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Ultrasensitive detection of multiple Alzheimer's disease biomarkers by SERS-LFA†

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Alzheimer's disease (AD) is one of the top public health crises in the 21st century, especially in an aging society. Early diagnosis, prevention, and intervention can significantly reduce the risk of AD. Detection of multiple AD biomarkers in blood is an effective strategy and has drawn more and more attention in recent years. However, the concentration of AD biomarkers is very low, therefore, point-of-care testing (POCT) techniques are needed for sensitive detection. Herein, a lateral flow assay, based on Surface-enhanced Raman scattering nanotags (SERS-LFA), is proposed for the simultaneous quantification of multiple AD biomarkers including Amyloid-beta 42, Amyloid-beta 40, tau proteins, and neurofilament light chain. The limit of detection for four AD biomarkers is 138.1, 191.2, 257.1, and 309.1 fg mL^{-1}, respectively, which are two orders of magnitude lower than their concentrations in blood. Compared with the existing detection technology, SERS-LFA has the advantages of high specificity, high sensitivity, low cost, multiple detection, and rapid detection. Therefore, SERS-LFA has a broad application prospect in the early diagnosis and monitoring of AD in the future.

Introduction

Alzheimer's disease (AD) is a neurodegenerative disease, with clinical manifestations of progressive dementia, memory loss, and cognitive decline. AD seriously endangers the physical and mental health and the quality of life of the elderly, bringing a heavy burden to the family and society. Currently, there are at least 50 million dementia patients in the world and this number is expected to reach 152 million by 2050, of which about 60–70% are AD patients.[1] AD has become an increasingly serious public health and social problem, especially in today's aging society.

At present, there is no radical cure for the treatment of AD. Available drugs can only delay the deterioration of symptoms, without stopping or reversing the disease development. It is generally believed that the treatment of AD is most effective at the early stages. According to recent reports, early diagnosis and intervention can significantly reduce the risk.[2] The existing methods for AD diagnosis mainly include cognitive function assessment, imaging examination, cerebrospinal fluid examination, and blood examination. However, the accuracy of cognitive function assessment is low. The equipment required for imaging examination is extremely expensive, and may cause harm to the human body. The cerebrospinal fluid examination requires a lumbar puncture to collect samples, which is highly invasive. Therefore, blood examination is the most suitable method for early screening in asymptomatic populations.

The blood examination can detect changes in the AD biomarker concentration. In 2018, Nakamura et al. found that the concentration of β-amyloid (Aβ) in the blood changes about 10–15 years before the appearance of AD symptoms.[3] They also found that AD patients can be identified by detecting the concentration of Aβ in plasma, with more than 90% accuracy. Subsequently, researchers also found that tau protein (tau),[4,5] and neurofilament light chain protein (NFL)[6] in the blood can predict the development of AD. However, their concentration in the blood is lower than that in the cerebrospinal fluid. In addition, due to the heterogeneity of dementia pathology and the complexity of the pathogenesis of AD, a single biomarker is not sufficient for accurate diagnosis, especially at an early stage.[3,7,8] Therefore, it is necessary to detect multiple biomarkers in blood with high sensitivity for the accurate diagnosis of AD.

Several attempts have been made for the detection of AD biomarkers with various detection methods.[9–14] For example,

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Pi *et al.* used a quantum dot based sandwich immunoassay and magnetic separation to detect $A\beta_{42}$, with a detection limit up to 0.2 nmol L^{-1}.[10] Kim *et al.* developed a nano-plasmonic biosensor using the local surface plasmon resonance effect of gold nanorods in combination with chaotropic agents to detect tau protein in the plasma, with a detection limit up to the femtomolar level.[11] Recently, a densely arranged single-walled carbon nanotube film based sensor was reported for the simultaneous detection of a different AD core biomarkers (t-tau, p-tau$_{181}$, $A\beta_{42}$, and $A\beta_{40}$) in the plasma. By measuring the levels of t-tau/$A\beta_{42}$, p-tau$_{181}$/$A\beta_{42}$, and $A\beta_{42}$/$A\beta_{40}$, AD patients were successfully separated from healthy controls.[14] However, these detection methods usually have limitations such as only single biomarkers can be detected at one time, insufficient sensitivity, complex sample preparation, and high cost. In addition, there is still a long way from the practical applications of these methods in terms of robustness and ease of operation.

Lateral flow assay (LFA) is a widely used low-cost rapid blood analysis platform with point-of-care testing (POCT) technology, giving results in less than 30 minutes without professional operation, and is the most widely used.[15,16] Compared with fluorescent nanoparticles, magnetic nanoparticles and other commonly used tags in biological analysis, surface-enhanced Raman scattering (SERS) nanotags have the advantages of high photostability, multi-target detection, and ultra-high sensitivity.[17] Therefore, SERS nanotag-based LFA (SERS-LFA) is a common POCT technology that can realize multiplex and ultrasensitive detection. Our research group has previously realized the simultaneous detection of three acute myocardial infarction biomarkers by this approach with a detection limit at the femtomolar level.[18] Currently, SERS-LFA is widely used in chemical and biomolecular analysis research.[19,20]

Herein, we constructed gold core silica shell ($Au@SiO_2$) SERS nanotag-based LFA for the rapid and quantitative detection of four AD biomarkers ($A\beta_{42}$, $A\beta_{40}$, tau, and NFL). Compared to other SERS nanotags such as gold nanoparticles (AuNPs), the $Au@SiO_2$ SERS nanotags exhibit higher stability. The silica shell effectively prevents the dissociation of Raman dyes. Therefore, it is more conducive to practical applications. To achieve the simultaneous detection of four AD biomarkers by a single test strip, two SERS nanotags ($Au^{4-MBA}@SiO_2$ and $Au^{DNTB}@SiO_2$) are selected with two test lines (T_1 line and T_2 line). The detection schematic is shown in Scheme 1. When the sample solution is dropped onto the sample pad, it flows forward to the conjugate pad by capillary force, and biomarkers in the sample solution react with the antibody on the surface of the corresponding SERS nanotags, forming an antigen–antibody hybrid complex. The formed complex flows forward with the liquid. When the complex reaches the T_1 line and T_2 line, the complex is captured by the immobilized antibody on the T_1 line and T_2 line, forming a sandwich hybrid complex. The remaining solution continues to flow forward and is captured by the goat anti-mouse IgG antibody on the control line (C line). After adding the sample solution for 20 minutes, the color of SERS nanotags on the T and C lines changes. No color change on the C line indicates an invalid detection result of SERS-LFA, and retesting is required. When the red band appears on the C line, the concentration of $A\beta_{42}$ and $A\beta_{40}$ is obtained by detecting Raman signals of SERS nanotags on the T_1 line, and the concentration of tau and NFL is obtained by detecting the Raman signals of SERS nanotags on the T_2 line. This is the first time that SERS-LFA is proposed for the simultaneous detection of four AD biomarkers on a test strip.

Experimental section

Materials and chemicals

Silver nitrate ($AgNO_3$), tetrachloroaurate(III) trihydrate ($HAuCl_4 \cdot 3H_2O$), trisodium citrate ($Na_3C_6H_5O_7$), bovine serum albumin (BSA), ascorbic acid (AA), tetraethyl orthosilicate (TEOS), polyvinylpyrrolidone K30 (PVP-K30), ammonia solution, ethanol, and mannitol were purchased from Sinopharm Chemical Reagent Co., Ltd. 4-Mercaptobenzoic acid (4-MBA) and 5,5′-dithio bis-(2-nitrobenzoic acid) (DNTB) were obtained from Alfa Aesar. 3-Glycidyloxypropyltrimethoxysilane (GPTMES), 2-hydroxy-1-ethanethiol, and *N,N*-dimethyl-formamide (DMF) were supplied by Tianjin C&S Biochemical Technology Co., Ltd. Phosphate buffered saline (PBS, 0.01 M, pH 7.4) and tri(hydroxymethyl)aminomethane hydrochloride (Tris-HCl, 0.1 M, pH 8.5) were provided by Sangon Biotech (Shanghai) Co., Ltd. All glassware was soaked in a freshly prepared aqua regia solution (HCl/HNO_3, v/v, 3 : 1) overnight and then rinsed thoroughly with deionized water before use.

Human $A\beta_{42}$ peptide, human $A\beta_{40}$ peptide, human tau$_{441}$ protein, a pair of anti-$A\beta_{42}$ monoclonal antibodies, anti-$A\beta_{40}$ monoclonal antibodies, and anti-tau monoclonal antibodies were purchased from BioLegend, Inc. Human NFL peptide and a pair of anti-NFL monoclonal antibodies were provided by Abcam, Inc. Goat anti-mouse IgG antibody was purchased from Beijing Key-Bio Biotech Co., Ltd. The conjugate pad and sample pad were obtained from PALL Corporation (USA). The backing pad and absorption pad were received from Shanghai Goldbio Tech Co., Ltd (China). Nitrocellulose membrane (NC membrane) was bought from Whatman-GE Healthcare Company (UK).

Preparation of $Au@SiO_2$ SERS nanotags

$Au@SiO_2$ SERS nanotags were synthesized by the hydrolysis and condensation of TEOS and coating the silica shell on the surface of gold core silver shell nanoparticles. In this process, the silver shell was corroded away, forming $Au@SiO_2$ SERS nanotags.

Gold core silver shell nanoparticles were prepared by a previously reported seed-growth method.[21,22] Specifically, 1 mL of 1% $HAuCl_4$ was first added to 100 mL of water, stirred, and heated at 140 °C, followed by the addition of 0.75 mL 1% $Na_3C_6H_5O_7$. After 15 min of reaction, the heating was stopped and a mixture of 100 μL of 20 mM Raman dye (4-MBA or

DNTB) and 100 µL of 20 mM 2-hydroxy-1-ethanethiol was added. The mixture was continuously stirred and cooled to room temperature. Then 100 mL of the above-synthesized nanoparticles were centrifuged and resuspended to the same volume of water. Next, 0.1 mL of 200 mM ascorbic acid was added, followed by adding 0.1 mL of 200 mM $AgNO_3$ drop by drop under continuous stirring for 40 minutes.

Finally, the silica shell was synthesized by hydrolysis and condensation of TEOS. Briefly, 100 mL of the above-synthesized nanoparticles were added to 900 mL of ethanol and magnetically stirred for 30 min. Then 5 mL of 1% TEOS was added, and 100 mL of ammonia solution (added 1 mL of 20 mM Raman dye to ammonia solution) was added 10 min later. After stirring for 24 h, the mixture was heat-cured at 90 °C for 100 min. Finally, it was cooled to room temperature, centrifuged, and the precipitate was collected and resuspended in 20 mL of ethanol.

Preparation of bio-functioned SERS nanotags

For the successful conjugation of $Au@SiO_2$ SERS nanotags to antibodies, GPTMES was attached to the $Au@SiO_2$ SERS nanotags' surface. Briefly, 20 mL of $Au^{4-MBA}@SiO_2$ or $Au^{DNTB}@SiO_2$ SERS nanotags were added to 200 mL of ethanol. Then 5 mL 0.1% GPTMES were added under magnetic stirring for 10 min. The mixture was stirred for 24 hours and heat-cured at 90 °C for 100 min. Finally, it was cooled to room temperature, centrifuged three times, and the precipitate was collected and resuspended in 20 mL of DMF.

The conjugation of SERS nanotags and antibodies was done as follows: first, the above 1 mL GPTMES functionalized $Au^{4-MBA}@SiO_2$, $Au^{DNTB}@SiO_2$, $Au^{4-MBA}@SiO_2$, and $Au^{DNTB}@SiO_2$ SERS nanotags were mixed with 50 µL of 0.5 mg mL^{-1} $A\beta_{42}$, $A\beta_{40}$, tau, and NFL antibodies, respectively, and incubated at room temperature for 3 h. The unbound anti-

bodies were removed by centrifugation. Next, the antibody-conjugated SERS nanotags were redispersed in 1 mL of 5% BSA solution and incubated for another 1.5 h at room temperature. Finally, the blocking solution was removed by centrifugation, and bio-functioned $Au@SiO_2$ SERS nanotags were redissolved in 100 µL of re-suspending solution (2 wt% PVP-K30, 1 wt% mannitol, 2 wt% BSA, and 7 wt% sucrose dissolved in 0.1 M Tris-HCl buffer) and stored at 4 °C.

### Preparation of lateral flow assay

First, $A\beta_{42}$ capturing antibody solution (1 mg mL^{-1}) and $A\beta_{40}$ capturing antibody solution (1 mg mL^{-1}) were mixed. Similarly, NFL capturing antibody (1 mg mL^{-1}) and tau capturing antibody (1 mg mL^{-1}) were also mixed. Then two mixed antibodies and a goat anti-mouse IgG antibody (1 mg mL^{-1}) were fixed on the T_1 line, T_2 line, and C line of the NC membrane, respectively. The application volume was 1 µL cm^{-1} and the distance between the lines was 3 mm. Next, the NC membrane was dried at 37 °C for 1 h and stored under dry conditions.

To assemble the lateral flow assay, first, the NC membrane was fixed in the middle of the backing. The absorbent pad was then fixed at the end of the backing. Next, the sample and the conjugate pads were fixed at the head end. During the fixing process, the ends of each part overlapped each other to ensure the continuous flow of sample solution along each part through capillary action. Finally, the assembled card was cut to the test strips with 3 mm width and stored in a desiccant for later use.

Detection of multiple AD biomarkers

Before the test, an equal molar mixture of biomarker detection antibody-connected $Au^{4-MBA}@SiO_2$, $Au^{DNTB}@SiO_2$, $Au^{4-MBA}@SiO_2$, and $Au^{DNTB}@SiO_2$ SERS nanotags was put in a
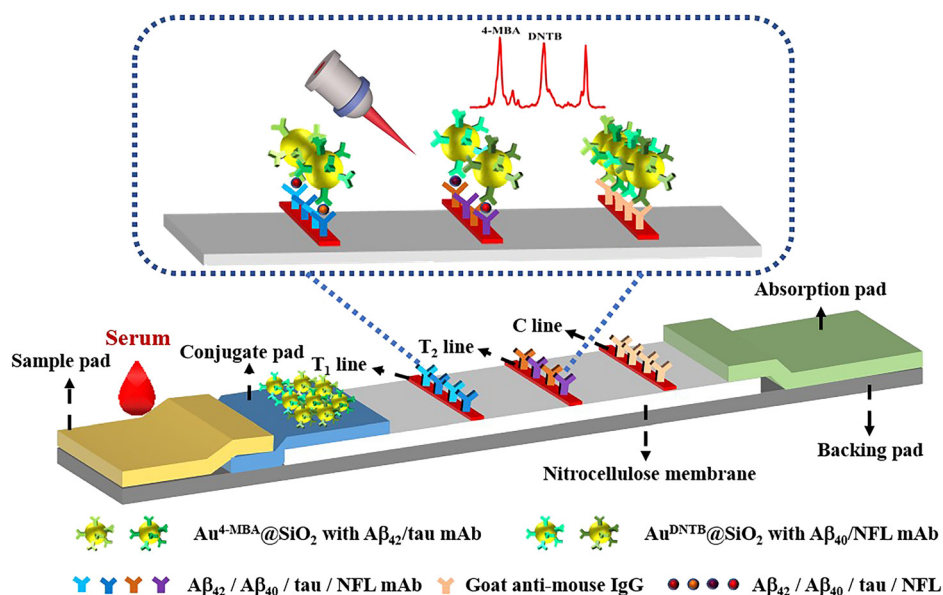
Scheme 1 Schematic illustration of multiple AD biomarkers detected by SERS-LFA.

conjugate pad. Then mixed solutions of $A\beta_{42}$, $A\beta_{40}$, tau and NFL $(1:1:1:1$, v/v/v/v) with different concentrations (100 fg mL^{-1} to 10 µg mL^{-1}) were prepared. 100 µL of mixed solutions of different concentrations were added to the sample pad of the test strip and after 20 minutes the color change on the C line was observed. Finally, the Raman microscopy system was used to detect the mixed SERS spectra on the T line for the quantitative detection of multiple AD biomarkers, and each concentration gradient was tested three times.

Instruments

AuNPs and SERS nanotags were characterized by scanning electron microscopy (SEM, Carl Zeiss), and transmission electron microscopy (TEM, JEOL Ltd). UV-vis absorption spectra were recorded on a UV/Vis/NR spectrophotometer (Hitachi, Japan). The hydrodynamic diameter and zeta potential were measured using a nanozeta sizer (Malvern, UK). The Invia Raman microRaman spectroscopy system (British Renishaw Company) was used to obtain the SERS spectra of SERS nanotags and the SERS-LFA T line. Renishaw Wire 4.2 software was used to calibrate the baseline of the SERS spectra. The wavelength of the 785 nm laser was selected. The objective lens with a magnification of 20× was selected, and the integration time was 10 s.

Results and discussion

Characterization and optimization of SERS nanotags

The synthesis process for the Au@SiO$_2$ SERS nanotag was as follows: AuNPs were prepared by the citrate thermal reduction method. The Raman dye (4-MBA or DNTB) was attached to the surface of AuNPs by an Au–S bond. Silver shells were formed on the AuNPs' surface. Finally, the silica shell was formed by the hydrolysis and condensation of TEOS. The formed silica shell was modified with epoxy groups for the immobilization of the detection antibody. Au@SiO$_2$ SERS nanotags were synthesized by the hydrolysis and condensation of TEOS to coat a silica shell on the surface of gold core silver shell nanoparticles. In this process, the silver shell corroded away, thereby, forming Au@SiO$_2$ SERS nanotags. We found that this synthetic method has a higher success rate.

To verify the successful synthesis of Au@SiO$_2$ SERS nanotags, we obtained TEM images of Au and Au@SiO$_2$ SERS nanotags. Fig. 1 shows that the particles are successfully synthesized with a particle size of 80 nm and a shell thickness of 10 nm. In addition, TEM images also reveal that the particles are well-dispersed.

Furthermore, we optimized the thickness of the silica shell. Although the existence of the silica shell can effectively prevent the dissociation of Raman dyes, the Raman signals are weakened when the shell is too thick. Therefore, it is crucial to choose the appropriate thickness of the silica shell. Thickness can be controlled by adding a different dosage of TEOS. To determine the optimal dosage of TEOS, 8 mL, 5 mL, and 2 mL of TEOS were added to obtain Au@SiO$_2$ SERS nanotags. SEM
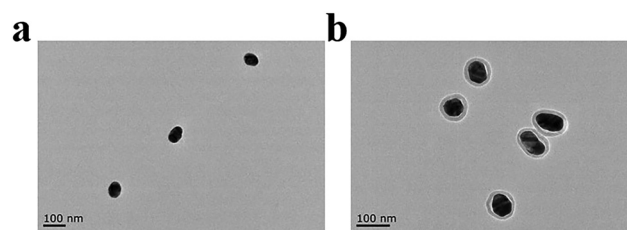

Fig. 1 TEM images of AuNPs and Au@SiO$_2$ SERS nanotags. (a) AuNPs. (b) Au@SiO$_2$ SERS nanotags.
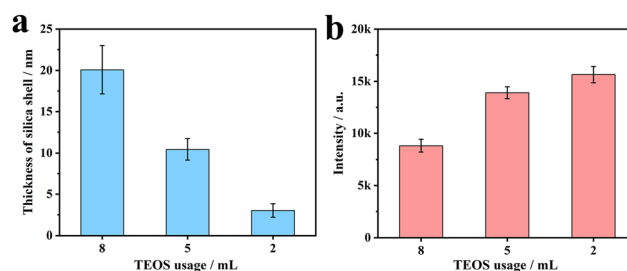

Fig. 2 Optimization results of Au@SiO$_2$ SERS nanotags. (a) Silica shell thickness of the Au@SiO$_2$ SERS nanotags synthesized with different TEOS dosages. (b) Raman signals of the Au@SiO$_2$ SERS nanotags synthesized with different TEOS dosages. The error bar represents the average result of three measurements.

images and Raman signals of the obtained particles are shown in Fig. S1, S2,† and Fig. 2. Although the synthesized SERS nanotags by adding 8 mL of TEOS exhibit a good core–shell structure, the shell thickness is 20 nm, which will greatly reduce for the Raman signals. The synthesized SERS nanotags by 2 mL of TEOS can obtain very high Raman signals, however, its silica shell is not complete and does not cover the entire AuNP surface, therefore, it cannot prevent the dissociation of Raman dye from the surface of AuNPs. Only the SERS nanotags synthesized by adding 5 mL of TEOS yield a complete core–shell structure and obtain relatively high Raman signals. Therefore, Au@SiO$_2$ SERS nanotags synthesized by 5 mL of TEOS are selected for subsequent experiments.

Raman signals of Au@SiO$_2$ SERS nanotags

SERS nanotags encoded by different Raman dyes are required to realize the simultaneous detection of multiple AD biomarkers with SERS-LFA. Based on previous studies,[23,24] 4-MBA and DNTB encoded SERS nanotags are selected. The SERS spectra of two SERS nanotags are shown in Fig. 3a. It can be seen from the figure that their characteristic Raman peak positions are 1079 cm^{-1} and 1330 cm^{-1}, respectively, preventing the overlap of Raman characteristic peaks. In addition, Raman intensities before and after mixing the two SERS nanotags are also compared. As shown in Fig. 3b, the Raman intensities of the corresponding Raman characteristic peaks hardly change, further indicating that the Raman peaks of two SERS nanotags did not overlap. Moreover, the intensities of the corresponding
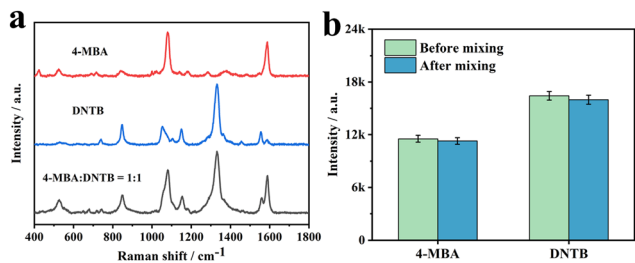
Fig. 3 Raman signals of Au$^{4\text{-MBA}}$@SiO$_2$ SERS nanotags, Au^{DNTB}@SiO$_2$ SERS nanotags, and equimolar mixing of the two SERS nanotags. (a) SERS spectra. (b) Raman intensities at 1079 cm^{-1} and 1330 cm^{-1} in the SERS spectra. The error bar represents the average result of three measurements.

characteristic peaks of two Raman dye-encoded SERS nanotags are similar. All these results suggest that two Au@SiO$_2$ SERS nanotags can be used for the subsequent multiplex quantitative detection.

Stability of Au@SiO$_2$ SERS nanotags

For freshly prepared AuNPs and Au@SiO$_2$ SERS nanotags, the Raman signal of AuNPs is slightly higher than that of Au@SiO$_2$ SERS nanotags (Fig. 4). This is mainly attributed to the silica shell on the Au@SiO$_2$ SERS nanotag, which interferes with the excitation light reaching the surface of AuNPs, resulting in a slight decrease in the Raman signal.

However, in terms of long-term stability, the Raman signals of AuNPs drop significantly after storing at room temperature for one month, and their Raman signals are only 30% of the original signal, as shown in Fig. 5a and b. Whereas, the Raman signals of two Au@SiO$_2$ SERS nanotags are almost unchanged even after 4 months (Fig. 5c and d). These results indicate the excellent stabilities of Au@SiO$_2$ SERS nanotags, conducive to subsequent quantitative detection and practical applications. Therefore, Au@SiO$_2$ SERS nanotags are selected for further quantitative detection.

Characterization of bio-functioned SERS nanotags

When Au@SiO$_2$ SERS nanotags are used for AD biomarker detection, they are conjugated with antibodies. To verify the
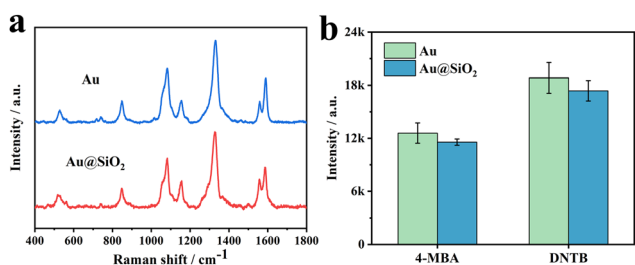

Fig. 5 Stability experiments of AuNPs and Au@SiO$_2$ SERS nanotags. (a) Raman intensities of Au$^{4\text{-MBA}}$ at 1079 cm^{-1} at different times. (b) Raman intensities of Au^{DNTB} at 1330 cm^{-1} at different times. (c) Raman intensities of Au$^{4\text{-MBA}}$@SiO$_2$ at 1079 cm^{-1} at different times. (d) Raman intensities of Au^{dntb}@SiO$_2$ at 1330 cm^{-1} at different times. The error bar represents the average result of three measurements.

successful conjugation of antibodies on Au@SiO$_2$ SERS nanotags, they are characterized by immobilizing antibodies. Taking the antibody functionalization of Au$^{4\text{-MBA}}$@SiO$_2$ SERS nanotags as an example, the hydrodynamic diameter and zeta potential of nanoparticles at different synthesis steps are measured by dynamic light scattering (DLS). Fig. 6a and c show that the hydrodynamic diameter of SERS nanotags gradually increased, and the zeta potential also changed, suggesting the successful modification of SERS nanotags. In

Fig. 4 Raman signals of Au and Au@SiO$_2$ SERS nanotags. (a) SERS spectra. (b) Raman intensities at 1079 cm^{-1} and 1330 cm^{-1} of the SERS spectra. The error bar represents the average result of three measurements.
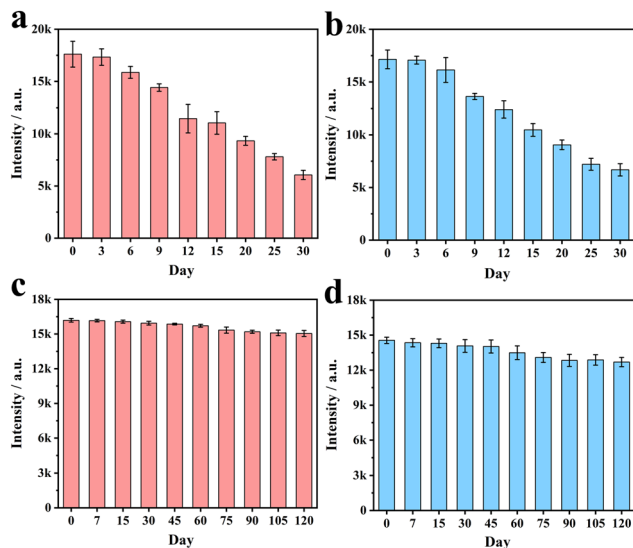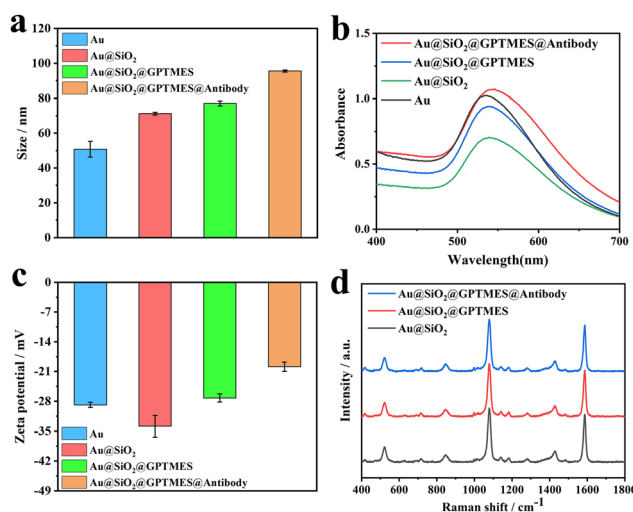

Fig. 6 Characterization results of SERS nanotags with immobilized antibodies. (a) Hydrodynamic diameter. (b) UV-vis absorption spectra. (c) Zeta potential. (d) SERS spectra. The error bar represents the average result of three measurements.
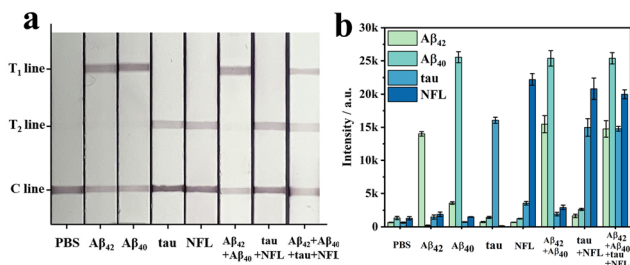
Fig. 7 Specificity evaluation of the SERS–LFA detection method. (a) Photographs of test strips for detecting different ad biomarkers at 10 μg ml^{-1}. (b) Raman intensities at 1079 cm^{-1} and 1330 cm^{-1} on the T line of the test strip. The error bars represent the average results of three measurements.

addition, the UV-vis absorption analysis is also carried out to further verify the successful attachment of the antibody on the SERS nanotags, and the absorption peak shifts are consistent with those of DLS (Fig. 6b). Finally, to study the effect of antibody functionalization on Raman signals of Au@SiO$_2$ SERS nanotags, Raman signals of SERS nanotags during the antibody functionalization process are measured. The coupling of SERS nanotags with the antibody does not weaken the Raman signals, as shown in Fig. 6d. Therefore, the above results indicate that the successful coupling of SERS nanotags to the antibody without weakening the Raman signals, further laying the foundation for the following detection application.

Detection of multiple AD biomarkers by SERS-LFA

Cross-reaction is a common phenomenon in multiple immunoassay reactions, and can seriously affect the detection accuracy of results. Therefore, SERS-LFA is first evaluated for cross-reactivity. 10 μg mL^{-1} Aβ$_{42}$, Aβ$_{40}$, tau, NFL, Aβ$_{42}$ and Aβ$_{40}$ mixed solution, tau and NFL mixed solution, four AD biomarkers (Aβ$_{42}$, Aβ$_{40}$, tau, and NFL) mixed solution, and PBS are used to study the cross-reaction of SERS-LFA. The photographs of test strips after detection and changes in Raman intensities on T lines are shown in Fig. 7a. Only the solution containing the corresponding AD biomarker changes the color of the corresponding T line to red. Furthermore, the Raman signals on T lines of all test strips are also measured, and the Raman signals at the corresponding characteristic peak are detected only when the solution contains the corresponding AD biomarker (Fig. 7b). These results indicate that SERS-LFA has high specificity and selectivity, and we can use the characteristic peaks to accurately and quantitatively detect the corresponding AD biomarkers.

The performance of SERS-LFA for the quantitative detection of multiple AD biomarkers is evaluated to detect mixed solutions of four AD biomarkers (Aβ$_{42}$, Aβ$_{40}$, tau, and NFL) at different concentrations. When the mixed solutions are added to the sample pad for 20 minutes, the SERS spectra of two T-lines are measured. Fig. 8a shows photographs of test strips after detection. With decreasing concentration, the color of
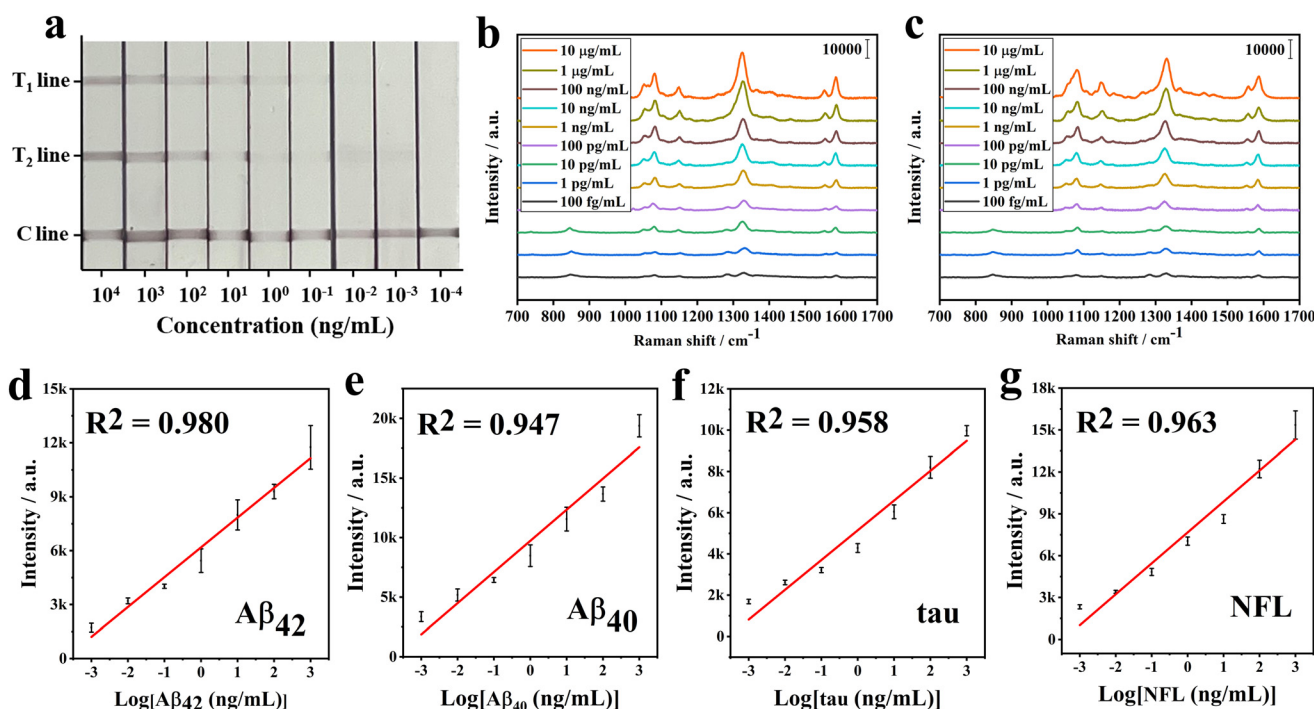

Fig. 8 Detection of four ad biomarkers at different concentrations by SERS-LFA. (a) Photographs of test strips. (b) SERS spectra on T$_1$ line. (c) SERS spectra on T$_2$ line. (d) The linear fitting diagram of Raman intensities at 1079 cm^{-1} on the T$_1$ line with the Aβ$_{42}$ concentration. (e) The linear fitting diagram of Raman intensities at 1330 cm^{-1} on the T$_1$ line with the Aβ$_{40}$ concentration. (f) The linear fitting diagram of Raman intensities at 1079 cm^{-1} on the T$_2$ line with the tau concentration. (g) The linear fitting diagram of Raman intensities at 1330 cm^{-1} on the T$_2$ line with the NFL concentration. The error bars represent the average of three measurements result.

Table 1 LOD comparison of different detection methods for AD biomarkers

Method	$A\beta_{42}$	$A\beta_{40}$	Tau	NFL	Ref.
Colorimetry	2.3 nM	0.6 nM	—	—	9 and 25
Fluorescence	0.2 nM	1.00 nM	9.3 pM	—	10, 26 and 27
ECL	2.6 fg mL^{-1}	—	—	0.6 pg mL^{-1}	28 and 29
SPR	26 fM	34.9 fM	100 fM	—	11 and 30
SERS	0.33 pg mL^{-1}	0.25 pg mL^{-1}	0.42 fM	—	31 and 32
EB	2.13 fM	2.20 fM	2.45 fM	3.0 pg mL^{-1}	14 and 33
SERS-LFA	**138.1 fg mL^{-1}**	**191.2 fg mL^{-1}**	**257.1 fg mL^{-1}**	**309.1 fg mL^{-1}**	**This work**

Abbreviations: ECL, electrochemiluminescence; SPR, Surface Plasmon Resonance; SERS, Surface-Enhanced Raman Scattering; EB, Electrochemical Biosensor; LFA, Lateral Flow Assay.

two T lines becomes lighter and lighter. The lowest concentration of AD biomarkers is approximately 1 ng mL^{-1} which can be seen with the naked eye. Furthermore, the Raman signals on T lines are also measured. Fig. 8(b and c) indicate that the Raman intensities of characteristic peaks on each T line also increase with the increase in corresponding biomarker concentration. When the concentration of AD biomarkers is lower than 1 ng mL^{-1}, the change in Raman signals is still detected on the T line of the test strip.

According to the Raman intensities at 1079 cm^{-1} and 1330 cm^{-1} on the T line, the linear fitting diagram of Raman intensities on the T line with AD biomarkers concentration is plotted. Fig. 8(d–g) reveal that the linear dynamic ranges (LDR) of $A\beta_{42}$, $A\beta_{40}$, tau, and NFL are 0.001–1000 ng mL^{-1}, covering 6 orders of magnitude. The R^2 values of $A\beta_{42}$, $A\beta_{40}$, tau, and NFL are 0.980, 0.947, 0.958, and 0.963, respectively, demonstrating a very high linear correlation.

In addition, the limit of detection (LOD) of the SERS-LFA for the simultaneous detection of four AD biomarkers is calculated by the following equation:[24]

$$LOD = \gamma_{blank} + 3 \times SD_{blank}.$$

Where γ_{blank} is the average signal intensity when the concentration is zero, and the SD_{blank} represents the standard deviation. According to the dose–response curves (Fig. S3†), the LODs for $A\beta_{42}$, $A\beta_{40}$, tau, and NFL are 138.1, 191.2, 257.1, and 309.1 fg mL^{-1}, respectively, which are equivalent to or lower than the currently reported detection methods (Table 1). However, these reported detection methods usually have disadvantages of single biomarker detection at one time, insufficient sensitivity, complex sample preparation, and high cost. Our proposed detection method achieves high sensitivity with the advantages of simple sample preparation and low cost. More importantly, it can simultaneously detect four AD biomarkers with high sensitivity. As far as we know, this is the first time that SERS-LFA is reported to simultaneously detect four AD biomarkers on a test strip, and the LOD is about two orders of magnitude lower than the concentration of the relevant AD biomarkers in the blood. Therefore, SERS-LFA can be used to detect AD biomarkers in the blood in the future.

Conclusions

In this study, we constructed Au@SiO$_2$ SERS nanotag-based LFA (SERS-LFA) for the rapid and quantitative detection of four AD biomarkers ($A\beta_{42}$, $A\beta_{40}$, tau, and NFL). The prepared Au@SiO$_2$ SERS nanotags exhibited excellent stabilities, suitable for their practical applications in the future. To simultaneously detect four AD biomarkers on a single test strip, two SERS nanotags (Au$^{4\text{-MBA}}$@SiO$_2$ and Au^{DNTB}@SiO$_2$) were selected, and two T lines were setup. The obtained results showed that the LDR was 0.001–1000 ng mL^{-1}, covering six orders of magnitude and the LOD of $A\beta_{42}$, $A\beta_{40}$, tau, and NFL was 138.1, 191.2, 257.1, and 309.1 fg mL^{-1}, respectively, which were about two orders of magnitude lower than their concentrations in blood. This is the first time that SERS-LFA is proposed to simultaneously detect four AD biomarkers. In addition, the detection method shows high specificity with a detection time of less than 30 minutes. Compared with the existing detection technology, SERS-LFA is ultrasensitive, fast, low-cost, and easy to use. More importantly, SERS-LFA is combined with a portable Raman spectrometer, for the detection of AD biomarkers at home. Therefore, this detection method can be used for large-scale early screening of AD and has a broad application prospect in the early diagnosis and monitoring of AD in the future.

Conflicts of interest

The authors declare no conflicts of interest.

Acknowledgements

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