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from biofilm to suspension**

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Water Impact Statement

While the deammonification bioprocess allows for energy efficient nitrogen removal from sidestream wastewater flows, its application to mainstream flows remains stalled in the research phase. This study demonstrates improvement in a mainstream deammonification reactor by bypassing some primary effluent around the A-stage. Adjusting this bypass allows for a tunable C:N ratio and translates directly to processes with upstream A-stage reactors.

1 **Optimization of the carbon to nitrogen ratio for mainstream deammonification and the**
2 **resulting shift in nitrification from biofilm to suspension**

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10

11 Abstract

12 Application of the deammonification process to mainstream wastewater promises energy-
13 efficient nitrogen removal, but has been limited by unwanted activity of nitrite oxidizing bacteria
14 and low anammox activity at moderate temperatures (<20 °C). In the present study, N removal in
15 a mainstream integrated fixed-film activated sludge (IFAS) deammonification process increased
16 by 27% to 73% total inorganic nitrogen (TIN) removal by diverting 10% of the primary effluent
17 flow around the A-stage and directly into the deammonification reactor, thereby increasing the
18 influent C:N ratio from 2.3 to 3.1 g sCOD/g NH₄⁺-N. This change coincided with a dramatic
19 shift in nitrification activity from the biofilm to the suspension, and the increased carbon enabled
20 a higher suspended solids concentration at a realistic solids retention time of 7.3 ± 2.1 days.
21 Anammox biomass and activity was retained over the entire study (>3 years) and was not
22 negatively impacted by the increase in influent carbon. N isotope testing indicated that cross
23 feeding between denitrifiers and anammox played an important role in N removal and that about
24 53% of N removal was ultimately routed through the anammox metabolism. The reactor
25 temperature was controlled near 20 °C for most of the study, and 72% TIN removal was
26 maintained during a temperature decline down to 12 °C (after which TIN removal reduced to an
27 average of 58% from 12 down to 8 °C). Our work demonstrates the impact of small changes in
28 C:N on performance, population structure, and aggregate type (biofilm vs. floc) in mainstream
29 deammonification bioprocesses and provides a simple approach to control C:N in practice.

30

31

32 **Introduction**

33 Deammonification is a carbon and energy-efficient method for nitrogen (N) removal that
34 combines the activity of aerobic ammonia oxidizing bacteria (AOB) and anaerobic ammonia
35 oxidizing bacteria (anammox) to produce dinitrogen gas (N_2). Specifically, AOB oxidize a
36 portion of the ammonium (NH_4^+) present in wastewater to nitrite (NO_2^-) with dissolved oxygen
37 (DO) as an electron acceptor, and anammox oxidize the remaining NH_4^+ and reduce the resulting
38 NO_2^- to produce N_2 . Both metabolic pathways are autotrophic, meaning that organic carbon can
39 be redirected to energy recovery or other metabolic processes. Full-scale applications of the
40 deammonification process to sidestream flows in wastewater treatment plants (with process
41 temperatures around 30 °C and influent ammonium > 300 mgN/L) have grown in recent years.¹
42 Application of deammonification to mainstream wastewater that harbors the vast majority of
43 reactive nitrogen in typical municipal wastewater treatment plants is limited, but research efforts
44 have continued²⁻⁸ due its potential to contribute to the transformation of wastewater treatment
45 from an energy intensive to an energy exporting endeavor.⁹⁻¹¹ Key challenges that have hindered
46 implementation of deammonification under mainstream conditions include high nitrite oxidizing
47 bacteria (NOB) activity (and thus low total N removal) and low anammox activity at low
48 temperatures.^{12,13}

49 Biofilm systems have gained attention under mainstream conditions for their ability to retain
50 anammox biomass and activity,^{4,14,15} but their impact on NOB activity is less clear. Sufficient
51 concentrations of suspended solids in biofilm systems can may shift NOB off the biofilms and
52 into the bulk¹⁶ where they can be selectively washed out via solids retention time (SRT) control,
53 as in Laureni et al. (2019).¹⁷ However, with the low COD loading in that study, accumulation of

54 sufficient suspended solids to induce the shift of NOB from the biofilm required an SRT of >150
55 days,¹⁷ which is unrealistic for practice.

56 For this reason and others, suppression of NOB has remained a vexing and persistent
57 challenge in mainstream deammonification studies, leading some researchers to abandon efforts
58 to completely suppress NOB activity and focus on systems for combined nitrification, anammox
59 and denitrification.^{18–21} The impact of organic carbon on competition between functional groups
60 in mainstream processes is critical, given that certain methods for NOB out-selection are only
61 available under sidestream conditions, such as high temperatures²² and elevated free ammonia.^{23–}
62 ²⁵ A minimal COD:N ratio has long been assumed to be advantageous in deammonification, as
63 this should favor autotrophs like anammox and AOB over ordinary heterotrophs and
64 denitrifiers.^{26,27} However, under sidestream conditions, moderate levels of organic carbon can
65 improve N removal, while excess carbon can lead to anammox suppression via out-competition
66 by denitrifiers and process failure^{28–35}. Though not required by key functional groups, organic
67 carbon may improve mainstream deammonification by increasing residual N removal via
68 denitrification,⁶ improving cross-feeding to anammox via denitrification,¹⁸ and increasing
69 competition for (DO), thus reducing nitrate (NO₃⁻) production and increasing N removal.
70 However, the influence of influent COD:N on aggregate type (biofilm vs. floc), population
71 segregation and activity of nitrifiers and anammox in mainstream deammonification systems is
72 poorly understood. Furthermore, a practical means to adjust COD:N has not been demonstrated
73 under real-world conditions.

74 The objective of this paper is to demonstrate a novel and cost-effective solution for tuning
75 the relative organic carbon content of deammonification systems with upstream A-stage carbon
76 removal, and to demonstrate its influence on aggregate type (biofilms versus flocs), microbial

77 activity, and population structure. N removal in a mainstream integrated fixed-film activated
78 sludge (IFAS) deammonification process operated for >1,000 days improved by diverting 10%
79 of the primary effluent flow around the A-stage and directly into the deammonification reactor.
80 Importantly, this change marked a dramatic shift in nitrification activity from the biofilm to the
81 suspension at a realistic SRT of 7.3 ± 2.1 days, a shift that was not observed during previous
82 IFAS mode without 10% primary effluent in the influent. Anammox biomass and activity was
83 selectively retained on the biofilm over the entire study (>3 years) and was not negatively
84 impacted by the increase in influent COD. N isotope testing was performed to measure the
85 relative contributions of denitrification and anammox to N removal.

86 **Materials and Methods**

87 *Reactor Operation*

88 A 12-L sequencing batch reactor (SBR, but hereafter referred to as “reactor”) for
89 mainstream deammonification treatment was operated at the Metropolitan Water Reclamation
90 District of Greater Chicago (MWRDGC) Terrence J. O’Brien Water Reclamation Plant (WRP)
91 in Skokie, Illinois for 1,128 days. The reactor was seeded to a fill ratio of 30% on May 24, 2016
92 (“day 0” of operation) with anammox-enriched K5 carriers from the Kruger/Veolia Biofarm at
93 James River, VA (equivalent to ~3400mg VSS/L) and ~340 mg VSS/L suspended growth
94 biomass from the full-scale sidestream DEMON® process at the York River treatment plant
95 (Hampton Roads Sanitation District) (equivalent to 10% of the estimated VSS on K5 carriers).
96 Upstream treatment of real wastewater included primary settling tanks and a 56-L activated
97 sludge SBR (“A-stage”) for biological COD and phosphorus removal. From days 0 – 899, 100%
98 of the reactor influent was A-stage effluent, and from day 900 to the end of the study (day 1,128)
99 90% of reactor influent was A-stage effluent and 10% was untreated primary effluent. Because

100 of the notable change in reactor performance after bypassing 10% of the influent around the A-
101 stage, data reporting in this study is split into Phase 1 (days 0 – 899) and Phase 2 (days 900 –
102 1,128).

103 Aside from reactor inoculation on day 0, only 2 bioaugmentation events occurred
104 throughout the study. First, on day 849 additional anammox-enriched K5 carriers were
105 supplemented from the MWRDGC Egan WRP ANITA™ Mox process (Schaumburg, IL, USA)
106 to a final volumetric fill ratio of 38% (up from the original 30%) to increase the anammox
107 population. Second, on day 900, 3 liters of mixed liquor from a 56-L nitritation-denitritation
108 SBR³⁶ (selected because it demonstrated robust selective nitritation) was added to increase the
109 suspended biomass concentration (by 310 mg VSS/L). The biomass contained *Nitrosomonas*
110 AOB, *Nitrotoga* and *Nitrospira* NOB and other bacteria according to 16S rRNA gene amplicon
111 sequencing; see Roots et al. (2019) for further details.³⁶

112 From days 0 to 335 SBR control was managed with ChronTrol programmable timers (4-
113 circuit, 8-input XT Table Top unit, ChronTrol, San Diego, CA, USA), and from days 336 to the
114 end of the study with code-based programmable logic control (PLC) (Ignition SCADA software
115 by Inductive Automation, Fulsom, CA, USA, and TwinCAT PLC software by Beckhoff, Verl,
116 Germany). Online sensors included the ammo::lyser™ eco + pH ion-selective electrode for
117 ammonium and pH and the oxi::lyser™ optical probe for dissolved oxygen (DO) (s::can, Vienna,
118 Austria). The reactor was operated in IFAS mode aside from days 132 – 314, when mixed liquor
119 wasting was performed for operation in MBBR mode. Temperature was controlled to about 20
120 °C from days 0 to 951, gradually reduced to 8 °C from days 952 to 1,076 to stress test
121 performance after achieving optimized N removal in Phase 2, and immediately increased back to
122 around 20 °C from days 1,077 to the end of the study, day 1,128.

123 SBR control from day 0 to 357 consisted of the following fixed cycle lengths resulting in
 124 a fixed 9-hour hydraulic retention time (HRT) not including settling or decant:

- 125 • 6-L (50% volume) reactor fill (~2 min)
- 126 • Intermittently aerated reaction period (270 min)
 - 127 ○ (peak DO 0.2 – 2 mg O₂/L, aeration intervals 8 – 60 min long)
- 128 • Settling (40 min)
- 129 • 6-L decant (5 min)

130 The HRT is defined as the reactor volume divided by the flow rate out. In SBR operation
 131 the flow rate is intermittent and can be interpreted as the decant volume divided by the cycle
 132 time. However, to facilitate comparison to the HRT of plug flow configurations with a separate
 133 settling tank, the settling and decant times were not included in the flow rate calculation. In this
 134 case, the HRT = $\frac{\text{reactor volume}}{\text{decant volume}/\text{reaction time}} = \frac{12 \text{ L}}{6 \text{ L}/270 \text{ minutes}} = 9 \text{ hours}$.

135 On day 358 ammonia-based control was implemented, wherein the aerated portion of the
 136 cycle was terminated when the target effluent ammonium concentration of 2 mg NH₄⁺-N/L was
 137 reached. SBR control from day 358 to the end of the study, day 1,128, consisted of the following
 138 cycle times resulting in a variable 6.2 ± 2.5-hour HRT not including settling or decant:

- 139 • 6-L (50% volume) reactor fill (~2 min)
- 140 • Anoxic reaction period (no aeration, 20 min)
- 141 • Aerated reaction period (variable length: 30 – 500 min)
 - 142 ○ Days 358 – 413: Intermittent aeration (peak DO 1 – 2 mg O₂/L, aeration
 143 intervals 8 – 60 min long)
 - 144 ○ Days 414 – 1,128: Low constant aeration (0.05 – 0.2 mg O₂/L)
- 145 • Anoxic reaction period (no aeration, 20 – 30 min)
- 146 • Settling (30 – 50 min)
- 147 • 6-L decant (4 – 5 min)

148 *Reactor Sampling, SRT Control, and Batch Activity Assays*

149 Composite influent and effluent samples (with approximately 24-hour composite times)
 150 were collected 3 to 5 times per week and refrigerated at 4 °C after filtration and preservation per

151 analysis requirements according to Standard Methods.³⁷ Analyses included total and soluble
152 chemical oxygen demand (COD), total phosphorus, orthophosphate, total and volatile suspended
153 solids (TSS and VSS), alkalinity, total Kjeldahl nitrogen (TKN), ammonium ($\text{NH}_4^+\text{-N}$),
154 combined nitrate + nitrite ($\text{NO}_3^- + \text{NO}_2^- = \text{NO}_x^-\text{-N}$), and $\text{NO}_2^-\text{-N}$ (one time per week) per
155 Standard Methods.³⁷ Carrier biomass was scraped off of whole K5 carriers in duplicate once per
156 month and analyzed for total and volatile dry solids per Standard Methods.³⁷

157 The SRT of suspended biomass in the reactor was calculated by accounting for solids
158 losses through both mixed liquor wasting (which occurred only from days 132 – 314, during
159 which the reactor was effectively a MBBR) and in the effluent. The presence of floating
160 biocarriers often prevented effective settling of suspended biomass, so settled solids were
161 occasionally returned from the effluent (composite sampling) tank to the reactor when high
162 suspended SRT values were targeted. In these cases, effluent VSS concentrations were measured
163 from the overflow of the composite sampling tank for use in SRT calculations.

164 Batch kinetic assays were performed to determine maximum activities of anammox,
165 AOB, and NOB functional groups under non-limiting substrate conditions as previously
166 described^{8,38}, and maximum activity of AOB and NOB was measured separately for suspended
167 and carrier biomass. See Supporting Information for details.

168 *Nitrogen Isotope Testing*

169 Nitrogen stable isotope testing was performed on days 1,100, 1,112 and 1,128 to estimate
170 the relative contributions of anammox and denitrification to N removal following Wang et al.
171 (2015).³⁹ Isotopes of $^{15}\text{NH}_4^+$, $^{15}\text{NO}_3^-$ and $^{15}\text{NO}_2^-$ were spiked separately under initially anaerobic
172 conditions (i.e. with no O_2 , $^{14}\text{NO}_3^-$, or $^{14}\text{NO}_2^-$ present), with $^{14}\text{NH}_4^+$ already present in solution, to
173 quantify the percent contribution of anammox and denitrification by measuring the relative

174 amounts of $^{29}\text{N}_2$ and $^{30}\text{N}_2$ produced, respectively. Further details can be found in the Supporting
175 Information.

176 *Biomass Sampling, DNA Extraction, qPCR and 16S rRNA Gene Sequencing*

177 Suspended (floccular) and carrier (biofilm) biomass was sampled once or twice per
178 month for 16S rRNA gene sequencing analyses. Suspended biomass was washed with Tris-
179 EDTA buffer before archiving at $-80\text{ }^\circ\text{C}$, and whole K5 biocarriers were sampled and archived
180 directly at $-80\text{ }^\circ\text{C}$. DNA extraction was performed in duplicate with the FastDNA SPIN kit for
181 soil (MPBio, Santa Ana, CA, USA) per the manufacturer's instructions, and DNA concentration
182 of the extracts was measured via 260 nm wavelength light absorption on an Eppendorf
183 BioSpectrometer® fluorescence (Hauppauge, NY, USA).

184 Quantitative polymerase chain reaction (qPCR) was used to quantify anammox in carrier
185 biomass via the hydrazine synthase (*hzsA*) gene. The 1597f/1829r primer set was used with
186 reaction conditions described in Harhangi et al. (2012)⁴⁰ *HzsA* gene copy numbers were
187 normalized to ng DNA of the extracts.

188 For 16S rRNA gene sequencing, the V4–V5 region of the universal 16S rRNA gene was
189 amplified on biological replicates for each sample via the 515F-Y/926R primer set⁴¹ as
190 previously described.⁴² Raw sequence reads were deposited in GenBank with accession number
191 PRJNA599569. Further details on biomass sampling, qPCR, and 16S rRNA gene sequencing can
192 be found in the Supporting Information.

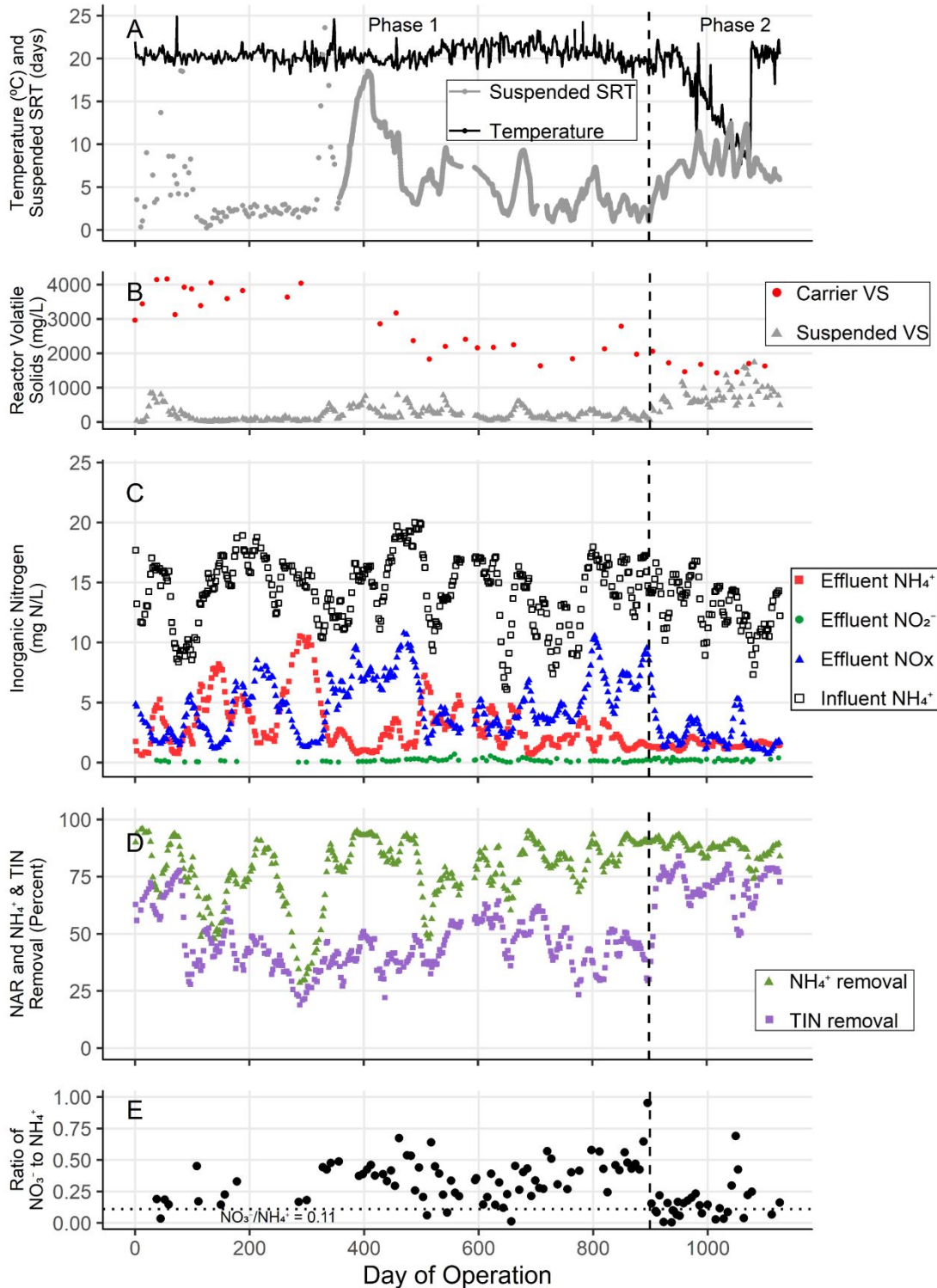
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194 **Results and Discussion**

195 *Phase 1 Reactor Performance*

196 In the first 78 days of reactor operation, after biomass inoculation from a sidestream
197 deammonification process on day 0, good performance of 69% total inorganic nitrogen (TIN)
198 removal was observed (Figure 1). After day 78, effluent NO_3^- concentrations increased and TIN
199 removal reduced to an average of 46% over Phase 1. This reduction in N removal performance
200 after day 78 coincided with an increase in the relative abundance of *Nitrospira* NOB (Figure 2
201 A&B) on both the carriers and in the suspended biomass according to 16S rRNA gene
202 sequencing. Given the advantages that high N concentrations can lend to NOB suppression (i.e.
203 elevated free ammonia), the challenge presented by dilute wastewater in this study (Table 1) was
204 only exacerbated by dilution from frequent wet weather events (see the variable influent NH_4^+
205 concentration in Figure 1-C, shown as a 2-week rolling average). Various efforts at NOB
206 remediation during Phase 1 (outlined below) proved unsuccessful, and TIN removal did not
207 improve until part of the influent was routed around the A-stage carbon removal reactor at the
208 beginning of Phase 2 (day 900).

209 Due to the dilute in-reactor NH_4^+ concentrations (usually between 1 and 10 mg NH_4^+ -
210 N/L) and moderate pH values (7.2 ± 0.5), in-reactor free ammonia concentrations were likely
211 insufficient to suppress NOB (which were predominantly *Nitrospira*). Using average in-reactor
212 values (5 mg NH_4^+ -N/L and 7.2 pH) and an acid-disassociation constant pK_a for $\text{NH}_4^+/\text{NH}_3$ of
213 9.25,⁴³ the average free ammonia concentration was 0.045 mg NH_3 -N/L. This value is on the
214 lower end of the free ammonia inhibition range for *Nitrospira* reported by Blackburne et al.
215 (2007)⁴⁴ and is nearly two orders of magnitude below the inhibition range for *Nitrospira* reported
216 by Simm et al. (2006).⁴⁵

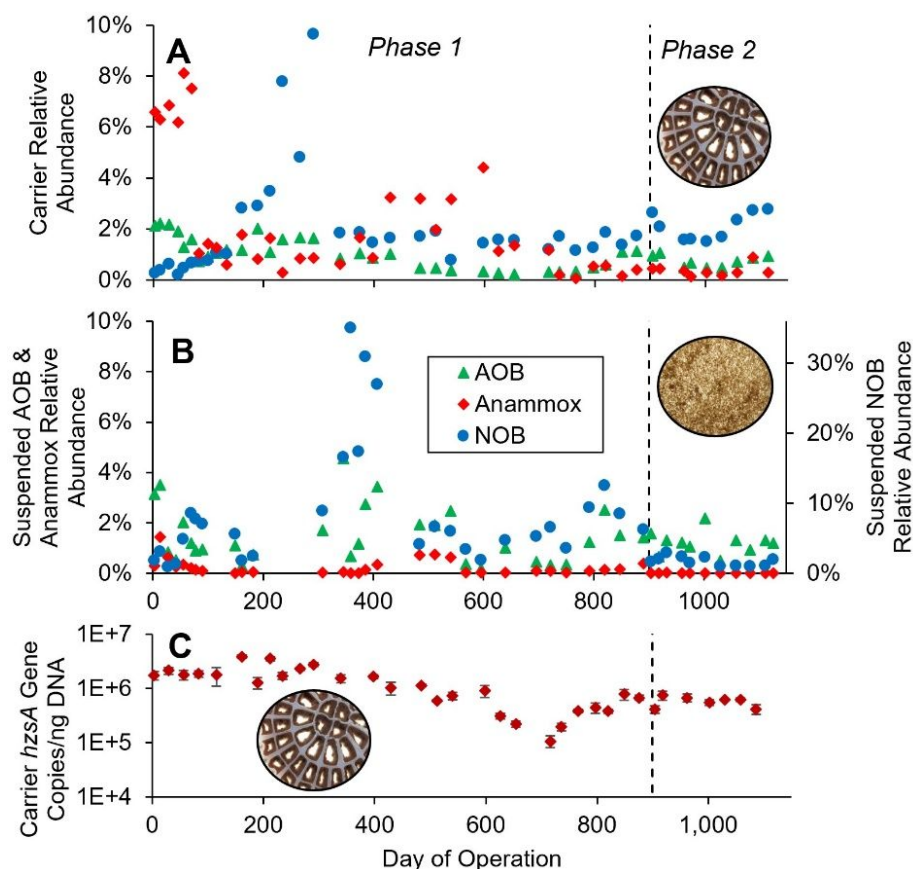


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218 **Figure 1.** Reactor temperature and performance over 1,128 days of reactor operation. **A:** Average daily
 219 reactor temperature and suspended SRT. The higher frequency of SRT data points beginning on day 358
 220 is due to implementation of variable reaction length based on the online ammonia sensor, at which point
 221 the SRT value was calculated on a per-cycle basis. **B:** Reactor volatile solids (VS) on the carriers and in

222 the suspension. **C:** Influent NH_4^+ and effluent NH_4^+ , NO_x ($\text{NO}_2^- + \text{NO}_3^-$) (all shown as ~2-week rolling
 223 average) and NO_2^- (shown as discrete measurements) concentrations as measured from composite
 224 sampling. **D:** NH_4^+ and total inorganic nitrogen (TIN) removal (both shown as ~2-week rolling averages)
 225 calculated from composite sampling measurements. **E:** Ratio of NO_3^- produced to NH_4^+ removed as
 226 calculated from composite sampling measurements. The ratio of 0.11, shown in the graph, represents the
 227 theoretical combined stoichiometry of nitrification-anammox as reported in Vlaeminck et al. (2012).⁴⁶

228



229

230 **Figure 2.** Relative abundance of key functional groups in the attached growth biomass (panel A)
 231 and suspended growth biomass (panel B) according to 16S rRNA gene sequencing. Genera
 232 detected included *Nitrosomonas* for AOB, *Nitrospira*, *Nitrolancea* and *Nitrotoga* (in order of
 233 abundance) for NOB, and *Candidatus Brocadia* for anammox. Panel C shows the anammox
 234 hydrazine synthase (*hzsA*) gene copy number from carrier biomass according to qPCR,
 235 normalized to ng DNA.

236 **Table 1.** Average reactor influent and effluent concentrations over the two phases.

	Phase 1: 0 - 899 d		Phase 2: 900 - 1128 d	
	Influent (A-stage effluent)	Reactor Effluent	Influent (90% A-stage 10% PE)	Reactor Effluent
TKN (mgN/L)	16.5 ± 5.0	4.4 ± 3.3	14.1 ± 4.1	2.3 ± 0.8
NH ₄ ⁺ (mgN/L)	14.4 ± 4.1	3.2 ± 2.7	12.9 ± 3.6	1.5 ± 0.5
NO _X ⁻ (mgN/L) ^a	0.4 ± 0.5	4.9 ± 2.9	0.3 ± 0.2	2.1 ± 1.5
NO ₂ ⁻ (mgN/L) ^b	<i>not measured</i>	0.2 ± 0.1	<i>not measured</i>	0.2 ± 0.1
Total COD (mgCOD/L)	45 ± 30	27 ± 14	56 ± 17	32 ± 13
Soluble COD (mgCOD/L)	33 ± 13	21 ± 8	40 ± 12	26 ± 11
sCOD:NH ₄ ⁺ (gCOD/gN)	2.3	<i>not applicable</i>	3.1	<i>not applicable</i>
alkalinity (meq/L)	4.7 ± 0.5	3.4 ± 0.6	5.0 ± 0.6	4.1 ± 0.6

Values shown as arithmetic mean ± standard deviation

^aNO_X⁻ = NO₂⁻ + NO₃⁻

^bNO₂⁻ was measured less frequently (*n* = 110) than NH₄⁺ and NO_X⁻ (*n* = 425)

237

238 *Long term retention of robust anammox activity under low-concentration mainstream conditions*

239 N removal performance issues during Phase 1 were related to excess NO₃⁻ production,

240 and low TIN removal was not associated with low anammox activity. Retention of anammox

241 biomass and activity was robustly maintained in this reactor for more than three years of

242 operation in dilute mainstream conditions (average 16 mg TKN/L in the influent). After

243 inoculation of the seeded K5 biocarriers on day 0 from a sidestream process with elevated

244 ammonia concentrations, maximum anammox activity gradually declined as the biomass adapted

245 to mainstream conditions (Figure 3). By day 435 the maximum activity had stabilized to an

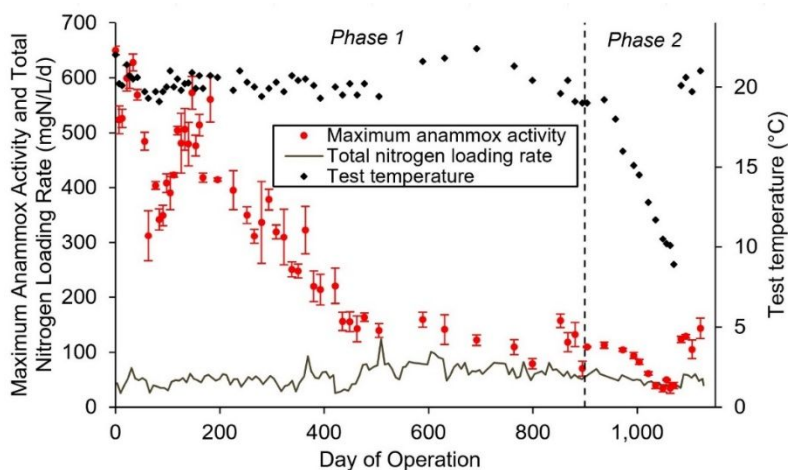
246 average of 129 ± 28 mgN/L/d (days 435 – 937, before the temperature decline), almost double

247 the average N loading rate of 67 mgN/L/d over the same period. qPCR measurements of

248 anammox abundance confirmed the initial decline in anammox on the carriers followed by long-

249 term maintenance to >10⁵ copies of the *hzsA* gene per ng DNA (Figure 2C). In contrast, 16S

250 rRNA gene sequencing suggested a greater decline in the only detected anammox genus of
251 *Candidatus* Brocadia (Figure 2A), though it has been noted that so-called universal 16S rRNA
252 primer sets underrepresent anammox and Planctomycetes in general.⁴⁰ Supplemental anammox
253 biomass was added only once on day 849 in an attempt to increase N removal, but this had a
254 minor impact on anammox activity and abundance and was not required to maintain process
255 performance. In contrast, suspended or granular systems for mainstream deammonification have
256 moved towards ongoing bioaugmentation from sidestream DEMON® processes to maintain
257 anammox activity.^{20,47} Taken together, these results indicate that anammox biomass and activity
258 is robust and resilient to long term mainstream conditions, and with appropriate means for
259 biomass retention (here, growth in biofilms on carriers) do not limit performance of mainstream
260 deammonification processes.



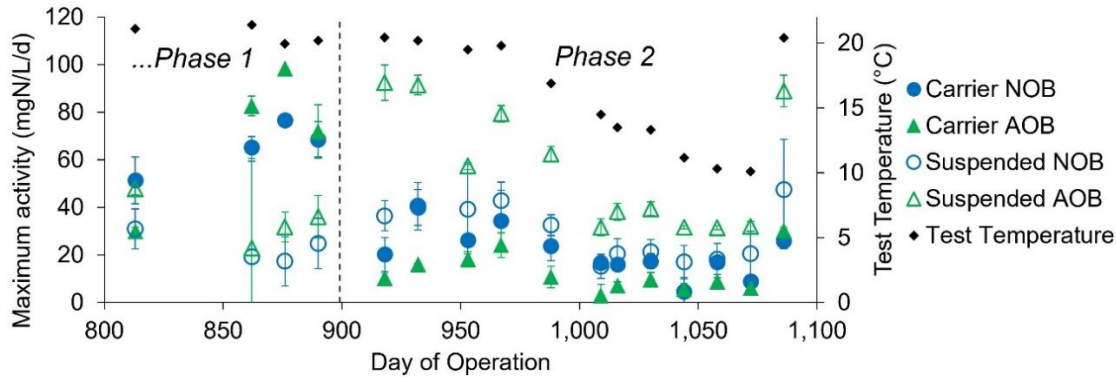
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262 **Figure 3.** Maximum anammox activity from *in situ* activity tests along with associated test
263 temperatures. The reactor total N loading rate was calculated as a weekly average.

264

265 *Performance Improvement after Addition of 10% PE in Feed and Nitrifier Shift from Carriers to*
266 *Suspension*

267 On day 900 of operation, or the beginning of Phase 2, two operational changes were made:
268 (1) 10% of the influent volume was sourced directly from the primary effluent (by bypassing the
269 A-stage reactor) in order to increase the influent sCOD:NH₄⁺-N ratio from 2.3 to 3.1 (Table 1)
270 and (2) a one-time addition of 310 mg/L as VSS of suspended biomass was added from a bench-
271 scale nitrification-denitrification reactor (as described in ³⁶) in an effort to increase AOB abundance
272 and VSS concentration. TIN removal performance immediately increased and was sustained
273 throughout Phase 2 (days 900 – 1,128) at an average of 73%, an improvement from 46% TIN
274 removal during Phase 1 (Figure 1). Interestingly, an increase in maximum nitrification activity in
275 the suspended biomass (Figure 4), while expected due to the increased suspended volatile solids
276 (VS) concentration, was accompanied by a >70% decrease in maximum activity of both AOB
277 and NOB on the carriers between activity tests on days 890 and 918 (Figure 4). Comparing the
278 four maximum activity tests before and four maximum activity tests after day 900 (at 20 °C),
279 both the AOB and NOB activity in the suspension was significantly higher after the influent
280 change (t-test, p = 0.005 and 0.008, respectively), and both the AOB and NOB activity on the
281 biofilm was significantly lower (t-test, p = 0.04 and 0.002, respectively). This shift of
282 nitrification activity to the suspension ended a months-long domination of nitrification activity
283 on the carriers.



284

285 **Figure 4.** Maximum AOB and NOB activities in the suspended biomass and on the carriers as
 286 measured in *ex situ* batch activity assays from day 800 to the end of the project. The entire
 287 dataset of AOB and NOB activity measurements is shown in Figure S1.

288

289 Higher influent organic carbon was critical to increasing the suspended biomass
 290 concentration to induce a shift of nitrification activity to the suspension and improving N
 291 removal. During Phase 1 from days 370 – 460, a strategy of increased suspended SRT and
 292 suspended VS was attempted (see in Figure 1-A&B) but with no associated process
 293 improvement. In fact, the highest relative abundances of NOB (primarily *Nitrospira*) in the
 294 suspended biomass was observed during that time (Figure 2). Despite a high suspended SRT of
 295 14 ± 3 days, only 430 ± 158 mg/L of suspended VS was sustained in the reactor, presumably due
 296 to low organic carbon in the influent. In contrast, with 10% primary effluent in the influent
 297 during Phase 2 (days 900 – 1128), an average of 771 ± 310 mg/L suspended VS was achieved
 298 with just a 7.3 ± 2.1 day SRT. This further suggests that the one-time addition of 310 mg VSS/L
 299 of suspended biomass on day 900 played a minor role in process improvement compared to the
 300 increase in organic carbon in the influent. Ultimately, both the increase in influent organic
 301 carbon via the 10% primary effluent bypass and the resulting increased suspended solids
 302 concentration contributed to the improved performance of the reactor, and the two metrics are

303 inextricably related. The long-term maintenance of good performance (Phase 2, 228 days)
304 suggests that the particular type of biomass augmented on day 900 was not critical to the
305 improved TIN removal.

306 The difficulty in accumulating high concentrations of suspended solids under low organic
307 carbon loading conditions is corroborated by Laurenzi et al. (2019);¹⁷ in order to accumulate 3 g
308 TSS/L in their IFAS reactor loaded with pretreated primary effluent at a 2.3 sCOD:NH₄⁺-N ratio,
309 a greater than 150-day SRT was required. This very high SRT was achieved via effluent
310 filtration and solids return to the reactor, which is unrealistic under full-scale operation.
311 Achieving high suspended solids to induce a shift of nitrification from the biofilm to the
312 suspension in an IFAS system,¹⁶ then, may require increased organic loading in a full-scale
313 mainstream B-stage process (as in the present study, where a more realistic 7.3 ± 2.1 day SRT
314 was used). Moreover, MBBR systems that experience persistent NOB attachment and activity¹⁵
315 may benefit from such a transition to IFAS mode.

316 Certain methods for NOB suppression and process improvement that have been suggested in
317 the literature were found, in this study, to be at best only partially effective. The following
318 unsuccessful strategies were attempted during Phase 1 to improve reactor performance:

319 I. **MBBR vs. IFAS:**^{6,15,48} The reactor was operated in MBBR mode from days 132 – 314
320 via mixed liquor wasting to facilitate a low suspended SRT of 2.1 ± 0.5 days and
321 suspended VS concentration of 63 ± 32 mg/L (Figure 1-A&B). While NOB were washed
322 out of the suspension, NOB activity proliferated on the carriers (Figure S1) and N
323 removal did not improve (Figure 1-D). IFAS mode was utilized from day 315 to the end
324 of the study.

- 325 II. **Aeration regime:** On day 414 the aeration regime was switched from intermittent
326 aeration^{49,50} with peak DO of 1 mgO₂/L to low constant aeration⁸ to 0.05 – 0.2 mg O₂/L.
327 N removal did not significantly improve (Figure 1-D), but low constant aeration was
328 sustained for the remainder of the project due to simplicity of operation.
- 329 III. **Anammox bioaugmentation:** Ongoing anammox bioaugmentation has been proposed
330 for suspended and granular mainstream deammonification processes.^{20,47} To test this
331 strategy in our IFAS process as a means to increase anammox biomass/activity and aid
332 NOB out-competition, on day 849 K5 carriers from the Egan WRP sidestream ANITA™
333 Mox process were added up to a fill ratio of 38%. However, the biofilms were thin, with
334 average volatile solids of 6.6 ± 2.4 mg/carrier, compared to 20.4 ± 3.9 mg/carrier for the
335 original carriers from James River (measurements averaged over days 849 – 1100), and
336 their effect on total anammox activity was minimal (Figure 3). No significant change in
337 N removal or NOB suppression was observed following the addition of carriers (Figure
338 1-D&E).
- 339 IV. **Higher residual NH₄⁺ concentrations:** Residual NH₄⁺ has been shown to favor AOB
340 activity over NOB activity.^{51,52} Higher effluent NH₄⁺ concentrations were therefore
341 targeted on days 100 – 200 and 250 – 300 (see Figure 1.C). These varying effluent NH₄⁺
342 concentrations in turn resulted in varying effluent NO₃⁻ concentrations, but the trend of
343 low TIN removal (Figure 1.D) and high ratios of NO₃⁻ produced to NH₄⁺ removed (Figure
344 1.E) due to NOB activity remained throughout Phase 1 after day 78.

345 *Reactor Performance during the Phase 2 Temperature Decline*

346 Robust N removal and anammox activity was demonstrated at 20 °C for 50 days after
347 initiation of the A-stage bypass. To test process resilience under temperature stress typical of

348 temperate climates, the temperature was decreased from 20 °C on day 950 down to 8 °C on day
349 1,076 (about -0.7 °C per week). Good TIN removal of $72 \pm 9\%$ was sustained from days 950 to
350 day 1,044 down to around 12 °C, and dropped to $58 \pm 18\%$ for the remainder of the temperature
351 decline due to higher effluent NO_3^- (days 951 – 1076, 12 °C to 8 °C, Figure 1). 12 °C was also
352 the temperature at which the *ex situ* maximum anammox activity dropped below the N loading
353 rate to the reactor (Figure 3), suggesting that the lower specific anammox activity may have
354 limited N removal. A longer suspended SRT of 8.7 ± 1.7 days was maintained during the
355 temperature decline to facilitate a higher biomass concentration (Figure 1) to prevent long
356 reaction times caused by low metabolic rates at low temperatures. This strategy proved
357 successful, as the HRT of 7.6 ± 2.3 hours during the temperature decline was roughly equivalent
358 to the HRT of 7.5 ± 2.5 hours before (days 1 – 949, see Figure S2). The higher biomass
359 concentration also likely provided additional COD for denitrification via endogenous decay, thus
360 aiding N removal at low temperatures. The overall good performance of this reactor is
361 corroborated by other mainstream deammonification studies that have demonstrated the
362 resiliency of surface-attached anammox biofilms and process performance down to 10 °C,^{14,53}
363 with superior performance at low temperatures compared to suspended/granular anammox
364 processes.^{14,54}

365 To estimate the effect of temperature on anammox activity, maximum activity assays were
366 performed throughout Phase 2 between 21.0 and 8.9 °C to match the concurrent operating
367 temperature (Figure 3). An activation energy E_a of 71 ± 8 kJ/mol was calculated from a least-
368 squares linear regression of the Arrhenius plot of Phase 2 activity tests (Figure S3). This result is
369 not a direct measure of temperature sensitivity because the tests were performed over a seven-
370 month period and may reflect temperature adaptation and population shifts in the community;

371 however, it does allow a comparison point for anammox activation energies measured in the
372 literature. 16S rRNA gene sequencing identified *Candidatus Brocadia* as the only known
373 anammox genera in our reactor. Our activation energy of 71 ± 8 kJ/mol closely matches the 70
374 kJ/mol activation energy measured by Strous et al. (1999)⁵⁵ for *Candidatus Brocadia*
375 anammoxidans, though that was measured with a temperature range of 20 – 43 °C. Lotti et al.
376 (2015)⁵⁶ found that the Arrhenius coefficient of anammox increased with decreasing
377 temperature, though temperature sensitivity was least pronounced in granular biomass dominated
378 by *Candidatus Brocadia fulgida* with a 6 month-long cultivation at 10 °C, with activation
379 energies of 61 kJ/mol at 15 – 20 °C and 95 kJ/mol at 10 – 15 °C. This and other research⁵⁷
380 demonstrates the importance of adaptation time for optimal anammox activity at low
381 temperatures.

382 After the expected decline in anammox activity at low temperatures, recovery after
383 resuming operation at 20 °C was rapid (Figure 3). The maximum activity test on day 1,084,
384 seven days after the temperature increase, showed 123 mgN/L/d of anammox activity, close to
385 the average of 129 ± 28 mgN/L/d from days 435 – 937, before the temperature decline. The
386 average of the last four activity tests at 20 °C was 125 ± 16 mgN/L/d.

387 *Community analysis via 16S rRNA gene sequencing and qPCR*

388 Aggregate type significantly influenced population structure in this study; an analysis of
389 similarities (ANOSIM) test on genus-level 16S rRNA gene sequencing data revealed a
390 statistically significant difference between carrier and suspended biomass samples ($R = 0.78$, $p =$
391 $1E-4$). An accompanying non-metric multidimensional scaling (NMDS) ordination is shown in
392 Figure S4. Influent carbon also greatly impacted community structure, as further ANOSIM tests
393 revealed statistically significant differences between Phases 1 and 2 carrier samples ($R = 0.30$, p

394 = 6E-4), and Phases 1 and 2 suspension samples ($R = 0.39$, $p = 1E-4$). Together with the
395 performance and activity data between the two phases, this demonstrates that small changes in
396 influent organic carbon can induce significant and lasting changes in N removal and community
397 structure.

398 *Candidatus* Brocadia was the only anammox genus identified in our reactor according to
399 16S rRNA gene sequencing. qPCR demonstrated anammox biomass maintenance on the carriers
400 of $>10^5$ *hzsA* copies/ng DNA throughout the study (Figure 2C). The qPCR trend, which
401 demonstrated a 71% decline in relative abundance between the first four and last four sample
402 dates, roughly paralleled the maximum anammox activity trend, which demonstrated a 78%
403 decline between the first four and last four tests of the study (Figure 3), and a stable plateau over
404 the last ~1.5 years of the study. *Nitrospira* was by far the most abundant NOB present according
405 to 16S rRNA gene sequencing, and its very high abundance in both the suspended and carrier
406 biomass during Phase 1 reflects the challenges in NOB suppression faced during that time.
407 Interestingly, although nitrifier activity on the carriers was suppressed during Phase 2 (Figure 4),
408 neither AOB nor NOB relative abundance on the carriers declined during Phase 2 relative to
409 Phase 1. The average NOB (primarily *Nitrospira*) relative abundance in the suspension was
410 significantly lower during Phase 2 at $1.7 \pm 0.6\%$ than Phase 1 at $8.6 \pm 8.6\%$ ($p = 0.0001$), which
411 may be due to increased abundance of heterotrophs with higher COD in the influent during
412 Phase 2. *Nitrosomonas* was the only detected genus of AOB and its presence was consistent in
413 both the suspended and carrier biomass at $1.4 \pm 1.0\%$ and $0.9 \pm 0.5\%$ relative abundance,
414 respectively, over the entire study.

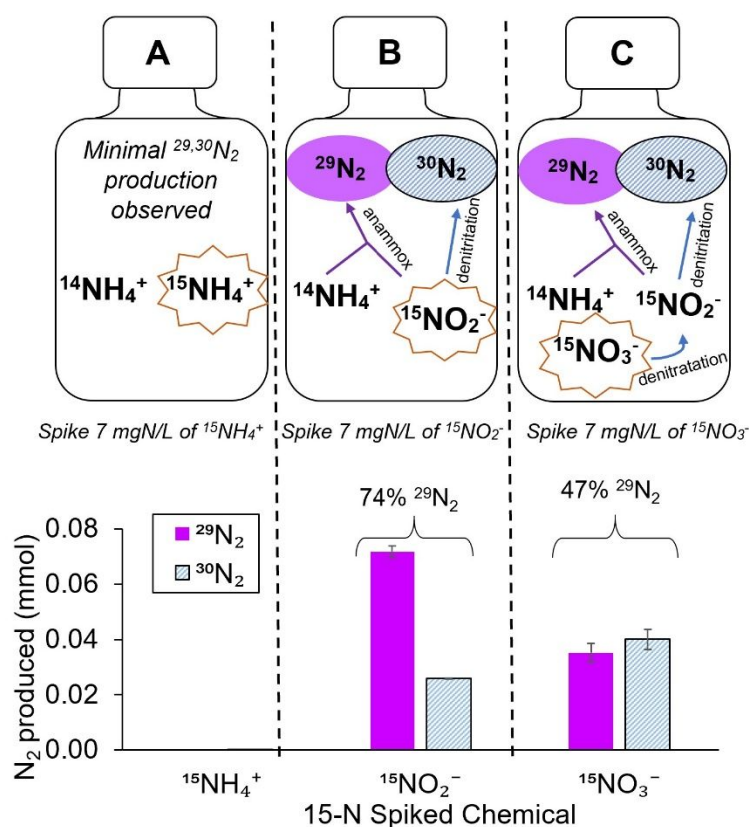
415 Given the importance of denitrification in this process (see next section), the
416 heterotrophic community was essential to nitrogen removal, and indeed comprised most of the

417 community according to 16S rRNA gene sequencing. On the carriers, the three most abundant
418 amplicon sequence variants (ASVs) were of the class Ignavibacteria, one of which annotated to
419 the genus *Ignavibacterium*, and together comprised an average of 23% relative abundance on the
420 carriers (Figure S6). At least one species of *Ignavibacterium* is a known facultative denitrifier,⁵⁸
421 indicating a likely role in N removal in this reactor. Other abundant heterotrophic genera
422 included “UTCXF1” of the family Anaerolineaceae (3.6%) and *Limnobacter* (2.2%). The classes
423 Ignavibacteria and Anaerolineae have also been found in high abundance in anoxic anammox
424 granules⁵⁹ and deammonification biofilms,⁶⁰ suggesting a functional role in anammox processes.
425 In the suspended biomass, abundant heterotrophic ASVs included the genus *Trichococcus*
426 (average relative abundance = 3.4%), the family Anaerolineaceae (2.4%), and the genus
427 *Terrimonas* (2.2%), among others. *Trichococcus*, a few species of which are capable of NO₃⁻
428 reduction and filamentous growth,⁶¹ were significantly higher during Phase 2 (8.6 ± 5.1%) than
429 Phase 1 (1.5 ± 2.0%, t-test: p = 0.0009). Relative abundance plots of the most abundant genera
430 according to 16S rRNA gene sequencing are shown in Figures S6 and S7.

431 *Quantification of anammox vs denitrification contribution to N removal*

432 Nitrogen isotope testing during Phase 2 revealed that under anoxic conditions approximately
433 74% of N removal is routed through anammox when only NO₂⁻ (and not NO₃⁻) is present (Figure
434 5-B). However, in-cycle tests during Phase 2 revealed that NO₃⁻ was usually, though not always,
435 at higher concentrations than NO₂⁻ (Figure S5), indicating that denitrification-anammox may play
436 an important role in this process. Indeed, when 15-N labeled NO₃⁻ was dosed in the N isotope
437 test, 47% was routed through the anammox metabolism (Figure 5-C), suggesting a substantial
438 amount of cross feeding from denitrification to anammox. To translate *ex situ* N isotope tests to an
439 estimation of the *in situ* anammox contribution to N removal, *in situ* concentrations of NO₂⁻ and

440 NO_3^- are needed. The eight in-cycle tests (Figure S5 shows 2 of these tests) with average
 441 temperatures $> 19^\circ\text{C}$ during Phase 2 (nitrogen isotope testing was performed at 23°C) had an
 442 average in-cycle NO_2^- concentration of 22% that of total NO_x^- . N isotope testing indicates that
 443 74% of NO_2^- (which comprises 22% of the NO_x^- present) removal is routed through anammox
 444 and 47% of the NO_3^- (which comprises 78% of the NO_x^- present) removal is routed through
 445 anammox, such that $74\% \times 0.22 + 47\% \times (0.78) = 53\%$ of N removal occurred via anammox in
 446 this process during Phase 2, excluding the temperature decline.



448 **Figure 5.** Results from nitrogen isotope testing, which was performed to quantify relative
 449 contributions of anammox (which produce $^{29}\text{N}_2$ in this test) and denitrification (which produce
 450 $^{30}\text{N}_2$) to N removal. The testing schematic is shown in the top panel and results from day 1,128
 451 are shown on the bottom panel.

452

453 Nitrogen isotope testing was only performed during Phase 2 with higher organic carbon in
454 the influent than during Phase 1, so while N removal was lower during Phase 1, a greater
455 proportion was likely routed through anammox. Conversely, it is likely that more N removal was
456 routed through denitrification during the temperature decline. Indeed, only when the reactor
457 temperature dropped below 13 °C did the maximum anammox activity drop below the N loading
458 rate to the reactor (Figure 3), although good N removal performance was maintained for most of
459 this period (Figure 1-D). An increased proportion of denitrification was likely possible due to the
460 increased suspended solids concentration during this time (Figure 1-B) and organic carbon from
461 endogenous decay.

462 While an excess of organic carbon can lead to anammox failure from out-competition for
463 NO_2^- by denitrifiers,³² at least some anammox organisms, such as *Candidatus Brocadia fulgida*
464 and *Candidatus Anammoxoglobus propionicus*, can use acetate or propionate to reduce NO_3^- to
465 NO_2^- .^{62,63} The addition of organic carbon to an anammox process, therefore, does not necessarily
466 imply increased activity of heterotrophic denitrifiers over that of anammox.

467 A note on terminology: it would be a metabolic oversimplification to call this process
468 “partial nitrification/anammox” (because nitrification/denitrification was demonstrated via in-cycle
469 NO_3^- concentrations and isotope testing) or “partial denitrification/anammox” (because of the
470 likely presence of nitrification/anammox due to transient NO_2^- accumulation observed from in-
471 cycle tests [Figure S5]). The term “simultaneous partial nitrification, anammox and
472 denitrification (SNAD),” as used by Zheng et al. (2016)¹⁹ is the most general and closest to the
473 truth, but “deammonification” has been chosen for simplicity with the stipulation that NOB and
474 denitrification play key roles in the process.

475 *Implications for Practice*

476 The quantity of organic carbon relative to N in the influent is critical to the success of
477 anammox processes, as too much can lead to the suppression of anammox^{28,32} and too little can
478 limit the overall N removal^{6,29,31}. However, adjusting the influent COD:N ratio at full scale
479 remains challenging. This study demonstrates a practical means for tuning the influent COD:N
480 ratio of any anammox reactor with an upstream A-stage carbon removal process. Although the
481 ratio of rerouted primary effluent to total reactor influent was fixed at 10% in this study, this
482 ratio could be adjusted to optimize N removal performance of a given process. Moreover, this
483 study demonstrated the importance of the COD:N ratio in tailoring aggregate type in mainstream
484 deammonification processes, specifically by promoting the accumulation of suspended solids
485 and the shift in nitrification activity from the biofilm to the suspension. This in turn improves our
486 understanding of key controls and underlying mechanisms of IFAS systems for mainstream
487 deammonification applications.

488

489 **Conflicts of Interest**

490 There are no conflicts of interest to declare.

491

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498

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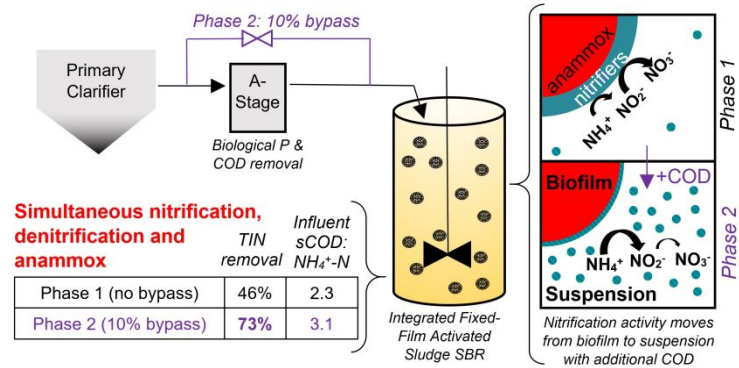
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Table of contents entry:



Mainstream deammonification performance in an Integrated Fixed Film Activated Sludge (IFAS) reactor improved from 46% to 73% TIN removal after routing 10% of the primary effluent around the A-stage reactor.