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# Simple Distance-based Thread Analytical Device Integrated with Ion Imprinted Polymer for Zn<sup>2+</sup> Quantification in Human Urine Samples

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## Abstract

This article presents the development of a distance-based thread analytical device (dTAD) integrated with ion-imprinted polymer (IIP) for quantitative monitoring of zinc ions (Zn<sup>2+</sup>) in human urine samples. The IIPs was chemically and easily modified on the thread channel using dithizone (DTZ) as a ligand to bind to Zn<sup>2+</sup> with methacrylic acid (MAA) as a functional monomer and ethylene glycol dimethacrylate (EGDMA) as well as 2,2-azobisisobutyronitrile (AIBN) as cross-linking agents to enhance the selectivity for Zn<sup>2+</sup> detection. The imprinted polymer was characterized using Attenuated Total Reflectance-Fourier Transform Infrared (ATR-FTIR) spectroscopy and Scanning Electron Microscopy-Energy Dispersive X-ray Spectroscopy (SEM-

EDS). Under optimization, the linear detection range was obtained from 1.0 to 20.0 mg L<sup>-1</sup> (R<sup>2</sup> = 0.9992) with the limit of (LOD) of 1.0 mg L<sup>-1</sup>. Other interfering metal ions and molecules did not interfere with this approach, leading to high selectivity. Furthermore, our technique exhibits a remarkable recovery ranging from 100.48 % to 103.16 %, with the highest relative standard deviation (%RSD) of 5.44 % for monitoring Zn<sup>2+</sup> in human control urine samples, indicating high accuracy and precision. Similarly, there is no significant statistical difference between the results obtained using our method compared to standards on zinc supplement sample labels. The proposed method offers several advantages in detecting trace Zn<sup>2+</sup> for point-of-care (POC) medical diagnostics and environmental sample analysis, such as ease of use, instrument-free readout, and cost efficiency. Overall, our developed dTADs-based IIPs method holds potential for simple, affordable, and rapid detection of Zn<sup>2+</sup> level and can be applied to other metal ions analysis.

**Keywords:** Distance-based thread analytical devices (dTADs), ion-imprinted polymers (IIPs), point of care diagnostics (POC), urine sample, Zn<sup>2+</sup>detection.

## 1. Introduction

Zinc (Zn<sup>2+</sup>) is an essential nutrient for the human body since it can trigger and assist the immune system in reducing inflammatory responses.<sup>1-6</sup> This metal ion plays an important role in neurotransmission, cell division, catalytic functions, and protein synthesis. The normal concentration of Zn<sup>2+</sup> in human individuals is approximately 0.33 mg/kg/day.<sup>3,7</sup> However, its higher concentration can cause periorificial dermatitis, alopecia, nausea, diarrhea, and headaches.<sup>2,8-11</sup> Conversely, Zn<sup>2+</sup> deficiency can reduce immune function and lead to neurological disorders. In general, the concentration of Zn<sup>2+</sup> is 1.19 mg L<sup>-1</sup> for males and 1.16 mg L<sup>-1</sup> for females;<sup>12-14</sup> with elevated levels resulting in aforementioned disorders.<sup>8,11,15</sup> It is more convenient to determine Zn<sup>2+</sup> levels regularly by analyzing urine samples rather than using blood samples which involves invasive sample collection procedure and may result in infection.

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2 Several effective methods have been developed for Zn<sup>2+</sup> determination, including atomic  
3 absorption spectroscopy,<sup>16</sup> gamma spectrometry,<sup>17</sup> immunochromatographic assay,<sup>18</sup> inductively  
4 coupled plasma mass spectrometry (ICP-MS),<sup>19</sup> inductively coupled plasma optical emission  
5 spectroscopy (ICP-OES),<sup>20</sup> atomic fluorescence spectrometry,<sup>21</sup> stripping voltammetry,<sup>22–24</sup>  
6 differential pulse voltammetry,<sup>25</sup> potentiometric methods,<sup>22,26,27</sup> chronopotentiometry analysis,<sup>28</sup>  
7 light scattering,<sup>29</sup> laser-induced breakdown spectroscopy,<sup>30</sup> laser desorption/ionization mass  
8 spectrometry, (LDI-MS)<sup>31</sup> and chromatographic techniques (HPLC).<sup>32</sup> Even though these  
9 methods provide high sensitivity and selectivity for Zn<sup>2+</sup> monitoring, they are also limited for point  
10 of care (POC) testing owing to their large size and higher cost of analysis and time. Developing a  
11 portable and affordable analytical tool for on-site detection is needed.  
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25 Recently, microfluidic thread-based analytical devices ( $\mu$ TADs) have gained more attention  
26 due to their simplicity, cost-effectiveness, rapid response, and ease of operation.<sup>33–37</sup> Since they  
27 allow the fluid to flow on the hydrophilic channel by capillary force, there is no need for an external  
28 microfluidic pump, saving cost and reducing overall complexity. Of all the readout methods for  
29 point of testing, distance-based visual measurement offers a simpler approach without the need for  
30 instrumentation. The signal output is a colored distance signal, which can be easily read by tools  
31 like cameras and smartphones. Compare this to other forms of signal readout, such as measuring  
32 intensity of the colorimetric output or the spectroscopic change in color, both of which are sensitive  
33 to background lighting, and harder to quantify without dedicated hardware. The rationale for using  
34 threads over paper as a substrate stems from their inherent advantages<sup>38–40</sup> such as a natural self-  
35 contained microfluidic channel which does not need any patterning with a hydrophobic material  
36 like wax. Moreover, it is easy to pre-deposit reagents and chemicals on threads through simple dip  
37 coating. Typically, upon introducing a solution containing analyte on the thread, it flows along the  
38 thread as open capillary channel and reacts with a pre-deposited reagent, causing color change  
39 along the length of the thread upon interaction with the target. The analyte concentration can be  
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2 determined by measuring this colored distance on the thread with a traditional ruler without the  
3 need for any instrumentation. Previously, our group had developed dTADs for melatonin  
4 monitoring relying on the reaction between melatonin and 2,3-naphthalenedialdehyde (2,3-Nda),  
5 which caused the color to change from colorless to yellow, with distance length directly  
6 proportional to the melatonin level.<sup>41</sup> Furthermore, Singhaphan et al.<sup>42</sup> presented a dTAD sensor  
7 for nitrite ion ( $\text{NO}_2^-$ ) detection using the Griess reaction. The color distance length changed from  
8 colorless to pink with increased  $\text{NO}_2^-$  concentration. These examples show that the dTAD sensor  
9 can be a simple and effective alternative tool for POC and on-site monitoring.  
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21 To enhance assay selectivity for metal ion detection, ion-imprinted polymers (IIPs) techniques  
22 have been widely deployed for its high affinity to target ions and reduced cost and time of  
23 synthesis.<sup>43–47</sup> Generally, IIPs are synthetic polymers that recognize the target imprinted ion and  
24 are used primarily to separate the target ion from other ions and/or molecules in a matrix.<sup>43,44,46,48–</sup>  
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In this study, we successfully developed a simple and low-cost dTAD sensor integrated with IIPs for  $\text{Zn}^{2+}$  determination in human urine samples. Dithizone (DTZ) is used as a chromogenic substrate for the colorimetric detection of  $\text{Zn}^{2+}$ . The dTADs is simply prepared by depositing chromogenic substrate, monomer, cross-linker, and initiator onto the cotton thread. A color change between green and pink is observed when the template is removed during the formation of IIP. Quantitative detection of  $\text{Zn}^{2+}$  is simply conducted by measuring the distance length of the pink color. The sensor is selective to  $\text{Zn}^{2+}$  at clinically relevant levels in human urine samples with desirable cost-effectiveness, portability, ease of operation, and user-friendliness. Likewise, to the best of our knowledge, this is the first demonstration of a dTAD sensor for  $\text{Zn}^{2+}$  measurement

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2 relying on the use of IIPs. This platform can also be extended towards the detection of other metal  
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4 ions in complex biological media.  
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## 7 8 **2. Experimental**

### 9 10 **2.1 Chemicals and materials**

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12 Zinc chloride ( $\text{ZnCl}_2$ ), dithizone (DTZ), methacrylic acid (MAA), ethylene glycol dimethacrylate  
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14 (EGDMA), azobisisobutyronitrile (AIBN), hydrochloric acid (HCl), sodium bicarbonate  
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16 ( $\text{Na}_2\text{CO}_3$ ), bovine serum albumin (BSA), creatinine, fructose, glucose, lactic acid, and uric acid  
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18 were purchased from Sigma-Aldrich Inc., USA. Urea was obtained from Tokyo Chemical Industry  
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20 Co. Ltd (Japan). All chemicals used in the experiment were analytical reagents (AR grade). Cotton  
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22 thread was purchased from Michael's store (MA, USA); it was made up of 3 separate strands with  
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24 each strand of diameter 1.201 mm, and 15 twists per inch measured using microscopy Fig. S1.  
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26 Vortex mixer was obtained from Fisher Scientific. The fabrication of the supporting platform is  
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28 described in Fig. S2 and Fig. S3.  
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### 34 **2.2. Instrumentation**

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36 The morphological investigation of this developed techniques was studied using the FTIR spectra  
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38 (Thermo Fisher Scientific Nicolet 6700, USA) and Scanning Electron Microscope (SEM; Axia  
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40 ChemiSEM, ThermoFisher Scientific, USA). The color intensity detection of the developed thread  
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42 was performed using ColorGrab application on smartphone (OPPO A54) under an LED lamp  
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44 (Racer Katie ECO LED Daylight A60, 6500K, 3W, China), as indicated Fig. S4.<sup>55,56</sup>  
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### 49 **2.3. Fabrication of the IIPs-based dTADs for detection of $\text{Zn}^{2+}$ ions**

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52 Firstly, the IIP solution for  $\text{Zn}^{2+}$  (Zn-IIPs) was prepared by mixing 1.0 mL of  $\text{Zn}^{2+}$  ( $40.0 \text{ mg L}^{-1}$ )  
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54 and DTZ ( $0.20 \text{ mmol L}^{-1}$ ), 25.0  $\mu\text{L}$  of MAA, 30.0  $\mu\text{L}$  of EGDMA, and 20.0  $\mu\text{L}$  of AIBN.  
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57 Afterwards, the mixed solution was vortexed for 1 min. To modify the thread, the threads were cut  
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2 to 14.0 cm in length and soaked in 50.0 mL of  $\text{Na}_2\text{CO}_3$  solution ( $1.0 \text{ mol L}^{-1}$ ) for 2 hrs. to remove  
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4 their natural wax on the surface. Next, it is washed until its pH is natural and then dried in the oven  
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6 at  $105 \text{ }^\circ\text{C}$  for 10 min. Subsequently, these prepared threads were fixed into the supporting platform  
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8 by assisting with scotch tape. Next,  $200.0 \text{ }\mu\text{L}$  of Zn-IIPs is deposited on the thread and let dry at  
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10 room temperature by avoiding the light, as indicated in Fig. 1a. The  $\text{Zn}^{2+}$  template is removed from  
11  
12 the thread channel by dropping hydrochloric acid (HCl) at  $0.50 \text{ mol L}^{-1}$ , and the prepared dTAD  
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14 sensors were kept in the dark place. No-IIP based dTADs were also prepared by immobilizing  
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16 DTZ into the thread channel without any ion imprinting.  
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#### 21 **2.4. General optimization of IIPs-based dTADs for Zn (II) detection**

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23 To optimize sample volume and reaction time, we measured the distance signals of  $\text{Zn}^{2+}$   
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25 concentration at  $20.0 \text{ mg L}^{-1}$  (Fig. 1b). Furthermore, the concentration of template, ligand, and  
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27 extraction solvent, volume of monomer, cross-linker, and initiator, and vortex time were evaluated  
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29 by measuring the color intensity on the thread using Red-Green-Blue (RGB) mode of Image J. All  
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31 experiment was conducted for three times reproducibility ( $n=3$ ).  
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#### 36 **2.5. Analytical procedure**

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38  $100.0 \text{ }\mu\text{L}$  of  $\text{Zn}^{2+}$  solutions at various concentrations introduced into the IIPs-based dTADs  
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40 sensor. After 10 min, the distance signal of pink color in the thread was measured. The linear range  
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42 was plotted between  $\text{Zn}^{2+}$  concentration and its distance signals. The detection limit (LOD) was  
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44 evaluated by naked-eye readout at the lowest  $\text{Zn}^{2+}$  concentration, obtaining the initial pink color  
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46 on the dTAD sensor. The selectivity and interference were further studied via the measurement of  
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48 the distance signal of  $\text{Zn}^{2+}$  at  $2.0 \text{ mg L}^{-1}$ , compared with other interferents expected to be in real  
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50 samples. All experiments in the developed method were reproduced in triplicates ( $n=3$ ). Images  
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52 were taken with the smartphone's camera (iPhone 8+).  
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#### 58 **2.6. Real sample analysis**

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2 1.0 mL of human control urine samples containing  $Zn^{2+}$  at different concentrations were dropped  
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4 into the developed dTAD sensor and followed the analytical procedure. The recovery percentage  
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6 was then calculated by detecting  $Zn^{2+}$  in the developed method. Likewise, 20 tablets of zinc  
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8 supplement samples were crushed and weighed precisely, subsequently dissolved in DI water.  
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10 Afterwards, 1.0 mL of supplement sample solutions were introduced into the developed dTAD  
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12 sensor and continued following the analytical procedure. The resultant  $Zn^{2+}$  concentrations were  
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14 calculated and statistically compared with their labels.  
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### 19 **3. Results and Discussion**

#### 20 **3.1 Characterization of IIPs-based dTADs for $Zn^{2+}$ detection**

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22 The morphology of dTAD was characterized by SEM images, as shown in Fig. S5. The outermost  
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24 layer of natural cotton fibers is typically covered in wax.<sup>57–59</sup> Most of the wax is composed of long  
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26 fatty acid chains, which renders cotton fibers hydrophobic and diminishes the material's capacity  
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28 to wick liquid. To remove the wax and enhance the hydrophilic property of the thread, we treated  
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30 the thread with  $Na_2CO_3$  solution, resulting in a higher amount of the hydroxyl ( $-OH$ ) groups on  
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32 the surface of the thread.<sup>60,61</sup> After imprinting polymer, we noticed that the surface of the thread  
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34 is rougher with zinc content (Fig. S5(c)). The surface of the thread was smoother after template  
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36 removal (Fig. S5(d)). With the above results, we show successful imprinting of the IIP onto the  
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38 thread substrate for selective determination of  $Zn^{2+}$  concentration. Furthermore, we characterized  
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40 the structure of the developed dTAD sensor using FTIR spectra, as shown and described in Fig.  
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#### 51 **3.2 Optimization of IIPs-based dTADs for Zn (II) detection**

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53 To test whether the IIPs-based dTADs can enhance the assay performance for  $Zn^{2+}$  detection, we  
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55 measured the distance length of the pink color onto the thread channel when solution containing  
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57  $Zn^{2+}$  at  $5.0\text{ mg L}^{-1}$  was introduced into the sample zone of the device. In Fig. 2, we observed that  
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2 the distance signal of the blank was 0.0 cm (Fig. 2(a)), while it increased to 1.37 cm when the  $Zn^{2+}$   
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4 solution was introduced (Fig. 2(c)). Notably, there was no distance signal measured on the dTAD  
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6 with no-IIP similar to the blank signal (Fig. 2(b)). In the latter case, the pale pink color of DTZ  
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8 and  $Zn^{2+}$  on the thread channel was unstable and rapidly disappeared, making it impossible to  
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10 measure the distance signal. Whereas, the utilization of IIP integrated with the dTAD enabled the  
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12 stable measurement of  $Zn^{2+}$  by complexing with the DTZ reagent.  
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16 In our experiment, the  $Zn^{2+}$  template and DTZ concentrations were optimized by detecting the  
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18 pink color intensity. We observed that the highest intensity was found when  $Zn^{2+}$  template and  
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20 DTZ were  $40.0 \text{ mg L}^{-1}$  and  $0.20 \text{ mmol L}^{-1}$ , respectively (Fig. S7 (a and b)). The utilization of higher  
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22 DTZ concentration leads to a lower pink intensity on the thread. Similarly, the larger template  
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24 concentration results in difficult template removal, affecting the signal measurement. In addition,  
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26 the volume of monomer and cross-linker was studied, as it can affect the formation of imprinting  
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28 polymer. We noticed that the intensity of the pink color increased with their concentration and  
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30 stabilized when their volumes were 25.0, 30.0, and 20.0 for MAA, EGDMA, and AIBN,  
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32 respectively, (Fig. S7 (c-e)). Possibly, at higher volumes, the number of binding cavities on the  
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34 thread substrate had saturated. Therefore, we selected these volumes as sufficient monomer and  
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36 cross-linker levels for our work. Moreover, HCL concentration was investigated since it affects  
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38 the template removal. The result demonstrated that there was an increase in the color intensity as  
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40 its concentration increased until  $0.50 \text{ mol L}^{-1}$ , and beyond that level, the intensity reduced (Fig.  
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42 S7(f)). This is due to the fact that having too much acid disrupts the structure of IIPs in the thread  
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44 substrate. Thus, the concentration of HCL at  $0.50 \text{ mol L}^{-1}$  was chosen in this proposed method.  
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51 Moreover, we investigated the sample volume of  $Zn^{2+}$  solution between 70.0 and 120.0  $\mu\text{L}$ . The  
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53 result indicated an increase in the distance lengths as the sample volume increased. However, the  
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55 distance signals gradually reduced after the sample volume exceeded 100.0  $\mu\text{L}$ . This is because  
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57 the sample leaks from the thread at higher volumes, leading to reduced  $Zn^{2+}$  content. So, we chose  
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2 the sample volume of 100.0  $\mu\text{L}$  as an optimum level in our proposed method Fig. S8(c). We also  
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4 studied the reaction time by counting the time after the introduction of the sample solution onto  
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6 the thread. We observed an increase in the distance signal reaching a constant length when the  
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8 time was over 10.0 min (Fig. S8(d)). Therefore, 10 min was selected as an adequate reaction time  
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10 for our experiment, which is quite low for portable on-site analysis.  
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### 14 **3.3 Analytical characteristics**

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18 The analytical performance of the proposed IIPs-based dTADs sensor for quantitative  $\text{Zn}^{2+}$   
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20 detection was further studied under optimal conditions. According to Fig. 3, the average distance  
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22 signal of the pink color for detecting  $\text{Zn}^{2+}$  at 1.0  $\text{mg L}^{-1}$  was 0.45 cm (Fig. 3(b)). This value was  
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24 distinguishable from the signal obtained from the blank sample (Fig. 3(a)). Subsequently, it can  
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26 be observed that there is a direct correlation between the concentration of  $\text{Zn}^{2+}$  and the average  
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28 distance of signals, as depicted in Fig. 3(b-f). Furthermore, the linear range of our developed  
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30 dTADs from 1.0 to 20.0  $\text{mg L}^{-1}$  ( $R^2 = 0.9992$ ) was obtained, as shown in Fig. 3(g). The LOD was  
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32 determined by measuring the lowest distance length for  $\text{Zn}^{2+}$  detection by naked-eye observation.  
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34 We found that the shortest distance signal of  $0.45 \pm 0.05$  cm was acquired when detecting  $\text{Zn}^{2+}$  at  
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36 1.0  $\text{mg L}^{-1}$  (Fig. S9). Similarly, we measured this concentration ten times ( $n = 10$ ) to calculate the  
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38 measurement uncertainty for our assay validation.<sup>62</sup> The result indicated that the average distance  
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40 signal of this level was 0.46 cm. So, we could confirm that the LOD of the proposed method for  
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42  $\text{Zn}^{2+}$  detection is 1.0  $\text{mg L}^{-1}$ .  
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### 49 **3.4 Selectivity and interferent studies**

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52 The selectivity of the proposed technique was evaluated through the detection of the distance  
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54 signal  $\text{Zn}^{2+}$  at 2.0  $\text{mg L}^{-1}$  compared to the signal obtained from other substrates. These potential  
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56 interferences included glucose (10.0  $\text{mmol L}^{-1}$ ), bovine serum albumin (10.0  $\text{g L}^{-1}$ ), lactic acid  
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2 (50.0  $\mu\text{mol L}^{-1}$ ), uric acid (500.0  $\mu\text{mol L}^{-1}$ ), urea (50.0  $\text{mmol L}^{-1}$ ), and creatinine (1.0  $\text{g L}^{-1}$ ). Fig.  
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4 4(a) showed that only  $\text{Zn}^{2+}$  exhibited a distinct distance signal from zero, whereas the signals from  
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6 other substrates remained comparable to the blank signals. Likewise, we measured the distance  
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8 signal of the mixture solution between  $\text{Zn}^{2+}$  at 2.0  $\text{mg L}^{-1}$  and other interferences. In Fig. 4(b), the  
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10 results indicated that there were no significant differences in distance signals between measuring  
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12 only  $\text{Zn}^{2+}$  solution and the mixture solution. As a result, it can be inferred that our assay is selective  
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14 to the  $\text{Zn}^{2+}$ .  
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### 19 **3.5 Application in real samples**

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21 To validate the applicability of the proposed method, we spiked different concentrations of  $\text{Zn}^{2+}$   
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23 at 3.0, 5.0, and 7.0  $\text{mg L}^{-1}$  into the human control urine, and the spiked solutions were introduced  
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25 into the developed dTADs. We determined the sample distance signal for these levels and then  
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27 interpreted it to  $\text{Zn}^{2+}$  concentration using the standard linear range presented in Fig. 3(g). In Table  
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29 1, the recovery percentage ranges from 100.48% to 103.16%, with the highest relative standard  
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31 deviation (RSD) of 5.44%. Likewise, we used our device to determine the  $\text{Zn}^{2+}$  concentration in a  
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33 commercial Zinc supplement product sample and compared to its concentration labelled on the  
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35 product. In Table 2, we noticed no dramatical differences in concentration between our method  
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37 and the value reported on the product label at 95% confidence level of t-test statistics ( $T_{\text{critical}} =$   
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39 4.30). Therefore, our method could detect  $\text{Zn}^{2+}$  concentration with acceptable accuracy and  
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41 precision.  
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### 47 **3.6 Comparison of our proposed method and other methods**

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49 Table 3 demonstrates a comparison of the analytical performance of our developed dTADs  
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51 method with other electrochemical, colorimetric, and optical methods for monitoring  $\text{Zn}^{2+}$   
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53 concentration.<sup>41,48-50</sup> While the previous techniques exhibited higher sensitivity with a lower LOD  
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55 than our technique, they required expensive instruments such as potentiostats and optical analyzers  
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57 for signal readout, increasing analysis costs which may limit its accessibility for unskilled users.  
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2 Importantly, our dTADs can monitor  $Zn^{2+}$  levels in human urine samples within the generally  
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4 accepted clinical range.<sup>12-14</sup> To conclude, our proposed technique for  $Zn^{2+}$  determination is more  
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6 affordable and simpler than previous methods in terms of signal readout and practicality.  
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#### 8 9 **4. Conclusion**

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11 Herein, we successfully developed the IIPs-based dTAD sensor for determining  $Zn^{2+}$  levels in  
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13 human urine samples. This study is the first demonstration of an integrated thread-based analytical  
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15 device with IIPs for metal ions analysis in a complex biological matrix. Use of IIP was shown to  
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17 enhance the selectivity of the assay and distance-based measurement was shown to facilitate  
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19 simpler quantitative readout. The distance-based measurement of  $Zn^{2+}$  concentration was easily  
20  
21 monitored by measuring the extent of pink color length due to the stable interaction of DTZ with  
22  
23  $Zn^{2+}$  in presence of IIP on the thread without the need for any instrument. Due to the nature of IIP,  
24  
25 this technique exhibits high selectivity with no interference from other metal ions that may also  
26  
27 cause color change on its reaction with the DTZ substrate. Moreover, the total analysis time is just  
28  
29 10 min after sample introduction, indicating rapid analysis time for on-site application. Likewise,  
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31 our assay showed high accuracy and precision by detecting  $Zn^{2+}$  concentration in human control  
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33 urine samples and for monitoring quality of Zinc supplements. Overall, our developed method has  
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35 many advantages, including simplicity, rapid response, cost-effectiveness, and ease of operation.  
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37 This method can also be extended to selectively determine other metal ions in complex biological  
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39 media. This will facilitate timely prognosis and diagnosis of different diseases that involve metal  
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41 ions in disease pathways.  
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#### 49 **Credit author statement**

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51 Lita Chheang: Conceptualization, Methodology, Investigation, Validation, Data curation,  
52  
53 Visualization, Writing - original draft. Kawin Khachornsakkul: Method Validation, Supervision,  
54  
55 Writing – original draft, review and editing. Ruben Del-Rio-Ruiz: Base platform fabrication,  
56  
57 Writing – review and edit. Wenxin Zeng: SEM-EDS. Nisakorn Thongkon: Method Validation.  
58  
59  
60

1  
2 Suddida Pliankarom Thanasupsin: Supervision. Sameer Sonkusale: Resources, Project  
3  
4 administration, Supervision, Writing - review and editing.  
5

### 6 **Conflicts of interest**

7  
8  
9 There are no conflicts to declare.  
10

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<b>Zn<sup>2+</sup> standard added (mg L<sup>-1</sup>)</b>	<b>Total Zn<sup>2+</sup> found ± SD (mg L<sup>-1</sup>)</b>	<b>%Recovery</b>	<b>%RSD</b>
<b>3.0</b>	3.09 ± 0.47	103.16	5.44
<b>5.0</b>	50.02 ± 0.47	100.48	3.71
<b>7.0</b>	7.11 ± 0.82	101.62	4.80

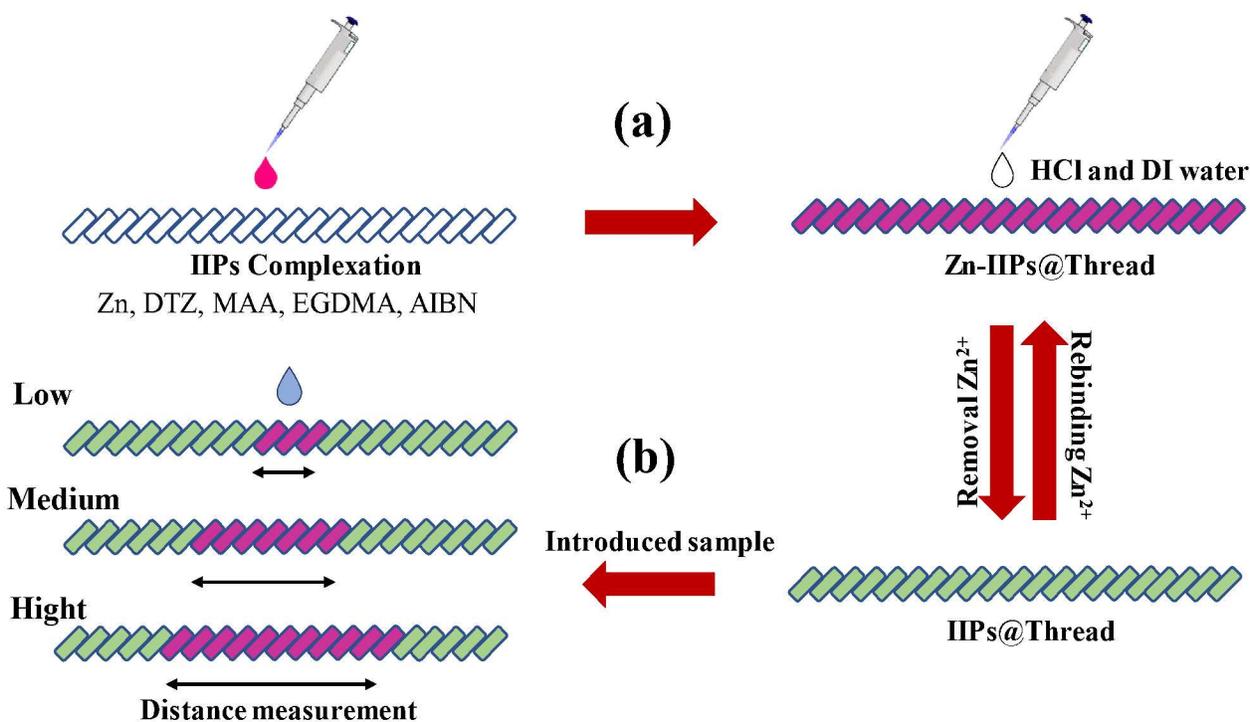
**Table 1.** Recovery studies of the detection of Zn<sup>2+</sup> in human control urine samples (n=3).

**Table 2.** Result of Zn<sup>2+</sup> in the supplement sample analysis by our developed method (n=3).

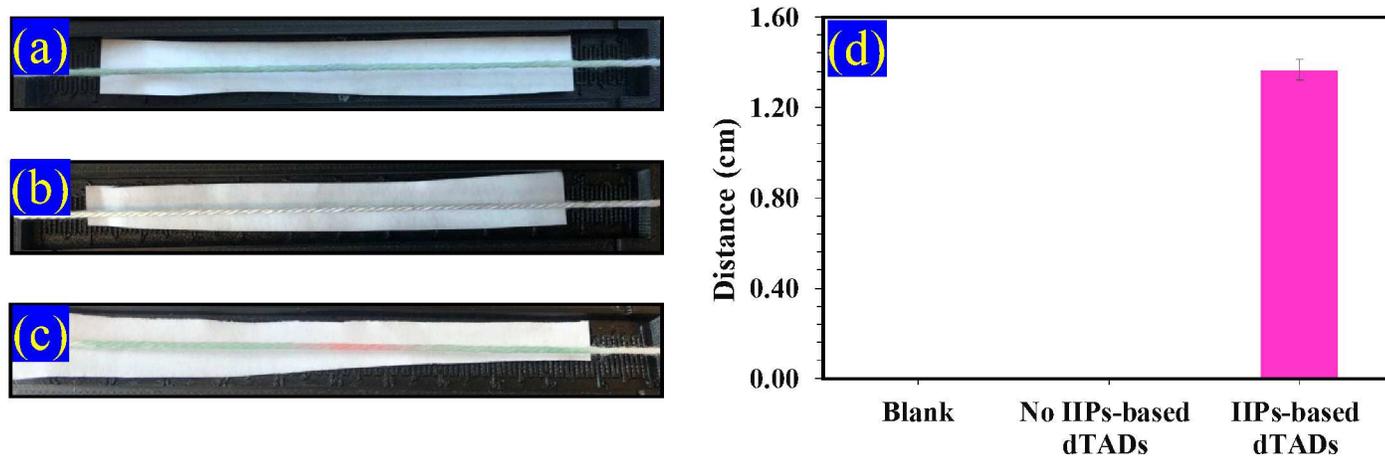
<b>Supplement sample</b>	<b>Total found (mg/tablet)</b>	<b>Specific label (mg/tablet)</b>	<b>T-test</b>	<b>%RSD</b>
<b>A</b>	48.45 ± 0.94	50.0	0.43	4.22

**Table 3.** Comparison of the proposed method with other methods reported in the literature.

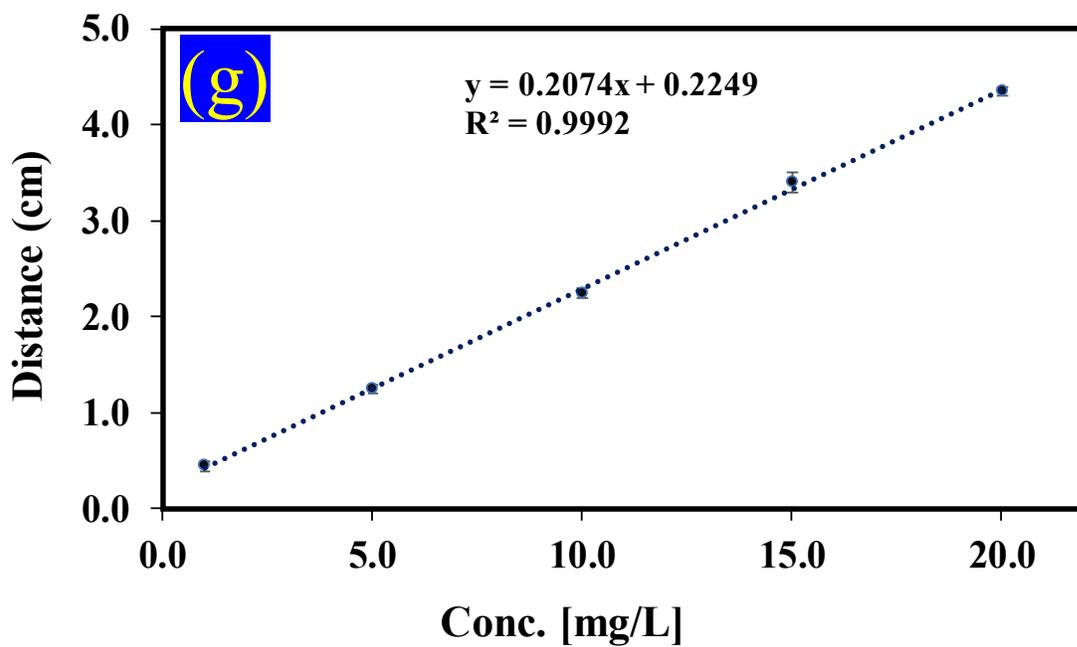
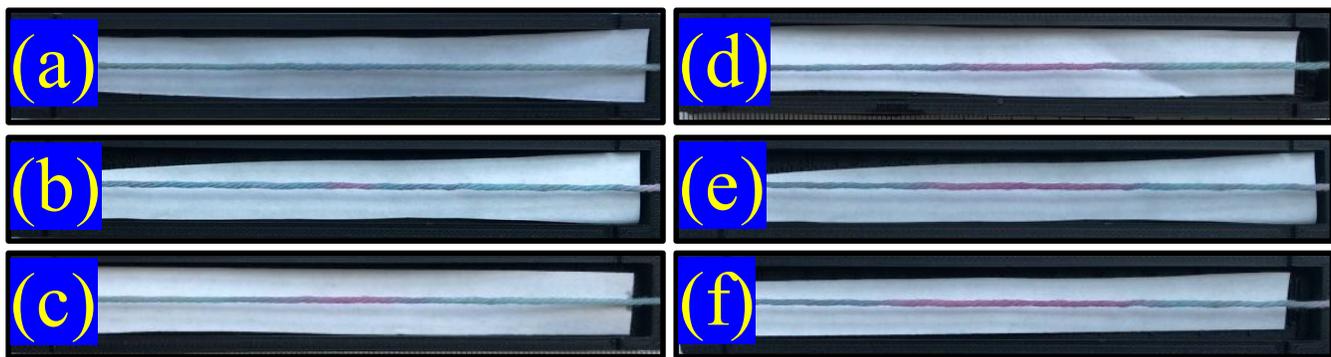
<b>Method</b>	<b>Linear range (mg L<sup>-1</sup>)</b>	<b>LOD (mg L<sup>-1</sup>)</b>	<b>Reference</b>
<b>Colorimetric detection</b>	0.1-1.0	0.02	41
<b>Optical detection</b>	0.02-3.8	0.005	48
<b>Electrochemical detection</b>	0.2-7.0	0.02	49
<b>Colorimetric detection</b>	0.0 – 0.5	0.02	50
<b>dTADs</b>	1.0-20.0	1.0	This work



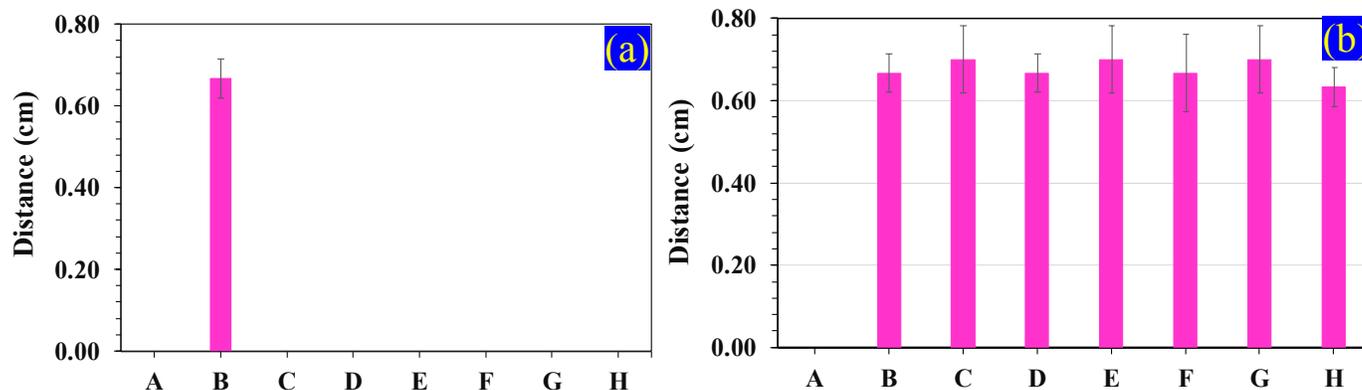
**Fig. 1:** The scheme of (a) the general fabrication procedure for the IIPs-based dTADs sensor (b) the procedure of Zn<sup>2+</sup> measurement.



**Fig. 2.** The image of distance signals of Zn<sup>2+</sup> detection at 5.0 mg L<sup>-1</sup> including (a) blank, (b) no IIPs-based dTADs, (c) IIPs-based dTADs, and (d) their distance signals (n=3).



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5 **Fig. 3.** The image of the distance signals for Zn<sup>2+</sup> detection at (a) blank, (b) 1.0, (c) 5.0, (d) 10.0,  
6 (e) 15.0, (f) 20.0 mg L<sup>-1</sup>, and (g) the plotted linear range (n = 3).  
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**Fig. 4.** (a) Selectivity for Zn<sup>2+</sup> detection; distance signals obtained for (A) a blank solution, (B) Zn<sup>2+</sup> at 2.0 mg L<sup>-1</sup>, and solutions of a range of potentially interfering substances including (C) glucose (10.0 mmol L<sup>-1</sup>), (D) bovine serum albumin (10.0 g L<sup>-1</sup>), (E) lactic acid (50.0 μmol L<sup>-1</sup>), (F) uric acid (500.0 μmol L<sup>-1</sup>), (G) urea (50.0 mmol L<sup>-1</sup>), and (H) creatinine (1.0 g L<sup>-1</sup>). (b) Interference for Zn<sup>2+</sup> detection; distance signals obtained for (A) a blank, (B) Zn<sup>2+</sup> at 2.0 mg L<sup>-1</sup>, and (C-H) mixtures of 2.0 mg L<sup>-1</sup> Zn<sup>2+</sup> and above concentrations of the potentially interfering substances (n = 3).