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Distribution and toxicity of dihydroxybenzenes in drinking water sources in Nigeria†

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This study provides, for the first time, data on the distribution and toxicity of catechol (CAT) and hydroquinone (HQ) in drinking water sources from Africa. Groundwater (boreholes and hand-dug wells) and surface water in three Southwestern States in Nigeria served as sampling sites. The concentrations of CAT and HQ in groundwater and surface water were determined throughout a period of 12 months, evaluating the effects of seasonal variation (rainy and dry seasons). Mean concentrations of CAT in water samples were higher than those of HQ. In this study, CAT was more frequently detected, with its mean concentration in groundwater samples higher in the rainy season ($430 \mu\text{g L}^{-1}$) than in the dry season ($175 \mu\text{g L}^{-1}$). Multivariate analysis using the Principal Component Analysis Software suggests that in most sample sites, CAT and HQ in water samples were from entirely different anthropogenic sources. The most impacted population groups were the toddlers and infants. Similarly, maximum and median concentrations of CAT in water samples pose serious risks to *Daphnia* at both acute and chronic levels. The results from this study suggest the need for further control of these dihydroxybenzenes through regular monitoring and removal from drinking water during treatment.

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1 Introduction

The resultant effects of urbanization, industrialization and increased population have led to increased concentrations of pollutants in water bodies globally and the spotlight is now on the adverse effects of these pollutants on both aquatic and human lives.¹ Catechol (CAT) (1,2-dihydroxybenzene) and hydroquinone (HQ) (1,4-dihydroxybenzene) are dihydroxybenzene compounds that are vastly utilized in pharmaceuticals and personal care products (PPCPs).² HQ is a phenolic compound widely used in topical skin creams for skin-toning or skin lightening,³ a developing agent in photography, an antioxidant for fats and oils, a polymerization inhibitor, a stabilizer

in paints, varnishes, motor fuels and oils, and an intermediate for rubber processing chemicals in the production of mono and dialkyl ethers.⁴ The hydroxyl functionalities and solubilities of HQ allow for its easy transportation and movement into surface water and systems. On the other hand, (CAT) is employed as an antiseptic agent, antifungal preservative, photographic agent, dye developer, and as an antioxidant. It is released during the natural decomposition of the humic and lignocellulosic substances.⁵ Due to the several uses of HQ and CAT in many PPCPs and their low bio-degradabilities,^{6,7} they persist in water bodies and possess the ability to bio-accumulate.

One of the major adverse effect attributed to the bio-accumulation of HQ is exogenous ochronosis, which is a medical condition that is easily identified by reticulated, ripple-like, and sooty pigmentation majorly on the forehead, cheeks and other areas of HQ-product application on the human skin (Fig. S1†). In addition, the presence of HQ in the human system is reported to cause toxicity of several organs, notably the kidney and fore-stomach,⁸ hemolysis,⁹ degeneration of the renal tubes, depletion of the liver functions,¹⁰ cancers, and neurodegenerative diseases.¹¹ In spite of its useful applications, HQ is claimed to be the plausible cause of mutagenicity and nephrocarcinogenicity in animals.¹² On the other hand, CAT is reported to be an irritant to the eyes, skin, and respiratory tract. It also causes DNA damage, vascular collapse, coma, and even death¹³ in certain cases. The toxicities of these compounds (CAT and HQ) even at low concentrations (ng L^{-1} to $\mu\text{g L}^{-1}$)

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emanate from their low bio-degradability. Hence, there is the need for the monitoring and quantification of these pollutants in water bodies to help provide a database that can be used to alert the public about any potential health threat from their ingestion and to also help water treatment professionals develop effective strategies for their removal in water.

While there is a permissible limit of 2% for HQ in cosmetics,¹⁴ nothing is said about its permissible limit in water despite the level of its toxicity as previously described. The focus is rather on the removal of HQ and CAT from water using techniques such as electrochemical,^{15–18} activated carbon electrode^{19–22} as well as the use of adsorption,²³ membrane filtration,²⁴ and biodegradation.²⁵ There is therefore, a huge scarcity of information on the distribution and potential health risk assessment of HQ and CAT in environmental matrices like in water bodies globally, and particularly, in Nigeria. Although, it is known that the use of personal care products containing HQ and CAT have the potential to cause various health challenges,^{26–28} long exposure to these contaminants (hydroquinone and catechol) *via* ingestion of polluted water also have the ability to create the health challenges previously mentioned.

To provide permissible limits for this pair of pollutants in water (which is currently lacking), it is imperative that a database on their occurrence and quantity in groundwater and surface water as well as their risks assessment (ecological and health) is developed. It is on this basis and the dearth of information on these pollutants in water, that water samples from drinking water sources: groundwater (borehole, hand-dug well) and river water, in three South-western States in Nigeria (Osun, Oyo and Lagos) were collected and analyzed for the presence of HQ and CAT.

Osun State is mainly an agricultural State with a lot of its populace engaged in farming activities, while the populace in Oyo State are largely made up of government workers with several more urban centers in this State than in Osun State. Lagos State is one of the highly industrialized States in Nigeria and is regarded as a metropolitan city. Both Osun and Oyo States are closest to Lagos State in the Southwest of Nigeria. To the best of our knowledge, this is the first report on the presence of dihydroxybenzenes in water in West Africa. Principal Component Analysis (PCA) was used to explain the association between the sources of HQ and CAT in the water samples. To further understand the implication of the quantity of HQ and CAT found in the water samples, ecological and human risks assessment evaluations were carried from the data generated analysis of water samples.

2 Materials and methods

2.1. Chemicals

Hydroquinone (HQ) and catechol (CAT), methanol, ethyl acetate, dichloromethane and acetonitrile were purchased from Sigma Aldrich (St. Louis, MO, USA). These chemicals were 99.9% pure (High Performance Liquid Chromatography standards). Analytical grade of concentrated hydrochloric acid was also purchased from Sigma Aldrich while ultrapure water was obtained from Milli-Q Direct 8/16 System. The standard stock

solutions of each HQ and CAT (200 mg L⁻¹) were prepared singly in ultrapure water and stored at 4 °C. Working solutions (200 µg L⁻¹) of mixed phenolic compounds were freshly prepared by dilution of stock solution with ultrapure water.

2.2. Description of study area

Osun, Oyo and Lagos States are located in the tropical rainforest biome in South-Western Nigeria, and they lie between Lat. 06° 30' N and Long. 04° 30' E, Lat. 7° 51' N and Long. 3° 55' E and Lat. 6° 27' N and 3° 24' 23' E, encompassing areas of approximately 14 875 sq. km, 28 454 sq. km and 3577 sq. km respectively. The details of the sampling sites as well as the sampling codes are presented in the ESI† document (Fig. S1–S3, ESI† document).

2.3. Sample collection

Groundwater samples (from hand-dug wells and boreholes) were taken from 34 locations directly into sample bottles from the study areas, for a duration of 12 months, covering both the wet and dry seasons in Nigeria. Furthermore, surface water samples were collected at random from 31 locations which included major rivers in Lagos and Osun (Epe and Osun rivers respectively) as well as a major water dam (Asejire dam) in Oyo State. The sampling periods were between April 2021 to April 2022, and water samples were collected in triplicates. Three sampling campaigns were executed (one for each State) in the wet season (April to September 2021) and in the dry season (December to April 2022).

At each sampling site, groundwater samples ($n = 3$) were collected and made into composite samples. However, for surface water, grab samples ($n = 3$) were collected from all the sampling sites in Osun, Oyo and Lagos State but were not made into composites. Water samples (500 mL) were collected in amber glass bottles (pre-washed with methanol and ultrapure water) and kept in ice packs to maintain the integrity of the samples. The samples were transported to the laboratory, stored at 4 °C. Analyte extraction was done within 24 h of returning from the field campaign.

2.4. Pretreatment and sample extraction

Water samples (200 mL) spiked with a known concentration of a combination of HQ and CAT, were adjusted to pH 3.0 using 0.1 M HCl, and filtered using membrane filters (0.4 µm) under vacuum. A blank sample of ultrapure water was adjusted to pH 3.0 using 0.1 M HCl. Extraction of the HQ and CAT was carried out using solid phase extraction cartridges (Supel-select HLB SPE tube, 500 mg, 6 mL, Waters, MA, USA). These cartridges were initially pre-conditioned with 5 mL methanol and 5 mL of Millipore water, and subsequently adjusted to pH 3.0. Samples were loaded on the cartridges at a flow rate of 5 mL min⁻¹. Then, HQ and CAT were eluted from the cartridges using 3 mL of acetonitrile, dichloromethane and ethyl acetate (volume ratio of 1 : 1 : 1) and the eluents were dried in a vacuum oven at 50 °C. The eluents were reconstituted with 0.5 mL acetonitrile.



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3 Results and discussions

3.1. Occurrence of hydroquinone and catechol in surface and ground water

From Fig. 1A–D, the general trend of occurrence for HQ and CAT show that the frequency of detection for these pollutants are higher in the rainy season than in the dry season for both groundwater and surface water samples. However, HQ is the most detected in Osun and Oyo ground water samples with as much as a 100% detection frequency during the rainy season, with Lagos State being the least. However, during the dry season, Lagos State has the highest detection frequency of HQ and CAT in both groundwater and surface water samples.

The box plots for the median, maximum, and minimum concentrations of HQ and CAT in water samples collected are summarized in Table S1† and Fig. 2. It is inferred from Fig. 2 that the median, maximum and minimum concentrations for HQ in both groundwater and surface water samples in Osun State are in close range for rainy and dry seasons.

Although, the detection frequency of HQ is significantly higher than CAT in both seasons in groundwater and surface water from Osun State (Fig. 1), yet, its concentrations in water samples from this same State are not as high as those for CAT. Besides, the concentrations of CAT both in the groundwater and surface water samples are higher during the rainy season than

in the dry season in Osun State. A similar trend is observed for water samples from Oyo State. However, in contrast to what is obtained in Osun State, the concentrations of CAT from water samples in Oyo State are significantly higher during the dry season compared to the rainy season. In anycase, surface water samples have the highest median and maximum concentrations in the State.

For water samples from Lagos State, the median, maximum and minimum concentrations of HQ and CAT are significantly higher in surface water samples than in groundwater samples both in rainy and dry seasons. However, CAT has the highest concentrations both in the dry season and the rainy season than HQ (Fig. 2).

The mean concentration values of HQ and CAT in water samples from the three States are provided in Table S1.† During the rainy season, the mean concentrations for HQ in Osun State are $53 \mu\text{g L}^{-1}$ and $47 \mu\text{g L}^{-1}$ for groundwater and surface water samples respectively, while the mean concentration is $47 \mu\text{g L}^{-1}$ for both groundwater and surface water samples during the dry season (Fig. 3A–D). Furthermore, the mean concentration for CAT is $430 \mu\text{g L}^{-1}$ in both groundwater and surface water during the rainy season while during the dry season, the mean concentrations are $102 \mu\text{g L}^{-1}$ for groundwater samples and $39 \mu\text{g L}^{-1}$ for surface water samples (Fig. 3B and D).



Fig. 1 Detection frequency of hydroquinone (HQ) and catechol (CAT) in (A) groundwater, (B) surface water samples collected from Osun, Oyo and Lagos States in Nigeria in the rainy season. (C) Groundwater. (D) Surface water collected from Osun, Oyo and Lagos States in Nigeria in the dry season.



Fig. 2 Box plots for median, maximum and minimum concentrations of HQ and CAT in water samples collected from Osun, Oyo and Lagos States in Nigeria (SW = Surface water; GW = groundwater; HQ = hydroquinone; CAT = catechol).

In Oyo State, the mean concentrations for HQ are $22 \mu\text{g L}^{-1}$ and $26 \mu\text{g L}^{-1}$ for groundwater and surface water samples respectively during the rainy season and an average of $5 \mu\text{g L}^{-1}$ and $9 \mu\text{g L}^{-1}$ for groundwater and surface water samples respectively during the dry season (Fig. 3A–D). The concentration of CAT during the rainy season is $43 \mu\text{g L}^{-1}$ in both groundwater and surface water samples. There is an increase in the concentration of CAT during the dry season as the mean concentrations are $175 \mu\text{g L}^{-1}$ in the groundwater samples and $412 \mu\text{g L}^{-1}$ in the surface water samples. This is a reverse trend to what was observed in Osun State (Fig. 3A–D).

In Lagos State, the mean concentration values obtained during the rainy season for HQ are $13 \mu\text{g L}^{-1}$ and $43 \mu\text{g L}^{-1}$ for groundwater and surface water samples respectively, and an average concentrations of $12 \mu\text{g L}^{-1}$ and $13 \mu\text{g L}^{-1}$ for groundwater and surface water samples respectively during the dry season (Fig. 3A–D). The mean concentration values for CAT during the rainy season are $126 \mu\text{g L}^{-1}$ and $123 \mu\text{g L}^{-1}$ for groundwater and surface water samples respectively. During the dry season however, the mean concentration values are $126 \mu\text{g L}^{-1}$ and $260 \mu\text{g L}^{-1}$ for groundwater and surface water samples respectively (Fig. 3A–D).

From these mean concentrations, it can be seen that CAT is the most prevalent in water samples and has the highest mean concentrations in all three States, with water samples from Lagos State having the least mean concentrations of this pollutant. However, during the dry season, water samples from

Oyo State had the highest mean concentrations for CAT in both groundwater and surface water samples (Fig. 3C and D). In anycase, all of these could be as a result of the abuse of pharmaceuticals and the improper disposal of these drugs by the people in these States as CAT is a potent ingredient in the manufacture of pharmaceuticals.^{36,37} Pharmaceuticals can get into the waterbodies as run offs.³⁸ Also, CAT is vastly used in the agro-chemical industry as an intermediate for the synthesis of molecules for the production of pesticides,³⁹ and this could explain its high concentrations in Osun water samples especially during the rainy season since Osun State is an agricultural State and the use of pesticides increases during this season by farmers throughout the State.⁴⁰ It is, thus, expected that residues such as CAT from the usage of pesticides would wash off into water bodies.

3.2. Multivariate statistics: principal component analysis

Data obtained from principal component analysis (PCA) for the studied parameters in surface and groundwater samples from Osun, Oyo, and Lagos States are summarized in Table 2 while the 2D plots are shown in Fig. 4. The suitability of the data for PCA is validated by the results of the Kaiser–Meyer–Olkin (≥ 0.5) and Barlett sphericity ($p < 0.001$) tests respectively. For both groundwater and surface water samples from Osun State, two principal components (PCs) dominates the PCA analysis, accounting for 81.5% and 70.6% of the total variance respectively. Consequently, the PC 1 for the groundwater samples





Fig. 3 Plots of mean concentration values of hydroquinone and catechol in water samples from Osun, Oyo, and Lagos States in Nigeria ((A) Rainy-G = rainy season groundwater samples; (B) Rainy-S = rainy season surface water samples; (C) Dry-G = dry season groundwater samples; (D) Dry-S = dry season surface water samples).

explains 55.4% of the total variance and is dominated by EC & TDS, with a very high loading of 0.92 each and a third significant high loading of 0.85 for HQ. This strong association between these parameters (EC, TDS and HQ) suggests a common source of contamination. Nonetheless, the PC 2 is singly dominated by CAT with a high loading of 0.93 accounting for 26.0% of the total variance. This suggests that it (CAT) has a different anthropogenic source from that of HQ. Possible anthropogenic sources of CAT include effluent from photographic wastes, plastic production industry, and pharmaceutical industry.

The PCA results for surface water data from Osun State were also dominated by two principal components (PC 1 and PC 2)

accounting for 44.4 and 26.2% respectively. Similar to the groundwater, PC 1 was dominated by EC and TDS with very high loadings of 0.98 each for EC and TDS, indicating similarity in source and factors responsible for EC and TDS. However, PC 2 showed a significant association between CAT, HQ and pH with a high loading of 0.84, 0.62, and 0.53 respectively (Fig. 4B). These loadings of 0.62 and 0.53 for HQ and pH denote a quasi-independent behaviour, which may suggest the influence of different anthropogenic sources within the same component. Basically, HQ and CAT are two coexisting phenolic isomers significantly used as primary raw materials and synthetic intermediates in the pharmaceutical, cosmetics and dyes industries.^{6,41} This also suggests that pH is a significant factor

Table 2 Rotated component for variables in groundwater and surface samples from Osun, Oyo and Lagos States, Nigeria^a

	OSUN GW		OSUN SW		OYO GW		OYO SW			LAGOS SW	
	1	2	1	2	1	2	1	2	3	1	2
CAT	0.06	0.93	0.04	0.84	0.09	0.85	−0.02	0.88	0.25	0.98	0.09
HQ	0.85	0.31	0.45	0.62	0.003	0.77	−0.03	−0.75	0.48	0.96	0.12
pH	0.45	−0.59	−0.13	0.53	0.26	−0.43	0.11	0.04	0.93	−0.3	0.6
EC	0.92	−0.28	0.98	−0.01	0.99	−0.04	0.99	−0.001	0.07	0.29	0.91
TDS	0.92	−0.29	0.98	−0.01	0.99	−0.03	0.99	0.01	0.07	0.3	0.92
Eigen values	2.77	1.30	2.22	1.31	2.06	1.49	2.06	1.37	1.07	2.64	1.53
Total variance%	55.44	26.04	44.38	26.21	41.22	29.86	41.19	27.31	21.38	52.85	30.65
Cumulative%	55.44	81.45	44.38	70.60	41.22	71.09	41.19	35.15	89.88	52.85	83.50

^a Extraction method: principal component analysis. Rotation method: varimax with Kaiser (bold figures indicate values ≥ 0.5).



Fig. 4 PCA analysis loading 2D plot for studied parameters in Osun State (A) groundwater samples (PC 1 vs. PC 2); (B) surface water samples (PC 1 vs. PC 2); Oyo (C) groundwater samples (PC 1 vs. PC 2) and (D) surface water samples (PC 1 vs. PC 2 vs. PC 3); and Lagos (E) surface water respectively.

responsible for the observed levels of CAT and HQ in water samples from Osun State.

Likewise, Oyo State groundwater samples data were dominated by two principal components (PC 1 and PC 2), accounting for a total of 71.1% of the total variance. The PC 1 followed the same trend like that for Osun State, with a high loading of 0.99 for both EC and TDS accounting for 41.2% of the total variance (Table 2, Fig. 4A and B). This suggests a very

strong association between EC and TDS. This association further validates the source of EC and TDS to be similar. The PC 2 was also dominated by CAT and HQ accounting for 29.9% of the total variance with significant loadings of 0.85 and 0.77 respectively.

Oyo State surface water was dominated by three PCs (PC 1, PC 2 and PC 3) responsible for 89.9% of the overall variance. Similar to what was obtained in Osun State, EC and TDS



dominated PC 1 accounting for 41.2% of the total variance with high loadings of 0.99 each for EC and TDS (Fig. 4C). However, a significantly high negative loading of -0.75 was observed for HQ (PC 2), strongly depicting that CAT and HQ have different origins in Oyo State surface water samples (Fig. 4D). The PC 3 was singly dominated by pH, accounting for 21.4% of the total variance (Fig. 4D).

Furthermore, the Lagos State surface water samples were dominated by two PCs (PC 1 and PC 2) accounting for 83.5% of the total variance, suggesting the influence of two major anthropogenic sources of contamination of the surface water. PC 1 was dominated by CAT and HQ accounting for 52.9% of the total variance with high loadings of 0.98 and 0.96 respectively (Table 2). This strong association indicates that both pollutants (CAT and HQ) are likely from the same anthropogenic source. As isomers, CAT and HQ often coexist and are identified together in most samples.² Just like other samples from Osun and Oyo States, PC 2 was dominated by EC and TDS in surface water accounting for 30.7% of the total variance with high loadings of 0.91 and 0.92 respectively. The dendrograms from the hierarchical cluster analysis (Fig. 5) further corroborates the results of the PCA.

Osun groundwater and surface water samples were grouped into two main clusters (A and B). Cluster A contains two lower clusters, A1 (HQ, pH and CAT) and (HQ, pH and TDS), and A2 (pH and TDS) and (pH and EC) for the groundwater and surface water samples respectively. pH and HQ are joined together at a close distance, suggesting a common source of influence for pH and HQ in both groundwater and surface water samples for

A1, while HQ and CAT are joined together at a farther distance for groundwater samples. HQ and TDS are joined together at a farther distance for surface water samples indicating that different factors influence the presence of HQ and TDS in the water samples. Furthermore, A2 (pH and TDS) is joined together at another relatively higher level than A1 (HQ, pH and CAT) for groundwater samples. For the surface water samples, A2 (pH and EC) is joined together at another relatively higher level than A1 (HQ, pH and TDS) indicating they might have same origin. Also, the cluster analysis (CA) result show a stand-alone cluster B (EC) that join cluster A at a higher distance for groundwater samples and a stand-alone cluster B (CAT) that joined cluster A at a higher distance for surface water samples, respectively (Fig. 5(i and ii)).

Fig. 5(iii and iv) show the results of the CA for data from Oyo groundwater and surface water samples which follow the same trend with CA got Osun State groundwater and surface water samples. The samples are classified into two main clusters (A and B). Cluster A contains two lower clusters, A1 (HQ, pH and CAT) and A2 (pH and TDS) for both groundwater and surface water samples. pH and HQ are joined together at a close distance, indicative of a similar source in the water samples in A1. Furthermore, the CA result showed a stand-alone cluster B (EC) that joined cluster A at a higher distance for groundwater samples. It is observed that the proximity in the dendrogram between EC and TDS in Fig. 5(iii and iv) suggests a form of similarity in distribution patterns in water samples and corroborated the PCA results.

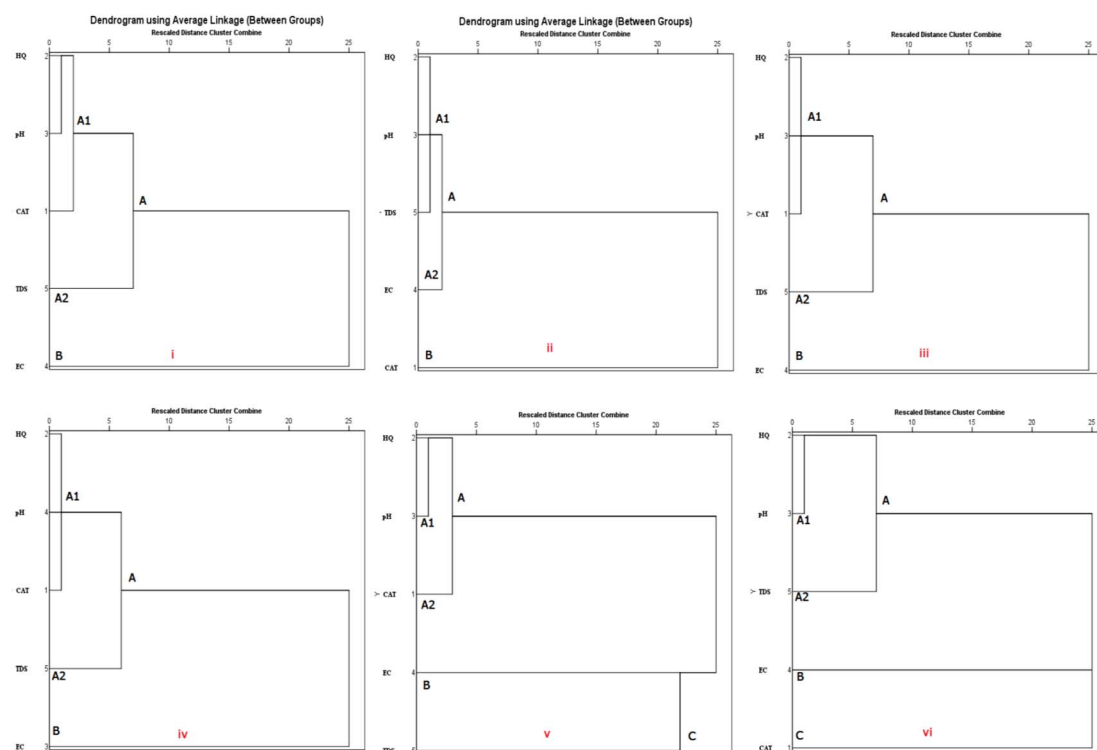


Fig. 5 Hierarchical cluster analysis dendrograms showing the relationship between dihydrobenzenes and physicochemical properties in Osun ((i) groundwater and (ii) surface water), Oyo ((iii) groundwater and (iv) surface water), and Lagos ((v) groundwater and (vi) surface water samples).



Fig. 6 Estimated daily intake (EDI) calculated with the minimum concentration values of (A) catechol (B) hydroquinone in groundwater during rainy season, (C) catechol (D) hydroquinone in groundwater during the dry season for various exposure groups in Osun, Oyo, and Lagos States, Nigeria.

The results of the CA for water samples from Lagos State showed that groundwater and surface water samples from this State are classified into three main clusters (A, B and C). The cluster A and B followed the same trend for Osun groundwater and surface water samples (Fig. 5(v and vi)). The cluster C (TDS) is a stand-alone cluster that joined with cluster B at a shorter distance and cluster A at a farther distance for groundwater

samples. The same can be seen for the surface water samples. This indicates the influence of an entirely different anthropogenic source for the physicochemical property and CAT.

3.3 Ecological risk assessment

Based on the minimum and maximum measured environmental concentrations for surface water and groundwater



Fig. 7 Estimated Daily Intake (EDI) calculated with the median concentration values of (A) catechol (B) hydroquinone in groundwater during rainy season, (C) catechol (D) hydroquinone in groundwater during the dry season for various exposure groups in Osun, Oyo, and Lagos States, Nigeria.





Fig. 8 Estimated daily intake (EDI) calculated with the maximum concentration values of (A) catechol (B) hydroquinone in surface water during rainy season, (C) catechol (D) hydroquinone in surface water during the dry season for various exposure groups in Osun, Oyo, and Lagos States, Nigeria.

samples from the three States, the ecological risk assessment for HQ and CAT was calculated. Results are presented in Tables S2 and S3 (ESI document†).

The ecological risk to three taxonomic group: algae, Daphnia, and fish from both the minimum and maximum concentrations of HQ and CAT in groundwater and surface water from the three States is high and even higher during the rainy season than in the dry season for Osun State. Generally, CAT pose the highest toxicity risk to the three taxonomic group. Furthermore, from the acute and chronic scale of ecological risk (RQ_{acute} & $RQ_{chronic}$), Daphnia in these water samples appears to be more at risk than either Algae or Fish (Tables S2 and S3†) in both dry and rainy seasons.

Generally, the ecological risk from the presence of HQ and CAT in these water samples is more in the rainy season than in the dry season. However, samples from Oyo showed a reverse trend. Groundwater samples from Osun and Lagos States showed more toxicity to Algae, Daphnia, and Fish during the rainy season than during the dry season judging from their higher maximum concentrations obtained.

3.4. Human exposure and cancer risk assessments

One of the major sources of drinking water for people living in Nigeria is the groundwater either from boreholes or hand-dug wells. A large percentage of people living in rural parts of the country also depend on surface water as a source of drinking water. Hence, it is of absolute importance to determine the level of human exposure to these compounds when ingesting water from these sources. The human exposure to phenolic compounds in this study was assessed using the estimated daily intake (EDI; $\mu\text{g per kg bw per day}$) based on the United States

Exposure Factors Handbook (USEPA, 2011). The population was grouped into infants (<1 year old), toddlers (1–3 years old), children (4–11 years old), teenagers (12–21 years old) and adults (≥ 21 years old).

$$\text{EDI water } (\mu\text{g per kg bw per day}) = (C \times D)/\text{BW} \quad (4)$$

where C is the concentration of the analyte in water ($\mu\text{g L}^{-1}$), D is the daily water consumption rate (L per day), and BW is the body weight (kg). The EDI was calculated using the median and the maximum concentrations. The daily water consumption rate (D) and body weight used for calculating the EDI were: infants (1 L per day, 9.2 kg), toddlers (0.9 L per day, 13.8 kg), children (1.3 L per day, 31.8 kg), teenagers (2.4 L per day, 71.6 kg) and adults (3.1 L per day, 80 kg) respectively (USEPA, 2011). The Environmental Protection Agency of the United States gave a No-observed adverse-effect-level (NOAEL) of 4.3 mg per kg body weight per day for HQ in drinking water. However, there is no provisional peer reviewed toxicity value for CAT.

The median, minimum, and maximum concentrations for HQ and CAT in groundwater and surface water samples collected from the different States are provided in Table S1.†

The EDI values of HQ in groundwater and surface water samples for all three States in both seasons using minimum, median, and concentrations of HQ, are lower than the NOAEL value provided by the USEPA while EDI values for teenagers were the lowest (Fig. 6–9). It is observed that EDI values decreased with the increasing age of the exposure group, with infants and toddlers having most of the highest EDI values. In Osun State, the EDI values are higher during the rainy season than in the dry season when minimum values are used of





Fig. 9 Estimated daily intake (EDI) calculated with the median concentration values of (A) catechol (B) hydroquinone in surface water during rainy season, (C) catechol (D) hydroquinone in groundwater during the dry season for various exposure groups in Osun, Oyo, and Lagos States, Nigeria.

calculation (Fig. 6A–D). The same is true when median concentrations are used for EDI calculations (Fig. 7A–D).

According to the results, the EDI values for HQ and CAT in surface water increased in the dry season than in the rainy season (Fig. 8A–D) using the maximum concentration. The reverse is the case with median concentrations of HQ and CAT in surface water.

Using the median concentration values, the EDI values are slightly higher in the rainy season than in the dry season (Fig. 9A–D). It is observed that EDI values decreased with the increasing age of the exposure group. The EDI values were highest for infants and lowest for teenagers across the three States. However, there is no statistical difference between EDI values for Children, Teenagers, and Adults.

4 Conclusion

After a comprehensive monitoring of water bodies in three south-western States in Nigeria, CAT and HQ were found in most of the water samples (groundwater and surface water), which are the major sources of drinking water for the populace inhabiting these States. Judging from the average concentrations obtained from these contaminants, it can be seen that the concentrations are higher than expected and that the most frequently detected dihydroxybenzene compound was CAT (100%) in water samples. However, the high detection frequency of these compounds are potentially from wash-offs, improper disposal of pharmaceuticals, excessive use of pesticides and an increased use of these dihydroxybenzenes for making several household and agricultural products. Expectedly, there was a significant decrease in the concentration of these contaminants during the dry season except for Oyo State which gave a reverse trend because of the

aforementioned reason. This is clearly a pointer to the effect of climate change in the environment. Algae, *Daphnia* and fish are more susceptible to CAT in both surface water and groundwater samples from the three States. The human risk assessment showed high non-carcinogenic risks to humans, especially CAT, when ingested orally at concentrations found in this study. Drawing inference from the PCA analysis, the surface water samples in the three states have similar sources of contamination and influencing factors. There was a strong association between the concentrations of HQ and CAT which suggests that these two compounds are from similar sources and drawing inferences from the statistical results, the similar factors aforementioned are responsible for the presence of HQ and CAT in the water samples. There is a need for determining, monitoring, and recommending guidelines and permissible limits for these contaminants in water bodies as there are limited resources on the monitoring and the presence of these contaminants in water. There is a need for awareness on how toxic these dihydroxybenzene compounds are in our water bodies and further develop strategies for their abatement in our water bodies.

There should be recommendations to policy makers and governing bodies about the creation of guidelines and limits for these contaminants found specifically in drinking water especially for HQ. Safe practices such as controlled and proper disposal of pharmaceuticals and the proper discharge of industrial effluents should be worked upon.

Author contributions

Oluwaferanmi B. Otitoju: conceptualization, investigation, writing – original draft, formal analysis, writing – review &



editing, methodology. Moses O. Alfred: conceptualization, supervision, resources, formal analysis, validation, writing – review & editing, methodology, formal analysis. Chidinma G. Olorunnisola: resources, formal analysis, validation, writing – review & editing. Francis T. Aderinola: formal analysis, writing – review & editing. Olumuyiwa O. Ogunlaja: funding acquisition, investigation, writing – review & editing, methodology, formal analysis. Olumide D. Olukanni: funding acquisition, resources, writing – review & editing. Aemere Ogunlaja: funding acquisition, resources, writing – review & editing. Martins O. Omorogie: funding acquisition, writing – review & editing, supervision, resources. Emmanuel I. Unuabonah: funding acquisition, conceptualization, investigation, resources, project administration, methodology, writing – review & editing.

Conflicts of interest

The authors declare that there is no conflict of interest of any kind in this manuscript.

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