolation techniques and geographical locations.³⁷⁻⁴⁰ Compound **3** (Fig. 1) isolated from five different brown seaweeds consist of 13 to 36 % contents of fucose and 8 to 25% variation in degrees of sulphation.⁴¹ The several studies has been carried out about sulphation variation in polysaccharides of brown seaweeds affects their

quality against antitumor activity.^{42,43} Marine algae phaeophyta possess sulfated polysaccharides as major components of their cell wall and considered as valuable bioactive compound having several beneficial biological activities such as antitumor,⁴⁴ anticoagulant,⁴⁵ antiviral,^{46,47} antiinflammatory,^{48,49} and immunomodulating activities.⁵⁰ Marine macro algae especially phaeophyceae a class of brown seaweeds contain, fucoidan complex polysaccharides (FCSPs), and their specific biological activities depends on the source of seaweed, method of extraction, their compositional and

structural traits.³⁴ Ye *et al.* isolated highly sulphated polysaccharide fractions, SP-1, SP-2 and SP-3, from *Sargassum pallidum* and *in vitro*, results showed significant cytotoxicity against the A549 cells, HepG2 cells, and MGC-803 cells.⁵¹ Compound **3** (Fig. 1) fractions from *Dictyopteris delicatula* and *Dictyopteris polypodioides* induced the 60-90% and 28% tumor growth inhibition for HeLa and RPMI-7951 cancer cells respectively.^{52,53} The polysaccharides extracted from Quebec's *Ascophyllum nodosum*, *Fucus vesiculosus* and *Saccharina longicruris* contain significant constituents of sulphates, total sugars and uronic acids that have diverse industrial and pharmacological applications.⁵⁴ Compound **3** (Fig. 1) increased IFN gamma T cells production and significant increase in NK cells activity when treated to mice inoculated with P-388 tumour cells.⁵⁵ Compound **3** (Fig. 1) fractions isolated from *Sargassum hornery*, *Eclonia cava* and *Costaria costata* induced inhibition of colony formation in human melanoma and colon cancer cells and may be effective antitumor agents.⁵⁶ Compound **3** (Fig. 1) and fucose isolated from brown seaweeds are rich in sulfated polysaccharides which have potential biomedical properties as immunostimulatory,⁵⁷ immunomodulation, anti-inflammatory, anticoagulant,⁵⁸ antithrombotic, anticancer and anti-proliferative activities.⁵⁹ Compound **3** (Fig. 1) isolated from *Undaria Pinnatifida* have potential to repress the differentiation of adipose cells by inhibiting inflammatory cytokines and considered as a potent therapeutic agent against obesity and diabetes.⁶⁰⁻⁶³ There are authentic reports that low molecular weight Compound **3** (Fig. 1) have better antitumor activity than high molecular weight of Compound **1** (Fig. 1).⁶⁴ O-acetylated sulphated galactofucan polysaccharide

isolated from brown seaweed *Undaria pinnatifida* suppresses proliferation of PC-3 (prostate cancer), A549 (alveolar carcinoma), HeLa (Cervical cancer) and HepG2 (hepatocellular carcinoma) cells, in such a way to that of commercial fucoidan.⁶⁵ Ascophyllan (**6**, Fig. 1), extracted from brown alga *Ascophyllum nodosum* reduced the growth of U937 cells and also induced apoptosis and DNA fragmentation.^{66,67} Compound **3** (Fig. 1) isolated from brown seaweed *Undaria pinnatifida* was tested against AGS stomach cancer cells and found low molecular fraction is more effective i.e. <30 kDa compared to >30 kDa fraction.⁶⁸ Compound **3** (Fig. 1) from *Laminaria brasiliensis* found cytotoxic to HeLa cells at doses 2.5-40 µg/mL.⁶⁹ Polysaccharide fractions extracted from brown alga *Coccophora langsdorfii*, with similar linear backbone to compound **3** (Fig. 1) exhibited significant colony formation of SK-ML-5 and SK-ML-28 Melanoma cells (the percentage of inhibition was 28 and 76, respectively).⁷⁰ *In Vitro* and *In Vivo* studies of polysaccharides and sulfated polysaccharides proved their significance to be a novel source of anticancer agents and most studied group of macromolecules but still none of any agent entered into clinical trials, which may be related to purifying and identifying issues of their specific structure. Polysaccharides are a diverse group of molecules even pure fractions contains a diversity of sugar units and it's difficult to find a specific administrative route. Polysaccharides from brown seaweeds which have provided promising results requires identifying and formulating their molecular structures and determining the mechanism of their administration route is an essential step in the development of anticancer drugs for human deadly diseases.

Table 1 Anticancer components and their efficacy against cancer cells isolated from brown algae

Seaweed	Active agent(s)	Activity	Test type (s)	References
<i>Esenia bicycles</i>	Laminarian, EBL 1:3:1:6-B.D-Glucan (2 , Fig. 1)	Anticancer activity at 200 µg/mL, Human melanoma SK-MEL-28 cells and colon cancer DLD1-cells	<i>In vitro</i>	(58)
<i>Coccophora langsdorfii</i>	α-L-fucoidan (3 , Fig. 1)	28 and 78 % anticancer activity at 100 µg/mL on SK-ML-5 and SK-ML-28 Melanoma cells	<i>In vitro</i>	(70)
<i>Ishigeo kamurae</i>	Diphlorethohydroxycarmalol (DPHC) (50 , Fig. 5)	75% anticancer activity at 100 µg/mL on HL60 cancer cells	<i>In vitro</i>	(143)
<i>Saccharina gurjanovae</i>	sulfated galactofucan SgF (MW 123 kDa) (3 , Fig. 1)	21% anticancer activity at 800 µg/mL on colon cancer DLD-1 cells	<i>In vitro</i>	(144)
<i>Turbinaria conoides</i>	Fucoidan (3 , Fig. 1)	73.5% anticancer activity at 500 µg/mL on A549 cell line	<i>In vitro</i>	(145)
<i>Fucus evanescens</i>	Fucoidan (3 , Fig. 1)	70% ,63% anticancer activity at 400 µg/mL on SK-MEL-28 and SK-MEL-5 cells	<i>In vitro</i>	(146)
<i>Alaria angusta</i>	Fucoidan AaF3 (3 , Fig. 1) Laminaran AaL	29% and 22% anticancer activity at 400 µg/mL on HT29	<i>In vitro</i>	(58)

	(2, Fig. 1)	cells respectively.		
<i>Ecklonia cava</i>	8,8-bieckol (11, Fig. 2) (phlorotannins)	Anti-inflammatory	<i>In vivo</i>	(147)
<i>Ecklonia Cava</i>	Phloroglucinol (PG) (14, Fig. 2)	Decrease the CD44+ cancer cell population and expression of CSC regulatorssuch as Sox2, CD44, Oct4, Notch2 and β -catenin.	<i>In vitro</i> and <i>In vivo</i>	(90)
<i>Stoechospermum marginatum</i>	Spatane derivatives compounds 4 (51, Fig. 5), 1b (52, Fig. 5) 2a (53, Fig. 5), and 4a (54, Fig. 5)	Anticancer activity on B16F10 cancer cell line with IC ₅₀ values of 3.28, 3.45, 3.62 and 4.11 μ g/ml respectively as compared to standard drug etoposide IC ₅₀ = 4.12 μ g/ml	<i>In vitro</i>	(148)
<i>Sargassum cichorioides</i>	Fucoidan ScF2, (55, Fig. 5)	26% anti-proliferation activity at 200 μ g/mL on DLD-1 cells	<i>In vitro</i>	(59)
<i>F. evanescens</i>	Fucoidan FeF2 (56, Fig. 6),	46% anti-proliferation activity at 200 μ g/mL on RPMI-7951 cells		
<i>U. pinnatifida</i>	Galactofucan UpF2 (57, Fig. 6),	60% Inhibition activity at 200 μ g/mL on T-47D cells		
<i>Fucus vesiculosus</i>	Fucoidan (3, Fig. 1)	Inhibit growth and apoptosis of HT-29 and HCT116 cells	<i>In vitro</i>	(149)
<i>Ecklonia cava</i>	Dieckol (9, Fig. 1)	50% anticancer activity at 84.3 μ g/mL and 99.6 μ g/mL on A2780 and SKOV3 cells	<i>In vitro</i>	(91)
<i>Laminaria japonica</i>	Phlorotannins (7, Fig. 1)	30% and 43% anti-proliferation activity at 100 μ g/mL on BEL-7402 and P388 cells	<i>In vitro</i>	(92)
<i>Lobophora variegata</i>	Fraction rich in fucans (FRF) (3, Fig. 1)	54% anticancer activity at 25 μ g mL ⁻¹ on HepG2 cells	<i>In vitro</i>	(150)
<i>Sargassum heterophyllum</i>	Sargaquinoic acid (SQA) (28, Fig. 3)	SQA displayed an IC ₅₀ of 67.4 \pm 5.9 μ M against MDA-MB-231cells via caspase-3activity and down-regulation of Bcl-2, cell cycle arrest in G1 phase.	<i>In vitro</i>	(151)
<i>Sargassum wightii</i>	Methanolic extract	29% and 41% anticancer activity at 200 μ g/mL on HeLa and MDA-MB 231 cell lines	<i>In vitro</i>	(152)
<i>Pyliella littoralis</i>	PLE extract	67.9%, 37%, 21.9%, and 20.2% anti-proliferative activity at 100 μ g/mL on HT-29, AGS, SK-HEP, NCI-H1299 cell lines	<i>In vitro</i>	(153)
<i>Laminaria japonica</i>	Fucoidan (3, Fig. 1)	2% osteoblast differentiation at 10	<i>In vitro</i>	(154)

Agardh, <i>Laminaria digitata</i>		Sarcoma 180 cells in mice at the doses of 50 and 100 mg/m ² /day for SVLV and SVHV, respectively		
<i>Sargassum fulvellum</i>	Pheophytin a (26, Fig. 3)	Enhances the neuro differentiation of PC12 cells at 3.9 µg/ml concentration.	<i>In vivo</i>	(159)
<i>Undaria pinnatifida</i> and <i>Hijikia fusiformis</i>	Fucoanthin, 5,6-epoxy-3'-ethanoyloxy-3,5'-dihydroxy-6',7'-didehydro-5,6,7,8,5',6'-hexahydro-β,β-caroten-8-one (23, Fig. 3)	Regulates the white adipose tissue (WAT) weight gain and hyperglycemia in diabetic/obese KK-A ^y mice	<i>In vivo</i>	(62)
<i>Eisenia bicyclis</i>	Pyropheophytin a (60, Fig. 6)	Antioxidant activity	<i>In vitro</i>	(111)
<i>Undaria pinnatifida</i>	Fucoanthin and its metabolite, fucoxanthinol (23, Fig. 3)	Inhibits adipocyte differentiation in 3T3-L1 cells	<i>In vitro</i>	(160)
<i>Undaria pinnatifida</i>	Fucoidan (3, Fig. 1)	15.2%, 29.8%, 39.3%; 45.1% inhibited growth of PC-3 cells and induced apoptosis at 10 µg/mL 50 µg/mL, 100 µg/mL, and 200 µg/mL respectively.	<i>In vivo</i>	(161)
<i>Fucus vesiculosus</i>	Fucoidan-Sulfated polysaccharides (3, Fig. 1)	80% anticancer activity at 100 µg/mL on DC cells and it has dose dependent cytoprotective activity.	<i>In vitro</i>	(63)
<i>Sargassum mcclurei</i>	Fucoidan Polysacchrides SmF1, SmF2, SmF3, and SmF3-DS (3, Fig. 1)	17, 48, 20, and 18% inhibited the colony formation of DLD-1 colon cancer cells at 100 µg/mL respectively.	<i>In vitro</i>	(162)
<i>Sargassum sp. Fucus vesiculosus</i>	Crude Fucoidan MTA and SIG (3, Fig. 1)	40 and 36% reduction in viability of LLC and B16 cells at 1µg/mL in dose dependent manner respectively.	<i>In vitro</i>	(34)
<i>Sargassum filipendula</i>	SF-0.7v fucoidan (3, Fig. 1)	38.1% and 31.0%, growth inhibition at 2.0 mg/mL on HepG2 and PC3 respectively.	<i>In vitro</i>	(163)
<i>Dictyopteris polypodioides</i>	Fucoidan (3, Fig. 1)	44 and 28 % growth inhibition at 200 µg/mL-1 on RPMI-7951 cells respectively	<i>In vitro</i>	(53)
<i>Ecklonia cava</i> , <i>Sargassum horneri</i> , <i>Costaria costata</i>	Fucoidan (3, Fig. 1)	8-55 % anticancer activity at 1-200 µg/mL-1 on SK-ML-28, DLD-1 cells.	<i>In vitro</i>	(56)
<i>Undaria pinnatifida</i>	Fucoidan of sporophyll (3, Fig. 1)	10-20% antitumor activity at 0-0.8 mg/ml on PC-3, HeLa, A549, HepG2 cancer cells	<i>In vitro</i>	(65)

<i>Dictyopteris delicatula</i>	Fucoidan (3, Fig. 1)	60-90 % inhibition in tumor growth at 2 mg mL ⁻¹ on Hela cancer cells	<i>In vitro</i>	(52)
<i>Sargassum stenophyllum</i>	Sarg A Fucoidan polysaccharides (3, Fig. 1)	40% and 80% decrease in B16F10 melanoma cell tumors with the dose of 1.5 or 150 µg per animal per day for 3 days	<i>In vivo</i>	(164)
<i>Laminaria digitata</i>	Fucoidan (3, Fig. 1)	Inhibited inflammation and heterotypic tumour cell adhesions on MDA-MB-231 tumor cells at significant level	<i>In vitro</i>	(165)
<i>Sargassum thunbergii</i>	Fucoidan fractions (3, Fig. 1)	Injection of 20 mg kg ⁻¹ per day for 10 days increases the survival of Ehrlich carcinoma implanted IP in ICR/Sic mice as compared to control	<i>In vivo</i>	(166)
<i>Alaria esculenta</i>	Crude extract	Crude extract reduced viability of Caco-2 cancer cells	<i>In vivo</i>	(167)
<i>Laminaria digitata</i>	Laminarin (2, Fig. 1)	Induced tumor growth HT-29 Bcl-2 cells by decrease in cytochrome c expression and increase in Bad and Bax, restrict phosphorylation of ErbB2 and accumulation of cells in sub-G1 and G2-M phase.	<i>In vivo</i>	(93)
<i>Ascophyllum nodosum</i>	Ascophyllan (6, Fig. 1)	Reduced the growth of U937 cells and also induced apoptosis and DNA fragmentation.	<i>In vivo</i>	(66)
<i>Ascophyllum nodosum</i>	Ascophyllan (6, Fig. 1)	Inhibited tumour growth of Vero and XC cells and increases the growth of MDCK cells at concentrations 0-1,000 µg/mL	<i>In vivo</i>	(67)
<i>Leathesia nana</i>	bis(2,3-Dibromo-4,5-dihydroxybenzyl) ether (20, Fig. 3)	Induced apoptosis in mouse breast cancer by a mitochondrial mediated pathway and ROS generation. Inhibits topoisomerase I and cell cycle activity in the S phase.	<i>In vivo</i>	(168)
<i>Undaria pinnatifida</i>	Fucoidan extract (3, Fig. 1)	Inhibits the angiogenesis by human umbilical vein endothelial cells.	<i>In vivo</i>	(116)
<i>Fucus vesiculosus</i>	Fucoidan (3, Fig. 1)	Induces apoptosis of human lymphoma HS-Sultan cancer cells by down-regulation of ERK and activation of caspase-3 pathways	<i>In vivo</i>	(169)

<i>Cladosiphon okamuranus</i>	Fucoidan (3 , Fig. 1)	Inhibited cell growth in MKN-45 cancer cells at 1mg/mL	<i>In vitro</i>	(170)
<i>Sargassum hemiphyllum</i>	Hedaol A, B, and C(61, 62, 63 , Fig. 6)	50% anticancer activity at 50 µg/mL to P-388 cells for Hedaol A, B and C, respectively	<i>In vitro</i>	(171)
<i>Hizikia fusiforme</i>	Ethanol extract	50-60 % inhibition in tumour growth with dose of 30-50 µg/mL. Increased caspases 3, 8,9 PARP and decreased IAP-2, Bcl-2, IAP-1 and XIAP	<i>In vivo</i>	(172)
<i>Ecklonia cava</i>	Dieckol (9 , Fig. 1)	Induced SK-Hep1 human hepatoma cell motility through suppression of matrix metalloproteinase-9 pathway	<i>In vivo</i>	(85)
<i>Sargassum fulvellum</i>	Sodium alginate (8 , Fig. 1)	Inhibited the tumor growth of S-180 in mice	<i>In vivo</i>	(83)
<i>Styopodim flabelliforme</i>	Styopodiol (38 , Fig. 4)	Induced anti-proliferation activity to SH-SY5Y cells with IC value of $\leq 50 \mu\text{M}$ and non-toxic to V79 normal cells	<i>In vitro</i>	(123).
<i>Styopodim flabelliforme</i>	Two Mero-diterpenoids derivatives $2\beta,3\alpha$ -epitaondiol (41 , Fig. 4), and flabellinol (42 , Fig. 4)	All three showed cytotoxic to neuro-2a cells at 2-11 µM and 9-24µM to NCI-H460 cells respectively	<i>In vivo</i>	(122)
<i>Bifurcaria bifurcata</i>	Elaganolone (64 , Fig. 6)	Strong antiprotozoal activity against <i>T. bruceirhodesiense</i> and a selective SI of 12.4 in LC6 cells	<i>In vitro</i>	(173)

2.2. Phenolic compounds

Polyphenols act as anti-oxidants and ability to scavenge free radicals and up-regulate certain metal chelation reactions and improves the body's own anti-oxidant system.⁷¹ Phenolics are secondary metabolites of seaweeds composed of aromatic rings bearing one or more hydroxyl groups and include

flavonoids, lignans, tannins and phlorotannins and may affect *In vivo* as receptor sensitivity,^{28,72} cell signaling pathways and gene regulation or inflammatory enzyme activity.⁷³ Phlorotannins (**7**, Fig. 1), are produced in abundant through secondary

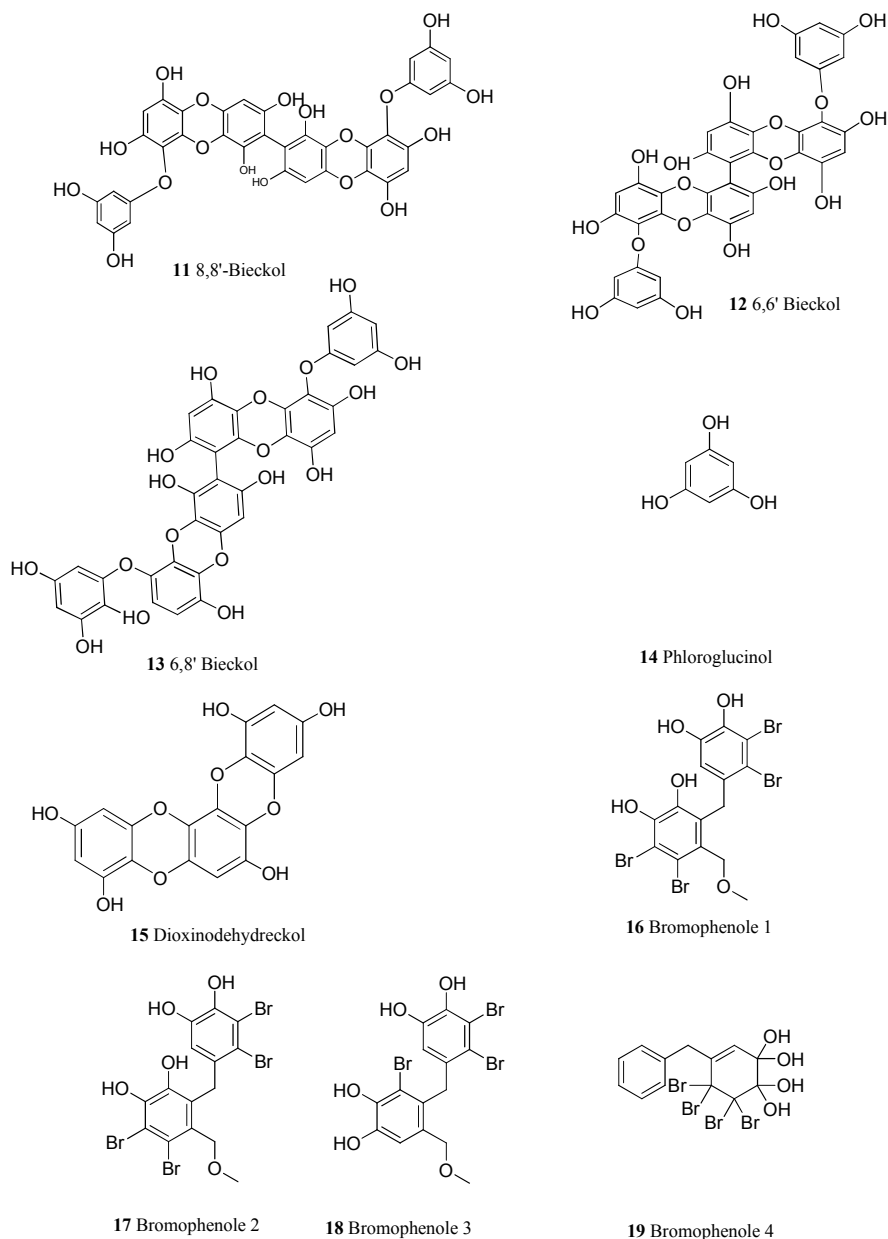


Fig. 2 Structures of compounds 11-19

metabolism in Phaeophyceae.⁷⁴⁻⁷⁶ Compound **7** (Fig. 1) consists of different molecular sizes (400-400,000 Da) and accounts (0.5-20%dw) in brown algae. The phenolic content quantitative analysis and comparative studies of *Fucaceae*, *Sargassaceae*, *Cystoseiraceae* and *Laminariaceae* have been reported.⁷⁷⁻⁸¹ The flavonoid content 88 $\mu\text{g}/\text{mL}$ have been isolated from methanol extract of brown alga *Turbinaria ornate* which exhibited significant anti-proliferation activity on A549, PC-3, HCT-15 and MG-63 tumor cells *In vivo*.⁸² Sodium alginate (**8**, Fig. 1), isolated from *Sargassum fulvellum* inhibited the tumor

growth of S-180 in mice.^{83,84} Dieckol (**9**, Fig. 1), from brown alga when treated to SK Hep-1 cells decreased TPA cell motility and MMP-9 activity which was associated to AP-1 in MAPK signalling pathways.⁸⁵ Methanol extracts of *Sargassum fulvellum* and *Sargassum thunbergii* inhibited 79.1% and 72.1% an inflammatory symptom of mouse ear edema without toxicity respectively.⁷⁴ Polyphenolic crude ethanolic extract from *Ecklonia cava* induced inhibition of MMP-2 and MMP-9 activity and the link to be associated between polyphenols and anticancer activity.⁸⁶

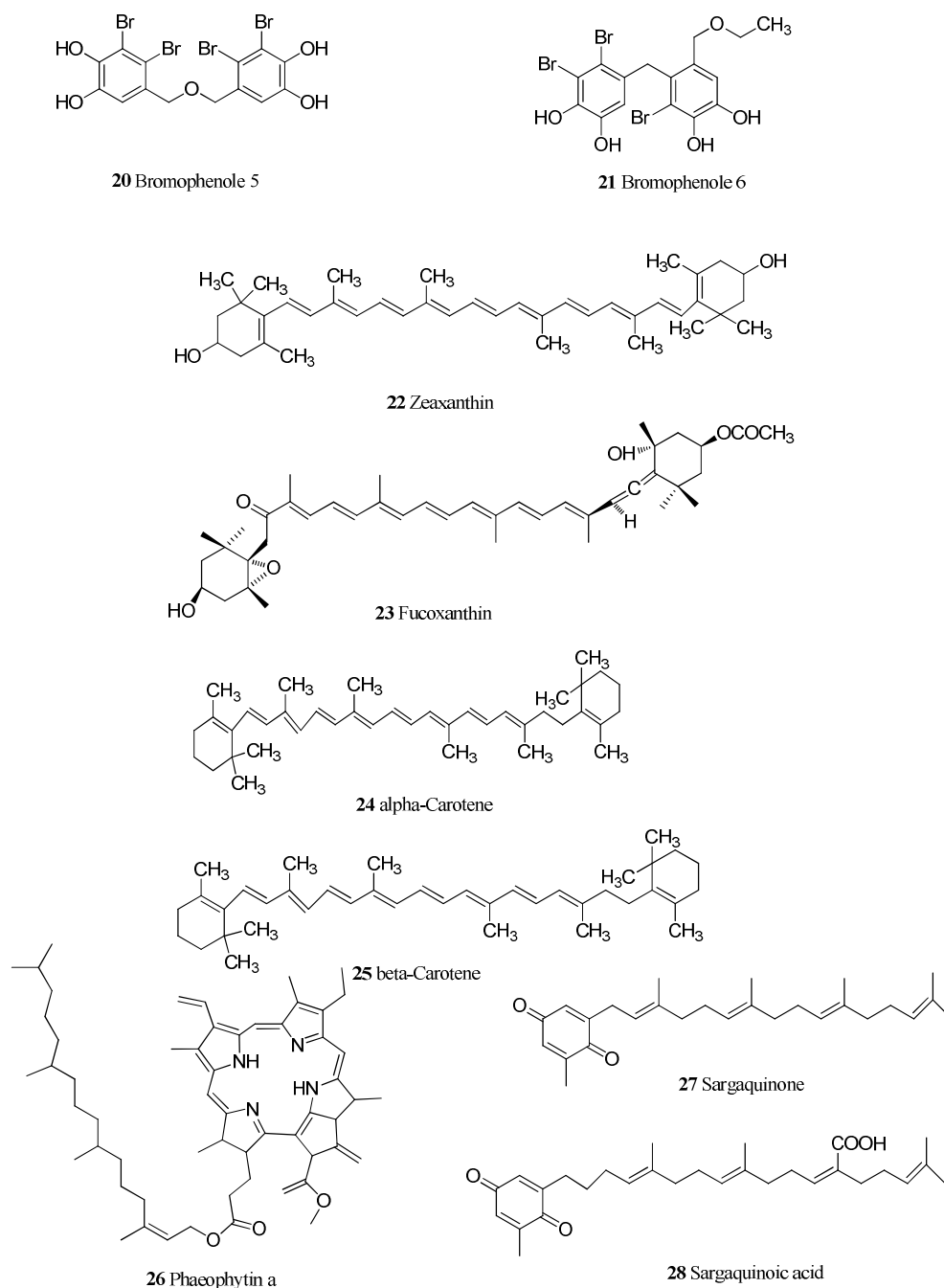


Fig. 3 Structures of compounds 20-28

Sargassum muticum, *Fucus vesiculosus*, *Gelidium sesquipedale* and *Cystoseira compressa* extracts were evaluated to find out the total flavonoid and phenolic contents to investigate the cytotoxic and mutagenic potential. Hexane extracts of these isolates have no significant cytotoxic and mutagenic activity against human hepatocellular carcinoma Hep 3B cell line when applied as 5-50 $\mu\text{g}/\text{mL}$. The finding results suggested that the phytochemical constituent of brown seaweeds might be suitable agents for the control of human deadly diseases.⁸⁷⁻⁸⁹ The Phlorotannin compounds such as eckol (**10**, Fig. 1), 8,8'-

bieckol (**11**, Fig. 2), 6,6'-bieckol (**12**, Fig. 2), and 6,8'-bieckol (**13**, Fig. 2), have been isolated from several brown algae *Sargassum fulvellum*, *Sargassum thunbergii*, *Ecklonia cava*, *Hizikia fusiformis*, *Ishige okamurae*, *Ecklonia cava*, *Eisenia arborea* and *Eisenia arborea*.⁷⁴ Phloroglucinol (**14**, Fig. 2), isolated from *Ecklonia cava* decreases the CD44+ cancer cell population and expression of CSC regulators such as Sox2, CD44, Oct4, Notch2 and β -catenin.⁹⁰ Compound **9** (Fig. 1) from *Ecklonia cava* exhibited 50% anticancer activity at 84.3 $\mu\text{g}/\text{mL}$ and 99.6 $\mu\text{g}/\text{mL}$ on A2780 and SKOV3 cells respectively.⁹¹ The

growth of two tumour cell lines BEL-7402 and P388 cells was inhibited to 30 to 43% at 100 $\mu\text{g}/\text{mL}$ of compound **7** (Fig. 1) rich extracts from *Laminaria japonica* and apoptosis also observed.⁹² Compound **2** (Fig. 1) isolated from brown alga *Laminaria digitata* induced apoptosis in HT-29 Bcl-2 cells in a dose dependent manner, via increased the percentage of cells in the sub-G1, G2-M phase and inhibited the heregulin-stimulated phosphorylation of ErbB2.⁹³ Similarly, a compound **1** (Fig. 1) was isolated from brown alga *Sargassum vulgare* and studied *In vivo* which exhibited 27 to 88 % inhibition in tumour growth of Swiss mice with S-180 implanted SC supplemented dose 50 and 100 mg m⁻² per Day for 10 days.⁹⁴ kimiya *et al.* studied various extracts of brown algae *In vivo* and *In vitro* including *Ecklonia cava*, *Codium fragile*, *Ulva japonica*, *Undarina pinnatifida* and *P.Binghamiae* against RBL-2H3 cells

at 100 to 200 $\mu\text{g}/\text{mL}$ among them, *P.binghamia* exhibited highest degranulation of both RBL-2H3 cells and as well mouse esinophils.⁹⁵ A Phlorotannin compound dioxinodehydroeckol (**15**, Fig. 2), induced apoptosis in MCF-7, MDA-MB-231 cells and increased the activities of caspases 3 and 9, Bax, p53, PARP pathways via down regulation of the NF- κ B and Bcl2.^{20,28} Bromophenol compounds from marine organisms especially from brown algae have proved to be valuable characteristic natural products with potential biological activities including antioxidant, antidiabetic, anticancer and α -glucosidase inhibitor activities. *Leathesia nana* a marine brown seaweed possess six unique bromophenols compounds (**16-21**, Fig. 2,3), derivatives and all six exhibited 50% anticancer activity at 10 $\mu\text{g}/\text{mL}$ on A549, BGC-823, MCF-7, B16-BL6, HT-1080, A2780, Bel7402 and HCT-8 cell lines respectively.^{96,99}

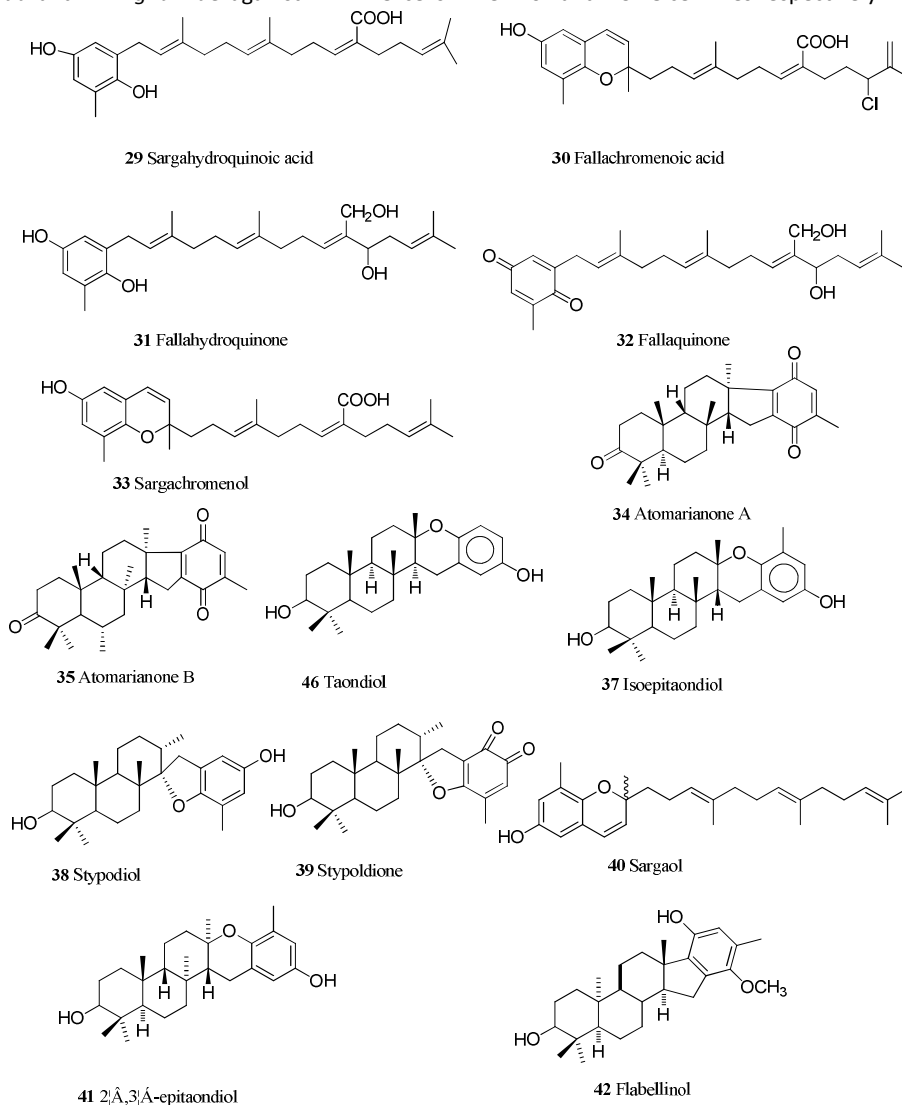


Fig. 4 Structures of compounds 29-42

2.3. Carotenoids

Carotenoids are natural pigments, dietary fibers and having functional compounds primarily found in both plants and animals. Brown seaweed cell wall contains catanonic

compounds including lutein, zeaxanthin (**22**, Fig. 3), and fucoxanthin (**23**, Fig. 3).^{100,101} Brown algae is considered as a rich marine reservoir of secondary metabolites especially carotenoids and possess bioactivities including, antioxidant,

anticancer, anti-inflammatory and anti-viral.¹⁰² Epidemiological investigations have evidenced that there is a clear link between seaweed carotenoids diet and cancer risk and considered most important pharmaceutical compounds, which might be a promising anticancer marine drug.¹⁰³ Carotenoids are coloured terpenes produced by secondary metabolism in brown algae with abundant structural variety, such as α -carotene (**24**, Fig. 3), and β -carotene (**25**, Fig. 3), chlorophyll a, phaeophytin a, (**26**, Fig. 3), lutein, zeaxanthin (**22**, Fig. 3), and fucoxanthin (**23**, Fig. 3), and play a key role in human nutrition, providing provitamin A, hormone synthesis, photomorphogenesis, photoprotection and cerebrovascular diseases.¹⁰⁴⁻¹⁰⁷ Compound **23** (Fig. 3) content values in the range 1-6 mg/g,^{15,18} structural variability,^{108,109} and bioactivity of some brown seaweeds have been reported up to 16 mg/g for *Turbinaria sp.*,¹⁰⁶ and higher for *Laminaria sp* and *Undaria pinnatifida*.¹⁰⁵ Compound **23** (Fig. 3) and Fucoxanthinol both reduced proliferation of HUVECs without affecting their chemotaxis and inhibits the growth in *ex vivo* rat aortic rings through suppression of micro vessel (CD31+ve) formation.¹¹⁰ Compound **23** (Fig. 3) derivative from two brown algae *Undaria pinnatifida* and *Hijikia fusiformis* regulates the white

adipose tissue (WAT) weight gain and hyperglycemia in diabetic/obese KK-Ay mice *In Vivo*.⁶² Similarly, compound **23** (Fig. 3) and its metabolite, fucoxanthinol was isolated from brown alga *Undaria pinnatifida* exhibited significant inhibition to adipocyte differentiation in 3T3-L1 cells.¹¹¹ Compound **23** (Fig. 3) induced apoptosis via activation of caspases 3 and 9, and reduced the expression of Bax and Bcl-2 proteins, but not Bcl-X(L).¹¹² However, apoptosis, DNA fragmentation, reduction in Bcl-2, Bax and caspase3-activation has been observed in DU145, PC-3 and LNCaP prostate cancer cell lines.^{113,114} Compound **23** (Fig. 3) reduced cell viability and induced apoptosis via decrease to Bcl-2 expression on HT-29 and DLD-1 cells.¹¹⁵ Compound **23** (Fig. 3) increased the NF κ B-regulated Bax/Bcl-2 mRNA ratio, via inhibition of ERCC1 and NF- κ B expression through blocking the P13K/AKT pathways. Also, induced cell inhibition of human hepatoma HepG2 cells and improve the activity of cisplatin treatment.¹¹⁶ Compound **23** (Fig. 3) induced apoptosis G2/M1 cell cycle arrest via down regulate the expression of CyclinB1, which was linked with the JAK/STAT pathway.¹¹⁷ Compound **23** (Fig. 3) induced apoptosis via reduction of cell viability in EJ-1 cancer cells and increased hypodiploid cells, DNA ladder and caspase 3 activities.¹¹⁸

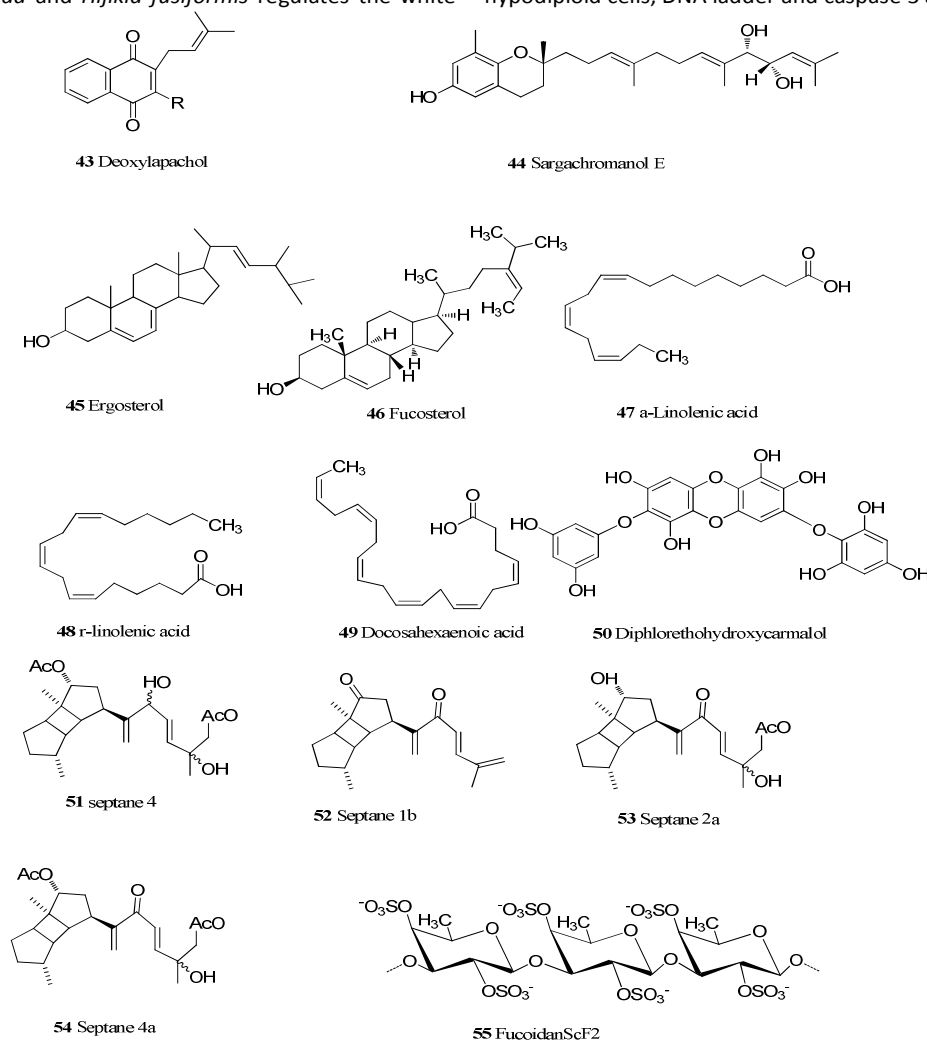


Fig. 5 Structures of compounds 43-55

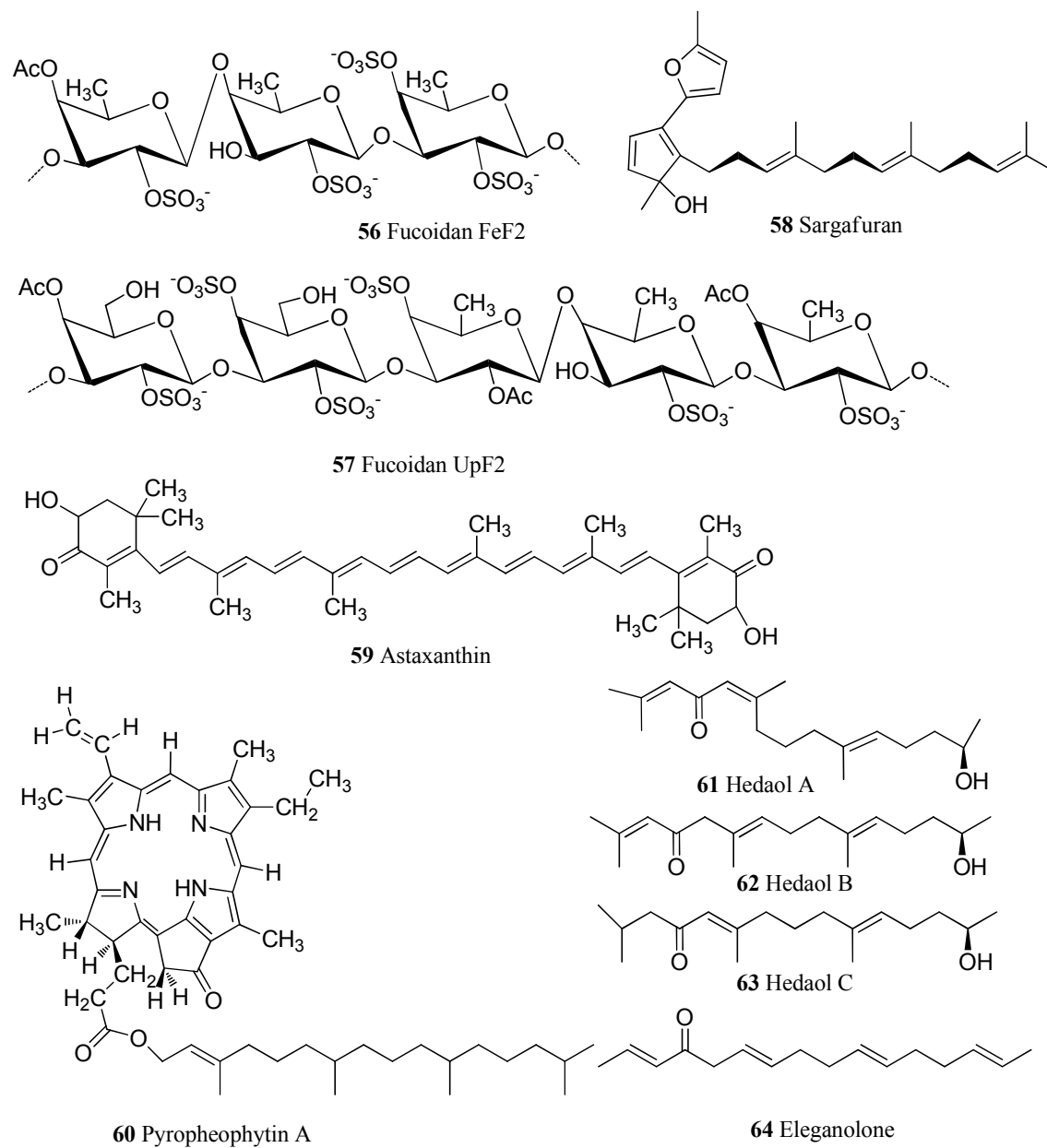


Fig. 6 Structures of compounds 56-64

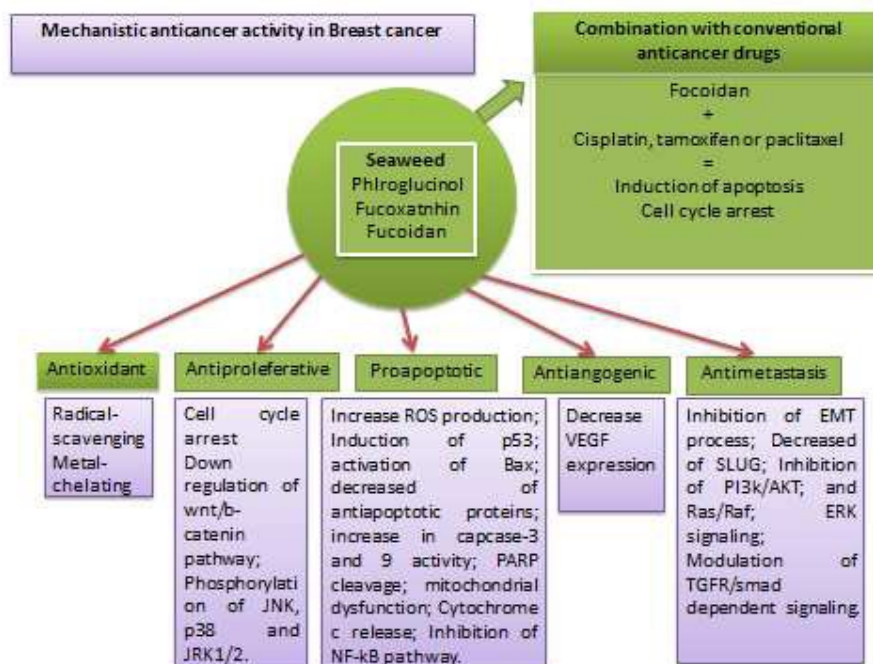


Fig. 7 Molecular mechanisms and targets of phloroglucinol, fucoxanthin and fucoidan mediating the anticancer activity in breast cancer.¹⁹²

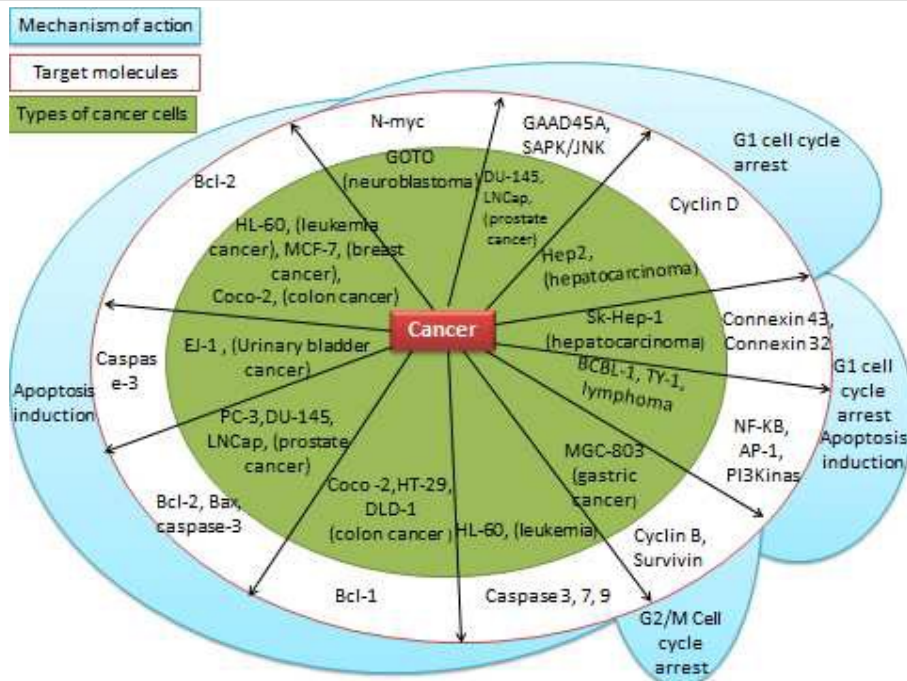


Fig. 8 Anti-cancer effects of fucoxanthin and fucoxanthinol on various types of cancer cells and their mechanism of action.¹⁹³

2.4. Terpenoids

Terpenes and polyketides for example, account most of the secondary metabolites and can be recognized as oligomers of the primary metabolites isoprene and acetate respectively. Terpenes and polyketides in brown algae frequently occur as secondary metabolites and their structure go to acyclic entities with a linear chain to complex polycyclic molecules, which are

considered as main component for cancer treatment.¹¹⁹ Antitumor activity of meroterpenoids metabolites isolated from *Sargassum fallax* against p388 human cancer cells were found IC_{50} of 17, 14, 32 and >27-29 μ M when treated with 1 mg/mL for Sargaquinone (**27**, Fig. 3), sargaquinone acid (**28**, Fig. 3), sargahydroquinone acid (**29**, Fig. 4), and Fallachromone acid (**30**, Fig. 4), fallahydroquinone (**31**, Fig. 4), fallaquinone (**32**, Fig. 4), Sargachromenol (**33**, Fig. 4), respectively.¹²⁰

Atomarianone A (**34**, Fig. 4), and B (**35**, Fig. 4), compounds were isolated from *Taonia atomaria* and both found cytotoxic to NSCLC-N6, A549 cell lines with IC₅₀ values of <7.35 μM.¹²¹ Diterpenoid metabolites isolated from a brown alga *Cystoseira mediterranea* tested *In vivo* against in mouse P388 leukaemia cells and found significant cell inhibition activity.¹²² The isolated terpenoid derivatives sargaquinone (**27**, Fig. 4), taondiol (**36**, Fig. 4), isoeptaondiol (**37**, Fig. 4), stypodiol (**38**, Fig. 4), stypoldione (**39**, Fig. 4), and sargaol (**40**, Fig. 4), were found strong antioxidant potential with specific biological activities such as, compound **39** (Fig. 4) which inhibits the microtubule polymerization, compound **36** (Fig. 4) exhibited anticancer activity, compound **37** (Fig. 4) related to insecticidal activity and cytotoxicity against P-388 lymphocytic cells related to metabolites compounds **27** and **40** (Fig. 4). Two Mero-diterpenoids including, 2β, 3α-epitaondiol (**41**, Fig. 4), flabellinol (**42**, Fig. 4), were isolated from *Stypopodium flabelliforme* and *In vivo* studied showed all three were cytotoxic to neuro-2a cells at 2-11 μM and 9-24 μM to NCI-H460 cells respectively.¹²³ Compound **38** (Fig. 4) induced anti-proliferation activity to SH-SY5Y cells with IC value of ≤50 μM and was also found non-toxic to V79 normal cells.¹²⁴

2.5. Proteins, Lipids, Sterols and Quinones, vitamins, fatty acids and amino acids

The protein structure of brown seaweeds and their biological potential are still poorly studied so far, but the amino acid composition is well documented by several studies.¹²⁵ The protein contents in the brown seaweed are usually considered small and different from species to species such as, *Undaria sp* has the highest ratio of 24% dry weight, followed by 17-21% for *Fucus*, *Sargassum*, *Laminaria* and lowest content 10% is for *Ascophyllum sp*. Brown seaweed proteins generally contains highest content of threonine, alanine, valine, glycine, leucine and lysine with several amino acids such as histidine, tryptophan, cysteine, methionine and tyrosine with lower levels.^{126,127} The combined glutamic acid and aspartic acid level 22-44%, 39-41% and 18% wet weight of the total amino acid fraction is reported for *Fucus sp*, *Sargassum sp* and *Laminaria digitata* respectively.¹²⁸⁻¹³⁰ Amino acids isolated from brown seaweeds *Sargassum vulgare* (*C. Agardh*) and *Sargassum thunbergii* extracts have been considered as potential source of new treatments for parasitic diseases such as antihelmintics.¹³¹ Ishihara *et al.* isolated two polyunsaturated fatty acids 18:4n-3 and 16:4n-3 from two brown marine algae *Ulva pertusa* and *Ulva pinnatifida* and extensively studied *In vivo* which exhibited strong inhibition on Lektrien B4, 5-hydroxyeicosatetraenoic acid and leukotriene C4 in MC/9 mice mast cells.¹³² Deoxylapachol a 1, 4-Naphthoquinone (**43**, Fig. 5), derivative isolated from *Landsburgia quercifolia* induced apoptosis to p-388 human cancer cells (IC₅₀ 0.6 pg/ml).¹³³ Sargachromanol E (**44**, Fig. 5), from *Sargassum Siliquastrum* induced caspase 3-mediated apoptosis in HL-60 cancer cells.¹³⁴ Two steroidal compounds named 3-Keto-22-epi-28-nor-cathasterone and cholest-4-ene-3, 6-dione were isolated from *Cystoseira myrica* which induced cytotoxicity to HEPG-2 and HCT116 cells in the range of 12.38-1.16 μM in selective patterns.¹³⁵ Ergosterols (**45**, Fig. 5), isolated from brown alga *Lyngaria stellata* exhibited noticeable hematopoietic effect when it was applied orally at the doses of 10 mg/200 g body weight to rabbits for 30 days.^{136,137} Another compound, Fucosterol (**46**, Fig. 5), isolated from brown seaweeds *Pelvetia*

siliquosa, *Cystoseira foeniculacea* and *Sargassum angustifolium* exhibited significant cytotoxic effect to HT-29, Caco-2 and T47D cells.^{138,139} *Laminaria japonica* glycoprotein (LJGP), induced apoptosis and cell cycle arrest in AGS, HepG2, HT-29 cancer cells in a dose-dependent manner via mediated by Fas signalling pathway, caspas-3 activation and mitochondrial pathway.¹⁴⁰ The PGE2 production and histamine release were lowered in the canine mastocytoma cell line C2 and RBL-2H3 cells treated with alpha-linolenic acid (**47**, Fig. 5), γ-Linolenic acid (**48**, Fig. 5), and docosaheptaenoic acid (**49**, Fig. 5), respectively.^{141,142}

3 Mechanisms of action and comparison of toxicity of compounds with other chemotherapeutic drugs

In recent decades, the scientists have had much attention to know the nature of initialization and progression of malignant tumors through the advancement of genetics and molecular biology. In some papers, there are some mechanistic studies proved the role of these compounds to regulate the biological and physiological processes of the cell and got much attention of the researchers around the chemotherapeutic world.^{20,65,66,138} In some reports, the researchers identified specific inhibitory activity of natural compounds from brown seaweeds, on a number of key cellular processes including, antimetastatic, antiangiogenic, telomerase, proapoptotic, tumor angiogenesis and apoptosis pathways.^{174,175} Compound **6** (Fig. 1) has been reported to induce cytokine release TNF and granulocyte colony-stimulating factor (GCSF) from macrophage-derived RAW264.7 cells through apoptosis and DNA fragmentation,⁶⁶ and a sulphated polysaccharide compound **3** (Fig. 1) extracted to *Hydroclathrus clathratus* was found to increase tumor necrosis factor (TNF-α) in mouse serum.⁶⁴ Compound **14** (Fig. 2) has been evidenced to inhibit the epithelial-mesenchymal cell transition (EMT) process and suppression of metastatic ability of breast cancer cells through decrease in expression of SNAIL-related zinc-finger transcription factors and inhibition of PI3K/AKT and Ras/Raf-1/ERK signaling pathways.¹⁷⁶ Compound **22** (Fig. 3) proved its anti-carcinogenic activity to interrelated with mutagens such as 1-nitropyrene,¹⁷⁷ and aflatoxin B1 (AFB1),¹⁷⁸ by regulating specific genes involved in T-cell transformations.¹⁷⁹ Compound **23** (Fig. 3) has been evidenced to induce the apoptosis through caspase-3, 7, 9 activation and suppress the Bax and Bcl-2 proteins expression through inhibition of NF-κB pathway in several cancer cell lines including, HL-60 cell line,¹¹⁴ MDA-MB-231,¹⁸⁰ MCF-7 breast cancer cells,¹⁸¹ Caco-2 colon cancer cells,¹⁸² Caco-2, HT-29, DLD-1 cells,¹¹⁵ prostate cancer cell line¹¹² and urinary bladder cancer EJ-1 cell line.¹¹⁸ Compound **25** (Fig. 3) prevents the carcinogenesis by preventing DNA damage,¹⁸³ onset of cancers, especially lung cancer,¹⁸⁴ and regulates several biological functions including, hormones, tissue growth and differentiation, mediators of cell signalling and regulators of cells.¹⁰⁴ Compound **59** (Fig. 6) rich algal extract has been evidenced potent protection against UVA-induced DNA damage to melanocytes, intestinal CaCo-2 cells,¹⁸⁵ and inhibition of androgen-induced proliferation of human prostate cancer cells.^{113,186} In current scenario of chemotherapy, there are several studies have been proved the synergistic effects of natural bioactive compounds when in

combination with complementary or conventional anticancer drugs.^{187, 188, 189} The chemotherapeutics have been received promising results for application of natural compounds when combination with commonly used anticancer drugs such as, activation of different molecular mechanistic pathways, improve drug absorption, enhance anticancer drug efficiency and increase the clinical responses.^{175,27,190} Compound **7** (Fig. 1) rich extract exhibited significant anti-proliferative effect than that of 5-fluorouracil (a commercial chemotherapy drug), against P388 and BEL-7402 cancer cells with the doses of 120 µg/ml and >200 µg /ml, respectively.⁹² A recent finding for compound **22** (Fig. 3) has been evidenced the significant antiproliferative effect against MCF-7 and MDA-MB-231 cells, through apoptosis and cell cycle arrest, when co-treated with cisplatin, tamoxifen and paclitaxel. Suppression of Bcl-2 proteins expression, ERK and AKT signalling pathway, regulation of estrogen receptors and production of oxidative stress would be the possible mechanisms.²⁷ Compound **23** (Fig. 3) has been found promising results when combine treatment with oxaliplatin/5-fluorouracil/leucovorin or irinotecan/ fluorouracil/leucovorin, such as decrease in fatigue, and increase the survival rate of patients that received co-treatment.¹⁹¹ Compound **50** (Fig. 5) has been found more potent than that of acarbose, a commercial carbohydrate digestive enzyme inhibitor, against alpha-glucosidase and alpha-amylase with IC₅₀ values of 0.16mM and 0.53mM, respectively. It can be considered as potent chemotherapeutic drug for treating diabetes.¹⁴³ However, despite the strong potential of these studies, the natural compounds needs more comprehensive study before translation into useful modern chemotherapeutic drugs.

4 Conclusions and prospective

Cancer is a multi-faceted molecular disease that is undruggable to date. The academic and research institutes after their intensive efforts are still unable to find potential antitumor compounds rather than few products.¹⁹⁴ Hence, there is growing trend by the scientist to find out a novel compound to treat the cancer. Although, few marine antitumor compounds are being practiced to treat the human deadly diseases like cancer but they are known to have some side effects such as sleepiness, nervousness, tiredness and drowsiness. To eliminate these side effects, the scientists had paid a great attention to find out the potential drugs from marine source with potent efficacy and specificity for the treatment of cancer. Brown seaweeds have a diversity of compounds and novel entities such as polysaccharides, polyphenolic contents, carotenoids, terpenoids, bromophenols, proteins, lipids, amino acids, vitamins, sterols and quinines. Therefore, *In vitro* and *In vivo* studies of these compounds have proved their strong potential against cancer cells without toxicity. Considerably, there are still many issues persist to develop a marine drug such as toxic side effects and large scale production. However, biochemical combinatorial genetic and metabolic engineering can be helpful for the development of natural drugs by the modification or eliminating the toxic groups from these natural compounds to obtain a pure compound which are more specific and less cytotoxic. In addition, the anticancer activity

and specificity of active compounds can be increased to find out the exact mechanism of action, structural activity relationship, synthetic method and drug metabolism. There is need for extensive study to overcome the issues related to find out the desired compounds such as large scale production and it can be improved through aquaculture and fermentation processes. Brown seaweeds studied so far, exhibited strong potential against various cancer cells without producing toxicity, therefore, there is a need to explore the marine brown algae for the development of new pharmaceutical products. Thus, this review might be useful for developing potential anticancer drugs from brown seaweeds.

Abbreviations

- 1 IFN- Interferon factor
- 2 NK - Natural killer
- 3 FCSPs-Fucoidan complex sulphated polysaccharides
- 4 AGS- human stomach cancer cell line
- 5 RPMI-7951- Human malignant melanoma obtained
- 6 P-388- Murine leukaemic cells
- 7 Pc-3-prostate cancer
- 8 A549-alveolar carcinoma
- 9 Hela-Cervical cancer
- 10 HepG2-heptacellular carcinoma
- 11 U937- Human leukaemic monocyte lymphoma
- 12 kDa-Kilo Dalton
- 13 SK-ML-5- Human malignant melanoma
- 14 SK-ML-28- Human malignant melanoma
- 15 HCT-15- human colon cancer cell line
- 16 MG-63- Human osteosarcoma
- 17 MCF-7- Breast cancer
- 18 Hep-2- Liver Cancer
- 19 S-180- Sarcoma 180
- 20 Dw-Dry weight
- 21 MAPK-Mitogen-Activated Protein Kinase
- 22 TPA-Tetradecanoylphorbol acetate
- 23 MMP-9- Matrix metalloproteinase-9
- 24 AP-1- Activator Protein -1
- 25 Hep 3B- human hepatoma cell line
- 26 BGC-823- human gastric cancer cell line
- 27 B16-BL6- Murine melanoma
- 28 HT-1080- Human fibrosarcoma cells
- 29 A2780- human ovarian cancer cell line
- 30 Bel7402- human hepatocellular carcinoma
- 31 HCT-8- Human colon cancer cells-
- 32 CSCs- cancer stem-like cells
- 33 SKOV3- human ovarian carcinoma cell line
- 34 P388-human leukaemia cells
- 35 HT-29- Human colon adenocarcinoma cells
- 36 RBL-2H3- basophilic leukemia cell line
- 37 MDA-MB-231- Human mammary adenocarcinoma
- 38 WAT-white adipose tissues
- 39 HUVECs- Human umbilical vein endothelial cells
- 40 3T3-L1- mouse adipose tissue cell line
- 41 DU145- human prostate cancer cell line
- 42 LNCaP- human prostate adenocarcinoma cell line

43 DLD-1- Human colorectal adenocarcinoma
 44 ERCC1- Expression of excision repair cross
 complementation 1
 45 PI3K/AKT- Phosphatidylinositol 3-kinase
 46 NF κ B- Nuclear transcription factor kappa B
 47 EJ-1- human bladder cancer cells
 48 MGC-803- Human gastric adenocarcinoma cancer cells
 49 JAK/STAT- Janus Kinase/Signal transducer and activator
 of transcription
 50 neuro-2a- mouse neuroblastoma cell line
 51 V79- Chinese Hamster Lung Fibroblast Cell Line
 52 MC/9-mice mast cells
 53 HCT116- Human colon cancer cells
 54 Caco-2 - Human epithelial colorectal
 55 T47D- Breast cancer cell line
 56 LJGP- *Laminaria japonica* glycoprotein
 57 EBL- *Eiseniabicyclis* laminaran
 58 SgF-Sulfatedglactofucan
 59 AaF-*Alariaagustafu*coidan
 60 AaL-*Alariaagustalamin*aran
 61 ScF-*Sargassumcichorioidesfu*coidan
 62 FeF-*Ficusevanescensfu*coidan
 63 UpF-*Undariapinnatifidagalactofucan*
 64 FRF-Fraction rich in fucans
 65 SQA-Sargaquinoic acid
 66 PLE-*Pylaiellalittoralis* extract
 67 NCI-H1299-Human lung cancer cell line
 68 hABM-MSCs- human alveolar bone marrow-derived
 mesenchymal stem cells
 69 ERK- Extracellular signal-related kinase
 70 JNK- c-Jun N-terminal kinase
 71 KB- Human leukemia-lymphoma cell line
 72 NSCLC-N6- Human non-small cell bronchopulmonary
 carcinoma line
 73 PTK- protein tyrosine kinase
 74 SVLV-*Sargassum vulgare* low viscosity
 75 SVHV- *Sargassum vulgare* high viscosity
 76 PC12- Clonal rat pheochromocytoma cell line
 77 DC - Dendritic cells
 78 SmF- *Sargassummcclurei*fucoidan
 79 LCC-Lewis lung carcinoma cells
 80 MCB16- melanoma cells B16
 81 MDCK- Madine - Darby canine kidney
 82 ROS-Reactive oxygen species
 83 MKN-45- Human gastric adenocarcinoma
 84 SK-Hep1- Human hepatoma cell line
 85 LC6- large cell lung cancer cell line
 86 SH-SY5Y- Human neuroblastoma cell line
 87 NCI-H460-Lung cancer cell line
 88 EELN- Ethanolic extract of *Leathesia nana*
 89 GCSF- Granulocyte colony-stimulating factor
 90 EMT-Epithelial-mesenchymal cell transition

41306157), China Postdoctoral Science Foundation (No. 2015T80755 and 2014M551972), the National science and technology support project (2013BAB01B02-2), Focus on research and development plan in shandong province (2015GGF01039), Science and Technology Development Program of Qingdao Shinan District (No. 2013-12-008-SW), Basic Research Projects of Qingdao Science and Technology Plan (No. 14-2-4-35-jch).

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Acknowledgements

The work was supported by the National Natural Science Foundation of China (No. 41276167, 41206066, 41506169 and

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Components of brown seaweeds are potential candidate for cancer therapy - a review

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Brown seaweeds had opened new opportunities for the development of novel anticancer agents due to their diverse structural composition and mode of action.

