

**Showcasing research from Professor Gilad Haran's laboratory,  
Department of Chemical and Biological Physics, Weizmann  
Institute of Science, Israel.**

Interplay between conformational dynamics and substrate binding regulates enzymatic activity: a single-molecule FRET study

Multiple enzymes rely on conformational dynamics, but how do their motions contribute to catalysis? Single-molecule FRET spectroscopy provides new insights. We analyse the surprising activity enhancement of the enzyme adenylate kinase by the denaturant urea and find that urea stabilizes the enzyme's open conformation, aiding the proper positioning of the substrates. Further, urea decreases the affinity for one of the substrates, paradoxically facilitating a more efficient progression towards the catalytically active complex. Our results show the important interplay between conformational dynamics and chemical steps, fundamental for life's molecular machinery.

**As featured in:**



See David Scheerer, Gilad Haran *et al.*,  
*Chem. Sci.*, 2025, **16**, 3066.

Cite this: *Chem. Sci.*, 2025, 16, 3066

All publication charges for this article have been paid for by the Royal Society of Chemistry

# Interplay between conformational dynamics and substrate binding regulates enzymatic activity: a single-molecule FRET study†

David Scheerer,<sup>a</sup> Dorit Levy,<sup>a</sup> Remi Casier,<sup>a</sup> Inbal Riven,<sup>a</sup> Hisham Mazal<sup>ab</sup> and Gilad Haran<sup>a</sup>

Proteins often harness extensive motions of domains and subunits to promote their function. Deciphering how these movements impact activity is key for understanding life's molecular machinery. The enzyme adenylate kinase is an intriguing example for this relationship; it ensures efficient catalysis by large-scale domain motions that lead to the enclosure of the bound substrates ATP and AMP. Surprisingly, the enzyme is activated by urea, a compound commonly acting as a denaturant. We utilize this phenomenon to decipher the involvement of conformational dynamics in the mechanism of action of the enzyme. Combining single-molecule FRET spectroscopy and enzymatic activity studies, we find that urea promotes the open conformation of the enzyme, aiding the proper positioning of the substrates. Further, urea decreases AMP affinity, paradoxically facilitating a more efficient progression towards the catalytically active complex. These results allow us to define a complete kinetic scheme that includes the open/close transitions of the enzyme and to unravel the important interplay between conformational dynamics and chemical steps, a general property of enzymes. State-of-the-art tools, such as single-molecule fluorescence spectroscopy, offer new insights into how enzymes balance different conformations to regulate activity.

Received 8th October 2024

Accepted 14th January 2025

DOI: 10.1039/d4sc06819j

rsc.li/chemical-science

## Introduction

Enzymes accelerate vital chemical reactions by many orders of magnitude. To promote and regulate their activity, some enzymes have evolved to harness large-scale motions of domains and subunits. Understanding the role of conformational dynamics is crucial for deciphering the functionality of such proteins, as identified in multiple experimental and theoretical studies.<sup>1–4</sup> One paradigmatic example of a strong relation between conformational dynamics and activity is adenylate kinase (AK),<sup>5–8</sup> which plays a key role in maintaining cell ATP levels by catalyzing the reaction  $\text{ATP} + \text{AMP} \rightleftharpoons \text{ADP} + \text{ADP}$ .<sup>9,10</sup> X-ray crystallographic studies<sup>11–13</sup> showed that the three-domain enzyme undergoes a significant conformational rearrangement upon substrate binding. The LID domain and

nucleotide monophosphate (NMP)-binding domain of the protein close in over the large CORE domain, forming the active center and excluding solvent molecules that might interfere with the chemical reaction. AK's domain-closure dynamics have been studied using NMR spectroscopy,<sup>6–8,14</sup> bulk<sup>5</sup> and single-molecule fluorescence experiments,<sup>5,6,15–17</sup> as well as multiple molecular dynamics simulations.<sup>18–24</sup> The dynamics can be described in terms of two states, open and closed. While the open conformation dominates in the absence of substrates, the population of the closed state increases upon substrate binding. Interestingly, a quantitative analysis of the interconversion rates between the two states, based on single-molecule FRET (smFRET) experiments, demonstrated that AK's conformational dynamics are significantly faster than its turnover,<sup>16,17</sup> a finding supported by several computational studies.<sup>20,25–28</sup> Indeed, in the presence of substrates, domain closing and opening are found to complete in just a few tens of microseconds. It has been proposed that these fast domain movements might assist the enzyme in orienting substrates for catalysis.<sup>25</sup>

An intriguing phenomenon of AK is the enhancement of activity by the denaturant urea at concentrations well below protein denaturation.<sup>29–31</sup> Originally, it was suggested that the activation is based on increased conformational flexibility at the active site.<sup>29</sup> In contrast, nuclear magnetic resonance (NMR) experiments suggested that the activation might be due to a redistribution of structural states.<sup>30</sup> These studies primarily

<sup>a</sup>Department of Chemical and Biological Physics, Weizmann Institute of Science, Rehovot 761001, Israel. E-mail: david.scheerer@weizmann.ac.il; gilad.haran@weizmann.ac.il

<sup>b</sup>Max Planck Institute for the Science of Light, Erlangen 91058, Germany

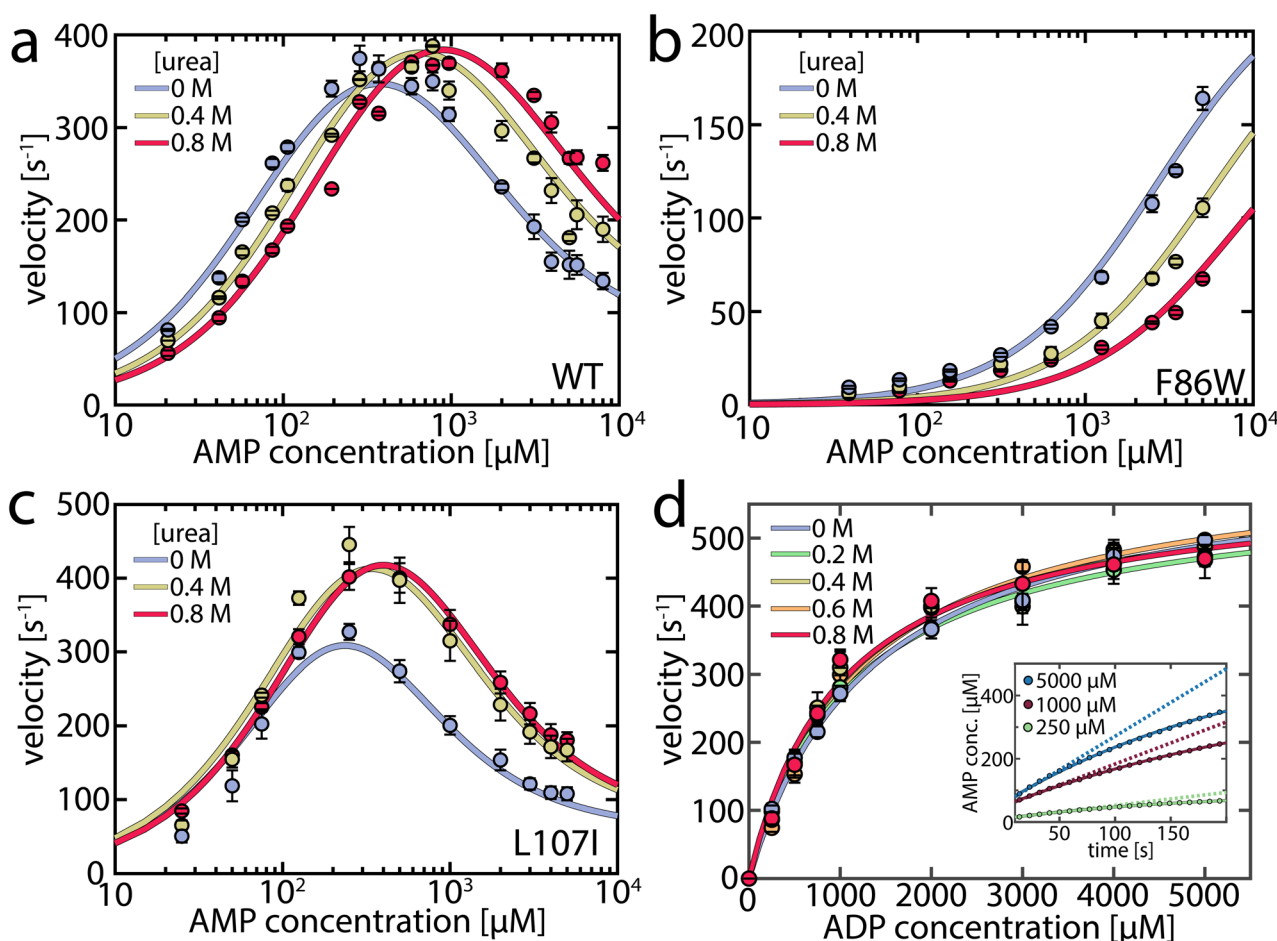
† Electronic supplementary information (ESI) available: The supporting information contains two supporting notes, detailing our model for the substrate inhibition and the analysis of opening and closing rates. The supporting methods contain a detailed description of the methodology. Additional information is provided in terms of supporting Fig. S1–S18 and supporting Tables S1–S6 as well as supporting references. See DOI: <https://doi.org/10.1039/d4sc06819j>

focused on individual substrate concentrations and addressed the role of conformational changes only indirectly. In the current work, we utilize the unusual effect of urea on the activity of the enzyme to investigate the detailed involvement of conformational dynamics in its mechanism. We show that the increase in enzymatic activity in the presence of sub-denaturing concentrations of urea is caused by the alleviation of AMP inhibition. This effect can be traced to two mechanisms: a decrease in the affinity of the enzyme for AMP and a shift in dynamics that favors the open conformation of AK's domains. Together, these results point to a nuanced role of the combination of domain closure dynamics and substrate binding in the enzymatic mechanism of the enzyme, which allows us to offer a complete kinetic scheme for its activity. Similar mechanisms are likely employed by a multitude of enzymes to regulate their activity.

## Results

### Urea relieves AMP inhibition

To capture urea's effect on the enzymatic activity of AK, we assessed its impact at concentrations up to 0.8 M on both the forward and reverse reactions using coupled activity assays (Fig. 1). For the forward reaction ( $\text{ATP} + \text{AMP} \rightarrow \text{ADP} + \text{ADP}$ ), we monitored enzymatic velocity as a function of AMP concentration (Fig. 1a), with a fixed ATP concentration of 1 mM, revealing the familiar inhibition of the enzyme at high concentrations. The effect of urea varied greatly depending on the AMP concentration. At high AMP concentrations, urea increased the turnover; specifically, at 5 mM AMP, the velocity was 1.75 times higher in the presence of 0.8 M urea, similar to the results of Zhang and coworkers.<sup>29</sup> However, the opposite effect was observed when the AMP concentration was low (Fig. 1a), where



**Fig. 1** Enzymatic activity in the presence of urea. (a) Enzymatic velocity of wild-type (WT) AK as a function of AMP concentration, at a fixed ATP concentration of 1 mM. AMP inhibits AK at high concentrations. The presence of urea (blue to red curves) gradually alleviates this substrate inhibition, though it leads to inhibition of AK at concentrations below 300–400 μM AMP. The solid lines are fits to the model depicted in Fig. 5a. Error bars indicate the standard error of the mean of at least 3 measurements. (b) As in (a) for the non-inhibited mutant F86W. (c) As in (a) for the strongly inhibited mutant L107I. (d) Enzymatic velocity  $v_0$  for the backward reaction at different urea concentrations.  $v_0$  can be described by simple Michaelis–Menten kinetics and is hardly affected by the urea concentration. The inset shows the product inhibition of the backward reaction. Shown is the AMP concentration following the start of the reaction for representative initial ADP concentrations of 250 μM (green), 1000 μM (red) and 5000 μM (blue). AMP is formed tantamount to ATP and lowers turnover accordingly as the reaction progresses, resulting in a nonlinear formation of AMP. The solid lines are fits according to eqn (1).<sup>32</sup> The dashed lines represent the extrapolated product formation without product inhibition. All measurements were conducted in 50 mM Tris–HCl (pH 8.0) with 100 mM KCl.



turnover diminished by 31% at 100  $\mu\text{M}$  AMP, suggesting that urea activated only AMP-inhibited AK.

As a result, we anticipated that different effects would arise in mutant proteins based on their propensity for substrate inhibition. The F86W mutation, located in the AMP binding site, has been shown to eliminate substrate inhibition.<sup>17,33</sup> Urea did not enhance the enzymatic velocity of F86W at any substrate concentration (Fig. 1b). In contrast, the strongly inhibited mutant L107I, with a mutation in the center of the CORE domain and distant (>1.3 nm) from the active site, exhibited a higher velocity in the presence of urea (Fig. 1c), like the wild-type enzyme (WT).<sup>17</sup>

A connection between AMP inhibition and activity enhancement by urea was also observed in the reverse reaction ( $\text{ADP} + \text{ADP} \rightarrow \text{AMP} + \text{ATP}$ ). In this direction, AMP acted as a product inhibitor, leading to a non-linearity in the steady-state time course (Fig. 1d inset). To extract the actual initial velocities  $v_0$  for ADP conversion, we applied the approach of De La Cruz *et al.*<sup>32</sup> and assessed activity using

$$[P] = \frac{v_0}{\eta} (1 - e^{-\eta t}), \quad (1)$$

where  $[P]$  is the concentration of the steady-state enzyme-catalyzed product, while the factor  $\eta$  describes the non-linearity. The extracted  $v_0$  values were fitted to the Michaelis-Menten equation (Fig. 1d). Upon the addition of urea, neither the maximum velocity  $v_{\text{max}}$  nor the Michaelis constant  $K_M$  changed significantly (Table S1†). However, urea notably mitigated the inhibition by AMP, expressed in a reduced nonlinear behavior (Fig. S1a and Table S2†). The parameter  $\eta$  decreased by up to  $38 \pm 6\%$  in the presence of urea, demonstrating urea's propensity to reduce inhibition. Additional experiments in the presence of 10 mM AMP (Fig. S1b†) further confirmed the role of AMP as a competitive inhibitor and that this inhibition is attenuated by urea. In conclusion, urea reduced AK's inhibition

by AMP but did not increase activity when this substrate/inhibitor was absent.

We hypothesized that urea could reduce AMP inhibition of AK in two ways. First, it could change the affinity of the enzyme to its substrate/inhibitor AMP, and second, it could affect the conformational dynamics of the enzyme. To probe the first possibility, we measured AMP affinity by microscale thermophoresis (MST) across a range of urea concentrations. As shown in Fig. 2, urea reduced the affinity for AMP, resulting in a 2.3-fold increase in  $K_d$  (AMP) in the presence of 0.8 M urea. In contrast, the affinity for ATP was barely affected by urea (Fig. S2†).<sup>30</sup>

### Urea affects the conformational transitions of AK

To test whether urea further alters AK's activity by affecting the conformational dynamics, we used smFRET spectroscopy to monitor the impact of urea on the enzyme's domain motions at sub-denaturing concentrations. The double-labeled mutant A73C-V142C of AK was employed as an excellent probe for the LID-CORE distance (Fig. 3a).<sup>16,17</sup> The labeling positions were selected to track the movement of the LID domain, which is more significant than that of the NMP domain, making it easier to study the conformational changes with FRET. We conducted smFRET experiments on freely diffusing enzyme molecules and calculated FRET efficiency histograms. In the absence of substrates, the histogram was found to peak at a value of  $\sim 0.4$ , with a tail towards high values (Fig. 3b), demonstrating a prevalence of open conformations of the apoprotein. Upon the addition of urea, only minor changes in the FRET efficiency distribution were observed, at least at urea concentrations below 1 M (Fig. S3a and b†). Within this concentration range, only a tiny fraction of protein molecules unfolded, as confirmed by CD spectroscopy (Fig. S4†).

In the presence of nucleotide substrates, urea had a much more pronounced effect on the conformational distribution (Fig. S3c and d†). To ensure that these changes were not due to altered photophysical properties of the fluorescent dyes, we repeated the experiment using a different denaturant, guanidine hydrochloride (Fig. S5†), with similar results and further verified that urea neither affected dye brightness (Fig. S6†) nor mobility (Fig. S7†). ATP/ADP binding shifted the histogram towards higher FRET efficiencies (blue curve in Fig. 3b), corresponding to a reduced distance between the two dyes due to domain closure. A detailed analysis of the impact of substrate binding itself can be found in our recent publications,<sup>16,17</sup> and a summary is provided in the ESI (Fig. S8).† The addition of urea partially opposed the effects of substrate binding, shifting the histogram back towards lower FRET efficiencies (red curve in Fig. 3b).

Quantitative information on the protein dynamics underlying the FRET efficiency histograms was extracted by statistical analysis using the algorithm H<sup>2</sup>MM developed in our lab.<sup>34</sup> Based on hidden Markov models, this algorithm can determine the populations of the open and closed states as well as their interconversion rates from a photon-by-photon analysis of single-molecule trajectories. In our analysis, the FRET efficiencies of the two states were optimized globally to provide the best

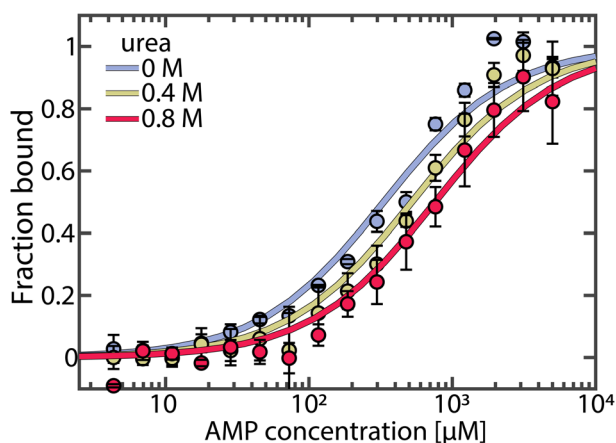
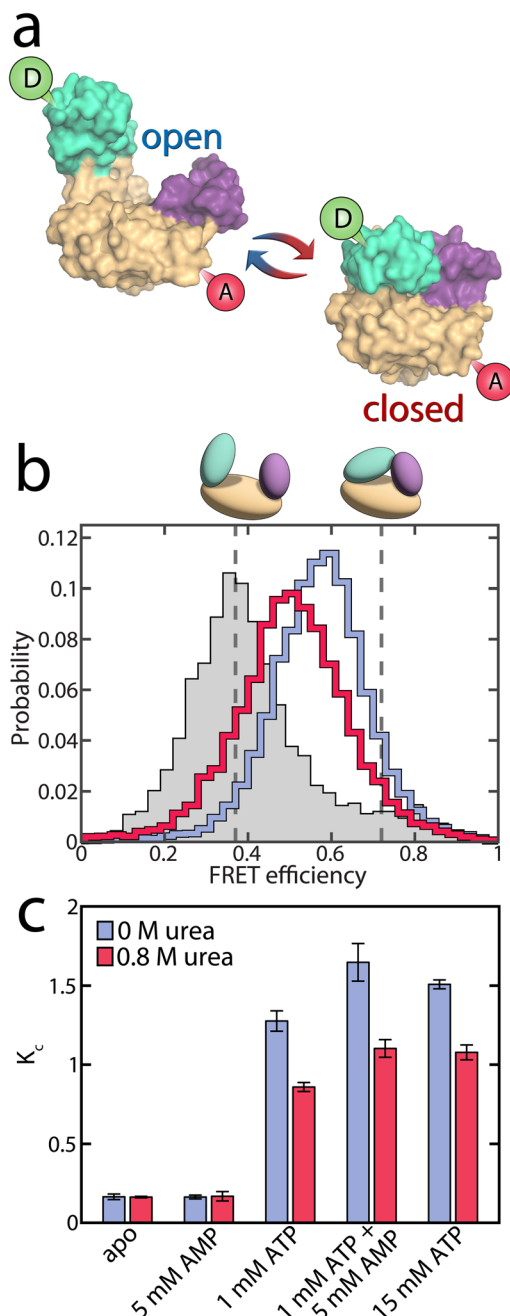


Fig. 2 AMP binding to AK measured by MST. The fraction of bound AK as a function of AMP concentration was measured at urea concentrations of 0 M (blue), 0.4 M (yellow) and 0.8 M (red). Data was fitted to obtain  $K_d$  values of  $332 \pm 40$   $\mu\text{M}$ ,  $522 \pm 58$   $\mu\text{M}$  and  $758 \pm 76$   $\mu\text{M}$ , respectively. Error bars indicate the standard errors of the mean of 3 measurements.





**Fig. 3** Conformational equilibrium in AK. (a) Structure of AK with its three domains. The CORE domain (yellow) connects the LID domain (teal) and the NMP domain (purple). The spheres indicate the positions for the attachment of donor (green) and acceptor (red) dyes. The protein can undergo a conformational change from the open state (left, PDB: 4AKE) towards the closed conformation (right, PDB: 1AKE). (b) The FRET efficiency histogram of the apoprotein is shown in grey. The solid lines correspond to histograms in the presence of substrates (1 mM ATP, 5 mM AMP and 417  $\mu$ M ADP) with 0 M urea (blue) and 0.8 M urea (red). The dashed grey lines indicate the FRET efficiency values of the open ( $0.37 \pm 0.01$ ) and closed ( $0.72 \pm 0.01$ ) state obtained from  $H^2MM$  analysis. (c)  $K_C$ , which is the ratio of the two conformations in (a), as a function of substrate concentration. The occupancies of closed and open state were determined by  $H^2MM$  and are shown in the absence (blue) and the presence of 0.8 M urea (red). Without ATP, urea does not affect  $K_C$  significantly. With ATP present and the LID domain predominantly closed, urea reduces the population of the closed state. Error bars indicate the standard errors of the mean of at least 3 measurements.

fit across varying substrate and urea concentrations ( $E_{\text{open}} = 0.37 \pm 0.02$ ,  $E_{\text{closed}} = 0.72 \pm 0.02$ ). This procedure was employed since the structures of the two conformational states were considered unaffected by urea within the given concentration range, as indicated by the minimal changes in the FRET efficiency distribution of the apoprotein (Fig. S3a and b†) and the fraction of unfolded protein measured by CD (Fig. S4†). In contrast, the distribution of these conformational states was affected by urea. The  $H^2MM$  analysis was validated using three procedures: a recoloring analysis (Fig. S9†), a dwell-time analysis (Fig. S10 and Table S3†) and a time-resolved burst-variance analysis (Fig. S11†).<sup>35</sup> Representative trajectories, including state assignment with the Viterbi algorithm,<sup>34</sup> are shown in Fig. S12.†

To characterize the changes in the population of the open ( $P_{\text{open}}$ ) and closed state ( $P_{\text{closed}}$ ), we used an effective equilibrium coefficient  $K_C$

$$K_C = \frac{P_{\text{closed}}}{P_{\text{open}}} \quad (2)$$

As already inferred from the analysis of the FRET efficiency histograms, the population of the closed, high FRET state of the enzyme was small under apo conditions ( $K_C = 0.16 \pm 0.02$ , blue bar in Fig. 3c) and remained similar in the presence of only AMP ( $K_C = 0.16 \pm 0.01$ ). However, the closed state population increased strongly when ATP was present, with  $K_C = 1.28 \pm 0.06$  in the presence of 1 mM ATP and  $K_C = 1.65 \pm 0.12$  with 1 mM ATP + 5 mM AMP.<sup>17</sup> The addition of 0.8 M urea changed the conformational-state populations, as shown by the red bars in Fig. 3c. In the absence of ATP, where the open conformation dominated, urea did not affect the population of the two states, as already discussed. In contrast, in the presence of ATP, urea significantly lowered  $K_C$  ( $K_C = 0.86 \pm 0.03$  with 1 mM ATP + urea, and  $K_C = 1.10 \pm 0.06$  with 1 mM ATP + 5 mM AMP + urea). This observation coincided with the findings of Rogne *et al.*, who proposed that the compact closed state is more susceptible to urea than the apoprotein, based on indirect observations of the conformational equilibria using NMR spectroscopy.<sup>30</sup>

The reduction in  $K_C$  persisted even at a very high ATP concentration of 15 mM. Given that this ATP concentration is 100 times higher than the dissociation constant  $K_d$  for ATP, we concluded that it is unlikely that the conformational shift is caused by a decrease of the population of the ATP-bound species, as already suggested by our MST results (Fig. S2†). Instead, urea influenced the interconversion rates between the open and closed states in the substrate-bound protein, favoring the open conformation of the protein (see below). We also examined the effect of urea on the two mutant proteins F86W and L107I: a similar reduction in  $K_C$  was observed for both mutants (Fig. S13†), although they varied greatly in terms of their catalytic properties (Fig. 1b and c).

### LID domain opening is accelerated by urea

A great advantage of single-molecule studies is that they allow for a direct access not only to the occupancy of each state but

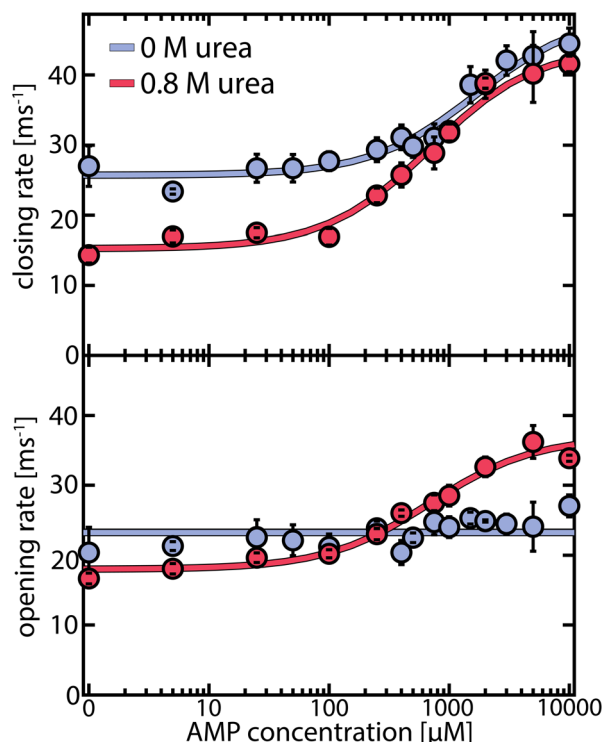


Fig. 4 Effect of urea on AMP-dependent domain closing and opening rates. Closing (upper panel) and opening (lower panel) rates for the WT protein as a function of AMP concentration. Experiments were conducted at a fixed ATP concentration of 1 mM and appropriate concentrations of ADP to maintain equilibrium, as described in the ESI Methods (Table S4).† Blue points are measurements without urea and red points in the presence of 0.8 M urea. Solid lines indicate fits to the model described in ESI Note 2.† Error bars indicate the standard error of the mean of at least 3 measurements.

also to the specific rates for domain opening and closing. To establish a correlation between these rates and protein turnover, we examined the apparent closing and opening rates (Fig. 4) across increasing concentrations of AMP while maintaining a fixed ATP concentration of 1 mM. This setting resembled the conditions for the enzymatic activity assay, allowing us to assess how the pronounced substrate inhibition by AMP<sup>33,36</sup> affects conformational dynamics. Domain closing (Fig. 4 upper panel) and opening rates (lower panel) were both on the microsecond time scale, two orders of magnitude faster than the enzyme's turnover rate, which amounted to a maximum of  $\sim 370 \text{ s}^{-1}$  under these conditions. Nevertheless, activity and protein dynamics were closely linked: in the absence of urea (blue curves), we noted an increase in the LID closing rate when the AMP concentrations exceeded  $\sim 500 \mu\text{M}$ , coinciding with a drop in enzymatic velocity due to the AMP inhibition (Fig. 1a). In contrast, domain opening was unaffected by AMP. In the presence of 0.8 M urea, at small AMP concentrations, both domain opening and closing were slowed by urea. Adding AMP accelerated domain closing, resulting in a similar closing rate at 0 and 0.8 M urea at high AMP levels. Interestingly, with urea present, the opening rate was also influenced by AMP, leading to an AMP-dependent acceleration similar to the

closing rate. At 5 mM AMP, domain opening was  $1.5 \pm 0.3$  times faster in the presence of urea than in its absence.

To confirm our observations, we measured the effect of urea on the two mutant enzymes L107I and F86W. For L107I, which shows strong substrate inhibition,<sup>17</sup> we observed very similar effects to the WT (Fig. S14†). In contrast, for the non-inhibited mutant F86W<sup>17,33</sup> (Fig. S15†), urea had a more pronounced impact on domain closing than on opening, as observed for the WT/L107I protein in the absence of inhibiting concentrations of AMP. This suggested that urea affects the inhibited and non-inhibited species differently.

### Fitting enzymatic velocity in the presence of conformational dynamics

The experimental observations described in previous sections revealed that urea significantly modulated conformational dynamics by favoring the open substrate-bound conformation. Urea also lowered the affinity for AMP. How could these effects lead to the surge in velocity observed at high AMP concentrations? To address this, we employed the kinetic model introduced in our previous work,<sup>17</sup> illustrated in Fig. 5a and fully explained in ESI Note 1.† In brief, this model accounts for conformational dynamics by attributing both open and closed conformations to each substrate-bound species, with specific transition rates between these states taken directly from the single-molecule experiments (refer to ESI Note 2 and Table S5† for details). The catalytically active ternary complex ETM (enzyme + ATP + AMP) can be formed *via* two kinetically distinct pathways differing in the order of ligand binding.<sup>37</sup> Starting from the apoenzyme E, either ATP or AMP can bind first, resulting in the species ET and EM, respectively. Subsequent binding of the corresponding co-substrate leads to two different ternary complexes: ETM<sub>i</sub> (in the “ATP first” pathway) and EMT<sub>i</sub> (in the “AMP first” pathway). These two states are catalytically inactive due to unsuitable substrate alignment. To achieve the catalytically active ETM configuration, the substrates have to undergo rearrangement, which is only possible in the open conformation.<sup>25,38</sup> If the rate constant for this process,  $k_r$ , is slow in one of the pathways, this creates a kinetic barrier, leading to substrate inhibition.

We fitted this enzymatic model to the urea-dependent experimental data. Two sets of parameters were taken from the experiment and considered to be directly influenced by urea: the opening/closing rates measured in the smFRET experiments, and the AMP and ATP affinity values measured by MST. Other parameters were determined in the fitting procedure, including the rate constants of phosphotransfer ( $k_{\text{cat}}$ ) and the substrate-rearrangement in the “ATP first” ( $k_r^{\text{ATP-path}}$ ) and “AMP first” ( $k_r^{\text{AMP-path}}$ ) pathways and were considered unaffected by urea. This assumption was supported by the crystal structure of the closed state of AK, which indicated that the active site is well shielded from the solvent,<sup>12</sup> rendering it less likely that urea directly affects the catalytic rate. The parameters were optimized globally across urea concentrations to match the enzymatic turnover as a function of either AMP or ATP concentration, with the results presented in Table 1 and Fig. 1. To estimate the confidence intervals for the fitted parameters,



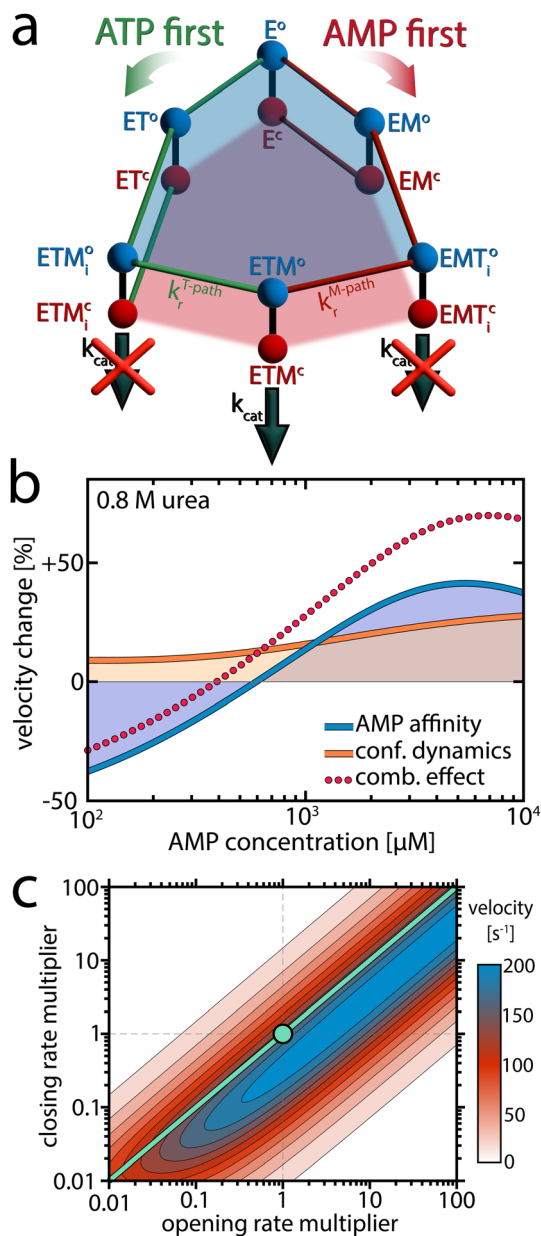


Fig. 5 Explaining the effect of urea on enzymatic activity. (a) A model for the enzymatic activity that considers six different substrate-bound species. Each state exists either in the open (o, blue) or closed (c, red) conformation.<sup>25</sup> In the “ATP first” pathway (green), ATP binds to the apoenzyme (E) first, resulting in the ATP-bound state (ET). Alternatively, in the “AMP first” pathway (red), AMP binds first, leading to the AMP-bound state (EM). Subsequent binding of the respective co-substrate in both pathways produces a ternary complex. In the “ATP first” pathway, this leads to the inactive ETM<sub>i</sub> state, while in the “AMP first” pathway to the inactive EMT<sub>i</sub> state. To reach the catalytically competent ETM state, the substrates must rearrange into the native binding pose.<sup>25</sup> The rate constant for this process,  $k_r$ , depends on the binding order of the substrates. A slow  $k_r^{M-path}$  creates a kinetic barrier that is the reason for AMP’s substrate inhibition. An extensive description of the model is provided in ESI Note 1.† (b) Based on the model in (a), we simulated the effect of urea on enzymatic velocity as a function of the AMP concentration. To obtain the blue line, we altered AMP affinity according to experimental observations, while preserving all other parameters, including those describing conformational dynamics, as determined at 0 M urea. In contrast, for the orange line, we altered the conformational dynamics while preserving

we monitored the increase in  $\chi_{red}^2$  upon perturbing each parameter (Fig. S16–S18†). The continuous lines in Fig. 1a–c show the fitted curves for the AMP-dependent turnover, and Fig. S19† shows the fitted curves for the ATP-dependent turnover. Overall, the model adequately captured all the nuanced features imposed by the addition of urea.

### A lower affinity for AMP favors the more productive “ATP first” pathway

Notably, the observed changes in the parameters describing conformational dynamics and AMP affinity were sufficient to account for the pronounced velocity changes. But how can we explain these changes, and to what extent do the individual effects contribute to the overall change in activity? We tested how the enzymatic velocity would change when only one of the parameters is affected by urea at a concentration of 0.8 M. As shown in Fig. 5b, this analysis allowed us to isolate the contributions of each parameter.

First, we considered the scenario where AMP affinity was reduced while all other parameters, including those describing conformational dynamics, remained as determined at 0 M urea. The outcome is depicted by the blue line in Fig. 5b: at low AMP concentrations, the velocity decreased compared to the situation without urea, but at intermediate concentrations the velocity actually increased. To understand these opposing phenomena, it is important to observe the role of AK’s two competing mechanistic paths (Fig. 5a). At low AMP concentrations, where initial AMP binding is unlikely, only the effective “ATP first” path is significantly populated. Therefore, reducing AMP affinity by the addition of urea essentially diminishes the flux through this path, with a strong detrimental effect on turnover.

In contrast, when the AMP concentration gets larger, both pathways are populated and the distribution between them determines the overall turnover. Lowering AMP affinity reduces the likelihood for initial AMP binding, shifting the population away from the unproductive “AMP first” path. As the rearrangement rate constant  $k_r^{T-path}$  is much higher than  $k_r^{M-path}$  (Table 1), the velocity gain in the “ATP first” path outweighs the loss in the “AMP first” path. Finally, at very high AMP concentrations that far exceed  $K_d$  (AMP), reducing AMP affinity has no significant effect anymore. A more detailed analysis of how the AMP affinity affects the flux in the two pathways is given in Fig. S20.†

### A conformational equilibrium determines AK’s activity

We next isolated how the modulation of conformational dynamics by urea affects enzymatic velocity. The orange curve in

AMP affinity. (c) Enzymatic velocity as a function of the opening and closing rate. We simulated how the velocity changes when the opening and closing rates of the ATP-bound species (ET, ETM<sub>i</sub>, EMT<sub>i</sub>, ETM) are altered. The experimentally derived closing and opening rates were scaled by a factor between 0.01 and 100, at a substrate concentration of 10 mM AMP and 1 mM ATP. The turquoise circle denotes the experimental rates. Adjusting both opening and closing rates by the same factor does not change velocity, as indicated by the turquoise line, provided the rates are sufficiently large to avoid becoming rate-limiting.

Table 1 Fit parameters describing the activity of AK<sup>a</sup>

Parameter		Urea [M]	WT	F86W	L107I
Rate constant [ms <sup>-1</sup> ]	$k_{\text{cat}}$	0–0.8	2.62 (±0.36)	0.55 (±0.08)	≥5.3 <sup>d</sup>
	$k_{\text{r}}^{\text{T-path}}$	0–0.8	4.88 (±0.28)	37 (±1)	3.6 (±0.38)
	$k_{\text{r}}^{\text{M-path}}$	0–0.8	0.26 (±0.06)	— <sup>c</sup>	0.17 (±0.04)
Affinity [μM]	$K_{\text{d}}$ (ATP)	0	159 (±17) <sup>b</sup>	751 (±385)	36 (±15)
		0.4	170 (±23) <sup>b</sup>	1563 (±1085)	104 (±51)
		0.8	183 (±18) <sup>b</sup>	1694 (±924)	94 (±42)
	$K_{\text{d}}$ (AMP)	0	332 (±40) <sup>b</sup>	1.2 (±0.1) × 10 <sup>5</sup>	339 (±65)
		0.4	522 (±58) <sup>b</sup>	1.8 (±0.9) × 10 <sup>5</sup>	304 (±76)
		0.8	758 (±76) <sup>b</sup>	3.6 (±0.9) × 10 <sup>5</sup>	392 (±89)

<sup>a</sup> Numbers in brackets indicate the standard error of the fit. <sup>b</sup> Determined by MST. <sup>c</sup> Not obtainable due to lack of substrate inhibition. <sup>d</sup> Only a lower bound could be determined reliably.

Fig. 5b represents how the velocity changed in response to a reduction in the closed-to-open ratio  $K_{\text{C}}$  for different substrate-bound species (while preserving nucleotide affinity). Promoting the open conformation enhanced activity, especially at high AMP concentrations where the “AMP first” pathway was predominantly occupied. This can be understood by recognizing that in the “AMP first” path  $k_{\text{r}}$  is much slower than  $k_{\text{cat}}$  (Table 1), making substrate rearrangement the rate-limiting step. Although shifting the closed-to-open ratio towards the open state slightly impeded the catalytic step, it substantially facilitated the rate-limiting substrate rearrangement, which was much more impactful.

In Fig. 5c we simulated how turnover changed when the balance between the open and closed states was altered. For this simulation, we multiplied either the opening or closing rate of the ATP-bound species by a factor ranging from 0.01 to 100, while keeping all other parameters as determined experimentally at 0 M urea. The substrate concentrations used in this calculation were 10 mM AMP and 1 mM ATP, meaning the “AMP first” path was primarily occupied, and substrate rearrangement was slow. Thus, reducing  $K_{\text{C}}$  by increasing the opening rate and/or reducing the closing rate enhanced enzymatic velocity. Adjusting both opening and closing rates by the same factor did not change velocity, as indicated by the turquoise line, provided these rates remained fast enough not to impede the rate-limiting step.

This calculation shows that the optimal balance between open and closed states depends on the rate constants  $k_{\text{r}}$  and  $k_{\text{cat}}$ . For AK, where  $k_{\text{r}}^{\text{T-path}} \gg k_{\text{r}}^{\text{M-path}}$ , this means that the optimum also depends on substrate concentrations, as they determine the population of the two competing pathways. Interestingly, when the simulation was conducted under physiological concentrations of the nucleotides in *E. coli* (~5 mM ATP, 300 μM AMP),<sup>39</sup> the optimal open/closed ratio obtained in the calculation was close to the experimental  $K_{\text{C}}$  value (Fig. S21†), suggesting the enzyme has evolved to optimize  $K_{\text{C}}$  for maximal turnover under physiological substrate concentrations.

In summary, at low AMP concentrations the reduction of AMP affinity by urea leads to a loss of activity. At intermediate AMP concentrations, reducing AMP affinity has a positive effect as it increases the population of the much more active “ATP first” path. Further, at high AMP concentrations changes in the

conformational dynamics become highly important, and facilitation of substrate rearrangement by the modulation of the conformational equilibrium becomes decisive. These findings allow us to obtain a complete kinetic scheme for the enzyme that demonstrates the dependence of the activity of AK on conformational dynamics.

## Discussion

### Reducing substrate affinity can rescue an enzyme from an inefficient pathway

The activating effect of urea defies initial expectations. Not only can a denaturant enhance enzymatic activity, but it does so by reducing substrate affinity and by promoting a non-catalytically active conformation. However, the model shown in Fig. 5a comprehensively explains these effects. The first important aspect is that the urea-induced reduction of AMP affinity allows for a faster conversion into the catalytically active species by promoting a kinetically faster pathway. This concept aligns with theoretical insights, which suggested that enzymatic reactions can be accelerated by increasing the rate of substrate unbinding when the enzyme occasionally gets trapped in an unproductive intermediate.<sup>40,41</sup> In such cases, accelerating substrate escape from the unproductive intermediate paradoxically enhances enzymatic velocity.<sup>41</sup> In our model, the “AMP first” path represents such a trap, as the rate towards the catalytically active ETM species is much lower than in the “ATP first” path. Decreasing the affinity for the substrate AMP can expedite catalysis by lowering the chances of entering a less productive pathway, even though the overall fraction of time the enzyme is substrate-bound is reduced. However, when the amount of enzyme trapped in the low-efficiency pathway is marginal, as at low AMP concentrations, reducing AMP affinity does not accelerate catalysis but rather impedes it.

Activation by denaturants has also been reported for other enzymes.<sup>42–45</sup> For instance, in human biliverdin-IXα reductase, urea induces the formation of a partially unfolded intermediate. This intermediate follows a kinetically distinct path that bypasses the potent substrate inhibition by biliverdin.<sup>42</sup> Kinetically distinct pathways may exist in many different enzymes,<sup>46</sup> and controlling the flux through these pathways is a potent tool for manipulating protein activity.



## Favoring the open conformation facilitates productive substrate binding

The second crucial factor for successful catalysis is the correct positioning of the substrates. Substrate mobility is significantly restricted when the enzyme is closed, preventing reorientation in the closed conformation.<sup>25,38</sup> Urea promotes the open conformation of AK (Fig. 3c) and thus assists the reorientation process. Experiments utilizing a fluorescent substrate analog binding at the ATP binding site of AK suggested that urea indeed increases substrate flexibility at the active site.<sup>29</sup> Enhanced flexibility and fast positioning of the substrates might be essential for many enzymes to express their full catalytic potential.<sup>47</sup> Evidence for this hypothesis is found in other examples of denaturant-induced activation, such as in prostaglandin D synthase<sup>45,48</sup> and dihydrofolate reductase.<sup>43,44</sup> In both cases, the increase in activity has been attributed to enhanced flexibility at the active site.

However, promoting open conformations is not always beneficial for enzymatic activity. The optimal value for  $K_C$  depends on the rate constants for substrate reorientation and phosphotransfer. If  $k_r \gg k_{cat}$ , as in the non-inhibited mutant protein F86W (Table 1), phosphotransfer constitutes the rate-limiting step. Lowering  $K_C$  limits the fraction of molecules available for phosphotransfer and is thus detrimental to turnover (Fig. 1b).

In *E. coli*, under physiological concentrations of nucleotides,<sup>39</sup> the “ATP first” path predominantly drives the flux through the enzyme. With  $k_r^{T-path}$  approximately equal to  $k_{cat}$ , optimal turnover is achieved when open and closed conformations are sampled to a similar extent. Experimental  $K_C$  values close to  $\sim 1$  suggest that AK has evolved to sustain this optimal equilibrium, ensuring that both substrate reorientation and phosphotransfer occur at comparable rates under physiological conditions.

## Fast dynamics governing slow biological functions

An important prerequisite for controlling activity *via*  $K_C$  is that the conformational dynamics must be faster than the associated processes of substrate reorientation and catalysis. Otherwise, domain opening and closing become rate-limiting. As demonstrated in Fig. 5c, when the opening and closing rates approach the timescale of catalysis/rearrangement, a significant decrease in turnover is observed even if  $K_C$  is preserved. In reality, protein activity, which occurs on a millisecond time scale, is governed by conformational dynamics on a much faster, microsecond time scale. These motions on two different time scales influence each other and are crucial for the protein's overall function. While the fast conformational equilibrium determines the occupancy of active and inactive states, substrate binding alters the free energy landscape and the energy barriers between these states.

The separation of time scales between conformational dynamics and chemical steps seems to be a general phenomenon that has recently emerged in studies of multiple proteins.<sup>49</sup> It can be shown that if conformational changes are indeed much faster than the reactive time of a protein, the exact time scale of the former becomes unimportant, while the quasi-equilibrium

between different conformation governs the behavior of the system.<sup>50</sup> Such a behavior has recently been observed in several other proteins including enzymes,<sup>51,52</sup> membrane proteins<sup>53</sup> and large disaggregation machines.<sup>54</sup> For example, the active and inactive conformations of the enzyme imidazole glycerol phosphate synthase are in dynamic equilibrium in solution, awaiting the binding of two substrates to form a catalytically active protein;<sup>51</sup> and part of the gating helix of the rhomboid protease GlpG seems to explore conformations with a correlation time of 40  $\mu$ s, generating a population of a minor state that is ready for substrate binding and reaction.<sup>53</sup> The separation of time scales between conformational dynamics and chemical reactions in proteins can now be probed by a careful comparison of biochemical and biophysical methods,<sup>50</sup> as done in the current paper.

## The physiological role of the open/closed ratio

Our previous study demonstrated that substrate inhibition is an evolutionary well-conserved feature in AK.<sup>17</sup> The strength of substrate inhibition appears to be optimized to ensure maximal bacterial fitness.<sup>55</sup> Consequently, manipulating the conformational equilibrium in AK by any means directly alters its activity, potentially affecting the entire organism. Despite urea's perturbing effect on protein structure and dynamics, some species accumulate urea as the primary osmolyte.<sup>56</sup> For instance, urea concentrations in the kidney of a xeric desert rodent can reach 3–4 M during extreme water stress.<sup>57</sup> In cartilaginous fish and the coelacanth, urea concentrations can be as high as 0.4 M.<sup>58</sup> To cope with such high urea levels, these fishes simultaneously accumulate a second set of nitrogenous osmolytes, namely methylamines such as trimethylamine *N*-oxide (TMAO).<sup>56</sup> Contrary to urea, TMAO increases the stability of proteins; in the case of AK, it was shown to promote the more compact closed structure.<sup>59,60</sup> In line with the conclusions from our model, such a conformational change reduces the activity of the protein.<sup>60</sup>

## Conclusion

The results in this paper underscore the importance of controlling the balance between different conformational states for the activity of enzymes. smFRET allows us to study not only the impact of urea on the conformational equilibrium but also the explicit rates for domain opening and closing. Insights from such studies can be harnessed to alter enzymatic properties. Targeted engineering of conformational dynamics to change enzyme selectivity and activity is currently still very challenging, but not impossible, as a number of literature examples show.<sup>61</sup> Investigating the role of (very fast) conformational variation is indispensable for the rational design of enzymes with desired properties and for our understanding of enzyme catalysis.

## Experimental

### Protein expression, purification and labeling

Protein expression, purification and labeling were performed according to published protocols.<sup>16,17</sup> A summary is given in the ESI.†



## Enzymatic activity

Enzymatic assays in both directions were adapted from Pan *et al.*<sup>62</sup> and performed on the labeled enzyme at urea concentrations between 0 and 0.8 M. Within this denaturant concentration range, the coupled enzymatic systems remained active (Fig. S22†) and the fraction of unfolded AK itself did not significantly increase, as confirmed by circular dichroism (CD) spectroscopy (Fig. S4†). The velocity of the forward reaction ( $\text{MgATP} + \text{AMP} \rightarrow \text{MgADP} + \text{ADP}$ ) was monitored through the oxidation of NADH at 340 nm in coupling with pyruvate kinase and lactate dehydrogenase. The assay mixture was: 0–0.8 M urea, 4 nM AK, 50 mM Tris-HCl (pH 8.0), 100 mM KCl, 4 mM phosphoenolpyruvate, 5.0 mM  $\text{MgCl}_2$ , 0.2 mM NADH, 10 units per mL pyruvate kinase, 15 units per mL lactate dehydrogenase, 0.25  $\text{mg mL}^{-1}$  bovine serum albumin, 1 mM ATP and varying concentrations of AMP. The initial velocity was obtained by linearly fitting the NADH signal as a function of time.

The velocity of the backward reaction ( $\text{MgADP} + \text{ADP} \rightarrow \text{AMP} + \text{MgATP}$ ) was measured by following the reduction of  $\text{NADP}^+$  at 340 nm in a coupled reaction with hexokinase and glucose-6-phosphate dehydrogenase. The assay mixture was: 0–0.8 M urea, 4 nM AK, 50 mM Tris-HCl (pH 8.0), 100 mM KCl, 6.7 mM glucose, 0.67 mM NADP, 10 units per mL hexokinase, 10 units per mL glucose-6-phosphate dehydrogenase, 0.25  $\text{mg mL}^{-1}$  bovine serum albumin, 10 mM  $\text{MgCl}_2$  and varying concentrations of ADP. The reaction rate decreased during the time course of the reaction due to the formation of the product and inhibitor AMP, resulting in a nonlinear increase in product concentration. The initial velocity  $v_0$  at each concentration was obtained according to eqn (1) and fitted to the Michaelis-Menten equation to obtain the maximum velocity  $v_{\text{max}}$  and the Michaelis constant  $K_{\text{M}}$ .

## smFRET data acquisition and data analysis

Sample preparation for the single-molecule measurements is described in the ESI.† For data acquisition, a Microtime 200 system (PicoQuant) was used. Measurements were conducted in pulse-interleaved excitation mode,<sup>63</sup> using a sequence of one pulse for acceptor excitation (564 nm, 10  $\mu\text{W}$ ) and three pulses for donor excitation (488 nm, 50  $\mu\text{W}$ ) at 40 MHz. The laser beams were focused 10  $\mu\text{m}$  deep into the sample solution. Molecules diffusing through the focus created short bursts of photons that were divided into two channels according to their wavelengths, using a dichroic mirror (zt594rdc; Chroma) and filtered by band-pass filters (HC520/35 (Semrock) for the donor channel and ET 674/75m (Chroma) for the acceptor channel). Arrival times of these photons were registered by two single-photon avalanche photodiodes (SPCM-AQRH-14-TR, Excelitas) coupled to a time-correlated single-photon counting module (PicoHarp 400, PicoQuant).

To identify fluorescent bursts, the data were first smoothed with a running average of 15 photons. A cut-off time of 5  $\mu\text{s}$  between individual photons was used to define each burst's start and end points. Only fluorescence bursts with 50 photons or more were selected for further analysis. From each measurement,  $\sim 10\,000$  burst events were collected. The raw

FRET efficiency of each burst was calculated based on the photons detected in both channels following donor excitation only. The raw stoichiometry was obtained from the detected photons in both channels after both excitations, as described elsewhere.<sup>64,65</sup> A 2D histogram of raw stoichiometry *versus* raw FRET efficiency was generated, from which we extracted the amount of emitted donor photons leaking into the acceptor channel and the level of direct excitation of the acceptor dye by the 485 nm laser.<sup>64</sup> The photon counts in both channels were corrected based on the calculated factors.<sup>64,66</sup> To obtain a corrected FRET histogram without the donor and acceptor-only populations, we selected only photon bursts with a stoichiometry corresponding to molecules labeled with both donor and acceptor dyes.

The dynamics hidden in the FRET efficiency histograms were extracted using the H<sup>2</sup>MM algorithm.<sup>34</sup> Only double-labeled molecules and photons arising from donor excitation were taken for this analysis. The FRET efficiency values of the open and closed states were optimized globally to give the best fit across varying substrate concentrations. This procedure was employed since the structures of the two states were considered unaltered by substrate binding. The rates of transition between the states were optimized for each concentration individually. For measurements in the presence of urea, the FRET efficiency values of the open and closed states were fixed to the values obtained by the global analysis. At the same time, other parameters were optimized for each measurement individually.

## Fitting enzymatic activity

Parameters of the enzyme kinetic model shown in Fig. 5a and described in ESI Note 1† that could not be measured from studies of conformational dynamics and nucleotide affinities were obtained by a global fitting procedure. An extensive description of the procedure is given in the ESI.† In brief, we used experimentally observed opening and closing rates of the LID domain for the different substrate-bound species (Table S5†) as inputs. For the WT, experimental substrate affinities, determined by MST (Fig. 2 and S2†), were provided as inputs. Additional free parameters were the rate of the phosphotransfer step ( $k_{\text{cat}}$ ) and the rates of correct substrate positioning ( $k_{\text{r}}$ ) in the “ATP first” and “AMP first” pathways. All free parameters were optimized globally across urea concentrations by numerically solving a set of differential equations describing the kinetics detailed in ESI Note 1.† To this end, we used MATLAB's<sup>67</sup> ordinary differential equation solver ode15s and performed a  $\chi^2$ -minimization of  $v_0$  *versus* substrate concentration.

## Data availability

All data are available in the main text or the ESI.†

## Author contributions

Conceptualization: DS, GH. Methodology: DS, DL, IR, RC, HM. Investigation: DS, HM. Visualization: DS. Supervision: GH.



Writing—original draft: DS, RC, GH. Writing—review & editing: DS, DL, IR, RC, HM, GH.

## Conflicts of interest

Authors declare that they have no competing interests.

## Acknowledgements

We thank Prof. Amnon Horovitz from the Weizmann Institute of Science for carefully reading and commenting on the manuscript. The work of G. H. was supported by a grant from the European Research Council (ERC) under the European Union's Horizon 2020 Research and Innovation Program (grant agreement no. 742637, SMALLOSTERY) and a grant from the Israel Science Foundation (no. 1250/19). The work of D. S. was supported by Deutsche Forschungsgemeinschaft (DFG, German Research Foundation, Projektnummer 490757872). R. C. was supported by the Azrieli Foundation through the funding of an Azrieli International Postdoctoral Fellowship.

## Notes and references

- 1 D. Thirumalai, C. Hyeon, P. I. Zhuravlev and G. H. Lorimer, Symmetry, Rigidity, and Allosteric Signaling: From Monomeric Proteins to Molecular Machines, *Chem. Rev.*, 2019, **119**, 6788–6821.
- 2 A. Warshel and R. P. Bora, Perspective: Defining and quantifying the role of dynamics in enzyme catalysis, *J. Chem. Phys.*, 2016, **144**, 180901.
- 3 K. Henzler-Wildman and D. Kern, Dynamic personalities of proteins, *Nature*, 2007, **450**, 964–972.
- 4 R. Callender and R. B. Dyer, The dynamical nature of enzymatic catalysis, *Acc. Chem. Res.*, 2015, **48**, 407–413.
- 5 M. A. Sinev, E. V. Sineva, V. Ittah and E. Haas, Domain Closure in Adenylate Kinase, *Biochemistry*, 1996, **35**, 6425–6437.
- 6 K. A. Henzler-Wildman, V. Thai, M. Lei, M. Ott, M. Wolf-Watz, T. Fenn, E. Pozharski, M. A. Wilson, G. A. Petsko, M. Karplus and D. Kern, Intrinsic motions along an enzymatic reaction trajectory, *Nature*, 2007, **450**, 838–844.
- 7 T. P. Schrank, D. W. Bolen and V. J. Hilser, Rational modulation of conformational fluctuations in adenylate kinase reveals a local unfolding mechanism for allostery and functional adaptation in proteins, *Proc. Natl. Acad. Sci. U. S. A.*, 2009, **106**, 16984–16989.
- 8 M. Kovermann, J. Ådén, C. Grundström, A. E. Sauer-Eriksson, U. H. Sauer and M. Wolf-Watz, Structural basis for catalytically restrictive dynamics of a high-energy enzyme state, *Nat. Commun.*, 2015, **6**, 7644.
- 9 T. Noma, Dynamics of nucleotide metabolism as a supporter of life phenomena, *J. Med. Invest.*, 2005, **52**, 127–136.
- 10 P. Dzeja and A. Terzic, Adenylate kinase and AMP signaling networks: metabolic monitoring, signal communication and body energy sensing, *Int. J. Mol. Sci.*, 2009, **10**, 1729–1772.
- 11 G. E. Schulz, C. W. Müller and K. Diederichs, Induced-fit movements in adenylate kinases, *J. Mol. Biol.*, 1990, **213**, 627–630.
- 12 C. W. Müller and G. E. Schulz, *J. Mol. Biol.*, 1992, **224**, 159–177.
- 13 C. Vonnrhein, G. J. Schlauderer and G. E. Schulz, Movie of the structural changes during a catalytic cycle of nucleoside monophosphate kinases, *Structure*, 1995, **3**, 483–490.
- 14 M. Wolf-Watz, V. Thai, K. Henzler-Wildman, G. Hadjipavlou, E. Z. Eisenmesser and D. Kern, Linkage between dynamics and catalysis in a thermophilic-mesophilic enzyme pair, *Nat. Struct. Mol. Biol.*, 2004, **11**, 945–949.
- 15 J. A. Hanson, K. Duderstadt, L. P. Watkins, S. Bhattacharyya, J. Brokaw, J.-W. Chu and H. Yang, Illuminating the mechanistic roles of enzyme conformational dynamics, *Proc. Natl. Acad. Sci. U. S. A.*, 2007, **104**, 18055–18060.
- 16 H. Y. Aviram, M. Pirchi, H. Mazal, Y. Barak, I. Riven and G. Haran, Direct observation of ultrafast large-scale dynamics of an enzyme under turnover conditions, *Proc. Natl. Acad. Sci. U.S.A.*, 2018, **115**, 3243–3248.
- 17 D. Scheerer, B. V. Adkar, S. Bhattacharyya, D. Levy, M. Iljina, I. Riven, O. Dym, G. Haran and E. I. Shakhnovich, Allosteric communication between ligand binding domains modulates substrate inhibition in adenylate kinase, *Proc. Natl. Acad. Sci. U. S. A.*, 2023, **120**, e2219855120.
- 18 J. Lee, K. Joo, B. R. Brooks and J. Lee, The atomistic mechanism of conformational transition of adenylate kinase investigated by Lorentzian structure-based potential, *J. Chem. Theor. Comput.*, 2015, **11**, 3211–3224.
- 19 W. Li, J. Wang, J. Zhang, S. Takada and W. Wang, Overcoming the Bottleneck of the Enzymatic Cycle by Steric Frustration, *Phys. Rev. Lett.*, 2019, **122**, 238102.
- 20 Y. Zheng and Q. Cui, Multiple Pathways and Time Scales for Conformational Transitions in apo-Adenylate Kinase, *J. Chem. Theory Comput.*, 2018, **14**, 1716–1726.
- 21 P. C. Whitford, O. Miyashita, Y. Levy and J. N. Onuchic, Conformational Transitions of Adenylate Kinase: Switching by Cracking, *J. Mol. Biol.*, 2007, **366**, 1661–1671.
- 22 E. Formoso, V. Limongelli and M. Parrinello, Energetics and Structural Characterization of the large-scale Functional Motion of Adenylate Kinase, *Sci. Rep.*, 2015, **5**, 8425.
- 23 P. Maragakis and M. Karplus, Large Amplitude Conformational Change in Proteins Explored with a Plastic Network Model: Adenylate Kinase, *J. Mol. Biol.*, 2005, **352**, 807–822.
- 24 Y. Zhang, M. Chen, J. Lu, W. Li, P. G. Wolynes and W. Wang, Frustration and the Kinetic Repartitioning Mechanism of Substrate Inhibition in Enzyme Catalysis, *J. Phys. Chem. B*, 2022, **126**, 6792–6801.
- 25 J. Lu, D. Scheerer, W. Wang, G. Haran and W. Li, Role of repeated conformational transitions in substrate binding of adenylate kinase, *J. Phys. Chem. B*, 2022, **126**, 8188–9201.
- 26 P. Ojeda-May, A. U. I. Mushtaq, P. Rogné, A. Verma, V. Ovchinnikov, C. Grundström, B. Dulko-Smith, U. H. Sauer, M. Wolf-Watz and K. Nam, Dynamic Connection between Enzymatic Catalysis and Collective Protein Motions, *Biochemistry*, 2021, **60**, 2246–2258.



- 27 B. Dulko-Smith, P. Ojeda-May, J. Ådén, M. Wolf-Watz and K. Nam, Mechanistic Basis for a Connection between the Catalytic Step and Slow Opening Dynamics of Adenylate Kinase, *J. Chem. Inf. Model.*, 2023, **63**(5), 1556–1569.
- 28 K. Nam, A. R. Arattu Thodika, C. Grundström, U. H. Sauer and M. Wolf-Watz, Elucidating Dynamics of Adenylate Kinase from Enzyme Opening to Ligand Release, *J. Chem. Inf. Model.*, 2024, **64**, 150–163.
- 29 H.-J. Zhang, X.-R. Sheng, X.-M. Pan and J.-M. Zhou, Activation of Adenylate Kinase by Denaturants Is Due to the Increasing Conformational Flexibility at Its Active Sites, *Biochem. Biophys. Res.*, 1997, **238**, 382–386.
- 30 P. Rogne and M. Wolf-Watz, Urea-Dependent Adenylate Kinase Activation following Redistribution of Structural States, *Biophys. J.*, 2016, **111**, 1385–1395.
- 31 H. Rastogi, A. Singh and P. K. Chowdhury, Towards the energy landscape of adenylate kinase in crowded milieu: Activity, conformation, structure and dynamics in sequence, *Arch. Biochem. Biophys.*, 2023, 109658.
- 32 W. Cao and E. M. De La Cruz, Quantitative full time course analysis of nonlinear enzyme cycling kinetics, *Sci. Rep.*, 2013, **3**, 2658.
- 33 P. Liang, G. N. Phillips Jr and M. Glaser, Assignment of the nucleotide binding sites and the mechanism of substrate inhibition of Escherichia coli adenylate kinase, *Proteins: Struct., Funct., Bioinf.*, 1991, **9**, 28–36.
- 34 M. Pirchi, R. Tsukanov, R. Khamis, T. E. Tomov, Y. Berger, D. C. Khara, H. Volkov, G. Haran and E. Nir, Photon-by-photon hidden Markov model analysis for microsecond single-molecule FRET kinetics, *J. Phys. Chem. B*, 2016, **120**, 13065–13075.
- 35 I. Terterov, D. Nettels, D. E. Makarov and H. Hofmann, Time-resolved burst variance analysis (trBVA), *Biophys. Rep.*, 2023, 100116.
- 36 M. A. Sinev, E. V. Sineva, V. Ittah and E. Haas, Towards a mechanism of AMP-substrate inhibition in adenylate kinase from Escherichia coli, *FEBS Lett.*, 1996, **397**, 273–276.
- 37 G. Maglia, N. Galenkamp, S. Zernia, Y. Van Oppen and A. Milias-Aregetis, Allostery can convert binding free energies into concerted domain motions in enzymes, *Nat. Commun.*, 2024, **15**, 10109.
- 38 Y. Matsunaga, H. Fujisaki, T. Terada, T. Furuta, K. Moritsugu and A. Kidera, Minimum Free Energy Path of Ligand-Induced Transition in Adenylate Kinase, *PLoS Comput. Biol.*, 2012, **8**, e1002555.
- 39 O. H. Lowry, J. Carter, J. B. Ward and L. Glaser, The Effect of Carbon and Nitrogen Sources on the Level of Metabolic Intermediates in Escherichia coli, *J. Biol. Chem.*, 1971, **246**, 6511–6521.
- 40 S. Reuveni, M. Urbakh and J. Klafter, Role of substrate unbinding in Michaelis–Menten enzymatic reactions, *Proc. Natl. Acad. Sci. U. S. A.*, 2014, **111**, 4391–4396.
- 41 A. M. Berezhkovskii, A. Szabo, T. Rotbart, M. Urbakh and A. B. Kolomeisky, Dependence of the Enzymatic Velocity on the Substrate Dissociation Rate, *J. Phys. Chem. B*, 2017, **121**, 3437–3442.
- 42 E. Franklin, T. Mantle and A. Dunne, Activation of human biliverdin-IX $\alpha$  reductase by urea: Generation of kinetically distinct forms during the unfolding pathway, *Biochim. Biophys. Acta, Proteins Proteomics*, 2013, **1834**, 2573–2578.
- 43 Y.-x. Fan, M. Ju, J.-m. Zhou and C.-l. Tsou, Activation of chicken liver dihydrofolate reductase in concentrated urea solutions, *Biochim. Biophys. Acta Protein Struct. Mol. Enzymol.*, 1995, **1252**, 151–157.
- 44 Y.-x. Fan, M. Ju, J.-m. Zhou and C.-l. Tsou, Activation of chicken liver dihydrofolate reductase by urea and guanidine hydrochloride is accompanied by conformational change at the active site, *Biochem. J.*, 1996, **315**, 97–102.
- 45 T. Inui, T. Ohkubo, Y. Urade and O. Hayaishi, Enhancement of Lipocalin-Type Prostaglandin D Synthase Enzyme Activity by Guanidine Hydrochloride, *Biochem. Biophys. Res. Commun.*, 1999, **266**, 641–646.
- 46 W. Ferdinand, The interpretation of non-hyperbolic rate curves for two-substrate enzymes. A possible mechanism for phosphofructokinase, *Biochem. J.*, 1966, **98**, 278–283.
- 47 C. L. Tsou, Active Site Flexibility in Enzyme Catalysis, *Ann. N. Y. Acad. Sci.*, 1998, **864**, 1–8.
- 48 T. Inui, T. Ohkubo, M. Emi, D. Irikura, O. Hayaishi and Y. Urade, Characterization of the Unfolding Process of Lipocalin-type Prostaglandin D Synthase, *J. Biol. Chem.*, 2003, **278**, 2845–2852.
- 49 G. Haran and I. Riven, Perspective: How Fast Dynamics Affect Slow Function in Protein Machines, *J. Phys. Chem. B*, 2023, **127**, 4687–4693.
- 50 P. Schanda and G. Haran, NMR and Single-Molecule FRET Insights into Fast Protein Motions and Their Relation to Function, *Annu. Rev. Biophys.*, 2024, **50**, 247–273.
- 51 J. P. Wurm, S. Sung, A. C. Kneutinger, E. Hupfeld, R. Sterner, M. Wilmanns and R. Sprangers, Molecular basis for the allosteric activation mechanism of the heterodimeric imidazole glycerol phosphate synthase complex, *Nat. Commun.*, 2021, **12**, 2748.
- 52 V. K. Shukla, L. Siemons and D. F. Hansen, Intrinsic structural dynamics dictate enzymatic activity and inhibition, *Proc. Natl. Acad. Sci. U. S. A.*, 2023, **120**, e2310910120.
- 53 C. Shi, C. Öster, C. Bohg, L. Li, S. Lange, V. Chevelkov and A. Lange, Structure and Dynamics of the Rhomboid Protease GlpG in Liposomes Studied by Solid-State NMR, *J. Am. Chem. Soc.*, 2019, **141**, 17314–17321.
- 54 H. Mazal, M. Iljina, Y. Barak, N. Elad, R. Rosenzweig, P. Goloubinoff, I. Riven and G. Haran, Tunable microsecond dynamics of an allosteric switch regulate the activity of a AAA+ disaggregation machine, *Nat. Commun.*, 2019, **10**, 1438.
- 55 B. V. Adkar, S. Bhattacharyya, A. I. Gilson, W. Zhang and E. I. Shakhnovich, Substrate inhibition imposes fitness penalty at high protein stability, *Proc. Natl. Acad. Sci. U.S.A.*, 2019, **116**, 11265–11274.
- 56 T.-Y. Lin and S. N. Timasheff, Why do some organisms use a urea-methylamine mixture as osmolyte? Thermodynamic compensation of urea and trimethylamine N-oxide



- interactions with protein, *Biochemistry*, 1994, **33**, 12695–12701.
- 57 R. E. MacMillen and A. K. Lee, Australian desert mice: independence of exogenous water, *Science*, 1967, **158**, 383–385.
- 58 P. L. Lutz and J. D. Robertson, Osmotic constituents of the coelacanth *Latimeria chalumnae* Smith, *Biol. Bull.*, 1971, **141**, 553–560.
- 59 S. Nagarajan, D. Amir, A. Grupi, D. P. Goldenberg, A. P. Minton and E. Haas, Modulation of Functionally Significant Conformational Equilibria in Adenylate Kinase by High Concentrations of Trimethylamine Oxide Attributed to Volume Exclusion, *Biophys. J.*, 2011, **100**, 2991–2999.
- 60 J. Ådén, A. Verma, A. Schug and M. Wolf-Watz, Modulation of a Pre-existing Conformational Equilibrium Tunes Adenylate Kinase Activity, *J. Am. Chem. Soc.*, 2012, **134**, 16562–16570.
- 61 R. M. Crean, J. M. Gardner and S. C. L. Kamerlin, Harnessing Conformational Plasticity to Generate Designer Enzymes, *J. Am. Chem. Soc.*, 2020, **142**, 11324–11342.
- 62 X. R. Sheng, X. Li and X. M. Pan, An iso-random Bi Bi mechanism for adenylate kinase, *J. Biol. Chem.*, 1999, **274**, 22238–22242.
- 63 B. K. Müller, E. Zaychikov, C. Bräuchle and D. C. Lamb, Pulsed Interleaved Excitation, *Biophys. J.*, 2005, **89**, 3508–3522.
- 64 N. K. Lee, A. N. Kapanidis, Y. Wang, X. Michalet, J. Mukhopadhyay, R. H. Ebright and S. Weiss, Accurate FRET Measurements within Single Diffusing Biomolecules Using Alternating-Laser Excitation, *Biophys. J.*, 2005, **88**, 2939–2953.
- 65 J. Hohlbein, T. D. Craggs and T. Cordes, Alternating-laser excitation: single-molecule FRET and beyond, *Chem. Soc. Rev.*, 2014, **43**, 1156–1171.
- 66 B. Hellenkamp, S. Schmid, O. Doroshenko, O. Opanasyuk, R. Kühnemuth, S. Rezaei Adariani, B. Ambrose, M. Aznauryan, A. Barth, V. Birkedal, M. E. Bowen, H. Chen, T. Cordes, T. Eilert, C. Fijen, C. Gebhardt, M. Götz, G. Gouridis, E. Gratton, T. Ha, P. Hao, C. A. Hanke, A. Hartmann, J. Hendrix, L. L. Hildebrandt, V. Hirschfeld, J. Hohlbein, B. Hua, C. G. Hübner, E. Kallis, A. N. Kapanidis, J.-Y. Kim, G. Krainer, D. C. Lamb, N. K. Lee, E. A. Lemke, B. Levesque, M. Levitus, J. J. McCann, N. Naredi-Rainer, D. Nettels, T. Ngo, R. Qiu, N. C. Robb, C. Röcker, H. Sanabria, M. Schlierf, T. Schröder, B. Schuler, H. Seidel, L. Streit, J. Thurn, P. Tinnefeld, S. Tyagi, N. Vandenberg, A. M. Vera, K. R. Weninger, B. Wünsch, I. S. Yanez-Orozco, J. Michaelis, C. A. M. Seidel, T. D. Craggs and T. Hugel, Precision and accuracy of single-molecule FRET measurements—a multi-laboratory benchmark study, *Nat. Methods*, 2018, **15**, 669–676.
- 67 MATLAB, 9.14.0.2206163 (R2023a), 2023.

